# The IMAP team



Left to right: Maria Paterok, Roger Smith award recipient; Kendra Wells, project manager and lead research assistant; Adam Beeby, secondary research assistant; Lia Daniels, PhD, professor and project lead



# SUPPORTING **STUDENT WELLBEING** IN ASSESSMENT

# MENTAL HEALTH IN CRISIS

# 58.1% (almost 3 out of 5) Canadian university students identified academic stress as being difficult to handle.

ASSESSMENT is one of the largest contributors to poor mental health with

**OVER HALF** of students reporting above average to tremendous stress levels.

ASIC PSYCHOLOGICAL NEEDS For wellbeing to occur, everyone needs three basic psychological needs (BPN) met: autonomy, competence, and relatedness.

# BPN + ASSESSMENT

When instructors support BPN in the planning, format, scoring, and feedback stages of assessments, students are likely to experience improved wellbeing

# REFERENCES

Daniels, L., Wells, H. (n. d.) Self Determination Theory as a Framework for Student Assessment Nell-being. Handbook on Equity in Assessment. Linden, B., Grey, S., Stuart, H. (2018) National Standard for the Psychological Health and Safety of Post-Secondary Students - Phase I: Scoping Literature Review. Athebasco University. https://www.athabascau.ca/supportservices/\_documents/psyc\_safety\_report\_cdn\_standards\_students









Intrinsically Motivating Assessment Practices: Expanding Knowledge on Student Wellbeing Through Assessment

# **UNIVERSITY OF**

# Major Roger Smith Tasks **1.Literature Search on High-Quality Rubrics**

Select the relevant learner outcomes to score

arner Outcomes TO DETERMINE CRITER

- Turn each learner outcome into one rubric criterior
- Place criteria in a logical order Keep criteria separate to avoid double penalties/reward
- Avoid over-controlling aspects of the assignment that are not linked to an LO
- Aim for 4-6 criteria in tota

- Determine how many levels of performance exist for a criterio Describe what the quality of performance looks like at each level of the criterior
- Avoid counting as an indicator of performance e.g., includes 3 example
- Keep length of all descriptions about equal
- Avoid words like not, no, never, always, completely, absolutely Avoid biased langua
- Use an appropriate reading level
- Proofread

### udent Input on the Rubric

- Provide students with the rubric before they do the assessmen
- Ensure students understand the criteria and performance leve Explain when/how they will get their scores and feedback
- Make adjustments to the rubric based on student input before scoring b

### coring and Feedback

- Consider scoring by criterion rather than by full assessmen
- Do not let scores on earlier criteria influence late
- If there are multiple scorers, look at examples together and calibrate scores
- Provide personalized feedback in addition to the rubric criteria they achieved Offer students an opportunity to comment on the assessme

# 2. Co-authoring a Conference **Submission**

Students' Emotions in Multiple Choice Exams: An Experimental Study

**Objectives or Purposes** 

In this paper, we used control-value theory (CVT) to examine how experimentally manipulating the degree of quality and autonomy-support in a multiple-choice question (MCQ) exam impacts students' exam performance and three indicators of subjective well-being in assessment: control, value, and emotions.

**Theoretical Framework** 

**Assessment in Higher Education** 

# 3. Qualitative and Quantitative **Data Analysis in JASP**

Frequencies for DEDUCTIVE	

group	DEDUCTIVE	Frequency	Percent	Valid Percent	Cumulative Percer
1	poorly worded, confusing	8	11.940	44.444	44.444
	no right answer, opinion	5	7.463	27.778	72.222
	number of options	4	5.970	22.222	94.444
	poorly worded, confusing (?)	1	1.493	5.556	100.000
	concise, straightforward	0	0.000	0.000	100.000
	bolded important words	0	0.000	0.000	100.000
	number of options (?)	0	0.000	0.000	100.000
	organization by topic	0	0.000	0.000	100.000
	instructor message	0	0.000	0.000	100.000
	Missing	49	73.134		
	Total	67	100.000		
2	poorly worded, confusing	0	0.000	0.000	0.000
	no right answer, opinion	0	0.000	0.000	0.000
	number of options	6	12.245	46.154	46.154
	poorly worded, confusing (?)	0	0.000	0.000	46.154
	concise, straightforward	4	8.163	30.769	76.923
	bolded important words	1	2.041	7.692	84.615
	number of options (?)	2	4.082	15.385	100.000
	organization by topic	0	0.000	0.000	100.000
	instructor message	0	0.000	0.000	100.000
	Missing	36	73.469		
	Total	49	100.000		
3	poorly worded, confusing	0	0.000	0.000	0.000

Cases	Sum of Squares	df	Mean Square	1		р
group	3.892	2	1.946	3.268	0.	039
Residuals	228.039	383	0.595			
lote. Type III Sur	n of Squares				A	
ssumption ( Test for Equality	v of Variances (Leven	e's)				
F		df1	df2		p	
					0.161	
1.836		2.000	383.000		0.161	
ost Hoc Tes Standard (LSI		2.000	383.000		0.161	
ost Hoc Tes Standard (LSI	D)	2.000 Mean Difference	383.000 SE	τ	0.161 Cohen's d	Ptuke
ost Hoc Tes Standard (LSI	D)		SE 0.096	t 210 555		Ptuke 0.448