

Rating the walkability of cities: a participatory approach - Preliminary Research Project

Rob Shields, Endowed Research Chair and Professor, University of Alberta

Nathalia Osorio, UARE intern, University of Alberta

April, 2017

Abstract

Aiming to increase the importance of pedestrian experience in urban design, we are proposing the development of a participatory walkability rating system, consisting of a mobile application that gathers perceptual and factual data from people's daily walks. In the first part of this paper we present a review of the existing walkability rating methods and highlight the two key issues of the approaches they use to assess pedestrian friendliness: either they focus on the wrong scale or they implement audit processes that are carried out by a staff or algorithms that are external to the place. In the second part we present the ways our proposal would improve on these approaches, and discuss the results of the pilot that we implemented to test our idea. We found that the development and use of a mobile application would be an asset for the participatory approach of the proposal, though there are several challenges to overcome in future stages of the project.

Key words: *Walkability, participatory approach, mobile application, walkability rating methods, pedestrians, urban design.*

Resumen

Con el objetivo de incrementar la importancia que tienen los peatones en el diseño de las ciudades, este artículo presenta una propuesta para el desarrollo de un sistema participativo que permita calificar las condiciones de "*caminabilidad*" de los entornos urbanos. Esta propuesta consiste en una aplicación móvil que recolecta información objetiva y perceptual de las rutas que los peatones recorren diariamente. En la primera parte de este documento se presenta una revisión de los métodos existentes para la evaluación de la movilidad peatonal, y se resaltan los dos problemas principales que estos métodos presentan: mientras unos se enfocan en la escala equivocada, otros contienen procesos de auditoría que son ejecutados por personal o algoritmos externos al espacio que está siendo evaluado. En la segunda parte del documento se presenta la manera en que el enfoque participativo que proponemos mejoraría los métodos existentes, y se discuten los resultados de la prueba-piloto implementada. Los hallazgos sugieren que, efectivamente, el uso de aplicaciones móviles facilita el uso de la herramienta y la recolección de la información, pero existen varios retos a superar en las futuras etapas de este proyecto.

Palabras clave: *Caminabilidad, movilidad peatonal, enfoque participativo, aplicación móvil, peatones, diseño urbano.*

There is no single definition for the term walkability. Whereas some approaches focus on the micro-level characteristics of the urban design, other methods emphasize on the urban form. For instance, walkability has been defined by urban designers as “the quality of walking environment perceived by the walkers as measured by micro-level urban design attributes” (Park, 2008), but also as “the extent to which walking is readily available as a safe, connected, accessible and pleasant mode of transport” in the urban form (Transport for London, 2004). These definitions are not mutually exclusive, though they consider different aspects that urban spaces offer to pedestrians. There is a big difference between mere availability, safety and desirability.

Both the urban design approach and the urban form approach to understand walkability have several advantages. Focusing in the micro-level quality of the space allows to consider aspects such as the comfort, inclusiveness and “friendliness” (Clifton, 2007) of urban spaces, while a geographic overview of the urban form leads to understand walkability also as related to accessibility and connectivity.

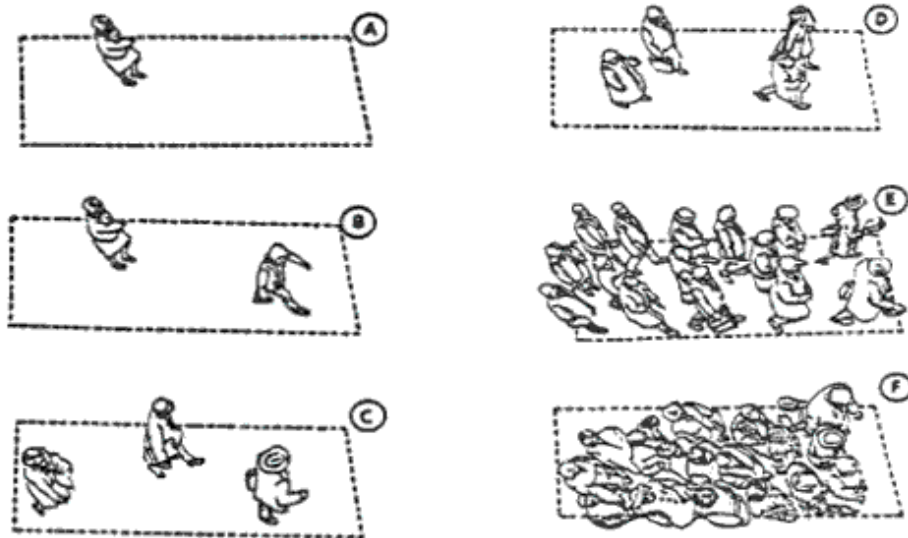
Regardless the approach, the importance of making cities more walkable is each time better understood by municipalities, thanks to the effort that many planners have done for a few decades to position walkability as part of a move towards a new urbanism. Cars-oriented metropolis not only have caused major urban mobility problems but also health and safety issues amongst urban population, thus it is necessary to switch the way cities are being designed to more people-oriented urban spaces that allow citizens to use and interact with the city by walking. In addition, walking has gained more status in developed cities.

Review of walkability rating methods

Different academic fields are conducting research on walkability. Health and environmental sciences, and social and planning studies are constantly learning about the importance of walkable cities and its impacts on nature, people and society. As a result, it is known that the walkability of a place impacts its sustainability (Cubukcu, 2013), people’s health (Frank, et al., 2006) (Nykiforuk, VanSpronsen, & Schopflocher, 2014) and even the level of social capital and community engagement (Leyden, 2003).

The impacts and importance of walkable environments is not the only focus, let alone the most important aspect of the existing literature on this topic. The main focus has become the rating or measure of walkability. The first rating system for a walking environment was proposed in 1971 by Dr. John J. Fruin, who investigated walkability against pedestrian walking density and flow rates, and condensed these two factors in a qualitative measure describing operational conditions of pedestrian flow: Level of Service (LOS). There are several concerns that Fruin considered: the freedom to choose a desired speed, the ability to cross streets and to walk in the reverse direction of a major pedestrian flow, and the delay experienced by pedestrians at intersections. As a result, six LOS were identified and designated with letters from A to F, where A represents the best walkable conditions and F the worst (Still, n.d.).

Image 1. Proposed walkway level of service thresholds



Source: (U. S. Department of Transportation, 1998). Recommended Procedures for the "Pedestrians" Chapter of the Highway Capacity Manual. Web site: <https://www.fhwa.dot.gov/publications/research/safety/pedbike/98107/section3.cfm>

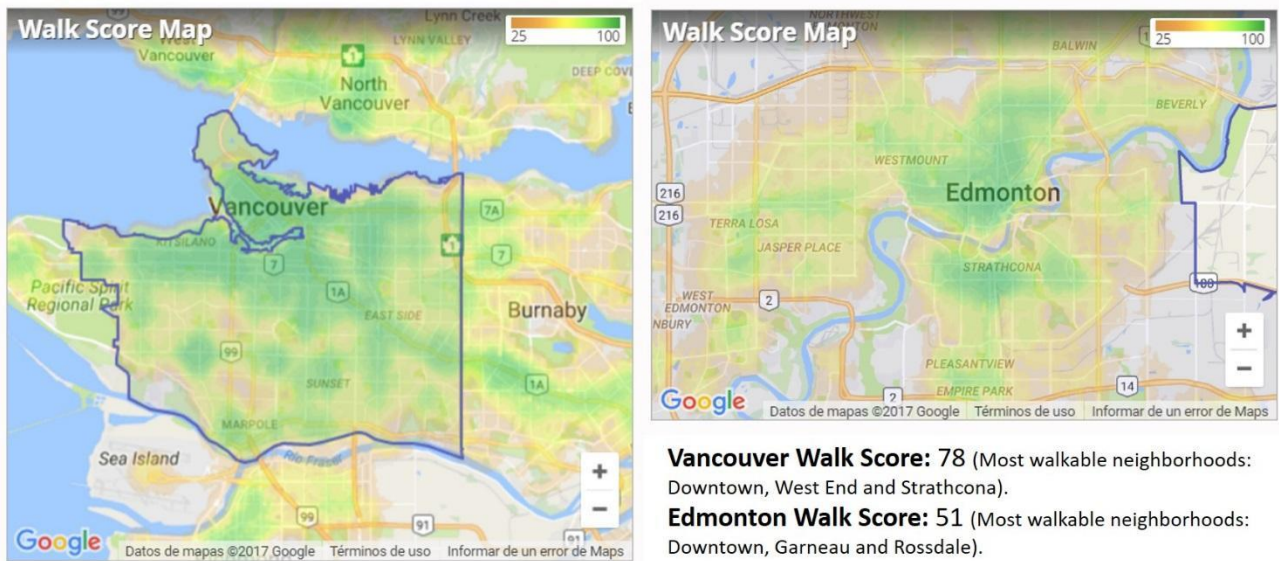
After the LOS method was launched and tested, several rating systems and software to measure and map walkability have been developed. The following are examples of walkability measuring methods:

1. **Walk Score¹:**

This rating system analyzes two main factors: distance to amenities and pedestrian friendliness. The first one is measure of length and time, and the second one includes matters as population density, road metrics and intersection density. This system works with the Google Maps platform and its main source of information is the user community that constantly adds places and information about their walks. The maps and scores of Walk Score are available only for USA, Canada and Australia, and it also includes a transit score and a biking score. In Canada, the top three cities of the ranking are Vancouver, Toronto and Montreal, all of them with scores above 70. Edmonton occupies the 7th position with a walk score of 51. The Walk Score is widely used among real estate agencies and researchers, reason why it is not a free application.

¹ For further information visit <https://www.walkscore.com/>

Image 2. Walk Score map of Vancouver and Edmonton



Source: Walk Score web site <https://www.walkscore.com>

2. Walkability Index²:

This tool was developed by the University of British Columbia and understands walkability as a function of the proximity and connectivity between destinations. The four components of walkability according to this system are residential density, commercial density, land use mix and street connectivity. Although the product of this tool is a walkability surface map with a simple index, the process of collecting information is demanding as it involves an auditing tool or survey called Microscale Audit of Pedestrian Streetcaples, which needs to be implemented by trained staff. This rating system can be applied to any place with the correct use of the audit technique, though the University of British Columbia developed only the walkability surface map for Metro Vancouver and the region of Waterloo (see image 3).

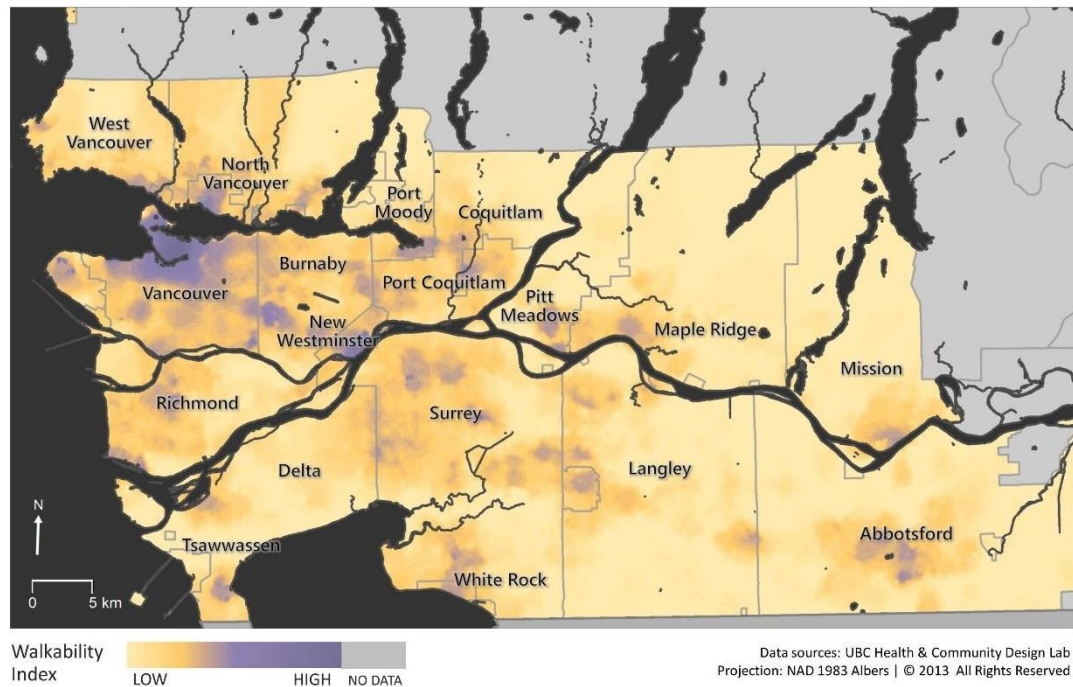
3. Metropolitan Melbourne Walkability Index³:

This tool was originally a project of the University of Melbourne to help people to decide where to live in Melbourne. Later the research team started to apply the method to other cities to inform them about their walkability status. The three main factors that this rating system analyses is residential density, street networks connectivity and mix of land use (see image 4).

² For further information visit <http://health-design.spsh.ubc.ca/tools/walkability-index/>

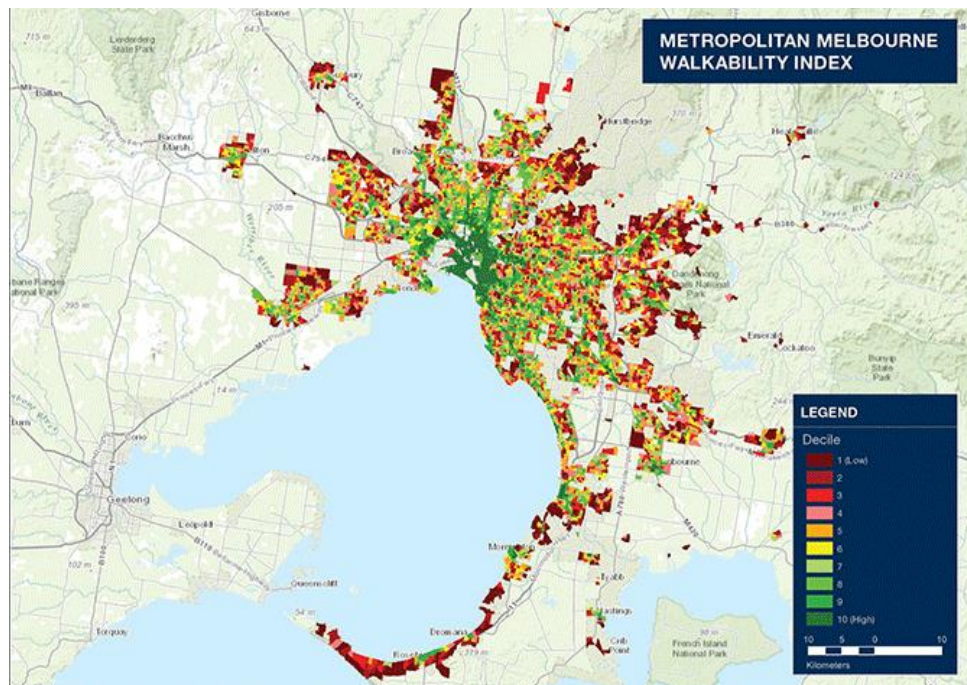
³ For further information visit <http://sustainable.unimelb.edu.au/giles-corti>

Image 3. Walkability index values for all of Metro Vancouver in 2013



Source: (University of British Columbia School of Population and Public Health, 2013). Web site: <http://health-design.spph.ubc.ca/tools/walkability-index/>

Image 4. Metropolitan Melbourne Walkability Index

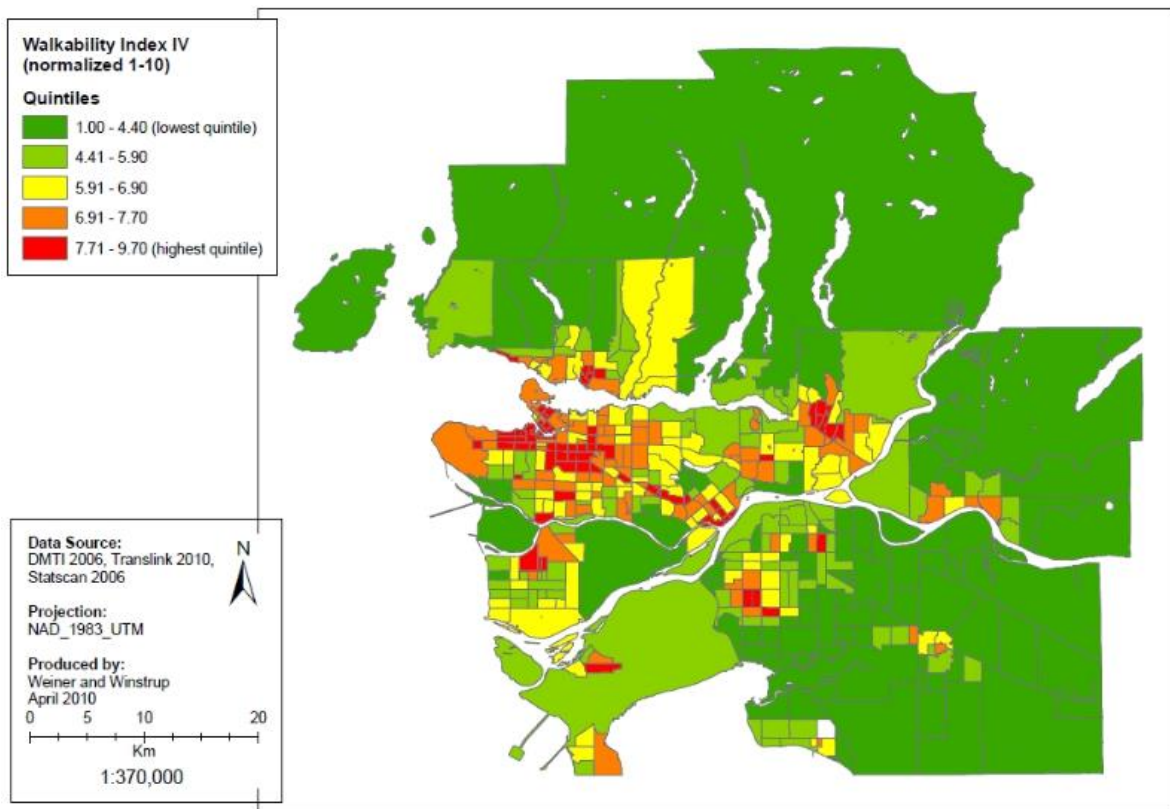


Source: Melbourne Sustainable Society Institute. Web site: <http://sustainable.unimelb.edu.au/giles-corti>

4. Walkability in the Greater Vancouver Region⁴:

This is also a University of British Columbia project focused on GIS. The aim was to create a model with the ArcGIS Model Builder to calculate walkability scores. The model considers residential density, road intersection density, street connectivity, land use mix, topographic variation and access to public transport in a formula that outputs a walkability score for a location. The model also assesses statistical interactions between socioeconomic factors and walkability, realizing that the correlation goes from moderate to null. This model has been applied only for the region of Vancouver.

Image 5. Walkability Index IV Greater Vancouver Region District



Source: University of British Columbia, Walkability in Greater Vancouver Region (2010). Web site:

<http://ibis.geog.ubc.ca/courses/geob479/classof10/mwinstru/index.html>

5. Walk Scope⁵:

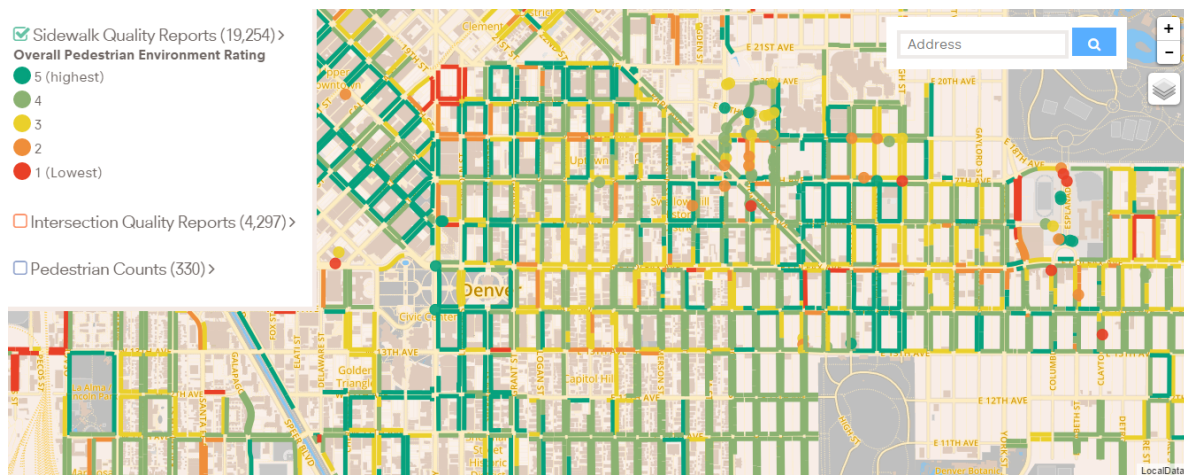
This project was aimed to create an inventory of pedestrian infrastructure in Denver, identify gaps, and build the case for improvements with an application based on community and visitors' contributions. Data collectors and volunteer citizens use the WalkScope app to rate the quality of each sidewalk and intersection of a given area on a

⁴ For further information visit <http://ibis.geog.ubc.ca/courses/geob479/classof10/mwinstru/index.html>

⁵ For further information visit <http://www.walkscope.org/>

scale from 1 to 5 to feed the data base. The app gives each sidewalk and intersection an average score by analyzing the grades given by the volunteers against the data that must be identified by data collectors, such as obstructions, width of the paths, number of lanes, safety issues, drivers' behavior, etc. As a result, the application displays a map of the city of Denver with colored streets and intersections, according to the resulting score of each one of them. Scores and colors may change constantly, as far as more people make reports about the sidewalks and intersections.

Image 6. WalkScope map for an area of the city of Denver



Source: WalkScope web site: <http://www.walkscope.org/>

The common factor across these methods is that they consider macro-scale variables to assess walkability, setting aside more specific features of the immediate space that pedestrians occupy and use. The urban form seems to be more important for these methods than urban design, since the most crucial factors to assess are population and intersection density, street grid connectivity and land use mix. This morphological approach requires an assessment that covers large areas rather than specific details of each segment of the streets. The problem of overweighting macro-scale factors in a walkability assessment is that it leads to an undue generalization, by diverting the focus from the experiences of pedestrians in each trip to the overall urbanism of an entire neighborhood or a larger extent of the city. When a method describes an area as walkable because of its morphological characteristics, it is ignoring that every segment of the paths within that area can give different experiences to a pedestrian depending on their specific design features. Perhaps the urban form is homogenous along large areas, but the urban design can change from one street to another, or even from one segment to another one of the same street.

Since urban areas are not strictly zoned in terms of urban design, walking conditions are rapidly changing. The advantage of considering various aspects of the relation between pedestrians and urban design features in particular trips, is that it allows to see how walkability changes along the city, and the specific places where obstructions might be located. With enough trips information, it is possible to extend the analysis to larger areas without falling into the hasty generalization present in the macro-scale approach. In addition, it must be considered that focusing on the urban

design attributes allows to identify walkability issues that are easier to improve than the neighborhood urban form (Park, 2008).

There are some methods that more thoroughly analyze micro-level spatial attributes. Robin Mazumder's⁶ work on walkability is an example of those methods. His research is about the psychological impacts of urban design, and to collect information he has developed a survey that he asks people to fill during walk sessions the he organizes and leads. He also uses devices to measure the brain activity during the walk, so that the information he gets is not only the subjective perspective of participants but also hard data. Despite the focus of this research is limited to the psychological field, is interesting how the main interest is the way cities, in the design level, affect people's perspective, mood and even dignity (Mazumder, *Design Thinking and the City: Dignity Lies in the Details*, 2015).

The Pedestrian Environment Data Scan (PEDS) instrument, developed by Kelly Clifton and Andrea Livi Smith, is another example. This instrument is based in a sophisticated audit process, designed to make an inventory of the objects that constitute the paths where people walk, and describing them in terms of the quality that they add to the pedestrians' experience (Clifton, 2007).

Although this instrument, as well as many other that use the same concept, overcomes the lack of attention that form-oriented methods pay to the relation between pedestrians and urban design, the complexity of the audit process that is needed to collect the information presents problems of its own. The implementation of those audit instruments requires trained staff to collect information in a specific study area. This constitutes a limitation in two senses: it is unlikely that such an instrument can be applied to large urban areas (e. g. a city), and people who are auditing the paths are mostly external to the space or neighborhoods. They are not local users and therefore insiders to the "life" of the streets that they are auditing. The discussion on these two limitations will be expanded later. In addition, the cost of implementation is too high to afford a walkability assessment that allows a comparison of different cities and different areas within them, which is the ultimate objective of quantitatively measuring an urban condition.

The review of existing rating methods and instruments, that was made as a preliminary step for this proposal, shows that although walkability is being widely studied by different disciplines, when it comes to measurement, there are many challenges to overcome. First, both the urban form and design are important to defining how walkable an urban area is, though most of the rating methods that have been developed use only one approach. The existing methods are either focused on providing a thorough assessment of the design features of pedestrian paths, or oriented to measure morphological aspects such as density, land use and connectivity of the street grid.

Second, following Lefebvre (*Social Space*, 1991), since urban spaces are socially produced, one cannot isolate the spatial conditions of cities from the social processes and agents that create them. Walkability, as a condition of urban spaces, is closely linked to the subjective and social experience of pedestrians. When measuring the walkability of a place, one should consider that it cannot be accurately assessed by people other than those who regularly interact with that specific

⁶ Robin Mazumder is a Vanier Scholar and doctoral candidate in cognitive neuroscience at the University of Waterloo, where he is studying the psychological impacts of urban design (Mazumder R. , 2017).

place by walking. That is the failure of most of the reviewed methods: when their focus is mainly on the urban form, the spatial analysis is based on Geographic Information Systems tools; and when they are assessing urban design features, the audit processes are carried out by a staff that is external to the place. Neither approach relies on the pedestrians' experiences to collect information of a place.

Third, simplicity is key to a successful, affordable and scalable implementation of a walkability rating method. This does not mean that some factors should be excluded in the assessment, but that they must be grouped and collected in such a way that people can easily understand what they are being asked to rate, and that it does not take too long. This is a key issue, especially when it comes to engaging people as volunteers, both to measure walkability from users' perspectives and to reduce the implementation barriers and costs of the method. The simpler it is to run the method, the easier it will be to apply it in several cities and areas within them.

A participatory approach to walkability rating

This is the basis for a new proposal that aims to increase the importance of pedestrians' experiences in urban planning and design, by developing a participatory walkability rating method that enables the collection and comparison of walkability data in different cities using mobile phones. To overcome the three main problems identified above, the proposal includes the assessment of urban design and form features, a participatory approach to the rating process, and the development of a mobile application to make it simple, accessible and scalable.

The overall idea is to develop an application that fulfills four main functions:

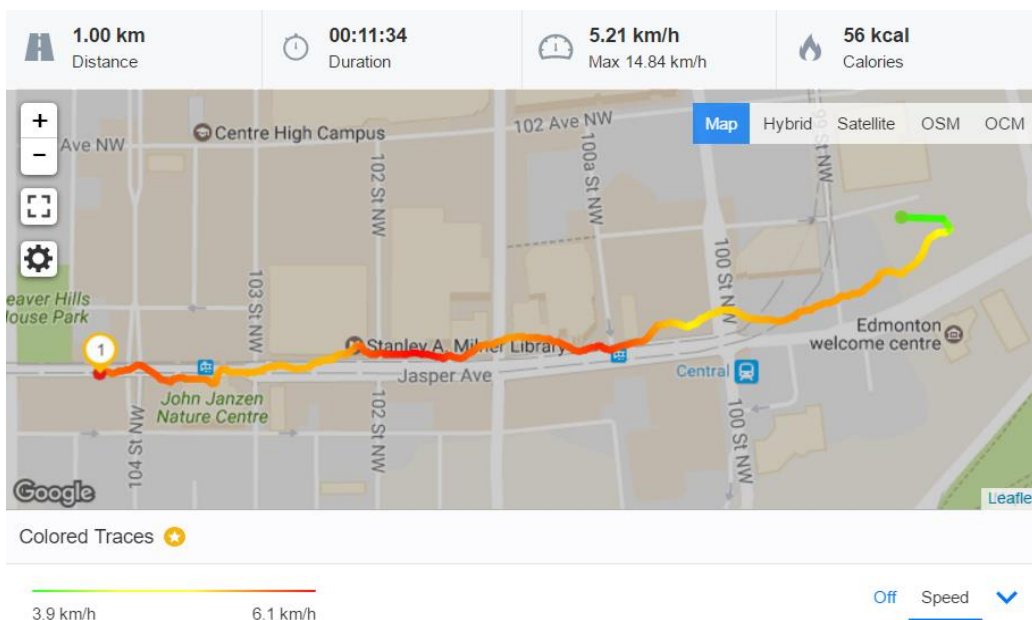
1. Track the routes people walk on.
2. Measure the time that people spend walking and waiting, and assign colors to the different segments of the route according to that stop-and-go approach (e. g. green to the segments of the routes where people were walking, and red to the spots where people had to stop).
3. Allow people to rate their walking sessions according to the experience they have along the routes. The factors that people will be rating are connectivity, comfort, accessibility, safety and security.
4. Automate collection of contextual information including time of day, weather and even the surrounding environment of buildings or open spaces.

To test this idea, we designed and implemented a pilot of the project. First we looked for existing applications that perform similar functions to those that we are expecting our application to develop. After a comprehensive search, we selected a fitness application called Runtastic⁷ to be our pilot tool. This application tracks the routes and the speed that people keep during a walk, and displays a map with colored traces that show the segments where people went fast and slow (see image 7).

⁷ "Runtastic offers products and services that all focus on gathering and managing sports data in order to motivate people to do sports and to link like-minded people" (Runtastic, 2017). Specifically, we use the free version of the mobile application of this company, which tracks relevant sports data and upload it to the Runtastic Fitness web site.

Runtastic also takes the total time, the average speed, the average pace and suggest a number of calories burned during the session. Additionally, when the dashboard is accessed from a computer, it is possible to see a chart that compares the speed against the time. This chart is useful to know the periods when the person was waiting during the session, and summarize them to obtain the total stop time (see image 8).

Image 7. Example of a walking colored route in Runtastic web site dashboard



Source: Runtastic web site, CRSC_Walkability dashboard. <https://www.runtastic.com/en/users/9e993388-7dd7-5037-8b81-73f9ab56bb4f/sport-sessions/58d2cc2c9ad6989148894233>

Image 8. Example of a walking session chart in Runtastic web site dashboard



Source: Runtastic web site, CRSC_Walkability dashboard. <https://www.runtastic.com/en/users/9e993388-7dd7-5037-8b81-73f9ab56bb4f/sport-sessions/58d2cc2c9ad6989148894233>

We asked people to download Runtastic in their smartphones and go for a walk of at least one kilometer. They had to save their walking sessions and share them with us. We added them as friends from our account, and we saved their sessions to have them available in our own dashboard. After sharing their sessions with us, people were asked to answer a short survey about their experience, which included the rating of the five walkability factors mentioned above.

Image 9. Design of the survey

Connectivity: in this factor we're trying to know whether pedestrians can get easily from one point to another due to a well articulated street grid or it is difficult to walk toward some destination (e. g. if there are dead ends or the length of the blocks is inappropriate). Also, the public transport routes that connect major origins and destinations, the quantity of road intersections and the land use mix are issues that contributes to make a path more connected.

1 ○ ● ● ● ● 5

Comfort: this matter is about how nice and cozy does it feels to walk trough the path. We want to know if it has the facilities and amenities that people require to feel comfortable, if the cityscape is pleasant, if pedestrians have enough space to walk without obstructions, if the streets are cleaned and the atmosphere is cleared of pollution.

1 ○ ● ● ● ● 5

Inclusiveness: here we're trying to find out how friendly is the space with people with any kind of disability or disadvantage to move freely through the path. The presence of audible signals or tactile paving, curb ramps, easy access doors in the buildings or any other facility that makes it easier for all kinds of pedestrians to walk, makes a path more inclusive.

1 ○ ● ● ● ● 5

Safety: in this factor we want to know if pedestrians are protected from the dangers they face when sharing a space with cars, buses, bicycles and any other means of transportation. The quality of the marks in the streets for pedestrian crossings, the availability of crossings aids, the maintenance of the path, the traffic control devices, the pedestrian signs, the width of the street that pedestrians might cross to get to their destinations, all these are matters that concern to safety.

1 ○ ● ● ● ● 5

Security: here we need to identify if the spatial conditions of the path are helping pedestrians to feel free from external threat. It is important consider if the path is well lightened, if there is surveillance of any kind, if the facades of the buildings are well maintained and they make the streets more open while providing the correct enclosure.

1 ○ ● ● ● ● 5

Source: prepared by the authors.

When we collected enough sessions, we organized and systematized the data in a matrix, and we downloaded the graphic information of the routes as KML⁸ files. The next step was spatial analysis with ArcGIS⁹. First, we developed a coding system to link the data entries of the matrix with their respective KML file. Then we converted all KML files in shapefiles¹⁰ and import them from ArcGIS. With the help of this program we joined the matrix to the routes shapefiles with the codes we assigned earlier. Finally, we produced a series of maps featuring the time per kilometer of each route, the average speed, and the percentage of the total time that people spent walking and waiting (see maps below).

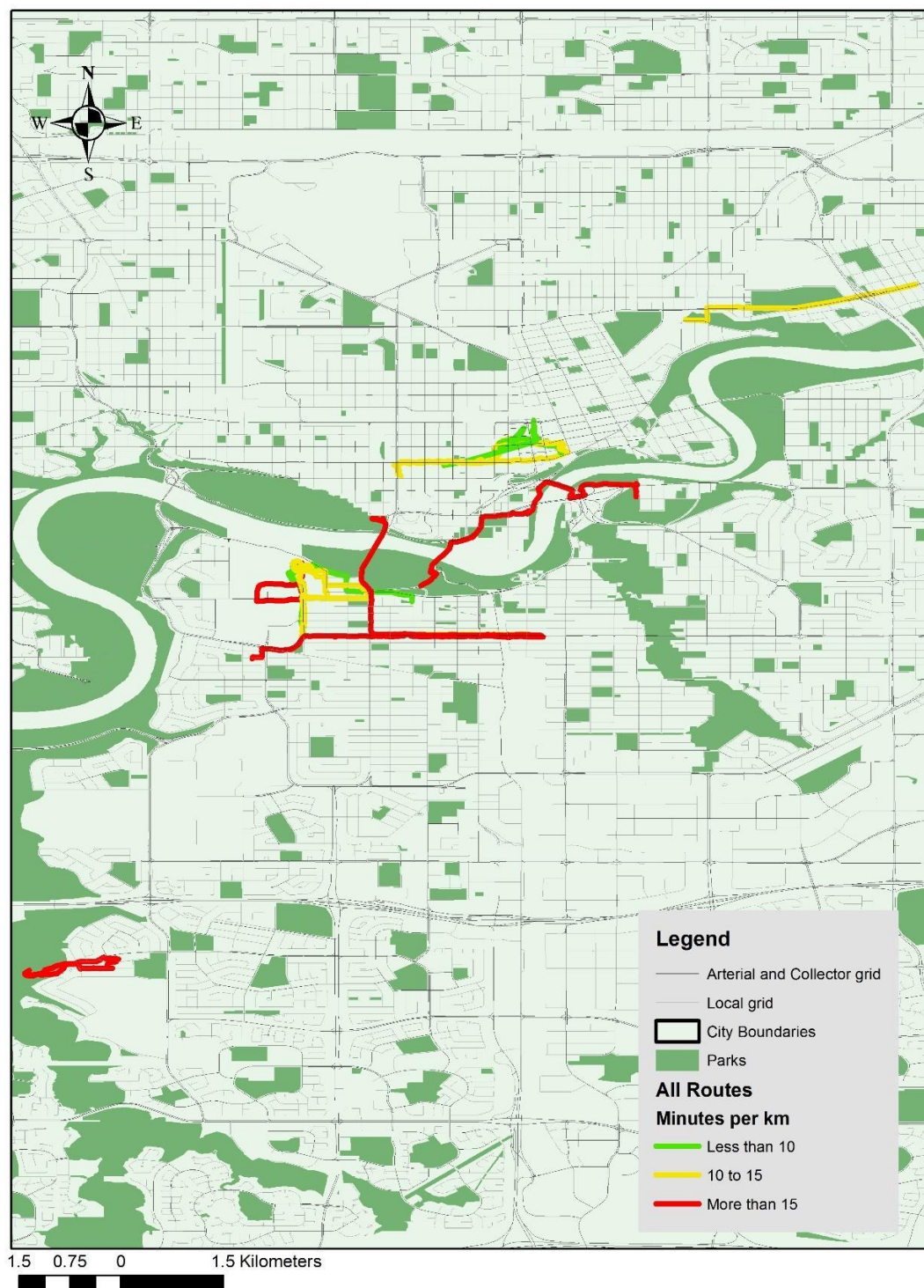
⁸ KML files are visualizations of two-dimensional maps and three-dimensional earth browsers.

⁹ ArcGIS is a geographic information system software that allows working with maps using spatial and statistical analysis tools.

¹⁰ Shapefile is a format of geospatial data for geographic information systems, particularly ArcGIS.

Map 1. Walking time per kilometer in Edmonton

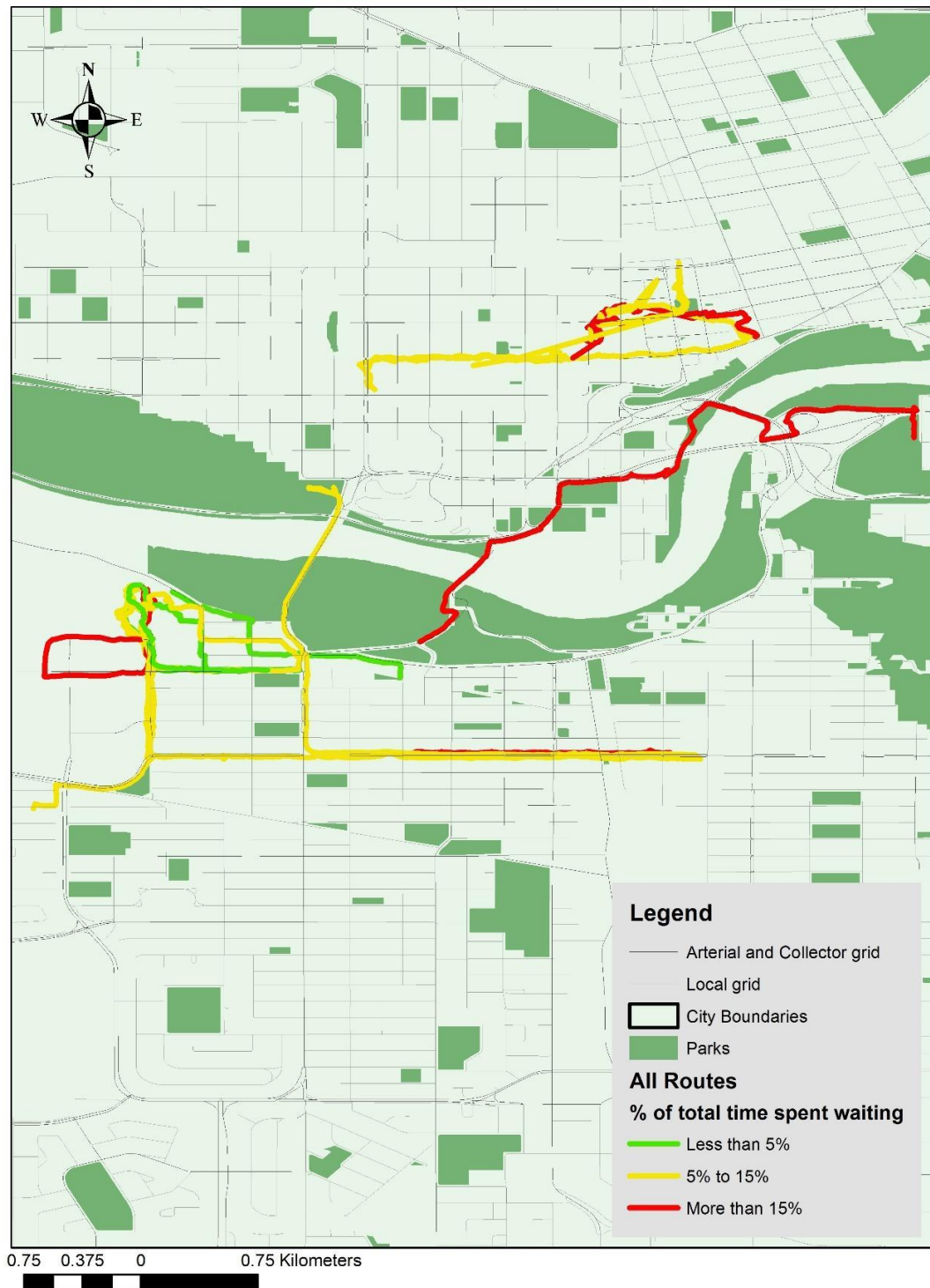
Walking times in Edmonton



Source: prepared by the authors.

Map 2. Percentage of waiting time in Edmonton

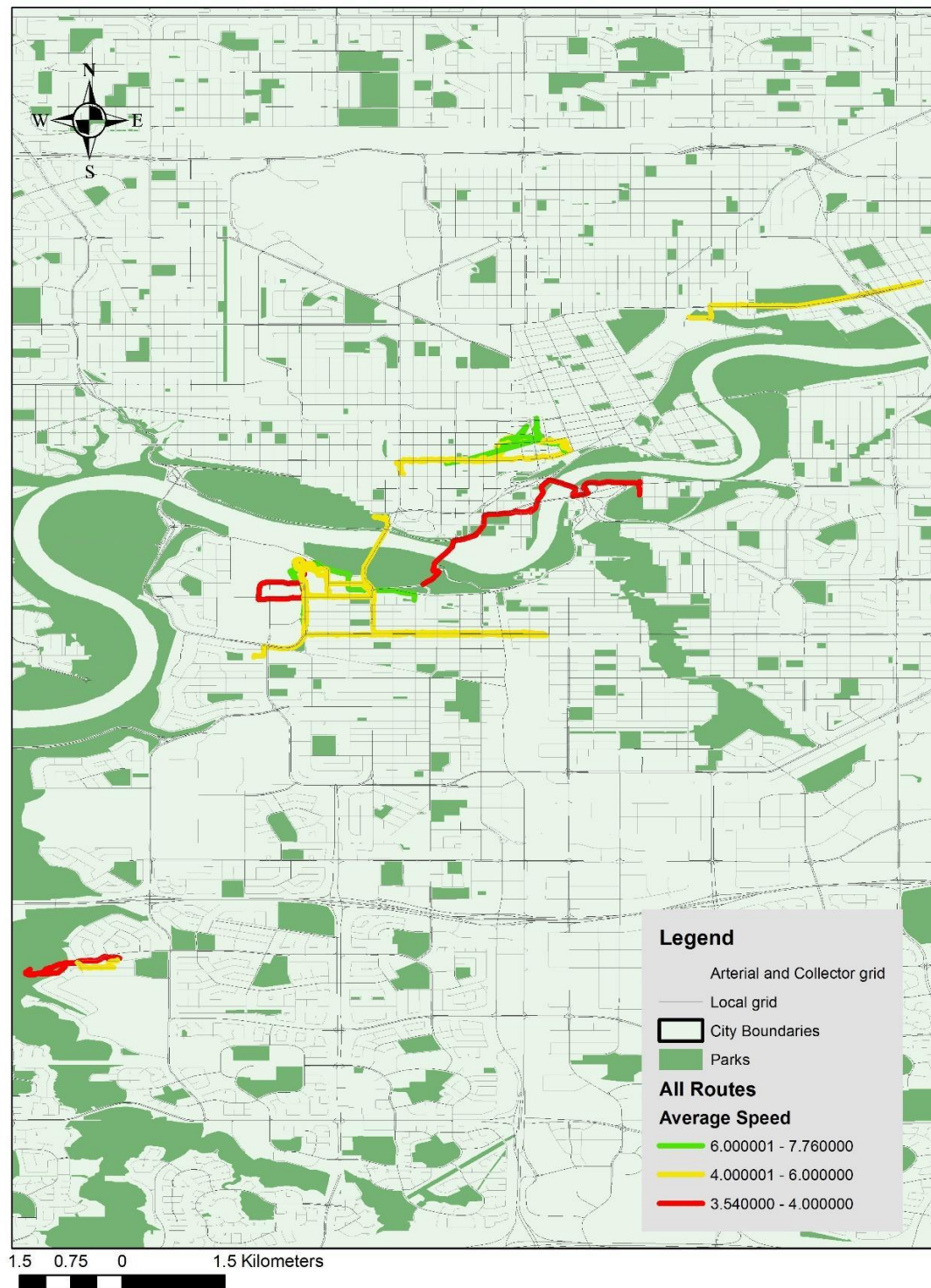
Walking times in Edmonton's Downtown



Source: prepared by the authors.

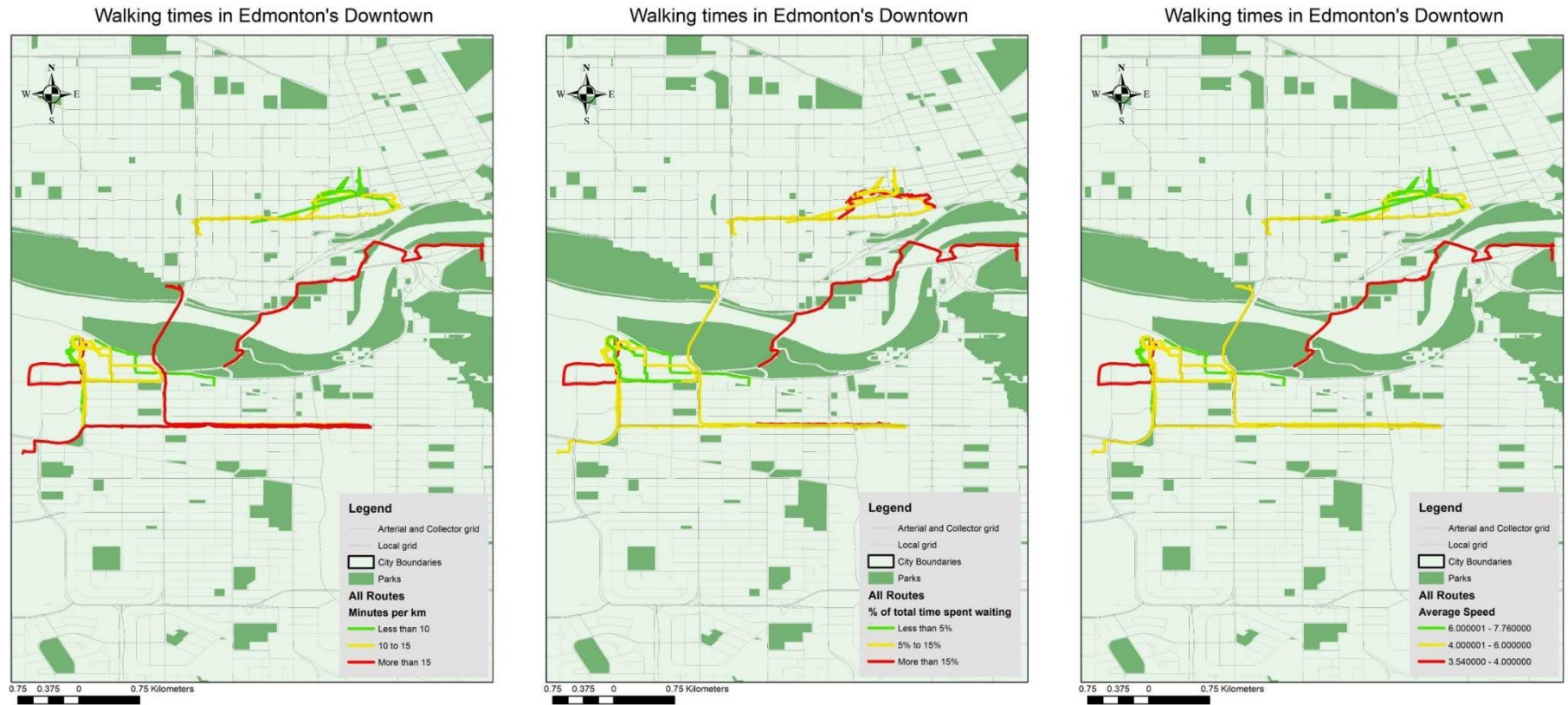
Map 3. Average speed of the walking sessions in Edmonton

Walking times in Edmonton



Source: prepared by the authors.

Image 10. Maps of walking times in Downtown Edmonton



Source: prepared by the authors.

Since the data inputs that we got from Edmonton are concentrated around the University of Alberta's North Campus and the downtown, it is difficult to draw conclusions about the entire city. What we can tell from the information we got is that commercial streets that one would think are walkable due to the availability of several services and amenities, such as Whyte Ave and Jasper Ave, are in fact slow to walk through. Walking on Whyte Ave takes more than 15 minutes per kilometer, which is far more than the ideal. However, it needs to be considered that commercial streets not only have more crowded sidewalks but also shop windows that can make pedestrians stop for short periods on their way, lengthening the walk time. When looking at the percentage of time that people spent waiting or standing, for Whyte Ave is between 5% and 15%, which is not too high. That means that in this case, the delay of the walk is not entirely due to several or long stops in the paths and intersections, but also to a low overall speed during the walk.

Walking along and across the River Valley is also slow. In this case it takes more than 15 minutes to walk one kilometer, and when contrasting that information with the other two maps, it is evident that it is a product of the combination of a huge percentage of time that the person spent waiting and a slow overall speed. Like the Whyte Ave case, here we should consider that the river valley offers a landscape that can affect the speed of pedestrians, especially when the walk has leisure purposes. Since we do not have information about the kind of walk, what we can tell about this area is that it is not an ideal route when people walk with the aim of transporting.

The pedways in downtown, although faster than sidewalks, do not guarantee a walk without stops. In the downtown area, we can observe that whereas the pedways walks take less than 10 minutes per kilometer, the walks on the sidewalks can take between 10 and 15 minutes per kilometer. However, if we take a closer look to the maps 2 and 3, in the pedways walks the percentage of the total time spent waiting is between 5% and 15% while the average speed is one of the fastest in the city. This means that pedways facilitate speed for pedestrians, but are not free of stops, perhaps due to the number of people that walk through them, especially in winter time.

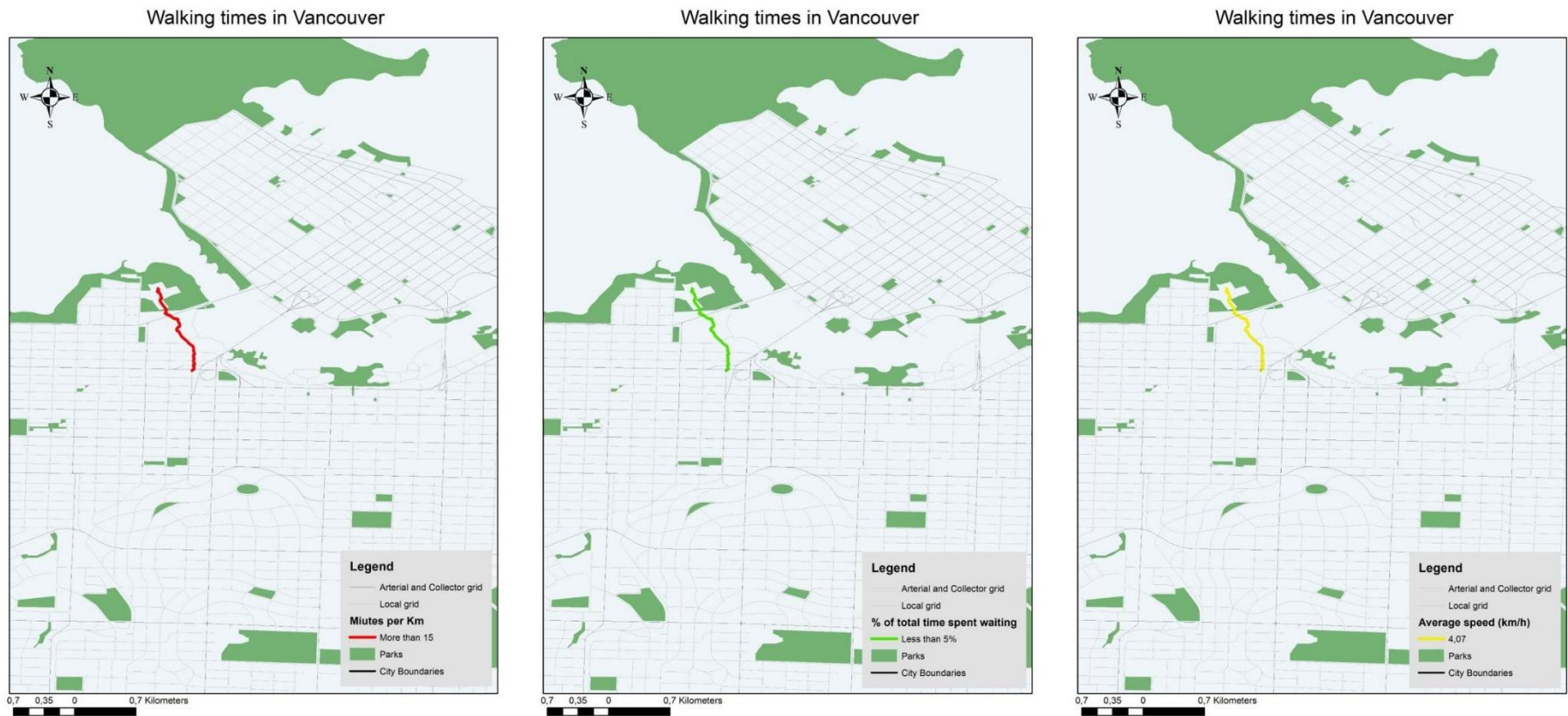
The number of intersections does not have a causal link with the time that people spent waiting during their walks. In the University area, the only route in which the person spent more than 15% of the walk time waiting is the one with less intersections; the River Valley does not have intersections and yet is one of the routes in which the percentage of waiting time is higher; and in the downtown there are two routes with the same origins and destinations, and the one with less intersections has the higher percentage of waiting time. This could mean that there are certain intersections that make a route extremely slow, which would be interesting to see in the map. Therefore, we want to implement colored traces for each route, so that we can identify if people are stopping at intersections or along the blocks for an extended period.

Image 11. Maps of walking times in Ottawa



Source: prepared by the authors.

Image 12. Maps of walking times in Vancouver



Source: prepared by the authors.

We only got three sessions from suburban areas, hence no absolute conclusions can be stated. Descriptively we can say that these areas present low-speed walking conditions. One of the routes is classified within the “10 to 15 minutes per kilometer” group, and in the other two it took more than 15 minutes to walk a kilometer. However, the maps 2 and 3 show that whereas the percentage of total time that people spent waiting is critical only for one of the three routes, acceptable for another one and ideal for the third one, the average speed is not particularly fast in the three cases. This could mean that in suburban areas people stop less at intersections, due to a lower traffic, but they cannot walk at a desirable speed along the blocks, probably due to the car-oriented design of these areas.

The major input that we received from the sessions that were shared with us from other cities is the certainty that this method can be easily applied beyond a local perspective. However, we did not receive enough information to make a conclusive analysis. All we can say from the data that we have from Ottawa and Vancouver walking sessions (see images 11 and 12) is that the relation between the nature of the places and the speed of the walks seems to be similar to the tendencies that we presented regarding walkability in Edmonton. For instance, the street where all Ottawa walking sessions were done is comparable in form and commercial dynamics to Whyte Ave on Edmonton, and in both cases places that one would think are favorable for pedestrians are in fact slow, probably due to the number of people walking in the streets. However, in Whyte Ave there is a combination of an important percentage of waiting time and a medium-low average speed, while in Ottawa it tends to be the waiting time the factor that delays pedestrians rather than the average speed.

The walking session in Vancouver, by the other hand, is comparable to the walking sessions across the River Valley. Despite the fact that the walk in Vancouver has a longer segment in the urban area than the River Valley sessions in Edmonton, in both cases the landscape and environmental services of a large urban park play an important role in the experiences of pedestrians. In these areas it takes more than 15 minutes to walk one kilometer, which is slow compared to other places in the city. However, as we explained before, we are considering that in places with aesthetic features the connotation of the walk might be determined by leisure purposes, and in that case the speed loses relevance.

The coincidences of walking speed tendencies between areas with similar morphology and dynamics in different cities is positive for the research, since it makes cities more comparable and can lead us to identify generalities of walkability worldwide. However, with the information we have now this is only an attempt that need much more information and research to be proven.

After the comparison between these three cities we could noticed that each one of them has its own “natural speed”, which can be influenced by cultural factors. This means that according to distinctive characteristics of the urban environment, including both tangible and intangible factors, the speed that is consider “normal” could change from city to city. The importance of considering the “natural” or “normal” speed of cities became evident when we were trying to compare them, and it is reflected in the information displayed in the average speed maps. To assign colors to the routes in these maps, we used three classes and a manual classification, but when we were trying to equalize the breaks values for the maps of all three cities, we realized it was impossible since the range of speeds was completely different for each case. For instance, in Edmonton the “fast

speed” goes from 6 to 7.7 km per hour, but the fastest session in Ottawa registered an average speed of 4.89 km per hour, reason why the range of the “fast speed” category in Ottawa covers speeds between 3.01 and 4.89, whereas that speed is only considered low-medium in Edmonton. Therefore, it could be said that Ottawa has a slower natural speed than Edmonton. Although this information can change as the number of received sessions increases, it would be important to acknowledge this factor when mapping the results., perhaps by normalizing the individual data of speed for each session with the average speed of the city.

Other mapping information, tools and processes that is worth trying in further stages include the use of open data information in the elaboration of a suitability map of the pedestrian infrastructure, to compare walking speeds in different areas of Edmonton with the conditions of built environments, and determine at what level they are related. Additionally, the network analysis tools of ArcGIS allow a thorough examination of the routes that pedestrians take from common origins to common destinations, and this would be useful to focus the research in certain routes and determine the inconveniences that pedestrian could find there in terms of speed or any factor that we need to inquire. The range of options that GIS presents is wide and worth exploring in order to enrich the research with a deeper understanding of the relations between different factors and the role they play in pedestrians’ experiences.

The spatial results of the pilot, obtained via Runtastic and processed with GIS, were complemented with the survey shown above in image 9. Whereas the timing assessment was intended to provide spatial information about the speed of pedestrians in different areas of the city, the survey is the core of the participatory rating system. Through the survey, we wanted to identify how is the overall pedestrian experience in cities and areas within them, but in the implementation of the pilot we had some issues that prevented us from obtain the expected results.

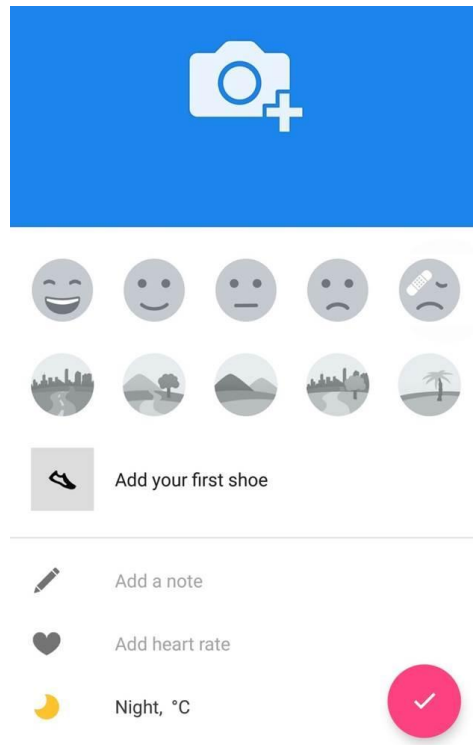
We were not able to link the rates to the spatial information (Runtastic GPS routes), therefore the rates that we got can only be understood in terms of cities but not specific areas or paths within them. Additionally, since we did not have a single application to collect both the timing and rating information, the survey part of the pilot was not completed by all participants, leaving us with less information to analyze. The timing assessment became the central aspect of the pilot, diverting the main objective of the research project, since we have not developed a method to include the Runtastic results as part of the ratings. The main reason why that has not happened yet is because we need more research in the topic, and a more complex system, to determine in which cases a lower or higher speed is a positive or negative factor.

From the survey, we only received inputs from the walking sessions in Edmonton¹¹, thus a comparison between cities is not yet possible regarding the five aspects that we were evaluating on the survey. In the first part of the survey, we asked contextual information about the location, season and weather of the walking session. These features can be asked in a simpler and more friendly way, using the example of how Runtastic asks their users about their mood, the kind of surface and the weather during the activity (see image 9). The walks in Edmonton were done

¹¹ There is one session from Cartagena, Colombia, but is not considered in this report since the access to geographic information (layers) was limited and the spatial analysis could not be done. Additionally, there is a session in St. Albert, which is considered as part of Edmonton, due to their proximity.

between January and April, 43% in winter and 57% in spring. The weather during these sessions was mostly cloudy (42.8%) and partly cloudy (28.5%), which affects the comfort of the walk, and therefore the pedestrians' perception of their experience at walking.

Image 13. Runtastic screen for finished session



Source: Runtastic Fitness App for Android.

In the second part of the survey we asked volunteers to rate their experience in the five aspects mentioned before (connectivity, comfort, accessibility, safety and security). We included a simple and brief definition of each factor (see image 9) to make sure all the volunteers were rating the same variables in various places. Edmonton got a general rating of 3.58 over 5 (71.6%), which can be considered a medium-high rate, since WalkScore has rated Edmonton with 51% and Vancouver, the most walkable Canadian city, with 78%. However, it would be useful to review the interpretation of this qualitative assessment, since it needs to be global in order to compare different cities around the world.

In security, the city was rated with 4.4, in connectivity and safety with 3.5, in comfort with 3.4, and in accessibility with 3.1. It is to be expected that the perception of security in most places within Canadian cities is high. However, it would be interesting to link the grades to the GPS routes so that we can observe which paths are generally rated as insecure; sometimes that perception is due to spatial conditions but more often is because of the social dynamics, or both dimensions.

That would give us an idea of places that need intervention oriented to solve a social issue more than foster physical changes.

Accessibility was the lower grade, which means people are not satisfied with the level of inclusiveness of the city. It seems that Edmonton is not a friendly city to walk for people with disabilities or any kind of disadvantages, and that makes the city less accessible for pedestrians. This is aggravated by the fact that most of the walking sessions were done in the downtown and campus areas, which are supposed to be the most accessible and inclusive places of the city since they are expected to receive a high flow of people every day due to the agglomeration of activities. Thus, we can assume that upon receiving more information from different areas in Edmonton, that grade is in fact going to drop down.

In connectivity, comfort and safety Edmonton was rated with 3.5 in average. We were expecting low and medium grades for comfort and safety in the downtown area, due to traffic congestion that makes the environment for pedestrians dense and stressful. However, for connectivity the grade is surprisingly low, since the downtown and University area have plenty of amenities, a reticulate street grid and easy access to public transport. Apparently from the pedestrians' point of view, these features are not necessarily obvious for these areas and instead need to be improved.

Conclusions

The process of designing and implementing this pilot was an experimental step toward the overall proposal. We recognize the usefulness of a mobile application for the double purpose of making it easy for people to participate, and to engage people from different cities. Although the inputs that we received were mostly from Edmonton, the worldwide availability of Runtastic, due to its linkage with the Google Maps base, made it possible to receive sessions from other Canadian cities, and even from another country¹².

However, the process of engaging people as volunteers was not easy. Although many people were interested in the concept of the project, very few had the initiative to help by doing and sharing walking sessions. Most of the data entries that we got were product of a class assignment in the University of Alberta, the reason why the routes cover mostly campus and downtown areas. Persuading people to volunteer, therefore, is a challenge that we must consider in the future stages of this research project. One of the questions to solve is how to make the application more attractive, useful and desirable for people to use it massively?

Another lesson learned is the value of simplicity. Since we needed two different kinds of information (space-time and rates) and we did not find an application that let us put them together, as we expect to do in our application. People successfully shared their Runtastic information with us, but most of them forgot the step of the survey. We received 33 Runtastic sessions and only 12 responses to the survey, which distorts the statistical information. It was also difficult to include the information of each survey in the matrix that we linked to the routes. For

¹² From 33 entries that we received, 27 where from Edmonton, 4 from Ottawa, 1 from Vancouver and 1 from Cartagena (Colombia).

this reason, we had to isolate the rating from the spatial analysis. It is essential to find a way in which people can simply provide us with the two types of information, and (a) display both in the maps and (b) include the time as a variable of the rate.

Additionally, there is a consideration to be made about the stop-and-go approach. After the completion of this stage of the research, we acknowledge that walking is a complex activity, and its meaning expands beyond transportation. People not only walk to move from one place to another, but also to exercise or develop a leisure activity whose only purpose is the aesthetic pleasure. In that sense, it is understandable that different kinds of pedestrians have different needs regarding the conditions of cities in which they are walking.

A slow speed does not mean something negative in all cases. For instance, walkable places have plenty of amenities that can be attractive for pedestrians, even if that is not their destination; or beautiful landscapes and cityscapes can capture pedestrians' attention if they are walking for leisure (and even if they are not), making them stop in the middle of the way. In addition, people from all age groups have different speed, and their walking needs are diverse. This diversity is a challenge for our proposal, and in the next step it is necessary to decide whether our target is comprehensive, and therefore we need to design the application in terms of the different necessities of pedestrians, or we are interested only in urban mobility. Either way the application needs to consider a series of factors to be as accurate as possible in the walkability measure.

Where the pace of walking is significant is when the aggregate speed for one city across all types of pedestrians and routes is different from others. A second case is when an intersection requires pedestrians to wait for a significantly longer time than the average for other similar crossings. This might show that specific intersections and even whole cities are more challenging for pedestrians, or they have some specific walking culture that distinguishes the pedestrian experience.

Finally, the biggest challenge ahead is to get funding, especially to code the application. After a quick review of the options available to develop the application, it is likely that we will need to make it profitable in order to get funding from the private sector. Additionally, we need to put some effort towards the identification and application for grants that are aligned with our project's objectives. While looking for funding opportunities, we must work on the specifications and design of the application, based on the data that this pilot allowed us to collect.

Through the development and use of the mobile application that we are proposing, we will increase the importance of pedestrians' experiences in urban planning and design by reporting on the perception of pedestrians in aspects that are crucial for walkability, and the ease with which people can move around by foot. This combination of subjective perceptions and objective facts about walking times and spaces is ideal to inform cities about their walkability conditions, creating a positive impact on how these issues are considered and addressed by different stakeholders. There are challenges to overcome, but the results of this first stage of our research are promising.

References

- Clifton, K. (2007). The Development and Testing of an Audit for the Pedestrian Environment. *Landscape and Urban Planning*, 95-110.
- Cubukcu, E. (2013, Septiembre). Walking for Sustainable Living. *Procedia - Social and Behavioral Sciences*, 85, 33-42. Retrieved 2017, from <http://www.sciencedirect.com/science/article/pii/S1877042813024622>
- Frank, L., Sallis, J., Conway, T., Chapman, J., Saelens, B., & Bachman, W. (2006). Many Pathways from Land Use to Health: Associations between Neighborhood Walkability and Active Transportation, Body Mass Index, and Air Quality. *Journal of the American Planning Association*, 72(1), 75-87. Retrieved 2017, from <http://www.tandfonline.com/doi/abs/10.1080/01944360608976725>
- Lefebvre, H. (1991). Social Space. In H. Lefebvre, *The production of space* (pp. 68-168). Cambridge, Massachusetts : Basil Blackwell Inc.
- Leyden, K. (2003). Social Capital and the Built Environment: The Importance of Walkable Neighborhoods. *American Journal of Public Health*, 1546-1551.
- Mazumder, R. (2015, November 6). *Design Thinking and the City: Dignity Lies in the Details*. Retrieved from Rober Mazumder web site: <https://robinmazumder.com/2015/11/06/dignity-design-and-the-city/>
- Mazumder, R. (2017). *About: Robin Mazumder*. Retrieved from Robin Mazumder web site: <https://robinmazumder.com/about/>
- Nykiforuk, C., VanSpronsen, E., & Schopflocher, D. (2014, February). Relating Built Environment to Physical Activity: Two Failures to Validate. *International journal of environmental research and public health*, 11(2), 1233–1249. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3945535/>
- Park, S. (2008). Defining, Measuring, and Evaluating Path Walkability, and Testing its Impacts on Transit Users' Mode Choice and Walking Distance to the Station. Berkeley, California, United States of America: University of California. Retrieved 2017, from <http://www.uctc.net/research/diss150.pdf>
- Runtastic. (2017). *What is Runtastic?* Retrieved from Runtastic web site: <https://www.runtastic.com/en/about>
- Still, K. (n.d.). *Crowd Risk Analysis and Crowd Safety*. Retrieved 2017, from Fruin - levels of service: <http://www.gkstill.com/Support/crowd-flow/fruin/LoS.html>
- Transport for London. (2004). *Making London a Walkable City*. London: Mayor of London.