

15 **Abstract**

16 The conversion of phenolic compounds by lactobacilli in food fermentations contributes to food
17 quality. The metabolism of phenolics by lactobacilli has been elucidated in the past years but
18 information on the contribution of specific enzymes in food fermentations remains scarce. This
19 study aimed to address this gap by disruption of genes coding for the hydroxycimmanic acid
20 reductase Par1, the hydroxycinnamic acid decarboxylase Pad, the hydrocinnamic esterase EstR,
21 and strains with disruption of all three genes in *Furfurilactobacillus milii* FUA3583. The
22 conversion of phenolics by *Ff. milii* and its isogenic mutants in sorghum fermentations was studied
23 by LC-UV and LC-UV-MS/MS analyses. *Ff. milii* FUA3583 converted hydroxycinnamic acids
24 predominantly with Par1. Vinylphenols were detected only in mutants lacking *par1*. A phenotype
25 for the *estR* defective mutant was not identified. The formation of pyrano-3-deoxyanthocyanidins
26 was observed only after fermentation with strains expressing Pad. Specifically, formation of these
27 compounds was low with *Ff. milii* FUA3583, substantially increased in the Par1 mutant and
28 abolished in all mutants with disrupted *pad*. Competition experiments with *Ff. milii* FUA3583 and
29 its isogenic mutants demonstrated that expression of one of the two metabolic pathways for
30 hydroxycinnamic acids increases the ecological fitness of the strain. Disruption of EstR in a
31 $\Delta par1 \Delta par2 \Delta pad$ background improved ecological fitness, indirectly demonstrating a phenotype
32 of the esterase in *Ff. milii*. The documentation of the functionality of genes coding for conversion
33 of hydroxycinnamic acids may support the selection of starter cultures for improved quality of
34 fermented cereal products.

35 **Keywords.** *Lactobacillus*, sorghum, deoxyanthocyanidin, pyranoanthocyanidin, sourdough,
36 polyphenols, phenolic acid.

37

38 **1. Introduction**

39 Fermentation of plant material with lactic acid bacteria reduces the level of antinutritive
40 components including phenolic compounds (Filannino et al., 2018; Gänzle, 2020). Metabolism of
41 phenolic acids involves the release of phenolic acids from soluble or insoluble esters, followed by
42 decarboxylation and / or reduction (Filannino et al., 2015; Ripari et al., 2019). The enzymes
43 involved in metabolism of hydroxycinnamic and hydroxybenzoic acids have been identified and
44 characterized (Gaur et al., 2020; Muñoz et al., 2017; Santamaría et al., 2018a) but their contribution
45 to metabolite production in actual food systems has not been studied extensively. Hydroxybenzoic
46 acids are decarboxylated while hydroxycinnamic acids are either reduced to the corresponding
47 dihydro-derivatives, or decarboxylated to vinyl-derivatives, which can be further reduced to ethyl-
48 derivatives (Sánchez-Maldonado et al., 2011). The antimicrobial activity of the phenolic acid
49 metabolites is lower than the activity of free phenolic acids and this conversion was described as
50 a means of detoxification (Sánchez-Maldonado et al., 2011). In heterofermentative
51 *Lactobacillaceae*, the NADH-dependent reduction of hydroxycinnamic acids increases the ATP
52 yield in the phosphoketolase pathway (Filannino et al., 2016, 2014). Thus, the metabolism of
53 phenolic acids may increase the ecological fitness of lactic acid bacteria during growth in
54 substrates with high concentration of phenolic acids.

55 Sorghum is a major cereal crop in Africa and Asia (Xiong et al., 2019). Sorghum has a higher
56 content of diverse polyphenols when compared to other cereals including maize, wheat and rye
57 (Awika and Rooney, 2004; Dykes and Rooney, 2006). Depending on the sorghum, cultivar, the
58 total concentration of hydroxycinnamic acids ranges from 0.3 to 1 g / kg and hydroxycinnamic
59 acids are mainly bound to cell wall polysaccharides (Awika and Rooney, 2004). Red sorghum
60 varieties are more pest resistant than white sorghum varieties but their bitter taste has to be

61 mitigated by fermentation or malting (Kobue-Lekalake et al., 2007; Wu et al., 2019). Pest
62 resistance as well as bitterness of red and black sorghum relates to the high content of phenolic
63 acids and their glycerol esters, 3-deoxyanthocyanidins, condensed tannins and flavonoids
64 (Svensson et al., 2010). The high content of phenolic compounds in sorghum has also been
65 associated with health benefits (Hullings et al., 2020; Xiong et al., 2019). Phenolic compounds
66 with antimicrobial activity also select for fermentation organisms including *Lactiplantibacillus*
67 *plantarum*, *Limosilactobacillus fermentum* and *Furfurilactobacillus mii* that are resistant to the
68 antimicrobial activity of sorghum phenolics and maintain an extensive toolset for conversion of
69 phenolic compounds (Pswarayi et al., 2022; Sekwati-Monang et al., 2012; Svensson et al., 2010).
70 Red sorghum varieties exhibit a stronger antimicrobial activity than white sorghum varieties but
71 prior studies did not identify the contribution of specific phenolic compounds to the overall
72 antimicrobial activity (Sekwati-Monang et al., 2012).

73 Lactic acid bacteria in cereal fermentations include *Fructilactobacillus sanfranciscensis*, which
74 occurs only in wheat and rye sourdoughs that are propagated as a leavening agent. It is often
75 associated with *Levilactobacillus* and *Companilactobacillus* species. *Lactobacillus* and
76 *Limosilactobacillus* species occur in back-slopped type II sourdoughs, and *Lactiplantibacillus* or
77 *Pediococcus* species are characteristic for spontaneous cereal fermentations (Gänzle and Zheng,
78 2019; Van Kerrebroeck et al., 2017). *Furfurilactobacillus* species were isolated from back-slopped
79 sourdoughs as well as spontaneous millet fermentations in Europe, Asia, and Africa (Corsetti et
80 al., 2005; Pswarayi and Gänzle, 2019; Ripari et al., 2016; Zheng et al., 2020). The metabolism of
81 phenolic acids by *Ff. mii* (Simpson et al., 2022) is well characterized (Gaur et al., 2020); however,
82 the phenolic acid metabolism in laboratory media does necessarily match the metabolic pathways
83 observed in food fermentations (Filannino et al., 2015). In addition, the genotype of

84 *Lactobacillaceae* does not necessarily match the phenotype because alternative pathways of
85 metabolism are available (Gaur et al., 2020; Ripari et al., 2019). This work therefore aimed to
86 study the influence of genetic determinants of hydroxycinnamic acid metabolism on metabolite
87 conversion in sorghum sourdoughs. We constructed 5 isogenic mutants of *Furfurilactobacillus*
88 *milii* FUA3583 lacking genes involved in hydroxycinnamic acid metabolism and quantified the
89 free phenolic acid profile in different pure cultivar sorghum sourdoughs. Additionally, qualitative
90 analysis of red sorghum sourdough was performed to identify the profiles of flavonoids and
91 deoxyanthocyanidins. We also assessed the role of hydroxycinnamic acid metabolism in
92 ecological fitness by performing competition experiments with mutant and wild type (WT) strains
93 in sorghum.

94 **2. Materials and Methods**

95 **2.1 Bacterial strains and growth conditions**

96 Bacterial strains and plasmids used in this study are listed in Table 1. *Escherichia coli* EC1000
97 was grown in Luria-Bertani (LB) media (BD Difco, Sparks, MD, USA) with the addition of 300
98 mg/mL of erythromycin where applicable at 37°C. Strains of *Ff. milii* strains were subcultured
99 twice after being streaked on agar plates from -80°C glycerol stocks. They were grown in modified
100 de Man, Rogosa and Sharpe (mMRS) media (Zhao and Gänzle, 2018) or MRS (BD Difco, Sparks,
101 MD, USA) with 5g/L cysteine under microaerophilic conditions at 30° or 37°C.

102 **2.2 Materials and chemicals**

103 Pure sorghum cultivars Mahube, PAN 8609, Town (red) and Segalane (white) were kindly
104 provided by the National Food Technology Research Centre, Kanye, Botswana. Brown sorghum
105 flour was obtained from a local supermarket. Sinapic acid, *p*-coumaric acid, dihydroquinic acid,

106 phloretic acid, dihydrocaffeic acid, 4-vinylphenol, 4-vinylguaicol, erythromycin (Em) and
107 chloramphenicol (Cm) were all obtained from Sigma Aldrich (St. Louis, MO, USA). Caffeic acid
108 and ferulic acid were purchased from Extrasynthèse (Genay, France); dihydroferulic acid was
109 obtained from MP Biomedicals (Illkirch, France). Vancomycin was purchased from Chem-Impex
110 International, Inc (Wood Dale, IL, USA). Media components for mMRS media were obtained
111 from BD (Sparks, MD, USA) or Millipore Sigma (St. Louis, MO, USA).

112 **2.3 Construction of *Ff. milii* FUA3583 isogenic mutants lacking genes involved in phenolic** 113 **acid metabolism**

114 Five new isogenic mutants of *Ff. milii* FUA3583, namely $\Delta par1\Delta par2$, Δpad , $\Delta estR$,
115 $\Delta par1\Delta par2\Delta pad$ and $\Delta par1\Delta par2\Delta pad\Delta estR$, were constructed in this study. Single deletion
116 mutants for *pad* (phenolic acid decarboxylase) and *estR* (esterase) genes were made using the
117 protocol published previously (Gaur et al., 2020) using a vancomycin counter-selection plasmid
118 pVPL 3002 (Zhang et al., 2018). Briefly, 700-1000 bp of upstream and downstream flanking
119 regions of *pad* and *estR* were amplified by PCR and ligated yielding pVPL 3002/ Δpad and pVPL
120 3002/ $\Delta estR$ recombinant plasmids by LCR (Ligase Cycling Reaction) (Kok et al., 2014), followed
121 by their transformation into *E. coli* EC1000. Electrocompetent *Ff. milii* FUA3583 WT harboring
122 pVE6007 (*repA*⁺ helper plasmid) were transformed with 2-4 μ g of plasmid DNA (2.5 kV, 25 μ F,
123 and 400 Ω) and recovered for 3-4 h in media containing 5 mg/L chloramphenicol. After recovery,
124 the fast track genome editing approach described by Zhang et al. (2018) was followed to obtain
125 the double cross over (DCO) mutants that were selected by plating on vancomycin (500 mg/L)
126 mMRS plates. For construction of double deletion mutant $\Delta par1\Delta par2$, *Ff. milii* FUA3583 $\Delta par2$
127 was first transformed with pVE6007 helper plasmid followed by transformation with
128 pVPL3002/ $\Delta par1$ plasmid. Further successive deletions for *pad* and *estR* genes were made on *Ff.*

129 *milii* $\Delta par1\Delta par2$ using the same protocol as above to make triple $\Delta par1\Delta par2\Delta pad$ and
130 quadruple $\Delta par1\Delta par2\Delta pad\Delta estR$ mutants. Deletion mutants were confirmed using colony PCR
131 and sequencing. *Ff. milii* strains were all grown in MRS + cysteine media during the construction
132 of mutants at 37°C under anaerobic conditions. Primer sequences used for cloning and screening
133 are listed in Table 2.

134 **2.4 Phenotypic characterization of the constructed mutants using HPLC**

135 Overnight cultures (10 %) were inoculated in mMRS broth containing 1mM of sinapic acid, ferulic
136 acid, caffeic acid or *p*-coumaric acid followed by incubation at 30°C for 24 h (Svensson et al.,
137 2010). Samples were centrifuged and the supernatant was acidified to pH 1.5 using hydrochloric
138 acid, followed by solvent extraction using ethyl acetate (twice). Extracted samples were eluted on
139 Agilent Eclipse XDB C18 column (4.6 x 150mm; 5µm) using an Agilent 1200 series HPLC system
140 and the following gradient of 0.1% (vol/vol) formic acid in water (buffer A) and 0.1% formic acid
141 in 90% acetonitrile (buffer B) at 0.7 mL/min applied on B: 0 min, 10%; 6 min, 15%; 14 min, 100%.
142 Compounds were analyzed using a UV detector at 280 nm to quantify substrates and metabolites
143 with external standards (Gaur et al., 2020).

144 **2.5 Sorghum sourdough fermentation and determination of pH and cell counts**

145 Sourdoughs were prepared in biological triplicates using pure cultivar sorghum grains or brown
146 sorghum flour. Overnight cultures of *Ff. milii* FUA3583 WT and five mutant strains were
147 harvested by centrifugation, followed by washing and resuspension in 10 mL of sterile tap water.
148 Resuspended cultures were mixed with 10 g of grounded pure cultivars and commercial flour and
149 incubated at 30°C for 24 h. Initial cell counts of the inoculum for all the cultures was 10^8 log
150 CFU/g. To account for activities of sorghum enzymes in absence of microbial metabolism during

151 sourdough fermentation, chemically acidified dough were also prepared for all varieties of
152 sorghum by addition of acids (lactic acid:acetic acid- 4:1) and sterile tap water for a total volume
153 of 10 mL and incubated at same conditions.

154 Measurements of pH and viable cell counts were performed for all sourdough samples and
155 unfermented controls. Fermented samples (1g) were diluted 10 times using milli-Q water for pH
156 measurements. Viable cell counts were obtained by plating 10-fold serial dilutions prepared in
157 0.1% peptone water on mMRS agar plates incubated anaerobically at 30°C for 48-72h.
158 Observation of a uniform colony morphology matching the inoculum and pH value were used to
159 verify the absence of contamination. Remaining fermented sourdoughs were freeze dried and
160 stored at -20°C for further analysis.

161 **2.6 Quantification of free phenolic acids and metabolites in fermented sorghum sourdoughs** 162 **using HPLC**

163 Free dried sourdough samples were used for the extraction of free phenolics using the protocol by
164 Ripari et al. (2019). Briefly, 250mg of samples were extracted twice using 1 mL of 80% ethanol
165 each time followed by centrifugation and collection of supernatants. Ethanol was evaporated under
166 nitrogen and remaining solids were dissolved in 500µl of 2% acetic acid adjusted to pH 2 using
167 12M hydrochloric acid. Samples were extracted twice using 500µl of ethyl acetate followed by
168 evaporation under nitrogen and addition of 200µl of methanol containing 0.1% formic acid.
169 Extracted free phenolic samples were then analyzed using the same column and HPLC system as
170 mentioned above. Solvent system consisted of 0.1% (v/v) formic acid in water (phase A) and 0.1%
171 formic acid in acetonitrile/water (90:10 v/v) (phase B). Injection volume was 10µl and samples
172 were eluted at a flow rate of 0.3 mL/min using the following gradient: 0 min, 10%; 35 min, 42%;
173 50 min, 48%. Quantification was performed at 280 and 330 nm using external standards for 3

174 independent biological replicates. Vinyl catechol was quantified using % of relative peak area as
175 an external standard was unavailable.

176 Quantification of acetate, lactate and ethanol was performed using Aminex HPX-87H column (300
177 x 7.8mm, 9µm) (Bio-rad Laboratories Inc., Redmond, WA, USA). Samples were prepared
178 according to the protocol by Ripari et al. (2019) with isocratic elution at 70°C with 5mM sulphuric
179 acid on the same HPLC system connected to a refractive index (RI) detector at a flow rate of 0.4
180 mL/min.

181 **2.7 Characterization of phenolic compounds in red sorghum sourdoughs using LC-MS**

182 The samples were extracted using the procedure described by Bai et al., (2014) with some
183 modifications. Briefly, 1 g of sorghum was extracted with a mixture of methanol, water and formic
184 acid (70/29/1; v/v/v) for 1 h and then sonicated for 20 min. After centrifugation (10947 rcf) the
185 supernatant was collected and the extraction procedure was repeated with the residue. The
186 combined supernatants were evaporated under reduced pressure at 40 °C. Ethyl acetate (4 mL)
187 was added to the residue and sonicated for 20 min. After centrifugation (10947 rcf) the supernatant
188 was collected and the extraction procedure was repeated with the residue. The combined
189 supernatants were evaporated under reduced pressure at 30 °C. The obtained residue was
190 redissolved in 500 µL methanol, water and formic acid (70/29/1; v/v/v). After microfiltration
191 (regenerated cellulose, 0.2 µm), 5 µL of the samples were analyzed using liquid chromatography
192 coupled with a linear ion trap mass spectrometer.

193 UHPLC analysis of phenolic compounds was performed on an Acquity UPLC I-Class system
194 (Waters, Milford, MA) consisting of a binary pump, a sample manager cooled at 20 °C, a column
195 oven set at 40 °C and a diode array detector scanning from 190 to 700 nm. Chromatographic

196 separation was performed on an Acquity HSS-T3 RP18 column (150 x 2.1 mm; 1.8 μm), connected
197 with a precolumn Acquity UPLC HSS T3 VanGuard (100 \AA , 2.1 x 5 mm, 1.8 μm) (Waters,
198 Milford, MA). The flow rate was set at 0.5 mL/min; eluents were water (A) and acetonitrile (B),
199 both acidified with 3% (v/v) formic acid. Gradient applied on B was as follows: 0 min, 1%; 18
200 min, 25%; 23 min, 100 %.

201 The UHPLC was coupled to an LTQ-XL ion trap mass spectrometer, equipped with an
202 electrospray interface operating in both positive and negative ion mode. Source parameters were
203 as follows: source voltage (4 kV), capillary temperature (350 $^{\circ}\text{C}$), capillary voltage (22 V) and
204 tube lens (75 V) for positive ion mode; capillary voltage (-19 V) and tube lens (-85 V) for negative
205 ion mode. Nitrogen was used as sheath, auxiliary, and sweep gas at a flow of 70, 10, 1 arb
206 respectively for positive ion mode and 40, 5, 1 arb respectively for negative ion mode.

207 Ion mass spectra were recorded in the range of m/z 110-2000. Three consecutive scans were
208 conducted using helium as the collision gas: full mass scan, an MS2 scan of the most abundant ion
209 from the first scan using a normalized collision energy (CE) of 55%, and an MS3 of the most
210 abundant ion in MS2 with a CE of 60%. Data evaluation was performed with Xcalibur (2.2SP1.48,
211 Thermo Scientific, Inc., Waltham, MA).

212 **2.8 Competition experiments and DNA isolation**

213 The red sorghum cultivars PAN 8609 and Town were used for the competition experiments.
214 Overnight cultures of *Ff. miii* FUA3583 WT and mutant strains were washed with sterile tap water
215 and their optical density (OD) was measured at 600 nm. Each mutant culture was individually
216 mixed with the WT strain in equal amounts using OD to a final volume of 1 mL. The five pairs of
217 WT vs mutant cultures were inoculated into 1g of sorghum flours and mixed thoroughly. Samples

218 were incubated at 30°C for 24 h and back-sloped with 5% inoculum in fresh sorghum flours and
219 sterile water for ten 24 h fermentation cycles. Fermentations were performed for 3 independent
220 biological replicates.

221 Sourdough samples (1.9-2g) from cycles 1, 4, 7 and 10 were homogenized with 25mL of 0.8%
222 (Wt/V) saline (NaCl) solution and centrifuged at 500 rcf for 6 min to remove the solids. Cells were
223 harvested by centrifugation at 5300 rcf for 20 min, followed by DNA extraction with the DNeasy
224 Blood & Tissue Kit (Qiagen, Hilden, Germany) following the manufacturer's instructions (Lin
225 and Gänzle, 2014). DNA concentrations were measured using NanoDrop one
226 spectrophotometer (Thermo Scientific, Madison, WI, USA) and samples were diluted as
227 required using nuclease free water.

228 **2.9 Probe design and quantification of gene copies by droplet digital polymerase chain** 229 **reaction (ddPCR)**

230 Four sets of primers and probes listed in Table 3 were designed for the analysis of competition
231 experiments samples using ddPCR. *Par2*-fam, *pad*-hex and *estR*-hex sets were designed to target
232 a site in the deleted region of *par2*, *pad* and *estR* respectively. *Par2*-hex set was designed by
233 targeting flanking regions close to the site of deletion for *par2*. All primers and probes were
234 designed using Primer3Plus (Untergasser et al., 2007) online tool and ordered via Integrated DNA
235 technologies Inc. (IDT – Coralville, IA, USA).

236 A QX200 ddPCR system with an automated droplet generator (Bio-Rad Laboratories Inc., USA)
237 was used for the analysis of samples. All DNA samples were diluted 100 times and 1µl of 100-
238 600pg of template DNA was added to the reaction mixture. Each 20µl reaction contained 10µl of
239 2X ddPCR supermix for probes (Bio-Rad Laboratories Inc., USA) along with 500nM of each

240 probe and 460nM of each forward and reverse primer. After the reaction set up in 96 well plates,
241 20µl of droplet generation oil for probes was added to a microfluidic DG8 cartridge (Bio-Rad
242 Laboratories Inc., Germany), enabling mixing of the sample and oil for the generation of around
243 20,000 droplets for each sample using automated droplet generator module. The plates with
244 droplets were subjected to PCR amplification using a C1000 Touch™ thermal cycler (Bio-Rad
245 Laboratories Inc., Singapore) with the following reaction set up- enzyme activation at 95°C (10
246 min), 40 cycles at 94°C (30 sec) and 60°C (50 sec) followed by 1 cycle of enzyme inactivation at
247 98°C (10 min). Droplet reader was used to measure fluorescence of each individual droplet in each
248 sample. Experiments comparing WT vs double, triple and quadruple mutant were done using par2-
249 fam and par2-hex set probe system with quantification of WT strain and mutant strains in FAM
250 (6-carboxyfluorescein) and HEX (6-carboxy-2,4,4,5,7,7-hexachlorofluorescein) channels,
251 respectively. WT vs Δpad and $\Delta estR$ experiments were performed using par2-fam/pad-hex and
252 par2-fam/estR-hex sets, respectively. WT strain was quantified using signals in both FAM and
253 HEX channels while the mutant strains were quantified by signals only in the FAM channel.
254 Fluorescence data for all the droplets of each sample was analyzed using QuantaSoft software
255 version 1.3.2 (Bio-Rad Laboratories Inc.). Positive and negative controls were analyzed for both
256 the channels of each competition experiment and data points were represented as mean \pm standard
257 deviation of the copy number ratio of WT/mutant for 3 independent experiments.

258 **2.10 Statistical analysis**

259 The slope of the ratio of wild type to mutants over the number fermentation cycles was determined
260 by linear regression for each of the triplicate independent experiments. Significant differences
261 among the different slopes were assessed by one-way ANOVA with Holm-Sidak post hoc analysis
262 using SigmaPlot 13.5 (Systat software Inc.). Significant differences of the slope of the ratio of wild

263 type to mutants were confirmed by two-way ANOVA analysis of the ratios of wild type to mutants
264 observed after a specific number of fermentation cycles (data not shown). Two-way ANOVA was
265 performed on the organic acid data using SAS version 5.1.26 (SAS Institute Inc., NC, USA)
266 followed by Tukey's LSD test.

267 **3. Results**

268 **3.1 Phenotypic characterization of the phenolic acid metabolism in isogenic mutants**

269 Phenolic acid reductases (*par1* and *par2*) and phenolic acid decarboxylase (*pad*) were previously
270 identified in *Ff. milii* FUA3583 (Gaur et al., 2020). Protein BLAST was performed on the genome
271 of *Ff. milii* FUA3583 to search for the presence of other genes related to phenolic acid metabolism.
272 The search revealed presence of an alpha/beta fold hydrolase (locus tag- GB992_RS06035)
273 showing 42% amino acid identity with Ip_0796 (YP_004888771.1) from *Lp. plantarum* WCFS1
274 (Esteban-Torres et al., 2013), hereafter referred as EstR (Figure 1).

275 To confirm the phenotype of genetic determinants of hydroxycinnamic acid metabolism, five
276 isogenic mutants of *Ff. milii* FUA3583 were created in this study. Single deletion mutants were
277 made for decarboxylase (Δpad) and esterase ($\Delta estR$). Successive deletions of *pad* and *estR* on the
278 double deletion reductase mutant $\Delta par1\Delta par2$ resulted in the triple mutant $\Delta par1\Delta par2\Delta pad$ and
279 the quadruple mutant $\Delta par1\Delta par2\Delta pad\Delta estR$. Phenotypic characterization was performed by
280 incubating the strains with 1 mM of different hydroxycinnamic acids in mMRS for 24 h, followed
281 by analysis of extracts using HPLC. The WT strain reduced all of the substrates tested to the
282 corresponding phenylpropionic acid derivatives but only decarboxylated caffeic and *p*-coumaric
283 acids (Table 4). The reductase mutant $\Delta par1\Delta par2$ decarboxylated all of the substrates except
284 sinapic acid, which remained unmetabolized. The Δpad decarboxylase mutant reduced all the

285 tested compounds to the corresponding phenylpropionic acid derivatives while the triple and
286 quadruple mutants did not metabolize any of the phenolic acids tested. To confirm the phenotype
287 of the esterase mutants, methyl ferulate and chlorogenic acid were used as additional substrates
288 but no difference in the metabolism was observed between WT and $\Delta estR$ mutant (data not shown).

289 **3.2 General characteristics of sorghum sourdoughs**

290 Fermentation reduced the pH of red sorghum sourdoughs from 6.38 to 4.3 with the final cell counts
291 for all the strains being around 9.5 log CFU/g (Table 5). Fermentation of white and commercial
292 (brown) sorghum flour reduced pH to around 4.3 and 3.4 respectively, with final cell counts
293 ranging from 9.4 to 9.9 log CFU/g. The concentrations of acetate, lactate, and ethanol were not
294 different ($P>0.05$) in sourdoughs fermented with different strains. Acetate production was
295 significantly higher in red sorghum in comparison to white sorghum sourdoughs ($P=0.001$).
296 Lactate concentrations were higher in white ($P=0.029$) and commercial sorghum sourdoughs
297 ($P<0.001$). The ethanol concentration was highest in pure cultivar white sorghum sourdoughs and
298 lowest in sourdoughs prepared with commercial white sorghum flour ($P<0.001$).

299 **3.3 Identification of phenolic acid and flavonoid profile in red sorghum sourdough**

300 To determine the impact of specific genes encoding for metabolism of hydroxycinnamic acids in
301 *Ff. miii* on conversion of phenolic compounds in sorghum, the profile of phenolic acids and
302 flavonoids in sorghum fermented with *Ff. miii* FUA3583 and its isogenic mutants was
303 qualitatively assessed by LC-MS/MS. In fermented sorghum, phenolic acids and flavone
304 aglycones luteolin (14) and apigenin (20) were identified by comparing retention times, UV-
305 spectra and MSⁿ fragmentation pattern with reference substances (Table 6). Two flavanones,
306 eriodictyol (13) and naringenin (17) were identified by comparison of the elution time and MSⁿ

307 fragmentation pattern with literature data (Svensson et al., 2010; Tsimogiannis et al., 2007).
308 Similarly, compounds (8-11) were identified as 3-deoxyanthocyanidins namely, luteolinidin (8),
309 apigeninidin (9), methoxyluteolinidin (10) and methoxyapigeninidin (11) (Bai et al., 2014).

310 Two anthocyanidins dimers, apigeninidin-flavene dimer (16) and apigeninidin-methylflavene
311 dimer (27) were also identified based on their molecular masses of m/z 509 and m/z 523
312 respectively (Bai et al. 2014). Fragmentation of compound 16 led to the product ion m/z 255,
313 indicating the cleavage of the interflavan 4→8 linkage, along with the release of a quinone methide
314 intermediate and apigeninidin. The fragments m/z 384 corresponds to a heterocyclic ring fission
315 with the loss of $[M+H-125]^+$, corresponding to a phloroglucinol moiety (Geera et al., 2012).
316 Compound 27 exhibited similar fragment ions at m/z 384 and 255, with an additional fragment ion
317 at m/z 269 indicating a methoxylated quinone methide unit (Geera et al., 2012). In total, 27
318 phenolic compounds were detected and 23 of them were tentatively identified. Retention times,
319 UV maxima, and MS^n data are shown in Table 6.

320 Five pyrano and vinylphenol adducts were also tentatively identified in fermented sorghum with
321 compounds 18, 21 and 25 identified as pyrano-apigeninidin 4-(3'-hydroxyvinylphenol), pyrano-
322 apigeninidin 4-vinylphenol and pyrano-methoxyapigeninidin 4-vinylphenol, respectively (Bai et
323 al., 2014). The available spectrometric data could not differentiate between pyrano-apigeninidin
324 4-(3'-methoxyvinylphenol) and pyrano-methoxyapigeninidin 4-(3'-hydroxyvinylphenol) for the
325 identification of compound 23. The chromatographic behavior and UV spectra of compound 15
326 indicated a luteolinidin core and therefore was tentatively identified as pyrano-luteolinidin 4-
327 hydroxyvinylphenol. In sorghum fermented with $\Delta par1\Delta par2$ mutant, the intensities of pyrano
328 and vinylphenol adducts of 3-deoxyanthocyanidins were substantially higher in comparison to the
329 wild type, the $\Delta pad2$ mutant (Figure 2) and the chemically acidified control (data not shown),

330 correlating increased decarboxylation of phenolic acids to formation of pyrano and vinylphenol
331 adducts of 3-deoxyanthocyanidins (Figures 2, 3 and 4). Likewise, adducts of 3-
332 deoxyanthocyanidins were not detected in sourdoughs fermented with *Ff. milii* FUA3583
333 $\Delta par1/\Delta par2/\Delta pad$ or *Ff. milii* FUA3583 $\Delta par1/\Delta par2/\Delta pad/\Delta estR$ (data not shown). Of note,
334 LC-MS/MS analyses did not identify a phenotype for any of the two $\Delta estR$ mutants of *F. milii*
335 FUA3583.

336 **3.4 Hydroxycinnamic acid metabolism in sorghum sourdoughs**

337 Hydroxycinnamic acids and their metabolites were quantified in sorghum sourdoughs fermented
338 with *Ff. milii* FUA3583 and its isogenic mutant derivatives by reverse phase HPLC. The
339 concentration of phenolic acids and metabolites in red, and white and commercial brown flour are
340 shown in Figures 3 and 4, respectively. Overall, the concentration of phenolic acids and their
341 metabolites was highest in the red cultivar Mahube and lowest in the white cultivar Segalane
342 (Figures 3 and 4). HPLC-UV analysis detected low concentrations of dihydrocaffeic and phloretic
343 acid in unfermented sorghum and in chemically acidified controls (Figures 3 and 4). Because these
344 microbial metabolites are not present in intact seeds and their presence was not confirmed by LC-
345 MS/MS (Table S1), these peaks are attributable to other aromatic compounds that co-elude with
346 the analytes. The concentrations of sinapic acid, 4-vinylguicol and dihydrosinapic acid were not
347 quantified due to their concentrations being below their respective detection limits (4-8 mg/kg),
348 and interference from other compounds (Table S1). Fermentation with the wild type strain
349 significantly ($P<0.001$) increased the total concentration of free phenolic acids; the highest
350 concentration was determined for dihydrocaffeic acid (Figures 3 and 4). *Ff. milii* FUA3583
351 metabolised phenolic acids almost exclusively by reduction to the corresponding dihydro-
352 derivatives. In most samples, products of decarboxylation were below the detection limit of 1.5

353 mg/kg (4-vinylphenol) and 8 mg/kg (4-vinylguaiacol). Vinyl derivatives were also below the
354 detection limit of the LC-MS/MS assay (Table S1). Deletion of reductase genes abolished the
355 production of dihydro-derivatives; the concentration of dihydrocaffeic acid in all sourdoughs
356 fermented with the $\Delta par1\Delta par2$ reductase mutant was comparable to the chemically acidified
357 control. Deletion of the reductases increased the concentration of 4-vinylcatechol ($P < 0.001$)
358 relative to sourdoughs fermented with the wild type strain. Despite the deletion of the phenolic
359 acid reductases, decarboxylated metabolites from substrates other than caffeic acid and *p*-coumaric
360 acid were not detected. Deletion of the hydroxycinnamic acid decarboxylase Pad in the wild type
361 had limited impact on the spectrum of metabolites; the same deletion in a $\Delta par1\Delta par2$ background
362 abolished formation of 4-vinylcatechol and 4-vinylphenol. The deletion of the esterase $\Delta estR$ in
363 either a wild type or $\Delta par1\Delta par2\Delta pad$ background had little impact on the metabolite spectrum
364 in red or white sorghum sourdoughs (Figures 2 and 3). In sourdoughs fermented with
365 $\Delta par1\Delta par2\Delta pad$ or $\Delta par1\Delta par2\Delta pad\Delta estR$ mutants, the concentration of ferulic acid, *p*-
366 coumaric acid and particularly of caffeic acid was higher ($P < 0.001$) than in unfermented or
367 chemically acidified controls (Figures 3 and 4).

368 **3.5 Role of phenolic acid metabolism genes in ecological fitness**

369 To assess the role of genes encoding for phenolic acid metabolism to the ecological fitness in
370 phenolic rich environments, competition experiments were performed between the WT and the
371 isogenic mutant strains in the red sorghum varieties PAN 8609 and Town (Figure 5). The ratio of
372 the wild type to the mutant strains was quantified by ddPCR. The plots of the log-transformed ratio
373 of wild type strain to mutant strains were linear in all of the 10 binary competition experiments;
374 therefore, the slope of the linear regression lines were used as a measure of the ecological fitness
375 (Figure 5). The choice of the sorghum cultivar did not impact the competitiveness of the mutant

376 strains relative to the wild type strain and the data obtained in sourdoughs produced from cultivars
377 PAN 8609 and Town essentially overlapped (Figure 5). The wild type strain outcompeted the
378 $\Delta par1\Delta par2\Delta pad$ and $\Delta par1\Delta par2\Delta pad\Delta estR$ mutants (Figure 5). Deletion of only
379 hydroxycinnamic acid esterase, decarboxylase, or reductase genes did not affect the ecological
380 fitness of mutant strains in sorghum and the ratio of wild type to mutant strains remained
381 unchanged over 10 fermentation cycles (Figure 5). This indicates that presence of just one of the
382 two metabolic pathways suffice for ecological fitness in sorghum sourdoughs. While the deletion
383 of *estR* in a wild type background did not impact the ecological fitness, deletion of the same gene
384 in a $\Delta par1\Delta par2\Delta pad$ background significantly improved the ecological fitness compared to the
385 $\Delta par1\Delta par2\Delta pad$ mutant strain, suggesting *in situ* activity of the *estR* gene product.

386 **4. Discussion**

387 Genetic determinants encoding enzymes for the reduction and decarboxylation of
388 hydroxycinnamic acids have been characterized in several species of the *Lactobacillaceae* (Cavin
389 et al., 1997; Rodríguez et al., 2008; Santamaría et al., 2018a) but owing to the presence of two
390 metabolic pathways their presence/absence does not always match the phenotype (Filannino et al.,
391 2015; Gaur et al., 2020; Ripari et al., 2019). This study identified the role of genes coding for
392 hydroxycinnamic acid metabolism in sorghum fermentations to better understand their role in
393 metabolite production and ecological fitness in phenolic rich fermented foods.

394 Sorghum is a rich source of phenolic compounds with the composition varying based on different
395 cultivars (Awika and Rooney, 2004; Sekwati-Monang et al., 2012; Svensson et al., 2010). During
396 fermentation, microbial metabolism converts phenolic compounds in sorghum by esterases,
397 conversion of phenolic acids, and by hydrolysis of flavonoid glycosides (Svensson et al., 2010).
398 3-Deoxyanthocyanidins are converted by reaction with vinyl-derivatives of hydrocinnamic acids

399 while conversion of proanthocyanidins has not been described (Bai et al., 2014; Svensson et al.,
400 2010). Fermentation greatly increased the total free hydroxycinnamic acid content in sorghum
401 sourdoughs (this study) which is consistent with phenolic profiles in rye and wheat sourdoughs
402 (Ripari et al., 2019; Skrajda-Brdak et al., 2019) and spontaneous sorghum sourdough (Ravisankar
403 et al., 2021).

404 Phenolic acids act as external electron acceptors in heterofermentative lactobacilli resulting in
405 higher acetate production and ATP generation via the phosphoketolase pathway (Filannino et al.,
406 2016, 2014). Despite the high concentrations of hydroxycinnamic acids in sorghum, deletion of
407 reductase and/or decarboxylase genes did not result in any significant differences in acetate
408 production, however, the experimental error for quantification of acetate, ranging from 3 to
409 10mmol/kg, is larger than the concentration of hydroxycinnamic acids, ranging from 1 to
410 2mmol/kg (Figure 3, 4 and Tab. 5).

411 Despite a comprehensive analysis of phenolic compounds in fermented sorghum by LC-MS/MS,
412 the current study could not identify a phenotype for the hydroxycinnamic esterase mutant of *Ff.*
413 *milii*. Hydroxycinnamic acid esterases that were characterized in *Lp. plantarum* and *Lactobacillus*
414 *johnsonii* have shown a diverse substrate specificity (Esteban-Torres et al., 2015, 2013; Lai et al.,
415 2009).

416 Many *Lactobacillaceae*, including furfurilactobacilli, possess alternative pathways for metabolism
417 of hydroxycinnamic acids, decarboxylation, or reduction. NADH-dependent reduction of
418 hydroxycinnamic acids leads to production of phenylpropionic acids while decarboxylation to
419 vinyl derivatives consumes intracellular protons (Gänzle, 2015; Sánchez-Maldonado et al., 2011).
420 Both phenylpropionic acid and vinyl derivatives have a lower antimicrobial activity than the
421 corresponding substrates (Sánchez-Maldonado et al., 2011). A vinylphenol reductase (VprA) that

422 generates ethyl derivatives has been characterized in *Lp. plantarum* WCFS1 (Santamaría et al.,
423 2018b) but this enzyme is less frequent in *Lactobacillaceae* than phenolic acid decarboxylases
424 (Gaur et al., 2020). The metabolism of hydroxycinnamic acid in in laboratory media and in food
425 fermentations can differ substantially (Filannino et al., 2015; Ripari et al., 2019). Decarboxylation
426 was the primary route for caffeic acid metabolism by *Ff. milii* FUA3583 in mMRS (Gaur et al.,
427 2020), but reduction was by far major pathway observed in sorghum fermentations (Figure 3 and
428 4). *Ff. milii* FUA3583 over-expressed both *par1* and *pad* in response to addition of the substrates
429 (Gaur et al., 2020). Quantification of gene expression in *Lp. plantarum* and *Lm. fermentum* in
430 cereal substrates demonstrated, however, that some but not all enzymes involved in metabolism of
431 hydroxycinnamic acids are over-expressed in cereal substrates relative to mMRS (Pswarayi et al.,
432 2022). The concentration of free hydroxycinnamic acids in sorghum is relatively low (Awika and
433 Rooney, 2004; Svensson et al., 2010) and it is unclear how esters of hydroxycinnamic acids or
434 other phytochemicals impact gene expression in lactobacilli.

435 Dihydro-derivatives of phenolic acids were present only in the samples fermented with *par1*
436 expressing strains. Deletion of phenolic acid reductase genes lead to an increased vinyl derivative
437 production that may impact the flavour of fermented foods (Muñoz et al., 2017; Shahidi and Yeo,
438 2018). In sorghum, vinyl-derivatives of hydrocinnamic acid were additionally reported to react
439 with 3-deoxyanthocyanidins to form pyrano and vinylphenol adducts of 3-deoxyanthocyanidins
440 (Bai et al., 2014). Results obtained in this study confirm and extend these prior observations. Prior
441 studies compared two wild type strains, which does not exclude a contribution of microbial,
442 enzymatic or chemical conversions other than the microbial decarboxylation of hydroxycinnamic
443 acids (Bai et al., 2014). This study used the comparison of the wild type strain with an isogenic
444 $\Delta par1\Delta par2$ mutant to demonstrate that an increased flux through the decarboxylase pathway also

445 increased the formation of pyrano and vinylphenol adducts of 3-deoxyanthocyanidins. Conversely,
446 deletion of the decarboxylase *pad* either in a wild type or in a $\Delta par1\Delta par2$ background abolished
447 the formation of pyrano and vinylphenol adducts of 3-deoxyanthocyanidins (Figure 2 and data not
448 shown). This result demonstrates that microbial decarboxylation of hydroxycinnamic acid to
449 vinylphenols is the major contributor to the formation of pyrano-deoxyanthocyanidins and results
450 in conversion of a substantial proportion of 3-deoxyanthocyanidins (this study). This finding may
451 also explain the formation of pyranoanthocyanidins during fermentation of red wine (De Freitas
452 and Mateus, 2011), which invariably includes *Saccharomyces cerevisiae* as hydroxycinnamic acid
453 decarboxylase positive organism (Dzialo et al., 2017).

454 Competition experiments quantified the ecological fitness of strains with deletions of genes coding
455 for metabolism of hydroxycinnamic acids relative to the wild type in sorghum fermentations.
456 Antimicrobial activity of phenolic acids can act as a selective pressure in phenolic rich
457 environments (Gänzle, 2014). *Fl. sanfranciscensis* is a predominant organism in wheat and rye
458 sourdoughs and handily outcompetes other lactobacilli in wheat and rye sourdoughs that are back-
459 sloped frequently at ambient conditions (Dinardo et al., 2019; Meroth et al., 2003; Ripari et al.,
460 2016). Conversely, *Fl. sanfranciscensis* is outcompeted by other lactobacilli in sorghum
461 sourdoughs or in wheat sourdough with addition of ferulic acid (Dinardo et al., 2019; Sekwati-
462 Monang et al., 2012) and has not been isolated from sourdoughs produced with sorghum, millet
463 or other gluten free flours (Van Kerrebroeck et al., 2017). The present study is the first to document
464 the role of individual genes related to metabolism of phenolic compounds on the competitiveness
465 of lactobacilli in food fermentations. Strains that maintained only the reductase pathway were as
466 competitive as strains that maintained only the decarboxylase pathway, indicating that this
467 contribution to ecological fitness relates to NADH⁺ recycling (Filannino et al., 2014) or to proton

468 consumption through decarboxylation (Gänzle, 2015). The competition experiments also
469 suggested an ecological role for the hydroxycinnamic acid esterase EstR as deletion of *estR* in a
470 $\Delta par1\Delta par2\Delta pad$ background increased ecological fitness (Figure 5). In the wild type strain,
471 hydroxycinnamic acids that are released by intracellular esterase activity (Esteban-Torres et al.,
472 2013) are further converted by reductase and decarboxylase activities. In the strain *Ff. miii*
473 FUA3583 $\Delta par1\Delta par2\Delta pad$, hydroxycinnamic acids that are released by esterases are not
474 detoxified. This explanation remains speculative, however, as analysis of phenolic compounds
475 analysis did not identify differences between esterase mutants and their cognate isogenic strains.

476 The isogenic mutant strains of *F. miii* FUA3583 that were generated in this study allow production
477 of fermentates or even purified compounds that contain substrates or products of metabolism and
478 are thus suitable tools to explore chemical properties or biological activities of metabolites of
479 hydroxycinnamic acids. Initial studies indicate that phenylpropionic acid metabolites suppress or
480 inhibit cell proliferation *in vitro* in human Caco-2 and SW480 carcinoma cell lines (Ekbatan et al.,
481 2018; Martini et al., 2019) but their biological activities are not as well described as those of
482 hydroxycinnamic acids. Biological or technological properties of pyrano- or vinylphenol adducts of
483 3-deoxyanthocyanidins are completely unexplored. Because African and Asian societies consume
484 food produced from red sorghum preferably after malting and / or lactic fermentation (Gänzle,
485 2022; Pswarayi and Gänzle, 2022), these compounds are as relevant for human nutrition and
486 human health as the precursor compounds, 3-deoxyanthocyanidins (Awika and Rooney, 2004).
487 Cereal fermentations are thus an attractive proposition for production of bioactive phenolics and
488 functional foods by selectively metabolizing hydroxycinnamic acids to different end products.

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679

680 **Figure legends**

681 **Figure 1.** Hydroxycinnamic acid metabolism of *Ff. milii* FUA3583. *estR*- putative phenolic acid
682 esterase, homolog of *lp_0796* from *Lp. plantarum* WCFS1 (Esteban-Torres et al., 2013); *par1*-
683 phenolic acid reductase (Gaur et al., 2020); *par2* – homolog of *par1*; *pad*- phenolic acid
684 decarboxylase (Rodríguez et al., 2008). Gene locus tag numbers from NCBI are shown in the
685 parenthesis.

686 **Figure 2.** UHPLC-UV-MS/MS chromatograms of red sorghum sourdoughs fermented with single
687 strains of *Ff. milii* FUA3583 (wild type, middle black line) and its isogenic mutants Δpad (bottom
688 orange line) and $\Delta\Delta par1/par2$ (upper blue line). Shown is the absorbance at 480 nm to specifically
689 depict 3-deoxyanthocyanidins, eluting between 12 and 17 min, and their vinylphenol- or pyrano-
690 adducts, eluting between 19 and 23 min. The numbers to designate peak identity correspond to
691 Table 6. Chromatographic traces are representative for three independent fermentations.

692 **Figure 3.** Concentration of free hydroxycinnamic acids and their metabolites in pure cultivar red
693 sorghum (Mahube variety) sourdough, fermented for 24 h with single strains of WT and mutant
694 *Ff. milii* FUA3583. Extracted samples were analyzed using HPLC. Yellow bars, ferulic acid;
695 orange bars, caffeic acids; blue bars, *p*-coumaric acid; diagonally hatched bars with colors
696 matching the respective substrates: dihydroferulic acid, dihydrocaffeic acid and phloretic acid;
697 horizontally hatched bars with colors matching the respective substrates, vinylcatechol and
698 vinylphenol. Vinylcatechol concentrations are represented as % of relative peak area. Data are
699 shown as mean + standard deviation of three independent experiments.

700 **Figure 4.** Concentration of free hydroxycinnamic acids and their metabolites in pure cultivar and
701 commercial sorghum, fermented for 24 h with single strains of WT and mutant *Ff. milii* FUA3583.

702 a) Cultivar Segalane (White) b) Commercial flour (Brown). Extracted samples were analyzed
703 using HPLC. Yellow bars, ferulic acid; orange bars, caffeic acids; blue bars, *p*-coumaric acid;
704 diagonally hatched bars with colors matching the respective substrates: dihydroferulic acid,
705 dihydrocaffeic acid and phloretic acid; horizontally hatched bars with colors matching the
706 respective substrates, vinylcatechol and vinylphenol. Vinylcatechol concentrations are represented
707 as % of relative peak area. Data are shown as mean + standard deviation for three independent
708 experiments.

709 **Figure 5.** Effect of phenolic acid metabolism genes on the ecological fitness of *Ff. milii* FUA3583
710 WT in red sorghum fermentations. Competition experiments were performed by addition of equal
711 amounts of WT and isogenic mutant strains in two different pure cultivar red sorghum varieties
712 (PAN 8609 and Town). The mutant strains are designated as follows: \square , $\Delta estR$; $*$, Δpad ;
713 \square , $\Delta\Delta par1/par2$; \square , $\Delta\Delta\Delta par1/par2/pad$; \square , $\Delta\Delta\Delta\Delta par1/par2/pad/estR$. After 24 h fermentation,
714 5% of sourdoughs were back-slopped into fresh dough for 10 cycles. The copy number of wild
715 type and mutant genomes were quantified by droplet digital polymerase chain reaction (ddPCR).
716 Shown is the ratio of gene copies of the wild type to the mutant genomes over a period of 10
717 refreshment cycles. Solid lines show the average of the linear regressions for each experiment.
718 Filled symbols, cultivar PAN 8609; open symbols, cultivar Town. Data are shown as means \pm
719 standard deviation of three independent experiments. Linear regression fit was performed for each
720 independent sourdough and statistical analysis was done on the slopes obtained for each replicate.
721 Curves that do not share a common lowercase letter differ ($P < 0.05$).

Table 1. Bacterial strains and plasmids used in this study.

Strains	Description	Reference
<i>Ff. milii</i> FUA3583	Mahewu Isolate, Wild type (WT)	(Pswarayi and Gänzle, 2019)
<i>Ff. milii</i> FUA3583 pVE6007	WT strain harboring helper plasmid pVE6007, Cm ^R	(Gaur et al., 2020)
<i>Ff. milii</i> FUA3583 Δ <i>par2</i>	Single deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>par2</i> gene	(Gaur et al., 2020)
<i>Ff. milii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i>	Double deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>par1</i> and <i>par2</i> genes	This study
<i>Ff. milii</i> FUA3583 Δ <i>pad</i>	Single deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>pad</i> gene	This study
<i>Ff. milii</i> FUA3583 Δ <i>estR</i>	Single deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>estR</i> gene	This study
<i>Ff. milii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i>	Tripe deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>par1</i> , <i>par2</i> and <i>pad</i> genes	This study
<i>Ff. milii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i> / Δ <i>estR</i>	Quadruple deletion mutant of <i>Ff. milii</i> FUA3583 lacking <i>par1</i> , <i>par2</i> , <i>pad</i> and <i>estR</i> genes	This study
<i>Escherichia coli</i> EC1000	Cloning host for pVPL 3002 based plasmids, RepA ⁺ , Km ^R	(Leenhouts et al., 1996)
Plasmids		
pVPL 3002	Suicide vector encoding DdlF258Y as the counter selection marker, Em ^R	(Zhang et al., 2018)
pVE6007	Helper plasmid RepA ⁺ , Cm ^R ,	(Sanders et al., 1998)
pVPL3002/ Δ <i>par1</i>	pVPL 3002 containing <i>par1</i> flanking regions, Em ^R	(Gaur et al., 2020)
pVPL3002/ Δ <i>pad</i>	pVPL 3002 containing <i>pad</i> flanking regions, Em ^R	This study
pVPL3002/ Δ <i>estR</i>	pVPL 3002 containing <i>estR</i> flanking regions, Em ^R	This study

Table 2. Primers used for genetic manipulations.

Primer (forward, F; reverse, R)	Description	Primer Sequences (5'→3')
oVPL 188 F (Zhang et al., 2018) oVPL 187 R	amplifies pVPL3002 backbone	ATCCTCTAGAGTCGACCTGC TACCGAGCTCGAATTCAGTGG
par1 U/S F (Gaur et al., 2020) par1 U/S R par1 D/S F par1 D/S R par1 BO1 par1 BO2 par1 BO3 par1 DCO F par1 DCO R	upstream flanking region of <i>par1</i> in <i>Ff. milii</i> FUA3583 downstream flanking region of <i>par1</i> in <i>Ff. milii</i> FUA3583 LCR bridging oligo for pVPL3002/ Δ par1 LCR bridging oligo for pVPL3002/ Δ par1 LCR bridging oligo for pVPL3002/ Δ par1 DCO screening for Δ <i>par1</i> in <i>Ff. milii</i> FUA3583	GCAGCCAGATAGCCTGAAAC CGACTGGCAGTTGCGCCAGCTGCGC AAGACGTTGGTCGTAAGGCCGTG CATAGCGGCAGTGAACCTTGA AAACGACGGCCAGTGAATTCGAGCTCGGTAGCAGCCAGAT AGCCTGAAACAATTCGTTGG CTTTGGCGCAGCTGGCGCAACTGCCAGTCGAAGACGTTGGT CGTAAGGCCGTGGAGGAGA GAATCCTTCATCAAGTTCAGTCCGCTATGATCCTCTAGAG TCGACCTGCAGGCATGCAA AATCGTTGATCCGGCATTAC TCACACGCGATAGGTCTGAG
pad U/S F pad U/S R pad D/S F pad D/S R pad BO1 pad BO2 pad BO3 pad DCO F pad DCO R	upstream flanking region of <i>pad</i> in <i>Ff. milii</i> FUA3583 downstream flanking region of <i>pad</i> in <i>Ff. milii</i> FUA3583 LCR bridging oligo for pVPL3002/ Δ pad LCR bridging oligo for pVPL3002/ Δ pad LCR bridging oligo for pVPL3002/ Δ pad DCO screening for Δ <i>pad</i> in <i>Ff. milii</i> FUA3583	GTTGATTCTGGACGGACGAT CAGCCATTGTCTGACGTGTAA CCATACGATGGGATGACTGA AACGACAGGCTCGTAAGCAG AAACGACGGCCAGTGAATTCGAGCTCGGTAGTTGATTCTGG ACGGACGATTTACAAAAC TCACTTTATTTACACGTACGACAATGGCTGCCATACGATGG GATGACTGATGATATTCGC ACCTCTATTTCTGCTTACGAGCCTGTCGTTATCCTCTAGAGT CGACCTGCAGGCATGCAA CCGCGATCCTAGAAGGATTA GCATAACGCACACTCACAATC
estR U/S F estR U/S R estR D/S F estR D/S R estR BO1 estR BO2 estR BO3 estR DCO F estR DCO R	upstream flanking region of <i>estR</i> in <i>Ff. milii</i> FUA3583 downstream flanking region of <i>estR</i> in <i>Ff. milii</i> FUA3583 LCR bridging oligo for pVPL3002/ Δ estR LCR bridging oligo for pVPL3002/ Δ estR LCR bridging oligo for pVPL3002/ Δ estR DCO screening for Δ <i>estR</i> in <i>Ff. milii</i> FUA3583	GGCCGACCAATGCTCTATTA TACAGTGGTTCTGGTTGACGA GCATCACCAATTGCAAACAG GGAATTGCATTGGCTTCATC AAACGACGGCCAGTGAATTCGAGCTCGGTAGGCCGACCAA TGCTCTATTAATTGGTGTTT AATTCATTTTCGTCACCCAGAACCACTGTAGCATCACCAAT TGCAAACAGACGTTGAAGC GGAAGTATTGGATGAAGCCAATGCAATTCATCCTCTAGAG TCGACCTGCAGGCATGCAA GGCGATTCTTTGATTACGG CGCGTTCAGTCAGATAAACA

Table 3. Primer and probes used for ddPCR

Primer/probe (forward, F; reverse, R)	Description	Primer/probe Sequences (5'→3')
par2_famF par2_famR par2_fam Probe	Primers and FAM dye labelled probe targeting the deletion region of par2	CACTGGCGATGATTTTGACG TAGCACTGACTGGTTCAACG /6-FAM/TGTCGACGG/ZEN/ TATGGTCCACATGCGTGAC/IABkFQ/
par2_hexF par2_hexR par2_hex Probe	Primers and HEX dye labelled probe targeting flanking regions close to the site of deletion of par2	TGGTGCCAGAGTTTTGCTAA AGTATTGCGGCGGTCTTTTT /HEX/AGCCGCGCT/ZEN/ ATTAAAGACGCCGTGAAGG/IABkFQ/
pad_hexF pad_hexR pad_hexProbe	Primers and HEX dye labelled probe targeting the deletion region of pad	AACGACCACACCGTTGATTA TTTGTAACGCCTGGCACTA /HEX/TGGCGGAAT/ZEN/ GGTTGCAGGCCGTTGG/IABkFQ/
estR_hexF estR_hexR estR_hex Probe	Primers and HEX dye labelled probe targeting the deletion region of estR	GCATACTCTGGCAGTAGCAA CGAACATTGGGGCATAGACT /HEX/TTGGGCGTG/ZEN/ GCTTGGCGCGT/IABkFQ/

Table 4. Phenotypic characterization of hydroxycinnamic acid metabolism of *Ff. mii* FUA3583 wild type and isogenic mutant strains after incubation with 1mM of different substrates. Shaded (+) and unshaded (-) boxes represent presence and absence of the phenotype for the metabolites as detected by the HPLC, respectively.

Strain Name	Sinapic Acid		Ferulic Acid		Caffeic Acid		<i>p</i> -Coumaric acid	
	Dihydro-sinapic acid	Dihydro-ferulic acid	4-Vinyl-guaiacol	Dihydro-caffeic acid	4-Vinyl-catechol	Phloretic acid	4-Vinyl-phenol	
<i>Ff. mii</i> FUA3583	+	+	-	+	+	+	+	
<i>Ff. mii</i> FUA3583 <i>Δpar1/Δpar2</i>	-	-	+	-	+	-	+	
<i>Ff. mii</i> FUA3583 <i>Δpad</i>	+	+	-	+	-	+	-	
<i>Ff. mii</i> FUA3583 <i>ΔestR</i>	+	+	-	+	+	+	+	
<i>Ff. mii</i> FUA3583 <i>Δpar1/Δpar2/Δpad</i>	-	-	-	-	-	-	-	
<i>Ff. mii</i> FUA3583 <i>Δpar1/Δpar2/Δpad/ΔestR</i>	-	-	-	-	-	-	-	

Table 5. Metabolite concentrations, pH and cell counts in sorghum sourdoughs fermented for 24h with single strains. Data are shown as mean \pm standard deviation (n=3). Nd- Not determined.

Sourdough samples	Acetate (mM)	Lactate (mM)	Ethanol (mM)	pH	Cell Counts (Log cfu/g)
Red sorghum sourdoughs					
Unfermented control	0.0 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0	6.38 \pm 0.06	<5
Chemically acidified	Nd	Nd	Nd	3.35 \pm 0.03	<4
<i>Ff. miii</i> FUA3583 WT	31.25 \pm 5.34	96.54 \pm 9.55	52.59 \pm 8.58	4.30 \pm 0.05	9.49
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i>	37.17 \pm 5.01	98.79 \pm 10.21	54.41 \pm 7.29	4.31 \pm 0.02	9.37
<i>Ff. miii</i> FUA3583 Δ <i>pad</i>	37.46 \pm 6.70	103.31 \pm 19.89	59.20 \pm 9.88	4.28 \pm 0.02	9.58
<i>Ff. miii</i> FUA3583 Δ <i>estR</i>	33.25 \pm 3.85	101.68 \pm 14.50	59.22 \pm 2.62	4.24 \pm 0.04	9.66
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i>	37.29 \pm 8.80	113.64 \pm 19.66	63.33 \pm 4.70	4.26 \pm 0.05	9.54
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i> / Δ <i>estR</i>	35.89 \pm 3.42	98.76 \pm 14.48	61.21 \pm 11.27	4.28 \pm 0.07	9.68
White sorghum sourdoughs					
Unfermented control	0.0 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0	6.6 \pm 0.31	<5
Chemically acidified	Nd	Nd	Nd	3.40 \pm 0.06	<4
<i>Ff. miii</i> FUA3583 WT	29.62 \pm 4.46	128.40 \pm 16.00	72.92 \pm 4.49	4.32 \pm 0.10	9.50
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i>	28.26 \pm 3.46	109.18 \pm 6.05	69.99 \pm 2.71	4.34 \pm 0.01	9.52
<i>Ff. miii</i> FUA3583 Δ <i>pad</i>	30.20 \pm 2.92	126.82 \pm 9.24	73.70 \pm 3.04	4.28 \pm 0.07	9.76
<i>Ff. miii</i> FUA3583 Δ <i>estR</i>	24.49 \pm 3.91	107.74 \pm 15.89	71.55 \pm 1.20	4.22 \pm 0.07	9.54
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i>	30.94 \pm 4.58	124.83 \pm 22.42	71.35 \pm 10.65	4.30 \pm 0.10	9.72
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i> / Δ <i>estR</i>	31.06 \pm 5.36	121.68 \pm 23.01	62.50 \pm 14.41	4.27 \pm 0.09	9.82
Commercial sorghum sourdoughs					
Unfermented control	0.0 \pm 0.0	0.0 \pm 0.0	0.0 \pm 0.0	5.58 \pm 0.15	<4
Chemically acidified	Nd	Nd	Nd	3.49 \pm 0.06	<4
<i>Ff. miii</i> FUA3583 WT	30.45 \pm 5.36	207.13 \pm 44.88	41.09 \pm 7.52	3.4 \pm 0.21	9.42
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i>	35.79 \pm 4.34	221.93 \pm 33.76	45.92 \pm 4.44	3.48 \pm 0.16	9.60
<i>Ff. miii</i> FUA3583 Δ <i>pad</i>	30.54 \pm 5.64	229.69 \pm 19.02	45.94 \pm 7.29	3.47 \pm 0.18	9.50
<i>Ff. miii</i> FUA3583 Δ <i>estR</i>	26.40 \pm 6.39	183.21 \pm 45.28	36.88 \pm 5.23	3.44 \pm 0.13	9.73
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i>	38.93 \pm 6.21	248.00 \pm 16.02	58.09 \pm 3.81	3.42 \pm 0.11	9.88
<i>Ff. miii</i> FUA3583 Δ <i>par1</i> / Δ <i>par2</i> / Δ <i>pad</i> / Δ <i>estR</i>	29.04 \pm 4.71	223.54 \pm 30.41	49.47 \pm 4.78	3.43 \pm 0.10	9.64

Table 6. LC-MS Identification of phenolic compounds in unfermented and fermented red (PAN 8609) sorghum.

Peak	RT (min)	UV _{max} (nm)	[M-H] ⁻	[M+H] ⁺	[M] ⁺	MS ⁿ m/z	Compound	Reference
1	6.25	256		139		MS ² : 121 MS ³ [-]	4-Hydroxybenzoic acid	Standard
2	7.55	296/325	181			MS ² : 137, 113, 119 MS ³ [-]:	Dihydrocaffeic acid	Standard
3	8.37	296/325		181		MS ² : 163 MS ³ [-]:	Caffeic acid	Standard
4	8.37	296/325		169		MS ² : 125,151 MS ³ [-]:	Vanillic acid	Standard
5	9.58	288/322		199		MS ² : - MS ³ [-]:	Syringic acid	Standard
6	10.94	312		165		MS ² : 147 MS ³ [147]: 119, 147	<i>p</i> -Coumaric acid	Standard
7	12.63	296sh/325		195		MS ² : 177 MS ³ [177]: 145	Ferulic acid	Standard
8	13.1	282/311/490			271	MS ² : 271,229,243,197,225,253,169, 187,235,230,215 MS ³ [253]: 235, 123, 225, 171, 217, 165, 192	Luteolinidin	(Bai et al., 2014)
9	14.5	277/322/415/ 475			255	MS ² : 213,255,185,214,227,237,174, 223,163,157,187 MS ³ [213]: 171	Apigeninidin	(Bai et al., 2014)
10	14.98	282/490			285	MS ² : 270,271,285,242,243,257,229 MS ³ [270]: 242, 243	Methoxyluteolinidin	(Bai et al., 2014)
11	16.53	279/308sh/47 3			269	MS ² : 254,255,226,269,228 MS ³ [254]: 226	Methoxyapigeninidin	(Bai et al., 2014)
12	17.19	288/340sh		723		MS ² : 435,561,273,417,409,297 MS ³ [435]: 417,339,299,399,381,315,273	5,7,3',4'- tetrahydroxyflavan-5-O- glucosyl-4,8-eriodictyol	(Gujer et al., 1986)
13	18.41	289/336sh		289		MS ² : 163,179,153,271,145,253,187, 205 MS ³ [163]: 145, 135	Eriodictyol	(Tsimogiannis et al., 2007)
14	19.6	269/351 (Coelution)		287		MS ² : 153,287,259,241,245,185,177, 219,137,179,269,270,121 MS ³ [-]:	Luteolin	Standard
15	19.82				403	MS ² : 403,385,375,367,376,357,283		-

		283/343/465/ 494		MS ³ [385]: 367,337,211,251,207	Pyrano-luteolinidin 4- hydroxyvinylphenol	
16	20.32	283/482	509	MS ² : 255, 384 MS ³ [255]:213,227,181,237,211,170,141	Apigeninidin-flavene dimer 4-8 linked	(Bai et al., 2014)
17	20.49	Coelution	273	MS ² : 153, 147, 231, 189, 179 MS ³ [153]: 67, 111, 129, 109, 127	Naringenin	(Svensson et al., 2010)
18	20.50	291/331/ 491	387	MS ² : 387, 359 MS ³ [359]: 296	Pyrano-apigeninidin 4-(3'- hydroxyvinylphenol)	(Bai et al., 2022, 2014)
19	20.86	281/485	509	MS ² : 371, 384, 509 MS ³ [371]: 371, 343, 249	Apigeninidin-flavene dimer 4-6 linked	-
20	20.92	269/336	271	MS ² : 271,153,229,225,145,253,230, 121,119,226,131,203 MS ³ [-]:	Apigenin	Standard
21	21.04	272/393/ 460/486	371	MS ² : 371,343,354,344,350,341 MS ³ [343]: 315	Pyrano-apigeninidin 4- vinylphenol	(Bai et al., 2014)
22	21.28	290/350/ 484 (Coelution)	523	MS ² : 371,383,508,523,491,479,269, 255 MS ³ [371]: 371, 343, 250 MS ² : 386, 401, 373	unknown	
23	21.44	296/312/432s h/493	401	MS ³ [386]: 358	Pyrano-apigeninidin 4- (3'-methoxyvinylphenol) or Pyrano- methoxyapigeninidin 4- (3'-hydroxyvinylphenol)	(Bai et al., 2014)
24	21.78	290/324/ 484 (Coelution)	523	MS ² : 385,523,397,370,439 MS ³ [385]: 370, 385, 357	unknown	
25	22.03	275/399/ 461/490	385	MS ² : 370,385,371,357,342,367,211, 339,353 MS ³ [370]: 342, 343	Pyrano- methoxyapigeninidin 4- vinylphenol	(Bai et al., 2014)
26	22.22	283/486	537	MS ² : 385,521,397,537,505,429,370 MS ³ [385]:370, 385, 357	unknown	
27	22.72	281/490	523	MS ² : 384, 269, 255 MS ³ [383]: 355,383,291,366,263,339, 327	Apigeninidin- methylflavene dimer	(Bai et al., 2014)

Standard: Identified by comparison to reference compounds

Figure 1

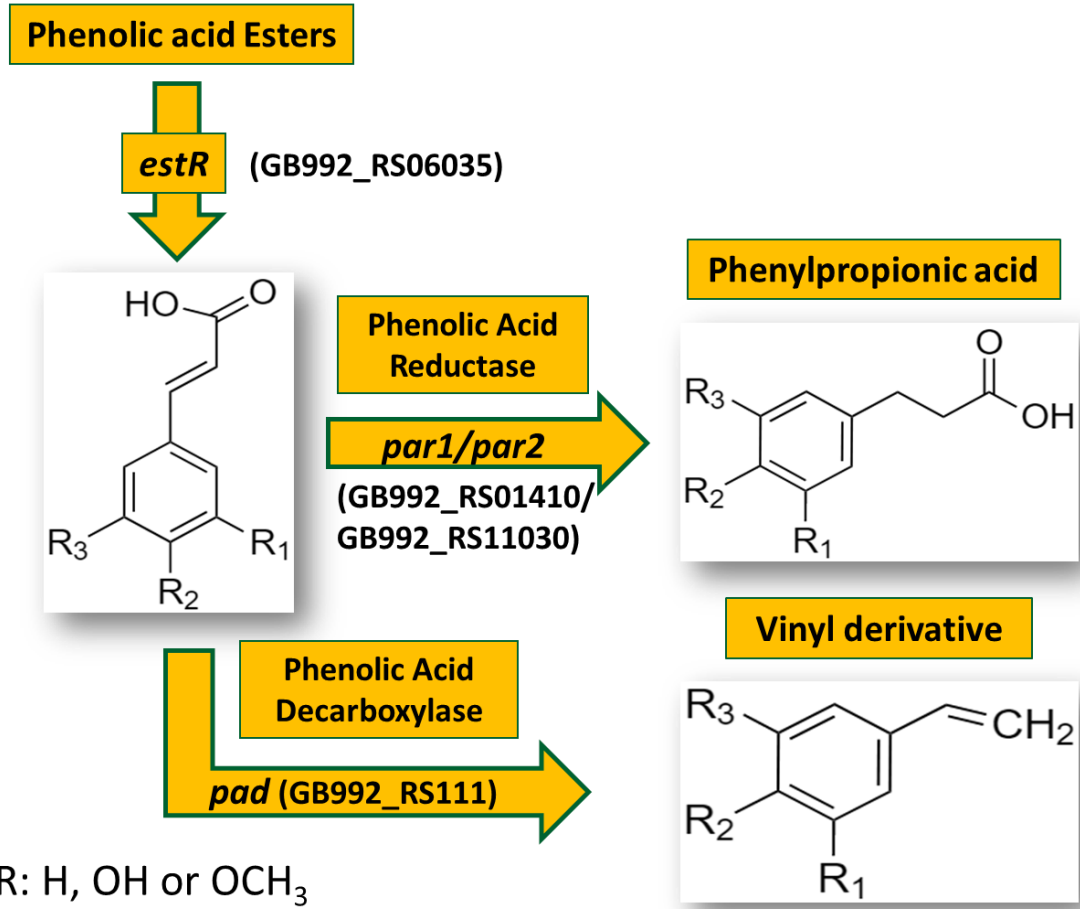


Figure 2.

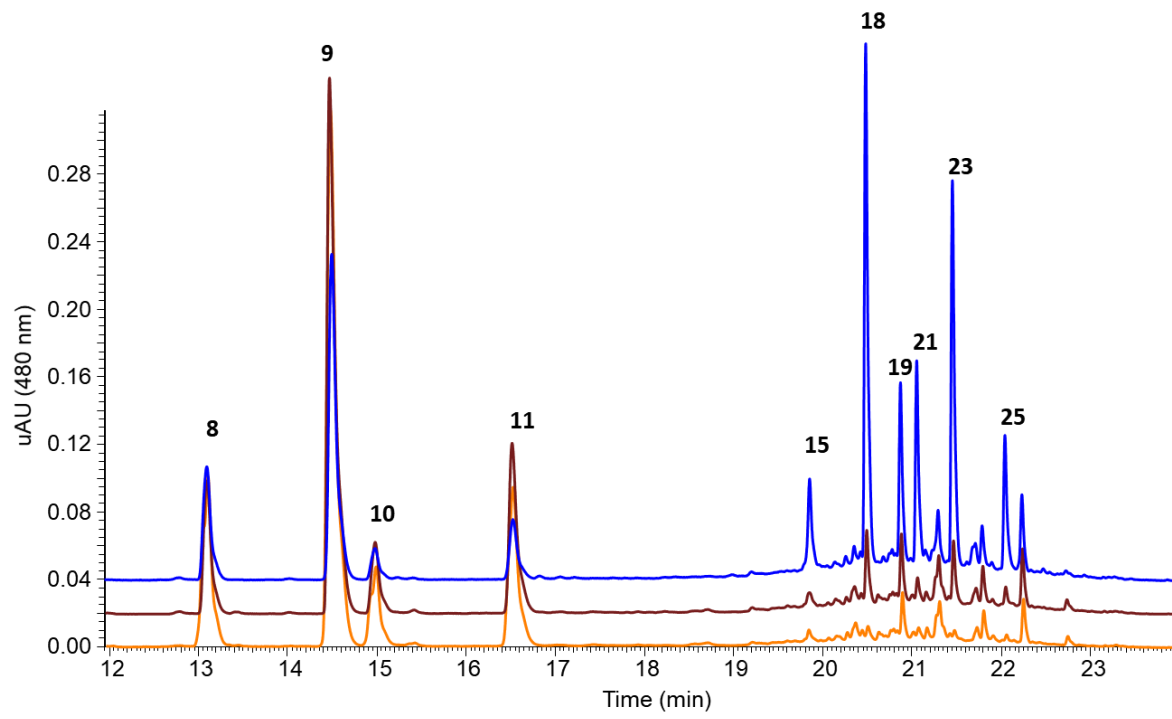


Figure 3.

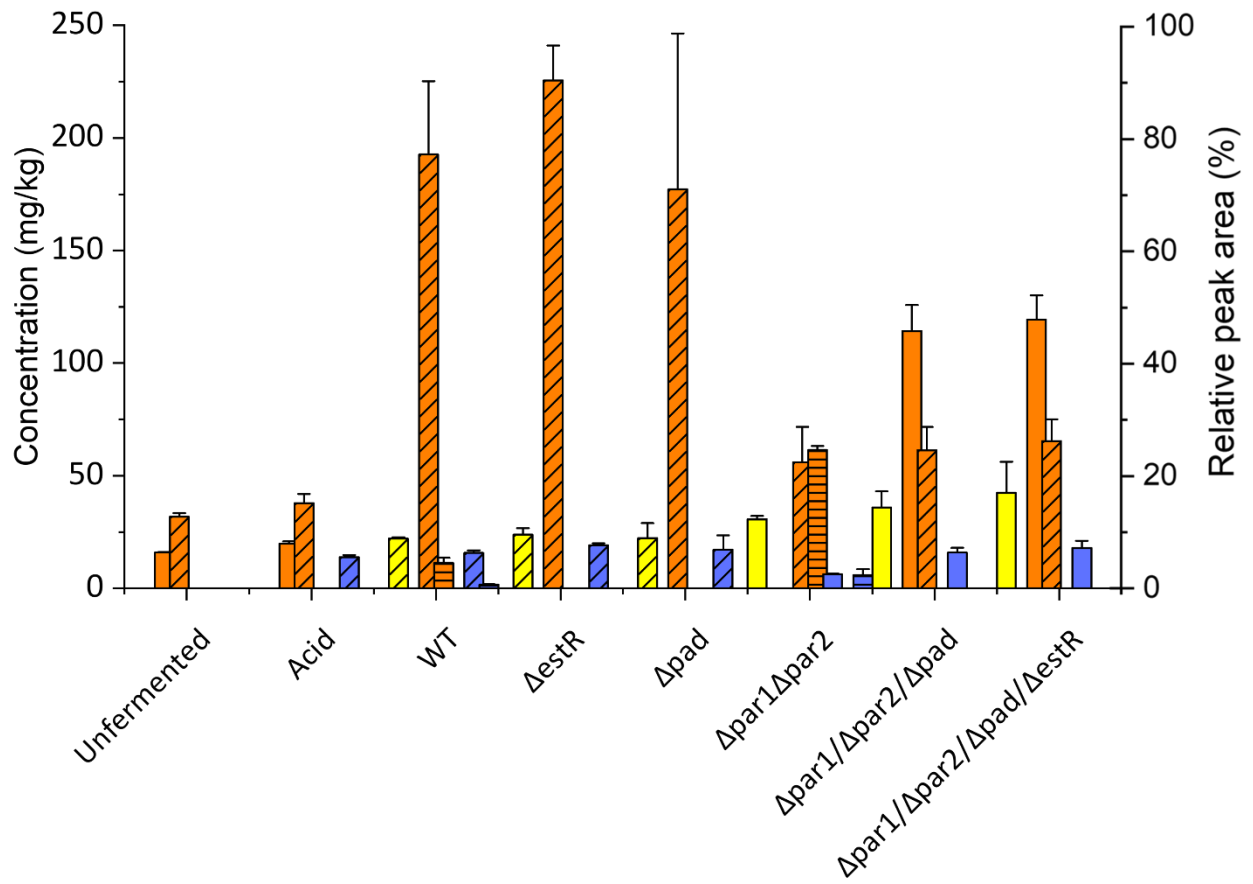


Figure 4.

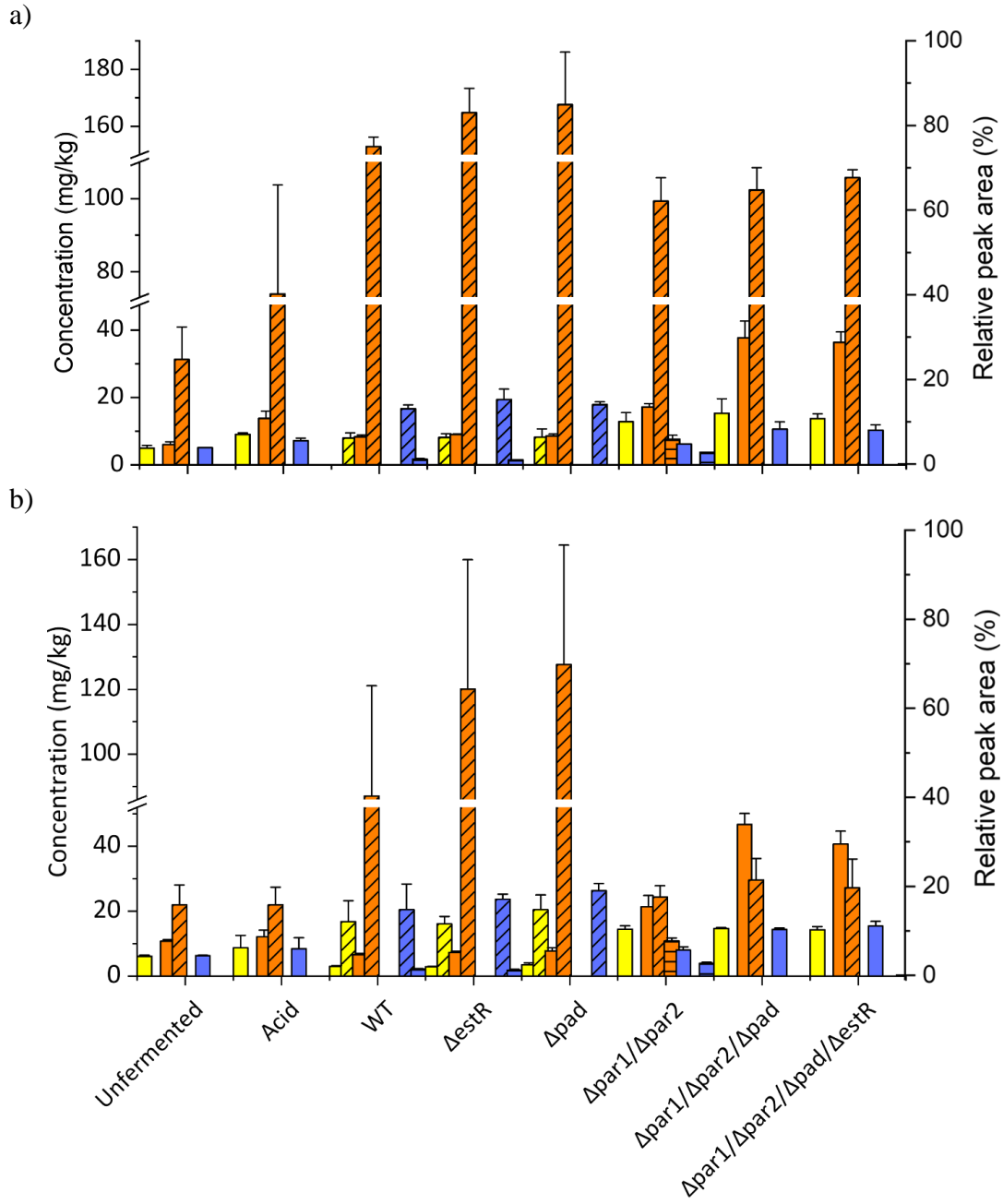
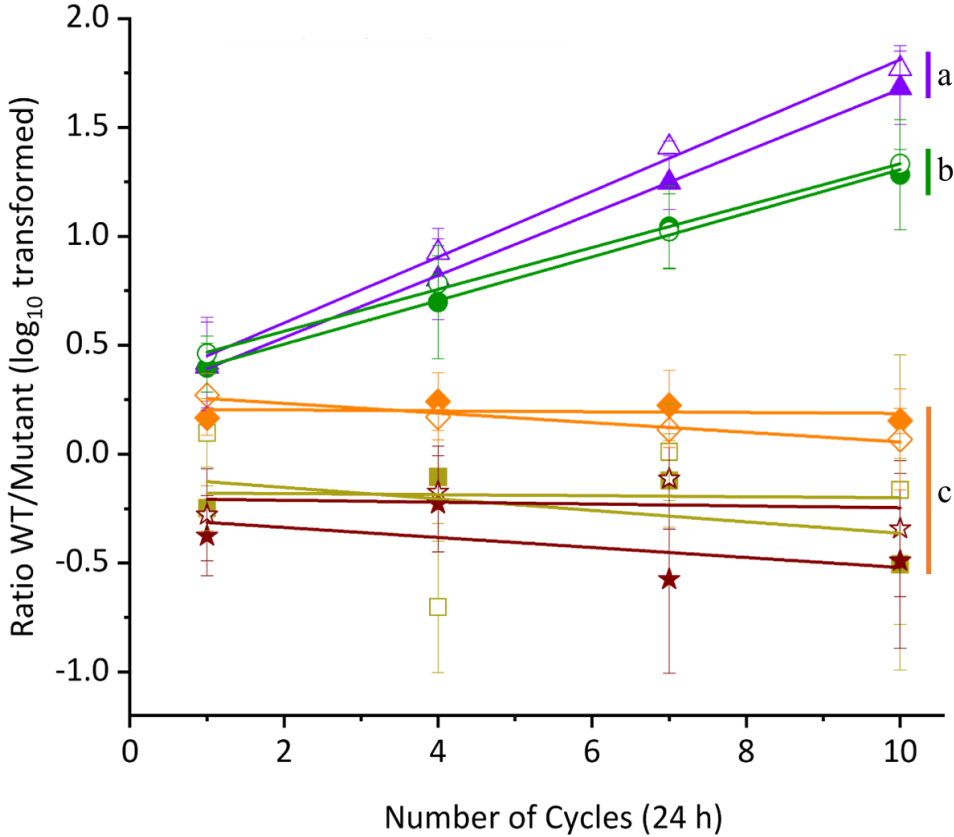


Figure 5.



Online supplementary material to

Conversion of hydroxycinnamic acids by *Furfurilactobacillus mii* in sorghum fermentations: impact on profile of phenolic compounds in sorghum and on ecological fitness of *Ff. mii*.

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Table S1. Presence of hydroxycinnamic acids and their metabolites in unfermented and fermented red (PAN 8609) sorghum.

Table S1. Presence of hydroxycinnamic acids and their metabolites in unfermented and fermented red (PAN 8609) sorghum. Qualitative analysis was performed for 3 independent biological replicates using LC-MS/MS. The LC-MS/MS assay did not detect sinapic acid, dihydrosinapic acid and vinyl-derivatives of hydroxycinnamic acid in any of the samples.

Sample	Caffeic acid	Dihydro- caffeic acid	Ferulic acid	Dihydro-ferulic acid	<i>p</i> -Couma-ric acid	Phloretic acid
Unfermented	++	-	++	-	++	-
Acid	++	-	++	-	++	-
WT	-	++	-	+	-	+
Δest	-	++	-	+	-	+
Δpad	-	++	-	+	-	+
$\Delta\Delta par$	++	-	++	-	++	-
3 Δ	++	-	++	-	++	-
4 Δ	++	-	++	-	++	-

++: detected; +: detected but MS signal intensity was too low to confirm peak identity; -: not detected;