A Selective Collection of Children’s Health Fiction 2011 - 2014

By Maria C Tan and Sandy Campbell

Updated October, 2014

This books listed below were selected for inclusion in a children's health collection, such as a hospital library or public library. The collection is designed for use by children from Pre-Kindergarten to Grade 6. Materials were selected based on date of publication and their potential to be helpful to children who are coping with health issues, themselves, or in loved ones. "Health" has been interpreted broadly to include physical, psychological and psychosocial issues.

|  |  |  |
| --- | --- | --- |
| Keyword(s) | Alternate keywords | Citation |
| Alzheimer's |  | Wallack, Max. & Given, Carolyn. Why Did Grandma Put Her Underwear in the Refrigerator? Puzzles to Remember, Inc. 2013 |
| Anger |  | Gelante, Cecilia. The Summer of May. New York, NY: Aladdin. 2011. |
| Anger |  | Goobie, Beth. Jason's Why. Red Deer Press. Markham, ON. 2013 |
| Anger |  | Kurtzman-Counter, Samantha. When Miles Got Mad. Los Angeles, CA: Ruby's Studio. 2013 |
| Anger | Tantrums,  Temper Tantrums | Yolen, Jane. How Do Dinosaurs Say I'm Mad? New York, NY: The Blue Sky Press. 2013 |
| Anger / Anger Management |  | Cook, Julia. Soda Pop Head. Chattanooga, TN: National Center for Youth Issues. 2011 |
| Anger / Anger Management |  | Cote, Genevieve. Without You. Toronto, ON: Kids Can Press Ltd. 2011 |
| Anger / Anger Management |  | Hartt-Sussman, Heather. Noni Says No. Toronto, ON: Tundra Books. 2011 |
| Anger / Anger  Management |  | Knight, Hilary. Nina in That Makes Me Mad! New York, NY: TOON Books, 2011. |
| Anger / Anger Management | Frustration;  Oppositional Defiance Disorder | Murphy, Stuart J. Percy Gets Upset. Watertown, MA: Charlesbridge. 2011 |
| Anger / Anger Management | Tantrums | OHora, Zachariah. No Fits, Nilson! New York, NY: Penguin Group. 2013 |
| Anxiety, Worry | Anger Management; Tension | Chissick, Michael. Frog's Breathtaking Speech: How Children (and Frogs) Can Use the Breath to Deal With Anxiety, Anger, and Tension. London, UK: Singing Dragon. 2012 |
| Anxiety, Worry | Separation Anxiety | Verburg, Bonnie. The Kiss Box. New York, NY: Orchard Books. 2011 |
| Asperger Syndrome |  | Carmichael, Jodi. Spaghetti Is Not A Finger Food (And Other Life Lessons). San Francisco, CA: Little Pickle Press. 2012. |
| Baby |  | Fuller, Rachel (illus) Waiting For Baby. Swindon, UK: Child's Play(International) Ltd. 2009 |
| Birth/ | Baby | Cheng, Andrea. The Year of the Baby. New York, NY: Houghton Mifflin Books for Children. 2013 |
| Birth/ | Baby | Guest, Elissa Haden. Iris and Walter and Baby Rose. Boston, MA: First Green Light Readers edition. 2012 |
| Birth | Baby | Higginson, Sheila Sweeny, You're Getting A Baby Brother! New York, NY: Little Simon. 2012 |
| Birth | Baby | Higginson, Sheila Sweeny. You're Getting A Baby Sister! New York, NY: Little Simon. 2012 |
| Birth | Baby | MacLachlan, Patricia. You Were the First. New York, NY: Little Brown and Company. 2013 |
| Birth | Baby | Ross, Tony. I Want A Sister! Minneapolis, MN: Andersen Press. 2013 |
| Birth | Baby | Witek, Jo. Hello In There! A Big Sister's Book of Waiting. New York, NY: Abrams Appleseed. 2012 |
| Body |  | Church, Caroline Jayne. Ten Tiny Toes. New York, NY: Cartwheel Books. 2014 |
| Body |  | Geisel, Theodor. My Big Book of Beginner Books About Me. New York, NY: Random House. 2011. |
| Bullying |  | Button, Lana. Willow Finds a Way. Toronto, ON: Kids Can Press Ltd. 2013 |
| Bullying |  | Coates, Jan. L. The Power of Harmony. Markham, ON: Red Deer Press. 2013 |
| Bullying |  | Kerz, Anna. Better Than Weird. Victoria, BC: Orca Book Publishers. 2011 |
| Bullying |  | Kurtzman-Counter, Samantha. One For All, How One Brave Voice Made A Difference. Los Angeles, CA: Ruby's Studio. 2013 |
| Cancer - Child |  | Cook, Julia. The "Can" In Cancer. Chattanooga, TN: National Center for Youth Issues. 2013 |
| Cancer - Parent / Loved One |  | Matthies, Janna. The Goodbye Cancer Garden. Chicago, Ill.: Albert Whitman. 2011 |
| Cerebral Palsy | Disabilities | Moffatt, Stefania. Everyday Superhero. Ottawa, ON.: Stefania Moffatt. 2012 |
| Chickenpox |  | Harvey, Roger. Caillou Is Sick. Montreal, QC: Chouette Publishing (1987) Inc. 2012 |
| Club foot |  | Eames, Brian. The Dagger Quick. New York, NY: Simon & Schuster Books for Young Readers. 2011 |
| Cold, Common | Depression, Illness, SIckness | Becker, Bonnie. The Sniffles For Bear. Somerville, MA: Candlewick Press. 2011 |
| Cold, Common |  | Rausch, Molly. My Cold Went On Vacation. New York, NY: G.P. Putnam's Sons. 2011 |
| Death (Child, Friend, Parent, Self, Sibling, Pet) |  | Inger, Maier. Ben's Flying Flowers. Washington, DC: Magination Press. 2012 |
| Death (Child, Friend, Parent, Self, Sibling, Pet) |  | Yolen, Jane. The Day Tiger Rose Said Goodbye. New York, NY: Random House. 2011 |
| Dementia |  | Rivard, Émilie. Really and Truly. Toronto, ON: Owlkids Books. 2011 |
| Dentist | Anxiety | Rosebrough, Ellen. Dora Goes to the Dentist. New York, NY: Random House, Inc. 2013 |
| Dentist’s Office |  | Barber, Tom. Open Wide! London: Pavillion Children's Books. 2011 |
| Dentist’s Office |  | Stockham, Jessica. Dentist. Auburn, ME: Child's Play Inc. 2011 |
| Depression In Children |  | Bobula, Jill. Sad Sad Seth, The World's Greatest Writer, Depression. Ottawa, ON: Lowe-Martin Group. 2011 |
| Doctor |  | Stockham, Jess. Doctor. Auburn, ME: Child's Play Inc. 2011. |
| Down’s Syndrome | Disabilities; Developmental Disabilities | Galante, Cecilia. Willowood. New York, NY: Aladdin. 2011 |
| Down’s Syndrome |  | Lyon, Annabel. Encore Edie. Toronto, ON: Puffin Canada. 2011 |
| Dyslexia |  | Bobula, Jill. Quite Quite Hannah, The World's Greatest Artist, Dyslexia. Ottawa, ON: Wildberry Productions. 2011 |
| Eating Healthy |  | Marlowe, Sara. No Ordinary Apple: A Story About Eating Mindfully. Somerville, MA: Wisdom Publications, 2013 |
| Emotional Wellbeing |  | Schiller, Abbie. A Little Book About Feelings. Los Angeles, CA: The Mother Company. 2011 |
| Epilepsy |  | DeLand, Maitland. The Great Katie Kate Explains Epilepsy. Austin, TX: Greenleaf Book Group Press. 2013. |
| Facial Abnormalities/Disfigurement | Bullying, Birth Defects | Palacio, R. J. Wonder. New York, NY: Alfred A. Knopf. 2012 |
| Family Violence |  | Morgan, Lori. Healing the Bruises. Halifax, NS: Formac Publishing Company. 2013 |
| Food Aversions | Eating | Schnitzlein, Danny. The Monster Who Ate My Peas. Atlanta, GA: Peachtree Publishers. 2001 |
| Germs | Colds; Handwashing; Sneezing, Coughing | Berenstain, Jan. The Berenstain Bears Come Clean For School. New York, NY: HarperCollins. 2011. |
| Hearing | Ears | Geisel, Theodor. My Big Book of Beginner Books About Me. New York, NY: Random House. 2011 |
| Heart |  | Harper, Charise Mericle. Henry's Heart: A Boy, His Heart, and A New Best Friend. New York, NY: Henry Holt and Company, LLC. 2011 |
| Heat Exhaustion/Heat Stroke |  | Stockholm, Jess. Hospital. Auburn, ME: Child's Play Inc. 2011 |
| Hospitals |  | Siegers, Liesbet. Kevin Goes to The Hospital (Kevin & Katie). New York, NY: Clavis Publishing Inc. 2013 |
| Illness |  | Stead, Philip C. A Sick Day for Amos McGee. New York, NY: Roaring Brook Press. 2010 |
| Insomnia |  | Long, Heather & Long, Ethan. Max & Milo Go to Sleep. New York, NY: 2013 |
| Lice | Pediculosis | Donovan, Gail. What's Bugging Bailey Blecker?. New York, NY: Dutton Children's Books. 2011 |
| Lice | Pediculosis | Shannon, David. Bugs In My Hair! New York, NY: Blue Sky Press, an imprint of Scholastic Inc. 2013 |
| Nutrition | Food Habits;  Healthy Eating | LaRochelle, David. How Martha Saved Her Parents From Green Beans. New York, NY: Dial Books for Young Readers. 2013 |
| Nutrition | Food Habits;  Healthy Eating | Sutcliffe, Mandy. Belle & Boo and The Yummy Scrummy Day. London, UK: Orchard Books. 2013 |
| Nutrition | Food Habits;  Healthy Eating | Tabby, Abigail. Elmo's Breakfast Bingo. New York, NY: Random House. 2012  (eBook - 2012 ) |
| Overeating |  | Jennings, Sharon. Harley’s Tummy Ache. Markham, ON: Fitzhenry and Whiteside. 2011 |
| Public Health | Nutrition; Disease | Milway, Katie Smith. Mimi's Village and How Basic Health Care Transformed It. Toronto, ON: Kids Can Press. 2012 |
| Seizures |  | Lee, Jenny. Elvis and the Underdogs. New York, NY: HarperCollins Children's Books. 2013 |
| Separation anxiety |  | Corderoy, Tracey. I Want My Mommy! Wilton, CT: ME Media. 2013. |
| Separation anxiety |  | Verburg, Bonnie. The Kiss Box. New York, NY: Orchard Books. 2011 |
| Self-Image/  Confidence |  | Cook, Julia. How To Be Comfortable In Your Own Feathers. Chattanooga, TN: National Center for Youth Issues. 2013 |
| Sexual Abuse |  | Sinnott, Collette. Should I Tell My Secret? Chestermere, AB: Talk about it communication. 2011 |
| Sick | Common Cold; Sore Throat; Fever | Dewdney, Anna. Llama Llama Home With Mama. New York, NY: Penguin Group. 2011 |
| Skeletal System | Skeleton; Bones; Anatomy | Lowry, Lois. Gooney Bird and All Her Charms. New York, NY: Houghton Mifflin Harcourt Publishing Company. 2013. |
| Stroke |  | Swerts, An. Get Well Soon, Grandpa. Hasselt, BE: Clavis Publishing. 2013 |
| Surgery | Tonsillitis; Sore Throat | Branford, Anna. Violet Mackerel's Remarkable Recover. Toronto, ON: Atheneum Books for Young Readers. 2013 |
| Teeth | Halitosis, Bad Breath, Dental Hygiene, Toothbrushing | de Groot, Diane. Gilbert and the Lost Tooth. New York, NY: Harper. 2012 |
| Teeth | Dental hygiene/bad breath | Higginson, Sheila Sweeny. Brontosaurus Breath New York, NY: Disney Press. 2013 |
| Teeth | Brushing teeth, Flossing, Dental Hygiene | Johanson, Sarah Margaret. Caillou: I Can Brush My Teeth. Montreal, QC: Chouette Publishing, Inc. 2013 |
| Teeth |  | O'Connor, Jane. Fancy Nancy and the Too-loose Tooth. New York, NY: Harper. 2012 |
| Teeth | Tooth Loss; Friendship | Wilson, Karma. Bear's Loose Tooth. New York, NY: Little Simon (Board Book Edition) 2014 |
| Toilet training |  | Gaydos, Nora. Princess of the Potty. Norwalk, CT: Innovative Kids. 2010 |
| Toilet training |  | Church, Caroline Jayne. Potty Time! New York, NY: Scholastic Inc. 2012 |
| Toilet training |  | Manushkin, Fran. Big Girl Panties. New York, NY: Random House. 2012 |
| Toilet training |  | Richmond, Marianne. Big Boys Go Potty. Naperville: IL. Sourcebooks Jabberwocky. 2011 |
| Toilet training |  | Richmond, Marianne. Big Girls Go Potty. Naperville, IL: Sourcebooks Jabberwocky. 2012 |
| Traditional Medicine |  | Rose, Naomi C. Tashi and the Tibetan Flower Cure. New York, NY: Lee & Low Books. 2011 |
| Vision Aids (Glasses, Contact Lenses, Eye Patch) |  | Barclay, Eric. I Can See Just Fine. New York, NY: Abrams Appleseed. 2013 |
| Worry | Anxiety | Cook, Julia. Wilma Jean the Worry Machine. Chattanooga, TN: National Center for Youth Issues. 2013 |
| Worry | Anxiety | Hartt-Sussman, Heather. Noni Is Nervous. Toronto, ON: Tundra Books. 2013 |
| Worry | Anxiety | Spelman, Cornelia. When I Feel Worried. Chicago, IL: Albert Whitman & Company. 2013 |

Maria Tan, BScOT,MSc, MLIS

Librarian, Knowledge Resource Service

Knowledge Management Department

Alberta Health Services

Abdul Khaliq LIbrary

Room 3243 Cross Cancer Institute

tel: 780-432-8593

email: [maria.tan@albertahealthservices.ca](mailto:maria.tan@albertahealthservices.ca)

<http://krs.albertahealthservices.ca/cancer>

Sandy Campbell, BA, MLS

John W. Scott Health Sciences Library

2K3.28 Walter C. Mackenzie Health Sciences Centre

University of Alberta

Edmonton, AB Canada

T6G 2R7

tel: 780-492-7915

email: [scampbel@ualberta.ca](mailto:scampbel@ualberta.ca)

This list accompanies:  Tan, MC, and Campbell, S.  [Connecting with Health Through Children’s Literature](http://chla-absc.ca/conference/sessions/1-connecting-health-through-children%E2%80%99s-literature). Paper presented at: Canadian Health Libraries Association (ABSC-CHLA) Conference; 2014 Jun 16-20;  Montreal, Canada.

Creative Commons License

Juvenile Health Fiction Review Checklist by Sandy Campbell & Maria C Tan is licensed under a [Creative Commons Attribution-NonCommercial 4.0 International License](http://creativecommons.org/licenses/by-nc/4.0/).