	1	Sensory	analysis	of j	uice	blend	containing	isomalto	-oligosacc	harides	produced
--	---	---------	----------	------	------	-------	------------	----------	------------	---------	----------

- 2 by fermentation with Weissella cibaria
- 3
- 4 Priscilla Moura ROLIM
- 5 University of Alberta
- 6 Department of Agricultural, Food and Nutritional Science
- 7 Ying HU
- 8 University of Alberta
- 9 Department of Agricultural, Food and Nutritional Science

10 Michael GÄNZLE

- 11 University of Alberta
- 12 Department of Agricultural, Food and Nutritional Science
- 13

14 Corresponding author

- 15 Priscilla Moura Rolim
- 16 Departamento de Nutrição, Avenida Salgado Filho 3000, 59078-970 Natal, Rio
- 17 Grande do Norte, Brazil (Present address)
- 18 E-mail: priscillarolim@ufrnet.br
- 19
- 20
- 21
- 22
- 23

c .

- 24
- 25

26 Highlights

28	•	Transglycosylation of dextransucrase from Weissella cibaria was observed in
29		orange juice and malt extract blend.
30	•	The enzyme synthesized the isomaltooligosaccharides isomaltotriose and
31		panose.
32	•	Blends exhibited good acceptability, with near-ideal acidity and sweetness.
33		
34		
35		
36		
37		
38		
39		
40		
41		
42		
43		
44		
45		
46		
47		
48		
49		
50		

51 ABSTRACT

52 This study aimed at producing isomaltooligosaccharides in juice blends using 53 orange juice and malt extract and assessing their acceptability. Different blend 54 formulations were prepared and fermented, varying the concentration of orange juice, 55 sucrose and malt extract. Dextransucrase from Weissella cibaria 10M was used to 56 enzymatically synthesize $\alpha(1-6)$ linked glucan-oligosaccharides by transglycosylation 57 reactions, with maltose as acceptor carbohydrate and sucrose as donor. The optimal 58 yield of oligosaccharides was after 24 h, producing 19.4 g/L of oligosaccharides 59 (degree of polymerization 3) from 36 g/L maltose and 19 g/L sucrose. All the blend 60 proved to be good alternatives for synthesizing isomalto-oligosaccharides with 61 different degrees of polymerization. Sensory analysis showed good average 62 acceptability compared to natural orange juice, achieving scores of around 6 on a 9-63 point hedonic scale. In a comprehensive analysis, juice blends containing orange juice 64 and malt extract with Weissella cibaria to produce oligosaccharides exhibited good 65 sensory indicators as an innovative prebiotic beverage. A prebiotic oligosaccharide 66 beverage can be produced by enzymatic synthesis of oligosaccharides with different 67 degrees of polymerization.

68 Keywords: prebiotic, functional beverage, *Weissella cibaria*, malt, transglycosylation,

- 69 oligosaccharides, sensory analysis.
- 70
- 71
- 72
- 73
- 74
- 75

76 1. INTRODUCTION

77 Fruit juices are considered excellent sources of energy, nutrients and fiber, 78 and are consumed by all age groups. In addition, juice can be used as a vehicle for 79 functional bioactive compounds that promote health benefits for consumers. Fruit 80 juices contain varying amounts of sucrose and glucose. The juice of fruits with high 81 sugar content contains correspondingly high levels of sugar (Smith and Davis, 1995). 82 Consuming large amounts of high-sugar fruit and fruit juices may not be healthy for 83 individuals, especially as it relates to the development of Diabetes mellitus (Serpen, 84 2012).

85 Diabetes, a major public health problem, is considered one of the most 86 important non-communicable diseases in the world (WHO, 2016). Globally, an 87 estimated 422 million adults were living with diabetes in 2014, compared to 108 88 million in 1980. This reflects an increase in associated risk factors such as being 89 overweight or obese, and 1.5 million deaths were reported in 2012. Higher-than-90 optimal blood glucose caused an additional 2.2 million deaths by increasing the risks of cardiovascular and other diseases. The food industry aims to develop new products 91 92 with low sugar content and rich in healthy carbohydrates such as prebiotics.

Fermentation with lactic acid bacteria allows conversion of sucrose to prebiotic oligosaccharides, which occurs in many fermented foods including fermented fruits (Pedreschi et al., 2003; Stanton et al., 2008; Rabelo et al., 2009; Vergara et al., 2010; Marco et al., 2017). Fermented foods can also exhibit enhanced nutritional and functional properties due to the transformation of substrates and formation of bioactive or bioavailable end-products, and the presence of viable microorganisms (Marco et al., 2017).

100 Leuconostoc and Weissella produce extracellular oligosaccharides and 101 polysaccharides by glucansucrases (Leemhuis et al., 2013). Dextransucrase uses 102 sucrose as substrate to catalyse sucrose hydrolysis or dextran synthesis (Leemhuis et 103 al., 2013; Chen et al., 2016; Hu et al., 2017). This enzyme catalyzes the formation of 104 dextran in mediums containing sucrose as a single substrate. During synthesis, 105 dextran remains bound to the glucan binding domain of dextransucrases (Ebert and 106 Schenk, 1968; Heincke, 1999). Dextran has a relative molecular mass of $10^6 - 10^9$ and 107 is used in the food industry as a gelling agent, thickener and food stabilizer. When an 108 acceptor is present in the culture medium, oligosaccharides are produced at the 109 expense of dextran synthesis (Leemhuis et al., 2013; Galle et al., 2010; Hu et al., 110 2017). Dextransucrase uses maltose, isomaltose, and glucose as acceptor 111 carbohydrates to generate oligosaccharides (Robyt and Eklund, 1983, Hu et al., 2017). 112 Dextransucrase thus allows synthesis of isomalto-oligosaccharides (IMO) by its 113 acceptor reaction with maltose and glucose (Robyt and Eklund, 1983; Kothari and 114 Goyal, 2013). An alternative way of IMO production involves the hydrolysis of starch 115 into dextrins using α - amylase (E.C. 3.2.1.1) and β - amylase (E.C. 3.2.1.2) and then 116 conversion to α -(1 \rightarrow 6)- linked oligosaccharides using α -D-glucosidase (E.C. 117 3.2.1.20) (Delattre and Vijayalaksmi, 2000).

118 The dextran-producing *Weissella* spp. has received considerable attention in 119 recent years due to its ability to produce high quantities of dextran from sucrose 120 (Galle et al., 2010, Katina et al., 2009). Dextran produced by *Weissella* spp. consists 121 of predominantly α -(1 \rightarrow 6) linkages and only a few α -(1 \rightarrow 3) branch linkages (2.4– 122 4%), with some elongated branches (Bejar et al., 2013, Maina et al., 2011). Dextran-123 producing *Leuconostoc* spp. have been used to produce dextran and isomalto-124 oligosaccharides in wort-based beverages, but dextransucrases from *Weissella* spp., especially *W. cibaria*, have not been studied using fermented orange juice and maltextract blends.

127 IMO with $\alpha(1\rightarrow 6)$ and $\alpha(1\rightarrow 4)$ glucosidic linkages are used as low-calorie 128 sweeteners in food products (Goffin et al., 2011). Commercial IMO are 129 predominantly obtained from fungal glycosyltransferases using maltodextrins as 130 feedstock, alternative methods of production use transglucosylation of maltose with 131 dextransucrase and sucrose as glucosyl-donor (Seibel and Buchholz, 2010).

The synthesis of oligosaccharides with prebiotic properties can be carried out using the sugars present in orange juice. Therefore, the aim of this paper was to develop a prebiotic orange juice blend containing isomaltooligosaccharides from lactic acid bacteria fermentation. In the present study, dextransucrase from the dextran producer *W.cibaria* 10M was used to produce oligosaccharides by acceptor reaction with malt extract and concentrated orange juice.

138

139 2. MATERIAL AND METHODS

2.1 Material

Commercial orange juice concentrate, sucrose and baking soda were
purchased from a supermarket in Edmonton, Canada. Commercial malt extract was
obtained from Briess® (Briess Malt & Ingredients Co, Chilton, Wisconsin, USA).
Other chemicals were purchased from Sigma Aldrich (Sigma, Oakville, Canada).

145

146 **2.2 Microorganism and culture conditions**

Weissella cibaria 10M was streaked on modified MRS agar plate from stock
culture stored at -80 °C. Single colonies were incubated anaerobically at 30 °C
(Schwab, et al. 2008, Galle et al. 2010). mMRS broth was prepared by filter-sterilized

sugar solutions to produce autoclaved MRS broth. To prepare working cultures, single colonies were removed from the agar plate and subcultured twice for 16h in MRS broth containing 24 mM maltose, 22 mM glucose and 22 mM fructose (mMRS). Cultures were subcultured in wort medium (20% wort extract in water v/v) for 72h to obtain a cell count of 10⁶ CFU/mL. The wort medium was inoculated with LAB and fermented at 35°C for 72 h. During fermentations, bacterial growth was monitored by measuring pH and cell counts.

157

57 2.3 Oligosaccharide synthesis with *W. cibaria* 10M in orange juice

158 Blend fermentation was performed using Weissella cibaria 10M. Five blends 159 containing mixtures based on the malt extract and orange juice concentrate were 160 prepared as shown in Figure 1. A control containing only orange juice was also used. 161 The pH values of each blend were measured with a pH meter. The pH was adjusted 162 using 10% (w / v) NaHCO₃ obtained at a local supermarket. Blends were inoculated with 10% (v / v) of W. cibaria 10M in wort broth and incubated at 35 ° C for 24h. 163 164 LAB cell counts and pH were determined after inoculation and fermentation. The 165 number of colony-forming units (CFU) was determined by standard microbiological 166 plating assays. Bacteria were also plated on mMRS-sucrose to confirm that 167 fermentation microbiota consisted of dextran-producing W. cibaria 10M (Figure 2).

Glucose, fructose and sucrose were quantified in an Agilent 1200 series LC system (Agilent Techologies, Palo Alto, CA) with a Supelcosil LC-NH₂ column (250mm×4.6mm, 5um, Sigma Aldrich) coupled to a refractive index (RI) detector. Samples were diluted with acetonitrile / water (50:50, v/v) and eluted with acetonitrile/water (70:30, v/v) at a flow rate of 0.8 mL min⁻¹ and 30°C. The reaction products were quantified using glucose, fructose and sucrose as external standards.

2.4 Determination of oligosaccharides

176 Oligosaccharides in the supernatant of fermented blends were analyzed by 177 high performance anion-exchange chromatography with pulsed amperometric 178 detection (HPAEC-PAD). Samples were diluted 100 times with water, filtered, and 179 separated on a Carbopac PA20 column (Dionex, Oakville, ON, Canada). Water (A), 180 0.2M NaOH (B) and 1M NaAc (C) were used as solvents at a flow rate of 0.250 mL/min, with the following gradient: 0 min, 68.3% A, 30.4% B and 1.3% C; 25 min, 181 182 54.6% A, 30.4% B and 15.0% C; 28min, 50% A and 50% C; 31min, 10% A, 73% B 183 and 17% C, followed by re-equilibration. Maltose, isomaltose and panose were used 184 as external standards.

Mass balance for oligosaccharide quantification and consumed sugars (total oligosaccharides, sucrose, glucose and maltose consumed, and released fructose) was carried out at times 0 and 24 of fermentation. The sugar concentrations were calculated using equations from HPLC quantification obtained from the calibration curves.

190

2.5 Quantification of metabolites

191 The supernatants of fermented juice were diluted 100-fold and analyzed in duplicate. 192 To analyze organic acids, ethanol and monosaccharides, 50 μl of perchloric acid 193 (70%) was added to 1.0 ml of supernatants and incubated at 4 °C overnight. Solids 194 were removed by centrifugation and samples analyzed by HPLC with an Aminex 195 HPX 87 H columns (BioRad) (Dlusskaya et al. 2008). Lactate, acetate, citric acid, 196 fructose, mannitol and ethanol (all from Sigma) were used as external standards. 197

- . . .
- 198
- 199

200 **2.6** Sensory evaluation by a consumer panel

Sensory evaluation was assessed for adherence to ethical guidelines and approved by the Research Ethics Board of the University of Alberta (Protocol 00061564). The fermented blends were kept in a refrigerator at 5°C for up to 24 h after fermentation. Five 40 mL juice blends (Figure 1) were placed separately in covered plastic cups labeled with random 3-digit numbers and randomly assigned to each member of the consumer panel. Drinking water was provided for subjects to rinse their mouth between blends.

208 Sixty panelists were recruited from staff and students at the University of 209 Alberta. Demographic and personal information such as age, sex, and drinking habits 210 were collected. The evaluation of juice sensory attributes included total acceptance, 211 taste and acidity, scored on a Hedonic Scale. Each score rated the samples on a 9-212 point scale from 1 (lowest) to 9 (highest). The just about right (JAR) test was used to 213 quantify the presence of acidity and sweetness. The JAR question format aimed to 214 determine the best intensity of a sensory attribute by asking consumers to assess 215 whether this attribute is too strong or too weak according to their preference (Jaeger et 216 al., 2015).

217

2.7 Statistical Analysis

Results were expressed as mean values and standard deviation of independent experiments performed in triplicate. Data were analyzed using one-way analysis of variance (ANOVA). The SigmaPlot program, version 13.0, was used to test the significance level at 5% probability (p<0.05). Tukey's test was applied to identify significantly different means.

223

225 **3. RESULTS**

Sucrose promotes oligosaccharide formation via the dextransucrase activity of *W. cibaria* 10M; however, to increase sucrose concentration and favor isomaltooligosaccharide production, different concentrations of sucrose and malt extract containing maltose were added. The pH of the blends was adjusted with sodium bicarbonate 1% (w/v) to values between 5.0 and 7.0.

During blend fermentation, *W. cibaria* 10M increased from 10^6 CFU/mL to 5.4 x 10^8 CFU /mL after 24 h of growth (Table 1). The pH of blends 3 and 4 declined from 5.5 to 3.9 after 24 h fermentation with *W. cibaria*; this acidification profile is described in the sensory analysis.

235

3.1 Production of isomalto-oligosaccharides

The oligosaccharide patterns of fermented blends are shown in Figure 3. The non-fermented *W. cibaria* blend used as control contained oligosaccharides. Oligosaccharide, panose and isomaltotriose formation was observed, especially for blends 1 and 2. In all blends, formulations show the presence of oligosaccharides with higher degrees of polymerization at the peaks (DP4, DP5, DP6) (Figure 3).

Sucrose was consumed during fermentation when compared to the nofermentative process (control). The formulation containing 40% sucrose (Figure 3B), with a consumption of 74% sucrose and almost complete maltose uptake (95%) (Figure 3C), produced 10 g/L of panose and 4 g/L of isomaltotriose, and a series of peaks were produced by dextransucrase from *Weissella cibaria* 10M.

In blends composed mainly of malt extract and sucrose, oligosaccharide formation by dextransucrase activity was more evident than when orange juice was used (Figure 3D). The beverage containing only malt and sucrose was sufficient to produce more oligosaccharides, and there was no significant difference in acceptance when compared to the blend containing orange juice. This reinforces alternative routes of isomalto-oligosaccharide generation in order to improve production and acceptability.

The interference of pH is critical in this process, although the adjustment made with sodium bicarbonate may not be sufficient to provide suitable oligosaccharide synthesis. Small concentrations of bicarbonate caused flavor changes in the blends, significantly increasing bitterness, which would certainly increase rejection.

Residual sugars were quantified by HPLC to determine the amount of oligosaccharides formed by mass balance. Table 2 presents the isomaltooligosaccharide concentrations produced, as well as the consumption and release of reducing and non-reducing sugars at time 0 and during fermentation.

The formulations containing malt extract and sucrose at different proportions exhibited higher isomalto-oligosaccharide content, and these blend showed good acceptability and suitable sweetness and acidity. Sucrose and maltose were consumed during fermentation, demonstrating the transglycosylation or acceptor reaction. Fructose formation by *W. cibaria* in blends can be attributed to its release from sucrose in the dextransucrase reaction (Table 2).

An approximate maltose conversion rate of 94% and 92% occurred in the fermentations of blend 2 and 3, respectively. The fermentations were effective for the transfer reaction because more than 80% of the acceptor sugars (sucrose and maltose) were consumed after 24 h of fermentation in blend which produced oligosaccharides.

In the presence of sucrose and a suitable acceptor, acceptor carbohydrates compete with dextran to produce oligosaccharides and low molecular weight dextran (Robyt and Eklund, 1983; Heincke et al., 1999; Hu et al., 2017). The high maltose

275 concentration in blends containing malt extract thus supported oligosaccharide 276 formation at the expense of dextran synthesis. The primary product of the acceptor 277 reaction with maltose panose, which is further elongated to form panose-series 278 oligosaccharides.

The oligosaccharides obtained by the acceptor reaction have several applications potentials in the food science. Panose-series oligosaccharides, for example, can be used as a non-cariogenic sweetener in foods and beverages, as well as a food supplement since long chain IMO are indigestible and have prebiotic properties (Goffin et al., 2011; Hu et al., 2017).

284 Dlusskaya et al., (2008) and Zaninni et al. (2013) confirmed that maltose 285 depletion indicates its role as acceptor sugar for dextransucrase in sucrose-286 supplemented wort medium. In the presence of maltose, W. cibaria produces panose 287 and higher oligosaccharides of the panose series, with concomitant accumulation of 288 fructose during fermentation, indicating almost complete conversion of sucrose 289 (Zannini et al., 2013; Hu et al., 2017). Additionally, as sucrose levels increase, one of 290 its hydrolysis products (glucose) acts as a building block for exopolysaccharide 291 production, while maltose acts as an acceptor sugar for glucansucrases catalyzing the 292 transferase reaction (Galle et al. 2010).

Isomalto-oligosaccharides are one of the most common oligosaccharides used in several countries as functional food because of their excellent nutritional properties and prebiotic activity (Zhang et al., 2013; Yan et al., 2018). The acceptor reactions of dextransucrase have also been used to synthesize isomalto-oligosaccharides (Hu et al., 2017). The enzymatic cleavage of polymers is an alternative to selectively obtain high-yield oligosaccharides (Bertrand et al., 2014); however, this approach is not compatible with fermented foods.

Previous reports show production of isomaltooligosaccharides via the dextransucrase activity of *Leuconostoc* spp. in fermented malt beverages (Dlusskaya et al., 2008; Zanninni et al., 2013); however, the beverages were not evaluated by sensory analysis.

304

3.2 Acid content during fermentation

Table 3 shows the organic acid content in the fermented blends. *W. cibaria* 10M produced lactic acid, acetate and ethanol in all blends, but citrate was not consumed.

308 The acid content in the fermented product must be analyzed to ensure 309 beverage quality. LAB produce several functional compounds, including organic 310 acids and antimicrobial substances. This antimicrobial activity is caused primarily by 311 the production of lactic, acetic, formic, caproic, propionic, butyric and valeric acids. 312 Organic acids are impacted by acidification of the environment and the antimicrobial 313 effect of their non-dissociated molecule form, which is pH dependent. With respect to 314 the metabolite products of lactobacilli, lactic and acetic acids are regarded as the main 315 organic acids, which display antimicrobial behavior (Zalán et al., 2010).

CO₂ is another compound generated in the heterofermentative metabolism of hexoses (Björkroth et al., 2002). Lactose is the main metabolism product when fermentable carbohydrates are abundant (Gänzle, 2015). Heterofermentative LAB use the phosphoketolase pathway for carbohydrate metabolism. The energy yield of the pathway is only one ATP per glucose, and most heterofermentative LAB grow poorly with glucose as sole carbon source (Gänzle, Vermeulen and Vogel, 2007).

The blends contained other substrates such as maltose, sucrose and fructose, as well as alternative electron acceptors. Cofactor recycling by heterofermentative LAB impacts food quality because acetate production increases and both redox potential

and the antioxidant capacity of fermented beverages are strongly influenced. Acetate
exhibits antibacterial and antifungal activity, affecting flavor and contributing to the
sour taste. Excessive acetate formation can spoil a number of beverages (Garai-Ibabe
et al., 2008).

Sucrose addition is important in producing sufficient amounts of exopolysaccharides; however, this may result in excessive acetate production, and the use of *Weissella* spp. that are unable to utilize maltose or fructose as electron acceptor is preferred; in addition, most *Weissella* spp. do not reduce fructose in mannitol (Galle et al., 2010).

334

335 **3.3 Sensory evaluation**

Sensory analysis was conducted to determine beverage quality and acceptance. Demographic data showed that the consumer panel was composed mainly of women (55%), with mean age between 18-29 years, and 75% of panelists reported regularly consuming fresh fruit juice (2-3 times a week). Fresh orange juice was consumed every week by 48% of the individuals, while 23% reported drinking carton or sugaradded juice.

In terms of general acceptability, the control sample obtained a significantly higher (p>0.05) score than fermented juices. The sensory score was highest (6.4) in fresh orange juice on a 9–point hedonic scale. Fermented malt extract (80%) and sucrose (20%) received a sensory score of 5.1 (Table 4). In this condition, fermentation decreases sweetness, corroborating the just about right test (Figure 7A), with sweetness close to ideal, which may have improved the taste.

348 The lowest score for flavor, acidity and global acceptance was awarded to 349 blend 4, which contained orange juice, in addition to malt extract and sucrose. Thus,

consumers found the taste of the juice and malt extract mixture undesirable. Baking
soda may have interfered more in this combination, resulting in a more bitter taste, as
evidenced by the just about right test (Figure 4B).

In the food industry, a safe alkalizer such as baking soda is often added to control pH, helping to maintain product stability and ensuring specific microbial growth conditions. The low NaHCO₃ concentration used may be feasible for large scale production.

When asked about their drink preference, 62% of panelists chose fresh orange juice. Orange juice likely received higher scores because it is well known and widely consumed. However, 28% of consumers preferred the beverage containing only an 80:20 proportion of malt extract and sucrose.

Developing innovative products that satisfy various groups of consumers is essential to adding value to the food market. A popular method for hedonic assessment and product diagnosis is the just-about-right (JAR) test (Zhi, Rao and Shi, 2016). The JAR scale ratings for sweetness and acidity are illustrated in Figure 4.

365 High sweetness ratings for blends 1, 3 and 4 indicate sucrose addition and 366 fermentation by Weissella. Dextransucrase releases glucose and fructose from 367 sucrose, thereby enhancing sweetness. Blend 2, containing malt extract and 20% 368 sucrose, and blend 5, containing orange juice, were highly rated for "just about right" 369 sweetness. Samples 1, 3 and 4 also exhibited low acid content; blends 2 and 5 370 obtained the highest rating for "just about right" acidity. Together with sweetness 371 scores, this indicates that the balance between a sweet and sour taste was appropriate 372 in these beverages. Blend 2 also contained a high proportion of isomalto-373 oligosaccharides. The fermentative metabolism of Weissella also displayed these 374 properties, producing lower acid concentrations than other microorganisms. Galle et al. (2010) reported that low acid formation levels are beneficial in food processing dueto the unpleasant flavor associated with higher amounts.

377

378

4. CONCLUSIONS

The present study showed that beverages with fermented orange juice and malt extract and fermented malt extract with sucrose are viable substrates for enzymatic synthesis of isomaltooligosaccharides, resulting in high concentrations at different degrees of polymerization. They represent a cost-reducing alternative in the manufacture of probiotic drinks.

The result of the fermented juices treated with varying levels of malt extract and sucrose demonstrated isomaltooligosaccharide production, especially when we used malt extract (16%) and sucrose (4%) fermented with *Weissella cibaria*.

387 The transglycosylation activity with 0.6 g / L of maltose at pH 5.5 and 388 optimum temperature of 35 $^{\circ}$ C was important, since oligosaccharides generated 389 primarily panose and isomaltotriose.

Taste, acidity and general acceptability were better for the control sample (natural orange juice), followed by the fermented sample with malt extract and sucrose, which was also well accepted. The sensory results of the just about right test showed that samples had suitable sensory properties in terms of acidity and sweetness, good parameters to assess juice quality.

Enzymatic synthesis of isomaltooligosaccharides produced a drink with reduced sugar content, resulting in low-calorie juice, combined with good sensory characteristics, such as acidity and sweetness, contributing to increasing the functional food market.

399

5. **References**

401

402 Aachary, A. A. & Prapulla, S. G. (2011). Xylooligosaccharides (XOS) as an
403 Emerging Prebiotic: Microbial Synthesis, Utilization, Structural Characterization,
404 Bioactive Properties, and Applications. *Comprehensive Reviews in Food Science and*405 *Food Safety*, 10, 2–16.

406

407 Bejar, V., Gabriel, M., Amari, S., Morel, M., Mezghani, E., Maguin, E., Faucher,
408 C.F., Bejar, S., & Chouayekh, H. (2013). Characterization of glucansucrase and

dextran from Weissella sp. TN610 with potential as safe food additives. International

410 Journal of Biological Macromolecules, 52, 125–132.

411

409

Bertrand, E., Pierre, G., Delattre, C., Gardarin, C., Bridiau, N., Maugard, T., Štrancar,
A., & Michaud, P. (2014). Dextranase immobilization on epoxy CIM(®) disk for the
production of isomaltooligosaccharides from dextran. *Carbohydrate Polymers*, *111*,
707–713.

416

117

417	Bjorkroun, K.J., Schlinnger, U., Geisen, K., weiss, N., Hoste, B., Holzapiel, W.H.,
418	Korkeala, H.J., & Vandamme, P. (2002). Taxonomic study of Weissella confusa and
419	description of Weissella cibaria sp. nov. detected in food and clinical samples.
420	International Journal of Systematic and Evolutionary Microbiology, 52, 141–148.

C 1 XX/ TT

421

422 Bounaix, M.S., Robert, H., Gabriel, V., Morel, S., Remaud-Siméon, M., Gabriel, B.,

423 & Fontagné-Faucher, C. (2010). Characterization of dextran-producing Weissella

- 424 strains isolated from sourdoughs and evidence of constitutive dextransucrase
 425 expression. *Microbiology Letters*, *311*, 1, 18–26.
- 426
- 427 Chen, X.Y., Levy, C., & Gänzle, M.G. (2016). Structure-function relationships of
 428 bacterial and enzymatically produced reuterans and dextran in sourdough bread
 429 baking application. *International Journal Food Microbiology*, *239*, 95-102.
 430
- 431 Chung, CH.; Day, DF. (2002). Glucooligosaccharides from Leuconostoc
 432 mesenteroides B-742 (ATCC 13146): A potential prebiotic. *Journal of Industrial*433 *Microbiology and Biotechnology*, 29, 4, 196-9.
- 434
- 435 Galle, S., Schwab, C., Arendt, E. & Gänzle, M. (2010). Exopolysaccharide-forming
- Weissella strains as starter cultures for sorghum and wheat sourdoughs. Journal of
 Agricultural and Food Chemistry, 58, 5834–5841.
- 438
- 439 Gullon, P., Moura, P., Esteves, M.P., Girio, F.M., Dominguez, H., & Parajo,
- 440 J.C. (2008). Assessment on the fermentability of xylooligosaccharides from rice husks
- 441 by probiotic bacteria. *Journal of Agricultural and Food Chemistry*, 56, 7482–7.
- 442
- Hu, Y., Winter, V., Chen, X.Y., & Gänzle, M.G. (2017). Effect of acceptor
 carbohydrates on oligosaccharide- and polysaccharide synthesis by dextransucrase
 DsrM from *Weissella cibaria*. *Food Research International*, *99*, 603-611.
- 446

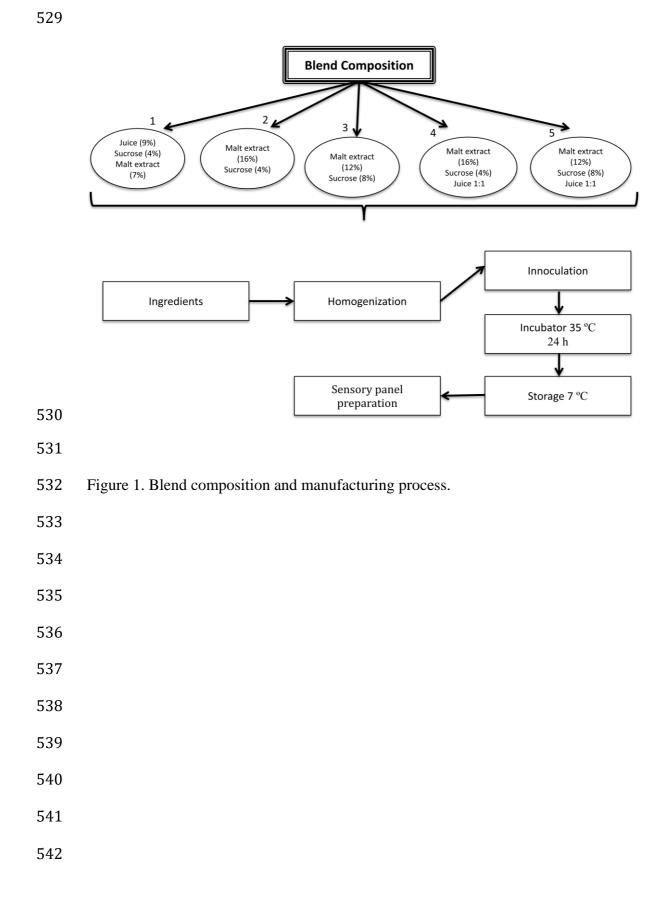
- 447 Katina, N.H., Maina, R., Juvonen, L., Flander, L., Johansson, L., & Virkki, et al.
- 448 (2009). In situ production and analysis of *Weissella confusa* dextran in wheat
 449 sourdough. *Food Microbiology*, 26, 7, 734–743.
- 450
- 451 Jaeger, SR., Hunter, DC., Kam, K., Beresford, K. et al. (2015). The concurrent use of
- 452 JAR and CATA questions in hedonic scaling is unlikely to cause hedonic bias, but
- 453 may increase product discrimination. *Food Quality and Preference*, 44, 70-74.
- 454
- 455 Johansson, S., Diehl, B., Christakopoulos, P., Austin, S., Vafiadi, C. (2016).
- 456 Oligosaccharide Synthesis in Fruit Juice Concentrates Using a Glucansucrase From
- 457 Lactobacillus reuteri 180. Food and Bioproducts Processing 98, 201-209. DOI:
- 458 10.1016/j.fbp.2016.01.013.
- 459
- Leemhuis, T., Pijning, J.M., Dobruchowska, S.S., van Leeuwen, S., Kralj, B.W., &
 Dijkstra, *et al.* (2013). Glucansucrases: Three-dimensional structures, reactions,
 mechanism, α-glucan analysis and their implications in biotechnology and food
 applications. *Journal of Biotechnology*, *163*, 2, 250–272.
- 464
- 465 Maina, L N.H., Virkki, H., Pynnönen, H., & Maaheimo, M. (2011). Structural 466 analysis of enzyme-resistant isomaltooligosaccharides reveals the elongation of α -467 (1 \rightarrow 3)-linked branches in *Weissella confusa* dextran. *Biomacromolecules*, *12*, 2, 409– 468 418.

469	Marco, M.L., Heeney, D., Binda, S., Cifelli, C.J., Cotter, P.D., Foligné, B., Gänzle,
470	M., Kort, R., Pasin, G., Pihlanto, A., Smid, E.J., & Hutkins, R. (2017). Health
471	benefits of fermented foods: microbiota and beyond. Current Opinion in
472 473	Biotechnology, 44, 94-102.

- 474 Pedreschi, R., Campos, D., Noratto, G., Chirinos, R., & Cisneros-Zevallos, L.A.
- 475 (2003). Yacon Root (*Smallanthus sonchifolius* Poepp. Endl) Fructooligosaccharides
- 476 as a Potential Novel Source of Prebiotics. *Journal of Agricultural and Food*477 *Chemistry*, 51,18, 5278-5284.
- 478
- Rabelo, M.C., Fontes, C.P.M.L., & Rodrigues, S. (2009). Enzyme synthesis of
 oligosaccharides using cashew apple juice as substrate. *Bioresource Technology*, *100*,
 23, 5574-80.
- Robyt, J.R., & Eklund, S.H. (1983). Relative, quantitative effects of acceptors in the
 reaction of Leuconostoc mesenteroides B-512F dextransucrase. *Carbohydrate*
- 484 *Research*,121, 279-286.
- 485
- 486 Stanton, C., Ross, R. P., Fitzgerald, G. F. & Sinderen, D. V. (2005). Fermented
 487 Functional Foods Based on Probiotics and Their Biogenic Metabolites. *Current*488 *Opinion Biotechnology*, *16*, 2, 198-203.
- 489
- 490 Stowell, J. (2007). Calorie control and weight management. In: Mitchell H (ed)
 491 Sweeteners and sugar alternatives in food technology. Blackwell Publishing Ltd.
- 492

- 493 Serpen, J.Y. (2012). Comparison of sugar Content in Bottled 100% Fruit Juice versus
- 494 Extracted Juice of Fresh Fruit. *Food and Nutrition Sciences*, 3, 1509-1513.
- 495
- 496 Smith, MM; Davis, M., Chasalow, F.I., & Lifshitz, F. (1995). Carbohydrate
- 497 Absorption from Fruit Juices in Young Children. *Pediatrics*, 95, 3, 340-344.
- 498
- 499 Vergara, C.M.A.C., Honorato, T.L., Maia, G.A., & Rodrigues, S. (2010). Prebiotic
- 500 effect of fermented cashew apple (Anacardium occidentale L) juice. LWT Food
- 501 *Science and Technology*, 43, 141-145.
- 502
- 503 Yan, Y.L., Hu, Y., & Gänzle, M.G. (2018). Prebiotics, FODMAPs and dietary fibre -
- 504 conflicting concepts in development of functional food products? *Current Opinion in*
- 505 Food Science, 20, 30 37.
- 506
- 507 World Health Organization. Global report on diabetes. 2016. Available in WHO
 508 website (<u>http://www.who.int</u>).
- 509
- 510 Zalán, Z, Hudacek, J., Stetina, J., Chumchalova, J., & Halasz, A. (2010). Production
- 511 of organic acids by Lactobacillus strains in three different media. European Food
- 512 *Research Technology*, 230, 395–404
- 513
- 514 Zannini, E., Mauch, A., Galle, S., Ganzle, M., Coffey, A., Arendt, E.K., Taylor, J.P.,
- 515 & Waters, D.M. (2013). Barley malt wort fermentation by exopolysaccharide forming
- 516 Weissella cibaria MG1 for the production of a novel beverage. Journal of Applied
- 517 *Microbiology*, 115, 1379-1387.

- 519 Zhang, H., Gan, W., Zhang, Y., & Hu, X. (2013). Synthesis of isomalto520 oligosaccharides by using recombinant dextransucrase and *Hypocrea lixii* dextranase.
 521 *Journal of Chemical and Pharmaceutical Research*, *5*, 11, 49-57.
- 523 Zhi, R., Zhao, L., & Shi, J. (2016). Improving the sensory quality of flavored liquid
- 524 milk by engaging sensory analysis and consumer preference. *Journal of Dairy*525 *Science*, 99, 7, 5305–5317.



	Log CFUg ⁻¹						
Time of fermentation (h)	Blend 1	Blend 2	Blend 3	Blend 4	Blend 5		
0	6.0	6.5	7.4	6.1	6.1		
12	6.3	7.1	8.0	7.5	7.2		
24	8.2	7.9	8.7	8.5	8.1		

Table 1. Cell count of *Weissella cibaria* for different blend during the fermentation.

- 547 Table 2. Effect of acceptor carbohydrates on oligosaccharide yield in the acceptor
- 548 reaction.

Blends	Sugar g/L	Time 0	24 h of	Sugar
			fermentation	consumption
				(%)
1) Juice (9%)	Gluc	3.0 ±0.01	6.0 ±0.01	_
with 8%	Fruc	43±0.01	14.0 ±0.02	-
sucrose and 7%	Suc	67.2 ±0.21	9.7 ±0.20	85
malt	Malt	12 ±0.04	16.0 ±0.03	33
	Pan	-	12.0 ±0.03	-
	Isomalt	-	6.0 ±0.02	_
2) Malt extract	Gluc	14 ±0.34	5.2 ±0.08	_
(16%) with	Fruc	6.8 ±0.05	16.0 ±0.02	-
sucrose 4%	Suc	19.4 ±0.08	8.0 ±0.01	59
	Malt	36 ±0.02	2.0 ±0.03	94
	Pan	-	19.4 ±0.15	_
	Isomalt	-	6.0 ±0.02	_
3) Malt extract	Gluc	19 ±0.01	24.6 ±0.03	_
(16%) with	Fruc	46.0 ±0.03	15.2 ±0.05	_
sucrose 8%	Suc	10.2±0.04	2.0 ±0.03	80
	Malt	31 ±0.03	2.6 ±0.01	92
	Pan	-	10.0 ±0.11	-
	Isomalt	-	4.0 ±0.07	-
4) Malt extract	Gluc	38 ±0.24	36.8 ±0.46	_
(16%), suc.	Fruc	54 ±0.04	19.0 ±0.01	-
(4%) Juice 1:1	Suc	16.7 ±0.08	3.3 ±0.02	80
	Malt	16 ±0.08	5.2 ±0.01	67.5
	Pan	-	8.0 ±0.03	-
	Isomalt	-	4.0 ±0.04	_
5) Malt extract (12%), suc. 8%	Gluc	27±0.08	53.8 ±0.58	-
Juice 1:1	Fruc	49±0.01	18.6 ±0.03	_
<i>Juice</i> 1.1	Suc	45 ±0.01	5.6 ±0.03	88
	Malt	17±0.01	6.0 ±0.08	65
	Pan	-	4.0 ±0.03	-
	Isomalt	-	4.0 ±0.02	_

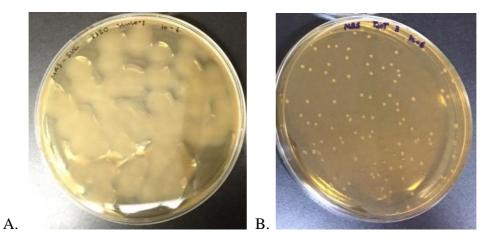
Gluc: glucose; Fruc: fructose; Suc: sucrose; Malt: maltose; Pan: panose; Isomalt: isomaltotriose

Table 3. Production of organic acid (mmol/L) in the fermented blends using orange

554 juice.

555

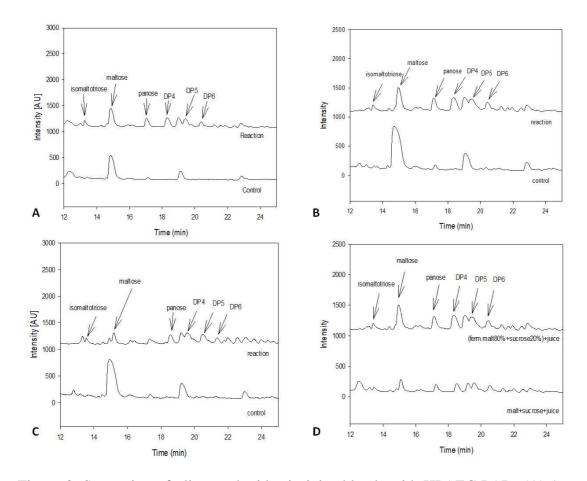
Blends	Lactic acid	Acetate	Ethanol	Citric acid
 Fermented Juice (9%) with 4% sucrose and 7% malt 	7.6 ±0.14	9.1 ±0.06	0.5±0.01	96.7±0.10
2) Fermented malt extract (16%) with sucrose 4%	87.3 ±3.45	38.2±12.8	14.2±0.00	0
3) Fermented malt extract (12%) with sucrose 8%	36.8±0.52	130.5±1.93	3.1±0.02	0
4) Fermented malt extract (16%), suc. (4%) Juice 1:1	70.2±0.79	82.1±2.61	44.5±0.06	15.9±±0.12
5) Fermented malt extract (12%), suc. 8% Juice 1:1	55.8±2.10	52.3±3.37	50.3±0.01	74.7±0.08



558 Figure 2. (A) Exopolysaccharide (EPS) production by *Weissella cibaria* 3120 on 10%

sucrose-supplemented MRS agar in the form of slimy colony morphology, and (B) no

- 560 EPS production by the same strain in the absence of sucrose.
- 561
- 562



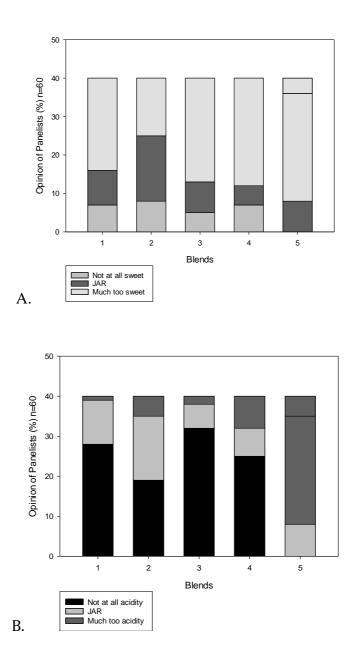
563

Figure 3. Separation of oligosaccharides in juice blends with HPAEC-PAD. (A) 9% orange juice (w/v), 7% malt extract (w/v) and 4% sucrose (w/v). (B) 12% malt extract and 4% sucrose (w/v). C. 12% malt extracts and 8% sucrose (w/v). D. 16% malt and 4% sucrose + orange juice 1:1.

Sensory attributes	1) Juice (9%) 4% sucrose 7% malt	2) Malt extract (16%) sucrose 4%	3) Malt extract (12%) sucrose 8%	4) Malt extract (16%), suc. (4%) Juice 1:1	5) Malt extract (12%), suc. 8% Juice 1:1	Fresh Orange juice
Taste	3.58±1.87 ^c	3.90±1.92 ^c	4.90±1.71 ^b	3.95±1.43 ^{bc}	3.07±1.71 ^c	6.42±1.48 ^a
Overall	$3.48{\pm}1.88^{cd}$	3.88±1.90 ^c	$4.83{\pm}1.71^{b}$	3.85±1.42 ^{cd}	$3.07{\pm}1.64^{d}$	6.30±1.41 ^a
Acidity	4.00±1.77 ^d	4.30±1.73 ^{cd}	$4.92{\pm}1.44^{b}$	5.05 ± 1.28^{bc}	$3.77{\pm}1.84^d$	6.15±1.38 ^a

Table 4. Sensory scores for taste, acidity and overall acceptance on a 9-point hedonic

scale of fermented blends treated with sucrose, malt extract and orange juice.



572 Figure 4. Panelists' opinion regarding Just about right rating for (A) Sweetness and573 (B) Acidity of fermented orange blends.