

1 **Title**

2 Biochemical analysis of respiratory metabolism in the heterofermentative *Lactobacillus spicheri*
3 and *Lactobacillus reuteri*

4

5 **Running title**

6 Respiration in heterofermentative lactobacilli

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25

26 **Abstract**

27 **Aims:** This study evaluated the aerobic and respiratory metabolism in *Lactobacillus reuteri* and
28 *Lactobacillus spicheri*, two heterofermentative species used in sourdough fermentation.

29 **Methods and Results:** *In silico* genome analysis, production of metabolites and gene expression of
30 pyruvate oxidase, pyruvate dehydrogenase and cytochrome oxidase were assessed in anaerobic and
31 aerobic cultures of *L. reuteri* and *L. spicheri*. Respiring homofermentative *L. casei* N87 and *L.*
32 *rhamnosus* N132 were used for comparison.

33 Aerobiosis and respiration increased the biomass production of heterofermentative strains compared
34 to anaerobic cultivation. Respiration led to acetoin production by *L. rhamnosus* and *L. casei*, but not
35 in heterofermentative strains, in which lactate and acetate were the major end-products. *L. spicheri*
36 LP38 showed the highest oxygen uptake. Pyruvate oxidase, respiratory cytochromes, NADH-
37 oxidase and NADH-peroxidase were present in the genome of *L. spicheri* LP38. Both *L. spicheri*
38 LP38 and *L. rhamnosus* N132 overexpressed *pox* in aerobic cultures, while *cydA* was up-regulated
39 only when heme was supplied; *pdh* was repressed during aerobic growth.

40 **Conclusions:** Aerobic and respiratory growth provided physiological and metabolic advantages
41 also in heterofermentative lactobacilli.

42 **Significance and Impact of the Study:** The exploitation of oxygen-tolerant phenotypes of *L.*
43 *spicheri* may be useful for the development of improved starter cultures.

44

45

46 **Keywords:** *Lactobacillus spicheri*; *Lactobacillus reuteri*; genome analysis; respiration; metabolism

47

48 **Introduction**

49 Lactic acid bacteria (LAB) are facultative aerobic or anaerobic organisms in the order
50 *Lactobacillales* that derive metabolic energy from fermentable carbohydrates by substrate level
51 phosphorylation (Holzapfel and Wood, 2014). The availability of genome sequence data
52 substantiated earlier reports that many LAB are conditionally respiring (Duwat *et al.* 2001,
53 Pedersen *et al.* 2012). LAB are unable to synthesize hemin and many LAB are auxotrophic for
54 menaquinone; however, when both cofactors are available during aerobic growth, NADH
55 dehydrogenase, in conjunction with respiratory cytochromes, exports protons and supports ATP
56 generation through F₀F₁ATPase activity (Broijmans *et al.* 2007; Pedersen *et al.* 2012).

57 Respiratory metabolism has been elucidated mainly in homofermentative LAB, which metabolise
58 hexoses via the Emden Meyerhoff Pathway with pyruvate as the key intermediate. Investigations of
59 respiratory metabolism are available for *Lactococcus lactis* (Duwat *et al.* 2001, Gaudu *et al.* 2002)
60 and for the members of the *Lactobacillus plantarum* group (Broijmans *et al.* 2009; Guidone *et al.*
61 2013; Zotta *et al.* 2013; Zotta *et al.* 2014a) and the *Lactobacillus casei* group (Zotta *et al.* 2014b;
62 Ianniello *et al.* 2015). In homofermentative LAB, the presence of oxygen shifts pyruvate
63 metabolism from lactate formation to acetate and acetoin production (Duwat *et al.* 2001; Goffin *et*
64 *al.* 2006). Re-routing of pyruvate metabolism to acetoin prevents acidification of the medium, while
65 acetate formation through pyruvate oxidase and acetate kinase activities supports substrate level
66 phosphorylation (Gaudu *et al.* 2003; Lorquet *et al.* 2004; Goffin *et al.* 2006). Pyruvate conversion
67 by pyruvate dehydrogenase activity provides an alternative route to acetate formation (Quatravaux
68 *et al.* 2006; McLeod *et al.* 2010). In respiratory metabolism the production of cytochrome bd
69 oxidase, the final component of the minimal electron transport chain in LAB, contributes to
70 additional energy supply (through extra ATP generation) and depletion of intracellular oxygen.
71 Consequently, respiration substantially increases growth rates and final cell densities of LAB
72 (Duwat *et al.* 2001; Guidone *et al.* 2013; Ianniello *et al.* 2015).

73 Aerobic growth of LAB typically accumulates hydrogen peroxide as product of NADH oxidases
74 and NADH peroxidases (Kandler, 1983; Rezaiki *et al.* 2004). Respiratory metabolism, however,
75 prevents H₂O₂ accumulation through heme-dependent catalase activity (Watanabe *et al.* 2012;
76 Guidone *et al.* 2013) and increases the resistance of LAB to oxidative stress when compared to
77 anaerobic and aerobic cultures (Duwat *et al.* 2001; Watanabe *et al.* 2012; Zotta *et al.* 2014a). An
78 increased resistance to oxidative stress also improves dry survival of LAB (Carvalho *et al.* 2004);
79 therefore, respiratory metabolism is exploited in the production of starter cultures or probiotic
80 cultures to increase the fermentor yield, and to enhance the storage life of dried cultures (Pedersen
81 *et al.* 2012).

82 Heterofermentative LAB metabolise hexoses and pentoses via the phosphoketolase pathway with
83 acetyl phosphate as the key branching point of metabolism (Kandler, 1983; Gänzle *et al.* 2007).
84 Aerobic metabolism in heterofermentative LAB supports co-factor regeneration via NADH
85 oxidases and peroxidases and shifts metabolism to acetate as a major metabolite (Kandler 1983;
86 Gänzle *et al.* 2007; Jänsch *et al.* 2011; Kang *et al.* 2013). Genomic analyses demonstrate that
87 heterofermentative LAB also have the capacity for respiration (Brooijmans *et al.* 2009; Pedersen *et al.*
88 *et al.* 2012) but only a few studies provide experimental evidence for respiration (Jääskeläinen *et al.*
89 2013). Respiration in *Leuconostoc gasicomitatum* improved growth rates and biomass
90 accumulation, but the investigation on metabolic shifts in this organism was limited to volatile
91 compounds (Jääskeläinen *et al.* 2013). It was therefore the aim of this work to characterize
92 respiratory growth and metabolism in strains of the heterofermentative species *Lactobacillus*
93 *spicheri* and *Lactobacillus reuteri*, representatives of two different phylogenetic groups in the genus
94 *Lactobacillus*. *L. reuteri* and *L. spicheri* occur in artisanal and industrial sourdoughs (Meroth *et al.*
95 2004; Valcheva *et al.* 2005; Su *et al.* 2012), contributing to the acidification and production of
96 flavor compounds. *L. reuteri* also is a gut symbiont in humans and animals (Frese *et al.* 2011) and
97 some strains of *L. reuteri* are used as probiotic cultures (Savino *et al.* 2007). The study and
98 exploitation of aerobic and respiratory growth in *L. reuteri* and *L. spicheri* may be useful to develop

99 starter and/or probiotic cultures with enhanced technological properties, and improved survival
100 during culture preparation. This study complemented metabolic analyses by assessment of oxidative
101 stress resistance, the *in silico* analysis of respiratory pathways and the quantification of gene
102 expression. Strains of *L. casei* and *L. rhamnosus* served as reference (Ianniello *et al.* 2015).

103

104 **Materials and methods**

105

106 **Strains and media**

107 The homofermentative strains *L. casei* N87 and *Lactobacillus rhamnosus* N132 (Iacumin *et al.*
108 2015) and the heterofermentative *L. reuteri* LTH2584 (Böcker *et al.* 1995), FUA3168 (Sekwati-
109 Monang and Gänzle, 2011), LTH5448 (Schwab and Gänzle, 2006), DSM20016 as well as *L.*
110 *spicheri* FUA3125, FUA3486 and LP38 were used in this study. Strains were maintained as frozen
111 stocks in glycerol (30% v v⁻¹, final concentration) in the Food Microbiology culture collection of
112 the University of Alberta, Edmonton, Canada and routinely propagated (1% v v⁻¹) at 34 °C in
113 modified MRS (mMRS) broth (Stolz *et al.* 1995a) containing the following ingredients per litre: 10
114 g maltose, 5 g glucose, 5 g fructose, 10 g peptone, 5 g yeast extract, 4 g K₂HPO₄, 2.6 g KH₂PO₄, 3 g
115 NH₄Cl, 0.5 g L-cysteine, 1 g Tween 80, 0.05 g MnSO₄ monohydrate, 0.2 g MgSO₄ heptahydrate
116 and 10 g malt extract, pH 6.8.

117

118 **Screening for aerobic and respiratory growth**

119 Strains were cultivated with 1% inoculum for 16 h at 34 °C in four different conditions: i)
120 anaerobiosis, static incubation in 50 ml screw-cap tubes filled with mMRS broth supplemented with
121 1 mg l⁻¹ menaquinone, ii) heme-supplemented anaerobiosis, static incubation in 50 ml screw-cap
122 tubes filled with mMRS broth supplemented with 1 mg l⁻¹ menaquinone and 2.5 mg l⁻¹ hemin, iii)
123 aerobiosis, aerated cultures in 250 ml flasks that were filled with 50 ml of mMRS supplemented
124 with 1 mg l⁻¹ menaquinone and agitated on a rotary shaker at 250 rpm and iv) heme-supplemented

125 aerobiosis, aerated cultures in 250 ml flasks that were filled with 50 ml of mMRS supplemented
126 with 1 mg l⁻¹ menaquinone and 2.5 mg l⁻¹ hemin, and agitated on a rotary shaker at 250 rpm. The
127 last condition supported respiratory growth. After 16 h of incubation, the optical density at 650 nm,
128 the pH values (Thermo Scientific, Wilmington, MA, USA; model9106BNWP) and the oxygen
129 uptake (resazurin assay; Ricciardi *et al.* 2014) were measured. Two biological and two technical
130 replicates were analysed at each growth condition.

131

132 **Analysis of metabolites by High Performance Liquid Chromatography (HPLC)**

133 Cells from cultures were removed by centrifugation and supernatants were supplemented with
134 perchloric acid to a final concentration of 7% (v v⁻¹) to remove proteins. Solids were removed by
135 centrifugation at 7500 rcf followed by filtration through a 0.2 µm filter (Schleicher&Schuell,
136 Dassel, Germany). Sugars and metabolites were quantified using an RI detector after separation on
137 an Aminex HPX 87H column (Biorad, Mississauga, ON, Canada). The samples were eluted at 70
138 °C with 0.4 ml min⁻¹ of 5 mmol l⁻¹ H₂SO₄. Fructose, maltose, glucose, lactic acid, acetic acid,
139 ethanol, acetoin and butanediol were used as external standards.

140

141 ***In silico* analysis of genes involved in aerobic and respiratory metabolism**

142 DNA for genome sequencing was isolated from overnight cultures of *L. spicheri* LP38 by using the
143 Wizard[®] Genomic DNA Purification Kit (Promega, Madison, Wisconsin, USA). The quality and
144 quantity of each sample was assessed using gel electrophoresis and a NanoDrop[®] 2000c
145 spectrophotometer (Thermo Scientific, Wilmington, Delaware, USA). Genomic DNA was
146 sequenced using Illumina HiSeq2000 system with an insert size of 300 bp by Axseq Technologies
147 (Seoul, South Korea). The quality of the 100-bp paired-end reads was assessed using the FastQC
148 tool (<http://www.bioinformatics.bbsrc.ac.uk/projects/fastqc>) and low quality reads were filtered by
149 Quake (Kelley *et al.* 2010). Sequence assembly was obtained using ABySS 1.3.4 (Simpson *et al.*

150 2009). The genome was annotated automatically by the RAST server and submitted to Genebank
151 with the accession No. JZCR00000000.

152 Genes coding for lactate dehydrogenase (*ldh*), pyruvate oxidase (*pox*), pyruvate dehydrogenase
153 (*pdh*), phosphotransacetylase (*pta*), acetate kinase (*ack*), NADH oxidase (*nox*), NADH peroxidase
154 (*npr*), synthesis and transport of respiratory cytochromes (*cydABCD*) and thioredoxin reductase
155 (*trx*) from *L. casei* BL23 and *L. rhamnosus* ATCC 8530 were used as query sequences to identify
156 homologues in the whole genome shotgun data of *L. reuteri* LTH5448 and LTH2584
157 (bioprojectPRJNA248653, accession NoGCA_000758185.1 and GCA_000712555.1, respectively)
158 and *L. spicheri* LP38 (this study). Unidirectional (genes vs genomes) sequence similarity was
159 detected using the default cut-off parameters for E-value and % of identity of the NCBI BLAST
160 tool.

161

162 **Effect of anaerobic and aerobic conditions on the growth and metabolite production**

163 *L. spicheri* LP38 was selected as heterofermentative respiration-competent strain because of growth
164 performance and capability to consume O₂; the homofermentative *L. rhamnosus* N132 was used as
165 reference strain (Zotta *et al.* 2014b). Both strains were cultivated at 34 °C with 1% inoculum under
166 static or agitated conditions, respectively, with addition of hemin, or not, as described above.
167 Cultures were sampled every 60 min to measure the OD₆₅₀ and their growth curves were fitted to
168 the dynamic model of Baranyi and Roberts (1994) using DMFit v. 2.0 program. Samples taken after
169 5, 8, 11, 24, 30 and 35 h of cultivation were used to quantify sugars, metabolites and oxygen uptake
170 as described above. H₂O₂ was quantified as described by Zotta *et al.* (2014b).

171

172 **Oxidative stress tolerance**

173 Tolerance of oxidative stress was evaluated in exponentially growing and stationary cultures.
174 Exponentially growing cultures were harvested at an OD₆₅₀ = 1.0; stationary cells were harvested
175 after 24 h of incubation and adjusted to an OD₆₅₀ of 1.0. The oxidative stress tolerance of

176 exponential and stationary phase cells was assessed by exposure to 50 mmol l⁻¹ H₂O₂ for 30 min at
177 34 °C. Surviving cells were enumerated by pour plating in mMRS agar, followed by incubation at
178 34 °C for 48 h under anaerobic conditions.

179

180 **RNA extraction and complementary DNA synthesis**

181 RNA was isolated from early-exponential cells (OD₆₅₀=0.6) of *L. spicheri* LP38 and *L. rhamnosus*
182 N132 grown under static or agitated conditions, supplemented with heme, or not, as described
183 above, by using the RNeasy Mini kit (Qiagen, Ontario, Toronto, Canada). RNA was quantified with
184 a NanoDrop[®] 2000c spectrophotometer (Thermo Scientific, Wilmington, MA, USA) and DNA was
185 digested with RQ1 RNase-Free DNase (Promega, Madison, WI, USA) according to the
186 manufacturer's instructions. RNA was isolated from three independent cultures. One µg of RNA
187 was used as a template for cDNA synthesis. RNA was mixed with 200 ng of random primers
188 (Promega, Madison, WI, USA), 10 mmol l⁻¹ of dNTP mix (Invitrogen[™], Burlington, Ontario,
189 Canada) and nuclease-free water (Ambion, Streetsville, Ontario, Canada) to a final volume of 13 µl
190 and incubated at 65 °C for 5 min. After cooling on ice, 4 µl of 5x first strand buffer, 100 mmol l⁻¹ of
191 DTT, 40 units µl⁻¹ of RNase OUT[™] Recombinant RNase Inhibitor (Invitrogen[™], Burlington,
192 Ontario, Canada) and 200 units µl⁻¹ of SuperScript[™] III RT (Invitrogen[™], Burlington, Ontario,
193 Canada) were added to the mixture and the reaction blend was incubated for 10 min at 25 °C, 50
194 min at 50 °C and 15 min at 70 °C. The cDNA samples were stored at -20 °C.

195

196 **Quantification of relative gene expression using quantitative PCR (qPCR)**

197 Expression of *cydA* (encoding for subunit I of cytochrome oxidase), *pox* (encoding for pyruvate
198 oxidase) and *pdh* (encoding for pyruvate dehydrogenase) genes was quantified with qPCR using
199 cDNA as template. Primers were designed using Primer Express software 3.0 (Applied Biosystems,
200 Concord, Ontario, Canada) (Table 1). PCR was carried out using a SYBR Green master mix
201 (Qiagen, Toronto, Ontario, Canada) in a 7500 fast real-time PCR instrument (Applied Biosystems,

202 Concord, Ontario, Canada). The amplification program was 95 °C for 5 min, 40 cycles of 95 °C for
203 30 s, and 60 °C for 30 min. The calculation of relative gene expression was carried out according to
204 Pfaffl (2001), using *pho* encoding for the phosphoketolase and *fba* encoding for fructose-
205 bisphosphate aldolase as reference genes for *L. spicheri* and *L. rhamnosus*, respectively. Gene
206 expression was calculated relative to the expression during static growth in media without
207 supplementation of heme (reference condition). PCR reactions included reactions with DNase I-
208 treated RNA and the reaction mix without template DNA as negative controls. Analysis of gene
209 expression was performed in two technical replicates for each of the triplicate biological repeats.

210

211 **Statistical analysis**

212 All statistical analyses and graphs were performed using SigmaPlot 12.0 for Windows (Systat
213 Software Inc., Richmond, CA, USA).

214

215 **Results**

216

217 **Initial screening for growth performances, oxygen uptake and metabolite production**

218 To identify heterofermentative lactobacilli with the capability for respiration, the growth
219 performances, oxygen uptake, sugar consumption, and metabolite production of *Lactobacillus*
220 *reuteri* and *L. spicheri* strains were quantified (Table 2). *L. rhamnosus* and *L. casei* were used as
221 references (Table S1). *L. reuteri* LTH2584 was unable to growth in presence of oxygen but the cell
222 yield of all other strains was increased by aerobic incubation. Aerobic growth increased glucose
223 consumption by all strains of *L. spicheri* but not by *L. reuteri*. Aerobic incubation shifted the
224 metabolism from production of lactate and ethanol as major metabolites towards the production of
225 lactate and acetate. Acetoin was produced by *L. rhamnosus* and *L. casei* but not by
226 heterofermentative lactobacilli (Table 2, Table S1 and data not shown). Aerobic cultures of *L. casei*
227 N87 and *L. rhamnosus* N132 produced more acetoin and less lactate when media were

228 supplemented with hemin. In heme-supplemented media, the aerobic cultures of *L. spicheri*
229 FUA3486 and *L. spicheri* LP38 produced more acetate. Oxygen consumption was observed in the
230 heme-supplemented aerobic cultures of the two homofermentative lactobacilli, *L. reuteri* LTH5448,
231 and *L. spicheri* FUA3486 and LP38. Taken together, the biomass yield, oxygen uptake, and the
232 metabolite patterns of *L. reuteri* LTH5448 and *L. spicheri* FUA3168 and LP38, indicate the typical
233 traits of a potential respiratory phenotype (Brojimans *et al.* 2009).

234

235 **Effect of aerobic conditions on the growth, oxygen uptake, metabolite production and gene** 236 **expression of *L. spicheri* LP38 and *L. rhamnosus* N132**

237 On the basis of the initial screening, *L. spicheri* LP38 and *L. rhamnosus* N132 were selected to
238 compare the effect of anaerobiosis, heme-supplemented anaerobiosis, aerobiosis and heme-
239 supplemented aerobiosis (respiration) on the metabolic pathways of homofermentative and
240 heterofermentative lactobacilli. Growth parameters are listed in Table 3. Aerobiosis and respiration
241 increased the maximum specific growth rates (μ_{\max}) of *L. spicheri* compared to un-supplemented
242 and heme-supplemented anaerobiosis, while the μ_{\max} of *L. rhamnosus* was similar in all growth
243 conditions. Moreover, aerobic and respiratory growth reduced the lag phase and increased the final
244 cell density of both strains when compared to both anaerobic conditions. Respiration increased the
245 biomass production of *L. spicheri* compared with aerobic incubation without heme.

246 Kinetics of substrate consumption and metabolite production are shown in Figure S1 and Figure 1,
247 respectively. *L. rhamnosus* utilized glucose and fructose but not maltose; aerobic incubation slightly
248 accelerated substrate consumption (Figure S1). *L. spicheri* consumed all sugars simultaneously.
249 Aerobic cultivation accelerated glucose and maltose consumption but decreased the rate of fructose
250 consumption, in keeping with the use of glucose and maltose as carbon sources and the use of
251 fructose as electron acceptor (Figure S1). *L. rhamnosus* and *L. spicheri* produced mainly lactate
252 when grown anaerobically. Aerobic cultivation of *L. rhamnosus* reduced lactate formation and
253 resulted in formation of substantial amounts of acetate and acetoin; this effect was most pronounced

254 in respiratory growing cells. Aerobic cultivation of *L. spicheri* eliminated ethanol production in
255 favour of acetate but also increased lactate formation when compared to anaerobic cultures.
256 Remarkably, acetate was the most abundant metabolite in respiratory cultures of *L. spicheri*. H₂O₂
257 was produced by respiratory cultures of both strains and aerobic culture of *L. spicheri*.

258

259 **Oxidative stress tolerance**

260 The resistance to H₂O₂ was similar for both strains (Figure 2). Aerobic cultivations substantially
261 increased the tolerance of oxidative stress when compared to anaerobic cultures; however, the
262 highest resistance to oxidative stress was observed in stationary phase cultures grown in respiratory
263 condition.

264

265 ***In silico* analysis of aerobic and respiratory pathways in *L. reuteri* and *L. spicheri*, and** 266 **expression of *cydA*, *pox* and *pdh***

267 To confirm the presence and expression of genes coding for respiratory metabolism in *L. spicheri*
268 LP38, the whole genome shotgun sequence was obtained and assembled to 25 contigs (Table 4).
269 The genome size was 2,855,247 bp with a GC content of 55.4% (Table 4), 6 rRNA operons and a
270 total of 2576 predicted open reading frames. Carbohydrate metabolism and transport, and energy
271 production and conversion accounted for 5.7 and 2.8%, respectively, of the predicted proteins
272 (Table 4). The *in silico* analysis of metabolism in *L. spicheri* LP38 revealed the presence of
273 respiratory cytochromes, NADH oxidase and peroxidase, and the presence of pyruvate oxidase.
274 However, genes for α -acetolactate synthase, butanediol dehydrogenase and pyruvate formate lyase
275 were absent (Figure 3). In contrast to *L. spicheri* LP38, the genome of *L. reuteri* LTH5448 harbors
276 genes coding for production of acetoin but not pyruvate oxidase (Figure 3). The expression of *cydA*
277 coding for subunit I of cytochrome oxidase, *pox* coding for pyruvate oxidase and *pdh* coding for
278 pyruvate dehydrogenase was quantified in *L. spicheri* and *L. rhamnosus* relative to the cultures of
279 the same strains, respectively, growing anaerobically (Table 5). Both *L. spicheri* and *L. rhamnosus*

280 overexpressed *pox* in presence of oxygen, and hemin addition (promoting respiration) increased *pox*
281 expression in *L. rhamnosus* but not in *L. spicheri*. Overexpression of *cydA* was observed only in
282 respiratory cultures. The expression of *pdh* was significantly ($p < 0.01$) repressed in aerobic and
283 respiratory cells of *L. spicheri* and *L. rhamnosus*, compared to anaerobic cultivations (Table 5).

284

285 **Discussion**

286 The shift towards aerobic and respiratory growth has been largely investigated in homofermentative
287 LAB (Pedersen *et al.* 2012), only a few studies report on the respiratory growth and metabolism of
288 heterofermentative LAB (Jääskeläinen *et al.* 2013). This study compared the effect of aerobic and
289 respiratory cultivation on the growth, metabolism and stress resistance of homo- and
290 heterofermentative lactobacilli. Metabolic and biochemical studies were complemented by *in silico*
291 analyses of metabolism and the quantification of key genes that are involved in aerobic and
292 respiratory growth.

293 In homofermentative lactobacilli, glucose is the preferred carbon source, fructose is used as carbon
294 source but not converted to mannitol, and maltose metabolism is subject to carbon catabolite
295 repression (Monedero *et al.* 2001; Gänzle *et al.* 2007). In heterofermentative lactobacilli, maltose is
296 preferentially metabolised over glucose and fructose is used as electron acceptor rather than as
297 carbon source (Stolz *et al.* 1995a; Gänzle, 2007, Paramithiotis *et al.* 2007). Our data for *L. spicheri*
298 demonstrate that the availability of oxygen reduced fructose consumption because co-factor
299 regeneration by NADH oxidase and peroxidase activities eliminates the need for co-factor reduction
300 by mannitol dehydrogenase. In the heterofermentative *L. panis*, the use of oxygen as electron
301 acceptor is preferred over glycerol reduction to propanediol (Kang *et al.* 2013). The availability of
302 oxygen or other electron acceptors shifts metabolism of heterofermentative lactobacilli from ethanol
303 production to acetate as main product of acetyl-phosphate (Stolz *et al.* 1995a and 1995b; Kang *et al.*
304 2013). Remarkably, some strains of *L. reuteri* did not grow under aerobic conditions. Because the *in*
305 *silico* analysis of metabolic genes in *L. reuteri* LTH2584 revealed no differences to *L. reuteri*

306 LTH5448 (Figure 3 and data not shown), the tolerance of oxidative stress (Turner *et al.* 1999) rather
307 than the ability to use oxygen as electron acceptor may account for this phenotype.

308 In homofermentative lactic metabolism, pyruvate is metabolised by the alternative enzymes lactate
309 dehydrogenase, pyruvate formate lyase, pyruvate oxidase, or α -acetolactate synthase (Axelsson,
310 2003). Lactate production is preferred under aerobic or anaerobic conditions when the supply of
311 substrates is abundant (Axelsson, 2003; Lorquet *et al.* 2004). Oxygen supports the production of
312 acetate from lactate during the stationary phase of growth but lactate remains the major metabolite
313 (Quatravaux *et al.* 2006; Pedersen *et al.* 2008). Respiration shifts metabolism to acetoin as the
314 major product of metabolism in *Lc. lactis* (Pedersen *et al.* 2008). In keeping with these prior
315 observations with *Lc. lactis*, respiration in *L. rhamnosus* N132 increased substrate consumption and
316 re-directed metabolism towards production of acetate and acetoin at the expense of lactate.

317 Acetate formation from pyruvate at aerobic conditions may be mediated by pyruvate dehydrogenase
318 (PDH) or by pyruvate oxidase (POX). Pyruvate dehydrogenase contributed to acetate formation by
319 *Lc. lactis* during growth under substrate limitation and microaerophilic conditions (Jensen *et al.*
320 2001) and a *pdhA* deficient mutant of *Streptococcus mutans* displayed a decreased resistance to acid
321 conditions (Korithoski *et al.* 2008). The characterization of a *pox* deficient mutant of *L. johnsonii*,
322 however, suggested that pyruvate dehydrogenase supplies acetyl-CoA and TPP to support anabolic
323 metabolism, and is complemented or replaced by pyruvate oxidase at aerobic conditions
324 (Hertzberger *et al.* 2013). This study demonstrated that *pox* is overexpressed in *L. rhamnosus* under
325 aerobic and respiratory conditions, while the expression of *pdh* is repressed, further indicating that
326 pyruvate oxidase mediates acetate production in presence of oxygen (Goffin *et al.* 2006;
327 Quatravaux *et al.* 2006).

328 In heterofermentative lactobacilli, pyruvate is almost invariably converted to lactate (Gänzle *et al.*
329 2007). Pyruvate formate lyase activity is absent in heterofermentative LAB and acetoin formation
330 has been observed in *Leuconostoc* spp. and *Oenococcus* spp. but not in heterofermentative
331 lactobacilli (Olguín *et al.* 2009; Jääskeläinen *et al.* 2013). Accordingly, the metabolic response of *L.*

332 *spicheri* and *L. reuteri* differed substantially from the response observed in *L. rhamnosus* and *Lc.*
333 *lactis* (this study, Duwat *et al.* 2001; Pederson *et al.* 2008; Gaudu *et al.* 2009). Pyruvate conversion
334 to acetoin was not observed in *L. spicheri* LP38 or in *L. reuteri* LTH5448 although the metabolic
335 pathway for acetoin formation is present in *L. reuteri* LTH5448 (Table 1, Figures 1 and 3). Acetoin
336 formation in homofermentative LAB does not contribute to ATP generation but prevents
337 acidification of the growth medium and hence allows more quantitative substrate utilization (Tsau
338 *et al.* 1992; Gaudu *et al.* 2009). The lack of acetoin formation by heterofermentative lactobacilli
339 may indicate that rapid resource utilization and ATP generation allows quantitatively more
340 utilization of substrates and the formation of products that do not acidify the growth substrate.

341 In heterofermentative lactobacilli, pyruvate is converted to lactate even if oxygen is available as
342 alternative electron acceptor (Stolz *et al.* 1995a and 1995b; Kang *et al.* 2013). We observed
343 production of approximately equimolar concentrations of lactate and acetate during aerobic growth
344 of *L. reuteri* and *L. spicheri*, confirming the dominant role of lactate dehydrogenase in pyruvate
345 metabolism (Table 2 and Figure 1). *L. spicheri* also produced lactate and acetate in equimolar
346 amounts during exponential growth under aerobic and respiratory conditions; however, in
347 respiratory cultures (Stolz *et al.* 1995a; Kang *et al.* 2013; Figure 2) lactate was consumed during the
348 stationary phase of growth while acetate levels continued to increase (Figure 2). In combination
349 with the overexpression of pyruvate oxidase in *L. spicheri*, this result suggests pyruvate conversion
350 to acetate via pyruvate oxidase activity.

351 In presence of oxygen LAB accumulate reactive oxygen species, which oxidise proteins, nucleic
352 acids and lipids, leading to cell death (Watanabe *et al.* 2012). *L. spicheri* accumulated hydrogen
353 peroxide under aerobic conditions independent by hemin supplementation, while H₂O₂ production
354 by *L. rhamnosus* was observed only in the supernatants of aerobic cultures. The shift towards
355 aerobic and respiration growth, compared to anaerobic cultivation, increased the oxidative stress
356 tolerance in both strains. An increased tolerance of oxidative stress in *L. plantarum* was attributed
357 to the expression of a heme-dependent catalase (Zotta *et al.* 2014a). However, genes coding for

358 heme-dependent catalase (Knauf *et al.* 1992) are absent in *L. spicheri* and *L. rhamnosus*. Tolerance
359 of oxidative conditions may be attributable to other factors, e.g. overexpression of flavin oxidases,
360 glutathione reductase, cysteine uptake, or thioredoxin reductase activities (Turner *et al.* 1999; Zotta
361 *et al.* 2014a).

362 In conclusion, this is the first study that to demonstrate the effect of respiratory metabolism on
363 growth and biomass yield, metabolism, and oxidative stress tolerance in heterofermentative
364 lactobacilli. The major metabolic differences between heterofermentative and homofermentative
365 lactobacilli also extend to metabolism under conditions supporting respiration. *L. spicheri* LP38,
366 showing a potential respiratory phenotype, may be selected for further investigations on the
367 regulation and activation of respiratory pathways in heterofermentative lactobacilli.

368

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374

375 **Conflict of interest**

376 The authors declare that they have no conflict of interest.

377

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537 **Legend of Figures**

538 **Figure 1:** Metabolite production by *Lactobacillus spicheri* LP38 (left panels A, C, E, and G) and
539 *Lactobacillus rhamnosus* N132 (right panels B, D, F, and H). Cells were grown under anaerobic
540 (open symbols) or aerobic conditions (black symbols) in mMRS supplemented with 1 mg l⁻¹
541 menaquinone (●, ○); cultures were additionally supplemented with 2.5 mg l⁻¹ hemin (▲, Δ). Shown
542 are the concentrations of lactate (Panels A, B); acetate (Panels C and D); H₂O₂, (Panels E and F);
543 ethanol formation by *L. spicheri* (Panel G) and acetoin formation by *L. rhamnosus* (Panel H). Data
544 are shown as means ± standard deviations of duplicate independent experiments.

545 **Figure 2:** Resistance of cells of *Lactobacillus spicheri* LP38 (black bars) and *Lactobacillus*
546 *rhamnosus* N132 (gray bars) to oxidative stress imposed by exposure to 50 mmol l⁻¹ H₂O₂ for 30
547 min at 34 °C. Panel A: Exponential phase cells. Panel B: Stationary phase cells. Cells were grown
548 under anaerobic or anaerobic conditions in mMRS supplemented with 1 mg l⁻¹ menaquinone;
549 cultures were additionally supplemented with 2.5 mg l⁻¹ hemin indicated.

550 **Figure 3:** *In silico* analysis of pyruvate metabolism and respiratory enzymes in *Lactobacillus*
551 *spicheri* LP38 (●, ○) and *Lactobacillus reuteri* LTH5448 (■, □). Genes that were present or absent
552 in *L. reuteri* LTH5448 were also present or absent, respectively, in *L. reuteri* LTH2584. Black
553 symbols indicate presence of the gene encoding for the enzyme, open symbols mean the absence of
554 the gene. Enzymes are indicated by numbers as follows:

555 [1], NADH oxidase; [2], NADH peroxidase;

556 [3], α-acetolactate synthase; [4], α-acetolactate decarboxylase; [5], butanediol dehydrogenase;

557 [6], lactate dehydrogenase;

558 [7], pyruvate formate lyase; [8], pyruvate dehydrogenase; [9], acetaldehyde dehydrogenase; [10],

559 alcohol dehydrogenase;

560 [11], pyruvate oxidase; [12], phospho-transacetylase; [13], acetate kinase;

561 [14], respiratory cytochromes cydAB; [15], type II NADH dehydrogenase complex.

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563 **Table 1:** qPCR primers used in this study

| Strain | Gene | Primer name | Sequence |
|-------------------------------------|-------------|----------------------------|-------------------------------|
| <i>Lactobacillus spicheri</i> LP38 | <i>pho</i> | <i>pho</i> -Lbspi-Forward | 5'-GGAATACTTGCCAGCCGAT-3' |
| | <i>pho</i> | <i>pho</i> -Lbspi-Reverse | 5'-AGTCGATGTAGCCTAACCCG-3' |
| | <i>cydA</i> | <i>cydA</i> -Lbspi-Forward | 5'-TGCGTTACCTGCTGAACAAC-3' |
| | <i>cydA</i> | <i>cydA</i> -Lbspi-Reverse | 5'-CTTGTTGGCCTGGTTCATCC-3' |
| | <i>pox</i> | <i>pox</i> -Lbspi-Forward | 5'-AGGTGGTTCCTTCTTGGCGTA-3' |
| | <i>pox</i> | <i>pox</i> -Lbspi-Reverse | 5'-CGCCTTTAACCACATCCAGG-3' |
| | <i>pdh</i> | <i>pdh</i> -Lbspi-Forward | 5'-ACAAGGAACGCAGGTCAATG-3' |
| | <i>pdh</i> | <i>pdh</i> -Lbspi-Reverse | 5'-ACGACAAGTACACGGTTCCT-3' |
| <i>Lactobacillus rhamnosus</i> N132 | <i>fba</i> | <i>fba</i> -Lbrha-Forward | 5'-GTGGGCCAGCTTAACGATTT-3' |
| | <i>fba</i> | <i>fba</i> -Lbrha-Reverse | 5'-AAACCATGATCGAAGCTGCC-3' |
| | <i>cydA</i> | <i>cydA</i> -Lbrha-Forward | 5'-AGCTCGTTTTTCAGTTTGCGA-3' |
| | <i>cydA</i> | <i>cydA</i> -Lbrha-Reverse | 5'-AGAAAATCTTGCCCCAGAACT-3' |
| | <i>pox</i> | <i>pox</i> -Lbrha-Forward | 5'-TCGGGTTTTTCATTCATTTCTGA-3' |
| | <i>pox</i> | <i>pox</i> -Lbrha-Reverse | 5'-ACGTTTGGGTCAGCAGGT-3' |
| | <i>pdh</i> | <i>pdh</i> -Lbrha-Forward | 5'-CGATGCGCTTGATGTTGAGT-3' |
| | <i>pdh</i> | <i>pdh</i> -Lbrha-Reverse | 5'-ATGCCTGATTCTGCCAATGG-3' |

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Table 2: Growth parameters, sugar consumption and metabolite production of *Lactobacillus reuteri* and *Lactobacillus spicheri* strains during the growth in aerobic and anaerobic conditions

| Strain | Growth condition | Final optical density (OD ₆₅₀) | Final pH | O ₂ uptake (min) | Sugar consumption | | | Metabolite production | | |
|-------------------------------|------------------|--|----------|-----------------------------|---------------------------------|---------------------------------|----------------------------------|-------------------------------------|-------------------------------------|---------------------------------|
| | | | | | Glucose (mmol l ⁻¹) | Maltose (mmol l ⁻¹) | Fructose (mmol l ⁻¹) | Lactic acid (mmol l ⁻¹) | Acetic acid (mmol l ⁻¹) | Ethanol (mmol l ⁻¹) |
| <i>L. reuteri</i> LTH5448 | ANM | 6.4±0.1 | 3.7±0.0 | 0 | 13.5±0.6 | 26.1±0.0 | 26.6±0.1 | 83.5±1.2 | 14.1±0.2 | 24.5±0.1 |
| | ANHM | 7.4±0.0 | 3.6±0.0 | 0 | 12.9±0.2 | 26.7±0.1 | 26.5±0.0 | 83.2±0.7 | 12.9±0.8 | 25.7±0.1 |
| | AEM | 8.0±0.1 | 3.5±0.0 | 0 | 11.7±0.6 | 24.2±0.1 | 24.5±0.1 | 75.0±1.3 | 65.1±0.2 | 0 |
| | RS | 8.7±0.1 | 3.5±0.0 | 172±0.0 | 13.0±0.3 | 24.1±0.1 | 24.5±0.4 | 74.1±0.5 | 65.3±0.2 | 0 |
| <i>L. reuteri</i> LTH2584 | ANM | 4.1±0.0 | 3.8±0.1 | 0 | 4.5±0.1 | 15.7±0.2 | 27.1±0.0 | 76.8±0.6 | 13.1±0.3 | 24.9±0.2 |
| | ANHM | 4.4±0.0 | 3.8±0.0 | 0 | 4.4±0.1 | 15.2±0.5 | 27±0.0 | 74.1±0.4 | 12.7±0.3 | 25.6±0.0 |
| | AEM | 0.2±0.0 | 6.1±0.0 | 0 | 3.5±0.1 | 0.8±0.1 | 0 | 5.3±0.0 | 0 | 0 |
| | RS | 0.1±0.0 | 6.1±0.0 | 0 | 3.8±0.3 | 1.2±0.1 | 0 | 5.3±0.0 | 0 | 0 |
| <i>L. reuteri</i> FUA3168 | ANM | 7.5±0.0 | 3.6±0.0 | 0 | 12.3±0.5 | 26.9±0.1 | 27.5±0.0 | 83.8±0.9 | 11.3±0.3 | 27.8±0.0 |
| | ANHM | 7.6±0.1 | 3.6±0.0 | 0 | 10.5±0.1 | 25.9±0.0 | 27.5±0.0 | 96.5±0.2 | 12.1±0.1 | 27.6±0.2 |
| | AEM | 7.8±0.0 | 3.7±0.0 | 0 | 6.3±0.0 | 25.4±0.0 | 27.5±0.0 | 75.2±0.1 | 49.7±2.0 | 0 |
| | RS | 8.3±0.1 | 3.6±0.0 | 0 | 5.6±0.0 | 24.8±0.0 | 27.5±0.0 | 73.3±0.2 | 48.3±0.4 | 0 |
| <i>L. reuteri</i> DSM20016 | ANM | 7.1±0.0 | 3.7±0.0 | 0 | 12.5±0.0 | 26.8±0.3 | 27.5±0.0 | 83.5±0.2 | 13.4±0.3 | 26.1±2.0 |
| | ANHM | 7.7±0.1 | 3.7±0.0 | 0 | 12.7±0.1 | 26.7±0.2 | 27.5±0.0 | 83.7±0.1 | 13.9±0.4 | 27.5±0.5 |
| | AEM | 7.8±0.0 | 3.6±0.0 | 0 | 6.2±0.4 | 25.0±0.0 | 26.3±0.0 | 62.0±0.8 | 61.0±0.2 | 7.3±0.4 |
| | RS | 8.4±0.1 | 3.6±0.0 | 0 | 5.0±0.4 | 25.0±0.1 | 26.3±0.0 | 61.3±0.6 | 58.1±0.3 | 4.7±0.2 |
| <i>L. spicheri</i> FUA3486 | ANM | 5.4±0.0 | 3.8±0.0 | 0 | 6.6±0.2 | 26.1±0.2 | 27.5±0.0 | 84.7±0.6 | 11.7±0.3 | 27.9±0.19 |
| | ANHM | 5.5±0.1 | 3.8±0.0 | 0 | 4.2±0.2 | 26.7±0.1 | 27.5±0.0 | 82.9±0.5 | 11.7±0.2 | 28.3±0.1 |
| | AEM | 6.0±0.1 | 3.7±0.0 | 0 | 13.1±0.2 | 21.3±0.1 | 25.6±0.2 | 86.1±0.3 | 37.0±0.3 | 0 |
| | RS | 6.8±0.1 | 3.7±0.0 | 170±0.0 | 12.3±0.1 | 21.6±0.0 | 25.6±0.0 | 86.3±0.1 | 45.7±0.2 | 0 |
| <i>L. spicheri</i> FUA3125 | ANM | 3.8±0.1 | 3.9±0.0 | 0 | 3.7±0.2 | 14.7±0.0 | 26.1±0.1 | 57.2±0.8 | 10.2±0.9 | 29.3±0.0 |
| | ANHM | 3.6±0.0 | 4.0±0.0 | 0 | 3.9±0.2 | 13.7±0.5 | 26.3±0.1 | 55.1±1.0 | 10.6±0.3 | 28.2±0.1 |
| | AEM | 8.12±0.0 | 3.6±0.0 | 0 | 13±0.1 | 23±0.0 | 25.9±0.0 | 85.3±0.0 | 70.6±0.0 | 0 |
| | RS | 7.7±0.1 | 3.6±0.0 | 0 | 12.6±0.4 | 23.1±0.0 | 25.7±0.0 | 84.1±0.4 | 60.8±0.8 | 0 |
| <i>L. spicheri</i> LP38 | ANM | 2.8±0.0 | 4.1±0.0 | 0 | 4.3±0.3 | 10.2±0.2 | 22.2±0.1 | 53.9±0.9 | 6.7±0.1 | 28.0±0.1 |
| | ANHM | 3.2±0.0 | 3.9±0.0 | 0 | 4.0±0.4 | 10.2±0.2 | 22.1±0.1 | 48.7±0.3 | 6.4±0.0 | 30.6±1.4 |
| | AEM | 6.1±0.0 | 3.8±0.1 | 0 | 12.7±0.1 | 23.4±0.1 | 22.2±0.2 | 84.6±0.1 | 67.6±0.2 | 0 |
| | RS | 6.2±0.0 | 3.7±0.0 | 148±0.0 | 13.0±0.2 | 23.4±0.1 | 22.1±0.2 | 86.8±0.4 | 72.3±0.3 | 0 |

Growth condition: ANM, anaerobiosis (static growth, supplementation with 1 µg ml⁻¹ menaquinone); ANHM, heme-supplemented anaerobiosis (static cultivation, supplementation with 2.5 µg ml⁻¹ hemin and 1 µg ml⁻¹ menaquinone); AEM, aerobiosis (aerated growth, supplementation with 1 µg ml⁻¹ menaquinone); RS, respiration (aerated growth, supplementation with 2.5 µg ml⁻¹ hemin and 1 µg ml⁻¹ menaquinone). O₂ uptake: rate of resazurin colour change

Table 3: Parameters of growth kinetics of *Lactobacillus spicheri* LP38 and *Lactobacillus rhamnosus* N132

| Strains | Growth condition | μ max (h ⁻¹) | lag (h) | Max X (g l ⁻¹) | Max cfu ml ⁻¹ | Final pH |
|-------------------------------------|------------------|------------------------------|-------------------------|----------------------------|---------------------------|-------------------------|
| <i>Lactobacillus spicheri</i> LP38 | ANM | 0.46±0.01 ^{a)} | 1.60±0.02 ^{a)} | 3.08±0.04 ^{a)} | 8.67 x 10 ^{8 a)} | 4.00±0.01 ^{b)} |
| | ANHM | 0.42±0.01 ^{a)} | 1.37±0.02 ^{a)} | 3.30±0.01 ^{b)} | 8.88 x 10 ^{8 a)} | 3.94±0.02 ^{b)} |
| | AEM | 0.64±0.02 ^{b)} | 0.81±0.02 ^{b)} | 3.74±0.01 ^{c)} | 3.67 x 10 ^{9 b)} | 3.67±0.03 ^{a)} |
| | RS | 0.64±0.01 ^{b)} | 0.65±0.02 ^{b)} | 4.02±0.02 ^{d)} | 5.03 x 10 ^{9 c)} | 3.64±0.02 ^{a)} |
| <i>Lactobacillus rhamnosus</i> N132 | ANM | 0.44±0.01 ^{a)} | 3.14±0.01 ^{a)} | 2.89±0.01 ^{a)} | 9.74 x 10 ^{8 a)} | 3.89±0.01 ^{a)} |
| | ANHM | 0.44±0.01 ^{a)} | 2.98±0.01 ^{a)} | 2.97±0.02 ^{a)} | 1.07 x 10 ^{9 b)} | 3.79±0.01 ^{a)} |
| | AEM | 0.43±0.01 ^{a)} | 1.32±0.02 ^{b)} | 3.83±0.03 ^{b)} | 4.39 x 10 ^{9 c)} | 3.79±0.02 ^{a)} |
| | RS | 0.44±0.01 ^{a)} | 1.49±0.01 ^{b)} | 3.92±0.02 ^{b)} | 4.63 x 10 ^{9 d)} | 3.80±0.02 ^{a)} |

Growth condition: ANM, anaerobiosis (static growth, supplementation with 1 mg l⁻¹ menaquinone); ANHM, heme-supplemented anaerobiosis (static cultivation, supplementation with 2.5 mg l⁻¹ hemin and 1 mg l⁻¹ menaquinone); AEM, aerobiosis (aerated growth, supplementation with 1 mg l⁻¹ menaquinone); RS, respiration (aerated growth, supplementation with 2.5 mg l⁻¹ hemin and 1 mg l⁻¹ menaquinone).

μ max= maximum specific growth rate, estimate value \pm standard error

lag: lag phase duration, estimated value \pm standard error

Max X: maximum biomass production

Values for the same strain in the same column are significantly different if they do not share a common superscript (Tukey's test, P<0.01)

Table 4: General features of the whole shotgun genome of *L. spicheri* LP38

| Attribute | Value |
|---|--------------|
| Genome size (bp) | 2,855,247 |
| Contigs Number | 25 |
| N50 (bp) | 228,460 |
| L50 | 5 |
| GC content (%) | 55.4 |
| rRNA operons | 6 |
| tRNA genes | 66 |
| Protein-coding genes | 2576 |
| Protein coding genes with function prediction | 1893 |
| Protein coding genes assigned to COG database | 1938 |

Functional category and number of genes

| | | | |
|--|-----|--|----|
| Transcription | 203 | Lipid metabolism | 57 |
| Replication and repair | 149 | Post-translational modification, protein turnover, chaperone functions | 53 |
| Carbohydrate metabolism and transport | 146 | Signal Transduction | 46 |
| Translation | 139 | Defense mechanisms | 46 |
| Cell wall/membrane/envelop biogenesis | 138 | Coenzyme metabolism | 43 |
| Amino Acid metabolism and transport | 114 | Cell cycle control | 28 |
| Inorganic ion transport and metabolism | 86 | Intracellular trafficking and secretion | 16 |
| Nucleotide metabolism and transport | 78 | Secondary Structure | 12 |
| Energy production and conversion | 71 | Cell motility | 5 |

Table 5: Influence of heme supplementation and aeration on expression of *cydA*, *pdh* and *pox* genes in *L. spicheri* LP38 and *L. rhamnosus* N132. Gene expression was calculated relative to anaerobic cultures without heme supplementation as reference conditions

| | <i>L. spicheri</i> ²⁾ | | | <i>L. rhamnosus</i> ²⁾ | | |
|-------------|----------------------------------|-------------------------|-------------------------|-----------------------------------|-------------------------|-------------------------|
| | ANHM ¹⁾ | AEM | RS | ANHM | AEM | RS |
| <i>cydA</i> | 1.00±0.12 ^{a)} | 1.00±0.02 ^{a)} | 7.30±0.12 ^{b)} | 1.00±0.19 ^{a)} | 2.24±0.31 ^{a)} | 31.1±2.48 ^{b)} |
| <i>pdh</i> | 0.72±0.22 ^{a)} | 0.04±0.00 ^{b)} | 0.04±0.00 ^{b)} | 3.50±0.07 ^{a)} | 0.43±0.06 ^{b)} | 0.55±0.08 ^{b)} |
| <i>pox</i> | 0.74±0.11 ^{a)} | 5.10±0.22 ^{b)} | 4.02±0.24 ^{c)} | 1.22±0.27 ^{a)} | 11.7±0.28 ^{b)} | 13.2±1.03 ^{c)} |

¹⁾ Growth conditions: ANHM, heme-supplemented anaerobiosis (static cultivation, supplementation with 2.5 µg ml⁻¹ hemin and 1 µg ml⁻¹ menaquinone); AEM, aerobiosis (aerated growth, supplementation with 1 µg ml⁻¹ menaquinone); RS, respiration (aerated growth, supplementation with 2.5 µg ml⁻¹ hemin and 1 µg ml⁻¹ menaquinone).

²⁾ Relative gene expression in *L. spicheri* and *L. rhamnosus* was calculated using genes coding for phosphoketolase and fructose-bisphosphate aldolase, respectively, as housekeeping genes. Data are shown as means ± standard deviation of three independent replicates.

Values in the same row for the same strain are significantly (Tukey's test, P<0.01) different if they do not share a common superscript.







