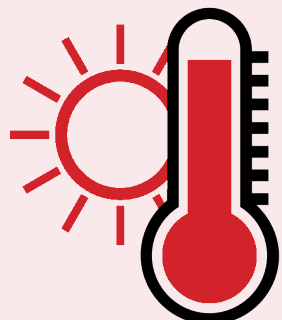


WORLDVIEW THREAT THERMOMETER



**I'M LETTING
MY EMOTIONS
DICTATE MY
ACTIONS**

**I feel the need to defend
my view rather than listen
to what others are saying**

**I'm latching onto a small
aspect of an opposing
view to justify my own**

**I'm noticing a desire to
convert others to my view**

**I feel a need to belittle
or insult someone with a
different view**

I'm aware of what I'm feeling

**I'm feeling comfortable
even though I might
feel "yucky" things**

**The differences I have
with others are not
problems to resolve**

**I'm listening and reading
with care and attention**

**I'm engaging in dialogue
across differences**

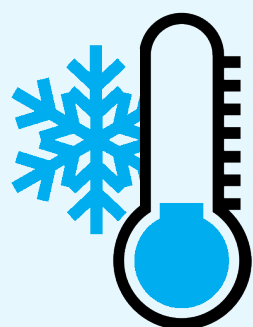
**I KNOW WHAT
I'M FEELING
AND WHY —
AND I ACCEPT
THAT**



**I'm resisting a deeper
engagement with the topic**

**I'm shielding myself from
how this different view
affects me**

**I'm noticing a desire to
distance myself (physically,
emotionally) from those
with different views**



**I'M AVOIDING
MY EMOTIONS
AND
WITHDRAWING**

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This poster draws on research supported by the Social Sciences and Humanities Research Council.



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
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