

**Modeling the Kinetics of EBV in Primary Carriers and  
Transplant Recipients**

by

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## Abstract

Epstein-Barr virus (EBV) is a “kissing disease virus” that has infected more than 95% of the adult human population. It has been associated with diseases such as Acute Infectious Mononucleosis (AIM) and post-transplant lymphoproliferative disorder (PTLD). The kinetics of primary EBV infection has a profound impact on the viral persistence and elements of the kinetic profile have been associated with risk factor for the development of PTLD. In the setting of organ transplantation, optimising immunosuppressive therapy remains difficult because preventing rejection must be balanced against the risk of infection and malignancy. Our knowledge of how immunosuppression affects quantitative levels of EBV-infected cells in transplant recipients is limited. We developed a mathematical model of primary EBV infection based on the biological process of EBV infection of B cells and immune responses to EBV based on the theoretical model of EBV biology known as the germinal center model. We used the model to investigate the impacts of immunosuppression on EBV kinetics in transplant settings by coupling the mathematical model of EBV infection with mathematical models of drugs used to mitigate organ rejection in transplant recipients. The model was able to reproduce patterns of the kinetics of EBV infection observed in clinical data. Our model analysis showed that the rate of EBV infection of naïve B cells, the proliferation rate of infected B cells in the germinal center, and the activation rate of EBV specific cytotoxic lymphocytes (CTL) are key model parameters that strongly influence kinetics of primary EBV infection. The inoculation size of the EBV

affects the peak value of EBV memory B cells and the time to peak. Antiviral treatments of duration 3-6 months have little effect on the EBV-infected memory B cell load, and a perfect antiviral agent applied long-term can clear EBV in this compartment in three years. Antithymocyte globulin appeared to increase both peak and set point in the memory B cell compartment when combined with maintenance immunosuppression alone in contrast to the use of basiliximab. We observed higher peak, longer time to peak, longer time to setpoint, and higher setpoint for infected memory B cells and EBV with antithymocyte globulin combined with maintenance immunosuppression alone compared to the use of basiliximab combined with maintenance immunosuppression. Antiviral treatment given at the time of transplant for period of 3-6 months appeared to reduce peak viral load when combined with either antithymocyte globulin or basiliximab and maintenance immunosuppression.

Keywords: EBV, AIM, PTLD, Mathematical Modeling, Epidemiology, Transplantation, Immunosuppressive drugs, Antithymocyte globulin, Basiliximab, Rituximab, Immunology, Valganciclovir

## Preface

The models developed in Chapters 2 and 3 of this thesis were developed by me under the supervision of Dr Li and Dr Preiksaitis. I was responsible for literature reviews, proposing the models, computer simulations, and model analysis. Chapters 2 and 3 of this thesis are manuscripts in preparation for which Michael Akinwumi acknowledges the support of the PIMS IGTC in Mathematical Biology for their scholarship stipend, Dr Michael Li acknowledges support by Natural Sciences and Engineering Research Council of Canada (NSERC) and Canada Foundation for Innovation (CFI).

To my family, extended family, teachers, advisors and friends

“... whatever is true, whatever is noble, whatever is pure, whatever is lovely,  
whatever is admirable - if anything is excellent or praiseworthy - think about  
such things.” (NIV Bible, Phil. 4.8)

“Whatever your hand finds to do, do it with all your might, for in the realm  
of the dead, where you are going, there is neither working nor planning nor  
knowledge nor wisdom.” (NIV Bible, Eccl. 9.10)

“When life is a hard game  
Don't you blame  
It's your chance to  
Arise your arm  
Let your spirit be brave  
Always fight to hold your name  
No matter how bad or rough  
You never surrender  
... ”

(The Legend of Bruce Lee. Dir. Moon-ki Lee. China, 2008. Film.)

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# Chapter 1

## General introduction and outline of the thesis

### 1.1 Introduction

The Germinal Center Model (GCM) was developed to explain persistent infection by Epstein Barr virus (EBV). Although elements of the model remain controversial, this model is most consistent with clinical observations and is the most widely accepted model for EBV biology [1, 16–20, 24–27, 30, 52]. EBV is a member of the herpesvirus family and the characteristic feature of a herpesvirus is the persistent latent infection for the lifetime of its host. Each herpesvirus has a target tissue where it persists and once at the site of persistent infection, it uses optimal gene expression to evade immune responses and persist with minimal effect on the host where it remains for the rest of its host's life. EBV is B lymphotropic and the virus persists quiescently in resting memory B cells for the lifetime of the host in a non-pathogenic state that is



also invisible to the immune response.

EBV is characterised by an acute viremic stage that resolves into a persistent low-level infectious stage with viral shedding in the saliva that co-exists with persist latency of the virus in memory B cells despite the presence of a potent immune response directed at the virus. Although, periodic higher level of infectious states may occur, in general, the low level of persistence in memory B cells, known as the viral set point, remains remarkably stable for the lifetime of the host [1, 18, 20]. Dynamically, stability is a situation that requires the mechanisms regulating the state to drive it back to the fixed point whenever it is perturbed. The focus of this thesis is to identify measurable clinical parameters that influence the peak and the time to peak of infectious activity, and the virus “setpoint” and the time to “setpoint” during the course of primary EBV infection in both the immunocompetent host and in (solid organ) transplant recipients.

## **1.2 EBV Biology**

### **1.2.1 Historical perspective, epidemiology and clinical disease associated with EBV infection**

In 1964, Epstein-Barr Virus was discovered using electron microscopy to examine a cell line derived from Burkitt’s lymphoma tissue [1, 27, 28]. Shortly thereafter, using serologic assays with antigens derived from these cell lines to test patient sera, EBV was found to cause a disease known as acute infectious mononucleosis (AIM) which affected primarily adolescents and young adults in developed countries and was characterized by fever, pharyngitis and lym-

phadenopathy [1, 18]. Although AIM is usually a self-limited infection, it can cause significant morbidity and mortality. On further serologic testing of sera in general populations it was found that EBV infection is almost universal in man. In developing countries, almost all subjects are infected by the age of 5 years and > 90% of the population is infected by the age of 40 [1, 18, 26, 27]. Infection in childhood is normally asymptomatic and the syndrome known as AIM is seen almost exclusively in adolescence and early adult life. EBV is known to be transmitted by intimate exposure to infected saliva which has resulted in IM being given the moniker of “kissing disease”.

### **1.2.2 The immunocompetent host and primary infection**

Studies have suggested that the symptoms associated with IM are immunopathological, that is, caused by an exaggerated immune response to the virus rather than the direct consequences of viral replication [9]. This hypothesis is consistent with the observations from clinical trials of anti-viral agents that inhibit EBV replication. The use of antivirals when a patient presents with AIM symptoms has no significant impact on these symptoms, because at time the patient presents, the immune system has already begun controlling the infection and the symptoms are due to cytokine responses associated with the immune response and not viral replication [7, 8].

There are no non-primate animal models of EBV infection that represent all aspects of EBV biology because it has a very restricted host range; there are also no cell culture models of lytic virus infection [10, 12, 25, 30]. EBV infection is largely asymptomatic and even when studying AIM patients, the

early events of EBV infection have already past by the time symptoms develop and the patient is diagnosed as being acutely infected with EBV [1, 7–9, 18]. Hence, it is extremely difficult to study EBV infection in humans in order to understand its biology. This makes mathematical modeling of the infection along with interventions that might alter the biology of infection extremely useful.

Much of the biology of primary EBV infection occurs in the germinal centers of the tonsils and in lymph nodes that are not amenable to sampling in humans experiencing acute infection. In that setting, we are restricted to measuring EBV DNA in saliva as a surrogate marker of lytic virus replication and EBV DNA in the lymphocytes of peripheral blood as a surrogate marker of the latently infected B cell compartment [22]. There is a limited body of data with respect to viral detection at these two sites in patients already diagnosed with AIM and more recently investigators have studied seronegative college students and young African children not previously infected with EBV and followed them prospectively at regular intervals to obtain data on early events during infection [35, 36, 150]. This viral data was combined with measurements of the EBV-specific immune response, both serologic and cell-mediated responses. Details of these data are provided below ( see section on clinical data related to viral shedding and immune responses during primary EBV infection in Tables 2.1 and 3.1). These data provide important clinical information for validating the mathematical models we used.

EBV infection has its major public health impact because it is the prototypical tumor virus and has been associated with a number of malignancies including Burkitt’s lymphoma, Hodgkin and non-Hodgkin lymphoma, T/NK

cell lymphoma, and immunodeficiency-associated lymphomas including post-transplant lymphoproliferative disorder (PTLD) [1, 9, 18, 26–28]. Other EBV-associated tumors include nasopharyngeal carcinoma, gastric carcinoma and smooth muscle tumors, the latter occurring largely in subjects who have impaired immune systems [1, 27].

### **1.2.3 Primary EBV infection in the solid organ transplant setting**

A serious complication of the transplantation of solid organs such as kidneys, pancreas, livers, heart, lung and intestinal transplants is an EBV-associated lymphoid malignancy known as post-transplant lymphoproliferative disorder [1, 22, 27, 37]. This often occurs early (i.e. in the first few years after transplant), disproportionately affects children and young adults and is associated with significant morbidity and mortality. Studies of risk factors for PTLD have identified that the patient who is seronegative (i.e. has not been previously exposed to EBV) at the time of transplant and who receives an organ from a donor who is seropositive (i.e. previously exposed) is at significantly increased risk of developing early PTLD [37–39]. Such patients often experience primary EBV infection as the result of EBV transmitted in latently infected donor memory B cells that contaminate the donor organ and from which EBV is reactivated to become lytic and infect recipient B cells. This method of EBV transmission differs from the saliva transmission in immunocompetent subjects.

In a transplant recipient with donor-transmitted EBV infection, primary EBV infection is occurring in the context of a significantly impaired immune system, particularly T cell responses because of the effect of the immuno-

suppressing effects of the drugs the patient is given to prevent organ rejection [40–42]. This is particularly profound early after transplant because of the use of “induction” immunosuppressive agents, most commonly lymphocyte depleting agents such as anti-thymocyte globulin or agents that affect lymphocyte proliferation (i.e. IL2-receptor antagonists such as basiliximab) [42]. These effects are superimposed upon the lifelong effects of maintenance immunosuppression most commonly using drugs such as tacrolimus, mycophenolate mofetil and steroids which are usually tapered to a stable level after the first post-transplant year.

Investigators studying EBV infection after transplant by measuring EBV DNA levels in peripheral blood, primarily and perhaps exclusively in memory B cells, observed that patients who had very high peak viral load measurements in peripheral blood had an increased risk for early PTLD development [22]. This led to prevention programs that involved the monitoring of EBV load in peripheral blood combined with interventions directed at lowering the peak load. Common prevention programs are lowering immunosuppression, use of antiviral drugs or B cell depleting agents when EBV DNA reach specific levels [22]. In addition, some centers give high risk donor EBV seropositive, recipient EBV seronegative anti-viral agents starting at the time of transplant or when viral load is rising to reduce EBV risk [22, 37, 39]. However, it is not clear whether these interventions are effective and their use remains controversial [22]. It is highly unlikely that these interventions will be studied more carefully in randomized clinical trials because of ethical issues, the risk of rejection associated with reducing immunosuppression and the need to use antiviral drugs for other viral complications after transplant. This gives mod-

elling primary EBV infection in a transplant recipient significant potential clinical utility. In the transplant setting, many patients experiencing primary EBV infection early after transplant go on to have markedly elevated EBV viral load in peripheral blood that can persist for many years. It has been suggested that these elevated EBV “set points” may place the patient at increased risk for future PTLD development [22]. In our modeling we therefore studied factors and interventions affecting peak viral load and viral load set points as surrogates of PTLD risk in the transplant population.

#### 1.2.4 The germinal center model

The GCM remains the model that consistently provides a satisfying conceptual framework for understanding the complex behaviours of EBV [1,25,30]. It is built on the simple concept that the virus uses the normal pathways of B cell biology in the lymphoid tissue of Waldeyers ring (tonsils and adenoids) to establish infection, persist and replicate. The virus has evolved to use different gene expression programs - growth program, default program, and latency program - to persist in vivo [1,28].

**The growth program:** The target for EBV infection is a resting cell and consequently the virus must initiate latent gene transcription in a quiescent environment. It infects cells through the interaction of the viral glycoproteins gp350/220 with CD21 [43,44] and gp42/gH/gI with MHC class II on the B cell [45]. The binding of viral particles cause extensive cross-linking of the CD21 signaling complex which provides the signal to begin moving the resting B cells from G0 into the G1 phase of the cell cycle. During this time, the earliest expressed latent protein (EBNA2) is detected. EBNA2 is a tran-

scription factor that activates the promoters essential for production of all the nine latent proteins expressed in the growth program [46]. This transforms infected normal B cells to activated lymphoblasts and begin to proliferate in response to the actions of viral latent proteins [1]. The nine latent proteins of the growth program include six nuclear proteins (EBNAs-Epstein-Barr virus nuclear antigens 1,2,3a,3b,3c and LP) and three membrane proteins (LMPs latent membrane proteins) [1, 28]. Several of the latent proteins have potent growth promoting activity and can act as oncogenes. These include EBNA2, EBNA3a, EBNA3c, and LMP1.

**The default program:** The growth program drives newly infected B cells to undergo an initial phase of rapid expansion with a division time of approximately 8h for about 3 days [47, 48]. In vivo, these cells become germinal center (GC) cells and switch to the default program which is a more limited form of viral gene expression with EBNA1, LMP1 and LMP2 being the expressed proteins. Cells in the GC latently infected with EBV express the classic GC surface phenotype CD10+, CD77+, CD38+, the functional markers AID and bcl-6 [49], and the correct set of chemokine receptors being CXCR4+, CRCR5+, and CCR7- [1]. The latently EBV-infected germinal center B cells are positive for the proliferation marker Ki67 and undergo multiple rounds of cell division ( $\geq 20$ ). Despite this, microdissection studies revealed that there are only on average 3-4 latently infected cells per GC. Consequently, the vast majority of latently infected cells produced from the GC mostly die; otherwise, the memory compartment would be overwhelmed [1, 12, 28].

**The latency program:** EBV in the peripheral blood, is found only in B cells [50] that have the phenotype expected of a latently infected, long-lived,

GC-derived, resting, memory B cell, i.e., classical memory B cells [1, 51–54]. Memory cells latently infected with EBV in the peripheral blood do not express any of the known latent proteins. This led to the conclusion that the site of long-term viral persistence is the memory B cell [1] where it can remain for the lifetime of the host because immunological memory is for life. In the memory compartment, the virus is no longer pathogenic to the host because the genes that drive cellular proliferation and threaten neoplastic disease are turned off.

### **1.3 Human cytotoxic T lymphocyte responses to Epstein-Barr virus infection**

Host immune responses are important in limiting the primary EBV infection and in controlling EBV persistence [55] and the primary and persistent phases of infection are associated with antibody reactivities to lytic and latent EBV antigens [46]. Antibodies to the major virus envelope glycoprotein gp340 can neutralise viral infectivity [56,57] and to mediate antibody-dependent cellular cytotoxicity against cells in the late phase of virus replication [58]. The frequency of EBV-positive lymphoproliferative disease and clinically apparent virus replicative lesions [60] in T cell-immunocompromised patients strongly suggests an important role for cell-mediated immune responses in the control of EBV. The inhibition of B cell outgrowth by virus-specific cytotoxic T lymphocytes (CTL) is seen only in cultures from virus-immune individuals [55] and it provides the first evidence of long-term CTL surveillance over EBV infection [61].

**Primary CTL responses:** The prospective study of acute infectious



mononucleosis (AIM) patients offers an opportunity to monitor primary immune response to a viral infection [36, 55]. AIM effectors have been screened directly for EBV antigen and epitope specificity in ex vivo cytotoxicity assays that have detected unequivocally an EBV-specific CD8<sup>+</sup> CTL response in AIM that is skewed towards a limited range of epitope peptides, most of which are derived from a subset of latent proteins [62]. CD8<sup>+</sup> HLA class I-restricted CTLs to immediate early or early lytic cycle antigens are frequently detectable in the blood of IM patients.

**Immunobiology of EBV persistence:** Successful infection of a new host depends on the ability of EBV to amplify the load of virus-infected B cells rapidly in the short period prior to the CTL response [55]. The main source of virus involved in this early colonisation of the B cell system is the virions produced from local replicative lesions in the oropharynx. BCRF1, a viral homologue of the cellular IL10 gene [63, 64], is one of the viral genes expressed during the late phase of the lytic cycle. In in-vitro studies, viral IL10 can promote the efficiency of virus-induced transformation through its capacity to augment early B cell proliferation [65, 66] and viral IL10 may serve to impede the local generation of CTL responses either to lytically or to latently infected cells [67].

## 1.4 Natural killer cells responses to Epstein-Barr virus infection

The depletion of human natural killer (NK) cells enhances AIM symptoms and promotes EBV-associated tumorigenesis [74]. AIM is accompanied by high

EBV titers and massive lymphocytosis caused primarily by EBV-specific CD8<sup>+</sup> T cells targeting viral antigens that are involved in lytic infection [68,69]. The counts for the innate lymphocyte natural killer cells have been found to correlate with EBV load in AIM [36,73]. Primary immunodeficiencies that affect NK cells or NK cell recognition of EBV-transformed B cells have been reported to be associated with EBV-positive malignancies and high susceptibility to EBV [70–72,74].

## **1.5 Previous mathematical models of EBV persistence**

### **1.5.1 Agent-based model of Epstein-Barr virus infection**

There is no precise animal model for Epstein-Barr Virus (EBV). Shapiro *et al.* used an agent-based model and computer stimulation of EBV infection to explore the development and resolution of virtual EBV infections and identified parameters capable of inducing clearance, persistent infection, or death [88]. The agent-based simulation of EBV infection was based on the generally accepted features of EBV infection. The model provided a virtual Waldeyers ring of tonsils, adenoids and connecting tissue, as well as virtual cells and virus which interact there. Some of the clinically observed features of EBV infection reproduced by the model include: the development of acute and persistent phases; the suggested peak of acute infection based on literature values; the exponential decay of the infected B-cell population; and the relative sizes of the latently infected vs. lytically replication infected cell pools.

The simulation was performed on a graph that represented the anatomy of Waldeyers ring together with abstract compartments for blood and lymph. Each vertex of the graph was a small volume of tissue and was connected by edges to neighboring vertices. Motion of virtual agents between vertices was controlled according to the type of agent and the type of tissue each vertex represented. Agents only interacted when at the same vertex. Locations on the graph were supplied with populations of virtual virus, B-cells, and T-cells which age, change state, move from one location to the next, and interact according to defined rules. All agents were examined and updated at each time step.

The agent types in the model were virus, naïve B-cells, latently infected B-cells, lytically infected B-cells, naïve T-cells, and two types of activated cytotoxic T lymphocytes (CTLs), one directed against each kind of infected B-cell (CTL latent and CTL lytic). The vertices acted as containers for these agents. In the course of a simulation, there was creation, movement, interaction, aging, and death of agents. A population of naïve B cells and naïve T cells was created to populate the underlying graph. These cells were distributed randomly throughout the entire ring. The numbers of agents created and their lifespans were governed by parameters which were initialised. An infection was initiated by creating a population of virus and distributing these only on the surface of the Waldeyers ring. At each stage of simulations, agents moved to neighboring vertices, interacted, and experienced certain life cycle events triggered by aging, interaction, or motion. The population of naïve B cells in the blood was replenished whenever it dropped.

## 1.5.2 Mathematical model of age-dependence of Epstein-Barr virus associated infectious mononucleosis

Huynh and Adler proposed a mathematical model for the regulation of EBV infection within a host to address the dependence of infectious mononucleosis on age [10, 89]. The model tracked the number of virus, infected B cell, infected epithelial cell, and CD8<sup>+</sup> T- cell responses to the infection. The model suggested that variation in host antibody responses and the complexity of the pre-existing cross-reactive T-cell repertoire, both of which depend on age, may play important roles in the etiology of infectious mononucleosis.

The model assumed that the virus primarily targets two cells types, B cells and epithelial cells. In the model, infection of epithelial cells resulted in cell death and lytic replication with viruses bursting out. The model tracked two types of target cells, B cells and epithelial cells, viruses, two types of specific cytotoxic T cells (CTLs) attacking latently infected B cells ( $T_2$ ) and lytically infected cells ( $T_4$ ), respectively, and two types of cross-reacting CTLs against latently ( $T_{2c}$ ) and lytically ( $T_{4c}$ )-infected cells. B cells was classified further into four state variables: naïve B cells ( $B_1$ ), latently infected B cells ( $B_2$ ), latently infected memory B cells ( $B_3$ ) and lytically infected B cells or plasma cells ( $B_4$ ).  $B_2$  and  $B_3$  represented different stages of latency.  $B_2$  were newly infected cells, expressing EBV latent genes and thus recognisable by effector T cells.  $B_3$  represented the next stage of latency with no expression of viral gene and hence no T cell response to these infected memory cells.

The model included two states of epithelial cells: uninfected epithelial cells ( $E_1$ ), and lytically infected epithelial cells ( $E_4$ ). Viruses were classified into

virus derived from B cells ( $V_B$ ) and virus derived from epithelial cells ( $V_E$ ) and virus produced from one cell type preferentially infected the other. Four state variables for T-cell responses were included to examine the effect of immune responses on the dynamics of infection.

The model consisted of a system of twelve ordinary differential equation as follows.

$$\frac{dB_1}{dt} = d_1(B_0 - B_1) - f(a)\mu_{Eb}V_E B_1 - f(a)\mu_{Bb}V_B B_1, \quad (1.1)$$

$$\frac{dB_2}{dt} = \rho(f(a)\mu_{Eb}V_E B_1 + f(a)\mu_{Bb}V_B B_1) - (d_2 + c)B_2 - k_2 B_2 T_2 - \chi_2 k_2 B_2 T_{2c}, \quad (1.2)$$

$$\frac{dB_3}{dt} = cB_2 + rB_3 - srB_3, \quad (1.3)$$

$$\frac{dB_4}{dt} = rB_3 - d_4 B_4 - k_4 B_4 T_4 - \chi_4 k_4 B_4 T_{4c}, \quad (1.4)$$

$$\frac{dE_1}{dt} = d_e(E_0 - E_1) - h(a)\mu_{Be}V_B E_1 - h(a)\mu_{Ee}V_E E_1, \quad (1.5)$$

$$\frac{dE_4}{dt} = h(a)\mu_{Be}V_B E_1 + h(a)\mu_{Ee}V_E E_1 - (d_e + \gamma)E_4 - k_4 E_4 T_4 - \chi_4 k_4 E_4 T_{4c}, \quad (1.6)$$

$$\frac{dV_B}{dt} = nd_4 B_4 - d_v V_B, \quad (1.7)$$

$$\frac{dV_E}{dt} = n\gamma E_4 - d_v V_E, \quad (1.8)$$

$$\frac{dT_2}{dt} = (1 - \sigma_2)\phi_2 T_N \omega(B_2) + \theta_2 T_2 \omega(B_2) - \delta T_2, \quad (1.9)$$

$$\frac{dT_{2c}}{dt} = \sigma_2 m \phi_2 T_M \omega(B_2) + m \theta_2 T_{2c} \omega(B_2) - m \delta T_{2c}, \quad (1.10)$$

$$\frac{dT_4}{dt} = (1 - \sigma_4)\phi_4 T_N \omega(B_4 + E_4) + \theta_4 T_4 \omega(B_4 + E_4) - \delta T_4, \quad (1.11)$$

$$\frac{dT_{4c}}{dt} = \sigma_4 m \phi_4 T_M \omega(B_4 + E_4) + m \theta_4 T_{4c} \omega(B_4 + E_4) - m \delta T_{4c}. \quad (1.12)$$

The dynamics of B cells satisfied these assumptions:

1. Naïve B cells had an initial population size of  $B_0$  and turnover rate  $d_1$ . They were infected by  $V_B$  and  $V_E$  with rates  $f(a)\mu_{Bb}V_B$  and  $f(a)\mu_{Eb}V_E$ , respectively, where  $f(a)$  represents the inhibiting effect of host saliva and antibody responses on the infection of B cells.
2. An infection of a naïve cell  $B_1$  gave rise to one or more latently infected cells  $B_2$  due to the limited proliferation of newly infected cells, where  $\rho$  was the proliferation factor. B2 cells died at rate  $d_2$  and were recognised by specific or cross-reactive effector T cells at rate  $k_2$  or  $\chi_2k_2$ , respectively. They also transformed to latently infected memory state, driven by EBV turning of its gene expression, at rate  $c$ .
3. Infected memory cells  $B_3$  experienced homeostatic regulation similar to normal memory B cells. They were not recognised by the immune system and divided at rate  $r$ , where one cell became lytic and the other became memory cell. The rate  $sr$  represented the death of  $B_3$  due to homeostatic regulation of memory cells, where  $s$  was the regulation factor.
4. Lytically infected B cells  $B_4$  resulted from lytic reactivation of memory infected B cells at rate  $r$ , burst and released viruses at rate  $d_4$  and were recognised by specific or cross-reactive effector T cells at rate  $k_4$  or  $\chi_4k_4$ , respectively.

The dynamics of epithelial cells assumed the following:

1. Uninfected epithelial cells had initial population size of  $E_0$  with turnover rate  $d_e$ . They were infected by  $V_B$  and  $V_E$  with rates  $h(a)\mu_{Be}V_B$  and  $h(a)\mu_{Ee}V_E$ , respectively. The enhancement of effect of host saliva and

antibody responses on infection of epithelial cells was represented by  $h(a)$ .

2. Lytically infected epithelial cells  $E_4$  had a natural death rate of  $d_e$ . Death due to virus bursting was at rate  $\gamma$  and these cells were recognised by specific or cross-reactive effector T cells at rate  $k_4$  or  $\chi_4 k_4$ , respectively.

### 1.5.3 Cyclic pathogenic model of Epstein-Barr virus infection

Hawkins *et al.* developed cyclic pathogen model (CPM) to study interactions between a host and a pathogen, such as EBV, which transits a cycle of antigenically distinct stages [12]. In applying the CPM to the study of EBV, Hawkins *et al.* assumed that persistent infection had reached a stable equilibrium. They also assumed that all the infected stages in the cycle possessed some level of antigenicity and that whether there was an immune response depended on the number of cells at that stage. If it was too high, the immune response would drive the number down to the point where it would just be sufficient to sustain the response. Conversely, if the number was too low, the cells would fail to establish an immune response.

In the cyclic pathogen model (CPM), the pathogen was assumed to transit  $n$  distinct stages. This gave rise to  $2n$  populations, the infected stages  $S_1 \cdots S_n$  and cognate CTL populations  $T_1 \cdots T_n$ . These interacted cyclically via the  $2n$  equations, one pair for each value  $i = 1, \dots, n$  and the stage “previous” to stage  $i = 1$  was stage  $i = n$ .

The mathematical model is as follows

$$\frac{dS_i}{dt} = r_{i-1}f_{i-1}S_{i-1} - (a_i + f_i + p_iT_i), \quad (1.13)$$

$$\frac{dT_i}{dt} = (c_iS_i - b)T_i, \quad (1.14)$$

where for each  $i$

1.  $f_i$  was the rate at which stage  $i$  was lost to become (or produce) stage  $i + 1$ .
2.  $r_i$  was the gain, and was equal to 1 except for the late lytic stage.
3.  $a_i$  was the net death rate. This number was negative for a proliferating stage.
4.  $p_i$  was the killing efficiency for the CTLs at stage  $i$  and encapsulated the likelihood of a CTL finding its target, forming a stable conjugate, and the efficiency of killing.
5.  $c_i$  was the net antigenicity of stage  $i$ , that is, the efficiency with which stage  $i$  maintained CTL activation and provoked CTL proliferation.
6.  $b$  was the rate of decay of the CTL response in the absence of antigen.

#### 1.5.4 Our contribution to mathematical models of EBV infection

Shapiro *et al.* eventually developed a computer simulation of EBV pathogenesis after dissatisfaction with attempts to model EBV infection using differential equations and difference equations [88]. One big drawback of using



agent-based models is that there is no satisfying mathematical theory that allows model results to be reproducible. The model did not consider the growth program, default program and latent program of EBV separately. There was no attempt to model the innate immune system and antibody activity was only implicitly modeled in virus life-span. We developed a mathematical model that is based on generally accepted model of EBV infection and that overcomes most of the challenges faced by the agent-based simulation model of EBV pathogenesis. The model is a system deterministic differential equations and it was simulated based on the biologically feasible parameters used by Shapiro *et al.*

We improved the Huynh-Adler model [10, 89] by adding a separate compartment for infections EBV virions, and splitting the latently infected B cells ( $B_2$ ) into two B cells types: B cells expressing the growth program; and B cells expressing the default program. This approach better approximated the actual pathogenesis of EBV and it would allow specific investigations of the roles played by these cell types in EBV infection. Our focus was not on age-specific roles of EBV and hence we did not consider the roles of cross-reacting CTL responses. There are open questions on the roles of epithelial cells in EBV infection and due to reasons discussed in chapter 4 of this thesis, we did not consider it in our work. We considered three CTL responses to infected B cells expressing the growth program, the default program and the lytic program.

We developed a 6-stage model similar to Hawkins *et al.*'s model by including a compartment each for EBV and naïve B cells. We did not differentiate between immediate early lytic, early lytic and late lytic stages. We assumed that the transcription and translation of the lytic proteins occur on a very

fats time scale. Similar to Hawkins *et al.*'s, we had separate compartments for infected proliferating B cells, infected germinal cells and lytically infected B cells. We also assumed that there was an immune response to each infected compartment except for the memory stage.

## 1.6 Thesis Outline

The focus of this thesis is to identify measurable clinical parameters that influence the homeostatic phase in primary EBV infection in immunocompetent subjects and in (solid organ) transplant recipients. We addressed two research questions in this thesis:

1. What are the implications of kinetics of primary EBV infection for EBV persistence and disease management?
2. What are the impacts of immunosuppressive therapy and antiviral treatment on EBV kinetics in transplantation?

In chapter 2, we address the first research question. We developed a mathematical model that is based on the Germinal Center Model (GCM). We derived the basic reproduction number for the model and its value is consistent with EBV persistence, thus supporting the GCM framework for EBV infection dynamics. We identified key parameters that influence the kinetics of infected memory B cells together with impacts of short-term and long-term antiviral treatments, and inoculation size on the kinetics of infected memory B cells

In chapter 3 we focus on the second research question. We coupled the mathematical model of EBV discussed in chapter 2 with mathematical models

for maintenance immunosuppression treatments, induction treatments, antiviral treatments and rituximab treatments in (solid organ) transplant recipients. We investigated how maintenance immunosuppressive drugs, antithymocyte globulin, basiliximab, antiviral treatment (using valganciclovir), rituximab, and innoculum impact the peak and the time to peak of EBV infectious activity, and the virus setpoint and the time to setpoint during the course of primary EBV infection in transplant recipients. We summarised our findings in chapter 4 with a discussion of limitations and possible ways to extend this work. We have the MATLAB files used for the analysis in the appendix.

## Chapter 2

# Modeling the kinetics of primary EBV infection in the immunocompetent host with implications for viral persistence and disease management

### 2.1 Introduction

EBV infection is asymptomatic in over 95% of the adult human population [75–77, 83, 86], and it is associated with life-threatening complications in solid organ transplants [75, 77, 101]. Primary EBV infection can result in acute infectious mononucleosis (AIM) with a prevalence between 20% and 50% [86]. AIM is a lymphoproliferative disease that may persist for weeks or months,

and it may permanently damage the immune system [86]. Primary EBV infection is also an important risk factor in several B-cell lymphomas, including post-transplant lymphoproliferative disorder (PTLD) [80–82, 101].

Understanding the kinetics of primary EBV infection of B cells and the role of EBV-specific cytotoxic lymphocytes (CTL) immune responses is key to understand the viral dynamics of EBV during acute AIM and the long-term viral persistence. It will also provide insights into the development of the PTLD and better management of the EBV infection among solid organ transplant patients. To quantify the kinetics of primary EBV infection, we developed mathematical models of EBV infection and CTL responses based on the best biomedical knowledge of EBV pathogenesis as formulated in the Germinal Center Model (GCM), first proposed by Thorley-Lawson and his collaborators [79, 81, 87]. Our primary objective was to quantify several important characteristics of kinetics of primary EBV infection and compare our model predictions to clinical data. The important characteristics we studied include the peak value of EBV viral load, time it takes to reach the peak, the role of EBV-specific responses and NK cells, and the impact of inoculation size of EBV. Using sensitivity analysis we were able to identify key model parameters that strongly influence these characteristics. Estimation of the basic reproduction number of the EBV primary infection using our model allowed us to investigate long-term persistence of EBV. We also incorporated into our model both short-term and long-term treatments using the current antiviral agents to study viral management and EBV clearance. Earlier modeling studies of the dynamics of EBV infection primarily focused on factors that lead to EBV persistence. Shapiro *et al.* [88] proposed an agent-based

model of EBV infection to identify parameters that contribute to EBV persistence. Huynh and Adler [89] proposed a deterministic mathematical model of EBV infection and studied the role of epithelial cells in EBV persistence. Adapting a general multistage model of pathogen infection of Delgado-Eckert and Shapiro [109] to EBV infection, Hawkins *et al.* [90] was able to show the model possesses a unique positive equilibrium and predicts long-term persistence of EBV, which further validated the Germinal Center Model (GCM) of EBV infection. In comparison, our modeling study focus on quantitative analysis of the kinetics of primary EBV infection and characteristics that have significant clinical implications. Our model and results laid the foundation for further modeling studies of management of EBV infection among solid organ transplant using maintenance therapies and antiviral treatments.

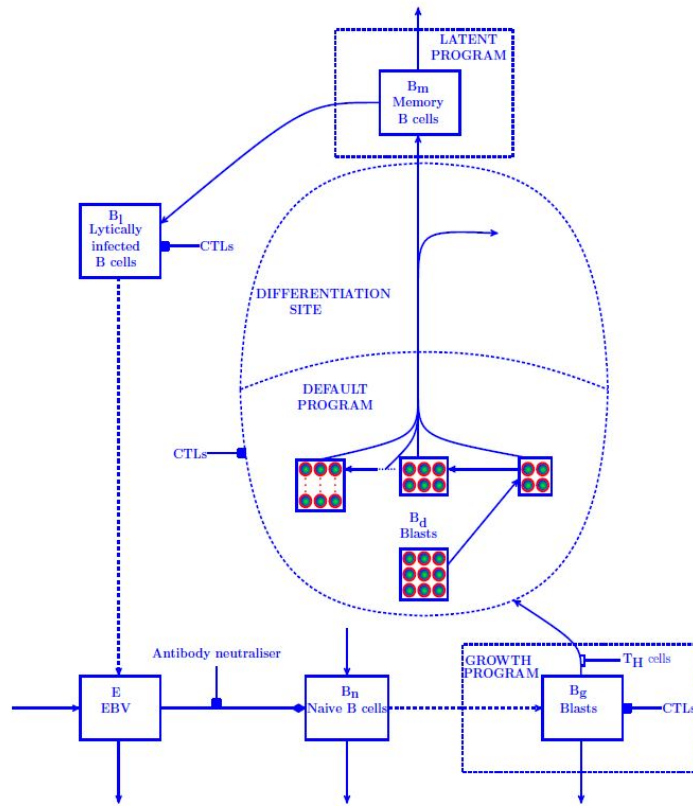
## **2.2 The Germinal Center Model of EBV pathogenesis**

Thorley-Lawson *et al.* [79,81,87] proposed a Germinal Center Model (GCM) for the pathogenesis of EBV infection. The idea that EBV exploits the normal pathway of B-cell differentiation forms the backbone of GCM [78–82, 86, 87]. The sequence of events in EBV infection cycle begins with acquiring EBV virions from saliva exchange with an infected individual and the EBV infection of naïve B cells occurs in the layer below the epithelial cells in the *TONSILAR CRYPTS* to infect a portion of the underlying pool of naïve B cells. Early differentiation of NK cells can restrict lytic EBV infection [102]. The virus can then express a set of nine genes, which constitute its growth program,

and transform the infected B cells into proliferating B blasts. EBV then expresses a restricted set of three genes, that constitute its default program, to transform the B blasts into default B blasts. The default B blasts undergo rapid proliferation in the germinal center while under active CTL response. Two viral proteins resulting from the default program provide signals to rescue some of the default B blasts into the memory compartment where they can become persistently infected memory B cells. Infected memory B cells occasionally reactivate to become cells that undergo lytic replication. These lytic cells can then release infectious EBV particles that can infect naïve B cells. Host immune responses to EBV include early differentiation of NK cells that can restrict EBV infection [102], and EBV-specific cytotoxic T lymphocyte responses to infected B cells at different stages. The GCM is graphically depicted in Figure 2.1. Several modeling studies have validated that GCM can explain long-term persistence of EBV [89, 90].

## 2.3 A Mathematical Model of Primary EBV Infection

Our mathematical model of primary EBV infection is based on GCM and contains all the key stages of EBV infection cycle described in GCM (Figure 2.1). The model has nine interacting agents: free EBV virions, naïve B cells, infected proliferating B blasts, infected default B blasts, infected memory B cells, lytically infected B cells, and three different cytotoxic T lymphocytes (CTLs) specific to the infected proliferating B blasts, default B blasts and lytic B cells:



**Fig 2.1.** A graphic representation of the germinal center model.

- $E$  - Epstein-Barr Virus;
- $B_n$  naïve B cells;
- $B_g$  - infected B cells expressing the growth program;
- $B_d$  - infected B cells expressing the default program;
- $B_m$  infected memory B cells;
- $B_l$  - lytic infected B cells;
- $T_g$  - CTLs specific to infected  $B_g$  cells;



- $T_d$  - CTLs specific to infected  $B_d$ ;
- $T_l$  - CTLs specific to  $B_l$  cells.

### 2.3.1 Derivation of the mathematical model

We assume that EBV is produced at some rate  $\delta_l$  per lytic infected B cell  $B_l$  with burst size  $n$ , and that the turnover rate of EBV particles is  $\delta_e$ . The equation for the dynamics of EBV particle is given by

$$\frac{dE}{dt} = n\delta_l B_l - \delta_e E.$$

In Figure 2.1, we use the input arrow from the environment into the EBV compartment  $E$  to represent a source of EBV infection through exchange of infected saliva. We do not consider this in our work.

EBV particle infects naïve B cells at an effective rate  $\mu_e$ . We assume that naïve B cells are produced at a constant rate  $\lambda_n$  and that the death rate of naïve B cells is  $\delta_n$ . The equation for naïve B cell dynamics is given by

$$\frac{dB_n}{dt} = \lambda_n - \mu_e E B_n - \delta_n B_n.$$

The infected naïve B cells,  $\mu_e E B_n$ , transform into proliferating infected B cells  $B_g$  by expressing the growth program of EBV [78–82, 87]. The transformation can be modulated by early differentiation of NK cells [102] and we use  $\beta$  to represent this effect. These infected B cells  $B_g$  can die at a constant rate  $\delta_g$ , become rescued into the germinal center at some constant rate  $\omega_g$ , and proliferate at a rate  $r_g$ . The CTL response to the B cells expressing the growth program is modeled by  $\delta_1 T_g B_g$ . The dynamics of the  $B_g$  cells is given

by

$$\frac{dB_g}{dt} = (1 - \beta)\mu_e EB_n + (r_g - \omega_g - \delta_g)B_g - \delta_1 T_g B_g.$$

We assume that a fraction  $\omega_g B_g$  of the infected B cells transit to the germinal center to express the default program of EBV. In the germinal center, infected B cells  $B_d$  proliferate at a rate  $r_d$ , die at a rate  $\delta_d$ , and undergo CTL-induced apoptosis at a rate  $\delta_2 T_d B_d$ . A fraction  $w_d$  of  $B_d$  is rescued into the memory compartment. The dynamics of the  $B_d$  cells is given by

$$\frac{dB_d}{dt} = \omega_g B_g + (r_d - \delta_d - \omega_d)B_d - \delta_2 T_d B_d.$$

The default program of EBV provides signals which can rescue the infected germinal B cells into the memory B cell compartment [79–82, 87] at a rate  $\omega_d B_d$ . These infected memory B cells proliferate at a rate  $r_m$ , become lytic infected B cells at a rate  $\omega_m$  and die at a rate  $\delta_m$ . We assume that there is no CTL response to the memory compartment [88–90] since memory B cells do not display EBV proteins that can stimulate immune response. The equation governing the memory compartment is

$$\frac{dB_m}{dt} = \omega_d B_d + (r_m - \omega_m - \delta_m)B_m.$$

Infected memory B cells can reactivate to become lytically infected B cells  $B_l$  at a rate  $\omega_m$  and these lytic B cells die at a rate  $\delta_l$ . We use  $\delta_3 T_l B_l$  to model the CTL response to the lytic B cells. The dynamics of the lytic B cells is governed by

$$\frac{dB_l}{dt} = \omega_m B_m - \delta_l B_l - \delta_3 T_l B_l.$$

To model the dynamics of CTLs, we assume that the proliferation of  $T_g$  that are specific to  $B_g$  is described by  $r_1 T_g B_g$ , and that the turn-out rate is given by  $d_1$ . The dynamics of CTLs  $T_g$  is given by

$$\frac{dT_g}{dt} = r_1 T_g B_g - d_1 T_g.$$

Equations that govern CTLs  $T_d$  and  $T_l$  that are specific to  $B_d$  and  $B_l$ , respectively, can be derived similarly, with respective proliferation rates  $r_2$  and  $r_3$ , and turn-over rates  $d_2$  and  $d_3$ .

The EBV infection dynamics is modeled by the following system of differential equations 2.1–2.9:

$$\frac{dE}{dt} = n\delta_l B_l - \delta_e E, \quad (2.1)$$

$$\frac{dB_n}{dt} = \lambda_n - \mu_e E B_n - \delta_n B_n, \quad (2.2)$$

$$\frac{dB_g}{dt} = (1 - \beta)\mu_e E B_n + (r_g - \omega_g - \delta_g)B_g - \delta_1 T_g B_g, \quad (2.3)$$

$$\frac{dB_d}{dt} = \omega_g B_g + (r_d - \delta_d - \omega_d)B_d - \delta_2 T_d B_d, \quad (2.4)$$

$$\frac{dB_m}{dt} = \omega_d B_d + (r_m - \omega_m - \delta_m)B_m, \quad (2.5)$$

$$\frac{dB_l}{dt} = \omega_m B_m - \delta_l B_l - \delta_3 T_l B_l, \quad (2.6)$$

$$\frac{dT_g}{dt} = r_1 T_g B_g - d_1 T_g, \quad (2.7)$$

$$\frac{dT_d}{dt} = r_2 T_d B_d - d_2 T_d, \quad (2.8)$$

$$\frac{dT_l}{dt} = r_3 T_l B_l - d_3 T_l. \quad (2.9)$$

### 2.3.2 Model parameters

The model parameters are given in Table 2.1, together with their biological interpretations. The numerical values of parameters in the list were obtained from the research literature as detailed in the corresponding references. Infected B cells in the germinal center divide approximately every 6 to 12h and they undergo approximately three rounds of cell division before they die or leave [108]. We used this information to assume that an infected B cell divides every 9h (the mean of 6h to 12h) and then accordingly estimated the proliferation rate of infected GC B cells. We assumed a value for the effect of natural killer (NK) cells of the interaction between EBV and naïve B cells [102].

Our model is the first to explicitly consider all the known stages of EBV infections as outlined in [79, 81, 82, 87, 98]. In particular, we considered all the latent infection stages of B cells since they play significant roles during the primary EBV infection and are essential for our quantitative analysis of the kinetics of the viral dynamics.

**Table 2.1.** Baseline parameters used in simulations of equations 2.1–2.9. The parameters are measured in per week except for  $n$  and  $\beta$  that are dimensionless.

Parameter	Description	Value	Reference
$n$	viral burst size	$1.00 \times 10^5$	[88, 89]
$\delta_l$	Death rate of lytically infected cell due to viral burst	$2.32 \times 10^{-4}$	[88, 89]

$\delta_e$	Death rate of EBV	2.33	[88]
$\lambda_n$	Production rate of naïve B cells	$5.04 \times 10^5$	[88, 89]
$\beta$	NK cells effects on EBV infection	0.80	<sup>1</sup>
$\mu_e$	EBV infection rate per B cell virus	$3.3 \times 10^{-8}$	[89]
$\delta_n$	Death rate of naïve B cells	1.68	[88]
$r_g$	Proliferation rate of infected B cells expressing the growth program	37.8	[88, 89]
$\omega_g$	Transit rate from growth compartment to default compartment	4.90	[89]

---

<sup>1</sup>Assumption.

$\delta_g$	Death rate of infected B cells expressing the growth program	0.88	[88, 89]
$\delta_1$	Rate at which CTL kills infected B cells expressing the growth program	$3.83 \times 10^{-4}$	[89]
$r_d$	Proliferation rate of infected B cells expressing the default program	38.81	[108]
$\omega_d$	Transit rate from default compartment to memory compartment	10.08	[89, 108]
$\delta_d$	Death rate of infected germinal B cells expressing the default program	10.08	[89, 108]

$\delta_2$	Rate at which CTL kills infected B cells expressing the default program	$3.83 \times 10^{-4}$	[89]
$r_m$	Proliferation rate of infected memory B cells	0.00	[88, 89]
$\omega_m$	Reactivation rate of infected memory B cells into lytically infected B cells	0.84	[88, 89]
$\delta_m$	Death rate of infected memory B cells	0.00	[79, 81, 87]
$\delta_3$	Rate at which CTL kills lytically infected B cells	$7.66 \times 10^{-4}$	[88, 89]

$r_1$	Rate of CTL ac- tivation against infected B cells expressing the growth program	$1.40 \times 10^{-3}$	[88, 89]
$r_2$	Rate of CTL ac- tivation against infected B cells expressing the default program	$2.10 \times 10^{-3}$	[88–90]
$r_3$	Rate of CTL ac- tivation against lytically infected B cells	$4.90 \times 10^{-3}$	[88, 89]
$d_1$	Death rate of CTLs re- sponding to the growth compartment	$6.46 \times 10^{-2}$	[88, 90]
$d_2$	Death rate of CTLs re- sponding to the default compartment	$6.46 \times 10^{-2}$	[88, 90]



$d_3$	Death rate of $6.46 \times 10^{-2}$ [88,90]
	CTLs responding to the lytic compartment

---

### 2.3.3 LHS-PRCC methodology

Sensitivity analysis is used to identify key model parameters that have strong influence on the kinetics of EBV infection dynamics. Latin hypercube sampling (LHS) is an efficient Monte Carlo sampling technique that partitions each parameter's range into  $N$  equal intervals and randomly draws only one sample from each interval based on a specified distribution [84, 103, 104].

Partial rank correlation coefficient (PRCC) is a measure of nonlinear, monotonic relationship between a pair of variables after adjusting for linear effects of all parameters of no interest [84, 104]. The Pearson's correlation coefficient

$$\rho_{X,Y} = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^n (x_i - \bar{x})^2 \sum_{i=1}^n (y_i - \bar{y})^2}},$$

quantifies linear relationship between  $X$  and  $Y$  where

$$\{(x_i, y_i) : x_i \in X \text{ and } y_i \in Y\}$$

is the set of paired samples.

Let

$$\hat{X}_j = b_0 + \sum_{\substack{i=1 \\ i \neq j}}^k b_i X_i \text{ and } \hat{Y} = \beta_0 + \sum_{\substack{i=1 \\ i \neq j}}^k \beta_i X_i.$$

PRCC computes the correlation between the residuals  $(X_j - \hat{X}_j)$  and  $(Y_j - \hat{Y})$  where  $X_j$  is the rank transformed  $j^{\text{th}}$  sample of the input parameter and  $Y$  is the rank transformed response variable [84, 104]. If there is more than one input variable, partial correlation provides a measure of the strength and the direction of trends between output and input variables while controlling for the linear effects of the other input variables [84, 104].

### 2.3.4 Identifying influential model parameters

Characteristics of the kinetics of primary EBV infection that have clinical significance are peak value, peak time and set point of the EBV viral load. The measure for the EBV viral load is the number of latently infected B cells in the memory compartments, since this can be clinically measured from patients. In the following sequence (see [84, 104]), we applied the LHS-PRCC methodology above to the model 3.1–3.9 to identify parameters that significantly influence different characteristics of EBV infection kinetics.

1. Sampling: We applied LHS to sample from the space of the parameters in equations 3.1–3.9.
2. Response: We simulated equations 3.1–3.9 with the samples and estimated outputs of interest.
3. Ranking: We ranked both parameter samples and response values and replaced their original values with their ranks.

4. Correlation effect: We calculated PRCC for each input parameter.

We used the parameters in Table 2.1 as baseline values for the analysis. We used LHS-PRCC-based sensitivity analysis techniques to vary some model parameters around their baseline values, drawing 2000 samples of each parameter from an interval centered at the baseline with interval width of 100. This range was chosen to ensure a biologically feasible parameter set (see [90] for details). We considered all model parameters for sensitivity studies and we used  $\pm 0.4$  as threshold partial correlation coefficient (PRCC) or the vulnerability of a parameter to intervention as a criterion for streamlining the parameter list.

### 2.3.5 Antiviral treatments

Acyclovir and its improved form Valganciclovir are among the antiviral drugs that have shown *in vitro* activity against EBV. During reactivation phase of latently infected memory B cells, EBV replicates using the viral DNA polymerase, which is inhibited by acyclovir. By blocking the replication of EBV in lytic memory B cells, the action of acyclovir directly impacts the burst size  $n$  of EBV particles from a lytic memory B cell.

Several clinical studies showed that these drugs can completely inhibit EBV shedding in the saliva but were unable to significantly reduce EBV load in the blood during short-term treatment of length less than 28 days. A clinical study of long-term treatment (12 months) of EBV infected individuals using valganciclovir showed a significant reduction of EBV viral load in the blood [95, 105]. It was suggested that long-term treatment of valganciclovir has the potential to clear EBV infection if no reinfection occurs.

We studied the effects of antiviral treatments using our model by con-

sidering different levels of viral burst size  $n$  in equation 3.1 and for different lengths of treatment course. We have also considered the effects of starting the antiviral treatment at different time point during the course of infection.

## 2.4 Results

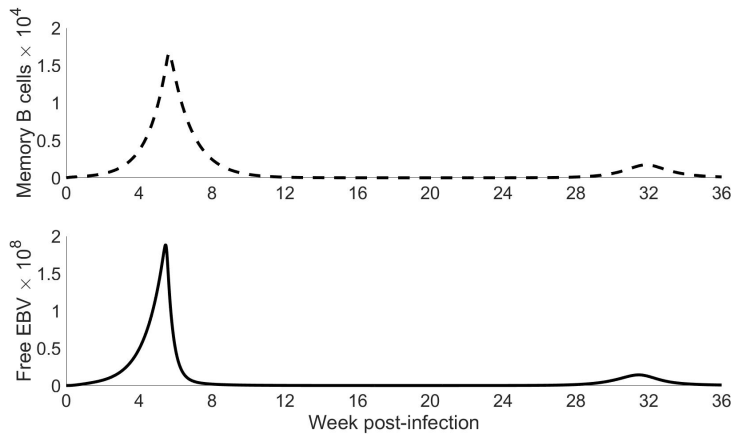
We present simulated profiles of viral loads and infected target cells based on equations 3.1–3.9. We established a linear association between CTL response to lytic B cells and proliferation rate of infected memory B cells or decline rates of infected memory B cells. We present correlates for peak value, time to peak, set-point and time to set-point for infected B cells. We discuss results of simulated short-term and long-term treatment effects on clearance of infected memory B cells. The simulated impact of inoculum size on some of model compartments are discussed.

Results are reported using simulation outputs for compartments of the memory B cells and free EBV, although we observed similar results for other compartments. Free Epstein-Barr virus is used as a surveillance tool for strategies used for the prevention of EBV-associated complications [76]. Infected memory B cells compartment is the site of latent EBV infection and these cells correlate with viral load in cellular blood compartment [76, 79, 81, 86–89, 105, 106].

### 2.4.1 Profile of viral load

Our model simulations were able to reproduce characteristic three-phase profile of primary EBV infection observed in clinical data [86–88]. Clinical studies of primary EBV infection have shown that EBV viral load peaks be-

tween five to six weeks post-infection [86, 105, 106], and followed by a rapid decline for about one week [86, 106, 107]. The rapid decline is followed by a homeostatic phase where the virus persists possibly throughout the host lifetime [79, 81, 82, 86–88]. Using the parameter values in Table 2.1, our model simulations showed a viral peak time about 5 weeks post infection. As shown in Figure 2.2, our model simulations were able to capture these key features quantitatively.



**Fig 2.2.** Model replicates clinical observations of general profile of EBV infection: steady expansion, followed by rapid decline and then homeostasis. Our model simulations showed a peak time at about 5 weeks post infection in numbers of both free EBV and latently infected memory B cells, a rapid decline from peak for about one week, and long-term persistent EBV infection.

### 2.4.2 Model basic reproduction number

The basic reproduction number of a disease dynamics is a key parameter whose value determines the outcome of an infection. For model 3.1–3.9, the basic reproduction number  $R_0$  is the average number of secondary cases of EBV infection caused by one typical infectious free EBV particle in a population consisting of naïve B cells [110, 111]. In general, a basic reproduction number

greater than one leads to persistent infection. Using the next generation matrix approach [110,111], we derived the basic reproduction number  $R_0$  of our model to be

$$R_0 = \frac{n(1 - \beta)\mu_e\lambda_n\omega_g\omega_d\omega_m}{\delta_e\delta_n(w_g + \delta_g - r_g)(w_d + \delta_d - r_d)(w_m + \delta_m - r_m)}, \text{ where } R_0 > 0. \quad (2.10)$$

Using parameter values in Table 2.1, we estimated  $R_0$  to be 4.75. The basic reproduction number being greater than one implies that our model predicts the long-term persistence of EBV infection. This agrees with the profile of EBV infection shown in Figure 2.2. Our result supports findings on viral persistence in earlier model studies [88–90] and further validates that the Germinal Center Model can explain EBV persistence.

The expression of  $R_0$  in equation 2.10 also shows the impact on the basic reproduction number of events during the expression of growth program, default program and latent program of EBV. The effect of NK cells modeled by the parameter  $\beta$  has a direct impact on the value of  $R_0$ .

### 2.4.3 Immunologic and virologic changes during primary EBV infection

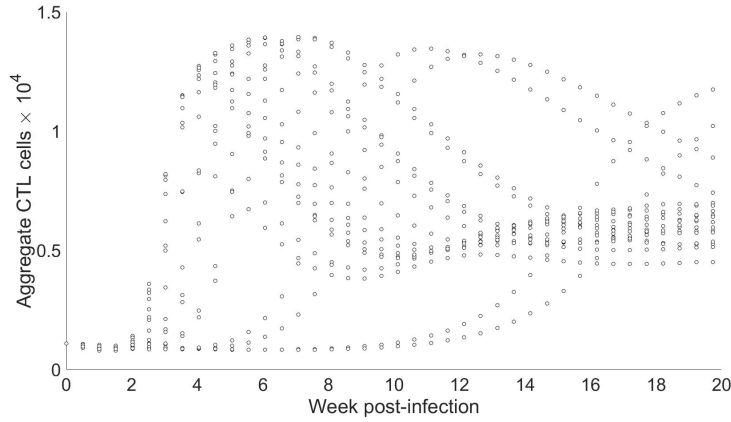
A clinical study of Balfour *et al.* [106] analysed kinetic analysis of immunologic and virologic changes during primary Epstein-Barr virus (EBV) infection. The analysis was based on whole blood samples of subjects at time points from 50 days prior to and 100 days after onset of symptom. The symptom was re-

ported to have occurred in subjects two weeks prior to peak time of CD8 T cells ( Figure 4A of [106]). We used LHS samples to simulate the profiles of free EBV load and aggregate CTL response to infected proliferating, germinal and lytic B cells. CTL pattern shows that the infection peaks at about six weeks post-infection after which the cells resolve to a low level of persistence, see Figure 2.3a. The peak time of CTL cells coincides with the peak time of oral cells EBV, see Figure 2.3a and Figure 2.3b. As shown in Figure 2.3b, our simulation results replicated the observed clinical observations of [106] on oral EBV cells during primary EBV infection.

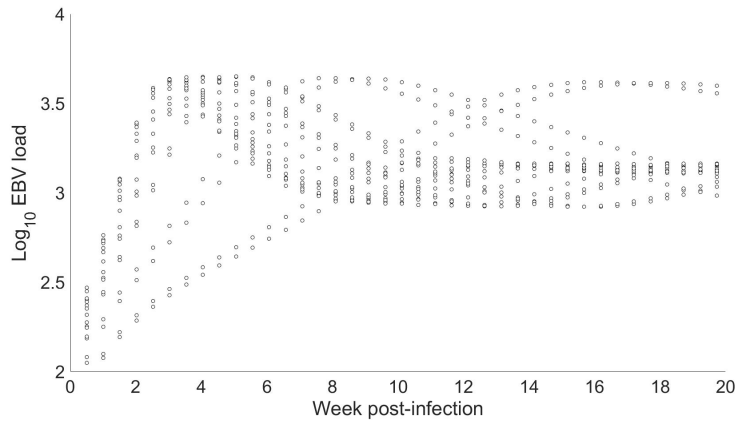
#### **2.4.4 Multiple peaks and decay of infected memory B cells and CTL cells**

Clinical observation showed that both infected memory B cells and CTL cells specific to lytic B cells decay in parallel in the first five to six weeks after infectious mononucleosis patients report to clinic [86, 106]. Our simulation result replicates the observed parallel decay (see Figure 2.4), and this further suggests that both CTL and infected  $B_m$  peak about same time. This results has clinical significance as most primary EBV-infected patients report to clinics later viral peak period [86]. In addition, we showed that variations in proliferation rate  $r_m$  of infected memory B cells can also reduce or elongate time to set-point for infected memory B cells, in addition to the CTL-centric alternative explanation provided in [86].

Our simulations also showed multiple peaks in the viral profile when  $r_m = 0.0027$ . Multiple peaks have been observed in clinical data [107].



(a) Profiles of aggregate CTL response to infected proliferating, germinal and lytic B cells.



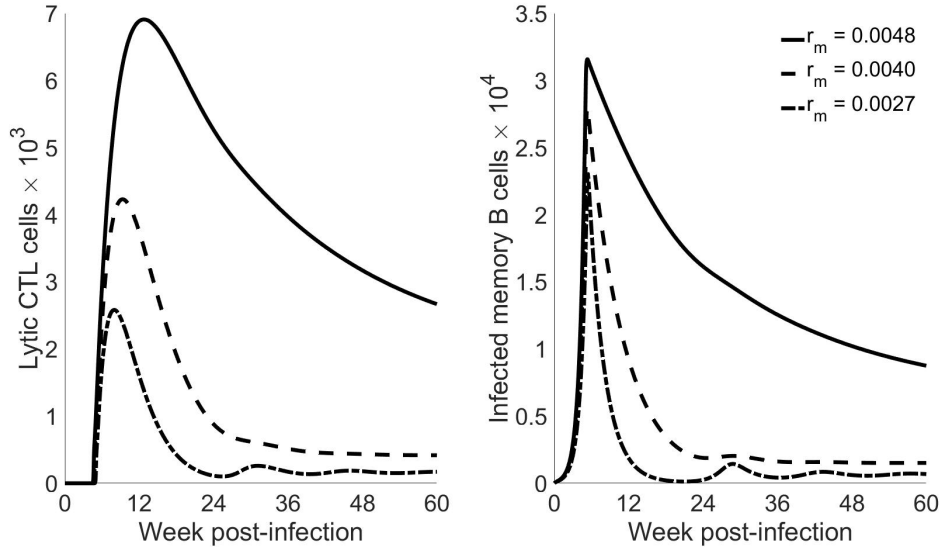
(b) Profile of simulated oral cells or free EBV load.

**Fig 2.3.** Simulated kinetics of CTL response and blood viral loads using thousand LHS samples of model parameters in equations 3.1–3.9.

### 2.4.5 Kinetics of infected memory B cells

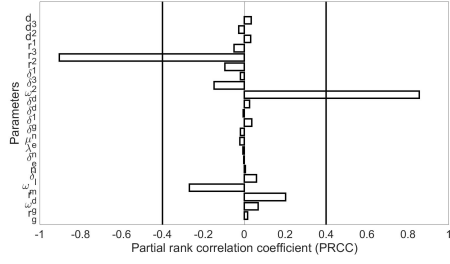
Our sensitivity analysis showed that the rate  $\omega_d$  at which the infected default B cells convert to infected memory B cells appeared to have a strong positive correlation with the peak value of infected memory B cells, Figure 2.5a. The activation rate  $r_2$  of CTLs specific to the germinal center have a strong negative correlation with peak memory B cells, Figure 2.5a. The rate  $r_d$  at



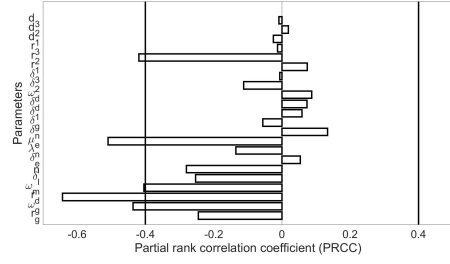


**Fig 2.4.** Model replicates parallel decay of infected memory B cells and CTL cells specific to lytic B cells.

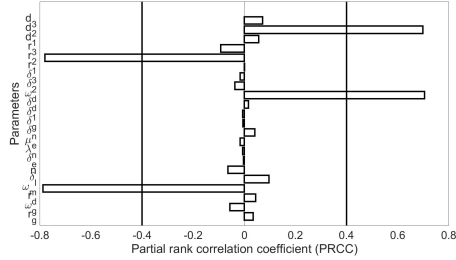
which default B proliferates and infection rate  $\mu_e$  of EBV have a strong negative linear relationship with memory  $B_m$  time to peak and the rate  $\omega_d$  had a strongly positive correlation with  $B_m$  time to peak, Figure 2.5b. We observed a strong negative linear relationship between set-point of infected memory B cells and the activation rate  $r_2$  of CTLs specific to the germinal center or the rate  $\omega_m$  at which infected memory B cells reactivate into lytic B cells, Figure 2.5c. These correlations were all significant at (significance level  $\alpha = 0.001$ ). We observed a weak linear relationship between time to set point of infected memory B cells and the death rate  $d_2$  of CTLs specific to the germinal center, Figure 2.5d.



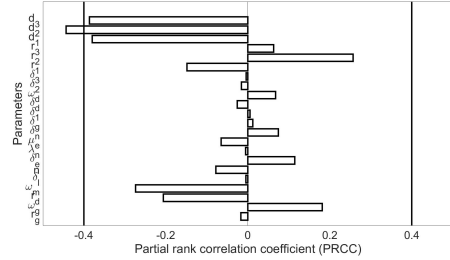
(a) Peak  $B_m$



(b)  $B_m$  time to peak



(c)  $B_m$  set-point



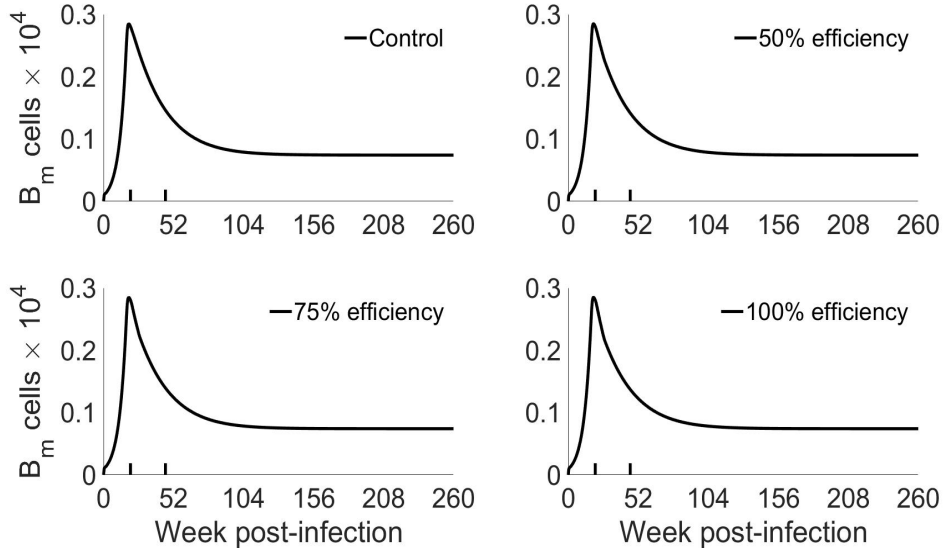
(d)  $B_m$  time to set-point

**Fig 2.5.** Model parameters and their correlation with peak, time to peak, setpoint and time to set point for the  $B_m$  compartment. The horizontal axis shows the partial correlations.

## 2.4.6 Short-term treatment fails to clear infected memory B cells

Our model showed that short-term treatment failed to impact peak, time to peak, set-point or time to set-point of infected memory B cells, Figure 2.6. Valganciclovir and acyclovir are some of the antiviral drugs that have *in vitro* activity against EBV. These drugs are unable to significantly reduce EBV load in the blood during short-term treatment [105]. We simulated short-term treatment with our model by varying the viral burst size  $n$  in equation 3.1 to reflect different treatment efficiencies. We chose six months as treatment window starting close to the peak time. For example, a  $x\%$  efficient treatment for a period of eight weeks was simulated by fixing the viral burst size at  $1 - x\%$

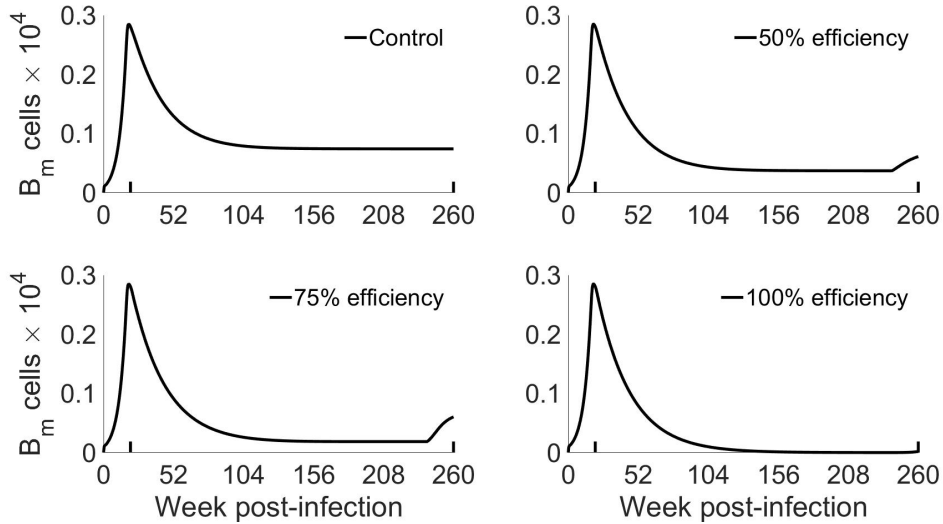
of its value prior to treatment start time until the end of treatment schedule. We observed similar results when treatment window was between three and six months.



**Fig 2.6.** Short-term treatment fails to impact peak, time to peak, set-point or time to set-point of infected memory B cells. Short spikes on the x-axis indicate treatment start or end time.

### 2.4.7 Long-term treatment impacts set-point of memory B cells

Hoshino *et al.* [95] speculated that a long-term EBV-specific valganciclovir treatment could clear the memory B cells compartment of EBV if the host is not reinfected by an exogenous virus [95, 105]. We investigated the effects of long-term antiviral treatment using our model by setting the proliferation rate  $r_g$  to 0.378 per week, the CTL killing rate  $\delta_1$  to 229.82 per week and varying the burst size  $n$  to simulate 50%, 75% and 100% efficiency of the antiviral treatment starting at five weeks prior to peak viral load for a period of four

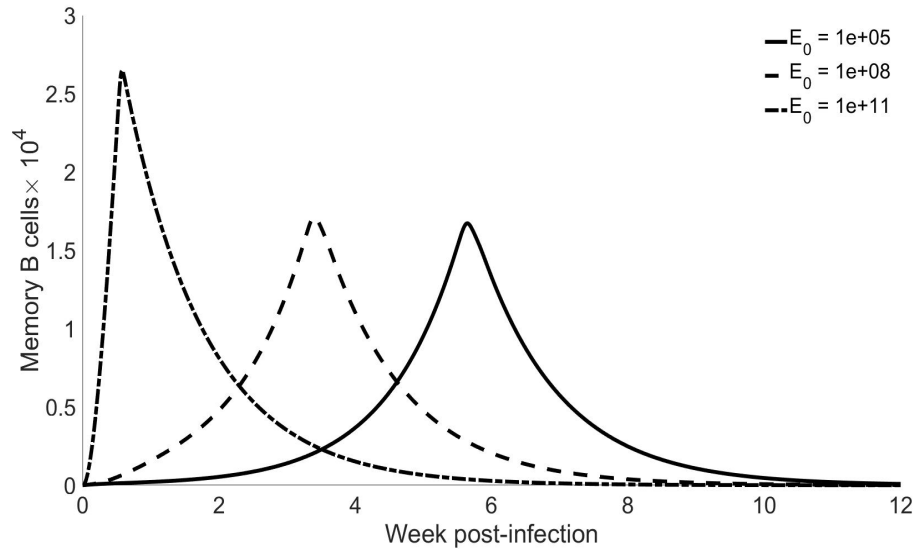


**Fig 2.7.** Long-term treatment impacts set-point of memory B cells kinetics when treatment. Short spikes on the x-axis indicate treatment start or end time.

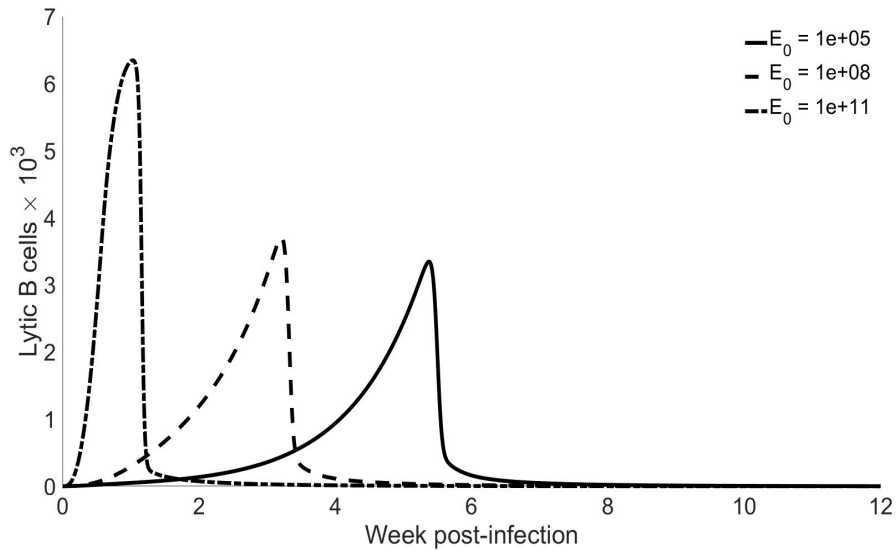
and half years. This resulted in a significantly lower set-point in all EBV-infected compartments, in particular the  $B_m$  compartment, after the first peak (Figure 2.7) and EBV compartment was cleared during the treatment period as speculated by Hoshino *et al.* [95]. We observed similar patterns when treatment length was varied from one to four years. The patterns in Figure 2.7 suggests a during-treatment clearance in the infected cell compartments. The set-point was similarly impacted when treatment efficiency was between 50% and 100% but with a possible relapse prior to end of treatment.

### 2.4.8 The impact of inoculum size

We tested the impact of inoculum size by varying the initial size of EBV infectious particles. Inoculum appeared to effect only the peak value of each compartment, with the exception of naïve B cells compartment, and time to peak for all compartments, see Figure 2.8 and Figure 2.9. An increase in



**Fig 2.8.** Increasing inoculum size impacts peak value and time to peak for EBV-infected memory B cells.



**Fig 2.9.** Increasing inoculum size impacts peak value and time to peak for lytic B cells.

the inoculum size increased the peak values of latently infected memory B cells and lytically infected B cells, and reduced the corresponding times to peak for each compartment. Their set-points and times to set-point appeared

not to be effected by innoculum size. We observed similar results for other compartments.

# Chapter 3

## Impacts of Immunosuppressive Therapy and Antiviral Treatment on EBV Kinetics in Transplantation

### 3.1 Introduction

There is a need to translate how viral infections alter alloreactivity in transplant recipients to improve clinical outcomes of transplantation while adjusting for integrity of protective immunity to pathogenic molecular patterns. Lifelong immunosuppression of transplant recipients can give rise to opportunistic infections and reactivation of latent viral infections such as Epstein-Barr virus more frequently within the first year of transplantation [114, 152, 153]. The Epstein-Barr virus (EBV) genome is prevalent in more than 90% of B cell-

associated complications of solid organ transplantation [148]. EBV's ability to transform B lymphocytes is the leading cause of these disorders [113–115,148].

Immunosuppressive drugs alter immune responses, particularly EBV-directed cytotoxic T lymphocytes response, and survival of EBV-infected cells during transplantation [148]. Immunosuppression is typically expected to result in peak viral loads, possibly setting the stage for malignancy and allograft rejection. Advancement in the development of immunosuppressive drugs has resulted in long-time survival of transplant recipients. Acute rejection rates and 1-year survival rates were at about 60% between 1970s and early 1980s and by mid-1980s rejection rates decreased to 40 – 50% and 1-year survival rates increased to 75 – 85% [131]. A 3-signal model has been proposed for T-cell activation and proliferation and newer immunosuppressive medications target relevant co-stimulatory pathways of this model [147] while minimising proximal toxicities. Intense immunosuppression is usually required immediately after the placement of allograft to minimise the risk of rejection and this class of medications are referred to as “induction agents” [131,151]. These agents are mostly used in combination with maintenance immunosuppressive drugs at lower doses when less immunosuppression is required post-transplant [131,147,151].

Strategy for optimal immunosuppression therapy remains unclear and current understanding of relevance of immunosuppression to kinetics of EBV-infected cells in transplant recipients is limited. Optimal outcome of transplantation in patients with active EBV infection can depend on insights from the contribution of each induction agent as well as their timing and dose. We used mathematical models of primary EBV infections developed in [116,137]



and mathematical models of immunosuppressive drugs [124, 132] to investigate impacts of transplant treatments on the kinetics of EBV infection in transplant context with the objective of identifying parameters that modulate peak values, peak times, set points and times to set points for all model compartments. We focused on maintenance immunosuppressive drugs (tacrolimus, mycophenolate and prednisone) and induction agents (basiliximab and rabbit antithymocyte globulin) with valganciclovir.

## 3.2 Methods

Epstein-Barr virus (EBV) primary infection has been represented by the Germinal Center Model (GCM) proposed by Thorley-Lawson et al. [113–115]. We investigated the impacts of immunosuppression on EBV kinetics in transplant settings by coupling a mathematical model of GCM [116] with mathematical models of common immunosuppressive drugs used by solid organ recipients.

### 3.2.1 Mathematical Model

The mathematical model of GCM is characterised by nine interacting agents: free EBV virions  $E$ , naïve B cells  $B_n$ , infected B cells  $B_g$  expressing growth program, infected B cells  $B_d$  expressing default program, infected memory B cells  $B_m$ , lytically infected B cells  $B_l$ , cytotoxic T lymphocytes (CTLs)  $T_g$  specific to infected B cells expressing growth program, CTLs  $T_d$  specific to infected B cells expressing default program and CTLs  $T_l$  specific to lytically infected B cells. The mathematical model has been described in detail in the previous chapter and we give an overview of the dynamics of these agents

below.

Lytically infected B cells  $B_l$  release infectious EBV  $E$  at a rate  $\delta_l$  with burst size  $n$  and the free virus has turnover rate  $\delta_e$  as in equation 3.1. In equation 3.2, naïve B cells  $B_n$  are produced at a constant rate  $\lambda_n$  with turnover rate  $\delta_n$ , and are infected by EBV particles  $E$  at a rate  $\mu_e$  to become infected B cells  $B_g$  expressing growth program. Infected B cells  $B_g$  die at a rate  $\delta_g$ , are rescued into the germinal center at a rate  $\omega_g$ , proliferate at a rate  $r_g$  with NK cells effect on their production rate modeled by  $1 - \beta$  as in equation 3.3 and  $T_g$  lymphocytes eliminate these cells at a rate  $\delta_1$ .

The  $B_g$  cells are transformed into infected B cells  $B_d$  expressing default program at a rate  $\omega_g$ , which has net proliferation rate  $(r_d - \delta_d - \omega_d)$ , and are eliminated by  $T_d$  lymphocytes at a rate  $\delta_2$ , equation 3.4. A fraction of infected B cells expressing default program transforms into infected memory B cells  $B_m$  at a rate  $\omega_d$  and the net proliferation rate of  $B_m$  is modeled by  $(r_m - \omega_m - \delta_m)$ . Lytically infected B cells  $B_l$  are produced from infected memory cells at a rate  $\omega_m$ , undergo apoptosis at a rate  $\delta_l$  and are eliminated by  $T_l$  lymphocytes at a rate  $\delta_3$ . The respective production rates of  $T_g$ ,  $T_d$  and  $T_l$  are  $r_1$ ,  $r_2$  and  $r_3$  with turnover rates given by  $d_1$ ,  $d_2$  and  $d_3$  respectively.

$$\frac{dE}{dt} = (1 - e_V(t))n\delta_l B_l - \delta_e E, \quad (3.1)$$

$$\frac{dB_n}{dt} = \lambda_n - \mu_e E B_n - \delta_n B_n, \quad (3.2)$$

$$\frac{dB_g}{dt} = (1 - \beta(1 - \varepsilon_a(t)))\mu_e E B_n + (r_g - \omega_g - \delta_g) B_g - \delta_1 T_g B_g, \quad (3.3)$$

$$\frac{dB_d}{dt} = \omega_g B_g + (r_d - \delta_d - \omega_d) B_d - \delta_2 T_d B_d, \quad (3.4)$$

$$\frac{dB_m}{dt} = \omega_d B_d + (r_m - \omega_m - \delta_m) B_m, \quad (3.5)$$

$$\frac{dB_l}{dt} = \omega_m B_m - \delta_l B_l - \delta_3 T_l B_l, \quad (3.6)$$

$$\frac{dT_g}{dt} = (\varepsilon_b(t) - 1) (1 - \varepsilon_m(t)) r_1 T_g B_g - d_1 T_g - (1 - \varepsilon_a(t)) T_g, \quad (3.7)$$

$$\frac{dT_d}{dt} = (\varepsilon_b(t) - 1) (1 - \varepsilon_m(t)) r_2 T_d B_d - d_2 T_d - (1 - \varepsilon_a(t)) T_d, \quad (3.8)$$

$$\frac{dT_l}{dt} = (\varepsilon_b(t) - 1) (1 - \varepsilon_m(t)) r_3 T_l B_l - d_3 T_l - (1 - \varepsilon_a(t)) T_l. \quad (3.9)$$

The dynamic treatment parameters  $\varepsilon_m(t)$ ,  $\varepsilon_b(t)$ ,  $\varepsilon_a(t)$  and  $\varepsilon_v(t)$  are discussed in the next section.

### 3.2.2 Therapeutics

Immunosuppressive drugs are generally classified into two types - induction agents and maintenance medications - based on timing. Induction agents refer to those drugs used in the first few days or weeks post-transplant and they function either as lymphocyte depleting agents or lymphocyte inhibitory agents. Basiliximab and antithymocyte globulin are two common examples of induction agents. Maintenance drugs are used at lower doses for the rest of a recipient's lifetime or the allograft's lifetime to prevent organ rejection [117, 118, 131, 147].

#### Maintenance Immunosuppression

Standard maintenance immunosuppressive regimen is a three-drug combination that simultaneously targets various levels of immune response cascade [117, 130, 131, 147] to disrupt T-cells activation process. Calcineurin inhibitors such as tacrolimus and cyclosporine, and sirolimus, a mammalian target of rapamycin (mTOR) inhibitor, are commonly used maintenance im-

munosuppressants and they all have antiproliferative effects on immune response [117, 131, 147]. The triple regimen of tacrolimus, mycophenolate, and prednisone is the most common maintenance regimen [147]. Tacrolimus is an inhibitor of calcineurin, a molecule that is required for downstream activation of immune response [117, 131, 147]. Mycophenolate is an antiproliferative that is available in two formulations - mycophenolate mofetil (MMF, CellCept) and mycophenolic acid (MPA, MyFortie) - and both inhibit purine base synthesis required for T- and B-cell proliferation [131, 147]. Prednisone is a corticosteroid that is metabolised in the liver to prednisolone and exhibits anti-inflammatory and immunosuppressive activity by inhibiting T-cell-derived and antigen-presenting cell-derived cytokine expression and leads to antiproliferative effect [131, 147].

We used

$$\varepsilon_m(t) = \begin{cases} m_{\max} & : 0 \leq t \leq t_0 \\ m_{\max} + \frac{m_{\min} - m_{\max}}{t_1 - t_0}(t - t_0) & : t_0 \leq t \leq t_1 \\ m_{\min} & : t_1 \leq t, \end{cases} \quad (3.10)$$

in equations 3.7-3.9 to model effects of maintenance drugs. The  $m_{\max}$  represents the initial efficacy of a maintenance regimen which we presume lasts for time  $t_0$  and wanes at a rate given by

$$\frac{m_{\min} - m_{\max}}{t_1 - t_0} \quad (3.11)$$

in period  $t_1 - t_0$  before dropping to baseline  $m_{\min}$  after time  $t_1$ .

## Basiliximab

Basiliximab is a non-depleting, chimeric monoclonal antibody that antagonises IL-2 receptor CD25. Signaling through CD25 initiates a kinase-dependent cascade that leads to T-cell proliferation and differentiation, as a consequence basiliximab has inhibitory effects with mean duration of 4-6 weeks and does not cause T-cell depletion [117, 131, 135, 147].

We used

$$\varepsilon_b(t) = \begin{cases} b_{\min} & : 0 \leq t \leq t_0 \\ b_{\min} + \frac{b_{\max} - b_{\min}}{t_1 - t_0}(t - t_0) & : t_0 \leq t \leq t_1 \\ b_{\max} & : t_1 \leq t, \end{cases} \quad (3.12)$$

in equations 3.7-3.9 to model effects of basiliximab. The  $b_{\min}$  represents the initial efficacy of basiliximab which we presume lasts for time  $t_0$  and grows at a rate given by

$$\frac{b_{\max} - b_{\min}}{t_1 - t_0} \quad (3.13)$$

before reaching a homeostatic level of  $b_{\max}$  after time  $t_1$ .

## Antithymocyte Globulin

Antithymocyte globulins (ATGs) are immunoglobulin G (igG) from horses or rabbits immunised with human thymocytes. ATG targets multiple markers such as CD4 and CD8, T and B cells as well as MHC molecules and natural killer (NK) cells and depletes harmful T cells [129, 131, 147]. T cells, NK cells, monocytes, macrophages, dendritic cells, naïve B cells and a subset of activated B cells are also targeted by ATG. ATG has been found strongly to induce

apoptosis against naïve B cells, activated B cells and bone marrow resident plasma cells [129]. CD80, a marker expressed on EBV-activated naïve B cells that express the growth program, has been implicated in ATG activity [129].

We used

$$\varepsilon_a(t) = \begin{cases} a_{\min} & : 0 \leq t \leq t_0 \\ a_{\min} + \frac{a_{\max} - a_{\min}}{t_1 - t_0} (t - t_0) & : t_0 \leq t \leq t_1 \\ a_{\max} & : t_1 \leq t, \end{cases} \quad (3.14)$$

in equations 3.3 and 3.7-3.9 to model effects of ATG.

In equation 3.14,  $1 - a_{\min}$  represents the initial effect of ATG which we presume lasts for time  $t_0$  and wanes at a rate given by

$$\frac{a_{\max} - a_{\min}}{t_0} \quad (3.15)$$

before reaching a homeostatic level of  $1 - a_{\max}$  after time  $t_1$ .

We simplified our model by assuming that ATG targets only the CTL compartments and NK cells.

## Valganciclovir

Ganciclovir is a potent inhibitor of viruses of the herpes family, including EBV [126], and valganciclovir is a valine ester prodrug of ganciclovir developed to overcome the limitations of oral and IV ganciclovir [127]. We modeled valganciclovir concentrations after uniform multiple oral dosing as [124, 132]

$$C_V(t) = \begin{cases} \frac{D_V k_a}{V_V(k_a - k_{el})} \left[ \frac{1 - e^{-n_V k_{el} \tau_V}}{1 - e^{-k_{el} \tau_V}} e^{-k_{el} t} - \frac{1 - e^{-n_V k_a \tau_V}}{1 - e^{-k_a \tau_V}} e^{-k_a t} \right] & : t_{\text{start}} \leq t \leq t_{\text{end}} \\ 0 & : \text{otherwise,} \end{cases} \quad (3.16)$$

where  $D_V$  denotes dose,  $\tau_V$  is the dosing interval,  $n_V$  is the number of doses,  $t$  is the time since the last dose,  $V_V$  denotes volume of distribution,  $k_a$  denotes absorption rate constant,  $k_{el}$  denotes elimination rate constant, and  $t_{\text{start}}$  and  $t_{\text{end}}$  are treatment start time and duration of treatment. We model the efficiency of valganciclovir at time  $t$  by

$$e_V(t) = \varepsilon_V \frac{C_V}{C_V + IC_V}, \quad (3.17)$$

where  $\varepsilon_V$  is the maximum valganciclovir efficiency and  $IC_V$  is the valganciclovir concentration that will produce 50% efficiency.

Ganciclovir phosphorylates to competitively inhibit viral DNA by acting as an analog to deoxyguanosine triphosphate (dGTP) and consequently inhibits the replication of herpes simplex viruses such as EBV [126]. We model this effect by using equation 3.17 in equation 3.1.

### 3.2.3 Simulation

We used the parameters in Table 2.1 together with the pharmacokinetic parameters in Table 3.1 to simulate equations 3.1–3.9 in this work. We used Matlab [162] for the simulation. We coupled the maintenance immunosuppression equation 3.10 with the basiliximab equation 3.12 or antihymocyte globulin

equation 3.14 with or without antiviral equation 3.17 to simulate equations 3.1-3.9. We assumed that antiviral treatment was administered at transplantation for 3 months, 6 months or 9 months duration. We investigated inoculum size effect when maintenance immunosuppression is combined with basiliximab or antithymocyte globulin. Similar to the sensitivity approach that we used in chapter 2, we used Latin Hypercube Sampling (LHS) [116] to sample inoculum size in the interval  $[5 \times 10^4, 2 \times 10^5]$  with treatment parameters set at the baseline and we used partial correlation coefficient method to measure the correlations reported in Table 3.2 and Table 3.3. We used significance level  $\alpha = 0.05$  for Pearson correlation coefficient. We plotted the immunosuppressive functions that we used in the simulation in Figure 3.1.

### 3.3 Results

The typical primary infection profile is that the free EBV and the infected memory B cells compartments peak at about five weeks post primary infection with a mild second peak at about 32 weeks post-infection [116,136]. This profile was observed in all model compartments in [116]. In this work we investigate how inoculum size, immunosuppressive drugs, and antiviral treatment affect peak time, peak values, time to setpoint and setpoint values in all model compartments.

#### 3.3.1 ATG increases risk of EBV-associated complications

High viral load has been reported to correlate with risk of EBV-associated complications post-transplant [148,149]. We observed that peak infected mem-



ory B cells and peak free EBV increased by about 7% and about 11% respectively when antihymocyte globulin was used in combination with maintenance immunosuppression compared to the  $1.9 \times 10^5$  peak memory B cells and  $1.6 \times 10^9$  peak EBV with basiliximab, Table 3.4 and Figure 3.2a-Figure 3.2d. ATG increased time to peak infected memory B cells and time to peak EBV by about 60% (compared to 2.5 months with basiliximab), increased setpoint of infected memory B cells by about 40% (compared to 270 with basiliximab), and increased time to setpoint by about 25% (compared to 12 months with basiliximab), Table 3.4 and Figure 3.2a-Figure 3.2d. The profiles of CTLs appeared to follow clinical pattern of immune reconstitution after induction and maintenance immunosuppression treatments [159–161]. Immune reconstitution was delayed for about a month followed by a snap peak that parallels peak times in both EBV and infected memory compartments, Figure 3.2e-Figure 3.2h. The observed patterns of CTL reconstitution under ATG appeared similar to that of basiliximab. We observed similar CTL profiles for CTLs specific to the infected proliferating B cells.

### **3.3.2 Valganciclovir treatment reduces peak viral load and peak memory B cells**

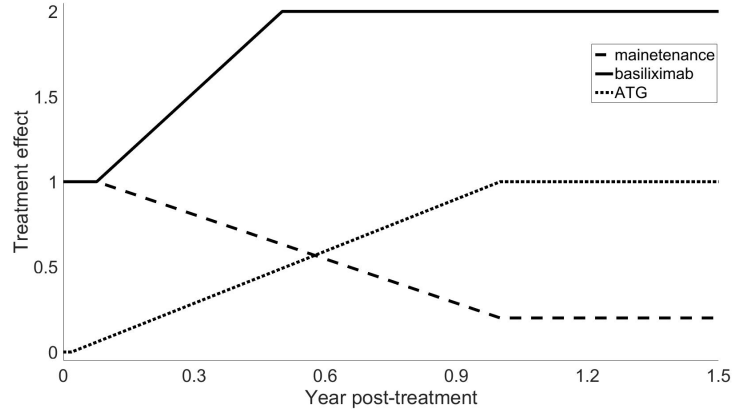
We only report the results of antiviral treatment at transplantation with 6 months treatment duration and 50% antiviral drug efficiency because we observed similar results with 3 months and 9 months treatment durations, and 60%, 75% and 90% antiviral drug efficiency. Maintenance immunosuppression and induction agent with or without antiviral treatment immediately after transplantation had similar time to setpoint and setpoint in all model

compartments regardless of treatment duration, Table 3.4.

We observed 10% increase in peak infected memory B cells with ATG compared to the  $1.01 \times 10^5$  with basiliximab and the time to peak infected memory B cells and time to peak EBV was about 3 months for both ATG and basiliximab. Antiviral treatment reduced peak memory B cells by about 47% and peak EBV by about 83% respectively compared to the  $1.9 \times 10^5$  peak memory B cells and  $1.6 \times 10^9$  peak EBV when basiliximab was used without antiviral, Table 3.4 and Figure 3.3c vs Figure 3.2c. Antiviral treatment reduced peak memory B cells by about 30% and peak EBV by about 74% respectively compared to the  $1.5 \times 10^6$  peak memory B cells and  $1.9 \times 10^{10}$  peak EBV and reduced time to peak memory B cells by about 25% when ATG was used without antiviral, Table 3.4 and Figure 3.3d vs Figure 3.2d.

### **3.3.3 Innoculum size increases peak and setpoint, and lowers time to peak and setpoint**

We observed perfect positive correlation between both peak and setpoint for each model compartment and inoculum size, Table 3.2, when we varied inoculum size under maintenance immunosuppression and basiliximab treatment, and we observed a perfect negative correlation between both time to peak and time to setpoint for each model compartment and inoculum size, Table 3.2. The correlation patterns in infected B cells compartments and EBV compartment with antithymocyte globulin were similar to those observed under basiliximab treatment, Table 3.3. We observed negative correlations between inoculum size and all the kinetic parameters for the cytotoxic compartments, Table 3.3.



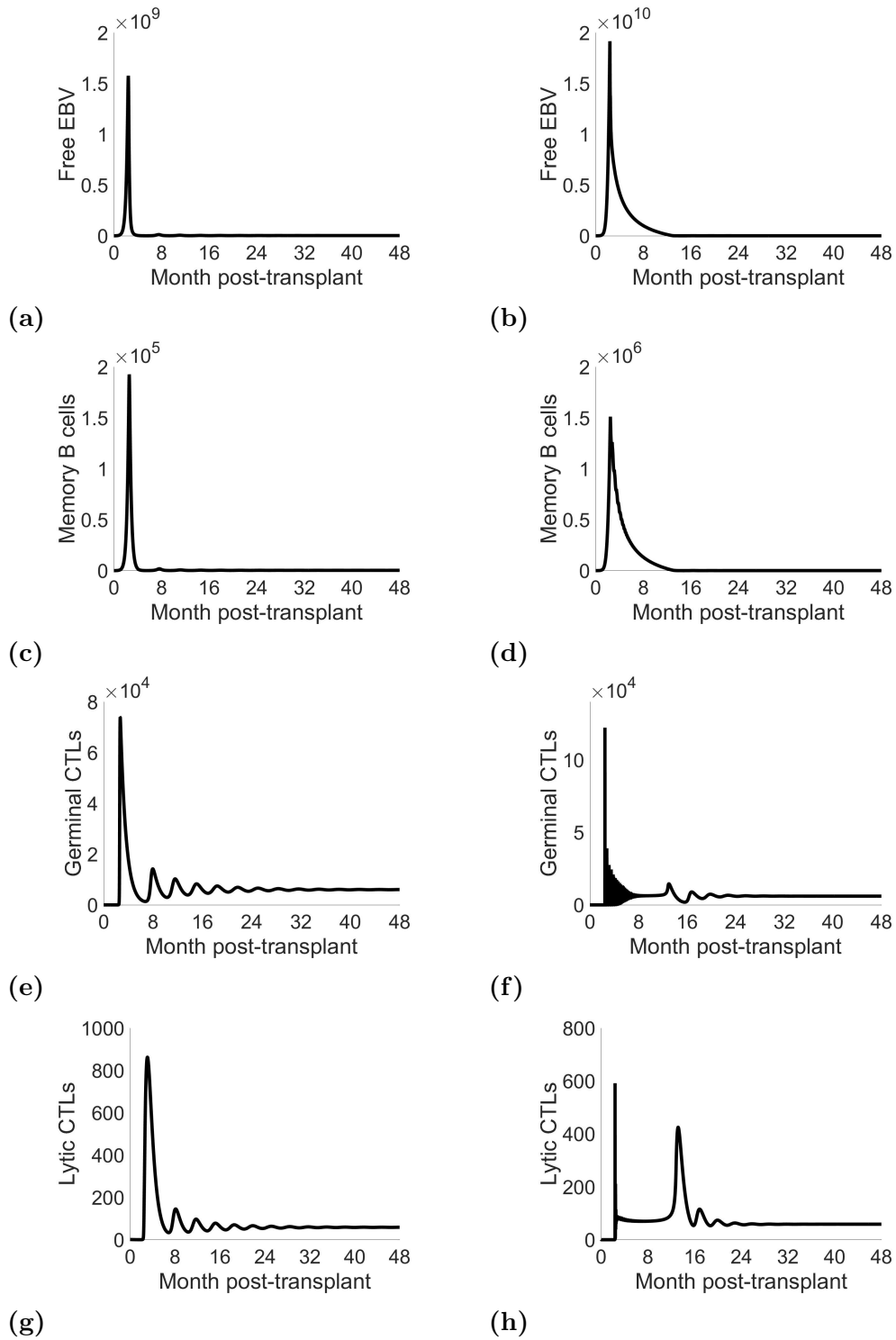
**Fig 3.1.** Plots of maintenance immunosuppression, basiliximab and antithymocyte treatment functions

## Supporting Information

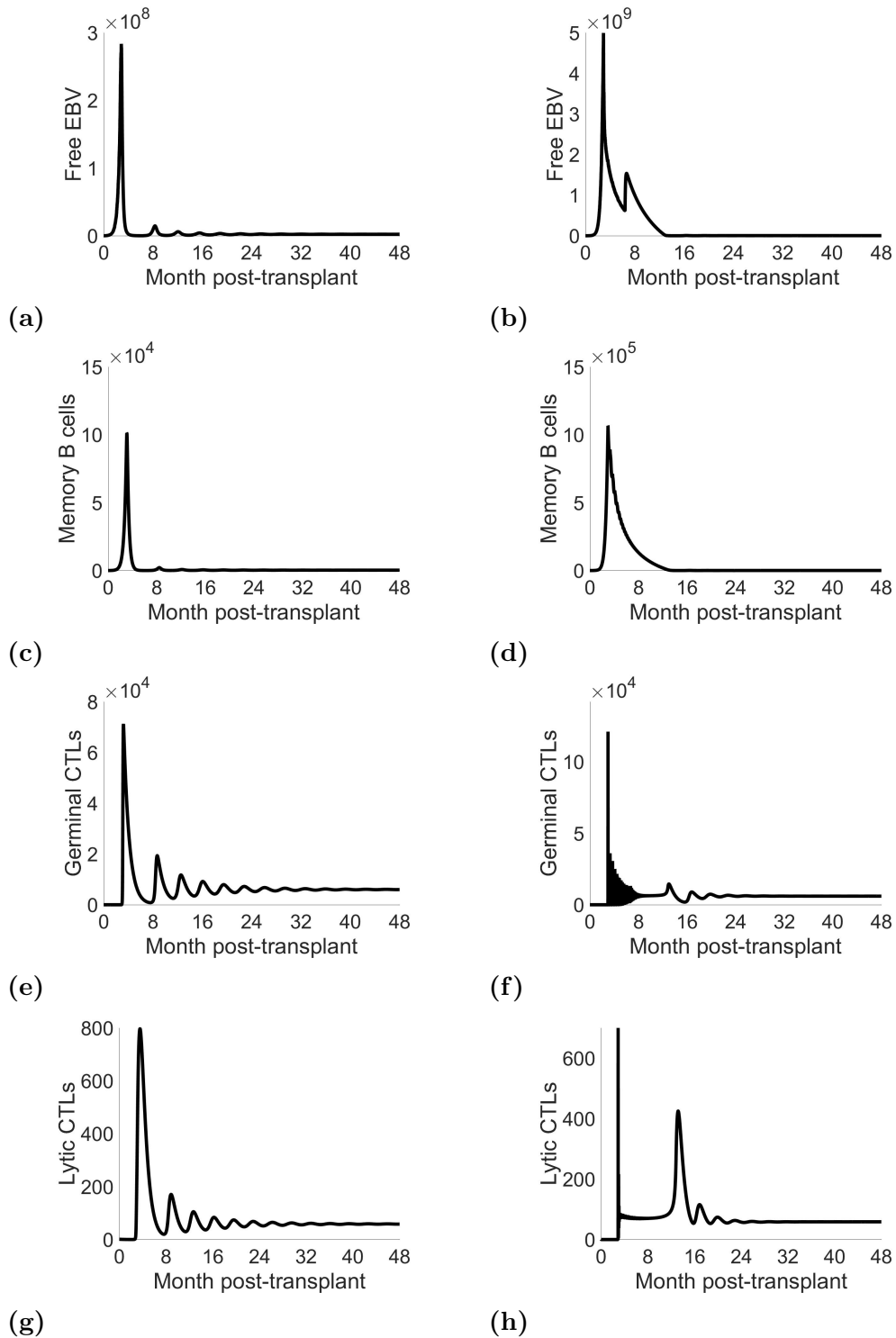
**Table 3.1.** Treatment parameters used in simulations of equations 3.1–3.9.

Treatment	Variable	Description	Value/Range	Reference
Maintenance	$m_{\max}$	Maximum efficiency	100%	
	$t_0$	Start of efficiency decay	28 days	
	$t_1$	Time to baseline efficiency	1 year	[159–161]
	$m_{\min}$	Baseline efficiency	20%	
Basiliximab	$b_{\max}$	Maximum effect	200%	
	$t_0$	Start of effect expansion	28 days	
	$t_1$	End of effect expansion	6 months	[159–161]
	$b_{\min}$	Initial effect	100%	
ATG	$a_{\min}$	Initial level	0%	
	$t_0$	Time to CTL depletion	7 days	
	$t_1$	Time to homostatic level	1 year	[159–161]

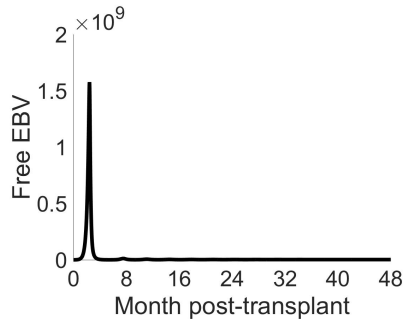
	$a_{\max}$	homeostatic level	100%
Valganciclovir	$D_V$	Dose	900mg
	$V_V$	Volume of distribution	42.6L
	$\varepsilon_V$	Maximum valganciclovir efficiency	[5%, 100%]
	$k_a$	Absorption rate	3 per hour
	$k_{\text{el}}$	Elimination rate	14.5 per hour
	$n_V$	Number of doses	1 dose [126, 139]
	$\tau_V$	Dosing interval	24h
	$t_{\text{start}}$	Treatment start time	1 day
	$t_{\text{end}}$	Treatment duration	[85, 954] days
	$\text{IC}_V$	50% inhibitory concentration	$1.0\mu\text{M}$



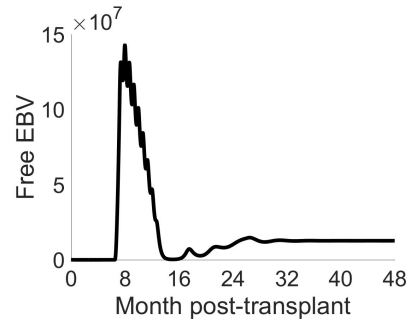
**Fig 3.2.** Impacts of maintenance immunosuppression and induction agents on kinetics of EBV infection of donor organ. Figures on the left panel reflect impacts of basiliximab treatment and those on the right reflect impacts of ATG treatment.



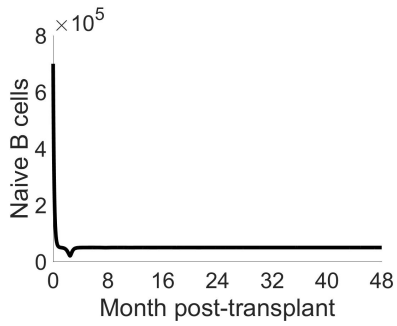
**Fig 3.3.** Impacts of maintenance immunosuppression, induction agents and 6 months, 50% efficient valganciclovir treatment on kinetics of EBV infection of donor organ immediately after transplantation. Figures on the left panel reflect impacts of basiliximab treatment and those on the right reflect impacts of ATG treatment.



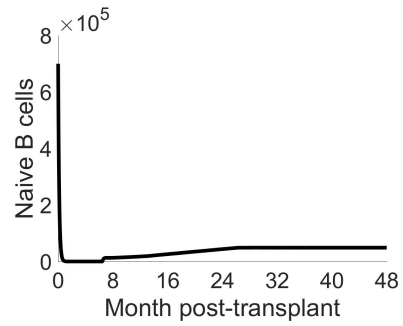
(a)



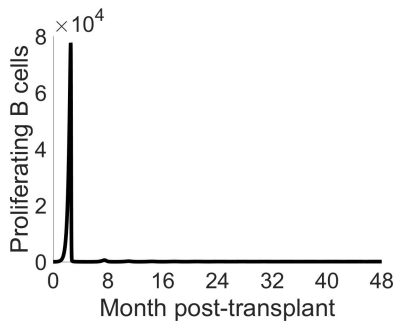
(b)



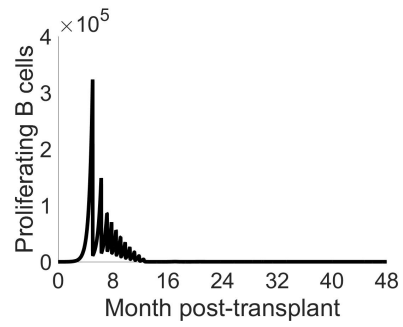
(c)



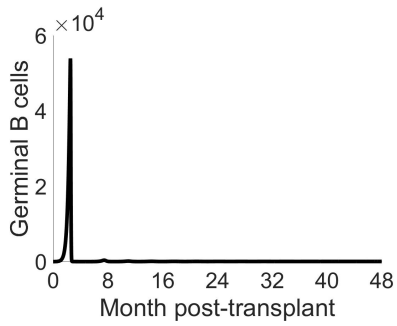
(d)



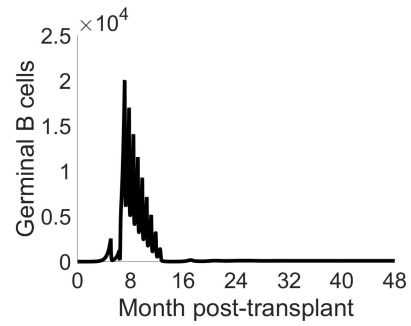
(e)



(f)



(g)



(h)

**Table 3.2.** Correlation between peak, time to peak, setpoint or time to setpoint and inoculum EBV with maintenance immunosuppression and basiliximab treatment.

Compartment	Peak	Peak time	Setpoint	Time to setpoint
EBV	99.8%	-99.5%	88.6%	-99.5%
$B_g$	87.8%	-79.4%	72.5%	-89.7%
$B_d$	68.4%	-58.9%	89.1%	-86.5%
$B_m$	79.7%	-70.2%	63.8%	-69.3%
$B_l$	83.5%	-76.3%	79.8%	-99.1%
$T_g$	100.0%	-92.5%	100.0%	-59.5%
$T_d$	100.0%	-99.5%	100.0%	-79.5%
$T_l$	99.8%	-95.4%	99.8%	-99.5%

**Table 3.3.** Correlation between peak, time to peak, setpoint or time to setpoint and inoculum EBV with maintenance immunosuppression and ATG treatment.

Compartment	Peak	Peak time	Setpoint	Time to setpoint
EBV	99.3%	-79.0%	99.3%	-79.0%
$B_g$	17.0%	-63.9%	45.5%	-63.9%
$B_d$	99.7%	-99.2%	99.6%	-99.2%
$B_m$	99.4%	-99.3%	99.4%	-99.3%
$B_l$	99.0%	-82.1%	99.0%	-82.1%
$T_g$	-69.8%	-99.2%	-18.2%	-99.2%
$T_d$	-57.2%	-81.2%	-39.2%	-76.8%
$T_l$	-68.5%	-88.2%	-25.0%	-68.9%



**Table 3.4.** Values of peak, time to peak, setpoint and time to setpoint under immunosuppressive and antiviral treatments.

Compartment	Treatment	Peak	Time to peak	Setpoint	Time to setpoint
Memory B cells	ATG	$1.5 \times 10^6$	4 mo.	378	15 mos.
	Basiliximab	$1.9 \times 10^5$	3 mos.	270	12 mos.
	ATG + Antiviral	$1.07 \times 10^6$	3 mos.	377	15 mos.
	Basiliximab + Antiviral	$1.01 \times 10^5$	3 mos.	270	12 mos.
EBV	ATG	$1.9 \times 10^{10}$	4 mos.	$3.1 \times 10^6$	15 mos.
	Basiliximab	$1.6 \times 10^9$	3 mos.	$2.2 \times 10^6$	12 mos.
	ATG + Antiviral	$5.0 \times 10^9$	3 mos.	$3.0 \times 10^6$	15 mos.
	Basiliximab + Antiviral	$2.8 \times 10^8$	3 mos.	$2.1 \times 10^6$	12 mos.

# Chapter 4

## Conclusions, Limitations and Extensions

### 4.1 Discussion

Primary EBV infection is known to peak in about five to six weeks and this is close to model simulated profile. We have shown that the infection rate of EBV and the proliferation rates of infected germinal B cells negatively correlate with infected memory B cells time to peak. As the memory compartment is being used as a surrogate for EBV load, this result suggests that the infection rate of EBV and the proliferation rate of  $B_d$  should be targeted to lower the peak time of infected memory B cells. Similarly, our results suggest that interfering with the pathway from the germinal compartment to the memory compartment is a key factor for reducing the peak level of infected memory B cells. We have also shown that early and intense specific CTL response significantly lowers the peak level of infected memory B cells.

We showed that inoculum size impacts peak value, with the exception of naïve B cells, and time to peak for all model compartments. It is known that EBV symptoms occur in subjects two weeks prior to peak time of CD8 T cells. It may be possible to use this information and the positive correlation between inoculum size and peak time to infer the inoculum size in a patient.

We showed that both short-term and long-term antiviral treatment failed to clear infected memory B cells from the system although long-term treatment clear free EBV during treatment period. We observed a transient clearance followed by a periodic rebound in the infected cell compartments caused by positive net proliferation rate of either the infected growth B cells or infected default B cells. This suggests that alternative treatments for EBV should be explored in addition to antiviral treatment if the goal is to eliminate persistent infection.

EBV viral proteins, the coordinated effects of viral and cellular miRNAs, and immunosuppressive drugs alter the proliferative response and survival of infected cells and EBV-specific cytotoxic T lymphocyte (CTL) responses critical for controlling EBV infection [148, 149]. The objective of this work is to quantify the risk associated with rituximab treatment, antiviral treatment and specific immunosuppressive agents used for maintenance immunosuppression in transplantation. In addition to using viral load to monitor EBV-associated complications in transplant recipients [148, 149], we propose the use of kinetics of EBV and EBV-infected (memory) B cells to monitor response to treatment. We have used a system of mathematical equations, based on a biological model of EBV infection, to investigate how the implications of this proposal relate to the risks of EBV-associated complications in transplant recipients.

We recommend the use of basiliximab as an induction agent with or without antiviral. Antithymocyte globulin (ATG) has historically been associated with increased risk of PTLD, a spectrum of EBV-associated complications in transplant recipients [148, 149]. In this study we found that ATG combined with maintenance immunosuppression increases peak and setpoint infected memory B cells, and peak and setpoint EBV load compared to the use of basiliximab combined with maintenance immunosuppression. ATG also delays time to both EBV or infected memory B cells setpoint or peak. This result suggests that a low-dose of basiliximab that follows the profile in equation 3.12 should be an initial approach to management of EBV-associated complications in transplant recipients. It would result in a lower peak or setpoint EBV load and reduce time to setpoint or time to peak with a combined effect of lowering the risk of post-transplant EBV-associated diseases. We observed that basiliximab with or without valganciclovir has similar effects of kinetics of both memory B cells and free EBV.

## 4.2 Data challenges

The sites of infection and persistence of Epstein-Barr Virus, that is, B lymphocytes of Waldeyers ring (tonsils and adenoids) and the peripheral blood, allow measurements which can be used to derive parameter values and validate model of EBV infection. Our model is the first to consider all infection stages of EBV that have been demonstrated experimentally together with separate compartments for naïve B cells and EBV. As a consequence, we lacked data for the parameters of the new compartments that we added. In our model, we assumed the published biologically feasible parameter values used in the

agent-based computer simulation of EBV infection in Shapiro *et al.* study [88] and Huynh-Adler work [10, 89].

Our model of EBV infection is the first to be applied to investigate the kinetics of EBV in (solid organ) transplantation context. There is paucity of literature on the pharmacokinetics parameters of the drugs used to manage EBV in transplant recipients. Consequently, rather than use pharmacokinetic model and their pharmacokinetic parameters to represent these drugs, we designed mathematical equations that we “fitted” to the published profiles of these drugs or profiles of their targets cells in patients infected with or without EBV.

We believe that our model can be improved by using parameters estimated from Epstein-Barr viral loads and EBV-infected cell data obtained from infected humans diagnosed with infectious mononucleosis or who are solid organ transplant recipients.

### 4.3 Mathematical model challenges

The sites of EBV infection and persistence are localised, as such it is reasonable to think that EBV processes are spatially distributed through cell-to-cell viral transmission. If this thought holds true, the spatial homogeneity and well-mixed assumptions that underlie continuous models based on ordinary differential equations (ODE) could be improved by using a system of partial differential equations or any other spatial model that accounts for possible spatial heterogeneity of EBV infection process.

EBV is thought to target both B cells and epithelial cells within a host. The virus is thought to enter B cells and epithelial cells through different

glycoprotein complexes on its envelope [2–4]. The germinal center model that we based our work downplays the role of epithelial cells in EBV infection [1, 12, 87, 88]. Our model can be extended to account for possible roles of epithelial cells in EBV infection processes.

Most people get EBV infection at young age and are asymptomatic [1, 10, 18, 89]. Infectious mononucleosis(IM) is highly prevalent in adolescents and young adults suggesting possible age-dependence in EBV infection processes. Our model can be extended to account for the role of age in EBV kinetics in IM patients and solid organ transplant (SOT) patients. However, since CTL responses and NK responses are highly dependent on age, simulation of changes in these responses that have been described in children relative to adults using our model may allow us to examine age-related changes in the model in the future

Direct infection model (DIM) is an alternative to the germinal center model (GCM) of EBV infection. DIM, proposed by Kuppers and coworkers [5, 6], contends that EBV directly infects memory B cells, suggesting that there is no need for naïve B cells, proliferating B cells and germinal center B cells compartments, or there is a possibility of an additional direct interaction between Epstein-Barr virus and infected memory B cell. We note that although there is no sufficient experimental evidence to support DIM, our model can be extended to incorporate DIM.

We did not subdivide the reactivation of EBV into immediate early, early or late phase. The immediate early phase is when the transcription factors initiating viral replication are expressed, early phase is when the proteins involved in viral DNA replication are produced and late phase is when viral DNA

and structural proteins are assembled into virions [46]. Similar to Hawkins *et al.* [12], our mathematical model of EBV infection can be extended to account for these distinct phases of viral infection with corresponding immune response to the phases.

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# Appendices



# Appendix A

## Derivation of Basic Reproduction Number for Equations 2.1–2.9

We derived the basic reproduction number  $R_0$  for equations 2.1–2.9 using the next generation matrix number method [110, 111].

Equations 2.1–2.6 constitute the infected subsystem for our model and Vector  $x_0 = (0, \frac{\lambda_n}{\delta_n}, 0, 0, 0, 0)$  is its disease-free equilibrium. In this subsystem, let  $F_i(\bar{x})$  denote the rate of appearance of new infections in compartment  $i$  and let  $V_i(\bar{x}) = V_i^-(\bar{x}) - V_i^+(\bar{x})$ , where  $V_i^+(\bar{x})$  is the rate of transfer into compartment  $i$  by all other means and  $V_i^-(\bar{x})$  is the rate of transfer of individuals out of the  $i$ th compartment.

The next generation matrix (operator)  $FV^{-1}$  from matrices of partial derivatives of  $F_i$  and  $V_i$  evaluated at  $x_0$  for the infected subsystem is given by

$$\begin{aligned}
 FV^{-1}(x_0) = & \begin{bmatrix} 0 & 0 & 0 & 0 & n\delta_l \\ (1-\beta)\mu_e \frac{\lambda_n}{\delta_n} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{bmatrix} \times \\
 & \begin{bmatrix} \delta_e & 0 & 0 & 0 & n\delta_l \\ 0 & -(r_g - \omega_g - \delta_g) & 0 & 0 & 0 \\ 0 & -\omega_g & -(r_d - \omega_d - \delta_d) & 0 & 0 \\ 0 & 0 & -\omega_d & -(r_m - \omega_m - \delta_m) & 0 \\ 0 & 0 & 0 & -\omega_m & \delta_l \end{bmatrix}^{-1}
 \end{aligned}
 \tag{1.1}$$

The spectral radius of matrix  $FV^{-1}(x_0)$  is the basic reproduction number  $R_0$  which we derived to be

$$R_0 = \frac{n(1 - \beta)\mu_e \lambda_n \omega_g \omega_d \omega_m}{\delta_e \delta_n (w_g + \delta_g - r_g)(w_d + \delta_d - r_d)(w_m + \delta_m - r_m)}, \text{ where } R_0 > 0. \quad (1.2)$$

# Appendix B

## MATLAB functions used for simulation

### B.1 MATLAB functions for chapter 2

```
1 % PTLD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Mar 25, 2015
5 function [dx]=ebvodeNew1(t,x,p)
6 %Parameters
7     global t0
8     global td
9     rG=p(1);
10    omegaG=p(2);
11    rD=p(3);
12    %    alpha2=p(4);
13    omegaM = p(4);
14    deltaL=p(5);
15    n=p(6);
16    deltaE=p(7);
17    lambdaN=p(8);
18    beta=p(9);
19    muE=p(10);
20    deltaN=p(11);
21    deltaG=p(12);
22    delta1=p(13);
23    deltaD=p(14);
24    omegaD=p(15);
```

```

25     delta2=p(16);
26     deltaM=p(17);
27     delta3=p(18);
28     r1=p(19);
29     r2=p(20);
30     r3=p(21);
31     rM=p(22);
32     d1=p(23);
33     d2=p(24);
34     d3=p(25);
35     %     alpha1 = p(26);
36     %     alpha3 = p(27);
37     c = p(26);
38     %%State variables
39     E=x(1);
40     Bn=x(2);
41     Bg=x(3);
42     Bd=x(4);
43     Bm=x(5);
44     Bl=x(6);
45     T1=x(7);
46     T2=x(8);
47     T3=x(9);
48     %%ODEs
49     dx=zeros(9,1);
50     %     dx(1)=n*deltaL*Bl-deltaE*E;%EBV
51     %     dx(1)=(n+n*c*(heaviside(t-t0)-heaviside(t-
52     dx(1)= (n + n*(c-1)*heaviside(t-t0) + n*(1-c)*
53     heaviside(t-td))*deltaL*Bl-deltaE*E;%EBV long
54     term treatment
55     dx(2)=-lambdaN-muE*E*Bn-deltaN*Bn;%Naive B cells
56     dx(3)=(1-beta)*muE*E*Bn+(rG-omegaG-deltaG)*Bg-delta1
57     *T1*Bg;%Growth B cells
58     dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%
59     GC B cells
60     %     dx(5)=omegaD*Bd+((1 + alpha3)*rM-alpha2-deltaM)*Bm
61     ;%Memory B cells
62     %     dx(6)=((1-alpha1)*deltaM + alpha2 + (1-alpha3)*rM)
63     *Bm-deltaL*Bl-delta3*T3*Bl;%Lytic B cells
64     dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B

```

```

        cells
59     dx(6)=omegaM*Bm-deltaL*B1-delta3*T3*B1;%Lytic B
        cells
60     dx(7)=r1*T1*Bg-d1*T1;%CTL response to Bg
61     dx(8)=r2*T2*Bd-d2*T2;%CTL response to Bd
62     dx(9)=r3*T3*B1-d3*T3;%CTL response to B1

1  % PTL D project
2  % ODE file for EBV
3  % Created by: Segun Akinwumi
4  % Last modified: Jan 7, 2014
5  function [dx]=ebvodeNew2(t,x,p)
6  %Parameters
7  rG=p(1);
8  omegaG=p(2);
9  rD=p(3);
10 omegaM=p(4);
11 deltaL=p(5);
12 n=p(6);
13 deltaE=p(7);
14 lambdaN=p(8);
15 beta=p(9);
16 muE=p(10);
17 deltaN=p(11);
18 deltaG=p(12);
19 delta1=p(13);
20 deltaD=p(14);
21 omegaD=p(15);
22 delta2=p(16);
23 deltaM=p(17);
24 delta3=p(18);
25 r1=p(19);
26 r2=p(20);
27 r3=p(21);
28 rM=p(22);
29 d1=p(23);
30 d2=p(24);
31 d3=p(25);
32 %State variables
33 E=x(1);
34 Bn=x(2);

```

```

35 Bg=x(3);
36 Bd=x(4);
37 Bm=x(5);
38 Bl=x(6);
39 T1=x(7);
40 T2=x(8);
41 T3=x(9);
42 %ODEs
43 dx=zeros(9,1);
44 dx(1)=n*deltaL*B1-deltaE*E;%EBV
45 dx(2)=lambdaN-(1-beta)*muE*E*Bn-deltaN*Bn;%Naive B cells
46 dx(3)=(1-beta)*muE*E*Bn+(rG-omegaG-deltaG)*Bg-delta1*T1*
    Bg;%Growth B cells
47 dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%GC B
    cells
48 dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B cells
49 dx(6)=omegaM*Bm-deltaL*B1-delta3*T3*B1;%Lytic B cells
50 dx(7)=r1*T1/(T1+2)*Bg-d1*T1;%CTL response to Bg
51 dx(8)=r2*T2/(T2+2)*Bd-d2*T2;%CTL response to Bd
52 dx(9)=r3*T3/(T3+2)*Bl-d3*T3;%CTL response to Bl

```

## B.2 MATLAB functions for chapter 3

### B.2.1 Maintenance immunosuppression and antithymocyte globulin

```

1 % PTLD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceATG(t,x,p)
6 %Parameters
7     rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
    =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
    (9); muE=p(10);
8     deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
    (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
    delta3=p(18); r1=p(19); r2=p(20);
9     r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
10 %Maintenance Immunosuppression and ATG
11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
    ;

```

```

12     amax = p(30); t02 = p(31); t12 = p(32); amid = p(33)
        ; amin = p(34);
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
        t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
        -t01)))*heaviside(t-t11);
14     eA = amax-(amax-amin)/t02*t + (amin+(amid-amin)/(t12
        -t02)*(t-t02)-(amax-(amax-amin)/t02*t)).*
        heaviside(t-t02) + ...
15         (amid - (amin+(amid-amin)/(t12-t02)*(t-t02))).*
        heaviside(t-t12) ;
16 %State variables
17     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
        T1=x(7); T2=x(8); T3=x(9);
18 %%ODEs
19     dx=zeros(9,1);
20     dx(1)=n*deltaL*Bl-deltaE*E;%EBV
21     dx(2)=lambdaN-muE*E*Bn-deltaN*Bn;%Naive B cells
22     dx(3)=(1-beta*(1-eA))*muE*E*Bn+(rG-omegaG-deltaG)*Bg
        -delta1*T1*Bg;%Growth B cells *(1-eA)
23     dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%
        GC B cells
24     dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B
        cells
25     dx(6)=omegaM*Bm-deltaL*Bl-delta3*T3*Bl;%Lytic B
        cells
26     dx(7)=(1-eM)*r1*T1*Bg-d1*T1-(1-eA)*T1;%CTL response
        to Bg
27     dx(8)=(1-eM)*r2*T2*Bd-d2*T2-(1-eA)*T2;%CTL response
        to Bd
28     dx(9)=(1-eM)*r3*T3*Bl-d3*T3-(1-eA)*T3;%CTL response
        to Bl

```

## B.2.2 Maintenance immunosuppression, antithymocyte globulin and valganciclovir

```

1 % PTLD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceATGAntiviral(t,x,p)
6 %Parameters

```

```

7      rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
      =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
      (9); muE=p(10);
8      deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
      (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
      delta3=p(18); r1=p(19); r2=p(20);
9      r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
10     %Maintenance Immunosuppression and ATG
11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
      ;
12     amax = p(30); t02 = p(31); t12 = p(32); amid = p(33)
      ; amin = p(34);
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
      t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
      -t01)))*heaviside(t-t11);
14     eA = amax-(amax-amin)/t02*t + (amin+(amid-amin)/(t12
      -t02)*(t-t02)-(amax-(amax-amin)/t02*t)).*
      heaviside(t-t02) + ...
15     (amid - (amin+(amid-amin)/(t12-t02)*(t-t02))).*
      heaviside(t-t12) ;
16     %Valganciclovir
17     DV = p(35); VV = p(36); ka = p(37); kel = p(38);
      tauV = p(39); ICV = p(40); epV = p(41); tstart =
      p(42); tend = p(43);
18     nV = heaviside(t-tstart)*(1 + floor((t-tstart)/tauV)
      );
19     CV = DV/VV*ka/(ka-kel)*((1-exp(-nV*kel*tauV))/(1-exp
      (-kel*tauV))*exp(-kel*mod(t,tauV)) - (1-exp(-nV*
      ka*tauV))/(1-exp(-ka*tauV))*exp(-ka*mod(t,tauV)))
      ;
20     eV = epV*CV/(CV + ICV)*heaviside(t-(tstart+2)) - epV
      *CV/(CV + ICV)*heaviside(t-tend);
21     %State variables
22     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
      T1=x(7); T2=x(8); T3=x(9);
23     %%ODEs
24     dx=zeros(9,1);
25     dx(1)=(1-eV/.7)*n*deltaL*Bl-deltaE*E;%EBV
26     dx(2)=lambdaN-muE*E*Bn-deltaN*Bn;%Naive B cells
27     dx(3)=(1-beta*(1-eA))*muE*E*Bn+(rG-omegaG-deltaG)*Bg
      -delta1*T1*Bg;%Growth B cells *(1-eA)

```



```

28 dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%
    GC B cells
29 dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B
    cells
30 dx(6)=omegaM*Bm-deltaL*B1-delta3*T3*B1;%Lytic B
    cells
31 dx(7)=(1-eM)*r1*T1*Bg-d1*T1-(1-eA)*T1;%CTL response
    to Bg
32 dx(8)=(1-eM)*r2*T2*Bd-d2*T2-(1-eA)*T2;%CTL response
    to Bd
33 dx(9)=(1-eM)*r3*T3*B1-d3*T3-(1-eA)*T3;%CTL response
    to B1

```

### B.2.3 Maintenance immunosuppression, antithymocyte globulin and rituximab

```

1 % PTLD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceATGRituximab(t,x,p,q)
6 %Parameters
7     rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
    =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
    (9); muE=p(10);
8     deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
    (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
    delta3=p(18); r1=p(19); r2=p(20);
9     r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
10 %Maintenance Immunosuppression and ATG
11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
    ;
12     amax = p(30); t02 = p(31); t12 = p(32); amid = p(33)
    ; amin = p(34);
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
    t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
    -t01)))*heaviside(t-t11);
14     eA = amax-(amax-amin)/t02*t + (amin+(amid-amin)/(t12
    -t02)*(t-t02)-(amax-(amax-amin)/t02*t)).*
    heaviside(t-t02) + ...
15     (amid - (amin+(amid-amin)/(t12-t02)*(t-t02))).*
    heaviside(t-t12);

```

```

16 %Rituximab
17     eR = interp1(q(:,1),q(:,2),t) + heaviside(t-q(end,1)
18         ).*(q(end,2)- interp1(q(:,1),q(:,2),t));
19 %State variables
20     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
21     T1=x(7); T2=x(8); T3=x(9);
22 %%ODEs
23     dx=zeros(9,1);
24     dx(1)=n*deltaL*Bl-deltaE*E;%EBV
25     dx(2)=(1-eR)*lambdaN-muE*E*Bn-deltaN*Bn;%Naive B
26     cells
27     dx(3)=(1-eR)*(1-beta*(1-eA))*muE*E*Bn+(rG-omegaG-
28         deltaG)*Bg-delta1*T1*Bg;%Growth B cells *(1-eA)
29     dx(4)=(1-eR)*omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*
30     T2*Bd;%GC B cells
31     dx(5)=(1-eR)*omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory
32     B cells
33     dx(6)=(1-eR)*omegaM*Bm-deltaL*Bl-delta3*T3*Bl;%Lytic
34     B cells
35     dx(7)=(1-eM)*r1*T1*Bg-d1*T1-(1-eA)*T1;%CTL response
36     to Bg
37     dx(8)=(1-eM)*r2*T2*Bd-d2*T2-(1-eA)*T2;%CTL response
38     to Bd
39     dx(9)=(1-eM)*r3*T3*Bl-d3*T3-(1-eA)*T3;%CTL response
40     to Bl

```

## B.2.4 Maintenance immunosuppression and basiliximab

```

1 % PILD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceBasiliximab(t,x,p)
6 %Parameters
7     rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
8         =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
9         (9); muE=p(10);
10    deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
11        (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
12    delta3=p(18); r1=p(19); r2=p(20);
13    r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
14 %Maintenance Immunosuppression and ATG

```

```

11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
        ;
12     bmax = p(30); t02 = p(31); t12 = p(32); bmin = p(33)
        ;
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
        t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
        -t01)))*heaviside(t-t11);
14     eB = bmin + (bmax-bmin)/(t12-t02)*(t-t02)*heaviside(
        t-t02) + (bmax - (bmin + (bmax-bmin)/(t12-t02)*(t
        -t02)))*heaviside(t-t12);
15 %State variables
16     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
        T1=x(7); T2=x(8); T3=x(9);
17 %%ODEs
18     dx=zeros(9,1);
19     dx(1)=n*deltaL*Bl-deltaE*E;%EBV
20     dx(2)=lambdaN-muE*E*Bn-deltaN*Bn;%Naive B cells
21     dx(3)=(1-beta)*muE*E*Bn+(rG-omegaG-deltaG)*Bg-delta1
        *T1*Bg;%Growth B cells
22     dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%
        GC B cells
23     dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B
        cells
24     dx(6)=omegaM*Bm-deltaL*Bl-delta3*T3*Bl;%Lytic B
        cells
25     dx(7)=(eB-1)*(1-eM)*r1*T1*Bg-d1*T1;%CTL response to
        Bg
26     dx(8)=(eB-1)*(1-eM)*r2*T2*Bd-d2*T2;%CTL response to
        Bd
27     dx(9)=(eB-1)*(1-eM)*r3*T3*Bl-d3*T3;%CTL response to
        Bl

```

## B.2.5 Maintenance immunosuppression, basiliximab and valganciclovir

```

1 % PTLD project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceBasiliximabAntiviral(t,x,p)
6 %Parameters

```

```

7      rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
      =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
      (9); muE=p(10);
8      deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
      (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
      delta3=p(18); r1=p(19); r2=p(20);
9      r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
10     %Maintenance Immunosuppression and ATG
11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
      ;
12     bmax = p(30); t02 = p(31); t12 = p(32); bmin = p(33)
      ;
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
      t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
      -t01)))*heaviside(t-t11);
14     eB = bmin + (bmax-bmin)/(t12-t02)*(t-t02)*heaviside(
      t-t02) + (bmax - (bmin + (bmax-bmin)/(t12-t02)*(t
      -t02)))*heaviside(t-t12);
15     %Valganciclovir
16     DV = p(34); VV = p(35); ka = p(36); kel = p(37);
      tauV = p(38); ICV = p(39); epV = p(40); tstart =
      p(41); tend = p(42);
17     nV = heaviside(t-tstart)*(1 + floor((t-tstart)/tauV)
      );
18     CV = DV/VV*ka/(ka-kel)*((1-exp(-nV*kel*tauV))/(1-exp
      (-kel*tauV))*exp(-kel*mod(t,tauV)) - (1-exp(-nV*
      ka*tauV))/(1-exp(-ka*tauV))*exp(-ka*mod(t,tauV)))
      ;
19     eV = epV*CV/(CV + ICV)*heaviside(t-(tstart+2)) - epV
      *CV/(CV + ICV)*heaviside(t-tend);
20     %State variables
21     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
      T1=x(7); T2=x(8); T3=x(9);
22     %%ODEs
23     dx=zeros(9,1);
24     dx(1)=(1-eV/.7)*n*deltaL*Bl-deltaE*E;%EBV
25     dx(2)=-lambdaN-muE*E*Bn-deltaN*Bn;%Naive B cells
26     dx(3)=(1-beta)*muE*E*Bn+(rG-omegaG-deltaG)*Bg-delta1
      *T1*Bg;%Growth B cells
27     dx(4)=omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*T2*Bd;%
      GC B cells

```

```

28 dx(5)=omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory B
    cells
29 dx(6)=omegaM*Bm-deltaL*B1-delta3*T3*B1;%Lytic B
    cells
30 dx(7)=(eB-1)*(1-eM)*r1*T1*Bg-d1*T1;%CTL response to
    Bg
31 dx(8)=(eB-1)*(1-eM)*r2*T2*Bd-d2*T2;%CTL response to
    Bd
32 dx(9)=(eB-1)*(1-eM)*r3*T3*B1-d3*T3;%CTL response to
    B1

```

## B.2.6 Maintenance immunosuppression, basiliximab and rituximab

```

1 % PTL D project
2 % ODE file for EBV
3 % Created by: Michael Akinwumi
4 % Last modified: Jan 31, 2017
5 function [dx] = maintenanceBasiliximabRituximab(t,x,p)
6 %Parameters
7     rG=p(1); omegaG=p(2); rD=p(3); omegaM = p(4); deltaL
    =p(5); n=p(6); deltaE=p(7); lambdaN=p(8); beta=p
    (9); muE=p(10);
8     deltaN=p(11); deltaG=p(12); delta1=p(13); deltaD=p
    (14); omegaD=p(15); delta2=p(16); deltaM=p(17);
    delta3=p(18); r1=p(19); r2=p(20);
9     r3=p(21); rM=p(22); d1=p(23); d2=p(24); d3=p(25);
10 %Maintenance Immunosuppression and ATG
11     emax = p(26); t01 = p(27); t11 = p(28); emin = p(29)
    ;
12     bmax = p(30); t02 = p(31); t12 = p(32); bmin = p(33)
    ;
13     eM = emax + (emin-emax)/(t11-t01)*(t-t01)*heaviside(
    t-t01) + (emin - (emax + (emin-emax)/(t11-t01)*(t
    -t01)))*heaviside(t-t11);
14     eB = bmin + (bmax-bmin)/(t12-t02)*(t-t02)*heaviside(
    t-t02) + (bmax - (bmin + (bmax-bmin)/(t12-t02)*(t
    -t02)))*heaviside(t-t12);
15 %Rituximab
16     eR = interp1(q(:,1),q(:,2),t) + heaviside(t-q(end,1)
    )*(q(end,2)- interp1(q(:,1),q(:,2),t));
17 %State variables

```

```

18     E=x(1); Bn=x(2); Bg=x(3); Bd=x(4); Bm=x(5); Bl=x(6);
        T1=x(7); T2=x(8); T3=x(9);
19 %%ODEs
20     dx=zeros(9,1);
21     dx(1)=n*deltaL*Bl-deltaE*E;%EBV
22     dx(2)=(1-eR)*lambdaN-muE*E*Bn-deltaN*Bn;%Naive B
        cells
23     dx(3)=(1-eR)*(1-beta)*muE*E*Bn+(rG-omegaG-deltaG)*Bg
        -delta1*T1*Bg;%Growth B cells
24     dx(4)=(1-eR)*omegaG*Bg+(rD-deltaD-omegaD)*Bd-delta2*
        T2*Bd;%GC B cells
25     dx(5)=(1-eR)*omegaD*Bd+(rM-omegaM-deltaM)*Bm;%Memory
        B cells
26     dx(6)=(1-eR)*omegaM*Bm-deltaL*Bl-delta3*T3*Bl;%Lytic
        B cells
27     dx(7)=(eB-1)*(1-eM)*r1*T1*Bg-d1*T1;%CTL response to
        Bg
28     dx(8)=(eB-1)*(1-eM)*r2*T2*Bd-d2*T2;%CTL response to
        Bd
29     dx(9)=(eB-1)*(1-eM)*r3*T3*Bl-d3*T3;%CTL response to
        Bl

```