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Title: Dose-injury relationships for cryoprotective agent injury to human chondrocytes

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Abstract: Vitrification of articular cartilage (AC) could enhance tissue availability but requires high concentrations of cyroprotective agents (CPAs). This study investigated relative injuries caused by commonly used CPAs. We hypothesized that the in situ chondrocyte dose-injury relationships of five commonly used CPAs are nonlinear and that relative injuries could be determined by comparing cell death after exposure at increasing concentrations. Human AC samples were used from four patients undergoing total knee arthroplasty surgery. Seventy  $\mu\text{m}$  slices were exposed in a stepwise protocol to increasing concentrations of 5 CPAs (max=8M); dimethyl sulfoxide (Me2SO), glycerol (Gly), propylene glycol (PG), ethylene glycol (EG), and formamide (FM). Chondrocyte viability was determined by membrane integrity stains. Statistical analysis included t-tests and nonlinear least squares estimation methods. The dose-injury to chondrocytes relationships for all CPAs were found to be nonlinear (sigmoidal best fit). For the particular loading protocol in this study, the data identified the following CPA concentrations at which chondrocyte recoveries statistically deviated significantly from the control recovery; 1M for Gly, 4M for FM and PG, 6M for Me2SO, and 7M for EG. Comparison of individual means demonstrated that Gly exposure resulted in the lowest recovery, followed by PG, and then Me2SO, FM and EG in no specific order. The information from this study provides an order of damage to human chondrocytes in situ of commonly used CPAs for vitrification of AC and identifies threshold CPA concentrations for a stepwise loading protocol at which chondrocyte recovery is significantly decreased. In general, Gly and PG were the most damaging while DMSO and EG were among the least damaging.

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1 **Dose-injury relationships for cryoprotective agent injury to human chondrocytes**

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19

20 **Abstract**

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22 concentrations of cyroprotective agents (CPAs). This study investigated relative injuries caused  
23 by commonly used CPAs. We hypothesized that the *in situ* chondrocyte dose-injury relationships  
24 of five commonly used CPAs are nonlinear and that relative injuries could be determined by  
25 comparing cell death after exposure at increasing concentrations. Human AC samples were used  
26 from four patients undergoing total knee arthroplasty surgery. Seventy  $\mu\text{m}$  slices were exposed in  
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28 ( $\text{Me}_2\text{SO}$ ), glycerol (Gly), propylene glycol (PG), ethylene glycol (EG), and formamide (FM).  
29 Chondrocyte viability was determined by membrane integrity stains. Statistical analysis included  
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40 DMSO and EG were among the least damaging.

41 **Key Words:** human, chondrocytes, injury, cryoprotective agents, vitricification, dose,  
42 cryopreservation

## 43 **Introduction**

44 Osteoarthritis is the leading cause of work disability in Canada, with an annual estimated  
45 economic productivity and long-term disability cost of \$4.4 billion dollars[1,16]. When injured,  
46 articular cartilage (AC) has limited ability to repair itself and the injury may progress to  
47 disabling degenerative arthritis[36]. Due to the low immunogenicity and avascularity of cartilage  
48 tissue, osteochondral lesions can be treated with articular cartilage allograft transplantation[15].  
49 However, in order to overcome transport, sizing, and availability challenges, an effective method  
50 for long-term preservation of these allografts must first be developed and optimized. Vitrification  
51 of AC is one method that can preserve this tissue indefinitely and involves the use of high  
52 concentrations of cryoprotective agents (CPAs) and rapid cooling rates[20,28,30]. One challenge  
53 is to limit the injury from the CPAs contained within the vitrification solution, while still  
54 obtaining an adequate tissue-concentration sufficient to vitrify.

55 Several factors affect CPA permeation into tissues including temperature, exposure time,  
56 solution agitation, and solution concentration[2,3,5,21,30,35]. However, a general limitation on  
57 vitrification of tissues such as AC has been the cellular injury of the CPA during the time  
58 required for tissue loading. Cryoprotective agents are categorized into either *permeating* (e.g.  
59 dimethyl sulphoxide, glycerol, ethylene glycol, formamide, etc.) or *non-permeating* compounds  
60 (e.g. sucrose, trehalose, etc), depending on their ability to penetrate the cell membrane. Because  
61 permeating CPAs can penetrate into the cell, they are generally more effective for vitrification  
62 but are also more toxic, relative to non-permeating CPAs[24,30]. The mechanisms and severity  
63 of these toxicities vary among the CPAs and their tissue targets[22,30]. For example, glycerol  
64 (Gly) and ethylene glycol (EG) affect cellular metabolism; dimethyl sulphoxide (Me<sub>2</sub>SO)  
65 disrupts cell membrane ion channels; formamide (FM) is damaging to cellular cytoskeletal

66 architecture and function; and propylene glycol (PG), Me<sub>2</sub>SO and FM, have been shown to  
67 exhibit genotoxic effects[6,8,17-19,26]. In fact, not only do different CPAs exhibit different  
68 degrees of toxicity on cells of the same cellular lineage, but the degree and order of toxicity  
69 among the CPAs from the most to least toxic, can be different for the same cell type (eg.  
70 chondrocytes) across different animal species[4,11,31,33-35].

71 As a result of the various mechanisms and complexities of CPA toxicity, the exact  
72 relationship between a CPA's dosing protocol (concentration and exposure time) and the  
73 resulting human chondrocyte viability is unknown. Dose-toxicity relationships are, in general,  
74 nonlinear[12]. We hypothesized that the *in situ* human chondrocyte dose-injury relationships for  
75 particular step-loading protocols are nonlinear and that the relative injuries of five commonly  
76 used CPAs could be determined by comparing cell death after exposure to increasing  
77 concentrations. To determine this, we exposed human chondrocytes *in situ* in AC slices to  
78 increasing concentrations of five commonly used permeating CPAs and measured the  
79 chondrocyte recovery. Cartilage slices with chondrocytes within their normal microenvironments  
80 (ie. *in situ*) were used because a previous study demonstrated that cryopreservation  
81 characteristics of cells change when they are released from their natural extracellular matrix[30].

## 82 **Materials and Methods**

### 83 ***Cryoprotective agent solution preparation***

84 Five CPAs were used: dimethyl sulphoxide (Me<sub>2</sub>SO), ethylene glycol (EG), propylene  
85 glycol (PG), glycerol (Gly) and formamide (FM) (Fisher Scientific Co., Ottawa, ON).  
86 Experimental solutions were prepared from 12 molar (M) stock solutions by diluting them with  
87 sterile X-VIVO [Lonza Group Ltd, Basel, Switzerland] to 1, 2, 3, 4, 5, 6, 7, and 8M  
88 concentrations. The 12M stock solutions were prepared by adding the required mass of CPA to

89 phosphate buffered saline to the required total solution volume. Experimental solutions were  
90 stored in a 4°C fridge for use within 24 hours of preparation. Each of the five CPAs were placed  
91 into a 96-well cell culture plate with increasing solution concentrations and labelled  
92 appropriately. This resulted in a total of 40 wells of increasing CPA concentrations at 1M  
93 increments. In addition, 16 wells were prepared containing just X-VIVO for use in dilution steps  
94 at the end of the protocols. All wells contained 1 mL of liquid.

### 95 *Cartilage tissue isolation*

96 After approval from the University of Alberta Research Ethics Board, a total of 4 AC  
97 samples were obtained from 4 donor patients undergoing elective total knee arthroplasty  
98 surgeries and transported in sterile phosphate-buffered saline [PBS, pH 7.1, Invitrogen, Carlsbad,  
99 CA]. Only AC samples graded as Outerbridge grade 0 or 1 were used[29,32]. Full thickness  
100 osteochondral dowels of 10 millimeter diameter were cored and the AC was cut (perpendicular  
101 to the articular surface) into 70µm thick slices using a vibrotome [The Vibratome Company, St.  
102 Louis, MO]. The slices were immersed in a petri-dish containing X-VIVO solution [Lonza  
103 Group Ltd, Basel, Switzerland] at room temperature, and used within 120 minutes of  
104 preparation. For each repeat of the experiment, sufficient numbers of slices were obtained from  
105 each donor to perform all treatment conditions as well as the positive and negative controls.  
106 Therefore, all four donors provided sufficient tissue to complete four independent repeats of the  
107 experiment.

### 108 *Cryoprotective agent injury testing*

109 Once the CPA solution concentrations were loaded into the 96-well plates and an  
110 adequate number of cartilage slices were obtained, testing of the above mentioned five CPAs  
111 were undertaken at room temperature (~21°C). Rather than directly placing the cartilage slices

112 into the respective final CPA testing concentrations, the slices were exposed to the CPAs in  
113 sequential stepped 1M increments to allow the cells time to equilibrate with their surrounding  
114 extracellular osmotic environments. This osmotic ‘ladder’ CPA exposure protocol is regularly  
115 used during vitrification protocols. Otherwise, directly placing a cartilage slice into a 6M or 8M  
116 CPA concentration solution can result in hyperosmotic-solution injury in addition to CPA-  
117 toxicity injury, and therefore confound our results. The ladder protocol involved immersing  
118 slices in a stepwise fashion beginning at 1M CPA solution (1 ml) for 5 minutes, before  
119 transferring slices to the next incremental solution (i.e. 2M) for another 5 minutes, and  
120 continuing until the CPA testing solution concentration was reached. Once a slice reached its  
121 intended testing concentration, it remained in that final testing concentration for a 10-minute  
122 period before the CPA was removed in a reverse stepwise manner down the same osmotic ladder  
123 by transferring the slices down 1M increments of descending CPA concentrations for 5 minutes  
124 each. Once the slices had been in the 1M concentration well for 5 minutes, they were then  
125 immersed in X-VIVO for 5 minutes and then removed and placed in a final X-VIVO well for a  
126 minimum of 5 minutes in order to wash any remaining CPA before being prepared for viability  
127 staining. The maximal length of CPA exposure was 80 minutes for the 8M solution (35 minutes  
128 to get to 8M, 10 minutes at 8M CPA testing concentration, and 35 minutes back down to 1M),  
129 after which the slices were washed once in an X-VIVO solution well for 5 minutes, and then  
130 transferred to a second X-VIVO solution well where the slice remained until a total experimental  
131 exposure time of 90 minutes was obtained. For all concentrations less than 8M, the slices were  
132 held in the second X-VIVO solution until the full 90 minutes was obtained. Positive controls  
133 involved placing two cartilage slices in a well containing X-VIVO solution for 90 minutes, while  
134 negative controls involved exposing the two cartilage slices to a solution containing 100% pure  
135 Me<sub>2</sub>SO for 90 minutes.

136 ***Chondrocyte viability staining and viability quantification***

137 A dual fluorescent membrane integrity assay was used to determine the viability of the  
138 chondrocytes within the slices. The slices were placed on a labeled microscope slide and stained  
139 with 40 $\mu$ L of a combination stain solution of Syto13 and ethidium bromide stain (8.6 $\mu$ M/8.6 $\mu$ M,  
140 Invitrogen, Carlsbad, CA / Sigma-Aldrich, St. Louis, MO). Syto13 is a cell membrane permeable  
141 nucleic acid specific stain that emits a green fluorescence and ethidium bromide (EB) is a cell  
142 membrane non-permeable stain specific for deoxy-ribonucleic acids that emits a red  
143 fluorescence. Therefore, cells with intact cell membranes emit a green fluorescence due to Syto  
144 13 uptake and EB exclusion, while those with defective membranes emit a red fluorescence as  
145 EB is able to enter the cells. Once the combination stain solution was added to a cartilage slice,  
146 the microscope slide was allowed to incubate for 20 minutes at room temperature (~21°C) in a  
147 dark environment. Chondrocyte membrane integrity was determined using fluorescent  
148 microscopy visualization using a fluorescence Nikon eclipse E600 with a dual filter (Omega  
149 optical cube TE 2000 with an Excitation of 480/25 and Emission of 530/640 wavelengths) and  
150 cell counts were obtained manually (Nikon Eclipse TE 2000-U fluorescent microscope, NIS  
151 Elements software, v. F 2.30, Nikon, Tokyo, Japan). Finally, chondrocyte recovery for each slice  
152 was normalized with respect to their own positive controls in order to account for losses due to  
153 patient, environmental, and harvesting factors.

154 The method for calculating the normalized percentage recovery is given in Eq. (1). The green  
155 cells represent intact (viable) cells and the red cells represent membrane disrupted (dead) cells.  
156 The total number of cells within a slice is calculated by adding the green + red cells.

157

*Normalized recovery =*



158 
$$\frac{\# \text{ green experimental cells } / (\# \text{ green experimental cells } + \# \text{ red experimental cells})}{\# \text{ green positive control cells } / (\# \text{ green positive control cells } + \# \text{ red positive control cells})} \times 100$$

159 Equation 1

160 ***Data Analysis***

161 The chondrocyte survival data were fit with a nonlinear (sigmoid) function by  
162 minimizing the sum of squared errors between the data and the fit over all CPA concentrations.  
163 In addition, t-tests were performed to evaluate the concentrations at which the mean normalized  
164 recovery differed significantly from 100% for each CPA. This analysis is specific to the stepwise  
165 protocol used.

166 A secondary analysis was performed in order to separately account for (or to deconvolve)  
167 the contribution of each individual CPA concentration being used in the multi-step protocol due  
168 to the stepwise concentration increases employed for the higher CPA concentrations. We  
169 measured the recovery at the end of multi-step protocols which are thus reporting the combined  
170 effect of exposure to the different concentrations. To account for this effect, the measured  
171 recovery at 3M, for example, can be described as the combination of 10 minutes exposure to 3M,  
172 10 minutes exposure to 2M (5 minutes on the way up and 5 minutes on the way down), and 10  
173 minutes exposure to 1 M. The recovery at the end of a multistep procedure can be found by  
174 multiplying the recovery of each step. Therefore, the chondrocyte data were analyzed again by  
175 fitting with a function composed of multiplied sigmoid functions for each concentration (as  
176 opposed to a single sigmoid function using *only* the final testing concentration as described for  
177 the first analysis). The fits obtained from this procedure are potentially extendable to other  
178 protocols which use a different stepwise increase in CPA concentration (e.g., when a 2M or 3M  
179 increment is used during the stepwise osmotic “ladder” CPA-addition protocol).

180 **Results**

181 The data obtained for the recovery (as defined in Equation 1) at each CPA concentration  
182 are shown in Figure 1. The abscissa (x-axis) represents the molarity of the CPA, while the  
183 ordinate (y-axis) represents the recovery. The data were fitted with sigmoidal functions of the  
184 form:

185

186 
$$y = \frac{a}{1+e^{-b(x-c)}}$$
 Equation 2

187

188 where “y” represents the fractional recovery, “x” is the CPA concentration employed, and “a”,  
189 “b”, and “c” are the parameters obtained from the regression. The parameter “a” determines the  
190 range of the sigmoid function, and the parameters “b” and “c” determine its center and width,  
191 respectively. Since the chondrocyte recovery is a normalized fraction of the control and the  
192 recovery is 1 at 0M concentration for each of the CPAs, the parameter ‘a’ was set to 1. Plots are  
193 provided for each CPA (in the order Me<sub>2</sub>SO, EG, FM, Gly, PG), with the graphs on the left  
194 displaying the sigmoid function fit to the data, and the graphs on the right displaying the same  
195 sigmoid function plotted against the mean of the data (Figure 1). 95% confidence intervals are  
196 provided for the fitted models in the graphs on the left side of the figure, and standard deviation  
197 error bars are provided for the means of the data in the graphs on the right side of the figure.

198

199 We performed t-tests on the means of the data at each CPA concentration in order to  
200 identify the concentrations at which each of the CPAs became significantly damaging, i.e., at  
201 which the chondrocyte recoveries differed significantly from the positive control recovery. Based  
202 on the data, Gly deviated significantly from the positive control recovery at 1M, followed by FM  
203 and PG at 4M, Me<sub>2</sub>SO at 6M, and EG at 7M. Furthermore, when comparing their individual

204 means at each of the concentrations, Gly demonstrated the lowest recoveries followed by PG. In  
205 fact, even at 1M concentration, Gly demonstrated a chondrocyte recovery of only  $50.5\% \pm$   
206  $12.7\%$ . Recoveries for the remaining CPAs ( $\text{Me}_2\text{SO}$ , FM and EG) were not statistically  
207 distinguishable from each other at any of the 8 tested CPA concentrations (Table 1). Finally,  
208 even though FM demonstrated the most acute slope change in the relationship curve with  
209 increasing concentration, implying that increasing concentrations of FM had the greatest  
210 reductions in chondrocyte recovery, the confidence intervals between the slopes were broad  
211 enough that this observation could not be reported with statistical confidence (See parameter ‘b’  
212 results and confidence intervals in Table 1).

213

214 Figure 2 provides another set of fits to the same data. In this case, a different method was  
215 employed to fit the data, with the idea of describing the data in terms of the combined effect of  
216 the differing concentrations (that the tissue was exposed to along its stepwise progression up and  
217 down the concentration ladder) along with the final testing CPA concentration. The effects of the  
218 decrease in recovery at each step are multiplied by each other to reach the final recovery. This  
219 relationship is summarized by Equation 3: If “y” represents the fractional recovery at a CPA  
220 concentration “x”, then “y” is now represented by

221 
$$y = \prod_{i=1}^x \frac{1}{1+e^{-b(i-c)}} \quad \text{Equation 3}$$

222 where the concentration “i” takes values in steps of 1M from 1M to the final molar concentration  
223 “x” for each trial. This provides us with a method of describing the effect of all concentration  
224 exposures to the CPA during the addition and dilution steps, in addition to the final CPA  
225 concentration (whereas the initial analysis attributed all of the cell death to only one  
226 concentration; the final CPA testing concentration). Furthermore, because this method of

227 analysis considers the effect of the concentration steps, the corresponding fitted functions can be  
228 used to predict the recovery for protocols that use a different stepwise sequence of  
229 concentrations, as long as tissue is exposed to each concentration for a total of 10 minutes as was  
230 the case for the CPA steps in the experiments reported herein. If different exposure times are  
231 used, time would need to appear explicitly in any exposure–recovery relationship[12].

232 Table 2 provides the values of the parameters for the fitted functions that correspond to  
233 Figure 2. As in the previous analysis, the parameter “a” has been set to 1, which sets the  
234 normalized recovery to be 100% at 0M concentration. The results of this method provided  
235 similar graphs to the initial method. As mentioned previously, isolating the effect of each  
236 concentration provides us with the means to predict the recovery for other protocols where the  
237 stepwise progression in the concentration ladder may be modified or omitted.

## 238 **Discussion**

239 Cryoprotective agents at high concentrations are required for successful vitrification, but  
240 are known to be toxic to cells [13,14,20,30,35]. To limit the toxic effects of CPA exposure,  
241 advances in vitrification protocols include the use of combinations of CPAs at lower  
242 concentrations and stepwise addition/dilution of CPAs[4,10,25]. Given the standard approaches  
243 to vitrification, understanding the dose-injury relationship of each CPA in relation to human  
244 chondrocytes *in situ* is important to develop effective vitrification protocols for preservation of  
245 articular cartilage.

246 The primary analysis of our data, as seen in Figure 1, uses the final CPA concentration as  
247 the independent variable determining chondrocyte death. The CPA-dose to chondrocyte-recovery  
248 data was fit with a sigmoid function. Also, it was found that chondrocyte recovery levels

249 deviated significantly from the positive control recovery, at 1M CPA concentration for Gly, at  
250 4M for FM and PG, at 6M for Me<sub>2</sub>SO, and at 7M for EG. The secondary analysis, as seen in  
251 Figure 2, used a function that accounts for the stepwise CPA exposure in our testing protocol.  
252 This analysis attributes a portion of the injury to each incremental CPA-concentration exposure  
253 step within the protocol. The resulting fit function allows the results to be generalized to other  
254 protocols employing a stepwise CPA addition/dilution protocol (as long as exposure times are  
255 similar to those used here so that time need not be added as an extra variable in the dose–  
256 recovery relationship). The results are similar to those produced by the primary analysis  
257 indicating that chondrocytes *in situ* can be exposed for short periods of time to EG up to 6M,  
258 Me<sub>2</sub>SO up to 4M, and FM up to 3M, without significant cell loss. On the other hand PG and Gly  
259 exposure resulted in significant chondrocyte death with relatively short exposure times and low  
260 CPA concentrations (e.g. 1-2M concentration). Thus, the results from this study showed that  
261 chondrocytes *in situ* tolerate and survive lower concentrations of some CPAs for short periods of  
262 time but become increasingly damaged at higher concentrations. This data provides an  
263 understanding of the maximal tolerable limits of CPA concentration after which there are  
264 significant reductions in chondrocyte recovery due to exposure to CPAs prepared and applied in  
265 the manner described. Furthermore, while this data provides a means of understanding and  
266 ordering CPA injury, it also deconvolves the injury effect due to each step in multi-step addition  
267 protocols. However, it is important to note that neither the temperature nor the time of exposure  
268 at each step were varied, so care must be taken before quantitatively applying these results to  
269 protocols that widely differ from those employed in this study. It is also important to recognize  
270 that these results are relevant to CPAs prepared in the manner described in this experiment –  
271 dilution from a stock solution without taking into account the effect of concentrating salts. This

272 manner was used in the experiment because it reflects the methods used in our successful AC  
273 vitrification protocol[20].

274 Previous studies have demonstrated CPA toxicities to be dose dependent[9,37]. Specific  
275 to articular cartilage, our group performed a study using Me<sub>2</sub>SO on thin porcine articular  
276 cartilage slices similar to the current experiment[12]. That study showed that Me<sub>2</sub>SO toxicity  
277 was concentration, temperature and time dependent. However, those results were limited to  
278 Me<sub>2</sub>SO while this study explores four other CPAs as well. The significant decrease in cell  
279 recovery at concentrations greater than 4M in the current study for human articular cartilage was  
280 similar to the results from the porcine Me<sub>2</sub>SO study that demonstrated a large decrease in cell  
281 recovery when the Me<sub>2</sub>SO concentration increased from 3M to 5M. Also, that study had been the  
282 only identified study within the cryobiology literature which attempted to establish a dose–injury  
283 relationship of a CPA to chondrocytes *in-situ*. The current study has shown a non-linear  
284 (sigmoidal) relationship between final CPA concentration and chondrocyte recovery for all five  
285 CPAs tested. This suggests that the CPAs can be safely added without significant chondrocyte  
286 loss up to a specified concentration, after which there is a significant loss of cell viability.  
287 Determining the concentration at which chondrocyte viability acutely declines for a specific CPA  
288 has useful implications for vitrification protocol design and CPA selection.

289 Analysis of the data showed that Gly was the most damaging of the CPAs investigated. In  
290 addition, it is evident that the dose-injury response for Gly can also be fit equally well with an  
291 exponential curve; however, we have retained a sigmoidal fit for consistency with the other CPA  
292 dose-injury relationships. Even at exposure to 1M Gly, there was a significant decrease in  
293 chondrocyte recovery relative to its normalized control. This is in contrast to the remaining  
294 CPAs tested which all demonstrated similar significant declines in chondrocyte recovery but at

295 higher concentrations; FM and PG declining significantly at 4M, Me<sub>2</sub>SO at 6M and EG at 7M.  
296 Overall, Gly and PG were clearly the most damaging of the tested permeating CPAs. Otherwise,  
297 due to the variability within the data, no statistical distinctions in damaging effects could be  
298 made between Me<sub>2</sub>SO, FM and EG.

299 Previous CPA injury studies have identified variations in the damaging order of CPAs  
300 among various cell types, temperatures, and concentrations[5,22,23]. The results of this study  
301 using chondrocytes within their normal cartilage matrix (i.e. *in situ*) are somewhat different from  
302 our recently published study that examined CPA toxicities in isolated human chondrocytes[5]. In  
303 our earlier study on isolated human chondrocytes, we found that FM and Me<sub>2</sub>SO were the most  
304 and least damaging CPAs, respectively. This differs from our current study that was not able to  
305 statistically distinguish whether FM, Me<sub>2</sub>SO or EG were the least injurious CPAs. However, in  
306 our earlier studies with isolated chondrocytes, we did similarly find PG to be a relatively  
307 damaging CPA, most notably when employed within combination CPA solutions as described by  
308 others[4,5,7,27]. Interestingly, Gly was found to be the most damaging CPA in the current study,  
309 which contrasts with an earlier study using CPAs at lower concentrations on isolated porcine  
310 chondrocytes[22].

311 There are a several possible explanations for the reported differences in injury order of  
312 the CPAs. It has been shown that CPA toxicity varies between species and this could account for  
313 the porcine and human differences of Gly[4,11,31,33-35]. Furthermore, the current study was  
314 performed with cells in their native matrix (70µm thick slices), while the previous human  
315 chondrocyte study was performed with chondrocytes removed from the matrix[5]. The release of  
316 the cells from the native matrix requires that the cell-matrix attachments are broken and this may  
317 alter the chondrocyte's natural cell membrane properties, leaving them more vulnerable or

318 resilient to different CPA effects when compared to cells *in situ*[9]. Also, CPA permeation rates  
319 through the AC matrix[21] and into cells[36] are different with Gly permeation being relatively  
320 slow (compared with other CPAs) in both situations although the 70 $\mu$ m thick slices were chosen  
321 to mitigate matrix permeation effects compared with whole cartilage. Cell membrane permeation  
322 may be an important factor given the experimental protocol herein with short exposure times at  
323 increasing concentrations. Furthermore, from the viewpoint of the fitted function, model  
324 predictions are only valid for the exposure times and temperatures used within this data.  
325 Therefore, the reported injury order of the CPAs may be inconsistent across studies which  
326 employ different testing temperatures, chondrocyte environments (i.e. *in situ* or in suspension),  
327 CPA exposure times, and species.

328 Cellular targets and toxicity mechanisms of CPAs differ, with some CPAs demonstrating  
329 genotoxic effects that may require greater time for toxic effects to manifest[6,8]. This study  
330 provided approximately 90 minutes of time for the cells to manifest signs of membrane injury,  
331 which may differ from other study protocols. This type of evaluation may overestimate cell  
332 viability by failing to capture terminally injured cells due to time delays in manifesting  
333 apoptosis-induced membrane changes. Conversely, membrane integrity assays may  
334 underestimate cell viability by including cells with leaky membranes as dead cells when these  
335 membranes may be repairable. That said, membrane integrity assays are the standard method of  
336 cell evaluation in cryopreservation of articular cartilage (and, in fact, in most cryopreservation  
337 studies) and that is part of the reason we used them in this study. More importantly, we used  
338 these stains to reliably evaluate cell recovery. Given that we had 46 samples per donor to  
339 evaluate and we intended to control as many time variables as possible, it was not possible to use  
340 multiple slices per treatment condition. This experiment used 70 $\mu$ m slices that contain



341 insufficient numbers of cells to make a metabolic assay useful. The 70 $\mu$ m slices were used to  
342 maintain the cells in situ but were thin enough to eliminate CPA permeation concerns. We could  
343 not use multiple slices per treatment condition due to the limited number of slices obtainable  
344 from each donor. Using one donor for all treatment conditions (repeated 4 times with 4 separate  
345 donors) allowed us to relate experimental results back to internal controls to control for human  
346 variation.

### 347 **Conclusions**

348         The dose-injury relationships of Me<sub>2</sub>SO, FM, Gly, PG, and EG are all nonlinear in nature  
349 and have been described by a sigmoid function. Chondrocytes are able to endure different  
350 relatively low concentrations of selected CPAs before demonstrating a significant decrease in  
351 chondrocyte recovery at higher CPA concentrations. Gly was found to have the lowest  
352 chondrocyte recovery, followed by PG, and the remaining three CPAs (FM, Me<sub>2</sub>SO, and EG)  
353 were not statistically distinguishable at the higher concentrations. Also, when evaluating for CPA  
354 concentrations at which significant changes occur, Gly demonstrated a significant change in  
355 chondrocyte recovery at 1M, followed by FM and PG at 4M, Me<sub>2</sub>SO at 6M, and EG at 7M after  
356 the exposures performed in this experiment. An understanding of these dose-injury relationships  
357 between the individual CPAs and chondrocytes will provide a more accurate method of selecting  
358 CPAs and their potentially safe concentrations when developing vitrification protocols.

359

360 **Tables**

361 Table 1: Parameters of the fitted sigmoid function and their confidence intervals for each CPA

CPA	Parameter 'b' in sigmoid function	95% Confidence interval for b	Parameter 'c' in sigmoid function	95% Confidence interval for c
Me <sub>2</sub> SO	-1.27	[-1.99 -0.56]	5.59	[5.09 6.09]
EG	-0.91	[-1.32 -0.50]	5.83	[5.30 6.36]
FM	-1.46	[-2.08 -0.84]	5.06	[4.73 5.39]
GLY	-0.80	[-1.20 -0.41]	1.15	[0.55 1.74]
PG	-1.07	[-1.67 -0.47]	3.38	[2.80 3.96]

362

363 Table 2: Parameters of the fitted combined sigmoid function (Equation 3) and the confidence  
364 intervals for each CPA when the combined effect of all concentrations is taken into account.

CPA	Parameter 'b' in sigmoid function	95% Confidence interval for b	Parameter 'c' in sigmoid function	95% Confidence interval for c
Me <sub>2</sub> SO	-1.50	[-2.47 -0.53]	5.84	[5.35 6.32]
EG	-3.47	[-8.29 1.34]	6.45	[5.77 7.14]
FM	-2.82	[-4.27 -1.37]	5.45	[5.19 5.72]
GLY	-1.15	[-1.53 0.76]	2.10	[1.81 2.40]
PG	-2.70	[-6.07 0.66]	3.77	[3.27 4.28]

365

366

367 **Figure Legends**

368 Figure 1: Normalized recovery versus final CPA concentration. The graphs on the left show the  
369 sigmoid function fit and the data (with 95% confidence interval of the fit shown). The graphs on  
370 the right show the same sigmoid function plotted against the *means* of the data (with standard  
371 deviation error bars of the data shown).

372

373 Figure 2: *Means* of the measured recovery for each CPA (the same data as in Figure 1) and the  
374 fitted response based on Equation 3, accounting for the combined effect of all concentrations to  
375 which the slice was exposed. Error bars on the data represent one standard deviation.

376

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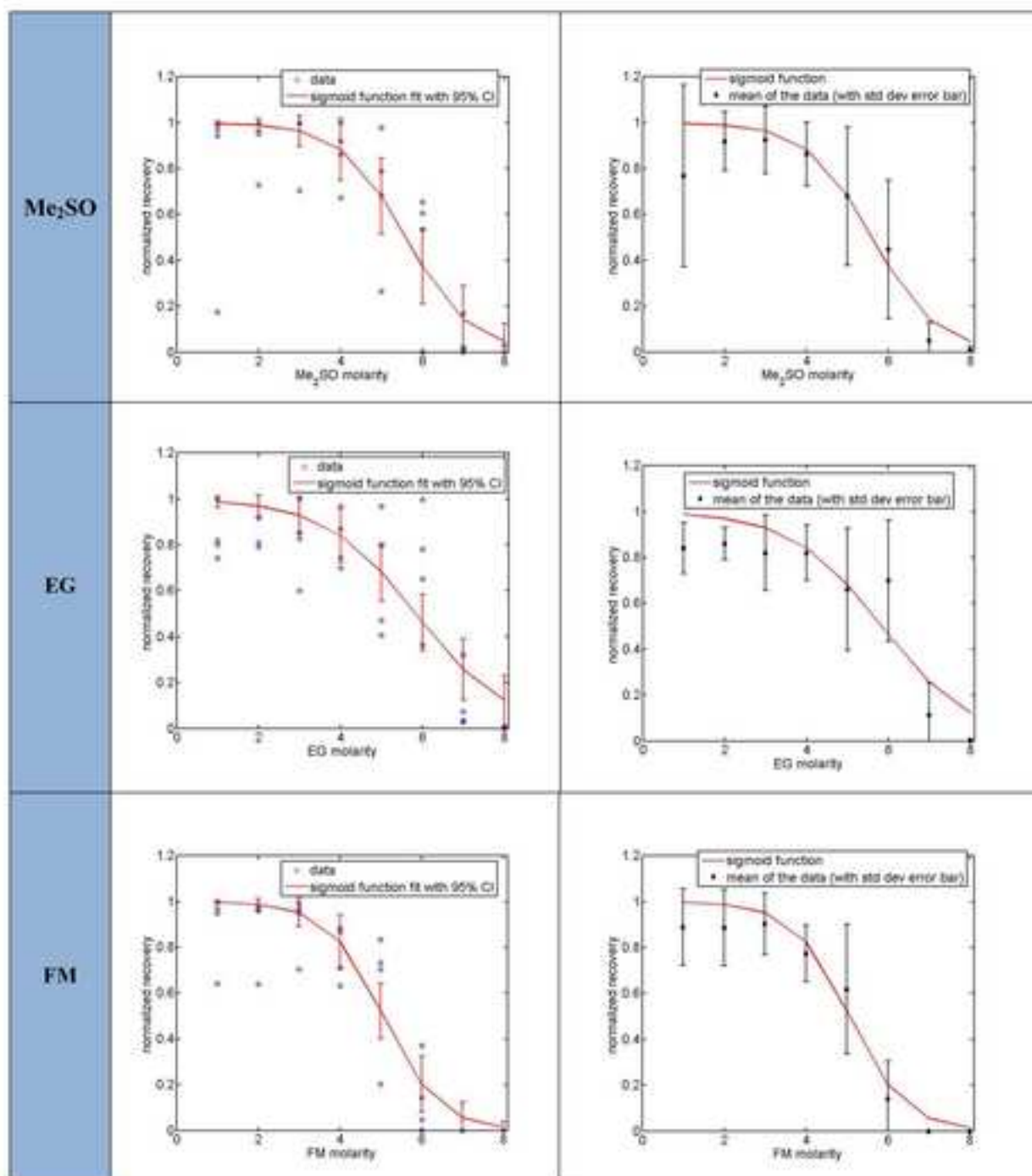
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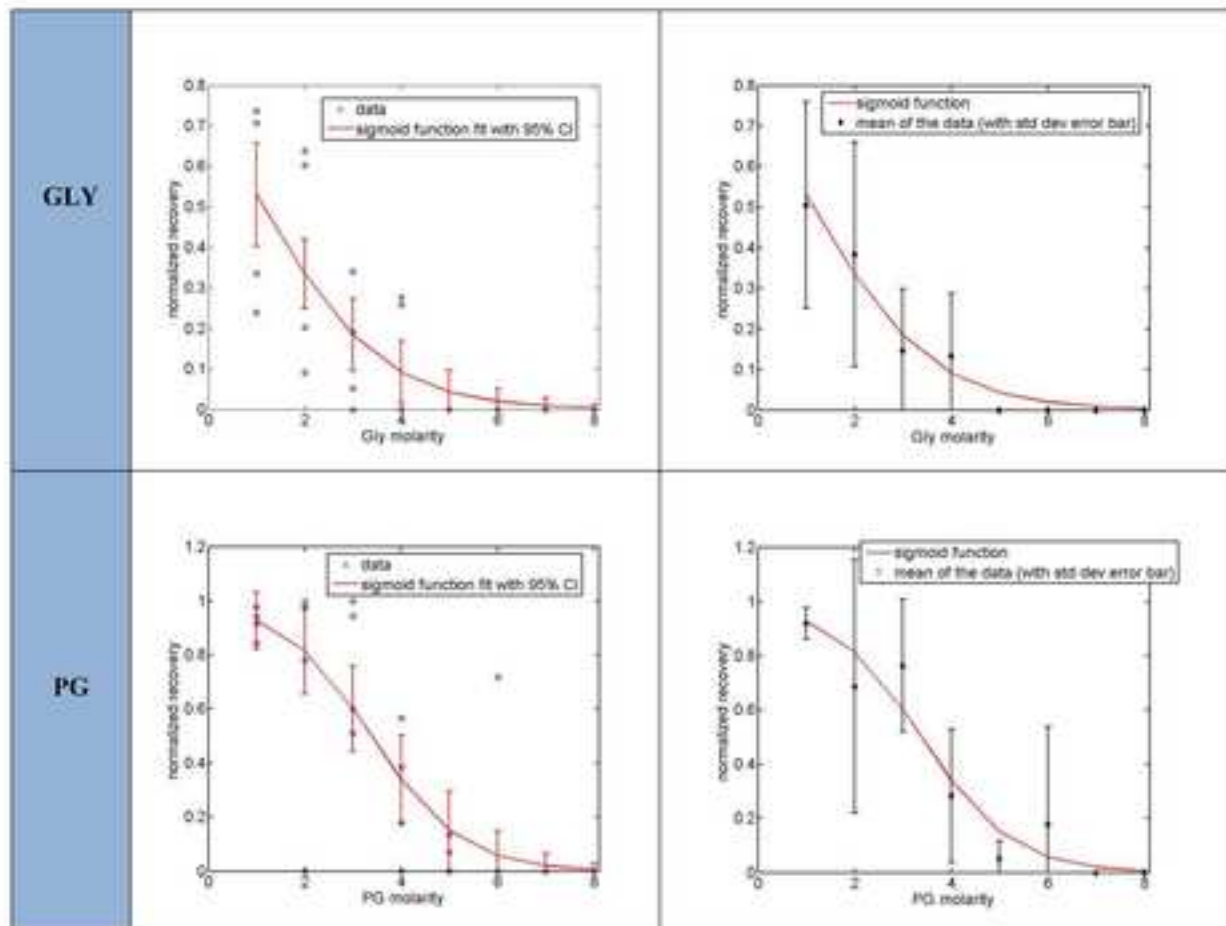
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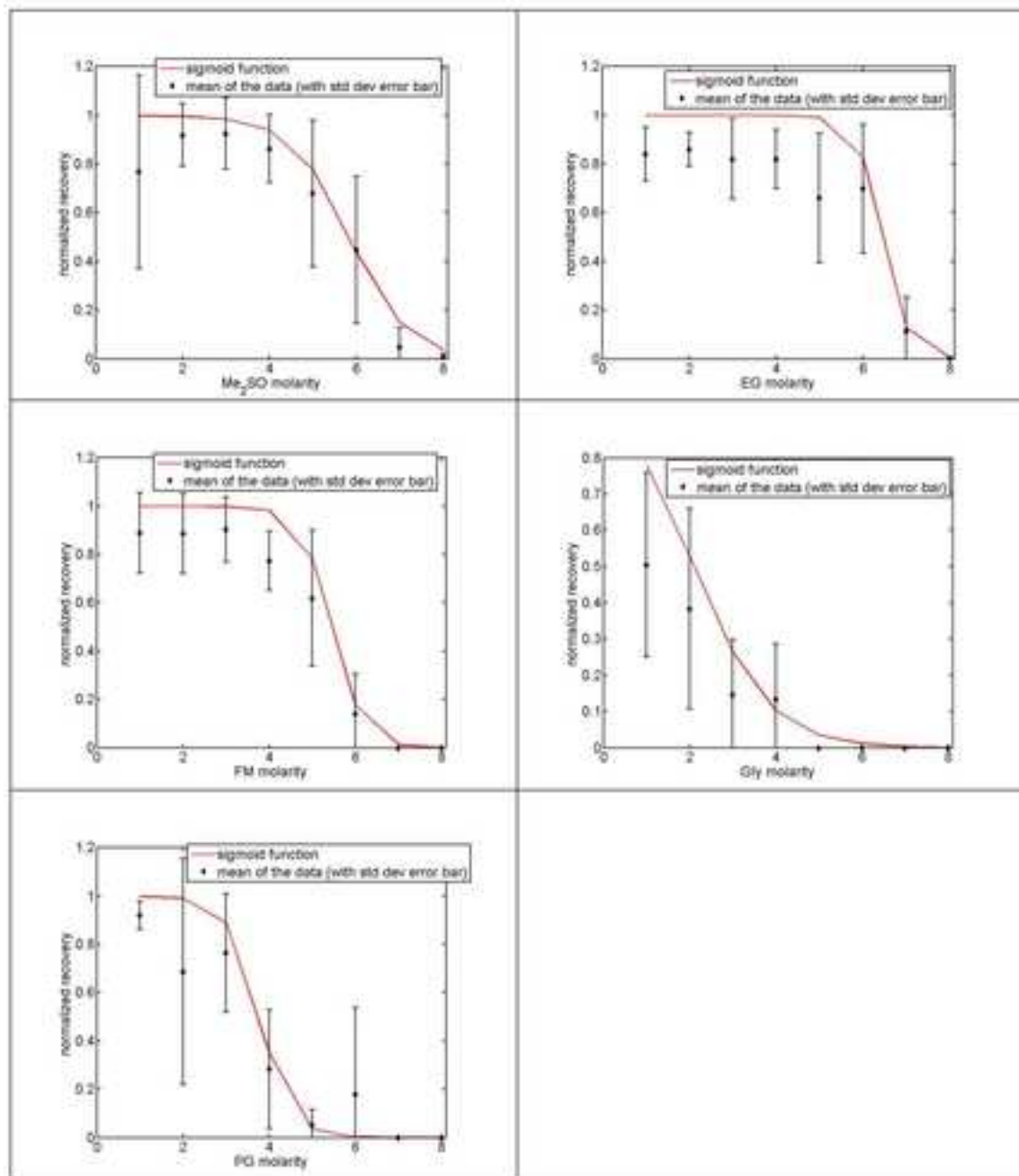
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## Conflict of Interest

The authors have no conflict of interest.

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