Becoming grounded in assessment: The relationship between pre-service teachers' enjoyment, anxiety, anger, and efficacy by Kendra Wells, Bryce Dueck, & Lia Daniels

Theoretical Framework:

- Assessment is closely linked to pre-service teachers' emotions (Pekrun et al., 2017).
- Enjoyment, anxiety, and anger are three emotions that are relevant to teaching (Frenzel, 2014).
- Previous literature on emotions and efficacy has focused on three dimensions: instructional strategies, classroom management, and engagement (Bach & Hagenauer, 2022), but has not addressed assessment.

Research Question:

• How do enjoyment, anger, and anxiety predict assessment self-efficacy in Canadian pre-service teachers?

Methods:

- We collected data from a convenience sample of 127 pre-service teachers with a mean age of 26 years.
- 54% were white.

Analysis:

- 1. Descriptives, correlation matrix
- 2. Multiple regression analysis







Correlation Results:

- (all *p* < .001)
- enjoyment and efficacy (r = .45)
- anger and efficacy (r = -.31)
- anxiety and efficacy (r = -.48)

These results indicate that pre-service teachers with higher efficacy in assessment were likely to experience more enjoyment, less anxiety, and less anger towards assessment.

Multiple Regression:

Independent Variables	Std. Beta	Std. Error	<i>t</i> -ratio
Enjoyment	.31**	.08	3.22
Anxiety	35***	.06	-3.61
Anger	.04	.07	.39
Intercept = 4.45		<i>R</i> ² = .29	

Note: *** denotes *p* < .001, ** denotes *p* < .01

Discussion & Implications:

- Enjoyment and anxiety were respectively strong positive and negative predictors of efficacy.
- Understanding emotions may help teacher educators tailor their teaching strategies and therefore help pre-service teachers feel more efficacious in assessment.
- Instructors can aim to increase enjoyment and decrease anxiety.