



Trauma-Sensitive Studio

Attentive to local, national, and global mental health realities, the research questions "In what ways might educators' experience with trauma-sensitive practice support their wellbeing, mental health, and balance?" and "How might their experience with TSP inform their pedagogical practice?" to contribute to renewing school-community relations. The project applies multi-perspectival trauma-sensitive practices to prevent avoidable interpersonal trauma within school settings.

One branch of this work is its pocket project, “Trauma-Sensitive Studio,” (TSS) a Wix-based website that serves as an interface between the integration of Trauma-Sensitive Pedagogy in learning spaces and their broader communities. The website hosts culturally-aware, multi-linguistic, and Indigenous-informed materials to support wellbeing and mental health through resources, information, and strategies. Trauma-Sensitive Studio is designed to be parent- and guardian-friendly, and targets the aims of intervention, healing, and renewal across broader educational systems.

TSS has the potential to reach and empower educational stakeholders across Alberta and beyond in making schools and communities more responsive to trauma and its far-reaching impact. It contributes to educational equity and breaking down barriers to high quality education in Alberta.

Scan the QR code below or visit
traumasensitivestudio.online to learn more.



Infographics such as those featured here are one of the many TSS resources and are offered in a variety of languages.

