# Scientific Name: Lonicera involucrata (Richards.) Banks Family: Caprfoliaceae Common Names: bracted honeysuckle, black twinberry, swamp honeysuckle



Lonicera involucrata Illustration a. branch includes inflorescence and leaves b. flowers c. fruit d. flower dissected e-f. seeds h-i. pollen

# **Plant Description**

Erect or ascending shrub 1 to 3 m high; leaves opposite, short petioled, ovate to obovate, 5 to 15 cm long, acute or acuminate at apex, more or less pubescent; flowers in pairs, bracts green to deep purple, ascending, finally reflexed, 1 to 2 cm, corolla yellow 10 to 13 mm long (Moss 1983). Fruit: Berries are purple-black about 8 to 10 mm in diameter, unpleasant flavour (Droppo 1987, Moss 1983, Wilkinson 1990). Seed: Flat oval seed 1 to 2 mm long.

# Habitat and Distribution

Moist woods (Moss 1983). Moderately shade intolerant prefers the sun (E-Flora BC 2013). Soil: Occurs only on very moist to wet nitrogen-rich soils (E-Flora BC 2013). Soil pH 5.5 to 8 and no salinity tolerance (USDA 2013).

Distribution: British Columbia to Quebec south to California, New Mexico, Wisconsin, Michigan (Moss 1983).

# Phenology

*Lonicera involucrata* flowers from June to July and berries appear July to August (Bonner and Karrfalt 2008). Fruit is indeterminate; fruit does not all ripen at the same time (Terpstra pers. comm.).



Lonicera involucrata in flower

#### Pollination

Insect pollinated (Plants for a Future n.d.).

# Seed Dispersal

Mostly by birds but can be carried by other browsers (McLaughlin 2013).



Lonicera involucrata branch with berries

#### Genetics

2n=18 (Moss 1983).

#### Seed Processing

Collection: *Lonicera* spp. should be hand picked or stripped from the branches as soon after ripening as possible to reduce loses to birds. Most *Lonicera* spp. hybridise easily so it is better to collect seed from isolated populations (Young and Young 1992). Seed Weight: 720 seeds/g or 1.39 g/1,000 seeds (Young and Young 1992).

1.33 g/1,000 seeds (Royal Botanic Gardens Kew 2008).

Harvest Dates: July to August (Bonner and Karrfalt 2008).

Cleaning: Maceration and flotation can be used to extract the seeds from the fruit (Young and Young 1992).

Storage Behaviour: Not proven but thought to be orthodox; seeds can be dried, without damage, to low moisture contents, their longevity increases with reductions in both moisture content and temperature, in a quantifiable and predictable way (Royal Botanic Gardens Kew 2008).

Storage: Dried seed can be stored in sealed containers at low temperatures (Young and Young 1992). Longevity: Heit (1967) stored seed up to 15 years with little loss in viability. Can be stored for several years in dry storage at room temperatures (Royal Botanic Gardens Kew 2008).

## Propagation

Germination: Germination takes 40 to 60 days and 15% of seeds sown will produce seedlings (Young and Young 1992).

Royal Botanic Gardens Kew (2008) achieved 90% germination on a 1% agar media at  $15^{\circ}$ C, 8 hours day and 16 hours night.

Pre-treatment: Seeds of most species of *Lonicera* show some dormancy, due to seed coat or a dormant embryo (Young and Young 1992); stratification is necessary (Lady Bird Johnson Wildflower Center 2011). Royal Botanic Gardens Kew (2008) sterilized their seed in 10% domestos solution for 5 minutes, then stratified the seed for eights at 5°C. Cold stratification is required for all species (Young and Young 1992). Seeds must be cold stratified for

and Young 1992). Seeds must be cold stratified for 30 to 90 days (Bonner and Karrfalt 2008).

Direct Seeding: Seed can be either broadcast or a seed drill can be used in the fall with pre-treated seeds sown in the spring (Young and Young 1992). Seeds should be covered with 3 to 6 mm of soil and covered with 5 to 7.5 cm of straw mulch to prevent excessive drying (Bonner and Karrfalt 2008).

Vegetative Propagation: Most *Lonicera* spp. can be propagated from cuttings (Lady Bird Johnson Wildflower Center 2011, Young and Young 1992). Do very well planted as live stakes (Polster 2011).

## **Aboriginal/Food Uses**

Food: They are possibly poisonous (Lady Bird Johnson Wildflower Center 2011, Mackinnon et al. 2009, Turner 1997, Wilkinson 1990), however Plants for a Future (n.d.) indicate fruit is edible. Medicinal: *Lonicera involucrata* bark was taken for coughs and its leaves were chewed and applied externally to itchy skin, boils and gonorrhoeal sores (Mackinnon et al. 2009). Berry tea was used to purify the body and cleanse the chest, decoctions where used to cleanse sore eyes. Boiled leaves and twigs where applied to swellings sores, scabs and broken bones (Mackinnon et al. 2009). Boiled bark was applied to burns, infection and wounds (Mackinnon et al. 2009).

Other: The stems were used to make fibres for mats, baskets, bags, blankets and toys (Mackinnon et al. 2009). The hollow stems were used by children as straws (Mackinnon et al. 2009).

Black or purple dye was made from crushed berries (Mackinnon et al. 2009, Wilkinson 1990). The plant was also used as an ornamental (Mackinnon et al. 2009).

Berries were rubbed into the scalp to prevent hair from turning grey (Wilkinson 1990).



## Wildlife/Forage Usage

Wildlife: Birds eat the berries and hummingbirds and butterflies consume nectar from flowers (Always 2007, Lady Bird Johnson Wildflower Center 2011). Generally unpalatable for wildlife browsing (Sampson and Jespersen 1963) though said to be a favourite of bears (Turner 1997, Wilkinson 1990). Livestock: Generally unpalatable to livestock (Sampson and Jespersen 1963).

#### **Reclamation Potential**

As a pioneering species, dormant branches are useful as live stakes, wattle fences and other soil bioengineering practices for stabilizing mesic to moist areas (Polster 2011).

## **Commercial Resources**

Availability: Plants available at one nursery in Alberta (Alberta Native Plant Council 2010). Seeds have been collected by the Oil Sands Vegetation Cooperative for use in the Athabasca oil sands region.

### Notes

*L. involucrata* is listed as 79% intact (less occurrences than expected) in the Alberta oil sands region (Alberta Biodiversity Monitoring Institute 2014).

## **Photo Credits**

Photo 1: Walter Siegmund. 2009. @ Wikipedia Commons.

Photo 2: Steve Hurst @ USDA-NRCS PLANTS Database.

Photo 3: Jerry Friedman 2008 @ Wikipedia Commons.

#### References

Alberta Biodiversity Monitoring Institute, 2014. The status of biodiversity in the oil sands region of Alberta. Alberta Biodiversity Monitoring Institute, Edmonton, Alberta. 47 pp. http://www.abmi.ca/FileDownloadServlet?filename= The% 20Status% 20of% 20Biodiversity% 20in% 20the % 20Oil% 20Sands% 20Region% 20of% 20Alberta 201 4 Supplemental% 20Report.docx&dir=REPORTS\_U PLOAD [Last accessed June 16, 2014].

Always, T., 2007. Derby Canyon Natives: Native plants for birds and butterflies.

http://derbycanyonnatives.com/v2/plants/for-birdsand-butterflies/ [Last accessed December 5, 2013].

ANPC (Alberta Native Plant Council), 2010. Native Plant Source List.

http://www.anpc.ab.ca/assets/ANPC\_2010\_Native\_Pl

ant Source List.pdf [Last accessed October 10, 2013].

Bonner, F.T. and R.P Karrfalt, 2008. The woody plant seed manual. United States Department of Agriculture. Agriculture Handbook 727. 1,228 pp. <u>http://www.uri.edu/cels/ceoc/documents/WoodyPlant</u> <u>SeedManual-Complete.pdf</u> [Last accessed October 10, 2013].

Droppo, O., 1987. *L. involucrata* (Richards.) Banks Bracted honeysuckle. IN: A field guide to Alberta berries. Calgary Field Naturalists' Society, Calgary, Alberta. pp. 88-89.

E-Flora BC, 2013. Lonicera involucrata (Richardson) Banks ex Spreng. bearberry honeysuckle; black twinberry; twinberry honeysuckle. IN: E-Flora BC: Electronic Atlas of the Plants of British Columbia. Lab for Advanced Spatial Analysis, Department of Geography, University of British Columbia, Vancouver. http://linnet.geog.ubc.ca/Atlas/Atlas.aspx?sciname=L onicera%20involucrata [Last accessed December 5, 2013].

Heit, C.E., 1967. Propagation from seed. Part 2 Storage of deciduous tree and shrub seeds. American Nurseryman 126(40): 12-13, 86-94.

Lady Bird Johnson Wildflower Center, 2011. Lonicera involucrata (Richardson) Banks ex Spreng. IN: Native Plant Database. University of Texas at Austin, Austin, Texas.

http://wildflower.org/plants/result.php?id\_plant=LOI <u>N5</u> [Last accessed October 10, 2013].

Mackinnon, A., L. Kershaw, J.T. Aranason, P. Owen, A. Karst and F Hamersley, 2009. Edible and medicinal plants of Canada. Lone Pine Publishing, Edmonton, Alberta. 417 pp.

McLaughlin, J., 2013. Engaging birds in vegetation restoration after Elwha Dam removal. Ecological Restoration 31(1): 46-56. Moss, E.H., 1983. *L. involucrata* (Richards.) Banks Bracted honeysuckle. IN: Flora of Alberta. A manual of flowering plants, conifers, ferns, and fern allies found growing without cultivation in the province of Alberta, Canada. 2nd edition. University of Toronto Press, Toronto, Ontario. p. 513.

Plants for a Future, n.d. *Lonicera involucrata* -(Richardson.)Spreng. IN: Plants For A Future, Dawlish, Devon, UK. <u>http://www.pfaf.org/user/Plant.aspx?LatinName=Lon</u> <u>icera+involucrata</u> [Last accessed October 10, 2013].

Polster, D.F., 2011. Natural processes: Restoration of drastically disturbed sites. Polster Environmental Services Ltd., Duncan, British Columbia. 123 pp.

Royal Botanic Gardens Kew, 2008. *Lonicera involucrata* (Richardson) Banks ex Spreng. IN: Seed Information Database. <u>http://data.kew.org/sid/SidServlet?ID=14316&Num=</u> <u>E2b</u> [Last accessed October 7, 2013].

Sampson, A.W. and B.S. Jespersen, 1963. California range brushlands and browse plants. The Reagents of the University of California, Division of Agriculture and Natural Resources. 163 pp.

Terpstra, F., 2012. Owner/Manager. Halcyon Tech Corporation. Personal Communication.

Turner, N.J., 1997. Twinflower honeysuckle (or black twinberry) *Lonicera involucrata* (Rich.) Banks ex Spreng. IN: Food plants of Interior First Peoples. Royal British Columbia Museum Handbook, Victoria, British Columbia. p. 184.

Wilkinson, K., 1990. Bracted honeysuckle; black
twinberry *Lonicera involucrata*. IN: Trees and shrubs
of Alberta. A habitat field guide. Lone Pine
Publishing, Edmonton, Alberta. pp. 168-169.
Young, J.A. and C.G. Young, 1992. Seeds of woody
plants in North America. Dioscorides Press,
Portland, Oregon. 407 pp.