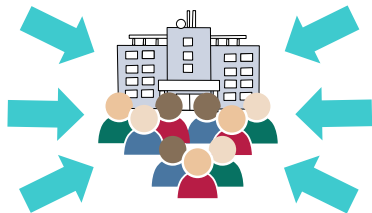


FIGURE 3

## Pragmatic trials in clinical nutrition



### TRIAL FEATURES

Embedded within clinical practice

Co-designed

Mimics real-world settings

Intervention flexibility

- delivery
- adherence

Use of electronic health records

Broad eligibility criteria

Data analysis

- cost-effectiveness
- intention-to-treat

Recruited from multiple clinics

Standard of care for control group

### ADVANTAGES

Patient-oriented interventions



Increased acceptance and flexibility of research processes



Increased generalizability



Improved screening and consent processes



Reduced economic burden in healthcare systems



Improved implementation of evidence-based nutritional care



Knowledge translation gap addressed

