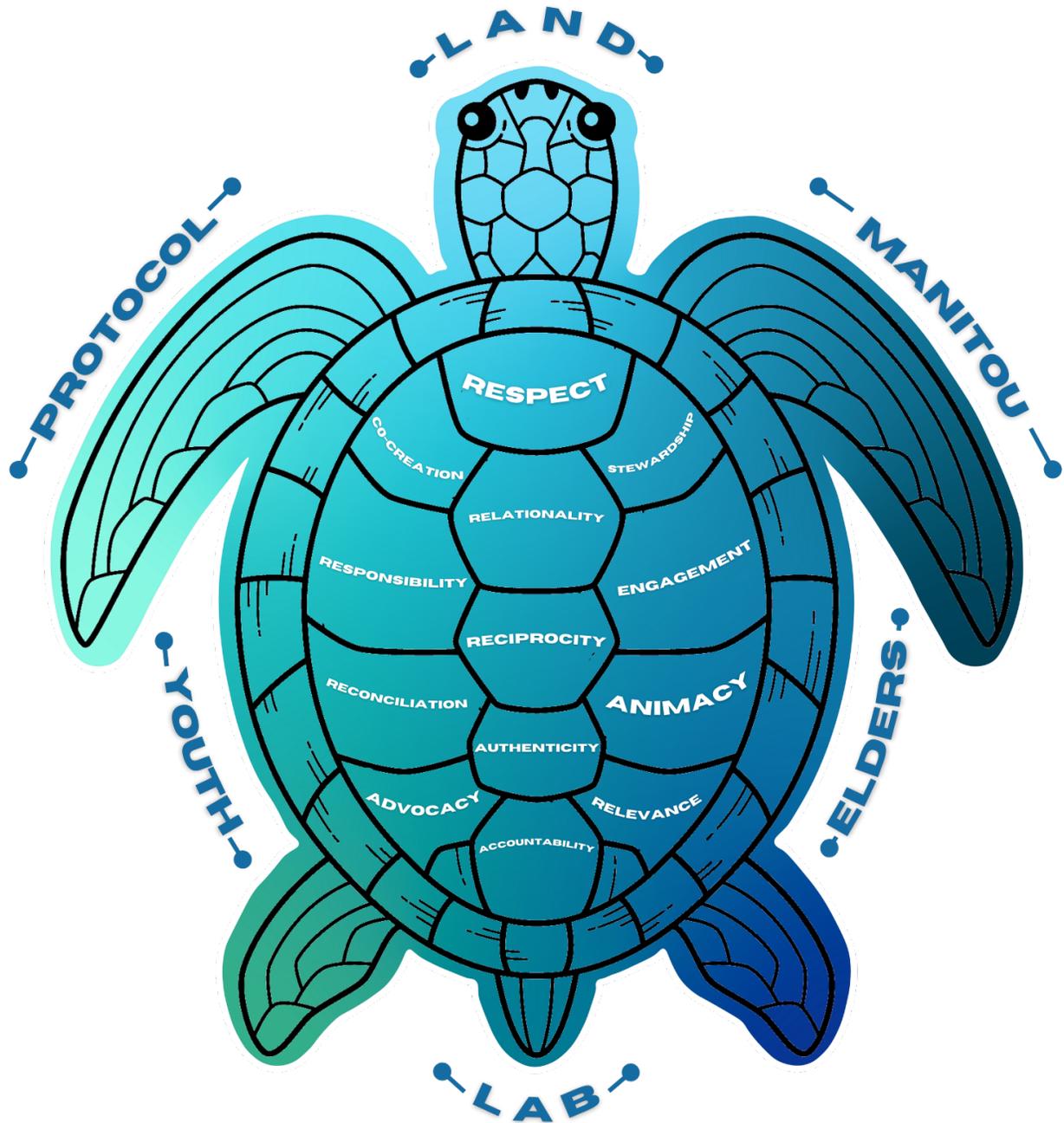


**The Thirteen Guiding  
Principles of  
Indigenous Research  
*within the*  
Land2Lab Pilot Project**

Designed by Paulina Johnson with Nehiyawak  
Teachings and Philosophy





The above image highlights the guiding principles used to establish the research collected under the Land2Lab Pilot Project funded by ARRAMAT.

With water as the Elder who helps us heal and care for the world, the project's founding principles are placed on the back of the turtle's shell. This way, our work embodies Turtle Island and the interconnectedness of life.

The thirteen principles correspond to the thirteen moons that the turtle carries on its back. They help us understand the interconnectedness of being and guide our actions as we make the world better.

The thirteen principles mirror the thirteen shells on a turtle's back. They hold equal weight in acknowledging the purpose and meaning of healing with Water:

1. **Respect** – Engaging in mutual understanding and recognition of knowledges
2. **Co-creation** – Braiding knowledges together while acknowledging the power relationships within the structures themselves
3. **Stewardship** – Protecting seen and unseen relations
4. **Relationality** – Supporting relationships in a good way for the resurgence of Indigenous knowledges and intellectual traditions
5. **Responsibility** – Providing an ethical space for all knowledges and voices
6. **Engagement** – Fostering a community for the benefit of Indigenous knowledges and culture
7. **Reciprocity** – Caring for the diverse relations that make learning possible
8. **Reconciliation** – Acknowledging the truths of Settler Canada and building meaningful relationships between Peoples and lands
9. **Animacy** – Honoring the interconnectedness of all Creation
10. **Authenticity** – Being true to one's intent to be a good relative
11. **Advocacy** – Taking risks to uphold the autonomy of Indigenous Nations and Institutions
12. **Relevance** – Responding to pressing realities that Indigenous peoples endure
13. **Accountability** – Recognizing one's role in settler colonialism and committing to decolonization.

The thirteen principles are surrounded by the protocols necessary to engage in this work. These protocols imbue an awareness of Manitou the Creator as well as the presence of the spiritual connection to water, land, and life. They connect youth and Elders through a Nehiyawak lens that drives the commitment of Land2Lab to uphold the rights of all Creation.

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