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STUDIES WITH CIS-PLATINUM AND ITS EFFECTS ON THE BIOLOGICAL BEHAVIOR OF ''Ga-CITRATE

THOMAS RITCHIE SYKES

by

A THESIS

SUBMITTED TO THE FACULTY OF GRADUATE STUDIES AND RESEARCH IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE DEGREE

OF DOCTOR OF PHILOSOPHY

PHARMACEUTICAL SCIENCES

IN

(Bionucleonics)

FACULTY OF PHARMACY AND PHARMACEUTICAL SCIENCES

EDMONTON, ALBERTA Fall, 1983

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The undersigned certify that they have read, and recommend to the Faculty of Graduate Studies and Research, for acceptance, a thesis entitled STUDIES WITH CIS-PLATINUM AND ITS EFFECTS ON THE BIOLOGICAL BEHAVIOR OF 'Ga-CITRATE submitted by THOMAS RITCHIE SYKES in partial fulfilment of the requirements for the degree of DOCTOR OF PHILOSOPHY in PHARMACEUTICAL SCIENCES (Bionucleonics).

Supe isor

: J. Moy

External Examiner

Date 1983

Dedicated to MUM and DAD for their continuous support and loving guidance through the years iv

This work was primarily devoted to the development and evaluation of radiolabeling and radioassay methods for the chemotherapeutic drug cis-dichlorodiammineplatinum(II) (cis-platinum) and its effects on the biological behavior of the radiopharmaceutical 67 Ga-citrate. More sensitive and refined techniques of cis-platinum detection inbiological samples would be useful in the ongoing studies of its pharmacology and therapeutic potential. These role of 67 Ga-citrate as a diagnostic tumor localizing agent would be substantially improved by understanding its behavior under specific istrogenic conditions.

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Radiolabeling was assessed using current synthetic methods and via a direct activation technique. The labeled compound was found to be most efficiently produced by a time limited thermal neutron bombardment of the final compound followed by chemical and radiochemical purification and subsequent solid scintillation detection of the X-ray emissions. This material was utilized for a short term biodistribution study and serum protein binding. experiments. In addition, a neutron activation analysis method was developed for the detection of platinum which allowed its low level quantitation in complex biological matrices.

The ability of cis-platinum to influence the biological behavior of 67 Ga was investigated in vivo and in vitro. In simple solutions, cis-platinum and K₂PtCl₄ decreased 67 Ga binding to human transferrin under specific conditions, but the drug did not directly effect 67 Ga-citrate binding to human serum proteins in vitro. Studies in Frodents indicated the most prominent effects of drug treatment on 67 Ga biodistribution occurred after the development of cis-platinum toxicity, which could then influence both the short and long term tissue deposition. More extensive studies in rabbits indicated these toxicities included changes in renal function, serum iron parameters and nutrient intake. The compromised handling of the radiopharmaceutical in these animals was manifest by diminished elimination, slightly enhanced serum protein binding, altered blood kinetics and increased tissue accumulation. These observations should be of value for the correct interpretation of future 67 Ga-citrate scans of patients treated with this drug, and provides a mechanistic basis for understanding 67 Ga behavior under a variety of 'abnormal' physiological conditions.

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samples versus externally adjusted pH. Percent solubility of endogenous ⁶⁷ Ga and urinary pH in 24 hour urine samples from control and cis-platinum treated rabbits 196		°'Ga-ci	trate adm:	inistratio	on in cont	rol and ci	s-platinum	
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Since the beginnings of nuclear medicine in the late 1940's, there has always been the cherished hope that some radioisotopic agent would be developed with a unique affinity for malignancies without regard for anatomical site, size, tissue of origin or histopathologyl. Such an agent should be capable of non-invasive tumor detection, the assessment of local extent and distant metastasis, and also aid in the evaluation of therapeutic measures and follow-up treatment by giving some indication of tumor cell viability. This concept of the 'magic bullet' remains the ideal model in the search for, useful tumor localizing radiopharmaceuticals.

Although the development of new, more useful agents is a major goal for non-invasive tumor diagnosis in nuclear medicine, another important area of investigation, perhaps with more immediate and practical significance, involves the biological handling of available agents under various conditions, with hopes of improving their diagnostic potential. This is especially important in current practice in cases where 'abnormal' tracer uptake is evident, and which may be due to a variety of factors other than the presence or absence of malignant disease. In the clinical setting, where iatrogenic intervention is routine, each change in a patient status may be important in deciding the correct interpretation of a tumor scan, and in turn, the appropriate therapeutic measures.

Probably the most widespread and diverse component of patient care involves the use of drugs, and thus, any drug-induced changes in pathology and physiology must be assessed relative to the ability of the radiotracer to localize in the appropriate tissues to the required

degree. There are numerous reports in the literature regarding suspected or proven cases of drug-induced alterations in radiotracer biodistribution^{2,3} but very few studies accurately document the underlying mechanisms which are important in evaluating the interaction.

This work will fogus on the antineoplastic drug cis-platinum and its effects on the biologiical behavior of the tumor localizing radiopharmaceutical ⁶⁷Ga-citrate. The spectra of activity of these agents overlap to a sufficient degree to expect concurrent usage of both agents for their therapeutic and diagnostic benefits, respectively: Abnormal ⁶⁷Ga-citrate scans have been observed in patients undergoing cis-platinum therapy2 and thus, a systematic study was required to evaluate the magnitude and mechanism of such an effect. In order to accomplish this task, a wide variety of methodologies had to be developed and/or compared to assess their individual merits with respect to several analytical tests. This was especially true for the detection of cis-platinum in biological samples which required more complicated radioassay procedures. In addition, to study the interaction, an emphasis was placed on in vivo studies with an appropriate animal model, which would be expected to parallel the clinical situation.



#### Introduction

In 1965, Barnett Rosenberg, a biophysicist at the University of Michigan, was investigating the possibility that an electric field could affect the growth processes of <u>E. coli</u>. He observed that low amperage alternating currents delivered through a nutrient medium by platinum electrodes caused the formation of filamentous bacteria up to 300 times the normal length. Further analysis revealed that some of the platinum from the electrodes dissolves in the medium under these conditions to form ammoniated derivatives⁴, with the highest activity residing with the cis-dichlorodiammineplatinum(II) complex^{5,6} (cisplatinum). The compound has since been found to inhibit cell division while not affecting the growth processes of several other bacterial strains^{7,8}.

Subsequently, cis-platinum was found to effectively inhibit the growth of several types of tumors in mice and rats⁹. In fact, the drug has produced a cytotoxic response at all levels studied to date, including viral, bacterial and mammalian cell cultures progressing to an antitumor response in humans. It is the first inorganic metallic drug to be accepted for trials by the National Canor Institute, and there is hope that it represents a parent compound for a whole family of antineoplastic agents. To date, cis-platinum has established itself as a genuine benefit in cancer chemotherapy enabling improved treatment for a number of human malignancies.

II. Chemistry

Cis-platinum is a stable, crystalline yellow solid which

decomposes at  $207 \,^{\circ}C^{10}$ . It has a molecular weight of 300.0 atomic mass units with the platinum atom contributing 65% to this total. It is a square planar complex¹¹ with the bond angles and distances shown in Figure 1. The general reactivity of this complex is governed by the  $d^8$  electronic configuration of the central platinum atom, the Pt (II) type co-ordination, and the cis geometry of the attached groups. The chloride ligands are referred to as the 'anionic leaving groups' and the ammine functions are called the 'carrier ligands'.

#### A. Aqueous Chemistry

The aqueous chemistry of cis-platinum is complicated by the formation of numerous hydroxo and aquated products. The relationship between each of these species¹² is shown in Figure 2.' In addition, oligomerization products consisting of dimers  $([Pt(NH_3)_2OH]_2)$  and trimers ( $[Pt(NH_3)_2OH]_3$ ) can also form under appropriate conditions¹³. The equilibrium distribution is dependent upon the chloride ion concentration, the pH, the solution temperature, the initial cis-platinum concentration, and the presence of other nucleophiles which are capable of undergoing reaction with specific platinum forms12'14. Based on dissociation constants in the literature, at an initial cis-platinum concentration of 3 x  $10^{-4}$  M at 20°C, a chloride ion concentration of 0.02 M and a pH of 7.0, the calculated relative amount of parent cis-platinum at equilibrium is about 73%¹⁵. Similar estimations are given in Table 1. Under the conditions listed, most of the drug exists as the parent molecule, with the next most populous species being the monoaquo product. This conversion takes place with a half-life of 1.7 hours in water at 37°C¹⁶. However, the relative





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Figure 2. Aquation reactions of cis-platinum.¹²

percentage of cis-platinum drops off rapidly at lower chloride ion concentrations and depending mainly on the pH shifts to the other aquated and hydroxo species.

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	PERCENT	
•	pH = 7 [C1] = 0.02 M	pH = 7 [C1] = 0.15 M
cis-Pt(NH ₃ ) ₂ Cl ₂	72.9	.96.6
cis-{Pt(NH ₃ ) ₂ Cl(H ₂ O	)] ⁺ 12.0	2.1
cis-Pt(NH ₃ ) ₂ Cl(OH)	6.0	1.1
cis-[Pt(NH ₃ ) ₂ (H ₂ 0) ₂	] ⁺² 0.2 [*]	0.0
cis-{Pt(NH ₃ ) ₂ OH(H ₂ O	)} ⁺ 6.0	0.1
cis-Pt(NH ₃ ) ₂ (OH) ₂	3.0	0.1

Table l.	Equilibrium distribution of cis-platinum	(3)	c 10 ⁻⁴	M)	in
	aqueous medial5.				

The aqueous chemistry of cis-platinum is important in relation to its stability in parenteral vehicles and its reactivity <u>in vivo</u> which governs both its toxic and beneficial response. The intact molecule is definitely more stable in saline solutions and these may be necessary to deliver the drug in an form suitable for tissue penetration. The increased reactivity of the aquated forms may be responsible for the undesirable manifestations of the compound and the observed antitumor properties as well via specific interactions with biological molecules. This complex equilibrium may serve to partition the drug into specific body compartments, where a different aqueous environment determines its ultimate reactivity. The interaction with

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most biological molecules is via the monoaquo and diaquo products since the reactivity of these forms is much greater than that of the other platinum species¹⁵.

### B. Structure Activity Relationships

Attempts to improve the therapeutic effectiveness and reduce the toxicities of cis-platinum have resulted in the synthesis of over 1000 analogues of the parent molecule. Only a small number of these compounds have shown antitumor effects and even fewer have proven comparable to cis-platinum¹⁷. However, these investigations have provided a rather detailed description of certain structural requirements necessary for active compounds of this type.

1) The compounds should be neutral. Charged complexes have been shown to possess reduced reactivity towards DNA in vitro and cellular penetrability is apparently compromised in vivo¹⁸. This does not necessarily mean that the active form is neutral since biological reactivity may be mediated by a charged species via ligand exchange.

2) The geometry around the central ⁹platinum atom should be square planar. This invariably necessitates the platinum to be in a (II) oxidation state¹⁹. These requirements control the conformation and the limits of reactivity of the complex.

3) The carrier ligand may affect the activity of the complex due to differences in basicity, electronic and steric properties^{20,21}. A few compounds have been tested where these ligands were not nitrogen donors and these have shown no activity, suggesting a definite preference for ammine based systems. Platinum forms strong bonds with nitrogen ligands for thermodynamic reasons and thus these groups are

not readily exchangeable and quite inert¹⁹. We would not expect these substituents to be readily replaced <u>in vivo</u> but to remain part of the active platinum molety. In general, antitumor activity of a series of nitrogen ligand donors shows the following pattern:  $NH_3 \langle RNH_2 \rangle R_2 NH$  $>R_3N$ . Additionally, as the bulkiness of R increased biological activity is reduced²². These effects are difficult to relate to chemical reactivity of the platinum complex and their primary role may be related to biological properties such as hydrogen bonding stabilization, lipid membrane solubility and size related specific binding²¹.

4) The leaving groups are responsible for the reactivity of the complex in light of the inert nature of the ammine ligands. However, these groups must possess intermediate leaving ability, which for many Pt(II) complexes follows the order^{23,24}:  $NO_3^{-}>H_2O>C1^{-}Br^{-}>I_{-}>N_{3}>SCN^{-}>NO_2^{-}>CN^{-}$ . Labile ligands such as nitrate and water will be readily replaced by ligands present in biological molecules and thus are especially toxic. Strongly bound anions such as azide, thiocyanate, nitrite and cyanide can be tolerated in fairly high doses with no antitumor activity since very little interaction takes place in  $vivo^{20}$ . The most active complexes contain chloride, bromide, malonate or oxalate as the anionic ligands. The latter two form bifunctional chelates and would be expected to show fairly strong binding as a result. These ligands are likely removed in vivo perhaps by an enzymatic process²⁵.

5) The leaving groups should be in the cis configuration. Thus, in a square planar complex both reactive ligands are on the same side of the molecule²⁶. This is the most interesting requirement with

respect to defining the exact mode of action of these complexes.

#### III. Pharmacology

#### A. <u>Distribution</u>

The deposition of platinum in tissues following the administration of cis-platinum has been studied in numerous animals and (in man. They all show a remarkably consistent pattern with interspecies variation likely due to changes in urinary excretion during the first 24 hours following injection. In general, the tissue uptake could be ranked as kidney > uterus > liver > skin > adrenal > ovary > spleen > pancreas > lung > muscle > testes > brain²⁷.

Two hours after intraperitoneal injection of cis-platinum in mice, platinum is mainly distributed to the kidneys and liver with the gut fat and spleen all showing significant uptake²⁸. In tumor-bearing Swiss White mice the kidneys, liver, spleen, thymus and lungs all contain more than 1  $\mu$ g of platinum per gram of tissue, 4.5 days after an 8 mg/kg intravenous dose of cis-platinum²⁹.

In rats, 24 hours after cis-platinum injection, the kidneys have been found to contain by far the most platinum with liver, spleen, pancreas, small intestine and lungs also containing significant concentrations^{30,31}. This trend continues up to 7 days after dosing³². Tissue-to-blood ratios vary only slightly from 3-72 hours in major rat tissues with only kidney, liver, spleen, adrenal, bone and tumor remaining near or above blood levels during this period³³. When tissue mass is considered, the skin, bone, muscle and liver would contain the greatest absolute amount of platinum even though their concentration values are  $low^{27,34,35}$ . Tissue distribution of the drug in the female dogfish shark has also been reported. Highest concentrations were observed in the kidneys and uterus, with significant levels in the heart, rectal gland, and duodenum, followed by pancreas and spleen and comparatively little in the liver. This deposition remains relatively constant for l hour to 6 days after cis-platinum dosing^{35,36}.

In rabbits, 18 hours after drug administration, the kidneys, liver, spleen and lungs were observed to have the highest tissue uptake²⁸.

A consistent pattern in dogs has been observed from 10 minutes to 4 days after cis-platinum dosing with the kidneys, liver, lung, skin, ovaries, uterus and pancreas containing the highest concentrations of platinum during this period36,37,38,39.

Scans of human patients treated with radiolabeled cis-platinum have shown the liver, spleen and intestines as the major sites of deposition, but only a small amount was observed in the kidneys^{28,40}. The total skin mass has been estimated to contain about 5% of the initial platinum dose, 18 days after cis-platinum treatment^{27,34}.

The prolonged and stable retention of platinum in specific tissues has been well documented in several animal species. This is related to the equilibrium constants for tissue uptake and elimination since reports have indicated uptake is favoured by a factor of 3 to 6 or greater^{41,42,43}. In addition, tissue distribution has been shown to be relatively unaffected by initial cis-platinum dosage in the range 0.066-3.15 mg/kg by intravenous bolus²⁷ or the bolus concentration³⁰.

The lack of specific tumor uptake indicates the drug is not

preferentially distributed to tumor cells and thus radiolabeled cis-platinum would not be of value as a diagnostic tumor scanning agent. The presence of a tumor in animal models has been shown to apparently affect the overall handling of the drug. Tissue concentrations are increased in mice²⁹ and decreased in rats³³ bearing tumors a few days after dosing, perhaps reflecting increased clearance^{29,33} or organ weight changes²⁹ in these animals compared to controls.

The tissue distribution may also serve as a guide to potential therapeutic or toxic responses to the drug. There are measurable levels in the ovaries, uterus and testes and the spectrum of activity clearly cover tumors in this area. Renal damage is likely related to the vast amount of the drug presented to the kidneys. The cerebrospinal fluid levels in monkeys have been shown to be about 60 ng/ml with a half-life of about one hour⁴⁴, and similarly low levels have been found in human brain and brain tumor tissue^{45,46}. These small amounts are responsible for the cytotoxic response and a possible centrally mediated emetic action. However, in all cases studied to date, the presence of platinum per se does not constitute sufficient grounds to expect any response, since it is the nature or reactivity of the deposited platinum species which will determine the cellular and subsequent tissue consequences.

#### B. Excretion

The excretion of platinum derived from cis-platinum administration occurs almost exclusively via the urine in all animal systems studied. However, there is considerable variation as to the
rate and extent of this process. Overall fecal elimination is comparatively small.

The urinary excretion of platinum in mice has been found to be extremely rapid initially, with almost 80% being lost in the first 24 hours²⁸. Thereafter total body excretion processes are considerably slower, so that by 5 days only about 14% remains^{27,28} and by 15 days approximately 10% of the dose is left in the body²⁹.

In rats, the largest portion of the dose has been shown to be eliminated in the urine during the first 2 hours (  $\sim 25\%$ )⁴⁷ and by 1 and 4 days about  $30\%^{47}$  and  $50\%^{37}$ , respectively, have been excreted by this route. Fecal excretion in the rat accounts for less than 2% of the dose in 24 hours and more than 80% of this appears via the bile. Both urinary and fecal elimination percentages have been shown to be independent of the cis-platinum dose in the range 0.01-6.0 mg/kg in the rat⁴⁷.

Four hours after cis-platinum bolus administration to dogs, 35 - 60% of the injected platinum can be found in the urine^{37,48}, indicating an initial rapid renal excretion with a half-life of less than 1 hour³⁷. By 48 hours about 80% has been eliminated in the urine^{36,39} and thus the second elimination phase is much slower³⁷. Very small amounts of platinum have been detected in the bile of dogs³⁷, indicating fecal excretion is low.

In contrast to these animals, the dogfish shark reportedly excretes less than 10% of the total platinum dose even after 6 days post cis-platinum administration³⁶.

It has been shown that humans excrete considerably less of a cis-platinum dose in the urine than the mouse, rat or dog. Total renal

elimination of platinum 24 hours after intravenous bolus dosing ranges from  $20-35z^{49}$ , 50 and similarly, 19-35% after completion of a 1/2-1 hour infusion^{51,52}. By 5 days, 27-45% is excreted in the urine, with an estimated elimination half-life of 8-10 days⁴⁹. A 20 hour infusion results in less urinary excretion (21-26% in 2 days⁵³), while administration by a 5 day infusion has been found to greatly reduce the value to about 10% in 2 days⁵⁴. It has been estimated that less than 10% of the dose is excreted in the feces⁴⁹, likely via the bile^{45,55}.

Renal handling of cis-platinum appears to be primarily by glomerular filtration⁵¹. Several reports have indicated both parent drug and metabolites are present in the urine^{50,56}. The nature of the urinary platinum compounds appear to be mostly unchanged cis-platinum initially, in a similar proportion to the parent compound in the infusion solution. A second species (thought to be  $cis[Pt(NH_3)_2(H_20)-C1]^+$ ) increases with time at the expense of cis-platinum. A third species⁵⁷, possibly bound to a macromolecule⁵⁶, has also been detected. These quantitative changes with time are consistent with a hydrolytic equilibrium between platinum species in the urine which are related to urinary chloride ion concentration⁵⁷. These processes would explain the observed changes in urinary elimination observed after infusion dosing protocols.

# C. Plasma Protein Binding and Pharmacokinetics

After intravenous injections in humans, cis-platinum has been found to associate almost exclusively in the plasma component of blood. The interaction with plasma proteins is considerable, with

about 90% binding after several hours²⁷. In vitro studies have indicated the cis-platinum serum protein interaction takes place with a half-life of 156-220 minutes 13,51,58. Serum from cis-platinum treated patients shows no dependence on chloride ion concentration for platinum release 17 but does affect the association in vitro⁵⁹. No dissociation of platinum has been observed from protein bound solutions even after dialysis for 24 hours 56,60. / These facts support the position that the reaction with serum proteins is one of covalent bond formation rather than involving a hydrogen bond, electrostatic or van der Waals forces. Almost all plasma proteins appear to be involved in the process including gamma globulins, albumin and transferrin^{53,60,61}. This plasma protein interaction is highly significant since the protein bound cis-platinum has no cytotoxic activity 56,62. In addition, the pattern of binding appears to be at sible, meaning that therapeutically active drug best only the system by an almost irreversible process. is being r mall portion of the intravascular drug has been In hu flood cells (RBC)^{31,37}, the majority being taken up found in the injection, when total blood concentrations would be immediately at greatest⁶³. The RBC associated platinum is intracellular, although a small portion be membrane bound^{61,63,64}. The RBC platinum levels remain relatively constant with time, while the plasma levels are declining. Hower, only about 1% of the total blood platinum is normally found with the RBC fraction. In rats, the reported association of cis-platinum with RBC was considerable, since by 1 hour more than 60% of the blood platinum was RBC associated, the vast majority of which was intracellular⁶¹. The interaction of platinum

with leukocytes has been reported as 6-11% of the coincident plasma concentrations⁵⁰. Thus, the overall distribution of cis-platinum in the cellular blood component is rather limited and likely insignificant in terms of the therapeutic potential of the drug in man.

The pharmacokinetic parameters related to the plasma disappearance of platinum species following intravenous administration have been summarized in Table 2.

The human data suggests an initial half-life  $(t_{1/2} \alpha)$  of about 30 minutes and thus by 2 hours less than 7% of the dose remains in the circulation. In fact, a faster phase may also be present which would further increase blood clearance²⁷. The longer half-life  $(t_{1/2} \beta)$  is of the order of several days and is likely a consequence of the extensive protein binding but represents only a small portion of the dose. The filterable platinum kinetics reported refers to plasma platinum which is free or associated with plasma components of molecular weight less than 10-25 thousand. These kinetics are the same for the initial phase, indicating this phase represents clearance of the rate of plasma protein binding65'66.

Species	Mode of Administration	t _{1/2} ¤ (minutes)	$t_{1/2} \beta$ (days)	Ref	Comments
rat	IV bolus	43	2	36	
rat		8.6	44.9	34	
rat		* 10	1.49	32	
rat		16, 1	6.6	34	•
rat	I.P.	_	2.5	32	
shark	IV bolus	69	10	36	:
shark	<b>11</b>	71	17.5	35	
dog	••	22	5	36	
dog	<b>eu</b>	<60	4-5	37	
dog		12	2.3	43	
log	••	30	<del></del> ·	39	filterable Pt
log	•• <b>•</b> •	143	-	38	filterable Pt
numan	IV bolus	25-49	2.4-3.0	50	
numan	**	-	3∸5	49	
numan		; 7	1.1	34	
numan	**	32-54	-	57	filterable Pt
numan	₩	34	4.5	55	
numan	••	21.3	6.2	41	
numan	l hr infusion	23	2.8	56	
numan	6 hr infusion	17.5-37.1	<del>_</del> ·	57	filterable Pt
numan	6 hr infusion	<u> </u>	3.0	55	
numan		78	<b>-</b> '	43	filterable Pt
iuman		25	1.8	42	•
numan	· ·	25-30	1.8	43	•
numan	5 day infusion	-	1.4	<u>`</u> 54	
	•				•

#### Table 2. Summary of reported pharmacokinetic parameters of cis-platinum. ~ ·

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* administered over < 15 min period; * non-protein bound or free platinum (see text)

### IV. Biochemistry

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### A. Intracellular Localization

Cis-platinum has been shown to bind to the erythrocyte cell membrane, possibly with the amino acid residues of the protein  $component^{64}$ . Interactions at the lymphocyte cell membrane apparently cause unmasking of lectin binding sites by removal of mucopolysaccarides from the cell surface. Exposure to the drug for longer than 60 minutes destroys these binding sites on lymphocyte, lymphoma and ascites cell membranes⁶⁷.

Administration of cis-platinum^{68,69} or cis-platinum-DNA⁷⁰ or -uracil^{69,71} complexes have been shown to result in platinum localization in lysosomes or specific vacuoles of the analyzed cells, and have been termed platinosomes^{70,71}. The significance of this deposition has not been determined. Ultramicroscopic studies of cultured cells have shown the presence of platinum along the entire inner surface of the nuclear membrane, in the nucleolus and other . localized patches in the nucleoplasm⁷².

Quantitatively, the cytosol contains the most platinum after in <u>vivo</u> administration of cis-platinum (at least for kidney and liver cells)^{32,73} and much of this appears to be protein bound⁷⁴. The other major compartmentalization occurred in the microsomal^{32,74} and nuclear^{73,74} fractions. These studies demonstrate that a variety of potential intracellular targets exist for the drug and that the "mechanism for the eventual cytotoxic or other consequences cannot be considered a function of a single site of localization.

#### B. Interaction with Enzymes

Various platinum halide complexes have been known for many years to bind to enzymes ⁷⁵. In vitro inhibition has been demonstrated in numerous systems. Several factors regarding the nature of the complex may be implicated in this effect including the rate of hydration and aquation  76,77 , electrostatic charge  78 , the number of labile ligands  9 and geometric size⁷⁹. The presence of competing ligands^{80,81,82} and the structure of the enzyme itself  83  are also involved. Cis-platinum has been shown to depress the activity of several specific enzymes: dehydrogenase, alcohol dehydrogenase⁸⁴, lactate malate dehydrogenase^{78,79,84}, NAD hydrogenase, glyceraldehyde-3-phosphate dehydrogenase, glucose-6-phosphate dehydrogenase and dihydrofolate dehydrogenase⁸⁴ are all inhibited by the drug in aqueous solution. This effect is likely due to platinum binding at essential sulphydryl groups, since enzymes which do not possess this moiety are generally not inhibited⁸³. In kidney extracts, testosterone dependent esterases⁸⁵ and Na⁺/K⁺ or Mg⁺² activated ATPases⁸² are both inhibited. In vivo, significant reduction in enzyme activity has been demonstrated for dihydrofolate reductase, thymidine kinase and thymidylate synthetase^{86,87}. The drug does not effect the performance of enzymes involved in DNA^{88,89,90} or RNA⁹¹ replication.

### C. Interaction with Nucleic Acids

The interaction of cis-platinum with individual nucleic acids has been studied extensively <u>in vitro</u>. Analysis of the reaction products under various conditions has been accomplished using sensitive instrumental physico-chemical techniques⁹². The location of

platinum binding sites on the bases can be determined by blocking available sites by methylation or protonation. The most important interaction, in terms of its relevance to the <u>in vivo</u> situation, will be with nucleotides, since their binding sites most resemble those potentially available in the DNA molecule. A summary of the cis-platinum reactions with the individual nucleotides is shown in Table 3. A variety of binding sites have been detected, but for guanosine and adenosine the N(7) site is the primary point of attachment as is the N(3) position of cytosine^{93,94,95,96,97}. Thymidine and uridine do not react via N(3) under normal conditions possibly due to their lower basicity or steric effects⁹³. Since the lone pair electrons in the amino groups of the purine rings participate in the system, this group is generally not involved in metal binding⁹⁸.

Cis-platinum also reacts with specific dinucleotides. Various adenosine-cytosine dimers bind via the  $C(4)-NH_2$  position of cytosine and the N(1) position of adenosine only when the bases are in a stacked configuration such that the geometrical conditions for cisbidentate binding are met⁹⁹. Guanine dimers¹⁰⁰ and G-C-G trimers¹⁰¹ both form N(7) to N(7) chelates in the presence of cis-platinum. Similarly, artificial or natural polynucleotides containing guanine form a platinum intrastrand crosslink between this base's N(7) binding sites¹⁰².

A novel interaction between cis-platinum and the slow reacting thymidine and uridine nucleotides involves the formation of the 'platinum blues'. Characteristic properties include containing a mixed valency platinum species with oligomeric structure and



Table 3. Location of cis-platinum binding sites on nucleosides in vitro⁹³⁻⁹⁷

 $t_i$ 

(?) Indicates this mode has been disputed and may be sensitive to reaction conditions and analytical techniques

paramagnetic behavior  103,104 . These complexes are likely localized Pt(III) and Pt(II) atoms, which as a chain of amidate bridged platinum atoms display a formal non-integral oxidation state  105 . The actual reaction is dependent upon several factors and only a small percentage of the products generate the blue colour  106 . This group of compounds have been studied for their therapeutic potential  107,108  and as a mechanism for the cis-platinum antitumor effect via the formation of stacked polymers of platinum interacting along the DNA chain  103 .

Cis-platinum has been shown to form a weak complex with pyrophosphate¹⁰⁹ and be generally unreactive in phosphate buffers¹¹⁰ where polymers or aggregates apparently form¹¹¹. Specific monophosphorylated¹¹² and triphosphorylated¹¹⁰ nucleic add derivatives have also been reported to have phosphate participation in their <u>in vitro</u> reaction with cis-platinum. However, studies with DNA seem to exclude this type of binding⁹⁴, unless, as in the case for the trans isomer, it is of a hydrogen bonding nature¹¹³. No association of cis-platinum with the cyclic ribose or deoxyribose sugars has been observed, although the drug does react with the straight chain sugar D-mannitol¹¹⁴.

#### V. Mechanism of Action

# A. Inhibition of DNA Synthesis

The biochemical reactivity <u>in vitro</u> and the biological activity <u>in vivo</u> both suggest that the primary target of the active platinum species is DNA. Its ability to inactivate viruses^{111,115}, cause induction of lysogenic bacteria¹¹⁶, produce filamentous bacteria⁶, prevent mitosis¹¹⁷ and induce mutagenesis^{118,119} are all consistent

with an effect on DNA. More importantly, it has been shown in human AV₃ cells¹²⁰, Ehrlich ascites tumor cells¹²¹ amnion and phytohemagglutinin stimulated lymphocytes¹²² that low doses of cis-platinum produce profound effects on DNA synthesis, even in cases of high cellular viability, while RNA and protein synthesis are only slightly depressed. This effect is not due to inhibition of DNA polymerase activity^{88,89,90}, nor DNA associated protein binding¹²³, but rather a direct action on the template itself. Only specific platinum complexes with the cis configuration are capable of eliciting Both trans-' and cis-platinum are associated with this response. intracellular DNA in a similar quantitative manner^{15,124} indicating the same degree of cellular penetration and reactivity. However, the resultant cytotoxicity and antitumor properties of the cis-isomer are due to its ability to produce a highly specific DNA lesion which impairs cellular reproduction and eventually causes will death. The preferential binding site in DNA is attachment to guanine residues. There is a direct correlation between the degree of platinum bound and the G-C content of the DNA^{125,126}. In enzyme cleaved DNA, pre-bound cis-platinum is found only in G-C rich regions¹²⁷. However, the exact nature of the lethal lesions has not been identified. Two modes of binding are thought to be involved: an intrastrand reaction involving either a bidentate chelation to the N(7) and C(6)-O position⁵ of guanine or a N(7) to N(7) crosslink of adjacent guanine bases; or the interstrand crosslinking of guanine to other residues on the complementary strand.

Interstrand crosslinks have been observed in many studies of cis-platinum-DNA interactions^{120,124,128} and in several cell systems

the degree of interstrand crosslinks correlated with the cytotoxic effect^{129,130,131,132,133}, although not all^{133,134}. However, the trans isomer appears to be equally effective in the formation of this type of crosslink and is ineffective as an antitumor agent¹³⁵. It has also been reported that only a small percentage (0.1-3.3%) of DNA bound platinum is involved in interstrand crosslinks^{111,136,137,138, ¹³⁹ and thereby it is suggested that this interaction probably contributes little to the overall inactivation process^{111,126}.}

Indirect evidence for intrastrand crosslinking of DNA by cis-platinum has been obtained from studies on mutagenicity¹⁴⁰, interference of interchelator binding^{141,142,143} and observed structural changes^{136,144,145,146}. More direct evidence is available from studies of polynucleotide¹⁴⁷ and DNA^{126,136,148} binding with cis-platinum. This mode of binding is favoured in light of the strict stereochemical requirements, found only in the cis-isomer, necessary for antitumor activity.

The intrastrand crosslink would likely take two forms. The first involves bidentate chelation to a single guanine base via N(7) and C(6)-0. This mode has been proposed^{98,136} and supported by isolated DNA studies^{94,149}, although detection methods have been questioned⁹². It has not been verified by X-ray crystal¹⁵⁰ or UV analysis¹⁵¹ of cis-platinum-guanine complexes. Enzymatic systems in human cell lines which are capable of repairing C(6)-0 guanine adducts (such as nitrosoureas) do not alter cis-platinum cytotoxicity¹³¹ It may be possible that a hydrogen bond interaction may occur with the N(7) guanine bound cis-platinum molecule between one of its ammine ligands or a coordinated water molecule^{97,152} and the C(6)

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oxygen^{98,153} or a phosphate oxygen¹⁵⁴. This is especially attractive in light of the structure activity relationships of the ammine group associated with the central platinum  $atom^{25}$ . The proposal that the C(6)-O and N(7) chelate causes the release of the N(1) hydrogen and subsequent mispairing of the bases has not been supported by molecular orbital calculations^{155,156} but is suggested by electrophilic considerations⁹⁵.

The coupling of adjacent guanine bases is the second binding mode favoured for the formation of a intrastrand crosslink. Cis-platinum has a high affinity for the N(7) guanaine site from both a thermodynamic^{157,158} and kinetic viewpoint¹¹⁰. For this reaction to occur, local pertubation in the helical DNA structure must take place and have been observed experimentally 136, 144, 145, 146, 147 Reactions with various poly G-C nucleotides have shown this mode to occur to a greater extent when the guanine bases are in the stacked configuration as expected 102. Although the requirement for a large number of adjacent guanine residues seems prohibitive^{147,142} evidence for intrastrand crosslinks between guanines in  $G-G^{159}$ , GAG or GCG segments of DNA¹⁶⁰ and trinucleotides¹⁰¹ has also been reported. Crosslinking between guanine and adenine on the same strand would be in disagreement with the recognized guanine-cytosine specificity, and guanine to cytosine linkages have been intimated¹⁶¹ but not verified by in vitro studies¹⁶².

Alternate binding modes, which by themselves are inconsequential, may be involved in determining the lethal lesion by generating or inhibiting a specific platinum binding site.

The specific cis-platinum lesion could be considered more

resistant to biological repair systems than those of trans-platinum. Thus, different cell repair capabilities may account for the preferential toxicity and the mechanism of antitumor activity. Early studies in bacterial and mammalian cell cultures suggested that cells are capable of repairing damage induced by cis-platinum. In particular, cells with excision deficient processes were much more sensitive to the drug compared with normal cells^{124,163,164,165,166}. The effects were related to the time and dose-dependent excision repair of cis-platinum crosslinks in DNA^{167,168,169}. However, since the removal of interstrand crosslinks may parallel removal of other platinum adducts, one cannot specify which lesion is responsible for the cytotoxicity¹⁷⁰. Excision repair <u>in vivo</u> has also been used to account for the preferential tumor cytotoxicity relative to normal cells¹⁷¹.

Single strand gaps or breaks have been observed in newly synthesised DNA of cis-platinum treated cells¹⁷², especially in the presence of caffeine^{173,174}. Caffeine is a known inhibitor of the second type of repair process known as postreplication repair¹⁷⁴ and thus it would appear both systems play a role in determining the cytotoxicity of this drug.

# B. Other Proposed Mechanisms of Action

The diversity of biological actions attributed cis-platinum have caused several investigators to look elsewhere for effects which may also be involved in its cytotoxic response. These alternate mechanisms have been proposed and experimentally supported despite the well recognized effects on DNA synthesis.

Although the major effect of cis-platinum treatment is a reduction of DNA synthesis, it is apparent that the DNA damage can be repaired and growth continued. It may be possible that metabolic consequences are responsible for the cytotoxicity of this compound. In vivo inhibition of respiratory processes in P-388 leukemia cells by malonato-diammine-platinum (II) have been observed⁸⁷. Oxygen consumption in Hela cells is reduced by cis-platinum¹⁷⁵ as is respiration in isolated mitochondria at high drug concentrations¹⁷⁶. These effects may be independent from the DNA action and contribute to the eventual cell death.

Another second proposed mechanism relates to the ability of the drug to induce mutagenesis, an effect observed in all bacterial and mammalian systems studied to date. It produces both a base-pair substitution^{119,177-183} and frame-shift^{184,185} mutations in several bacterial strains. In hamster embryo cell cultures chromosome abberations `such as sister chromatid exchange have been demonstrated¹⁸⁶. Human or rabbit lymphocyte cultures exposed to cis-platinum at the G phase of the cell cycle also show sister chromatid exchange¹⁸⁷, bút less so than those exposed during the S phase¹⁸⁸. Administration of the drug to rats or rabbits produces lesions in circulating lymphocytes, bone marrow and thymic nodes cells that are expressed as chromosome abberations upon culturing^{118,187}. Thus, the intracellular consequences of mutant formation may ultimately lead to cell death.

The immunologic mechanism for the antitumor action of cis-platinum is debatable in light of numerous contradictory reports. It has been found to decrease the antibody-plaque forming ability of

mouse spleen cells^{189,190} which lasts three days after a single dose¹⁸⁹. Cultured human lymphocytes, stimulated with phytohemagglutinin, showed a depressed immune response after cig-platinum treatment¹²². Lymphocyte blastogenesis was significantly reduced in patients receiving the drug¹⁹¹. Cis-platinum also prolongs the ability of treated mice to retain skin grafts¹⁹² and affects their allograft reaction¹⁹³. At non-toxic concentrations, cis-platinum was found to depress the chemotactic response of macrophages <u>in vitro¹⁹⁴</u>. These results tend to support the immunosuppressive action of the drug.

In contrast, the immune competence of thymic-dependent cells from mice was not affected by treatment¹⁹⁵. <u>In vivo</u>, macrophages are observed in cis-platinum treated tumors but are absent in control tumors^{196,197}. The co-administration of immunosuppressive drugs reduced the observed cure rate, while immunostimulants enhances its effectiveness¹⁹⁸. It has also been found to slightly increase spontaneous cell-mediated cytotoxicity' of lymphocytes¹⁹⁹ and monocytes²⁰⁰. This apparently enhanced antigenicity of tumor cells is not related to a specific membrane interaction since both normal and malignant cells show membrane associated platinum²⁰¹. These latter studies suggest an immunostimulant effect of cis-platinum may contribute to the observed antitumor response.

## VI. Clinical Applications

### A. Chemotherapy of Cancer

Cis-platinum has been evaluated for antineoplastic activity in a large number of clinical studies. These phase I-III trials have

established a fairly wide spectrum of neoplasia where the drug has definite utility. Summary of the most recent reports dealing with specific clines and cations of the drug for human cancer chemotherapy will be a d.

Cis-p num rently included in almost all standard regions for the treatment of ovarian cancer. chemotheraped The drug possesses signicant activity as a single agent²⁰² and in ubicin²⁰³. This combination has been found more particular with effective than lating agent therapy including thiotepa or with methotrexate²⁰⁴ nd is effective even in certain refractory cases²⁰⁵ with no rent histologic specificity²⁰² Overall response rates of 40-60% we been reported for various cis-platinum combinations in the treatment of ovarian cancer 202-205.

The single agent overall response rate to cis-platinum for the treatment of squamour all carcinoma of the head and neck has been reported as  $30\%^{206}$ , in combination with methotrexate, bleomycin or 5-fluorouracil this figure is increased to about  $80\%^{207,208}$ . The use of pre-operative cis-platinum combination therapy produced significant improvement in subsequent surgery, irrespective of histologic classification²⁰⁹.

Cis-platinum treatment of testicular cancer has been a major development in the field of antineoplastic chemotherapy. The drug has proven highly effective in the treatment of both seminomatous²¹⁰ and non-seminomatous²¹¹ tumors of testicular origin. The most common cis-platinum regimen includes vinblastine, bleomycin and doxorubicin occasionally with cyclophosphamide²¹¹. The cure rate with such treatments can approach 100%, a figure that is virtually unparalleled.

Conventional chemotherapeutic agents have been of little or no benefit in the treatment of esophageal cancer, with overall responses of less than  $15\chi^{212}$ . The use of cis-platinum in single agent therapy has produced a 30% response rate²¹³ and in combinations with bleomycin, vindesine²¹² and methotrexate²¹⁴ this has been improved to 55%. Further benefits may be realized since pre-operative treatment has resulted in a large percentage of patients presenting resectable tumors²¹².

The efficacy of cis-platinum alone in the Greatment of squamous cell carcinoma of the cervix ranges from 20-50%; with the lower response rate observed in patients who have received prfor chemotherapy²¹⁵. In many cases, the drug apparently stabilizes the tumor to prevent further growth²¹⁶. In combination with mitomycin-C, bleomycin and vincristine for the treatment of either advanced or recurrent disease, a 43% overall response rate has been achieved with most (29%) being complete responses²¹⁷.

Cis-platinum drug combinations have been reported to be the most effective chemotherapy for advanced bladder cancer²¹⁸ with an overall response rate of  $45\%^{219}$ . The combination with doxorubicin and cyclophosphamide appears to be especially promising²¹⁸ (82% response) in comparison to standard therapy using doxorubicin, mitomycin-C and 5-fluorouracil (27-33% response)²²⁰.

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The exact role of cis-platinum in various lung cancers has not been fully established. It is of limited value when used alone even at high doses²²¹. In combination with cyclophosphamide and doxorubicin variable responses from  $7\chi^{222}$  to  $42\chi^{223}$  have been reported. The inclusion of vindesine in this regimen produced a high

range response²²⁴ and in combinations with other agents showed parallel success²²⁵. Thus, it appears cis-platinum combinations can be effective in the treatment of lung cancers but the precise factors for maximal response have not been defined.

Initial clinical evaluation of cis-platinum in several other tumor classes has also been performed in a limited number of patients. The observed potential from these preliminary studies indicates the therapeutic utilization of cis-platinum will undoubtably be expanding in the near future.

#### B. Radiation Sensitization

In 1971, it was observed that mice treated with cis-platinum after irradiation greatly enhanced the observed lethality²²⁶. This combination was also shown to increase the lifespan of lymphocytic leukemia diseased mice by a factor greater than either treatment alone²²⁷. In vitro studies using Baccilus megaterium spores²²⁸ and E. coli^{229,230} indicated that cis-platinum was capable of enhancing the radiation induced lethality in the presence or absence of oxygen. Studies with murine mammary adenocarcinoma²³¹ and lymphoma²³² have indicated that cis-platinum and therapeutic radiation effects are only However, in Chinese hamster ovary²³³, lung fibroblasts²³⁴ additive. and intracerebral rat tumors²³¹, this effect is synergistic. It. appears to be drug dose-related and cell cycle dependent 35. Cis-platinum has also been investigated in combination with 6 MeV neutron therapy and found to be supradditive²³⁶. The ability of cis-platinum to act as a hypoxic cell radiosensitizer may be related to hydroxyl radical yield enhancement, charge sequestration, or

neutral radical oxidation processes²³⁷. It may make the DNA more susceptible to radiation damage but most evidence supports the idea that it acts by inhibition of radiation induced sublethal or potentially lethal damage repair mechanisms^{236,238}. The synergistic effects of cis-platinum and radiation has also been observed in normal tissue²³⁸ and thus considerations of reduced drug or radiation dose "should be considered in patients receiving both therapeutic modalities.

#### VII. Administration and Dosage

In view of the aqueous chemistry of cis-platinum, it is not surprising to find the drug is readily transformed into aquo and hydroxo byproducts upon dissolution in water, but is stabilized in chloride containing solutions. The intact molecule predominates (>96%) in normal saline solutions even after 24 hours¹⁴. Precipitation of cis-platinum from refrigerated solutions occurs if the concentration is greater than 0.6  $mg/ml^{239}$ , or if the solution contains sufficient base¹⁴. Exposure to intense fluorescent lighting²³⁹ and elevated temperatures 14 should be avoided in the storage of cis-platinum admixtures. The addition of mannicol or dextrose to saline vehicles containing cis-platinum produced no adverse effects. Variation of the saline or related salt solutions of cis-platinum for vehicles has been studied in mice. When the drug was given in hypertonic (4.5%) saline, a large decrease in lethal toxicity was observed compared to formal saline and related to a reduced tissue uptake, faster plasma clearance . with less plasma protein binding. The antitumor properties were apparently unaffected²⁴⁰. By shifting the equilibrium towards the

parent dichloro molecule, the more reactive species are initially suppressed and the corresponding toxic response reduced. This approach has not been attempted clinically and the preferred vehicle for cis-platinum administration remains either normal saline or saline with 5% dextrose.

Adequate cis-platinum dosing requires the assessment of several factors, including dose fractionation, infusion protocols, route of administration and the use of therapeutic adjuvants. During initial clinical trials, the drug was given in various doses and dosage  $\frac{\partial \mathcal{R}}{\partial t}$  schedules, and these have evolved into three common dosage regimens.

- (1)  $100 \text{ mg/m}^2$  once monthly
- (11) 20 mg/m² daily for five days repeated once monthly (111) 30 mg/m² once weekly

Each course results in the delivery of about the same quantity of drug but vary in terms of fractionation. The impact of daily (II) or even weekly (III) treatment on patient compliance with respect to the induction of nausea, vomiting and anorexic side effects would favour the use of schedule  $(I)^{43}$ . The recovery of DNA synthesis in normal tissues after cis-platinum treatment is apparently faster (2-3 days) than in tumor cells (6-8 days)²⁷. Thus, the once weekly treatment (III) would maximize the relative recovery periods between normal and malignant cells. Both therapeutic and certain toxic effects may be related to peak plasma levels. Intra-arterial injections are generally superior to intravenous administration in locally confined tumors²⁴¹, while nausea, vomiting^{54,242} and ototoxicity²⁴³ are more severe in patients treated by intravenous bolus injection compared to prolonged infusions. These properties may be more a reflection of free versus plasma protein bound cis-platinum since similar toxicities have been observed with a regimen similar to I and given by the same infusion protocol⁴³. Renal and hematopoietic effects may be less influenced by peak plasma levels since these toxic responses have occurred similarly in dogs treated either by intravenous or intraperitoneal injections^{48,244}.

In vitro the drug achieves roughly the same degree of cell kill during short exposures to high concentrations as with longer exposures to low concentrations^{245,246}, suggesting a relationship based on the product of concentration and time. In leukemic mice, there is no apparent advantage of prolonged infusions over single bolus injection. Higher doses can be tolerated by infusion, but are necessary to achieve similar survival rates and toxicity²⁴⁷. Therefore, it would seem that any benefit in efficacy due to prolonged infusions would likely be realized as a decreased toxicity rather than improved antitumor effect.

The use of patient hydration in combination with mannitol and/or furosemide is necessary to prevent dose limiting renal toxicity. The induction of brisk diuresis with adequate fluid replacement^{248,249,250} has been shown to reduce intratubular cis-platinum concentrations during the period of increased renal flow without interfering with the therapeutic properties⁴⁷. An out-patient protocol has been developed involving these principles and results in a low incidence of predominantly mild renal abnormalties²⁵¹.

Cis-platinum has been encapsulated in several types of vesicles commonly termed liposomes. Administration of the drug in this form generally results in increased tumor uptake ^{252,253} and delayed plasma

clearance^{252,253,254}. There is no increase in renal toxicity such that the overall therapeutic benefits should be increased^{253,254}. The actual antitumor response of this form of cis-platinum usage has not been measured.

The use of intratumoral injections in mice of water in oil emulsions of the drug have proven to reduce the toxicity while maintaining high therapeutic activity, in comparison to the intravenous route²⁵⁵.

#### VIII. Toxicity

#### A. Animal Toxicity

The dose-related morbidity and lethality of cis-platinum in various animals is summarized in Table 4. Animals receiving LD₅₀ doses either die in 3-4 days of acute toxicity or survive and recover in 2-18 weeks^{256,257}. The major pathological changes which occur in mice and rats include: sloughing and denudation of the gastrointestinal mucosa (mainly the small intestine²⁵⁸); pycnosis and vacuolization of the renal tubular epithelium leading to acute nephrosis; leukopenia due to bone marrow suppression and atrophy of the spleen and thymus^{256,259}. Toxic manifestations in the dog and monkey have been shown to be quite similar. Emesis, anorexia, diarrhea and abdominal tenderness were apparent signs of gastrointestinal damage such as hemorrhagic enterocolitis. Hematopoietic lesions such as hypoplasia of the bone marrows and lymphoid tissue atrophy were also reported. The most severe toxicity affects the kidneys with dogs showing renal tubular necrosis and monkeys displaying renal nephrosis^{256,259}. A large amount of data obtained from animal studies

will be presented with the appropriate clinical toxicity discussions.

	Animal	^{LD} 50 (mg/kg)	
Ł	' mice	12-14	
•	rats	11-13	j.
	young chickens	5-6	

Table 4. Cis-platinum animal toxicity.257

Table 5. Cis-platinum toxicity data in beagle dog and rhesus monkey.²⁵⁶

	Dog (mg/kg)		Monkey		
			(mg/kg)		
	single IV dose	daily IV dose x 5 d	daily IV dose x 5		
HNTD	0.625	0.187	0.156		
LTD	1.25	0.375	0.313		
HTD	2.5	0.75	1.25		
LD	5.0	1.5	2.5		

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## B. Clinical Toxicity

#### 1. Nausea and Vomiting

This side effect has been observed in all patients within a few hours after single intravenous doses of 0.75 mg/kg and in a large percentage of patients receiving 100 mg/m² as a 6 hour infusion²⁶⁰. Virtually every clinical report indicates this effect of the drug is extremely common and often very troublesome in terms of patient compliance. Various methods to ameliorate this problem have been attempted.

The synthetic narcotic antagonists such as Nabilone produced poor results in dogs²⁶¹ and humans²⁶² but excellent response in cats although only at doses sufficient to cause substantial behavioral side effects²⁶³. Common neuroleptic drugs such as droperidol and haloperidol^{264,265}, phenothiazine agents (chlorpromazine, prochlorperazine and thioridazine^{260,261}) and diazepam²⁶⁶ have shown variable and limited benefits in patients. The administration of metoclopramide is highly effective in eliminating the emetic side effects of cis-platinum in ferrets²⁶⁷, dogs²⁶¹ and man^{260,268,269,270} Steroid therapy using dexamethasone^{271,272} and methylprednisolone²⁷³ have also been shown to be quite successful in inhibiting cis-platinum induced nausea and vomiting. This is apparently not related to their inhibition of prostaglandin synthesis since prostaglandin levels are not elevated during the episodes²⁷⁴. Slow infusions of the drug have also been found to minimize this problem⁵⁴.

The exact mechanism of this action is not known. The drug is distributed in various sections of the gastrointestinal tract and has been detected in the vomitus²⁷⁵, but very low levels are found in the

central nervous system^{44,45,46}. These facts, plus the reported poor efficacy of centrally acting antiemetic drugs seems to indicate a peripheral mechanism is involved. Since certain platinum compounds have been shown to release histamine in vitro²⁷⁶, a local action is possible.

### 2. Neurologic

A small number of patients receiving cis-platinum have developed parethesia involving a decrease in vibratory, position and light touch sensations due to an absence of action potentials in nerves of the upper and lower extremeties^{277,278}. Nerve biopsies have shown intermittent destruction of the myelin sheaths with no axonal involvement²⁷⁹. Less frequent motor nerve abnormalities, such as gait disturbances, are associated with decreased conduction velocities in several peripheral motor nerves²⁸⁰. Thus, the cis-platinum induced neuropathy appears to be a direct action of the drug on specific nerves, causing a degree of demyelination and impaired conduction.

#### 3. Otologic

The incidence of cis-platinum induced ototoxicity varies with the age of the patient and the cumulative dose received. Pediatric and elderly patients appear to be especially susceptible. After a single therapeutic dose  $10-30\chi^{50,281}$  of patients experience some decline in hearing function while after a cumulative dose of greater than 200 mg about 90% are affected²⁸². Symptoms such as tinnitus, otalgia and recruitment may be present²⁴³, but audiometric abnormalities are more prevalent^{283,284}. The hearing loss is greatest at 4-8 KHz but may progress to the speech tones in some cases²⁸³. Air conduction thresholds are frequently reduced²⁸². The damage is apparently progressive, and long lasting, if not permanent²⁸⁴.

The mechanism for this effect is a direct action on the hearing In guinea pigs and monkeys, the drug causes general apparatus. destruction of the outer hair cells, most severely in the basal turn of the cochlea285,286,287,288 Specific damage includes parietal membrane dilation, softening of the cuticular plate and cellular degeneration. These structural defects result in functional impairment²⁸⁹. The effects are similar to those reported for other ototoxic drugs and have been explained by a disruption of RNA and protein synthesis, leading to ineffective membrane synthesis and inability to maintain the osmotic gradient necessary for cell function²⁸⁸. Cis-patinum secondarily affects RNA and protein synthesis at high concentrations¹²⁰. The drug has no apparent effect on the afferent and efferent nerve fibre branches of the VIII cranial nerve²⁸⁸. The degree of ototoxicity seems to be related to peak plasma levels of the drug, since the highest incidence occurs in patients treated by intravenous bolus²⁸³. This is likely related to a plasma-endolymph diffusion gradient for cis-platinum penetration.

#### 4. Hematologic

Cis-platinum treatment has been shown to reduce the concentration of several blood elements. A reduction of white cell numbers occurs after almost every therapeutic dosage or administration schedule²⁸¹. The incidence of leukopenia depends on the clinical definition and is often difficult to quantitate because of other forms 40

of concommittant therapy. It seems to be dose related and poccur more frequently when the drug is given at weekly intervals. The onset and nadir of leukopenia ranges from days to weeks but levels usually return to normal after several weeks^{290,291}. Mild thrombocytopenia may also occur with a similar onset, nadir and recovery^{281,290}. Cis-platinum induced anemia, with a positive or negative Coombs test^{292,293}, and a decreased hematocrit^{294,295} have been reported in numerous patients, with an overall incidence from 9-402²⁸¹.

Cis-platinum has been shown to be myelosuppressive in vivo²⁹⁶ and in vitro²⁹⁷, thus decreasing the stem cell population in active marrow. Circulating leukocytes are also affected and there is a direct cytotoxic action of the drug on these cells¹⁹¹. These properties would account for the leukopenia but additional factors may be involved for the anemic effect. The reticulocyte count in these patients reportedly remained constant and the observed anemia greater than if complete arrest of erythroporesis taken place²⁹⁵. This suggest a direct effect of the drug on the red cells. However, reticulocyte levels in rats are greatly reduced by treatment²⁹⁹ and no direct red cell anomalies have been observed in vitro²⁹⁵.

#### 5. Nephrotoxicity

a) <u>Diagnosis</u>: The assessment of renal damage induced by cis-platinum treatment in man is generally accomplished by standard techniques. These consist of measurement of blood urea nitrogen (BUN), serum creatinine (SCr), creatinine clearance (CrCl), urinary proteins and enzymes. The CrCl results, being a direct measure of the glomerular filtration rate are usually more accurate, since BUN and

SCr may return to near normal after therapy despite depressed  $CrC1^{300}$ . Several urinary enzymes have been used as markers of cis-platinum Both N-acetylglucosamine and leucine aminopeptidase nephrotoxicity. are associated with the proximal tubules and have been detected in elevated concentrations in the urine of treated patients, indicating kidney damage in that area³⁰¹.  $\beta_2$ -microglobulin is a low molecular weight peptide normally reabsorbed by the renal tubular cells.  $\beta$ -glucuronidase is excluded from glomerular filtration by virtue of its high molecular weight. Thus, the reported increases in  $\beta_2$ -microglobulin³⁰¹ and  $\beta$ -glucuronidase³⁰² in the urine of cis-platinum treated patients can serve as a diagnostic indices of tubular reabsorption and glomerular filtration abnormalities. The time course of cis-platinum induced nephrotoxicity in animals indicates that changes in urinary parameters are capable of detecting renal impairment much earlier compared with the use of hemodynamic changes and are thus more sensitive methods in determining the extent of renal damage³⁰³. A radiodiagnostic method, involving the clearance of  $99m_{Tc-DTPA}$  or  $125_{Tc-DTPA}$  or 125 Torthoiodohippurate has also been reported to detect acute nephrotoxic effects of the drug³⁰⁴.

b) <u>Pathology</u>: The administration of a single intraperitoneal injection of cis-platinum to mice or rats results in progressive reproduceable structural alterations to the kidneys. Early changes (2-3 days) are indicative of the later consequences, consisting of mitochondrial changes and the loss of the brush border in the proximal tubules^{259,305}. Two weeks post injection, the majority of tubules are dilated, generally devoid of microvilli, with a thickened basal lamina. These lesions become more advanced by four weeks and began to

involve the  $S_2$  and  $S_3$  segments of the proximal convoluted tubules. The interstitium of the outer stripe showed a marked increase in fibrotic tissue accumulation. At six months, large cysts were apparent along with collapsed atrophic tubules. This chronic damage was also reflected by cortical involvement, lymphocyte infiltration, and further interstitial fibrosis, suggesting permanent damage. Intracellular consequences in the renal cells are mainly the presence of large atypical nuclei, large lysosomes, abundant free cytoplasmic lysosomes and rough endoplasmic reticulum³⁰⁶. Thus, in animals, the major pathologic changes appear in the S₃ (pars recta) region of the proximal tubule^{306,307,308} with little or no glomerular involvement.

In humans, necrosis of the tubular epithelium, dilation of the distal convoluted tubules, moderate congestion and interstitial edema of the vasa recta, and the presence of hyaline and 'granular casts in the collecting ducts have been observed in the kidneys of deceased patients at 11-26 days post cis-platinum therapy. In contrast to animal studies, the distal tubule and collecting duct appear to be most damaged, while both groups show a similar lack of abnormal glomerular pathology³⁰⁹.

The mechanisms responsible for the observed structural alterations are not known. It has been observed that platinum levels are greatest in the cortical regions of rat kidney^{307,310} and it is here that certain secretory functions, including those for heavy metals, take place. Therefore, somewhat selective accumulation via this mechanism may result in damage to the secretory cells. Renal pathology may also be related to cis-platinum binding to the proximal tubule microvilli via the free sulphydryl groups³⁰⁷. A reduction in

renal blood flow may contribute since the outer stripe should be more susceptible to hypoxic conditions³⁰⁶.

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c) Consequences: In animals, a variety of renal excretory functions are impaired. In rats, cis-platinum has been shown to increase urine volume, while decreasing osmolality, indicating the drug influences renal concentrating ability. In high doses (10 mg/kg) urinary pH was transiently reduced, and glycosuria with hyperglycemia was detected. Electrolyte imbalance was also evident, consisting of excessive potassium excretion and hypokalemia³¹¹. Hypomagnesemia has been observed in cis-platinum treated patients due to renal magnesium wasting^{311,312} with the secondary development of hypocalcemia³¹¹. These two disturbances are likely responsible for the precipitation of tetanic spasms in some patients³¹³. All of these changes are related to the pronounced effect of the drug on the tubule structure where reabsorption and thus body retention of these substances normally takes place.

In vitro studies have shown that high concentrations of cis-platinum inhibit the renal tissue accumulation òf para-aminohippurate and tetraethylammonium ions³⁰³. This property is observed to a smaller extent in vivo since the available platinum levels would be considerably lower. There appears to be a generalized depression of renal metabolic function, with evidence from in vitro inhibition of the enzyme ATPase³¹⁴. Functional impairment may also be a consequence of reduced glomerular filtration rate due to renal insufficiency. A reduction in renal blood flow may be mediated via a decreased absorption of the solution of the so to the di h stimulates the juxtaglomerular apparatus,

causing activation of angiotensin II which constricts the glomerular arterioles³¹⁵.

d) <u>Reduction</u>: Numerous attempts have been reported in the literature with regards to minimizing the nephrotoxicity associated with cis-platinum treatment. These methods generally involve the induction of diuresis or pharmacological complexation of the *n* nephrotoxic platinum species but other approaches have also been reported.

Cis-platinum nephrotoxicity cannot be successfully prevented by reducing the rate of administration or fractionating the dose over a period of days unless these methods are used in conjunction with induction of diuresis and/or hydration³¹⁵. Several studies with rats have indicated that hydration alone or in combination with furosemide and/or mannitol effectively reduce the observed degree of renal dysfunction^{39,314,317⁻³²⁰}, although agreement is not universal³²¹. In humans, the apparent benefits of several combinations of hydration with or without mannitol or furosemide diuresis are somewhat variable. Hydration protocols alone have been shown to prevent cis-platinum ren damage 322,323 and the addition of mannitol to this regimen is of no³²⁴ or slight^{316,325,326} benefit. The use of hydration plus mannitol and furosemide has not been shown superior to the use of fluids and either diuretic alone²⁴⁸. Similarly, there is no difference between the use of hydration and mannitol versus hydration and furosemide^{246,248}. The use of these techniques results in a decrease of renal platinum concentrations via dilution and usually an increase in excretion, both of which contribute to the reduction in nephrotoxicity. In addition, mannitol administration may react with

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cis-platinum¹¹⁵ to form a less nephrotoxic complex which is readily excreted.

The use of furosemide and mannitol as diuretics does not apparently alter the tissue distribution of the drug in rats, although excretion is increased using mannitol. Thus, the expected therapeutic activity may also be unaffected⁴⁷. However, both cis-platinum and furosemide affect the renal transport of para-aminohippurate <u>in</u>  $vitro^{314}$ , and may represent additive toxicity if used in these combinations.

Various agents are capable of reacting with and potentially detoxifying cis-platinum. Available sulphur ligands react rapidly and covalently with cis-platinum and thus compounds containing these groups have been extensively investigated. In vitro studies have shown that thiourea 327,328, methionine and thiouracil 327 in high concentrations can reduce the toxic effects of cis-platinum although cysteine did not³²⁷. In vivo, thiourea and thiosulphate are the most potent inhibitors of cis-platinum lethality with propylthiouracil and methiomazole intermediate and cysteamine like N-acetyl-L-cysteine possessing little or no protective effect^{329,330}. Clinical usage is likely prohibited since thiosulphate reduces the antitumor activity of the drug as well³³¹. A phosphorothioic acid derivative has been found to reduce the nephrotoxicity without altering the therapeutic activity.³³² Penicillamine has also been shown to be effective in both respects in animals but has not proven effective in ameliorating renal toxicity in man³³³. These agents exert their protective effects by direct action on unreacted cis-platinum since they are only effective when administered before drug dosing 331, 334. In rats and

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mice, diethylthiocarbamate decreases the degree of nephrotoxicity of cis-platinum³³⁵ and has no effect on the antitumor response^{332,336}. Since this compound may be administeed up to four hours after cis-platinum, it may be acting by the removal of prebound drug which could be attached to renal tubule sulphydryl groups³³².

Probenecid is a known inhibitor of tubular transport systems and reduces the renal pathology and functional inhibition of cis-platinum treated rats³³⁷. No effect on immunosuppressive³³⁸ or antitumor properties have been noted³³⁷. This suggests it may prevent accumulation of the toxic cis-platinum species within the renal tubules³⁰⁰. Orgotein (zinc-copper superoxide dismutase) has been shown to reduce the nephrotoxicity of cis-platinuum in rats, possibly by reducing oxygen radical involvement in the destruction process, but has not been tested clinically³³⁹. It has been suggested that specific prostaglandins are involved in the process and that others may be helpful in reducing these effects³⁰⁰.

Pretreatment of rats with urinary acidifiers reduces the cumulative excretion of cis-platinum and enhances kidney retention of the drug while an increase in urinary pH enhances renal excretion. However, the cis-platinum induced renal pathology after both types of pretreatment is apparently similar despite the impaired handling of the drug during acidosis³⁴⁰. Administration of cis-platinum to rats in a hypertonic saline solution reduces its toxicity while the antitumor properties are retained. This procedure produces faster plasma clearance, reduced protein binding and lower tissue concentration²⁴⁰. Hypertonic saline infusions appear promising and await clinical evaluation. Attempts to take advantage of the

circadian rhythm of renal performance have shown that cis-platinum administration near periods of maximal urinary volume minimizes kidney damage relative to other daily circadian phases^{341,342}.

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# 6. Miscellaneous toxicity

A few patients have experienced hypersensitivity or allergic reactions, opthamologic toxicity, liver damage, cardiotoxicity, hypertension and local fibrosis after cis platinum administration^{40,61}. 48

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# LITERATURE SURVEY - GALLIUM-67

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## I. Introduction

The element gallium was discovered by Lecoq de Boisbaudran in 1875 and named in honour of France³⁺³. Many of the early investigations on the biological behavior of gallium were carried out by H.C. Dudley and his co-workers in the 1949-52 year period^{3+4+345,346}. This group first noted the affinity of radiogallium-72 for osseous tissue and suggested its application as a bone scanning agent³⁴⁷. In 1969, with the production of carrier free  $6^{7}$ Ga, came the serendipitous discovery by C.L. Edwards and R.L. Hayes that when injected intravenously as the citrate external scintimaging of soft tissue tumors was possible^{348,349}. Since that time, the  $6^{67}$ Ga-citrate tumor scan has become a widely practiced and accepted diagnostic test. Concurrently, there continues to be a large scientific effort to define its biological behavior under various conditions with hopes of establishing a cellular mechanism of tumor uptake and improving its clinical effectiveness.

# II. Production and Nuclear Properties

Only two of the 23 known isotopes of gallium are stable ( 69 Ga  ${}^{60.1\%}$  and  71 Ga  ${}^{39.9\%}$ ) 350 . Radiogallium in the form of  72 Ga,  68 Ga and  67 Ga have been used in nuclear medicine but only the latter two are of current interest.  72 Ga is reactor produced from natural gallium and  68 Ga is the daughter of the long-lived cyclotron-produced  68 Ge. The unsuitable photon energies and the carrier effect associated with  72 Ga has production have made it obsolete while the short half-life of  68 Ga has precluded its use as a tumor localizing agent. Gallium-68 does, however, hold promise as a positron-emitting label for other compounds which may possess the required tumor localizing properties.

The production of  67 Ga has been accomplished using several nuclear reactions. Charged particle bombardment of natural or enriched zinc in a cyclotron has been shown to yield  67 Ga via  66 Zn(d,n),  67 Zn(p,n) and  68 Zn(p,2n) reactions. The conditions of these irradiations and the reported yields have been summarized in Table 6.

Zinc metal, even when electroplated on certain other support metals, tends to flake under high beam current irradiations³⁵¹. The Ogreater stability of copper targets under such conditions led to their use for  67 Ga production via  65 Cu( $\alpha$ ,2n) and  65 Cu( 3 He⁺,n) reactions. The former process has a high cross-section (10³ b at 28 MeV and 10² b at 16 MeV) in comparison to the latter reaction (13 b at 12 MeV)³⁵¹ and thus explains the large yield differences for these reactions⁵ shown in Table 6.

The major radionuclidic impurity present after bombardment in the majority of cases is  66 Ga especially when using natural zinc targets ( 66 Zn 27.8%) where  66 Zn(p,n) and  66 Zn(d,2n) reactions occur. This necessitates a post-irradiation cooling period to minimize the unfavourable contribution of  66 Ga to available  67 Ga activity.

The preferable production routes are those which make use of enriched zinc targets which increase the  67 Ga yield and suppress impurity production.

There have been three methods reported for the separation of 'radiogallium from the target matrix. The oldest method involves repeated solubilization with acid and precipitation by various bases followed by ion exchange chromatography³⁵¹. A more successful approach utilizes the rather specific extraction of Ga(III) ions from strong

hydrochloric acid solutions by di-isopropyl ether. Dissolution of the target in 12 M HCl followed by washing with the immiscible ether has been shown to almost completely separate  67 Ga from zinc contaminants. Stripping the  67 Ga back into 0.2 M HCl and evaporating to dryness leaves  67 GaCl₃, while the target material is easily recovered from the initial acid solution³⁵³. A third, more specialized technique, involves the use of an electrolysis cell. It has been shown that with proper assessment of current changes and pole materials, the effective separation of  67 Ga from zinc targets may be accomplished³⁵⁴.

 67 Ga decays by electron capture (100%) to one of four excited states of  67 Zn and immediate transitions result in the emission of 10 gamma rays^{350,355}, as shown in Figure 3. The gamma-ray constant is 1.6 R/mCi-hr at one centimeter and the half-value layer for lead is 0.04 mm³⁵⁶. The half-life of 78.26 hours³⁵⁵ is sufficient for distribution and clinical use of the isotope.



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TRANSITION	ENERGY	ABUNDANCE		
(E.C.= Electron Capture)	(kev)	(percent of decays)		
E.C. A	130	0.37		
E.C. B	606.5	27		
E.C. C	815.4	25		
E.C. D	906.7	48		
gamma 1	91.27	3.07		
gamma 2	93.31	38.3		
gamma 3	184.58	20.9		
gamma 4	208.95	2.37		
gamma 5	300.22	16.8		
gamma 6	393.53	4.7		
gamma 7-10	400-900	0.3		

Figure 3. Decay scheme and emission characteristics of Ga-67. 350,355

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Reaction	Target	Particle Energy (MeV)		ent Yield (µCi/µA-h		Ref
66 Zn(d,n)	Zn	8	200	30	^{69m} Zn, ⁶⁵ Ga	357
⁶⁶ Zn(d,n)	Zn	16	200	280	66 _{Ga}	358
⁶⁶ Zn(d,n)	Zn	-	<b>-</b> .	100	⁶⁵ Ga, ⁶⁸ Ga	359
66 Zn(d,n)	⁶⁶ Zn(90%)	16	-	946	66 _{Ga}	354
67 Zn(p,n)	Zn	15	<b>-</b> ,	77	66 _{Ga}	357
67 Zn(p,n)	67 Zn(89.55%)	) 21	180	167	66 _{Ga}	360
68 Zn(p,2n)	Zn	21	233	330	66 Ga	360
Zn(p,2n)	⁶⁸ Zn(98.5%)	22	350	1600	66 Ga(5%)	353
⁶⁵ Cu(α,2n)	Cu	15	-	0.13	-	357 [.]
⁶⁵ Cu(α,2n)	Cu	30	500	160	- 66 _{Ga}	351
65 _{Cu} ( ³ He ⁺ ,n)	) Cu	23	-	1.1 652	Zn, ⁶⁶ Ga,others	357

Table 6. Summary of reported production parameters for  $\frac{6}{Ga}$ .

#### II. Chemistry

The chemistry of gallium is similar to aluminum due the similar electronic and physical properties of the two elements. Gallium readily alloys with other metals and reacts to form a variety of inorganic compounds and organic complexes. These would include simple salts, oxides, complexes with organic acids (such as lactic, tartaric, oxalic and acetic) and nitrogenous compounds²⁵³.

A brief summary of some simple inorganic compounds and more specifically with gallium citrate as they relate to radiogallium

#### chemistry will be presented.

## A. Simple Inorganic Forms

There are three oxides of gallium and the most stable is the etaconformation of the sesquioxide  $(Ga_2O_3)$ . The oxides do not exist in aqueous solution since they are converted to hydroxides. The most prevalent of the four reported hydroxides which exist in alkaline solutions is the simple trihydroxide  $[Ga(OH)_3]$ . This hydroxide is present from pH 3 but is predominate after pH  $4.5^{361}$ . Other simple hydroxides become more prevalent at narrow pH ranges  $[Ga(OH)^{+2}]$  at pH 2.8-3.5;  $Ga(OH)_2^+$  at pH 3.5-4.5]³⁶². The pH of precipitation of  $Ga(OH)_3$  from basic solutions has been found to be dependent upon the concentration of gallium, the solution temperature and the presence of specific anions or polyhydric alcohols. In the neutralization of 0.01 M GaCl₃, precipitation of Ga(OH)₃ begins at about pH 3.4-3.5, is complete at about pH 6.7 and dissolves at about pH 9.6. At least part" of the  $Ga(OH)_3$  is apparently in a colloidal state. The alkali soluble gallates  $(Ga(OH)_4)$  are formed by further addition of base to a pH 9-10³⁶¹. The reported neutralization of radiogallium chloride showed the formation of three chromatographically distinct products in the pH range 2.5-10.6³⁶³.

Gallium phosphate and its hydrated forms have been prepared by the neutralization of  $GaCl_3$  to pH 5-5.4 in the presence of phosphate ions, and a 1:1 polyphosphate complex has also been reported³⁶³.

## B. Gallium Citrate

The reaction of gallium and citric acid in equal amounts in

acidic solution produces a 1:1 citrate:gallium complex. The exact⁻⁻ composition of this product has not been determined but has been shown to be a function of both pH and reagent concentrations.

A study published in 1967 reported the following conversion takes place as a function of  $pH^{364}$ .

$$GaOC_{3}H_{4}(COOH)_{3} = Ga(OH)_{2}OC_{3}H_{4}(COOH)_{3}$$
  
pH⁻² || pH⁻³  

$$Ga(OH)_{2}OC_{3}H_{4}(COO-)(COOH)_{2} = Ga(OH)_{2}OC_{3}H_{4}(COO-)_{3}$$
  
pH⁻⁴ pH⁻⁸

These findings were based on infrared absorption data of the solid complexes at citrate:gallium ratios of 1:1³⁶⁴. In this case, the hydrolysis of the gallium ligand occurs before the carboxyl hydrogens are neutralized. It is difficult to understand why the least acidic proton of the hydroxide is replaced by gallium in preference to those of the carboxyl groups.

In contrast, in the narrow pH range 1.3-3.0, the following reactions of 1:1 citrate:gallium mixtures have been reported ³⁶⁵.

 $G_a^{+3} + HOC_3H_4(COO^-)_3 + 10H^- = G_a(OH)_1HOC_3H_4(COO^-)^{-1}$ 1 = 0,1,2,3,

More specifically, at pH < 2 GaHOC₃H₄(COO⁻)₃ and  $[Ga(OH)HOC₃H₄(COO⁻)₃]⁻¹ are formed, the latter predominating. In the pH range 2-3, <math>[Ga(OH)_2HOC_3H_4(COO⁻)_3]^{-2}$  is also formed. When the citrate:gallium ratio is reduced to 0.5, the trihydroxo complex has been observed.

The reaction at the carboxyl groups is similar to that reported for other organic acids²⁴³ and for In-citrate³⁶⁴. Other reports present evidence to support the anionic nature of the gallium citrate complexes^{366,367}. In addition, polymer formation of the type  $[Ga(OH)_2HOC_3H_4(COO^-)_3]^{-6}$  has been detected³⁶⁸.

Most recently, potentiometric and NMR (nuclear magnetic resonance) studies of this reaction have indicated that in mildly acidic to neutral solutions two types of complexes can be formed depending upon the stoichiometry. With citrate in excess a 2:1 citrate:gallium complex predominates over a 1:1 form, while when gallium was at least 50% of the citrate levels, a polymeric form was most abundant. It was suggested the polymeric form was a small oligomer of the 2:1 complex. The addition of more base causes dissociation of the polymer into smaller units which further decompose to gallate and free citrate at pH 9-10^{368,369,370}.

All of these studies dealt with gallium and citrate concentrations in the 0.001 - 1.0 M ranges. However, radiogallium-67 at a level of 2 mCi/ml has a gallium concentration of approximately  $10^{-7}$  M, and is essentially in a no-carrier-added form. In normal  67 Ga-citrate radiopharmaceutical doses the citrate ranges from 2-25 mg/ml and provides a citrate:gallium ratio of  $10^{5}$  to  $10^{6}$ :1. Even under these condictions, the chemical and/or physical form of  67 Ga-citrate may be altered by pH³⁷¹ and citrate concentration changes³⁷² and detected by chromatographic separation. At neutral pH and citrate levels greater than 10 mg/ml, greater than 90% of the  67 Ga activity has been shown to exist as a citrate complex. This value decreased to 60% at 1 mg/ml and less than 10% at 0.2 mg/ml. At 2

mg/ml citrate levels, greater than 90% was found at an  $R_f$  corresponding to  67 Ga-citrate when the pH was less than 6, with progressively more Ga(OH)₃ and gallate being formed at higher pH values³⁷¹. We may speculate that the  67 Ga-citrate present at low pH or high citrate ( > 10 mg/ml) at neutral pH is a polymeric form possibly containing more than one citrate per  67 Ga ion which is soluble at these concentrations.

The biological consequences of ⁶⁷Ga chemistry and formulation will be discussed in a later section.

## IV. Biological Behavior

## A. Distribution

The tissue localization of  67 Ga in laboratory rodents has been reported in numerous studies. Tracer uptake, as a function of time after injection of  67 Ga-citrate, follows a similar pattern in both rats and mice. Concentrations in the liver, spleen and kidneys show peak activity from 24-48 hours with subsequent monoexponential washout. Other tissues such as lungs, testicles, gut, heart and plasma peak within a few minutes and are washed out with either a single or double exponential pattern³⁷³, indicating the rate of uptake is negligible compared to the rate of elimination.

In man, an attravenous injection of  67 Ga-citrate has been shown to quickly bind to plasma proteins and distribute throughout the body  374 .

A qualitative knowledge of the normal pattern of localization in man at 48-72 hours is imperative for proper scan interpretation. In the head and neck region, intense uptake is noted in the nasopharnyx, 58

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the lacrimal and salivary glands. ⁶⁷Ga typically concentrates in the bony structures of the thorax, sternum, ribs, clavicle, spine, scapula and skull. The most intense localization can be observed in the abdomen, specifically the spleen and liver. Uptake in the colon can generally be interpreted by the recognizable linear pattern of the large bowel. Tracer accumulation by the hip joint, lumbar spine, sacrum, ilium, ischium and occasionally external genitalia can also be observed. Intense uptake at the epiphysis of long bones in children or adolescents is normal^{374,375,376}. Thus, localization in most tissues and organs can be expected, although low levels are observed in the brain, cerebrospinal fluid and muscles³⁷⁷.

Quantitatively, the highest concentrations of the tracer occurs in the spleen, kidney cortex, adrenals and bone marrow with each accounting for 3-5% of the administered dose per kilogram. Considerable accumulation has been shown in the liver, kidney medulla, bone, gut and lung with 1-3% uptake. Other organs and tissues generally contain less than 1%, however, wide fluctuation in all values has been observed³⁷⁸. Tumors have been found to take up a variable amount of ⁶⁷Ga depending in part on histological type and degree of necrosis. When tumor localization was less than 5% of the administered dose per kilogram, detection is reportedly difficult³⁷⁹.

Excretion

Excretion measurements of  67 Ga after intravenous doses of tracer  67 Ga-citrate show some similarities between species. Whole body elimination in man occurs with half-lives of 1.3 and 25.5 days, the majority of activity from the slow phase³⁹³. Estimates of the long

term biological half-life of  67 Ga in mice have been reported at 15.5 and 17 days  394 ,  395 .

Urinary excretion in man usually represents 10-15% of the dose in the first 24 hours, 3-5% of the dose in the next 24 hours and again about 3-5% from 2-3 days^{379,396}. The urinary  67 Ga may be in the form of the intact citrate, as  67 Ga(OH)₃,  67 Ga(OH)₄,  397  or phosphate³⁹⁸.

The elimination of  67 Ga via the human gastrointestinal tract accounts for 9-15% of the administrated dose after a week 349 , 378 , 399 . In rats, about 5% of the dose is excreted in the feces in each of the first 3 days 400 . Estimates of the source of this activity have shown it to be secreted by the intestinal mucosa while only about 20% of the total is derived from bile 401 , a figure which may be much higher in humans 402 .

# C. Pharmacokinetics and Plasma Protein Binding

⁶⁷Ga-citrate pharmacokinetics have studied in several species and in man. The ⁶⁷Ga activity plasma clearence data in man was found to best fit a 3-compartment model described by a three exponential equation. The phase half-lives were found to be less than one hour, between 2-10 hours and 2-4 days for the fast, intermediate and slow phase respectively^{380,381}. Thus, within a few hours after intravenous administration, most the injected activity has left the blood and by 2-3 days, less than 5% remains³⁸¹.

Blood clearance of  67 Ga-citrate in mice is very rapid initially. Approximately 25% of the dose is present in the circulation after 30 minutes and only about 1% remains after 24 hours^{382,383}.

Studies conducted using both in vitro and in vivo samples have

demonstrated the association of ⁶⁷Ga with plasma components^{384,385}. Shortly after ⁶⁷Ga-citrate administration, 85% of the activity becomes protein bound and is virtually 100% bound in samples taken after 24 hours. About 70% of the ⁶⁷Ga was thought to be loosely associated with albumin but electrophoretic studies revealed binding only to transferrin and haptoglobulin³⁸⁶. These electrophoretic results have been disputed³⁸⁷ since the electric field distorts the actual binding pattern³⁸⁴. However, the association of ⁶⁷Ga with transferrin has been substantiated by several other methods³⁸⁸. The exact nature of the gallium-transferrin interaction has not been defined. Studies with stable gallium have shown the protein has 14 binding sites for gallium, when present as a colloidal form of the citrate³⁸¹, and 2 specific binding sites³⁸⁹ and about 20 total binding sites⁴⁰⁵ for the hydrated Ga(III) ion.

Plasma protein binding <u>in vitro</u> can be affected by specific incubation conditions. Citrate concentrations in the range of 1-2 mg/ml and pH <6.5 reduce  67 Ga binding 371 . The addition of iron 390 , scandium 391  and carrier gallium salts 384  have also been shown to inhibit this process. Citrate ions do not affect the <u>in vivo</u> binding of  67 Ga-citrate 371  but the presence of specific cations, especially iron, have been shown to compete with  67 Ga for the plasma protein binding sites 392 .

D. Subcellular Localization

1. Specific Organelle Uptake

Early studies with  67 Ga at the cellular level revealed the majority of activity was localized within the cytoplasm  403 .

Subsequently, it was revealed that electron-dense heterogenous bodies 0.2-0.04 µm in size contained most of the  67 Ga, and were morphologically identified as lysosomes, phagolysosomes, or peroxisomes  $^{4.04}$ . Other work reported the association of  67 Ga with the sedimentation bands of liver cells containing the highest acid phosphatase,  $\beta$ -glucosamidase and aryl sulphatase and further established the link with lysosomal uptake  $^{4.06-4.11}$ . There may also be clinical evidence of lysosomal uptake, such that tracer accumulation in amyloidosis could be related to increased activity of these organelles  $^{4.12}$ . The reported prominence of the tracer in the soluble portion  $^{4.13-4.15}$  of liver and tumor cells has been attributed to the fragility of lysosomes  $^{4.16}$  and indeed a differential disruption of these organelles has been demonstrated  $^{4.09}$ .  67 Ga activity associated with the nuclear fraction  $^{4.07}$  has been shown to be likely due to procedural problems  $^{4.17}$ .

Both the light and heavy forms of lysosomes have been shown to accumulate  ${}^{67}Ga^{409,418}$  and uptake in rough endoplasmic  57 reticulum  409,419  and peroxisomes  420  have also been identified.

# 2. Intracellular Binding

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The association of  67 Ga with intracellular macromolecules has been demonstrated in liver and tumor homogenates. However, the identity and properties of such a complex are not known. Several investigations have concluded the substance is a glycoprotein with a molecular weight of 4.5-5.5 x 10⁴ and a 50% protein composition  421 ,  422 . Saturation of this molecule with small amounts of stable gallium reportedly shifts the  67 Ga to a 1-1.2 x 10⁵ molecular

weight fraction which possesses a higher binding capacity⁴²¹. Others have confirmed the presence of a 45,000 molecular weight and a heavier component binder of intracellular  67 Ga 423 .

Identifiable substances have also been implicated. A transferrin- 67 Ga complex has been detected in tumor cells by immunoprecipitation shortly after intravenous administration of  67 Ga-citrate⁴²³. Indirect evidence for an intracellular  67 Ga-ferritin association can be suggested, since patients whose  67 Ga-citrate scan showed positive tumor uptake had greater serum ferritin levels⁴²⁴. Some degree of  67 Ga ferritin binding has been observed in tumor cell homogenates³⁸¹ and in rabbit hepatocytes⁴²⁵ but not in rat liver homogenates⁴²⁶. Lactoferrin has been reported to bind  67 Ga more avidly than transferrin⁴²⁷ and is found in certain tissues, fluids and tumors which show  67 Ga uptake⁴²⁷⁻⁴³⁰.

## V. Clinical Applications

# A. Dosage, Administration and Scanning

A general approach to radiopharmaceutical imaging is to achieve optimal sensitivity coupled with minimizing the detected scatter. Of the four main gamma emissions of  67 Ga, the 93 KeV photopeak is most abundant and most efficiently detected and therefore of primary importance to the statistics of imaging. However, it suffers the most from scattered radiation intererence. The two higher energy photons at 185 and 300 KeV are sufficiently abundant and detectable to be included as well as being less influenced by scatter. Depending upon the instrument, several window settings are capable of producing adequate images. Those with a single pulse height analyzer are best suited to a 20% window around the 93 KeV peak. When multiple windows are available, smaller windows around each of these peaks increased the overall efficiency and minimizes the effects of scatter⁴³¹.

If a choice of instrument is available a LFOV (large field of view) Anger camera is preferred to a rectilinear scanner⁴³², and with 'a slight sacrifice in sensitivity a partial tomographic display may be obtained with the Anger tomoscanner⁴³¹.

The use of a collimator which does not allow penetration of the 384 KeV photons is preferred since all photons are attenuated equally and scatter is minimized. This usually means the use of a medium to high energy collimator⁴³¹.

Initial clinical studies using ⁶⁷Ga-citrate advocated the use of bowel cleansers to minimize abdominal interference. However, recent studies have shown several bowel preparations to be of limited or no value in this regard^{433,434}. Others have reported castor oil to be more effective than milk of magnesia (30 ml) or cascara and some reduction in colonic activity was demonstrated for a three day high fibre diet⁴³⁵. The effectiveness of enemas has not beem reported but are generally administered if significant bowel activity is persistent at the 48 hour scan⁴³¹.

 67 Ga-citrate is administered as a bolus intravenous injection at a dosage of 3-15 mCi, with scanning normally performed 48 or 72 hours thereafter.

B. Clinical Uses

#### 1. Malignant Diseases

When used at the appropriate doses and with optimal imaging

technique, the  67 Ga-citrate scan has been shown to be of value in the detection of numerous malignant diseases. Various aspects of patient care including staging procedures, treatment responses, follow-up tests for recurrent disease, and detection of occult tumors have been accomplished using this technique. The availability and clinical promise has resulted in extended studies to determine those conditions where evaluation would be aided by a  67 Ga-citrate scan. These investigations have pointed out the non-specific nature of  67 Ga accumulation and redefined its role in the detection of malignant disease. A brief summary of the most current literature and published reviews on the clinical utility of the  67 Ga-citrate scan will be presented.

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Hodgkins Disease: The use of the 67 Ga-citrate scan has been shown to correctly indicate sites of nodal involvement of this disease in about  $70\%^{436}$  of adult cases and between  $50^{427}$  -  $80\%^{428}$  of pediatric patients. In adults, this figure has been shown to vary depending upon the histologic type, size and location of the lesion as well as whether the patient is undergoing treatment 439. It is apparently most sensitive for non-lymphocyte predominant types, progressively better for lesions between 1-5 scm, for mediastinal involvement and for untreated patients^{436,439}. When used in conjunction with { lymphamagiography, higher overall sensitivity can be obtained due to the greater ability of  67 Ga to identify areas of extranodal involvement combined with greater nodal sensitivity of the  $\frac{67}{3}$  adiographic technique⁴⁴⁰. The ⁶⁷Ga-citrate scan is thus of great value in reaching most therapeutic decisions involving Hodgkin's diseased patients441.

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<u>Non-Hodgkins Lymphoma</u>: The sensitivity of the ⁶⁷Ga-citrate scan in non-Hodgkins lymphoma has been reported between 52⁴⁴²-652⁴⁴³. A similar dependence on histology, size, location and treatment as with Hodgkins lymphoma was observed. Generally, large extranodal histiocytic lesions in patients with no prior treatment showed the highest true positive rates^{442,443,444}.

Although lymphangiography has been shown to be more effective to detect masses in the pelvic-abdominal region⁴⁴², the results of both tests are highly correlated⁴⁴⁵. Thus, the comparative utilization of both techniques may not be warranted for routine use⁴⁴², but confined to patients who show tumor accumulation on the initial scan and return for detection of suspected recurrance⁴⁴⁶. Burkitts Lymphoma: In studies involving limited numbers of patients, a 100% sensitivity figure has been reported^{443,446}. This indicates the ⁶⁷Ga-citrate scan should be valuable in the evaluation of patients with this malignancy.

Leukemia:  67 Ga possesses a greater affinity for granulocytes than for lymphocytes <u>in vitro</u> and <u>in vivo</u>⁴⁴⁷. Thus,  67 Ga has been shown to be taken up in the extramedullary sites and bone marrow of acute lymphocytic, acute myelocytic, chronic granulocytic but not in lymphocytic leukemia patients^{447,448}. The  67 Ga-citrate scan may be thus useful in specific cases for the detection of leukemic masses^{448,449}.

<u>Malignant Melanoma</u>: The reported sensitivitiy of the  67 Ga-citrate scan for the detection of this condition is  $54^{450} - 69\%^{451}$ . Lesions, greater than 2 cm, especially in the bone, were most reliably detected  450  and often unsuspected metastases can be visualized  436 .

<u>Breast Tumors</u>: The relatively low detection rate  $(54\%)^{452}$  of the  67 Ga-citrate scan for primary breast lesions plus the normal variability of breast uptake makes this technique inferior to other methods for this purpose  436 .

<u>Hepatoma</u>:  67 Ga-citrate imaging has been successfully used in combination with radiocolloid scans in the differentiation of hepatic tumors from cirrhosis, either by visual comparison^{436,449} or by digital subtraction techniques⁴⁵³. High uptake of  67 Ga in an area which showed poor accumulation of colloid is the most important diagnostic criteria. About 90% of hepatomas, but only 10% of cirrhotic lesions take up the  67 Ga⁴⁵⁴.

Generally,  67 Ga liver uptake can be related to the degree of vascularity, since moderately vascular lesions showed more accumulation than normal or hypovascular areas⁴⁵⁵. Increased uptake is not solely indicative of tumor because hepatic abscesses and hepatic metastases from other tumors may take up the tracer⁴⁴⁹. Positive correlation of  67 Ga-citrate images with  $\alpha$ -fetoprotein levels have been reportedly good⁴⁵⁶ or non-existent⁴⁵⁵.

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<u>Bone Tumors</u>: Primary skeletal lesions are more effectively imaged by the bone scan and radiographs have been shown more sensitive for soft tissue metastases⁴⁵⁷. Thus, the ⁶⁷Ga-citrate scan is not particularly useful for skeletal tumors.

<u>Genitourinary Tumorś</u>: Renal tumors have a reported sensitivity of about 50%⁴⁵⁸ and detection is hindered by variable kidney uptake in normal subjects⁴⁵⁴. Limited patient studies with cervical, ovarian, prostate, bladder and uterine neoplasia have shown similar low sensitivity (28%, 54%, 60%, 41% and 50% respectively)⁴⁵⁸. Several reports have indicated that although  67 Ga-citrate imaging does not accurately locate primary testicular tumors, it is of value in the detection of metastases, in staging, and suspected recurrance  ${}^{459^-462}$ . Most testicular tumor types show at least some sensitivity  458 , with the best results obtained in embryonal  $(74\%)^{29}$ and seminomatous  $(87\%)^{460}$  varieties.

<u>Gastrointestinal Tract Tumors</u>: Most GiT cancers are not well visualized in ⁶⁷Ga-citrate images, with sensitivities for pancreatic, colonorectal and stomach being reported at less than 50%^{436,458}. Scan interpretation is again hindered by normal variation of uptake in the abdominal area, but in certain clinical situations⁴⁶⁴ such as the detection of tumor recurrance after primary colonorectal excision⁴⁶⁵, it may be of value. In a small study, primary esophageal tumors have been poorly detected but metastases were visualized much better⁴⁶⁶, and await further evaluation.

<u>Head and Neck Tumors</u>: The most recent report on the use of  67 Ga-citrate for the detection of tumors of the head and neck indicated a 56% sensitivity⁴⁶⁷, while previous figures were in the 38-61% range⁴⁵⁸. The technique cannot be considered for routine detection in this area because of these figures and the fact that negative scans have not been shown to reliably rule out the presence of tumor⁴⁶⁷. Specific organs such as the thyroid show a smillar low detection rate and are hindered by the uptake of  67 Ga by benign thyroid conditions⁴⁶⁸.

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## Inflammatory or Infectious Conditions

Although ⁶⁷Ga-citrate scanning was initially investigated as a

tumor localizing agent, it soon became evident that focal sites of inflammation and infection were also visualized. Once this feature was recognized, studies were initiated to develop the possible clinical applications. Several definite roles for the technique utilizing this ability have been assessed.

<u>Abdominal Area</u>: Current reviews of the use of  67 Ga-citrate for the detection of intra-abdominal lesions have reported an overall sensitivity and specificity of  $90\%^{469,470}$ .  67 Ga has been shown to accumulate not only in well-formed abscesses but also phlegmon and peritonitis, where other modalities (such as computed tomography and ultrasound) are less useful 470,471 . Thus, the  67 Ga-citrate scan is preferred when the location of the site of the infection is uncleafter and no infectious foci in this area can be demonstrated by gother techniques.

<u>Bone and Joint</u>: Radiogallium has been shown to be a useful adjunct for the detection of suspected inflammatory bone lesions (such as osteomyelitis) when the bone scan, is negative  469,471  or in neonates where the bone scan has been shown to be somewhat insensitive³⁶. In addition, even with a positive bone scan, the  67 Ga-citrate image can be useful to differentiate acute inflammatory lesions of the bones and joints from more chronic cases  470 . Phosphate bone scans tend to remain positive in areas of osteomyelitis, while  67 Ga accumulation addiminishes with therapeutic measures and may thus serve as a guide to therapy  472 .

Lung: Virtually all pulmonary lesions which cause inflammations have shown  67 Ga uptake. As such, it has claimed clinical benefits from: the differentiation of sarcoid masses from malignant ones; the

differentation of pulmonary infarcts from infections; early detection of microbial infection and pneumoconiosis; and the assessment of the effectiveness of treatment in idiopathic pulmonary fibrosis⁴⁶⁹⁻⁴⁷¹. <u>Kidney</u>: The uptake of ⁶⁷Ga in non-neoplastic renal lesions includes pyelonephritis, acute tubular necrosis, renal vasculitis, interstitial nephritis, renal abscesses, amyloidosis, nephrolithiasis and transplant rejection^{412,469,472,473}. In general, bilateral renal uptake that persists significantly after 24 hours requires further evaluation⁴⁷².

<u>( Miscellaneous</u>: Cases involving ⁶⁷Ga uptake in bacterial endocarditis, myocardial abscesses⁴⁷², ⁴⁷thyroiditis, Duchenne muscular dystrophy⁴⁷¹ and cranial inflammatory conditions⁴⁷¹ have also been reported. The tracer accumulation at injection sites or surgical wounds are usually of minor clinical significance⁴⁷¹.

Early comparison of  67 Ga-citrate with radioindium labeled white blood cells (In-WBC) for visualization of occult sepsis revealed acute infections are more readily detected with In-WBC, but in chronic low grade infections  67 Ga-citrate may be somewhat more effective 474 , 475 .

## VI. Factors Affecting Localization

#### A. Age

Early animal studies documented a relationship between age and the degree of tissue uptake. Five week old rats had less  67 Ga accumulation in liver, kidney, lung, spleen and blood and more in bone compared to their twenty week old counterparts  416 . However, this effect has not been observed in humans  378 , with the exception of increased thymic and epiphyseal deposition in children  431 .

## Gender

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The male gender of at least three species of rats have been shown to have increased  67 Ga uptake in spleen, bone marrow and muscle, while females showed greater uptake in blood, kidney and liver  416 ,  476 . When male rats were castrated distributions resembling those in females were observed and subsequent administration of testosterone produced accumulation approaching those observed in normal males. Testosterone also produced 'normal male' distributions in females and estradiol similarly induced 'normal female' patterns in males  477 . The overall whole body retention of  67 Ga in humans has been reported to be longer in females than in males  393 .

## Pregnancy and Lactation

A hormonal influence may also be involved in the tissue accumulation of  67 Ga during pregnancy and lactation. Concentrations in the embryonic tissue of mice varied depending upon the time of gestation, reaching a maximum of 13% of the dose on day 9.  ${}^{67}_{,}$ Ga was located in the decidua, fetal membranes and limb buds at 8-13 days,

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but by day 14 most appeared in the skeleton⁴⁷⁸. Within rabbit mothers, uterine tissues showed a marked uptake by day 5, but by 7-8 days, the blastocyte and implantation sites were the major gestation associated sites with  67 Ga activity 479 . By 15-28 days, the placental uptake predominated and was clearly visible by external scanning 478,480 . Blood, spleen and kidney activity of the mothers was reduced especially at later time periods 479 .

Breast uptake has been observed in several non-neoplastic conditions such as galacterhea⁴⁸¹ and in lactating females^{482,483,484}. The⁴external visualization has been shown to be due to the presence of both glandular and fluid ⁶⁷Ga activity⁴²⁷. In dogs at 48 hours after ⁶⁷Ga-citrate administration, these contribute about equal amounts⁴²⁷, but at 24 hours in the rabbit about 90% was found to be associated with the milk⁴⁸⁵.

## D. Nutritional Status

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Although emanciated patients showed no qualitative differences in  67 Ga-citrate scans 378 , studies in rats have shown 24 hour food withdrawal results in increased liver, spleen, kidney, bone marrow and blood concentrations as well as an increase in whole body retention 486 .

# E. Formulation

Radiogallium may be prepared in several chemical forms which are suitable for injection. However, only specific ligands are suitable for use as tumor-localizing radiopharmaceuticals. The chemical nature of other radiogallium compounds has dictated their

utility, namely colloids for liver scintigraphy ⁴⁸⁷, magnesiuum pol)metaphosphate for renal scanning ⁴⁸⁸, and phosphates for bone ⁴⁸⁹ or myocardial imaging ⁴⁹⁰.

The search for ligands which would effectively solubilize radiogallium at physiological pH eventually led to citric acid, primarily because of its ease of complex preparation⁴⁹¹. Other chelate forms such as nitrilotriacetate, salicylate and lactate have been shown to result in similar tissue distributions to  67 Ga-citrate^{1,392}.

The isotope may also be administered as the simple trichloride, provided the pH is acidic enough to prevent colloid formation  382,416 .

The citrate concentration in the injection solution of <u>in vivo</u> has no effect on the biological handling of  67 Ga-citrate^{1,371,394}, in spite of the observed chromatographic differences between preparations with varying amounts of citrate^{371,372}. However, large quantities of citrate may decrease the degree of <u>in vitro</u> protein bindang³⁷².

## Iatrogenic

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## 1) Irradiation

The whole body irradiation of animals with X or Y-ray doses in the range of 500 rads produces characteristic changes in the biodistribution of a subsequently administered injection of  67 Ga-citrate. These changes include reduced soft tissue and blood æ levels with increased bone concentrations  492 ,  493 ,  494 . Tumor uptake was also reduced but not when local irradiation was applied  493 . In addition, whole body retention was reduced due to increased urinary excretion  492 ,  493 . These effects are likely related to the observed decreases in unsaturated iron binding capacity and increased serum iron levels  493  and this hyperferremic state alters  67 Ga-citrate serum binding and subsequent biodistribution. Changes induced by diagnostic  495 .

2) Drugs

a) Drug-induced pathological changes :

A large number of drugs have been shown to be capable of producing altered  67 Ga uptake in specific areas due to localized structural changes. The ability of bleomycin  496 , cyclophosphamide  497 and busulphan  498  to cause pulmonary interstitial fibrosis and inflammation as well as oily contrast media  499  and bacillus Calmette-Guerin)  500  to induce pneumonitis has been found to result in diffuse accumulation of the tracer in the chest region. The lymphoid alterations which may be associated with phenytoin therapy can produce a lymphoma-like  67 Ga-citrate biodistribution  501 . The deposition in pseudomembraneous colitis associated mainly with clindamycin

therapy "has also been reported⁵⁰². Gynecomastia caused by diethylstilbestrol therapy has also shown  67 Ga accumulation⁵⁰³. Corticosteroids, which presumably improve the capillary integrity of intracerebral tumors and thus reduce local edema², have produced reduced tracer uptake in such areas⁵⁰⁴.

b) Drug-induced physiological changes:

The use of methotrexate^{5.06}, acetylphenylhydrazine^{4.92}, vincristine^{4.93}, mechlorethamine^{4.93} and gallium nitrate^{5.06} have been to produce reduced ⁶⁷Ga serum protein binding^{4.92,4.93}, increased excretion^{4.92,5.04,5.05} and a general reduction in soft tissue uptake with increased bone deposition^{5.05,5.06}. These effects are related to their indirect or direct consequences on the ability of serum transferrin to bind vascular ⁶⁷Ga-citrate.

The observed increase of thymic uptake in children associated with both antineoplastic⁵⁰⁷ and antibiotic⁵⁰⁸ chemotherapy may be more related to a diseased induced stress rather than drug induced changes⁵⁰⁷.

Antiemetic drugs, such as the phenothiazines, may induce  $prolactinemia^{509}$ , galactorrhea⁵⁰³ and a resultant breast uptake of  67 Ga-citrate. The toxic capabilities of specific antibiotic drugs to induce mild to moderate interstitial nephritis has been shown to cause no change in renal  67 Ga deposition⁵¹⁰ but increased kidney uptake has been observed clinically⁵¹¹.

c) Attempts at pharmacologic enhancement:

<u>Metal Complexes</u>: ⁶⁷Ga-citrate biodistribution and kinetics are , greatly affected by the concurrent use of one of several iron complexes. Studies with mice, rats and rabbits involving either

ferric citrate, ferric sorbitol citrate (Jectofer[®]) or iron dextran (Imferon[®]) treatments showed increased  67 Ga urinary and fecal excretion, reduced blood levels and reduced uptake in other tissues  ${}^{390,512-517}$  and abscesses  517,518  but increased bone concentrations  ${}^{390,512-517}$ . Theor accumulation was only flightly depressed resulting in increased target to background ratios  ${}^{590,512-516}$ . This tumor enhancement technique has been used clinically  ${}^{519-521}$  but only marginally beneficial results have been obtained, generally in the area of a shortened injection to scanning interval and a reduction of patient radiation dose.

The reported effects of stable gallium citrate administration close to tracer  67 Ga-citrate dosing are a general reduction in blood and soft tissue concentrations with a simultaneous increase in excretion and bone uptake  390,522,523 . Tumor levels are also generally reduced, although some enhancement of tumor-to-blood ratios is possible  390,522 .

The administration of scandium citrate (0.5 mg/kg) shortly before, with or shortly after  67 Ga-citrate results in preferential deposition of  67 Ga in bone with reduced soft tissue and blood levels and enhanced excretion  1,390,391,518 . The tracer uptake in abscesses was reduced  518 , while depending on species, tumor type and time of analysis, tumor accumulation may be increased  391 , unchanged  390,391  or decreased  390 . There is no apparent uptake of radioscandium-46 citrate in tumors at either tracer or carrier levels  391 .

Other metal complexes: Other metal citrates have also been shown to produce changes in ⁶⁷Ga-citrate biodistribution. Indium citrate decreased blood, soft tissues and bone concentrations,

lanthanum citrate decreased blood, liver and bone levels, while magnesium citrate reduced blood and muscle levels but increased bone uptake, and calcium citrate reduced blood and enhanced bone deposition ⁵²⁴.

In general, these observations on the effects of metal complexes on  67 Ga-citrate biodistribution are consistent with the theory of displacement or inhibition of  67 Ga binding to serum and tissue binding sites by ions which share specific or nonspecific similarities with  67 Ga metabolism.

<u>Chelating agents</u>: Deferoxamine mesylate (Desferal®) is a bacterial siderophore which possesses a high affinity for ferric iron and is used clinically to treat iron overload. When administered intramuscularly to animals at various times after  67 Ga-citrate, it has been shown to increase  67 Ga blood clearance, enhance urinary excretion and reduce tissue uptake. Tumor levels are less affected so that increased tumor to background ratio have been observed in animals  516 ,  ${}^{525-527}$ . The appearance of patient scans after deferoxamine treatment were reportedly not improved  528 .

A variety of other chelators have been tested in animals with similar results (EDTA, DTPA, DMSA, NTA, cysteine methyl ester, BAL,  $\alpha$  $\alpha$ -mercaptopropionylglycine, and  $\alpha$ -phthalein complexone^{529,430}. D-penicillamine administration produced tumor to blood ratios at 3 hours which were equivalent to those at 24 hours and may be of value in reducing the injection to scanning time. Synthetic agents such as LICAM-C have the capability of removing ⁶⁷Ga from transferrin and thus the effect of increasing blood clearance may be less dose schedule dependent⁵³¹.

The ability of these agents to effectively chelate. free  67 Ga and thus, promote its removal from the blood in a non-protein bound form as well as hindering to some degree the tissue uptake results in an overall increase in tissue to blood ratios.

# 3) Invasive Procedures

Various simple invasive techniques may result in specific changes in  67 Ga untake, primarily via the induction of inflammatory or infectious foci. Thus, sites of intramuscular drug injections⁵³², subcutaneous bacterial injections⁵³³ or partially extravascular calcium gluconate intravenous injections⁵³⁴, as well as surgically preated scars⁵³⁵ and starch peritonitis⁵³⁶ have been shown to cause local  67 Ga accumulation.

Patients on hemodialysis have shown no significant filter retention nor unusual localization of the tracer⁵³⁷.

VII. Mechanism of Uptake

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A) Site Specific Changes

1) Tumors

The wide variation in 67 Ga uptake by tumors and normal tissues has been postulated to be related to their rates of cellular proliferation. The viable or actively growing portion of tumor masses have consistently shown the greater ⁶⁷Ga accumulation compared to necrotic areas 538,539. Blood clearance in animals possessing fast growing tumors is greater than in those which reproduce at a slower rate⁵⁴⁰ and specific mouse tumors have shown a significant correlation between ⁶⁷Ga uptake and the rate of DNA synthesis ^{541,542} or rate of growth 543,546. Hyperactive bone marrow is much more 67 Ga avid than normal or depressed marrow 544. However, studies with cultured Hela cells⁵⁴¹, human lymphocytes^{545,546}, regenerating rat liver, embryonic mouse cells⁴⁷⁸, and various rat tumors have shown no correlation between rate of growth and  67 Ga incorporation. Thus, in general, the exact membrane or metabolic events which are responsible for Ga uptake appear not to be directly related to the degree of cellular proliferation.

Although one may intuitively expect all tumors to be more adequately supplied by blood than normal tissues, this is definitely not the case⁵⁴⁸. The relationship between accumulation of ⁶⁷Ga and tumor vascularity has been found to be positive, negative or non-existant depending upon the tumor type⁵⁴⁹. Thus, although some blood flow is necessary for tracer delivery, it cannot account for the observed degree of ⁶⁷Ga uptake, in all cases. Changes in vascular permeability in specific areas induced by histamine injection has been 79

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shown to cause local  67 Ga accumulation  550 , and the presence of more 'leaky' blood vessels in the tumor area may contribute to tracer localization.

The tumor cell membrane possesses different physical properties and functional capacities compared to normal cells. Thus, the suggestion of a hyperpermeable or specifically permeable tumor membrane for  67 Ga has been proposed  477,550 , but not experimentally substantiated. A relationship between the amount of negative membrane charge of tumor cells and the degree of  67 Ga uptake in culture has been reported  543  and is supported by some isolated artifical membrane data  551 .

Tumor cells have been found to exist in a more acidic extracellular fluid compared to the normal cellular environment, a fact related to their metabolic status⁵⁵². This feature has been implicated in the tumor localizing ability of ⁶⁷Ga-citrate, and is supported by some chemical and biological data. ⁶⁷Ga-citrate has a tendency to adsorb to glass and cellular surfaces which is maximum at pH 4-6. It has also been reported that a large portion of ⁶⁷Ga-citrate can be precipitated from solution in this range and that the formation of particles are involved in the adsorption and possible internalization of the tracer⁵⁵³. This form may be the polymeric complex of ⁶⁷Ga-citrate or the insoluble trihydroxide.

The dissociation of  67 Ga from transferrin has been shown to be greater at reduced pH values  552,554,555  and tumor cells <u>in vivo</u> and <u>in</u> <u>vitro</u> at an induced lower pH have shown greater  67 Ga uptake than normal tumor cells, in the absence of any demonstratable membrane changes  552,555,556 . Thus, upon transport to the tumor site, a

decreased local pH may initiate the removal of  67 Ga from the carrier protein and the resulting unbound form (possibly a neutral species) may be readily able to diffuse or be carried into the cell. It may be further suggested that once inside the cell the intracellular pH change may be responsible for the metabolic trapping of the tracer and its uptake into specific organelles⁵⁵⁷, and thus be responsible for an increase in tumor residence time⁵⁵⁸.

# 2. Inflammatory and Infectious Foci

⁶⁷Ga-citrate may accumulate at abscess sites by several possible mechanisms involving specific cellular accumulation and/or enhanced local capillary permeability.

 67 Ga has been shown to be capable of labeling leukocytes <u>in</u> <u>vivo</u> and <u>in vitro</u>⁵⁵⁹ and thus may be able to indirectly infiltrate the lesion via the circulating white blood cells^{518,560-562}. However, even in patients with agranulocytosis, some ⁶⁷Ga uptake into abscesses has been shown to occur⁵⁶³.

The content of infectious abscesses will invariably contain bacterial cells. Direct  67 Ga uptake by these cells has been demonstrated  564  and may involve siderphore production  565 . The presence of polymorphonuclear cells, macrophages and their secretions and breakdown products may also be involved since sterile abscesses accumulate the tracer as well  566 . Hypoxic and non-viable leukocytes take up more  67 Ga compared with normal leukocytes  ${}^{567-569}$  and the presence of lactoferrin in or secreted by polymorphonuclear leukocytes may irreversibly bind  67 Ga at this site  470,471 .

It has also been suggested that changes in vascular

permeability play a part in this type of  67 Ga localization. Numerous non-specific minor injuries and inflammatory lesions have been shown to take up  67 Ga in parallel to  99m Tc-DTPA 570 , indicating the size of the extravascular space induced by altered capillary permeability is involved  550,570 . The abscess uptake of  67 Ga bound to transferrin suggests vascular changes permit total complex diffuse into these sites  571 . In all likelihood, all of these mechanisms are involved to some degree in the deposition of  67 Ga at sites of infection and inflammation.

- B) Metal Ion Metabolism
- 1) Alkaline Earth Metabolism

In general, calcium and magnesium have been found in relatively high concentrations in tumors where they are involved in growth regulation, and in inflammatory foci where they participate in local calcification⁵⁷². Tumors apparently show an increased Ca(II) influx and the ability of  67 Ga(III) to follow this route may explain its tumor localizing properties⁵⁷³. Many macromolecules which bind calcium and magnesium have also been shown to bind  67 Ga, and a competitive process apparently exists⁵⁷⁴. Thus, lipoproteins, nucleoproteins, ATPases, and phospholipids which are intracellular binders of calcium showed some affinity for  67 Ga⁵⁷⁴⁻⁵⁷⁷ and tissues such as liver, spleen and bone which are high in calcium also show high  67 Ga uptake⁵⁷⁵. Studies with carrier magnesium and celcium citrate have shown reduced  67 Ga uptake in specific soft tissues and increased bone deposition⁵²⁴. The ionic displacement theory sums up this proposed mechanism by assuming  67 Ga⁺³ is capable of replacing alkaline earth cations in intracellular macromolecules of specific tissues and tumors.

## 2) Iron Metabolism

The biological behavior of ⁶⁷Ga-citrate has several features in common with iron complexes and for this reason the mechanism of  67  Ga tissue and tumor accumulation may be based on iron * metabolism. Numerous studies, in vivo and in vitro, have demonstrated the ability of  67 Ga-citrate to bind to animal or human transferrin  386,387,578 , the from carrier protein. The ability of from and  67 Ga to compete for available transferrin sites provides a simple basis for the interpretation of the many physiologic alterations in Ga-citrate biodistribution. Thus, the administration of other transferrin bound cations, specific cation chelators or the indirect or direct induction of anemia or hyperferremia by istrogenic methods subsequently produces changes in the degree of transferrin saturation and the translocation. of  67 Ga. Factors which generate more unbound  67 Ga in the circulation generally result in increased excretion and bone deposition with a reduction of soft tissue uptake. It is reasoned that the nonprotein bound form is readily extracted by the kidney and excreted via the urine and increased bone localization is due to ionic adsorption or displacement of the free form. Soft tissue uptake of  67 Ga is primarily from the protein bound pool and thus is reduced when less 67 Ga-transferrin is formed. Many cell culture studies have verified the role of transferrin to enhance  67 Ga cellular accumulation  ${}^{579-582}$ . However, an alternate explanation for the reduced soft tissue uptake in vivo as a result of reduced  67 Ga protein binding may be the simple

competition between excretion and high capacity bone uptake with soft tissue extraction.

The protein mediated uptake may take place via either vascular or extracellular transfervin, the latter of which may be more important for tumors. In certain cases where iron loading of the plasma causes the expected reduction in soft tissue uptake, tumor accumulation was not affected 583-585. In these cases, extravascular transferrin, which is not readily saturated by plasma iron, would maintain  67 Ga tumor accumulation from the unbound vascular pool  584 . This type of suggestion may explain both the transferrin enhancement of  67 Ga uptake in cell cultures as well as these <u>in vivo</u> observations.

The similar kinetics of ⁶⁷Ga-transferrin and ⁵⁹Fe-transferrin in cell cultures have been cited as proof that both species are bound to identifiable transferrin receptors on the cell surface^{586,587}. The exact mechanism whereby the ⁶⁷Ga actually enters the cell may also parallel iron uptake. Some evidence for both complexes favoured the role of adsorptive endocytosis of the total complex ⁴⁸⁸⁻⁵⁹¹ while other data suggests the protein complex is dissociated at the receptor site with only the metal ion passing into the cell ⁵⁹²⁻⁵⁹⁴. The eventual fate of the tracer may also lie with iron-associated macromolecules such as transferrin, lactoferrin or ferritin, which may act as intralysosomal or cytosolic acceptors ^{381,423,425,427,430}.

However, some studies have shown that transferrin inhibits the uptake of  ${}^{67}\text{Ga}{}^{595,596}$  and although transferrin receptors are more abundant on certain neoplastic cells  128 , it has been found that there is no correlation between  ${}^{67}\text{Ga}$  or transferrin uptake and the number of transferrin receptor positive cells  582 . Thus, a transferrin and its

receptor dependent méchanism as well as a transferrin independent system may be in operation.

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### I. Preparation of Unlabeled cis-Platinum

#### A. <u>Synthesis</u>

The synthesis of cis-platinum was accomplished by the initial preparation of an appropriate precursor from available starting materials. Two methods were evaluated for the conversion of this precursor into cis-platinum. All chemicals used in the synthesis were reagent grade unless purification methods are stated and were obtained from local commercial sources. The reactions were generally carried out at the 100 µmolar level and all quantities stated are based on this scale.

### 1. Synthesis of K₂PtCl₄

The available starting material,  $H_2PtCl_6.6H_2O$  (hexachloroplatinic acid hexahydrate) was converted to the tetrachloroplatinite salt by a hydrazine reduction. A weighed aliquot of  $H_2PtCl_6.6H_2O$  (51.8 mg) was placed in a 50 ml erlenmeyer flask and dissolved by dropwise addition of 1.0 N HCl. To this solution 14.9 mg of KCl (potassium chloride) was added and evaporated to dryness with low heat, leaving solid  $K_2PtCl_6$ (potassium hexachloroplatinate). Then, 1.0 ml of a freshly prepared 0.1 M aqueous solution of  $N_2H_4.2HCl$  (hydrazine dihydrochloride) was added and swirled with the solid. The reaction flask was suspended in a heated water bath (65°C) and stirred for 1 1/2 hours at which time almost all the  $K_2PtCl_6$  had dissolved in the reducing solution forming  $K_2PtCl_4$  (potassium tetrachloroplatinite).

# 2. Synthesis of cis-Platinum from K, PtCl,

a) <u>Direct method</u>: The conversion of  $K_2^{PtCl_4}$  to cis-platinum can be accomplished by the addition of specific concentrations of 87.

ammoniating agents to the tetrachloroplatinite solution as described by Kukushkin⁵⁹⁸. The K₂PtCl₄ was purified by recrystallization from 0.1 N HCl and a 100  $\mu$ molar (0.415 mg/ml) solution in double distilled water was prepared. Then, 2.1  $\mu$ l of a solution containing 400 mg NH₄Cl (ammonium chloride) and 57.6 mg (0.20 ml of a 28.8% solution) of NH₄OH (ammonium hydroxide) per ml was added to 1.0 ml of the K₂PtCl₄ solution and allowed to react at room temperature for 4 hours. The solid products were separated by centrifugation and purified.

b) Indirect method: In the preparation of cis-platinum from  $K_2^{PtCl_4}$  by the indirect method, several sequential reaction steps are carried out, each with a distinct intermediate product, as shown on Figure 5. The method is basically that deteribed by Dhara⁵⁹⁹; Wolf³⁹; and Hoeschele^{30,600,601}.

The  $K_2$ PtCl₄ solution [from (a)] was cooled and decanted into a 5 ml Pyrex beaker, and neutralized by the dropwise addition of 0.1-3.0 M NH₄OH to a pH range of 6.5-6.8. Upon the addition of 66.4 mg of KI (potassium iodide), a dark solution containing  $K_2$ PtI₄ (potassium tetraiodoplatinite) formed and was suffred for 3 minutes. Then, 1.0 ml of a 0.2 M NH₄OH solution was added and stirring continued for an additional 5 minutes. The precipitate formed during this period was transferred with hot water to a 15 ml Pyrex centrifuge tube, and collected with repeated hot water washes followed by centrifugation. Further washing in this manner with ice cold ethanol and then ice cold ether and subsequent air drying resulted in the collection of a brownish solid of cis-Pt(NH₃)₂I₂ [Cis-diamminediiodo-platinum (II)]. A 1.0 ml aliquot of a freshly prepared 34 mg/ml aqueous solution of AgNO₃ (silver nitrate) was added to the cis-Pt(NH₃)I₂ and vortexed for

3 minutes. After centrifugation the supernatant was carefully removed and placed in a second 15 ml Pyrex centrifuge tube. The AgI (silver iodide) precipitate in the first tube was repeatedly washed with small amounts of hot water until about 5 ml of supernatant containing  $cis-[Pt(NH_3)_2(H_2O)_2](NO_3)_2$  [cis-diamminediaquoplatinum(II)nitrate] was collected. To the supernatant, 16.4 mg of KCl (potassium chloride) was added and a white flocculent precipitate of AgCl (silver chloride) formed. Recovery of this supernatant into a 50 ml erlenmeyer flask was followed by several water washings until a final volume of 2-5 ml had been collected. This solution containing the final product was carefully boiled on a hot plate until the volume had been reduced to less than 1 ml at which point the flask was placed in an ice bath. After 1-2 hours, the crystallized product was recovered.

# B. Purification and Analysis of Unlabeled cis-Platinum

Cis-platinum was purified by recrystallization from an organic/aqueous solvent⁶⁰⁰. The crude cis-platinum products of the synthetic procedures were dissolved in DMF (dimethylformamide) to a concentration of 10-20 mg/ml in a 15 ml Pyrex centrifuge tube. This solution was centrifuged to remove suspended or insoluble impurities and the soluble phase transferred to a second centrifuge tube. Two volumes of 0.1 N HCl were mixed into the DMF solution and the tube was kept in an ice bath until the purified cis-platinum recrystallized from this solution, usually within 2 hours. The compound was examined visually as a rough qualitative guide to compound purity, with additional characterization by chemical,* chromatographic and spectrometric analyses, as described below.

1. Chemical Test

A chemical test for cis-platinum identification based on its specific reactivity with thiosulphate was performed⁶⁰². About 5 mg of cis-platinum was placed in a small glass test tube with 500  $\mu$ l (~ 8 mg) of Na₂S₂O₃ (sodium thiosulphate) solution and warmed to dissolution over a low flame. A small amount of potash was added and the mixture swirled for several minutes. After cooling and the addition of 2 ml of 95% ethyl alcohol, the tube was vigorously shaken. The reaction products could then be identified and related to the original nature of the platinum reactants.

### 2. Chromatographic Tests

Chromatographic analysis of cis-platinum products was performed using two different methods. The first consisted of Whatman #1 filter paper strips and a solvent system of 0.2 M glycine in distilled water²⁸. The strips (15 x 2 cm) were spotted 2 cm from the bottom and developed to a height of at least 10 cm in a Gelman ITLC tank or a Brinkman chromatography tank. The second system utilized Whatman MK6F (40A° silica gel with fluorescent indicator) analytical TLC precoated plates as the stationary phase and developed in an acetone:water (9:1) solvent³⁴. The plates were spotted 1 cm from the bottom and developed to a height of 5-6 cm. The analyte compounds were dissolved in 0.1 N HCl and 1-8  $\mu$ g were spotted per run. After development, the chromatograms were visualized by iodine vapour⁶⁰³ (and U.V. visualization for the fluorescent plates). Compound identification was cross-checked with recrystallized reference materials of cis-platinum, trans-platinum, K₂PtCl₄ and H₂PtCl₆. (Mathey-Johnson

#### Co. or Fischer Scientific Ltd.)

### 3. Spectrophotometric Test

Purified cis-platinum was subjected to ultraviolet absorption analysis using a Unicam U.V. spectrophotometer. The compound was dissolved in 0.1 N HCl and scanned from 225 to ~450 nm in the automatic wavelength scan mode. The absorption spectra were recorded on a Unicam AR 25 Linear recorder.

### II. Detection of Platinum

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#### A. Use of Labeled cis-Platinum

1. Preparation

Two methods were evaluated for the preparation of the labeled compound. The first involved irradiation of an appropriate precursor followed by synthetic procedures and the second relied on direct thermal neutron bombardment of cis-platinum itself.

a) Synthetic method: A given quantity (5-20 mg) of  $K_2PtCl_4$  was subjected to a thermal neutron flux of 1 x 10¹² n.cm⁻² sec⁻¹ for 4 hours or 2.5 x 10¹¹ n.cm⁻².sec⁻¹ for 16 hours at the University of Alberta Slowpoke II Reactor Facility. After 4 hours of cooling a 100 µmolar solution of radioactive material was prepared in 1.0 N HC1. Next, 2.0 ml of DBS (dibutyl sulphide) or MIBK (methyl isobutyl' ketone) was added to 2.0 ml of the radioactive  $K_2PtCl_4$  solution. The mixture was vortexed for several minutes and allowed to equilibrate for 15 minutes after which the organic phase was withdrawn and discarded. This extraction procedure was repeated to ensure the, complete removal of all ¹⁹⁹Au formed as a result of the irradiation process. Two 1 ml portions of the remaining aqueous phase was used as the starting material for the conversion to labeled cis-platinum via the indirect method previously described.

b) <u>Direct activation</u>: Purified cis-platinum (10-20 mg) was irradiated in a thermal neutron flux of approximately 5 x  $10^{11}$ n.cm⁻².sec⁻¹ for 2 hours at the Slowpoke II Reactor Facility. This irradiation was carried out using the single outer capsule site of the reactor. The irradiated compound was allowed to cool for 4 hours, recrystallized from DMF:2 HCl and redissolved in 0.01 N HCl. This solution was extracted twice with an equal volume of DBS to remove  $199^{9}$ Au activity.

# 2. Purification and Analysis of Labeled cis-Platinum

Labeled cis-platinum from the synthetic method was purified by recrystallization by a method identical to that of the unlabeled material. The labeled compound prepared by direct activation was recrystallized similarly except that the radiogold extraction step was performed after purification.

a) <u>Radiochromatographic tests</u>: Radiochromatographic analysis was performed using the labeled compound in both systems utilized for the unlabeled material. Detection of chromatographic spots was by iodine vapour visualization with activity analysis provided by whole chromatogram counting under a Berthold Linear TLC Analyzer, or by sectional counting of the paper strips in an automatic multisample gamma well counter.

b) <u>Spectrophotometric test</u>: Several purified samples of labeled cis-platinum were subjected to U.V. analysis similar to the

### unlabeled compound.

### 3. Counting of Labeled cis-Platinum

Radiolabeled cis-platinum was detected by either solid scintillation or liquid scintillation type detectors and their associated electronics.

a) <u>Gamma counting</u>: The Tracor Gamma 2200 multisample NaI(T1) 3" x 3" well counter was used for counting cis-platinum samples. This unit was coupled to a Tracor model 1710 multichannel analyzer system which accessed a mini-computer, decwriter, disc storage and spectral printout facilities.

b) Liquid scintillation counting: Cis-platinum was dissolved in DMF and was then easily incorporated into a standard fluor solution (4 g PPO, 50 mg POPOP in scintillation grade toluene). These samples were counted in a Beckman LS 9000 liquid scintillation-spectrometer using a window from Channel 400-900. Total spectra printout capabilities were available from magnetic tape stored data.

# B. Atomic Absorption Spectrometry

Flameless atomic absorption analysis of platinum was performed using a Perkin-Elmer Model 305B Atomic Absorption Spectrophotometer equipped with a Deuterium Arc Background Corrector and a HGA-2000 Graphite Furnace system. The atomic platinum signal (2659.5 nm) was generated within the instrument by a Westinghouse hollow cathode device (type WL 36051) operated at 15 mA. Analysis was performed using 50  $\mu$ l injection volumes, a slit width of 1.0 mm (0.7 nm spectral band width) and automatic recorder control and purge gas (N₂ at 1.0

psi) interrupt modes. The graphite tube operating conditions were selected for platinum determination as described by the instrument manufacturer and consisted of a dry cycle (30 seconds at 125°C), a char cycle (30 seconds at 1600°C) and an atomize cycle (10 seconds at 2700°C). Individual graphite tubes have a finite lifetime due to deterioration of heat transfer capabilities causing loss of efficiency, and were routinely replaced after 80-120 determinations. Following each analysis, the tubes were subjected to a 15-20 second maximum temperature cycle for removal of residual material. Absorption signals were recorded as peaks on a Beckman 10" chart recorder with peak heights used as a measure of platinum Standards were prepared in the identical aqueous concentration. systems as the analyte solutions and used to calibrate the procedure. Each standard was analyzed at least six times while the test solution determinations were performed at least twice. The calibration curve was checked periodically to assure accuracy and reproducability.

# C. Neutron Activation Analysis

A technique for the determination of platinum (and gold) in biological materials by neutron activation analysis was developed. Several aspects of the procedure were investigated in order to optimize conditions for the assay.

Some common digestion mixtures that utilize acidic oxidation for tissue solubilization were subjectively evaluated. These consisted of combinations of concentrated (conc.)  $HNO_3$ , conc.  $HCIO_4$  or 35%  $H_2O_2$ with conc.  $H_2SO_4$ . Assessment was based on whether solubilization could be accomplished in a reasonable time period; the heating

requirements; the persistance of residual oxidant at completion; and the quantitative extent of radiogold loss. The determination of this last factor was performed using 4.0 ml of a 1:1 mixture of conc.  $H_2SO_4$ and conc.  $HNO_3$ . The sample consisted of  $^{195}Au$  (New England Nuclear) bound to a freeze dried serum matrix packaged in a gelatin capsule (E11 Lilly and Co., size 1-3). The samples were counted (Beckman Gamma 8000) in individual test tubes (16 x 1 1/2 cm) prior to the addition of digestant and 100 µg carrier gold. The tubes were placed in temperature-controlled oil baths and at specified times were removed, cooled, centrifuged to collect any condensate and recounted. This procedure was verified in several cases by collection of the digestion vapours via a condenser apparatus with recovery and counting of the distillate.

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The effect of the addition of NaBr (sodium bromide) to radiogold and radiobromine extraction was measured by adding 0 mg (control), 200 mg or 500 mg NaBr to 2.0 ml conc.  $H_2SO_4$  containing ~ 10,000 cpm ¹⁹⁵Au and a similar quantity of  $NH_4^{82}$  Br, (prepared on site by thermal neutron irradiation of cold compound) followed by the optimized digestion and extraction procedures. A correction factor for the spillover of ⁸²Br into the ¹⁹⁵Au channel was established during initial studies.

The effect of the possible second order interferences via  ${}^{46}Ca(n,Y){}^{47}Ca + {}^{47}Sc$  (159 KeV gamma) or  ${}^{197}Au(n,Y){}^{198}Au(n,Y){}^{199}Au$  were assessed by spiking samples with 100 mg of calcium carbonate solution or 2 mg gold wire, followed by the irradiation, digestion and extraction procedure.

The optimized digestion and extraction procedure, based on the

results of these studies is given using human plasma as an example. Human plasma samples were lyophilized and weighed aliquots (50-100 mg) placed in envelopes constructed from low ash filter paper. Samples were loaded into standard polyethylene vials and irradiated in a neutron flux of 1 x  $10^{12}$  n.cm⁻².sec⁻¹ for 4 hours at the University of Alberta Slowpoke II Reactor Facility. The activated samples were allowed to cool for 24-48 hours prior to the initiation of radiochemical procedures.

Each sample (plus its paper envelope) was digested in a test tube (16 x 1 1/2 cm) containing 2.0 ml conc.  $H_2SO_4$ , 200 mg NaBr, 25 µ1 Au solution (= 0.5  $\mu$ Ci/ml) and 100  $\mu$ g gold carrier (1 mg/ml in 10% Tubes were placed in an oil bath at 105°C and gradually HC1). increasing volumes (50-500 H1) of fresh  $H_2O_2$  (30-35%) were added, at  $\odot$ several minute intervals to allow the reaction to proceed, until a total of 1.5 to 2.0 ml had been used per sample. More or less can be used depending upon the nature of the sample to be solubilized. Several aliquots of concentrated HCl were slowly added (total  $V_{\star}0$  ml) and heating continued for 15-20 minutes until the digest were clear and no gaseous oxygen was generated within the digest solution. The digests were cooled and centrifuged to collect residual condensate from the sides of the tubes. A known volume (2-3 ml) of dibutyl sulphide (1.0 M in toluene) was added and the mixture vigorously vortexed for 10 minutes to ensure thorough contact of the phases. Sample tubes were then centrifuged and permitted to equilibrate for a minimum of 10 minutes, after which time the organic phase was withdrawn and a measured aliquot taken for counting.

Standard curves were generated by irradiating plasma samples

spiked with known quantities of platinum followed by this procedure. The extracts were counted in a cave with 10 cm lead walls using a WIN-15 coaxial Ge(Li) spectrometer coupled to a ND660 multi-channel analyzer system.

# III. Detection of Radiogallium

⁶⁷Ga was the only radioisotope of gallium used in this project. Its gamma emissions were counted using a variety of detection equipment and associated electronics:

- 1. Picker Autowell II
- 2. Tracor Gamma Trac 2200
- 3. Beckman gamma 8000

4. Nuclear Chicago Pho/Gamma IV

5. General Electric 400 Maxicamera

6. Shielded NaI(T1) detector with associated modular high voltage supply unit, discriminator unit, and scalar

# IV. Protein Binding Analysis

All in vitro transferrin binding studies were conducted in a solution of buffered saline. This consisted of 0.04 M TRFS [tris(hydroxymethyl)aminomethane] adjusted to pH 7.4 by HCl. Chloride ion concentration was brought to 0.10 M by the addition of NaCl.

### A. Ultrafiltration

Centriflo membrane cones (Amicon Inc. type CF25) with a molecular weight cut-off of 25,000 atomic mass units were used for ultrafiltration evaluation. The cones were pre-soaked in double distilled water for at least one hour prior to use to remove the giverol residue as recommended by manufacturer. The cones were then centrifuged at 1500 rpm ( < 500 g) for 5 minutes to remove residual water. The test solution (4-5 ml) was added and the unit centrifuged again. This initial ultrafiltrate ( < 200  $\mu$ l) is discarded. A third centrifugation results in the collection of an additional 40-200  $\mu$ l of solution and a measured aliquot is taken from this fraction to calculate the amount of free or unbound activity in the test solution. In some cases, an identical volume was removed from the test solution in the cone which corresponds to the total (free and bound) activity. The fraction of  67 Ga bound is calculated by subtracting the counts of the ultrafiltrate from the total counts and dividing this value by the total counts (identical counting times and solution volumes).

### B. Dialysis

The dialysis technique for the <u>in vitro</u> transferrin studies was performed using a self-designed unit constructed from available laboratory materials. The dialysis tubing (Fischer Scientific Co.) was knotted at one end with additional leakage protection provided by a cotton thread tied securely around the distal end of the knot. The other end of the tube was passed through and then folded over the outside of a plastic fitting and held in place by a small elastic band or thread. The fitting was made by cutting a 10 ml syringe barrel 1 1/2 cm from the finger grips and buffing the cut edges so as not to be abrasive to the delicate tubing. The rest of the fitting is shaped to enable the whole unit to fit snugly in a flexible 50 ml polyethylene screw-top centrifuge tube (Falcon; Div. Becton, Dickinson & Co.). The

analyte solution is placed in the dialysis tube and enclosed by the careful insertion of a moistened plunger into the dialysis tube unit. The plunger was shortened to about 2 cm in length for this purpose.

With the addition of dialysing solution to the centrifuge tube which was closed with the screws cap, the system can be readily shaken or rotated for dialysis experiments. Access to the dialysing solution for analysis is easily accomplianed by removal of the screw cap and careful removal of the small plunger from the dialysis tube unit allowing the sampling of the dialysate. The dialysis tube unit should not be totally submerged in the dialysing solution to facilitate repeated sampling from inside the dialysis membrane.

The volume of sample accommodated by the dialysis tube was 4-5 ml; whereas 40-45 ml of dialysing solution was placed in the outer centrifuge tube. The percentage of  67 Ga activity bound was calculated by subtracting the concentration of activity outside the tube from that inside the tube and dividing by the total of these two values.

Reagents for dialysis experiments consisted of freshly prepared aqueous buffered saline solutions of:  $K_2PtCl_4$  or cis-platinum (2.5 x  $10^{-6}$  moles/ml); nitrilotriacetic acid (NTA) (2.50 x  $10^{-4}$  moles/ml); human apotransferrin (Sigma Chemical Co.) (1.25 x  $10^{-8}$  moles/ml) and  67 Ga-citrate (1-100  $\mu$ Ci/10  $\mu$ 1 in 0.1 N HCl). The test solutions were prepared by adding 1.0 ml of either of the platinum solutions to 100  $\mu$ 1 of NTA solution which had been previously incubated at room temperature for one half an hour with 10  $\mu$ 1 of  67 GaCl₃. This was followed by the addition of 1.0 ml of transferrin solution and 2.0 ml buffered saline.

The whole mixture was incubated at 4°C for 24 hours. It was then

placed in a dialysis tube and fitted into a 50 ml plastic centrifuge tube containing 40 ml of buffer. Dialysis units were then allowed to rotate for 24-72 hours with intermittent sampling. Three units per platinum compounds plus three controls of each series were run. The control series consisted of units containing all of the above materials and no transferrin and a second series containing the above materials omitting the addition of platinum compounds. Equilibration was established within 18 hours under these conditions.

The dialysis technique for the  67 Ga-citrate/platinum <u>in vitro</u> serum binding studies involved enclosing the serum and reagents in the same dialysis membranes, sealed with membrane clamps and dialysing against an exact measured volume of dialysing medium of buffered saline. The percent bound was calculated by sampling the medium and comparing it to a measured aliquot of the activity initially placed in the dialysis tube. Serum samples consisted of 2.8 ml serum (Red Cross, Edmonton), 100 µl of labeled or unlabeled cis-platinum or K₂PtCl₄ (3.33 mM in 0.1 M NaCl), 50 µl 0.1 M NaHCO₃ and 50 µl  67 Ga-citrate (2-10 µCl). The effect of pre-incubation of the platinum compounds with the serum for 24 hours before addition of  67 Ga-citrate was also tested.

Plasma samples obtained from rabbits before and after cis-platinum treatment were also subjected to dialysis for the determination of the degree of protein binding. Samples (400-500  $\mu$ 1) were placed in smaller dialysis tubes (0.5 x 8 cm) sealed with membrane clamps and dialysed against 40.0 ml of buffered saline for 72 hours. Aliquots of the dialysing medium were compared against standard plasma samples for the calculation of percent ⁶⁷Ga bound

### C. Gel Chromatography

Gel chromatography was performed using a Sephadex G-50 exclusion gel. The column was prepared by warming an appropriate quantity of the gel in distilled water, cooling and pouring into a 18 x 1 cm plastic support tube. The height of the gel was about 15 cm after settling and was equilibrated with buffered saline prior to use. The test solution was applied to the top of the column in a volume not exceeding 0.5 ml and eluted with additional buffer. The eluate flowed via polyethylene tubing in front of a NaI(T1) radioactivity monitor and subsequently through an ultraviolet detection cell. Output from these detectors (count rate and absorbance at 280 nm, respectively) was recorded on a chart graph display. The final eluate was automatically collected in 1-2 ml fractions (Fracto Mette 200 fraction collector, Buchler Inst. Co.). These fractions were counted by a Gamma Trac 2200 multisample automatic NaI(T1) detector and results recorded in terms of the percentage of Ga activity in each fraction. Additional pre-programmed calculations were then able to analyze the data for the relative percentage of activity in each of the well defined chromatographic peaks. After the decay of  $6^{\prime}$  Ga, these fractions were analyzed for their platinum content by atomic absorption spectrometry.

Test solutions for the gel chromatographic experiments consisted of either cis-platinum (purified by recrystallization from DMF:2HCl) or  $K_2^{PtCl_4}$  (purified by recrystallization from 0.1 N HCl); a specified anion (citrate/bicarbonate or NTA), transferrin and  ${}^{67}GaCl_3$  in an

aqueous buffered solution. Platinum compounds were dissolved in distilled water to a concentration of 1.88 µmoles/ml. Anion solutions and of citrate/bicarbonate were also prepared, the first of NTA containing 3.76  $\mu$ moles/ml NTA and the second contained 30  $\mu$ moles/ml citric acid and 1.5 mmoles/ml sodium bicarbonate. Two ml of each of the platinum solutions were mixed with two ml of each of the individual anion solutions and the mixtures incubated at 4°C for 24 At that time, eight ml of a 1.25 mg/ml human transferrin hours. (Sigma Chemical Co.) in solution was added. After a further incubation period of 24 hours at 4°C, 10  $\mu$ 1 of ⁶⁷GaCl₃ solution (in 0.1 N HC1) was added and the mixtures stored at 4°C for at least three days with intermittent agitation until chromatographic separation. Two control solutions, one containing no platinum compounds, the other containing no transferrin were prepared in an analogous manner.

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A summary of the incubation conditions for the dialysis and gel chromatography experiments is given in Table 7. A schematic diagram of the various analytical steps for the gel chromatography experiments is shown in Figure 4.



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Figure 4. Sequence of the gel chromatographic separation procedures for the determination of Ga-67 and platinum binding to transferrin in vitro.

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Reagent	Incubation Mixture Concentration (M)				
	Dialysis	Gel Chromatography			
cis-platinum K ₂ PtCl ₄	$6.1 \times 10^{-4}$ $6.1 \times 10^{-4}$	$3.1 \times 10^{-4}$ $3.1 \times 10^{-4}$			
NTA HCO ₃ /citrate	$6.2 \times 10^{-2}$	$6.2 \times 10^{-4}$ 5.3 x 10 ⁻³ /2.5 x 10 ⁻¹			
Transferrin	$3.0 \times 10^{-6}$	$1.0 \times 10^{-5}$			
TRIS buffer	0.04	0.04			
Chloride	0.075	0.067			
н ⁺	$3.98 \times 10^{-8}$ (pH = 7.4)	$3.98 \times 10^{-8}$ (pH = 7.4)			
⁶⁷ GaCl ₃	► 50 ^µ C1	• <b>50</b> ^µ Ci			
Platinum: transferrin ratio	200:1	30:1			
Incubation Iuration	24 hours	> 72 hours			

Table 7.	Summary of incubation conditions for dialysis and gel
	chromatography studies of ⁶ Ga binding to transferrin <u>in</u> vitro.

# V. Animal Studies

### A. Rodent Experiments

The effects of a specific cis-platinum treatment schedule on  ${}^{67}\text{Ga}$ distribution at various times after tracer administration was studied in healthy male adult (300 - 400 g) Sprague Dawley rats. They were maintained on rodent chow (Wayne Laboratory Animal Diet) and fresh water <u>ad libitum</u>. The rats were divided into a treatment group and a control group. The treatment group received 0.35 mg/kg of purified cis-platinum in normal saline (1 mg/ml) by intraperitoneal injection for five consecutive days while the control group, received an identical injection schedule with normal saline. Immediately after these injections on the fifth day, both groups were given a 10 - 50  $\mu$ Ci intraperitoneal or intravenous injection of  67 Ga-citrate in normal saline (- 0.2 ml). Animals sacrificed at periods shorter than 12 hours were given intravenous injections of  67 Ga-citrate, while those sacrificed at longer periods were injected intraperitoneally with the tracer since at these later times there is no difference in the observed tissue distribution based on the route of injection³⁹⁴. At specific times thereafter (3, 6, 12, 24, 48, 72, and 168 hours), three animals from each group were sacrificed for tissue distribution analysis.

Studies in mice were utilized to simultaneously assess the possible effects of a medium level acute dose of cis-platinum and successive long term accumulated doses of cis-platinum on the short term distribution of  67 Ga-citrate. CBA/CAJ mice (18-25 g) were divided into five groups of 6 mice each. The first group served as the control group and received 0.5 - 2  $\mu$ Ci  67 Ga-citrate in normal saline by intravenous injection, and were sacrificed 3 hours later. The second group received 0.5 - 2  $\mu$ Ci of  67 Ga-citrate and 5 mg/kg cis-platinum co-administered by intravenous injection, and were given 5 mg/kg cis-platinum by intraperitoneal injection every second day with the last dose co-administered with  67 Ga-citrate by intravenous injection to give successively higher cumulative doses, and similarly sacrificed at 3 hours after the last dose. 'In addition, radiolabeled

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cis-platinum was administered to a separate group of mice for the determination of its distribution at 3 hours after intravenous injection.

A second beries of mouse (CBA/CAJ with transplanted RI lymphoma tumors) experiments involved the use of other chemotherapeutic agents in a particular regimen to evaluate the short and long term effects on  67 Ga-citrate distribution after an acute dose. Three regimens were evaluated against saline controls by animal sacrifice at 3 and 48 hours after intravenous injection of drugs and 0.5 - 2 µCi of  67 Ga-citrate. The first group received 0.1 mg/kg vinblastine (Velbe®), 40 mg/m² doxorubicin (Adriamycin®) and 30 units per animal of bleomycin (Blenoxane®) plus  $^{67}_{1}$ Ga-citrate, the second group received these agents plus 20 mg/m² cis-platinum, and the third group received only 20 mg/m² cis-platinum and  67 Ga-citrate.

Rodents were sacrificed by chloroform or ether inhalation. Immediately after death, the chest was opened and a blood sample was obtained from the heart. Whole organs were removed from the animals and blotted to remove residual blood. Stomach and large intestine contents were also removed. Aissues were subsequently weighed and counted to less than 0.5% error in an appropriate gamma counter.

#### B. Rabbit Experiments

The basic study protocol was designed to compare the biological behavior of  67 Ga-citrate in the same rabbits before (control) and after treatment with cis-platinum, or where sacrifice was necessary, a comparison between two matched sets of animals. Various physiological parameters were also assessed as the possible determinants of any

cis-platinum induced alterations of ⁶⁷Ga-citrate disposition.

Twelve healthy adult New Zealand White rabbits of both sexes, with a weight range of 3-5 kg were used in these studies. The rabbits were housed in individual metal cages equipped with a screened tray to facilitate urine and feces collection. Food (Master Feeds, Maple Leaf Milk Ltd.) and fresh tap water was available <u>ad libitum</u>. Prior to the initiation of any experiments, the animals were allowed to acclimatize for a minimum period of two weeks.

In the control phase of the study,  67 Ga-citrate (New England Nuclear) was administered by an intravenous bolus injection via a lateral auricular vein with a dose of 0.05 - 0.9 mCi (1.8 - 33 MBq) in 0.2 - 0.4 mi of normal saline.  67 Ga behavior was evaluated for a period of one week, and after a further three weeks (when the same animals were to be used), such that  67 Ga activity was negligible, cis-platinum treatment was started. Purified cis-platinum (Johnson, Mathey & Co.) was administered daily as a 0.5 mg/kg intraperitoneal injection in saline (1.0 mg/ml) for five consecutive days. Five days after the completion of cis-platinum treatment,  67 Ga-citrate was (re)administered as in the control phase and (re)evaluation of  67 Ga behavior initiated for the cis-platinum treated phase.

⁹I. <u>Measurement of ⁶⁷Ga-citrate Biological Behavior in Rabbits</u> Several aspects of the biological behavior of ⁶⁷Ga-citrate were evaluated in the control and cis-platinum treated animals.

 67 <u>Ga localization</u>: Whole body distribution of  67 Ga at 48 hours after injection was determined by sacrifice of a treated and non-treated group of female rabbits. Tissue samples were carefully J07

removed, rinsed in saline, weighed, counted in a multisample well counter and the results expressed as the percent of the dose per gram of tissue.

Two rabbits were scanned at 12, 24 and 48 hours after  67 Ga-citrate injection using a General Electric Maxicamera 400 (Dr. R. Hooper) during both the control and cis-platinum treatment phases.

 67 <u>Ga elimination</u>: Whole body elimination of  67 Ga was measured by counting the animals with reproduceable geometry with both a Searle Pho/Gamma IV gamma camera equipped with a non-collimated detector headpiece, and a shielded 3" x 3" NaI(T1) crystal and associated counting equipment. The daily radioactivity was measured, corrected for decay and background and compared to the activity recorded at 2 -10 minutes after  67 Ga-citrate injection, which served as the 100% injected dose value for calculation of the percent of the dose remaining each day.

In addition, total urine volume and fecal mass were measured daily in several animals and representative aliquots taken for counting. These were compared to appropriate dilutions of the injected  67 Ga dose for the determination of daily urinary and fecal excretions.

⁶⁷<u>Ga pharmacokinetics</u>: At various times after ⁶⁷Ga-citrate injection (at least four times during the first hour, five times during the next 23 hours and once a day thereafter) blood was withdrawn without anticoagulant from a vein in the opposite ear from the injection site. The blood was immediately transferred to a tared counting vial and a net weight obtained. The samples were counted along with dose standards, decay and background corrected and expressed as the percent of the dose per gram of blood. Pharmacokinetic analysis of individual animal data was performed using both AUTOAN and NONLIN computer  $\operatorname{programs}^{604,605}$ . AUTOAN was used to obtain.initial estimates of the blood level-time curves with final curve fftting by NONLIN. The number of exponential terms was chosen on the basis of statistically (p < 0.005) significant reduction in the sum of the squared deviations, and the randomness of the data points⁶⁰⁶.

 67 <u>Ga protein binding</u>: Serum samples were obtained from rabbits before initiation of cis-platinum treatment and 24 hours after its five day injection schedule was completed. These samples were used to assess its binding capacity for  67 Ga-citrate <u>in vitro</u>. Serum (500 µl) was incubated with  67 Ga-citrate (~ 0.5 µCi) for three hours at room temperature prior to separation.

Serum samples were also obtained from rabbits at 3 and 48 hours after  67 Ga-citrate injection in both control and treated animals to assess  67 Ga protein binding <u>in vivo</u>. Samples were separated by 72 hour dialysis against 0.037 M TRIS/HC1 buffer (pH 7.4) and by gel exclusion chromatography using a 20 cm G-50 Sephadex column eluted with the same TRIS buffer as described previously.

Urinary disposition: Urine samples were collected 24 hours after  67 Ga-citrate injection and 4 ml portions centrifuged to partition the sediment fraction. Both fractions were counted for  67 Ga activity to determine the percentage of  67 Ga in the soluble fraction. The pH was determined using a Radiometer PHM 82 standard pH meter. Several urine samples were pH adjusted with HCl or NaOH and the separation process repeated to indicate the effect of pH on the solubility of endogenous

2. Measurement of Specific Physiological Parameters of Rabbits

Several physiological parameters were also measured as an indication of the toxicity of cis-platinum and as possible indirect causes of alterations of  67 Ga-citrate biological behavior.

<u>Hematological parameters</u>: Serum creatinine, hematocrit, total iron and total iron binding capacity (TIBC) were measured at various times in control and cis-platinum treated phases. Serum creatinine analysis was performed by the University of Alberta Surgical Medical Research Institute (M. McCubbin) and total iron and TIBC by the University of Alberta Hospital (Dr. A. Dinwoodie).

<u>Consumption parameters</u>: Food and water intake was measured on a daily basis, and body weight measured at various times during the control and treatment phases.

Pathological patameters: Kidney slices obtained at 7 and 15 days after cis-platinum treatment were analyzed for morphological changes at the Edmonton General Hospital (Dr. D. Williams).

### VI. Statistical Methods

Standard statistical analysis was carried out on all data where the resultant p (probability) values are indicated with asterisks. The analysis requires the mean and corresponding standard deviation (s.d.) values as well as the number of data for each group (n). Some of the calculated statistics resulted in levels of significance much higher than the 99% shown (p < 0.01), however, for a more readily appreciated display, usually only the two generally accepted levels are indicated⁶⁰⁷.

Three statistical tests were employed to test the statistical difference between two or more groups of mean values. The paired or unpaired t test were used for all analysed data except the two experiments involving mice. The design of these two studies allowed the data to be analysed by an ANOVA (analysis of variance) with specific comparisons with the control group based on the LSD (least significant difference) test.

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RESULTS AND DISCUSSION

# .I. Preparation of Unlabeled cis-Platinum

Since pure cis-platinum was not available when this project was initiated, it was imperative to synthesize the compound using established methods. Commercially available cis-platinum preparations contain excipients such as mannitol and sodium chloride which make them unsuitable for the conduct of the planned binding studies. In addition, the <u>in vivo</u> studies may also be affected by the preparation composition since mannitol complexation and chloride ion concentration must be taken into account. Thus, in order to obtain a chemically pure drug, synthesis and quality control procedures were undertaken.

### A. Synthesis

Elemental platinum is the most common target material for platinum reference production and is converted to  $H_2PtCl_6$  by discussion aqua regia. The hexachloroplatinate was readily available are hexahydrate and prospects of a labeled synthesis made it a set the choice as a starting material. Figure 5 gives the sequent if reactions for the preparation of cis-platinum from  $H_2PtCl_6 = I_2^{0}$ .

# Synthesis of K₂PtCl₄

The acid solution of  $H_2PtCl_6$  is converted to the salt form by the addition of KCl and evaporation to dryness (reaction I). This platinum complex must be reduced to the tetrachloro derivative before ligand exchange takes place. Hydrazine salts⁶⁰⁸ or oxalic acid⁶⁰⁹ have been employed to reduce Pt(IV) to Pt(II) complexes of this type. Both reductants produce reaction products which can be easily



Figure 5. Reaction sequence for the synthesis of cis-platinum.

separated (N $_2$  and CO $_2$  respectively) and those which do not interfere Hydrazine has been utilized for this with subsequent reactions. Of the hydrazine purpose to a greater extent and is used here. compounds available, hydrazine dihydrochloride is best suited since it is a solid and therefore exact amounts can be simply weighed, whereas hydrazine sulphate is poorly water soluble and hydrazine monohydrate is a noxious liquid⁶¹⁰. Excess of this reducing agent must be especially avoided due to the possible formation of tetravalent or bivalent platinum hydrazine complexes⁶¹¹ and due to the reduction of some platinum species to elemental platinum, a process which may be pH and concentration dependent³⁴. Thus, the stoichiometry is critical for reaction II. The extent of the reaction can be roughly monitored by the dissolution of the yellow  $K_2$  PtCl₆ and the formation of a red solution of  $K_2$ PtC1₄. The reaction is allowed to proceed at 65°C, although it will also proceed at reduced temperatures. If traces of undissolved  $K_2$ PtCl₄ remain or elemental platinum is present, the solution can be filtered or decanted leaving the  $K_2^{PtCl}_4$  solution. Losses due to this reduction step are about 15-20% which are acceptable in terms of final product purity. //

2. Synthesis of cis-Platinum from K₂PtCl₄

The conversion of  $K_2PtCl_4$  to  $cis-Pt(NH_3)Cl_2$  can be accomplished either directly using buffered ammonia reagents or indirectly via-the tetraiodo analogue.

- a) Indirect method: The indirect method takes advantage of the greater trans-effect characterizing the tetraiodo intermediate and its synthesis is accomplished by the addition of KI to the  $K_2$ PtCl₄

The optimum  $I^{-}/Pt$  for this reaction in terms of the solution. stability of the product and the relative yield has since been found to be six rather than the stoichiometric four³⁰. The rate of this reaction can be increased by the application of heat but the product is unstable above  $40^{\circ}C^{598}$ . Thus, the reaction III proceeds to the more stable product and the formation of a characteristic dark solution of  $PtI_{4}^{-2}$ . The trans-effect of the tetraiodo derivative is realized in the next reaction where two of the iodide ligands are replaced by ammonia. The trans-effect can be defined as the effect of a co-ordinated group upon the rate of substitution reactions of ligands opposite to it in a metal complex. The approximate order of decreasing trans-effect for Pt(II) complexes is CO, CN,  $C_2H_4 > CH_3 > C_6H_5$ ,  $NO_2^-$ ,  $I^-$ ,  $SCN^-$ ,  $>Br^-$ ,  $C1^- > NH_3$ ,  $H_2O^{612}$ . Once an ammonia molecule has entered the complex, the next most labile ligand will be one of the iodide ions trans to each other rather than that trans to the ammonia since iodide has a greater trans-effect than ammonia and since the platinum-nitrogen bond is stronger than the platinum-iodide bond. This results in the formation of the cis isomer as shown in IVa. Since this is a kinetic effect, the reaction takes place at a much faster rate than would the corresponding reaction for the tetrachloro derivative. Thus, the addition of the required quantity of  $NH_4OH$  to the dark  $K_2PtI_4$  solution results in the rapid formation of cis-Pt( $NH_3$ )I₂ which precipitates from solution as a light brown product according to reaction IV. This complex is removed from the solution by centrifugation and washed with water to remove soluble impurities.

The addition of  $AgNO_3$  solution to the solit cis-Pt(NH₃)I₂

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results in the formation of the soluble diaquo complex. This reaction V is driven to this end point due to the formation of the highly insoluble AgI. A 10% excess of  $AgNO_3$  is added to ensure complete removal of all iodide while warm water washing of the AgI precipitate prevents the loss of the diaquo product.

Water is one of the best leaving groups for Pt(II) complexes and is easily replaced by chloride, supplied by KCl or HCl, to give the desired product. These reagents are added initially in about 50% of the stoichiometric amount which results in the precipitation of excess  $Ag^+$  as AgCl while allowing the diaquo species to remain in solution³⁰. After removing and washing the solid AgCl, a slight excess of KCl or HCl was added to complete the reaction VI. Depending on the volume of the final solution (which depends upon the concentration of reagents and the volume of washings used) it may be necessary to boil the final solution prior to cooling to 0°C to complete the precipitation.

The indirect synthesis from  $K_2PtCl_4$  to  $cis-Pt(NH_3)_2Cl_2$  was accomplished in 60-72% overall yield (Table 8). This method is highly labour intensive with a high potential for possible error and required 4-5 hours to complete. However, the quality of the product was excellent as judged by negligible losses after recrystallization.

b) <u>Direct method</u>: The synthesis of cis-platinum can also be accomplished from  $K_2^{PtCl}_4$  by its reaction with ammonia in buffered solution according to the following reaction:

 $K_2^{PtCl_4} + 2NH_4OH \longrightarrow cis-Pt(NH_3)_2Cl_2 + 2H_2O + 2KCl$ 

Ammonium acetate has been used for this purpose, acting as both

buffer and ammonia source⁶¹³. The acidity of the solution helps suppress the hydrolysis of the chloroplatinite and the slow release of ammonia from the salt decreases the possibility of tetrammine, triammine and Magnus salt ( $[PtCl_4][Pt(NH_3)_4]$ ) formation. alternative used here is the  $NH_4OH/NH_4C1$  buffer reagent. The rate of reaction of  $PtCl_{4}^{-2}$  with ammonia is proportional to the ammonia concentration, where as hydrolysis is relatively independent of hydroxide concentration and the best conditions have been found to be with  $NH_3$ : Pt ratios >4. The  $NH_4C1$  limits the dissociation of  $NH_4OH$  and the chloride ions serve to hinder the formation of hydrolysis products, both decreasing the possibility of by-product formation. The above reaction takes place at slightly above neutral pH and at reduced temperatures⁵⁹⁸. Yields from this procedure were very poor (<10%) due to the noticeable formation of Magnus salt. Thus, although the method is extremely simple, the exacting conditions necessary for the successful synthesis appear to be lacking, possibly due to a pH and/or concentration effect.

Starting Material	Percent 1	Yield 2			Number 5
H ₂ PtC1 ₆ .6H ₂ 0	40	45	58	55	48
K2PtCl4 - indirect method	60	68	72	65	65
- direct method	10	10	-	-	<u> </u>

Table 8. Chemical yields of cis-platinum from synthetic procedures.

# B. Purification and Analysis

The list of possible impurities from the synthesis of cis-platinum, by either the indirect or direct reactions are numerous but in practical terms, the most likely include elemental platinum, Magnus type complexes (mainly  $[Pt(NH_3)_4][PtCl_4]$ ) and Pt(IV) chloroammines for the indirect method, while for the direct method trans-platinum, tetraammine and triammine salts could also be included.

ij.

D)ssolution in 0.1 N HCl is preferred over water for recrystallization purposes since in this medium hydrolytic and aquation reactions will be suppressed. Many of the mentioned impurities are relatively insoluble in 0.1 N HCl so that this method of purification is somewhat effective. However, most of the undesirable compounds are electrolytes, whereas cis-platinum is a neutral complex such that more effective purification involves recrystallization from non-aqueous solvents. Cis-platinum is insoluble in all common organic solvents with the exception of DMF. Of the possible contaminants, only trans-platinum and the Pt(IV) diammine analogues are significantly soluble. The addition of two volumes of 0.1 N HCl combines the advantages of both methods. Elemental platinum and Magnus complexes are insoluble in DMF and can be removed by centrifugation or filtration before the addition of the 0.1 N HC1. Trans-platinum and the chloroammine electrolytes of Pt(II) and Pt(IV) are much more soluble in the DMF/0.1 N HC1 mixture than in 0.1 N HCl alone and thus will remain in solution. Neutral Pt(IV) chlorodiammines behave similarly to cis-platinum but they will not crystallize from solution if present in low quantities 600.

Cis-platinum products were analyzed using the criteria of general appearance, specific chromatography (2 systems), physical (ultraviolet spectroscopy) and chemical behavior.

Pure cis-platinum appears as a bright yellow solid. The trans compound is a pale shade of yellow, Magnus complexes are usually green, tetrachloroplatinite is red-orange and elemental platinum appears grey or black. These substances can thus be identified in a crude mixture if present in sufficient quantities. However, most of the Pt(II) and Pt(IV) chloroammines are also yellow and could not be resolved by visual inspection. At certain stages during the indirect synthetic procedures elemental platinum has been observed and Magnus salts were readily observed during the direct synthesis from  $\frac{R_{2}PtCl_{4}}{2}$ . No anomolous compounds were observed after crystallization which is the final step before purification.

### 1. Chemical Test

The reaction of cis-platinum type compounds [diamminodihalogenoplatinum(II)] with thiosulphate has been used to determine the isomeric configuration of these complexes⁶⁰². Trans-platinum reacts with thiosulphate at room temperature to form a disubstituted complex [trans-diamminedithiosulphateplatinum(II)] whereas cis-platinum forms a tetrasubstituted analogue due to the greater trans influence of the thiosulphate with respect to the chloride or ammonia ligands. The addition of traces of potash results in the formation of the corresponding potassium salts which are most characteristic. In practise, the cis-platinum product  $[K_6Pt(S_2O_3)_4]$ separates as an oily yellow liquid, and the trans- platinum product

 $[K_2Pt(NH_3)_2(S_2O_3)_2]$  precipitates as a white crystalline solid. When this test was applied to any synthetically prepared cis-platinum after purification only the yellowish oil could be visibly detected. This qualitative test was applied only to aliquots of the first several syntheses since it required a relatively large sacrifice of product. However, it definitely confirmed that the vast majority of the product possessed the desired configuration.

2. Spectrophotometric Test

D

A typical ultraviolet spectrum recorded using freshly purified cis-platinum in 0.1 N HCl (1 mg/ml) is shown in Figure 6. The characteristic features of position and absorption of the major maxima and minima can be observed. These spectral features correspond to orbital electronic transitions in the d shell of the platinum atom which are involved in the binding process⁶¹⁴. In terms of purity analysis, the most sensitive parameter is the ratio of the absorbance at the maximum ( $\lambda$  = 301 nm) to that at the minimum ( $\lambda$  = 246 nm). Since all Pt(II) and Pt(IV) chloroammine complexes absorb in the 246 nm region any slight increase in the absorbance due to these substances will have a marked effect on this ratio (and is often accompanied by shifts in the position of this minimum. The criterion for 'pure' cis-platinum using this index has been suggested as a ratio of 4.5 or greater⁶¹⁵. All samples analyzed by U.V. spectroscopy which had been purified by recrystallization gave ratios of  $4.3 \pm 0.02$  and were considered to represent satisfactory purity by this method.

3. Chromatographic Tests




Results of the chromatographic analysis of cis-platinum and related compounds are shown in Table 9. Each of the platinum complexes showed a characteristic Rf value (Rf is the distance from the origin travelled by the test compound divided by the distance from the origin travelled by the solvent) in both systems which were readily reproducable. Using cellulose as the stationary phase the distinction between cis and trans isomers was most apparent, however, in both systems these compounds were easily resolved.

Fresh batches of cis-platinum consistently showed only one spot in both systems at its characteristic Rf, however, aged samples or those which had been inadvertently heated revealed the presence of compounds with an Rf corresponding to trans-platinum and another with an Rf between cis-platinum and  $K_2PtCl_4$  which may be the trichloromonoammine derivative.

Compound		System I*	Sys	tem II**
	Rf (mean [±] s.d.;	Colour ⁺ n=8)	Rf (mean ± s.d.,	Colour ⁺ n=6)
cis-Pt ,	$0.77 \pm 0.02$	yellow	$0.80 \pm 0.02$	yellow
trans-Pt	$0.60 \pm 0.03$	yellow	0.92 ± 0.02	yellow-brown
K ₂ PtCl ₄	0.95 ± 0.03	gold	0.85 ± 0.02	brown-black
H ₂ PtCl ₆	1.0	gold	-	· -

Table 9. Chromatographic analyses of cis-platinum and related compounds.

* System I consisted of a cellulose stationary phase and a 0.2 M glycine solvent.

**System II consisted of a silica gel stationary phase and a _ acetone:water (9:1) solvent.

spot colour after I2 visualization.

### II. Detection of Platinum

There are a variety of techniques available for the detection of platinum. Gravimetric analysis involves weighing a known compound of platinum, such as the precipitated sulphides, the reduced metal or organic complexes. Titrimètric procedures involve reduction-oxidation or complexation reactions with specific agents, Platinum forms ~ colored complexes with several reagents such as stannous chloride or para-nitrosodimethylaniline, forming the basis for the colorometric test. Electrochemical determinations involve polarography and coulometry⁶¹⁶. All of these methods are basic analytical chemistry techniques and are not directly applicable to complex solutions or biological materials, where their lack of sensitivity and specificity make them inappropriate.

Three more modern techniques were evaluated for their applicability to the detection of platinum in a variety of simple and complex media. The most suitable method would hopefully be utilized for the detection of platinum deposition and its correlation with  67 Ga distribution in the system under study. All of the methods rely on the detection of the platinum portion of the cis-platinum molecule and are unable to assess its chemical environment. However, the active portion of the drug lies with the platinum atom, such that this distribution is insignificant in most cases.

## A. Use of Labeled cis-Platinum

1. Synthesis

The availability of a suitable radioisotope production facility in the form of the Slowpoke II reactor as well as a viable synthetic

route allowed for the possibility of labeled compound preparation. Perhaps the best target for the production of a single useful platinum radio#osotope is 194 Pt, which is activated to 195m Pt during thermal neutron irradiation. However, this highly enriched material was not available for these studies and thus natural platinum materials were investigated. The larger proportion of platinum in  $K_2PtCl_4$  compared to H₂PtCl₆.6H₂O as well as its more favourable position in the synthetic sequence makes this compound the most logical starting Thermal neutron activation of K₂PtCl₄ produces numerous material. platinum radioisotopes (Table 10) as well as  38 Cl and  42 K. A four hour cooling period is sufficient to allow for the decay of  $\frac{38}{Cl}$  (t 1/2 = 38 min) after which time the  $\frac{42}{K}$  constitutes the major source of background activity. The 42K is eliminated from the process during the reaction sequence but contributes to the shielding requirements. The 4 hour cooling period also results in the decay of  199  Pt (t 1/2 = 30 min) to its radioactive daughter, ¹⁹⁹Au, which is the most serious radiochemical impurity in the preparation. The ability of dibutyl sulphide (DBS) or methylisobutyl ketone (MIBK) to selectively extract gold from acidic solutions makes removal of this radiogold a simple procedure, leaving the radioplatinum as a solution of  $K_{2}PtCl_{4}$ . The limited success with the direct synthesis of cis-platinum from  $K_{2}PtCl_{4}$  (Table 8) was such that only the indirect route was attempted for the labeled compound synthesis. The chemical yields of the labeled product are shown in Table 11, but no attempt was made to calculate radiochemical yields due to the low specific activity of the individual platinum radioisotopes in the complex.

Stable		Cross-		N.		
Nuclide A	% Natural Abundance	Section (Barns)	Nuclide Produced	T _{1/2}	Mode of Decay	Decay Product
190	0.013	800	Pt-191	3.00 đ	E.C.	Ir-191*
192 -	0.78	10	Pt-193	50 yr	E.C.	Ir-193*
-		2	Pt-193m	4.33 d	IT	Pt-193
194	32.9	1.1	Pt-195	<b>~</b> .	-	-
		0.09	Pt-195m	4.02 d	IT	Pt-195*
195	33.8	27	Pt-196	-	-	-
196	25.3	0.07	Pt-197	18.3 hr	β	Au-197*
K .		0.05	Pt-197m	94.4 min	IT	Pt-197
198	7.2	3.7	Pt-199	30.8 min	β	Au-199
	ß 🇞 .	0.03	Pt-199m	14.1 sec	IT	Pt-199

Table 10. Production of platinum isotopes via thermal neutron irradiation of natural platinum³⁵⁰.

* refers to stable isotope

 $\mathbf{\hat{v}}_{i}^{*}$ 

Table 11. Chemical yields of labeled cis-platinum from preparation procedures.

Method	•	Percent 1	Yield	in 2	Trial	Number 3
Synthesis from [K ₂ PtC1 ₄ ]*		53	2	65	-	60
Direct Activation 🎢	.*	>95+	>	95 ⁺	•	<b>&gt;</b> 95 ⁺

* [K₂PtCl₄] neutron activated complex

+ based on usuable cis-platinum at the end of sample processing

### 2. Direct Activation

Lity of avoiding the time consuming radiochemical With th ng the specific activity of the product, a synthesis a e preparation of the labeled compound involving oproa secon ment of cis-platinum was investigated. Irradiation bo the di d complatinum for 4 hour at 1 x  $10^{12}$  n.cm⁻² sec⁻¹ resulted of puri on of a black material from the bright yellow powder. in the Since the pound is totally inorganic this effect was not charring and indicated another form of degradation was occurring in situ. Capsule simplemperatures will reach 40°C during bombardment, however, thermal decoposition of cis-platinum does not occur until 207°C. This effect s not observed after irradiations in the outer capsule site for 2 hours and it is possible that the increased gamma and neutron flux gethe inner site was responsible for a Szilard-Chalmers reaction for lemental black platinum. Several other platinum compounds have also been shown to undergo this reaction under similar conditions⁶¹⁷.

Direct activation of the complex in this manner necessitated removal of ¹⁹⁹Au and a post-irradiation purification procedure by specific recrystallization. The chemical yield of the labeled product is shown in Table 11 as greater than 95% since recrystallization losses are generally small.

3. Purification and Analysis

Since the specific activity of the labeled cis-platinum prepared by either synthetic reactions from  $K_2PtCl_4$  or by direct activation was very low, all the chemical and physical enalyses which were applicable to the unlabeled compound would be equally suitable here. The chemical test was not performed on the labeled compound since it required considerable quantities of material. The spectrophotometric test was performed on a single batch of labeled cis-platinum prepared by direct activation and the resultant absorbance ratio was calculated as 4.3, indicating adequate purity. The majority of testing of the labeled compound was conducted using the more rapid chromatographic assays developed for the stock material, with additional analysis of radiochemical parameters.

Radiochemical analysis of labeled cis-platinum is shown in Figure 7. These chromatographic scans reveal the presence of a single radioactive peak in most cases, at an Rf corresponding to the pure unlabeled product in both systems. The estimated radiochemical purity from quantitative data is greater than 90%, with segmental counting of paper chromatograms revealing essentially the same information as shown in Table 12. No anomalous radioactive peaks were observed in these chmomatographic systems, confirming the radiochemical purity of the labeled cis-platinum.



Figure 7. Radiochromatographic analysis of labeled cis-platinum using (a) a silica gel stationary phase and an acetone:water (9:1) solvent and (b) a cellulose stationary phase and a 0.2 M glycine solvent. ( 0=origin ; sf = solvent front )

A

Analysis method	Cis-Pt Rf (mean ± s.d.; n=4	<pre>% activity in cis-platinum peak ) (mean ± s.d.; n=4)</pre>	Chromatographic System*
Whole Strip Scan	0.76 ± 0.02	93 ± 4%	I
Strip Seg- ments Histo- gram		>94%	1
√hole Strip Scan	0.80 ± 0.02	91 ± 2%	II

Table 12. Radiochromatographic analysis of labeled cis-platinum.

*System I consisted of a cellulose stationary phase and a 0.2 M glycine solvent. System II consisted of a silica gel stationary phase and an acetone:water (9:1) solvent.

## 4. Counting of Labeled cis-Platinum

The characteristics of platinum radioisotopes produced via thermal neutron irradiation of ntural platinum are shown in Table 13. The basic problem concerns which of the eight platinum radioisotopes produced in this manner is most suitable in terms of external detection properties over the duration of a study. Only ¹⁹¹Pt, ^{193m}Pt, ^{195m}Pt and ¹⁹⁷Pt would be useful for experiments longer than 24 hours, and of these ¹⁹¹Pt and ¹⁹⁷Pt are produced in the greatest yields.

Radioisotope	D'ecay Mode	T _{1/2}	Emissions in KeV (% Absolute Abundance)
Pt-191	E.C.	3.00 d	Y:539(13.7);409(8);360(6) IrLX(36); IrKX(138) e :20;53;69;80 (others between 0 and 600)
Pt-193	E.C.	•50 yr	none
Pt-193m イズ	IT	4.33 d	γ:136(0.11) e :10;57;124;133
Pt-195m	IT	4.02 d	Y:99(11.1);130(2.9) _Pt KX (87.2) e :18;28;51;85;116;126
Pt-197	β	18.3 hr	Y:77(17);191(3.5) β_:719(11);642(80);451(10) e_:63;74;110
Pt-197m	IT	94.4 min	γ:347(12) e :40;50;268;332
Pt-199	β .	30.8 min	Y:542(15) β ⁻ :1690(63);1380(4); 1140(14);900(18)
Pt-199m	IT	14.1 sec	Y:392(84.7)

T-11- 12		•
lable 15.	Emission characteristics of platinum radioisotopes	produced
	aso practinam radioisocopes	produced
	from neutron irradiation ³⁵⁰ .	

a) <u>Gamma counting</u>: For NaI(T1) gamma counting purposes ¹⁹¹Pt produces a 539 KeV photon, however, it is of low abundance (13.7%) and would be subject to interference from spurious 511 KeV photons. ¹⁹⁷Pt emits a low energy gamma (77 KeV) in fair abundance (17%) and a second at 191 KeV, but the first cannot be resolved from numerous X-rays and the second has low abundance (3.5%). For ^{193m}Pt, X-rays are the only significant gamma emissions, while ^{195m}Pt photons are also subject to X-ray interference at 99 KeV or of low abundance (130 KeV; 2.9%).

The major gamma emissions of an irradiated platinum sample are shown in Figure 8a, as recorded by a 3" x 3" NaI(T1) well detector. The largest peak corresponds to Pt, Au and Ir X-rays generated by the , decay of  $191_{Pt}$ ,  $193_{m}_{Pt}$ ,  $195_{m}_{Pt}$ ,  $197_{Pt}$  and  $199_{Au}$  with contributions from the 77 KeV and 99 KeV gamma of  $^{\circ}$  197 Pt and  195m  Pt, respectively. The second largest peak at 159 KeV is due to Au and the third peak at about 200 KeV is due Au (208 KeV) and Pt (191 KeV). Extraction of the radiogold results in the spectrum shown in Figure Residual radiogold in the aqueous phase ( 5 ) is likely due to 86. the slightly reduced extraction efficiencies using carrier free conditions. Thus, the X-ray peak is responsible for the vast majority of useable photons from the decay of platinum radioisotopes produced from thermal neutron irradiation. The relative isotope composition of this isotope peak (calculated from literature data) indicates that  191 Pt contributes almost 80% of the observed X-rays with the rest due to  193m  Pt and  197  Pt. Verification of this composition was obtained by stripping the observed decay curve (Figure 9b), indicating the majority of activity is due to isotopes with half-lives corresponding to ¹⁹¹ Pt (3.0 d), ^{195m} Pt (4.0 d) and ¹⁹⁷ Pt (18.3 hrs).

Use of the X-ray peak for counting purposes necessitates the removal of  199 Au from the preparation since it generates Hg X-rays with fair abundance (17%). Since the useable X-ray peak is of multiple isotope composition, the decay correction is not easily calculated empirically. Thus, counts generated in this peak from test samples were correlated to standards counted before and after each sample and corrected to a common value.

b) Liquid scintillation counting: A second approach to detection

132 🔨

1



Figure 8. Relative Nal(T1) detector gamma spectrum of radiolabeled cis-platinum (a) before and (b) after radiogold (Au-199) separation.



Figure 9. Resolved decay curves of radiolabeled cis-platinum measured by (a) liquid scintillation counting and (b) gamma counting of the X-ray peak.

of the labeled compound via liquid scintillation (LS) was also The platinum radioisotopes produced in the reactor investigated. which have useful half-lives all decay with the particle emissions, either as  $\beta^{-}$  particles (¹⁹⁷Pt) and/or conversion electrons (¹⁹¹Pt, 193m_{Pt,} ^{195m}Pt, ¹⁹⁷Pt) of various energies (Table 13). These particles generate light photons (scintillations) within the fluor solution in which the sample is dissolved and are electronically detected by the LS instrument. The LS spectra of the irradiated compound is shown in Figure 10, with standard isotope samples recorded under the same conditions for comparison. At high particle energies the log scale produces considerable insensitivity and makes accurate energy determinations difficult. However, it appears that the cut-off energies of the spectra correspond to the expected  $\beta^-$  max energies. Decay curves of the observed LS data is shown in Figure 9a. Similar to the X-ray peak decay curve, these data confirm the presence of ¹⁹⁷ Pt and the three longer lived radioisotopes Pt, Ptas the source of the activity.

The LS counting proved to be a more efficient method for the detection of the labeled compound by a factor of 3-4, compared to X-ray peak counting. This is due to a combination of the greater number of countable emissions and the increased detection efficiency of the LS system for these emissions. ¹⁹⁹Au is also counted with high efficiency and cannot be distinguished from platinum radioisotopes via spectral analysis as in the case of the NaI(T1) detector where resolution of the X-ray and 159 KeV peaks is possible. Thus, residual ¹⁹⁹Au in the preparation would lead to improper tracer detection and erroneous sample counts. For this reason, gamma counting was deemed



Figure 10. Liquid scintillation spectra of (a) a standard mixture containing H-3, C-14, and Cs-137 ; radiolabeled cis-platinum (b) before and (c) after radiogold (Au-199) separation ; (d) radiogold Au-199.

to be the method of choice for counting labeled cis-platinum samples.

# B. Atomic Absorption Spectrometry

Atomic absorption spectrophotometry is based on the specific energy absorption of free atoms at highly characteristic wavelengths and has been used for the quantitative determination of almost all metals in the periodic table. Analytical methods for platinum by atomic absorption spectrophotometry were developed largely for ore and alloy analysis but have more recently been applied to biological samples.

Operating conditions for platinum determinations using the Perkin-Elmer 305B instrument were chosen using the manufacturer's recommendations. Simple buffered or salt solutions of cis-platinum were readily analyzed by standard procedures.

Samples containing a large proportion of organic material have been shown to generate anomalous readings due to the physical nature of the process. During the char phase, profuse smoking of this material occurs within the furnace which results in excessive non-atomic absorption during the proceeding atomization phase, and deuterium arc background correction becomes inadequate. Attempts to reduce this effect have taken the form of temperature adjustments using an available instrument accessory. In this way, more gradual temperature increases are possible, such that a sufficient time interval between the appearance of the smoke signal and the platinum signal eliminates any additive peaks. This method has been used for platinum analysis of human serum and urine^{618,619}.

Attempts to analyze other biological material have all focused on

sample digestion techniques proposed to eliminate the considerable matrix effects due to organic residue. Wet ashing of tissues with 70%  $HNO_3$  or  $HNO_3/HCIO_4$  combinations have been employed and a more recent technique utilizes total sample combustion. Exact conditions must be maintained in these procedures in order to ensure complete recovery of platinum and reproduceability of the assay. The detection limits by these methods have been estimated as about 100 ng/g (wet weight) of tissue⁶²⁰.

The analysis of platinum by atomic absorption spectrophotometry was utilized for simple aqueous solutions due to the ease and sensitivity of the procedure, however, we believed the development of a neutron activation analysis technique would be more suitable for biological tissue samples.

## C. Neutron Activation Analysis

Although flameless atomic absorption spectrophotometry was suitable for the analysis of platinum in simple solutions and the labeled compound would be useful for short term <u>in vitro</u> determinations, a method of detection which could quantitate relatively low levels of platinum in a complex biological matrix was sought.

The assay of platinum by neutron activation analysis is based on the production and selective isolation of radiogold. Thermal neutron activation of platinum results in the formation of eight radionuclides of platinum and a radiogold daughter via  198 Pt(n, $\gamma$ ) 199 Pt +  199 Au. The advantages of using this second order reaction product as the marker isotope for platinum analysis are numerous.  199 Au is produced in good

yields during irradiation and has a relatively long half-life which permits the conduct of post-irradiation radiochemical procedures after the decay of shorter-lived products and allows for extended counting intervals. It decays with adequate photon abundance of sufficient energy to be reliably counted above the numerous gamma emissions present at lower energies. The most important characteristic of this isotope for this application is that its chemical nature enables selective extraction from a host of interfering activated products. Also, a non-interfering long-lived radiogold isotope is commercially available (¹⁹⁵Au) to act as a tracer for the ¹⁹⁹Au extraction yield calculation. The important physical characteristics of these isotopes are shown in Table 14.

Table 14. Characteristics of radiogold isotopes used in the determination of platinum by neutron activation analysis³⁵⁰.

Measured Isotope	T1/2	Major Gamma Emis	sions
195 _{Au}	182.9 d		11 <b>%</b> 89%
199 Au	3.15 d	158.4 KeV 208.2 KeV	36.8% 7.7%

^{*}Although a variety of organic solvents are capable of efficiently extracting chloroaurates from aqueous solutions, the most specific are the dialkyl sulphides. Virtually no other metallic elements are co-extracted with gold under the appropriate conditions⁶²¹. Extraction efficiencies greater than 98% have been obtained from simple solutions using these agents and were found to be 139

\$ 0

relatively independent of acidity  $(0.1-6.0 \text{ M})^{622}$  and organic to aqueous solvent ratio ( $(20:1)^{623}$ . Recovery from digested biological material by this method is generally about 90% and the exact yield for each sample is calculated from ¹⁹⁵Au extraction measurements which are used for data correction.

There are numerous acidic mixtures capable of solubilizing organic material by oxidative degradation. Combinations of HNO3,  $HC10_4$  or  $H_2O_2$  with  $H_2SO_4$  have been used in this respect for the digestion of biological material. In each case, solubilization of a standard 100 mg sample of freeze dried plasma could be accomplished in a reasonable period of time (-2 hrs), however, the heating ⁴ requirements with respect to removal of residual oxidant and loss of radiogold during digestion were variable. Total removal of oxidant by the end of digestion was found to be necessary since the disulphide extractant is highly susceptible to oxidative degradation. Both HNO2 and HClO, form high boiling point azeotropes with residual water and thus high temperatures are required for their complete removal (these azeotropes boil at 120°C and 203°C, respectively)⁶¹⁰. This heat factor would not be prohibitive were it not for the observed loss of radiogold from digesting solutions of this compositions at these Significant losses (Table 15) were observed at temperatures. temperatures >110 °C and thus neither HNO₃ or HC10₄ (with H₂SO₄) were deemed suitable in this application. Although elemental gold is volatile at these temperatures, the losses observed after vapour collection and condensation indicate a soluble species and is likely due to simple loss of all solution components via the boiling process. The use of a peroxide- $H_2SO_4$  system provides for a low temperature

digestion process with total removal of residual oxidant by peroxide decomposition. The  $H_2SO_4$  provides the acidic medium necessary for the oxidation of gold to the Au(III) state by  $H_2O_2$  (gold is reduced to the metal by peroxide under alkaline conditions)⁶²⁴ and the subsequent addition of HCl serves to complex the oxidized gold forming the extractable product.

Table 15. Effect of temperature on radiogold loss during sample digestion in the determination of platinum by neutron activation analysis.

	۰ ۲	·	Percent ¹⁹	5 Au Lost (n=1	3)	<u> </u>
Temp	•		Duration	of Digestion	(hrs)	<u>-</u>
(°C)	1	1 1/2	2	3	6	18
83	1.1±0.4	-	-	0.8±0.3	1.2±0.8	1.6±0.6
110	· _	-	-	-	1.6±0.6	2.0±0.6
135	13.3±1.2	16.4±3.4	17.6±0.2	20.6±1.2	-	-
160	16.6±1.7	-	21.2±2.6	18.9±1.8	_ `	-( ))

The only detectable element co-extracted with radiogold by dibutyl sulphide under these conditions is radiobromine  $\binom{82}{8}$ Br). The high affinity of bromine for such solvents is confirmed by its presence in many reagent grade synthetic dialkyl sulphides⁶²⁵. The results of adding carrier NaBr prior to sample digestion is shown in Table 16. The purpose of the NaBr was to act as a carrier for the compobromide  $\binom{82}{8}$ Br⁻ to radiobromine  $\binom{82}{8}$ Br₂ under these high additions and the evolution of the gaseous product

5%

from the hot solution. The addition of 200 mg and 500 mg NaBr results in a 95% and 99% reduction in radiobromine extraction respectively, and both appear to increase the variability of radiogold extraction possibly due to the variable formation and extraction of  $AuBr_4$ . If the 500 mg level, NaBr also reduces radiogold extraction and thus 200 mg NaBr was chosen to minimize radiobromine breakthough and maintain the high radiogold extraction efficiency.

Table 16. Effect of carrier NaBr on radiobromine and radiogold extraction in the determination of platinum by neutron activation analysis.

	Extraction Efficiency (%) (n=3)			
	195 _{Au}	82 _{Br}		
Còntrol (no NaBr)	87.4 ± 1.1	7.6 ± 1.0		
200 mg NaBr	85.5 ± 10.7	$0.4 \pm 0.1$		
500 mg NaBr	73.9 ± 8.6	0.1 ± 0.1		

The activation of calcium, which is endogenous to many biological samples, leads to the second order formation of  47 Sc. This daughter decays with the emission of a 159 KeV gamma which would be counted under the 158 KeV photopeak of  199 Au. However, trials with spiked calcium samples showed that neither  47 Ca nor  47 Sc appeared in the sample extract (verifying the specificity of the extraction). The large burn-up cross-section of  198 Au allows for the production of  199 Au in the absence of any platinum in the sample. However, using

irradiation conditions of  $1.1 \times 10^{13} \text{ n.cm}^{-2} \cdot \text{sec}^{-1}$ , the  $^{199}\text{Au}/^{198}\text{Au}$ ratio has been found to be less than  $2\%^{626}$  and no  $^{199}\text{Au}$  activity was observed by this reaction even in high activity  $^{198}\text{Au}$  samples and thus no correction was necessary in this case. The presence of any of the numerous other radionuclides with gamma emissions of comparable energy to the measured peaks of  $^{195}\text{Au}$  or  $^{199}\text{Au}$  could not be demonstrated to be present by analysis of the sample extract spectra and half-life considerations.

This post-irradiation solvent extraction technique effectively separates the radiogold from the vast amount of background activity, which is almost exclusively ²⁴Na, induced in the biological sample. The total process can be carried out in a well shielded fume hood to minimize personnel radiation exposure. Analyte loss due to handling and transfer have been eliminated by utilizing filter paper sample containers which are irradiated and digested together with the sample, and by conducting the whole process in a single test tube. The method readily lends itself to rapid batch analysis because it is convenient to digest numerous samples simultaneously. A dozen samples were easily processed in less than 2 hours. The calculated detection parameters indicate that approximately 60 ng of platinum can be reliably quantitated in a biological matrix using the above technique⁶²⁷.

## D. Summary

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Three methods were evaluated for the detection of platinum from cis-platinum. The labeléd compound was best prepared by direct bombardment of cis-platinum but the material suffered from low

specific activity and a rather inefficient counting situation. This method of detection of cis-platinum would have been most useful for dual label binding studies with ⁶⁷Ga but low activity and crossover would remain obstacles. The determination of platinum by neutron activation analysis was developed into a relatively simple and sensitive technique. It required sample preparation, reactor access, a decay period, an extraction process and sample counting time before results could be obtained. It would be the method of choice for low level detection of platinum in complex biological samples such as tissues. Atomic absorption spectrometry was best suited to the rapid analysis of simple solutions of moderate platinum concentration. Thus, it was the method of choice for the determination of platinum binding to transferrin in light of the presence of such conditions.

# III. The Effects of cis-Platinum on the Biological Behavior of $67_{Ga-citrate}$

# A. Initial Observations on the Effects of cis-Platinum on $67_{Ga-citrate}$ Distribution in the Rat

The effects of cis-platinum treatment using a typical human dosage schedule on the tissue distribution of a subsequently administered injection of Ga-citrate was evaluated initially using the rat as the in vivo model. The observed tissue-to-blood concentration ratio of Ga for several major organs at various times after tracer injection are shown in Figure lla-e. In the control animals, the ratio increases for a period of about 3 days and appears to reach a steady-state after this time. Data from animals treated with cis-platinum produced_ratios which continued to increase even after 3 days, until at 7 days post 67 Ga-citrate injection the concentration ratios were significantly greater than control values. This effect was observed in most tissues examined, indicating a general pattern for this somewhat slow developing consequence of cis-platinum treatment. The second difference between control and treated animals occurred at the shortest time period studied. The tissue concentration ratio at 3 hours was higher than control values after cis-platinum treatment in all tissues where the difference was significant. Thus, the observed effect of cis-platinum treatment could be summarized in terms of an early and late consequence, both of which tend to increase the tissue-to-blood concentration ratios of  67 Ga in the rat. This is readily observed by the summary of data given in Table 17.

In this study,  67 Ga-citrate was administered concurrent with the



Figure 11a. Selected tissue to blood ratios of Ga-67 in control (  $\cdot$  ) and cis-platinum treated (O) Sprague-Dawley rats at various times after Ga-67 citrate administration. (only the mean values of 2-4 animals are shown; statistical significance is indicated by *p < 0.05; **p < 0.01 )



A.

40.

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Ratios







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,		Level 8	of signi group in s	ficance unpaired	relative t test	to con (n=2-4)	trol
Tissue	3 hr	6 hr	12 hr	24 hr	48 hr	72 hr	168 hr
Bone	_	-	_	-	-		p ∢ 0.05 (+)
Heart	p < 0.005 (+)	-		_		-	p ( 0.005 (+)
Large Intestine	-	-	-	-		_	_
Small Intestine	p ≤ 0.0025 (+)	-	-	-	_	-	p < 0.025 (+)
Kidney	p < 0.01 (+)				, <b>e</b> -	_	p < 0.05 (+)
Liver	p < 0.005 (+)	-	_			-	p < 0.05 (+)
Lung	p < 0.025 (+)		-	-	-		_
luscle	-	_	с	-		-	_
pleen	-	-		_	-	-	p < 0.05 (+)
tomach	p ≼ 0.01 (+)	- v		- >	. –	_ ·	p < 0.05 (+)

Table 17. Summary of the effect of cis-platinum treatment on the tissue-to-blood ratios* of  67 Ga in Sprague Dawley rats at various times after  67 Ga-citrate administration.

* cpm per gram of tissue divided by cpm per ml of blood Note: (+) indicates cis-platinum increased ratio last daily dose of cis-platinum on the fifth day of the treatment schedule. The early changes may thus represent an immediate effect of cis-platinum on the initial tissue uptake and excretion of the tracer mediated by a protein binding interaction. If cis-platinum was inhibiting the plasma protein binding of  67 Ga more unbound tracer would be available for clearance from the blood either by excretion processes or tissue uptake, both of which would account for the observed data. This was postulated to be due to a similar consequence to that caused by stable gallium, scandium, or iron administration, all of which cause rapid blood clearance of the tracer via renal excretion 391,392,416.

The increased concentration ratios observed one week after  67 Ga administration likely represent the long term effects of cis-platinum treatment on physiological function in the rat. Apparent kidney damage was observed in all rats sacrificed at this time period in concert with the known renal toxicity of the compound. Thus, impaired  67 Ga elimination by this route should lead to reduced blood clearance and decreased ratios. However, it may be that in the absence of sufficient competition from excretion processes, tissue uptake is also enhanced and to a greater extent relative to blood clearance depression.

This initial study in rats clearly demonstrated an effect of cis-platinum upon  67 Ga localization. However, it did not differentiate the effects of tissue concentration changes from those of the blodd since the results could only be expressed a tissue-to-blood ratios. These two factors may balance one another at later time periods such that no significant differences could be observed from

3-72 hours. More importantly, these studies established that there may be two time ranges where this interaction is significant. ⁶⁷Ga-citrate biodistribution was influenced by cis-platinum shortly after the two agents were injected almost simultaneously on the fifth day of treatment, suggesting an immediate effect possibly due to a protein binding alteration. Tracer biodistribution was also changed after a much longer time frame which suggested the developing effects of the total drug dose were involved.

Attention was subsequently directed to further investigate these phases of the cis-platinum  67 Ga-citrate interaction.

# B. In Vitro Protein Binding Analysis

Several experiments were planned to study the effects of cis-platinum and a related platinum compound  $(K_2PtCl_4)$  on the ability of transferrin and serum to bind  ${}^{67}Ga$ -citrate, since any disturbance in this reaction could account for the observed early effects. Prior to an analysis of the results of these studies, a discussion on the methodology employed and the problems encountered will be presented.

# 1. Methodological Aspects

Several techniques were investigated in relation to their ability to efficiently separate the free from protein bound  ${}^{67}Ga$ activity. A method was sought that satisfied several conditions including ease of analysis, minimum degree of non-specific binding and reproduceability. It was hoped that correlation between specific methods could be developed, such that results could be verified by another method. The suitability of the proposed methods was therefore

investigated.

Ultrafiltration: Comparison of the dry cone weight and the weight after a distilled water pre-soak followed by centrifugation showed that less than 30 µl of water remained in the cones at this time which represents a dead volume. The first ultrafiltrate of the test solution was discarded in order to further minimize errors associated with dilution of the ultrafiltrate with residual cone An inherent problem of small volume ultrafiltration is the water. determination of exact operating conditions. Only a small amount of ultrafiltrate (assumed to be free from dilution errors) should be collected so that the total volume inside the cone is not significantly affected. If a large volume is filtered, the protein concentration in the test solution is increased and since the degree of binding is concentration dependent, errors may occur. Usually, if less than 10% of the initial volume is collected, these errors can be neglected⁶²⁸.

The cones were also checked for non-specific binding of  67 Ga formulations, with the results shown in Table 18. There is a wide variation among individual cones in terms of their ability to retain  67 Ga solution in the absence of protein. Even the same cone showed different values on separate occasions. This makes the accurate determination of control values very difficult. The high absolute binding of both  67 GaCl₃ and  67 Ga-citrate in buffer to the cone components is a second deterrent to their use. Binding to added proteins must be sufficiently high to make this non-specific interaction insignificant. Others have since reported this problem of a high degree of uncertainty using this method and the cones were

generally used in situations where the expected bound activity would be high⁶²⁹. However, this method has the distinct advantage of a very short analysis time.

Table 18. Nonspecific binding of  67 Ga to ultrafiltration cones.+

67 Ga compound	² ⁶⁷ Ga bound to cone in absence of transferrin (mean [±] s.d.; ħ=12)	range	~\$
67 _{GaCl} 3	29 ± 6.1	18-50	
⁶⁷ Ga-citrate	24 ± 4.2	13-51	

+ Amicon CF-25

* in buffered saline

Dialysis: The dialysis technique tested utilized a self-contained unit which allowed easy access to both compartments of the system and was readily amenable to procedures to aid the equilibration process such as shaking or rotating the sample units. Comparative analysis of ⁶⁷Ga bound to transferrin during several trial experiments is shown in Table 19. The bound fraction, as determined by G-50 gel chromatography was collected in each case and an aliquot was subjected to dialysis. The results show a drastic decrease in the percent bound as measured by dialysis. Similarly, it has also been found that when compared to ultrafiltration, dialysis tends to overestimate the free  67 Ga activity³⁸⁴. This is likely a consequence of dissociation of the 67 Ga-transferrin complex under the conditions of large volume dilution with a dialysing buffer for extended periods Phosphate buffer was specifically avoided because it has of time. been shown to cause almost complete removal of ⁶⁷Ga from its

transferrin binding sites during dialysis procedures³⁸⁶.

 $^{\circ}$ 

The temperature at which the system is equilibrated also affects the observed degree of protein binding. Dialysis performed in the cold (4°C) showed a significantly greater percent bound (35%) compared to those systems equilibrated at physiological temperature  $(2\%)^{629}$ .

<u>Gel chromatography</u>: The principles of gel chromatography have been fully explained in relation to their ability to separate macromolecules from low molecular weight components, and thus, protein bound and free  67 Ga could be easily separated using such a system.

Artifacts due to the separation of free  67 Ga from serum proteins by this method have also been reported. Generally when serum samples are analyzed by both dialysis and gel chromatography, a significantly higher degree of binding was measured by dialysis  377 , which is supported by the data in Table 19. In addition, when the bound fraction of an initial gel chromatographic separation was passed through the column a second time less than half the original percent binding was observed  363 . Both of these results have been attributed to an interaction of the gel with the  67 Ga-transferrin complex causing dissociation. This may also be related to a buffer interaction or dilution effect observed for the dialysed samples since, a similar pattern of reduced binding subsequent to an initial separation is shown in Table 19. This type of explanation would account for the apparently anomalous results shown for both dialysis and gel chromatography.

The relative ease of sample analysis by the gel chromatography system utilizing the almost totally automatic segaration system described earlier made this method very convenient. 156

Thus, it was found that ultrafiltration of samples could not be reliably used to determine the extent of binding of  67 Ga to transferrin, even though the inherent problems could be overcome. Both gel chromatography and dialysis could be reliably used in themselves as a relative measure of binding although absolute determinations could not be obtained.

Table 19. Comparison of  67 Ga binding to transferrin as measuced by gel chromatography and dialysis.

·)

· · · · · · ·	% Bound as determine	•
ample	Gel Chromatography	Dialysis+
1	> 98	10.7
2	> 98	10.7
3	> 98	10.3

* Collection of bound fraction

+ Bound fraction of gel chromatography subjected to dialysis for 24_hours

3.0
3.
像
65

_		% Bound as determined by Dialysis+ Gel Chromatography*				
Sample		Dialysis+		Gel C	hromatography*	
	63		<u></u>	1		
A	6.3	85.5			32.2	
зВ		82.3			31.9	
С	<b>^</b>	89.6		٣	38.8	
	· · · · · · · · · · · · · · · · · · ·	•	· ` .			

- + Calculated from observed degree of protein binding by dialysis method
- * Gel chromatography of dialysed sample
# 2. Effects of Platinum Compounds on the Binding of ⁶⁷Ga-citrate to Transferrin and Whole Sera in vitro.

The possible effects of the presence of either of two platinum compounds on the observed association of  67 Ga to transferrin was studied by means of an <u>in vitro</u> incubation system. Both dialysis and gel chromatography were utilized as separation techniques for individual experiments. The experimental protocol in the dialysis study was designed to observe the magnitude of this interaction after a short incubation period and with a high platinum to transferrin ratio in the solution. In subsequent gel chromatography experiments, this design was expanded to include different anion systems with analysis of both  67 Ga and platinum binding over extended, periods. There is no apparent effect of cis-platinum on  67 Ga binding over time periods up to 90 minutes at low platinum to transferrin ratios 630 .

The incubation of ⁶⁷Ga and platinum reagents with an excess of one of the anion solutions allows for the possibility of metal-complex formation and subsequent binding to transferrin in the specific metal binding sites. It has been shown that many metal ions require these anions for specific binding to occur. For example, in the absence of these agents ferric salts bind non-specifically and tightly to transferrin and only slowly move to the specific sites⁶³¹. NTA was chosen as a representative of the highly effective <u>in vitro</u> agents while the citrate/bicarbonate system would be closely related to the in vivo situation.

The chloride ion concentration and pH of the buffer were adjusted to near physiological plasma levels to approximate <u>in vivo</u> conditions.

The reactivity of these platinum compounds in aqueous buffered solutions is complicated by the formation of numerous aquated and hydroxo species, while  67 Ga-chloride may be expected to form various hydroxides, both of which will influence the rate and extent of the cumulative binding process. In addition, buffer competitive effects may also play a role in the observed association of  67 Ga and both platinum compounds with transferrin 632 .

The reagent concentrations and other conditions for the dialysis study are summarized in Table 7. The results of  67 Ga binding to transferrin compared to its binding in the presence of cis-platinum or K₂PtCl₄ is shown in Figure 12, and are expressed as the comparative percent bound. It is apparent that K₂PtCl₄ significantly reduces  67 Ga binding to transferrin whereas in the presence of cis-platinum no significant difference was observed. The magnitude of the K₂PtCl₄ effect is an approximate 30% reduction in  67 Ga binding during the 24 hour incubation period at an initial platinum to transferrin ratio of 200 to 1. These initial results of a platinum induced decrease in  67 Ga association with transferrin initiated further studies of this effect.

The gel chromatographic experiments utilized similar conditions (Table 7) and a second anion system with additional analysis of platinum binding. Both cis-platinum and  $K_2PtGl_4$  are observed to associate with transferrin in the presence of either the citrate/bicarbonate or the NTA anions (Figure 13). Cis-platinum was bound 3-4 times less than  $K_2PtCl_4$  which is reflected in the percent bound value. No significant differences were observed for each compound with respect to a preference for one of the anion systems,





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Figure 13. Relative binding of platinum from cis-platinum (cPt) and  $K_2PtCl_4$  in buffered salines in the presence of (a) NTA anions and (b)  $HCO_3^-/citrate$  anions. Separation by gel chromatography. (mean  $\pm$  s.d.)

even though anion concentrations varied greatly between the two systems. This may be related to a lack of platinum-anion interaction such that the protein binding would be independent of the anion and non-specific in nature.  67 Ga binding showed a definite preference for the citrate/bicarbonate system with an increase by a factor of two when compared to the case where NTA only was present. Bicarbonate has been shown to be a more efficient cofactor than NTA in terms of its ability to act synergistically in the cation binding process⁶³³, although it may also be related to the concentration of the anions.

The effect of cis-platinum and  $K_2PtCl_4$  on the observed  ${}^{67}Ga$ binding is presented in an analogous manner to the dialysis results in Figure 14. A significant difference between controls and platinum containing incubations was observed in both anion systems. This decrease was more significant in the case of the NTA anion and for  $K_2PtCl_4$  compared to cis-platinum. The reduction of  ${}^{67}Ga$  binding to transferrin relative to control reflects these differences (Figure 14a).

The best comparison of the effects of platinum binding on the association of  67 Ga with transferrin is shown in Figure 15, where the calculated number of platinum atoms bound per transferrin atom is plotted versus the observed percent of  67 Ga binding relative to controls. These graphs suggest a relationship between the data such that as platinum binding increases the relative  67 Ga binding decreases. At about four bound platinum molecules per transferrin  67 Ga binding is reduced to -40% (Figure 15) and if one assumes one platinum molecule displaces one  67 Ga atom then the number of  67 Ga atoms per

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Figure 14. Relative binding of Ga-67 to transferrin in buffered saline by the Ga-67 citrate control (C) and with the addition of cis-platinum (cPt) and  $K_2PtCl_4$  in the presence of various anions. (a) NTA anions ; (b)  $HCO_3^-$  /citrate anions. Separation by gel chromatograph ( mean t s.d. ; * p < 0.05; * * p < 0.01; n=5 )



Figure 15. Relationship between the calculated number of platinum atoms bound per transferrin molecule (from both cis-platinum and  $K_2PtCl_4$ ) and the percent binding of Ga-67 relative to controls. Conducted in buffered saline in the presence of (a) NTA anions and (b)  $HCO_3^-/$ citrate anions. Separation by gel chromatography. ( mean ±s.d. of each determination ) 164

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transferrin molecule. It has been reported that transferrin has 14 binding sites per molecule for colloidal gallium citrate based on thermodynamic calculations³⁸¹, while conductometric studies indicate about 20 binding sites for the hydrated Ga(III) ion⁴⁰⁵.

The tetrachloroplatinite anion  $(PtCl_4^{-2})$  is generally bound to the periphery of proteins with sulphur groups and nitrogen bases being the main centres of attachment⁶³⁴, and we would expect a similar pattern for cis-platinum. Since the anion is charged, the observed increased binding of  $K_2PtCl_4$  may be due to additional electrostatic interactions or to the availability of more labile ligands compared to cis-platinum.

A wide variety of metal cations have been shown to bind specifically to human transferrin, including most of the period 4 metals, as well as several of the lanthanide and actinide series¹⁷. The binding of heavy metals of Group VIII of the periodic table, such as platinum have not been investigated in detail. The results presented here suggest the association of cis-platinum with transferrin may be nonspecific in nature under these conditions since the saturation value of two platinum atoms bound per protein molecule This may be due to some residual iron in the is not observed. specific sites or because the strongly complexed ammine ligands preclude such an association. In the case of K2PtCl4, specific and non-specific binding may be occurring because more than two atoms of platinum were observed to bind per transferrin molecule. In light of the preferred attachment sites and reactivity of this molecule, it seems unlikely it would preferentially seek out the tyrosine ligands which are implicated as the specific metal binding ligands of

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transferrin. However, in both cases a reduction in the binding of  67 Ga was observed such that if specific binding was assumed for  67 Ga then some degree of specific binding of both platinum compounds could be concluded. A claim of specific platinum binding to transferrin has been reported for K₂PtCl₄ in a similar <u>in vitro</u> study⁶³⁵. Alternately, the platinum could be affecting the conformation of the specific binding sites causing a physical hindrance. Also, since it appears  67 Ga is bound to more than just the specific sites, the platinum may be displacing it from these sites.

In light of these results with fsolated transferrin solutions, we might expect cis-platinum to similarly affect ⁶⁷Ga-citrate binding in whole sera. However, the data in Table 20 indicates this is not the case, in spite of the fact that the concentrations of platinum reagents used were several orders of magnitude greater than those expected in vivo. Radiolabeled cis-platinum studies under identical conditions showed that by 72 hours 60-70% of cis-platinum was bound yet at no time was interference with Ga-citrate binding observed. Even when either cis-platinum or K₂PtCl₄ was pre-incubated with serum for 24 hours, which would maximize platinum binding, no decrease in ⁶⁷Ga-citrate binding could be detected. Cis-platinum is bound to a variety of proteins including globulin, albumin and transferrin in serum^{50,51,53} but albumin accounts for the greatest majority⁶⁰. The reactivity of both platinum compounds suggests no specific binding to transferrin takes place when other high affinity or high capacity proteins such as albumin are present? Thus although the drug is capable of binding to human transferrin, this appears to be of a non-specific nature with no preference for this protein in vivo. Any

in vivo modifications of  67 Ga protein binding must be due to another mechanism rather than direct displacement.

Table 20. Effect of cis-platinum and  $K_2PtCl_4$  on the <u>in vitro</u> serum binding of  ${}^{67}Ga$ -citrate.

Incubation duration (hours)	Duration of dialysis* (hours)	to c	oound relative control† s.d.; n=3)	% cis-platinum bound** (mean ± s.d.; n=3)
0		+ cis-Pt	+K ₂ PtCl ₄	
	16	102.2 ± 4.7		· _
	24	-	-	$32.0 \pm 1.7$
	24 28	99.5 ±3.9	-	$48.4 \pm 10.4$
	60	101.1 ± 5.4	_	_
	72	- `	, <del>-</del>	$66.4 \pm 6.1$
24	O			•
	24	$104.2 \pm 5.4$	98.9 ± 3.2	- *
•	48	$101.1 \pm 2.9$	$99.2 \pm 3.3$	
e '	118	$101.6 \pm 4.9$	$105.2 \pm 4.8$	<b>-</b> ·

* In addition to incubation duration

f ⁶⁷Ga bound with platinum/⁶⁷Ga bound without plat ** radiolabeled cis-platinum prepared by direct activation

#### C. Mice Studies

### 1. Drug Combination Study

Cis-platinum is rarely administered as a single agent and, in fact, the initial clinical observations of unusual  67 Ga-citrate images after cis-platinum treatment were made in patients who were also receiving vinblastine, bleomycin and doxorubicin. Although the possibility that cis-platinum was largely responsible for the altered biodistribution of the tracer prompted this work, a study was conducted with mice to evaluate the effects of the total drug combination on  67 Ga-citrate localization before proceeding to other animal investigations.

The doses of each agent employed was based on the standard testicular cancer regimen employed in stage 3 non-seminoma patients. Only the single daily dose for each drug was used in cases where the drugs would normally be given several consecutive days. Human doses were scaled down appropriately for the mouse model based on the relative body surface areas of the two species, which has been shown to adequately approximate an equivalent toxic response636.

The effect of such combinations on the 3 hour distribution of  67 Ga-citrate is shown in Figure 16. At this time, there is a significant decrease in the  67 Ga localization in bone, tumor, stomach, large intestine, heart and blood and a significant increase in the kidney uptake for both the 3 drug [vinblastine, adriamycin and bleomycin (VAB)] and the 4 drug [vinblastine, adriamycin, bleomycin and cis-platinum (VAB cPt)] combinations. Cis-platinum treatment alone showed a significant but less dramatic decrease only in bone and large intestine. This general lack of effect at this time period



Figure 16a. Study of the effects of Vinblastine, Adriamycin, and Bleomycin (VAB); Vinblastine, Adriamycin, Bleomycin, and cis-platinum (VAB cPt); and cis-platinum (cPt) treatment on the 3 hour tissue distribution of Ga-67 citrate in RI lymphoma bearing CBA/CAJ mice compared to contols (C). (mean  $\pm$  s.d.;  $\pm p < 0.05$ ;  $\pm p < 0.01$ ; n=4-6)

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Figure 16b. Study of the effects of Vinblastine, Adriamycin, and Bleomycin (VAB); Vinblastine, Adriamycin, Bleomycin, and cis-platinum (VAB cPt); and cis-platinum (cPt) treatment on the 3 hour tissue distribution of Ga-67 citrate in R4 lymphoma bearing CBA/CAJ mice compared to controls (C). (mean  $\pm$  s.d.;  $\pm p \le 0.05$ ;  $\pm p \le 0.01$ ; n=4-6) 1.70

supports the conclusion of the binding studies that acute dosing should not drastically affect the short term distribution of  67 Ga-citrate. In the VAB and VAB cPt treated groups, the noticeable increase in kidney levels of the tracer indicate the possible induction of rapid diuresis or an inflammatory response which made less tracer available for tissue incorporation and generally reduced all normal tissue uptake processes.

By 48 hours after drugs and tracer injection, only stomach, small intestine and blood continue to show significantly less uptake in the VAB and VAB cPt treated groups, while only blood levels were 'reduced in the cPt treated animals (Figure 17). The gastrointestinal effects at 48 hours in the drug combination treated groups are likely related to local irritation and denudation caused by these agents, the physical results of which were observed in these animals. Reduced blood levels in these groups are likely related to the early effects, but were not expected in the cis-platinum group.

This study serves to illustrate that the immediate effects of VAB combination drug treatment are substantially different from those of cis-platinum and that acute dosing results in only slight changes in  67 Ga-citrate localization after longer distribution phases. Although the individual drugs given as single therapeutic doses may alter  67 Ga-citrate localization, the ability  18 -platinum to produce characteristic effects after cumulative doses may present a similar model by which many toxic chemotherapeutic agents act in altering the physiological handling of  67 Ga-citrate.



Figure 17a. Study of the effects of Vinblastine, Adriamycin, and Bleomycin (VAB); Vinblastine, Adriamycin, Bleomycin, and cis-platinum (VAB cPt); and cis-platinum (cPt) treatment on the 48 hour tissue distribution of Ga-67 citrate in RI lymphoma bearing CBA/CAJ mice compared to controls (C). (mean  $\pm$  s.d.  $\pm$ *p<0.05;**p<0.01; n=4-6)



Figure 17b. Study of the effects of Vinblastine, Adriamycin, and Bleomycin (VAB); Vinblastine, Adriamycin, Bleomycin, and cis-platinum (VAB cPt); and cis-platinum (cPt) treatment on the 48 hour tissue distribution of Ga-67 citrate in RI lymphoma bearing CBA/CAJ mice compared to controls (C). (mean ts.d.; *p < 0.05; **p < 0.01; n=4-6)

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2. <u>Study of the Immediate and Delayed Effects of cis-Platinum</u> <u>Treatment on the Short Term Biodistribution of</u> ⁶⁷Ga-citrate.

The protein binding experiments established that although cis-platinum slowly reacts with human transferrin in solution, it does not affect  $\frac{67}{3}$  Ga-citrate binding to normal human sera in vitro. Thus, an acute dose of cis-platinum would not be expected to alter the short term biodistribution of Ga-citrate via a direct interaction. However, cumulative doses of the drug and its consequences may be responsible for the short term change that was evident in the initial study in rats. This possibility was tested using the mouse model and a specific drug administration protocol. Each group of treated mice received 5 mg/kg of cis-platinum by intravenous injection with ⁶⁷Ga-citrate and some (10,15 and 20 mg/kg cumulative dose groups) previously received additional 5 mg/kg intraperitoneal injections of cis-platinum (one, two and three respectively) at two day intervals, resulting in successively higher cumulative doses. The short term (3 hours) distribution of  67 Ga-citrate after such a regimen is shown in Figure 18. All the tissues examined, with the exception of liver and spleen, show no changes in uptake after the co-administration of cis-platinum. However, after at least one pretreatment with the drug an increased accumulation of the tracer was noted in virtually all tissues. Higher cumulative cis-platinum generally results in greater uptake but it is apparently not a strict function of dose. Another report dealing with the effects of cis-platinum on the biodistribution of  67 Ga-citrate in mice are difficult to compare to these results due to differences in the injection schedule. However, in the most comparable situation, it was observed that blood, spleen and liver



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relative to the control group (0 mg/kg). (*mean 1 s.d. ; * p < 0.05; ** p < 0.01; n=4-6 ) levels were reduced after cis-platinum treatment⁶³⁷. This is in contrast to the results presented here and may be related to the inclusion of mannitol in the injection of cls-platinum used in the other studies, which lessens the overall toxicity of the drug, and may hasten the elimination of subsequently administered  67 Ga-citrate. The cumulative dosing schedule also allows the development of cis-platinum toxicities, which may include anorexia. This factor has previously been shown to increase tissue' levels of  67 Ga in liver, spleen, bone marrow and kidneys  486  as was demonstrated here.

Blood levels are not significantly different from control values and thus we would expect increased tissue uptake to be reflected as an increased tissue-to-blood ratio. These data are presented in Table 21. Again, the lack of immediate effects of cis-platinum on  67 Ga-citrate localization can be observed as well as a general increase in tissue-to-blood ratios after at least one drug pretreatment. Cases where no significant difference between control and treated groups was apparent in these data compared to the percent of the dose per gram data indicate slight changes in blood values can offset tissue concentration changes and that the larger error and small number statistics associated with these figures make interpretation more difficult. However, in most cases (75%) the relative tissue uptake pattern was the same for both methods of data handling.

These results offer <u>in vivo</u> support for the serum binding studies and substantiate that the early effect of cis-platinum on  67 Ga-citrate localization observed in the rat study was due to previously injected drug doses. In light of the nonspecific increase in tissue uptake of the tracer, it is likely due to a cis-platinum induced renal toxicity, which takes 2 - 3 days to develop³⁰³, and which may be preventing normal urinary excretion and allowing greater tissue accumulation to proceed.

The three hour distribution of cis-platinum after a single 5 mg/kg dose in a similar group of mice was assessed using the radiolabeled compound. As shown in Table 22, the compound shows no. large preference for any tissue at this time, although the highest levels are observed in the kidney, bone and liver with relatively little in the muscle. Thus, the drug is present to some degree in all tissues at this time and its lack of effect on  67 Ga-citrate distribution after a co-administered dose cannot be argued on the basis of specific localization. However, the biochemical consequences of such deposition may ultimately be responsible for individual tissue changes in  67 Ga uptake.

Table 21. Effect of cumulative amounts of cis platinum on the three hour tissue-to-blood ratios (% dose per gram tissue/% dose per gram blood) of ⁶⁷Ga in CBA/CAJ mice.

Tissue	0	k 5	10	15	20	Level of sig *
heart	0.28±0.03	0.28±0.04	0.31±0.03	tt 0.34±0.04	¢† 0.33±0.03	p<0.005
lungs	0.52±0.03	0.50±0.04	0.63±0.10	tt 0.66±0.06	†† 0.82±0.09	p≤0.005
liver	0.52±0.04	0.52±0.02	tt 0.62±0.04	0.48±0.03	tt 0.65±0.04	p<0.005
blood y	1.00	1.00	1.00	1.00	1.00	••••••••••••••••••••••••••••••••••••••
stomach	0.31±0.01	0.31±0.03	tt 0.49±0.07	tt 0.42±0.06	11 0.51±0.08	p<0.005
spleen	0.26±0.04	0.30±0.02	tt 0.34±0.01	0.29±0.01	tt 0.42±0.07	p<0.005
muscle	0.15±0.02	0.12±0.15	0.16±0.02	0.16±0.03	0.17±0.04	N.S:
Small Intesti	0.40±0.04 ne	0.33±0.06	0.46±0.05	0.44±0.05	tt 0.54±0.12	p<0.005
Large Intestin	0.49±0.07 ne	0.39±0.06	tt 0.80±0.21	•0.60±0.08	tt. 0.86±0.25	p<0.005
cidney	6.77±0.08	0.60±0.03	† 0.91±0.07	0.76±0.07	tt 1.03±0.18	p<0.005
oone	1.38±0.03	0.89±0.14	1.21±0.37	1.13±0.18	ft 2.02±0.74	p<0.005

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Table 22.

2. Tissue distribution of radiolabeled cis-platinum* in CBA/CAJ mice three hours after intravenous injection.

heart	lungs	liver	blood	stomach
1.90 ±0.19	2,23 ± 0.25	2.74 ± 0.78	1.52 ± 0.34	1.45 ± 0.39
spleen	muscle	gut	kidney	bone
1.83 ± 0.56	0.59 ± 0.08	1.17 ± 0.21	3.62 ± 0.94	2.37 ± 0.52
9				

† % dose per gram of tissue; n=4
* prepared by direct activation method

## D. <u>Effect of cis-Platinum Treatment on the Biological Behavior of</u> 67 <u>Ga-citrate in New Zealand White Rabbits</u>.

#### Study Design

1.

New Zealand White rabbits were chosen as the biological model for a more comprehensive study of the effects of cis-platinum treatment on the <u>in vivo</u> behavior of  67 Ga-citrate. These animals were routinely available, readily housed and cared for and generally easily handled. They are large enough to allow for repetitive blood sampling and quantitative gamma camera imaging, such that a more complete assessment of individual animal status and  67 Ga behavior could be accomplished. The time schedule for the measurement of, several aspects of the behavior of  67 Ga in rabbits and some other pertinent parameters is shown in Figure 19.

The dosage and treatment schedule of cis-platinum in this study is comparable to a common human regimen -  $20 \text{ mg/m}^2$  daily for five days. This translates to about 0.5 mg/kg th humans for five days and represents a low to medium toxic dose in dogs²⁵⁴. Unlike the human protocol, which calls for combinations of hydration and diuretics, these animals received no adjuncts.

 67 Ga-citrate was administered to treated animals five days after completion of this dosage schedule. During this period, some of the slow developing toxic reactions to the drug may be manifested and could be related to possible alterations in  67 Ga-citrate behavior. Earlier studies <u>in vivo</u> indicated the acute administration of the drug had no effect on tracer biodistribution unless dosing was separated by some period of time. In addition, this delayed administration of  67 Ga-citrate would more closely parallel the expected clinical



14 days "▲ •'Ga

B. Gis-platinum treatment phase

0	7.	14	21 21	3.5	days
	• • •		A		
		cPt	•7Ga		

	Time of measurement during phase:		
Ga-67 Behavior	<b>A.</b>	Β.	
Serum protein binding	7,9	23,26	
Blood clearance	7-14	23-30	
Whole body elimination	7-14	23-30	
Urinary excretion	7-14 >	23-30	
Fecal excretion	7-14	23-30	
Urinary disposition Whole body localization	8	24	
* gamma camera imaging	7,8,9	23,24,25	
-tissue'sampling	* 9	25	

Related parameters

Serum creatinine 5 9,13,21 Serum iron and TIBC 5 9,13,21 Hematocrit 9,13,21,29 Food and water consumption - 1-30	
Hematocrit - 9 13 21 29	
Food and water consumption	
Body weight - 9,14,46,19,21,21	4
Kidney pathology 9 25,34	

Figure 19. Time schedule for the measurement of Ga-67 biological behavior and related parameters in rabbits.

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situation where patients would be more likely to receive both agents in a time frame similar to the one used in these studies.

### 2. <u>Serum Protein Binding</u>

The ability of  67 Ga-citrate to bind to serum proteins in vivo and in vitro was investigated using both the dialysis and gel chromatographic techniques for the separation of free and bound  67 Ga fractions.

The <u>in vivo</u> binding was studied by blood sampling at 3 and 48 hours after  67 Ga-citrate administration to a group of control and cis-platinum treated rabbits. The results are shown in Table 23. There are no significant differences in the serum protein binding between the two groups at 3 or 48 hours, measured by either technique. There is a wide variation in the dialysis determinations, and a small range for the gel chromatographic measurements, such that in both cases group differences cannot be identified.

A. Dialysis 1	results (3 hours	3)		
	mean ± s.d.	Percent Bound (n)	range	•
control rabbitș	15.8 ± 7.2	(3)	7.9'- 22.1	۰ ۱ ۱
cis-platinum treated rabbits	29.8 ± 25.3	(4)	10.3 - 66.1	
\$	<b>)</b>		1997 - A.	
B. Gel chroma	tographic resul	ts (3 hours)		•
B. Gel chroma control- rabbits	tographic resul 97.1 ± 1.2	ts (3 hours)	96.1 - 100	
control rabbits ⊄		•	96.1 - 100 93.1 - 100	
control rabbits cis-platinum treated rabbits	97.1 ± 1.2	,(4) (4)		
control rabbits cis-platinum treated rabbits	97.1 ± 1.2 96.7 ± 3.8	,(4) (4)		

The <u>in vitro</u> serum binding of  67 Ga-citrate was accomplished by sampling blood from the same rabbits before cis-platinum treatment and 24 hours after completion of treatment. These samples were incubated with  67 Ga-citrate for 3 hours before separation. As shown in Table 24, there is a definite increase in  67 Ga-citrate binding in post cis-platinum treatment serum in at least 3 of the rabbits. Using this paired <u>in vitro</u> comparison, it is apparent that  67 Ga-citrate more readily binds to serum from treated rabbits compared to pre-treatment

controls.			ч. - С С С С С С С С		
, p		· 1			
·		9			
Table 24. Protein bin incubation cis-platinu	with sera c	btained fr	after three om rabbits	e hours of before and a	after
	Percent rab	bound (mea birs desig	n ± s.d.) f nated by le	in individual etters	
A. Dialysis result:	S	L		,	
	A	В	С	D	
before cis-platinum treatment	8.1 ±1.3	10.8 ±0.4	10.7 ±0.8	11.3 ±0.8	
24 hours after cis- platinum treatment	31.3 ±4.3	24.3 ±2.0	¢ ² 11.4 ±0.8	53.9 ±8.5	
Gel chromatograp	bhic result	5		•	
pefore cís-platinum reatment	85.0	80.9	84.3	92.0	
24 hours after cis- platinum treatment	100	85.3	91.1	100	

This effect may be understood by analysis of the data in Table 25, which shows the serum iron parameters from the control and cis-platinum treated rabbits. There is a significant reduction (~25%) in serum iron and percent saturation between the two groups. Thus a drop in serum iron levels is reflected by a reduced saturation of serum transferrin and a greater ability to bind available  67 Ga.

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Parameter (units)	Control rabbits		Cis-platinum treated rabbits		
	mean ± s.d.	(n)	mean ± s.d.	(n)	
serum iron** ( ^µ mole/dl)	36.3 [±] 8.0	(14)	27.4 [±] 4.3	(8)	
TIBC (μmole/dl)	, 61.6 [±] 8.5	(15)	62.6 ± 10.0	(8)	
saturation* (percent)	56.0 ± 10.9	(14)	44.9 ± 9.5	(8)	
nematocrit (percent)	45 ± 3	(4)	44 ± 3	(4)	

Table 25. Serum iron parameters from control and cis-platinum treated rabbits.

** p < 0.025; * p < 0.05

TIBC = Total Iron Binding Capacity

The relationship between the percent binding of  $^{6/}$ Ga to serum proteins from the dialysis results and serum unsaturated iron binding capacity (UIBC) calculated from the iron parameters is shown in Figure In both the in vitro and in vivo cases, there is a significant 20. correlation between the two indices. This type of relationship has been implied in another study, strictly for in vitro binding of  67 Ga-citrate with varying degrees of iron labeled serum⁶²⁹. It was previously shown that serum cis-platinum has no effect on  $^{6/}$ Ga-citrate binding in vitro, thus the reduced iron levels induced by cis-platinum treatment are likely responsible for this effect. Patients with true positive ⁶⁷Ga-citrate scans have been shown to have reduced iron, transferrin and ferritin levels in their serum compared to appropriately matched controls 424. The influence of the nature of the disease and/or the treatment may be responsible for these changes but





Figure 20. Protein binding of Ga-67 (a) in vivo and (b) in vitro versus the unsaturated iron binding capacity (UIBC) of the serum.

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in the case of the cis-platinum treated rabbits, the effects of changes to similar iron parameters is a discernible increase in  67 Ga binding to serum components.

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There may be several physiological mechanisms responsible for the reduction in rabbit serum iron levels and a concomittant drop in transferrin saturation.. The depression of the hematopoietic system²⁵⁹ and the renal impairment known to result from cis-platinum treatment are likely involved. The direct destruction of red blood cell precursors²⁹⁷ and the suppressed release of erythropoietin due to damaged kidneys⁶³⁸ would both lead to a decrease in serum iron levels. However, these animals were not frankly anemic since hematocrit values were not significantly different from controls (Table 25).

Another cause of lowered serum iron levels may lie in drug induced disruption of diet and absorption processes. Cis-platinum produces a characteristic anorexic effect in rabbits shown in Figure This results in a short term deprivation of dietary iron which 21. may be sufficient to reduce iron levels by the observed degree. Dietary restrictions have also been shown to reduce transferrin synthesis in the rat⁶³⁹, however, since the total unsaturated iron binding capacity (TIBC) did not change with cis-platinum treatment, we may assume this process does not occur in fabbits under these/ conditions. Cis-platinum also causes sloughing of the columnar vil/i cells of the small intestine²⁵⁸ which control the vascular incorporation of ingested iron⁶⁴⁰. Thus, impairment of this absorption mechanisms would also tend to lower serum iron levels. The administration of cis-platinum to rats has also been shown to decrease iron levels and was attributed to inflammation of the kidney,



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gastrointestinal tract and liver, since inflammatory conditions are known to alter iron concentrations in this manner⁶⁴¹, and may be involved in this effect in rabbits.

### 3. Whole Body Elimination

Whole body elimination of  67 Ga was assessed by daily measurements of total body activity for 7 days after  67 Ga-citrate administration. The retention of  67 Ga was significantly greater in cis-platinum treated animals compared to the control phase, as shown in Figure 22. The corresponding elimination parameters derived from these curves are shown in Table 26, and indicate in the control phase about one-half of  67 Ga leaves the body with a half-life of about 21 hours, while the remainder is removed much more slowly with a half-life of about two weeks. However, in cis-platinum treated rabbits, all  67 Ga is eliminated at a single exponential rate with a half-life of about 12 days. This observed lack of a fast elimination phase results in an immediate increase in whole body retention apparent within 24 hours after  67 Ga-citrate administration.



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Figure 22. Whole body elimination of Ga-67 at various times after Ga-67 citrate administration in control ( $\bullet$ ) and cis-platinum treated ( $\vee$ ) rabbits. (mean ± s.d.; n=7-8)

Parameter (units)		Before cis-platinum treatment mean ± s.d. (n)		After cis-platinum treatment mean ± s.d. (n)	
t1/2 (hours)	•	20.8 ± 5.7	(7)	-	
* %	¥	44.7 ± 10.5	(7)		
t1/2 (days)	•	13.5 ± 2.4	(7)	12.1 ± 5.4 (8)	
2	* [	55.3 ± 10.5	(7)	100 ± 4.7 (8)	

Table 26. Whole body elimination parameters of ⁶⁷Ga from ⁶⁷Ga-citrate administration before and after cis-platinum treatment in rabbits.

#### Fecal and Urinary Excretion

 $(\Delta_{2})$ 

A comparison of the effect of cis-platinum treatment on urinary and fecal excretion of  67 Ga is shown in Figure 23. Renal excretion of the tracer was significantly less than in the control phase at 24 and 48 hours, but thereafter the two groups maintained a similar pattern. Fecal excretion was also diminished for the first 24 hours, but by 4 days, excretion by this route is significantly greater than in controls. Thus, the observed increase in whole body retention after cis-platinum treatment is due primarily to a decrease in urinary excretion and a smaller drop in fecal elimination within the first two days after  67 Ga-citrate administration.

The causative factors involved in the elimination and excretion changes could be related to impaired renal function, enhanced protein binding and possible gastrointestinal developments. The effect of cis-platinum treatment on serum creatinine values is shown in Table 27. This parameter is a good measure of renal function, and the



Figure 23. Urinary (a) and fecal (b) excretion of Ga-67 at various times after Ga-67 citrate administration in control (open bars) and cis-platinum treated (hatched bars) rabbits. (mean  $\pm$  s.d.; # p < 0.05; # p < 0.01; n=2-5)
elevated value clearly indicates an altered ability of the kidney to clear this substance from the plasma compartment, and one would expect a similar detrimental effect on ⁶⁷Ga clearance as well. Further evidence of the renal damage was obtained from pathological analysis of kidney sections from cis-platinum treated rabbits. Several animals showed varying degrees of intestinal nephritis involving the cortex and particularly the distal medulla. In some animals, there was also evidence of tubular necrosis indicated by disruption of cells lining the proximal convoluted tubules and sloughing of cells into the lumina of the collecting tubules and portions of the loop of Henle.

Table 27.	Serum creatinine	values	for	control	and	cis-platinum
	treated rabbits.					•

Parameters (units)	Control rabbits mean ± s.d.	8 (n)	Cis-platinum treated rabbin mean [±] s.d.	
Serum creatinine* (mg/dl)	1.3 ± 0.2	(18) ,	2.1 ± 1.3	(8)

*p < 0.01 👘 👘

The previous evidence of increased serum protein binding of  67 Ga could also be implicated. Protein bound compounds are not filtered by the glomerular apparatus and thus not readily excreted viathe urine, and some degree of reduced renal elimination may be attributed to this behavior. Studies in rats with iron deficiency showed a smaller decrease in  67 Ga urinary excretion even when serum iron levels dropped to about half normal and the animals became frankly anemic  642 . In this case, only a 25% drop in serum iron levels was observed but

urinary excretion was diminished by almost 70%, and the rabbits were not anemic.

Whole body retention of  67 Ga has been reported to be increased by animal fasting prior to  67 Ga-citrate administration  486 . Since cis-platinum treated rabbits consumed significantly less food (and water) than the control group, one may suspect a similar effect. However, it would seem this phenomenon is caused by the subsequent changes in dietary iron intake and in turn, reduced serum iron levels and enhanced  67 Ga protein binding as discussed earlier. Thus, dietary restrictions may indirectly affect urinary excretion and whole body retention.

The initial decline in fecal excretion is likely related to both the low gastrointestinal bulk caused by incomplete feeding and the intestinal damage associated with cis-platinum use. The rebound of fecal.excretion 4 days after  67 Ga-citrate administration may be due to recovery of this system and elimination of  67 Ga through the most viable pathway or possibly via the bile from increased liver accumulation.

## 5. Urinary Disposition

The relative partitioning of  67 Ga between soluble and insoluble metabolites in rabbit urine was studied by a simple centrifugation technique. Figure 24 represents the solubility of endogenous  67 Ga activity in urine from both control and cis-platinum treated rabbits as a function of pH. Cis-platinum treatment did not significantly change the observed pH of 24 hour urine samples and thus, as expected, the degree soluble  67 Ga activity was also not altered. The ability of



Figure 24. Percent solubility of endogenous Ga-67 in 24 hour urine samples versus externally adjusted pH ( $\bullet$ ). Percent solubility of endogenous Ga-67 and urinary pH in 24 hour samples from control ( $\blacktriangle$ ) and cis-platinum treated ( $\bigtriangleup$ ) rabbits.

cis-platinum to urinary pH has been documented in rats³⁰³, however, in this case, a change in metabolism could only be detected by a change in urinary pH with a corresponding change in solubility which was significantly outside the area defined by the line in Figure 24.

The sediment portion of rabbit urine has been found to consist of crystals of ammonium magnesium phosphate (triple phosphate) and calcium carbonate (anhydrous and monohydrate)⁶⁴³. At the observed urinary pH values, ⁶⁷Ga may exist as a salt of either of these anions²⁴³ or as gallate³⁷¹. Stable gallium salts have been shown to be excreted as phosphates in the urine of rats³⁹⁸, suggesting this form may be preferred. The renal elimination of ⁶⁷Ga is greatly reduced by cis-platinum treatment, however, it appears to affect the quantity rather than the quality of ⁶⁷Ga in the urine, since metabolites appear to be the same in both treated and control animals.

B. <u>Pharmacokinetics</u>

The computer analysis of  67 Ga blood levels versus time after  67 Ga-citrate administration revealed that  67 Ga pharmacokinetics in the rabbit were best described by a three exponential equation of the form:

 $C_{B} = A_{1}e^{-\lambda_{1}t} + A_{2}e^{-\lambda_{2}t} + A_{3}e^{-\lambda_{3}t}$ 

where  $C_B$  is the percentage of the  67 Ga dose per gram of blood at time t;  $A_1$ ,  $A_2$  and  $A_3$  are the pre-exponential coefficients and  $\lambda_1$ ,  $\lambda_2$  and  $\lambda_3$  are the exponential rate constants.

Figure 25 shows the computer fitted curves along with the actual data points for a typical rabbit. Correlation coefficients were very high (r > 0.98) indicating good agreement between the measured data and the computer fitted curves and parameter estimates. The data from each rabbit were analyzed individually to give the most realistic measure of statistical uncertainty. The cumulative curve, generated from the averages of each parameter from all rabbits is shown in Figure 26. Both before and after cis-platinum treatment, ⁶⁷Ga blood levels showed a triphasic decline, with the only significant difference between the groups occurring sometime after 48 hours. In cis-platinum treated rabbits, ⁶⁷Ga clearance becomes slower during the terminal phase as shown in Table 28 by the significantly smaller rate constant  $(\lambda_2)$  for this phase. Using additional data of  67 Ga blood levels from sacrificed rabbits, the blood concentration at 48 hours are significantly greater than those from the control rabbits at this Thus, although cis-platinum treatment produces no time (Table 29). immediate detectable impacts on 67 Ga blood levels, an increase in  $\cdot$ vascular ⁶⁷Ga can be demonstrated a few days after ⁶⁷Ga-citrate administration when the overall blood clearance becomes slower. Patients undergoing cis-platinum therapy have been observed to have an increased blood background of ⁶⁷Ga during scanning procedures².



Figure 25. Measured blood levels of Ga-67 and the corresponding computer fitted curves for the time periods (a) 0-24 hours and (b) 1-7 days after Ga-67 citrate administration; before  $(\cdot, --)$ and after (x, --) cis-platinum treatment in a typical rabbit.



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Parameter (units)	Control rabbits mean ± s.d.	(n)	Cis-platinum treated _ rabbits _ mean ± s.d. (n)
$\lambda_3$ (hours ⁻¹ )	3.61 ± 1.65	(4)	2.06 ± 60 (4)
$\lambda_2 \text{ (hours}^{-1}\text{)}$	0.073 ± 0.023	(4)	0.123 ± 0.079 (4)
$\lambda_1^*$ (hours ⁻¹ )	0.036 ± 0.006	(4)	0.018 ± 0.008 (4)

Table 28. Effect of cis-platinum treatment on selected pharmacokinetic parameters of ⁶⁷Ga-citrate in rabbits.

* p < 0.05 paired t test

These pharmacokinetic results can likely be traced to the enhanced protein binding and reduced elimination of ⁶⁷Ga previously demonstrated in cis-platinum treated rabbits. The singular effect of markedly raised serum UIBC values in rabbits has been shown to increase blood concentrations of 67Ga⁵¹⁷ which supports the contribution of a more highly serum bound ⁶⁷Ga to this effect. Thus, both of these factors favour elevated blood levels of the tracer, but at early time periods, this may be balanced by a more rapid tissue uptake because of its greater protein bound fraction, or its slightly longer residence time in the circulating pool. By 2-3 days, the uptake processes are complete and perhaps into a washout phase³⁷³, at which time blood clearance becomes dominant and the cis-platinum induced impairment of these processes causes blood clearance to become slower compared to controls.

Sampling time (hrs)	Control rabbit mean ± s.d.	s (n)	Cis-platinum trea rabbits mean ± s.d.	ted (n)
4	0.223 ± 0.018	(4)	$0.195 \pm 0.040$	¢ (4)
8	$0.207 \pm 0.021$	(4)	0.160 ± 0.042	(2)
24	$0.086 \pm 0.018$	(4)	0.081 ± 0.028	(4)
48 <b>*</b>	0.029 ± 0.020	(8)	0.082 ± 0.051	(7)

Table 29. Blood levels of ⁶⁷Ga in control and cis-platinum treated rabbits.

***** p < 0.05

## 7. Whole Body Distribution

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The whole body distribution of  67 Ga 48 hours after  67 Ga-citrate injection is shown in Table 30. In almost all cases, there is a significant increase in the tissue uptake of Ga after cis-platinum This rather generalized increase in  $\frac{67}{Ga}$  uptake (with treatment. exceptions) likely represents extra accumulation of Ga which is normally removed from the system by the kidney or intestinal routes, since overall body burdens of the tracer in these rabbits was significantly elevated relative to controls. In the absence of adequately functioning elimination processes, tissue uptake is readily capable of competing for plasma Ga. The relative uptake in each. tissue of the cis-platinum treated rabbits compared to the corresponding control tissues is shown in Table 31. Treatment factors generally range from 2-3 indicating a double to triple increase in 67 Ga accumulation. Comparative whole body elimination in each group of rabbits differed by a similar amount, lending support to this

mechanism as the primary cause for the observed general increase in tissue uptake. This reasoning was also suggested in the previous mouse study where a nonspecific increase after cis-platinum treatment was also observed.

Since blood levels are also increased in the tissues of cis-platinum treated rabbits, one may expect organ blood content to contribute to the overall increase. This is likely the case for tissues with very high blood content such as lungs and which show a correspondingly high treatment factor. However, even for liver which has a relatively high plasma/tissue ratio  $(-0.18)^{517}$ , this represents only a 14% reduction of the  67 Ga tissue uptake value, and thus this effect likely contributes much less than 10% to most other tissues.

The second factor which contributes to the generalized increase in tissue uptake after cis-platinum treatment is the slightly greater extent of plasma protein bound  67 Ga. It has been shown that rabbits with raised serum UIBC values have, greater soft tissue uptakes compared to animals with lower values, although only slight changes in serum protein binding could be demonstrated⁵¹⁷.

The cis-platinum induced dietary restrictions may also indirectly influence whole body distributions since fasted mice have been shown relatively high levels of  67 Ga in liver, kidney, spleen and blood⁴⁸⁶. As discussed previously, low food ingestion may subsequently result in reduced serum iron levels, greater  67 Ga protein binding and concommittant changes in tissue uptake. At the time of  67 Ga-citrate injection, food (and water) intake had resumed near normal amounts such that immediate éffects should not be a factor. The nutritional lack as a result of reduced food intake causes only slight changes in

whole body weight (Figure 21) and this does not play a major role in the generalized increase in  67 Ga tissue uptake. Whole body scans of a typical rabbit taken at 12, 24 and 48 hours after  67 Ga-citrate administration before and after cis-platinum treatment are shown in Plate 1. Although difficult to interpret visually, disc stored data indicates greater tissue uptake occurs at about 24-48 hours, in confirmation of the animal sacrifice data.

A few tissues show more pronounced increases in  67 Ga tissue uptake due to cis-platinum treatment relative to the others and may represent more selective effects of the drug. The known influence of cis-platinum on the intestinal tract²⁵⁸ and renal tubules (shown previously) may explain the high stomach, intestine and kidney medulla treatment factors. A combination of increased blood fldw and thus improved tracer delivery and the known accumulation of  67 Ga at inflammatory foci are likely involved.

Only two tissues showed no difference in  67 Ga tissue uptake after cis-platinum treatment. Whole bone (ribs) uptake may be influenced by several biological parameters. Iron deficient rats with elevated UIBC values showed no changes in femoral accumulation of  67 Ga 642 , but studies of rabbits with raised UIBC values indicated decreased bone uptake but increased bone marrow levels⁵¹⁷. Thus, the whole bone sampling done here and in the rat study may simply represent a balance between marrow and structural bone uptake. Alternately, the expected decrease in bone uptake due to enhanced  67 Ga protein binding may be offset by the predicted increased uptake due to elevated whole body levels. Ribs may not be representative of peripheral skeletal uptake of  67 Ga in the femur after cis-platinum treatment. The mechanism responsible for the lack of expected higher uptake in the uterus of treated rabbits can only be speculated upon as relating to the known affinity of the drug for this tissue²⁷ and a suspected cellular damage which inhibits accumulation processes.

Table 30. Tissue distribution of ⁶⁷Ga in control and cis-platinum treated rabbits 48 hours after ⁶⁷Ga-citrate administration.

	% dose	per gram of tissue $x_10^{-2}$
Tissue	Control (mean ± s.d; n=4)	After Cis-platinum treatment* (mean ± s.d; n=4)
heart	$2.19 \pm 1.35$	5.36 ± 1.43
lung	$2.33 \pm 1.18$	7.42 ± 2.92
liver	$5.06 \pm 1.77$	$15.14 \pm 3.12$
blood	$3.65 \pm 2.34$	$11.60 \pm 3.89$
stomach 🐣 .	5.10 ± 1.16	$19.22 \pm 4.84$
spleen	$5.91 \pm 2.43$	$14.60 \pm 4.17$
pancreas	$1.04 \pm 0.28$	
muscle	$0.13 \pm 0.04$	2.28 ± 0.44
L. intestine	$0.31 \pm 0.09$	0.34 ± 0.16
(descending colon)	0.01 2 0.09	$1.09 \pm 0.41$
S. intestine (duodenum)	1.16 ± 0.33	1.83 ± 0.39
bone (ribs)	12.10 ± 2.75	$12.86 \pm 3.24$
ovaries	$4.03 \pm 1.74$	$12.00 \pm 3.24$ 12.07 $\pm 3.20$
uterus kidney	2.74 ± 1.71	$3.87 \pm 1.47$
- medulla )	$3.98 \pm 1.15$	16.70 5 5 50
- cortex	$15.45 \pm 5.18$	$14.78 \pm 5.50$
- whole	$13.96 \pm 3.88$	30.83 ± 3.12 25.99 ± 2.46

*All tissues are significantly different from controls ( $p \le 0.025$ ) except muscle and small intestine ( $p \le 0.05$ ). Uterus and bone are not significantly different from controls.

Tissue	Treatment* . Factor	, Tissue	Treatment* Factor
heart	2.6	L. intestine	3.4
lung	3.2	(descending colon)	
liver	3.0	S. intestine	1.6
blood	3.2	(duodenum)	
stomach	3.8	bone	_
spleen	2.4	(ribs)	· · ·
pancreas	2.2	ovaries	3.0
muscle	2.6	uterus '	5.0
	•	kidney 🔪	
		- medulla	3.7
		- cortex	2.0
and a second second		- whole	1.9
		•	
• Treatment =	mean of 7 dose	per gram of tissue of th	ceated animals
Factor	mean of 7 dose	per gram of tissue of co	

Table 31. Relative tissue uptake of  67 Ga in control and cis-platinum treated rabbits 48 hours after  67 Ga-citrate administration.

where difference between control and treated tissues was significant.



Plate 1. Gamma camera images of Ga-67 at various times after Ga-67 citrate administration to a typical rabbit before and after cis-platinum ( cPt ) treatment.



SUMMARY AND CONCLUSIONS

This thesis was concerned with two major topics. The first was devoted to the development and comparison of radioanalytical techniques for the determination of the chemotherapeutic drug cis-platinum in biological samples. A post-thermal neutron irradiation solvent extraction technique was derived which effectively enables low level platinum analysis by removing all major radionuclidic interferences present in the matrix. Labeled cis-platinum was prepared by several routes, the preferred method under our conditions being the direct thermal neutron irradiation of the purified compound and solid scintillation detection of the X-ray and low energy gamma emissions.

The second major topic involved the influence of this drug on the biological behavior of the radiopharmaceutical 67 Ga-citrate. The possible effects of cis-platinum and a related platinum compound,  $K_2PtCl_4$  on Gaplasma transport was studied in vitro under specific conditions using buffered transferrin solutions and human serum with two methods of free and bound component separation. It was observed that although some degree of inhibition of  67 Ga binding to transferrin by platinum compounds took place in isolated transferrin solutions, this process did not occur in whole serum in vitro. In vivo studies in rats and mice revealed the most dramatic effects were demonstrated when the drug was given some time before ⁶⁷Ga-citrate such that the development of drug induced toxicities were likely implicated. In the rabbit model, these toxicities were found to involve changes in renal function, in serum iron parameters and in dietary consumption which influenced the biological handling of a subsequently administered dose of  67 Ga-citrate. This effect was demonstrated as reduced excretion, slightly enhanced protein binding, elevated tissue levels and

altered blood kinetics of the tracer. Thus, the influence of cis-platinum treatment on the biological behavior of  67 Ga-citrate in animals was shown to be predominantly the indirect result of delayed toxicities of the drug. This information will likely be of value in the correct interpretation of human  67 Ga-citrate scans of patients previously or concurrently receiving cis-platinum.



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