

1 **3-Hydroxypropionic acid contributes to the antibacterial activity of glycerol metabolism by**
2 **the food microbe *Limosilactobacillus reuteri***

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16 **Abstract**

17 Strains of *Limosilactobacillus reuteri* are used as starter and bioprotective cultures and
18 contribute to the preservation of food through the production of fermentation metabolites
19 lactic and acetic acid, and of the antimicrobial reuterin. Reuterin consists of acrolein and 3-
20 hydroxypropionaldehyde (3-HPA), which can be further metabolized to 1,3-propanediol and
21 3-hydroxypropionic acid (3-HP). While reuterin has been the focus of many investigations, the
22 contribution of 3-HP to the antimicrobial activity of food related reuterin-producers is
23 unknown.

24 We show that the antibacterial activity of 3-HP was stronger at pH 4.8 compared to pH 5.5
25 and 6.6. Gram-positive bacteria were in general more resistant against 3-HP and propionic
26 acid than Gram-negative indicator strains including common food pathogens, while spoilage
27 yeast and moulds were not inhibited by ≤ 640 mM 3-HP. The presence of acrolein decreased
28 the minimal inhibitory activity of 3-HP against *E. coli* indicating synergistic antibacterial
29 activity. 3-HP was formed during the growth of the reuterin-producers, and by resting cells of
30 *L. reuteri* DSM 20016 in buffer. Taken together, this study shows that food-related reuterin
31 producers strains synthesize a second antibacterial compound, which might be of relevance
32 when strains are added as starter or bioprotective cultures to food products.

33

34 **Keywords**

35 Reuterin, 3-hydroxypropionic acid, *Limosilactobacillus reuteri*, antibacterial, antifungal

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39 Introduction

40 Strains of *Limosilactobacillus reuteri* are used as starter cultures in cereal fermentations and
41 have been suggested as bioprotectants in milk products (Avila et al., 2017; Ortiz-Rivera et al.,
42 2017). *L. reuteri* contributes to the preservation of fermented food through the production of
43 fermentation metabolites lactic and acetic acid, and of reuterin. The antimicrobial activity of
44 reuterin was first described in the 1980s as a compound produced during glycerol metabolism
45 of *Limosilactobacillus reuteri* (Axelsson et al., 1989; Talarico et al., 1988). Reuterin formation
46 was later linked to the *pdu* cluster, which encodes for the enzymes converting glycerol and
47 1,2 propanediol, and a *cbi-cob-hem* operon, which contributes to the biosynthesis of the
48 cofactor cobalamin (Morita et al., 2008). Diol metabolism has been described for food, gut
49 and silage-related taxa of the phyla *Firmicutes* including *Anaerobutyricum hallii*, *Blautia*
50 *obeum*, and *Ruminococcus gnavus*, and *Proteobacteria* including *Klebsiella* and *Citrobacter*
51 species (Hao et al., 2008; Lindlbauer et al., 2017; Zhang et al., 2019). In lactobacilli, strains of
52 *L. reuteri*, *Furfurilactobacillus rossiae*, *Loigolactobacillus coryniformis* as well as
53 *Secundilactobacillus* spp., *Levilactobacillus* spp. and *Lentilactobacillus* spp. metabolise
54 glycerol (Zheng et al., 2020). Glycerol is first dehydrated to 3-hydroxypropionaldehyde (3-
55 HPA) in a reaction catalyzed by glycerol/diol dehydratase PduCDE (also called GdhCDE) (**Figure**
56 **1**). 3-HPA can either form reuterin, a multi-compound system consisting 3-
57 hydroxypropionaldehyde (3-HPA), 3-HPA hydrate, 3-HPA dimer and acrolein (Engels et al.,
58 2016), or is further metabolized to 1,3-propanediol (1,3-PDO) and 3-hydroxypropionic acid (3-
59 HP) by the enzymes encoded by the diol/propanediol-utilization (*pdu*) operon (**Figure 1**).
60 Reuterin exhibits broad spectrum antimicrobial activity against Gram-positive and Gram-
61 negative bacteria including food-related pathogens, yeasts, molds, and protozoa both *in vitro*
62 and *in situ* (Stevens et al., 2011). Reuterin depletes free thiol groups of glutathione (GSH), and
63 proteins, resulting in an imbalance of the cellular redox status, which leads to bacterial cell
64 death (Schaefer et al., 2010). The highly reactive, double unsaturated aldehyde acrolein was
65 suggested as the main component responsible for the antimicrobial activity of reuterin
66 (Engels et al., 2016).
67 Organic acids are weak acids that typically show pH-dependent antimicrobial activity, which
68 relates to their importance in the preservation of fermented food products. A major
69 parameter determining antimicrobial activity is the pK_A , as mainly the undissociated form
70 enters the cell and acidifies the cytoplasm. Export of protons consumes metabolic energy

71 while a drop of the cytoplasmic pH modifies enzyme activity and damages structural proteins
72 and nucleic acids; in addition, anion concentration can increase to toxic levels (Mani Lopez et
73 al., 2012). The antifungal propionic acid is used as food preservative and is formed in
74 propionibacteria-driven food fermentations, for example in Emmental cheese. Propionic acid
75 is produced *in situ* in silage or cereal fermentations with *Lentilactobacillus* species as starter
76 cultures (Zhang et al., 2010, Zheng et al., 2020). In contrast, only few studies reported on the
77 antibacterial potential of 3-HP (Chun et al., 2014; Warnecke et al., 2012; Sankaranarayanan
78 et al., 2014), which could contribute to antimicrobial potential of *L. reuteri* when used as
79 starter culture or bioprotectant. It was, therefore, the aim of this study to test the
80 antimicrobial activity of 3-HP against selected Gram-positive and Gram-negative bacteria
81 including common food pathogens, and against selected spoilage yeast and mycelial fungi,
82 and to compare to propionic acid. We investigated the cooperative activity of 3-HP with
83 acrolein, the second antimicrobial derived from glycerol metabolism, against selected
84 bacteria, yeast and fungal strains, and tested whether selected reuterin forming lactobacilli
85 produced 3-HP during growth in the presence of glycerol, or in a resisting state mimicking a
86 starter or bioprotective culture, respectively.

87 **Material and methods**

88 **Strains and growth conditions.** Bacterial strains were obtained from the strain collection of
89 the Department of Microbiology, Nutrition and Dietetics (CZU, Czechia), from the Deutsche
90 Sammlung von Mikroorganismen und Zellkulturen GmbH (DSMZ, Germany), and from the
91 Czech Collection of Microorganisms (CCM, Masaryk University Brno, Czechia) (**Table 1**). The
92 identity of cultures was confirmed with MALDI-TOF MS (Bruker Daltonik GmbH, Germany) as
93 described (Modrackova et al., 2019). Bifidobacteria and *Listeria monocytogenes* were
94 routinely cultured in Wilkins-Chalgren broth (Oxoid, UK) supplemented with soy peptone (5 g
95 L⁻¹, Oxoid), L-cysteine (0.5 g L⁻¹, Sigma-Aldrich, USA), and Tween 80 (1 mL L⁻¹, Sigma-Aldrich)
96 (WSP broth) in an oxygen-free carbon dioxide environment (bifidobacteria) or aerobically
97 (*Listeria*) at 37 °C for 24 h. Lactobacilli were grown using MRS (Sigma-Aldrich) at 37 °C for 24
98 h, while *Escherichia coli* and *Salmonella* spp. were cultivated aerobically in Nutrient Broth Nr.
99 2 (Thermo Scientific, Czechia) at 37° C for 24 h. Stock cultures were stored at -80 °C with 30%
100 glycerol addition. To obtain working cultures, strains were streaked on agar plates, lactobacilli
101 were incubated under anaerobic conditions created by GENbag anaerobic (Biomerieux,
102 France). Single colonies were picked, incubated in broth and subcultured once. Acrolein

103 formation of lactobacilli was qualitatively tested using the colorimetric assay described by
104 Lüthi-Peng et al. (2002a) using *L. reuteri* DSM 20016, *L. reuteri* FUA 3400, and *F. rossiae* as
105 positive controls (Engels et al., 2016; Fekry et al., 2016; Lin and Gänzle, 2014).

106 Yeast and fungi were obtained from strain collection of the Food Microbiology lab at the
107 University of Alberta. *Aspergillus niger* FUA 5001 and *Penicillium roqueforti* FUA 5004 were
108 cultured on malt extract agar (MEA) at 25 °C for 7 d. *Zygosaccharomyces* spp. FUA 4034 and
109 *Saccharomyces cerevisiae* FUA 4011 were cultured on yeast extract peptone dextrose (YPD)
110 agar at 30 ° C for 2 d. A single colony of yeast was picked to make a 2-day sub culture at 30 °
111 C, 200 rpm.

112 **Preparation of 3-hydroxypropionate and propionic acid, and acrolein solutions.** The pH
113 dependent antibacterial effect of organic acids was determined in media after adjusting the
114 pH to 6.5, 5.5 and 4.8 using 5N HCl. 3-HP (Sigma-Aldrich, Czechia, 30% (w/v, 6 M solution) and
115 propionic acid (Sigma-Aldrich, 13.4 M) were diluted to a stock solution of 60 mM in the
116 cultivation broths. To test the inhibition of yeast and fungi, stock solutions (1.92 M) of lactate,
117 sodium propionate and 3-HP were prepared in mMRS broth, followed by pH adjustment to
118 4.8 (all Sigma-Aldrich, Canada). Acrolein (Sigma-Aldrich, 15 M) was first 100-fold diluted in
119 BifiBuffer (K_2HPO_4 1.2 g L⁻¹, KH_2PO_4 0.333 g L⁻¹; Lachner, Czechia), and was further diluted to
120 a working concentration of 1.5 mM in cultivation media. Acrolein solutions were always
121 prepared fresh.

122 **Broth dilution assay to determine the minimal inhibitory concentration (MIC) of 3-HP and**
123 **propionic acid against bacterial indicators.** The antibacterial activity of 3-HP and propionic
124 acid was tested using two-fold broth dilution assay in 96-well sterile microtiter plates (VWR,
125 Czechia). Cells from overnight cultures were harvested by centrifugation at 6000 x g for 5 min,
126 and were resuspended in the same volume of fresh medium (pH 6.5). A two-fold dilution
127 series of the organic acids was prepared in microtiter plates, the maximum concentration of
128 3-HP and propionic acid tested was 30 or 60 mM. Cultures (10%) were added, and plates were
129 incubated under aerobic, or anaerobic conditions created by GENbag anaerobic, at 37 °C for
130 24 h. Positive controls (cultivation medium without organic acid), as well as blanks (sterile
131 media instead of cell suspension), were included in each assay. Bacterial growth was detected
132 by measuring the optical density at 600 nm after 24 h of incubation. A sigmoidal (four
133 parameter logistic) equation was used to fit the data (Sigma Plot version 13, Systat Software,
134 USA); the inflection point of the resulting curve represents the MIC₅₀ value, which was defined

135 as the concentration that reduced final optical density of the test strains to 50% compared to
136 optical density without inhibitors. Every strain was analysed at least three times unless
137 otherwise indicated.

138 **Cooperative antibacterial activity of 3-HP and acrolein.** The cooperative antibacterial activity
139 of 3-HP and acrolein was tested using a modified broth dilution assay in 96-well sterile
140 microtiter plates (VWR). Two-fold broth dilution assays were prepared horizontally (3-HP) and
141 vertically (acrolein) with concentrations ranging from 0.1-16.5 mM and 5-750 μ M,
142 respectively.

143 Working cultures of *E. coli* ATCC 25922, or *L. reuteri* DSM 20016 were centrifuged, and the
144 cell pellet was resuspended in the same volume of fresh medium (pH 6.5), and was inoculated
145 at 10%. Plates were incubated aerobically (*E. coli*) or anaerobically (*L. reuteri*) using Genbag
146 anaerobic at 37 °C for 24 h. Positive controls as well as blanks were included in each assay.
147 Bacterial growth was detected by measuring the optical density at 600 nm after 24 h of
148 incubation. A sigmoidal (four parameter logistic) equation was generated for each acrolein
149 concentration as described above. Every strain was analysed at least three times.

150 **Broth dilution assay to determine the MIC of yeast and fungi.** The antifungal activities of 3-
151 HP, lactic and propionic acids, were measured as described (Liang et al., 2017). In brief,
152 organic acid stock solutions (100 μ L) were added into 100 μ L of mMRS broth (pH=4.8), and a
153 series of two-fold dilution was made. Suspensions of fungal conidiospores or yeast cells were
154 adjusted to a cell count of 10^4 cells / mL after counting with a haemocytometer, and 33.3 μ L
155 of this suspension was added to each well. Positive controls, and blanks were included in each
156 assay. Cultures were incubated at 25 °C for molds and 30°C for yeasts. Growth of mycelia and
157 vegetative cells, respectively, was observed after one day for the positive control, and the
158 minimum concentration of compound of interest that inhibited growth were recorded as MIC.
159 Every strain was tested three times.

160 **Production of 3-HP and fermentation metabolites during growth in the presence of glycerol
161 or by resting cells.** To investigate 3-HP formation during growth, we grew selected reuterin-
162 positive and reuterin-negative, heterofermentative lactobacilli in MRS, which contained 110
163 mM glucose, and in MRS additionally supplied with of 55 or 110 mM glycerol (MRS + 55 mM
164 glycerol and MRS + 110 mM glycerol). Working cultures were inoculated (2%) in 10 mL MRS
165 in Hungate tubes and were incubated at 37 °C. Cell density was measured hourly for 9 h, and
166 after 24 h of incubation, using a McFarland DEN1-B densitometer (Biosan, Latvia).

167 Supernatant was collected at t=0 and 24 h for metabolite analysis. Experiments were
168 conducted with three biological replicates unless otherwise indicated.

169 We additionally tested the formation of 3-HP by resisting cells. Overnight cultures of *L. reuteri*
170 DSM 20016 were centrifuged, washed once using Bifibuffer, and concentrated 10-fold. Cells
171 were inoculated (1%) in 200 μ L glycerol solution (55 or 110 mM in Bifibuffer) and were
172 incubated for 4 h at 37 °C. Supernatants were used for metabolite analysis as described below.

173 **Metabolite formation analysis using ion chromatography with suppressed conductivity**
174 **detection (IC-SCD) and high performance chromatography with refractive index detector**
175 **(HPLC-RI)**

176 As lactate and 3-HP, and lactate and glycerol eluted at the same retention time using IC-SCD
177 and HPLC-RI, we used two chromatographic systems to determine metabolite formation. The
178 concentration of main fermentation metabolites lactate and acetate, and of 3-HP was
179 determined using capillary high-pressure ion-exchange chromatography with suppressed
180 conductivity detection on a Dionex ICS 4000 (Thermo Scientific) system equipped with IonPac
181 AS11-HC 4 μ m (Thermo Scientific) guard and analytical columns. Eluent composition was as
182 follows: 0–10 min isocratic: 1 mM KOH; 10–20 min linear gradient: 1–60 mM KOH; and 20–25
183 min isocratic: 60 mM KOH. The flow rate was set to 0.012 mL min⁻¹. An ACES 300 suppressor
184 (Thermo Scientific, USA) was used to suppress eluent conductivity, while a carbonate Removal
185 Device 200 (Thermo Scientific) was implemented to suppress carbon dioxide baseline shift.
186 The concentrations of 3-HP and 1,3-PD were determined HPLC-RI were quantified using a
187 1260 Infinity II (Agilent, Denmark) and a Hi-Plex H column (Agilent). H₂SO₄ (50 mM) was used
188 as eluent at a flow rate of 0.6 mL min⁻¹ at a column temperature of 40 °C.

189 Chromatograms were processed with Chromeleon 7.20 (Thermo Scientific). Standards were
190 prepared from 1 g L⁻¹ stock solutions (Analytika, Czechia; Inorganic Ventures, USA). Deionised
191 water (conductivity <0.055 μ S cm⁻¹; Adrona, Latvia) was used for eluent and standard
192 preparation (0.1–40 mg L⁻¹).

193 **Statistical analysis.** The statistical packages implemented in SigmaPlot 13 was used. The
194 impact of pH on the MIC of 3-HP or propionic acid, and lactic and acetic acid concentrations
195 formed after incubation in different media was compared by One-Way Analysis of Variance
196 with all pairwise multiple comparison procedures (Holm-Sidak method). A value $p < 0.05$ was
197 considered significant.

198 **Results and discussion**

199 **Antibacterial activity of 3-HP and propionic acid was pH-dependent.** During a lactic acid
200 bacteria driven food fermentation, the pH drops from near neutral to $pH < 5$ enhancing the
201 antimicrobial activity of organic acids. We therefore tested pH dependent activity of 3-HP and
202 propionic acid using two-fold dilution assay in media adjusted to pH 6.5, 5.5, and 4.8.
203 Surprisingly, both 3-HP and propionic acid were inhibitory against the tested
204 *Enterobacteriaceae* and *Bifidobacterium* spp. even at the near-neutral pH of 6.5, indicating
205 that pH is not the only parameter responsible for antimicrobial activity of organic acids. It was
206 shown before that lactic acid (pK_a 3.86) likewise reduced growth and modified transcript and
207 metabolic response of *L. monocytogenes* at pH 6.1 (Stasiwicz et al., 2011).

208 Antibacterial activity of both organic acids increased with decreasing pH, as reported before
209 for lactic, acetic and propionic acid, likely due to dissociation of weak acids in a pH dependent
210 manner (Buchanan et al., 1993; Gerez et al., 2009; Mani-Lopez et al., 2012) (**Table 1**).
211 Sensitivity of *E. coli* towards 3-HP and propionic acid was strain dependent. In general, the
212 MIC_{50} at pH 6.5 were 1.8-5.4-fold higher compared to pH 4.8. The MIC_{50} of *Salmonella enterica*
213 Enteritidis ATCC 13076 was in the same range as for *E. coli* (**Table 1**). For *Listeria*
214 *monocytogenes* ATCC 7644 and *Bifidobacterium* spp., the MIC_{50} of propionic acid and 3-HP
215 was higher when compared to *Enterobacteriaceae*, but was also significantly lower at pH 4.8
216 when compared to pH 6.5 (**Table 1**), indicating the 3-HP could potentially contribute to
217 antibacterial activity in a fermented food product.

218 3-HP (pK_a 4.51) is a stronger acid than propionic acid (pK_a 4.87), and it was previously
219 observed that growth of *E. coli* was reduced by organic acids at neutral pH depending on the
220 dissociation constant (Chun et al., 2014). We therefore expected a higher MIC of 3-HP
221 compared to propionic acid at the same pH. However, the MIC of propionic acid and 3-HP
222 against *E. coli*, *Salmonella*, and *L. monocytogenes* ATCC 7644 was similar (**Table 1**), suggesting

223 that mechanisms other than the membrane permeability of undissociated organic acids
224 impacted bacteria inhibition.

225 For *Bifidobacterium breve* B13 and *Bifidobacterium longum* subsp. *infantis* DSM 20088, the
226 MIC₅₀ of 3-HP was even lower than for propionic acid, especially at pH 4.8. This might be due
227 to higher pH sensitivity of *Bifidobacterium* spp. (Sánchez et al., 2007). Indeed, final optical
228 density of cultures grown at pH 4.8 was 60-80% lower compared to optical densities reached
229 at pH 6.5 and 5.5 (data not shown).

230 Lactobacilli and enterococci were not inhibited by the presence of 60 mM propionic acid or
231 33 mM 3-HP even at pH 4.8 (**Table 1**). Lactobacilli are intrinsically resistant against low pH and
232 high acid concentrations due to several mechanisms including amino acid dependent
233 neutralization processes and proton pumps (Gänzle, 2015, Wang et al., 2018), and their ability
234 to lower the internal pH (Van Immerseel et al., 2006), which contributes to their suitability to
235 be used as starter cultures. Propionic acid reduced the growth of *Lactobacillus helveticus* and
236 *Lactocaseibacillus casei* only at concentrations around 100 mM (Perez Chaia et al., 1994).

237 **Antifungal activity of organic acid depends on compound structure and target strain.**

238 Selected food products, such as yogurt and bread, are sensitive towards spoilage by yeast and
239 moulds. To investigate the impact of acidic strength and dissociation potential on antifungal
240 activity, we compared the sensitivity of *S. cerevisiae* FUA 4011 and *Zygosaccharomyces* sp.,
241 and of the mycelial fungi *P. roqueforti* FUA 5004 and *A. niger* FUA 5001 towards 3-HP, its
242 isomer lactic acid and the non-OH analogue propionic acid. Only propionic acid exhibited
243 antimicrobial activity among the organic acids tested, yeasts and fungi were not inhibited by
244 up to 640 mM lactic acid or 3-HP. The additional hydroxyl group of 3-HP and lactic acid
245 reduces the hydrophobicity and thus the potential to partition into the membrane.
246 Accordingly, an increasing length of the aliphatic chain of organic acids, corresponding to a
247 increasing hydrophobicity, decreased the MIC against *A. niger* (Stratford et al., 2009). Yeast
248 (MIC of *S. cerevisiae* FUA 4011: 160 mM; MIC of *Zygosaccharomyces* sp.: ~320 mM) were more
249 resistant towards propionic acid than mycelial fungi (40 mM). Accordingly, weak acid
250 resistance of *S. cerevisiae* has been linked to the ability to restore the cell internal pH, and to
251 an anion exporter system (Ullah et al., 2012).

252 **The antibacterial activity of 3-HP and acrolein was synergistic.** Glycerol metabolism of strains
253 that harbour the *pdu* cluster can yield acrolein and 3-HP simultaneously, which could increase
254 the antimicrobial activity in food. To investigate whether the presence of acrolein impacted

255 the antibacterial activity of 3-HP, we conducted two-fold dilution assays in the presence of
256 both compounds, 3-HP (0.1-16.5 mM) and acrolein (5-684 μ M) at pH 4.8 using *E. coli* ATCC
257 25922 and *L. reuteri* DSM 20016 as indicator strains. The maximum concentration of acrolein
258 reduced the optical density of *E. coli* by less than 50% while the optical density of *L. reuteri*
259 was not affected. When combined with 3-HP, higher concentrations of acrolein significantly
260 reduced the MIC₅₀ of 3-HP (**Figure 2**). The log-linear relationship of the MIC₅₀ of 3-HP at
261 different acrolein concentrations suggests that 3-HP and acrolein act synergistically likely due
262 to different mode of action. 3-HP acts as organic acid dissociating in the cytoplasm, while
263 acrolein causes oxidative stress and can interact with DNA and proteins (Schaefer et al., 2010).
264 This synergistic activity enhances the antimicrobial potential of glycerol-metabolizing *L.*
265 *reuteri* in food. In contrast to *E. coli*, the optical density of *L. reuteri* DSM 20016 after 24 h was
266 not impacted by the combined application of 3-HP and acrolein likely due to higher intrinsic
267 resistance of lactobacilli against acid and redox stress (Cleusix et al., 2007; Schaefer et al.,
268 2010) protecting the producing cell.

269 **3-HP was produced during growth by reuterin-positive strains**

270 Reuterin/acrolein formation in the presence of glucose and glycerol was confirmed for
271 growing cultures of *L. reuteri* ATCC 53608 (Lüthi-Peng et al., 2002b), and for *L. reuteri* DSM
272 20016, using a heterocyclic amine as scavenger molecule (Zhang et al, 2019). To investigate
273 whether 3-HP would concurrently be formed, we compared glycerol metabolism of the
274 reuterin-positive *L. reuteri* DSM 20016 and FUA 3400 and *F. rossiae* DSM 21584 (Fekry et al.,
275 2016) to the reuterin-negative *L. reuteri* FUA 3400 Δ pduCDE (Lin and Gänzle, 2014), J3 and
276 CCM 3625, and *Levilactobacillus brevis* CCM 3805. The ability to release acrolein was
277 qualitatively confirmed for *L. reuteri* DSM 20016 and FUA 3400, and *F. rossiae* DSM 21584.

278 The presence of glycerol did not affect growth profiles of reuterin-positive or reuterin-
279 negative strains (**Figure 3**). The reuterin-positive strains formed mainly lactate in the presence
280 of glucose and less than 10 mM acetate (**Table 2**). The presence of 110 mM glycerol
281 significantly increased acetate formation of *L. reuteri* FUA 3400, while *L. reuteri* DSM 20016
282 formed higher levels of acetate with both concentrations of glycerol (**Table 2**). The formation
283 of 1,3-PD was 1.3-2.6 times higher in the presence of 110 mM glycerol compared to 55 mM
284 glycerol. 3-HP (4-10 mM) was detected if reuterin positive strains were grown in the presence
285 of 110 mM glycerol, *L. reuteri* DSM 20016 also produced 3-HP (4 mM) with 55 mM glycerol,
286 confirming the potential to release 3-HP during growth . Glycerol or 1,2-propanediol are

287 converted mainly to 1,3-propanediol and propanol, respectively, when glucose is present in
288 the growth medium or in cereal fermentations. The reducing branch of the pathway, which
289 supports conversion of acetyl-phosphate to acetate, generating additional ATP (Cheng et al.,
290 2020, Gänzle, 2015; Lin and Gänzle, 2014).

291 Likewise, during growth, *L. reuteri* produces only low concentrations of propionic acid, the
292 analogue compound of 3-HP formed from 1,2-PD (Cheng et al., 2020; Zhang et al., 2019). In
293 addition, the precursor of 3-HP and 1,3-PD, 3-HPA, spontaneously degrades to acrolein at
294 fermentation conditions and is thereby lost for further transformation through the PDU
295 cluster (Engels et al., 2016).

296 **Resting cells are able to produce 3-HP in the absence of fermentable sugars**

297 It was suggested previously to use of *L. reuteri* as bioprotectant in dairy products (Avila et al.,
298 2017; Ortiz-Rivera et al., 2017). We therefore tested whether *L. reuteri* DSM 20016 resting
299 cells (about 10^7 - 10^8 cells mL⁻¹) produced 3-HP, and indeed, after 4 h incubation in glycerol
300 buffer at 37 °C, around 0.5 mM 3-HP were formed from 55 (0.5±0 mM 3-HP) and 110 (0.5±0.2
301 mM 3-HP) mM glycerol. Despite the low concentration of 3-HP formed, these results
302 demonstrate the potential of *L. reuteri* resting cells to produce 3-HP in the absence of
303 fermentable sugars. Higher levels of 3-HP were formed by other strains of *L. reuteri* and
304 reuterin positive *Lactobacillaceae* at different conditions. In a recent study, the reuterin-
305 positive *L. reuteri* PTA-F13 produced 4-5 mM 3-HP during incubation in CAMH broth, which
306 lacked glucose but was supplied with 28 mM glycerol (Asare et al., 2020). Brugé et al. (2015)
307 reported the formation of up to about 30 mM during glycerol conversion (200 mM) of 10^{10}
308 cells mL⁻¹ of *L. reuteri* DSM 20016, DSM 17938 and ATCC 53608. These studies together with
309 our results suggest that 3-HP can be formed in an environment that provides no or low
310 concentrations of fermentable hexoses, and allows longer fermentation periods.

311 *Loigolactobacillus coryniformis* and *Lentilactobacillus* species convert glycerol in cider and
312 wine (Garai-Ibabe et al., 2008); i.e. despite the low concentrations observed in our study, the
313 metabolite may be relevant in specific applications / food systems. In agreement, the
314 formation of 3-HPA/acrolein was confirmed in fermented milk and cheese when incubated
315 with *L. reuteri*. In milk-based products *L. reuteri* showed little growth due to low proteolytic
316 activity, but remained metabolically active (Avila et al., 2017; Ortiz-Rivera et al., 2017).
317 fermentation conditions >37 °C would likely allow for the concurrent formation of both
318 antibacterials, acrolein (Engels et al., 2016) and 3-HP, leading to synergistic effects. Likewise,

319 3-HP produced from glycerol may contribute to the preservative effect of *Lentilactobacillus*
320 species growing in silage (Holzer et al., 2003).

321 **Conclusion**

322 We here show that 3-HP which can be produced by food-related microbes such as *L. reuteri*
323 acts as pH-dependent antibacterial with similar activity as propionic acid, however, 3-HP did
324 not inhibit spoilage yeast and fungi at the concentrations tested. The antibacterial activity of
325 acrolein and 3-HP was synergistic, and both compounds could be formed concurrently by
326 growing and resting cells of glycerol-metabolizing lactobacilli, which might be of relevance
327 when strains are used as starter cultures, or bioprotectants for example in dairy products.

328

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456

457 **Figure legends**

458

459 **Figure 1. Glycerol utilization by enzymes encoded by the *pdu* cluster.** Glycerol is dehydrated
460 to 3-hydroxypropanaldehyde (3-HPA) which can spontaneously transform to acrolein or be
461 further metabolised to 3-hydroxypropionic acid (3-HP) and 1,3-propanediol.

462

463 **Figure 2. Cooperative antibacterial activity of 3-HP and acrolein.** The combined activity of
464 acrolein and 3-HP was tested using *E. coli* ATCC 25922 as indicator strain, which was grown in
465 Nutrient broth at pH 4.8. A modified broth dilution assay was used which concurrently tested
466 the impact of 3-HP and acrolein. The impact of the presence of acrolein on the MIC of 3-HP
467 was compared testing One-Way Analysis of Variance with all pairwise multiple comparison
468 procedures (Holm-Sidak method). Different small letters indicate, that MIC of 3-HP are
469 significantly different at different acrolein concentrations. NT not tested

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Table 1. pH dependent MIC₅₀ of propionic acid and 3-HP. MIC₅₀ of selected Gram-negative and positive bacteria were determined using broth dilution assay. The impact of pH on the MIC₅₀ of 3-HP or propionic acid was compared testing One-Way Analysis of Variance with all pairwise multiple comparison procedures (Holm-Sidak method). MIC₅₀ of 3-HP or propionic acid at the same pH were compared using paired t-test. Different capital letters indicate significant (p<0.05) difference between MIC₅₀ at different pH. NT not tested

Strain	Minimal inhibitory concentration inhibiting 50% of growth (MIC ₅₀ , mM)						
	Antimicrobial pH	Propionic acid			3-HP		
		6.5	5.5	4.8	6.5	5.5	4.8
<i>Escherichia coli</i> Nissle	17.1±1.7 ^A	7.3±0.3 ^B	7.1±0.1 ^B	16.4±0.9 ^A	9.2±0.4 ^B	7.1±1.4 ^C	
<i>Escherichia coli</i> ATCC 25922	12.7±0.4 ^A	6.9±0.3 ^B	5.8±1.6 ^B	14.4±1.7 ^A	7.8±0.8 ^{AB}	5.3±2.1 ^B	
<i>Escherichia coli</i> GM 2163	7.0±0.5 ^A	3.6±0.6 ^B	1.8±0.2 ^C	7.3±0.2 ^A	3.4±0.6 ^B	1.4±0.4 ^C	
<i>Salmonella enterica</i> Enteritidis ATCC 13076	8.6±1.8 ^A	3.7±0.5 ^B	1.2±1.7 ^B	9.7±2.6 ^A	6.7±0.1 ^{AB}	2.9±0.1 ^B	
<i>Listeria monocytogenes</i> ATCC 7644*	NT	11.6±0.1	5.5±1.4	14.2±4.0	8.9±0	5.5±1.1	
<i>Limosilactobacillus reuteri</i> FUA 3400	NT	NT	>60	NT	NT	>33.3	
<i>Limosilactobacillus reuteri</i> FUA 3400 Δ pduCDE	NT	NT	>60	NT	NT	>33.3	
<i>Limosilactobacillus reuteri</i> DSM 20016	NT	NT	>60	NT	NT	>33.3	
<i>Limosilactobacillus reuteri</i> J3	NT	NT	>60	NT	NT	>33.3	
<i>Levilactobacillus brevis</i> CCM 3805	NT	NT	>60	NT	NT	>33.3	
<i>Furfurilactobacillus rossiae</i> DSM 21584	NT	NT	>60	NT	NT	>33.3	
<i>Limosilactobacillus vaginalis</i> DSM 5837	NT	NT	>60	NT	NT	>33.3	
<i>Lactobacillus helveticus</i> DSM 20075	NT	NT	>60	NT	NT	>33.3	
<i>Lactocaseibacillus rhamnosus</i> GG	NT	NT	>60	NT	NT	>33.3	
<i>Enterococcus faecium</i> FUA 3200	>60	>60	>60	>33.3	>33.3	>33.3	
<i>Enterococcus faecium</i> CCM 6226	>60	>60	>60	>33.3	>33.3	>33.3	
<i>Bifidobacterium breve</i> B13	26.1±2.9 ^A	21.6±1.6 ^{AB}	15.2±2.2 ^B	19.0±4.2 ^A	15.9±1.1 ^A	7.2.0±2.3 ^B	
<i>Bifidobacterium animalis</i> Danone*	39.1±6.6	NT	20.6±5.4	25.1±1.2	NT	20.4±0.9	
<i>Bifidobacterium longum</i> subsp. <i>infantis</i> DSM 20088*	25.4±7.8	20.5±9.7	15.6±5.0	19.3±0.6	13.8±2.4	4.6±0.3	

*strains were only tested in duplicates and were not included in statistical analysis

Table 3. Main metabolites formed during cultivation. Strains were grown in MRS (control) which was additionally supplied with 55 or 110 mM glycerol. Lactate and acetate concentrations were determined after 24 h growth at 37 °C. The impact of medium composition on concentrations of lactate and acetate was compared testing One-Way Analysis of Variance with all pairwise multiple comparison procedures (Holm-Sidak method). A p-value $p < 0.05$ was considered significant.

Medium			Metabolites formed (mM)									
			MRS		MRS+ 55 mM glycerol				MRS+ 110 mM glycerol			
Reuterin	Strain	ID	Lactate	Acetate	Lactate	Acetate	3-HP	1,3-PD	Lactate	acetate	3-HP	1,3-PD
+	<i>L. reuteri</i>	FUA 3400	88.5±7.6	8.0±11.3 ¹	52.3±7.7	7.1±6.6 ¹	- ²	37.3±3.4	65.6±18.4	35.7±12.2 ¹	5.2±1.6	65.1±12.7
+	<i>L. reuteri</i> ¹	DSM 20016	75.8±6.2	2.6±3.6	72.6±23.7	23.2±15.9	4.2±0.1	65.1±7.8	71.9±15.0	27.9±8.5	6.4±0.7	85.7±9.1
+	<i>F. rossiae</i>	DSM 15814	84.2±8.8	6.3±6.4	67.1±14.4	5.1±6.7	-	31.1±10.0	70.1±14.4	19.1±10.7	9.5±1.0	80.0±25.6
-	<i>L. reuteri</i>	FUA 3400ΔpduCDE	64.7±1.6	7.8±1.2	63.3±5.3	3.5±4.8	-	-	54.3±6.1	4.9±4.3	-	-
-	<i>L. reuteri</i>	J3	76.8±10.4	0.4±0.6	81.7±4.5	4.3±0.3	ND ³	ND	72.7±3.3	0.3±1.2	ND	ND
-	<i>L. reuteri</i>	CCM 3625	67.7±12.6	3.9±2.7	71.2±15.6	7.5±6.6	ND	ND	71.3±0.8	2.1±0.4	ND	ND
-	<i>L. brevis</i>	CCM 3805	102.9±0.1 ^A	0.8±1.1	122.8±27.0	2.3±2.2	ND	ND	125.9±23.5	5.4±0.4	ND	ND

¹strains were only tested in duplicates and were not included in statistical analysis

²-, not detected

³ND not determined

^AANOVA indicated significant difference of the means, the posthoc test did not identify pairwise differences

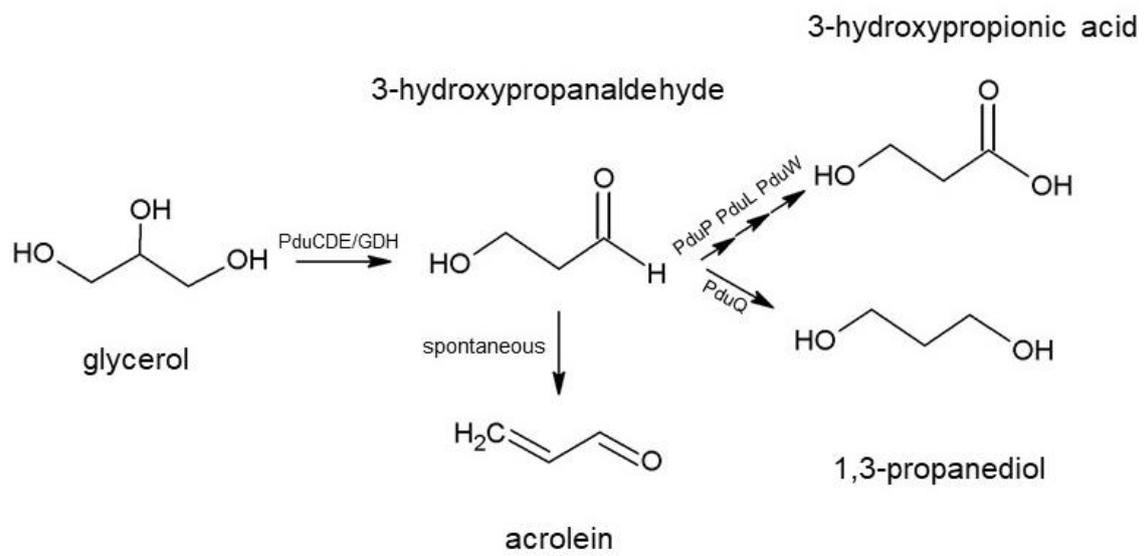


Figure 1.

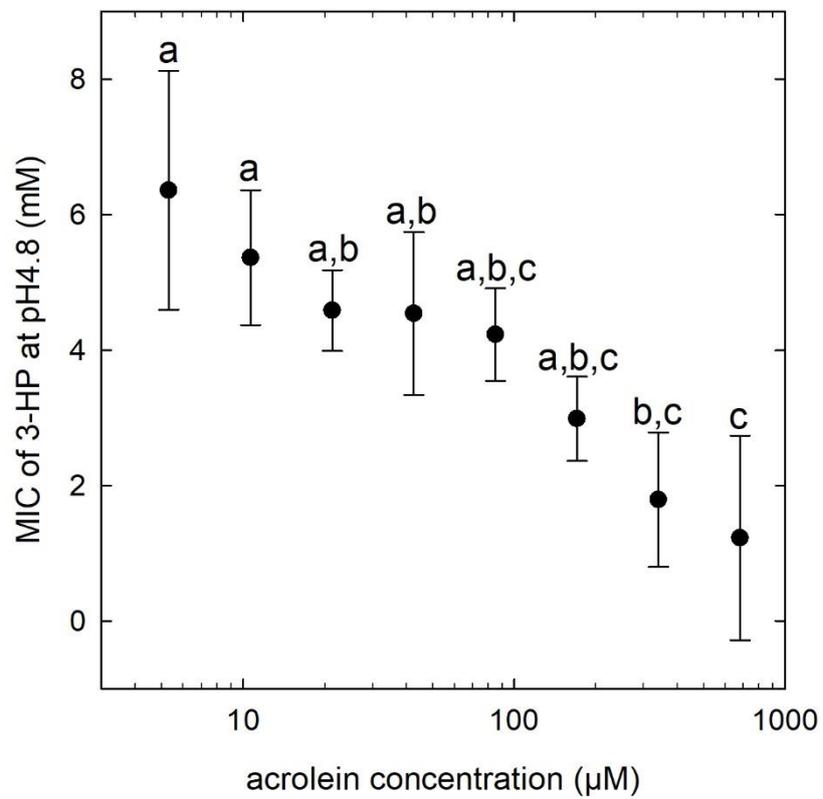


Figure 2

Supplementary Data for

3-Hydroxypropionic acid contributes to the antibacterial activity of glycerol metabolism by the food microbe *Limosilactobacillus reuteri*

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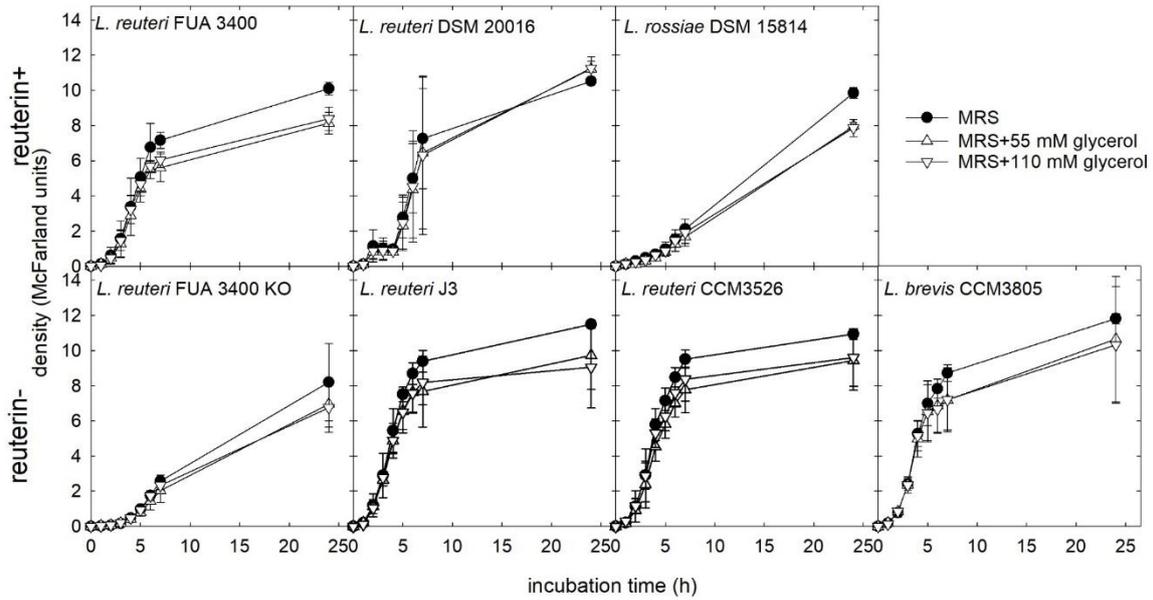
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Supplementary Figure 1. Growth of reuterin-positive and negative strains in the presence and absence of glycerol. Strains were grown at 37°C in MRSm which was additionally supplied with 55 or 110 mM glycerol. Density (in McFarland units) was determined in regular intervals for 24 h.