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Image created in Iran

*Images of Research Competition
University of Alberta*

Turning Women's Trauma into Strength

First Place (2021)

In my research about ohtisiy (a word in the Cree language that conducts us to identify ourselves on the matrilineal principles), I learned more about the women from different generations in my society and their endeavors to empower themselves. In this research, I found that changing the role, responsibility and position of women throughout history has led to continuous progress in different aspects of their social life. Although women have encountered different challenges, they have employed strength-based approaches to resolving these problems.

Women all over the world, are able to turn their personal or social trauma into strengths and effective actions! The image shows that the strength can be rebuilt and grown from any trauma.