1	Detection of enterohaemorrhagic Escherichia coli in food by droplet digital PCR to detect
2	simultaneous virulence factors in a single genome
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13 Abstract

14 Shiga toxin producing E. coli are a problem for food producers. STEC's require a combination of virulence factors to cause disease, so ideally detection techniques should detect the presence of 15 16 multiple virulence factors in a single cell directly from food. Droplet Digital PCR (ddPCR) is commonly used to quantify the number of copies of a gene in a sample, moreover it is able to link 17 18 two genes to the same piece of DNA. Here stx and an O-antigen specific gene are detected 19 simultaneously with taqman probes confirming that the cells are intact as well as distinguishing between strains based on their genotype. Using ddPCR E. coli O157:H7 and O104:H4 are 20 21 quantified from apple juice, milk and spinach washings without an enrichment step, the detection limit of ddPCR in apple juice was 2 cfu/ml. Also, ddPCR was used to detect pathogenic bacterial 22 23 cells in the presence of background strains which shared one or none of the target genes, including avirulent strains. Whole cell ddPCR is compared to several DNA extraction techniques 24 demonstrating that whole cell ddPCR is more reliable for linking genes within an organism. Whole 25 26 cell ddPCR is a promising technique for the rapid and specific detection of foodborne pathogens.

27 Keywords: Droplet digital PCR, EHEC, Pathogen detection, Shiga toxin,

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29 **1 Introduction**

Shiga toxin producing *Escherichia coli* (STEC) are a major concern for food safety. STEC cause
more than 300,000 cases of foodborne illness annually in the United States (Scallan et al., 2011)
and are estimated to cost \$965 million annually (Scharff, 2012).

Detection methods that simultaneously detect multiple virulence factors would be preferable for 33 detection of STECs since the ability of STECs to cause disease in humans is dependent on the 34 presence of multiple virulence factors; moreover, these virulence factors often have variants or 35 36 alternatives that serve the same function. For instance, E. coli produce two principal variants of Shiga toxin, stx1 and stx2, with stx2 being the more toxic of the two (Jackson et al., 1987). STECs 37 are commonly found in ruminant guts (Gyles, 2007) where the prophage acquired Shiga toxin 38 39 (Croxen et al., 2013) poisons protozoan predators (Lainhart et al., 2009). The abundance of STEC in ruminant guts contributes strongly to the pervasiveness as a foodborne contaminant (Etcheverría 40 41 and Padola, 2013). The pathogenesis of STEC also depends on additional virulence factors, including intimin, the translocated intimin receptor and a type 3 secretion system encoded on the 42 Locus of Enterocyte Effacement (LEE) (Etcheverría and Padola, 2013). Intimin is responsible for 43 adhesion to the epithelial cells but strains lacking the LEE may use other adhesion factors such as 44 an autoagglutinating adhesion Saa (Paton et al., 2001). The genes involved in virulence can vary 45 between strains and STECs often possess at least a few of additional genes that contribute to their 46 47 virulence. Strains of *E. coli* that harbor the Shiga toxin in combination with a large virulence plasmid that allows invasion of epithelial cells are classified as *Shigella* spp. and cause shigellosis 48 49 (Belotserkovsky and Sansonetti, 2018). Strains of *E. coli* that harbor the Shiga toxin encoding *stx* in 50 combination with LEE cause the hemolytic uremic syndrome (HUS) and are termed enterohaemorrhagic E. coli (EHEC). 51

In the U.S., E. coli O157:H7 accounted for 36% of foodborne EHEC infections and approximately 52 65% of E. coli O157:H7 outbreaks in the United States were transmitted through food (Heiman et 53 54 al., 2015). STECs are not only transmitted through beef and dairy products but also through wildlife contaminated produce and wheat flour or through contaminated water (Erickson and Doyle, 2007). 55 Other E. coli serotypes that contribute to foodborne disease in the U.S. include the "Big Six" Shiga 56 57 toxin serotypes, O26, O45, O103, O111, O121, and O145 (Brooks et al., 2005). Because a majority of foodborne EHEC infections are caused only by few serotypes, the U.S. regulates STEC on the 58 59 basis of their serotypes rather than the presence of (a combination of) virulence factors (USDA Food Safety and Inspection Service, 2012). A positive PCR for any of the seven serotypes that are 60 regulated necessitates follow-up by culture-dependent methodology to determine whether the 61 strains also carry one or several genes coding for the Shiga toxin. 62

Strains of E. coli that harbor the Shiga toxin in combination with aggregative adhesion fimbria 63 (AAF) also cause the HUS and have been termed enteroaggregative hemorrhagic E. coli (EAHEC) 64 65 (Croxen and Finlay, 2009; Frank et al., 2011). E. coli O104:H4 caused one case of EAHEC infection in South Korea in 2005 (Bae et al., 2006); EAHEC became notorious when a strain with 66 67 the same serotype caused an outbreak linked to fenugreek sprouts (Buchholz et al., 2011), which 68 resulted in 3842 illnesses including 53 deaths in 2011 (Beutin and Martin, 2012). Th outbreak strain of E. coli O104:H4 has three plasmids coding for virulence factors. The β -lactamases TEM-1 and 69 70 CTX-M-15 are encoded by the pEC Bactec plasmid, while different versions of the AAF are 71 present on the 55989p plasmid and the P042 plasmid.

Detection of pathogenic *Escherichia coli* in food is challenging since pathogenic and nonpathogenic strains of this species are differentiated only by the presence or absence of a specific combination of virulence factors. *E. coli* has been used as an indicator for fecal contamination, however this status has recently been called into question with the discovery of free living environmental *E. coli* (Berthe et al., 2013; Ratajczak et al., 2010; Walk et al., 2007). Moreover, the distribution of virulence factors onto both plasmids and the chromosome creates difficulties in linking these virulence factors to the same strain without isolating the strain as pure culture.

Droplet digital polymerase chain reaction (ddPCR) is a technique which creates an emulsion of 79 80 PCR reaction mixture in oil resulting in approximately 20 000 droplets before performing PCR and measuring the positive and negative droplets. Since ddPCR detects the presence or absence of a 81 82 gene in 20 000 individual droplets it is likely that ddPCR is less susceptible to contaminants that effect PCR efficiency where reducing PCR efficiency would reduce the amount of bacteria 83 quantified using qPCR. It has been primarily used for absolute quantification of gene copy numbers 84 (Hindson et al., 2011), however, ddPCR has also been used to detect contaminants in food 85 (Morisset et al., 2013) as well as STEC in bovine feces (Verhaegen et al., 2016) and viral DNA in 86 clinical serum (Hayden et al., 2013; Strain et al., 2013). ddPCR is less sensitive to inhibition from 87 88 matrices than comparable techniques such as qPCR and provides greater reproducibility (Hindson et al., 2013). Because ddPCR has its PCR reaction occurring inside a droplet if a droplet contained 89 a single cell any target genes amplified must have been present in the cell. In this way it is possible 90 91 to establish whether two genes are present in the genome of the same cell. As outlined above, the ability to determine whether two virulence factors are present on the same bacterial genome is 92 93 critical for determination of the virotype of *E. coli*. By including bacterial cells instead of DNA in 94 the reaction mixture, ddPCR has been used for the detection of multiple virulence factors in cells of 95 E. coli (McMahon et al., 2017). Because of its improved robustness over qPCR ddPCR may be an excellent 96

97 This study aimed to provide proof of concept of the ability of ddPCR to simultaneously detect two 98 genes in a single cell of *E. coli*, and to use intact cells ddPCR for detection of STEC in different 99 food matrices. The suitability of the method was assessed by using EHEC *E. coli* O157:H7 and 100 EAHEC *E. coli* O104:H4 as model organisms which share common genes such as *stx2* allow the 101 specificity of the technique to be investigated.

102 2 Materials and methods

103 2.1 Growth and Preparation of *E. coli* strains

104 Three E. coli strains were selected on the basis of their virulence genes and serotypes: E. coli O104:H411-3088 (stx2 and wzy0104); E. coli O157:H7 LCDC 7236 (stx1, stx2, and wzy0157) and E. 105 106 coli DH5 α , a reference strains without stx1, stx2, wzyo157 or wzyo104. Cells of the strains were 107 prepared by transferring growth from a single colony from Luria-Bertani (LB) agar into 5mL of LB broth and growing overnight at 37°C. The overnight culture was centrifuged at 5000×g for 10min 108 and the cell pellet was resuspended in 1mL of LB broth. The cell counts of the strains were 109 approximately 5×10^9 cfu/mL, which was determined by duplicate plating of serial dilutions on LB 110 agar. The strains used to generate mixed-cultures in both LB broth and in food were grown 111 112 separately, diluted then mixed at the specified ratio.

113 2.2 Primers and Probes

Primers and probes were designed by the Primer3plus online tool and produced by IDT (Coralville,
Iowa) (Table 1). The primers and probes were designed to amplify targets for pathogen detection, *stx1*, *stx2*, *wzy*0104 and *wzy*0157, or DNA sequences that are 1kb, 10kb, 50kb, 100kb, 1000kb or
2000kb from *stx2* in the O104:H4 genome (Figure 1). The gene coding for the O-antigen assembly

polymerase, wzyE, is present in all strains of *E. coli* and was used as positive control. Primers and probes were rehydrated to stock concentrations of 100 μ M with 1X Tris-EDTA pH8.0 (TE).

120 2.3 Extraction of Genomic DNA and Distance Testing

121 Cells from 1mL of overnight culture were used to extract the genomic DNA (gDNA). DNA was 122 extracted manually with the phenol-chloroform method and with two different commercial kits, 123 Qiagen Blood & Tissue DNA Kit (Qiagen Inc – Toronto, Canada) and Promega Genomic DNA 124 Purification Kit (Promega Madison WI), as described in the manufacturer's instructions for Gram-125 negative bacteria.

126 For DNA extraction with the phenol-chloroform method, cells were lysed by bead beating using a 127 BioSpec Mini-BeadBeater-8 and 0.1 mm Zirconia/Silica Beads for 3 minutes (BioSpec Products, 128 Bartlesville, OK). DNA was then extracted twice with an equal volume of phenol/chloroform/isoamylalcohol (25:24:1), followed by an equal volume of chloroform, and 129 precipitated in isopropanol. 130

All gDNA preparations were quantified by NanoDrop[™] One (Thermofisher Scientific Inc.) and
diluted to 10µg/L.

To determine the fragmentation of DNA with different isolation methods, multiplex ddPCR targeted genes with increasing distance from *stx2* on the genome of *E. coli* O104:H4 (**Figure 1**). Each PCR reaction was conducted with template DNA prepared with different DNA isolation methods, and with intact cells. The percent linkage between *stx2* and other genes with different distances in different templates are shown in **Figure 2**.

138 2.4 Optimization of the Multiplexed Intact cell (E. coli O104:H4) ddPCR Method

Gradient ddPCR was performed to determine optimal temperature for the primers and probes. Optimal distinction between the fluorescence amplitude intensity of positive and negative droplets was observed at annealing temperatures between 58° C and 60° C for the *stx2* and *wzy*₀₁₀₄ assays. An annealing temperature of 58° C was selected for subsequent experiments.

143 2.5 Detection of *E. coli* O104:H4 and O157:H7 in the presence of background *E. coli* strains

To determine the sensitivity of ddPCR for detection of *E. coli* O104:H4 in the presence of other strains of *E. coli*, *E. coli* O104:H4 was mixed with *E. coli* DH5 α , *E. coli* O157:H7 or both at different ratios (**Table 2**). Mixed cultures were inactivated at 60 °C for 15 minutes as a precaution for safely generating droplets with intact pathogenic bacterial cells. One µL of inactivated culture was used as template in 25µL of ddPCR reaction mixture.

149 To evaluate the performance of the multiplexed intact cells ddPCR assay for distinguishing E. coli O157:H7 in the presence of multiple background strains, overnight cultures of *E. coli* DH5α and *E.* 150 coli O104:H4 were mixed with E. coli O157:H7 at different ratios (Table 2). The combined cell 151 count of E. coli strains was approximately 10^7 cfu/mL in all reactions. The targets stx1, stx2, 152 wzy0157 and wzyE were used to detect E. coli strains with the following combinations of primers and 153 probes: stx1 and wzy0157; stx2 and wzy0157; stx1 and wzyE; and stx2 and wzyE. E. coli O157:H7 154 harbors all four target genes; stx2 is additionally present in E. coli O104:H4 and wzyE is present in 155 all strains of E. coli (Figure 5). 156

157 2.6 Detection of *E. coli* O104:H4 in food matrix with different proportions of background strains

158 In order to detect *E. coli* O104:H4 in a food matrix, cells of *E. coli* O104:H4 and *E. coli* O157:H7

were mixed at a log ratio of 5:5 (10^5 cfu/ml of *E. coli* O104:H4 to 10^5 cfu/ml of *E. coli* O157:H7)

160 or 5:6 and added 1ml of the mixture directly into 50mL of either apple juice or milk, or directly

161 onto 50g of fresh spinach leave. After the cells were added to the spinach the they were gently 162 massaged into the spinach manually For apple juice and milk, 1μ L of the inoculated samples was 163 used directly as the ddPCR template, whereas the inoculated spinach was washed with 50mL LB 164 broth by inverting the tube 50 times, 1μ L of which was used as the ddPCR template. Uninoculated 165 apple juice, milk and spinach wash were used for the respective negative controls.

To determine the detection limit of *E. coli* O104:H4 in the presence of a high microbial background, approximately 10^2 cfu of *E. coli* O104:H4 and 10^4 cfu of *E. coli* O157:H7 were inoculated into 50mL apple juice. Aliquots of 50mL of the inoculated apple juice were centrifuged at 5000×g for 10min. The pellet was resuspended in 1mL LB broth, and centrifuged at 5000×g for 10 minutes. Finally, the pellet was resuspended in 100µL LB broth and inactivated at 60 °C for 15 minutes prior to transferring 1µL to a 25µL reaction system. This experiment was performed with 22 independent replicates.

173 2.7 Droplet Digital PCR (ddPCR)

174 Droplet digital PCR was performed according to McMahon et al. 2017 with modifications (McMahon et al., 2017). In brief, the 25µl PCR reaction consisted of 1X supermix for probes (Bio-175 Rad), 1.8µM each of stx1 and stx2 primers; other primers were used at 2.25µM. Probes for stx1 and 176 *stx2* were used at 0.5μ M and all other probes were used at 0.625μ M. The PCR cycle was as follows: 177 95°C for 5min initial denaturation; 40 cycles of 95°C for 20s and between 52°C and 62°C for 60s; 178 followed by 94°C for 10min and then held at 4°C. In the reactions with restriction enzyme 2.5µl of 179 BamHI FastDigest (ThermoFisher Scientific Inc.) was used and an 80°C enzyme inactivation step 180 was added to the beginning of the PCR cycle. The droplets were read using the QX200TM ddPCR 181 182 system (Bio-Rad Laboratories, Inc.) A cutoff of no fewer than 10000 droplets was used for all

183 samples (Pinheiro et al., 2012). The association between the *stx* and *wzy* or other targets was
184 assessed by the "% linkage" value, which was calculated as follows:

185 % linkage =
$$100 \left(\frac{\# of droplets positive for target A and B}{\# of droplets positive for target A}\right)$$

186 where A and B represent the two genes targeted by the assay.

187 All PCR reactions with *E. coli* inoculated in food employed un-inoculated food samples (apple
188 juice, milk, or spinach) as negative controls.

189 **3 Results**

190 3.1 Comparison of the Percent Linkage of *stx2* and other Genes in *E. coli* O104:H4

Extracted DNA and whole cells were used to determine if linkages of distant genes was possible 191 192 using extracted DNA. Amplification of all targets was observed with both whole cell and gDNA 193 extracted templates (Figure 2 and data not shown). When the target genes were 1 kbp apart, coamplification of both targets was observed when whole cells or DNA obtained with all of the four 194 DNA isolation methods was used as template (Figure 2). When the target genes were 10 or 50 kbp 195 196 apart, co-amplification of both targets was observed when whole cells or DNA obtained with the 197 Genomic DNA isolation kit was used as template while the % linkage obtained with other template 198 DNA was low (Fig. 2a). When the target genes were more than 100 kbp apart, co-amplification was 199 observed only when whole cells were used as template (Figure 2). To assess the possibility that the tertiary structure of the chromosomal DNA was preventing access to the target genes, the percent 200 linkage of the digested DNA through the integration of the restriction enzyme BamHI in the ddPCR 201 mixture was compared to the heat-treated cells (Figure 2a). The addition of the restriction enzyme 202 203 digestion did not result in significant increase in the percent linkage between the stx and other targets. These results demonstrate that DNA isolation shear DNA to fragments that are sized
between 10-50 kbp; intact cell ddPCR but not PCR with isolated gDNA is suitable to detect
whether two genes are present on the same chromosome.

207 3.2 Evaluation of the ddPCR method in the presence of background strains

To determine whether the presence of closely related strains of E. coli interferes with ddPCR 208 amplification of the target genes, or the % linkage of the two target genes, E. coli O104:H4 was 209 mixed with other E. coli strains. Other E. coli strains were added to exceed the cell counts of the 210 target strain up to 10,000 fold, i.e. exceeding the ratio of target to background that is expected in 211 food such as meat or produce where the total cell count of E. coli is less than 10^4 cfu/g. In addition, 212 a target to background ratio of 1:20,000 is the lowest ratio that can be detected in digital PCR 213 214 systems that measure 20,000 droplets. When E. coli O104:H4 was mixed with the non-pathogenic E. coli DH5a (Figure 3), E. coli O104:H4 was detectable even when the ratio of target to 215 216 background was 1:10,000. The abundance of the background strain had no effect on the detected copy number of either w_{ZV0104} or stx2. Moreover, the % linkage was essentially unaffected by the 217 background strain. 218

E. coli O104:H4 was also mixed with E. coli O157:H7 (Figure 4) in order to determine the 219 accuracy of ddPCR when a background strain possesses one of the two genes being detected, in this 220 case stx2. Once again the background strain had no apparent effect on the detected gene copy 221 222 numbers. The gene copy number determined for wzyo104 matched the cell count of E. coli O104:H4 223 while the gene copy number determined for stx2 matched the cell counts of (E. coli O104:H4 + 224 O157:H7). The % linkage was calculated on the basis of wzy_{0104} varied when the two strains were 225 used in a different ratio but values remained above 10%. The % linkage on the basis of stx2 was not 226 calculated as this target is also present in E. coli O157:H7 which does not carry wzyo104.

227 3.3 Detection of *E. coli* O157:H7 in LB broth with *E. coli* O104:H4 and *E. coli* DH5α

E. coli O157:H7 was mixed with *E. coli* DH5α and *E. coli* O104:H4 The gene copies determined
for each of the targets matched the cell counts of the respective target strains. The percent linkage
of *stx1* and *wzyo157* was clearly dependent on the overall cell count and the presence of other strains
(Figure 5). The % linkage was highest when low cell counts of *E. coli* O157:H7 were used as
template and remained above 10% in all reactions (Figure 5).

233 3.4 Detection of *E. coli* O104:H4 in food

234 E. coli O104:H4 was mixed with E. coli O157:H7in milk, apple juice and on spinach in order to 235 determine the sensitivity of ddPCR in a food matrix. No positive droplets were detected in ddPCR 236 reactions that used uninoculated milk, apple juice, or spinach as template, excluding interference 237 from the food matrix. Surprisingly, the % linkages were higher in apple juice and milk (Figure 6) than in LB (Figure 4), however, the % linkage for the spinach wash samples was much lower. The 238 gene copies of the respective targets corresponded to the number of cells containing the respective 239 genes in the reaction. The presence of background strains did not affect the detection of E. coli 240 O104:H4. 241

To determine the detection limit of the ddPCR away in liquid foods, 10^2 cfu/ml *E. coli* O104:H4 and 10^4 cfu/ml *E. coli* O157:H7 were added to 50ml of apple juice giving a concentration of 2 cfu/ml and 200 cfu/ml respectively and centrifuged and resuspended in 100µl. The concentration of cells from 50ml apple juice to 100µl LB resulted in a cell count of approximately 1 cfu/µl of *E. coli* O104:H4. One µl of this suspension was used in a ddPCR reaction using the *stx2* and *wzy*₀₁₀₄ primers and probes. Twenty one of the twenty two repeats generated droplets that were positive for both *stx2* and *wzy*₀₁₀₄ (Table 3); one sample was positive only for *wzy*₀₁₀₄. The assay thus detects *E*. *coli* O104:H4 in liquid food if the strain is present at a cell count of 2 cells/mL or higher.

250 4 Discussion

Digital PCR is an effective technique for the detection of bacterial DNA, both because of its 251 precision and its specificity, especially in the presence of food matrices (Hindson et al., 2013; 252 Morisset et al., 2013). In addition, digital PCR differs from other PCR methods in that each 253 template molecule is amplified in a separate reaction chamber, which is generated by water droplets 254 255 emulsified in oil or a microfluidics device (Hindson et al., 2011; Ottesen et al., 2006). This allows distinction between two target genes that are present on the same DNA strand, or in the same 256 bacterial cell (McMahon et al., 2017). A previous study provided proof of concept that the ddPCR 257 258 allows detection of EHEC in food enrichment cultures (McMahon et al., 2017); this study expands prior knowledge by detecting E. coli using serotype, detecting EAHEC in addition to EHEC and by 259 performing direct detection of both EHEC and EAHEC in foods. 260

The virulence of most pathogenic strains of E. coli depends on the simultaneous presence of 261 virulence factors; in particular, enterotoxigenic E. coli and EHEC cause severe disease only when 262 263 the same genome encodes for adhesion factors and toxins (Croxen et al., 2013). In the United States and several other jurisdiction, however, pathogenic E. coli are regulated on the basis of their 264 serotype; regulatory compliance therefore necessitates the detection of the serotype (USDA Food 265 266 Safety and Inspection Service, 2012). The serotype of E. coli strains is readily determined by sequencing or PCR amplification of the O-antigen specific wzy genes (Pintara et al., 2018). This 267 study employed two combinations of toxin genes and wzy genes to detect EHEC in foods, however, 268 269 the assay is readily modified to any other combination of genes, provided that both genes are 270 located on the same strand of template DNA, or in the same cell. The comparison of ddPCR with 271 intact cells as the template to reactions performed with isolated gDNA demonstrated that the distance between two genes on the chromosome influences the result when gDNA is used as the 272 template but not when intact cells are employed in the reaction. ddPCR detects DNA fragmentation 273 when two genes with a known distance from each other are amplified (Han et al., 2019). The 274 fragment size of gDNA that we determined using ddPCR matched the read length achieved with 275 276 long read sequencing (Figure 2 and Jain et al., 2018) suggesting that DNA extraction may be the limitation for that technique as well. Intact cell ddPCR but not PCR with gDNA thus enables 277 278 detection of the presence of two genes in the same cell. Conversely, assays that aim to determine 279 the copy number of genes on bacterial chromosomes should employ highly sheared gDNA (Bhat et al., 2009), e.g. DNA prepared by bead beating, which fragments DNA to template molecules sized 280 between 1 and 10 kbp (Figure 2). 281

Several virulence factors of E. coli including the AAF are encoded on plasmids (Croxen et al., 282 2013). In addition, the temperate Shiga-toxin phage in STEC spontaneously or upon induction by 283 284 stress reverts to the lytic cycle (Livny and Friedman, 2004; Łoś et al., 2009). The production of phage particles that contain stx genes may interfere with the % linkage as determined by ddPCR. E. 285 coli O104:H4 11-3088 harbors an Stx2 prophage; E. coli O157:H7 LCDC 7236 harbors one Stx 1 286 287 prophage and one Stx2 prophage (Mercer et al., 2015). The induction of Shiga-Toxin prophages by stress differs in these two strains (Zhang et al., 2018). In the present study, the % linkage obtained 288 289 with stx genes was comparable to the % linkage obtained with w_{ZY} genes which are not present in 290 phage genomes. This result demonstrates that phage particles, or the presence of multiple copies of a target in the same cell do not interfere with intact cell ddPCR. 291

The % linkage determined in this study with EHEC and EAHEC ranged from 10% to 80%. Values for the % linkage that are below the theoretical value of 100% likely reflect the presence of DNA 294 from permeabilized cells in overnight cultures, or cell lysis during sample preparation. The % linkage obtained with single strains was higher when compared to the % linkage in mixed cultures, 295 indicating that pipetting and centrifugation steps prior to droplet generation compromise cell 296 integrity (compare Figure 2 to Figures 3-6). Sample preparation from spinach involved most 297 pipetting, mixing, and centrifugation steps, which may account for these samples having the lowest 298 299 values for the % linkage (Figure 6). The heating step that was included to eliminate the necessity to conduct ddPCR with intact cells in a biosafety level 1 laboratory (this study) did not decrease the % 300 linkage when compared to a previous study with EHEC (McMahon et al., 2017). Conversely, the 301 302 decrease of the % linkage during sample preparation may suggests that intact cell ddPCR only detectes intact cells that were viable at the time of sample preparation, which is not readily achieved 303 with other PCR methods (Laidlaw et al., 2019; Sidari and Caridi, 2011). 304

McMahon et al. used ddPCR to detect bacteria in enrichment broths (McMahon et al., 2017) but 305 this study is the first time that ddPCR has been used to detect bacteria directly from food. 306 Concentration of bacterial cells by centrifugation increased the sensitivity of intact cell ddPCR to 2 307 cfu/mL; however, regulations require detection of E. coli O157 at a level of negative in 25mL to 308 negative in 325g of sample (Canada Food Inspection Agency, 2019; USDA Food Safety and 309 310 Inspection Service, 2019). Current methods for detection of EHEC all employ an enrichment step, which serves not only to increase the number of viable cells but also to ensure that only viable cells 311 312 are detected (Canada Food Inspection Agency, 2019; Rohde et al., 2017; USDA Food Safety and 313 Inspection Service, 2019; Wolffs et al., 2005). The requirement for enrichment, however, also greatly extends the analysis time. While PCR assays including ddPCR are completed in less than 90 314 min, a single enrichment or a combination of selective and non-selective enrichments add 12-48 h 315 to the analysis time (Law et al., 2015; Rohde et al., 2017). Reducing the requirement for enrichment 316

317 will thus greatly accelerate current methods even if the enrichment step cannot be completely eliminated. The ability of the ddPCR method as employed in the current study to detect less than 318 1000 cells per mL may allow for reduced enrichment time, and thus reduce the overall time 319 required for detection. Rapid analysis is an important criterion for detection of EHEC in perishable 320 foods including ground beef and fresh produce that are shipped only after confirmation that they are 321 322 not contaminated by EHEC. Ultimately, intact cell ddPCR may allow a more accurate detection of pathogenic E. coli in comparison to current methods. Currently, EHEC contamination of foods is 323 regulated on the basis of the O-antigen in the United States, and only the presence of E. coli is 324 325 tested in the EU (Commission of the European Communities, 2005), however the virulence of individual strains is determined by a combination of virulence factors (González-Escalona and 326 Kase, 2019). E. coli cause HUS only if they possess stx1, stx2 or both in combination with 327 virulence factors that mediate adhesion to the intestinal mucosa, most commonly the LEE 328 (Schmidt, 2010) or, in the case of EAHEC, AAF (Brzuszkiewicz et al., 2011). While E. coli 329 O157:H7 and the so-called "Big Six" non-O157 STECs account for most North American 330 foodborne outbreaks linked to EHEC, not all strains carrying these O-antigens are EHEC as they 331 lack stx or adhesion factors (Delannoy et al., 2013; Gamage et al., 2003), and not all EHEC belong 332 333 to one of the 7 serotypes that are regulated in the U.S (Mathusa et al., 2010). Intact cell ddPCR enables the simultaneous detection of two virulence genes in a single cell, something that normally 334 requires isolation of a strain into a pure culture, and thus more accurately predicts the potential of 335 336 strain to cause severe disease in humans. Currently, ddPCR equipment is limited to simultaneous detection of only two targets, and current equipment does not allow multiplexing of PCR reactions 337 338 on the basis of melt curves. These limitations, however, can currently be addressed by using

multiple PCR reactions per samples, and may be eliminated by improved design of ddPCRequipment.

341 **5.** Conclusions

This study demonstrated that intact cell ddPCR accurately detects EHEC in foods; in particular, intact cell ddPCR allows for the unprecedented determination of whether two genes (coding for virulence factors) are present in the same bacterial cell. Because the ability of EHEC to cause disease in humans is dependent on the simultaneous presence of multiple virulence factors in the genome of a single cell, ddPCR for simultaneous detection of virulence factors, or of *stx* and the serotype will greatly facilitate the accurate detection of pathogenic *E. coli* in foods.

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513 **Figure legends**

Figure 1. Location of target genes on the circular genome of *E. coli* O104:H4. A schematic presentation of the location of the primer and probe combination on the *E. coli* O104:H4 2011C-3493 genome (NC_018658.1). The *wzyE* primer/probe conbination was used for the 2000kbp marker.

Figure 2. Linkage between stx^2 and other genes with different distances. **Panel A:** % linkage between stx^2 and other genes with increasing distances using whole cells or gDNA extracted by different methods as template. Data are shown as means \pm standard deviation of three independent replicates. **Panel B:** Representative 2D plots generated by the QuantaSoft analysis software for O104:H4 cells or DNA isolated with either the promega genomic DNA purification kit or phenolchloroform, targeting genes either 1 kbp or 2000 kbp apart.

Figure 3. Percent linkage (**Panels A and C**) and copy number of *stx2* and *wzy*₀₁₀₄ (**Panel B and D**) determined with *E. coli* O104:H4 and with *E. coli* DH5 α as background at different proportions. Experiments were conducted to maintain a constant cell count of *E. coli* DH5 α (**Panels A and B**) or a constant cell count of *E. coli* O104 (**Panels C and D**). Data are shown as means ± standard deviation of three independent replicates.

Figure 4. Percent linkage (Panels A and C) and copy number of *stx2* and *wzy*₀₁₀₄ (Panel B and D)
determined with *E. coli* O104:H4 and with *E. coli*O157H7 as background at different proportions.
Data are shown as means ± standard deviation of three independent replicates.

532 Figure 5. Percent linkage (Panel A) and gene copy number (Panel B) at different proportions of

strains *E. coli* O157:H7, *E. coli* O104:H4 and *E. coli* DH5α. The % linkage shown in **Panel A** was

calculated as follows: $\boxtimes (stx1+wzyo_{157})/stx1$, $\square (stx1+wzyo_{157})/wzyo_{157}$, $\square (stx2+wzyo_{157})/stx2$,

535 $(stx2+wzyo_{157})/wzy_{0157}$, (stx2+wzyE)/stx2, (stx2+wzyE)/wzyE. Bars in **Panel B** show the 536 copy number of the following target genes using the primer probe pair in brackets: zzz - $537 stx1(stx1+wzy_{0157})$, $- wzy_{0157}(stx1+wzy_{0157})$, $- stx2(stx2+wzy_{0157})$, $zz - wzy_{0157}(stx2+wzy_{0157})$, zz -538 stx2(stx2+wzyE), - wzyE(stx2+wzyE). Data are shown as means \pm standard deviation of three 539 independent replicates.

Figure 6. Detection of *E. coli* O104:H4 in food with *E. coli* O157:H7 as background at different proportions. Panel A, % linkage between *stx2* and *wzy*₀₁₀₄; Panel B: copy number of *stx2*; Panel C, copy number of *wzy*₀₁₀₄. \blacksquare Log ratio of *E. coli* O104:H4 and *E. coli* O157:H7 5:5, \blacksquare Log ratio of *E.coli* O104:H4 and *E. coli* O157:H7 5:6. Data are shown as means ± standard deviation of three independent replicates. The horizontal line indicates the detection limit of 10³ gene copies / mL. Gene copy numbers in uninoculated apple juice, milk, and spinach were all below the detection limit.

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Oligos	Sequence(5' \rightarrow 3')	Amplicon Size (bp)
Stx2-F	ACTCTGACACCATCCTCT	118
Stx2-R	CACTGTCTGAAACTGCTC	118
O104wzy-F	GCAATAGCCAATTTGCACAT	160
O104wzy-R	CCCGGGGCAATTATCATTAA	100
Stx1-F	TTACCCCCTCAACTGCTAAT	101
Stx1-R	GTTTCCTTCTATGTGTCCGG	101
O157wzy-F	CTAACAGTTCTGCTCCATAC	111
O157wzy-R	AGGGAATAAAGCATCAAGAC	111
1kbp-F	GTCTCCCCCAACACGTAATA	101
1kbp-R	GACGATGACGCGATGATTAT	101
10kbp-F	TCTTATCAATGGTGGGCTGT	140
10kbp-R	AGCCTCCTTGATTGGTGAT	140
50kbp-F	CGTGCTTCATTCACGATTTG	159
50kbp-R	GCTGGTCTTCCAGACTTTAC	139
100kbp-F	GTCCACGGCTCATCATTAAT	124
100kbp-R	CGCAAAAGACGGTCGTTA	124
1000kbp-F	GAAGTGATAAATACCGAACGC	115
1000kbp-R	TCTCCCCATCAGGAAACG	115
wzyE-F	GTGAGCCTATAAGCGTAG	92
wzyE-R	GAGTATGGTGCTGAACTC	92
Stx2	56-FAM/ACATTGCTG/ZEN/ATTCGCCCCCAGTT/3IABkFQ	
Stx1	56-FAM/TGCGCATCA/ZEN/GAATTGCCCCCAGAGTGG/3IABkFQ	
O104wzy	5HEX/AGGAGGGTT/ZEN/CGGCACTGGACTTGGGTT/3IABkFQ	
O157wzy	5HEX/AACAAGTAT/ZEN/TTGGAGACATGGGAGC/3IABkFQ	
1kbp	5HEX/CCTGTTAAG/ZEN/GCGAGCCATACACCCGCA/3IABkFQ	
10kbp	5HEX/TGTACAGTC/ZEN/CACCGCCAGCGAGCTT/3IABkFQ	
50kbp	5HEX/TGCCAACGA/ZEN/ACACATGCCCTGCGCA/3IABkFQ	
100kbp	5HEX/ATGCACCAT/ZEN/GACGGACAGCCTGGCT/3IABkFQ	
1000kbp	5HEX/TGGCCGCTG/ZEN/TTTGAGATTGCACCGG/3IABkFQ	
wzyE	5HEX/CGCCAGTCC/ZEN/GGAGTGGTTATTCA/3IABkFQ	

Table 1: Primers and probes used in this study

Table 2: Ratio of *E. coli* strains used in ddPCR experiments

Strain										Lo	g 10	cfu	/ml									
<i>E. coli</i> O104:H4	7	6	5	4	5	5	5	5	5	7	7	6	5	4	5	6	5	5	5	7	3	7
E. coli DH5 α	7	7	7	7	-	6	7	8	9	-	-	-	-	-	-	-	-	-	-	7	7	3
<i>E. coli</i> O157:H7	-	-	-	-	-	-	-	-	-	6	7	7	7	7	-	5	5	6	7	3	7	7

Table 3: Number of positive droplets in detection	of E. coli O104:H4 in apple juice with E. coli
O157:H7 as background 1:100 ratio (Ch1-stx2, Ch2	2- <i>wzy</i> 0104) n = 22

	Average # of droplets	Std. dev	# of negative reactions
stx2 and wzy0104 positive	2.18	1.07	1 of 22
<i>stx2</i> positive / <i>wzy0104</i> negative	44.50	19.18	0 of 22
<i>stx2</i> negative / <i>wzy0104</i> positive	1.00	1.35	10 of 22



Figure 1: Location of target genes on the circular genome of *E. coli* O104:H4. A schematic presentation of the location of the primer and probe combination on the *E. coli* O104:H4 2011C-3493 genome (NC_018658.1). The *wzyE* primer/probe combination was used for the 2000kbp marker.





Figure2: Linkage between *stx2* and other genes with different distances. **Panel A:** % linkage between *stx2* and other genes with increasing distances using whole cells or gDNA extracted by different methods as template. Data are shown as means \pm standard deviation of three independent replicates. **Panel B:** Representative 2D plots generated by the QuantaSoft analysis software for O104:H4 cells or DNA isolated with either the promega genomic DNA purification kit or phenol-chloroform, targeting genes either 1 kbp or 2000 kbp apart.



Figure 3:Percent linkage (**Panels A and C**) and copy number of *stx2* and *wzy*₀₁₀₄ (**Panel B and D**) determined with *E. coli* O104:H4 and with *E. coli* DH5 α as background at different proportions. Experiments were conducted to maintain a constant cell count of *E. coli* DH5 α (**Panels A and B**) or a constant cell count of *E. coli* O104 (**Panels C and D**). Data are shown as means ± standard deviation of three independent replicates.



Figure 4. Percent linkage (**Panels A and C**) and copy number of stx2 and w_{ZYO104} (**Panel B and D**) determined with *E. coli* O104:H4 and with *E. coli* O157:H7 as background at different proportions. Data are shown as means \pm standard deviation of three independent replicates.





Figure 5: Percent linkage (**Panel A**) and gene copy number (**Panel B**) at different proportions of strains *E. coli* O157:H7, *E. coli* O104:H4 and *E. coli* DH5 α . The % linkage shown in **Panel A** was calculated as follows: $\boxtimes (stx1+wzyo157)/stx1$, $\square (stx1+wzyo157)/wzyo157$, $\blacksquare (stx2+wzy0157)/stx2$, $\boxtimes (stx2+wzy0157)/wzyo157$, $\blacksquare (stx2+wzy0157)/wzy0157$, $\blacksquare (stx2+wzy0157)/wzy0157)$, $\blacksquare (stx2+wzy0157)/wzy0157)$, $\blacksquare (stx2+wzy0157)/wzy0157)$,



Figure 6: Detection of *E. coli* O104:H4 in food with *E. coli* O157:H7 as background at different proportions. **Panel A**, % linkage between *stx2* and *wzy*0104; **Panel B**: copy number of *stx2*; **Panel C**, copy number of *wzy*0104. Cog ratio of *E. coli* O104:H4 and *E. coli* O157:H7 5:5, Cog ratio of *E. coli* O104:H4 and *E. coli* O157:H7 5:5, Cog ratio of *E. coli* O104:H4 and *E. coli* O157:H7 5:6. Data are shown as means \pm standard deviation of three independent replicates. The horizontal line indicates the detection limit of 10³ gene copies/mL. Gene copy numbers in uninoculated apple juice, milk, and spinach were all below the detection limit.