00 **Knowledge Translation of the Parenting Practices of African Immigrants** Marco Allegretto, WISEST Intern; Dr. Bukola Salami, RN, PhD; Dominic Alaazi, PhD ©, Brittany Tetreault, BA

Introduction

- African immigrants face multiple challenges upon arrival in destination countries.
- These challenges include pre-migration stress, post-migration stress, racism, economic pressures, lack of sense of community, and loss of authority (Este & Tachble, 2008; Nilsson, Barazanji, Heintzelman, Siddiqi, & Shilla, 2012)
- These challenges have a potential to affect the parenting practices of African immigrants in destination countries.

Purpose

- The purpose of the study is to examine the parenting and mental health promotion practices of African immigrants as well as the challenges they face.
- The purpose of the WISEST internship was to help translate the knowledge gained from the project into policies and practices through a stakeholder engagement session.

Research Method

- Qualitative interviews were conducted
- Data collection included:
 - o 32 interviews with African immigrant parents
 - o 14 interviews with African community leaders
 - o 12 interviews with service providers / policy makers
- Based on these interviews, the project advisory committee recommended a stakeholder engagement session

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REFERENCES



Knowledge Translation

• Knowledge translation is very important to ensure research evidence and findings are used to inform policies and practices.

• Knowledge translation "is defined as a dynamic and iterative process that includes synthesis, dissemination, exchange and ethically-sound application of knowledge to improve the health of Canadians, provide more effective health services and products and strengthen the health care system." (Canadian Institute of Health Research, 2016).

Stakeholder engagement is one form of integrated knowledge translation.



WISEST Summer Intern Responsibilities

- Collaborated with the research team in organizing the stakeholder engagement workshop
- Completed a Tri-Council research ethics online course
- Attended research team meetings and took minutes of team meetings
- Assisted with developing invitation tools for stakeholders, including policy makers, service providers and African immigrant parents
- Assisted in developing evaluation tools
- Analyzed the evaluation data
- Assisted in registration, guiding guests to and from the event, and sign placement
- Assisted in creating a letter of attendance

Results

Total Number of Attendees: 123

Event was excellent overall

- # of Agree and Strongly Agree: 27
- # of Neutral: 2
- # of Disagree or Strongly Disagree: 1

What Participants Liked Most About Event

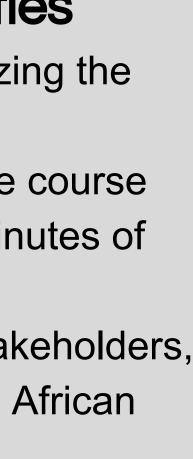
- "I learned a lot"
- "Great Presentations + Presenters"
- "That there was an attempt to bring Africans together."
- "The focus on Research for change"
- Valuable panels and findings
- Accommodations satisfied needs

What Participants Liked Least About Event

• "Timing - there seemed to be too much information" without enough time to present."

Suggestions for Improvement

- "Ensure participation from youth."
- Increase involvement of attendees and communities



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