

A Family's Love for Manmeet Singh Bhullar: How grief and loss expressed on social networking sites creates a continuing bond.

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In honour of my brother, Manmeet Singh Bhullar, my definition of what is right, real, and rare in this world.

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Abstract

Grief is a universal experience manifesting itself in the most individual of ways. Traditions, cultures, circumstances surrounding the passing of a loved one, their identity, role in society, as well as their relationships all play a role. Events and rituals over a prescribed period of time typically mark grieving but processing and understanding grief is a deeply personal experience. Early theoretical frameworks suggest grief follows a prescribed set of stages, tasks, and timelines. Recent theories acknowledge grief can be limitless in duration. This study explores how those who have lost a loved one use social networking sites to share their grief, allowing for a continued bond with them. A case study explored how the family of Manmeet Singh Bhullar, an Alberta Cabinet Minister and Member of Legislative Assembly, used social networking sites to share their grief and loss after his passing in November 2015 at the age of 35. Facebook and Instagram posts were compared with the ways in which the continuing bonds theory notes people maintain a relationship with someone they have lost; sensing their presence, talking with them, having them serve as a moral guide, and talking about them. Findings determined social networking sites allow for continued expressions of grief, collectively and personally. Recommendations include further research into the role and use of social networking sites in the grieving process.

Keywords: grief, social networking sites, death, continuing bounds, Manmeet Singh Bhullar

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Prologue

One of life's greatest truths is that it will one day end. We do not know when, where and how, and we certainly may never know why. Death has a way of leaving us gasping for meaning, not only of the life that is lost but also of the lives that remain behind. It becomes seemingly impossible to not think of life being separated into two starkly different halves – one before and one after the loss of your loved one. We wander through the grief and loss, sometimes on autopilot, seemingly numb and unaware of the world and people that are moving about around us; other times so aware of the emptiness and harshness of life without the one you love, that the scars and wounds remain forever raw.

The many impacted by the loss of one are trying to make sense of what has happened. Each connected through a shared loss and yet isolated in their individual grief, which is as unique as the relationship they each held with the person they have lost. Grief does not look the same, feel the same or come at the same time for everyone, and yet it can bind family, friends and strangers together like nothing else. It is a rite of passage into a club that no one wants to belong to and yet everyone will find themselves in, one day. It is an unspoken truth amongst you allowing you to feel a sense of comfort with one another that cannot be explained.

Our loss and grief finds ways to express itself, sometimes through the presence of words and other times through the absence of them. A film of memories circles through our mind, always wishing the content was larger and always thankful when another moment comes to remembrance. We hold our shared words and the sound of the person's voice deep in our hearts, we view pictures and videos with a longing to remember every detail and every feeling that we

had in that moment in time, we mark milestones past and present, with a realization that happiness will never feel as authentic as it once did and sadness will always be a tinge darker.

We rely on our individual and collective memories, artefacts and feelings to share a grief that seems insurmountable. The telling of one story leads to another, the sharing of one picture leads to another, the tears of one find themselves in the eyes of others, the smile of one is reflected in the face of others, as we continue to recognize the loss and the love that we feel.

This research is a case study to examine how grief, as we have historically looked at it and how it has evolved over time, crosses over into our use of social networking sites. The main objective of this study is to examine how those who have lost a loved one experience grief and loss through on-line social networks. Secondly, it will focus in on how social networking sites allow those who are grieving to continue a bond with their loved one after they have passed.

The research question for this study is:

What is the role of social media in grief and loss?

The objectives of this study are:

1. Explore how individuals use social networking sites to express the grief they feel due to the loss of a loved one.
2. Understand the role of social networking sites in grief and loss to demonstrate the application of the continuing bonds theory.

The findings of this research serve as further discussion and understanding for those who are currently experiencing grief and loss of a loved one as well as those who are supporting someone through this process, whether as friends, family or as practitioners. Additionally, the study may be of interest to social networking sites as they continue to implement policies and

processes that are reflective of the way the end user carries out use of the platform. Ultimately, it is hoped that this study allows those who find themselves in the midst of grief and loss, to know that they are not alone and that for as long as they are here, they carry on the story of the loved ones they have lost.

Literature Review

In order to connect the current world of social media with the grief process, it is important to understand the process of grief through a theoretical lens, the rituals and traditions surrounding it, the ways in which grief was initially shared online, and how social networking sites provide a way to manage and express grief online on a personal level and larger scale.

Grief

Grief is a universal concept that we all will experience at some point in time. So the question then is not when but how. Grief is an experience that can be varied and unique for each individual.

Freud first studied grief in 1915 with his essay titled *Mourning and Melancholia*, asking the question of what we do with the feelings we have for someone when they have passed. In this essay he stressed the idea that losing someone is intrinsically about our relationship with ourselves (Green, 2013).

Theories of Grief

Stages of grief, Kübler-Ross. Within the grief theory literature, Kubler-Ross serves as a guidepost from which many people approach the grieving process. Categorizing grief within five stages, she herself acknowledges grief does not fit neatly within these stages. Rather, they are ways of “learning to live within the one we lost” (Kübler-Ross & Kessler, 2005, p. 7). The five stages – denial, anger, bargaining, depression and acceptance, are not linear.

Denial is a stage that focuses not only on the person passing but also on the person who is grieving the loss of someone. This stage of grieving allows for those experiencing the loss to survive. It provides for a gradual way of dealing with loss by only handling how much we can at that particular moment in time. As reality sets in, the healing process starts. Anger is the stage that begins when the individual has enough awareness to realize that they will survive. Anger appears in multiple layers and has multiple recipients. It can manifest in many ways, towards many people. “Anger is a natural reaction to the unfairness of loss” (Kübler-Ross & Kessler, 2005, p. 16). The stage of bargaining serves as a diversion from pain, allowing for the transition from one state of loss to another. This is where the ‘what if’ questions appear, moving from what we could have done differently to what will happen in the future. Depression is the stage that places the bereaved squarely in current time. Within grief, depression allows for nature to protect those grieving by “shutting down the nervous system so that we can adapt to something we feel we can’t handle” (Kübler-Ross & Kessler, 2005, p. 21). The new reality and the realization that their loved one has physically left them, is the stage of acceptance: In this stage making adjustments serves as a core component.

Tasks of Mourning. While Kubler-Ross addressed grief through stages, Worden (2009) provided a process that focused on tasks. Similar to the five stages of grief, Worden's Tasks of Mourning are void of a particular order and are experienced by the bereaved through revisiting them over time (Rothaupt & Becker, 2007). Worden, in his text, "Grief Counseling and Grief Therapy", outlines four tasks.

Task one is to accept the reality of the loss, "come full face with the reality that the person is dead, that the person is gone and will not return" (Worden, 2009, p. 39). This task involves acceptance at an intellectual and emotional level. Traditional rituals such as funerals aid in acceptance.

The second task is to process the pain of grief encompassing physical, emotional and behavioural pain: Worden (2009) believes this pain has to be "acknowledged and worked through or it can manifest itself through physical symptoms or some form of aberrant behaviour" (p. 44). Not experiencing this task of processing the loss leads to not feeling. Task two can be cut short with the bereaved cutting off feelings or denying pain. Remembering only the good, idealization of those who have passed, avoidance of reminders of those who have passed, and the presence of alcohol and drugs can also lead to not experiencing this second task. Pain is manifested through sadness, anxiety, guilt, depression and loneliness (Worden, 2009).

In task three the focus is to adjust to a world without the deceased: this task involves three areas: external, internal and spiritual adjustments. The external focuses on how death affects one's every day functioning in the world. Internal adjustment focuses on how the death affects one's sense of self. Lastly, spiritual adjustment is a focus on how death affects one's

beliefs, values and assumptions about the world. Failure to adapt can be a hindrance to experiencing the third task.

Worden's fourth task has evolved over time and is seen as the most difficult. In this task the goal is "to find an enduring connection with the deceased in the midst of embarking on a new life" (Worden, 2009, p. 50). Failure to carry out this task can be seen as not living, "one's life has stopped with the death and has not resumed" (Worden, 2009, p. 52). Although Worden's approach is task based and that may allow for the interpretation that the tasks have a start and end, Worden writes that these tasks are repeatedly revisited, and at times people may be experiencing more than one simultaneously.

Worden (2009) goes further, explaining that the tasks of mourning are better understood by applying mediators of mourning, "to understand why the tasks are handled differently by individuals, one must understand how these tasks are mediated by various factors" (p. 57). There are seven mediators in total:

The first mediator refers to the identity of the person who has died "to understand how someone will respond to a loss, you need to know something about the deceased" and their kinship, which "identifies the person's relationship to the survivor (Worden, 2009, p. 57). Knowing what the relationship between the two people is can provide insight on how deeply and differently the grief will be felt. A parent's loss can be felt differently by two children depending on their age; the loss of a grandparent can be better understood and accepted than the loss of someone at a young age.

The second mediator delves into the nature of the attachment the survivor shares with the person they have lost. Referring to the survivor, the following elements are to be considered;

strength of attachment, security of the attachment, ambivalence in the relationship, conflicts with the deceased, and the level of dependency in the relationship.

How the person died is the third mediator. Traditionally, deaths can be listed in the four categories of natural, accidental, suicidal, and homicidal. When coupled with other mediators, the 'how' can impact the extent of grief that is felt. The suicide of a young person may have a more startling impact than the natural death of an elderly person.

The fourth mediator is historical antecedents. Knowing how someone has handled grief, loss, and stress in the past can serve as an indicator of how they will handle it in the present. Mental wellbeing also factors in here, as someone with a history of mental health concerns may be at higher risk while experiencing a loss. Not fully grieving a past loss while experiencing a new loss can also complicate situations by bringing forward unresolved feelings and or family issues.

The fifth of Worden's variables is the personality variables of the mourner. Age, gender, coping styles, and worldviews are just some of the personality characteristic that impact how someone will respond to or experience grief. "Boys and girl are socialized differently, and many of the differences in how men and women approach the tasks of mourning may be more a part of this socialization than in some intrinsic gender differences" (Worden, 2009, p. 65).

The sixth mediator looks at social variables; the perceived emotional and social support from others, internal and external, to the family. "Most studies find that those who do less well with bereavement have inadequate or conflicted social support"; although the social support helps with the bereavement, "it does not necessarily accelerate the grief process" (Worden, 2009, p. 73, p. 74).

The seventh and last mediator for Worden is concurrent stress. This refers to change and crises that arise after a death. While change is expected following a loss; significant changes and additional losses after the death, including economic in nature, can lead to a lesser degree of wellbeing.

In Worden's (2009) view "mourning is finished when the tasks of mourning has been accomplished" (p.76). However, he says there is no definitive time frame for this. One indicator of mourning being finished is when "a person is able to think of the deceased without pain... mourning may seem to be reaching an end when interest is regained in life however some feel it is never finished" (Worden, 2009, p. 77).

Continuing bonds Theory. Moving away from a staged or tasked theoretical lens for grief, the importance of ongoing relationships with those who have passed began to gain attention. Klass, Silverman, and Nickman (1996) brought forward a different way of approaching grief in which "interdependence is sustained even in the absence of one of the parties" (p. 37) The continuing bonds theory suggests "the bereaved remain involved and connected to the deceased, and that the bereaved actively construct an inner representation of the deceased that is part of the normal grieving process" (Klass et al. 1996, p.37). In this approach it is understood that death does not make a relationship disappear. Although previous theories relied on this disconnect from the person who is lost in order to live in the present and accept the current reality, continuing bonds looks at "recognizing how bonds formed in the past can inform our present and our future" (Klass et al. 1996, p.38). This approach does not subscribe to the idea that bereavement ends after letting go, instead, stress is placed on "negotiating and renegotiating the meaning of the loss over time" (Klass et al. 1996, p. 39).

Klass et al. (1996) see the process of grieving staying with the mourner for a lifetime, the mourner is “changed by the experience; they do not get over it, and part of the change is a transformed but continuing relationship with the deceased”(p. 40). The grief someone experiences leaves them not only grasping with the meaning of death but also the meaning of the person that they have lost in the present life that they are still carrying on in. At the core of this theory is the understanding that “continuing bonds can be a healthy part of the survivor’s ongoing life” (Klass et al. 1996, p. 44).

In *Processes of Grieving: How Bonds are Continued*, Klass and Walter (2001) build on the theory of continuing bonds by providing means by which the bonds can be maintained. They recognize that many factors play a role including family styles, subcultural patterns, religious beliefs, personality constructs, attachment patterns and ego developmental levels (Klass & Walter, 2001, p. 435).

Klass and Walter recognize research on this area needs further work; however, they do provide four key points of discussion on how contemporary society approaches bonds between the living and those that have passed.

The first is sensing the presence of the person who has passed. Although typically seen as hallucinations, “significant enough portions of the population sense the presence of the dead that it cannot be labeled pathological or even hallucinatory” (Klass & Walter, 2001, p. 435). Secondly, to continue the relationship after death, talking with the person who has passed is another mechanism that can be used, allowing for a continued conversation with and about the person that has passed.

The third process by which bonds can continue is for the person who has passed to play the role of moral guide for those they have left behind. Marwatt and Klass (1995) identify four functions as providing moral guidance and having links to moral behaviour: the person serving as a role model, providing situation specific guidance, giving clarification of values, and lastly seeing the deceased as an integral part of the survivor's identity.

The final and fourth process identified by Klass and Walter (2001) is talking about the person who has passed, where "mourning can include the attempt to complete the dead person's identity to write 'the last chapter' of their biography" (p. 439). This is done through conversations with friends and family, reviewing writing and artifacts.

Grief Online

Towards the second half of the 20th century, mourners looked beyond themselves to deal with the grief. This involved counselling, therapy and help through support groups. By 1990, these help groups appeared online, providing the advantage of accessibility at all times from anywhere (Walters, 2015).

With the use of social media, new social relationships and platforms provide for death to be discussed at a social and conversational level, similar to other major life events that are marked through social media. Our day-to-day occurrences whether milestones or mundane tasks are shared over social media. The same is true of communicating, sharing and posting about death, "death is no longer sequestered from life" (Walter, 2015, p.11).

The presence of death online began with the use of memorial sites, web memorials and guest books, making the web a place where people shared their grief (Gibbs, Meese, Arnold, Nansen, & Carter, 2015, p.256).

Social Media and Grief

The “basic establishment of online social technologies in many people’s everyday life practices might be the one reason why death seems to be more visible and less segregated than before in modern lives” (Christensen & Gotved, 2015, p. 4). People are now sharing “death, loss, and grief in more visible and accessible manners...this sharing of death and mourning can creatively constitute new communal spaces for designing, performing, and remediating rituals of grief and commemoration” (Christensen & Gotved, 2015, p. 5). The use of social media to discuss the topic of death shows how the grieving process is intrinsically social. “To socially perform and share, grief is basically a quest to re-establish life as a meaningful structure without the deceased and to heal the personal, social, and cultural gap that the death of this person has left behind” (Christensen & Gotved, 2015).

Social media has influenced the way that we experience loss, “providing a possible venue for grieving, support and coping during bereavement” (Rosetto, Lannutti, & Strauman, 2014, p 975). While initial online methods such as web memorials, chat groups, and online obituaries existed for “emotional expression, reminiscing, disclosure, paying tribute, continuing bonds, sharing grief and establishing community following a loss” (Rosetto et al. 2015, p.975), social media sites “express varied emotions, communicate with bereaved others and communicate with and about the deceased person” (Rosetto et al. 2015).

Social networking sites such as Facebook, Instagram and Twitter provide those grieving with an outlet to “post photos, comments, and memorials on to their profiles as a way to express their respect and love for their deceased loved one” (Kakar & Oberoi, 2016, p. 373).

Facebook. “Founded in 2004, Facebook’s mission is to give people the power to build community and bring the world closer together. People use Facebook to stay connected with friends and family, to discover what’s going on in the world, and to share and express what matters to them ” (Facebook, 2015). As of June 2017, it listed 1.32 daily active users and 2.01 billion monthly active users (Facebook, 2015). It is estimated that up to ten thousand Facebook users die each day (Bouc, Han, & Pennington, 2016).

Facebook allows people to “become part of a network or community of grievers” (Frost, 2014, p. 258). On Facebook, the involvement of those taking part in the grief is voluntary as they have the choice to join memorial groups if they wish. It also allows for a “connection from anywhere at any time” (Frost, 2014, p.259). Facebook also allows for a variation in the type of involvement each person has, “participants can be observers or contributors to discussion and post photos and posts at their own discretion, in their own time” (Frost, 2014, p.259). With the Facebook profile of the deceased remaining as it was when they were alive, the focus is placed on the person who passed instead of those mourning. (Frost, 2014).

Frost (2014) indicates Facebook posts related to Facebook memorials are made from people in four categories. The first type of post can be characterized as being made by someone who knew the deceased and they are speaking directly to that person. Second is someone who knew the deceased and are writing or responding to others, group members. A third type is where

they did not know the deceased but they are writing to the group or the deceased. Lastly, are posts made on someone's personal timeline about a deceased loved one where they are speaking directly to the person they have lost.

In 2009, Facebook introduced the memorialization of a deceased person's Facebook page. This meant instead of deleting a user's page after death, "Facebook adopted a policy that memorialized pages by keeping them intact, allowing people to interact with the profile of their deceased friend just as they would with those that are still alive" (Bouc et al. 2016, p. 635).

In 2015, Facebook provided users with the option of creating a legacy contact. "With this feature, users of Facebook can select a friend or family member to be the manager of their page when they pass away" (Bouc et al. 2016, p. 635). Facebook explained their decision to add a legacy contact by saying "by talking to people who have experienced loss, we realized there is more we can do to support those who are grieving and those who want a say in what happens to their account after death" (Facebook, 2015).

Instagram. Newer to the social media vernacular, Instagram allows for the sharing of photos. Launched on October 6, 2010, Instagram was acquired by Facebook on April 9, 2012. It lists 700 Million plus monthly users and 400 Million plus daily users (Instagram, 2017).

"While social network sites such as Facebook have profiles and walls belonging to the deceased...in contrast, Instagram has no convergent or shared and sacred place for mourning and commemoration" (Gibbs et al, 2015, p.262). The use of hashtags and user labels are ways in which connections to others are made. "Places for mourning on Instagram are found in conversations defined by consensus around hashtags...rather than around a profile of the

deceased...this leads to conversations being decentred and far more rhizomatic than the mourning found on other social media.” (Gibbs et al, 2015, p.263).

The 2014 study by Gibbs et al. (2015), focused on the use of the hashtag #funeral. It found three prominent themes surrounding Instagram use as related to death. First, sociality, “the central aim of sharing images is to signify presence and to communicate an important context and affective situation to a wider social network” (Gibbs et al, 2015, p.264). Second, memory and memorialization: photo sharing has a role in our memory and the memorialization of those we lose. Though these pictures were historically displayed in more traditional locations such as in the home, Instagram allows for these images to be shared informally and instantly. Thirdly, death and technology: technology and photo sharing on Instagram allow for informal and personal memorialization that extends beyond formal rituals such as funerals.

Methodology

“Only from his actions, his fixed utterances, his effects upon others, can man learn about himself; thus he learns to know about himself only by the round-about way of understanding”

(Stake, 1978).

In qualitative research, understanding from the perspective of the participant is the primary objective. With a focus on “behaviours, opinions and attitudes...this type of research studies “the effects of events on people, cultural influences and developments” (McGloin, 2008,

p. 45). “Data collected in qualitative research typically take the form of spoken or written words”, and “the questions of how and why are paramount” (Astin, 2013, p. 93).

Although qualitative research methods share similar characteristics, there are different distinct approaches to data collection and analysis.

Case Study

Case study methodology has a focus on people and therefore, can be categorized under human studies, focusing “on this relation between lived experience, expression, and understanding” (Stake, 1978, p. 5).

According to Yin (2014), case study research is the preferred method in situations when the main research questions are “how” and “why” questions, a researcher has little or no control over behavioural events, and the focus of study is a contemporary (as opposed to entirely historical) phenomenon.

Stages and Components of Case Study Research

In case study research, as outlined by Yin (2014), there are five main components: a case study’s question, its propositions, if any, its units of analysis, the logic linking the data to the propositions; and the criteria for interpreting the findings.

Similar to Yin’s components, Hancock, and Algozinne (2006) outline that a case study “identifies topic or question(s) of interest, determines appropriate unit to represent it, and defines what is known based on careful analysis of multiple sources of information about the “case” (p.10).

Several important characteristics are seen in case study research. Most often it addresses a phenomenon, an event, program or situation. The phenomenon under study is looked at in its natural context “bounded by space and time” (Hancock & Algozinne, 2006, p. 15). Information gathering during a case study takes on a descriptive nature, “grounded in deep and varied sources of information” (Hancock & Algozinne, 2006, p.16). Based on this criteria for data inclusion, the researcher identifies themes and categories of behaviours and events rather than proves relationships or test hypotheses (Hancock & Algozinne, 2006). Case study lends itself to research that requires a detailed analysis of an event in its natural context while relying on multiple sources. This research required a detailed analysis of an event in its natural context, for this reason a case study is an appropriate approach. For this reason, case study is well suited to this research question and objectives.

In order to better understand the role social media plays in grief and loss, this research set out to explore how individuals use social networking sites to express their feelings during times of grief, and also how social networking sites serve as a way to continue bonds between people after death. The unit of analysis is the Facebook and Instagram posts of individuals, using the logic that the content in the posts on these two sites will demonstrate key characteristics of the continuing bonds theory. The criteria to interpret the findings are that the posts are direct responses to the passing of Manmeet Singh Bhullar. The four characteristics of the continuing bonds theory; sensing the presence of the person who has passed, talking to them, having them serve as moral guide, and lastly, talking about them, will inform the analysis.

The research will also focus on a particular event and time frame, with varied sources of information, all coming together to share common themes and categories of behaviour.

Case study design

Yin (2014) highlights three types of case study research designs; exploratory, explanatory and descriptive. An exploratory case study identifies the research questions or procedures to be used in a subsequent research study, which might or might not be a case study. Explanatory case studies explain how or why some condition came to be. Lastly, descriptive case studies describe a phenomenon (the case) in its real-world context.

Many case study orientations exist within these three designs. Ethnographic studies have researchers directly immersed in the daily activities and interactions of a group. Historical case studies describe events, programs and organizations and their progress over time. Psychological case studies focus on human behaviour with the individual typically the focus. Sociological case studies focus on society, relationships, and institutions with an interest in the structure and behaviour of these organized groups and individuals.

Designs can also be determined as being intrinsic, instrumental or collective. When wanting to know more about an individual, event or organization, an intrinsic case study is employed. Instrumental case studies have the goal of better understanding a theoretical question or problem. A collective case study is designed to review an issue in question with an attempt to add existing literature in the hopes of better conceptualizing a theory (Hancock & Algozine, 2006).

Recognizing that qualitative research is best suited to understanding the impact of a particular event, through the thoughts of individuals, the case study approach will be applied to one of life's most defining events; death.

This case study will focus on the death of my younger brother, Manmeet Singh Bhullar. Born in Calgary on March 1, 1980, he is the second child of my parents, Baljinder Singh and Sukhvir Kaur Bhullar, and second grandchild to his paternal grandparents, Jagir Singh and Mohinder Kaur Bhullar and maternal grandparents Ram Singh and Gurdev Kaur Shergill. We share one younger brother, Appy. On January 7, 2012, Manmeet married Namrita Kaur Rattan, daughter of Dalbir Singh and Kiran Kaur Rattan.

Manmeet attended school in northeast Calgary, first at Chief Justice Milvain Elementary, then Annie Gale Junior High, graduating from Lester B. Pearson High School in 1998. He went on to complete a Bachelor of Arts Degree with a sociology concentration in 2005, from the University of Athabasca, and a Bachelor of Laws from the University of Windsor in 2011.

On March 3, 2008, Manmeet entered provincial politics, being elected to the 27th legislature as the MLA for Calgary Montrose, making him the youngest MLA to be elected to the provincial legislature at that time. Manmeet delivered his maiden speech in the legislature on April 16, 2008, sharing his experience as a son of immigrants, recognizing the value of education, and his desire to instil confidence in youth. An excerpt of his maiden speech is included in Appendix A with the full transcript in Appendix B.

He was elected two more times in 2012 and 2015 as the MLA for Calgary Greenway. Manmeet served seven years, eight months, and 21 days in the Alberta Legislature. While in office, Manmeet held the following roles:

- March 13, 2008 to January 12, 2010, Parliamentary Assistant for Advanced Education and Technology.
- January 15, 2010 to October 11, 2011, Parliamentary Assistant for Municipal Affairs.

- October 12, 2011 to December 12, 2013, Minister of Service Alberta.
- December 13, 2013 to September 14, 2014, Minister of Human Services.
- September 15, 2014 to May 23, 2015, Minister of Infrastructure.
- June 1, 2015 to November 23, 2015, Critic for Finance and Treasury Board and Critic for Infrastructure.

A member profile from the Legislative Assembly of Alberta is included in Appendix C.

Manmeet became the first turbaned Sikh to serve in a Ministerial position in a Canadian legislature.

On Monday, November 23, 2015, while driving from Calgary to Edmonton, Manmeet stopped on the QEII highway to offer assistance to a vehicle that had rolled over. As he was making way his way to the vehicle, a semi-truck struck him. Manmeet was transported to hospital where he succumbed to his injuries. The family released a statement later that evening:

“The light in our lives went dark today. Manmeet Singh left us while he was doing what he loved more than anything – helping someone else. We know he would want us to be thankful for the countless blessings he was given by God. Just as his faith, wife, family, friends, and community gave him strength, it will give us strength now. We thank you for your support during this difficult time and ask for privacy. He demanded excellence of himself and those around him. We are all better because of him.”

The family of Manmeet Singh Bhullar

#nicetomanmeetyou

A copy of the statement is included in Appendix D.

In order to address the research question, data was collected through searches on social networking sites. To show the reach and impact of Manmeet's passing, searches were conducted on Instagram, Facebook and Twitter. Primary search words included #nicetomanmeetyou, @manmeetsbhullar, #manmeetbhullar, yycgreenway, bhullar, manmeet, and manmeetbhullar. The discussion and findings focus on Instagram and Facebook.

Searches included posts that belong to public accounts, or those that have granted permission for the researcher to be a friend or follower on the particular social networking site. Permission was received through an information and consent form to include specific posts in the findings and discussions. Search dates were limited to November 23, 2015 through November 24, 2016. In accordance with ethics requirements, permission was received from the Research Ethics Office at the University of Alberta. A copy of the information and consent form is provided in Appendix E.

Facebook and Instagram posts were compared against the four ways in which Klass and Walter (2001) categorize individuals continuing a bond with the deceased:

1. Sensing the presence of the person who has passed.
2. Talking with the person who has passed.
3. Seeing the person who has passed as a moral guide.
4. Talking about the person who has passed.

Findings

After Manmeet's passing, social media became a key source for people sharing the news and also sharing their grief. News outlets reported on the outpouring of grief via social media. By the morning after his passing, the hashtag #nicetomanmeetyou was trending online and was included in over 1700 tweets (Ramsay, 2015).

Initial messaging was focused on shock and sharing of the news. People expressed the loss they felt personally, loss to community, the sharing of condolences, their experiences of their time with Manmeet, and their thoughts on the characteristics and values most important to Manmeet.



Figure 1. Mayor Nenshi tweet. Expression of grief after passing of Manmeet Singh Bhullar (Nenshi 2015).



Figure 2. Minister Sajjan Facebook post. Expression of grief after passing of Manmeet Singh Bhullar (Sajjan, 2015).

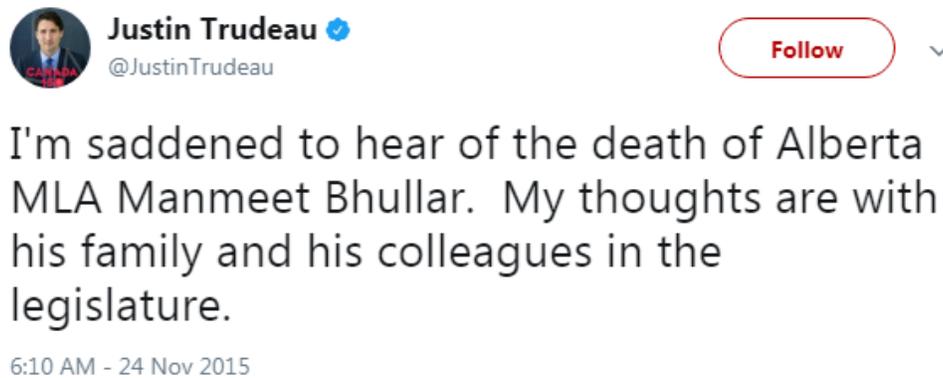


Figure 3. Prime Minister Trudeau tweet. Expression of grief after passing of Manmeet Singh Bhullar. (Trudeau, 2015).

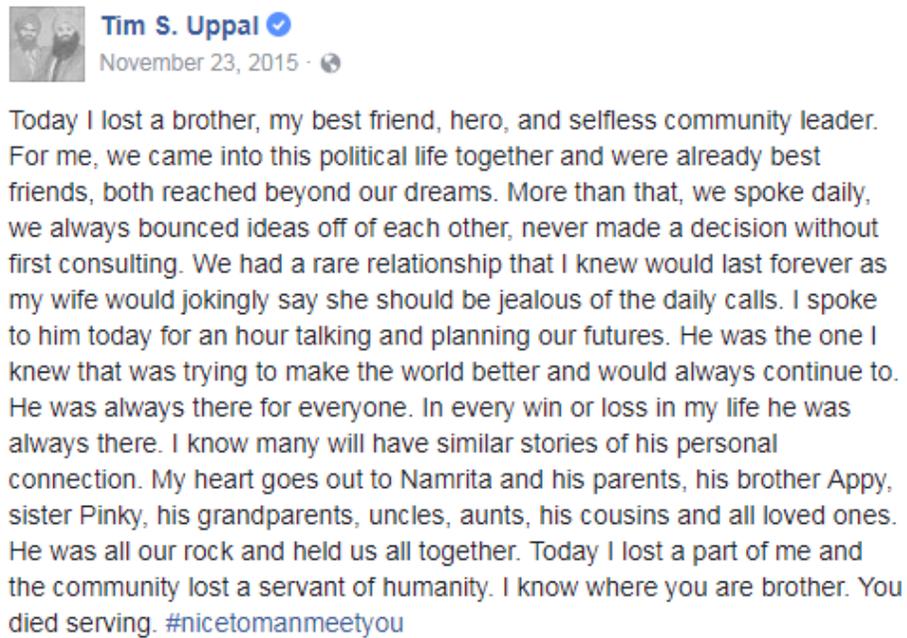


Figure 4. Tim Uppal facebook post. Expression of grief following passing of Manmeet Singh Bhullar (Uppal, 2015)

After the initial week when posts focused on what had happened and the rituals of mourning, such as the memorial service, social networking gave way to sharing deeper thoughts about how people were dealing with their grief, the void they were feeling and how they felt they would come to terms with the loss.

The research showed that social media provides a way for individuals to express the grief they feel due to the loss of a loved one and that it also allows for individuals to experience grief as described through the continuing bonds theory, where a continued relationship remains with the individual and there is no letting go (Klass et al. 1996) Instead, a person continues to experience and share grief, making meaning of their loss.

When reviewing the data, Klass and Walter's (2001) four key points of how people maintain bonds with someone who has passed, are consistently demonstrated. Users posted pictures of Manmeet alone as well as pictures they had with him, Manmeet's quotes and people's quotes about Manmeet, news stories, and sometimes pictures that resonated with the grief they were feeling. Most often, images were accompanied by their own thoughts, with the hashtag #nicetomanmeetyou occurring as a common theme in the post and at times serving as the only text that was included with an image. Posts were common on milestones such as a measured passage of time since Manmeet's passing, holidays, his birthday, and announcements of initiatives in his memory.

In beginning to review Instagram posts, it felt natural to start with the profile of Manmeet's wife, Namrita Rattan (@nkrattan). She has posted six times on Instagram since Manmeet's passing, with each post exemplifying the continuing bonds theory; talking about him,

talking with him, and referring to him as her moral guide, in the form of giving her situation specific guidance and serving as a role model.



Figure 5. Namrita Rattan Instagram post. My love. (Rattan, 2015).



Figure 6. Namrita Rattan, Instagram post. Missing my love. (Rattan, 2015).



Figure 7. Namrita Rattan Instagram post. Grateful. (Rattan, 2016).



Figure 8. Namrita Rattan Instagram post. Missing my valentine. (Rattan, 2016).



Figure 9. Namrita Rattan Instagram post. Forever grateful. (Rattan, 2016).

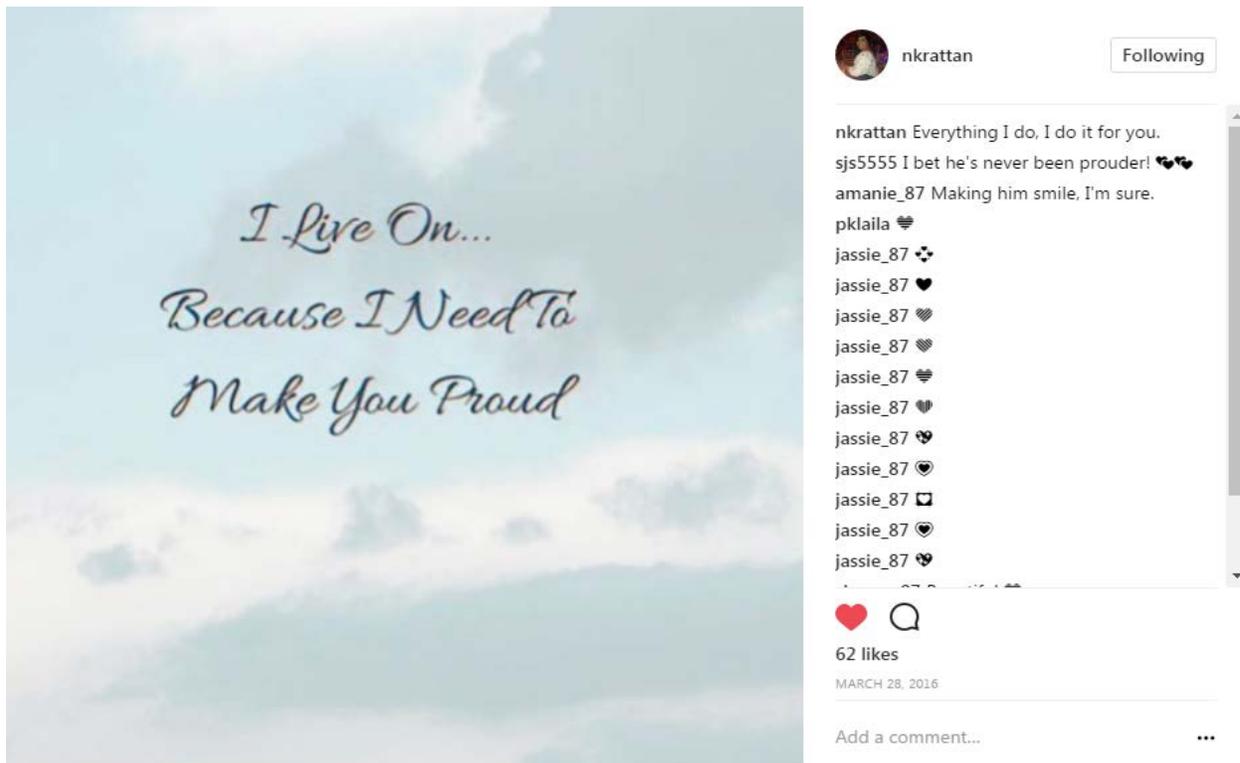


Figure 10. Namrita Rattan Instagram post. Everything I do. (Rattan, 2016).

The posts of family members are presented below based on the four elements of the continuing bonds theory as outlined by Klass and Walter (2001).

Sensing the Presence of the Person who has Passed

The first element of the continuing bonds theory is sensing the presence of the person who has passed. Although typically seen as hallucinations, “significant enough portions of the population sense the presence of the dead that it cannot be labeled pathological or even hallucinatory” (Klass & Walter, 2001, p. 435). These posts were characterized with the use of words such as angel, always with me, guiding me, watching over us. The posts recognized

Manmeet's physical presence is no longer here but that *he still has a role in their life and that their love and thoughts still reach him.*



Figure 11. Tony Dhaliwal Instagram post. Manmeet's presence. (Dhaliwal, 2016).



Figure 12. Anmol Sekhon Instagram post. Manmeet's presence. (Sekhon, 2016).



Figure 13. Raman Bhullar Instagram post. Manmeet's presence. (Bhullar, 2016).



Figure 14. Karen Shergill Instagram post. Manmeet's presence. (Shergill, 2016)



Figure 15. Sharon Shergill Instagram post. Manmeet's presence. (Shergill, 2016).



Figure 16. Simran Shergill Instagram post. Manmeet's presence. (Shergill, 2016).



Figure 17. Arvinder Bhullar Instagram post. Manmeet's presence. (Bhullar, 2016).



Figure 18. Harmsimer Rattan Instagram post. Manmeet's presence. (Rattan, 2015).

Talking With Someone Who Has Passed

To continue the relationship after death, talking with the person that has passed is another mechanism that can be used, allowing for a continued conversation with and about the person that has passed. These posts capture *direct conversations with Manmeet*, sharing the loss they feel, the influence he has on their life, how they have been coping. This category saw the most posts in relation to particular milestones such as Manmeet's birthday and holidays, marking time since his passing. In many ways, this is the category in which you see language that gives insight into the relationship he had with each person. Through their recollection of moments they shared with Manmeet, as well as what they miss the most about him, the reader gets a sense of the

personal relationships that shaped Manmeet's life. This category is also one where Manmeet's own words are shared through screen captures of his tweets and quotes and accomplishments.

This category very often mixes feelings of the present time as well as what they experienced with Manmeet at one point of time.



Figure 19. Sushana Rattan, Instagram post. Talking with Manmeet. (Rattan, 2016).



Figure 20. Aman Bhullar Olar, Instagram post. Talking with Manmeet. (Bhullar, 2016).



Figure 21. Parabhdeep Lail Instagram post. Talking with Manmeet. (Lail, 2016).



Figure 22. Tammy Lail Instagram post. Talking with Manmeet. (Lail, 2016).



Figure 23. Shannon Binning Instagram post. Talking with Manmeet. (Binning, 2016).



Figure 24. Sundeep Bhullar Instagram post. Talking with Manmeet. (Bhullar, 2016).



Figure 25. Tony Dhaliwal Facebook post. Talking with Manmeet. (Dhaliwal, 2016).



Figure 26. Jagmeet Sekhon Instagram post. Talking with Manmeet. (Sekhon, 2015).



Figure 27. Amrit Bhullar Instagram post. Talking with Manmeet. (Bhullar, 2015).

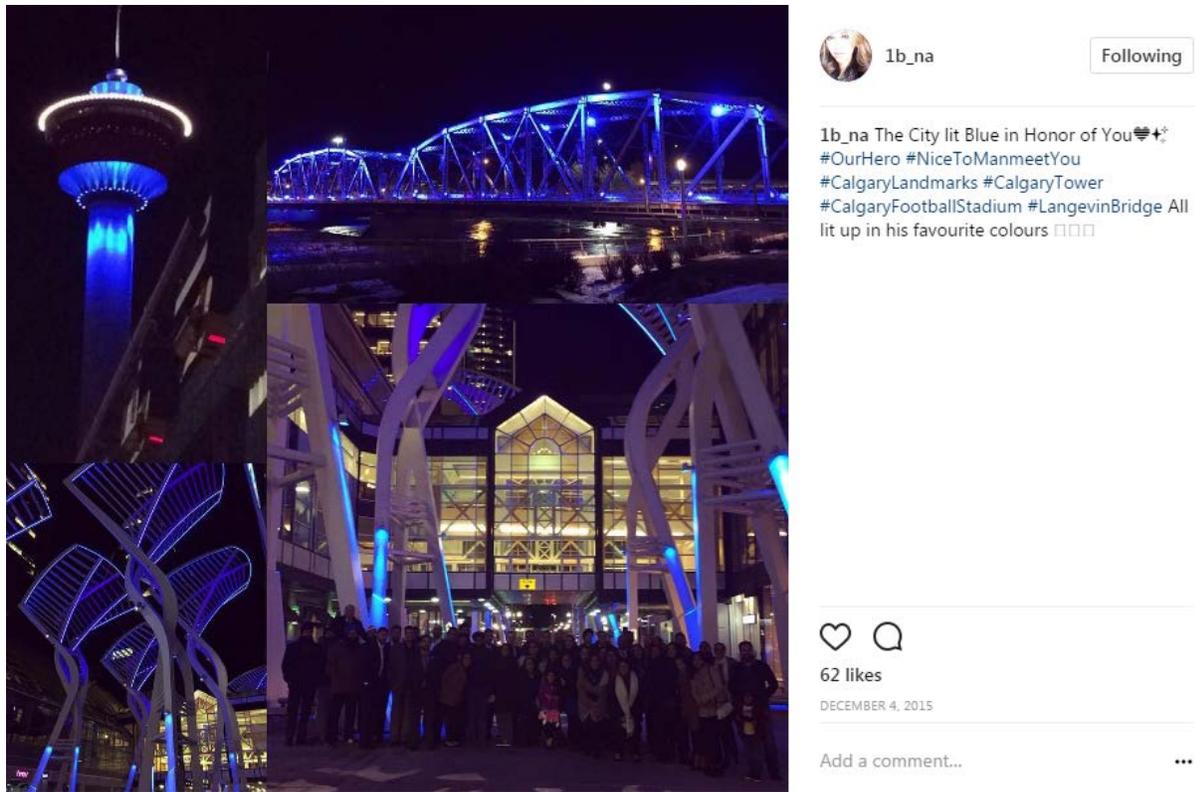


Figure 28. Rabina Shergill Instagram post. Talking with Manmeet. (Shergill, 2015).



It truly was a privilege and honor to
[#nicetomanmeetyou](#) ☐☐☐



sjs5555

Following

sjs5555 Our hearts are broken and our family remains changed forever. Our gentle giant and the pillar of strength for our family has been taken from us far too soon. Although the house may be filled with people it still feels empty without you here. Your words of wisdom, your strength, your power to move people, your support, your faith, your passion to serve and your love for your family and friends never went and never will go unnoticed. Thank you for giving us endless memories, laughs, voice notes and videos to look back at. Our world seems so dark right now but I know you'll be the brightest star in the sky. Thank you for being an amazing brother, friend, role model and most importantly my hero. Miss and love you so much. May your soul be at peace and may waheguru always be with you.



103 likes

NOVEMBER 26, 2015

Add a comment...



Figure 29. Sharon Shergill Instagram post. Talking with Manmeet. (Shergill, 2015).



Figure 30. Hamreet Sekhon Instagram post. Talking with Manmeet. (Sekhon, 2015).

Serving as a Moral Guide

The third element of the continuing bonds theory is for the person who has passed to *play the role of moral guide for those they have left behind*. Marwatt & Klass (1995) identify four functions as providing moral guidance and having links to moral behaviour: the person serving as a role model, providing situation specific guidance, giving clarification of values, and lastly seeing the person who has passed as an integral part of the survivor's identity. Posts in this category refer to both the words and accomplishments of Manmeet as well as their own behaviours and achievements that have been realized and those they aspire to. Inspiration and

here are common words used in the posts within this category. Legacy acts such as establishments of a scholarship, naming of a school, and volunteer initiatives are highlighted within these posts.

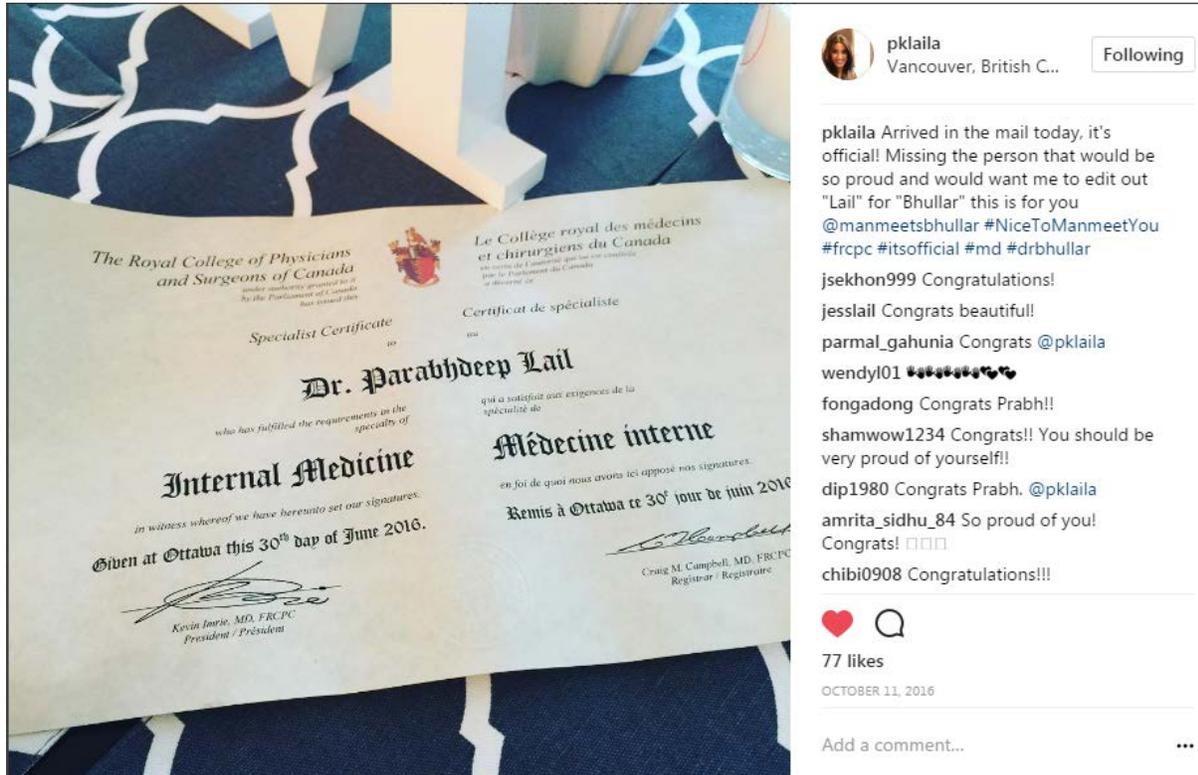


Figure 31. Parabhdeep Lail Instagram post. Manmeet as moral guide – specialist certificate.

(Lail, 2016).

CBE announces new school in Martindale will be named Manmeet Singh Bhullar School, will open in Sept. 2017 #yyc



8:57 AM - 30 Jun 2016

amanie_87 Following

amanie_87 I know you would feel this is the coolest thing @manmeetsbhullar ... Love you big brother ❤️❤️

sheppardjulia Love this! ❤️

peachgg So happy about this!!!

lo_lashes ❤️❤️

amanie_87 #nicetomanmeetyou

92 likes

JULY 6, 2016

Add a comment...

Figure 32. Aman Bhullar Olar Instagram post. Manmeet as a moral guide. (Bhullar, 2016).

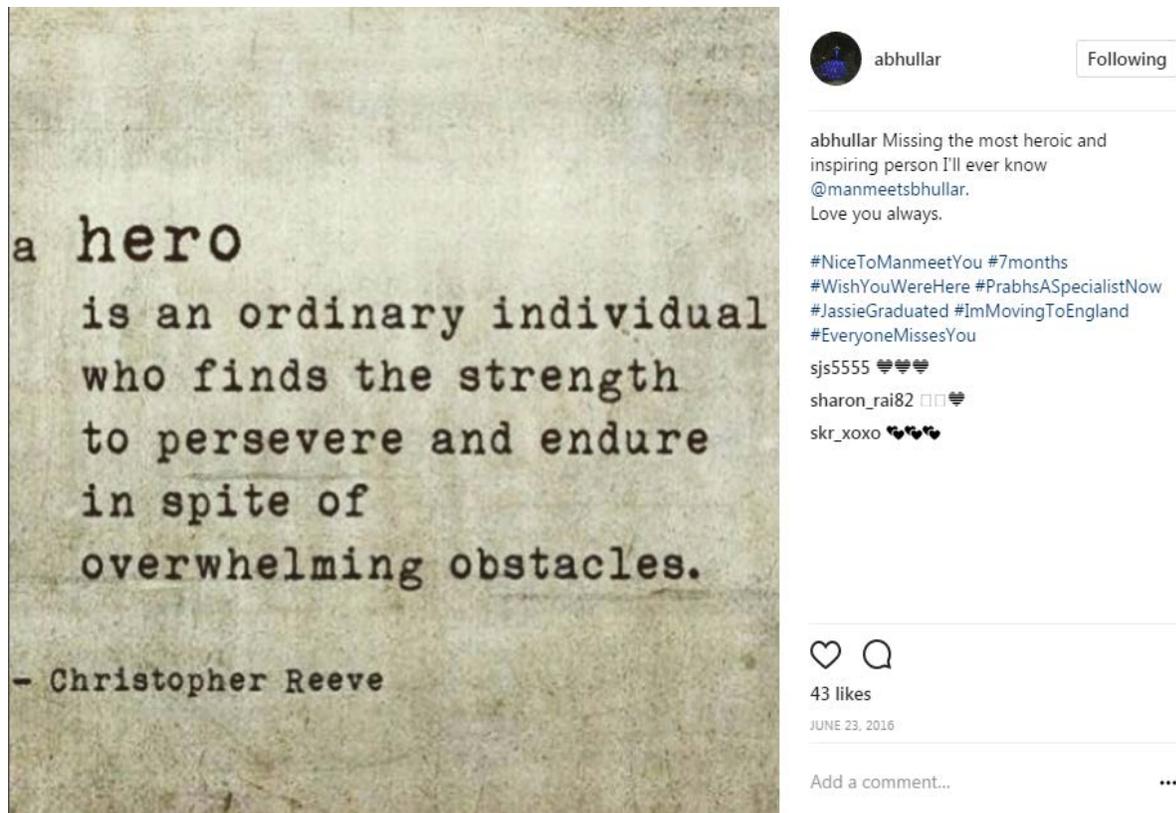


Figure 33. Arvinder Bhullar Instagram post. Manmeet as a moral guide. (Bhullar, 2016).



Figure 34. Amrit Kundan Facebook post. Manmeet as a moral guide. (Kundan, 2016).



Figure 35. Taran Rana Instagram post. Manmeet as a moral guide. (Rana, 2016).



Figure 36. Karen Shergill Instagram post. Manmeet as a moral guide. (Shergill, 2016).



Figure 37. Parabhdeep Lail Instagram post. Manmeet as a moral guide – character. (Lail, 2016).



Figure 38. Hamreet Sekhon Instagram post. Manmeet as a moral guide. (Sekhon, 2016).



Figure 39. Jagmeet Sekhon Instagram post. Manmeet as a moral guide. (Sekhon, 2016).

Manmeet Bhullar 31
MLA, Calgary-Montrose; Minister, Service Alberta

Back in 1998, when Manmeet Bhullar was fresh out of high school, his teachers, football coaches and friends were all pushing for him to go to university, but he had other plans. "I wasn't really keen on sitting in the classroom day to day, worrying about exams," says Bhullar, who eventually attained his Bachelor of Sociology through a distance-learning program from Athabasca University and went on to get his law degree from the University of Windsor in 2011. "I was worried about community stuff — you know, violence and drug use. I felt I could change the issues that I saw every day."

Bhullar immediately went to work. Only one year removed from high school, he founded the Dashmesh Mission, a grassroots Sikh youth group designed to harness the angst-ridden energy of teenagers and push it toward positive community change. A few years later, he spearheaded a similar, but non-denominational youth group called Inpire. To date, both groups together have raised more than \$150,000 in food for the Calgary Inter-faith Food Bank.

"When you get people to serve, especially young people, they experience the best of themselves," says Bhullar. "Afterward, they're less likely to engage in anything that's not consistent with the best of themselves."

Today, Bhullar continues to live that motto. In 2008, he was elected MLA for Calgary-Montrose, becoming the youngest sitting member of the Legislative Assembly. Immediately, his booming voice could be heard lobbying for Edmonton's Grant MacEwan and Calgary's Mount Royal colleges to be designated as universities. "I've got a heck of a lot of people in my riding that go there," he says. "I wanted their degrees to say Mount Royal University, as opposed to Mount Royal College." The bill passed and, in 2009, two new Alberta universities were officially designated.

Since then, Bhullar has moved on to issues more directly related to the northeast Calgary communities he represents. He spent three years heading the Infrastructure and Transportation department to fund the construction of a new access road for his constituents in Chateau Estates Middle Home Park, who were cut off from 16th Avenue when the province built the north-south chunk of the Stoney Trail Ring road. After battles with other MLAs, landowners, gas companies and snowy weather, an overjoyed Bhullar announced the road's completion in 2011.

"The province of Alberta doesn't build roads within a city every day," says Bhullar. "When I advocate for something, I really put everything I have on the line for it." —Jodi Arada

Why he's a Top 40: As the youngest sitting MLA, Bhullar has been a relentless advocate for his constituents, and the first-term politician has already gotten involved in important portfolios such as municipal affairs and advanced education and technology.

The key to his success: "Give what you seek. So if you seek trust, give somebody a reason to trust you. If you seek strength, help someone find strength. If you seek compassion, be compassionate. Success is the reward if you give it, it will come."

40 likes
 JANUARY 20, 2016
 Add a comment...

Figure 40. Arvinder Bhullar Instagram post. Manmeet as a moral guide – you’re the reason. (Bhullar, 2015).



Figure 41. Simran Shergill Instagram post. Manmeet as a moral guide. (Shergill, 2015).



Figure 42. Sharon Shergill Instagram post. Manmeet as a moral guide. (Shergill, 2015).

Talking About the Person who has Passed

The last and fourth element of the continuing bonds theory identified by Klass and Walter (2001) is *talking about the person who has passed*, quite often done through conversations with others. Posts in this category talk not only about Manmeet’s character but also how his character has shaped others. This category also saw posts that may not have mentioned him directly by name, but referred to him via the hashtag #nicetomanmeetyou. Life events were again a common occurrence in this category as they were in the talking with the person who has passed category. Many times users not only referenced their own relationship with Manmeet, but also the relationship they knew he had with others.

Instagram's built-in feature of allowing for commenting, liking, and reposting on someone's post essentially makes the fourth feature of the continuing bonds theory present in each of the above categories simply through the use of the social networking site itself.



Figure 43. Arvinder Bhullar Instagram post. Talking about Manmeet – loss of Jim Prentice.

(Bhullar, 2016).

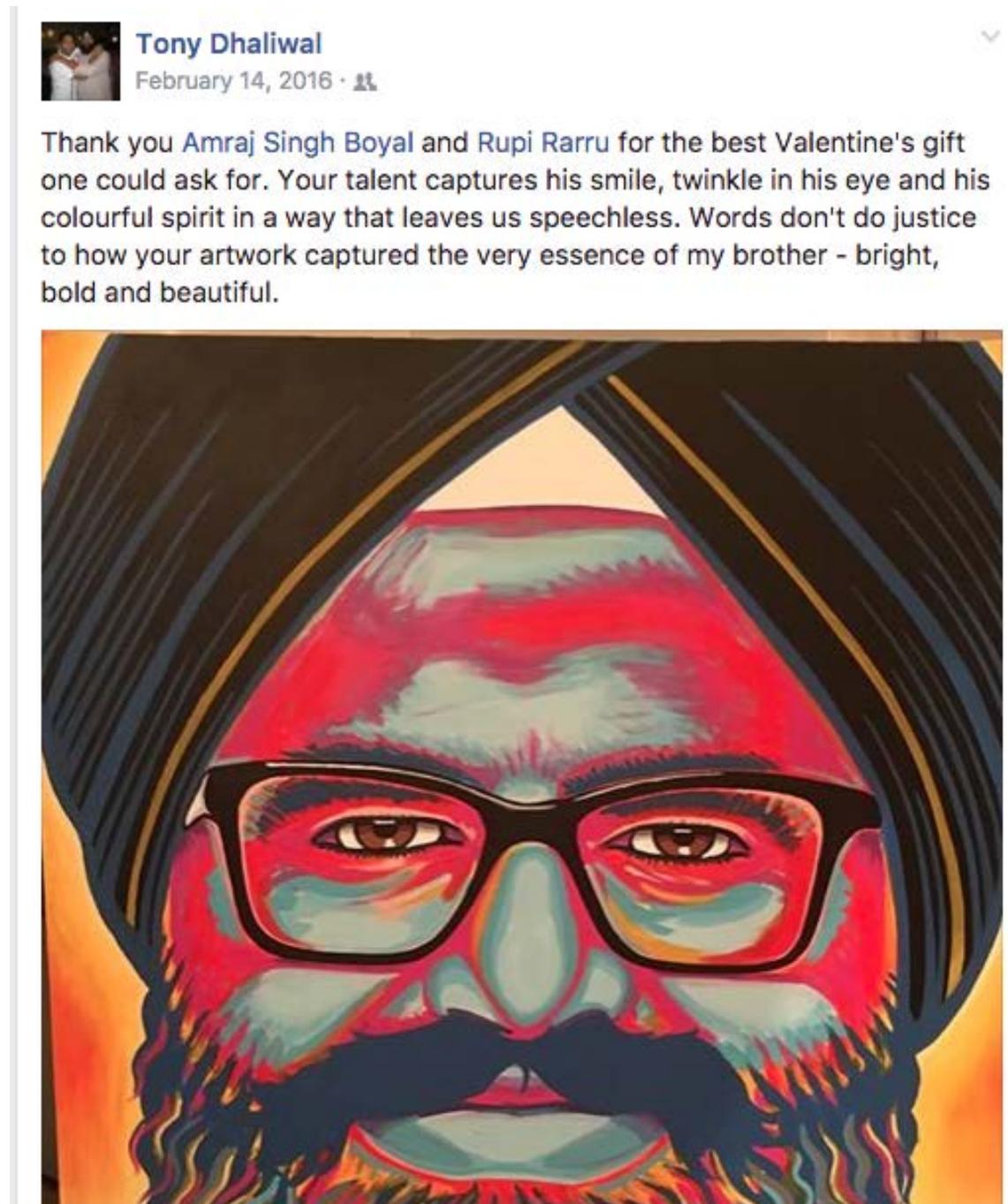


Figure 44. Tony Dhaliwal Facebook post. Talking about Manmeet. (Dhaliwal, 2016).



Figure 45. Aman Bhullar Olar Instagram post. Talking about Manmeet. (Bhullar, 2016).

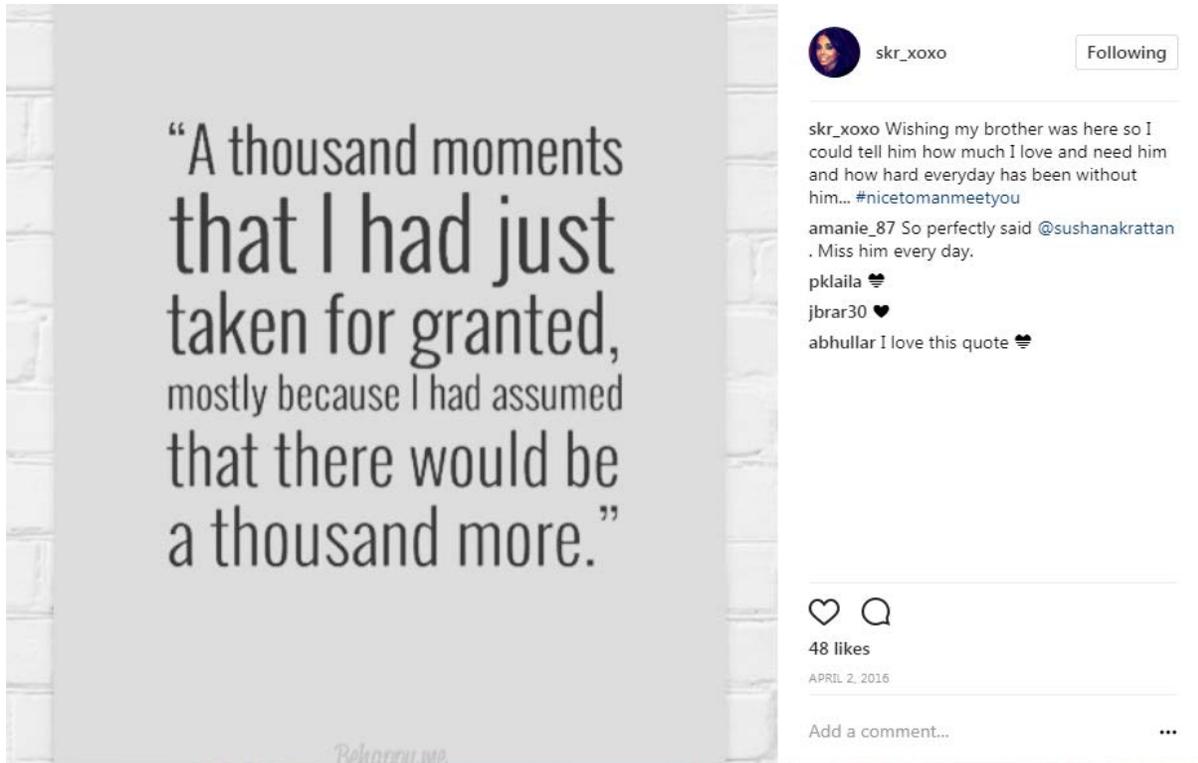


Figure 46. Sushana Rattan Instagram post. Talking about Manmeet. (Rattan, 2016).



Figure 47. Rabina Shergill Instagram post. Talking about Manmeet. (Shergill, 2015).



Figure 48. Simran Shergill Instagram post. Talking about Manmeet. (Shergill, 2015).



Figure 49. Sam Sidhu Instagram post. Talking about Manmeet. (November, 2015).



Figure 50. Harsimer Rattan Instagram post. Talking about Manmeet. (November, 2015).



Figure 51. Karen Shergill Instagram post. Talking about Manmeet. (November, 2015).

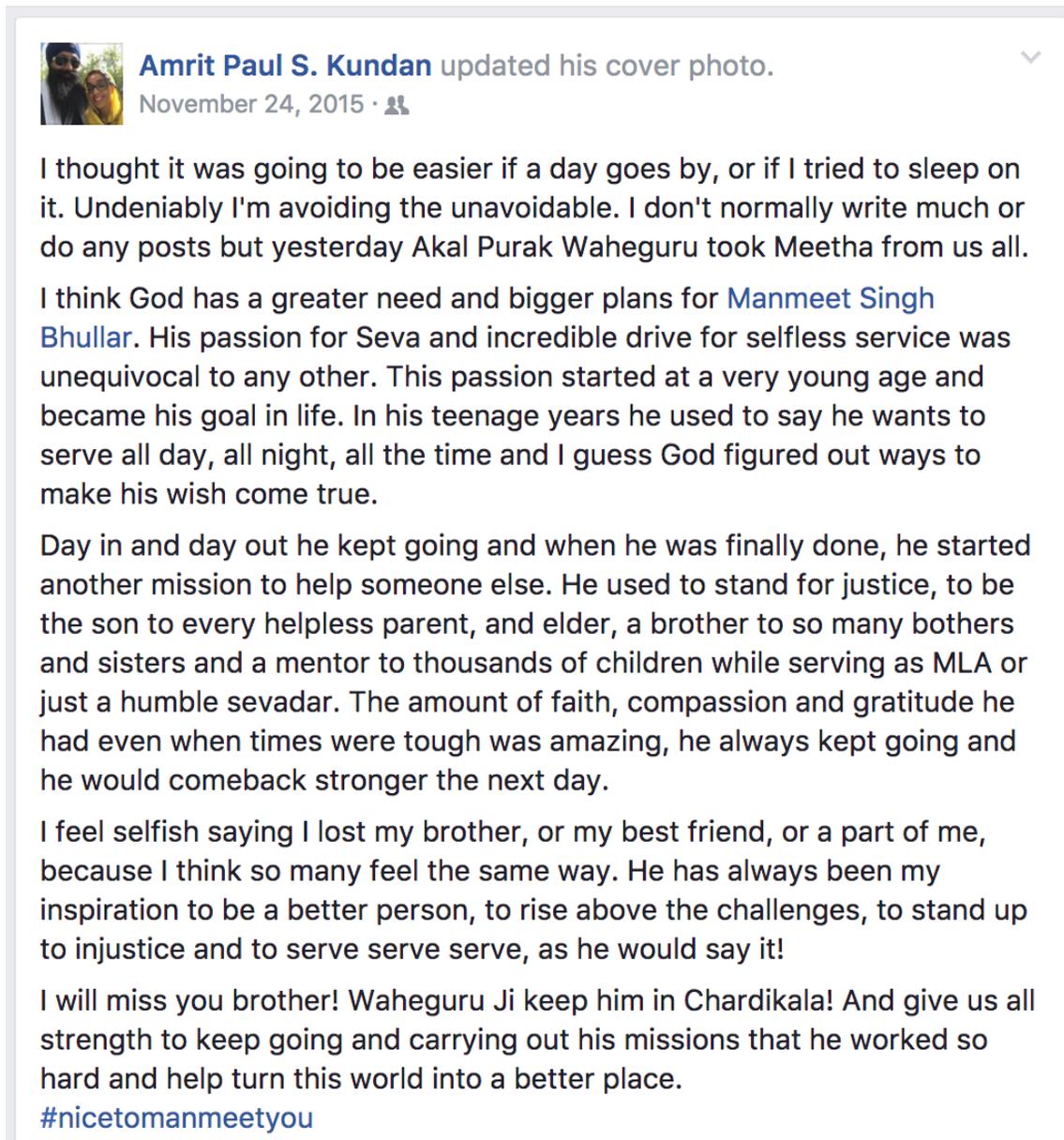


There wasn't a birthday, Christmas, Thanksgiving, or other family event that he missed or a single opportunity missed to make fun of some of my always well thought out and awesome life decisions. He made sure that his loved ones were on a good path, that we were happy, and made all of our hurdles that much easier to get through. He blazed an incredible path for all of us.

We will always look out for Nama for you Meeta. I miss you so so much. Love you forever.
'Cheerio for now - Arvinduuuuhhh'
fjdidhfnedkjfrkpdgmfnalw

[#nicetomanmeetyou](#)

Figure 52. Arvinder Bhullar Instagram post. Talking about Manmeet. (November 2015).

A screenshot of a Facebook post. At the top left is a small profile picture of a man and a woman. To the right of the photo, the text reads "Amrit Paul S. Kundan updated his cover photo." Below this, the date "November 24, 2015" and a privacy icon are visible. The main body of the post consists of several paragraphs of text. The first paragraph expresses the author's struggle with grief and their decision to write. The second paragraph describes the author's admiration for Manmeet Singh Bhullar, highlighting his selfless service and passion. The third paragraph continues the description of Manmeet's character and his impact on others. The fourth paragraph expresses the author's personal feelings of loss and how Manmeet served as an inspiration. The fifth paragraph is a prayer for Manmeet's soul and a request for strength to continue his work. The post ends with the hashtag #nicetomanmeetyou.

Amrit Paul S. Kundan updated his cover photo.
November 24, 2015 · 👤

I thought it was going to be easier if a day goes by, or if I tried to sleep on it. Undeniably I'm avoiding the unavoidable. I don't normally write much or do any posts but yesterday Akal Purak Waheguru took Meetha from us all.

I think God has a greater need and bigger plans for **Manmeet Singh Bhullar**. His passion for Seva and incredible drive for selfless service was unequivocal to any other. This passion started at a very young age and became his goal in life. In his teenage years he used to say he wants to serve all day, all night, all the time and I guess God figured out ways to make his wish come true.

Day in and day out he kept going and when he was finally done, he started another mission to help someone else. He used to stand for justice, to be the son to every helpless parent, and elder, a brother to so many brothers and sisters and a mentor to thousands of children while serving as MLA or just a humble sevadar. The amount of faith, compassion and gratitude he had even when times were tough was amazing, he always kept going and he would comeback stronger the next day.

I feel selfish saying I lost my brother, or my best friend, or a part of me, because I think so many feel the same way. He has always been my inspiration to be a better person, to rise above the challenges, to stand up to injustice and to serve serve serve, as he would say it!

I will miss you brother! Waheguru Ji keep him in Chardikala! And give us all strength to keep going and carrying out his missions that he worked so hard and help turn this world into a better place.

[#nicetomanmeetyou](#)

Figure 53. Amrit Kundan Facebook post. Talking about Manmeet. (November, 2015).



Figure 54. Simran Shergill Instagram post. Talking about Manmeet. (November, 2015).

Discussion

For a deeper look into one individual's use of social media to share their grief and loss, the Facebook and Instagram account of Manmeet's cousin Amardeep Lail was reviewed. The focus on one individual allows for not only a comparison against the four elements of the continuing bonds theory but also exemplifies the principle of the continuing bonds theory that a person travels through their grief time and time again, with no specific linear progression.

Amardeep and Manmeet are cousins; his mother is Manmeet's father's sister. Born four months apart, they share a close bond as both family and friends. Their childhood consisted of regular sleepovers; summer months spent outdoors and at each other's homes, birthday parties with one being by the other's side when it came time to cut the cake. The innocence of childhood that they possessed with one another lasted through to adulthood; no matter the obstacles they faced, laughter was part of the process. They held each other's secrets, relished in the other's success, and comforted one another during setbacks. At Manmeet's wedding Amardeep pointed out that he always felt like he was Manmeet's soul mate.

Amardeep spoke at the memorial service for Manmeet. An excerpt of his speech is below:

“He was my best friend. It was just a given. Meeta was always with me. I can say without a doubt that I'm here today because Meeta never gave up on me. There was a time in my life that I wandered. I wandered from my friends, my family. All he ever said was get better. He never gave up on me, no matter what. No matter how low I felt, he said, you can get better. My daughter's not old enough to know this, but I'll make sure she knows that she has a dad because Meeta never gave up on me. Meeta talked about faith to me, to a lot of people. There was one point when I found about this, I was going to a different state of mind. But, it was gone. I got faith, we all do. One thing that I truly believe and is getting me through this time, helping all of us, its what Meeta's Dad said: It's okay, God needed him more. And yes, God did need him more and I thank God for 35 beautiful years.” (CBC Player, 2015)

The morning after Manmeet's passing; Amardeep shared his feelings for the first time on social media. A simple sentence on Facebook saying "I woke up today hoping yesterday was a bad dream, but it wasn't, you're really gone and life will never be the same, my soul hurts. Love you so much Meeta" (Lail, 2015).

Over the course of the first few days, Amardeep used his Facebook account to share posts from his friends as well as media stories. While sharing personal pictures that he had with Manmeet, he didn't post any of his personal thoughts again until after the memorial service when he posted a comment saying "Thank you God for letting us have 35 amazing years with Meeta. Thank you all for your love and support and for showing us that Manmeet Singh Bhullar was not just ours but everybody's. Rabh Rakha (God watch over us)" (Lail, 2015).

The continuing bonds theory does not see death as an end to a relationship, and Amardeep's use of social media in reference to Manmeet, is the embodiment of this line of thought. The continuing bonds theory suggests "the bereaved remain involved and connected to the deceased and that the bereaved actively construct an inner representation of the deceased that is part of the normal grieving process" (Klass et al. 1996, p. 37).

Even with Manmeet's absence, Amardeep constructs an ongoing narrative in which his day-to-day life consists of a dialogue with and about Manmeet. Amardeep's Facebook timeline in reference to Manmeet reads much like their relationship; reflecting on their relationship through his own words, recognizing what others think and feel about him, and championing the values and beliefs that are important to Manmeet.

The continuing bonds theory separates itself from preceding theoretical frameworks on grief with an underlying belief that grief is not a linear progression; instead it manifests itself by

the griever continuously making sense of their loss. Amardeep in his own way tries to make sense of the gravity of loss even months afterwards. A simple sentence of “I miss you so much Meeta nothing feels the same anymore without you” (Lail, 2015). Manmeet’s birthday and three months after his passing, and another on November 23, 2016, one year after his passing saying “I will never understand why God took you away from us but will continue to pray for acceptance and hopefully one day achieve it” (Lail, 2016) gives you a sense that although time has passed, Amardeep recognizes the void he feels and the reality that now surrounds him. Whether days, months or a year after Manmeet’s passing, Amardeep acknowledges that as he grieves he will continuously revisit acceptance of Manmeet’s death.

Amardeep’s social media posts are indicative of the four main ways in which Klass and associates determine a bond can be continued. Amardeep talks about Manmeet, talks with him, makes reference to his presence guiding him, and reaffirms Manmeet as a moral guide. Sometimes this is done within separate posts and other times one or more of the four categories is displayed in a single post.



Figure 55. Amardeep Lail Facebook post. Afghanistan project. (Lail, 2015).



Figure 56. Amardeep Lail Facebook post. New Year's Day 2016. (Lail, 2016).



Figure 57. Amardeep Lail Facebook post. Not a day goes by where I don't think of you. (Lail, 2016).



Figure 58. Amardeep Lail Instagram post. Manmeet's Birthday. (Lail, 2016).

 **Am Lail**
May 17, 2016 · 🌐

It would be honour to have this school named after my beloved cousin **Manmeet Singh Bhullar** If you could please take a few seconds and click <http://fluidsurveys.com/s/martindaleschoolname/> to give your input it would be greatly appreciated. Thanks Facebook Fam Jam.



CBE asks if new school should be named after late MLA Manmeet Bhullar

A northeast Calgary elementary school slated to open in 2017 could be named after a beloved young politician killed last year in a highway crash. The Calgary...

CALGARYHERALD.COM

Figure 59. Amardeep Lail Facebook post. Manmeet Singh Bhullar School. (Lail, 2016).



Figure 61. Amardeep Lail Facebook Post. Gabe Manmeet Singh Lail (Lail 2016).

Perhaps this one choice of giving his son the name of his cousin and best friend, emulates the thought process behind honouring a bond that was developed in the past by ensuring it has life in the future, even if one of the people with whom the initial bond was created is no longer here with his physical presence.

Conclusion

This case study provided insight into how a family has used social networking sites to share their grief after the passing of a loved one. Through each family member's posts on

Facebook and Instagram we see them coping with the reality of what has occurred, reaffirming their love for the person they have lost, sharing the character, values and accomplishments they saw their family member embody, and navigating the world without him. Long after the rituals of mourning had taken place, social networking sites served as a means for continued expressions of grief.

On social networking sites we see the family find a place to continue their grieving even if they are not in the same physical location. Perhaps most visible is the social networking site's ability to serve as a place where those experiencing grief can continue to have a relationship with the one they lost. It is a tangible space where family members share their thoughts with others and in turn with the loved one they have lost. The platform directly facilitates the four components of how to continue a bond with a loved one after their passing, a place where "interdependence is sustained even in the absence of one of the parties" (Klass et al. 1996, p.37). It allows for each person to recognize that the loss of a loved one has left them "changed by the experience, they do not get over it, and part of the change is a transformational but continuing relationship with the deceased" (Klass et al. 1996, p.40).

Through the posts you see the family members demonstrate the ways in which the continuing bonds theory propose that a person maintain a relationship with someone they have lost; talking with them, sensing their presence, having the person serve as a moral guide and talking about them. The innate ability of the social networking sites to encourage sociality, cements the continuing bond principle of talking about the person as a way to continue your relationship with them.

Social networking sites also allow for each individual to experience their grief collectively and personally, as we do in life. For some this means the sharing of their own personal feelings, for others it is the collection of lessons they have absorbed from the person, recognizing the presence they feel, and honouring milestones. For some of the family members it means remembering the person regularly on a particular date and for others posts are sporadic. Much the same as grief, each post is personal in nature, and different for each person. Though they have all lost the same person their grief is unique to each one of them, and so they forge an ongoing relationship that is equally unique.

Theoretical framework pertaining to grief and loss and the use of social networking sites was limited. Furthermore, there was very limited literature found that applied continuing bonds theory to an analysis of the use of social networking sites in grief and loss. This case study serves to provide a rich example of current day application of grief and loss theory to the use of social networking sites and their inherent ability to foster continuing bonds.

This case study focused on a particular family and the loss of a particular individual. For some this may be seen as a limitation, with concerns regarding the extrapolation of findings to other audiences. Limitations may also exist in that the person's use of social networking sites to share grief and loss may be directly correlated to their overall use of social networking sites, and if that is limited then perhaps it is not an outlet they will feel comfortable using as a coping method.

For this case study the time frame of activity that was looked at was one year. Longer time frames may need to be examined to meet the threshold for what would be considered a

continuing relationship. From a theoretical standpoint as well as grieving standpoint, a one-year time period may still be defined as too soon to witness long-term impact.

The continuing bonds theory is a newer theoretical framework through which grief is understood, referring to grief as a process that does not have a definitive end. Those practitioners who believe grief needs to result in closure and putting the loss behind you in order to move forward may see the use of social networking sites to facilitate the continuing bonds framework as a hindrance to the health of the mourner.

Future Research

This study has strong potential to serve as reference for researchers wanting to delve further into the role of social networking sites as a coping mechanism for grief and loss. Further research may consider age as a defining factor in the use of social networking sites for expressions of grief. Practitioners looking to provide those they care for with an outlet of expression may see social networking sites as a possibility. For owners of social networking sites, this case study may provide insight into enhanced features on their platforms that make the collection of these posts an easier process and more amenable to serve as legacy projects for their users.

On an individual level, this research project is a starting point in creating a larger library of work to chronicle the life and legacy of Manmeet Singh Bhullar. Much like his life, in which his family served as his foundation, this exploration of his family's sharing of their grief and loss can serve as foundational blocks to an exploration of the role he played in government and in his community.

Epilogue

On November 23, 2015, I was going through a ‘normal’ Monday at work. No Monday or even any other day has ever felt ‘normal’ since then. Looking out my office window I could feel the cold. My desktop always had Twitter loaded on one of the screens. That morning I remember seeing tweets about my brother speaking at an event at the University of Calgary. Since his party was no longer in power, official announcements and speaking engagements didn’t always take up his day or take up space in the news. Nonetheless, for me, every event, story and tweet about him is one that I noted diligently. He had just gotten back from Brussels the night before so I figured he would have been tired and I would message him at some point to ask him how the event went. For some reason that day my usual reflex of texting him as soon as I saw something about him on social media didn’t kick in. Come to think of it a lot of things didn’t happen as per normal that day. A short while later I saw tweets about the weather turning ugly and the highway between Calgary and Edmonton being in poor condition. A tweet with a picture of a lineup of cars not moving on the highway is forever imprinted onto my eyes. Again, I didn’t pick up my phone and text my brother to ask him if he was on the road, as I usually would have. Instead, I took one more look at my screen, realized I was late for a meeting and got up from my desk. Those cars were stopped because my brother was involved in a collision on that road, a collision that would take his life.

At the exact moment at which my brother took his last breath, I sat in a mindless meeting, making notes of something so insignificant. I ended my work day and got into my car, having

two phone calls with friends, again about something that mattered so much at that point and in a matter of an hour would seem so inconsequential because life was to be changed in ways that left all the events leading up to this one moment, coloured in a different light. I will always wonder what it meant that I didn't get a feeling something was horribly wrong.

I was still on my phone when I walked into the home finding my mom coming to stand close to me and at a distance I saw my younger brother sitting on the couch in silence while the television was on but showing nothing. This wasn't right. Why wasn't he at work? My mom interrupted my call with the words "hang up, something happened".

The minutes, hours and even days after that are remembered with the most vivid detail and the foggiest recollections I have ever had in my memory. Maybe at a different time I will have the strength to put those moments into discernible words. For now, they live inside of me, finding their way to the forefront of my eyes at moments most and least expected. It is a film I cannot choose to play, pause or edit when I deem fit. They are the faces and anguish of my parents, my brother, my sister in law, my grandparents, aunts, uncles, cousins and friends, each experiencing their individual despair amongst our collective unfathomable loss.

Within the chaos I knew someone was waiting for a statement from the family. I sat in the basement typing on my laptop, writing words that didn't seem real but also came together faster than I would ever expect. It's a statement that I never wish I had to write. It's a statement I have critiqued a thousand times over ever since. Much like everything I have said about my brother since this has all happened; I never feel the right words are strung together to share the profound love that I have for him. Even now I write this thinking as soon as it is submitted I will know I should have said less or maybe I should have said more and should have said it

differently and far more eloquently. While finishing up writing up the statement, along with other family and friends, I had Jim Prentice by my side, the former Premier of Alberta and a dear friend of my brother's, beloved by my entire family as one of our own, even before he spent the better part of the next week by our sides, grieving with us as only family can. When I started out with this project Jim was the first person on my list of people I wanted to talk to, fate would not make that possible. It was Jim who suggested that the statement end with a hashtag. Though he didn't quite refer to it that way because he wasn't one to brand himself as the most social media savvy person, we understood what he meant. I remember my cousin Sharon Shergill saying "What about nice to Manmeet you?" It felt right.

Grief has a way of making you feel like you belong to something bigger than yourself and yet can leave you feeling so isolated all in the same breath. You find people around you mourning the same person that you are mourning but in ways that are so different. Sometimes in a crowded room you want nothing but to be alone and other times your solitude leaves you crying for help when no one seems to hear you or see you. When you lose someone, especially someone who lived a large part of their life as a public figure, you find yourself overwhelmed with the outpouring of grief and support. You are left feeling a deep sense of gratitude for those that stop what they are doing for a few minutes, a few hours or maybe even a few days, to reach out to you and remember that your world has essentially stopped. At times this gratitude also leads to questioning how so many people can miss the same person that you and your family are missing. You find yourself trying to balance your own loss and grief with those that want to reach out to you. And then, you are reminded that in a world where death finds itself falling on countless families every day, yours is blessed to have not only people you know, but complete

strangers recognize your loved one as one of their own. It is truly humbling. It shows you that as he was in life, he is in death, yours but also so many others’.

In writing this research paper I found myself in awe of the thoughts and moments that have been shared in remembrance of my brother. Posts that left me smiling remembering what happiness felt like, and crying knowing the time since he left us has been marked with a fondness for the past and sadness for the future that we will always grieve. I have read these posts countless times over the last few months and I find myself feeling the anguish every time as if the loss is fresher than ever. When we lose someone, we grieve not only the life that they had but also the life that they were to have. The profiles of each one of my family members serves as a diary of their feelings and I wish so much that they were able to add new memories with my brother and not just memories of him. Selecting only a few posts was an impossible task and that is why I have included them in their entirety in Appendix F.

Much like the theoretical framework that forms the basis of this case study, my family is not about leaving someone behind. Our love is fierce, protective, all-encompassing and without end. In the face of a loss that will always remain incomprehensible we allow our love for Meeta to grow. From the immediate days after losing him to today, I hear people utter the words moving on and moving forward. Though they are only words, they are words that do not sit well with me. Maybe it implies to me leaving those we love in the past, having to somehow move past them in order to be all right. Instead, I find myself often thinking we have to *carry on and carry forward*. With that change from move to carry, I think that in all we do we carry our loved one with us; we carry their love, their legacy, and them, forward. We talk with them, we talk about them, we remember their lessons and have them serve as our moral guides and we feel their

presence in ways that are inexplicable. We do this because the alternative of feeling as though they are no longer a part of us tears us to shreds, leaves us unable to breathe and renders us powerless under the weight of a world without them.

We are taught to think that the loss of our loved ones comes in a particular order; parents before children, older before younger. Foolishly, I felt that for all of my life's moments I would have my brother standing by my side. One day we would have to mourn the loss of our elders but I knew that I would be equipped to do so because I would have my brother with me. And then, life did what it always does; it didn't follow the logic we set out to follow. My brother is and always will be the most important man in my life. It is the relationship that will sustain me, guide me, and carry me forward.

At our last dinner together as a family, he reminded me to complete my Masters. His desire for me to be more and pursue more is a voice I hear clearly. He would not consider this project as an end goal; he would see it as a beginning, because there is always more to be done.

To my family and friends, we are one, and we honour Meeta by continuing our bond as a family. My unwavering gratitude and love follows you in all that you do. Thank you for your support over these past 22 months and your support of this project, your words literally provided me with what I needed to get this done. Thank you in particular to Dr. Parabhdeep Bhullar-Lail, Hamreet Sekhon and Jagmeet Sekhon, for providing me with your encouragement, clarity and support of this project.

I am and always will be defined by my family and what we endure together.

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Appendix

Appendix A - Alberta Hansard Special Edition Tribute to Manmeet Singh Bhullar



Province of Alberta

The 29th Legislature
First Session

Alberta Hansard

Special Edition
Tribute to Manmeet Singh Bhullar
1980 - 2015

Member for Calgary-Greenway
March 3, 2008, to November 23, 2015

Wednesday afternoon, November 25, 2015
The Honourable Robert E. Wanner, Speaker

It is my hope and my pursuit to ensure that new Canadians fulfill their dreams for their families and for future generations to come, but it is also my hope and my pursuit that they engage in Alberta, they engage in Canada, and they take an active leadership position in this country to help shape the future of this province and this country.”

Mr. Speaker, as you may know, I’ve devoted much of my time to working with young people. I have found that what young people often need is a mentor, a positive role model, someone that believes in them, because as Marianne

Williamson once said, “Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure.”

I want to inspire young people in my constituency. I want to inspire a generation of young

“I want to inspire young people in my constituency.”

people, and if I can inspire just one of them to get a postsecondary education, I will have done my job. In order to inspire young people, though, we need to ensure that instead of our young people feeling inad-

equate, we must instill in them the understanding that they have the seeds of greatness implanted in them. Instead of our young people feeling limited because of the financial means of their parents, we must express to them that they have unlimited potential and unlimited opportunity in our great province.

The greatness of humanity, the greatness instilled in every human being, the greatness of serving is to be realized and developed. That is my hope, that is my dream, and that is why I am the MLA for Calgary-Montrose.

◆ An excerpt from the maiden speech of Manmeet Singh Bhullar, MLA, Calgary-Greenway (formerly Calgary-Montrose), delivered on April 16, 2008





*“What do I know? How will I die?
What sort of death will it be?
If I do not forget the Lord Master from my mind,
then my death will be easy.
The world is terrified of death; everyone longs to live.
By Guru’s grace, one who dies while yet
alive understands the Lord’s will.
O Nanak, one who dies such a death lives forever.”*

The above prayer was delivered by Hon. Robert E. Wanner,
Speaker of the Legislative Assembly, to the House on November 24, 2015.

I saw this quote the other day by an author named Aberjhani, and it really resonated with me in thoughts of Manmeet, perhaps because it reminded me of the heartbreaking words used by his beloved family to describe the loss of light in their lives.

“You were born a child of light’s wonderful secret – you return to the beauty you have always been.”

Although it is hard to make sense of the events of this past week, the tragedy of a great life lost too soon, it is clear that this gentle giant of a man brought light to countless lives here at home and abroad.

Earlier this week as Members of the Legislative Assembly paid tribute to their friend and colleague, it was evident that

this man, who by the way was only 28 years old when he was first elected as a Member of the Legislative Assembly in 2008, had left an impression on every single person he served and those he worked with. He was well respected, kind, highly intelligent, and fiercely genuine in his passion for helping people.

His spirit will live on in the countless people he has helped and in others who want to honour his memory by showing a similar kindness

to others in a way that they know would have made him proud.

Manmeet asked his last question in the Assembly on November 16, but his voice will not be quieted. It will carry on in the Assembly. That was evident when Members based all of their questions during Oral Question Period on Wednesday on questions previously asked by Manmeet. It was a gesture that showed just

how deeply Manmeet was admired and respected.

My heart breaks not only for the loss of this wonderful man, respected colleague, and cherished friend but also for the family left behind. It is you who knew him best, you who loved him most, and you who will feel his absence most profoundly.

“His spirit will live on in the countless people he has helped and in others who want to honour his memory by showing a similar kindness to others in a way that they know would have made him proud.”

I know that nothing I or anyone says can take away your pain, but I hope that you are able to find some comfort in knowing how truly special Manmeet was to so many people.

On behalf of all Members of the Legislative Assembly of Alberta I extend my deepest sympathies and thank you for sharing this wonderful soul with us before he returned to the beauty he has always been. It was such a pleasure to “Manmeet” him.

Honourable Robert E. Wanner, Speaker of the Legislative Assembly of Alberta



Alberta Hansard

SPECIAL EDITION

*Tribute to
Manmeet Singh Bhullar*

1980 - 2015

*Member for Calgary-Greenway
Legislative Assembly of Alberta*



Legislative Assembly of Alberta

The 29th Legislature

First Session

Wanner, Hon. Robert E., Medicine Hat (ND), Speaker

Jabbour, Deborah C., Peace River (ND), Deputy Speaker and Chair of Committees

Feehan, Richard, Edmonton-Rutherford (ND), Deputy Chair of Committees

Aheer, Leela Sharon, Chestermere-Rocky View (W)

Anderson, Shaye, Leduc-Beaumont (ND)

Anderson, Wayne, Highwood (W)

Babcock, Erin D., Stony Plain (ND)

Barnes, Drew, Cypress-Medicine Hat (W)

Bhullar, Manmeet Singh, Calgary-Greenway (PC)

Bilous, Hon. Deron, Edmonton-Beverly-Clareview (ND),
Deputy Government House Leader

Carlier, Hon. Oneil, Whitecourt-St. Anne (ND)

Carson, Jonathon, Edmonton-Meadowlark (ND)

Ceci, Hon. Joe, Calgary-Fort (ND)

Clark, Greg, Calgary-Elbow (AP)

Connolly, Michael R.D., Calgary-Hawkwood (ND)

Coolahan, Craig, Calgary-Klein (ND)

Cooper, Nathan, Olds-Didsbury-Three Hills (W),
Official Opposition House Leader

Cortes-Vargas, Estefania, Strathcona-Sherwood Park
(ND)

Cyr, Scott J., Bonnyville-Cold Lake (W),
Official Opposition Deputy Whip

Dach, Lorne, Edmonton-McClung (ND)

Dang, Thomas, Edmonton-South West (ND)

Drever, Deborah, Calgary-Bow (Ind)

Drysdale, Wayne, Grande Prairie-Wapiti (PC),
Progressive Conservative Opposition Whip

EGgen, Hon. David, Edmonton-Calder (ND)

Ellis, Mike, Calgary-West (PC)

Fildebrandt, Derek Gerhard, Strathmore-Brooks (W)

Fitzpatrick, Maria M., Lethbridge-East (ND)

Fraser, Rick, Calgary-South East (PC)

Ganley, Hon. Kathleen T., Calgary-Buffalo (ND)

Goehring, Nicole, Edmonton-Castle Downs (ND)

Gotfried, Richard, Calgary-Fish Creek (PC)

Gray, Christina, Edmonton-Mill Woods (ND)

Hanson, David B., Lac La Biche-St. Paul-Two Hills (W),
Official Opposition Deputy House Leader

Hinkley, Bruce, Wetaskiwin-Camrose (ND)

Hoffman, Hon. Sarah, Edmonton-Glenora (ND)

Horne, Trevor A.R., Spruce Grove-St. Albert (ND)

Hunter, Grant R., Cardston-Taber-Warner (W)

Jansen, Sandra, Calgary-North West (PC)

Jean, Brian Michael, Fort McMurray-Conklin (W),
Leader of the Official Opposition

Kazim, Anam, Calgary-Glenmore (ND)

Kleinstueber, Jamie, Calgary-Northern Hills (ND)

Larivee, Hon. Danielle, Lesser Slave Lake (ND)

Littlewood, Jessica, Fort Saskatchewan-Vegreville (ND)

Loewen, Todd, Grande Prairie-Smoky (W)

Loyola, Rod, Edmonton-Ellerslie (ND)

Luff, Robyn, Calgary-East (ND)

MacIntyre, Donald, Innisfail-Sylvan Lake (W)

Malkinson, Brian, Calgary-Currie (ND)

Mason, Hon. Brian, Edmonton-Highlands-Norwood (ND),
Government House Leader

McCuaig-Boyd, Hon. Margaret, Dunvegan-Central Peace-
Notley (ND)

McIver, Ric, Calgary-Hays (PC),
Leader of the Progressive Conservative Opposition

McKittrick, Annie, Sherwood Park (ND)

McLean, Stephanie V., Calgary-Varsity (ND),
Deputy Government Whip

McPherson, Karen M., Calgary-Mackay-Nose Hill (ND)

Miller, Barb, Red Deer-South (ND)

Miranda, Ricardo, Calgary-Cross (ND)

Nielsen, Christian E., Edmonton-Decore (ND)

Nixon, Jason, Rimbey-Rocky Mountain House-Sundre
(W), Official Opposition Whip

Notley, Hon. Rachel, Edmonton-Strathcona (ND),
Premier

Orr, Ronald, Lacombe-Ponoka (W)

Panda, Prasad, Calgary-Foothills (W)

Payne, Brandy, Calgary-Acadia (ND)

Phillips, Hon. Shannon, Lethbridge-West (ND),
Deputy Government House Leader

Piquette, Colin, Athabasca-Sturgeon-Redwater (ND)

Pitt, Angela D., Airdrie (W)

Renaud, Marie F., St. Albert (ND)

Rodney, Dave, Calgary-Lougheed (PC)

Rosendahl, Eric, West Yellowhead (ND)

Sabir, Hon. Irfan, Calgary-McCall (ND)

Schmidt, Marlin, Edmonton-Gold Bar (ND),
Government Whip

Schneider, David A., Little Bow (W)

Schreiner, Kim, Red Deer-North (ND)

Shepherd, David, Edmonton-Centre (ND)

Sigurdson, Hon. Lori, Edmonton-Riverview (ND)

Smith, Mark W., Drayton Valley-Devon (W)

Starke, Dr. Richard, Vermilion-Lloydminster (PC),
Progressive Conservative Opposition House Leader

Stier, Pat, Livingstone-Macleod (W)

Strankman, Rick, Drumheller-Stettler (W)

Sucha, Graham, Calgary-Shaw (ND)

Swann, Dr. David, Calgary-Mountain View (AL)

Sweet, Heather, Edmonton-Manning (ND)

Taylor, Wes, Battle River-Wainwright (W)

Turner, Dr. A. Robert, Edmonton-Whitemud (ND)

van Dijken, Glenn, Barrhead-Morinville-Westlock (W)

Westhead, Cameron, Banff-Cochrane (ND)

Woollard, Denise, Edmonton-Mill Creek (ND)

Yao, Tany, Fort McMurray-Wood Buffalo (W)

Party Standings

New Democrat: 53

Wildrose: 22

Progressive Conservative: 9

Alberta Liberal: 1

Alberta Party: 1

Independent: 1

Officers and Officials of the Legislative Assembly

W.J. David McNeil,
Clerk

Robert H. Reynolds, QC,
Law Clerk/Director of Interparliamentary
Relations

Shannon Dean,
Senior Parliamentary Counsel/Director of House
Services

Stephanie LeBlanc,
Parliamentary Counsel and Legal Research Officer

Philip Massolin,
Manager of Research Services

Nancy Robert,
Research Officer

Brian G. Hodgson,
Sergeant-at-Arms

Chris Caughell,
Assistant Sergeant-at-Arms

Gordon H. Munk,
Assistant Sergeant-at-Arms

Janet Schwegel,
Managing Editor of Alberta Hansard



Ministerial Statements

The Speaker: Allow me, hon. members, on behalf of all of you to acknowledge to each and every one of you and particularly the party caucuses that in spite of the differences of opinion that get discussed in this Legislature, I've had a real sense of the loss that you've all shared, and your co-operation has been quite exceptional. I would therefore call upon the hon. Premier to make some remarks.

Ms Notley: Thank you very much, Mr. Speaker. On another day I would be happy for an occasion to rise in the House and shower a member with praise. Today I wish with all my heart that there was no need to do such a thing. I'm deeply saddened by the loss of Manmeet Bhullar. We have all lost a dear friend to a tragic accident, and we can only pay him the tribute he so richly deserves in his absence.

Today we remember our colleague the late Member for Calgary-Greenway. I count myself lucky in that I had the pleasure of his acquaintance for seven years. He and I both became MLAs in the same election, as part of the class of 2008. He was a lot younger than me.

He was just 28, the youngest MLA ever elected at that time, and he already had an impressive history of public service behind him. He'd organized a youth group in Calgary. He'd volunteered generously to raise money for community and youth causes. His community leadership had attracted recognition that led to his receiving the Alberta centennial medal, the centennial medallion, and the Athabasca University leadership award. He came to public life with a determination to do even more for his community.

As new MLAs we had a lot to learn about this Legislature, about our new responsibilities, and about each other, and it wasn't long before I grew to appreciate his good humour, his sense of duty, his sharp intelligence, and his powerful compassion, fuelled by his faith. He served the people of Calgary-Greenway and all Albertans as an MLA and as a minister of the Crown always with utmost integrity and dedi-

cation. Clearly, he was always meant to accomplish great work.

As Minister of Service Alberta he acted to protect Albertans from unscrupulous contractors while homeowners were rebuilding after the southern Alberta floods. That protection went as far as laying charges. His special passion was advocating for the vulnerable in our province, especially children. That passion found its expression when he became Minister of Human Services, responsible for children in care. He led the move to greater transparency and reporting on fatalities of children in care. He led it with an unprecedented openness born, I believe, out of a confidence that, he felt, it was simply the right thing to do.

Whether in government or in opposition, Manmeet was accessible, authentic, committed, and very capable. He had a special place in his big heart for people trying to escape discrimination and threats of

violence and death, especially for practising their religion and their faiths. He learned of the discrimination firsthand on a recent overseas trip and urged the federal government of the day to lift restrictions under Canada's private sponsorship program for

refugees. Just two weeks ago he spoke passionately in the Legislature on issues of human rights in Pakistan, India, and Afghanistan. Manmeet was also very gracious, and just last week, as we ended our estimates debate on Executive Council, he offered up his very generous and personal praise of and directly to public officials for the work that they do both now and when they worked with him. He saw the good in everyone around him, and when confronted with hurt, his first instinct was to do whatever he could to put it right. It was typical of the Member for Calgary-Greenway that he would stop to help someone in need, stepping from the warmth of his vehicle in the midst of a heavy snowstorm. For him there was no other way to live. He thought of others before himself. With his energy and his youth and his passion I truly expected to see Manmeet in public life for decades to come, and I believe without question that Albertans are worse for the fact that we will not.

“Whether in government or in opposition, Manmeet was accessible, authentic, committed, and very capable.”

Honourable Rachel Notley, Premier of Alberta

My thoughts continue to be with his family, his friends, and his colleagues. A family has lost a son and a husband, Calgary-Greenway has lost a champion, Albertans have lost a strong voice, the Progressive Conservative caucus has lost a loyal member, and this House has lost a colleague, a good and decent man.

His passing is a reminder that the members of this House are a family despite the differences between us and the disagreements they sometimes provoke, and we will do what every family does when it loses a loved one: we will grieve together, we will draw strength from one another, we will help each other to heal, and most of all we will never forget the person we lost, the Member for Calgary-Greenway, Manmeet Bhullar.

The Speaker: The Leader of Her Majesty's Official Opposition.

Mr. Jean: Thank you, Mr. Speaker. A fitting day is the birthday of the first Sikh guru. [Remarks in Punjabi] Greetings. [As submitted] Namaste. It is with great sadness that I rise today to speak on the passing of the Member for Calgary-Greenway, our dear friend and colleague Mr. Manmeet Singh Bhullar.

Death will always carry with it an incredible sense of pain. In all of mankind's endeavours to understand the deepest mysteries of the world, nothing has remained more elusive or out of reach than comprehending the meaning of death. It touches us all. As families, as different communities of faith, as a society we have all learned that there is simply no easy remedy, no tonic, no invention that can mend the grief and brokenness we all feel in our hearts with such a sudden loss of life. So we look to each other, we turn to our individual faiths, we pray for one another, and we remember in our own way this man. We take comfort in seeking and understanding a simple truth. That truth is that we were put on Earth with a meaning and for a purpose, a purpose to love one

another, a purpose to serve one another and our fellow persons, and a purpose to make a positive difference in our world for others.

We stand in this Chamber where giants have truly stood, where the dedication of men and women who, with far-reaching vision, have sought to see Alberta be the very best it can be. We are known around the world as a refuge and as a place to be. Manmeet Bhullar brought part of that reputation here. The dedication of men and women from Alberta, people with far-reaching vision, is known. This week we have lost one of our finest, friendliest, and kindly giants – I don't mean in stature although that is true; I mean in purpose, vision, and accomplishment – a

man who, with a deep sense of patriotism and commitment to his province and country, sought to bring people together, a man who, in deep commitment to his Sikh heritage and faith, always sought to be the champion of the needs of the afflicted, the needy, and the vulnerable. We could take a great example from him, and we should.

Manmeet accomplished much in public life. Before he became an elected official at the age of 28, he served as an adviser to our former Premier Jim Prentice. Upon his election he promised to be an MLA who bridged people together, and, in my opinion, his ability to stay true to this pledge is among his greatest accomplishments. As Service Alberta minister he made some

important reforms. As Infrastructure minister he proudly championed new schools and other important projects right across the province. But I believe that in the eyes of history he will be most fondly remembered for his work and accomplishments overseeing the Department of Human Services. There is perhaps no ministry in any provincial government that requires such empathy, compassion, and humanity. During his time in office there was perhaps no one who better exemplified these particular traits. Lifting the veil for families and our most vulnerable



children will always, without question, be one of his crowning achievements. But it is the love he felt for those without a voice that we will all remember in our hearts. He truly felt it and lived it.

In opposition his service continued. His most recent advocacy work, to help refugees and at-risk minorities in Afghanistan, was just the sort of project he would champion and talk about frequently to his friends.

To his family, friends, caucus, and all of his colleagues here today, our deepest condolences. To his father and mother, Bill and Sukhvir Bhullar, and to his wife, Namrita, my personal sympathies: no greater loss than a son. We all hope and pray for a comfort that is beyond understanding and that will surround them all, all of us, during this difficult time.

Manmeet truly had limitless potential in what he had to offer our province. We will always be a little less for the silencing of such a large, towering individual. But his family can be reassured; Alberta will forever hear his voice. Mr. Speaker, we are all saddened here today, but the work of this place must continue. He would want that. Manmeet Bhullar's work will continue. We must do that. Let us all strive every day to be like Manmeet and do all that we can to help Albertans, to help Alberta be the best it can be, especially for those in need. That would be what he would want.

Thank you.

The Speaker: The hon. Government House Leader.

Mr. Mason: Thank you very much, Mr. Speaker. I would seek the unanimous consent of the House so that the leader of the Progressive Conservative party, the Member for Calgary-Mountain View, and

the Member for Calgary-Elbow be able to respond to the Premier's statement and that in the case of the leader of the Progressive Conservative party the customary three-minute limit be set aside. *[Unanimous consent granted]*

The Speaker: The hon. member, the leader of the third party.

Mr. McIver: Thanks, Mr. Speaker. The PC caucus would like to thank all other members of the House

for your understanding. As we gather here today, there's a hole in our close-knit caucus. It's not just a physical hole. You can see the flag-draped desk here amongst us. It's a reminder that one of our family members is missing and is missed. There's a hole in our hearts. The Member for Calgary-Greenway, Manmeet Singh Bhullar, was not just our colleague; he was a son, a husband, a brother, a friend, a confidant, a community leader, and the heart of the PC caucus. His death on Monday has left us heartbroken.

Manmeet, Manny or Meeta if you prefer, was first elected to this Legislature in March 2008, but many of us in this House knew him long before. In the hours following his leaving us, we heard from some hon.

members who told us that they played sports with Manmeet, they went to school with him, they served on a community board with him, or they campaigned with him long before he ran himself. I knew him when I arranged with him and the then mayor Bronconnier to declare the first-ever Sikh Awareness Week in Calgary. Even then, years ago and not far removed from his teenage years, Manmeet was inspiring young immigrants to dream big and to be part of the solution. He passionately lectured them – believe me: passionately – to embrace Canada and recognize the rule of law, the only thing that

“At the time of his first election he was the youngest caucus member. Even then he knew it. Manmeet the advocate and MLA accomplished more in his short years than some will fulfill in a long, long lifetime. He was involved in helping so many people and organizations, and his philanthropy and advocacy knew no borders.”

Ric McIver, Leader of the Progressive Conservative Opposition

protected their quality of life. At the same time, he was a fierce defender of the underdog and would not stand for the bullying of minorities. I remember him talking about getting taunted for switching from his turban to his helmet when he was playing high school football. Now, he did crack a bit of a sly smile when he thought about how he could settle his own scores on the football field. Lord help those who brought on Manmeet's ire, but he needed to clear the way for more modestly proportioned athletes to follow.

In the Alberta Legislature the MLA for Calgary-Greenway served on numerous committees and served as the Minister of Service Alberta, Human Services, and Infrastructure. At the time of his first election he was the youngest caucus member. Even then he knew it.

Manmeet the advocate and MLA accomplished more in his short years than some will fulfill in a long, long lifetime. He was involved in helping so many people and organizations, and his philanthropy and advocacy knew no borders. Manmeet was not bound by the borders of Alberta or even Canada. Recently he was on a personal mission to south Asia to find ways to protect persecuted Afghan minorities and refugees. Sometimes – heck, most of the time I didn't even know where he was, and he made this trip at his own expense. We learned yesterday that two families from Afghanistan are now safe in the Punjab thanks to Manmeet's efforts.

I'd like to share some remembrances from our PC caucus members. The Member for Calgary-Lougheed will always remember Meeta as a, quote, spiritual mountain of a man. He loved him like a brother, a very much younger, bigger brother with a much more impressive beard. He particularly notes working side by side with Manmeet to secure assistance for the people of Nepal after its devastating earthquake.



The Member for Calgary-North West laughs when she remembers how often he liked to point out that he watched her on TV since, as he said, he was a very young child – and she joked that this was his way of pointing out how much older she was than him – and how he always wanted her to sing the channel 2 and channel 7 theme songs. She has now admitted that she has never had the heart to confess to him that she didn't know all of the words.

The Member for Calgary-West remembers Manmeet advocating fiercely for him when he decided to enter politics, and he remarked on the way that Manmeet had such a profound effect on any room that he walked into, including this one. Manmeet Bhullar never went anywhere unnoticed.

The Member for Grande Prairie-Wapiti remembers two years of sitting beside Manmeet in this Chamber and listening to him belt out *O Canada* with his powerful lungs. He says that Manny was great at many things; singing was not one of those things, and he smiles at the tone-deaf version of our national anthem that he endured on the front bench during that time.

The Member for Calgary-Fish Creek said that he had the honour of working with Manmeet in the community for just causes and through the mutual engagement in the rich fabric of diversity we're all blessed with in Alberta long before he was honoured to serve literally elbow to elbow with Manmeet as a legislative col-

league, and he's grateful for the time he has shared working closely with him over the past six months.

The Member for Vermilion-Lloydminster remembers being told that his Movember mustache didn't compare to Manmeet's facial hair when Manmeet was 12 years old.

Dr. Starke: And it's true.

Mr. McIver: Yeah, it's true, too.

He loved Manmeet's sense of humour and admired his energy.

Finally, a message from the Member for Calgary-South East: Manny, I will miss our chats, your quiet wisdom, and your smile; it was so nice to Manmeet you. We have heard that line a lot in the last few days. It was a hash tag trending on social media, and it gave Albertans a place to share some wonderful memories of our friend. I have picked out just a few.

Since the news broke of Manmeet's passing, we have heard from current and former colleagues, members of the press gallery, constituents, family, and many members of this House. The PC caucus is most appreciative of all the kind words and wonderful descriptions of Meeta, the anecdotes of precious memories of him and the insights into his character that we have seen and heard: a big man with a big heart and, even then, larger than life, a brother, best friend, hero, a passionate advocate for Alberta, a humanitarian. And, apparently, Manmeet gave the very best hugs.

Yesterday our caucus went to pay our respects to the Bhullar family, and it wasn't hard to see where Manmeet got his strength, his pride, and his courage. As they grieved, they told wonderful stories about the boy they loved and the man they were so proud of.

As Manmeet would say: I've got this.

His grandmother talked about how he always wanted her to tell her stories. He could never get enough of his grandmother's stories. It was only a week ago when he had to leave before one of her stories was finished, and she told us now that they will never get to finish it. His unfinished story is perhaps the saddest thing in our hearts. Farewell, Meeta. Thank you for the time you gave us. Thank you for the inspiration. We love you, and now it is up to us to continue the great work you have always done. *[Standing ovation]*

The Speaker: Hon. member, I'm pleased to say that one of my first remembrances of your peer was in my very novice days in this House. Apparently, he had stood to ask a question, and I saw a shadow come over the room. I wondered where it came from. I then said: Hon. member, I'm sorry; I didn't see you. He looked at himself. He said: we really are going to have trouble with this new Speaker from here on in.

Our condolences to you and your peers in your party. I know that these members are with you.

The hon. leader of the Liberal Party.

Dr. Swann: Thank you very much, Mr. Speaker. To the Sikh community gathered here today: namaste. I appreciate this opportunity to add a few words and

comments on this sad occasion. Like everyone, I was deeply shocked, saddened to hear of the death of our colleague Manmeet Bhullar. Manmeet was a passionate, hard-working, good-hearted servant of the community. This House has lost one of our most respected members. We will feel his absence every day.

“He is exactly the sort of person we need in public office, and the world needs more Manmeet Bhullar...”

Greg Clark, Leader of the Alberta Party

Although I did not always agree with Manmeet, I never doubted he was working for what he thought would be the best interests of Alberta. In particular, I'll remember his hard work in making public the names of children who died in government care.

To the Bhullar family: the people of this province extend our deepest thanks for so generously lending Manmeet to public life for these past years. Indeed, everyone in this Chamber knows all too well the sacrifices our families are asked to make so that we can serve here. As you so beautifully described, we understand that with Manmeet and the Bhullar family – the light has gone out of our lives. It's my sincere hope that you know that his light also helped make our province brighter.

Thank you, Mr. Speaker.

The Speaker: The hon. leader of the Alberta Party.

Mr. Clark: Thank you very much, Mr. Speaker. It is a sad day but a tremendous honour to stand here today and speak about a great man. The last time I had a long discussion with Manmeet was after he gave his moving speech in celebration of Diwali. The Legislature rotunda was absolutely captivated, and there was silence as he talked about the persecution of Sikhs. Despite the anger that this persecution rightly generates, he spoke of the fact that it is only light that can fight darkness. Now, he was a big man, as we've heard today, and his stature got lots of attention, but much more than that I remember his words. His words were tremendously powerful, passionate, intelligent, meaningful.

A lot has been said about the work he did in this House and the very public way he supported his community and stood up for vulnerable Albertans, but what many don't know, of course, that we've now talked about today, is the work that he did quietly all around the world, helping those people badly in need, not for glory or for personal reward but because it was necessary and he knew that he could help. Manmeet worked tirelessly behind the scenes trying to help Sikh and Hindu families living in Afghanistan who faced constant discrimination and the inability to fully practise their faith in the face of threats of violence.

He spent his own money travelling the world in order to help those who needed his aid, using his significant personal charisma and experience to insert himself into conversations with officials in Brussels, India, and other parts of Asia in order to advocate for his community, and I think it's important to note that he inserted himself into those conversations whether they liked it or not. He stepped in to help because he could, because he knew it was needed, and there really is no more fitting tribute to Manmeet Bhullar than to recognize his work helping others.

He is exactly the sort of person we need in public office, and the world needs more Manmeet Bhullar, not less.

His loss is absolutely devastating, and I can't imagine what his family is going through, nor his community, nor his colleagues in the PC caucus and your staff. My team has connections to yours, as I'm sure you know, and on their behalf I offer our sincerest condolences and offer any support you need at any time.

This absolute tragedy has brought members of this House together, though, in a way I think we wouldn't have otherwise. On Monday night we cried together, some prayed together, and we built bonds that cannot be broken.

Manmeet said that politics is still comprised of human beings. We all seem to forget this; Manmeet's legacy means that that is no longer true.

Rest in peace, my friend.

“This week we have lost one of our finest, friendliest, and kindly giants – I don’t mean in stature; although, that is true; I mean in purpose, vision, and accomplishment – a man who, with a deep sense of patriotism and commitment to his province and country, sought to bring people together...”

Brian Jean, Leader of her Majesty's Loyal Opposition



Oral Question Period

The Speaker: The Leader of Her Majesty's Official Opposition.

Mr. Jean: Mr. Speaker, this question, like all of our questions today, is based on one that was asked by our dear friend Manmeet Singh Bhullar. I'm going to talk about the government's least favourite subject, the economy and jobs. Premier, there are many things that you cannot control in the economy – for example, the price of oil and other countries' oil production levels – but you can control your policy responses to the economy. Do you really think now is the right time to implement tax hikes, that can result in massive job losses?

The Speaker: The hon. Premier.

Ms Notley: Thank you very much, Mr. Speaker. Well, first of all, the economy-wide carbon price, which our government announced that it would be implementing as part of its climate change strategy, a strategy which I believe is long overdue and a strategy that will make Alberta a leader not only on a national stage but on the world stage, will be completely recycled back into the economy because it is those very issues that we are very concerned about. We understand that the economy is vulnerable, and therefore we are committed to ensuring that that carbon pricing is recycled back in and, in fact, will almost inevitably create more jobs, not less.

Mr. Jean: We are already number one in the world of oil-producing countries with our environment.

Again, from the Member for Calgary-Greenway on June 22: "I represent the people of Alberta, and I'll fight to make sure their jobs are looked after, Madam Premier." Will the Premier please tell us what her plan is to find thousands of Albertans new jobs when their employers pick up and move to Saskatchewan or to British Columbia because of her government's new taxes and bad policies?

The Speaker: The hon. Premier.

Ms Notley: Well, thank you very much, Mr. Speaker. I think it's really important to understand that even with the implementation of the climate change leadership plan, that I was proud to announce on Sunday, Alberta overall remains the lowest taxed jurisdiction in the country, to the tune of about \$8 billion, and that's not actually going to change. So the fact of the matter is that we're not particularly worried about jobs leaving, nor are we worried about emissions leakage because we worked very hard with industrial and economic leaders across the province to put together this plan. We have the endorsement of many leaders within those communities because

they see that this is actually a good way forward for our province.

Mr. Jean: The Premier forgot to ask the people that pay the tax, the citizens of Alberta, how they felt about the \$3 billion tax, which is, again based on a question from Manmeet Bhullar:

Madam Premier, it is your opportunity now to protect the economic interests of hard-working Albertans. How, ma'am, are you going to protect a dry cleaner, how are you going to protect a pizza shop owner, how are you going to protect your neighbourhood florist by raising their [business] taxes by 20 per cent or by saddling them with a carbon tax? I added the last part about the carbon tax, but he would've if he was here today.

The Speaker: The hon. Premier.

Ms Notley: Thank you very much, Mr. Speaker. Well, indeed, when we introduced our climate leadership plan on Sunday, one of the things that we talked about was different models for rebating the economy-wide carbon price to particular parts of the economy, and one of those parts is the small businesses that were just outlined by the member opposite. You can anticipate that we will actually be reaching out to small businesses to ensure that any negative consequences from the plan will be addressed and, in fact, that they would be able to benefit from a number of incentives to bring about the kinds of emissions reductions that all Albertans and our children need us to make real.

The Speaker: The hon. Member for Calgary-Lougheed.

Mr. Rodney: Thank you, Mr. Speaker. Hon. Bhullar truly lived the spirit of namaste, and one of his final projects was the protection of vulnerable minorities in Afghanistan. When the world's attention was rightly focused on the Syrian crisis, Manmeet did not forget the critical needs of the 2,500 remaining Afghan Sikhs and Hindus out of over 200,000, most of whom had fled or perished during almost four decades of festering violence. Now, this summer he undertook a personal mission to south Asia, drawing upon his rich, world-wide network of relationships to acquire homes and jobs, medical care, and schooling for asylum seekers abroad. To the Premier: how will humanitarian efforts like these held dear by hon. Bhullar be supported by the government of Alberta?

The Speaker: The hon. Premier.

Ms Notley: Well, thank you very much, Mr. Speaker. I've always found the advocacy from the Member for Calgary-Greenway for religious minorities incredibly commendable, and a number of the organizations that he thought were important, whether it be Women for Afghan Women, the World Sikh Organization, the Organization of Human Welfare, and a number of different government officials and volunteers, undertake incredibly valuable work in our province and abroad, and our government will continue to support the work of these innovators as they work to promote human rights and as they work to promote effective settlement because they reflect the values that I think all Albertans want to see lived every day.

Mr. Rodney: Thank you, Premier. While meeting with Afghan minorities who had fled the country, hon. Bhullar discovered that many of them had been systematically prevented by locals and sometimes by government from practising their religion, obtaining education for their children, and accessing basic health care. He also learned that Afghan authorities could not protect Sikh and Hindu women from forced marriage and religious conversion. Manmeet expressed his passion for helping those most in need through a promise to help Afghan minorities that the world has forgotten. Again to the Premier. Please tell us: what can the government of Alberta and indeed all Albertans learn from Manmeet's commitment to safe and supportive social environments, which will enable Albertans to truly realize their dreams?

Ms Notley: Well, I think that it's fair to say that Manmeet Singh Bhullar's ideas about how we need to reach out and make sure that the fundamental human rights of people all over the world are respected are one of the reasons why people are so moved by and troubled by what happened on Monday. He was a person who spoke for values that are held deeply in many of our hearts, values of inclusion, values of freedom, values of respect for people regardless

of their religion and indeed sometimes in respect of their religion. We are a strong and free province because of the diversity we have in this province. Mr. Bhullar knew that, and we will do everything we can to continue that legacy in the work that we do.

Mr. Rodney: One of hon. Bhullar's greatest passions was striving to ensure that all Albertans are treated with the dignity and respect that they deserve, and that includes everyone: citizens, permanent residents, and those seeking to become Albertans. Manmeet sought to bring Afghan refugees to our province with the hope that they would experience and enjoy an environment in which they had the opportunity not just to survive but to thrive and

in which they were afforded protection from basic human rights violations and systemic discrimination. Finally, to the Premier: what can the government of Alberta do to ensure that refugees, new Canadians from Afghanistan, Nepal, and all over the world will have the opportunity to live in an open and welcoming environment in the future regardless of where they're from?

The Speaker: The hon. Premier.

Ms Notley: Thank you very much, Mr. Speaker. The member's question underscores the importance of our province doing its part to help those from war-torn areas who face violence, oppression, and poverty every day. The thriving communi-

ties that we already have in Alberta demonstrate that our province welcomes people from many faiths and many countries. It also underscores the need to reach out to those people when they come to our province, to include them in our communities, to include them in our institutions, to help them with language support, and to ensure that they are genuinely, quickly part of our family. That's the way to make sure that they live in the way that the member has so eloquently described and that Manmeet Bhullar was seeking to have happen.

The Speaker: The hon. Member for Grande Prairie-Wapiti.



Mr. Drysdale: Thank you, Mr. Speaker. The Member for Calgary-Greenway was a tireless champion for openness and transparency in government. During his time as Minister of Infrastructure he oversaw the creation of a website that tracked the progress of school builds in all communities around the province. This system was designed to show Albertans when and where they can expect new spaces for students. The member said that the interactive website “was a very powerful tool by which people could see regular progress on projects.” To the Minister of Infrastructure. In estimates you outlined that this website would be restored as soon as the updating of information is complete, and we applaud that commitment. When will this happen?

The Speaker: The hon. Minister of Infrastructure.

Mr. Mason: Thank you very much for the question, Mr. Speaker, and to the hon. member. The website that was created when the hon. Member for Calgary-Greenway was Minister of Infrastructure is a great tool to see progress on the development of schools in the province, and I share the member’s desire for more openness and transparency. We expect that updated school build information will be loaded on the site in coming weeks. A full list of the schools can be seen at infrastructure.alberta.ca, and we’re working with school boards to confirm remaining details and aim to relaunch projects.alberta.ca very soon. I would also like to announce today that we will be expanding the site to include progress updates for all capital projects.

The Speaker: First supplemental.

Mr. Drysdale: Thank you, Mr. Speaker, and thank you to the minister for the response. Again to the minister: given that the last motion submitted by the Member for Calgary-Greenway urged the government to accept this policy, the practice of disclosing any relevant legislation and policies upon which it bases decisions affecting Albertans, will your government commit to ensuring that this measure of transparency is followed through by making public this type of information?

The Speaker: The hon. minister.

Mr. Mason: Thank you very much, Mr. Speaker, and thank you for the question. I know that the Member for Calgary-Greenway was a believer in transparency and accountability. He could always be counted on to put forward creative ideas to solve problems. The motion that he put forward is an example of that approach. I want to tell the member and the House that we believe that this is an interesting idea that is worth consideration as we move forward with our work to strengthen transparency and accountability in government.

The Speaker: Second supplemental.

Mr. Drysdale: Thank you, Mr. Speaker, and thank you, Minister, for the response. Again to the minister: given that the Member for Calgary-Greenway was most passionate about child welfare and youth vulnerability and given that the member’s vision was to push for continuous improvement of supports for vulnerable children and their families, how is this government ensuring that the Member for Calgary-Greenway’s five-point plan is being implemented and strengthened to continuously improve the child intervention system?

The Speaker: The Minister of Human Services.

Mr. Sabir: Thank you, Mr. Speaker, and thank you, Member, for the question. Our government agrees in principle with the five-point plan, which highlighted the need to address the root causes of many issues that affect the safety and well-being of children such as poverty, addiction, sexual abuse, mental health, and family violence. Our government will continue to fund sexual assault centres and will invest in preventative measures and programs such as FCSS, family and community support services, and the like to address these important issues.

Thank you.

The Speaker: The hon. Member for Calgary-South East.

Mr. Fraser: Mr. Speaker, I want to thank all the caucuses for their care, their grace, and their understanding during this difficult time. It means a lot.

Mr. Speaker, in speaking with Manmeet Bhullar’s father last night, he spoke a bit about how he raised Manmeet. He referenced Monday’s tragedy and said, and I quote: no matter what the circumstances, you must stop and help someone in need. You have to stop and help. End quote. So it’s no surprise that Manmeet was such a caring, diligent, and effective advocate for his constituents. To the hon. Minister of Human Services: what improvements have been made in recent years to the ways that this government provides services to Albertans as a result of the many constituency cases Mr. Bhullar had brought to this government’s attention?

The Speaker: The Minister of Human Services.

Mr. Sabir: Thank you, Mr. Speaker, and thank you, Member, for the question. We know that Manmeet was a passionate person and that he was passionate about helping others. He served in three different ministries, and because of this he was very

skilled at helping his constituents navigate the government system to access supports. While he was Human Services minister, as the hon. Premier and other members of this House mentioned, there were a number of changes that he made to support Albertans to receive and navigate those services, including opening two new Alberta sports centres in Edmonton and Red Deer, the launch of a province-wide mental health program, and a welcome to parenting initiative.

Thank you.

The Speaker: First supplemental.



Mr. Fraser: Thank you, Mr. Speaker. Mr. Bhullar helped dozens of families establish themselves in Calgary and Alberta, including young doctors, nurses, dentists, engineers, accountants, transportation professionals, day home operators, labourers, researchers, and the list goes on. To the same hon. minister: which government programs have been improved to help attract and retain new Albertans to become established in Alberta based on the amazing work that Manmeet did?

The Speaker: The hon. minister.

Mr. Sabir: Thank you, Mr. Speaker, and thank you, Member, for the question. As many of us shared here

today, Manmeet was about helping others, and till the last moment that's essentially what he was doing. If I speak specifically to my department, the Department of Human Services, he made many important changes to this department. Specifically, I can talk about what everybody mentioned today, the publication ban around the deaths of children. There are many initiatives that we can see government-wide that he did when he was minister that will help Albertans, and there are many initiatives which he embarked upon as a community leader, as a member of his Sikh community, that will always be remembered and will set a path for future generations.

Thank you.

Mr. Fraser: Mr. Speaker, I have to say that I didn't realize there were this many people over there. Now that our good friend is gone, there's clearly a void.

You know, we all have a minute in time on this planet, and in that minute that Manmeet had, he did so much for so many. It's been referenced by the Premier and the caucuses and countless Albertans, the work that he's done. We have honoured previous advocates for people in their own right such as the hon. Grant Notley. To the Premier: would you so graciously consider naming the federal building after the hon. Manmeet Singh Bhullar?

Ms Notley: Thank you very much, Mr. Speaker. We absolutely believe that there should be an appropriate and ongoing tribute to the Member for Calgary-Greenway. We are beginning that, of course, in this House today, and we'll be talking more with the member's family about what future tributes might be appropriate. We welcome any and all ideas about how to appropriately pay tribute to the member and his dedication to Alberta. We've just been presented with this idea, and we will definitely give it some very vigorous consideration to honour a memory that must be acknowledged.

The Speaker: The hon. Member for Calgary-Elbow.

Mr. Clark: Thank you very much, Mr. Speaker. Manmeet Singh Bhullar was a passionate advocate for his constituents and for Alberta. In the October 20 meeting of the Public Accounts Committee Mr. Bhullar asked about the operations of international student recruitment. Typically international students pay up to 3.5 times as much in tuition as domestic students because the government of Alberta does not provide them with base grant funding. This incentivizes institutions to heavily recruit international students. To the Minister of Advanced Education: are budget shortfalls in your ministry being filled through international student recruitment?

Ms Sigurdson: Thank you very much, Mr. Speaker, and thank you to the member for the question. Of course, it was the priority of our government upon being elected, and in our first session right away we put money back into postsecondary education to make sure that it's accessible and affordable and stable for all Albertans. That's been our priority. You know, enrolment is up. Many students are really taking advantage of this, and institutions are grateful for the new funding.

The Speaker: First supplemental.

Mr. Clark: Thank you very much, Mr. Speaker. Now, with respect, I was asking about international students. Mr. Bhullar thought that increased revenues to the system from international students certainly felt like a commercial enterprise. In fact, international students were left out when the government reversed the postsecondary market modifiers and instituted a tuition freeze. Even more, some programs have increased international tuition by up to 30 per cent in this academic year. To the minister: why didn't the government's policies apply equally to all students studying in Alberta?

The Speaker: The hon. minister.

Ms Sigurdson: Thank you, Mr. Speaker. We don't have jurisdiction on controlling international tuition. Institutions do this. We are in the process, though, of very quickly rolling out the adult learning review. This is something that we have heard, the concerns about international tuition fees. We're looking at that, and we'll be listening to the community and others who are concerned about this, but right now we don't have jurisdiction over internationals. We did want to make it stable and affordable for our students here in Alberta, and that's why we moved forward very quickly to put back \$133 million in the postsecondary system.

The Speaker: Hon. member, second supplemental.

Mr. Clark: Thank you, Mr. Speaker. Obviously, there's a discrepancy here between how we treat certain groups of students in this province, a discrepancy that Manmeet and his constituents were very concerned about. To the minister: will you commit to regulating international student tuition so that Alberta students are entitled to fair treatment regardless of where they come from?

The Speaker: The hon. minister.

Ms Sigurdson: Thank you, Mr. Speaker. As I said, we are going ahead with the adult learning review,

and this will be one of the things that we're looking at. We welcome people's ideas around this. At this point we're just gathering that information. It's very important for us to hear from all groups regarding this. We look forward to reporting back after that's complete.

The Speaker: Hon. Government House Leader, I understand you may have a motion.

Mr. Mason: Yeah. Thank you very much, Mr. Speaker. I would ask unanimous consent from the House to continue the daily Routine past 3 o'clock today. [*Unanimous consent granted*]

The Speaker: The hon. Member for Calgary-Cross.

Miranda: Thank you, Mr. Speaker. We're all very familiar with the statistics that show that indigenous women and girls are three times more likely to experience violence than nonindigenous women. Earlier this month in my own constituency of Calgary-Cross we lost Janel Squirrel to such violence. She was 26 years old and a mother of three. This needs to change. Can the Minister of Aboriginal Relations tell us what the government is doing to ensure that indigenous women are safe?

The Speaker: The hon. minister.

Ms Ganley: Thank you, Mr. Speaker and to the member for the question. We know that too many indigenous women are going missing and being murdered. Each one of these women deserves to be honoured and mourned and has a family in need of healing and a community in need of answers. Alberta was proud to join these families and other provinces in the call for a national inquiry into missing and murdered indigenous women. I have had the opportunity to speak to my federal counterpart in Prime Minister Trudeau's new government, and I'm eager to get started on this important work.

The Speaker: First supplemental.

Miranda: Thank you, Mr. Speaker. We can call for a national inquiry, but we need to see action now, and we need to see the dollars that are going to be invested in programs here in Alberta. Can the Minister of Aboriginal Relations tell us what initiatives are already under way that take a stand against violence towards indigenous women and girls?

The Speaker: The hon. minister.

Ms Ganley: Thank you, Mr. Speaker and to the member for the question. Of course, I'm proud to see so many people today in this Legislature wearing the moosehide swatch in support of this important issue. The Moose Hide campaign was launched a year ago by the Alberta Native Friendship Centres Associa-

tion, one of our community partners. This powerful campaign asked indigenous and nonindigenous people to wear the swatch to show their commitment to standing up against violence to indigenous women and girls. We know we can be a part of the solution, and this is one way to show that commitment.

The Speaker: Second supplemental.

Miranda: Thank you, Mr. Speaker. The Moose Hide campaign was launched a year ago, and I truly believe in its power. We want to know what the government is doing now to show our commitment to keeping indigenous women and girls safe. To the same minister: what are we investing in today?

The Speaker: The hon. minister.

Ms Ganley: Thank you, Mr. Speaker and to the member for the question. Well, this campaign was started a while ago. As we know, many of our friends across the House, including the hon. Member for Calgary-Greenway, were advocates for minorities. Certainly, our government has recently provided funding for an additional campaign. We provided \$125,000 to support the I Am a Kind Man program in nine communities across Alberta. The Alberta Native Friendship Centres Association is leading this initiative, which is based on traditional teachings, to help restore and repair family relationships in the indigenous community.

Thank you.

The Speaker: The hon. Member for Calgary-North West.

Ms Jansen: Thank you, Mr. Speaker, and thank you to my colleagues today for all your kind words. My friend the Member for Calgary-Greenway was someone who had a great passion for fighting injustice. He fostered a sense of hope wherever he went, asking the difficult questions, holding everyone to account, and making sure that the attention of the government was always squarely focused on the lives and needs of Albertans. When he saw a prob-

lem or someone who needed help, he would act. It's an example that we in this House should all strive for. To the Premier: how will you ensure that your government and your ministers remain focused on accountability and achieving the best possible outcome for Albertans, as Manmeet Bhullar did?

The Speaker: The hon. Premier.

Ms Notley: Thank you, Mr. Speaker, and thank you for the question. As has been mentioned before but I think bears repeating, Manmeet Bhullar, of course, took a very major step forward in terms of releasing the publication ban and moving forward in terms of reporting and the scope of reporting of fatalities and

injuries that occurred to children in care or receiving services. That information is the first part of accountability, so I think that we need to remember that and, of course, move on from that, which we will do and I'll talk about more in another question.

But I'd like to just say one thing, which I didn't have a chance to say before. When we talk about Human Services – you know, back when I was in opposition, it was a critic area for me, and it is arguable at the time that I had more access to front-line workers and information from front-line workers than those in government at the time might have had. I think it's important for all of you to know that I heard from most front-line workers that there was a tremendous level of

respect for the work that Manmeet Bhullar did at that time. He was very much seen by the people who worked for him as a champion for their cause.

Ms Jansen: Thank you to the Premier. One of the great successes, as the Premier just mentioned, of Minister Bhullar's tenure was the ending of the publication ban on children who died in care. The Member for Calgary-Greenway moved immediately to take action to open up the system to Albertans. To the Minister of Human Services now: what steps will you take to build on those accomplishments?

The Speaker: The hon. minister.



Mr. Sabir: Thank you, Mr. Speaker, and thank you, Member, for the question. As has been mentioned in this House, removing that ban was a huge achievement and a huge step forward in Human Services. Building on that, we will try to improve those services to take it another step forward by bringing in an independent mechanism to independently investigate all deaths of children in the care of the province.

Thank you.

The Speaker: Second supplemental.

Ms Jansen: Thank you, Mr. Speaker. Finally, in February of last year the Member for Calgary-Greenway announced that the government would be putting up \$5 million to ensure that children facing mental health issues can get help as quickly as they can. Again to the Minister of Human Services: given the rising issues we have seen with addiction amongst our young people, can the minister assure this House that the plan and the funding committed by the Member for Calgary-Greenway are still in place?

The Speaker: The hon. minister.

Mr. Sabir: Thank you, Mr. Speaker, and thank you, Member. We know that children involved with the intervention system are at higher risk to develop mental health disorders, and the funds committed by Manmeet Bhullar will continue within the children intervention division of Human Services. We have also added \$37 million back into the intervention system, which will also help us improve the lives of these children and youth. We have also launched a mental health review, which will also help us assess our needs and determine the path forward.

Thank you.

The Speaker: The hon. Member for Calgary-Hays.

Mr. McIver: Thank you. Mr. Speaker, Mr. Bhullar was Mr. Community Initiatives. Some members and staff remember accompanying Manmeet on one of his many mid-session trips between Edmonton and Calgary to unveil a facility in Calgary in the morning, attend question period, a community fundraiser in the afternoon, and back to Calgary for a community event that night. Many of us remember Manmeet – and he has some fame – as the first turban-wearing Sikh minister in the Alberta Legislature, and who can forget his emotional address during the recent Diwali celebrations here in the Legislature. To the minister of culture: what can you do to assist MLAs in this House and their staff to learn to best support Alberta's increasingly diverse population to establish success and, in so doing, strengthen all of Alberta?

The Speaker: The hon. minister of culture.

Mr. Eggen: Thanks, Mr. Speaker, and thank you so much for the question. I know that Manmeet was a tireless community advocate and had an amazing capacity to – I saw him, at one point, appear in two gurdwaras in two different cities in one single day. I know that he worked very hard to not just access the community development funds that we have through the ministry of culture for northeast Calgary but for the whole province as well, and you can see his work made manifest on many plaques around the province and you see where he's got the money for the important community work that he does. This year, for example, in northeast Calgary there was \$50,000 at the Cornerstone Youth Centre, which, I think, is very, very well done.

Mr. McIver: Again to the same minister. Given that Mr. Bhullar and the respective leaders of dozens of cultural and religious organizations – he supported them and helped troubleshoot their efforts to establish applications to the government. Mr. Bhullar along the way frustrated several Alberta agencies, boards, and committees by demanding that they treat ethnocultural organizations with the same due consideration as anyone else. In what ways is this government making sure that agencies, boards, and committees and government departments, for that matter, become open to Alberta's many diverse community organizations?

Mr. Eggen: Thank you for the question. Mr. Speaker, I think it's a very fitting tribute to the continuation of Manmeet's work that we look to ensure that we have cultural diversity in agencies, boards, and commissions and that we look at the grant structure. Of course, we have a long history of grants and institutions going in a certain way, but to move and to expand past some of the Eurocentric tendencies to invest in certain cultural institutions and look to having our investment as a government reflect the diversity of Alberta in 2015: certainly, all of us endeavour to do so.

Mr. McIver: Mr. Speaker, Manmeet Singh Bhullar didn't always wait for government policy to do what had to be done. He helped many young Albertans learn about and enter into the community development policy worlds in health, health care, law, public service, justice, and other careers, including using the STEP program, which the government is going to bring back, and sometimes, lots of cases, worked with parents in children's cases, that he helped resolve in the system. How will this government continue to support Mr. Bhullar's passion for fostering diversity and supporting Albertans who don't necessarily fit into the current government programs?

The Speaker: The minister of culture.

Mr. Eggen: Thank you, Mr. Speaker. Certainly, Manmeet's tenacity and capacity to advocate for not just his constituents but for all Albertans is a good example to many of our new MLAs, to simply not take no for an answer, for one thing. If you perhaps didn't quite equal the physical stature of Manmeet, you could certainly work to have that tenacity in your heart. For all Albertans and for vulnerable Albertans especially, you know, I know that Manmeet would not stand down. I always like to lead by example, so I will endeavour to do so in my own personal life. Thank you.

The Speaker: The hon. Member for Vermilion-Lloydminster.

Dr. Starke: Thank you, Mr. Speaker. I'd like to preface my comments by stating that, certainly, the PC caucus and Manmeet's family have been greatly appreciative of the support that they have received outside of this Chamber, but I also want to say that the PC caucus is highly appreciative of all of the support we've received from inside of this Chamber, particularly from the House leaders from government, from the Official Opposition, and also from our independent members, to modify the rules under these extraordinary, exceptional circumstances – we appreciate it – and especially to the Official Opposition caucus for affording us four additional questions so that we might be able to all ask questions.

Dr. Starke: Mr. Speaker, amongst Manmeet Bhullar's many passionate causes – and there were many of them – one that is perhaps a little bit less known is that he was a passionate advocate for midwifery. Midwifery has been recognized under Alberta's Health Professions Act since 1998. One year after Manmeet was first elected, midwifery was funded by Alberta Health Services. He was a passionate advocate for the expansion of midwifery services in Alberta. He understood that a good life began with a good birth, and he knew that skilled and compassionate midwives would provide these services to

women across Alberta, the women he so affectionately called his mothers and his sisters. To the Minister of Health: what expansion of midwifery services has Alberta seen since 2008?

The Speaker: The Minister of Health.

Ms Hoffman: Thank you very much, Mr. Speaker and to the member for the question. The number of midwives in Alberta in the initial year, 2009, when it became publicly funded, was a 37 per cent increase in that year alone. Now there are approximately 90 midwives and midwifery staff appointments through Alberta Health Services, which is great. You know, in the very first year it was funded, my niece, Anika, is proud to say that she was helped out by a midwife. It's certainly impacted our family in a personal way, and I want to say thank you for the contributions.

Dr. Starke: Mr. Speaker, one need only speak with Manny's mother and his sisters or his beloved wife to know how much he honoured and valued the role of women in our society. Now, his love for children is also very well known, and the fruits of his efforts as a role model and mentor to hundreds, if not thousands, of young people will be seen for many years to come. To the Minister of Health. In September additional funding for midwifery

services was announced. How many additional courses of care will be provided this year, and how will women be able to access these expanded care courses?

Ms Hoffman: Thank you very much for the question. More than 2,700 families will be receiving midwifery care in the coming year. That's an expansion of more than 400 supported midwifery births. There's actually a centralized database now through the midwifery website, and there are a number of communities that it's been expanded to. Some, actually, are still accepting new registrants this year. So good news: we haven't totally exceeded our capacity yet. Obviously, the demand is going to continue to grow with the expansion of this great service.



Thank you, Mr. Speaker.

Dr. Starke: Mr. Speaker, Namrita would want to see us to continue expansion of midwifery services, not just in the number of courses that we offer, courses of care, but also in the opportunities for training new midwives in Alberta and for expanded availability of midwifery to all geographic areas of the province, including rural and urban areas. Could the Health minister share with Albertans her plans for fulfilling Manmeet's vision?

The Speaker: The hon. minister.

Ms Hoffman: Thank you, Mr. Speaker and to the member for the question. We are certainly working closely with Mount Royal University and with the College of Midwives of Alberta to understand their needs and ensure that they understand the needs of women throughout Alberta. The expansion of midwifery services: I'm really proud to say that just this November we expanded to the community of Plamondon. That's great news. Additional midwifery services have also been recently added in other communities in addition to Edmonton and Calgary, which are the two where we currently have the greatest demand. We also have expanded services in Cardston, St. Albert, Medicine Hat, and underserved communities in northeast Calgary and surrounding areas as well.



Thank you.

The Speaker: The hon. Member for Calgary-West.

Mr. Ellis: Thank you, Mr. Speaker. When he was Minister of Service Alberta, Manmeet Bhullar oversaw many services, including those offered by more than 200 registry agents. He always sought to ensure Albertans received efficient services while providing fairness to private-sector partners. To the Minister of Service Alberta: given that many rural-based registries are providing services at a loss to ensure rural residents have convenient access to them and given that these agents were slated to receive a dollar fee increase on July 1st, how is your government assuring the stability of rural-based registries, and will you be establishing a formula-based model for future increases?

The Speaker: The hon. minister.

Ms Larivee: Thank you, Mr. Speaker, and thank you to the member for the question. I know that the Member for Calgary-Greenway believed that Service Alberta needed to continually move forward in providing quality services to the people of Alberta at the best value. Like him, we certainly value the role that registry agents play in delivering those services on behalf of the government. So we continue to work productively with registry agents to ensure that Albertans do receive the quality services they deserve, and we continue to be committed to ensuring that rural Albertans have access to the quality government services that they need.

The Speaker: First supplemental.

Mr. Ellis: Thank you, Minister, and thank you, Mr. Speaker. To the same minister: given that the province plans to offer more services online and has built the MyAlberta e-services portal to do so and given that Alberta has a proven partner which continues to offer convenient services to all citizens, will your government commit to offering registry agents the ability to participate in the government of Alberta's future plans for expanded online services?

Thank you.

The Speaker: The hon. minister.

Ms Larivee: Thank you, Mr. Speaker, and thank you once again to the member for the question. I certainly know that the Member for Calgary-Greenway recognized that our world is changing rapidly, and it's important that our government services keep up with the opportunities and demands that come with that. So we continue to seek opportunities to



strengthen our registry services, including expanding our online services so that Albertans who choose to access services that way will have the convenient access that they are looking for. As we move forward, I can commit to proceeding with the option that will best meet the needs of Albertans, that they have convenient services at the best value.

The Speaker: Second supplemental.

Mr. Ellis: Thank you, Mr. Speaker, and thank you to the minister. Same minister: given that the number of registries has not increased since 1993 and given that in estimates you indicated to Manmeet that you are looking into issuing requests for proposals for new registries when your ministry issues the new RFPs, will you guarantee that the government of Alberta is provided with the best value possible by ensuring the highest bidder is awarded the contract?

Thank you.

The Speaker: The hon. minister.

Ms Larivee: Thank you, Mr. Speaker, and thanks to the member for the question. The procurement process that the government of Alberta established is open, transparent, and committed to ensuring that Albertans get the best value possible. So in terms of any possible changes to registry services I certainly can guarantee to follow that process to ensure that

we can continue to serve Albertans efficiently and effectively at the value that they expect and deserve.

The Speaker: The hon. Member for Calgary-Fish Creek.

Mr. Gotfried: Thank you, Mr. Speaker. I'd like to start out just adding to some comments by my colleague by thanking not only all the members of this House but you, Mr. Speaker, and all of the LAO staff for accommodating us in the House but also on the committee level as well. That's been very deeply felt by us. Thank you.

Mr. Gotfried: Born in Calgary, Manmeet grew up in an environment where the value of social and cultural fluency, in both the local and international contexts, was instilled in him at an early age. Former Premier Prentice recently mentioned meeting Manmeet when he was just 10 years old, following closely behind his father as he worked tirelessly to build a gurdwara in Calgary. His parents' example of hard work and community leadership stayed with Manmeet through his life, leading to his negotiation of a memorandum of understanding and further bridge building between the government of Alberta and the state of Punjab in India. To the minister of economic development: in what ways was this agreement to facilitate trade, enhance relationships and socioeconomic partnerships important to both post-secondary education and agriculture between the two jurisdictions?

The Speaker: The hon. minister.

Mr. Bilous: Thank you very much, Mr. Speaker, and I'll thank the hon. member for the question, recognizing that today has been quite an incredible day of learning about all the different successes that the hon. Member for Calgary-Greenway had and all the ways he touched Albertans' lives and those of the international community as well. I know that Alberta and India both share a co-operative and mutually beneficial trading relationship, and they are an important international partner for us. This agreement that the hon. member speaks of was announced in January of 2014, and it focuses on the aspects of agriculture, animal genetics to help increase trade in the areas of dairy production and swine genetics. It also established an agricultural working group to encourage communication between our jurisdictions. Our government is focused on looking at ways to increase market access and trade, and this trade agreement was made with a very similar focus, and I thank the member.

The Speaker: First supplemental.

Mr. Gotfried: Thank you. Again to the minister: given that relationships with a wide variety of peo-

ple from Alberta, Canada, and beyond were critical to Manmeet's success at home and abroad on topics as diverse as improving government services, domestic violence, and local entrepreneurship, what are the most important improvements this government is planning to ensure that its network of local and global relationships is grown and sustained in the broadest context?

The Speaker: The hon. minister.

Mr. Bilous: Thank you, Mr. Speaker, and I'll thank the member for the question. Currently Alberta has 11 international offices, with one that is located in New Delhi. I'm working with my department to look at all of our foreign offices with an eye to efficiency, effectiveness, and productivity. We are very supportive of diversifying Alberta's economy and expanding new and existing markets, which includes a strategic and cost-effective international presence. These offices are key to sustaining these global relationships, and again I know that the Member for Calgary-Greenway was a very strong advocate and had a very strong hand in getting this office set up, which I look forward to adding to in my next response.

Thank you.

Mr. Gotfried: Thank you again to the minister, with our deepest appreciation. Given Manmeet's long-standing passion for community building based on mutual respect and understanding and given that his success in this area was an integral part of the successful signing of the aforementioned MOU with the state of Punjab and given the importance of postsecondary education and agriculture to both Alberta and Punjab, in what ways have residents of the two provinces benefited from the improved trade and partnerships, and how do you see those being strengthened in the future by this government?

The Speaker: The hon. minister.

Mr. Bilous: Thank you very much, Mr. Speaker, and I'll thank the member again for the question. Our strengthened ties and MOU with the state of Punjab that Manmeet worked so hard to see signed have had many benefits for the people of Alberta and Punjab. Again, I don't want to understate the role that the Member for Calgary-Greenway played in building the relationship between the state of Punjab and the government of Alberta, and for that we thank him. Punjab has benefited from an increased export market for agriculture. Approximately 72 per cent of India's population lives in rural areas, with 65 per cent employed in agriculture. The Indian agri-food industry is estimated to be worth about \$180 billion and is expected to grow to \$310 billion by 2020. Agriculture currently accounts for 17.4 per cent of India's GDP. These ties will be strengthened

as we continue to utilize our international offices to diversify Alberta's economy through expanding and existing markets.

Thank you. *[Standing ovation]*

The Speaker: Hon. members, I would make this observation, and I will be referencing it in my years ahead in this House. In my mind, it's going to be called the Bhullar phenomenon because today I heard people speaking, and it is a wonderful, wonderful event that we ought to repeat yet again many, many times. If you hear me mention his name in the future, you will know of what I speak. Hon. Government House Leader, I understand that we may have a motion.

Mr. Mason: Thank you very much, Mr. Speaker. I hope you don't get too fond of this.

I would like to ask for unanimous consent that, notwithstanding Standing Order 7(4), the Member for Calgary-McCall be allowed to participate in Members' Statements today. *[Unanimous consent granted]*



Members' Statements

The Speaker: The hon. Member for Calgary-Foothills.

Mr. Panda: Thank you, Mr. Speaker. I rise in the House today to pay tribute to our beloved friend and colleague Manmeet Bhullar. He was a shining star of Alberta. Manmeet was a dedicated public servant. He went to work day in and day out representing the great people of Calgary-Greenway. Manmeet exhibited the core principles of Sikhism, the faith he practised and the religion that grounded him.

Mr. Speaker, today is Prakash Purab, the birthday of Guru Nanak Dev Ji, the first of the 10 Sikh gurus. He was the founder of Sikhism, and his birthday is celebrated world-wide as Gurburab. [Remarks in Punjabi] What this means is that when Guru Nanak was born, the darkness all around vanished, and there was amazing light everywhere. His main message of Sikhism is to spread the message of kindness and peace and to promote the equality of all human beings and for equal rights for women.

Manmeet Singh Bhullar was able to live a life that Guru Nanak Dev Ji called for, and all of us should be proud of this. His educational background, character traits, and his personal appearance always gave the comfort and confidence anticipated from an authentic and brave sardar ji.

When Sikhs and Hindus were persecuted in Afghanistan, the ones that could afford to managed to get out. The poor and the weak remained stuck there. Of late Manmeet had been working tirelessly to get them out also and to settle them in a safe country.

Looking at what he accomplished in his brief 35 years, it is not difficult to understand how much potential was taken away so soon. Although he is not physically with us anymore, that star will forever be enshrined in this province's history. Sir William Osler once said, "We are here to add what we can to life, not to get what we can from life." Manmeet Bhullar died doing what he always did, helping others.

In closing, I would like to extend my deepest condolences to Manmeet's family and friends here and all over the world. Our thoughts and prayers are with them. I hope that they'll find comfort in knowing that their loved one made all the difference to his community, to his province, and to his country. He served this province, and for that we are forever grateful. May he rest in peace. [Remarks in Punjabi]

Thank you, Mr. Speaker.

The Speaker: The hon. Member for Calgary-West.



Mr. Ellis: Thank you. As Manny would say: don't worry; I've got this. Mr. Speaker, this has been a hard one. For us, losing Manmeet is like losing a partner in the line of duty. When we're up here in Edmonton, we spend more time with each other than we do with our own families. One of the reasons Manmeet and I got along so well was because the doors of both our constituency offices are always open to the people, and Manmeet listened to the people. He did not hear; he listened. And after listening, he tried to find a solution, and that's why he was so beloved. Regardless of who they were or what their background was, Manny knew that the people knew that they could go to Manmeet and that he would listen and that he would try to find a solution for you or for your people. His work at the Legislature was equally impressive. Manmeet was the first turbaned Sikh to hold a ministerial position in Alberta and, although I don't have confirmation of this, in Canada, I've heard. The symbolism of that appointment was not just significant for the Sikhs and other ethnic communities; it was important for all of us. He became Canada's most visible minority, and in doing so, he inspired anyone and everyone. For youth he was a particularly powerful symbol because they saw that in growing up in Canada, they could be who

they are and could still achieve greatness. He was a man of influence in his community, and he took that responsibility to heart. Because of his physical stature – let's face it; he was a mountain of a man – we never expected the gentleness that we saw. Within moments of meeting this gentle giant, he won you over with his warm smile and his huge heart. That doesn't mean that he was a pushover. Manmeet was a force of nature, with a strong will to match his big heart. He took charge of his ministries, and he was passionate about ensuring their work was ethical and efficient. He led by example, had high expectations of the people that worked for him, and he was a natural leader. Public consultation was the hallmark of every initiative he prompted.

Along with his ministries Manmeet was passionate about other causes close to his heart. He was an advocate with regard to violence against women. In fact, on the day of his passing he had spoken on that very same subject in Calgary. I've already mentioned his constituency work, which set a fine example for all of us. His constituency office was a champion for all cultures. He had a level of understanding of a person's struggles no matter what background they came from.

Now, as a former police officer I have to take a moment to address the people involved in Monday's ac-

cident. Please don't carry the burden of guilt for the events that unfolded on that day. You've got to know that Manny would not have wanted that because he was a generous soul, and he was doing what he loved. He was helping people.

I will leave you with one final quote. As I embraced his father yesterday and we hugged and we cried, he said to me: God needed him more. But it was nice to Manmeet you. We love you, and we miss you.

Thank you, all.

The Speaker: The hon. Minister of Human Services.

Mr. Sabir: Thank you, Mr. Speaker, and thank you, colleagues, for allowing me to speak. It is with a sad heart that I rise today to speak about the untimely passing of a fellow member of this Legislature, Sardar Manmeet Singh Bhullar. A life that was dedicated to public service, to helping others, and to representing the constituents of Calgary-Greenway has been cut tragically short. Mr. Bhullar had a drive to do better for Alberta, which he showed during his seven years as a member of this Assembly and in his capacity as a minister of government, including the portfolio of Human Services, that I hold today. Manmeet wanted to make a difference in people's lives, and that's what he was doing at the time of Monday's tragic incident.

Mr. Speaker, I met Manmeet recently at various events, where he shared with me very passionately his work around Afghan Sikh refugee resettlement. In his remarks at the Diwali event here in the Legislature rotunda and at the Genesis Centre in Calgary he discussed the symbol of lights from the Diwali festival – and I paraphrase – as a metaphoric reference to stress that light must be shone in all dark corners around this globe against all oppression and against all violations of basic human and democratic rights. He certainly has shone light on many lives and worthy causes, and his work will live on in our province. His efforts will be remembered by Albertans and all those whose lives he touched.

It's beyond imagination to think of the devastation of Mr. Bhullar's family. I would just say that my thoughts and prayers go to Mr. Bhullar's family and to all those who knew and loved him, and I will join all my colleagues here to offer my heartfelt condolences to all of them.

Thank you, Mr. Speaker.





“Manmeet was a passionate, hard-working, good-hearted servant of the community. This House has lost one of our most respected members. We will feel his absence every day.”

Dr. David Swann, Leader of the Liberal Party

Condolences from Afar

Mr. Bhullar touched the lives of legislators serving across Canada. Below is a compilation of condolences from a number of Canadian provincial legislatures.

Remarks from the Legislative Assembly of Saskatchewan

Hon. Mr. Ottenbreit (Yorkton):— Thank you, Mr. Speaker. I rise in the Assembly today with a heavy heart but fond memories to join with colleagues and people from across our country to offer condolences on the tragic passing of a big man with a huge heart.

Alberta MLA Manmeet Singh Bhullar lost his life yesterday as he had selflessly stopped to help another driver who was in need during a blizzard on a busy Alberta highway, a reflection of how he lived his life. His nature was to always put others first.

Manmeet, affectionately known as Manny, cared about everyone he came into contact with. He never lost focus on the people he served, and represented not only the people of Alberta and his constituency but, as I experienced, well represented Canada when the opportunity arose.

Outside of politics, he was a dedicated family man with a strong faith, and was always community

minded. I first met Manny on a trip to Germany many years ago. We were both part of a Canadian delegation. On that trip and thereafter, we developed a great professional and a very friendly personal relationship. I remember fondly his infectious laugh, his intelligence, wit, his great sense of humour, and how, no matter the circumstance, he always stood up for what was right.

Mr. Speaker, I would ask that all the members of this Assembly and the people of Saskatchewan join in offering our most sincere condolences to the Bhullar family, Manny's many friends, the Sikh community, and many colleagues. You are in our thoughts and prayers as you grapple with Manny's tragic death.

Our Premier often reminds us to strive to leave the world better than we found it. Mr. Speaker, Manny Singh Bhullar, Manny, he did. Thank you, Mr. Speaker.

Remarks from the Legislative Assembly of Manitoba

Hon. Greg Selinger (Premier): Mr. Speaker, it was with great sadness that I rise today on behalf of our government and my colleagues in the Legislature to express our deepest condolences to the family and friends of Alberta member of the Legislature, Manmeet Bhullar, who was tragically killed in a highway accident yesterday afternoon after he had pulled over his own vehicle to help a fellow motorist who had rolled off into the median.

It is truly touching to see the incredible outpouring of love and support from Mr. Bhullar's colleagues, friends and family. He was a deeply caring man who devoted his life to helping others. I think his own family said it best: Manmeet left us doing what he loved more than anything, helping someone else.

From Mr. Bhullar's efforts in the community, it is clear that this same caring spirit guided his work each day. As members of the Legislature, we're all trying to bring this kind of compassion to the work that we all do here. Mr. Bhullar made tremendous contributions to his community and to the province of Alberta. He was taken from us far too soon and will be deeply missed.

Thank you, Mr. Speaker. I ask upon conclusion of other statements in the House today that we take a moment of silence in honour of Mr. Bhullar.

Mr. Kelvin Goertzen (Steinbach): Mr. Speaker, I want to thank the Premier (Mr. Selinger) for his comments on the tragic passing of Manmeet Bhullar.

We know he was only 35 years old, but he lived an extraordinary life even within those short amount of years, being the youngest member of the Legislature in his particular election year, at age 28, to be elected.

Last night I saw on social media many of the tributes that were flowing in from his colleagues in Alberta and from his constituents, and you got a sense of a man who truly had a servant's heart and someone who truly believed in supporting and serving his constituents first among—above everything else.

We know that this Legislature, just like Alberta's, is in many ways a fraternity, but at a time of a loss—and we've experienced that here in Manitoba—it feels more like a family, Mr. Speaker, and I know that

they'll be suffering some of the same emotions in the Alberta Legislature.

We want to extend our condolences to his family and to each of his colleagues. At times like this, people look for reasons and they look for solace, and we hope that they'll find solace in the tremendous legacy that he has left both in Alberta and for his family.

Mr. Speaker, I would ask that you, under your signature, provide the comments that are made this afternoon to the Speaker of the Alberta Legislature and extend our condolences to each of the MLAs in Alberta and to the family. We hope that his legacy lives on for many, many years, and he'll always be fondly remembered.

Thank you very much.

Hon. Jon Gerrard (River Heights): It is with great sadness and sorrow that I rise to speak to the passing of Manmeet Bhullar, who was an MLA in Alberta.

It is sad whenever an MLA or MP dies in office, and particularly so when it is in a traffic-driving

traffic accident. We all, as MLAs, travel a great deal, and there is no doubt that this could happen to any one of us. I remember Gaston Péloquin, who was a Member of Parliament in Ottawa when I was there. He died in a traffic accident as well.

It is particularly tragic with Manmeet Bhullar because he was young and had done so much for others, indeed, had stopped along the road to help another individual. Manmeet Bhullar had founded a youth organization called Inspire. He co-ordinated a Walking Hunger Away campaign in Calgary. He helped connect Albertans to high-speed Internet. He led changes in child and family services to help families in Alberta. He was an individual who contributed a lot to his province, and we remember that as we mourn his passing with great sadness and extend sympathies and condolences to his family and to his friends and, indeed, to all Albertans.

Mr. Speaker: Is it the pleasure of the House to observe a moment of silence? [*Agreed*]

Please rise.

A moment of silence was observed.

Remarks from the Legislative Assembly of Nova Scotia

Resolution No. 2523

Hon. Joanne Bernard (Dartmouth North): Mr. Speaker, I hereby give notice that on a future day I shall move the adoption of the following resolution:

Whereas the Honourable Manmeet Bhullar, MLA for Calgary-Greenway was tragically killed Monday, in a selfless gesture of helping another motorist in need; and

Whereas I knew Mr. Bhullar to be engaging, passionate, and committed to his work, especially children in care; and

Whereas Manmeet leaves behind a legacy of dedication to his work and compassion for those he served in the Progressive Conservative caucus in the Government of Alberta;

Therefore be it resolved that the members of this House join me in extending our sincere condolences to Manmeet Bhullar's family and friends, as they cope during this difficult time.

Letter from the Legislative Assembly of Newfoundland and Labrador

Dear Speaker Wanner,

Our hearts are saddened upon hearing of the passing of MLA Manmeet Bhullar. On behalf of all staff and members of the Newfoundland and Labrador House of Assembly I wish to express our heartfelt sympathy to the colleagues of Mr. Bhullar in the Legislative Assembly of Alberta and to his family and friends.

Sincerely,

Hon. Wade Verge, MHA

Speaker of the House of Assembly, Newfoundland and Labrador

Letter from the Legislative Assembly of Québec

Monsieur le Président,

C'est avec une grande tristesse que j'ai appris le décès d'un membre de votre Parlement, M. Manmeet Singh Bhullar.

La perte d'un collaborateur dans de telles circonstances est, sans l'ombre d'un doute, une épreuve douloureuse qui nous habite longtemps. Au nom de tous les membres de l'Assemblée nationale du Québec et en mon nom, je tiens à vous offrir mes plus sincères condoléances ainsi qu'à l'ensemble des députés de votre institution et aux membres de la famille de M. Bhullar.

Sachez que mes meilleures pensées vous accompagnent.

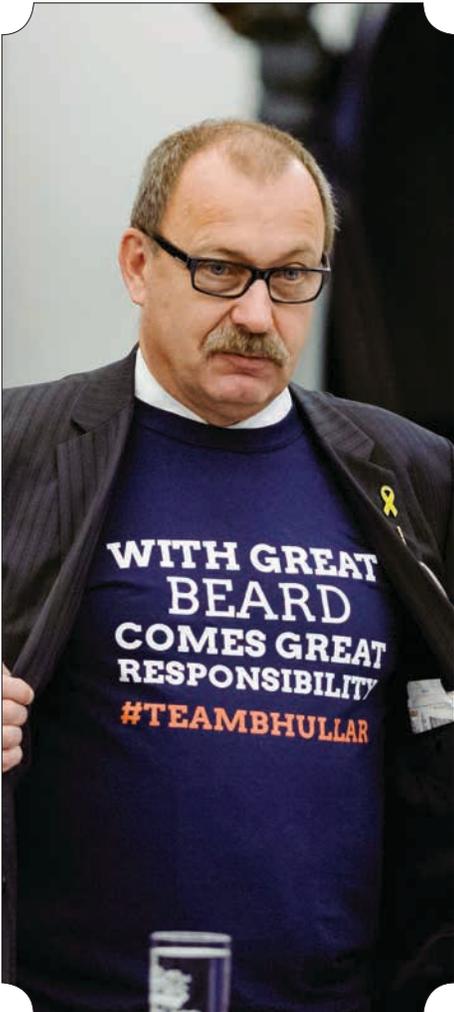
Je vous prie de recevoir, Monsieur le Président, l'expression de ma haute considération.

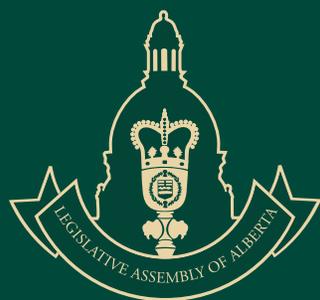
Jacques Chagnon

Président de l'Assemblée nationale du Québec

The Ontario Legislative Assembly observed a moment of silence in honour of the Member for Calgary-Greenway.







Appendix B - Alberta Hansard Manmeet Singh Bhullar Maiden Speech April 16, 2008



Province of Alberta

The 27th Legislature
First Session

Alberta Hansard

Wednesday afternoon, April 16, 2008

Issue 3

The Honourable Kenneth R. Kowalski, Speaker

Legislative Assembly of Alberta The 27th Legislature

First Session

Kowalski, Hon. Ken, Barrhead-Morinville-Westlock, Speaker
Cao, Wayne C.N., Calgary-Fort, Deputy Speaker and Chair of Committees
Mitzel, Len, Cypress-Medicine Hat, Deputy Chair of Committees

Ady, Hon. Cindy, Calgary-Shaw (PC),
Minister of Tourism, Parks and Recreation
Allred, Ken, St. Albert (PC)
Amery, Moe, Calgary-East (PC)
Anderson, Rob, Airdrie-Chestermere (PC),
Parliamentary Assistant, Solicitor General and Public Security
Benito, Carl, Edmonton-Mill Woods (PC)
Berger, Evan, Livingstone-Macleod (PC),
Parliamentary Assistant, Sustainable Resource Development
Bhardwaj, Naresh, Edmonton-Ellerslie (PC)
Bhullar, Manmeet Singh, Calgary-Montrose (PC),
Parliamentary Assistant, Advanced Education
and Technology
Blackett, Hon. Lindsay, Calgary-North West (PC),
Minister of Culture and Community Spirit
Blakeman, Laurie, Edmonton-Centre (L),
Official Opposition House Leader
Boutillier, Guy C., Fort McMurray-Wood Buffalo (PC)
Brown, Dr. Neil, QC, Calgary-Nose Hill (PC)
Calahasen, Pearl, Lesser Slave Lake (PC)
Campbell, Robin, West Yellowhead (PC),
Deputy Government Whip
Chase, Harry B., Calgary-Varsity (L),
Official Opposition Whip
Dallas, Cal, Red Deer-South (PC)
Danyluk, Hon. Ray, Lac La Biche-St. Paul (PC),
Minister of Municipal Affairs
DeLong, Alana, Calgary-Bow (PC)
Denis, Jonathan, Calgary-Egmont (PC)
Doerksen, Arno, Strathmore-Brooks (PC)
Drysdale, Wayne, Grande Prairie-Wapiti (PC)
Elniski, Doug, Edmonton-Calder (PC)
Evans, Hon. Iris, Sherwood Park (PC),
Minister of Finance and Enterprise
Fawcett, Kyle, Calgary-North Hill (PC)
Forsyth, Heather, Calgary-Fish Creek (PC)
Fritz, Hon. Yvonne, Calgary-Cross (PC),
Minister of Housing and Urban Affairs
Goudreau, Hon. Hector G., Dunvegan-Central Peace (PC),
Minister of Employment and Immigration
Griffiths, Doug, Battle River-Wainwright (PC),
Parliamentary Assistant, Agriculture and Rural Development
Groeneveld, Hon. George, Highwood (PC),
Minister of Agriculture and Rural Development
Hancock, Hon. Dave, QC, Edmonton-Whitemud (PC),
Minister of Education, Government House Leader
Hayden, Hon. Jack, Drumheller-Stettler (PC),
Minister of Infrastructure
Hehr, Kent, Calgary-Buffalo (L)
Horne, Fred, Edmonton-Rutherford (PC)
Horner, Hon. Doug, Spruce Grove-Sturgeon-St. Albert (PC),
Minister of Advanced Education and Technology
Jablonski, Hon. Mary Anne, Red Deer-North (PC),
Minister of Seniors and Community Supports
Jacobs, Broyce, Cardston-Taber-Warner (PC)
Johnson, Jeff, Athabasca-Redwater (PC)
Johnston, Art, Calgary-Hays (PC)
Kang, Darshan S., Calgary-McCall (L)
Klimchuk, Hon. Heather, Edmonton-Glenora (PC),
Minister of Service Alberta
Knight, Hon. Mel, Grande Prairie-Smoky (PC),
Minister of Energy
Leskiw, Genia, Bonnyville-Cold Lake (PC)
Liepert, Hon. Ron, Calgary-West (PC),
Minister of Health and Wellness
Lindsay, Hon. Fred, Stony Plain (PC),
Solicitor General and Minister of Public Security
Lukaszuk, Thomas A., Edmonton-Castle Downs (PC),
Parliamentary Assistant, Municipal Affairs
Lund, Ty, Rocky Mountain House (PC)
MacDonald, Hugh, Edmonton-Gold Bar (L)
Marz, Richard, Olds-Didsbury-Three Hills (PC)
Mason, Brian, Edmonton-Highlands-Norwood (NDP),
Leader of the NDP Opposition
McFarland, Barry, Little Bow (PC)
McQueen, Diana, Drayton Valley-Calmar (PC),
Parliamentary Assistant, Environment
Morton, Hon. F.L., Foothills-Rocky View (PC),
Minister of Sustainable Resource Development
Notley, Rachel, Edmonton-Strathcona (NDP),
Deputy Leader of the NDP Opposition,
NDP Opposition House Leader
Oberle, Frank, Peace River (PC),
Government Whip
Olson, Verlyn, QC, Wetaskiwin-Camrose (PC)
Ouellette, Hon. Luke, Innisfail-Sylvan Lake (PC),
Minister of Transportation
Pastoor, Bridget Brennan, Lethbridge-East (L),
Deputy Official Opposition Whip
Prins, Ray, Lacombe-Ponoka (PC)
Quest, Dave, Strathcona (PC)
Redford, Hon. Alison M., Calgary-Elbow (PC),
Minister of Justice and Attorney General
Renner, Hon. Rob, Medicine Hat (PC),
Minister of Environment, Deputy Government House Leader
Rodney, Dave, Calgary-Lougheed (PC)
Rogers, George, Leduc-Beaumont-Devon (PC)
Sandhu, Peter, Edmonton-Manning (PC)
Sarich, Janice, Edmonton-Decore (PC),
Parliamentary Assistant, Education
Sherman, Dr. Raj, Edmonton-Meadowlark (PC),
Parliamentary Assistant, Health and Wellness
Snelgrove, Hon. Lloyd, Vermilion-Lloydminster (PC),
President of the Treasury Board
Stelmach, Hon. Ed, Fort Saskatchewan-Vegreville (PC),
Premier, President of Executive Council
Stevens, Hon. Ron, QC, Calgary-Glenmore (PC),
Deputy Premier, Minister of International and
Intergovernmental Relations
Swann, Dr. David, Calgary-Mountain View (L)
Taft, Dr. Kevin, Edmonton-Riverview (L)
Leader of the Official Opposition
Tarchuk, Hon. Janis, Banff-Cochrane (PC),
Minister of Children and Youth Services
Taylor, Dave, Calgary-Currie (L),
Deputy Leader of the Official Opposition
VanderBurg, George, Whitecourt-St. Anne (PC)
Vandermeer, Tony, Edmonton-Beverly-Clareview (PC)
Weadick, Greg, Lethbridge-West (PC)
Webber, Len, Calgary-Foothills (PC),
Parliamentary Assistant, Energy
Woo-Paw, Teresa, Calgary-Mackay (PC)
Xiao, David H., Edmonton-McClung (PC),
Parliamentary Assistant, Employment and Immigration
Zwozdesky, Hon. Gene, Edmonton-Mill Creek (PC),
Minister of Aboriginal Relations,
Deputy Government House Leader

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Clerk Assistant/ Director of House Services	Louise J. Kamuchik	Sergeant-at-Arms	Brian G. Hodgson
Clerk of Journals/Table Research	Micheline S. Gravel	Assistant Sergeant-at-Arms	J. Ed Richard
Senior Parliamentary Counsel	Robert H. Reynolds, QC	Assistant Sergeant-at-Arms	William C. Semple
		Managing Editor of <i>Alberta Hansard</i>	Liz Sim

[Errata, if any, appear inside back cover]

I am extremely pleased that the hon. Premier has made this a priority. We must ensure that the K to 12 education system continues to provide its world-class curriculum, that our universities provide the necessary tools to expand students' opportunities so that the Alberta economy can continue not only to grow but to grow as a well-balanced and diverse economy.

Sustainability also means building upon the industry that has got us to where we are today. I am, Mr. Speaker, referring to farming. Farming is a very important industry in Bonnyville-Cold Lake. Farmers are proud, hard-working Albertans whose industry experiences great turbulence and has modernized significantly since the founding of our province. I am confident that with the hon. Premier coming from a farming background himself, our government will work with farmers to ensure that their industry continues to play a vital role in Alberta as it has for so many years.

Sustainability also means ensuring that the beauty of our provincial parks remains the envy of the rest of Canada. Our parks should not only be preserved for beauty, though; rather, we should continue to pride ourselves in providing high-quality green space for Albertans to utilize through recreation and at the same time preserve habitats so that we may prosper and develop our province while living in concert with nature.

As I listened to the Speech from the Throne delivered by His Honour the Lieutenant Governor, I could not help but get excited to be part of this new government, this new age. Alberta does face opportunities unlike anywhere else in Canada and even the world. We have opportunities, we have determination, and we have the leadership that will build the future for Alberta, and we're all proud of it. As I look forward to the First Session of the 27th Legislature, I thank the constituents of Bonnyville-Cold Lake for granting me the opportunity to represent them in the Legislature for these exciting times.

Thank you. Merci. [Remarks in Ukrainian]
[Translation] Thank you, Mr. Speaker. [As submitted]

The Speaker: The hon. Member for Calgary-Montrose to second the motion for consideration of His Honour's speech.

Mr. Bhullar: Thank you, Mr. Speaker. Let me congratulate you on once again assuming the position and being elected to the position of Speaker. You, sir, are an ambassador for Alberta values, and I salute you and I thank you.

It is a profound pleasure for me to stand today and second the Speech from the Throne. It is an honour to have been asked by the Premier. It is especially an honour because we are the government that has a vision that will take Alberta to new frontiers. This, sir, is a moment that I will forever cherish.

As the Member for Calgary-Montrose it will be an honour to serve the community in which I was born. I was born in Penbrooke in 1980, and I was born in a family of immigrants, a family of individuals that came to this country with not more than their dreams. I, like many of my constituents, am the product of the hard work and the determination of so many immigrants. I am the product of people that came to this country, leaving back a very comfortable life for a life of struggle, for a life of hard work, all so their future could have a better life.

My constituency is composed of Penbrooke, as I said, Abbeylea, Applewood, Marlborough Park, and Monterey Park. It is a very diverse area. It is diverse with respect to ethnic and religious backgrounds. It is diverse in socioeconomic conditions. Almost 32 per cent of my constituents are first-generation immigrants. These are folks that have come to this country with their dreams, just like my parents came.

4:20

Sir, we have come to this country, all of us. Some were born here, some families have been here for many generations, and others have just arrived, but the one common denominator is dreams. Everybody has come here with dreams. It is my hope and my pursuit to ensure that new Canadians fulfill their dreams for their families and for future generations to come, but it is also my hope and my pursuit that they engage in Alberta, they engage in Canada, and they take an active leadership position in this country to help shape the future of this province and this country.

Beyond the external diversity of my constituents there are great similarities. There are grandparents, there are parents, there are siblings, there are many children, all of whom want the same things in life. Mr. Speaker, I'm proud to say that the young families in my constituency will be delighted to know that this government is working to create 14,000 new child care spaces in this province.

Calgary-Montrose is composed of hard-working people, people that do their part and expect the government to do the same. We have proved that we are sound fiscal managers of this province, and that is why we are able to get rid of health care premiums in a fiscally responsible manner. That is giving back to our constituents.

The many mothers and fathers who I spoke with during the campaign that spoke about and expressed their concerns about safety in Calgary-Montrose, that expressed their concerns about crime and growing violence: these folks will be pleased to know that we are working to ensure that we get a hundred new front-line police officers this year and 300 over the next three years.

Sir, the single mother from Calgary-Montrose that I met who works in a factory and has high hopes for her children to get a university education will take comfort in knowing that this government is committed to ensuring that we have a great postsecondary education system.

Mr. Speaker, as I mentioned before, this is very personal for me. That constituent is very similar to my mother. You see, my mother worked in a factory for many, many years. My mother worked in a factory for many years so that I could have opportunities that she never had. She had to leave school at a very young age in India because her mother passed away and she was left to raise her siblings. Upon coming to Canada, she's worked many jobs, two jobs at a time, whatever it took to ensure that I and my siblings had opportunities they were never given. So this, sir, is so personal for me, and I will do everything I can to encourage young people in my constituency to complete high school and to get a postsecondary education.

Mr. Speaker, as you may know, I've devoted much of my time to working with young people. I have found that what young people often need is a mentor, a positive role model, someone that believes in them, because as Marianne Williamson once said, "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure."

Sir, I had one such mentor, a humanitarian like none other: Bhai Jasbir Singh, a humanitarian in India who started health care initiatives, who started four hospitals where the rich went because it was the best treatment and the poor went because they could pay whatever they could afford. He was a testament to true service. It is easy for us to stand and say that we are public servants, but he received no salary for his public service. He received no benefits for his public service. In my pursuit I hope and I pray that I can just do an ounce of what he was able to do in his life.

Mr. Speaker, I see hope all around us. That hope we need to instill in our young people is all around us. The volunteers who give so tirelessly give us hope. The police officers and firefighters and EMS personnel that lay their lives on the line every single day give

us hope. The teachers who see potential in children that children don't see in themselves and in some cases potential that parents don't even see in children: that gives me hope. The nurses who take an extra minute to comfort a patient give me hope. The single mother who doesn't let the fatigue of a long day of work at home and outside of the home prevent her from reading to her children every night gives me hope.

Sir, the woman I met door-knocking who is raising her grandchildren because, as she put it, her daughter was not ready to grow up – this woman fought for legal custody of her grandchildren so that she could give them some opportunity, give them some hope – gives me hope. Now, the beautiful part of that is that we chatted for some 15 to 20 minutes at her doorstep, and I said: “You know, I applaud you. I applaud you for being so strong.” She said to me: “You know, most days I don't feel strong. Most days I actually feel quite weak, and some mornings I wake up thinking I don't know if I can carry on with this.” I wasn't quite sure what to say, but as I looked in her eyes, I could see the tears.

The answer was that she is stronger than most of us because in spite of fear, she acts. In spite of being terribly afraid, she acted. In spite of being terribly afraid for the future of her children, she acted. I applaud her for her strength and courage to take such a bold step. She is the sort of individual that gives me hope.

Yesterday's Speech from the Throne offers hope for the present, hope for the future, and hope for taking advantage of all that Alberta has to offer. The government is putting forward an ambitious plan that appeals to Albertans' wants and needs. This is a track that delivers on promises and offers an ever-increasing quality of life. My constituents are going to be pleased with the new ring road around Calgary because that's more time they get to spend at home instead of in traffic. By making it a priority to improve the efficiency and the effectiveness of health care delivery and providing hospitals to meet the needs of a growing province, we are demonstrating, sir, that the government has the right plan for health care.

What gives me great pride to be an Albertan is the fact that one-quarter of new jobs created in this country are because of us. That is a profound thing. I am absolutely proud to be an Albertan, to contribute so much to this country. But that, sir, means that we must continue on a path of solid economic management and growth in innovation.

4:30

To ensure that we remain prosperous, the government is working on adding value to our exports and broadening our economy. As Canada's largest producer of wind power and petrochemicals our energy resources afford us much prosperity, but we must strive to be as entrepreneurial as possible and to make the most of our skills and innovation. Just today I learnt of some of the great innovations coming about because of our nanotechnology strategies. We will be a leader in this field by 2020. This is solid vision, this is true leadership shown by the Premier, and, sir, this will make sure we have a place in the international community forever.

There's one more story that I must share, and it's of a constituent I met during the campaign. My volunteer knocked on her door and said, you know: I'm here with your candidate. We heard some rustling, and after about a minute the door opened. I was shocked to see a young woman standing before me in tears. I said: “My apologies. I don't mean to interrupt you. You seem to be going through something.” She said: “No, I wanted to open the door for you. I've just lost somebody, but I still wanted to meet you.”

That moment touched me because it shows us the great position we are in. The people of this province and the people of Calgary-Montrose have entrusted us with such a position. We shall never

take this for granted. This shows me the importance of public life, something that we should remember when we take every action, something that we should consider every time we make a decision and have to consider whether it's a decision for greatness or if it's just a political move.

I want to inspire young people in my constituency. I want to inspire a generation of young people, and if I can inspire just one of them to get a postsecondary education, I will have done my job. In order to inspire young people, though, we need to ensure that instead of our young people feeling inadequate, we must instill in them the understanding that they have the seeds of greatness implanted in them. Instead of our young people feeling limited because of the financial means of their parents, we must express to them that they have unlimited potential and unlimited opportunity in our great province.

Instead of people seeing divisions and borders between people of different faiths and cultures, we must provide a venue for young people to experience human unity. Instead of our young people being marginalized by the way they dress, the music they listen to, or the one mistake they've made, we must accept them, we must love them, and we must give them a chance to change. Instead of teaching our young people to judge others, they must learn to bring out the best in others. Instead of young people feeling that beauty is based on shapes and sizes and that love is conditional, they must see and they must feel that they are beautiful and they are loved. Instead of our young people hearing that one person just can't do anything or witnessing prejudice and judgment, they must know that the ability to do great things, to uplift humanity, to serve, to prosper, to contribute, to live in harmony with fellow human beings is their potential.

The greatness of humanity, the greatness instilled in every human being, the greatness of serving is to be realized and developed. That is my hope, that is my dream, and that is why I am the MLA for Calgary-Montrose.

Thank you, sir.

The Speaker: Hon. members, the hon. Member for Calgary-Montrose has the distinction of being the second-youngest member serving in any parliament anywhere in the country of Canada today. He has one junior serving in the National Assembly of Quebec. That's it. Number 2 on the list.

The hon. Leader of Her Majesty's Loyal and Official Opposition.

Dr. Taft: Thank you, Mr. Speaker. I appreciate the opportunity to rise and respond. I understand that the Member for Airdrie-Chestermere has family here. I am prepared to switch places if he wants to go, and I'll follow him if that helps his family situation.

The Speaker: That's perfectly fine with me in terms of the rotation. The hon. Member for Airdrie-Chestermere, please.

Mr. Anderson: Thank you, Mr. Speaker. I'm both honoured and humbled today to rise on behalf of the constituents of Airdrie-Chestermere to address this Assembly in response to the Speech from the Throne.

By way of constituency background for my fellow members, the riding of Airdrie-Chestermere has seen remarkable growth over the past several years. In fact, Airdrie has been one of the fastest growing cities and Chestermere one of the fastest growing towns in all of Canada. Although there are many new faces, we also have fifth-generation Alberta families working the same lands that their great-grandparents did, although they use a little more horsepower than their forebears ever did.

Appendix C - Member profile - Manmeet Singh Bhullar - Legislative Assembly of Alberta

[HOME](#) > [ELECTED MEMBERS](#) > [MEMBER PROFILES](#)



Manmeet S. Bhullar
Former Member 0768

Contact Information
Biography
[Expense Disclosure Reports](#)
> Profile
[Profile Download](#)

*Courtesy of Legislative
Assembly of Alberta*

MLA Profile

Expand All [+]

[-] Dates of Service as Member

Start Date	End Date	Total Days
2008-Mar-03	2015-Nov-23	2,822 Days 7 Years, 8 Months, 21 Days

[-] Contested Elections and Constituencies

Election Date	Election Type	Party	Constituency	Result	Legislature
2015-May-05	General Election	Progressive Conservative	Calgary-Greenway	Elected	29
2012-Apr-23	General Election	Progressive Conservative	Calgary-Greenway	Elected	28
2008-Mar-03	General Election	Progressive Conservative	Calgary-Montrose	Elected	27

[-] Party Affiliation

Start Date	End Date	Party
2008-Mar-03	2015-Nov-23	Progressive Conservative

[-] Offices and Roles

Start Date	End Date	Service Type	Position
2015-Jun-01	2015-Nov-23	Opposition	Critic for Finance and Treasury Board
2015-Jun-01	2015-Nov-23	Opposition	Critic for Infrastructure
2014-Sep-15	2015-May-23	Executive Council	Minister of Infrastructure
2013-Dec-13	2014-Sep-14	Executive Council	Minister of Human Services
2011-Oct-12	2013-Dec-12	Executive Council	Minister of Service Alberta
2010-Jan-15	2011-Oct-11	Other Roles	Parliamentary Assistant for Municipal

2008-Mar-13	2010-Jan-12	Other Roles	Parliamentary Assistant for Advanced Education and Technology
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[-] Legislative Committee Memberships

Legislature	Session	Committee Name	Position
29	1	Standing Committee on Legislative Offices	Member
29	1	Standing Committee on Public Accounts	Member
27	4	Select Standing Committee on Legislative Offices	Member
27	4	Special Select Standing Committee on Members' Services	Member
27	4	Standing Committee on Community Services	Member
27	3	Select Standing Committee on Legislative Offices	Member
27	3	Standing Committee on Community Services	Member
27	2	Select Special Chief Electoral Officer Search Committee	Member
27	2	Select Standing Committee on Legislative Offices	Member
27	2	Standing Committee on the Economy	Member
27	1	Select Standing Committee on Legislative Offices	Member
27	1	Standing Committee on the Economy	Member

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Last Updated: September 21, 2017



Legislative Assembly of Alberta

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Appendix D - Statement from the family of Manmeet Singh Bhullar



Nov 23, 2015

Statement from the family of Manmeet Singh Bhullar

Statement from the family of Manmeet Singh Bhullar:

“The light in our lives went dark today. Manmeet Singh left us while he was doing what he loved more than anything – helping someone else. We know he would want us to be thankful for the countless blessings he was given by God. Just as his faith, wife, family, friends, and community gave him strength, it will give us strength now. We thank you for your support during this difficult time and ask for privacy.

“He demanded excellence of himself and those around him. We are all better because of him.”

The family of Manmeet Singh Bhullar

#nicetomanmeetyou

[Contact us](#)

[310-0000](#)

Appendix E - Information and Consent Form



INFORMATION LETTER and CONSENT FORM

Study Title: Social media and shared grief

Research Investigator:

Tarjinder Bhullar
 c/o MACT Department, University of Alberta
 10230 Jasper Avenue
 Edmonton, AB, T5J 4P6
 tbhullar@gmail.com
 403-870-8282

Supervisor:

Dr. Fay Fletcher
 MACT Department, University of Alberta
 10230 Jasper Avenue
 Edmonton, AB, T5J 4P6
 fay@ualberta.ca

Background

You are being asked to participate in this study to include your social media posts (Instagram and Facebook) that you have already posted related to Manmeet Singh Bhullar from the time of his passing until now. Your name was obtained either directly from the research investigator who you have granted permission to, to follow you on social media platforms (Instagram and Facebook), or through a search of Facebook and Instagram posts that are on public accounts.

As a participant you have the option of including your identifying information as part of the data I collect.

This study is in partial fulfillment of the Masters of Arts in Communications and Technology degree for Tarjinder Bhullar. In addition, findings from this research could potentially be used in published articles for academic presentations.

To ensure full disclosure, I would like to indicate my relationship with Manmeet Singh Bhullar; I am his elder sister.

Purpose

This study will explore how individuals use social media to share grief and loss. This research will deepen our understanding of how social media may be used to maintain a bond with someone who has passed. Pre-existing Facebook and Instagram posts will be the primary data being reviewed.

Study Procedures

This research will consist of examining Instagram and Facebook posts that mention:

- #nicetomanmeetyou
- Manmeet Singh Bhullar or Manmeet Bhullar
- @manmeetsbhullar

Benefits

Although this study may not lead to direct benefits for you personally, it will allow you to see the shared grief and loss expressed on social media with the passing of Manmeet Singh Bhullar. Upon completion it will allow for you to see how use of social media assists in maintaining a bond with him. This research could serve to inform other individuals on how to use social media to share their grief and loss.



Risk

There are no known risks to this study. If we learn of anything during the research that may impact your willingness to continue participation, you will be informed.

Voluntary Participation

Participation in this study is completely voluntary. Making the decision not to participate in this study will not have an impact on personal relationships.

This project is being done as part of a Master of Arts in Communications and Technology. The final project paper will be submitted September 29, 2017. For that reason, you will not be able to withdraw your consent.

Identifiers will be removed October 1, 2017 and all data will be destroyed after five years (October 1, 2022).

If you are interested in receiving a copy of the final report please contact Tarjinder Bhullar.

Further Information

If you require clarification or have further questions, please contact Tarjinder Bhullar or Dr. Fay Fletcher at any time.

The plan for this study has been reviewed for its adherence to ethical guidelines by a Research Ethics Board at the University of Alberta. For questions regarding participant rights and ethical conduct of research, contact the Research Ethics Office at (780) 492-2615.

Consent Statement

I have read this form and the research study has been explained to me. I have been given the opportunity to ask questions and my questions have been answered. If I have additional questions, I have been told whom to contact. I agree to participate in the research study described above and will receive a copy of this consent form after I sign it.

Check the appropriate box below:

- You have my consent to use Instagram or Facebook content as well as my name and/or image in your project
- You have my consent to use Instagram or Facebook content but DO NOT include any identifying information.

Participant's Name

Participant's Signature

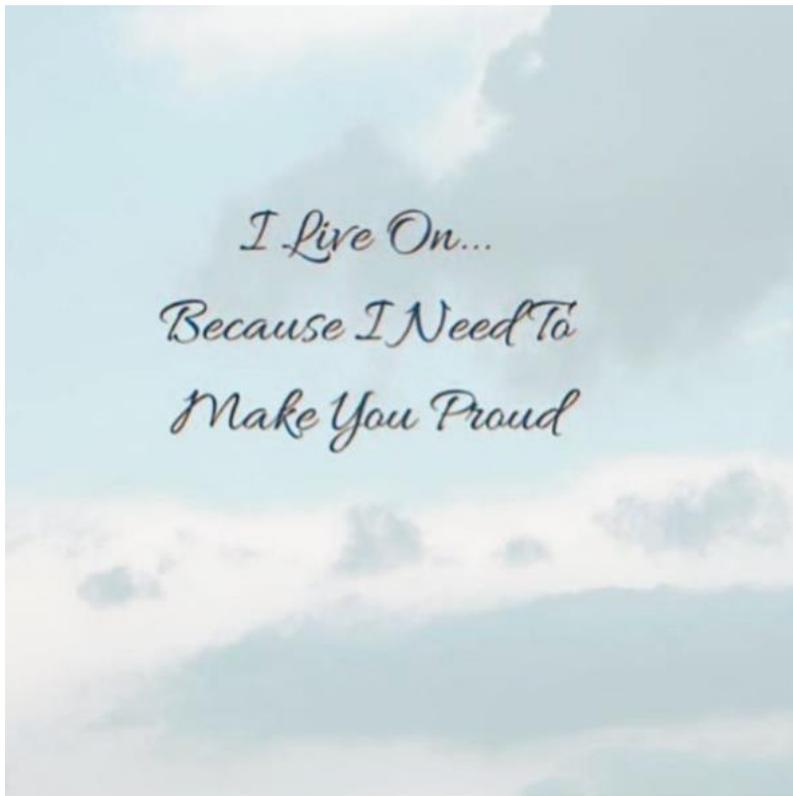
Date

Name of Person Obtaining Consent

Signature

Date

Appendix F - #nicetomanmeetyou – A collection of Instagram posts



nkrattan

Following

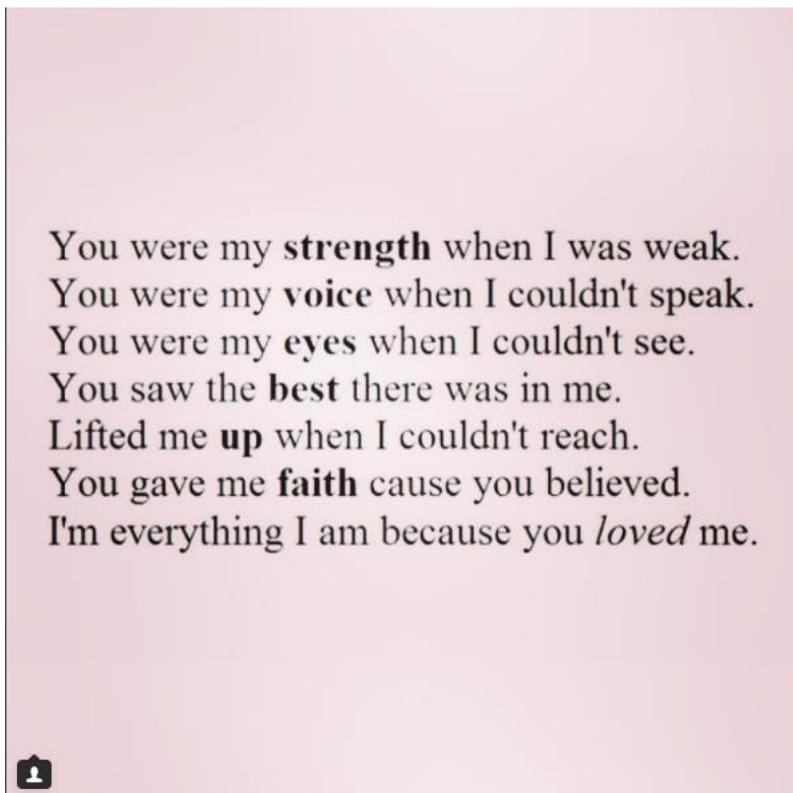
nkrattan Everything I do, I do it for you.
 sjs5555 I bet he's never been prouder! ❤️❤️
 amanie_87 Making him smile, I'm sure.
 pklaila 💍
 jassie_87 🍀
 jassie_87 ❤️
 jassie_87 💍
 jassie_87 💍
 jassie_87 💍
 jassie_87 ❤️
 jassie_87 💍
 jassie_87 ❤️
 jassie_87 📧
 jassie_87 ❤️
 jassie_87 💍



62 likes

MARCH 28, 2016

Add a comment...



nkrattan

Following

nkrattan Forever grateful because you loved me.
 skr_xoxo ❤️
 gosalharp 💍
 manpreetkbrar So sweet and he was great because he had your strength and love
 simrans87 So beautiful Nama ❤️
 grlail Beautiful Nama. 💍
 parmal_gahunia 💍
 kshergill23 ❤️❤️❤️
 shan1025 🍀
 sjs5555 Simply, Beautiful. Love.
 pklaila Beautiful and real love ❤️
 rajdeol86 ❤️❤️
 prabhdeep_chahal 😊
 sumanhoonjan ❤️

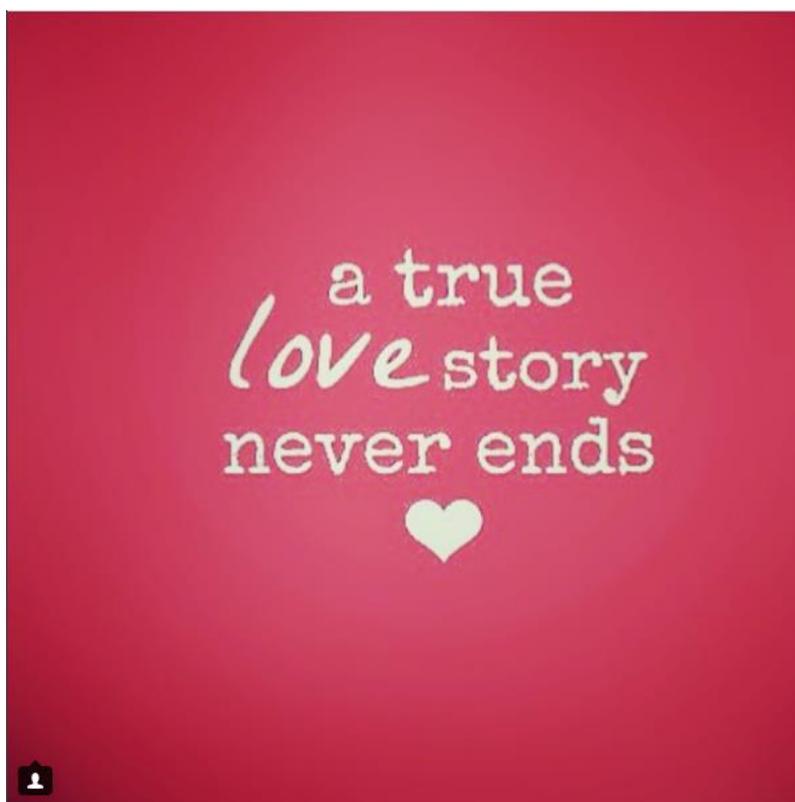


71 likes

MARCH 2, 2016

Add a comment...





nkrattan

Following

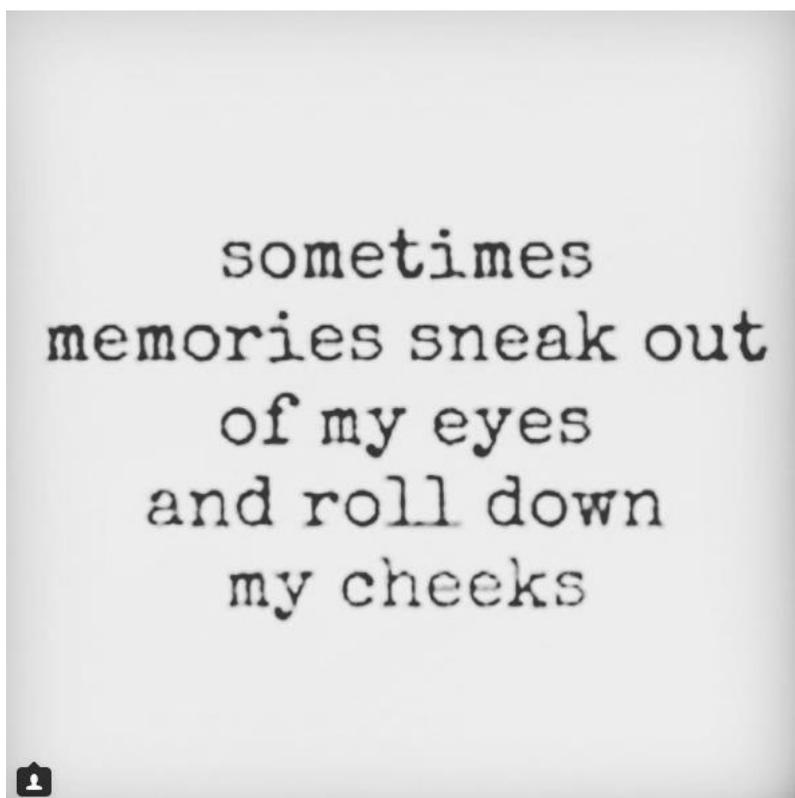
nkrattan Missing my valentine
andrewgill0 ♥
sjs5555 ♥♥♥
amanie_87 Love you Nama.
ashakdeol ♥
abhullar So true and sweet. ♥ you.
simrans87 ♥



58 likes

FEBRUARY 14, 2016

Add a comment...



nkrattan

Following

nkrattan Grateful to have such amazing memories.
skr_xoxo ♥
hamjamm ♥♥♥
shan1025 ♥☺
kshergill23 ♥♥♥♥
pklaila ♥
happyb88 ♥♥♥♥
grlail So well put. #memories ☺
sjs5555 Grateful for @manmeetsbhullar bringing you into our lives! ♥
amanie_87 So grateful for you being a part of our family and all the memories that has created. Love you!
jbrar30 ♥
gosalharp ♥

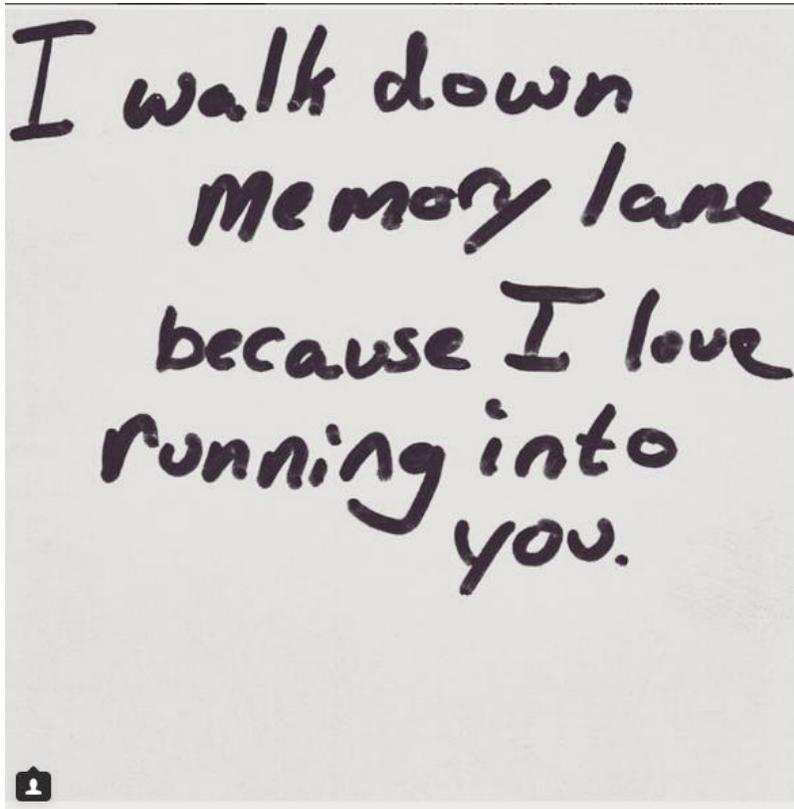


60 likes

JANUARY 23, 2016

Add a comment...





 nkrattan Following

- nkrattan Missing my love.
 pklaila ♥
 simrans87 ♡
 parmal_gahunia 😊
 hamjamm ♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥♥
 rajdeol86 ♥
 kshergill23 I love love love you!! ♥♥
 pklaila ♥💎♥♥♥♥♥♥♥♥♥♥
 tlail67 So true ♥♥♥♥♥♥
 amanie_87 That's a nice saying. ♡
 shamwow1234 ♥😊
 ronnikau You are so strong 😊
 abhullar You have the best memories in the world. xx 😊
 snefk ♥♥♥♥♥♥♥♥♥
 ameeetkholi ♥

♥ 🔍
 75 likes
 DECEMBER 28, 2015
 Add a comment... ⋮



 nkrattan Following

- nkrattan My love.
 kshergill23 ♥♥♥
 liily_86 Thinking of you Nama. Xo ♡
 parmal_gahunia Love u Nama♥
 sjs5555 Love you! ♥
 abhullar Love you xx
 sab.hu Thinking of you 😊
 sweetstumber ♥
 sidhuamrit Love you so so much Nama ♥
 teevee16 Been thinking about you @nkrattan Sending you warm hugs!
 hamjamm ♥ you SO much, Nama
 ramona003 Thinking of you nama! ♥love you.
 amanie_87 Love you so much! ♥
 rajdeol86 Love you ♥♥♥

♥ 🔍
 67 likes
 NOVEMBER 25, 2015
 Add a comment... ⋮



jsekhon7
Manmeet Singh Bh...

Following

jsekhon7 An incredible realization that so many young children will begin their education alongside Meeta's name. I cannot believe how much schools have changed - what an amazing collaborative environment they have created. This school in particular, has a "secret garden" (as dubbed by the grade 1 students) - it's a courtyard in the middle of the school. #nicetomanmeetyou #cbe #yyc #yycNE

kabakara What a beautiful memory of his legacy 🙏🙏🙏❤️



110 likes

AUGUST 21

Add a comment...



sjs5555

Following

sjs5555 Today some lucky little kids get to start their first day at the Manmeet Singh Bhullar School! #nicetomanmeetyou 🙏🙏

dhilln_ This is awesome 🙏🙏 lucky kids!

kbraich This is amazing!

just_teaching This is so special.

amanie_87 🙏🙏 so special and fitting

sagandhallu Amazing 🙏

simmysahi 🙏 beautiful

simrans87 So amazing! 🙏

jessie.lail Awesome

sumanhoonjan 🙏🙏🙏

hamjamm 🙏🙏🙏

kduhra This is awesome 🙏🙏🙏🙏

manpreetkdhaliwal Love this!!

happyb88 🙏🙏🙏🙏



158 likes

AUGUST 15

Add a comment...





tony_dhaliwal

Following

forevergabroo Waheguru
sjs5555 🗨️👍



84 likes

AUGUST 15

Add a comment...



abhullar
Calgary, Alberta

Following

abhullar Today the Manmeet Singh Bhullar Elementary School opened its doors for the first day of school. #MSBschool #nicetomanmeetyou

sarinajxo Beautiful! 🍷

amitozsekhon 🍷

mikaarts A wonderful way to honor his memory...xo

sharon_rai82 Wow what an achievement 🍷

sagandhallu 🍷🍷🍷

hamjamm 🍷🍷🍷



109 likes

AUGUST 15

Add a comment...





dedicated his life to making the community and country a better place. We continue to honour his memory by continuing where he left off. #syli17 #nicetomanmeetyou #sikh



worldsikhorg

Following

worldsikhorg Today we start our 3rd annual Sikh Leadership Institute where we host 20 of the brightest Sikh Youths from across the country for a weekend of leadership training. Manmeet was instrumental in taking this idea and helping us make it a reality three years ago in Calgary for our inaugural event.

In 35 years Manmeet accomplished things most do not in a lifetime. Manmeet dedicated himself to creating real change on issues that matter for the community, like our youth.

SYLI would never have been possible without his support and assistance. He genuinely cared about serving others and dedicated his life to making his community and country a better place. We continue to



263 likes

AUGUST 11

Add a comment...





amanie_87

Following

amanie_87 🌸❤️ Love you both and miss laughing with you two. #nicetomanmeetyou
kshergill23 🌸🌸🌸🌸
hamjamm ❤️❤️❤️
shan1025 ❤️



76 likes

AUGUST 10

Add a comment...



shan1025

Following

shan1025 Missing the brother that had the wisest wisdom to give. The laughter of a small child. The knowledge of an old man. And so much love to give that it crossed so many oceans and rivers. Where ever you are I know that you are looking down at us and probably cracking some sort of jokes. I miss you more than words can ever describe. Happy rakhri to all my brothers! Wishing you all a lifetime of love, prosperity and happiness! #nicetomanmeetyou #rakhri #brothers #kongforlife #missingyou



84 likes

AUGUST 7

Add a comment...



we think we're made of numbers. percentages on tests, pounds on a scale, likes on a photo, price tags on clothes. but we're not. we are made of love and happiness and the way we laugh. we're made of good memories and late nights and past-curfews. we have more substance than numbers.



skr_xoxo

Following

skr_xoxo The most beautiful things in life are not things. They are people, smiles, memories, and laughter

#mondayvibes ☑☑ #nicetomanmeetyou

kshergill23 Lovvvveee this! 💕

simrans87 Couldn't agree more 💕

saravillamilyoga Love you missy 💕

pklaila So true 🍷

jillianmarie1330 💕💕💕



51 likes

JULY 17

Add a comment...



pklaila

Following

pklaila Happiest of birthdays to my adorable nephew Gabe Manmeet Singh Lail, you are pure JOY & truly capture the childish spirit of your namesake (I realize you're not on social media as you are only 1. but still)

#nicetomanmeetyou #nephew #lovehim

shan1025 He's adorable!!!

shan1025 Happy 1st birthday to Gabe!

kkajla Happy birthday to Gabe!

endlessbeyant 💕💕

nnsidhu Happy Birthday Gabe!

hamjamm 💕💕💕



72 likes

JULY 16

Add a comment...





hnsidhu

Following

hnsidhu SO proud of my bestie @pklaila who is officially done her residency and is now an internal medicine doctor, specializing in addictions. Back in Grade 7 she talked about wanting to be a doctor because she wanted to help people and make a real impact. You've worked so hard to be here babe and I'm so proud of you and grateful to have such an amazing friend who I know will change lives each day. Love you!! #drlail #nicetomanmeetyou #proud #happy #dowhatyoulove

pklaila You are the absolute sweetest!! This brought a year to my eye! No way I could have done it without people like you in my life. Love you! ❤️❤️❤️

shinood @pklaila congrats!!! What an amazing accomplishment



Liked by ritusidhu, amitozsekhon and 77 others

pklaila 4 years of undergrad, 3 years of grad school, 3 years of med school, 5 years of residency and a mere 15 years later I made it! Met the best people along the way...you know who you are #lastdayofresidency #imdone #imrp #yyctoyvr #drbhullar #nicetomanmeetyou



26 likes

JUNE 28

Add a comment...



pklaila
St. Paul's Hospital

Following

pklaila 4 years of undergrad, 3 years of grad school, 3 years of med school, 5 years of residency and a mere 15 years later I made it! Met the best people along the way...you know who you are #lastdayofresidency #imdone #imrp #yyctoyvr #drbhullar #nicetomanmeetyou

View all 21 comments

nsd488 Congratulations:);)

shan1025 So proud of you!!!
Congratulations

amanie_87 Congratulations Dr. Bhullar! So proud of you.

amanie_87 By the way your the first person ever to have such great ID pictures!

aimesshujie Congratulats Hun!!! Beaming with pride and can't wait to celebrate with you next week!!



101 likes

JUNE 27

Add a comment...



jsekhn7
Calgary, Alberta

Following

jsekhn7 Can't really find the words to explain the hurt, or the bitter sweet-joy this news brings. One thing for sure is how meaningful this new park is to all of us and will be to Calgarians. So incredibly proud and appreciative of @nkrattan for sharing her sentiment and putting into words the significance of this honour for Meeta. ❤️❤️
 🌟 #YYC #nicetomanmeetyou

hamjamm ❤️❤️❤️

peachgg 🌟🌟

kabakara 🌟🌟🌟

amitozsekhon Amazing! 🌟

kshergill23 🌟🌟🌟

lorddavindersingh Every time I come back to Calgary this is going to be my goto place to relax and unwind... Such an amazing legacy. #manmeetbhullar



76 likes

JUNE 23

Add a comment...



New city park to be dedicated to the late Manmeet Singh Bhullar

Calgary Herald

worldsikhorg

Following

worldsikhorg New city park in Calgary to be dedicated to the late Manmeet Singh Bhullar nkrattan @worldsikhorg Thank you for all of your support.



132 likes

JUNE 23

Add a comment...



skr_xoxo

Following

skr_xoxo To say I'm proud is inadequate. Namrita your hard work and dedication has created a space that Manmeet would be so proud of; a park for the community, the young, the elderly and the future. #nicetomanmeetyou

hamjamm ❤️❤️❤️

luxehomesyyc So amazing!

shamwow1234 😊👍👍

sarahhagphoto 🍷

rajdeol86 ❤️❤️

amanie_87 Perfectly said! 🍷🍷

jewelcreek 🍷🍷🍷🍷

parmal_gahunia 🍷amazing

jbrar30 SO awesome!!! 🍷👍

manpreetkdhaliwal Love this!

nonierk Proud of everything you do



109 likes

JUNE 22

Add a comment...



hamjamm
Parks Foundation Ca...

Following

hamjamm Today was a historic day full of both joy and sadness as Calgary Parks Foundation announced the Manmeet Singh Bhullar Park. @manmeetsbhullar your legacy lives on in this beautiful, vibrant city I get to call home. #summer18 #nicetomanmeetyou_s_baranski Love this.

pklaila Love 🍷🍷

sharon_rai82 🍷

sjs5555 🍷



77 likes

JUNE 22

Add a comment...





 **groundcubed** Follow

groundcubed Today we are absolutely honoured to attend the announcement and design reveal of Manmeet Singh Bhullar Park. Check out parksfdn.com/manmeet-singh-bhullar-park for more info. #nicetomanmeetyou #landscapearchitecture #harvesttable #parks

 
26 likes

JUNE 22

Add a comment... ⋮



 **worldsikhorg**
Parliament Hill Following

worldsikhorg This past week we held our annual June Parliamentary Reception in Ottawa with Canadians from across the country and our elected representatives from all federal parties. Our keynote speaker was Tarjinder Kaur Bhullar, the sister of late Manmeet Singh Bhullar. Tarjinder spoke about Manmeet Singh's work and specifically touched upon his wish to save and relocate Sikh and Hindu refugees from Afghanistan to safety. WSO also met with our elected representatives to discuss refugees in Afghanistan and other important issues for the community.

Special thanks to Smiles Photography for their amazing work and our Board member Kirpa Kaur for organizing the event! We would also like to extend a special thank you to MP Garnett Genuis for

 
112 likes

JUNE 6

Add a comment... ⋮



calgary_sikhs

Follow

calgary_sikhs TODAY 7-9pm at MRU!
 Pardeep Singh Nagra, Executive Director of the Sikh Heritage Museum of Canada, will be sharing his insights about the influence of the Sikh Kingdom on the landscape of Canada. Room J301!
 The exhibition "Lahore Court of the Sikh Kingdoms" will be on display at the Lower Atrium EB1120 from Tues March 7-Thurs March 9!
 #MountRoyalUniversity
 #SikhMuseumofCanada #PardeepSinghNagra
 #Calgary #YYC
 #ManmeetBhullarSpeakerSeries
 #LahoreCourtoftheSikhKingdoms #Sikh



137 likes

MARCH 7

Add a comment...



abhullar

Following

abhullar For Meetas birthday my family got to paint the gym floor of the future Manmeet S Bhullar Elementary School. They'll cover up our artwork with a new gym floor and leave our messages for there in the foundation of the school. Thanks Pinks for writing my message, Nama for organizing such a special day and to all of my amazing family for making me feel like I was there. x 😊



170 views

MARCH 2

Add a comment...



Happy birthday manmitten 8:54 AM

Meeta Bhullar

For my birthday everyone listen to Thir Ghar Baiso Har Jun Payaraa at least once.

8:54 AM

You tube. listen to the recordings from Harmandar Sahib

8:55 AM



abhullar

Following

abhullar Today is by far the most meaningful day of the year as we celebrate the day Meeta come in to the world and our lives. Meeta, you gave and taught me so much and I hold all of it close everyday.

No day has ever been the same since you've been gone. I miss you so much. Happy 37th Birthday Meeta! #ndkfkvjsk

pklailla Well said Arvindah 🍷🍷🍷



55 likes

MARCH 1

Add a comment...





sjs5555

Following

sjs5555 So honored that we got to paint the gymnasium floors for the Manmeet Singh Bhullar Elementary School for his birthday.

#nicetomanmeetyou ☐☐☐

manpreetkdhaliwal So beautiful! 💖

chica198 Wow! Looks amazing!! 💖

hnsidhu Love this @tbhullar @sjs5555 @shan1025 @pklaila

jessieauj Amazing 💖



241 views

MARCH 1

Add a comment...



sjs5555

Following



sjs5555 There aren't many moments that go by where we don't think of you. Miss the days like the one in the picture. Wishing the brightest star in our sky a very Happy Birthday! Love you Meeta!#nicetomanmeetyou ☐☐☐

simrans87 One of the best days 💖



108 likes

MARCH 1

Add a comment...





pklaila

Following

pklaila You'll always be the light of our lives @manmeetsbhullar There isn't a day that goes by without missing you. Happy 37th Birthday 🥰 #nicetomanmeetyou

sjs5555 🥰🥰

hamjamm Such a beautiful picture 🤍

drshimikang Manmeet continues to inspire all of us to be our best version of ourselves. Peace and love to all.

carmen_rock 🤍

amanie_87 Love this picture

abhullar Beautiful pic. Love your message. xx

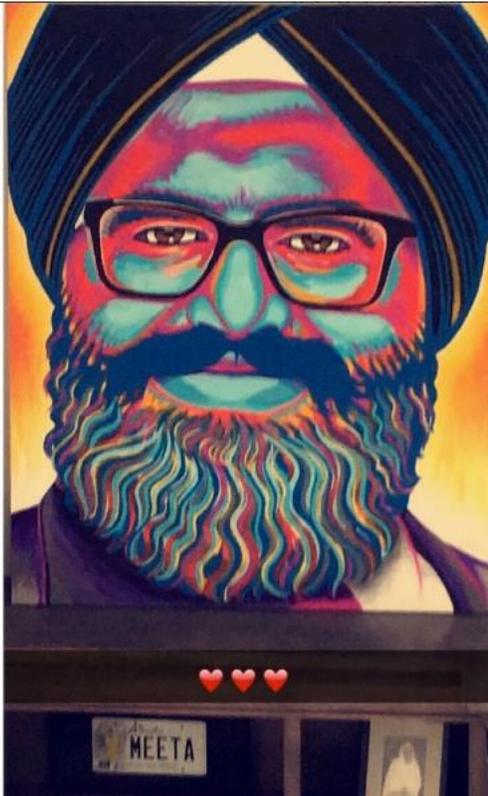
dip1980 🥰



78 likes

MARCH 1

Add a comment...



kshergill23

Following

kshergill23 Happy Birthday to the absolute love & light of our lives. We love and miss you dearly. #nicetomanmeetyou

sjs5555 🥰🥰

simrans87 Love!



144 likes

MARCH 1

Add a comment...





amanie_87

Following

amanie_87 Nothing seems right without you. Especially days like today. Thinking of all the birthdays we shared and all the laughs. Love you so much. I hope we make you laugh every now and then too. ❤️❤️#alwaysproud #nicetomanmeetyou

sjs5555 ❤️❤️

simrans87 Love this! ❤️

abhullar So sweet. I've never seen this pic before. x



77 likes

MARCH 1

Add a comment...



simrans87

Following

simrans87 Moments like these, are the ones that I miss most on days like this. Meeta, know that you are in my thoughts everyday, and no day will ever be as it was. Today, like many other days we celebrate all that you have achieved and continue to do for so many people. Happy Birthday to the brightest star in our family - one that provides us with love, laughter and gratefulness ❤️ #nicetomanmeetyou

shredd7 ❤️

shamwow1234 ❤️

amanie_87 Such a nice birthday party. We had so much fun. Great memories

msrose101 Happy birthday!!!! RIP ❤️

sjs5555 ❤️❤️

bainsanu ❤️

alannah_rae 🙏🙏🙏



131 likes

MARCH 1

Add a comment...





jsekhon7

Following

jsekhon7 How we all wish we could celebrate one more birthday with you Meeta. Missing you dearly. It's incredible the life lessons - and the experiences each of us has received due to Meeta's endless efforts in all aspects of our lives. Today, I felt absolutely honoured to be able to paint the gym floor, alongside my family, of the future Manmeet S. Bhullar Elementary School. They'll cover up our artwork with a brand new gym floor and be opening it up in September 2017. What a surreal feeling to know that thousands of students will begin their educational journey starting with Meeta's name.

chrischarlesscott What happened to him? @jsekhon7

amitozsekhon Beautiful . ❤️ @jsekhon7
ewlew 🍷



81 likes

MARCH 1

Add a comment...



grlail
BMO Centre

Following

grlail #TBT PS&C STARS and Spurs gala. Thanks for the support @jessie.lail @grewal_kj @iamhenryl missing one the brothers that came every year #nicetomanmeetyou#georgecanyon#twostep ping#cowboygearbeforestampede ravs_22 Omg George!! 🍷

hnsidhu Nice dress @grlail ;)

grlail @hnsidhu it was a huge hit! Thanks to you and your talents babe! 😊

hnsidhu Yay! Thanks for all the support darling ❤️❤️ @grlail

klkfraser Hey gorgeous, I'm the one that is supposed to wear a cowboy hat! Looks good on you.



100 likes

FEBRUARY 4

Add a comment...



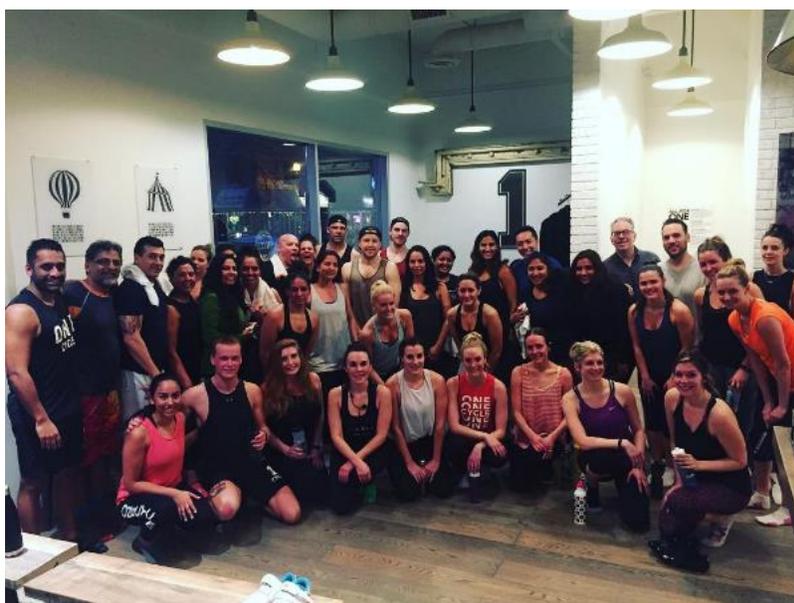
abhullar Helping to make children's dreams come true.
#ManmeetSinghBhullarSchool
#lefttheworldbetterthanhefoundit
#childreuschampion #stilldoingamazingthings
#NiceToManmeetYou
#wishhecouldseethis #soproud #wxwkdjff
shan1025 🍷
pklaila ❤️❤️❤️
simrans87 Amazing 🍷



62 likes

JANUARY 23

Add a comment...



jessie.lail Thank you to everyone for coming out to our charity ride yesterday. Team teaching with @kelledeeh, we ended up having a packed house with all proceeds going to my late cousins charity called Manmeet Singh Bhullar's charitable foundation. Also, having Bhangra vs Hip Hop music was a success!!! #oncycle #fitnessyc #nicetomanmeetyou #spinyyc #bhangravshiphop #sweatlife
rypie3251 You two rock! Amazing!



123 likes

JANUARY 15

Add a comment...



kkajla

Following

kkajla Charity spin class for the Manmeet Singh Bhullar foundation - thank you for making this happen @jessie.lail #nicetomanmeetyou #onecycle

jessie.lail I had so much fun with all of you there

kkajla @jessie.lail plan another one just for us 😊



89 likes

JANUARY 14

Add a comment...



Calgary Drop-In @calgarydropin

The family of the late @manmeetsbhullar (a great friend of ours) is volunteering with the wishlist and made a donation in his honor. 🎄❤️



jsekhn7 Calgary Drop-In & R...

Following

jsekhn7 #Kindness a simple concept but one we take for granted, and far too often overlook. One of the most valuable lessons I took from my cousin was the importance of finding individuals who are kind. I am so proud of my family. 🤝 #nicetomanmeetyou #calgarydropin #calgarydropincentre #yyc

dhruvabee Love it! Keep it up!

kabakara This is beautiful ❤️❤️❤️



68 likes

DECEMBER 24, 2016

Add a comment...



Calgary Drop-In
@calgarydropin



sjs5555

Following

The family of the late
[@manmeetsbhullar](#) (a great friend of
ours) is volunteering with the wishlist
and made a donation in his honor. 🎁🌲



sjs5555 Always nice to do a little something
for those in need in your honor.
[@manmeetsbhullar](#) #nicetomanmeetyou 🤝



98 likes

DECEMBER 23, 2016

Add a comment...



calgarydropin
Calgary Drop-In & Reha...

Follow

calgarydropin Such an honor to host the
family of the late Manmeet Bhullar - a great
friend of the Calgary Drop-In Centre who
we deeply miss. They are volunteering with
the wishlist and also brought with them a
donation in his honor. We couldn't think of
a better way to kick off the Christmas
Weekend. 🎁❤️

#calgarydropin #wearekindness #livesbegin
#yyc #yycliving #iamdowntown #evliving
#homeless #homelessness #poverty



81 likes

DECEMBER 23, 2016

Add a comment...





abhullar

Following

abhullar Missing these days.
#happytimes #missthisguy #nose
#broandsis #fkfksjn
#NiceToManmeetYou
hamjamm I love this picture xo! ❤️
amanie_87 lol I remember this picture!
Very nice
amanie_87 I wonder how many pictures of
your nose Meeta had on his phone...
#obsessed

ੴੴੴੴੴ



67 likes

DECEMBER 23, 2016

Add a comment...



azaadkhalistani

Follow

azaadkhalistani A year ago this wonderful
gentleman left us. He died whilst helping a
motorist in heavy snow in Canada.
#DiedTooYoung #ManmeetBhullar
Ravinder Singh, CEO of Khalsa_Aid



12 likes

DECEMBER 13, 2016

Add a comment...



amrajsinghart

Follow

amrajsinghart MANMEET SINGH BHULLAR

□□□□□□□□□□□□□□□□□□□□

Top man, true, warrior for justice!
I met Manmeet in high school he was younger than me by a year but ages ahead spiritually. He was a football player I was really impressed thinking wow Singh is big man! It was awesome to see a young Sikh playing sports.

#inspiration He always complimented my artwork gave me confidence and encouragement.

□□#thankyou #frommyheart He gave his life to Seva (selfless service to others). Honest hardworking humble soul a rare thing you find. A great leader with great vision. He will be remembered forever, left a legacy to be proud of. We hope the fight he started, to bring endangered Sikhs in Afghanistan and across the world to



78 likes

DECEMBER 5, 2016

Add a comment...



amrajsinghart

Follow

Afghanistan and across the world to Canada will continue and come to fruition.

□□
We didn't keep in close contact however when ever we met he would yell my name from across the room and would take the time to talk, one day he called me and asked about my classic car, he was interested in purchasing one too. I asked him "are you sure? it's allot of maintenance bro" you can have mine" I joked... I was super excited and started the search sending him photos of some on eBay. The hope was for a car club one day, I will proudly roll around in the Lincoln with you my friend! Hopefully start a car club or a show in your memory and raise awareness for all that is good and true! Hopefully see you in time! Dhan Guru Nanak □□
#nicetomanmeetyou #legendary #leadership #sikh #singh #beard



78 likes

DECEMBER 5, 2016

Add a comment...





amrajsinghart
Temple of Heaven

Follow

amrajsinghart Painting of Manmeet Singh Bhullar a reflection of his colourful soul for his family.

Acrylic on Canvas
4ft x 5ft

□□□□Oangkar Satnam

ਹਰਿ ਸਾ ਪ੍ਰੀਤਮੁ ਕਰਿ ਮਨ ਮੀਤ ॥
Har Saa Preetham Kar Man Meeth ||
Make the Beloved Lord your friend.
ਪ੍ਰਾਨ ਅਧਾਰੁ ਰਾਖਹੁ ਸਦ ਚੀਤ
Praan Adhhaar Raakhahu Sadh Cheeth
Keep Him constantly in your mind; He is
the Support of the breath of life.
ਰੇ ਮਨ ਮੇਰੇ ਤੂੰ ਤਾ ਕਉ ਸੇਵਿ
Rae Man Maerae Thoon Thaa Ko Saev
O my mind, serve Him
ਆਦਿ ਪੁਰਖ ਅਪਰੰਪਰ ਦੇਵ
Aadh Purakh Aparanpar Dhaev
He is the Primal Being, the Infinite Divine



102 likes

DECEMBER 5, 2016

Add a comment...



samsidhu99

Following

samsidhu99 Miss you so much!
#nicetomanmeetyou
overdose604 Legend! 😊
sjs5555 🍷🍷
amanie_87 Just such a big kid!



80 likes

NOVEMBER 24, 2016

Add a comment...





skr_xoxo

Following

skr_xoxo I will hold this loss in my heart forever. I miss everything you are and everything you mean to me but what I miss the most is seeing this love...
#nicetomanmeetyou

xo.farhana.balayage 🍷🍷

kshergill23 ❤️❤️❤️

jbrar30 ❤️❤️

sjs5555 So beautiful! 🍷🍷

lily_86 Thinking of you all xo

sumanhoonjan ❤️

simrans87 Love this 🍷!

amanie_87 That's so sweet! Love this picture as well.

chica198 🍷🍷🍷

a.pecs 🍷 Sushana, all the feels for you and your family. 🙏 I hope you guys have some



91 likes

NOVEMBER 24, 2016

Add a comment...



tony_dhaliwal

Following

tony_dhaliwal A year ago today God took the greatest human from this world. You kept me under your wing, you kept me safe. Although I will never get that again in physical form, I pray each day that I never lose the feeling that you are still there - guiding and protecting, keeping me under your wing. I hope that everyday I do something, anything, to make you proud. Please keep sending the strength to help us get through this life in a world that is so much less without you. I love you and miss you too much my brother.

simrans87 🍷🍷🍷

sjs5555 🍷

amanie_87 Very nicely said

kunalk108 Beautifully felt



60 likes

NOVEMBER 24, 2016

Add a comment...





trana07
Calgary, Alberta

Following

trana07 We Miss You Brother...
sharon_rai82 🍷
sarinajxo 🍷 you x
amanie_87 Awwwwh great picture. The bond you two had is something special. Love you!
kj_sangs 🍷🍷



41 likes

NOVEMBER 24, 2016

Add a comment...



1b_na
Calgary, Alberta

Following

1b_na Love you so much Meete 🍷 We will never be the same #gentlegiant #nicetomanmeetyou
sjs5555 I love everything about this! 🍷
uhh_j 🍷
simrans87 Love this 🍷



405 views

NOVEMBER 23, 2016

Add a comment...





hamjamm

Following

hamjamm Time escapes us but your memories will always remain. Love and miss you so much - my guiding light. #nicetomanmeetyou

sjs5555 ❤️❤️

sagandhallu ❤️

marearara ❤️❤️❤️

s_baranski Love this. So much.

amanie_87 Awwwh great picture roomies



92 likes

NOVEMBER 23, 2016

Add a comment...



pklaila
Calgary, Alberta

Following

pklaila A year ago today this world lost a brother, husband, son, and hero. While helping others your life ended far too soon. There isn't a day that goes by that we don't think of you and miss you. You will be in my heart until the very day I see you again. Love you forever #nicetomanmeetyou

sjs5555 ❤️❤️

hamjamm ❤️❤️❤️

tlail67 I still remember how excited and proud he was that night. ❤️❤️❤️

amanie_87 He will always be so proud of you!

samedaymoldtesting 🙏🙏

samedaymoldtesting Nice!



70 likes

NOVEMBER 23, 2016

Add a comment...





 **jsekhn7** Following

jsekhn7 Love & miss you so very much each & every day. Wishing we could create more memories & capture more moments with you. #nicetomanmeetyou

- kshergill23 ❤️❤️❤️
- sjs5555 💕💕
- hamjamm ❤️❤️❤️❤️
- srouhpayl 💕💕
- peachgg 💕💕💕



82 likes

NOVEMBER 23, 2016

Add a comment... ⋮



 **johalamy** Following

johalamy Meeta, one year ago you left this world but the devastation we all feel is still as raw as that day. Words still escape me, it just doesn't feel real. I know I speak for everyone that knew you or met you even once ... we were lucky to have you for the short 35yrs in which you achieved so much. I think of you all the time. Love to everyone back home in Calgary ❤️ #nicetomanmeetyou

rrs_16 I can't believe it's already been a year 💕

meena_soccerhockeymom Aww I know some close friends in Calgary that knew him as welk: (so sad



28 likes

NOVEMBER 23, 2016

Add a comment... ⋮



jesslail

Following

jesslail A year ago today the world got a little a darker. You carried a brightness within you that spread love, warmth and joy to all those you touched. Today I miss that light, today I mourn that loss for all those you loved. Hold someone you love tightly, tell them you love them, do something nice for a stranger. Bring some of that light back today. Miss you today and everyday. #nicetomanmeetyou 🍷 waheguru.

sjs5555 🍷



92 likes

NOVEMBER 23, 2016

Add a comment...



mattjeneroux

Follow

mattjeneroux #nicetomanmeetyou



82 likes

NOVEMBER 23, 2016

Add a comment...





 abhullar Following

abhullar These two 🤝🤝.
 #NiceToManmeetYou
 #BabasTearsOfPride&Joy
 #MyAngels
 amitozsekhon ❤️
 jesslail 🤝🤝
 sjs5555 🤝🤝



76 likes

NOVEMBER 23, 2016

Add a comment...



 abhullar Following

abhullar A year ago today my life was forever changed. Our family will forever be missing our most vital piece. There have been so many moments of pure grief, emptiness and more tragic loss over this last year.
 One of the things that has kept me going is who Meeta is. I know that he would want us all to be strong, take care of ourselves and take care of one another. I'm grateful that Meeta has left us with the most supportive and loving family and friends. We all get by a day at a time together. I know we will be reunited some day, and I can't wait to feel pure emotions like happiness, laughter, and joy with you again. I hope that the loved ones who joined you this last year have told you how much we miss and love you. I miss you and love you always. 🤝



77 likes

NOVEMBER 23, 2016

Add a comment...



sjs5555

Following

sjs5555 365 Days and not a single one of them has gone by without us sharing stories about you, watching your videos just to hear your voice or look at endless photos of you just to see your radiant smile. There have been days with tears and sadness of missing you but we've also been able to have great laughs when we remember how much you made all of us laugh with your jokes and child like nature. It's been a very tough year but I have to say we're incredibly lucky to see pieces of you in your beautiful wife, your amazing brother and sister and both of your loving parents. Meeta, we miss you greatly and I hope you're up in heaven smiling down on us. Love you our dear brother.

#nicetomanmeetyou 🍷

amitozsekhon ❤️

rkrharda 🍷



97 likes

NOVEMBER 23, 2016

Add a comment...



animal21s

Following

animal21s The past year has been very tough for all of us. It's also been confusing, heartbreaking, and sometimes still shocking. I still remember that random trip to Seattle where we just ate as much pizza and nacho's we could eat, and getting that Starbucks Barista to write the name "fabrice" on our drinks order, that was the funniest thing ever while she gave us the weirdest look. A week ago we had a services for our grandfather. We all know that hes has reunited with you and both of you are looking down on our entire family. May you both rest in paradise.

#nicetomanmeetyou #neverforgotten

sirchaddie Always with you man

hamjamm Beautiful ❤️❤️



27 likes

NOVEMBER 23, 2016

Add a comment...





amanie_87

Following

amanie_87 You were always there Meeta. For every special moment I can remember you were there. Even right after Stacey proposed, you made my day extra special. It's hard to think of all the life events we have to have without you here. The pure joy of a happy moment is no longer there. We were so blessed with so many great years. God had different plans for you Meeta, I know you love God and trust in God, so I must too. I must trust that all those who we have lost these past 12



85 likes

NOVEMBER 23, 2016

Add a comment...



simrans87

Following

simrans87 A year ago today our lives changed forever when we lost you. At this time, we not only knew the profound impact that you had on us, but we saw that for countless other people as well. The gift of compassion and love that you provided for so many, has created an everlasting impression. Thank you for allowing us to be apart of such greatness, to create such a legacy for your friends and family to appreciate and help build upon. There will be no day that will ever be as bright, or any gathering that will be as loud and bold with out you, but we do the best we can for you. You will and always have been a constant pillar in my life, and I will be forever grateful to have you as my brother. I love you 🍷 #nicetomanmeetyou

amanie_87 Love you!

shredd7 Thinkina of you todav. ☹️☹️❤️



134 likes

NOVEMBER 23, 2016

Add a comment...





shan1025

Following

shan1025 A year ago today one of the greatest men to come to this world was taken away. Not a day goes by that I don't think about you and all that you have taught me, our family, friends and many more out there. You truly were one of a kind. The best son, brother, friend and leader. Giving endlessly, you define what true seva is. I miss you more than words can ever express. Love you so much big brother! #nicetomanmeetyou

sathya213 ❤️

tina_pannu 😊

sagandhallu ❤️

sjs5555 ❤️

notsososo Beautiful written for a beautiful human who has left a legacy that should inspire us all to be better people ❤️



95 likes

NOVEMBER 23, 2016

Add a comment...



To live in hearts
we leave behind
is not to die.

THOMAS CAMPBELL



parmal_gahunia

Following

parmal_gahunia There are days that leave a lasting memory in our hearts, everyday that has pasted in the last year...we have thought of you #nicetomanmeetyou

amanie_87 ❤️❤️

sjs5555 ❤️



21 likes

NOVEMBER 23, 2016

Add a comment...





abhullar

Following

abhullar Grandpa.. Thanks for being my second dad, my supporter, and for raising me to be the woman I am today. Saying bye to you today is bittersweet. I know you didn't want to be in a world without Meeta in it and now you're reunited with the person we miss the most. Love you. #NiceToManmeetYou

- hamjamm Such a beautiful picture ❤️❤️❤️
- amitozsekhon ❤️
- gavdhallu Miss you guys today. Big hugs from London.
- pavparmar Beautiful picture 🍷
- kkajla Love this picture ❤️
- simrans87 Love this 🍷
- ameetkooner ❤️❤️❤️
- prabhdeep_chahal Such a beautiful photo. ❤️



88 likes

NOVEMBER 16, 2016

Add a comment...



jsekhon7

Following

jsekhon7 Goodbye Nanaji, we will always miss you & love you. Your presence, may it be at Mommaji's living room, a birthday party, graduation, wedding - or any precious moment - will be greatly missed. Comfort is found knowing that you are in peace today, and that we shared so many proud moments, smiles, laughs and dances over the years as a family. Peace for us is found knowing that you and Meeta may be reunited now. Miss you both together in a way in which words can't suffice to explain. 🍷❤️🍷 #nicetomanmeetyou love you, rest peacefully now.

- satn.am Sorry for your loss, dear. My condolences to you and your family. ❤️
- shezpaul I'm so sorry for your loss. My prayers are with you xoxo
- sixft9fella 🙏



71 likes

NOVEMBER 16, 2016

Add a comment...





amanie_87

Following

amanie_87 💕 Yesterday our grandfather left us peacefully to rejoin with his beloved grandson. These two men give me so much to be grateful for. I know without them our family wouldn't be the solid unit it is today. Baba lived a full life, surrounded by family and love. He got to see his dreams come true for a better life through his children and grandchildren. His proudest moments were when he was watching Meeta. As he left us he was surrounded by all of his children and at home in his own bed. It gives us peace knowing you two are together again. I love you both so much. Take care of each other. I will miss my BFF. #nicetomanmeetyou 💕

kshegill23 ❤️❤️❤️

simrans87 Aman, that's beautiful 💕!

shan1025 💕



86 likes

NOVEMBER 13, 2016

Add a comment...



abhullar

Following

abhullar Still can't believe Meetas not here and then last week happened making things that much tougher. These two souls both radiate such pure goodness, respect, friendship, love, loyalty and so much more. What a spectacular friendship to have witnessed. They're both so dearly missed. God has the best people with him.

#11months

#NiceToManmeetYou



55 likes

OCTOBER 23, 2016

Add a comment...





 **abhullar** Following

abhullar "We hope somewhere today two dear friends are united." ❤️
 So heartbreaking to lose such a special, caring, and good hearted man.
 #MeetasPerson
 #SilverFox
 #NiceToManmeetYou
 amitozsekhon ❤️❤️

73 likes
 OCTOBER 15, 2016
 Add a comment... ...



 **pklaila**
 Vancouver, British C... Following

pklaila Arrived in the mail today, it's official! Missing the person that would be so proud and would want me to edit out "Lail" for "Bhullar" this is for you @manmeetsbhullar #NiceToManmeetYou #frpc #itsofficial #md #drbhullar
 jsekhon999 Congratulations!
 jesslail Congrats beautiful!
 parmal_gahunia Congrats @pklaila
 wendyl01 🎉🎉🎉🎉
 fongadong Congrats Prabh!!
 shamwow1234 Congrats!! You should be very proud of yourself!!
 dip1980 Congrats Prabh. @pklaila
 amrita_sidhu_84 So proud of you! Congrats! 🎉🎉
 chibi0908 Congratulations!!!

77 likes
 OCTOBER 11, 2016
 Add a comment... ...



kshergill23

Following

kshergill23 We keep ourselves busy with the things that we do, but every time we pause we always think of you. #nicetomanmeetyou

sjs5555

shan1025 Love this!

jessid3e

simrans87

batminhas Miss meeta everyday, but I know he's doing good and making a difference where ever he is.

amanie_87 This is really sweet



81 likes

OCTOBER 6, 2016

Add a comment...

Tweet



Manmeet S. Bhullar
@manmeetsbhullar

Dear God make me more loving & compassionate, give more of myself in service, help me see the greatness imbedded in all & enjoy the moments!

2015-01-01, 1:51 PM



pklaila
Calgary, Alberta

Following

pklaila Very few people can say that they have been in the presence of true greatness in their life time. Blessed in every way to been able to call @manmeetsbhullar family. Missing you always. Thank you for all of your lessons, love, inspiration and acceptance #NiceToManmeetYou

skr_xoxo

amanie_87 Very beautiful prabh

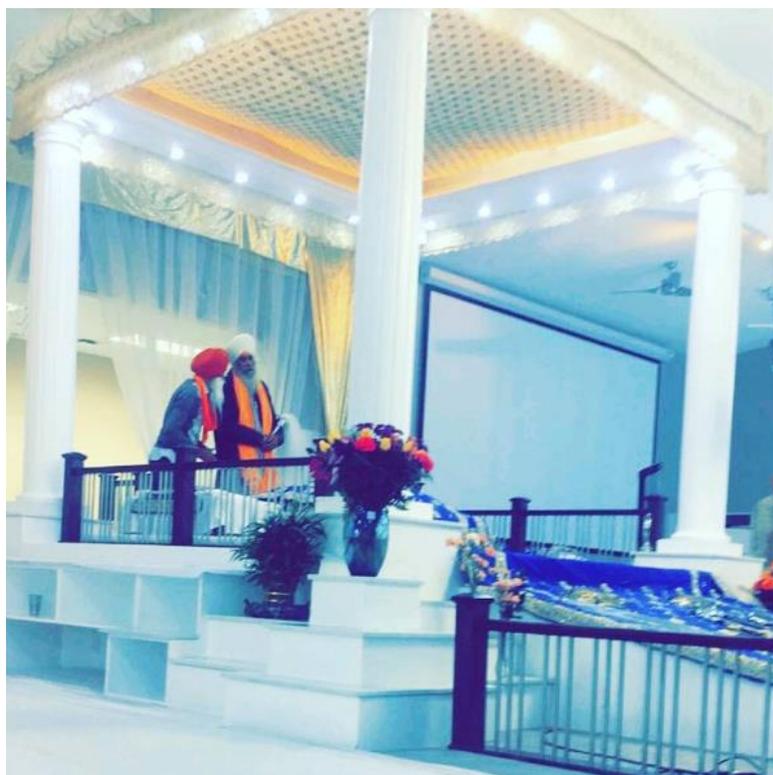
sjs5555



52 likes

SEPTEMBER 24, 2016

Add a comment...



abhullar
Dashmesh Culture C... Following

abhullar Wishing @manmeetsbhullar would walk through the door today, listen to his favorite kirtan and play scrabble with us. I can just picture him smiling because so many of his family and friends were together today. I pray he feels all of the love being sent to him today and everyday. ❤️ #10Months #NiceToManmeetYou

- hnsidhu 🙏❤️❤️
- manachatha ❤️❤️❤️
- sharon_rai82 Our thoughts and prayers are with all of you 🙏
- amitozsekhon ❤️❤️❤️❤️❤️❤️
- simrans87 🙏
- kshergill23 ❤️❤️❤️
- sidhuamrit ❤️❤️
- skr_xoxo 🙏❤️❤️

♡ 🗨

76 likes

SEPTEMBER 23, 2016

Add a comment... ...



♡ 🗨 ➡

♥ 2,871 likes

forbes Montblanc has released Augmented Paper, an innovation that brings traditional writing into the digital world. The tech allows written notes and sketches to be transferred from paper to a mobile device with just the press of a button. The device includes handwriting recognition in 12 different languages.

jsekhon7 Following

jsekhon7 Saw this, and was so excited. Only one other person I wish I could send the screen cap to. A Man who believed the Pen to be one of our most valuable tools. The man who pushed and inspired us daily. Not a day goes by without missing you. I take great pride in going back to school, to finish something I should have long completed. The simplicity of the technology behind the Montblanc pen is a reminder of all that I too can accomplish. I just needed to believe in myself the same way you always believed in each of us.

#NiceToManmeetYou
#FinishingMyUnderGrad
#SoICanDoMyMBA #TimeForBiggerDreams

- amanie_87 🙏❤️ you can do it!
- tlail67 Proud of you jag. Beautiful post.
- simrans87 Love this 🙏

♡ 🗨

43 likes

SEPTEMBER 3, 2016

Add a comment... ...

 Tweet



With great beard comes great responsibility.

Manmeet S. Bhullar
@manmeetsbhullar

Work hard and the stars will align
twitter.com/advaitakala/st...

2015-11-23, 10:50 AM

119 RETWEETS 126 FAVORITES

 abhullar Following

abhullar My inspiration everyday. Keeping these words as my motivation lately. Missing him so much. 🍷 #NiceToManmeetYou #9Months

simrans87 ❤️

kshergill23 🍷🍷🍷

sarinajxo Love you x

51 likes

AUGUST 23, 2016

Add a comment... ⋮



 grlail Following

grlail Feeling grateful and blessed to have these guys in my life. 😊 missing a few of the boys near and far, but especially missing the one that is so far away that a phone call or txt can no longer be feasible.
#Rakhri2016#brothersisterday#love#family#nicetomanmeetyou

kamalpgil ❤️

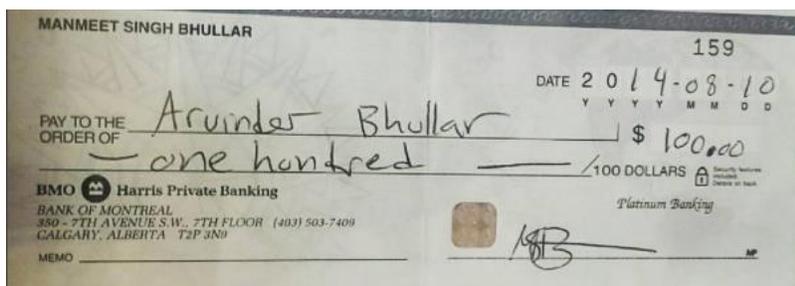
prabhdeep_chahal I have been feeling so grateful and blessed to have you today. These brothers of yours are very lucky. 😊😊

89 likes

AUGUST 19, 2016

Add a comment... ⋮



sjs5555

Following

sjs5555 Blessed to have such amazing brothers. Missing our eldest brother so much, hope you're smiling up in heaven. Love you all dearly. #nicetomanmeetyou
abhullar



96 likes

AUGUST 18, 2016

Add a comment...



abhullar

Following

abhullar I didn't think there would ever be a day where I couldn't tie a rakhari on this guy. Cherishing all the family time and love from the past rakhris we got to spend together. Missing him an unbelievable amount today. #NiceToManmeetYou
#kfhdidfk

glowmakeuphq @abhullar

mizz_cm

amitozsekhon

shan1025 Miss him so much!

sjs5555

jesslail

amlail



68 likes

AUGUST 18, 2016

Add a comment...



amanie_87
Edworthy Park

Following

amanie_87 Such a great day of family fun. Love them all so much! Really missed you Meeta, you would have loved the tug of war game and everyone cheating at the egg race. [#nicetomanmeetyou](#)



58 likes

AUGUST 20, 2016

Add a comment...



amanie_87

Following

amanie_87 Last year today was the happiest day of my life. I married the man I love surrounded by family and friends. I never knew how much I would cherish this picture. It was so important to have Meeta's approval and that he get to know Stacey for the amazing guy he is. I'm so happy for the endless memories from this time. My cousins have always been my closest friends as well. I'm glad he got to dance and let loose. I miss you so much Meeta. I love you and hope your smiling. <#>



87 likes

AUGUST 7, 2016

Add a comment...





misskhanna
Golden Temple, Amr...

Following

misskhanna Happy Sunday!

In front of one of the most beautiful temples, honoring our dear friend. I could feel the deep vibrations the minute I stepped foot into the #GoldenTemple. It was worth driving non stop overnight across three provinces just to spend the day there, cleanse in the holy pool and sit in reverence.

#AdventuresOfG #incredibleindia

#aroundtheworldwithme #nicetomanmeetyou

consultsingh1 Nice, love it! Definitely miss the big

therealchilli My sister @misskhanna is more beautiful than yours



152 likes

AUGUST 7, 2016

Add a comment...



sagandhallu
Chigwell, United Kin...

Following

sagandhallu #patashallssportsday

#nicetomanmeetyou #savingafghanminorities #charity

hamjamm Awe. I love this!!!

km1327 Best of luck for today ladies xx

sanamwaraich I'm liking Amari's pose.



50 likes

AUGUST 7, 2016

Add a comment...





sagandhallu
Chigwell, United Kin...

Following

sagandhallu Kids race at #patashallssportsday #nicetomanmeetyou #savingafghanminorities @gavdhallu @teenavirk @jayvirk1978 @sharon_rai82

sharon_rai82 Fantastic sports day, for a wonderful cause...x

gavdhallu This is too funny!

kaleidoscopedreamsuk Great day!

sabrina_johal This is cracking me up



165 views

AUGUST 7, 2016

Add a comment...



sagandhallu
Chigwell, United Kin...

Following

sagandhallu The patashalls big sports day #nicetomanmeetyou #patashallssportsday #charity #fundraiser #savingafghanminorities #tugofwar #countryliving

theplug.nyc 😊

hamjamm ❤️❤️❤️

joel.kara Champions 🏆

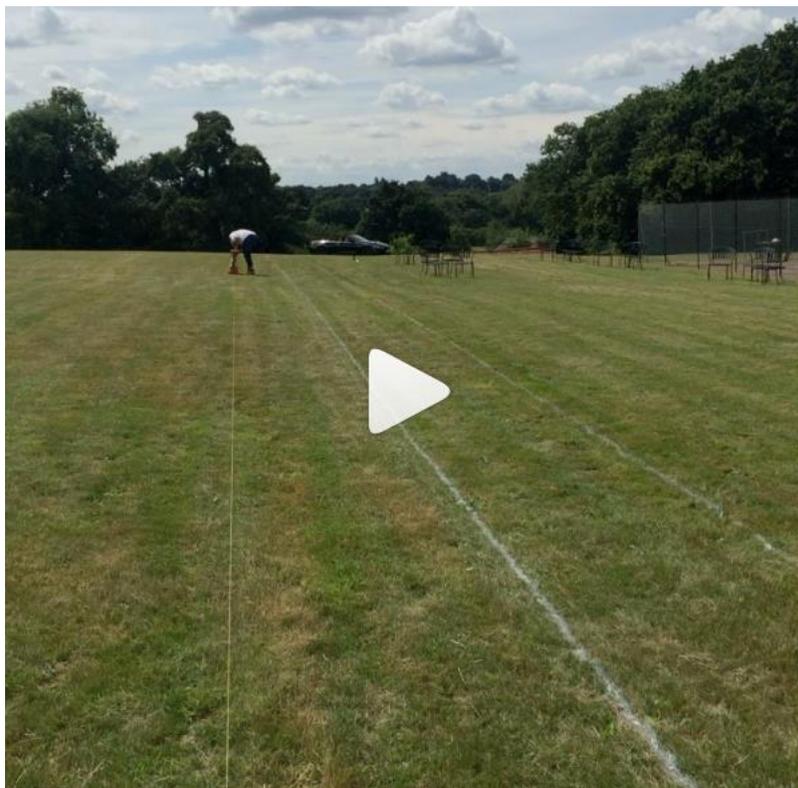


122 views

AUGUST 7, 2016

Add a comment...





gavdhallu
Chigwell, United Kin...

Following

gavdhallu Preparations for Patashalls charity event underway! #nicetomanmeetyou #patashalls

anooppandhi I'm coming with my Bike for a little fun lol

beej412 Looking forward to it!!



171 views

AUGUST 5, 2016

Add a comment...





abhullar
Wrotham Park

Following

abhullar Sending my family lots of love today. I'm so grateful to have amazing people in our lives to help each of us through each day. ❤️ #NiceToManmeetYou #8months #Daybyday sjs5555 ❤️❤️

simrans87 Can't believe it's been 8 months ❤️
amitozsekhon ☐



49 likes

JULY 23, 2016

Add a comment...



calgary_sikhs

Follow

calgary_sikhs Tarjinder Bhullar of Calgary, sister of Manmeet Singh Bhullar, is working hard to finish the work her brother started.

WSO's Balpreet Singh testified before the Standing Committee on Citizenship & Immigration earlier this week on the plight of Afghan Sikhs & Hindus and the challenges they face. Tarjinder Bhullar, sister of Manmeet Singh Bhullar also testified along with immigration lawyer Narindarpal Kang. @worldsikhorg #worldsikhorganization #ManmeetBhullar #AfghanSikhs #yyc



101 likes

JULY 21, 2016

Add a comment...





worldsikhorg

Following

worldsikhorg WSO's Balpreet Singh testified before the Standing Committee on Citizenship & Immigration earlier this week on the plight of Afghan Sikhs & Hindus and the challenges they face. Tarjinder Bhullar, sister of Manmeet Singh Bhullar also testified along with immigration lawyer Narindarpal Kang. #sikh #khalsa #canada #punjabi #punjab #onpoli #canpoli #ottawa #equality #humanrights #wsovictories #wso trendy_feet Waheguru



93 likes

JULY 21, 2016

Add a comment...



kshergill23

Following

kshergill23 Yesterday was a great mans birthday. Babaji, you were and always will be our pillar of strength. And this year you get to be with the greatest gift to us - Meeta. I know yesterday was a day filled with love & joy, as every day is. I hope you & the rest of our angels are celebrating. Love you. #nicetomanmeetyou #1923

sjs5555 ❤️❤️❤️

mchana1 ❤️

shan1025 ❤️

millin.chana ❤️

amanie_87 I love this picture!



75 likes

JULY 7, 2016

Add a comment...



CBE announces new school in Martindale will be named Manmeet Singh Bhullar School, will open in Sept. 2017 #yyc



8:57 AM - 30 Jun 2016



trana07



CBE announces new school in Martindale will be named Manmeet Singh Bhullar School, will open in Sept. 2017 #yyc



jsekhn7
Martindale

Following

jsekhn7 The best part of my vacation was getting off the airplane to this news. I hope this brought even the smallest joy to my family, and I know Meeta would be proud. #NiceToManmeetYou #LoveYou and miss you in a way we can't express with words. peachgg ❤️❤️❤️❤️❤️



79 likes

JULY 6, 2016

Add a comment...



hamjamm

Following

hamjamm The best man I'll ever know @manmeetsbhullar #nicetomanmeetyou ❤️❤️
marearara ❤️❤️



68 likes

JUNE 30, 2016

Add a comment...



CBE announces new school in Martindale will be named Manmeet Singh Bhullar School, will open in Sept. 2017 #yyc



8:57 AM - 30 Jun 2016



trana07

Following

trana07 Touching News ... Truly befitting for a man who stood for what's right and real....We miss you brother.

sharon_rai82 Great people still achieve even though they are not with us, thats what legends are made of.

d11raj "All good men and women must take responsibility to create legacies that will take the next generation to a level we could only imagine."

~ Jim Rohn

gurpreetshillon Amazing. #waheguru

hamjamm ❤️



28 likes

JUNE 30, 2016

Add a comment...



abhullar

Following

abhullar Missing the most heroic and inspiring person I'll ever know @manmeetsbhullar. Love you always.

#NiceToManmeetYou #7months #WishYouWereHere #PrabhsASpecialistNow #JassieGraduated #ImMovingToEngland #EveryoneMissesYou

sjs5555 ❤️❤️❤️

sharon_rai82 🍀🍀🍀

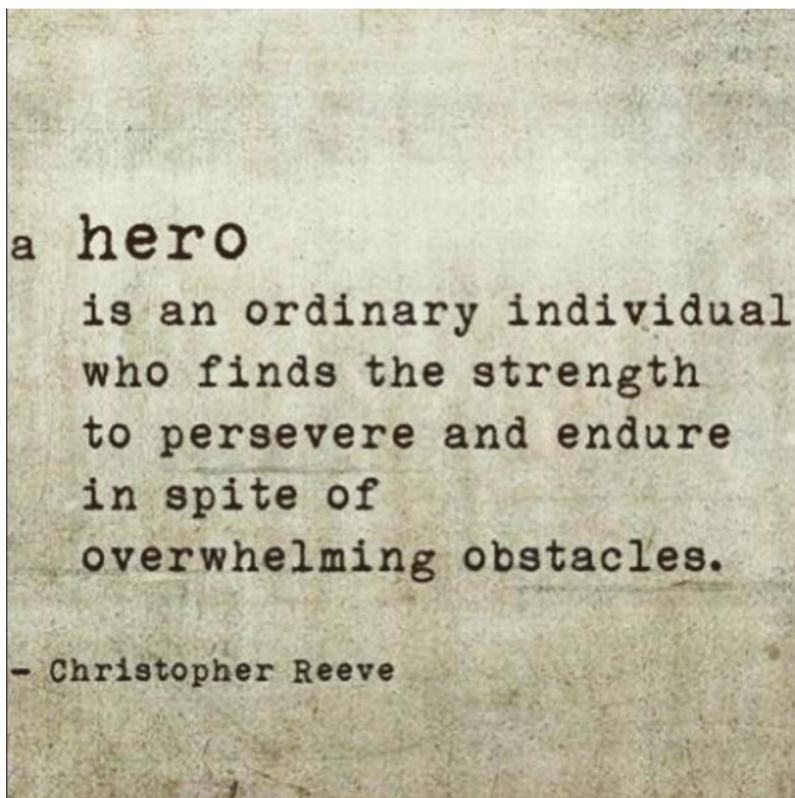
skr_xoxo 🍀🍀🍀



43 likes

JUNE 23, 2016

Add a comment...





sjs555

Following

sjs555 Meeta your loss is unmeasurable, your smile is irreplaceable and your presence is greatly missed. Not a day has gone by where I don't think of you and all your greatness. Hope your smiling up in heaven. Love & miss you so much.
#nicetomanmeetyou ☐☐☐

abhullar ❤️

parma_lahunia Such a previous photo 🌟



71 likes

MAY 23, 2016

Add a comment...



abhullar

Following

abhullar Time has become a concept I cannot wrap my head around. It's been 6 months since we've seen you. I miss you so much. I wish you were here with all of us. I know you're still giving us strength and sending us love from wherever you may be. Not a day goes by without thinking of you and wishing things were different. Love you forever Meeta.
fndifqqkxiuxg
#NiceToManmeetYou
pklaila ❤️

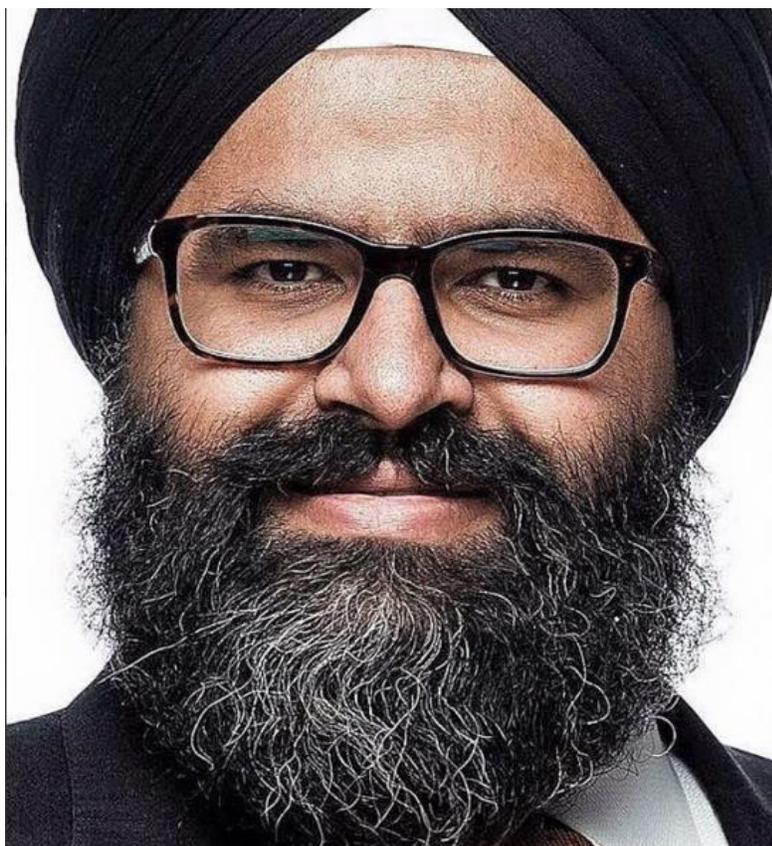


56 likes

MAY 23, 2016

Add a comment...





pklaila

Following

pklaila When you lose someone you love, time ceases to exist. There isn't a moment that goes by that I don't think of you and miss you. Thank you for your light, love and greatness, it will be with me for a lifetime. Love you always Meeta. #6months #nicetomanmeetyou

sjs5555

simrans87 Love!

skr_xoxo

amanie_87 Very nicely said Prabhl

abhullar

justjason626



42 likes

MAY 23, 2016

Add a comment...



kshergill23

Following

kshergill23 Thank you for allowing me to walk with you on the most important day of your life. I know every day moving forward you're with me by my side. Mitar Mack, you are missed dearly. There's not a single moment that goes by without you in our thoughts. Love you and miss you. #6months #nicetomanmeetyou

mchana1

amanie_87



82 likes

MAY 23, 2016

Add a comment...





ttail67

Following

ttail67 Those were simpler and happier times. Wish we could sit on that same bench and share some more laughs. Love you and miss you Meeta. #nicetomanmeetyou

hamjamm Awe. I love this picture ❤️❤️

pklaila ❤️ #nicetomanmeetyou

sjs5555 ❤️❤️

grlail ❤️❤️❤️

amanie_87 His favorite t shirt!

abhullar 😊❤️

jinderatwal ❤️



37 likes

MAY 23, 2016

Add a comment...



skr_xoxo

Following

skr_xoxo Manmeet, our angel, our hearts are broken without you and this life will never be the same without you. It's been six months and there isn't a day that we don't miss or think about you. Thank you for your light and your love, your inspiration and all all the laughter and tears together. Always on my mind and forever in my heart.. #nicetomanmeetyou

pklaila ❤️❤️❤️

soldbyam Miss him so much ❤️❤️❤️

gosalharp ❤️ still hard to believe he's not here!

shamwow1234 Very sweet Sushana. I love this pic! I remember this time so clearly!

sumanhoonjan ❤️

chica198 I remember this moment. Miss you Meeta. Thinking of you guys today. ❤️



55 likes

MAY 23, 2016

Add a comment...





simrans87

Following

simrans87 "You are loved beyond words, and missed beyond measure" 💔
#nicetomanmeetyou

sjs5555 💕💕💕💕

pklaila #nicetomanmeetyou 💕💕💕

skr_xoxo 💕💕💕

kkajla He truly is 💕

soldbyam 💕💕💕

grlail 💕💕💕

tpkainth I think of him all the time. What a legacy he left behind and an inspiration to us all-follow your dreams.

amanie_87 Miss him so much

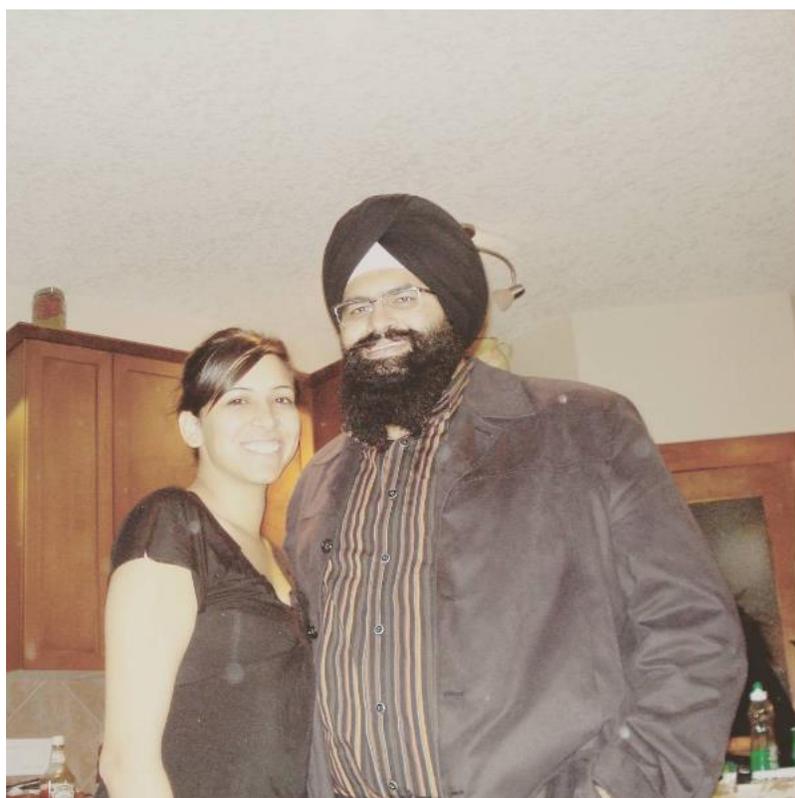
alannah_rae 💕love you and thinking of you and all your family today! @simrans87



76 likes

MAY 23, 2016

Add a comment...



shan1025

Following

shan1025 Sometimes, when one person is absent, the whole world seems depopulated. —Alphonse de Lamartine

Sums up exactly how I feel. Six months have passed and not a day goes by that I don't think about you, look at your pictures, and miss you more than anything else.

#nicetomanmeetyou #missyou #sixmonths #comeback

sjs5555 💕💕💕

simrans87 Love!

pklaila 💕💕

skr_xoxo 💕💕💕

johalamy 💕

tlail67 So trael!

abhullar That couldn't be more true. x



57 likes

MAY 23, 2016

Add a comment...





Tweet



kshergill23

Following



Manmeet S. Bhullar

@manmeetsbhullar

Universe: thanks for showing me generous, caring hearts today. you have strange ways of bringing humanity together.., Tingly feelings inside

2013-06-27, 12:05 AM

3 LIKES



35 likes

MAY 5, 2016

Add a comment...



Calgary's Lester B. Pearson High School creates scholarship in honour of Manmeet Bhullar

Scholarship will help students cover students sport fees — something many families have a hard time paying



calgary_sikhs

Lester B. Pearson High S...

Follow

calgary_sikhs It just made sense for Lester B. Pearson High School teacher Sunny Minhas to honour former alumnus Manmeet Bhullar. Minhas has spearheaded the Manmeet Singh Bhullar Memorial Scholarship, a reward for outstanding Lester B. Pearson student-athletes who've excelled in their sport, classroom and community. Bhullar, former Progressive Conservative MLA, was killed in a crash on the QE2 Highway north of Calgary in November 2015. Minhas said Bhullar had a huge impact on the school. #Niketomanmeetyou #ManmeetBhullar



98 likes

MAY 3, 2016

Add a comment...





abhullar

Following

abhullar Missing everything about you including your jokes and getting roasted by you at almost every function. Can't wait to get you back when we're together again someday. We have so much to catch up on. Love and miss you to London and back x infinity. - Arvindaaaah.

#NiceToManmeetYou #5Months

hamjamm I love, love this!

jesslail Omg. This is the best!

skr_xoxo ❤️

amitozsekhn ❤️

amanie_87 Ha hahaha he made the jokes up on the fly as well



144 views

APRIL 23, 2016

Add a comment...



jsekhn7

Following

jsekhn7 Never thought back then that we'd cherish this picture so much for the reason we do now. Everyday is a reminder that I am so very blessed to have the family I do.

srouhpayl ❤️

happyb88 ❤️❤️❤️

jazzjeet aww love you 😊

hamjamm ❤️❤️

amanie_87 Love you

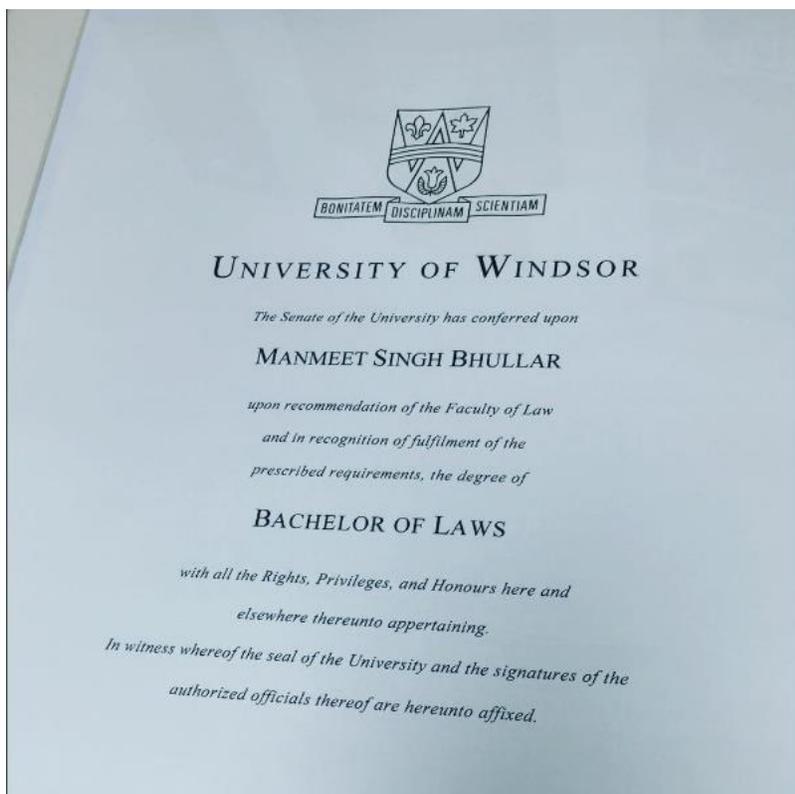


41 likes

APRIL 21, 2016

Add a comment...





amanie_87

Following

amanie_87 Thinking about how hard you worked to get this. #proud #nicetomanmeetyou

sharon_rai82 'In loving memory those we love do not go away, they walk beside us every day, unseen, unheard but always near...still loved, still missed and very dear'



41 likes

APRIL 10, 2016

Add a comment...



simrans87

Following

simrans87 It's moments like this that I will cherish forever. Thank you for providing us with, family, love and strength #10years #RIP #nicetomanmeetyou

tamericas Beautiful picture

shan1025 Best times!

parma_gahunia Such a beautiful family

sjs5555 Miss them so much!

alannah_rae How beautiful!



67 likes

APRIL 8, 2016

Add a comment...





skr_xoxo

Following

skr_xoxo Wishing my brother was here so I could tell him how much I love and need him and how hard everyday has been without him... #nicetomanmeetyou

amanie_87 So perfectly said @sushanakrattan . Miss him every day.

pklaila ❤️

jbrar30 ❤️

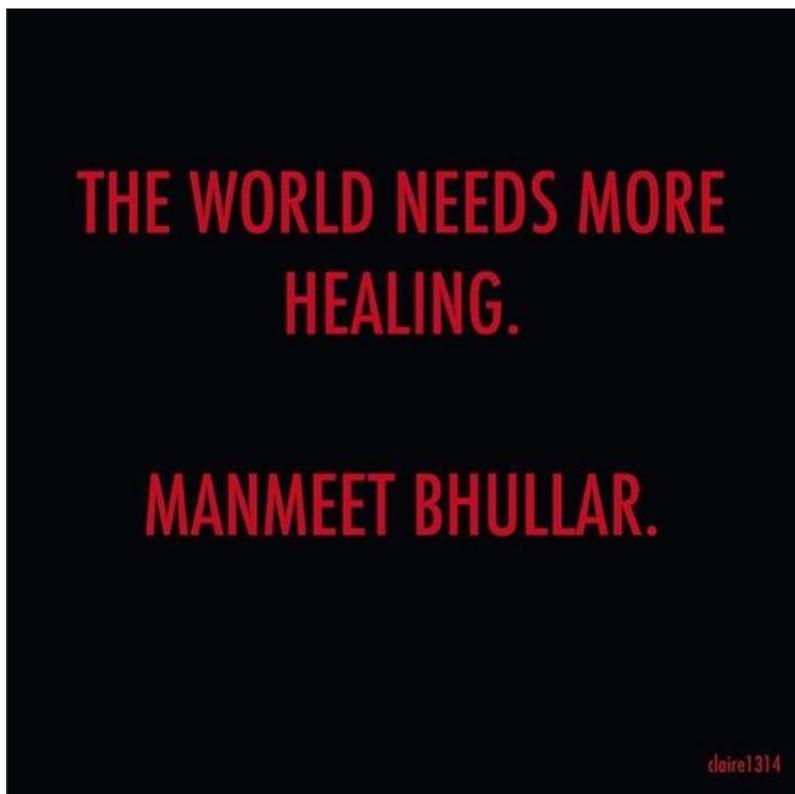
abhullar I love this quote ❤️



48 likes

APRIL 2, 2016

Add a comment...



kshergill23

Following

kshergill23 #nicetomanmeetyou ❤️👍👍👍



50 likes

MARCH 22, 2016

Add a comment...





abhullar

Following

abhullar An emotional day packing up an office that worked so hard to better the lives of so many people. We were filled with so much pride seeing so many of @manmeetsbhullar's great accomplishments on the walls. #NiceToManmeetYou

- pklaila 🍷
- hamjamm ❤️❤️❤️
- kshergill123 🍷🍷🍷
- simrans87 🍷
- jesslail Sending love your way.
- shan1025 🍷



54 likes

MARCH 17, 2016

Add a comment...

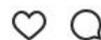


jsekhn7

Following

jsekhn7 It's hard to find the right words. But you've left us with a lifetime of memories, and we will always be so very proud. Love you and miss you.

- grlail Perfect words
- srouhpayl ❤️
- nattisangeet_aulakh It's really very hard 😔



50 likes

MARCH 17, 2016

Add a comment...





trana07
Art of Living Ashram...

Following

trana07 Art of Living Ashram in Bangalore..Stunning environment.. A city within a city... #nicetomanmeetyou #embracespirituality



12 likes

MARCH 16, 2016

Add a comment...



kshergill23

Following

kshergill23 Do something different today! Wise words from a wise man. ❤️ #WednesdayWisdom #nicetomanmeetyou



41 likes

MARCH 16, 2016

Add a comment...



Manmeet S. Bhullar @manmeetsb... 2013-10-08
Do something different today



5

3

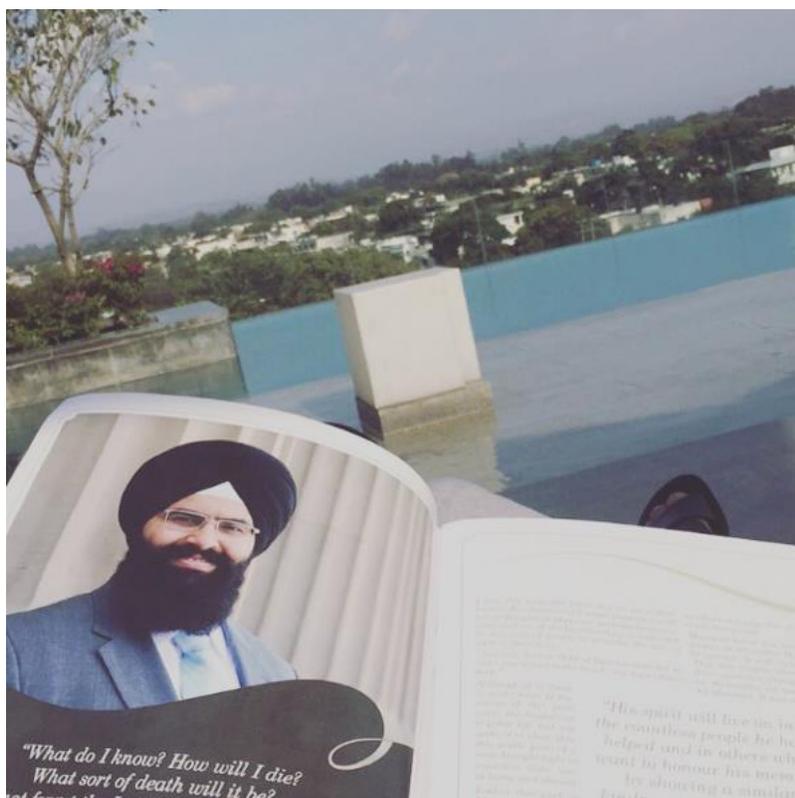


Manmeet S. Bhullar @manmeetsb... 2013-10-01
Something's you just can't make sense of so you hope the universe has a plan and fairness will soon be revealed



5

3



trana07
JW Marriott Hotel Ch.. Following

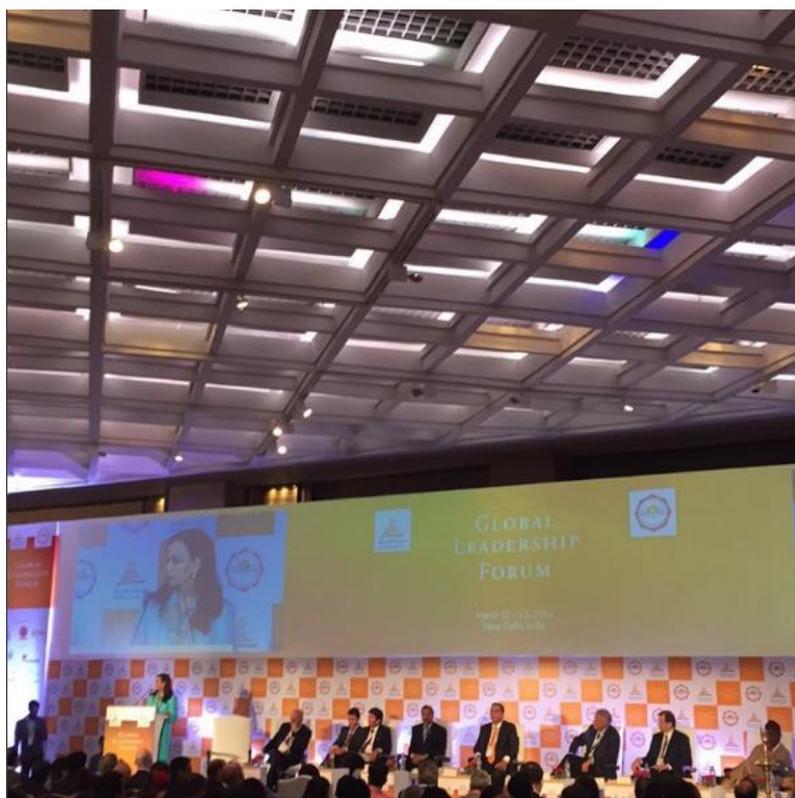
trana07 Down time in Chandigarh
#nicetomanmeetyou



20 likes

MARCH 15, 2016

Add a comment...



trana07
New Delhi, India Following

trana07 The last time I attended this conference I accompanied our brother Manmeet Bhullar days before we tragically lost him, to meet members of the European Parliament in an effort to gather support for the Afghan Minorities Project. I am now back a few months later meeting those same politicians we met who were ready then and are still ready now to help and assist with the project...as one MP told me he had never met someone like Meeta who could empower individuals to believe their own potential and change doubters into "can-do" people.it is with that same selfless passion he gave that I find myself here trying to help carry on his legacy and make sure what he stood for is never forgotten. We Miss you Brother. #nicetomanmeetyou #blatthesidekick

abhullar That's so sweet. I'm glad you're



16 likes

MARCH 13, 2016

Add a comment...



 **Harjit Sajjan** at **The White House.**
 3 hrs · Washington, United States · 🌐

A proud moment from today: meeting President **Barack Obama** in the Oval Office.



   6.6K 171 Comments 1.5K Shares

 jsekhn7 Following

jsekhn7 Meeta, today we miss your text, telling us how excited and proud you are of Minister Sajjan. On your behalf, we share this proud moment that @manmeetsbhullar, ourselves and Sikhs across the nation have.

hamjamm ❤️❤️❤️

abhullar So true. He would have been so proud.

nattisangeet_aulakh ☐☐☐☐

amanie_87 🇮🇳 I was just readin thru our chat during the election and how proud and happy he was for sajjan

42 likes

MARCH 10, 2016

Add a comment... ⋮

The Manmeet Singh Bhullar
 Sikhs in Public
 Lecture Series

**Are We Canadian Enough?
 Our Home Canada - A Sikh's Perspective**

S/Sgt. Baltej Singh Dhillon is the first RCMP officer allowed to wear a turban on duty.

S/Sgt. Dhillon recalls his experiences of migrating to Canada, integrating with the community at large, and overcoming various challenges in both the larger community and the Sikh community.

Wednesday
 March 16, 2016

Lincoln Park Room
 Mount Royal University

4:00 pm



  ssa.mountroyal welcome

 calgary_sikhs
 Mount Royal University Follow

calgary_sikhs On Wednesday, March, 16th Sergeant Baltej Singh Dhillon will be speaking about his experience about being the first turbaned Sikh in the RCMP.
 #nicetomanmeetyou #baltejsinghdhillon #rcmp #mru #yyc #sikhstudentsassociation #sikh

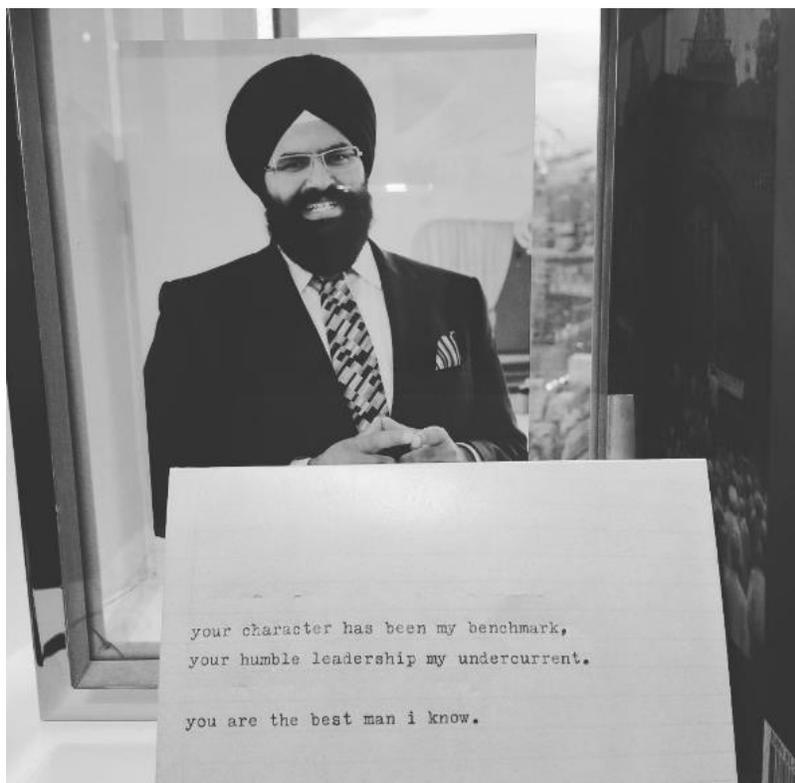
odglam Good luck pops!

40 likes

MARCH 5, 2016

Add a comment... ⋮



pklaila

Following

pklaila Your character has been my benchmark. Your humble leadership my undercurrent. You are the best man I know. #nicetomanmeetyou #missyou #loveyou 🍷

skr_xoxo 🍷

sjs5555 Love this! 🍷🍷

shan1025 🍷

aimesshujie Thinking of you @pklaila. Big hug!

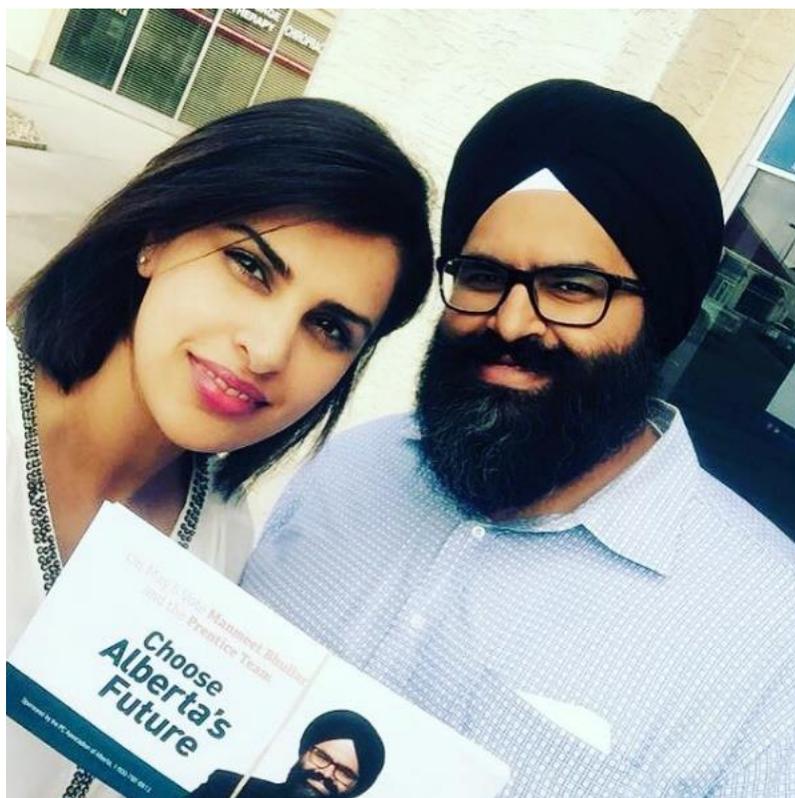
hamjamm 🍷🍷🍷



28 likes

MARCH 3, 2016

Add a comment...



gurdeep.brar

Following

gurdeep.brar Happy Birthday sweet angel. I'm sure there is an enormous celebration in heaven for you today. They are lucky to have you! #nicetomanmeetyou

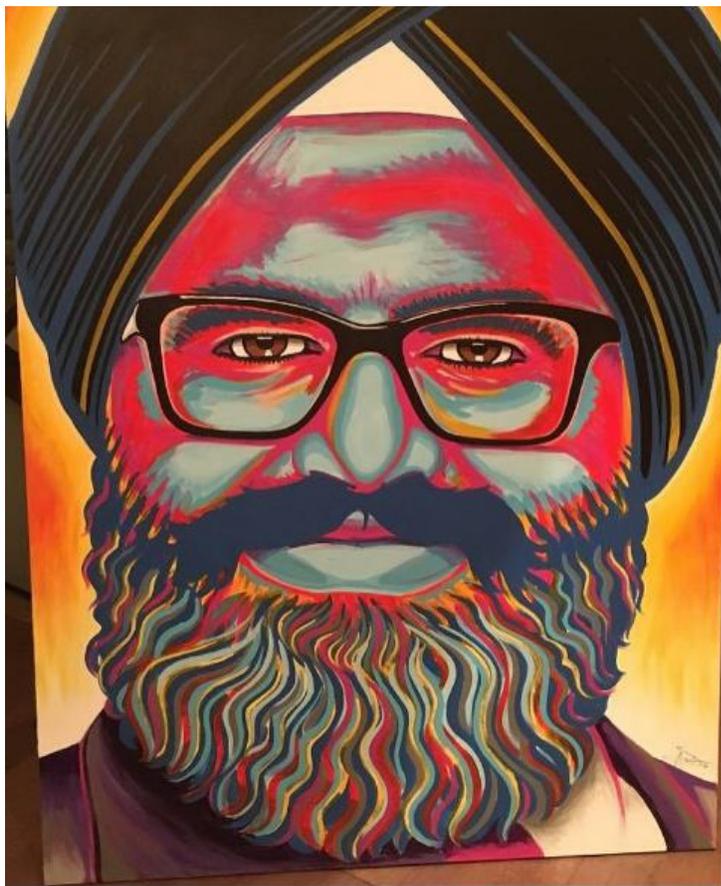


60 likes

MARCH 1, 2016

Add a comment...





trana07

Following

trana07 Happy Birthday Brother....We miss you .. March the 1st Manmeet Singh Bhullar Day will always be more than just a day for everyone who had the privilege of knowing you. #manmeetsinghbhullar

abhullar So true 🥰🥰

abhullar #NiceToManmeetYou



18 likes

MARCH 1, 2016

Add a comment...



Manmeet S. Bhullar
@manmeetsbhullar

pleasure to start off my birthday visiting my friend Rev. Dave Holmes at McDougall Church. Thanks for the good wishes



jsekhn7

Following

jsekhn7 Hard to believe that it was just 5 months ago, that I sat across the table from Meeta and told him that after such a long day of meetings and events, he didn't need to drive across the city to come to my birthday dinner. Who would have thought then, that it would be that moment, conversation and time that I cherish so much now. I couldn't understand why you did all the things you did Meeta. Yet I have learned so much from you and now understand the importance in living each day with momentum. Going from weddings, to funerals, to birthdays, meetings with community leaders and organisations, the endless schedule of events – you were able to do it all. And most importantly, did it all while staying connected to your family, sending the voice notes, pictures and texts. Thank you for



48 likes

MARCH 1, 2016

Add a comment...



notes, pictures and texts. I thank you for always sharing the moments that mattered with us – together. Wish you were here so I could send a quick text with a simple Happy Birthday message. Love & miss you.

amitozsekhon ❤️

maplebrownie ❤️

jesslail ☐☐

peachgg 🍑🍑🍑

amanie_87 ❤️❤️❤️

grlail Couldn't have said it better Jr! 😊

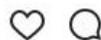


hamjamm
Genesis Centre

Following

hamjamm Spending sometime spreading the love at the Genesis Centre; and stopped by to see the beautiful tribute in honour of @manmeetsbhullar. All your hard work and effort has created such a wonderful place for the community. #nicetomanmeetyou

marearara 🍑🍑🍑



39 likes

MARCH 1, 2016

Add a comment...





skr_xoxo

Following

skr_xoxo If tears could build a staircase and memories a lane, I would walk up to heaven and bring you home again. Happy birthday Meeta..loved, missed, and very dear 💔
#nicetomanmeetyou

houseofnonie 🍷

ashakdeol ❤️

amanie_87 🍷

shamwow1234 ❤️

manpreetkbrar 😊

jaruguru 🍷

jillianmarie1330 😊



52 likes

MARCH 1, 2016

Add a comment...



samsidhu99

Following

samsidhu99 Happy Birthday Meeta! Miss you more and more everyday, no one could bring friends, families and communities together the same you could. Thank you for teaching us the importance of pursuing our passions and never taking no for an answer. This world is missing you ❤️ love you!
#nicetomanmeetyou

sjs5555 🍷🍷🍷🍷

abhullar 🍷



62 likes

MARCH 1, 2016

Add a comment...





hamjamm

Following

hamjamm Happy Birthday, Meeta. You have brought so much love, not only into my life, but to those all around you. I cherish each and every memory; and the time we spent together. I hope you're smiling down on all of us today, because today we celebrate you - the extraordinary, fearless man and loving you! #nicetomanmeetyou

amitozsekhon ❤️

peachgg 🍑



46 likes

MARCH 1, 2016

Add a comment...



jmanpreet

Following

jmanpreet Happy Birthday Meeta, always loved and never forgotten. #NiceToManmeetYou



36 likes

MARCH 1, 2016

Add a comment...



5,898
960

kshergill23

Following

kShergill @kshergill23 2012-03-01

Happy Birthday @manmeetsbhullar!
The one who taught me how to be strong, stand tall & believe. Honored and blessed to have you in my life!

kshergill23 #nicetomanmeetyou ❤️
gpk403 ❤️❤️

1

TKB @TBhullar 2012-03-01

Happy birthday @manmeetsbhullar.
Every day you work to make our world better & every day I thank God you are in my world.

1

59 likes

MARCH 1, 2016

Add a comment...
⋮

simersr 2016-03-01

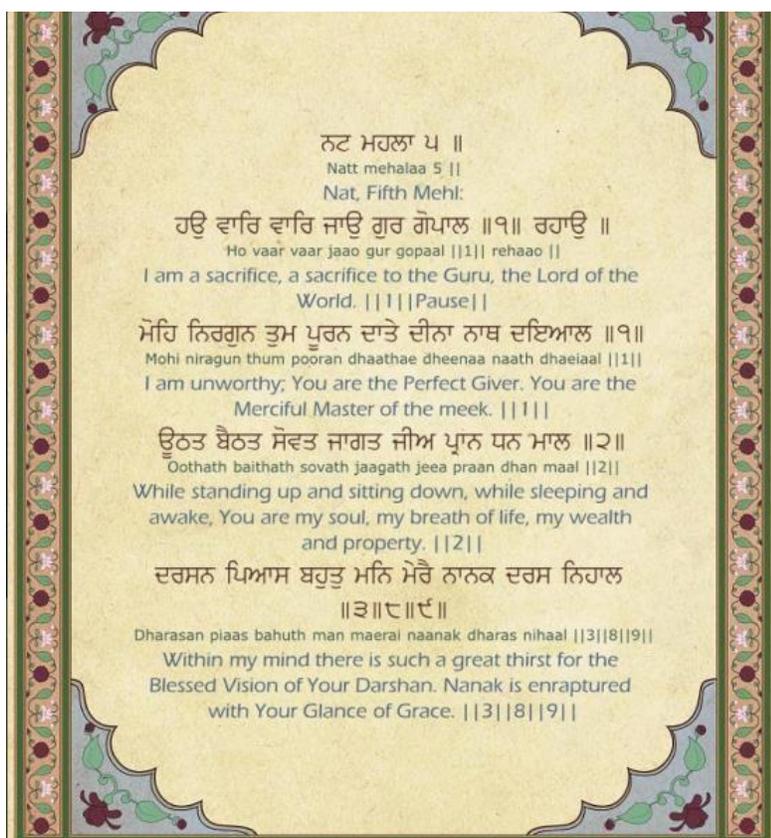
simersr Happy birthday Meeta. Always thinking about you. #NiceToManmeetYou abhullar 🍷

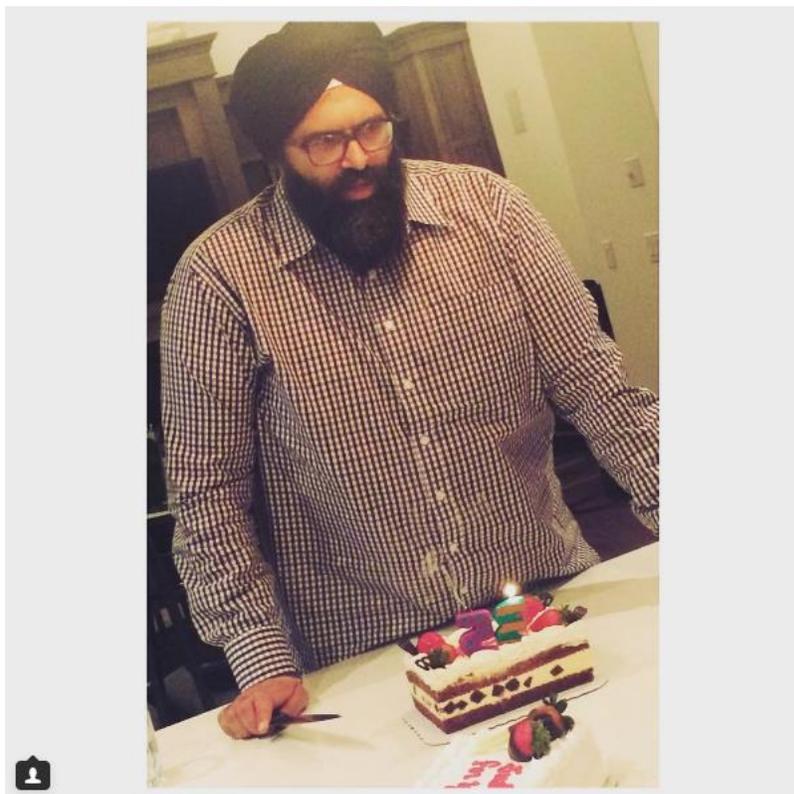
1

45 likes

MARCH 1, 2016

Add a comment...
⋮





sjs5555

Following

sjs5555 This picture is a special one because it was us celebrating your 35th birthday last year. We ate great food, had a lot of laughs and most importantly got to spend some quality time with you!

It's hard to think about this day without having you be physically present. Your birthday was always a huge deal for all of us, and still continues to be. Thinking about you today a little more than yesterday and already more than tomorrow. Wishing you the very best birthday my dear brother. Love you beyond words can express. ❤️❤️ #nicetomanmeetyou

amitozsekhon ❤️

rkdhadda ❤️

jillabesdris Sending big hugs to you today!

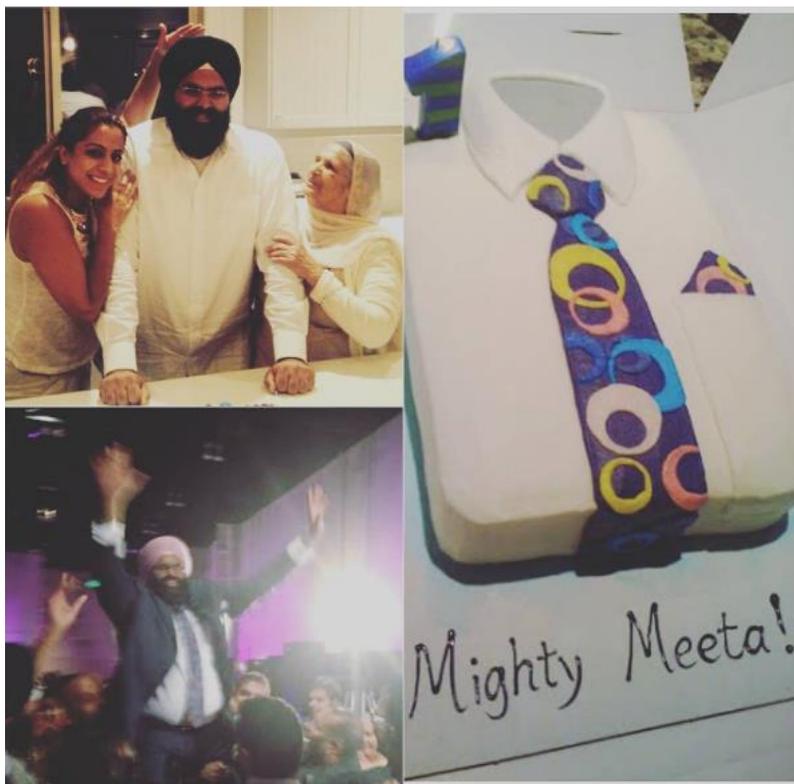
noorin_mitha ❤️



77 likes

MARCH 1, 2016

Add a comment...



abhullar

Following

abhullar Happy birthday Meeta. Thank you for all the precious years of filling our lives with the best kind of love and joy. I wouldn't be the person I am today without you. I'm sure that wherever you are that you are celebrating today and watching over us as we celebrate you too. Love you forever. 🎁🎁🎁

fjsidjdnk

#NiceToManmeetYou

#Ourhero

manachatha ❤️

amitozsekhon ❤️🙏

gpk403 ❤️❤️

pavparmar ❤️ hugs *

hamjamm Hanejxfhevauwbrifivudnrismvvr ❤️❤️



60 likes

MARCH 1, 2016

Add a comment...



If grief is the price we pay for love,
I will forever be in debt.

bought out in each of us.
We'll forever be in debt. Love you!



kshergill23

Following

kshergill23 Meeta. Wow, LOVED is the only way I know how to describe you. And today is your day, Happy Birthday.

You have the biggest heart I have ever known in my entire life and I promise you that it will continue to live on in me, our family and every single soul you have touched. You are the strongest, most inspiring and kindest soul to step foot in this world.

You have been our rock, our motivation, our heart, and our everything since we've known you. Every single day you have been a fighter for what you believed in and I know this because of the amazing legacy you left us.

We will honor everything you stand for. We will continue to be the person you always bought out in each of us.



58 likes

MARCH 1, 2016

Add a comment...





simrans87

Following

simrans87 Today is the day that we celebrate the life that we were gifted 36 years ago. To me you are the biggest blessing that graced this family - we are all so fortunate to have a person like you that has guided such a glorious path to follow. We hope that all you instilled in us, we can give back to others, just like you did. You will continue to be celebrated on this day, and many others to come. Thank you for being a brother, a friend, and most importantly my hero. Love you always and forever. Happy 36th Birthday Meeta 🍷 #nicetomanmeetyou

uhh_j 🍷🍷🍷🍷❤

hamjamm ❤❤❤

amitozsekhon 🍷

sharsharr ❤

tanva onelove Beautiful words for a



79 likes

MARCH 1, 2016

Add a comment...



shan1025

Following

shan1025 You've never left my thoughts, you always were that's special gem in our lives and will continue to be. It breaks my heart to not be able to pick up the phone and call you or to hug you but I do know that wherever you are you are looking down on all of us. Meeter today I wish you a Happy 36th Birthday! I know you're surrounded around all other beautiful people today and can't wait for the day we meet again. Love and miss you so much! #nicetomanmeetyou

uhh_j 🍷

amitozsekhon ❤



64 likes

MARCH 1, 2016

Add a comment...





ttail67

Following

ttail67 Happy birthday Meeta. This day will forever be celebrated♥♥♥

jkhunxhun Beautiful picture! Happy Birthday to Meeta!

hamjamm ♥♥♥

amanie_87 ♥

kshergill23 ♥♥

misskhanna He will always be celebrated ☐☐

trana07 Miss him



38 likes

MARCH 1, 2016

Add a comment...



trana07

Following

trana07 Missing the Main Man our Role Model Manmeet Singh Bhullar - #nicetomanmeetyou

amanie_87 Love this picture ♥️

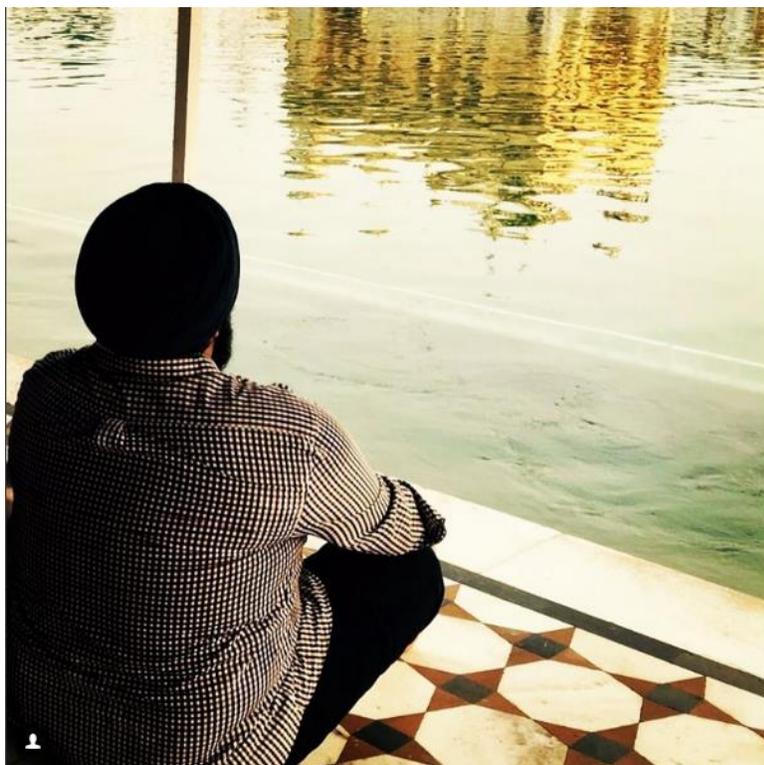


21 likes

FEBRUARY 28, 2016

Add a comment...





simrans87

Following

simrans87 "Your passing leaves a heartache that no one can heal, your love for all leaves memories that no one can steal." Missing you more each and every day 🥰
#nicetomanmeetyou

abhullar So nicely said Sim 🥰

amanie_87 Love that saying

shan1025 🥰 miss him so much!



63 likes

FEBRUARY 23, 2016

Add a comment...



abhullar

Following

abhullar I pray so hard that one day we will be with you again. Until then all of our memories, which have become my most cherished possession, will bring a smile when I need it the most.

#3Months

#NiceToManmeetYou

Ksjfldlqpspz

kshergill23 Love this picture! 🥰🥰

amanie_87 🥰 dbснаifbrnwks

sharon_rai82 Beautiful picture...x

shan1025 🥰

hamjamm 🥰🥰🥰

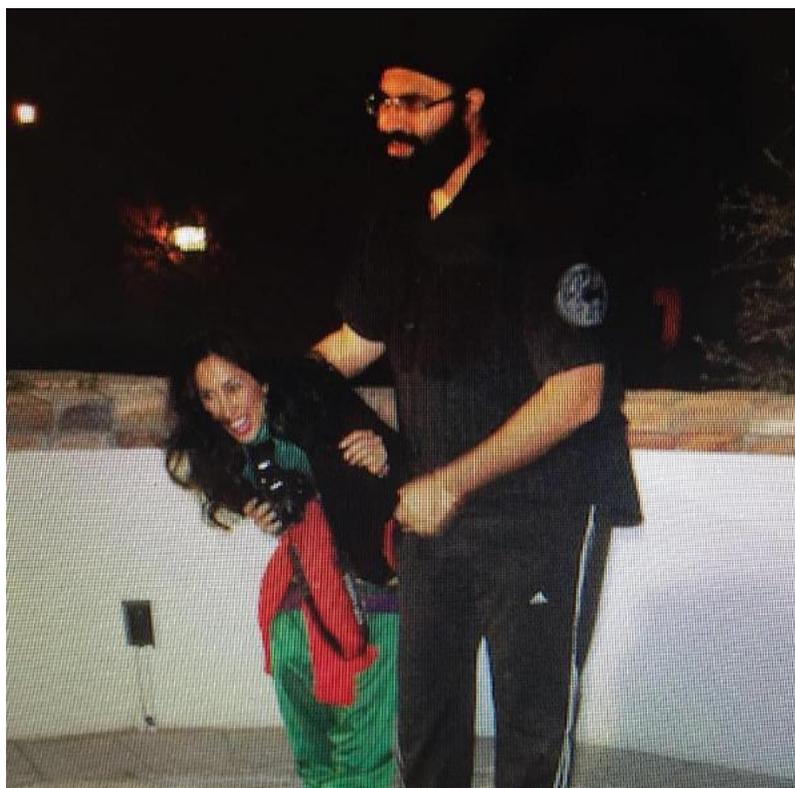


54 likes

FEBRUARY 23, 2016

Add a comment...





tlail67

Following

tlail67 If only we could turn back the clock....
Miss you dearly Meeta. ❤️
sjs5555 🍀🍀
abhullar ☐☐
pklaila Love this picture ❤️
amanie_87 Love this picture. You two are so
funny



32 likes

FEBRUARY 23, 2016

Add a comment...



calgary_sikhs
Boyce Theatre

Follow

calgary_sikhs Sarb Akal Music Society of
Calgary presents String Vocal and Rhythm
Concert (in memory of Manmeet Singh
Bhullar). Happening right now with Jas
Ahluwalia on tabla and Kamaljeet Ahluwalia
on Santoor. #SarbAkalMusicSociety #yyc
#nicetomanmeetyou



249 views

FEBRUARY 13, 2016

Add a comment...





shubumrakhra

Follow

shubumrakhra A Role Model that had created many future leaders. @manmeetsbhullar #nicetomanmeetyou #yyc #calgary @nenshi #leadership #Alberta



26 likes

FEBRUARY 9, 2016

Add a comment...



shubumrakhra

Follow

shubumrakhra Block out the NaySayers. Surround yourself with those who have attained success in their lives. It's hard to soar with the Eagles when you are surrounded by Turkey's. #success #workhard #life #dream #goals #perseverance #nicetomanmeetyou



19 likes

FEBRUARY 8, 2016

Add a comment...





jsekhon7

Following

jsekhon7 #OurHeroes

sjs5555 ❤️❤️

simrans87 Love ❤️

sagandhallu Beautiful picture 🥰

hamjamm ❤️❤️❤️

happyb88 ❤️

bholisekhon ❤️❤️❤️❤️❤️



52 likes

FEBRUARY 6, 2016

Add a comment...



hamjamm

Following

hamjamm "The greatness of humanity, the greatness instilled in every human being, the greatness of serving is to be realized and developed. That is my hope, that is my dream" #myhero #nicetomanmeetyou

shan1025 Love!

amanie_87 🥰🥰



39 likes

JANUARY 29, 2016

Add a comment...





Manmeet S. Bhullar
@manmeetsbhullar

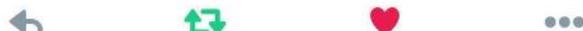
Work hard and the stars will align

Advaita Kala @AdvaitaKala

My wonderful friend @manmeetsbhullar is working tirelessly to help at risk Afghan Sikhs & Hindus make their way out twitter.com/manmeetsbhullar...

2015-11-23, 11:50 AM

119 RETWEETS 126 LIKES



jsekhn7

Following

jsekhn7 "Work hard and the stars will align"
- @manmeetsbhullar



29 likes

JANUARY 25, 2016

Add a comment...



tlail67

Following

tlail67 There is so much to write and say, but for now all I am going to write is that I miss you like crazy meeta.

kshergill23 ❤️❤️❤️

hamjamm Love love love this picture!!!!!!

kamalpgil ❤️

jkhunkhun So sweet! Xo

amanie_87 Love this picture.👍

abhullar One of my favorite pics so cute. x

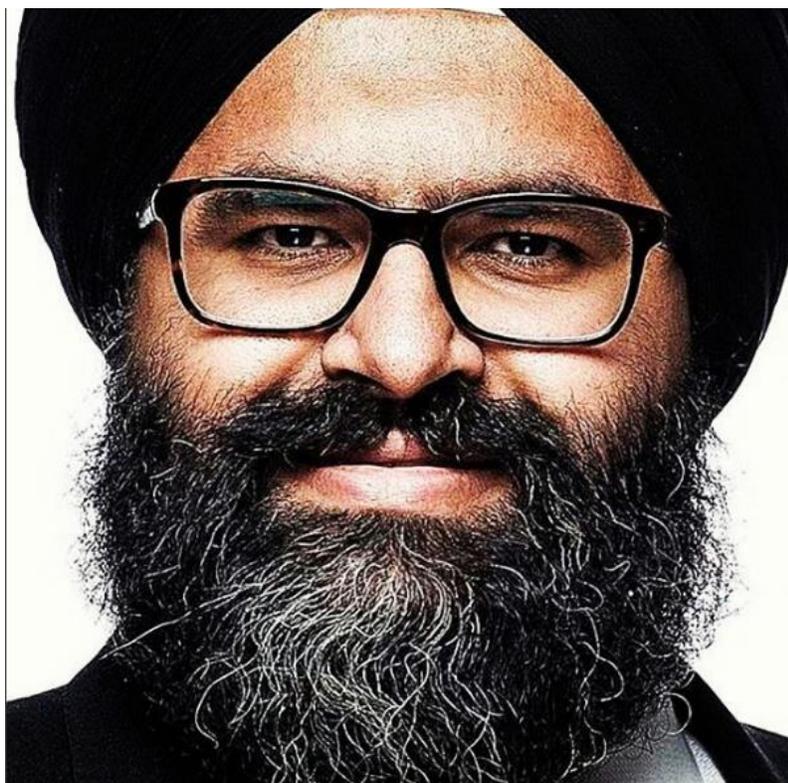
shan1025 Best picture!



30 likes

JANUARY 24, 2016

Add a comment...



ahayher

Following

ahayher Everything to everyone who knew him. The broadest of shoulders to carry the burden of so many. The days pass but not the memories. #nicetomanmeetyou

pklaila 🍷



37 likes

JANUARY 23, 2016

Add a comment...



simrans87

Following

simrans87 "Those we love don't go away, they walk beside us everyday." Not a days goes by that you aren't in my thoughts Meeta 🍷
#nicetomanmeetyou

sjs5555 Love this pic! 🍷

amanie_87 Love this picture and the saying. He is always with us

sidhuamrit 🍷🍷

parmal_gahunia Completely true 🍷🍷

shan1025 Love the picture!

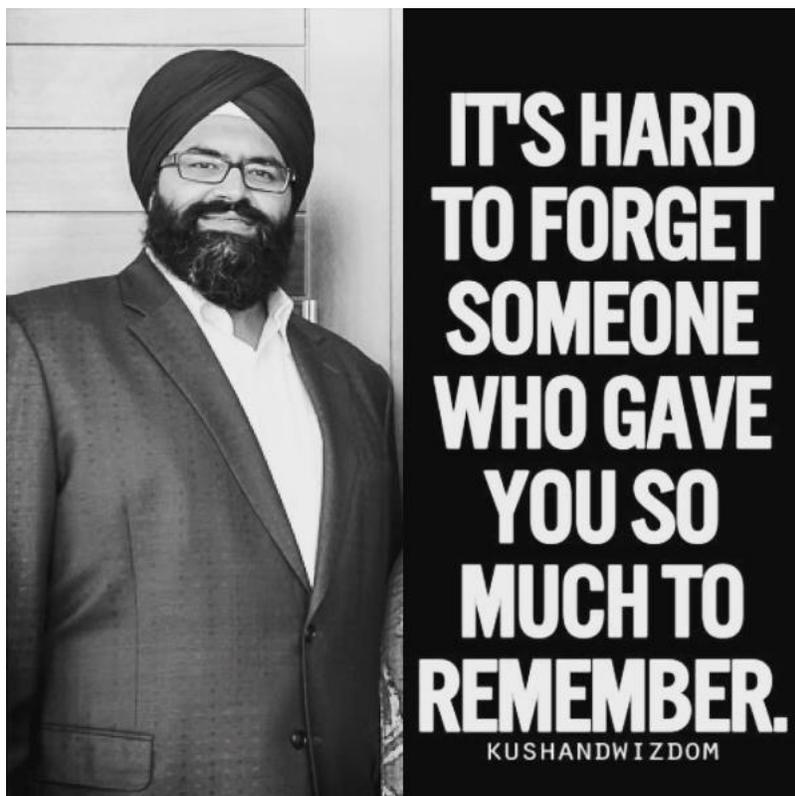


70 likes

JANUARY 23, 2016

Add a comment...





sjs5555

Following

sjs5555 Not a moment goes by where we don't think about you. No words can express how much we miss you. #nicetomanmeetyou ☹️💔

amanie_87 💔 miss him so much!

shan1025 Miss him! 😞



63 likes

JANUARY 23, 2016

Add a comment...



kshergill23

Following

kshergill23 Every day we think of you. More than yesterday and less than tomorrow. The only I comfort I find in knowing you're not here with us, is that you joined our loved ones above. ☹️☹️☹️☹️ #nicetomanmeetyou #2months

sjs5555 💔

amanie_87 Love you!



71 likes

JANUARY 23, 2016

Add a comment...





abhullar

Following

abhullar "Everybody loves the things you do
From the way you talk to the way you move
Everybody here is watching you
'Cause you feel like home
You're like a dream come true"

Missing you more and more everyday.
#nicetomanmeetyou #2months

sjs5555 💕

amanie_87 Awwwh I remember this moment.
Miss him so much



43 likes

JANUARY 23, 2016

Add a comment...



shan1025

Following

shan1025 Missing you! #nicetoManmeetyou
abhullar 💕💕

sjs5555 💕

amanie_87 💕 love you!

hanlslo Manmeet's photo is up at Khalsa school.

shan1025 Aww that's awesome @hanlslo



42 likes

JANUARY 23, 2016

Add a comment...



< Tweet



Manmeet S. Bhullar
@manmeetsbhullar

Work hard and the stars will align
twitter.com/advaitakala/st...

2015-11-23, 10:50 AM

119 RETWEETS 126 FAVORITES



pklaila

Following

pklaila Inspiring us for a lifetime. Missing you every single day. #nicetomanmeetyou amanie_87 Love this



27 likes

JANUARY 21, 2016

Add a comment...



sjs5555

Following

sjs5555 My Angels. ☺☺☺☺❤
#nicetomanmeetyou
abhullar Awe little baby Meeta ❤
kkajla ❤
shan1025 Love it!
amanie_87 Great picture of two great men!



49 likes

JANUARY 21, 2016

Add a comment...





Manmeet Bhullar 31

MLA, Calgary-Montrose; Minister, Service Alberta

Back in 1998, when Manmeet Bhullar was fresh out of high school, his teachers, football coaches and friends were all pushing for him to go to university, but he had other plans. "I wasn't really keen on sitting in the classroom day-to-day, worrying about exams," says Bhullar, who eventually attained his Bachelor of Sociology through a distance-learning program from Athabasca University and went on to get his law degree from the University of Windsor in 2011. "I was worried about community stuff — you know, violence and drug use. I felt I could change the issues that I saw every day."

Bhullar immediately went to work. Only one year removed from high school, he founded the Dashmesh Mission, a grassroots Sikh youth group designed to harness the angst-ridden energy of teenagers and push it toward positive community change. A few years later, he spearheaded a similar, but non-denominational youth group called Inspire. To date, both groups together have raised more than \$150,000 in food for the Calgary Inter-faith Food Bank.

"When you get people to serve, especially young people, they experience the best of themselves," says Bhullar. "Afterward, they're less likely to engage in anything that's not consistent with the best of themselves."

Today, Bhullar continues to live that motto. In 2008, he was elected MLA for Calgary-Montrose, becoming the youngest sitting member of the Legislative Assembly. Immediately, his incoming voice could be heard lobbying for Edmonton's Grant MacEwan and Calgary's Mount Royal colleges to be designated as universities. "We got a heck of a lot of people in my riding that go there," he says. "I wanted their degrees to say Mount Royal University, as opposed to Mount Royal College." The bill passed and, in 2009, two new Alberta universities were officially designated.

Since then, Bhullar has focused on two issues more directly related to the northeast Calgary communities he represents. He spent three years heading the Infrastructure and Transportation department to fund the construction of a new access road for his constituents at Chateau Estates Mobile Home Park, who were cut off from 14th Avenue when the province built the northwestern chunk of the Shoney Trail ring road. After battles with other MLAs, landowners, gas companies and snowy weather, an overjoyed Bhullar announced the road's completion in 2011.

"The province of Alberta doesn't build roads within a city every day," says Bhullar. "When I advocate for something, I really put everything I have on the line for it." —*Todd Andra*

Why he's a Top 40: As the youngest sitting MLA, Bhullar has been a relentless advocate for his constituents, and the last term politician has already gotten involved in important portfolios such as municipal affairs and advanced education and technology.

The key to his success: "Ask what you need. So if you ask him, give somebody respect, you don't struggle, help someone find things if you seek compassion, the company will strive to if you give it, it will come."



abhullar

Following

abhullar You're the reason why we all carry our heads high everyday @manmeetsbhullar #Top40Under40 #NiceToManmeetYou #ProudBhullar ❤️

tlail67 Well said and so true



40 likes

JANUARY 20, 2016

Add a comment...



amanie_87

Following

amanie_87 Thank you for everything and being the one to stick up for us. Couldn't have asked for a better role model or older brother. I love you always. #nicetomanmeetyou

sagandhallu ☺☺☺

grlail #missedbutneverforgotten #nicetomeetyou

shan1025 Miss him so much!

sjs5555 ❤️❤️❤️

hamjamm ❤️❤️❤️

hamjamm Such a beautiful moment captured

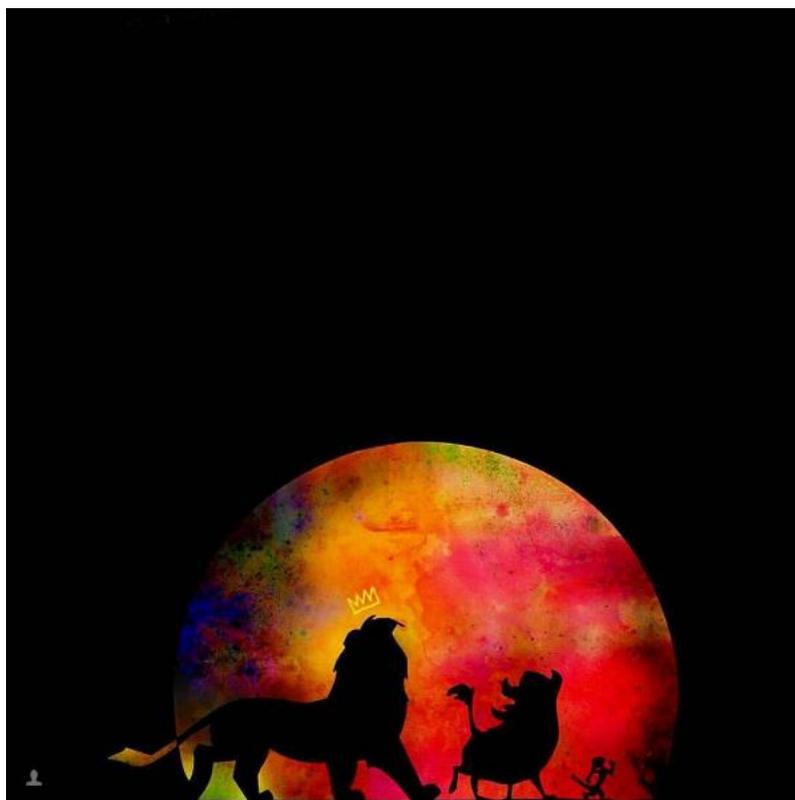


53 likes

JANUARY 20, 2016

Add a comment...





abhullar

Following

abhullar Somebody once told me that the great kings of the past are up there watching over us. #nicetomanmeetyou

simmysahi I believe that so much ! #nicetomanmeetyou

sumanhoonjan ❤️

amanie_87 That's so sweet



39 likes

JANUARY 12, 2016

Add a comment...



sjs5555
Golden Temple

Following

sjs5555 Our peaceful warrior. #nicetomanmeetyou ☺☺☺

sidhuamrit ☺☺

hamjamm I love this picture ❤️

pavparmar Beautiful picture

amanie_87 Love this picture. So peaceful and calming.

sbrar84 Beautiful picture

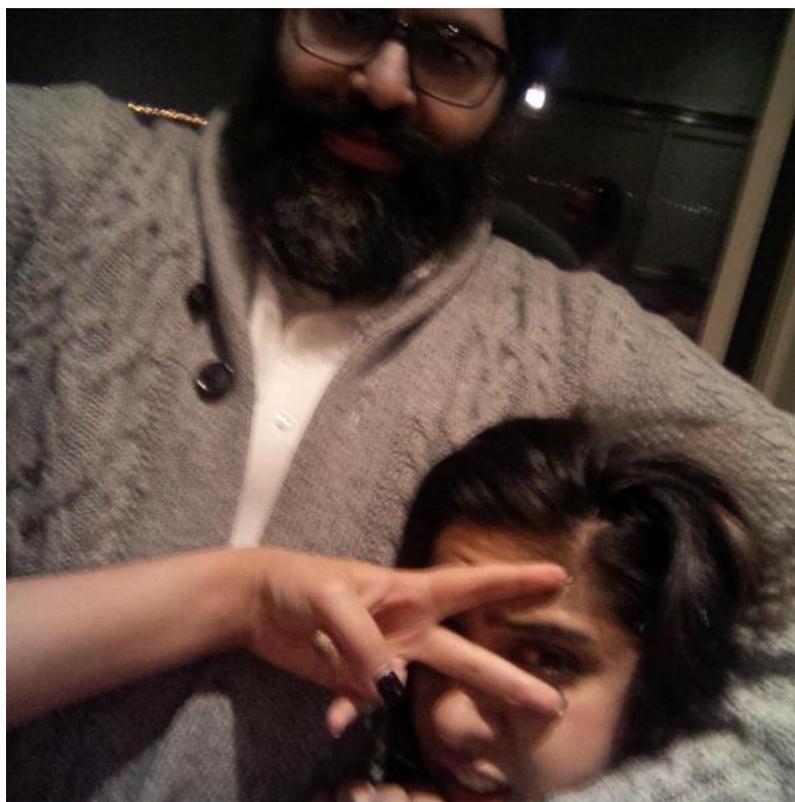


69 likes

JANUARY 10, 2016

Add a comment...





amanie_87

Following

amanie_87 All of Meetas cousins have been in this enormous headlock. I miss this version of your hug. I always tried to get out of the headlock and not mess up my hair. Which you would then run your hands thru and mess it up anyways. Now I would give anything for one more of these hugs. You are the best of us. I love you Meeta. #nicetomanmeetyou

rxben I've been in that @amanie_87

amanie_87 @ruben_rana lol he loved putting you in that head lock.

abhullar Awe I love the headlocks. I only got them when I was actually in trouble. 🙄 Best.

sjs5555 Love this!! 💕

simrans87 The best type of hugs came from him 💕



52 likes

JANUARY 10, 2016

Add a comment...



hamjamm

Following

hamjamm 💕 #nicetomanmeetyou

sagandhallu Lovely pic 💕

navib11 💕

bholisekhon I miss 😊

abhullar Such a nice pic xx

sjs5555 💕💕



49 likes

JANUARY 8, 2016

Add a comment...





abhullar

Following

abhullar It seems like only yesterday we were laughing, dancing and having the time of our lives. Love you forever. #nicetomanmeetyou
simmysahi no words ari....the legend still lives.
grlail #cherished memories ❤️
sjs5555 Love this pic!! 🥰🥰



54 likes

JANUARY 6, 2016

Add a comment...



kshergill23

Following

kshergill23 This is & always will be forever. ❤️
#nicetomanmeetyou
shan1025 🥰❤️
sagandhallu 🥰



63 likes

JANUARY 6, 2016

Add a comment...





Manmeet S. Bhullar

@manmeetsbhullar

Friends: Thx for being in my life & inspiring me with your greatness! hope we get more great moments together! Happy New Year

2015-01-01, 1:55 PM

4 RETWEETS 11 LIKES



amanie_87

Following

amanie_87 #nicetomanmeetyou



38 likes

JANUARY 1, 2016

Add a comment...



simrans87

Following

simrans87 #nicetomanmeetyou



49 likes

JANUARY 1, 2016

Add a comment...



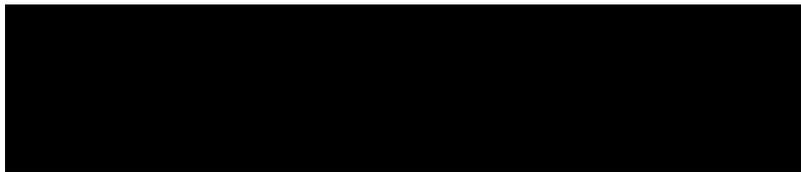


Manmeet S. Bhullar
@manmeetsbhullar

Dear God make me more loving & compassionate, give more of myself in service, help me see the greatness imbedded in all & enjoy the moments!

2015-01-01, 1:51 PM

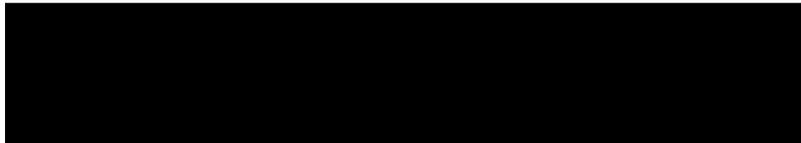
376 RETWEETS 389 LIKES



Manmeet S. Bhullar
@manmeetsbhullar

Friends: Thx for being in my life & inspiring me with your greatness! hope we get more great moments together!
Happy New Year

2015-01-01, 13:55



abhullar

Following

abhullar Said by the best. Missing you so much. 🥰 #nicetomanmeetyou
sjs5555 🥰🥰



45 likes

JANUARY 1, 2016

Add a comment...



jsekhn7

Following

jsekhn7 2015, you were difficult, fearful and shattered our hearts. Yet, you provided smiles and laughs throughout the way, and so much love. Meeta this year your physical presence left us and broke our hearts. Next year and for every year to come I know you will be there, always with us, and will always live in our hearts. Here's to 2016, taking one day at a time to understand, yet racing to accomplish all that must be done. Our time to live out The Legacy. Sending my love to all my friends and family. I sincerely appreciate all the conversations and moments; likes and retweets; texts and emails; dinners and coffees; and those amazing adventures. Wishing everyone a 2016 full of only happiness and triumph, may each of us make this time our time. Be safe, happy and remember - you are always loved.



50 likes

DECEMBER 31, 2015

Add a comment...





sidhuamrit

Following

sidhuamrit Thank you for allowing me to be a part of the most important times of your life. I am forever grateful for all the moments we shared and created together #nicetomanmeetyou ❤️

sjs5555 ❤️👉

simrans87 Beautiful ❤️

rajneet_24 These moments are precious ❤️



33 likes

DECEMBER 31, 2015

Add a comment...



shan1025

Following

shan1025 Death leaves a heartache no one can heal, love leaves a memory no one can steal. Together we are strong because that is what you have always taught us! Your smile lit up a room, your presence enlightened all! Miss you more than words can describe. #nicetoManmeetyou

jasminemann_ Great shot ❤️

sjs5555 ❤️❤️

simrans87 ❤️

makeupbygeeta Beautiful words Shannon



53 likes

DECEMBER 31, 2015

Add a comment...





jesslail

Following

jesslail Happy New Years! Having a great night in with my girls!!! Love you all. I hope that 2016 helps us move past the loses we had to endure in 2015. May this year be filled with LOVE, Laughter, light, hope and most importantly selflessness.... Meeta taught me that it's always better to give and love freely. Tonight your in my thoughts brother. Love you always.#nicetomanmeetyou justpalli 🌟🌟🌟



30 likes

DECEMBER 31, 2015

Add a comment...



simrans87

Following

simrans87 An embrace that I'll cherish forever Meeta #myhero #nicetomanmeetyou ❤️



71 likes

DECEMBER 31, 2015

Add a comment...





sjs5555

Following

sjs5555 So many beautifully captured moments now turned into life long memories. All of our years going forward are dedicated to making all of the dreams you had become a reality. Missing you so much Meeta. #nicetomanmeetyou 🍷💕

shan1025 Love!



161 views

DECEMBER 31, 2015

Add a comment...



kshergill23

Following

kshergill23 Miss you. 💕 #nicetomanmeetyou



53 likes

DECEMBER 30, 2015

Add a comment...





pklaila

Following

pklaila Sometimes you never know the value of a moment until it becomes a memory. Miss you more than words Meeta

#nicetomanmeetyou

abhullar So true. 💕

sjs5555 Love this! 💕

shan1025 Love it!

amanie_87 💕 he is always so proud of you!

jsekhon7 💕💕💕

hamjamm 💕💕💕



43 likes

DECEMBER 27, 2015

Add a comment...



hamjamm

Following

hamjamm Thanks for the hugs and memories. Love and miss you so much Meeta 💕 #nicetomanmeetyou

ramanbhullar He was always somebody we could lean on. 💕

simrans87 Adorable picture 💕

navib11 Beautiful.

amanie_87 Love this picture!! It was either a hug or a headlock

btimps Love you Ham 💕

abhullar !! & your



46 likes

DECEMBER 26, 2015

Add a comment...





the time to spend and create cherished memories with your families and loved ones. 🤍 #nicetomanmeetyou

sjs5555 🤍🤍

amanie_87 Well said Jag! 🤍

abhullar So sweet and so true. 🤍

nithvathedi 🤍



jsekhn7

Following

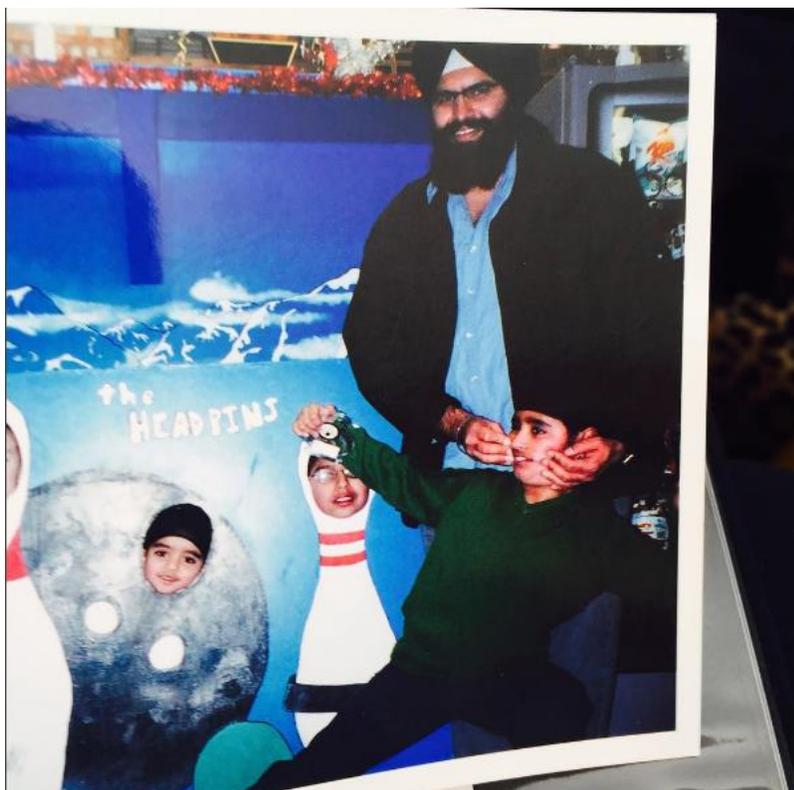
jsekhn7 From a year ago to now, I can't believe what's changed. I miss you dearly Meeta. You are the reason our family use to - and always will get together. And, we'll celebrate all the moments, the small wins and the big accomplishments, all because of you. You're also the reason we will always take on any feat - no matter how small or big. It still doesn't feel real, not seeing you today, hearing your laugh (or your lecture) was missed. I'm wishing every one a Merry Christmas and hope you take the time to spend and create cherished



54 likes

DECEMBER 26, 2015

Add a comment...



simersr

Following

simersr Miss you brother. This photo was from my 9th or 10th bday party. Birthdays, thanksgiving, and Christmas dinners were always a time we all got to sit together and catch up. #nicetomanmeetyou

jbrar30 🤍



57 likes

DECEMBER 26, 2015

Add a comment...





abhullar

Following

abhullar Giving a big hug to our special guy. Missing him so much today. #nicetomanmeetyou #2yearsago sjs5555 🥰🥰🥰



58 likes

DECEMBER 25, 2015

Add a comment...



amanie_87

Following

amanie_87 Never had a Christmas without you. It doesn't feel right. Our family is missing it's heart. Miss you Meeta. #nicetomanmeetyou



42 likes

DECEMBER 25, 2015

Add a comment...





simrans87

Following

simrans87 Missing the biggest piece of our hearts. Wherever you are, I hope there are endless gifts for you 🍷 #nicetomanmeetyou #christmaseve2014

sjs5555 Miss him so much! 🍷🍷🍷

neetu.sangha Beautiful soul 🍷

amanie_87 🍷 he is definitely with us saying where are my gifts?!



204 views

DECEMBER 24, 2015

Add a comment...



Steve Baldwin

@baldwinSteve

#nicetomanmeetyou!

@manmeetsbhullar family sponsors

#homeless @calgarydropin today in his honour. #beautifulman



nicetomanmeetyou



abhullar

Following

abhullar #Repost @simrans87

Doing what @manmeetsbhullar did best - giving back to the city #nicetomanmeetyou 🍷



46 likes

DECEMBER 23, 2015

Add a comment...





Following

Absolutely touched;
@manmeetsbhullar's family
sponsored a bunch of
#ChristmasWishes in his honor.
#nicetomanmeetyou

abhullar A special day... #nicetomanmeetyou
sharon_rai82



42 likes

DECEMBER 23, 2015

Add a comment...



Steve Baldwin
@baldwinSteve

#nicetomanmeetyou!
@manmeetsbhullar family sponsors
#homeless @calgarydropin today in his
honour. #beautifulman



simrans87

Following

simrans87 Doing what @manmeetsbhullar
did best - giving back to the city
#nicetomanmeetyou

tanya_onelove Awee...this warms my heart
Sim!!

parma_gahunia He would have loved that

manpreetkdhaliwal Love this!

shamwow1234 Amazing!

sharsharr Beautiful



82 likes

DECEMBER 23, 2015



Calgary Drop-In
@calgarydropin



sjs5555

Following

sjs5555 #nicetomanmeetyou ☺☺❤
amitozsekhon ❤

Absolutely touched;
@manmeetsbhullar's family
sponsored a bunch of
#ChristmasWishes in his honor.
#nicetomanmeetyou



57 likes

DECEMBER 23, 2015

Add a comment...



shan1025

Following

shan1025 Childhood memories! Your smile
always lit up the entire room!
#nicetoManmeetyou
sjs5555 ❤

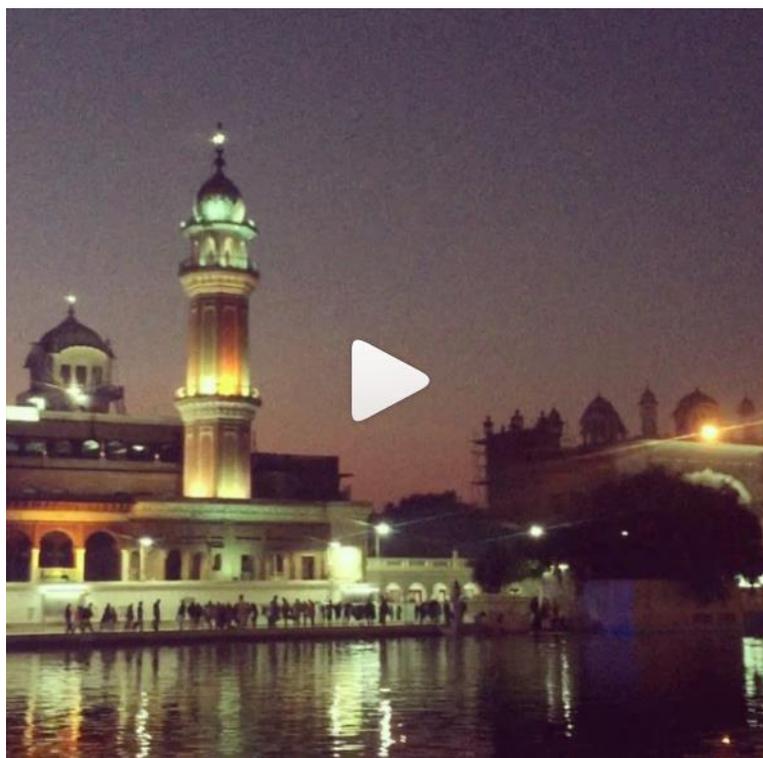


43 likes

DECEMBER 22, 2015

Add a comment...





 misskhanna Golden Temple Darb... Following

misskhanna A glimpse into the magic of this place, caught as the sun was rising and a truly humbling feeling to connect with our loved one.

#goldentemple #darbarsahib #incredibleindia #AdventuresOfG #nicetomanmeetyou



231 views

DECEMBER 21, 2015

Add a comment...



 abhullar Following

abhullar I miss our laughs, your advice, the way you unconditionally have my back, but most of all I miss us getting older together. Love you forever. 🥰

sidhuamrit Beautiful! 🥰

hamjamm 🥰🥰🥰

bholisekhon Il love u🥰 i miss to

simrans87 🥰

amitozsekhon 🥰🥰🥰🥰🥰🥰🥰

sjs5555 🥰🥰🥰



52 likes

DECEMBER 20, 2015

Add a comment...





misskhanna
Golden Temple, Amr...

Following

misskhanna The Golden Temple's beauty was breathtaking and serenity we felt the second we stepped in was worth every minute of the overnight journey. Humbled to be able to honor our dear friend's life in such a holy place.

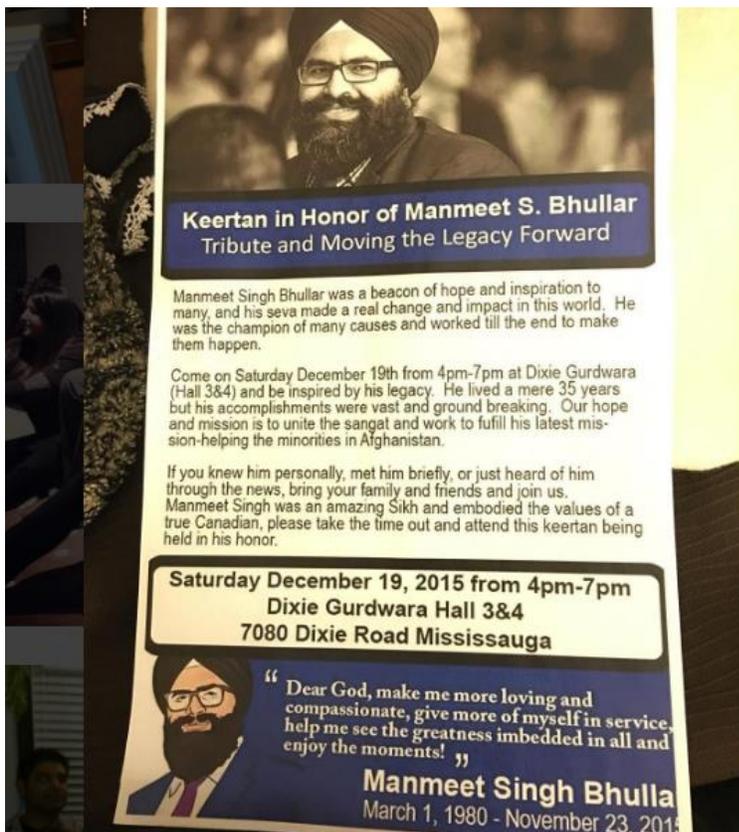
#nicetomanmeetyou #goldentemple
#AdventuresOfG #incredibleindia
ablkhorizon #thisisepic
gimmenow 🇮🇳 🇮🇳



104 likes

DECEMBER 20, 2015

Add a comment...



jsekhon7
Ontario Khalsa Darb...

Following

jsekhon7 Thank you to the Sangat of Toronto and area, and all the speakers for a beautiful tribute and celebration of @manmeetsbhullar life. And, thank you Manpreet Kaur from the bottom of our hearts for planning this, along with sharing with everyone, the very kind and genuine words about Meeta. ❤️

#nicetomanmeetyou

hamjamm ❤️❤️❤️

bholisekhon ❤️❤️❤️❤️❤️❤️❤️❤️❤️

brindz81 ❤️❤️❤️



39 likes

DECEMBER 19, 2015

Add a comment...





harickh

Following

hamjamm ♥♥♥
harickh #nicetomanmeetyou



45 likes

DECEMBER 19, 2015

Add a comment...



harickh

Following

harickh At Jashan 2010 - Manmeet, helping to lift people to where they truly should be
#nicetomanmeetyou

abhullar It's what he did best.
jesslail He's still doing it.



31 likes

DECEMBER 17, 2015

Add a comment...





Keertan in Honor of Manmeet S. Bhullar
Tribute and Moving the Legacy Forward

Manmeet Singh Bhullar was a beacon of hope and inspiration to many, and his seva made a real change and impact in this world. He was the champion of many causes and worked till the end to make them happen.

Come on Saturday December 19th from 4pm-7pm at Dixie Gurdwara (Hall 3&4) and be inspired by his legacy. He lived a mere 36 years but his accomplishments were vast and ground breaking. Our hope and mission is to unite the sangat and work to fulfill his latest mission helping the minorities in Afghanistan.

If you knew him personally, met him briefly, or just heard of him through the news, bring your family and friends and join us. Manmeet Singh was an amazing Sikh and embodied the values of a true Canadian, please take the time out and attend this keertan being held in his honor.

Saturday December 19, 2015 from 4pm-7pm
Dixie Gurdwara Hall 3&4
7080 Dixie Road Mississauga



1980 - 2015



fletcherSSSA

Follow

fletcherSSSA Manmeet Singh's friends & family will be celebrating his legacy this Saturday at 4pm, Dixie Gurdwara

Make sure to drop by!

#nicetomanmeetyou



20 likes

DECEMBER 17, 2015

Add a comment...



harickh

Following

kshergill23 #nicetomanmeetyou

harickh #nicetomanmeetyou



39 likes

DECEMBER 17, 2015

Add a comment...



MOUNT ROYAL UNIVERSITY

Scholarship honours Manmeet Bhullar

The Mount Royal University Sikh Student Association, in collaboration with the Bhullar family have collaborated to create a scholarship.

The Manmeet Bhullar Inspire Award will be given out annually to a student who demonstrates excellence in community engagement and the spirit of seva, or volunteering.

"The Mount Royal University Sikh Student Association is very saddened to hear the passing of Manmeet Singh Bhullar. Mr. Bhullar was an MRU

alumni and played an active role within the MRU community," read an email statement from the association. "He has helped countless local youth by encouraging them through his actions and presence. He was monumental in starting up The Dashmesh Mission and the very first Nagar Keertan in Calgary."

Details on the scholarship are still being established and once details are confirmed more information will be available. METRO



sjs5555

Following

sjs5555 Always & forever inspiring us! The Manmeet Bhullar Inspire Award. #nicetomanmeetyou #inspire #mountroyaluniversity



46 likes

DECEMBER 16, 2015

Add a comment...



abhullar

Following

abhullar The best heart in the world. Miss you. #nicetomanmeetyou

bholisekhon I miss you



57 likes

DECEMBER 16, 2015

Add a comment...

MOUNT ROYAL UNIVERSITY

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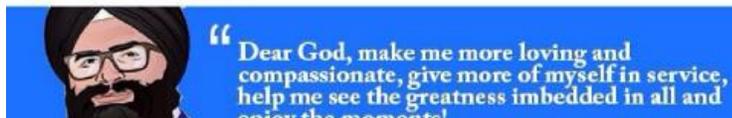
Keertan in Honor of Manmeet S. Bhullar Tribute and Moving the Legacy Forward

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Saturday December 19, 2015 from 4pm-7pm
Dixie Gurdwara Hall 3&4
7080 Dixie Road Mississauga



ssa.mountroyal
Mount Royal University

Follow

ssa.mountroyal Coverage on the Manmeet Bhullar Inspire Award on Metro News! This was on Nov 27th! #nicetomanmeetyou college_essentials_101 Wonderful to see! Good luck to all



42 likes

DECEMBER 16, 2015

Add a comment...

tfss_ssa

Follow

tfss_ssa Kirtan this Saturday in honour of Manmeet Singh Bhullar, we hope to see you and your family there. #nicetomanmeetyou



14 likes

DECEMBER 15, 2015

Add a comment...



jessie.lail

Following

jessie.lail RIP brother, still can't believe you are gone. It's been 3 weeks since you passed away and I still can't believe that we won't see again. We have lost 2 great people from 2 different generations in the past 3 years. It's sad and devastating when you lose someone close, but at the same time it's a privilege to have actually met such great souls and have them in our lives. RIP Manmeet Bhullar & Harpal Lail, I hope you are together laughing, joking around, and taking care one another, forever missed. #nicetomanmeetyou #family prabhdeep_chahal Well said. So sorry Jess. drshimikang So true. Missing them but know their light lives on



62 likes

DECEMBER 15, 2015

Add a comment...



calgary_sikhs
Dashmesh Culture Cen...

Follow

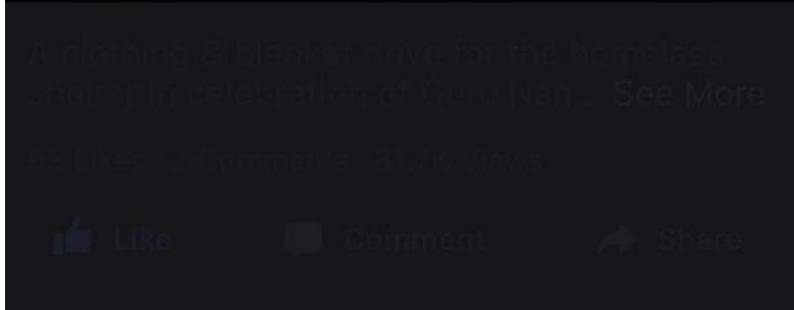
calgary_sikhs Everyone will be helping load clothing into a truck for Guru Nanak Dev Ji's Clothing Drive in 30 mins! If you are around make sure to go and help outside the Dashmesh Gurdwara! This is a clip from CBC last year that covers Guru Nanak Clothing Drive, Manmeet Singh helped organize the initiative last year. #GuruNanakClothingDrive stylzcorp ❤️



56 likes

DECEMBER 13, 2015

Add a comment...



Manmeet Bhullar 31

MLA, Calgary-Montrose; Minister, Service Alberta

Back in 1998, when Manmeet Bhullar was fresh out of high school, his teachers, football coaches and friends were all pushing for him to go to university, but he had other plans. "I wasn't really keen on sitting in the classroom day to day, worrying about exams," says Bhullar, who eventually attained his Bachelor of Sociology through a distance-learning program from Athabasca University and went on to get his law degree from the University of Windsor in 2011. "I was worried about community stuff -- you know, violence and drug use. I felt I could change the issues that I saw every day."

Bhullar immediately went to work. Only one year removed from high school, he founded the Dashmesh Mission, a grassroots Sikh youth group designed to harness the angst-ridden energy of teenagers and push it toward positive community change. A few years later, he spearheaded a similar, but non-denominational youth group called Inspire. To date, both groups together have raised more than \$150,000 in food for the Calgary Inter-faith Food Bank.

"When you get people to serve, especially young people, they experience the best of themselves," says Bhullar. "Afterward, they're less likely to engage in anything that's not consistent with the best of themselves."

Today, Bhullar continues to live that motto. In 2008, he was elected MLA for Calgary-Montrose, becoming the youngest sitting member of the Legislative Assembly. Immediately, his booming voice could be heard lobbying for Edmonton's Grant MacEwan and Calgary's Mount Royal colleges to be designated as universities. "I've got a heck of a lot of people in my riding that go there," he says. "I wanted their degrees to say Mount Royal University, as opposed to Mount Royal College." The bill passed and, in 2009, two new Alberta universities were officially designated.

Since then, Bhullar has worked on initiatives more directly related to the northeast Calgary communities he represents. He spent three years berating the Infrastructure and Transportation department to fund the construction of a new access road for his constituents in Chinaman Estates Mobile Home Park, who were cut off from 16th Avenue when the province built the north-south chunks of the Shoney Trail ring road. After battles with other MLAs, landowners, gas companies and snowy weather, an overjoyed Bhullar announced the road's completion in 2011.

"The province of Alberta doesn't build roads within a city every day," says Bhullar. "When I advocate for something, I really put everything I have on the line for it." -- *Todd Andia*

Why he's a Top 40: As the youngest sitting MLA, Bhullar has been a relentless advocate for his constituents, and the first-term politician has already gotten involved in important portfolios such as municipal affairs and advanced education and technology.

The key to his success: "Give what you seek. So if you seek hope, give somebody hope; if you seek strength, help someone find strength; if you seek compassion, be compassionate to the law of the universe. If you give it, it will come."



simrans87

Following

simrans87 "Give what you seek. So if you seek hope, give hope; if you seek strength, help someone find strength; if you seek compassion, be compassionate. It's the law of the universe. If you give it, it will come." - Manmeet Singh Bhullar. In your words we find the comfort and strength we need. #nicetomanmeetyou



69 likes

DECEMBER 15, 2015

Add a comment...



Keertan in Honor of Manmeet S. Bhullar
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Saturday December 19, 2015 from 4pm-7pm
Dixie Gurdwara Hall 3&4
7080 Dixie Road Mississauga



"Dear God, make me more loving and compassionate, give more of myself in service, help me see the greatness imbedded in all and enjoy the moments!"

Manmeet Singh Bhullar
March 1, 1980 - November 23, 2015



sikh youth federation

Follow

sikh youth federation Manmeet Singh's friends & family will be celebrating his legacy this Saturday at 4pm, Dixie Gurdwara

Make sure to drop by!

#nicetomanmeetyou



154 likes

DECEMBER 14, 2015

Add a comment...



calgary_sikhs

Follow

calgary_sikhs Gurbinder Singh talks about how him, Manmeet Singh, and a few others would do simran and veechar for hours at a time. This is very inspiring to hear and a good reminder to all of us of the importance of keeping good sangat and doing simran together. #nicetomanmeetyou #yyc #GuruGranthSahibDarbar

simranksibia I was there ❤️ R.I.P Manmeet Bhullar 🙏🙏

simranjapp @simranjapp

calgary_sikhs @simranksibia 🙏



586 views

DECEMBER 12, 2015

Add a comment...



calgary_sikhs

Follow

calgary_sikhs Manmeet Bhullar program at Guru Granth Sahib Darbar has now started. Tarjinder Kaur, sister of Manmeet Bhullar, speaks to the kids and larger sangat about how each of them have the ability to do amazing things within the community as well. #nicetomanmeetyou

simranksibia I was there ❤️ R.I.P Manmeet Bhullar 🙏🙏

calgary_sikhs @simranksibia 🙏



334 views

DECEMBER 12, 2015

Add a comment...





skr_xoxo

Following

skr_xoxo Our hearts are in a million pieces...miss you so much #nicetomanmeetyou

xo.farhana.balayage 🍷🍷🍷🍷 sending you all love and prayers!

lily_86 ❤️❤️ to you guys.

sjs5555 Love everything about this picture! 🍷

kshergill23 Loveeee!! 🍷🍷🍷

umm_21 ❤️

gosalharp Thinking of you all! ❤️

manpreetkbrar What a beautiful moment captured on film. Hugs and love to you all...

simrans87 I love this 🍷



42 likes

DECEMBER 12, 2015

Add a comment...



sidhuamrit

Following

sidhuamrit No filter needed simply because I wouldn't change this moment for anything. I still remember in this exact moment you asked me "Are you happy?" and I was more than happy. I was blessed to call you my family and brother. #nicetomanmeetyou

kshergill23 Love it!!! 🍷🍷🍷

parmal_gahunia Beautiful

hamjamm 🍷🍷🍷🍷

sahotab So beautiful! @sidhuamrit

simrans87 A beautiful moment 🍷

amanie_87 Love this picture and the caption even more!

bainsanu aww !!

shan1025 Aww! Love this

sjs5555 Love this!! 🍷🍷

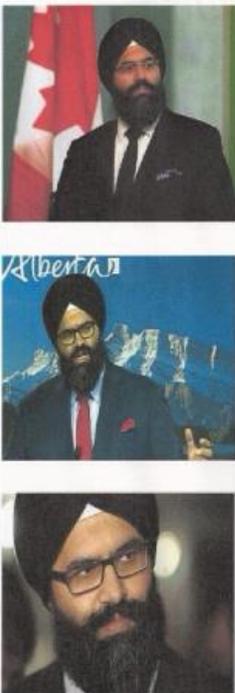


39 likes

DECEMBER 11, 2015

Add a comment...





**ਸਾਧਸੰਗਤ ਜੀਓ
ਵਾਹਿਗੁਰੂ ਜੀ ਕਾ ਖਾਲਸਾ,
ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫਤਹਿ**

ਪਰਮਾਤਮਾ ਦੇ ਬਾਗ ਦੀ ਵਿਲੱਖਣ ਤੇ ਬਹੁਤ ਹੀ ਪਿਆਰੀ ਸ਼ਖਸ਼ੀਅਤ ਭਾਈ ਮਨਮੀਤ ਸਿੰਘ ਜੀ ਭੁੱਲਰ ਮਹਾਰਾਜ ਜੀ ਦੇ ਚਰਨਾਂ ਵਿਚ ਜਾ ਬਿਰਾਜੇ ਹਨ। ਉਹ ਹਰ ਇਕ ਲਈ ਖਾਸਤੌਰ ਤੇ ਬੱਚਿਆ ਤੇ ਨੌਜਵਾਨਾਂ ਲਈ ਇਕ ਪ੍ਰੇਰਨਾ ਸਰੋਤ ਸਨ ਤੇ ਹਮੇਸ਼ਾ ਰਹਿਣਗੇ। ਉਨ੍ਹਾਂ ਵਲੋਂ ਕੀਤੀਆਂ ਵਡਮੁਲੀਆਂ ਸੇਵਾਵਾਂ ਨੂੰ ਯਾਦ ਕਰਦਿਆਂ ਗੋਬਿੰਦ ਸਰਵਰ ਗੁਰਮਤਿ ਸਕੂਲ ਕੈਲਗਰੀ ਵਲੋਂ **12 ਦਸੰਬਰ ਸ਼ਾਮ 6 ਤੋਂ 7 ਵਜੇ ਤੱਕ ਦਰਬਾਰ ਸ੍ਰੀ ਗੁਰੂ ਗਰੰਥ ਸਾਹਿਬ ਜੀ** ਵਿਖੇ ਸ਼ਰਧਾਜਲੀ ਸਮਾਰੋਹ ਕੀਤਾ ਜਾ ਰਿਹਾ ਹੈ। ਆਪ ਸਭ ਨੂੰ ਬੱਚਿਆ ਸਮੇਤ ਅਰਦਾਸ ਵਿਚ ਸ਼ਾਮਿਲ ਹੋਣ ਦੀ ਸਨਿਮਰ ਬੇਨਤੀ ਕੀਤੀ ਜਾਂਦੀ ਹੈ ਜੀ।

ਧੰਨਵਾਦ ਸਹਿਤ
ਸਮੂਹ ਸੇਵਾਦਾਰ ਗੋਬਿੰਦ ਸਰਵਰ

Waheguru Ji Ka Khalsa, Waheguru Ji Ki Fatch

Darbar Sri Guru Granth Sahib Ji
Calgary would like to welcome all to a
Tribute and Keertan program in honor
of Sardar Manmeet Singh Bhullar on
December 12th from 6:00pm – 7:00pm



calgary_sikhs Follow

calgary_sikhs Program in honor of Manmeet Singh Bhullar happening at Darbar Sri Guru Granth Sahib Gurdwara tomorrow from 6-8pm. 6-7pm presentation and then 7-8pm keertan.



53 likes

DECEMBER 11, 2015

Add a comment... ...




sjs555 Following

sjs555 One of my favorite quotes, by the most humble, genuine, pure and good hearted human beings I've ever come to know. Missing you so much Meeta. "Give what you seek. If you seek hope, give hope. If you seek inspiration, give inspiration. If you seek love, give love." -Manmeet Singh Bhullar #nicetomanmeetyou 🌸



74 likes

DECEMBER 10, 2015

Add a comment... ...





hamjamm

Following

hamjamm Roomie love ❤️
#nicetomanmeetyou
jesslail ❤️❤️❤️❤️
navib11 Beautiful
abhullar Love this picture!



47 likes

DECEMBER 10, 2015

Add a comment...



hamjamm

Following

hamjamm ❤️ #nicetomanmeetyou



❤️ 45 likes

jsekhon7 ❤️ my family so much. So blessed to be a part of one of the most amazing families ever.



24 likes

DECEMBER 10, 2015

Add a comment...



You Retweeted



TKB
@TBhullar

If at the end of your time, the friends you leave behind all gather to say you were a loyal friend, your life is one to be proud of.

2013-07-24, 9:54 AM

3 RETWEETS 1 LIKE



kshergill23

Following

kshergill23 In awe of the man who makes so many who they are today through his love, support, humour & strength. It was truly an honour #nicetomanmeetyou

amanie_87 He made everyone he met feel special and loved.



57 likes

DECEMBER 8, 2015

Add a comment...



shan1025

Following

shan1025 A brother like no other! Miss you Meeter Man! #nicetoManmeetyou

jsekhon999

amanie_87 Inventor of groom showers

sab.hu @shan1025 big hug to my shanuuu

tlail67 Remember the pens!!!!

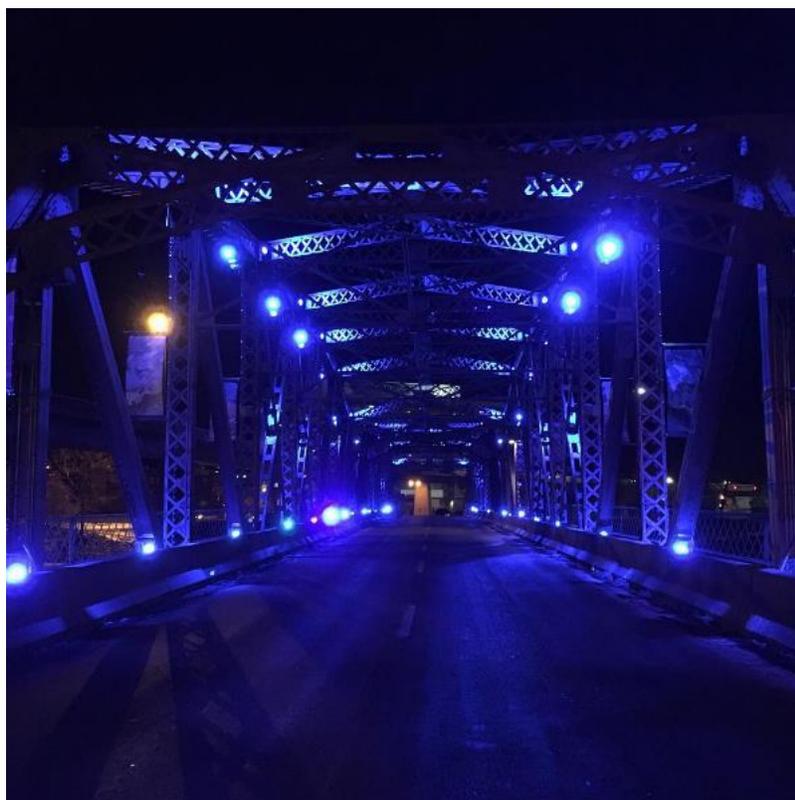
sjs5555



53 likes

DECEMBER 6, 2015

Add a comment...



jsekhn7
Downtown Calgary

Following

jsekhn7 Meeta lit up the city last Sunday. And he will continue to be the light in our lives. Love you dearly. We know you are finally resting Brother. #nicetomanmeetyou. Thanks @ewlew thank you for taking this beautiful picture!

ewlew 🙏🙏🙏

happyb88 🙏🙏🙏🙏

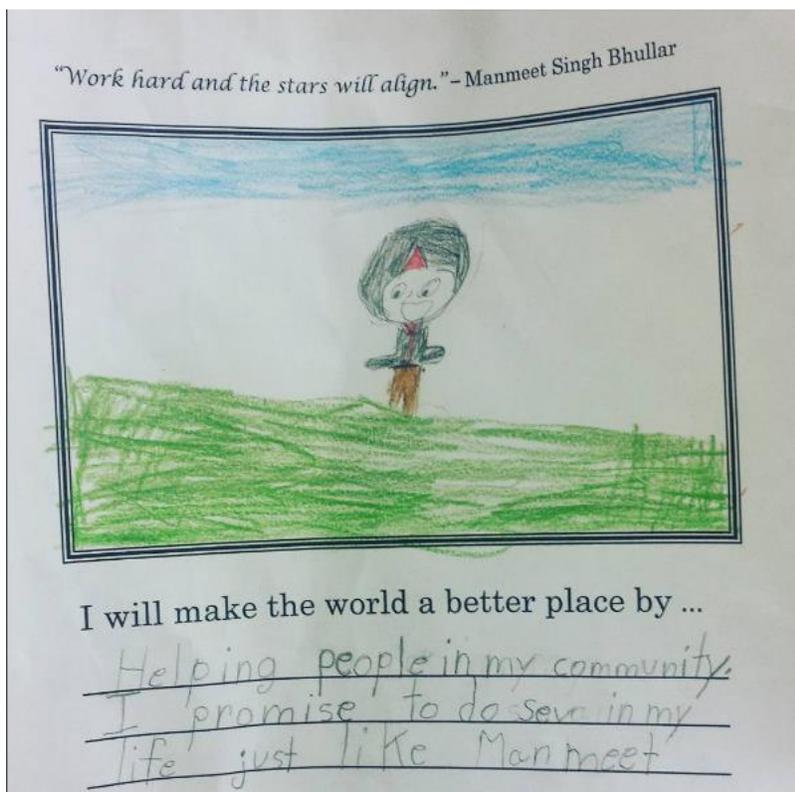
amanie_87 He's finally resting. Love you!



51 likes

DECEMBER 5, 2015

Add a comment...



abhullar

Following

abhullar Made by a grade 1 student. #nicetomanmeetyou

shan1025 Beautiful!

gurdeep.brar Omg that is amazing!



45 likes

DECEMBER 4, 2015

Add a comment...





abhullar
Khalsa School Calgary

Following

abhullar Such sweet messages from the kids at the Khalsa School assembly for @manmeetsbhullar. It was touching to hear how much he inspired the next generation. #nicetomanmeetyou

amitozsekhon 💕 such a beautiful tribute.



43 likes

DECEMBER 4, 2015

Add a comment...



sidhuamrit

Following

sidhuamrit #nicetomanmeetyou ☐☐

abhullar 💕

sjs5555 💕

simrans87 ☐☐

happyb88 💕

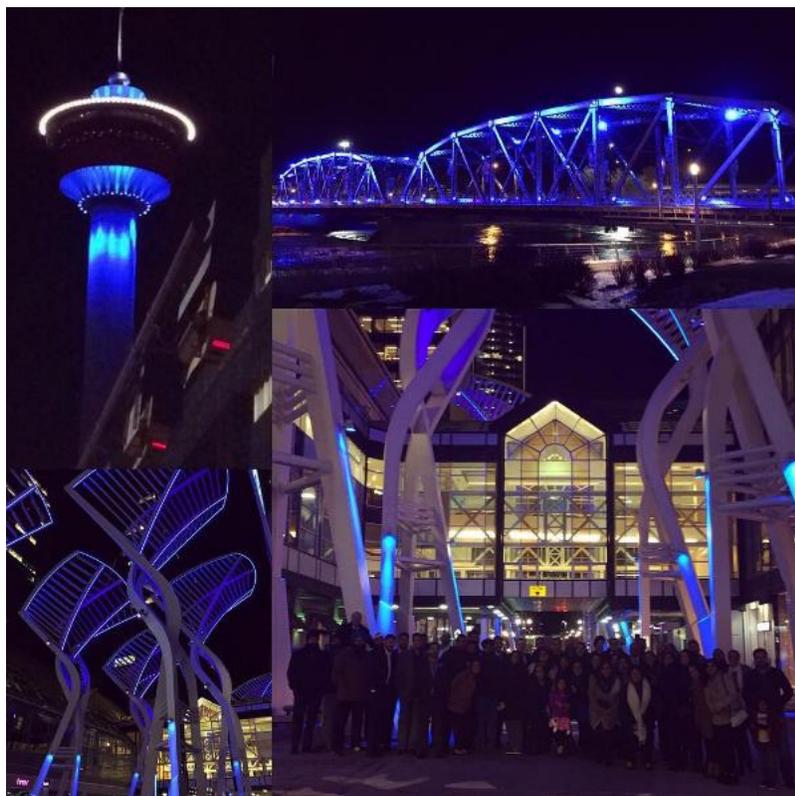


27 likes

DECEMBER 4, 2015

Add a comment...





1b_na

Following

1b_na The City lit Blue in Honor of You 🇺🇸
 #OurHero #NiceToManmeetYou
 #CalgaryLandmarks #CalgaryTower
 #CalgaryFootballStadium #LangevinBridge All
 lit up in his favourite colours 🇺🇸🇺🇸



62 likes

DECEMBER 4, 2015

Add a comment...



1b_na

Following

1b_na Always 🇺🇸🇺🇸 SibLove 🇺🇸
 #NiceToManmeetYou
 sjs5555 🇺🇸🇺🇸
 jessid3e 🇺🇸
 simrans87 Love 🇺🇸



58 likes

DECEMBER 3, 2015

Add a comment...





abhullar

Following

abhullar There are no words to describe how we're feeling, but we're trying to be strong for you and be there for each other. Miss and love you so much. #nicetomanmeetyou #hero #ourrock #jfdjfdkwoaspcu

sarinajxo Beautiful photo, sending lots of love and big big hugs to you all xxx

sjs5555 ☺☺☺

amitozsekhon 🍷



50 likes

DECEMBER 3, 2015

Add a comment...



sikh youth federation

Follow

sikh youth federation End of Term Kirtan in memory of Manmeet Singh Bhullar.

Join York SSA any time till 8:30!

#YorkSSA #YorkU #EndofTerm #Kirtan #Remembrance #NiceToManmeetYou houseofsethi Dhan Guru Pyaare



239 likes

DECEMBER 2, 2015

Add a comment...





simrans87

Following

simrans87 Our gentle giant - with a heart and soul to match #myhero #nicetomanmeetyou

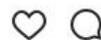
_a.sultan Sorry for your loss Simran

amanie_87 Love this picture

amanie_87

abhullar Love

mab_ I've been thinking of you and your family Sim



88 likes

DECEMBER 2, 2015

Add a comment...



abhullar

Following

abhullar Meeta honored by the @nhflames last night before puck drop. Thanks to Ken King and the entire organization for taking such great care of us and for sharing so many stories of Manmeet with us.

mizz_cm I wanted to reach out to @pklaila @amitozsekhon @amanie_87 and say how sorry we all are for your loss- I've been in touch with Ari but wanted to let you all know, your California family is thinking about you all- stay strong and just know how much support you all have

mizz_cm @hamjamm @jassie_87

hamjamm @mizzmyca



111 views

DECEMBER 2, 2015

Add a comment...



1b_na

Following

1b_na "With Great Beard Comes Great Responsibility 🤝🤝 Love you Meeter Man🙏
👏👏 #NiceToManmeetYou



73 likes

DECEMBER 2, 2015



toortime
Saddledome Calgary AL..

Follow

toortime Class act organization and amazing tribute by the @nhlflames for meeta!
#nicetomanmeetyou
culturesresto 😊



130 likes

DECEMBER 1, 2015

Add a comment...




mkullar
 Scotiabank Saddled... Following

mkullar What an honour to be in attendance for this tribute and moment of silence for an absolute rare gem. Thank you Calgary Flames #manmeetbhullar#leftalegacy#Classy @nhlflames



182 views

DECEMBER 1, 2015

Add a comment... ⋮





 simren_amrit


calgary_sikhs Follow

calgary_sikhs #Repost @simren_amrit with @repostapp.

Downtown Calgary turns blue in Honor of Manmeet Singh Bhullar #nicetomanmeetyou stylzcorp



109 likes

NOVEMBER 30, 2015

Add a comment... ⋮



 iamkaursyf Follow

iamkaursyf Join York SSA THIS WEDNESDAY December 2nd at 5:30pm (Student Centre, Room 307) for an end of term kirtan in memory of Manmeet Singh Bhullar.

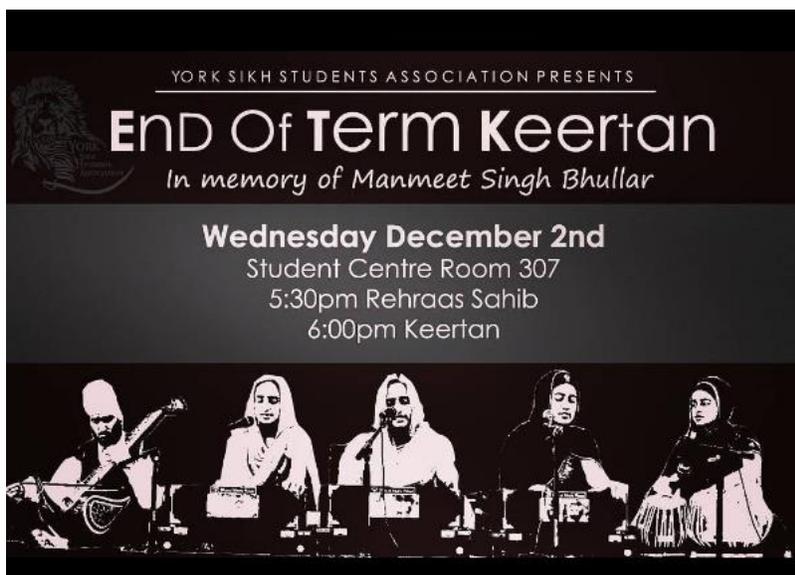
Manmeet Singh was a very active community leader and sevadaar, and inspired us with countless acts of kindness. His dedication to the Panth and Canada will always be remembered.



32 likes

NOVEMBER 30, 2015

Add a comment... ...



 sikh youth federation Follow

term kirtan in memory of Manmeet Singh Bhullar.

Manmeet Singh was a very active community leader and sevadaar, and inspired us with countless acts of kindness. His dedication to the Panth and Canada will always be remembered.

#YorkSSA #YorkU #Kirtan #Remembrance #NiceToManmeetYou

sandeep_singh_jhandi_ Waheguru



170 likes

NOVEMBER 30, 2015

Add a comment... ...



outoftheash

Follow

outoftheash Bye Bye Meeta.
#nicetomanmeetyou



15 likes

NOVEMBER 30, 2015

Add a comment...



abhullar
Calgary, Alberta

Following

abhullar We all went together to see
@manmeetsbhullar paint the city blue
#nicetomanmeetyou #family

amitozsekhon

charanvirk That's awesome! It really was
amazing to see the whole community get
together to pay respect to him! It speaks so
much of him that everyone is doing so much
to commemorate him. I really wish I had
known him better!! #nicetomanmeetyou
@manmeetsbhullar @abhullar @sidhuamrit
sjs5555

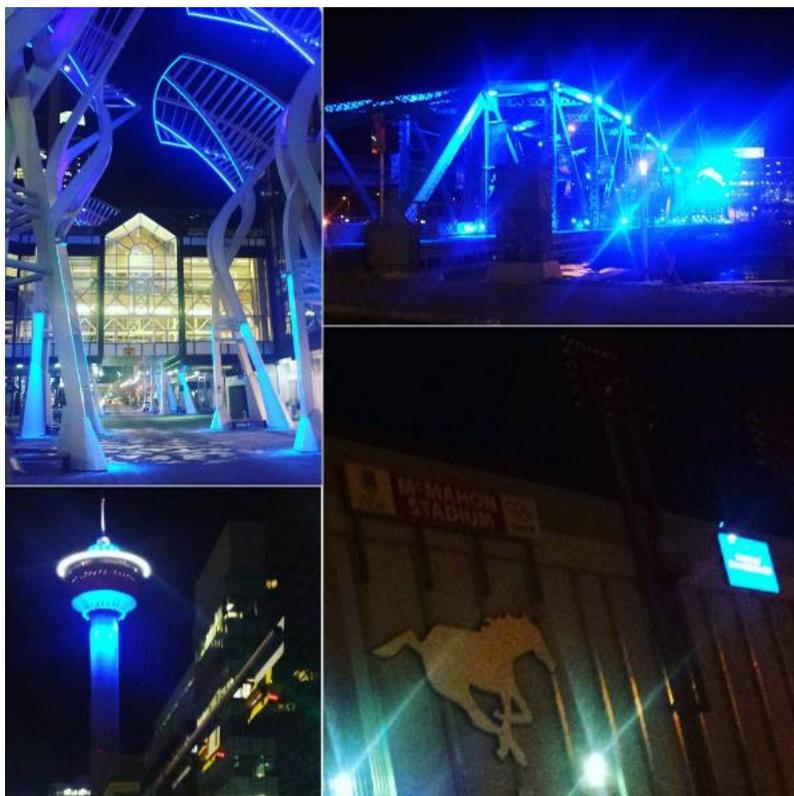


53 likes

NOVEMBER 30, 2015

Add a comment...





abhullar
Calgary, Alberta

Following

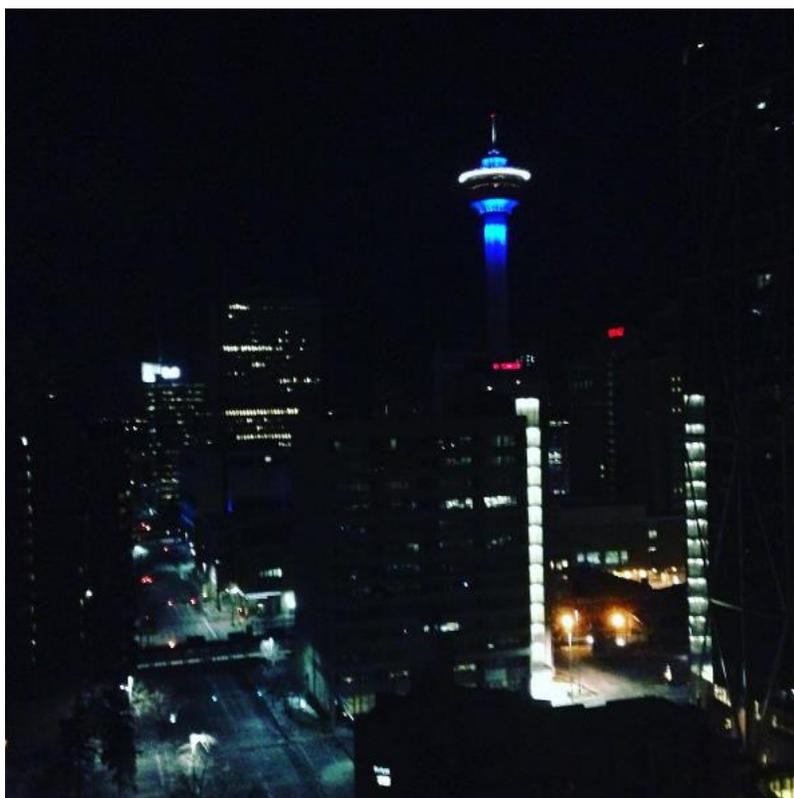
abhullar All of Calgarys landmarks (The football stadium, Stephen Avenue, the Tower & bridges) are beautifully lit up in blue tonight to honor @manmeetsbhullar. So much love for him. ❤️ #nicetomanmeetyou amitozsekhon ❤️ jinderatwal ❤️



56 likes

NOVEMBER 30, 2015

Add a comment...



trudyi
City of Calgary – Your L...

Follow

trudyi Nice to see the @calgarytower lit up for Manmeet tonight. I'm hoping it will be a spectacular green & gold for the @edmontoneskimos tomorrow. 😊 #nicetomanmeetyou #greycup #alberta #eskimos

nicknoltesmigshot Yay you made it!

nicknoltesmigshot #teamformerlyknownaseskimos

trudyi @nicknoltesmigshot Sure did! I nominate you for the Ekss rebranding/naming committee. Your creativity with hashtags is second to none.

trudyi @nicknoltesmigshot #sweetdreams #itsalreadymonday 😊

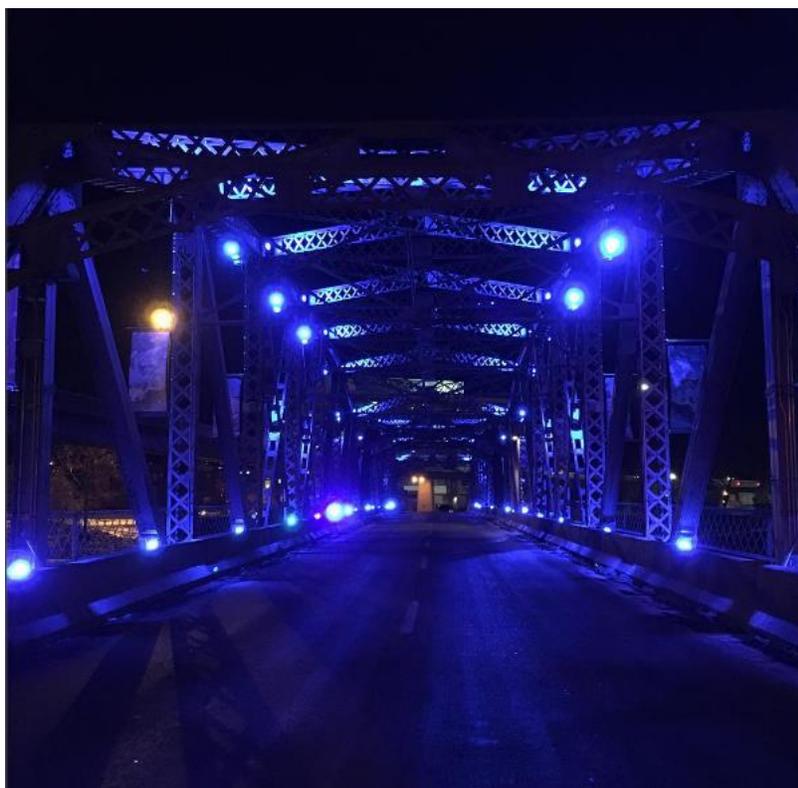


30 likes

NOVEMBER 30, 2015

Add a comment...





hamjamm
Calgary, Alberta

Following

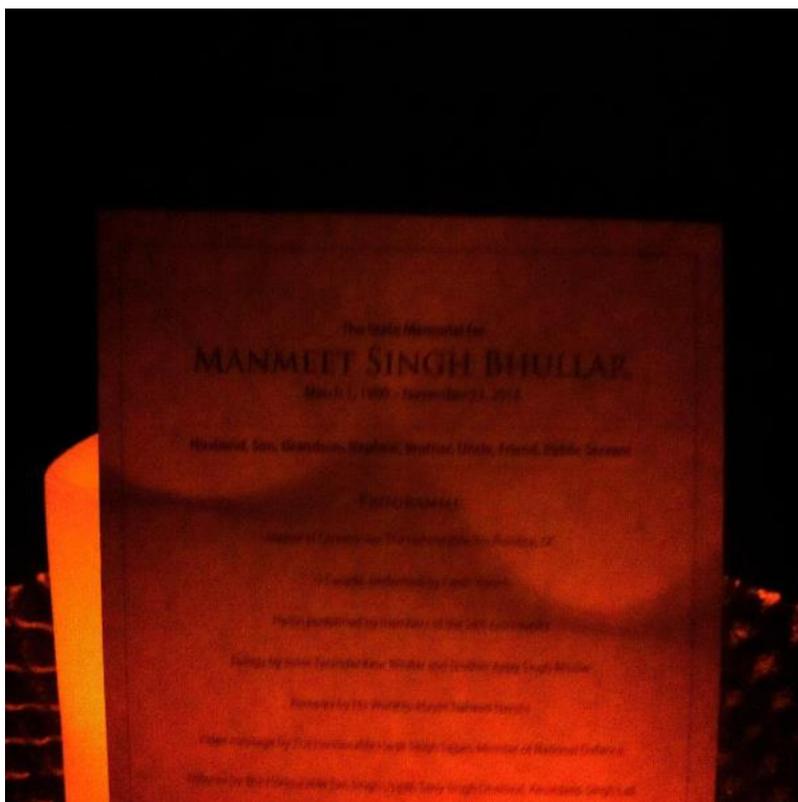
hamjamm Paint the town blue. Just for you @manmeetsbhullar ❤️❤️❤️❤️
#nicetomanmeetyou
sagandhallu ❤️❤️❤️
abhullar ❤️ this.
sharon_rai82 Just shows you what a man he was, this would not be done for any ordinary being - May Waheguru keep you safe ❤️❤️❤️
navib11 Beautiful
amitozsekhon ❤️



58 likes

NOVEMBER 30, 2015

Add a comment...



jsmokinace

Follow

jsmokinace RIP my friend. Your legacy will live on. #nicetomanmeetyou
#withgreatbeardcomesgreatresponsibility
#manmeetbhullar

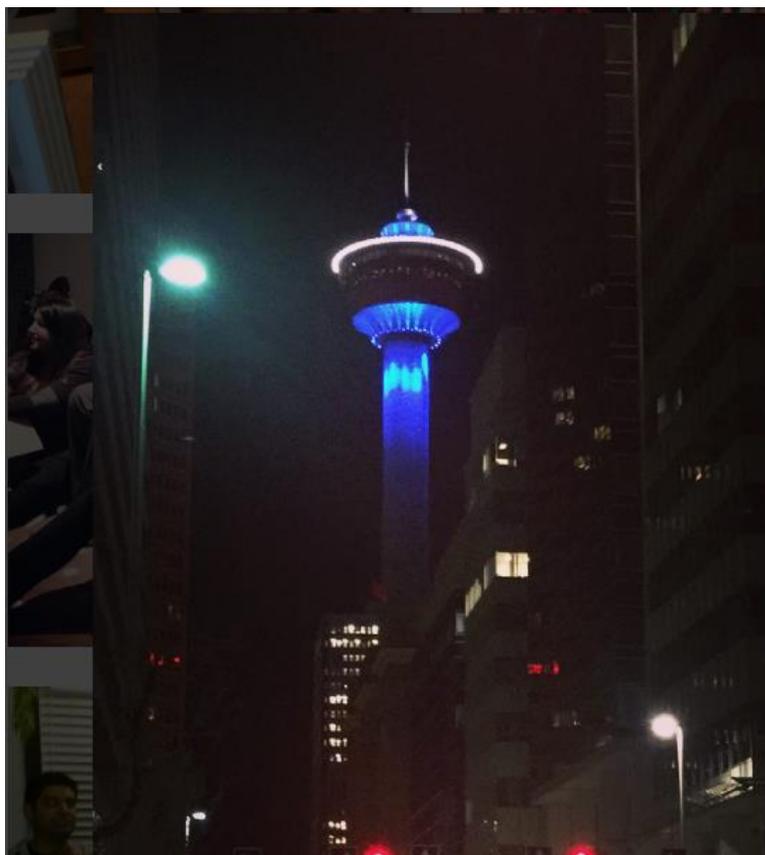


17 likes

NOVEMBER 29, 2015

Add a comment...





simrans87

Following

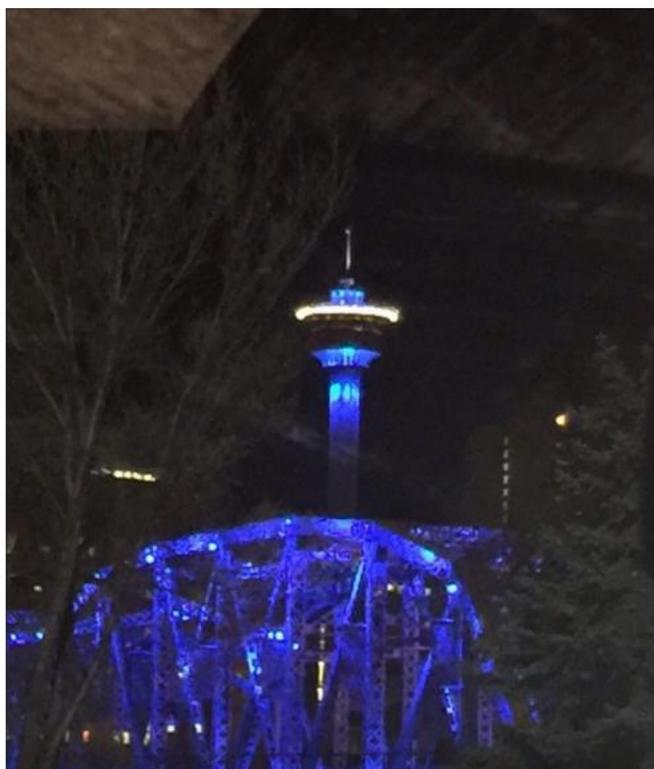
simrans87 All lit up blue for
@manmeetsbhullar #myhero
#nicetomanmeetyou 💕
sagandhallu 💕💕💕



104 likes

NOVEMBER 29, 2015

Add a comment...



kshergill23

Following

kshergill23 Tonight the Calgary tower and
bridge is lit up in honour of our Meeta. 💕
#nicetomanmeetyou

arti.p.mann So sorry for your loss Karen. May
his soul rest in peace and God bless you and
your family with strength 💕

sagandhallu 💕💕



100 likes

NOVEMBER 29, 2015

Add a comment





Amy Johal

3 mins · The Calgary Herald · 🌐

A sad day honouring an amazing man who went above & beyond for others, always. A beautiful service. I've told you many times before and I'll say it again... I am proud of everything you did. ❤️ It was so very #nicetomanmeetyou



Fortney: Thousands honour Manmeet Bhullar at stirring memorial

calgaryherald.com



johalamy

Following

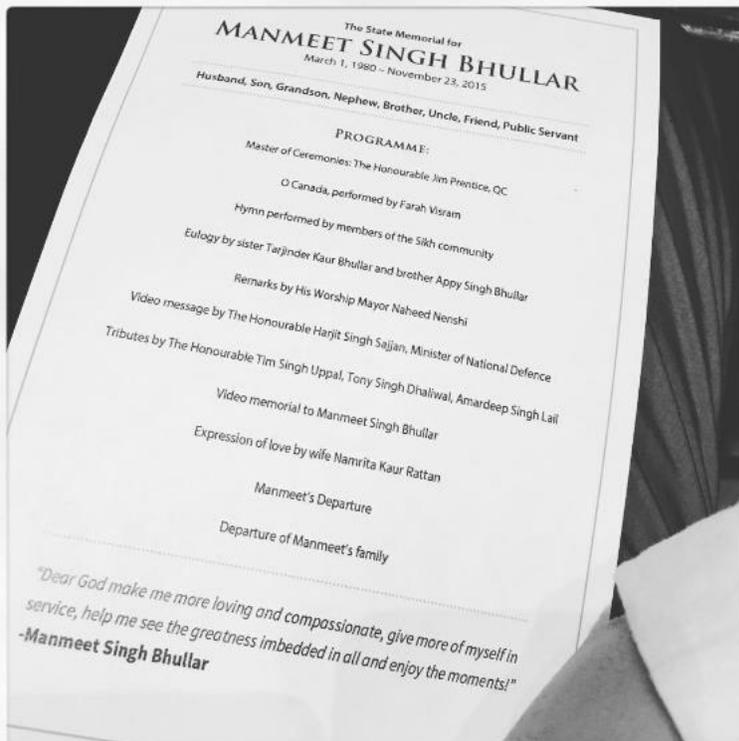
johalamy #NiceToManmeetYou
rrs_16 So sad...breaks my heart



15 likes

NOVEMBER 29, 2015

Add a comment...



malwastyle

Southern Alberta Jubile...

Follow

malwastyle When others were thinking of a palace in the sky, you had your feet firmly on the ground. Man Neeva Maat Uchi! #nicetomanmeetyou
4pillars_calgary hello!

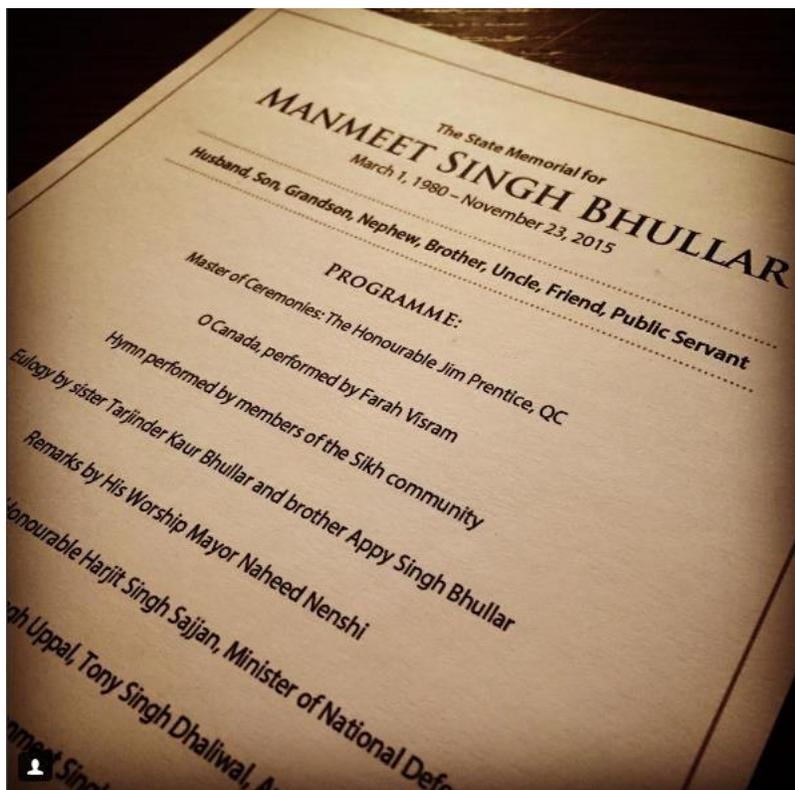


37 likes

NOVEMBER 29, 2015

Add a comment...





blcarra
Southern Alberta Jubile...

Follow

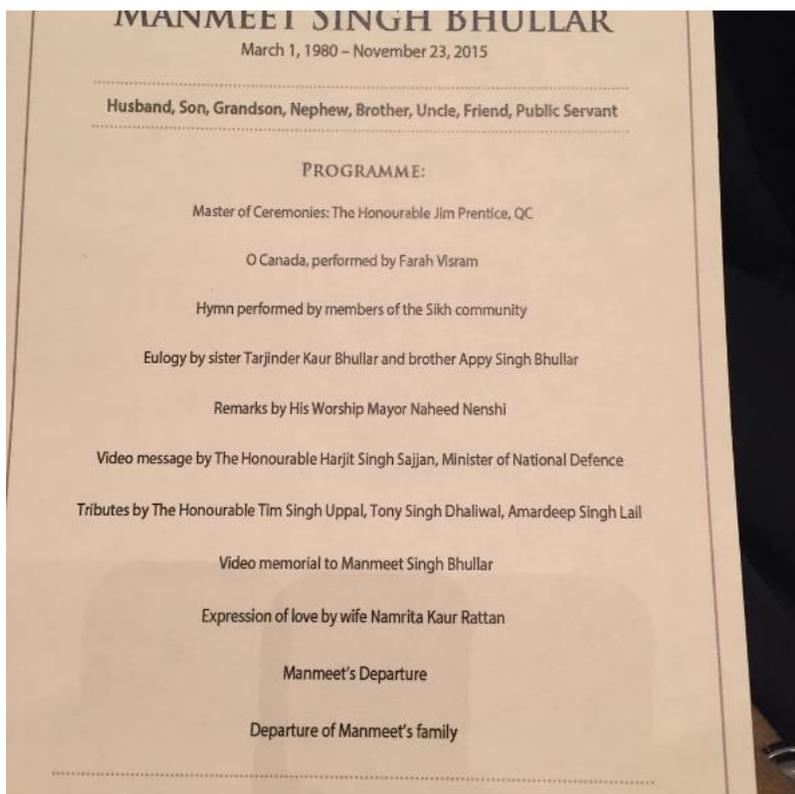
blcarra We laughed and cried and cried some more... with friends and family and strangers. #nicetomanmeetyou #yyc #alberta



27 likes

NOVEMBER 29, 2015

Add a comment...



rajliberal

Follow

rajliberal "Dear God make me more loving and compassionate, give more of myself in service, help me see the greatness imbedded in all and enjoy the moments" - Manmeet Singh Bhullar #nicetomanmeetyou

johalreena ❤️

r.o.m.y R.I.P

sonibal ❤️❤️

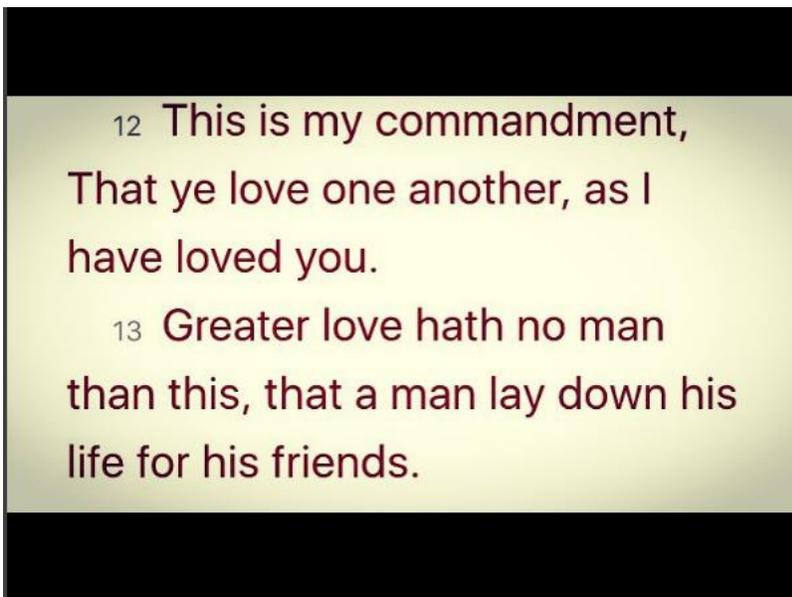


146 likes

NOVEMBER 29, 2015

Add a comment...





beingcolle

Follow

beingcolle Such an appropriate verse for today. Rest in Peace, friend.
 #nicetomanmeetyou #kindness #love
 dewalukisan Bagus Fotonya, hehe.. oh iya Follow ig kita yuk ada banyak Lukisan harga terjangkau coba cek deh pasti pingin beli :D
 hamjamm Love this, Nicole!



67 likes

NOVEMBER 29, 2015

Add a comment...





Manmeet S. Bhullar
 @manmeetsbhullar

Dear God make me more loving & compassionate, give more of myself in service, help me see the greatness imbedded in all & enjoy the moments!

1:51 PM · 01 Jan 15

257 RETWEETS **242** LIKES






16 Likes



jesslail

Following

jesslail In your absence may we live in your light, may we give each other strength that once came from you, may we give to the world as selflessly and tirelessly as you once did. Manmeet Singh Bhullar it was honor and privilege to know you. Until we meet again. Waheguru. #nicetomanmeetyou #R.I.P
 jasbirv That is just so sad



29 likes

NOVEMBER 29, 2015

Add a comment...





samsidhu99

Following

samsidhu99 Brotherly Love
 #nicetomanmeetyou
 sjs5555 ❤️ #nicetomanmeetyou



116 likes

NOVEMBER 29, 2015

Add a comment...



simersr

Following

simersr As I go to sleep tonight I realize that this week has been the hardest week of my life. I miss you so much and I wish I could have had more time with you, I will always cherish our memories together and you will always be in my heart. I have realized this last week that you were more than just my brother, you were so many different things to so many people, you played a big part in changing so many people's lives. I know you are looking down on us and I promise you I will make you proud and finish the selfless tasks you started. #nicetomanmeetyou

neetrz Love you guys very much. My thoughts and prayers are with all of you

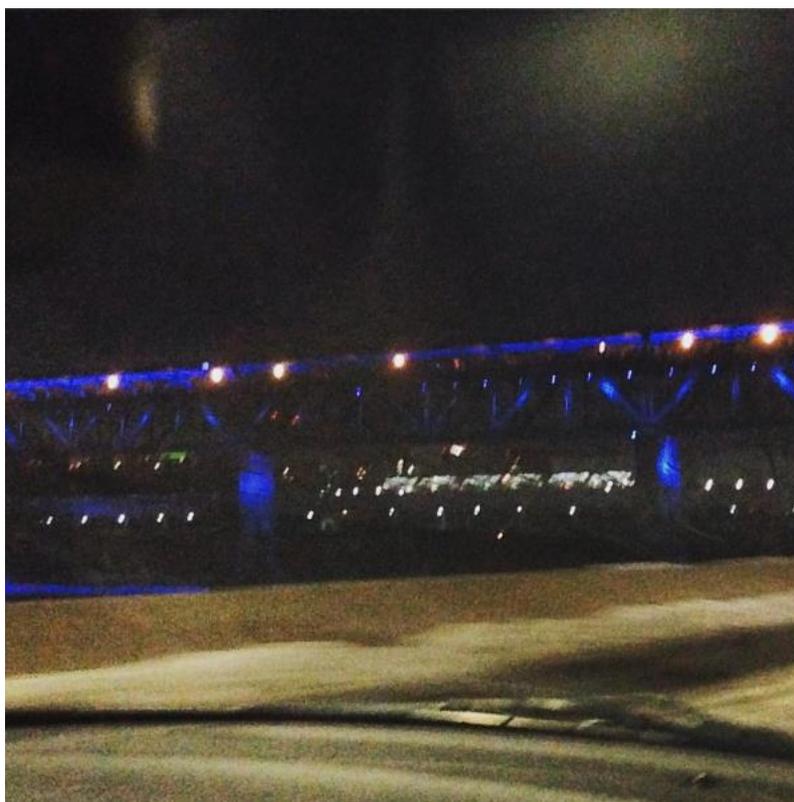


76 likes

NOVEMBER 28, 2015

Add a comment...





nbwilliams21

Follow

nbwilliams21 Beautiful to see the #highlevelbridge lit up to honour the memory of @manmeetsbhullar #nicetomanmeetyou #yeg #ableg



17 likes

NOVEMBER 28, 2015

Add a comment...



abhullar

Following

abhullar #Repost @edmontonjournal

A memorial for Manmeet Bhullar adorns his desk in the chamber at the Alberta Legislature on Tuesday, Nov. 24, 2015. Bhullar was killed Monday after being struck by a vehicle on the Queen Elizabeth II Highway when he stopped to help another motorist. Photo by Shaughn Butts/ Edmonton Journal #nicetomanmeetyou #yyc #ableg #ManmeetBhullar



49 likes

NOVEMBER 28, 2015

Add a comment...



 gloaledmonton



To see more condolences for the beloved politician who one colleague described as, "A man whose imposing physique was only outstripped by the size of his heart," visit our website at Globalnews.ca/edmonton #nicetomanmeetyou #edmonton #calgary #YYC #AlbertaLegislature #alberta #ableg #Bhullar #Respect



abhullar

Following

abhullar ❤️#Repost @gloaledmonton

The flag at the Alberta Legislature was lowered Tuesday, after PC MLA Manmeet Bhullar was killed in a car crash Monday afternoon. He had stopping to help a motorist who rolled into the median on the QEII near Red Deer, when he was hit by a semi that lost control on the snow-covered road. He was just 35 years old. To see more condolences for the beloved politician who one colleague described as,



29 likes

NOVEMBER 28, 2015

Add a comment...





amanie_87 I'm going to miss these nonsense messages. #kidatheart #nicetomanmeetyou maiyajamesx_ Sending our love💕 @amanie_87 sjs5555 Loved his messages! 💕

36 likes
NOVEMBER 28, 2015
Add a comment...



Manmeet S. Bhullar
@manmeetsbhullar

Dear God make me more loving & compassionate, give more of myself in service, help me see the greatness imbedded in all & enjoy the moments!

1:51 PM · 01 Jan 15

257 RETWEETS 242 LIKES



kamalpgil "Give what you seek. If you seek hope, give hope. If you seek inspiration, give inspiration. If you seek love, give love." - Manmeet Singh Bhullar #nicetomanmeetyou 🙏💕

19 likes
NOVEMBER 27, 2015
Add a comment...



kshergill23

Following

kshergill23 #nicetomanmeetyou ❤️
amanie_87 Love this famjam picture.



82 likes

NOVEMBER 27, 2015

Add a comment...



1b_na

Following

1b_na We love you so much, Meeter Man 🐦
#SisterBond #ForeverInOurHearts
#NiceToManmeetYou
kkajla Love this ❤️



64 likes

NOVEMBER 27, 2015

Add a comment...





alliewojtaszek

Follow

alliewojtaszek All politics aside... Losing Manmeet... Well, Alberta will never be the same. But each of us who were touched by him will also never be the same. He inspired kindness, compassion and humanity. Let that grow within us. #nicetomanmeetyou #sad



31 likes

NOVEMBER 26, 2015

Add a comment...



samsidhu99

Following

samsidhu99 Miss you ♥
 navkb So sorry for your loss Sam.
 rajdeol86 ♥♥
 abhullar ♥♥
 bholisekhon I miss🙏🙏🙏🙏♥



96 likes

NOVEMBER 26, 2015

Add a comment...





It truly was a privilege and honor to #nicetomanmeetyou ☐☐☐



sjs5555

Following

sjs5555 Our hearts are broken and our family remains changed forever. Our gentle giant and the pillar of strength for our family has been taken from us far too soon. Although the house may be filled with people it still feels empty without you here. Your words of wisdom, your strength, your power to move people, your support, your faith, your passion to serve and your love for your family and friends never went and never will go unnoticed. Thank you for giving us endless memories, laughs, voice notes and videos to look back at. Our world seems so dark right now but I know you'll be the brightest star in the sky. Thank you for being an amazing brother, friend, role model and most importantly my hero. Miss and love you so much. May your soul be at peace and may waheguru always be with you.



103 likes

NOVEMBER 26, 2015

Add a comment...



alexis_handford

Follow

alexis_handford Feeling sad about #manmeetbhullar this morning. How sad it is that we lost such an authentic caring individual. He spoke for those that had no voice, truly a great leader. #yyc #calgaryherald #cbc #alberta



26 likes

NOVEMBER 26, 2015

Add a comment...





jamielall

Follow

jamielall Throwback from a few years ago. We may have had our differences but I will say this, the guy had a knack for bringing out the best in people. It didn't matter if you were a friend or a foe, he was always on top of his game and if you weren't on top of yours, there was no point in even trying. Rest easy big fella because the trail that you blazed will always have your name on it. #RIP #NiceToManmeetYou #ableg #pcaa



92 likes

NOVEMBER 26, 2015

Add a comment...



simersr
Amritsar, Punjab

Following

simersr Meeta. Just a big kid with a bigger heart. #nicetomanmeetyou

abhullar It's so amazing that you two got to go on this trip together.

abhullar 🍀🍀🍀



210 views

NOVEMBER 26, 2015

Add a comment...





jmanpreet

Following

jmanpreet From helping my family on numerous occasions to talking in an empty parking lot till the early morning about how i should just go out there and "just fucking do it" and reach my highest potential, I always knew i could trust you to give me the most straight up answer and advice. Seeing how much you accomplished in serving others, no matter how small or big the task was, has brought smiles, joy and more to our family. You made it your own mission to serve others and it shows today how big of an impact you made to this world. You are not just a cousin, you are a hero, you are a mentor, and you are the reason so many people's lives have changed for the better. Always loved and never forgotten, Rest In Paradise Meeta. #nicetomanmeetyou



49 likes

NOVEMBER 26, 2015

Add a comment...





abhullar

Following

abhullar Love you forever broski 'Manmeet u oorriighhhtttt?' - In our fake British accent.

Meeta was the heart and soul, the center, the lifeline of our family, the best big brother, husband, son, cousin, grandson (bibis favourite), bestfriend, hero, and fighter in the world. He had the biggest heart and wanted everyone to strive to be the best person they can be: Help those who need help, aim high, always have faith, conduct yourself with the highest morals and values, and fight for what you believe in.

There wasn't a birthday, Christmas, Thanksgiving, or other family event that he missed or a single opportunity missed to make fun of some of my always well



76 likes

NOVEMBER 25, 2015

Add a comment...



There wasn't a birthday, Christmas, Thanksgiving, or other family event that he missed or a single opportunity missed to make fun of some of my always well thought out and awesome life decisions. He made sure that his loved ones were on a good path, that we were happy, and made all of our hurdles that much easier to get through. He blazed an incredible path for all of us.

We will always look out for Nama for you Meeta. I miss you so so much. Love you forever.

'Cheerio for now - Arvinduuuhhh'
fjdihfnekdjkjfrkpdgmfnalw

#nicetomanmeetyou

*Mount Royal University's
Sikh Students' Association presents*

THE MANMEET BHULLAR

Inspire Award



ssa.mountroyal
Mount Royal University

Follow

ssa.mountroyal THE MANMEET BHULLAR
INSPIRE AWARD

On behalf of Manmeet Singh Bhullar, the MRU Sikh Students' Association, MRU, and the Bhullar family are collaborating together to announce the approval of a new scholarship, the Manmeet Bhullar Inspire Award.

The Mount Royal University Sikh Student Association is very saddened to hear the passing of Manmeet Singh Bhullar. Mr. Bhullar was an MRU alumni and played an active role within the MRU community. If you would like to donate to this scholarship, email us at ssa.mountroyal@gmail.com for more information. #nicetomanmeetyou



84 likes

NOVEMBER 25, 2015

Add a comment...



ehuttyusa

Follow

ehuttyusa Manmeet Bhullar the Progressive Conservative MLA for Calgary-Greenway, was killed Monday by an out-of-control semi-trailer on the highway after he pulled over to help a motorist who had lost control on the snowy road.

Bhullar consistently put the needs of others before his own, and worked his whole life towards improving his community. Our condolences go to the entire Bhullar family, and to all his supporters. #manmeetbhullar sandhu_lovey 🙏🙏

gs_chani 🙏

today_in_sikh_history RIP #manmeetbhullar 🙏🙏



205 likes

NOVEMBER 25, 2015

Add a comment...



 shop.bark

Follow

shop.bark The world lost a wonderful soul yesterday. Sending good vibes and prayers to Manmeet Bhullar's friends and family. So broken hearted to say goodbye to a great leader, advocate, and a beautiful soul. Thank you for everything you have done for our province. You have touched so many lives. Our thoughts are with you, Davinder. Your love and pride for your nephew will never fade.

shop.bark #yyc #alberta #manmeetbhullar #calgary #yycliving #shareyyc #captureyyc #capturecalgary #albertapc #goodvibes #albertan #yycnw #yycenergy #BARKyyc #healingvibes #canada

kommunity_yyc ❤️

shop.bark #BARKkindness

grubbedyyc Neat-o!

amania 87 🍷🍷



73 likes

NOVEMBER 24, 2015

Add a comment...



 kshergill23

Following

kshergill23 Love of my life x Light of our lives. Meeta always made everyone's life that much brighter. ❤️ #nicetomanmeetyou

simranassie So sorry for your loss @kshergill23 ❤️

rkdhadda I'm so sorry for your loss Karen, my thoughts and prayers are with you and your family ❤️



93 likes

NOVEMBER 25, 2015

Add a comment...





kkajla
Scottsdale, Arizona

Following

kkajla 35 years of being in your presence has been a blessing. You leave behind so many broken hearts but you also leave behind your legacy - a legacy that we'll cherish and honor. I'm so proud to say that you were my friend. From childhood memories to our last dinner conversation last month - your words, conviction, and wit will always be remembered by me and everyone you met. I'm forever grateful that we got this picture together on your wedding day. Your loved ones miss you immensely but just as you and your family were there for us in our darkest times, we'll forever be there for yours.

#nicetomanmeetyou

shamwow1234 Beautifully said Karen. 😊

instagarth_ Beautiful said Karen.

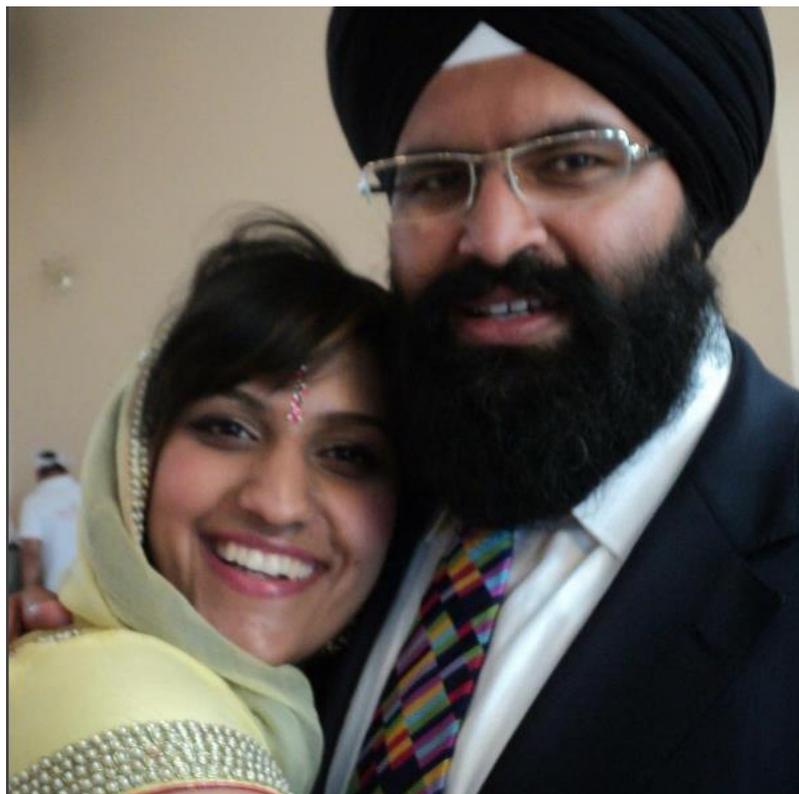
kiranmusik Beautiful words and beautiful



68 likes

NOVEMBER 25, 2015

Add a comment...



hamjamm

Following

hamjamm As a son of god, you were a soldier for all those who needed protecting, a warrior for those who needed saving, and most of all, a friend for those who needed laughter, love and peace. The world makes no sense without you, as my guiding light has faded.

I find strength in your dedication to service, commitment to friends and family, and devotion to God.

#nicetomanmeetyou

marearara ❤️❤️❤️

ramanbhullar ❤️

bholisekhon ❤️❤️❤️❤️❤️



82 likes

NOVEMBER 25, 2015

Add a comment...





simersr

Following

simersr You weren't just my brother in law, you were my brother. For as long back as I can remember you were always apart of my life. Whether it was the DM simran CD's, third wheel dates when I would catch Nama sneaking out and convince her to take me, or just making PB and Jelly sandwiches for the homeless. We didn't get to spend as much time together as I would have liked, but it's okay because you were always busy serving others. Today I look back and it all makes sense you came here to serve your people and now God needs you for something else. I am thankful we got to go on our India trip this summer as it really brought us together and I enjoyed spending time with you. Meeta, you lived to serve and you died serving. May waheguru give us the strength to overcome this. Forever my brother and always in my



84 likes

NOVEMBER 24, 2015

Add a comment...



to serve and you died serving. May
 waheguru give us the strength to overcome
 this. Forever my brother and always in my
 heart. My Brother. My Hero. Waheguru
 #nicetomanmeetyou



shubraj_rs_rakhra

Follow

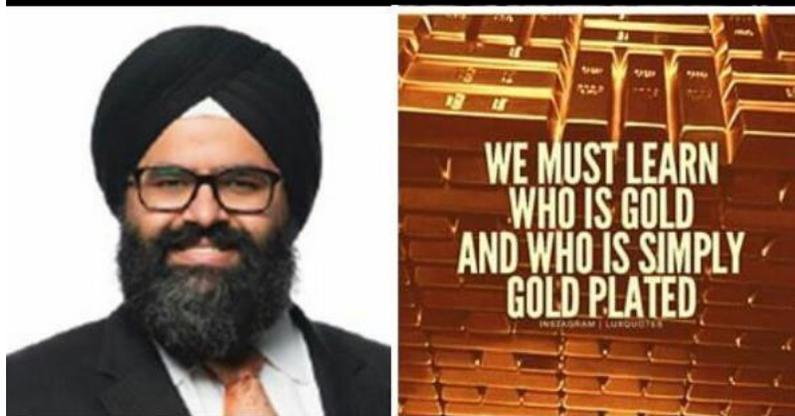
shubraj_rs_rakhra Rest in Peace Manmeet uncle. We will miss you. #nicetomanmeetyou



58 likes

NOVEMBER 24, 2015

Add a comment...



71xxal

Follow

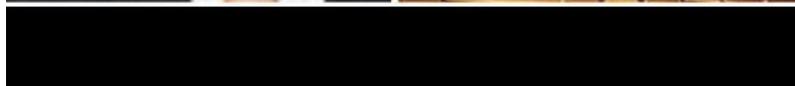
71xxal We have lost a great individual who was above all, kind and genuine. When I opened up IG this morning, one of Manmeet's pictures was next to this captioning, Meeta was gold. Pray for his family during this time of grief. #manmeetbhullar #sikh #gold #nicetomanmeetyou



25 likes

NOVEMBER 24, 2015

Add a comment...





little_miller

Follow

little_miller #nicetomanmeetyou ❤️
 RIP I'll never forget the "happy endings" crack at the CNIB fundraising luncheon at the Hyatt. A pleasure to share that big laugh! You exemplified humanity at its best till the very end.
 #manmeetbhullar #yyc #ableg #Alberta #Canadian #ClassAct
 crystalmckenziestyles I'm so sorry for your loss @little_miller I didn't know him but I wish I had:) what an incredible human being
 doridorimorningglory So so sad.
 bholisekhon So so sad



69 likes

NOVEMBER 24, 2015

Add a comment...



sumanhoonjan

Following

sumanhoonjan deeply saddened to have lost a friend and mentor today but honored to have been witness to his greatness. Rest in peace Meeta ☐☐☐
 #NiceToManmeetYou #MissYou
 noordhil ❤️
 ramneetkalsi ❤️🙏
 puneetdeol ❤️
 jasprit ❤️❤️❤️
 remghuttora Rest in peace ❤️
 miyahoontan ❤️
 raveenadhanjal 🙏❤️❤️
 seeretruprai 🙏❤️
 mpanasar ❤️
 pooja.shh Rest in peace 🙏❤️
 hkguttora ❤️🙏



105 likes

NOVEMBER 24, 2015

Add a comment...





1b_na

Following

1b_na 🍷🍷 Love You Meeter +?
 #ManmeetBhullar #NiceToManmeetYou



94 likes

NOVEMBER 24, 2015

Add a comment...



monicabhathi_

Follow

monicabhathi_ #nicetomanmeetyou #rip
 meethu_gillb #nicetomanmeetyou #rip god
 bless



36 likes

NOVEMBER 24, 2015

Add a comment...



Manmeet S. Bhullar @manmeetsbhullar
 Dear God make me more loving &
 compassionate, give more of myself in
 service, help me see the greatness
 imbedded in all & enjoy the moments!



freshii_ricehowardway

Follow

freshii_ricehowardway RIP MLA Manmeet Bhullar #yeg #nicetomanmeetyou #leader #toosoon



37 likes

NOVEMBER 24, 2015

Add a comment...



boseventsteam

Follow

boseventsteam In memory of #nicetomanmeetyou Thank you @atbfinancial for this.



346 views

NOVEMBER 24, 2015

Add a comment...





ATB atbfinancial [Follow](#)

atbfinancial Tonight, our lights on McMahon Stadium in #yyc and on ATB Place in #yeg shine in the colours of Alberta, to honour the life and public service of Manmeet Bhullar.
 pklaila Beautiful ❤️ #nicetomanmeetyou
 abhullar ❤️❤️
 shubumrakhra ☐☐



309 views

NOVEMBER 24, 2015

Add a comment...



yvetteramosrealtor [Follow](#)

yvetteramosrealtor Alberta Conservative MLA, Manmeet Bhullar, with the volunteers of the Filipino community paper, Mabuhay Calgary. Thank you, Manmeet for being a strong supporter and guide in the Filipino community and all communities of Calgary. You will be missed by many. May you rest in peace. #nicetomanmeetyou #filipinoyyc #calgary #manmeetbhullar



31 likes

NOVEMBER 24, 2015

Add a comment..





jagydhaliwal

Following

jagydhaliwal ਸਤਿਗੁਰ ਕੀ ਸੇਵਾ ਸਫਲੁ ਹੈ ਜੇ ਕੇ ਕਰੇ
ਚਿਤੁ ਲਾਇ ॥

Service to the True Guru is fruitful and
rewarding, if one performs it with his mind
focused on it.

ਮਨਿ ਚਿੰਦਿਆ ਫਲੁ ਪਾਵਣਾ ਹਉਮੈ ਵਿਚਰੁ ਜਾਇ ॥

The fruits of the mind's desires are
obtained, and egotism departs from within.

Maharaj jee, I know you've kept a special
place in your charan for my beautiful
brother. Words will never be able to
describe how amazing this soul was. You've
been there for our family many times and
can't thank you enough for that. We both
had that special bond through Bhai Jasbir
Singh Khanne Wale, and you spoke of them



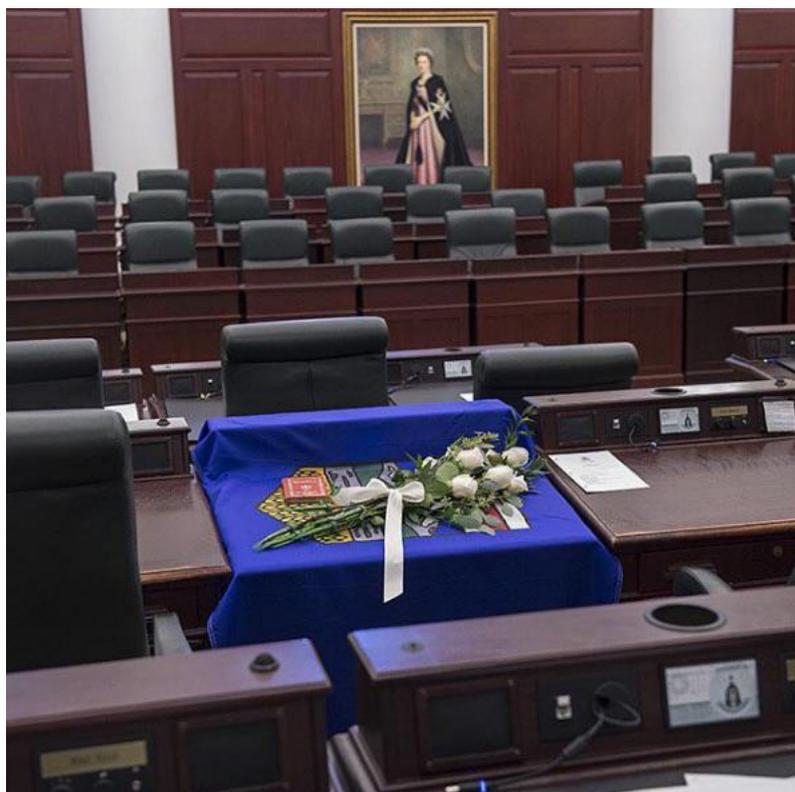
191 likes

NOVEMBER 24, 2015

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singh khanne wale, and you spoke of them
so highly. Thank you for motivating me to
be bigger and better, with my Sikhi and as
a human being. I'm so grateful to have had
such a selfless and compassionate brother.
He wanted to help anyone and everyone.
Big loss for our families, Sikh community,
this country and to the whole world. Rest in
His Charan big bro. 🙏 #nicetoManmeetyou
instagurudwaras Waheguru Waheguru 😊
guru Maharaj apne charnaan ch jagga
pradaan kran 🙏🙏
happyb88 ❤️❤️❤️❤️



diane_smitten

Follow

diane_smitten @Regrann from @edmontonjournal: A memorial for Manmeet Bhullar adorns his desk in the chamber at the Alberta Legislature on Tuesday, Nov. 24, 2015. Bhullar as killed Monday after being struck by a vehicle on the Queen Elizabeth II Highway when he stopped to help another motorist. Photo by Shaughn Butts/ Edmonton Journal #nicetomanmeetyou - via #Regrann



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basicshellbelle

Follow

basicshellbelle The world needs more healing.

Wisdom from Manmeet Bhullar.

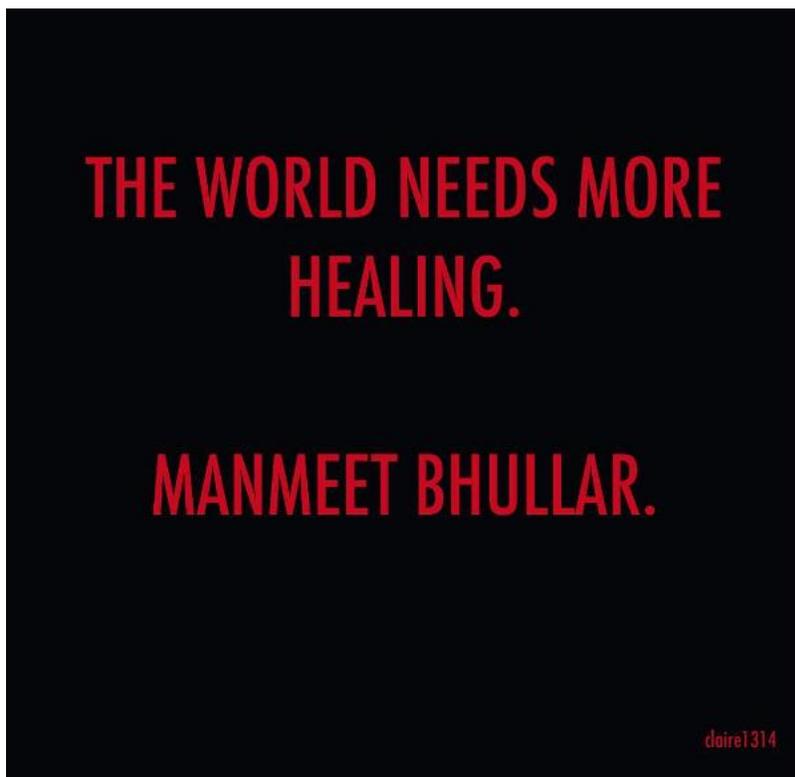
#healing #wisdom #kindness #hope #quoteoftheday #quote #nicetomanmeetyou #quotation #thankyou #yyc #Calgary

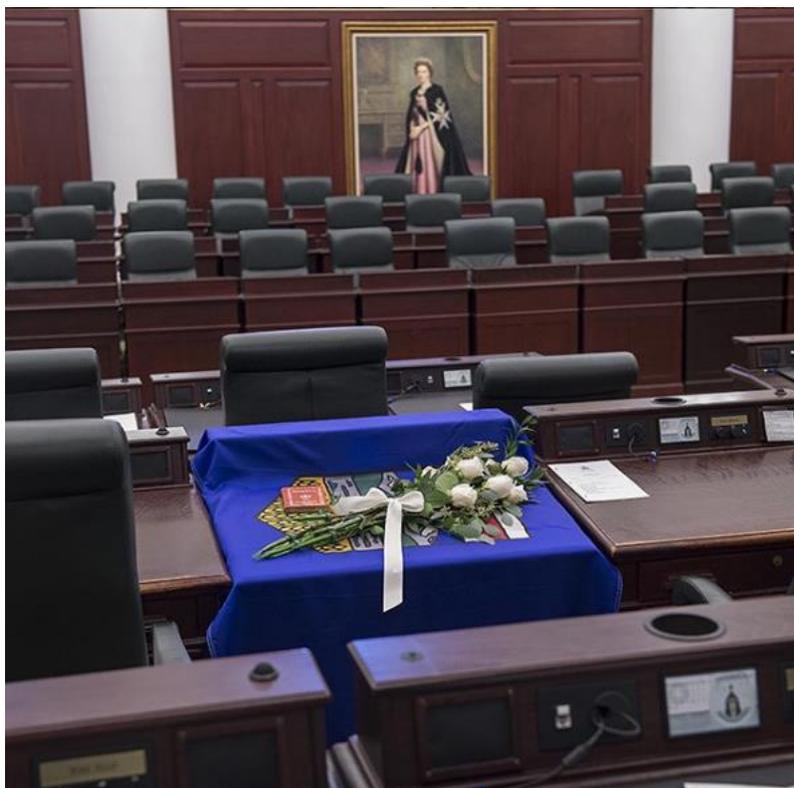


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edmontonjournal

Follow

edmontonjournal A memorial for Manmeet Bhullar adorns his desk in the chamber at the Alberta Legislature on Tuesday, Nov. 24, 2015. Bhullar was killed Monday after being struck by a vehicle on the Queen Elizabeth II Highway when he stopped to help another motorist. Photo by Shaughn Butts/ Edmonton Journal #nicetomanmeetyou #yyc #yeg #ableg #ManmeetBhullar

kateo2013 Such a sad image!

jasdeepmann25 Condolences to his family ☹️

lululemmony How utterly sad. RIP.

nessa.george Beautiful tribute.....condolences to his family

jay_bells_ Condolences to all of his family and friends.



508 likes

NOVEMBER 24, 2015

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npba_calgary

Follow

npba_calgary We are deeply saddened and shocked by the news of Manmeet Singh Bhullar's passing. As an advocate of the community, especially our youth, he was and will remain a beacon of hope and inspiration for all those he has touched with his kindness and ability to help anyone and everyone. More importantly, we remember him as a loving brother, husband, son and friend. In his absence, let us remember the path that Manmeet Singh chose of championing the rights of all people and his cause of bringing prosperity and love to his fellow brothers and sisters. Our thoughts are with his family and friends. May our older brother watch over us all. #NiceToManmeetYou



69 likes

NOVEMBER 24, 2015

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maryann_chichak

Follow

maryann_chichak The Town of Whitecourt flags fly at half-mast to honour the passing of MLA Manmeet Bhullar, a dedicated public servant. Our condolences to his family, friends, riding and all Albertans. #nicetomanmeetyou #rip #publicservant #greatperson #tragedy #takentoosoon



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NOVEMBER 24, 2015

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globaledmonton

Follow

globaledmonton The flag at the Alberta Legislature was lowered Tuesday, after PC MLA Manmeet Bhullar was killed in a car crash Monday afternoon. He had stopping to help a motorist who rolled into the median on the QEII near Red Deer, when he was hit by a semi that lost control on the snow-covered road. He was just 35 years old.

To see more condolences for the beloved politician who one colleague described as, "A man whose imposing physique was only



133 likes

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politician who one colleague described as, "A man whose imposing physique was only outstripped by the size of his heart," visit our website at Globalnews.ca/edmonton #nicetomanmeetyou #YEG #edmonton #calgary #YYC #AlbertaLegislature #alberta #ableg #Bhullar #Respect

julietthi @alex_the_great89

ninceof416 RIP big hearted dude!



simrans87

Following

simrans87 My family. My friend. My brother. My forever hero
#nicetomanmeetyou ♥

briannaud ♥

sammwowww 🙏 sorry to hear the news Simran, thinking about you lots ♥

hktumber I can't even imagine how devastated you are Simran. My heart goes to all of you!

hmsukhdeo My condolences Simran ♥

harleenaujla_ So sorry for your loss ♥

mz_sophi So sorry hun♥

noorin_mitha So sorry Simran, you are all in my thoughts and prayers ♥

poonamb So sorry for you loss. My thoughts and prayers are with you and your entire family.



119 likes

NOVEMBER 24, 2015

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jyotsingh_

Follow

jyotsingh_ Truly at a loss for words. From hearing you speak to us kids during Khalsa Camp and Nagar Kirtans to your reminders to work hard and your words of wisdom over the years - you will truly be missed. One of the most inspirational members in our community - you were a role model not only for me but many others as well. In your last moments you were doing seva for humanity as usual by helping someone else. Waheguru mehar kare on your family during this hard time. RIP Meeta Bhaji 🙏 #nicetomanmeetyou

pkkullar He truly was an advocate for children of so many diverse backgrounds. Also one of my biggest inspirations to continue giving back to others ♥

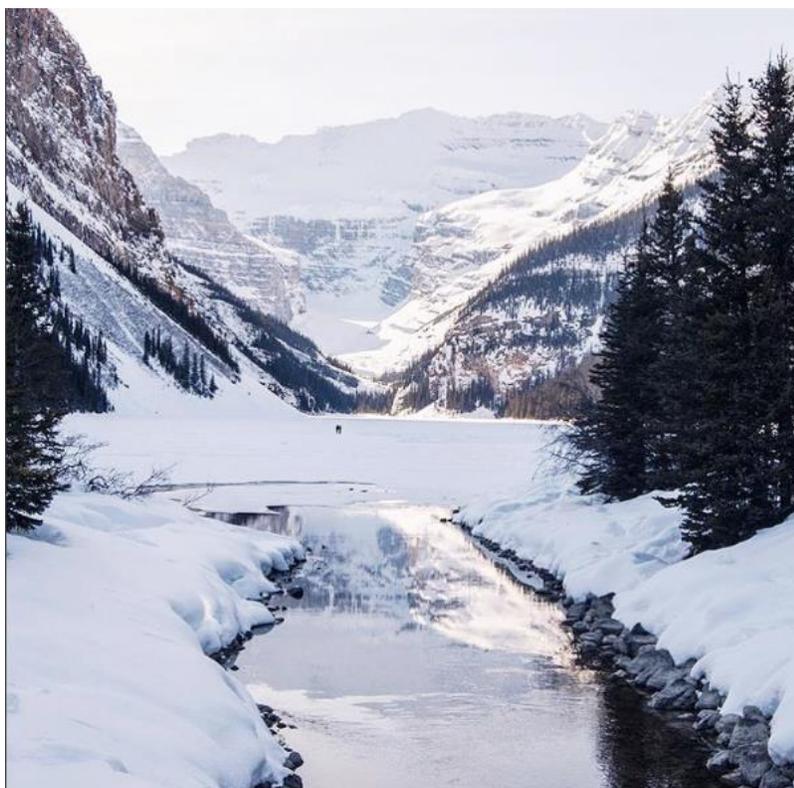
abhullar ♥



107 likes

NOVEMBER 24, 2015

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kenzie.conrad

Follow

kenzie.conrad Winter although extremely beautiful can also be very dangerous. This post is sadly very heavy hearted and I just wanted to take a moment to remind everyone to please take caution and be careful during winter road conditions. My friends husband Manmeet, who was an MLA in Calgary, got struck by a semi while helping others who's vehicle flipped on the highway. To all the Good Samaritans out there, please remember to be aware of your surroundings when you leave your vehicle to help others. To those driving, it's okay to drive slow and take your time when conditions are poor. Don't let other people bully you on the roads. Stay aware, stay cautious. I sadly never got to meet Manmeet but he was so well loved and did so much for his community, Alberta and his friends and family. His family stated that he



292 likes

NOVEMBER 24, 2015

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o much for his community, Alberta and his friends and family. His family stated that he lied doing what he loved, which was helping others. All of my love and thoughts go out to Namrita and both of their families. If you knew Manmeet, my love goes out to all of you as well. ❤️ Photo: @clo.photo #nicetomanmeetyou #yyc #calgary

ear_about_town_yyc Great tribute. 😊

azzyhage So sad 😊

ackcntrybeauty Very touching tribute and



roughley_originals

Follow

roughley_originals I was up in the middle of the night with Max last night when I saw the news that Progressive Conservative MLA Manmeet Bhullar was killed in a car crash. This is him and Callum when Callum was about 4 months old. We only talked for a few minutes but he seemed like a total gentle giant. Callum loved him. He was the Alberta Service Minister when we met him. RIP Mr Bhullar. #yeg #alberta #nicetomanmeetyou

christaylorphotography_nz How very tragic. krowswell a terrible loss and such an unexpected tragedy, what a nice pic to remember

abhullar Thanks for taking the time to share this.

roughley_originals It was the least I could do @abhullar



85 likes

NOVEMBER 24, 2015

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theguch

Follow

theguch Laying in bed but can't sleep as I remember how it truly was #nicetomanmeetyou. Your commitment to your community and causes you championed will be shared with youth for years to come as a shining example of how one person can make a difference. #manmeetbhullar #ableg

bkgill14 Still can't believe it. Our DM days were the best. Miss all of you guys. Hope you are keeping well.



51 likes

NOVEMBER 24, 2015

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 **yycconnecteen** [Follow](#)

yycconnecteen We are deeply saddened to hear of MLA Manmeet S. Bhullar's passing. Here he is with our Executive Director, Joan Roy (right) and MLA Sandra Jansen at a press conference in June 2014, when the #Alberta Government pledged \$2.03 million to several agencies to expand support for flood-related emotional trauma.

Thank you Manmeet for supporting #crisis and basic needs support and #counselling services, as well as so much more. Our thoughts are with his family and friends.

#ab #ableg #yyc #yeg #abpoli #ManmeetBhullar

 
30 likes
NOVEMBER 24, 2015
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MLA Manmeet Bhullar pictured in an Indian neighbourhood of Edmonton October 7, 2011. Mr. Bhullar was killed on Nov. 23, 2015 in a car accident. (Jason Franson/The Globe and Mail)

Manmeet Bhullar was one of the rising stars of Alberta's Progressive Conservative party, a young and determined MLA who had been entrusted with tough assignments in his party's final years in power.

Mr. Bhullar, 35, was killed in a car accident on a snowy Monday afternoon while driving from

 **pezliz** [Follow](#)

pezliz Manmeet died helping others. It was truly #NiceToManMeetYou When I left active political activity, I felt reassured that he was one of the bright stars keeping things going. So tragic.

pezliz According to first reports, he had stopped on the side of Alberta's Highway 2 to assist a motorist whose car had rolled out of control. Mr. Bhullar was outside of his vehicle when he was struck by a semi-truck that had also lost control.

tonyclementcpc He will be missed. Such a good man!

ashco1983 Very sad 😞

 
37 likes
NOVEMBER 24, 2015
Add a comment... 



prophecproductions

Follow

prophecproductions Honestly at a loss for words upon hearing the news. Meeta was one of the most passionate and inspiring human beings I've ever met. He was always there to lend a helping hand and had huge ambitions for our community. Let his spirit live on in us and together we can push for the changes he hoped to make. RIP Manmeet Bhullar #NiceToManmeetYou

jasmeet_zaildar RIP sir

stylzcorp 🙏❤️ missed by all albertans

raj_janjua1 #RIP

rj_dhaliwall Rest in peace

jasdeepsinghbenning ❤️🙏 beautifully said 🙏

inder_jeet #rip

karnvir.21 #rip🙏

iaskiranchahal Rin



1,237 likes

NOVEMBER 24, 2015

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friends. He was the reason that many of us began to actively enroll in personal betterment courses to heighten our own self growth, shed negative habits and pursue a life of worth and true happiness. His love, devotion and sincerity for wanting a better world was achieved thru his actions, achievements and strong will. You made my world better and not only do I thank you from the depths of my soul but I urge everyone to honor your legacy in the best way possible, by incorporating seva in all of our lives.

Travel with light my friend, ease and grace into your next incarnation as you blessed this one to the fullest. I love and celebrate you.



misskhanna

Following

misskhanna When I think of Meeta, the first word that comes to my mind is Seva. Seva means service. In Sikhism, seva refers to selfless service for altruistic purposes on behalf of, and for the betterment of a Community.

He was seva personified, the embodiment of what is meant to serve others and better not only himself but everyone around him. Even as he transitioned, he was in the midst of helping another, fulfilling his life purpose full circle.

Anyone who met Meeta was forever touched by him. He was a big brother to many of us, a natural charismatic leader with razor sharp wit, always cracking jokes keeping his inner child alive but at the same time a powerful and articulate speaker whose words always impacted his audience. He used his influence, gifts and



128 likes

NOVEMBER 24, 2015

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#nicetomanmeetyou
#neverforgettosaythankyou



Recently he had taken up the cause of religious minorities in Afghanistan and was pressing Ottawa to speed their refugee claims. He travelled to New Delhi earlier this year, where he met with Sikh refugees. He said there are at least 300 Sikh and Hindu families living in Afghanistan who face constant discrimination, the inability to fully practise their faith and threats of violence. In the past years he played a large role in insuring the accommodation for the kirpan in courthouses in Alberta. He has helped countless local youth by encouraging them through his actions and presence. He was monumental in starting up Dashmesh Mission and the first ever Nagar Keertan in Calgary. He also helped start the Walk Away Hunger Campaign that has been happening for over 10 years and has raised thousands of dollars for the Interfaith Food Bank.

He helped out with the Langar Week initiative that happened last month in October and with the Guru Nanak Dev Ji Clothing Drive that happened last year and again this year. He was involved with getting the inaugural Sikh Youth Leadership Institute started here in Calgary this summer. Manmeet Singh delivered an emotional speech in Alberta's legislature in early November of this year about violence that had claimed thousands of Sikh lives in India in 1984.

He was first elected in 2008 as one of Alberta's youngest MLAs and from there has served different roles in government. He encouraged other future leaders to step up on the political ladder and further serve the larger Canadian community. Not only is this a great loss in the Sikh community, but a great loss to all Canadians. [#NicetoManmeetYou#ManmeetSinghBhullar](#)



Manmeet S. Bhullar
@manmeetsbhullar



Dear God make me more loving & compassionate, give more of myself in service, help me see the greatness imbedded in all & enjoy the moments!

2015-01-01, 1:51 PM

94 RETWEETS 73 FAVORITES



edmontonsun

Follow

edmontonsun Sad news. Calgary PC MLA Manmeet Bhullar was struck and killed after he stopped to help at the scene of a rollover. #rip #yeg #ableg #nicetomanmeetyou #rip #manmeetbhullar

blackandwhitebakeshop :(
princeof416 :(



156 likes

NOVEMBER 23, 2015

Add a comment...



mrsz10

Follow

mrsz10 In memory of MLA Bhullar - great goals for all of us! #RIP #nicetomanmeetyou #ableg



chrissymac17, td_lang, laurantaal_ and kittywaga like this

NOVEMBER 23, 2015

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realturkeylady

Follow

realturkeylady #NICETOMANMEETYOU. I never had the privilege of meeting Manmeet Singh Bhullar, however the hubs did years ago and was quite impressed. He has fought for the voiceless....for the welfare of disadvantaged children and just today spoke out against violence against women. He died helping someone tonight. I never had the privilege of meeting Mr. Bhullar, but I wish I had. #rip

themanwho66 Such a tragic loss!

jodip4 Huge loss to our province & the people who live here. #rip

brickbubble Terribly sad.

magyk_world @younglay

tonyclementcpc He will be missed! A great person.

frasemd @gurbir4man_utd



104 likes

NOVEMBER 23, 2015

Add a comment...



tnorrissg

Follow

tnorrissg All of us in the #ableg world, regardless of party lines, lost a great man today. Manmeet Bhullar died the same way he lived his life - helping others. He will be missed, but his legacy will live on. #alberta #calgary #PCAA #pcalberta #politics #rip #nicetomanmeetyou

abhullar 🍀



52 likes

NOVEMBER 23, 2015

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 sikhyc



supersidhu

Follow

supersidhu #NiceToManmeetYou - #Repost @sikhyc with @repostapp.

Today we honour an amazing individual who lost his life helping another person. Manmeet Singh Bhullar was an active member of not only the Sikh community but the entire Canadian community and led with integrity and honesty and brought positive change to the city. We thank you for all you have done. #ManmeetSinghBhullar



96 likes

NOVEMBER 23, 2015

Add a comment...



sikhyc

Follow

sikhyc Today we honour an amazing individual who lost his life helping another person. Manmeet Singh Bhullar was an active member of not only the Sikh community but the entire Canadian community and led with integrity and honesty and brought positive change to the city. We thank you for all you have done. #ManmeetSinghBhullar #NicetoManmeetYou



249 likes

NOVEMBER 23, 2015

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jassasingh

Follow

jassasingh Rest in peace, brother.
#ManmeetBhullar
March 1, 1980 - November 23, 2015

He was the youngest Member of the Legislative Assembly in Alberta being elected at age 28 and served as a cabinet minister from 2011 until earlier this year. Huge loss for the Sikh community and Canadians as a whole.

risehigh_ 😊

sugarshimmer 😊



169 likes

NOVEMBER 23, 2015

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omarcharanek

Follow

omarcharanek RIP #yyc #manmeetbhullar
#calgary #canada #RIP
princeof416 RIP big hearted dude



69 likes

NOVEMBER 23, 2015

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i_am_proud_to_be_a_hun

Follow

i_am_proud_to_be_a_human Rip manmeet bhullar, Canada lost a great person today #yyc #manmeetbhullar



13 likes

NOVEMBER 23, 2015

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kiaraworth

Follow

kiaraworth Manmeet Bhullar was one of the MLAs I was blessed to work with when I worked at the legislature. You can tell so much about a politician by how they treat staff. Manmeet was always kind, respectful and funny as hell. I'll never forget how he took the time to learn my name, how he took the time every day to say hello and ask about your day and I drink coffee out of my "nice to Manmeet you" coffee mug to this day. I was proud to serve under him as Minister of Human Services and his impact will be felt for generations by the sexual violence and child sexual abuse frameworks he helped shape. Frameworks that wouldn't exist without his stewardship. The people of Alberta have lost a great man, a great politician and my immense sympathy goes out to his family #ableg



hamjamm, jsekhon7 and arsh_sohal13 like this

NOVEMBER 23, 2015

Add a comment...





tbhullar

tbhullar Minutes, hours, days, weeks, and now months. There is only one measure of time that matters to us - our moments with you. There is only one moment we look forward to now - being with you again.

I love you. #myluckyseven

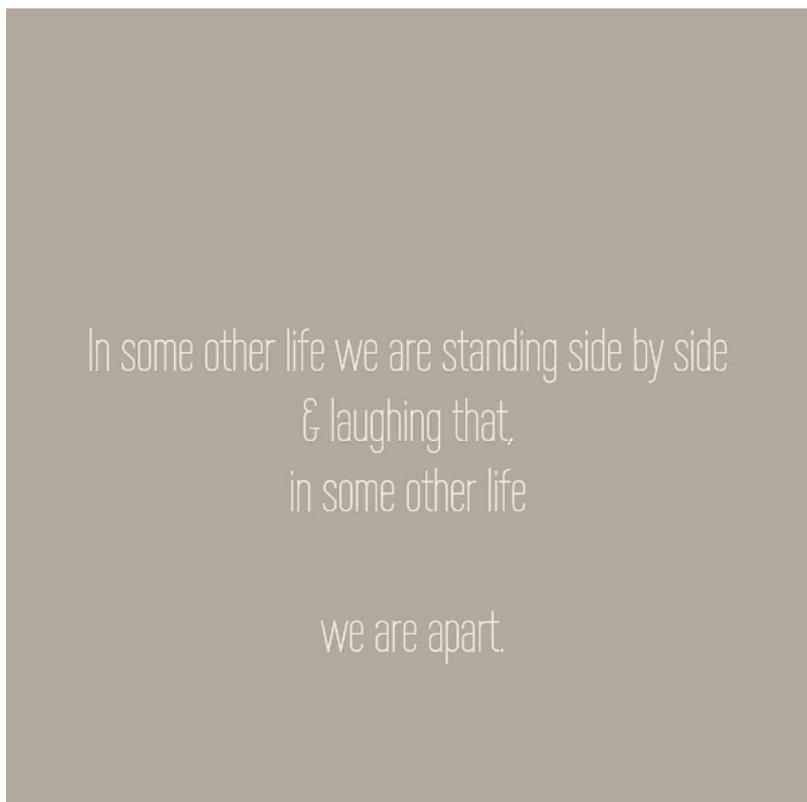
- kshergill23 Love you ❤️ ×
- abhullar Awe so true. 🥰🥰 Love you loads. xx ×
- jesslail ❤️ you. Gorgeous pic. 🥰🥰🥰 ×
- shan1025 Love this picture! Love you 😊 ×
- gosalharp Beautiful family pic! 🥰 ×
- jsekhon7 🥰🥰🥰 ×
- kkajla 🥰 Miss him dearly ×
- sis5555 I love everything about this! 🥰 ×



53 likes

JANUARY 23, 2016

Add a comment...



tbhullar

tbhullar Always.

- pklaila ❤️ ×
- jesslail 🥰 ×
- kkajla Love this ×
- abhullar I love that. 🥰 ×
- amanie_87 Perfectly said. Love you! ×
- simrans87 Love this LOML ❤️ ×
- hamjamm ❤️ ×
- shan1025 🥰 ×
- sjs5555 🥰🥰 ×
- skr_xoxo Love 🥰 ×
- jinderatwal 🥰 ×



51 likes

MARCH 6, 2016

Add a comment...

"MY MISSION IN LIFE IS NOT MERELY
TO SURVIVE, BUT TO THRIVE;
AND TO DO SO WITH SOME
PASSION, SOME COMPASSION,
SOME HUMOR, AND SOME STYLE."

MAYA ANGELOU



tbhullar

tbhullar I simply read these words, you lived them.

abhullar Miss him so much. Beautiful quote. It fits him so well. 🥰

hamjamm Love love this ❤️❤️❤️

kshergill23 🥰🥰🥰

sjs5555 🥰🥰

skr_xoxo ❤️

simrans87 That's a very accurate way to describe him 🥰

grlail #wordstoliveby 😊

johalamy So fitting ❤️



50 likes

MAY 25, 2016

Add a comment...

If only there was a thread that was
long enough to guide me to you,
strong enough to tie us together,
forever.



tbhullar

tbhullar Today and always, want you here with me.

jkhunkhun Thinking of you and Meeta today...I'm sure he is shining down on you on this special day. 🌟🌟

sjs5555 🥰🥰

nnsidhu ❤️❤️

simrans87 Beautiful. He's always with you ❤️

jsekhon7 The most perfect words 🥰

skr_xoxo Love you ❤️❤️

hktumber Lots of love to you hun, this must be a hard day!

shan1025 Love you!

jsekhon999 ❤️

jesslail 🥰🥰

inhalamy Love you!!! 🥰



76 likes

AUGUST 18, 2016

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