Exploring the Impact of Blood Components on Myocardial and Vascular Health During Normothermic Ex-situ Heart Perfusion

by

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Thesis Abstract

Each year, roughly 100,000 Canadians are diagnosed with heart failure, a condition that can only be cured by heart transplantation. In recent years, there has been a plateau of heart transplantation volume, thought to be the result of declining donor sources and the bottleneck of short preservation time of procured organs. Cold storage (CS) is the standard method of preservation for solid organ transplant, but has a limited out of body time to a maximum of 4-6 hours for heart transplants. Normothermic ex-situ heart perfusion (ESHP) preserves the heart in a semi-physiologic state by enabling out-ofbody perfusion of the coronary arteries with a blood-based perfusion solution (perfusate) at physiologic temperatures.

While clinical ESHP platforms have shown promise in increasing preservation times, our group and others have documented persistent decline of myocardial function whilst on the apparatus. Our group has established that perfusion of the heart on the apparatus begets an inflammatory and pro-oxidative environment. One source of inflammation could be the breakdown of red blood cells (hemolysis) over time within the blood-based perfusate. Furthermore, the field is yet to investigate optimal levels of hemoglobin, which has significance for the development of optimal perfusion solutions. A current point of contention is whether dilution of whole blood used as a perfusate in clinical scenarios with buffers to fulfill volume requirements leads to inadequate oxygen delivery, and therefore functional decline.

As presented in chapter 2, we tested the hypothesis that greater hemoglobin (Hb) concentrations could mediate increased functional preservation. We subjected hearts of Yorkshire pigs to normothermic ESHP in the working mode for a duration of 12 hours in

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groups varying in perfusate composition of hemoglobin: control perfusate (low hemoglobin due to dilution of whole blood with buffer, ~4 g/dL Hb), whole blood (no dilution, ~8.5 g/dL Hb), concentrated blood (whole blood concentrated by packed red blood cells obtained through cell saver, ~12 g/dL Hb). We also tested a low hemoglobin group whereby whole blood was cut with donor plasma ('plasma' group), rather than manufactured buffer. Overall, we found that functional preservation was worse when hemoglobin concentration was high. Markers of cardiac function including cardiac index, stroke work, left ventricular dP/dT maximum and minimum were significantly reduced in the high-Hb group compared to other groups by late perfusion. This coincided with evidence of increased hemolytic burden during these perfusions, denoted by elevated concentrations of free hemoglobin, perfusate potassium, and heightened transferrin saturation.

Throughout the study conducted in chapter 2, we noticed that coronary flow rates were much lower in the new controls and in the 'plasma' group than in runs conducted historically by our group under similar conditions during ESHP. Such supraphysiologic coronary flow rates are recognized as damage endured to the endothelium. In order to avoid hemodilution via fluids provision during heart procurement, the new controls were given minimal fluids whereas historical controls were given a high degree of fluids. This led us to hypothesize that plasma proteins may play an important role in preventing supraphysiologic coronary flow rates during ESHP.

In chapter 3, we explored this hypothesis, comparing historical control ESHP runs given high amounts of crystalloid fluid to newer runs given low amounts of crystalloid fluids. We also compared the runs to the plasma group (provided a low amount of fluids during

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procurement). We also trialled supplementation of the Krebs-Heinseleit buffer with high amounts of albumin with low fluids provision during procurement. Overall, we found that in groups provided low fluids, coronary flow rates were significantly lower than in the group where high fluids were provided. This was associated with increased damage to the endothelial glycocalyx, which is an endothelial structure implicated in vascular mechanosensation and regulation of vessel vasomotor tone, preceding perfusion.

The work presented in this thesis provides a variety of valuable insights into how the perfusate can be optimized during ESHP to mitigate inflammatory and oxidative stressors, such as free heme. It also preliminarily emphasizes the importance of plasma proteins as a modality to effect improved coronary vascular preservation. These may be important modalities to improve the preservation of hearts subject to prolonged ESHP and mitigate debilitating post-transplant pathology such as cardiac allograft vasculopathy.

Preface

Parts of the first chapter have been published as: **Wagner M**, Hatami S, Freed D. 2023. Thoracic organ machine perfusion: A review of concepts with a focus on reconditioning therapies. Frontiers in Transplantation. 2. doi: 10.3389/frtra.2023.1060992. This is my original work as I drafted the article with conceptual assistance of Dr. Sanaz Hatami and Dr. Darren Freed.

Otherwise, chapters 2 and 3 constitute original works which are in preparation for peerreviewed journals, with chapter 4 acting as a summary. In these prospective manuscripts representing collaborative works within chapters 2 and 3, I was principally responsible for all data collection, analysis, and manuscript composition, with collaborating individuals providing assistance with regard to methodology, interpretation of analyses, and copy-editing. Drs. Darren Freed and Jayan Nagendran are the senior authors and assisted additionally with conceptualization of the work.

Chapter 2: Elevation of perfusate hemoglobin exacerbates functional decline during ex-situ heart perfusion through hemolysis. Mitchell J. Wagner, Guilherme Mainardi Aguiar da Silva, Parham Hassanzadeh, Sanaz Hatami, Xiuhua Wang, Jayan Nagendran, Darren H. Freed.

Chapter 3: **The impacts of fluids provision & plasma components on coronary functionality during ex-situ heart perfusion.** Mitchell J. Wagner, Guilherme Mainardi Aguiar da Silva, Parham Hassanzadeh, Sanaz Hatami, Xiuhua Wang, Jayan Nagendran, Darren H. Freed.

Dedications

In addition to this thesis being dedicated to the generous community of individuals outlined below who have supported me throughout my development, this thesis is dedicated to the pigs, whose sacrifice entrains me to dutifully practice excellence and learn from my failures.

"All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence." – *Martin Luther King, Jr.*

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room a pleasant place to conduct these experiments, even when I opted to start at 6am. Your expertise knows no bounds.

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List of Abbreviations:

2,3-DPG: 2,3 diphosphoglyceric acid **ACC:** American College of Cardiology AHA: American Heart Association **AIF:** Apoptosis Inducible Factor **AMP:** Adenosine Monophosphate **ANOVA:** Analysis of Variance Ao: Aortic **ATP:** Adenosine Triphosphate CAMKII: Calmodulin-dependent Protein Kinase II **CAV:** Cardiac Allograft Vasculopathy **CB:** Concentrated Blood **CD:** Cluster of Differentiation **CHOP:** C/EBP Homologous Protein **CMV:** Cytomegalovirus **DAMP:** Damage Associated Molecular Pattern **DBD:** Donation after Brain Death **DCD:** Donation after Circulatory Death dP/dT: Rate of Pressure Change **ECD:** Extended Criteria Donation **ECMO:** Extracorporeal Membrane Oxygenation **ESHP:** Ex-Situ Heart Perfusion **EVLP:** Ex-Vivo Lung Perfusion FiO₂: Fraction of Inspired Oxygen Hb: Hemoglobin HFpEF: Heart Failure with Preserved Ejection Fraction **HFrEF:** Heart Failure with Reduced Rejection Fraction **HMP:** Hypothermic Machine Perfusion HMGB1: High Mobility Group Box 1 Protein

- HTx: Heart Transplant
- ICAM-1: Intercellular Adhesion Molecule 1
- **IRI:** Ischemia-Reperfusion Injury
- **ISHLT:** International Society of Heart and Lung Transplantation
- IU: International Unit
- IL: Interleukin
- KHB: Krebs-Heinseleit Buffer
- LA: Left Atrium
- LAP: Left Atrial Pressure
- LV: Left Ventricle
- LVAD: Left Ventricle Assist Device
- MDA: Malondialdehyde
- metHb: Methemoglobin
- mPTP: Mitochondria Permeability Transition Pore
- MVO2: Myocardial Oxygen Consumption
- NADPH: Nicotinamide Adenine Dinucleotide Phosphate
- NCX: Sodium Calcium Exchanger
- NfKB: Nuclear Factor Kappa-Light Chain Enhancer of Activated B-cells
- NHE: Sodium Hydrogen Exchanger
- NMP: Normothermic Machine Perfusion
- NO_x: Nitrates and Nitrites
- Nrf2: Nuclear Factor Erythroid 2-related Factor 2
- NWM: Non-Working Mode
- NYHA: New York Heart Association
- OCS: Organ Care System
- **OPTN:** Organ Procurement and Transplantation Network
- PaO2: Arterial Oxygen Pressure
- PKA: Protein Kinase A
- PGD: Primary Graft Dysfunction
- PL: Plasma

PPP: Pentose Phosphate Pathway

RBC: Red Blood Cell

ROS: Reactive Oxygen Species

RPM: Rotations Per Minute

SCS: Static Cold Storage

SEM: Standard Error of the Mean

TCA: Tricarboxylic Acid Cycle

TNF-alpha: Tumor Necrosis Factor-alpha

TUNEL: Terminal Deoxynucleotidyl Transferase dUTP Nick End Labeling

VCAM-1: Vascular Cell Adhesion Protein-1

WB: Whole Blood

WM: Working Mode

Chapter 1: Introduction & Literature Review.

Parts of this chapter have been adapted and published as:

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1.1 Heart failure

Heart failure is a debilitating disease characterized by an inability of the heart to pump blood, leading to pulmonary and systemic congestion as it worsens¹. Overall, the disease is a major contributor to global disease burden, with a global prevalence of 1-3% in the adult population and a 5-year mortality rate of greater than $50\%^2$. Heart failure inflicts a high degree of morbidity on patients, leading to a large number of hospitalizations which constitutes a high cost of care for the condition. This is exemplified by statistics from the United States: between 2017-2020, 6.7 million adults have been diagnosed (up from 6 million from 2015-2018) with annual costs of care totalling approximately \$39.2-60 billion. These costs are expected to rise alongside the increasing prevalence of heart failure, to over \$70 billion by 2050³. In Canada specifically, a survey by the Heart and Stroke Foundation suggested a high burden of heart failure, with 750,000 people living with the disease and another 100,000 individuals being diagnosed each year, with incidence increasing year over year⁴. Therefore, even without adding the opportunity costs associated with the morbidity inflicted by heart failure, the disease constitutes a major burden to general population health and health systems across the world⁵, and is only set to worsen in the coming decades at current trajectories.

Heart failure as a whole can be subdivided into two main types: heart failure with preserved ejection fraction (HFpEF) and heart failure with reduced ejection fraction (HFrEF). They can also be classified by the New York Heart Association (NYHA) classes of heart failure, which range from Class I-IV, denoting increased burden and physical limitation due to heart failure as class increases^{1,6}. There is additionally the American Heart Association (AHA) and American College of Cardiology (ACC) classification utilizing stages A through D: class A denotes patients at high risk of developing heart failure, and class D denotes patients with needing a high degree of care for heart failure despite receiving treatment^{7,8}. It is important to classify heart failure given that it manifests in various forms, since this provides direction for treatment.

Regardless of type or classification however, the mainstay treatment for heart failure is pharmacotherapy. It comes in a variety of forms though the main goal is to either lessen the workload of the heart or boost contractility such that congestion can be overcome⁶. While these pharmacotherapies have proven beneficial to both morbidity and mortality due to heart failure as demonstrated by improvements of patients in various classifications, they are not a curative treatment⁶. For example, a meta-analysis of pharmacological treatment for HFrEF found that the most optimal combination of drugs across 75 trials could be estimated to extend life expectancy by 7.9 years for a 50-year old, and 5.0 years for a 70-year-old⁹. Therefore, while these therapies may reduce disease burden in the short term and mildly improve life expectancy, they do not halt progression and thus are not a long-term solution.

Heart transplantation, on the other hand, constitutes a longer-term solution that is applicable in non-responders to therapy. Patients with advanced heart failure (NYHA class IV, or class D) are considered given the inability of mainstay treatments to improve disease¹⁰. Though, it is not without its own limitations, discussed in later sections of this chapter.

1.2 Heart transplantation

It wasn't until the sixties that heart transplantation took a leap forward into the clinical setting, after decades of animal research. In one of the most publicized medical events of the 20th century, Christiaan Barnard performed the world's first human to human heart transplant in 1967^{11–14}. One year later in 1968, D.A. Cooley performed the first heart-lung transplant^{11,15,16}. Though the recipients of such transplants quickly experienced complications, these monumental events brought to life the past decades of experimentation and demonstrated the potential of transplantation as a therapeutic option when others were exhausted. The immune system presented itself as a barrier to the success of these patients. It wasn't until chemical immunosuppression, as opposed to sublethal irradiation, emerged as an approach that would vastly increase the one-year survival of transplant patients. This technique began with the use of drugs like 6-mercaptopurine and azathioprine combined with steroids before cyclosporine was approved for clinical practice in 1984^{11,14,17,18}.

Currently, the International Thoracic Organ Transplant Registry reports that upwards of 115,000 heart transplants occurred worldwide between 1990-2015, and that median survival from most recent data was almost 15 years following transplant¹⁹. Publicly available data from the Organ Procurement and Transplantation Network (OPTN) reports that for the United States from 1988-2023, 92,000 heart transplants have been performed²⁰. This data emphasizes how far transplantation has come in terms of safety, efficacy, and acceptance amongst health centers – heart transplantation is now considered a "gold standard" of treating late-stage heart failure^{21–23}.

While heart transplantation can confer the greatest yield to survival and morbidity in those with advanced heart failure, the supply of hearts is dwarfed by the number of individuals that could potentially benefit. Even within those where transplant is indicated, supply is limited: the International Society for Heart and Lung Transplant (ISHLT) reported in 2019 that heart transplants done across North America and Europe has plateaued at roughly 4500-5000 per year in recent decades. This is despite there being 7000-8000 people on the waitlist in the USA alone at any given moment^{16,22,23}. Further, the number of individuals with NYHA class IV heart failure was estimated to range from 15,600 to 156,000 people²⁴. Thus, a current challenge of heart transplantation (and essentially all other transplantable organs), is reconciling organ demand with the availability of organs^{17,25}. Although organ supply may be unable to satisfy all demand, the world currently operates at below its potential transplant volumes due to a lack of optimization of the transplantation process²⁶. From organ procurement to preservation, there are a variety of constraints on organ supply that can be tackled to improve the delivery and quality of hearts for transplant to individuals with severe heart failure. Until such bottlenecks are widened, individuals wait with severe illness and even die on the waitlist before they can get the transplant they need²⁷.

1.2.1 Donor organ shortages: donor types, outcomes, and impacts on transplant volume

The organ donor can be classified into three categories: donation after circulatory death (DCD), donation after brain death (DBD), and marginal or extended criteria

donors (ECD). DCD entails organ procurement following the cease of all cardiorespiratory activity, with an ethically mandated standoff period of 2-5 minutes to ensure that autoresuscitation does not occur²⁸. Thus, procurement from circulatory death donors is associated with a greater degree of organ damage associated with ischemia in comparison to DBD donors, in which the persistence of cardiorespiratory mechanisms in the brain and clinical management can facilitate preservation of organs before procurement²⁹. In the early days of transplantation, organs for transplant were procured from DCD donors, though DBD quickly overshadowed DCD donation^{14,23,30}. In the current era, as donor demand is being significantly outpaced by donor supply, efforts to consider organs from suboptimal sources have resurged to boost transplant volumes.

It has been long appreciated that decreased ischemic times both during procurement and storage lead to a lower risk of primary graft dysfunction post transplant, being demonstrated in clinical studies^{31–33}. For this reason, as well as management practices which can stabilize inflammatory and hormonal processes within the DBD donor that may be exacerbated in the DCD donor³⁴, organs from DBD donors are regarded as optimal^{35,36}. However, improvements in road and vehicle safety, as well as improved management of conditions that result in brain death continue to decrease availability of donors from this source^{21,36}. This is exemplified by data from Transport Canada: between 2002 and 2019 (in order to exclude pandemic years from our consideration), the number of collisions resulting in serious injuries (eg. traumatic brain injury) roughly halved from approximately 16,000 to 9000 per year³⁷. Improvements in medicine have also impacted the DBD pool, demonstrated by the primary cause of brain death shifting from traumatic brain injury to brain hypoxia. Additionally, median age, and incidence of co-morbidities in donors have also increased, signalling a decrease in numbers but also quality of organs from this source^{14,21,30}.

The push to widen the donor pool, as well as a growing sentiment that traditional donation criteria restrict organ supply, has prompted a liberalization of traditional donor criteria, introducing the 'marginal' or 'extended criteria' donor (ECD)^{25,38}. Liberalization of such criteria, in regard to heart transplantation, can vary between centres but typically entails accepting organs which have endured greater ischemic times, come from older

donors, have reduced ventricular performance (ejection fraction <50%), valvular disease present, focal lesions of the coronary artery present, and ventricular hypertrophy^{39,40}. To provide an idea of the extra organ supply such criteria can provide, the ISHLT reported that between 2005 and 2018, an additional 20,000 lung transplants were undertaken due to such widening of traditional criteria⁴¹. A study of marginal heart donation found similarly that marginal donations could yield a 37% increase in transplant volume with similar risk-adjusted mortality to standard donation³⁹. Other studies have reported similar numbers, with another study citing that between 2010-2021, 32% of heart donations met marginal criteria⁴².

Along the same line, DCD donation has been met with renewed interest. Despite the increased ischemic burden on top of ischemia during cold storage due to the mandatory 'standoff' period, it has been reported that an additional 149 suitable heart donors could have been utilized over 2011-2013 at an institution in the United Kingdom if DCD hearts were considered, an unrealized 30% per year increase in cardiac transplants at that centre⁴³. Furthermore, the same group showed that DCD hearts were non-inferior to DBD hearts based on 30-day survival⁴⁴. A more recent study comparing 6 month and 1 year outcomes of recipients of DCD hearts reported no significant differences in comparison to DBD hearts in terms of 1 year survival, primary graft dysfunction, treated rejection, or cardiac allograft vasculopathy⁴⁵. Even if DCD heart donation may perhaps only yield a short-term solution to patients on the waiting list, they represent a promising extra source of donor organs. Transplant centers within North America have already begun to make use of this extra donor source: within Canada as of 2021, 26% of locally retrieved organs were DCD status⁴⁶. However, DCD hearts are currently not utilized in Canada despite similar conclusions that they can increase donor availability and therefore cut wait times⁴⁷.

1.2.2 Donor organ shortages: pathophysiology of the procurement and transport process

A second source of limitation on organ supply is the succession of pathophysiological insults experienced by such organs which are associated with donor morbidities, as well as procurement and storage of the organs. These insults inevitably limit the period with which the organs can stay viable before they are donated and threaten primary graft dysfunction, which can necessitate a replacement for the newly received graft⁴⁸. A short viability time following procurement limits utilization rates, makes highly matched donation difficult, and restricts donation to local donors²¹.

The experienced onslaught begins before the organ is even procured. Both DBD, and to a greater degree DCD donation, are associated with the induction of a catecholamine storm. Catecholamines have been studied for their cardiotoxic effects, especially in models of stroke whereby transient elevations in catecholamines following stroke present a similar threat as Cushing's syndrome during brain death, which also precipitates a catecholamine storm^{49,50}. Catecholamines have been associated with acute structural damage to the thoracic donor organs^{23,34,51}, demonstrated by the induction of apoptotic and necrotic damage to the myocardium, and compromise of the endothelium^{52,53}. The cellular toxicity that yields apoptotic and necrotic damage due to catecholamine storm follows similar mechanisms as ischemia reperfusion injury (IRI) within the myocardium⁴⁹: both epinephrine and norepinephrine act through a variety of mechanisms to induce intracellular calcium overload, which is a hallmark cellular pathology of IRI (discussed below). Acute levels of catecholamines yield a stimulation of G-proteins (Gs subtype), yielding the activation of protein kinase A (PKA) via the induction of cyclic AMP production by adenylate cyclase. PKA acts pathologically to phosphorylate key proteins involved in calcium cycling in the myocardium to precipitate elevated intracellular calcium: this includes L-type calcium channels, sarcoplasmic ryanodine receptors, phospholamban, troponin and myosin binding protein C (whereby phosphorylation weakens calcium affinity)⁵⁴. The net affect is cytosolic calcium overload that translates into increased intramitochondrial calcium levels, which upsets mitochondrial membrane potential, prompts mitochondrial transition pore (mPTP) opening, and yields damaging oxidative stress^{54,55}. Following these events, cells are prompted to undergo apoptosis.

During procurement, all organs undergo a period of global ischemia, followed by reperfusion injury upon donation. The cellular pathophysiology and result of IRI has

been well reviewed^{23,48,56–58}. In brief, a lack of oxygen supply to the procured organ necessitates anaerobic metabolism, quickly depleting the cells of ATP needed to maintain ionic homeostasis whilst also producing acidifying hydrogen ions^{23,48}. In light of the acidifying cytosol, sodium hydrogen exchangers (NHE) trade hydrogen ions for sodium ions, which are then acted on by the sodium calcium exchanger (NCX) to then move calcium in to maintain sodium at a low intracellular concentration. The net effect is accumulating calcium in the cytosol, which is exacerbated by sarcoplasmic reticulum failure. As ATP dwindles within the cell, calcium reuptake following contraction is impaired whilst ryanodine receptor activity is increased^{59,60}. Supraphysiological calcium within the cytosol is pathological to the cell in a variety of ways. First, as mentioned above, it drives uptake of calcium into the mitochondrial matrix, upsetting mitochondrial membrane potential and triggering mPTP opening, an initiative process of cell death and ATP loss⁶¹. Second, it can activate calmodulin-dependent protein kinase II alpha subunit (CAMKII), which contributes to worsening calcium overload by phosphorylating sarcoplasmic reticulum proteins and activating inflammation via NfKB⁶². Third, it activates calpain, a cysteine protease which non-specifically cleaves a variety of proteins to influence mPTP opening, apoptosis, inflammasome activation, and autophagy⁶³. Therefore, ionic homeostasis of great importance given the constellation of cellular processes affected by its dysregulation.

High osmolarity within the cells can also lead to the formation of edema, which further impairs function^{44,64}. Reperfusion, while the only antidote for ischemia mediated pathology, only serves to briefly exacerbate its effects: the washout of formed proton gradients across the cell membrane during ischemia leads to further increased calcium intake. Reintroduction of oxygen to the cells, which have now built-up anaerobic metabolites and depleted their antioxidants, generates more deleterious ROS^{23,56–58}.

While the effects of IRI are well documented within the myocardium, it seems less attention has been paid to the effects of ischemia-reperfusion on the endothelium. This is especially important given that cardiac allograft vasculopathy (CAV) remains a leading long-term cause of death and re-transplantation following heart transplant¹⁹. CAV refers to microvascular pathology that is mediated following transplantation,

whereby eventual thickening of the vasculature from the epicardial vessels to the microvascular bed is a hallmark feature⁶⁵. Similar to atherosclerosis, this can result in eventual occlusion of the vessel with downstream ischemia taking place⁶⁶. Treatment of CAV similarly to an atherosclerotic lesion can help explain why statin therapy is beneficial to mitigate progression, though this seems to be challenged in children and adolescents^{67,68}. Along similar lines, post-transplant hypertension is also associated with incidence of CAV, with there being evidence that antihypertensives may slow development^{67,69}.

Perhaps it is true that pathology within the endothelium brought by ischemiareperfusion injury primes long term vasculopathy and rejection, given that the endothelium interfaces with the recipient hematopoietic system. Indeed, IRI related to the transplant process has been identified as a risk factor for CAV⁶⁵, with studies in mice suggesting that oxidative stress and inflammation arising from ischemia-reperfusion injury contribute to initiating the immune response that gives way to CAV^{70–72}. One such study by Fukunaga et al. in 2020 showed that in a mouse model of CAV, knockout of Nrf2 (a regulator of cellular antioxidant responses) precipitated greater graft dysfunction and coronary luminal narrowing, whereas agonism of Nrf2 with sulforaphane helped protect against such effects⁷¹. When this evidence is considered in parallel with studies that show that immune recruitment and activation in the context of allograft injury follows complement deposition or endothelial cytokine release^{72,73}, it appears that endothelial cell activation due to either IRI or donor specific factors may lead to the induction of chronic inflammation. This is reinforced by serum samples studied in pediatric heart transplant (HTx) recipients: patients receiving HTx had increased levels of circulating IL-6, VCAM-1, ICAM-1, and thrombomodulin, with individuals with increased intima-media thickness (a marker for CAV) having further raised von Willebrand factor⁷⁴. Therefore, ways to mitigate endothelial activation throughout the transplant process and during follow-up may be valuable ways to hamper incidence and progression of CAV.

1.3 Introduction to ex-situ organ preservation

1.3.1 Static cold storage & its limitations

The ability to preserve organs for an extended period following procurement without loss of function represents the holy grail of organ preservation and has been the subject of many investigations in recent years. Static cold storage (SCS), a mainstay of organ transplantation, stores organs in a non-functioning manner at 4°C. The provision of hypothermia to the ischemic organ is done to 1) slow rates of metabolism which fuel processes that degrade vital cellular proteins, and 2) to slow the lysis of lysosomes containing autolytic enzymes⁵⁸. Though SCS is inexpensive and requires minimal effort and technical expertise, hearts may only be preserved for a maximum of 6 hours before the risk of primary graft dysfunction post-transplant becomes intolerable. This is despite the delivery of a cardioplegic solution that reduces oxygen consumption^{21,30,75,76}. Similarly, lungs which have been stored in this manner are used given that the preservation period is no more than 8 hours, though retrospective study has showed no significant difference in outcomes when preserved by SCS for 12 hours⁷⁷. The slowed onset of anaerobic metabolism via lessened metabolic requirements of the lungs and lingering oxygen within the alveoli can perhaps explain the lengthened period of viability in comparison to the heart during SCS. This can be taken as a suggestion that maintaining oxygen delivery to organs during storage can increase viability time; indeed, this is a valuable strategy discussed below. Nevertheless, given the cold ischaemic stress that thoracic organs are subject to during SCS, the method is not suitable for extended criteria nor DCD donations; their inability to tolerate further damage during cold storage and an inability to evaluate the functionality of the organ during storage present further limitations to this method^{23,78}.

1.3.2 Historical context of ex-situ heart perfusion

Preliminary studies by Wicomb *et al.* and Hassanein *et al.* in the 80's and late 90s respectively signaled a growing appreciation that preservation of the donor heart entailed keeping the organ supplied with continuous oxygenation as well as nutritional and ionic support^{79–81}. These initial studies, contrasting in their approach, exemplify the two main frontiers of heart machine perfusion: hypothermic machine perfusion (HMP), whereby the heart is kept at low temperatures in a non-working mode (Langendorff perfusion); or normothermic machine perfusion (NMP), whereby perfusion is undertaken at temperatures close to 37°C in either non-working or working modes. As with clinical protocols developed for the lungs, there is a variety of experimental and clinical approaches that are accompanied by a plethora of formulations of the perfusion circuit and perfusate composition and come with their own advantages and disadvantages. For ESHP, HMP was first investigated as an upgrade to static cold storage, with NMP being explored later in the history of the field of heart machine perfusion.

1.3.3 Hypothermic machine perfusion of the donor heart.

Generally, HMP keeps the ex-situ heart in a non-beating state, similar to SCS, typically at temperatures between 4-8°C. HMP quickly gained appreciation by investigators as an improvement over SCS, given that the heart could be maintained with more physiologic delivery of nutritional requirements and washout of metabolic wastes while still providing myocardial cooling⁸². Wicomb *et al.* demonstrated the potential for HMP to preserve donor hearts in the early 1980s. The group showed that pig hearts retained a level of cardiac output and stroke volume comparable to those of freshly excised hearts, being significantly preserved compared to hearts kept on classic SCS after 24h of preservation time⁸⁰. It was also noted in a canine model that oxidative stress as measured by 8-oxoG (a marker of ROS mediated DNA damage) was lessened during HMP⁸³. Further investigation showed that in comparison to SCS, HMP was shown to better preserve endothelial structure as marked by reduced levels of endothelin-1 (ET-1, a marker of endothelial damage), as well as a lack of microscopic ultrastructural damage observed after 4 hours of perfusion in comparison to SCS^{82,84}. Better ultrastructural characteristics were also shown in a comparison of hypothermic perfusion methods⁸⁵. Perfusion of porcine hearts for 4 hours resulted in lower lactate levels, reduced AMP/ATP ratios, and higher phosphocreatine/creatine ratio in addition to preserved functional parameters, suggesting that HMP provides superior metabolic outcomes to SCS⁸⁶.

Despite a plethora of evidence of superiority over SCS, the uptake of HMP into clinical use at first was limited for a few reasons. Formation of edema due to perfusion is a concern of this technique, given the fact that many studies have reported this^{80,83,85,87}. The formation of edema can compromise myocardial perfusion by increasing coronary vascular resistance, exposing cardiomyocytes to varying levels of oxygenation⁸³. Edema has also been associated with worsened diastolic function²². The episode of cold ischemia-reperfusion imposed by HMP may be unacceptable for some extended criteria or DCD donor organs, which are increasingly being utilized to meet organ demand^{22,23}. Another concern is that HMP, as with NMP, is a much more expensive and technically challenging method with regard to the mechanics of the circuit and perfusate. This was exemplified in some studies of HMP. Fitton et al. reported that only 60% of hearts being perfused by HMP were able to be successfully weaned from bypass⁸³. In a study by Wicomb *et al*, 6/10 hearts utilizing modified Krebs solution were functionally nonviable due to a complication with the perfusate, whereby the cause would be almost impossible to verify concretely due to the multiplicity of ingredients in the perfusate⁷⁹. Thus, the risk of edema and the introduction of a host of variables through HMP represented a great risk to reliability not mirrored by SCS, perhaps adding resistance to clinical uptake. A final disadvantage of HMP is a lack of continuous functional evaluation. Though some apparatuses may allow hearts to be transitioned into working mode for functional evaluation, most rely on periodic assessment by an intraventricular catheter, preventing real-time evaluation of the myocardial function. Further, measurements of function at low temperature or even after being rewarmed may not be entirely comparable to a heart kept at normothermia throughout preservation. This is an important consideration, given the fragile nature of extended criteria and DCD organs being increasingly utilized to widen the donor pool, which require close monitoring and management.

1.4 Normothermic machine perfusion of the donor heart

1.4.1 Normothermic machine perfusion vs. Hypothermic machine perfusion

In comparison to HMP, NMP keeps the heart in a semi-physiologic state at ~37°C. The provision of a working mode in which the left ventricle pumps against a physiological workload (afterload), has been achieved by our group, enabling functional parameters to be measured in real time by varying pump flow⁸⁸. However, clinical ESHP protocol such as the TransMedics Organ Care System[™] (OCS) protocol perfuse the heart in a non-working, unloaded state which precludes direct functional assessment⁸⁹. Hassanein and colleagues were among the first groups to publish on ex-situ heart perfusion at normothermia using a blood-based perfusate, finding that in comparison to SCS, hearts perfused at normothermia benefitted from preserved contractile, metabolic, and vasomotor function, with decreased edema formation over 12 hours⁸¹. Theoretically, NMP enables better preservation of donor organs than SCS, or even HMP as applicable to ESHP, by subverting the period of cold ischemia which perpetuates time dependent reperfusion injury and potential metabolic dysfunction at low temperatures. This allows better preservation of organs, especially those from extended criteria or DCD donors⁹⁰.

Beyond the ischemic insults that accompany procurement, NMP enables a suite of benefits that may be harder to realize on an HMP platform. NMP is more compatible with blood based perfusates in comparison to HMP. This compatibility is due to the fact that in hypothermic settings, blood must be diluted to prevent coagulopathies resulting from increased viscosity at low temperatures. Furthermore, the dissociation of oxygen from hemoglobin is attenuated at low temperatures, becoming indissociable at 12°C^{21,91}. Blood is thought to offer a more physiologic delivery of oxygen via red blood cells (RBCs) and has the additional nutritional and oncotic benefits of plasma components in comparison to synthetic solutions used in the setting of HMP^{21,92}. Near physiological metabolism at higher temperatures enables the prospect of dynamic, responsive management via pharmacological agents and hormonal support, an especially pertinent benefit for suboptimal donor organs^{21,93}. Normothermia, while complimentary to responsive management, also lends itself to reconditioning approaches working as intended given that gene expression profiles and the functioning of enzymes or proteins can be altered at cold temperatures. Increased temperatures also make it a better platform for delivery of novel gene therapies, whereby efficient viral delivery of the target gene is temperature dependent⁹⁴. Multiple groups have demonstrated that an ESHP setup at normothermia is able to facilitate thorough transgene delivery and expression throughout the heart using a luciferase expression system leveraging a cytomegalovirus (CMV) promoter^{94,95}. This reconditioning modality has been explored to a greater extent on the ex-vivo lung perfusion platform, with studies experimenting with IL-10 transgene^{96–98}; such studies are conducted at normothermia for this reason.

1.4.2 The clinical evidence for normothermic ex-situ heart perfusion.

NMP has been generally regarded as the most optimal temperature for which out of body preservation can be affected, with a suite of theoretical benefits compared to other perfusion temperatures as mentioned. Practically speaking, the provision of machine perfusion to the clinical sphere has also transformed transplant capabilities, with an abundance of clinical trial results published to demonstrate its practicality in effecting greater organ utilization. The only currently clinically available normothermic ESHP apparatus, the TransMedics OCS, has gone through an abundance of clinical study: non-randomized PROCEED I and PROTECT I trials were conducted in the USA and Europe respectively, comparing NMP using the OCS platform with traditional SCS. After, the PROCEED II prospective, multi-center, randomized trial established noninferiority of the OCS heart platform with SCS^{89,99}. Findings reported from the PROCEED II trial found that in comparison to hearts stored using SCS, there was no significant difference in adverse cardiac related events or 30-day graft survival, though there was a significantly increased out of body preservation time (5.4 hours on OCS vs. 3.2 hours of SCS)^{89,100}. While the designation of study endpoints in this trial precludes insight of the myocardial protection effected by NMP, it at least demonstrates its efficacy as a vehicle to effect greater transport distance of procured hearts while decreasing the period of cold ischemia, therefore benefitting organ utilization.

It was originally thought that lactate >5 mmol/L by the end of the run could provide sensitive and specific prediction of outcomes following perfusion¹⁰¹, however it was pointed out that a low lactate level does not necessarily preclude a high risk heart, as demonstrated by a case study by Stamp and colleagues^{102,103}. Experimental study by our own group has suggested a very strong correlation of functional parameters with myocardial viability during NMP rather than lactate, however this would require the OCS to support the excised heart in a loaded, working mode, which is a current limitation²¹. Regardless, more optimal predictors for graft performance following clinical machine perfusion that can be assessed before transplantation are warranted.

The OCS Heart EXPAND trial, which was a single arm study to assess the use of OCS within ECD heart transplantation also demonstrated the ability of the OCS to widen the heart donor pool¹⁰⁴. They reported that an additional 75/93 (81%) ECD hearts were successfully transplanted, with a mean OCS perfusion time of 6.35 hours and 30day and 6-month survival rates at 94.7% and 88% respectively¹⁰⁴. This is very favourable to the prospect of widening the donor pool, given that most ECD hearts would not be able to tolerate six hours of SCS. Further to widening the donor pool, additional study has been conducted for DCD heart transplantation as well: a randomized controlled trial comparing DCD transplantation using OCS preservation with DBD hearts preserved with SCS showed a high utilization rate (89%), with survival rates for DCD transplantees and grafts trending higher than control up to 1 year¹⁰⁵. This echoes earlier studies carried out utilizing normothermic regional perfusion by Messer and colleagues, which showed that DCD heart transplants did not significantly differ in terms of survival at 1 year, length of hospital stay, or adverse events related to the allograft¹⁰⁶. Therefore, there exists strong evidence to suggest that NMP is a powerful technique to not only increase the distance between potential donor-recipient pairs, but also to unlock extra supply of hearts via ECD or DCD transplants while retaining comparable patient/graft survival outcomes.

These are not the only benefits to be realized, as the OCS platform has also proven beneficial to complex congenital patients and left ventricular assist device (LVAD) recipients. Patients with multiple VAD implantations or congenital patients with complex cardiac anatomy pose a challenge for surgeons to navigate delicate mediastinal dissection quickly to explant the recipient's original heart, therefore increasing the amount of time the donor organ must wait on ice before implantation. However, with the OCS providing continuous metabolic support, performing surgeons can take their time to perform careful dissection without worrying about deleterious time-related cold ischemia pathology to the incoming organ^{107–109}.

1.5 A deep dive into functional decline during normothermic ex-situ heart perfusion.

Despite this potential, ESHP is currently limited by characteristic functional decline over the course of perfusion, which limits the post-procurement preservation period^{110,111}. The exact mechanism behind this process is unknown, however our group has been on the leading edge of investigation within this area. Our studies have revealed that functional decline during normothermic ESHP in the working mode is associated with an intermingling of dysregulated metabolism, oxidative stress, and inflammation¹¹². The evidence for each is discussed in the following sections.

1.5.1 The role of leukocytes and cell death in functional decline during ESHP

A variety of oxidative stress markers such as malondialdehyde (MDA) and global carbonylation and sulfonation of proteins are increased concomitantly with the concentration of reduced glutathione being reduced during ESHP¹¹³. While such oxidative stress markers could be resultant from CD68+ cell (a marker for macrophages, monocytes, and neutrophils) infiltration of the myocardium, observed during ESHP¹¹⁴, perfusion with a leuko-reduced perfusate resulted in neither a reprieve from decline in functional parameters, nor exacerbations in oxidative stress markers. In fact, leuko-reduction resulted in increased TNF- α concentration by mid-perfusion, increased protein carbonylation, and worsened dP/dT minimum preservation by late perfusion¹¹³. Additionally, working mode (WM) perfusion (which in comparison to non-working mode (NWM) has featured improved functional preservation, reductions in

NfKB activation and inflammatory cytokine expression, and oxidative stress) had a greater total leukocyte infiltrate compared to non-working mode perfusion¹¹⁴. Taken together, these results suggest that during ESHP, oxidative stress occurs within the heart and initiates inflammation, rather than the other way around; immune cells may perhaps even play a protective role during ESHP given that their loss displayed worsened biochemical and functional parameters in some regards.

An analysis of cell death following perfusion has found that the percentage of TUNEL positive cells (a marker for cell apoptosis) increases during ESHP, however the overall percentage in all groups was less than 1.5% of cells. This is corroborated with other markers of apoptosis such as cleaved caspase-3, apoptosis inducing factor (AIF) and CCAAT-enhancer-binding protein homologous protein (CHOP) trending towards increases during ESHP, but generally not being significantly increased¹¹⁰. It is concluded that the total amount of apoptotic cell death is not great enough to justify the degree of functional decline observed. However, it should be noted that though the degree of cell death may not directly explain the loss of functional output, this does not entirely rule it out as a potential contributor to the immune milieu that pervades ESHP. The kinetics of such cell death have not been characterized during ESHP. It is possible that following IRI, the increase in necrosis or apoptosis of cells within the myocardium is combatted by resident macrophages which serve to remove these cells^{115,116}, of which phagocytosis can occur within a matter of hours¹¹⁷. This would dampen the number of apoptotic cells observed following the end of perfusion. It has also been reported that in some instances, the TUNEL assay has failed to detect necrotic cells, presumably due to differences in how DNA cleavage occurs between apoptosis and necrosis^{118,119}. This preposition would additionally aid to explain the expansion of seemingly protective CD68+ cells within the myocardium that results following reperfusion and that their loss from the perfusate actually worsens preservation of some parameters. From this perspective, the heightened infiltrate of leukocytes during WM also associates with reduced appearance of cardiac troponin-I in perfusate during WM ESHP, suggesting that these cells could contribute to either prevention of further damage, or 'mop up' proteins (namely, DAMPs) that contribute to the immune milieu¹¹⁴. It is therefore possible that the actions of the myocardial resident immune cells, or even infiltrating

leukocytes from the whole blood perfusate, act to stabilize the consequences of ischemia-reperfusion injury once placed on the machine perfusion apparatus, rather than exacerbate them. This would also suggest that perhaps some of the cytokine evolution during ESHP is the result of resolving, rather than aggravating processes following IRI during machine perfusion.

In competition with this hypothesis, it should be considered that ischemia can induce membrane blebbing to shed cardiac troponin into the circulation without necrosis, with the degree of ischemia thought to increase blebbing^{120,121}. However, if the release of cardiac troponin-I in this manner is only dependent on the degree of ischemia apart from necrosis, it does not explain differences in NWM and WM hearts, given that in our studies they are subject to the same degree of ischemic time before reperfusion. Therefore, it may be possible that the release of cardiac troponin-I apart from necrosis is related more tightly to the degree of cellular stress rather than ischemia. More study is required with a more detailed consideration of cell death, and how inflammatory cytosolic proteins like cardiac troponin-I may be elicited during machine perfusion apart from it. Regardless, IRI and oxidative stress experienced during ESHP appears to prime these processes whether they arise from cell death or simply cellular stress.

1.5.2 The contribution of red blood cells to oxidative stress during ESHP

If leukocytes do not initiate oxidative stress during ESHP, the only other cellular perfusate-based component to consider would be RBCs. Breakdown of RBCs (referred to as hemolysis) experienced during normothermic ESHP is a consequence of interaction with artificial/manufactured components of the apparatus and is also observed in extracorporeal membrane oxygenation (ECMO) and cardiopulmonary bypass (CPB) as a complication^{122–125}. During ECMO, severe hemolysis has been emphasized as an independent predictor of mortality¹²⁵. Another study showed that simply the occurrence of hemolysis was associated with increased mortality, being higher in non-survivors¹²⁴. Given that hemoglobin (Hb) is filtered by the kidney, making it more susceptible to the toxicities described below, it has been shown to independently associate with kidney failure in pediatric ECMO¹²³. ESHP is no exception as an

extracorporeal apparatus; in fact, the organ is theoretically more susceptible to such an insult given the lack of continuous support of the other organs that would be present during CPB or ECMO like the kidney and liver. Further, the burden of cytotoxicity is not spread between many organs and tissues as it would be in CPD and ECMO. In ESHP, it is solely focused within the lone organ being perfused.

Hemolysis is an incredibly oxidative and inflammatory occurrence. When RBCs break, they release free Hb. Once released, Hb, and particularly the iron stored within its heme molecules, no longer benefits from the reducing environment of the RBC, enabling tetrameric Hb to both dissociate into alpha-beta dimers and become oxidized¹²⁶. Such dimers readily translocate across endothelial barriers to accumulate within membranes and interstitial spaces, and act as potent nitric oxide scavengers to mediate impairments in vasodilation^{126,127}. Reaction of Hb with nitric oxide oxidizes Hb into methemoglobin (metHb), which further promotes the release of free heme. Heme acts as a damage signal, binding to inflammatory toll-like receptors that can prompt NfKB activation on endothelial cells¹²⁸. Heme also intercalates into lipid membranes whereby its iron can catalyze the oxidation of the cell membrane to form lipid peroxides; this promotes membrane permeability and activates signalling to trigger inflammation¹²⁹. Indeed, hemolysis is a feed-forward process since free heme undermines the integrity of intact RBCs, triggering them to release their own free heme. Apart from the liberation of free heme, breakdown of hemoglobin into such metabolites is a major contributor of free iron that, though mitigated by transferrin found in the plasma, reacts with hydrogen peroxide to produce potently toxic hydroxyl radicals via the classic Fenton reaction^{126,129,130}.

Hemolysis is typically mitigated in-vivo by the presence of acute phase proteins from the liver such as haptoglobin and hemopexin. These proteins scavenge the freed hemoglobin to prevent interim toxicity¹³¹ before transporting it to processing systems: haptoglobin captures free hemoglobin and transports it to CD163+ macrophages of the reticuloendothelial system for processing. Hemopexin similarly complexes free hemoglobin but instead transports it to the liver for uptake via CD91^{126,129}. Once these two scavenging systems are exhausted, albumin as a last stand is capable of binding

free heme and is known to be uptaken into cells via CD71 and acted on by hemeoxygenase-1¹³².

Regarding the ESHP apparatus, such detoxifying mechanisms that handle the excessive hemolysis are not present, therefore the byproducts of hemolysis are free to wreak havoc on the isolated organ. Indeed, we have shown that during perfusion, the amount of plasma free hemoglobin rises steadily over the course of perfusion and is elevated by using whole blood versus a dilute whole blood perfusate; this is associated with increased nitrotyrosine (a marker of peroxynitrite formation) and protein carbonyl content within the coronary arteries of hearts perfused with whole blood versus dilute whole blood versus dilute amount of a greater amount of red blood cells contributes to oxidative stress within the vasculature.

1.5.3 Observed metabolic dysfunction during ESHP: linkage to oxidative stress

The current approach to substrate provision during ESHP is to provide postprandial (post-meal) levels of glucose and insulin. The only clinically approved TransMedics OCS Heart perfusion protocol calls for the addition of 80 IU of insulin to the perfusate⁸⁹, constituting a final concentration of >50 IU/L which is significantly greater than even physiological post-prandial serum insulin of up to 0.3 IU/L. This represents a metabolic outlay during ESHP similar to diabetic individuals and may contribute to metabolic dysregulation in a similar fashion to that observed in diabetic cardiomyopathies¹³⁴. Results from our own model utilizing post-prandial glucose and insulin have shown that the heart experiences disturbances in glycolytic pathways which limits energetic efficiency of glucose. This has been corroborated by a study from another group¹³⁵. During ESHP, glucose uptake increases over time, yet myocardial oxygen consumption declines¹¹⁰. Following ESHP, the activity of pyruvate kinase, a rate limiting enzyme for flux into the tricarboxylic acid (TCA) cycle, is decreased¹¹⁰. This suggests that the use of glucose for high energy oxidative phosphorylation is impaired.

Concomitantly, there is a transition from glucose oxidation towards anabolic pathways such as the pentose phosphate pathway (PPP) and hexose biosynthesis

pathways (HBP), evidenced by increased glucose-6-phosphate dehydrogenase activity and protein O-GlcNacylation (markers of flux through the PPP and HBP respectively) during ESHP¹¹³. These results suggest that the heart may experience an energydeplete state as it diverts metabolism away from glucose oxidation towards combatting oxidative stress. Indeed, reduced glutathione (the heart's main anti-oxidant) is decreased during ESHP¹¹³, perhaps as a result of perpetual oxidative stress while isolated on the ESHP platform¹³⁶. While diversion of glucose towards the PPP can produce anti-oxidant reduced glutathione, it may also stimulate oxidative stress by providing substrate for NADPH oxidases, which generate ROS¹³⁷. Provision of pyruvate during late perfusion resulted in a partial reversion in the loss of cardiac index during ESHP¹¹⁰, perhaps through a bypass of the glycolytic and PPP/HBP pathways to feed directly into glucose oxidation. This is supported by another study comparing glucose and pyruvate supplementation during hypothermic ESHP, concluding that pyruvate more efficiently contributed to the TCA cycle¹³⁵. Therefore, we surmise that provision of substrates that can contribute directly to oxidative phosphorylation during ESHP have great potential to limit oxidative stress and ameliorate associated functional decline.

It is well appreciated that donor organs being preserved ex-situ suffer from steady functional decline, contrasted by the observation that donor organs, once attached to the circulatory system of a recipient, last for weeks to years. The marriage of the perfusatory apparatus and the circulatory system of a live animal during cross circulation has gained much attention for its ability to recondition donor lungs, and has also been investigated in the heart^{138–141}. In a landmark study by Hozain *et al.*, human lungs unsuitable for transplant were reconditioned over 24 hours of xenogenic cross-circulation, with PaO₂/FiO₂ ratios increasing a mean of 135 mmHg to a mean of roughly 320 mmHg, marking a significant increase in functional recruitment and thus transplantability¹⁴⁰. They report significantly reduced inflammatory cytokines within the bronchoalveolar lavage (BAL), decreased tissue infiltrate of neutrophils, decreased apoptosis score on histology, and a significant reduction in serum P-selectin (a marker for endothelial damage). Similarly, hearts subjected to continuous xenogenic cross-circulation benefitted from increased ex-situ viability time, reported to be up to 3 days, associated with significantly decreased edema formation¹³⁹. Despite these fascinating
results, either group reports no discrete mechanism for the observed functional improvements.

There are two hypotheses for the mediated functional benefit to the donor organ in this setting: one, cross-circulation of the plasma allows for function-deteriorating molecules to be filtered out as a consequence of the live animal's hepatorenal system; and two, molecules supplied to the plasma by the introduced body system (eg. nutrients, hormones etc.) maintain vasomotor tone as well as endothelial and parenchymal tissue integrity such that function of the donor organ is better maintained throughout perfusion^{138,139}. Given that physiologic maintenance of organ function *in-vivo* is the consequence of homeostatic mechanisms facilitated by organ-organ interactions, it is a small leap to assume that each of these hypotheses likely contributes to the observed benefit during ex-situ organ perfusion.

Research is ongoing to decipher the molecules being either subtracted from or added to the perfusate. Hemofiltration shows much promise as an approach to investigate the subtractive hypothesis, as important substrates can be monitored over time within the perfusate and hemofiltrate and associated with functional benefits, without confounding additions by unknown sources, as would be the case with cross-circulation. For ESHP, Johnson *et al.* reports that in comparison to controls, hearts subjected to continuous hemofiltration during ESHP showed decreased edema, reduced histological damage scoring, and a lack of increase in coronary resistance. It may be that hemofiltration removed edema-inducing factors which decreased coronary occlusion, therefore mitigating anaerobic respiration and myocardial damage over the course of the run¹⁴². The prospect of hemofiltration in combatting induced edema has also been studied in the context of the lungs, where hyper concentration of the perfusate by continuous hemofiltration without fluid replacement was able to mediate up to a third reduction in gained lung fluid, though did not affect P/F ratios¹⁴³.

Another hypothesis, alluded to by Nilsson and colleagues, is that hemofiltration may be able to remove free hemoglobin released by hemolysis during perfusion¹⁴³. They point out that free hemoglobin is able to scavenge nitric oxide, inhibiting its ability to induce vasodilation; thus, a removal of free hemoglobin by the hemofilter may explain

the lack of increase in coronary resistance observed during continuous hemofiltration of donor hearts ex-situ^{144,145}. It is also known that free hemoglobin is a cellular toxin, mediating oxidative stress, endothelial cell injury, and inflammation in settings of high hemolysis¹⁴⁶. This sentiment is echoed in cross-circulation of donor hearts, whereby blood based cross-circulation was reported to yield higher injury scores on histology than plasma only cross-circulation despite little other reported differences¹³⁸.

Washout of cytokines, and perhaps inflammatory damage associated molecular patterns (DAMPs), by either hemofiltration or xenogenic cross-circulation may contribute to their affects on perfused organs. This explanation seems particularly applicable in the study by Hozain et al., given that the steady decrease of inflammatory cytokines as measured in bronchoalveolar lavage (BAL) along with reduced leukocyte infiltrate could be most associated with the functional benefit to the lung during cross circulation¹⁴⁰. This is reinforced by other studies, whereby cytokine adsorbers utilized to sequester the inflammatory milieu were associated with improved lung function, edema formation, and reduced incidence of PGD following EVLP^{147,148}. It is also known that DAMPs, also released during IRI, steadily increase over the course of EVLP, and are associated with increased TNF- α secretion as a downstream result of DAMP induced signalling^{149,150}. It has also shown that M30 and high mobility group box-1 protein (HMGB-1) are significantly increased during EVLP in a group of lungs with PGD grade III¹⁵¹. These results are yet to be shown during ESHP. Perhaps the deleterious effects of these circulating inflammatory mediators can be averted by their removal during continuous hemofiltration, resulting in better control of inflammatory processes during ex-situ preservation. A more detailed biochemical characterization of the metabolic, inflammatory, and oxidative profile of cross-circulated and hemofiltered thoracic organs is warranted to identify potential mediators of these functional changes. Such identified mediators of functional deterioration during ex-situ perfusion would become obvious targets to effect longer and higher quality preservation of all donor organs, perhaps even beyond the lungs or heart.

1.6 Conclusion

Heart failure is an escalating threat that is best combated by transplantation, however the supply of donor organs with which we can utilize to provide gold-standard treatment are limited by logistics and pathology incurred during transport. Out of body organ perfusion apparatuses such as ESHP are an exciting venue to improve viability time with the additional prospects of facilitating suboptimal donor organ inclusivity and even reconditioning donor organs through focused treatment via the platform. The field must first overcome the mechanisms that pervade functional decline on the platform, which will require in depth study and optimization of perfusion strategy. Hypotheses regarding the effects of subtraction or addition of substrates in the perfusate in order to effect greater functional preservation during ex-situ organ perfusion suggest that there is a great deal left to study in terms of perfusate composition. What substrates must be present, in what quantities, and which must be removed or limited? Given our previous work ruling out leukocytes as a blood-based contributor to the immuno-oxidative milieu that pervades functional decline, the current thesis explores components of the blood and plasma as parts of the perfusate that could be leveraged to investigate mechanisms behind functional decline during ESHP. Through manipulating the amounts of these components in the perfusate, we provide a variety of insights that can be explored as remediators of functional decline and damage endured during ESHP, with additional relevance to other extracorporeal perfusion systems that utilize blood.

1.7 Hypotheses

In the current thesis, the hypotheses I hope to explore are as follows:

- **1.** Functional decline cannot be ameliorated via the provision of increased oxygen delivery during normothermic ex-situ heart perfusion.
- Increasing hematocrit during ex-situ heart perfusion will exacerbate functional decline by increasing unmitigated hemolytic burden.
- Plasma proteins can provide beneficial effects to the preservation of the vasculature during ex-situ heart perfusion; dilution of such proteins facilitates endothelial dysfunction.

1.8 References

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Chapter 2: Elevation of perfusate hemoglobin exacerbates functional decline during ex-situ heart perfusion through hemolysis

The following chapter is currently in preparation for publication in a peer-reviewed journal.

2.1 Abstract

Background:

Ex-situ heart perfusion is a novel technology which may enable better functional preservation of hearts for transplant compared to traditional cold storage. However, hearts suffer functional deterioration during perfusion. The optimal Hb values required during ESHP are not clear: it is generally assumed that higher Hb concentration provides a benefit during normothermic ESHP. The purpose of the current study was to assess the effect of Hb concentration on functional preservation during ESHP. We hypothesized that increased levels of hemoglobin within the ESHP circuit would predispose the heart to increased hemolytic burden.

Methods:

The hearts of Yorkshire pigs weighing 45-55 kg were procured and subject to 11 hours of perfusion on an ESHP apparatus capable of working mode perfusion. Hearts were allocated to one of four groups: concentrated blood (CB, ~12 g/L, n=4), whole blood (WB, ~8 g/L, n=6), plasma (~4 g/L, n=6), and control group (~4 g/L, n=5). To achieve the desired Hb levels, the circuit was primed with donor animal WB and combined with either packed red blood cells (in CB group), donor plasma obtained via centrifugation of donor whole blood (in plasma group), or modified Krebs-Heinseleit buffer with bovine serum albumin in the control group to achieve desired hemoglobin levels. Heart weight was recorded before and after perfusion. Perfusate ion concentrations were measured via arterial blood gas analysis, with samples acquired for later biochemical analysis. Functional measurements were recorded bi-hourly (1-hour post-reperfusion (T1), T3, T5, etc.) and compared between groups. A variety of hemolytic markers such as cell-free hemoglobin, transferrin saturation, and perfusate potassium were monitored over time. One- or two-way analysis of variance with Tukey's post-hoc test were used to determine whether statistically significant differences between groups were present.

Results

Hearts allocated to the CB group experienced increased rates of functional decline, with percent of baseline cardiac index (mean at T11, CB vs. Control: 20.6% vs. 75.3%,

p<0.05), stroke work (mean at T11: 17.0% vs. 58.1%, p<0.05), and left ventricle dP/dT maximum (mean at T11: 30.7% vs. 68.9%, p<0.05) and minimum (mean at T11: 26.0% vs. 80.9%, p<0.05) dropping significantly more compared to control by late perfusion. This was mirrored in cardiac troponin-I measurements in the perfusate over time, which were increased in the CB group (mean at T11, 99.1 vs. 28.7 ng/mL, p<0.05). Hearts within the CB group did have an initially increased MVO₂ (mean at T1: 8.6 vs. 3.0 mL O_2 /min/g, p<0.05) which paired with initially increased cardiac output, however this declined over the course of perfusion. The CB group displayed significant increases in markers of hemolysis compared to control, such as perfusate potassium (mean at T11, 9.1 vs. 6.2 mmol/L, p<0.05), cell-free hemoglobin (at T11, 3.7 vs. 1.9 g/L, p<0.05), and iron binding capacity saturation (at T11, 227% vs. 115%, p<0.05) compared to controls.

Conclusion

While increasing perfusate hemoglobin can raise myocardial oxygen consumption and cardiac output during working mode ESHP, functional decline is exacerbated by hemolysis over the course of perfusion. Hemolysis and saturation of plasma iron binding capacity may contribute to the oxidative milieu present during ESHP. Mitigation of hemolytic byproducts may enable improved preservation during prolonged ESHP.

2.2 Introduction

Ex-situ heart perfusion (ESHP) is an advanced technology for the transportation of donor hearts, marking a significant improvement over static cold storage by facilitating greater donation distance and accommodating for extended criteria or DCD hearts¹. Whilst static cold storage can in simple fashion preserve donor hearts for around 4-6 hours of out of body time^{2–4}, successful transplantation following 10-11 hours of normothermic heart perfusion have been reported⁵, showing the efficacy of ESHP. In the TransMedics Organ Care System (OCS) clinical trials^{6,7}, it was noted that ESHP yielded a significant increase in out of body time with non-inferior post-transplant outcomes whilst also facilitating greater utilization of marginal criteria hearts. Despite these encouraging results, our group and others have documented functional decline that coincides with ESHP^{8,9}. While being a concerning phenomenon for clinicians in terms of post-transplant success, decline effectively caps out of body time of the organ, representing a barrier to further widening of the transplantation bottleneck.

Identifying optimizations to various aspects of the perfusion apparatus are likely to mitigate functional decline on the platform. The perfusion solution or 'perfusate' is a major opportunity for improvement, given that it hosts a plethora of variables that are ripe for optimization. Currently, the TransMedics OCS uses donor whole blood to constitute its perfusate¹⁰. Donors can be anemic and may require hemodynamic support with fluids, leading to hemodilution¹¹. Since the perfusion apparatus requires a large volume of blood (roughly 1.5 litres) to constitute the perfusate which may necessitate supplementation with buffer, this may mitigate optimal oxygen delivery. Some experimental apparatuses, including our own, have used a mixture of buffer (Krebs-Heinseleit buffer supplemented with albumin) and donor animal blood, constituting lower than physiological levels of hemoglobin^{9,12}. Therefore, one may surmise that functional decline could result from inadequate oxygen delivery to the isolated organ over the course of perfusion. Addition of blood products to the circuit have been trialled, however have not been successful due to untenable ionic derangements^{13,14}.

Previously, we have shown that for short term perfusion (up to 5 hours of working mode), whole blood versus dilute whole blood (1:1 donor whole blood with albuminated Krebs-

Heinseleit buffer) does not appear to impact functional preservation¹⁵. We have also shown that whole blood in comparison to blood substitutes provides the most optimal preservation of ultrastructure on histology¹⁶. However, whether elevation of hemoglobin and therefore oxygen delivery can ameliorate functional decline, especially over longer periods, is unclear.

In the use of a blood based perfusate, oxygen delivery must be balanced with the potential for hemolysis to occur over the course of perfusion. Therefore, we hypothesized that elevation of hematocrit would boost oxygen delivery, however would also lead to worsened accumulation of hemolytic byproducts during perfusion. We show in the following work that concentration of the blood based perfusate via the addition of packed RBCs from a cell saver surprisingly leads to worsened functional decline, which associates with elevations in cell-free hemoglobin in the perfusate.

2.3 Methods

2.3.1 Procurement Surgery

Following approval from the University of Alberta Animal Care and Use Committee (AUP00000943), Yorkshire pigs weighing 45-55kg (16-18 weeks of age) were subject to heart procurement surgery, as previously described¹². Following sedation using 20 mg/kg of ketamine and 0.6 mg/kg of atropine and intubation with mechanical ventilation using 1-2% sevoflurane, a 6F fluids catheter was placed into the internal jugular vein. A minimal volume (<500mL) of PlasmaLyte A was delivered during the course of surgery prior to procurement to avoid hemodilution.

Following placement of the fluids line, 1000 U/kg of heparin was delivered intravenously. A midline sternotomy was performed, and a two-stage venous cannula was placed into the right atrium. Blood was collected as outlined in the experimental groups below to formulate the perfusate of the circuit. A cardioplegia needle was then placed in the ascending aorta; ~100mL of blood was collected to complete the Del-Nido cardioplegia solution. The animal was then euthanized by exsanguination and cardioplegia was delivered, then the heart was procured. The heart was weighed following excision to get the pre-perfusion weight. The time between exsanguination and reperfusion on the perfusion apparatus (in minutes) was recorded as the ischemic time.

2.3.2 Experimental Groups

Four groups differing in perfusate formulation during ESHP were established, with hearts being allocated to each experimental group. The 'control' group (designated the control as the historically used perfusate condition¹²) had a perfusate consisting of 800mL of collected donor whole blood mixed with 800mL of modified Krebs Heinseleit buffer with 8% albumin, as used previously^{12,17} (ingredients in Supplementary Table 1). The 'whole blood' (WB) group had a perfusate consisting entirely of collected donor whole blood. The 'concentrated blood' (CB) group, the circuit was primed with 800mL of donor whole blood. The rest of the animal's blood was then run through a cell saver (LivaNova Xtra, LivaNova Cardiopulmonary, United Kingdom) to obtain a red cell concentrate that was added to the whole blood prime to achieve a

hemoglobin of ~12-13 g/dL. To establish the 'plasma' group, the circuit was again first primed with 800mL of donor whole blood. The rest of the donor animal's blood was collected and centrifuged at 1500g for 30 minutes in 50mL falcon tubes, with ~800mL of plasma added back to the whole blood prime.

2.3.3 Perfusion Apparatus & Procedure

A custom ESHP apparatus was constructed as previously described¹². In brief, a membrane oxygenator (Capiox FX25, Terumo Cardiovascular) and heat exchanger, reservoir (custom), two centrifugal pumps (Medtronic), and an arterial line filter (Medtronic AF100) connected with tubing are used as components for the ESHP circuit. The heart rests on a custom-made silicone pad with an embedded magnet that attracts a magnet cannula sewn directly into the left atrium following heart procurement. The aortic arch and pulmonary artery are secured to cannulas integrated within the silicone pad with silk ties. Pump RPM of both the aortic (Ao) and left atrial (LA) centrifugal pumps supplying the respective cannulas are controlled by computer software, enabling both non-working mode and working mode perfusion modes to be achieved. Flow of both the LA pump and coronary return line (from the pulmonary artery cannula) are measured using flow sensors (Transonic Systems Inc.), with pressure from various parts of the perfusion apparatus being measured by pressure transducers. All data is fed into a custom software which displays pressures and flow rates in real time, enabling the calculation/measurement of key cardiac functional parameters.

Physiologic working mode is established by computerized control of LA pump rounds per minute (RPM), which adjusts according to the instantaneously sensed left atrial pressure (LAP) to maintain a desired LAP set by the user (6 mmHg in this study). Measurements of perfusate oximetry as well as ionic and metabolite concentrations (eg. lactate, glucose) are measured regularly using arterial blood gas analysis (Radiometer ABL, Denmark). During perfusion, glucose (25% w/v) is infused to target concentrations of 6-10 mmol/L. Insulin (2U/hr) and dobutamine (5 mcg/min) are also infused for hormonal support.

Following heart procurement, the magnet cannula was sewn into the LA on the backtable and the heart is then fastened to the silicone pad via this magnet; the aorta

and pulmonary arteries are attached to the appropriate cannulas and reperfusion is commenced at a mean aortic pressure of 30 mmHg and LAP of ~0 mmHg to achieve non-working mode perfusion (constituting 'time 0', T0). Non-working mode perfusion is held for the first hour. A heat exchanger is used to gradually rewarm the perfusate and heart to 38.5°C (porcine body temperature) during this hour. Following 1 hour into perfusion (denoted T1), hearts are transitioned into working mode perfusion by gradually increasing the desired LAP on the computer software (up to 6 mmHg). Afterwards a pigtail catheter is introduced into the left ventricle via a sheath cannula placed in the subclavian artery following procurement to enable LV pressure sensing. Baseline functional measurements including heart rate, systolic, diastolic, and mean pressure, LV dP/dT maximum and minimum, left atrial flow (representing cardiac output during working mode), stroke work, and coronary flow are recorded at T1, then every two hours afterward until T11. At each functional measurement (T1, T3, T5, etc.), arterial and venous blood gas measurements are taken as well as a sample of the perfusate for downstream analyses. Following T11, the heart is dismounted, weighed, and right and left ventricle samples of the heart are excised and flash frozen in liquid nitrogen before being stored at -80°C.

2.3.4 Data Analysis

Formulae

The formulae used for calculation of cardiac functional parameters are as follows:

$$Weight \ Gain\ (\%) = \frac{Heart\ Weight\ Final - Heart\ Weight\ Initial}{Heart\ Weight\ Initial} * 100\%$$
$$Cardiac\ Index\ (mL/min/g) = \frac{Left\ Atrial\ Flow\ (mL/min)}{Initial\ Heart\ Weight\ (g)}$$
$$Indexed\ Coronary\ Flow\ (mL/min/g) = \frac{Coronary\ Blood\ Flow\ (mL/min)}{Initial\ Heart\ Weight\ (g)}$$
$$Oxygen\ Extraction\ (\%) = \left(1 - \frac{CvO_2}{CaO_2}\right) * 100\%$$

$$MVO_{2}\left(\frac{mL O_{2}}{min * g}\right) = \frac{\left((CaO_{2} - CvO_{2}) * Coronary Blood Flow (mL/min)\right)}{Initial Heart Weight (g)}$$

 $CaO_{2} \text{ or } CvO_{2} = \left(1.34 \, \left(\frac{mLO_{2}}{g\,Hb}\right) * Hb \, \left(\frac{g}{dL}\right) * \frac{O_{2} \, sat \, (\%)}{100\%}\right) + 0.00289 \, \left(\frac{mLO_{2}}{100 \, mL * \, mmHgO_{2}}\right) * O_{2} \, (mmHg)$

Where CaO₂ uses ABG data from an arterial sample, and CvO₂ uses a venous sample.

2.3.5 Experimental Assays

Assessment of biochemical parameters in the perfusate were accomplished via commercial kits: Total NO_x (Abcam, ab65328), Total Iron Binding Capacity (TIBC) and serum iron (Abcam ab239715), and cardiac troponin-I (Life Diagnostics Inc. CTNI-9-HS) were measured via the referenced kits according to manufacturer instructions. Assessment of supernatant (cell-free) hemoglobin was accomplished via colorimetric determination in plasma using Drabkin's reagent.

2.3.6 Comparisons & Statistics

Data is displayed in figures and tables as mean ± standard error of the mean (SEM) error bars. Intergroup differences were compared using one- or two-way repeated measures analysis of variance (ANOVA) with multiple comparisons accounted for by Tukey's multiple comparison test. An adjusted p-value <0.05 was considered a statistically significant difference.

2.4 Results

2.4.1 Heart Characteristics

Intergroup differences (Table 1) in ischemic time, post-procurement weight, and weight difference (%) were negligible (p>0.05). While non-significant in comparison to the control group, there was a trend towards greater weight gain in the CB group and lower weight gain in the plasma group (p<0.05 between CB group and plasma group). Achieved hemoglobin was expectably greater in the whole blood and concentrated blood group, with means of run averages of 9.7 and 13.2 g/dL, respectively (p<0.05 each in comparison to control).

2.4.2 Myocardial Metabolism

Myocardial oxygen consumption (MVO₂, Figure 2.2A) was significantly elevated in comparison to control in the CB group compared to control during early perfusion (T1, T3, T5, p<0.05). WB perfusion also elevated MVO₂, however this was not statistically significant compared to control group until mid-late perfusion (T5, T7, T9, p<0.05). Plasma group showed a similarly elevated MVO₂, however this was only statistically significant at T5 (mean 4.4 vs. 2.1 mL/min/100g, p<0.05). Expressed as a percentage of baseline (Figure 2.2B), no groups were statistically significant in comparison to the control group however WB group trended towards greater preservation of MVO₂ during late perfusion.

Glucose was kept within post-prandial ranges during the course of perfusion, being kept between 5-10 mmol/L (Figure 2.5). Lactate appeared to initially decrease within the plasma, WB, and CB groups at T3 in comparison to the control group, which elevated from its baseline value at T1 (mean lactate at T3: 4.9 vs. 2.1, 1.2, 1.1 for PL, WB, and CB groups respectively, p<0.05 each). Lactate trends appeared to increase thereafter, with plasma group but not control group having significantly greater lactate levels than the WB or CB group by T11 (p<0.05).

2.4.3 Myocardial Function

Cardiac indices (Figure 2.1A) were initially significantly elevated in WB, CB, and to a lesser extent in PL perfusion groups in comparison to control, which remained significant for various periods across perfusion: PL group was significantly elevated until T3, CB group until T5, and WB group until T9 (p<0.05). Taken as a percentage of the baseline value at T1 (Figure 2.1B), the CB group had a significantly decreased percent of baseline value compared to control by T9 and T11 (mean at T9: 82.0% vs. 27.7%, T11: 75.3% vs. 20.6%, p<0.05 each). Stroke work (Figure 2.1C) trended towards a similar pattern as cardiac index however was not statistically significant between the groups at any point; CB group vs. control group approached significantly decreased within the CB group compared to control group at T7, T9, and T11 (p<0.05 each). Similarly, LV dP/dT max and min preservation (Figures 2.1E, 2.1F) was significantly decreased in the CB group compared to control at T9 and T11 (p<0.05 each).

2.4.4 Vascular Outcomes

In each group, indexed coronary flow (iCF) trends (Figure 2.3A) appeared to elevate from its T1 value before gradually trending downwards; this was most apparent in the CB group. iCF was significantly elevated compared to control in the CB group at T1, remaining elevated until T7; WB group iCF was elevated at T3 and remained elevated until T11 (p<0.05). PL group trended towards an elevated iCF compared to control however this was not statistically significant at any time point. Oxygen extraction (Figure 3B) generally decreased over time, and appeared to be decreased in the WB and CB groups compared to the control group, being statistically significant from the control group at most time points. Levels of nitrite and nitrates (NO_x, Figure 2.3C) steadily increased over the course of perfusion. In the CB group, levels of nitrates/nitrites were significantly higher at T5 and T11 in comparison to the control group (p<0.05).

2.4.5 Hemolytic Markers

Perfusate potassium (Figure 2.4A) elevated over the course of perfusion in all groups, however perfusate potassium was significantly greater in the CB group compared to the control at T3 onwards (p<0.05); the WB group was significantly greater than the control group at T9 onwards (p<0.05). PL group trended towards being elevated in comparison to the control group however was not statistically significant at any time point. Supernatant (cell-free) hemoglobin (Figure 2.4B) was significantly raised within the CB group at T5 and T11 compared to control (p<0.05), ending at a mean value of 3.7 g/L. No other group was statistically different compared to control. When cell-free hemoglobin was taken as a percentage of total hemoglobin (percent hemolysis, Figure 4C), by T11 the WB group had the lowest percent hemolysis (1.48%) followed by CB group (2.85%), both significantly lower than the control group (4.29%, p<0.05 each).

Perfusate total iron binding capacity (TIBC) and serum iron was assessed at T11 in all groups. TIBC was significantly increased in the WB group and trended towards increases in the CB and plasma groups (Figure 2.6A). Serum iron was significantly elevated compared to control in the WB group and the CB group, with CB group having the highest mean serum iron (264.6 μ mol/L). Assessing the TIBC saturation found that all groups hovered at approximately 100% TIBC saturation except for the CB group, which had a mean saturation of 227% and was significantly increased from each of the other groups (p<0.05).

2.4.6 Cardiac Troponin-I

Cardiac Troponin-I (cTn-I) in perfusate increased over time in all groups, becoming significant compared to the control in the CB group, WB group, and plasma group by T5 and remaining elevated by T11 (Figure 2.7). The CB group had the greatest cTn-I concentration at both T5 and T11 (66.4 ng/mL and 99.5 ng/mL respectively).

2.5 Discussion

We hypothesized that increasing hematocrit within the ESHP circuit would lead to increased hemolytic byproducts being developed over the course of perfusion. Indeed, we saw that within the CB group that function declined most rapidly over the course of perfusion: preservation of baseline cardiac index, stroke work, and LV dP/dT min and max were significantly reduced by late perfusion. MVO₂, while initializing at increased levels, dropped precipitously in the CB group. Greater decline of function in this group coincided with the development of cell-free hemoglobin that was significantly elevated by T5 in the CB group in comparison to the control group. Perfusate potassium levels grew at an increased pace in the CB group, followed by the WB group, indicating that potassium-rich red blood cells were breaking down. These results suggest that hemolysis is an important phenomenon to mitigate during ESHP and more generally, ex-situ organ perfusion utilizing blood based perfusate. Without mechanisms to handle the breakdown of blood-based perfusates, an 'upper limit' to organ preservation is set as continuous hemolysis steadily deposits toxic byproducts into the perfusate that become a barrier to efficacious preservation.

One such byproduct of hemolysis, apart from free heme, is free iron. We show here that by late perfusion, all groups were roughly 100% saturated in iron binding capacity with the CB group especially suffering from iron overload. Free iron is readily uptaken by L-type calcium channels and contributes to the cytoplasmic labile iron pool¹⁸. While longitudinal iron exposure typically leads to dilated cardiomyopathy in the intact organism, acute exposures during ESHP likely contribute to the oxidative stress endured (particularly lipid peroxidation) through Fenton-type reactions¹⁹. This implies that bolstering iron sequestration capacity during ex-vivo organ perfusion with blood based perfusates can be a valuable strategy to lessen oxidative burden over longer term perfusion. This could also be accomplished via a hemofiltration-based strategy. A variety of studies from the Bartlett laboratory^{20–22} have reported the ability to extend ESHP for up to 24 hours using plasma exchange, whereby hemofiltered volume is replaced by fresh frozen plasma (FFP). While a resource intensive method (using 1 mL per hour per gram of heart tissue²¹ which for 24 hours of perfusion in a 280 gram heart

would be nearly 6.7 liters of FFP), the removal of hemolytic byproducts and serum iron may explain the method's ability to effectively prolong perfusion time.

The presence of free iron within the perfusate during late perfusion and presumably increased labile iron within the cytoplasm of ex-situ perfused hearts has implications for cell death, via ferroptosis. Lipid peroxide formation and depletion of reduced glutathione within the cell, which we have detected evidence of both in ex-situ perfused hearts¹⁷, have been suggested to precipitate ferroptosis²³. As opposed to traditional apoptosis, ferroptosis is not characterized by the cleavage of DNA or chromatin condensation, but rather permeabilization of the cell membrane and dissipation of mitochondrial membrane potential²⁴. Previous attempts to characterize the degree of cell death, explaining why a low degree of apoptotic cell death was observed within ex-situ hearts perfused for prolonged periods⁸. Ferroptosis also yields the release of arachidonic acid mediators, which have also been detected via metabolomics studies in ex-situ perfused hearts⁹. Further investigation into the contribution of iron overload and ferroptosis to functional decline in the context of ex-situ heart perfusion is warranted, and may prove to be another targetable phenomenon to effect improved myocardial preservation.

Note that for the CB group, a cell salvage device was used to concentrate the perfusate with packed red blood cells. It is known that mechanical cell salvage devices reduce RBC deformability and 2,3-DPG content²⁵, indicative of damage sustained, likely due to intense mechanical stress experienced during suction and high-speed centrifugation in the machine²⁶. While this process itself does not lyse the RBCs, it appears to predispose them to lysis as they are circulated through the ESHP apparatus. While one might expect given these cellular lesions that the CB group would have the highest proportion of RBCs lysed, we found that the plasma and control groups appeared to have a greater percentage of hemolysis. This may suggest that increased perfusate viscosity can be protective against hemolysis on the platform, but nonetheless the most important endpoint is cell-free hemoglobin, which was highest in the CB group.

This has implications for the use of blood products during ESHP. Given that stored RBC units are susceptible to the storage lesion that presents similarly to the mechanical

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damage endured during cell-salvage, this would suggest that products stored for longer periods of time may be unsuitable for application to this context. In studies purporting supplementation of ex-situ heart perfusion with blood products, the main hurdles have been the immediate hyperkalemia and hypocalcemia that result^{13,27}. Likewise, we found that hyperkalemia manifested within the CB group.

While elevation of hematocrit would certainly boost oxygen delivery, we did see that MVO₂ appeared to be increased by increasing hemoglobin concentrations in the system: within the CB group, by T1, MVO₂ was significantly increased and trended towards increases in the WB group. Simultaneously, cardiac index in both the WB and CB groups were significantly elevated, with indexed coronary flow also elevating in each in comparison to control. This suggests that increasing oxygen delivery by way of elevating hematocrit can boost functional performance during ESHP following the transition to working mode (note that hearts had an hour to acclimate to perfusate conditions during rewarming), indicating that hemodilution with buffer may cut oxygen delivery needed for better performance. However, this increased output during ESHP did not necessarily lead to better functional preservation, as the control group still trended towards the highest preservation of baseline function by the end of perfusion despite having the lowest actual cardiac index values. This may suggest that oxygenation provided by increased hematocrit in the CB group was feeding oxidative processes rather than being allocated to cardiac metabolism.

Interestingly, the plasma group also seemed to have similar elevation in function akin to the WB and CB groups, albeit to a lesser degree, despite having similar achieved hemoglobin levels. This suggests that other substrates that are a part of the plasma, but not Krebs-Heinseleit buffer, contribute to influencing this change. A likely candidate is free fatty acids: the processed bovine serum albumin with which the KHB is composed are devoid of fatty acids, however the albumin derived from the plasma is likely to have conjugated free fatty acids bound. We have noted previously that during ESHP in conditions similar to the control group in the current study, free fatty acids are readily consumed before T5⁸. Reconstituting the circuit with a greater amount of free fatty acids, this may have elevated early perfusion output via increased substrate provision.

Whether increased performance during ESHP correlates with better post-transplantation outcomes is yet to be studied, given that clinical ESHP platforms do not currently have the capability to directly measure myocardial function during perfusion²⁸. While we have previously shown that functional parameters such as stroke work better correlate with myocardial performance over metabolic ones such as lactate and MVO₂²⁹, these are not yet correlated with post-transplant success. The variation in initial cardiac indices in our study as a result of differing perfusate compositions at least suggests that substrate availability influences performance on the apparatus. This means that the context (ie. the perfusate conditions) in which the heart is placed needs to be accounted for should performance markers like cardiac index be associated with post-transplant success.

One could reason that an elevated metabolic state without the proper support during ESHP is likely to fuel maladaptive processes (eg. oxidative stress, as we have associated with functional decline previously¹⁷) that lead to worsened tissue preservation and presumably worsened outcomes following transplantation. We have shown previously that initial elevations in myocardial work during ESHP due to a hanging versus supported orientation of the heart led to swifter decline in function: perfusion of hearts oriented in a hanging/suspended fashion started off with greater cardiac index, but also declined significantly more than supported hearts³⁰.

The notion of substrate availability as a context for myocardial performance during ESHP is supported by the lactate levels we observed between the groups: at T3, we saw that in the control group, there was a significant elevation in lactate that did not appear to be tied to glucose levels. This suggests that an elevated metabolic state, as denoted by the trends towards greater MVO₂ and cardiac output in groups other than the control group, influences lactate levels. Lactate has been shown in clinical settings to be a predictor of transplant success³¹, however this has been under contention³². Presuming that substrates such as free fatty acids are in shorter supply within the control group as compared to the blood groups which run out before mid-perfusion, this may suggest that lactate evolution in the perfusate is subject to free fatty acid availability, rather than pathologic anaerobic metabolism as postulated by the canonical understanding of lactate biology. Given these hearts operated at a higher output during

early perfusion, this would presumably accelerate glycolytic flux which would create demand for pyruvate, leading to comparatively increased lactate consumption in the blood and plasma groups.

Nonetheless, the lack of association with functional decline is consistent with our previous studies which have shown that lactate correlates poorly with myocardial performance²⁹, and clinical studies that show that even a low lactate can fail to predict transplant success⁵. If this were the case, we should have observed within the CB group that lactate evolution would dominate given that this group declined the most functionally. However, we saw that its lactate levels were identical to that of the WB group. This would suggest lactate is heavily influenced by metabolism rather than the result of processes that mediate permanent damage to the heart.

A much more correlable perfusate marker to myocardial functional decline would be cardiac troponin-I (cTn-I), which we found here to be especially elevated in the CB group. Interestingly, in the plasma group cTn-I appeared to be significantly elevated as well. This may be related to the reperfusion procedure: whilst the rest of the animal's blood was being centrifuged, the hearts in the plasma group were being reconstituted on an apparatus which had very low priming volume, requiring reperfusion to commence at lower pressures. This may have mediated an extended warm ischemic time which contributed to elevated cTn-I. It is also possible that increased metabolism in these groups also mediated elevations in cTn-I, given that all of the groups with elevated cTn-I also had higher cardiac index at early perfusion. This would suggest that maladaptive metabolic processes contribute to a state of myocardial stress; this requires further study.

In our study, we showed that as hemoglobin elevates, coronary flow also increased. In all groups, by T3 there was an elevation in coronary flow which may suggest loss of tone, presumably due to ischemia-reperfusion injury. Nonetheless, one would expect that as hemoglobin within the system increases, coronary flow would decrease since oxygen demands of the heart can be satisfied with equivalent flow. This is provided that performance stays constant, but performance of the heart initially was increased in all groups compared to control, denoted by elevated cardiac index and trends towards

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increased MVO₂ which were significant at various points across the perfusion. As alluded to above, this suggests that myocardial performance is limited in the control group by the availability of metabolic substrate in the perfusate. In the CB group, MVO₂ was greater than the WB group however did not have significantly greater coronary flow or performance, or lower oxygen extraction, suggesting that at physiologic hemoglobin levels, demand for oxygen is satisfied; however, it begs the question what the oxygen being consumed was going towards. This may have been over-oxygenation which could contribute to the formation of oxidative stress which may have contributed to the functional decline observed.

We did see that in the CB group that indexed coronary flow initially increased similarly to the WB group, but after peaking steadily decreased, unlike the WB group. This may be suggestive of the severe hemolysis occurring that appeared by T5, as cell-free hemoglobin is known to be a scavenger of nitric oxide. We also measured that there was increased levels of nitrates and nitrites within the perfusate in the CB group which may suggest that an especially pro-oxidative environment is abrogating nitric oxide signalling and therefore vasodilation. However, there is no significant difference between the WB group and the CB group in terms of NO_x. It may be that a greater degree of NO oxidation occurred within the tissue rather than the perfusate, given that peroxynitrite is highly reactive agent. Therefore, nitrosylation of proteins could be assessed to see whether this occurred and may have contributed to dysfunction in vasodilation in the CB group versus the WB group.

2.5.1 Limitations

Despite hemolysis as a consequence to functional preservation being an important conclusion we were able to draw from elevating hematocrit, excessive hemolysis in the CB group prevented us from assessing the hypothesis that elevated oxygen delivery could mitigate functional decline over the course of perfusion. We did see that in the WB group, which was less influenced by hemolytic outcomes, that MVO₂ preservation trended towards increases during later perfusion, however this did not coincide with increased preservation of cardiac index or stroke work. This suggests that hemolysis
contributes to functional decline, and can predominate if severe, but other contributing processes are at play.

Another limitation of the current study was that differences in perfusate viscosity due to altered hematocrit cannot be controlled for. However, this is unavoidable given that viscosity changes in tandem with blood hematocrit³³.

Another limitation is that our model utilizes hearts from pre-pubescent female pigs, precluding analysis of sex mediated responses to the experimental conditions. Finally, it should be noted that our model is 'minimally damaging', given that hearts are not subject to the catecholamine storm that would be endured by hearts donated within the clinical setting in DBD or DCD scenarios³⁴. Therefore, the preservation times in this study are somewhat idealized, but this can also be seen to lessen the potential for our experimental variable, hemoglobin concentration, to be confounded.

2.6 Tables & Figures

Experimental Group	Control (n=5)	Whole Blood (n=6)	Concentrated Blood (n=4)	Plasma Group (n=6)
Ischemic Time (min)	21.5 (1.1)	21.2 (1.5)	22.7 (0.9)	20.8 (0.7)
Post-procurement heart weight (g)	240.8 (12.5)	246.7 (6.9)	236.8 (9.0)	225.9 (4.8)
Post-perfusion heart weight (g)	307.8 (17.3)	313.3 (7.5)	319.5 (16.4)	277.5 (13.6)
Weight gain (% increase)	27.9 (3.4)	27.3 (3.3)	34.9 (3.8)	22.5 (3.7)
Achieved Hb (g/dL)	4.7 (0.2)	9.7 (0.3)*	13.2 (0.3)*	4.8 (0.3)

 Table 2.1. Procurement and perfusion parameters, presented as mean (SEM).

*=p<0.05 vs. control via ANOVA with Tukey post-hoc test.



Figure 2.1. Myocardial functional parameters over the course of perfusion, from 1 hour post-reperfusion (T1) to 11 hours post-reperfusion (T11). **A)** Cardiac Index, **B)** Cardiac Index Preservation (percentage of T1 over time), **C)** Stroke work, **D)** Stroke Work Preservation, **E)** Left Ventricular dP/dT Minimum, **F)** Left Ventricular dP/dT Maximum. Displaying mean ± SEM error bars, *=p<0.05 compared to Control.



Figure 2.2. A) Myocardial oxygen consumption (MVO₂), **B)** MVO₂ Preservation (percentage of T1 value). Displaying mean ± SEM error bars, *=p<0.05 compared to Control.



Figure 2.3. A) Indexed Coronary Flow, **B)** Oxygen Extraction, **C)** Perfusate Nitrites and Nitrates (NO_x). Displaying mean ± SEM error bars, *=p<0.05 compared to Control.



Figure 2.4. Hemolytic markers from perfusate. **A)** Perfusate potassium, **B)** Supernatant (cell-free) hemoglobin (Hb), **C)** Percent hemolysis (percentage total Hb which is supernatant Hb). Displaying mean \pm SEM error bars, *=p<0.05 compared to Control.



Figure 2.5. Perfusate glucose and lactate measured by ABG. **A)** Glucose, **B)** Lactate. Displaying mean ± SEM error bars, *=p<0.05 compared to Control.



Figure 2.6. **A)** Total iron binding capacity (TIBC), **B)** serum iron, and **C)** transferrin saturation of perfusate at T11. Displaying mean ± SEM error bars, *=p<0.05 compared to Control.



Figure 2.7. Cardiac troponin-I in perfusate. Displaying mean \pm SEM error bars,

*=p<0.05 compared to Control.

Supplementary Tables

Reagent	Final Concentration (mmol/L)		
Glucose	10		
Sodium Chloride (NaCl)	85		
Potassium Chloride (KCI)	4.6		
Sodium Bicarbonate (NaHCO ₃)	25		
Sodium Phosphate, (NaHPO ₄)	1.2		
Calcium Chloride (CaCl ₂)	1.25		
Magnesium Chloride (MgCl ₂)	1.2		
Sodium Pyruvate	5		
Sodium Acetate	10		
Bovine Serum Albumin (BSA)	8% w/v		

Supplementary Table 2.1: Ingredients for modified Krebs-Heinseleit Buffer.

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Chapter 3: The impacts of fluids provision & plasma components on coronary functionality during ex-situ heart perfusion

The following chapter is currently in preparation for publication in a peer-reviewed journal.

3.1 Abstract

Background:

Ex-situ heart perfusion (ESHP) enables improved preservation of donor hearts during transit compared to cold storage. However, alongside a loss of heart function during ESHP, a loss of coronary vascular resistance (CVR) is also observed, a marker of endothelial dysfunction. We have noted previously that perturbations of the endothelial glycocalyx, a structure implicated in regulation of vasomotor tone, occur during ESHP, especially when whole blood perfusate is diluted with manufactured buffer. During the studies featured in the previous chapter, we observed that control runs provided a low amount of crystalloid fluid during procurement appeared to be saved from development of supraphysiologic coronary flow. In the current chapter we analyze coronary flow rates from historical ESHP runs wherein a high degree of crystalloid fluid was given, comparing them to newer ESHP runs in which either low amounts of fluids have been provided during procurement or plasma proteins have been supplemented within the perfusate during ESHP.

Methods

Hearts were procured from yorkshire pigs weighing 45-55 kg and perfused for 11 hours on an ESHP apparatus capable of working mode perfusion. Hearts were perfused with either a 1:1 mixture of donor animal whole blood (WB) and plasma (Plasma group, n=6), 1:1 mixture of WB and Krebs-Heiseleit buffer (KHB) with 16% bovine serum albumin (hi-ALB group, n=5), or 1:1 mixture of WB with KHB with 8% bovine serum (Low Fluids). Each of these groups were provided <500mL of crystalloid fluid during procurement. These were compared to historical ESHP runs (denoted High Fluids group, n=6) in which it was noted that ~2.5 litres of crystalloid fluid was provided during procurement. Functional measurements and arterial blood gas analysis were carried out bi-hourly and compared between groups. Markers of endothelial glycocalyx breakdown such as syndecan-1 and hyaluronan were assessed using enzyme-linked immunosorbent assay (ELISA).

Results

There were few differences in functional preservation between the groups. The Plasma group started off at higher mean cardiac index values compared to Low Fluids group (10.8 vs. 7.3 mL/min/g, p<0.05), and trended towards higher initial stroke work. Indexed coronary flow was significantly raised from all groups within the High Fluids group from T3 onwards, continuing to rise throughout perfusion. Perfusate hyaluronan at T0 was significantly raised in the High Fluids group compared to Low Fluids group. Hyaluronan raised in the Low Fluids group by T5 but remained low in the hiALB and Plasma groups (in ng/mL, hiALB 72.9 vs. plasma 81.6, low fluids 442.1 & 297.3 for low fluids and high fluids respectively; p<0.05 for each of hiALB and Plasma vs. low fluids). Syndecan-1 trended towards higher values in both the Low Fluids and High Fluids groups compared to Plasma and hiALB at perfusion start (in ng/mL: 17.4, 17.8, 4.3, 2.5 respectively), but was not statistically significant.

Conclusion

Early disturbances marked by deposition of certain endothelial glycocalyx components within the perfusate during ESHP perhaps due to fluid provision during procurement are associated with supraphysiologic coronary flow during ESHP. Provision of plasma proteins, either by direct provision of donor plasma or supplementation of buffer with albumin, can ameliorate glycocalyx damage during early perfusion (up to 5 hours). This suggests the importance of plasma components in preservation of vascular integrity during ESHP.

3.2 Introduction

Vascular preservation is an important consideration during ex-situ heart perfusion (ESHP). As the interface between the perfusate and the tissue, the endothelium plays a significant role in regulating flow and acting as a barrier to the formation of edema, which is of concern in machine perfusion settings, especially hypothermic ESHP¹. Beyond acute effects observed immediately following machine perfusion, cardiac allograft vasculopathy (CAV) is a severely limiting factor in regard to graft longevity following transplantation, with almost 50% being diagnosed with this currently incurable condition by year 10 post-transplant². The exact mechanism behind CAV is unknown, but it is thought to be a disease of the endothelium lensed by both immunologic and non-immunologic risk factors, including acute conditions experienced during the transplant process³. Modulation of the interface between the circulating perfusate and the donated organ's vasculature during machine perfusion could therefore be an important strategy to better preserve vascular health, and mitigate the development of post-transplant pathology such as acute rejection and CAV. The ESHP platform is an excellent opportunity to apply therapeutic regimes and strategies to bolster graft function post-transplant¹.

Indeed, markers of endothelium damage are present during ESHP. In previous studies we have noted that coronary vascular resistance appears to be progressively lost during ESHP, leading to supraphysiologic coronary flow that is uncoupled from myocardial performance⁴. In a physiological setting, one would expect that coronary flow adapts to meet the metabolic demands of the myocardium⁵, however in the setting of ESHP, coronary flow has been observed to increase whilst myocardial function declines⁶. This inability to appropriately regulate flow suggests that damage is sustained to the coronary endothelium, presumably by the immuno-oxidative milieu that pervades machine perfusion settings and the onset of ischemia-reperfusion injury^{7,8}.

Linking together these observations is an endothelial structure called the endothelial glycocalyx (EGX). The EGX is as a protruding mesh of both plasma- and endothelium-derived proteins, glycoproteins, and proteoglycans found between the lumen and endothelial cells. The structure protrudes into the vessel lumen, with many key functions relevant to observations made during ESHP: 1) it has been shown to act as a flow mechanotransducer, enabling endothelial sensing of flow to trigger vasoactivity through regulating nitric oxide production^{9,10}, 2) it forms a size-exclusionary and charge selective barrier that contributes to endothelial permeability, and 3) it houses vasculo-protective anticoagulant and antioxidative enzymes that dock within the structure¹¹. Disturbance of the EGX leads to the release of its components such as syndecan-1, hyaluronan, heparan sulfate, etc. into the circulation, which is the primary way that EGX damage is detected. Indeed, the EGX is known to be sensitive to inflammation & oxidative stress (such as that produced by ischemia-reperfusion injury)¹², and therefore liable to the conditions endured during ESHP⁸.

In this chapter, as a type of secondary analysis I compared ESHP which were given a large amount of crystalloid fluid during procurement to runs in which minimal fluids were provided, or whereby the perfusate is supplemented with plasma proteins from either donor plasma supplementation or albumin supplementation via the perfusate. I show preliminarily that coronary resistance is impaired between runs with high or low fluids during procurement. Supplementation of plasma proteins either by donor plasma or albumin via the perfusate during ESHP appeared to ameliorate glycocalyx component deposition at early time perfusion periods. This lends support to the hypothesis that impaired coronary vascular resistance during ESHP may be the result of glycocalyx breakdown, and can be influenced by fluids during procurement preceding the immuno-oxidative milieu present during ESHP⁸.

3.3 Methods

The relevant methodology for ESHP and data analysis is described in Chapter 2. Under ethics approval AUP00000943, animal usage, heart procurement and machine perfusion procedure and apparatus are all identical for the experiment described in this chapter. The only difference in methods is the establishment of groups, outlined below.

3.3.1 Experimental Groups

The 'high fluids' group (n=6) describes runs from 2018-2019 in which a high degree of fluids (2.5-3L of lactated ringers saline) were provided during the procurement

process. The 'low fluids' group (n=5) was fluids restricted during procurement, using at most 500mL of PlasmaLyte A. The Plasma (n=6) and high-albumin (hiALB, n=5) groups were also fluids restricted, again using at most 500mL of PlasmaLyte A. In the plasma group, a whole blood prime (800mL) was used to reperfuse the heart whilst blood was centrifuged at 1500g for 30 minutes in 50mL falcon tubes, with ~800mL of plasma being added back to the whole blood prime. The high albumin group is similar to the 'low fluids' group however instead of using modified KHB with 8% w/v BSA, 16% w/v BSA was used instead (see Supplementary Table 1 for modified KHB ingredients). All groups were perfused for nearly 12 hours on the custom ESHP apparatus outlined in Chapter 2, with measurement of functional variables and sampling procedures remaining the same.

3.3.2 Experimental Assays

Perfusate biochemical markers were measured using kits. Cardiac troponin-I was evaluated using a kit from Life Diagnostics Inc. (CTNI-9-HS); hyaluronan using a kit from Echelon Biosciences (K-4800); syndecan-1 using a kit from Abcam (ab46506). Manufacturer instructions were followed for each kit.

3.3.3 Data Analysis & Comparisons

Variables such as weight gain, cardiac index, indexed coronary flow, oxygen extraction, and MVO₂ are calculated as described in Chapter 2 methods. The 'low fluids' group was designated as the control group for which all groups were compared to.

Data is displayed in figures and tables as mean ± standard error of the mean (SEM) error bars. Intergroup differences were compared using one- or two-way analysis of variance (ANOVA) with multiple comparisons accounted for by Tukey's multiple comparison test. An adjusted p-value <0.05 was considered a statistically significant difference.

3.4 Results

3.4.1 Heart Characteristics & Weight Gain

Initial heart characteristics and weight gain are presented in Table 3.1 and Figure 2.1. There were no significant differences in weight gain between any of the groups (p>0.05, Figure 3.1), however weight gain in the Plasma and hiALB groups trended towards lower values (Mean: Plasma, 22.5%; hiALB, 19.7%; Low Fluids, 27.9%).

3.4.2 Functional Results

Cardiac index within the Plasma group was significantly greater at early time periods (T1, T3) in comparison to the Low Fluids group (p<0.05). Cardiac index preservation (%) was significantly decreased (p<0.05) compared to Low Fluids group at T11 in the Plasma group (Figure 3.2B). While not significant, stroke work (Figure 3.2C) similarly trended towards greater values at early perfusion (T1, T3, T5). Otherwise, markers of cardiac function did not significantly differ between groups.

3.4.3 Myocardial Metabolism Markers

As previously noted, myocardial oxygen consumption (MVO_2) trended towards higher values in the plasma group at all time points, and was statistically significant (p<0.05) in comparison to the Low Fluids group at T5 (Figure 3.3A). All groups' MVO_2 appeared to decrease over the course of perfusion. Mean lactate in the high fluids group appeared to remain stable between 3-4 mmol/L. Lactate was only significantly different from the low fluids group in the plasma group at T3 (p<0.05, Figure 3.3B). Glucose was kept within 5-10 mmol/L and was relatively stable within this range, with no statistically significant differences present at any timepoint (Figure 3.3C).

3.4.4 Coronary Flow and Oxygen Extraction

In all groups but the high fluids group, indexed coronary flow appeared to peak at T3 before decreasing back to levels near baseline. Indexed coronary flow was significantly increased in the high fluids group compared to the low fluids group at all time points (Figure 3.4A). This associated with a trend towards decreased oxygen

extraction in the high fluids group, which was significant in comparison to the low fluids group at T3, T7, and T9 (Figure 3.4B).

3.4.5 Perfusate Biomarkers

Levels of hyaluronan, syndecan-1, and cardiac troponin-I were measured within the perfusate at T0 (baseline), T5 (mid-perfusion), and T11 (late perfusion). Hyaluronan was significantly increased within the high fluids group even at baseline in comparison to the low fluids group (Figure 3.5A). In the hiALB and Plasma groups, hyaluronan levels were significantly decreased (p<0.05) in perfusate at T5 in comparison to the low fluids group. Hyaluronan in all groups elevated by T11, however there was no significant intergroup differences at this timepoint.

For syndecan-1, there were no significant differences at any timepoint however syndecan-1 trended towards elevations at baseline in both the low and high fluids groups in comparison to the hiALB and Plasma groups (Figure 3.5B). The low fluids group appeared to have a decreasing syndecan-1 content over time.

Cardiac troponin-I elevated over time in all groups, significantly moreso (p<0.05) in the Plasma and High Fluids groups in comparison to Low Fluids and hiALB groups (Figure 3.5C).

3.5 Discussion

We observed that between the High Fluids (>2.5L) and Low Fluids (<500mL) groups coronary flow was significantly increased at all points across the perfusion period. Similarly, the Plasma and hiALB groups, which also had low fluids (<500mL) provision during procurement, presented similar coronary flow patterns across an extended period of ESHP. While cardiac functional output was unchanged between any of the groups except for plasma, which as previously discussed may be the result of increased free fatty acid provision, this profound difference in coronary flow suggests that the degree of fluids provision during procurement can influence coronary flow once on the ESHP apparatus.

Since the EGX is known to participate in vessel tone regulation, we hypothesized that disturbance of the EGX may mediate the striking differences in coronary flow observed here. As a dynamic structure which forms a Le-Chetalier-like equilibrium with components within the plasma¹³, it is also sensitive to hemodilution. It has been shown that plasma proteins such as albumin interact at the lumen-endothelial barrier and actually forms part of the EGX mesh, contributing to its negative charge and stabilizing the other proteins that compose its structure^{11,13}; addition of fluids in surgical scenarios has been shown to increase the levels of circulating EGX markers in serum¹⁴. Indeed, we saw that in the group provided a higher amount of fluids during procurement that hyaluronan was significantly elevated within serum at the very beginning of perfusion (T0); syndecan-1 trended towards higher values initially in the low and high fluids groups, being lower in plasma and hiALB groups.

We have observed previously in a comparison between dilute whole blood and whole blood perfusate during short perfusion times (<6 hours), which would also differ in the degree of EGX stabilizing plasma proteins present, that coronary blood flow ended up increased in the dilute blood group, with higher levels of hyaluronan deposition and increased levels of cTn-I during perfusion⁶. An unpairing between coronary flow and left ventricular stroke work was observed within dilute blood group perfusion, signalling an inability to regulate coronary vascular tone⁶. Outside of our research group's results, hearts that during ESHP underwent plasma exchange featured a greater coronary

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vascular resistance over the course of perfusion¹⁵. The preliminary results shown here reinforce that replenishment or disturbance of plasma proteins during ESHP impacts coronary tone regulation.

Interestingly, loss of the glycocalyx has thus far been associated with vasoconstriction given that the glycocalyx is thought to control flow-mediated tone via activation of eNOS and subsequent NO production¹⁶. In this manner, loss of the glycocalyx is anticipated to result in vasoconstriction. However, studies which have identified the EGX to regulate tone through NO production have been conducted invitro, typically using cultured cells^{16–18}. Evidence in the context of ESHP has thus far shown that conditions which disturb the glycocalyx seem to be associated with the effect of mediating increased coronary blood flow, with replenishment of plasma proteins having the opposite effect. It should be noted that the glycocalyx does takes up considerable space within resistance mediating arteries, stretching up to micrometeres into the vessel that can be observed on histology as a zone of RBC exclusion from the lumen-endothelial interface¹¹. Via Poiseuille's equation, which states that at a constant pressure difference across a vascular bed (the ESHP runs featured here are at a constant perfusion pressure of 40 mmHg), even small increases in vessel radius (that could be yielded by glycocalyx loss) can mediate large increases in flow. Further, studies that have focused on EGX mediated vasodilation via NO production are isolated from the inflammatory and altered metabolic conditions that pervade ESHP, therefore it is likely that many interacting effects on the coronary vasculature are at play to produce the results observed here.

Nonetheless, the fact that provision of increased amounts of plasma proteins via plasma or albumin supplementation in the perfusate could reduce hyaluronan deposition suggests an approach to protect the EGX (and presumably, the endothelium) during ESHP. This may be a modality with which vascular outcomes and rejection processes following transplantation can be mitigated, as the EGX can influence the vascular permeability of allo-antigens through the endothelium, recruitment of leukocytes, and hosts a variety of vasculo-protective enzymes¹¹. In the field currently, there are few efforts to provide vasculo-protection during ESHP, in favour of

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preservation of myocardial performance for which vasculoprotection and myocardial performance are anticipated to go hand in hand. Provided that the low fluids condition in comparison to the high fluids condition was able to reduce cTnl levels independently of myocardial performance during ESHP suggests these two areas do not necessarily go hand in hand during ESHP. More study is required to better characterize how fluid conditions act upon coronary vascular resistance and overall vascular protection during ESHP.

3.5.1 Limitations

As these are preliminary results for consideration that require further study and characterization, there are some limitations that should be noted. Firstly, the High Fluids group and Low Fluids group ESHP runs were accomplished by different personnel at different periods in our research group's experience with heart procurement and management during ESHP. While care has been taken to ensure that discrepancies in methods are minimized, this could factor into the differences observed here. Different fluids were used between the High Fluids and Low Fluids groups (Lactated Ringers vs. PlasmaLyte A). This should not affect the interpretation regarding the relationship between EGX disturbance and plasma protein availability, as these are both crystalloid fluids lacking any plasma components. Nonetheless, it is a notable difference in treatment between these groups.

3.5.2 Future Directions

While it follows that lower fluids provision during heart and blood procurement before ESHP would lead to less dilution of circulating plasma proteins in the perfusate, since plasma protein supplementation was only experienced by some hearts after reconstitution on the ESHP apparatus, this did not allow us to assess whether plasma protein supplementation during ESHP could ameliorate potential vascular disturbances from high fluids provision during procurement. In the future, another experimental group whereby high amounts of crystalloid fluid are provided during procurement followed by reconstitution of the heart in a high plasma protein perfusate (such as that in the hiALB group) during ESHP could show us whether the elevated coronary flow phenotype is reversible during ESHP. Alternatively, albumin could be removed from the KHB to see if hemodilution once on the ESHP apparatus can influence coronary flow. If coronary flow is influenced in either of these scenarios, would lend greater credence to the proposition that ESHP could be used as a platform for focused vascular protection/reconditioning via plasma protein supplementation.

There are a variety of assays that could be carried out to better elucidate the relationship between EGX disturbance and the striking difference in coronary flow between the High Fluids and Low Fluids groups. Assay of the nitric oxides produced in the perfusate would provide insight into whether NO production is impaired through glycocalyx disturbance in this setting. Characterization of vasodilatory factors related to high fluids provision (for example, atrial natriuretic peptide¹⁹) would also be insightful.

3.5.3 Conclusion

Provision of a high amount of fluids during heart procurement seems to produce robust differences in coronary vascular resistance during ESHP. Concomitantly, high fluids appeared to mediate disturbance in hyaluronan, indicating that high fluids provision could mediate damage to the vasculature to predispose these differences. More study is required, though the results here suggest the importance of plasma proteins during ESHP.

3.6 Tables & Figures

Experimental Group	Low Fluids	High Fluids	hiALB	Plasma (n=6)
Ischemic Time	21.5 (1.1)	21.5 (1.2)	21.0 (1.2)	20.8 (0.7)
(min)				
Post-procurement	240.8 (12.5)	250.2 (10.6)	251.1 (5.6)	225.9 (4.8)
heart weight (g)				
Post-perfusion	307.8 (17.3)	315.5 (9.8)	300.4 (7.9)	277.5 (13.6)
heart weight (g)				
Achieved Hb	4.7 (0.2)	4.7 (0.1)	4.6 (0.2)	4.8 (0.3)
(g/dL)				

 Table 2.1. Procurement and perfusion parameters, mean (SEM).

*=p<0.05 vs. low fluids via ANOVA with Tukey post-hoc test.



Figure 3.1. Percentage weight gain of hearts subject to ESHP. Displaying mean ± SEM error bars.



Figure 3.2. Myocardial functional parameters over the course of perfusion, from 1 hour post-reperfusion (T1) to 11 hours post-reperfusion (T11). **A)** Cardiac Index, **B)** Cardiac Index Preservation (percentage of T1 over time), **C)** Stroke work, **D)** Stroke Work Preservation, **E)** Left Ventricular dP/dT Minimum, **F)** Left Ventricular dP/dT Maximum. Displaying mean ± SEM error bars, *=p<0.05 compared to Low Fluids.



Figure 3.3. Myocardial metabolic markers. A) Myocardial oxygen consumption (MVO₂),
B) perfusate lactate concentration, C) perfusate glucose concentration. Displaying
mean ± SEM error bars, *=p<0.05 compared to Low Fluids.





Figure 3.5. Endothelial glycocalyx breakdown markers and cardiac troponin-l concentrations in perfusate. **A)** Hyaluronan concentration, **B)** Syndecan-1 concentration, **C)** Cardiac troponin-l concentration. Displaying mean ± SEM error bars, *=p<0.05 compared to Low Fluids.

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Chapter 4: Summary and Future Directions

4.1 Summary, Future Directions, and Discussion

Through the work presented in this thesis, I emphasize here the importance of perfusate optimization, specifically with regard to blood components such as red blood cells and plasma proteins, as an important frontier for improvement within ex-situ heart perfusion and more broadly, machine perfusion of donor organs in general.

In chapter two, I show that by increasing the hemoglobin content within the perfusate via clinically relevant means that this predisposes the ex-situ heart to an increased level of hemolytic burden, which associates with quickened functional decline. Hemolysis is an unavoidable phenomenon in machine perfusion settings utilizing blood-based perfusates. As a toxicity that accumulates within the perfusate over time, if undealt with, it undoubtedly sets an upper limit on preservation time. Hemofiltration of the perfusate to continuously remove released free hemoglobin from hemolysis seems like a valuable approach to mitigate this process, as has been done recently^{1,2}, however the imposition of continuous hemofiltration requires an ideal replacement fluid to be infused concomitantly that is reminiscent of what is being lost via the hemofilter. The most ideal fluid to infuse would be fresh frozen plasma isolated from the donor. Though, this is resource intensive towards the blood bank, with costliness rising with the length of preservation required. On the other hand, use of an artificially produced replacement fluid perpetuates the limitations imposed by manufactured buffers, utilized in the context of machine perfusion to supplement volume. These buffers do not perfectly recapitulate donor plasma, leading to increasing washout of potentially key plasma proteins. Further study is needed to define the most optimal manufactured buffer that can be utilized for ESHP such that hemofiltration approaches are subtracting unwanted substrates without

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removing those necessary for efficacious preservation. This is much easier said than done given the multiplicity of variables at play and the effects of perfusate ingredients across the tissue, from the myocardium to the coronary vasculature.

We surmise that the increased rate of functional decline in hearts subject to high hemolytic burden is due to the exacerbation of oxidative stress, with the induction of oxidative stress during ESHP seeming to be a central molecular paradigm for functional decline on the platform³. It is possible that aside from hemolysis, an increased provision of oxygen carriers in the perfusate through concentration of RBC content led to over-oxygenation of the tissue, perhaps contributing to oxidative stress. The difference in functional preservation in this setting provides us the opportunity to investigate molecular differences that can be associated with functional decline, such as oxidative stress markers. As a future direction, it should be confirmed that in hearts experiencing increased rates of functional decline that these hearts are also experiencing heightened amounts of oxidative stress induction. This would reinforce that interventions that mitigate contributors to oxidative stress are likely to make preservation on the ESHP platform not only lengthier, but also more efficacious.

There are implications here for the importance of red blood cell quality during ESHP as well. By utilizing the cell saver, the mechanical manipulation of the blood presumably reduced its quality leading to its lysis over time⁴. In this regard, should prolonged perfusion to the period of days to weeks be accomplished, it seems pertinent that the red blood cells within the blood based perfusate will also require tending to or replacement. Given that only so much blood volume can be taken from the donor (an especially limiting factor if you consider that there are platforms for the other

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transplantable solid organs as well), making the perfusate itself modular and interchangeable, like an 'oil change' would be an interesting future direction from this work. Any interventions to the perfusate that focus on providing resistance to the red blood cells to deterioration during ESHP would also be a welcome improvement.

The importance of plasma proteins within the perfusate during ESHP is implied through the analyses displayed in chapter three. It appears that when an increased amount of fluids are provided that would dilute plasma proteins that this predisposes hearts to development of concerning supraphysiologic coronary flow rates during ESHP. Such would be the case with hemofiltration, as alluded to above. In chapter three I suggest that the endothelial glycocalyx may be an important player in this phenomenon given its sensitivity to fluid loading conditions and functions its structure mediates when intact. I show preliminarily that disturbance to the endothelial glycocalyx (that is increased by fluids provision) can be prevented through artificial supplementation of the perfusate buffer with increased concentrations of plasma proteins. Given that this was a comparison to historical runs that were conducted within a different era of our research group's experience with ESHP, a study whereby it is the primary aim to vary plasma protein concentrations within the perfusate and determine the corresponding effect on coronary flow rates and endothelial glycocalyx disturbance is needed.

However, given that plasma proteins act to preserve the endothelial glycocalyx, a structure with many functions that would be therapeutically relevant for allografts⁵, supplementation of these proteins during ESHP could be a modality to effect improved preservation, especially to the vasculature itself. Such interventions specific to the vasculature could have a great deal of impact given that rejection processes and

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development of cardiac allograft vasculopathy begin as perturbations to the coronary endothelium⁶. It follows that in comparison to the intact organism whose vasculature is privy to undiluted whole blood that hosts vasculo-protective factors, dilution of such factors with manufactured buffers or crystalloid fluids that do not include these factors would constitute an insult to the vasculature. This has wide implications for the plethora of crystalloid fluids provided perioperatively, via cardioplegia, machine perfusion perfusates, et cetera. By investigating the impact of fluids on the coronary endothelium during ESHP, this can inform procurement practices. Concentration of vasculoprotective factors (perhaps endothelial glycocalyx upholding factors), which are disturbed via crystalloid fluids administration, within the ESHP perfusate could be an important way to mitigate post-transplant maladies to the vasculature in the future.

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