

Grow Wisely

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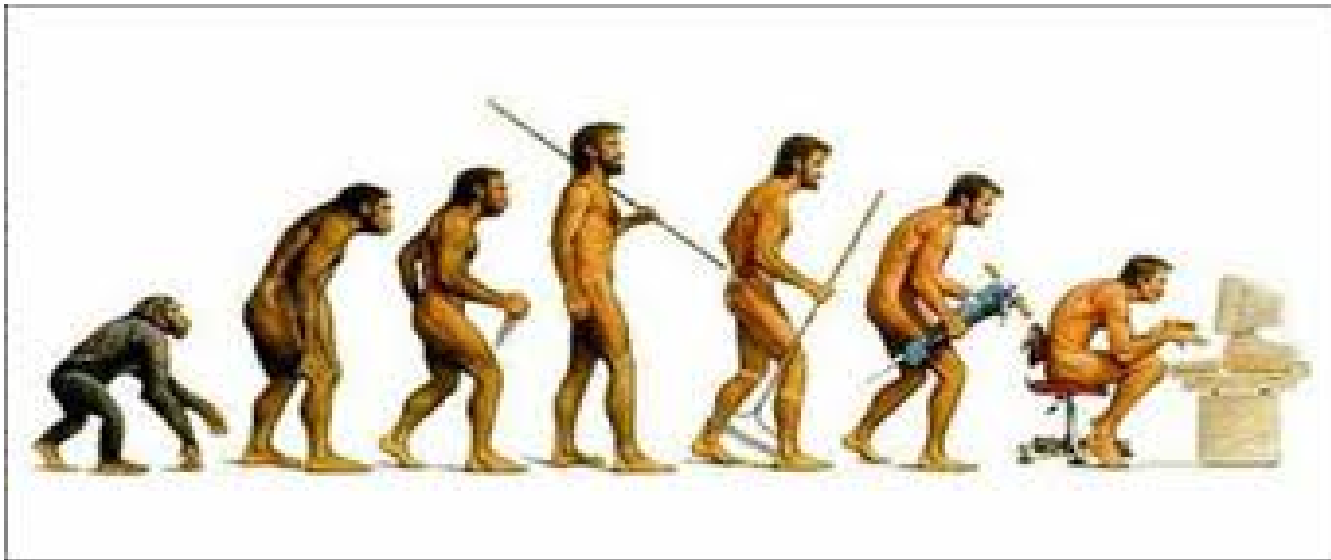
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It doesn't matter how "smart" we are



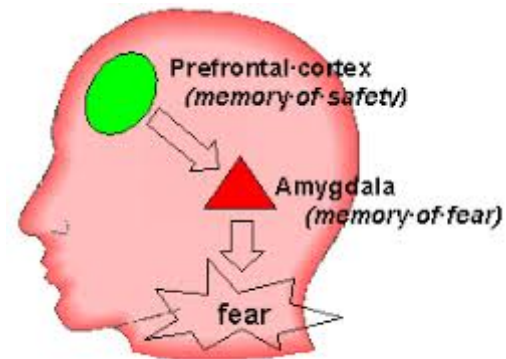
We are programmed to have biases.

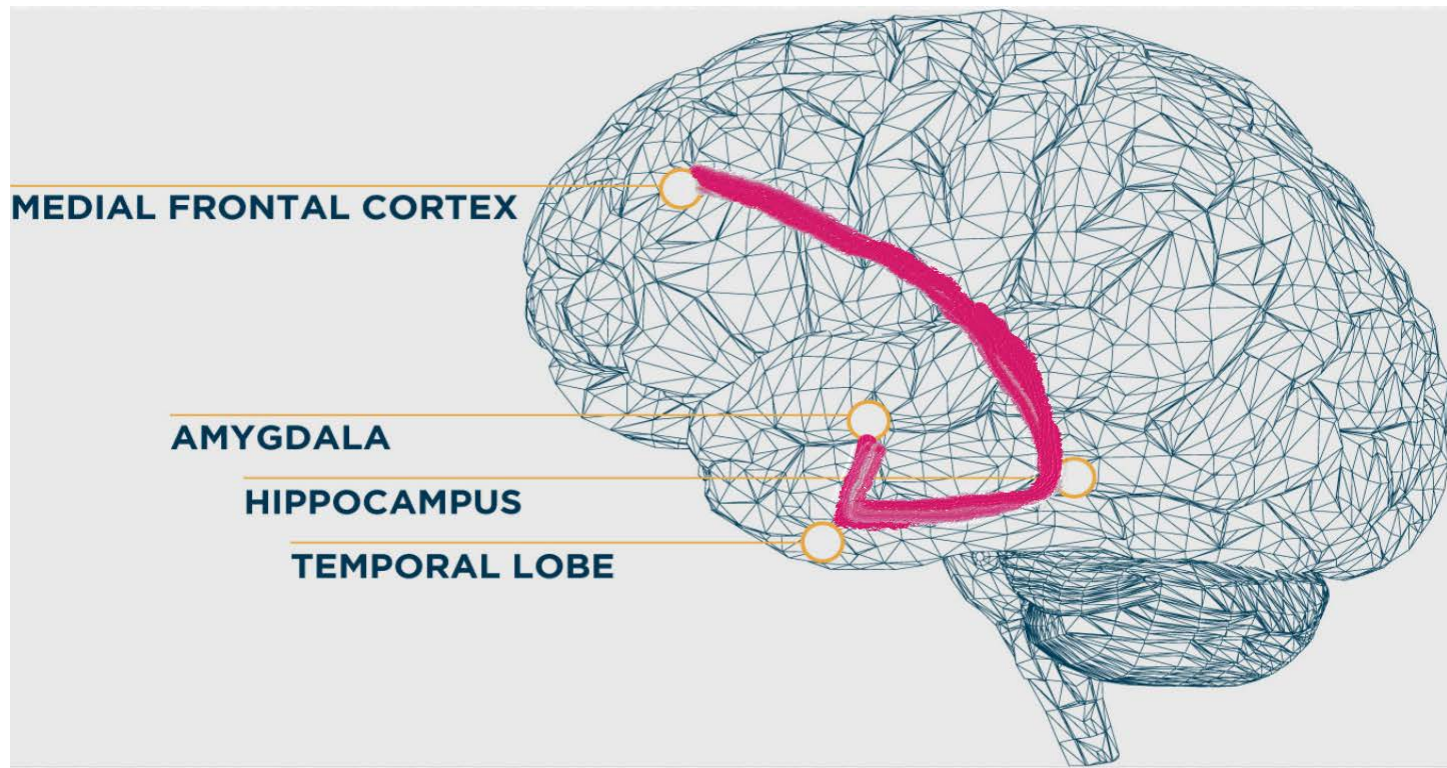
Explicit and Implicit/Unconscious.



This is the longest journey...can you imagine?

~5 cm (~2 inches) long!!





We are animals - called Human beings!

Our brain is programmed for survival!

HOWEVER - as our “thinking,” “rationalizing,” “executing” brain is the most developed....(or this is what we want to believe...lol 😊)

We can “corticalize” = train the brain to be aware of...biases (walk the 2 inches distance) and **MAKE A CHOICE!**

Isn't it simple?



Enjoy

