

# High rate compressive behaviour of a dilatant polymeric foam

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## Abstract

Polymeric foams are an essential part of personal protection equipment, such as helmets and body armor. In this work, we study the strain-rate dependent behavior of a dilatant polymeric foam, focusing on developing characterization and testing methodologies needed to better understand the links between microstructure and failure in these materials. We study these links for a commercially-available shear-thickening foam, named D3O LITE D. Prior to testing, the pore sizes ( $82 \pm 26 \mu\text{m}$ ), ligament thickness between pores (5 to 12  $\mu\text{m}$ ), and porosity ( $83 \pm 5 \%$ ) were quantified using Scanning Electron Microscope images. Samples were then tested in compression under quasi-static conditions for a strain rate of  $0.04 \text{ s}^{-1}$  using an MTS testing apparatus, and in dynamic conditions using a split Hopkinson pressure bar apparatus for strain rates of 5280 to  $5720 \text{ s}^{-1}$ . For both rates, strains upwards of 85% were achieved and this allowed us to examine a variety of material failure behaviors, including elastic collapse, localization, pore collapse, densification and post pore collapse hardening. These mechanisms are observed in-situ during compression experiments using high-speed photography, and linked back to stress-strain responses of the materials. In this material, the elastic collapse stress for quasi-static and dynamic compression conditions was found to be  $120 \pm 40 \text{ kPa}$  and  $243 \pm 47 \text{ kPa}$ , respectively, and elastic

23 modulus were noted of  $2.4 \pm 0.7$  MPa and  $3.8 \pm 1.2$  MPa, respectively. Following the elastic  
24 collapse, some unique specimen-scale localization features were observed during the dynamic  
25 experiments. These features are unique to dynamic compression and were not observed for the  
26 quasi-static case, demonstrating a demonstrating a distinct high-rate behavior for this material,  
27 possibly linked to its “shear thickening” label. After densification, complete pore collapse  
28 followed by post pore collapse hardening were observed for both strain rates. These results  
29 represent some of the first studies on shear-thickening foams in the literature, and the testing  
30 methodologies developed in this study will serve as the foundation for additional experimental and  
31 computation studies across a broader range of foam materials.

## 32 **1. Introduction**

33 The ability to dissipate energy using foams is an aspect that has many engineering challenges in  
34 dynamic applications, such as Automotive Industry [24], core materials in composite sandwich  
35 constructions [16], and Personal Protective Equipment [8, 14 and 15]. Typical foam materials used  
36 in these energy-absorbing applications include Expanded Polystyrene (EPS) [21, 30 and 32],  
37 Expanded Polypropylene (EPP) [11, 32], and Thermal Polyurethanes (TPU) [8, 31]. These studies  
38 have focused on better understanding the effect of microstructure [11, 18, and 31], density [11, 18  
39 and 32] and strain-rate [10, 11, 17, 18 and 30] in tension [22] and compression [17 - 25], as well  
40 as during impact experiments using drop testing [13] and gas-gun approaches [24]. In this paper,  
41 we investigate the rate-dependent compressive stress-strain response and failure of a polymeric  
42 foam, and so focus on presenting the limited literature in this area (specifically for the dynamic  
43 regime).

44 Split Hopkinson pressure bar (SHPB) is a widely recognized experimental technique used to  
45 investigate the strain-rate dependent response and stress-strain curves for a variety of soft

46 engineering materials at high strain rates from  $10^2$  to  $10^5 \text{ s}^{-1}$  [2, 9 and 16 – 19]. For example, Saha  
47 et al. [18] have shown that different grades of rigid polyurethane (PUR) foams and cross-linked  
48 polyvinyl chloride (PVC) foams exhibit some form of strain rate dependency. At quasi-static strain  
49 rates, both PUR and PVC foams show an increase of  $\sim 15\%$  in yield and peak stresses with every  
50 increase in one order of magnitude of the strain rates from  $0.001 \text{ s}^{-1}$  to  $0.1 \text{ s}^{-1}$ . At strain rates above  
51  $700 \text{ s}^{-1}$ , they observed a two-fold increase in the yield strengths, which were twice as much when  
52 compared to the quasi-static regime. They also observed that yield strengths remained constant  
53 with increasing strain rates up to  $1700 \text{ s}^{-1}$  and the only changes observed in the compressive  
54 response are at the peak stresses. Similarly, Ouellet et al. [17] performed studies at strain rates  
55 from  $0.008 \text{ s}^{-1}$  to  $2700 \text{ s}^{-1}$  and found that polystyrene foams exhibited noticeable strain rate  
56 dependency in stresses only at rates greater than  $100 \text{ s}^{-1}$ . Their paper also looked at polyethylene  
57 foams and found that these also exhibit rate dependency, but only at strains greater than 20%. In  
58 another paper, Song et al. [30] studied a different grade of polystyrene foam than Ouellet et al.  
59 [17] and found an increase of  $\sim 10\%$  in collapse stress with every increase in the order of magnitude  
60 of the strain rates from  $0.001 \text{ s}^{-1}$  to  $950 \text{ s}^{-1}$ .

61 In many of these papers and other studies, the authors point to the importance of microstructure  
62 (usually in terms of density [11, 13 and 18] and cell sizes [11, 18 and 30]) and failure (usually  
63 through a post-test macroscopic assessment of the sample [17, 32 and 35]) on the strain-rate  
64 dependent behavior of polymeric foams. For example, Di Landro et al. [21] and Santa Maria et al.  
65 [20] suggested smaller cell sizes results in increased strength compared to larger cell sizes. They  
66 also noted an increase in the amount of energy that was absorbed (through measure of strain  
67 energy) at higher strain rates for smaller cell sizes and, consequently, higher relative densities [11,  
68 18, and 21]. In addition to increases in strength and energy absorption behaviors for smaller cell

69 sizes, Bouix et al. [11] found that smaller cell sizes resulted in less sensitivity to increasing strain  
70 rate when compared with larger cell sizes. The importance of cell sizes on the rate dependent  
71 behavior of polymeric foams is coupled to onset and evolution of failure processes in these  
72 materials, and how these processes compete at different strain rates (e.g., work by Saha et al. [18]).  
73 Several failure mechanisms that have been studied for polymeric forms are the inertia [35],  
74 stretching and buckling of the cell walls [21], and the effects of trapped gases [11, 21].  
75 Understanding these relationships between failure mechanisms, microstructure, and the strain-rate  
76 dependency of polymeric foams is important in order to develop improved materials in the future;  
77 this is what we begin to do in this paper.

78 Building upon these past works investigating effects of microstructure and failure on the strain-  
79 rate dependent behavior of polymeric foams, this paper investigates the high strain-rate  
80 deformation of dilatant foams that is advertised as “shear-thickening”. This material is employed  
81 in both industrial and military applications where energy absorption qualities are desired. In this  
82 paper, we focus on beginning to understand the effect of pore size and wall thickness on the  
83 behavior of this shear-thickening foam for different strain rates. As limited work has been done in  
84 the published literature on shear thickening foam materials, this study intends to begin to establish  
85 an understanding of mechanical properties and dynamic behavior, accomplished through  
86 experimentation and characterization. The paper is comprised of the following sections: first,  
87 microstructure characterization techniques and sample preparation methods are established and  
88 described. Second, testing methods are presented, followed by the presentation of the experimental  
89 results. These results are supported by stress-strain curves and video images obtained from high-  
90 speed cameras. Finally, implications and contributions of this work are highlighted, and future  
91 directions are suggested.

## 92 **2. Materials and Characterization**

### 93 *2.1. Material and sample preparation*

94 The material investigated in this work is a semi-open/closed-cell polymer-based foam that was  
95 manufactured by D3O<sup>®</sup>. The variant under investigation is ‘D3O<sup>®</sup> LITE D’, which is advertised  
96 as a non-Newtonian shear-thickening material. To ensure consistency across strain-rates, a single  
97 sample size was used for both quasi-static and dynamic experiments. Common sample preparation  
98 techniques [17, 24] like the use of a hollow punch were initially adopted in this study. Other  
99 techniques for sample preparation were also pursued, including water-jet cutting and solid metal  
100 punch, but it was found that hollow punch technique results in the least amount of damage to the  
101 outer surface of the specimens. Using a special metallic hollow punch, disk samples of diameter 8  
102  $\pm 0.3$  mm were cut from an as-received sheet of uniform thickness of 4mm, with the axis of the  
103 disk oriented along the through-thickness direction of the as-received sheet of foam. Care was  
104 taken to ensure that the samples’ end surfaces were parallel, and that minimum damage is induced  
105 to the edges during sample preparation. The choice of these sample size and shape resulted in  
106 constant strain-rate deformation and the best force equilibrium for the dynamic experiments, which  
107 are two criteria that are noted to be important and challenging when testing soft materials [3 – 5,  
108 9] (results presented later in Figure 6 and 8).

109 The physical and mechanical properties provided by the manufacturer are listed in Table 1 [1]. We  
110 note that differences in the compressive strength between this study and those provided by the  
111 manufacturer is expected because the specimen sizes used in the ASTM D3575-14D is 25.4 mm  
112 x 25.4 mm x 25.4 mm, whereas the test specimen in our study is 8 mm in diameter and 4 mm in  
113 thickness (which is governed by the thickness of the as-received foam sheet). The sensitivity of  
114 material strengths to geometry and specimen-size effects are documented in the literature [11, 24],

115 including experiences by authors, and we expect that to manifest in differences in our strengths  
116 and those provided by the manufacture. Note, potential differences in composition, pore sizes and  
117 wall thicknesses may also occur as a consequence of different as-received sheet sizes.

## 118 *2.2. Microstructure characterization*

119 For 2-D microstructure characterization, a Hitachi S-4800 field emission scanning electron  
120 microscope (SEM) was used. Figure 1 (a) shows an SEM image of D3O<sup>®</sup> LITE D at 100x  
121 magnification. From this cross-sectional view, the pores appear to be fairly circular and it is  
122 observed that the microstructure is mostly dominated by closed cells with small regions of semi-  
123 open cell features. These semi-open cells are noted with red circles in Figure 1 (a), while the closed  
124 cells are more obvious. The concentrated bright features that appear near the cell wall boundaries,  
125 which lay inside the pore structures, are believed to be either small chunks of unexpanded polymer  
126 that remain intact during the cooling stage of manufacture process, or some form of additives that  
127 may have been introduced during the foaming process. Pore sizes were measured using ImageJ  
128 across the 10 SEM images (728 total pores), and were found to range between 50 and 200 $\mu\text{m}$  with  
129 an average pore size of  $82 \pm 26 \mu\text{m}$ . Image processing techniques developed by Hogan et al. [28]  
130 were used to compute the area fraction of the pores as a measure of porosity. The average porosity  
131 of the material was found to be  $83 \pm 5\%$  across the 10 images that were used this computation.

132 Next, shown in Figure 1 (b) is an SEM micrograph of the material taken at a higher magnification  
133 of 600x. Using ImageJ, the wall thickness are computed across 10 images across the cross-section  
134 and wall thickness is estimated by measuring minimum thicknesses of the walls between adjacent  
135 pores. The average wall thickness across 10 images (750 total measurements) is calculated to be  
136  $8.3 \pm 4.5\mu\text{m}$ , with wall thicknesses ranging between 5 and 12 $\mu\text{m}$ . Measurements of pore size and

137 wall thickness are used later when describing the effect of microstructure on the rate-dependent  
138 failure this foam.

### 139 **3. Experimental Methods**

#### 140 *3.1. Quasi-static compression*

141 The specimens were tested at a quasi-static strain rate of  $0.04 \text{ s}^{-1}$  using a Material Test System  
142 (MTS) – 810 machine, a schematic of which is shown in Figure 2. This assembly included  
143 visualization capabilities with a AOS PROMON U750 – high-speed camera, which enabled us to  
144 observe macroscopic deformation features during testing. This camera has a resolution of  $1280 \times$   
145  $1024$  pixels and recorded at a framerate of 24 Frames per second (FPS), which coincided with the  
146 data acquisition rate of the MTS machine. Both camera and MTS were triggered manually at the  
147 same time, and the synchronization was verified through comparison between when the piston  
148 displacement was first observed in the camera images with the displacement data recorded by the  
149 MTS machine (no adjustments were necessary). To perform the test, the specimen is placed  
150 between a compressive grip of the MTS that consists of two 25.4 mm diameter steel bars (Figure  
151 2). These are guided and held with precise alignment. A cylindrical piston, moving at a constant  
152 displacement rate is used to compress the samples. A 10 kN load cell with a background noise  
153 corresponding to approximately  $\pm 1 \text{ N}$  recorded the time histories of the forces, and the  
154 displacement of the piston was measured to an accuracy of 0.001 mm using linear variable  
155 differential transformer (LVDT) displacement sensor. The actuator speed was set to 1mm/min,  
156 corresponding to a nominal strain rate of  $0.04\text{s}^{-1}$  in the sample. Since almost no data regarding  
157 material densification was available before experimentation, the tests were terminated based on  
158 two conditions: first, when near-complete densification was observed in the force-displacement  
159 curve during loading, and second, when the actuator speed was no longer constant. Strains

160 exceeding 90% were achieved in all the quasi-static trials. The engineering stresses are calculated  
161 by dividing the applied load by the original specimen surface area, and the engineering strains are  
162 computed by dividing the specimen displacement by the original specimen height. Three trials  
163 with same loading conditions were performed to verify repeatability of the material behavior.

### 164 *3.2. High strain-rate compression*

165 The dynamic compression experiments were performed using a modified version of a split  
166 Hopkinson pressure bar (SHPB) apparatus [6], shown in Figure 3. The setup consists of a gas gun,  
167 a striker bar, an incident bar, a transmission bar, sensors, a data acquisition system, and an ultra  
168 high-speed camera. In this study, the bars were made of solid aluminium with a density of 2700  
169 kg/m<sup>3</sup> and stiffness of 68.9 GPa, which were procured from McMaster-Carr. Polymeric bars have  
170 also been used in past studies in the literature to study foams [26, 27], but are recognizably more  
171 challenging to manufacture. The use of aluminium pressure bars for testing soft materials has been  
172 well documented in literature [22, 23], and we have chosen to use them in our setup because they  
173 are more easily available and less expensive. In the dynamic tests, the polymeric foam sample is  
174 sandwiched between the incident and transmission bars, and the sample end faces were lubricated  
175 with high-pressure grease so as to reduce frictional effects and to allow for easy radial expansion  
176 during compression. This setup is consistent with others in the literature [22, 24, 26 and 29].

177 In a SHPB experiment, a striker bar is launched from a pressurised gas gun and strikes the incident  
178 bar generating an elastic stress wave that travels through the incident bar to the sample,  
179 dynamically loading it. Due to mismatch of mechanical impedances of aluminium and the foam  
180 sample, reflected and transmitted waves are generated at the left and the right interfaces of the  
181 sample, respectively. The transmitted wave travels through the sample into the transmission bar.  
182 The incident and reflected signals are recorded by a strain gage mounted on the incident bar and



183 the transmitted signal is captured by a strain gage mounted on the transmission bar. The strain  
184 gages used in the setup in this study are  $350\Omega \pm 0.3\%$  with a gage factor of  $2.130 \pm 0.5\%$  (Micro  
185 Measurements CEA-13-250UN-350). The gages are connected to their individual conditional  
186 amplifiers (Vishay InterTechnology 2310B) and a gain of 100 to 1000 is applied on the  
187 transmission gage because of the small magnitudes of transmitted stresses. The output from the  
188 conditional amplifier is fed to a Tektronix DPO2024B oscilloscope with 12-bit resolution  
189 recording at 500 MHz. Careful observation of transmitted gage raw voltage data in these  
190 experiments revealed a background noise approximately equal to  $\pm 1$  micro strain, which  
191 corresponds to 20% of the measured strain at the onset of yielding ( $\sim 5$  micro strain). The  
192 challenges of developing SHPB systems to measure the dynamic response of foams is widely  
193 documented [17, 30], and the approaches that we pursued are consistent with those in the literature.  
194 The lengths of projectile, incident bar and transmission bars are 500, 1000 and 910 mm  
195 respectively with a diameter of 12.7 mm. The length of the bars and the relative positioning of  
196 strain gages avoid overlapping of stress waves [2], also ensuring that longer loading durations are  
197 available in order to obtain large strains in the soft foam. To prevent a sudden impact from the  
198 striker against the incident bar and to achieve better force equilibrium and constant strain rate  
199 during testing, pulse shapers made of softer material than that of bar are to be used [22, 30].  
200 Numerous pulse-shaping trials were performed using different combinations of materials. For  
201 example, copper discs of thicknesses of 0.1 and 1mm, and different papers ranging from 100 to  
202 240 GSM (Grams per Square Meter) were tested individually and in multiple combinations of each  
203 other. It was found that a 160 GSM paper pulse-shaper generated the desired near-rectangular  
204 shape of the input pulse, which would ensure constant strain rate and best force equilibrium  
205 throughout the experiment.

206 To compute the stress-strain responses of the material, the theory of one-dimensional wave  
 207 analysis in thin rods is used:

$$\sigma(t) = \frac{A_0}{2A_s} E_0 [\varepsilon_i(t) + \varepsilon_r(t) + \varepsilon_t(t)] \quad (1)$$

$$\varepsilon(t) = \frac{C_0}{L_s} \int_0^t [\varepsilon_i(t) - \varepsilon_r(t) - \varepsilon_t(t)] \quad (2)$$

$$\dot{\varepsilon}(t) = \frac{C_0}{L_s} [\varepsilon_i(t) - \varepsilon_r(t) - \varepsilon_t(t)] \quad (3)$$

208 where  $A_0(\text{m}^2)$  and  $A_s(\text{m}^2)$  are the cross-sectional areas the bars and sample;  $\varepsilon_i(t)$ ,  $\varepsilon_r(t)$  and  $\varepsilon_t(t)$   
 209 are the incident, reflected and the transmitted strain-time histories respectively;  $L_s(\text{m})$  is the  
 210 thickness of the sample;  $E_0(\text{N}/\text{m}^2)$  is the Young's modulus of the bars and  $C_0(\text{m}/\text{s})$  is the elastic  
 211 bar wave speed which is given by

$$C_0 = \sqrt{\frac{E_0}{\rho_0}} \quad (4)$$

212 where  $\rho_0(\text{kg}/\text{m}^3)$  is the density of bar. Since the sample size is small, it can be assumed that the  
 213 wave propagation effects within the specimen are negligible and this yields:

$$\varepsilon_i(t) + \varepsilon_r(t) = \varepsilon_t(t) \quad (5)$$

214 And equations (1) - (3) are simplified to

$$\sigma(t) = \frac{A_0}{A_s} E_0 \varepsilon_t(t) \quad (6)$$

$$\varepsilon(t) = -2 \frac{C_0}{L_s} \int_0^t \varepsilon_r(t) \quad (7)$$

$$\dot{\varepsilon}(t) = -2 \frac{C_0}{L_s} \varepsilon_r(t) \quad (8)$$

215 To validate the working of the SHPB apparatus, it is necessary that dynamic stress equilibrium be  
 216 attained in the samples [29] and this is verified by equating the forces at input bar–sample ( $F_{S-I}(t)$ )  
 217 and sample–transmission bar ( $F_{I-T}(t)$ ) interfaces, which are given by:

$$F_{S-I}(t) = A_0 E_0 [\varepsilon_i(t) + \varepsilon_r(t)] \quad (9)$$

$$F_{I-T}(t) = A_0 E_0 \varepsilon_t(t) \quad (10)$$

218 Shown in Figure 4 (a) is a force balance plot between forces calculated at the incident and  
 219 transmitted ends of the sample. The vertical axis represents the force experienced in Newtons (N)  
 220 and the horizontal axis represents time in microseconds ( $\mu$ s). The forces at the input bar–sample  
 221 ( $F_{S-I}(t)$ ) and sample–transmission bar ( $F_{I-T}(t)$ ) interfaces are represented by black and brown  
 222 curves, respectively. The overlapping of the curves indicate that reasonable dynamic force  
 223 equilibrium is attained within the sample.

224 During testing, an ultrahigh-speed camera Shimadzu HPVX-2 was used to visualize deformation  
 225 features, as well as to perform strain measurements. The camera is able to capture 256 images and  
 226 is triggered by a split signal from the incident strain gage. In these experiments, the camera  
 227 operated at a framerate of 1 million frames per second at a resolution of 400 x 250 pixels. The  
 228 camera was triggered from the incident strain gage and camera output pulses were used to correlate  
 229 times between the images and the gage measurements. In the dynamic experiments, the strain was  
 230 measured by tracking the displacement of two point markers on each side of the tested specimen,

231 one on the incident bar and the other on the transmission bar. This was done to more easily match  
232 the video images to the stress-strain curve in order to identify macroscopic deformation features  
233 that are observed in this material. Uncertainty of using the camera is approximated to lie within an  
234 error of one pixel where the initial sample size was measured to be 100 pixels in length,  
235 corresponding to a maximum strain uncertainty of 1%. A comparison of the strain rate vs. time  
236 computed for one of the experiments using the wave equations (equation (8)) and the rate vs. time  
237 computed from tracking the displacements from the high-speed camera are shown in Figure 4(b).  
238 The horizontal axis represents time in microseconds and the vertical axis represents strain rate  
239 ( $\text{s}^{-1}$ ). The green curve shows the unfiltered strain rate obtained from the wave equations and the  
240 blue curve represents the strain rate history achieved using the ultrahigh speed camera. It was  
241 found that the strain rate calculated from the tracking technique lied within 3% error of the rate  
242 calculated from the wave equations for any given time after stress equilibrium has been obtained  
243 (i.e. at strains greater than 8%). Finally, three tests with same loading conditions were performed  
244 to verify repeatability of the experiments and it was found that with the same cylinder pressure,  
245 there was a variability of  $\sim 5\%$  in the projectile velocity, which caused a variability in strain rates  
246 of 5284 to 5720  $\text{s}^{-1}$ .

#### 247 **4. Experimental Results**

248 Shown in Figure 5 is a plot of the quasi-static and dynamic stress-strain curves of the D3O LITE  
249 D, including multiple curves for experimental variability. The points 1 to 8 included on one  
250 example quasi-static and one example dynamic curve correspond to high-speed camera images  
251 that are shown and discussed later in Figure 6 and 8. The strains for which images are selected are  
252 different for the quasi-static and dynamic cases. For the quasi-static case, strains are selected at  
253 transitional points on the stress-strain curve, as well as those strains that correspond to the onset

254 or evolution of notable deformation features in the images. Similarly for the dynamic experiments,  
255 image locations are selected to best visualize the onset and evolution of deformation features for  
256 the higher strain rate. The results for both quasi-static and dynamic strain rates are discussed in  
257 greater detail subsequently.

#### 258 *4.1. Quasi-static regime*

259 It is observed that the compressive response of the material in the quasi-static regime exhibits a  
260 typical elastomeric foam behavior with a few notable exceptions. Namely, typical foam responses  
261 have a sudden change in slope when the stress reaches elastic stress limit  $\sigma_{el}^*$  and its value is easily  
262 identifiable. However, in this material, it was found that there was a gradual transition from the  
263 elastic regime to the plateau regime beginning at a strain of 2% and plateauing at approximately  
264 6% strain, which does not yield a specific value of  $\sigma_{el}^*$ . Therefore, average stress over the specified  
265 strain range between 4.6 to 5.2% was calculated, where an initial increase in slope is observed,  
266 and  $\sigma_{el}^*$  was measured to be  $120 \pm 55$  kPa over this range. In the figure, the curve then starts to  
267 plateau at around 6% at a stress of about 145 kPa, indicating the start of post-elastic collapse  
268 regime. From this point, the sample continues to harden with a linearly increasing hardening rate  
269 until a strain of ~60% is reached within the sample. The sample then starts to densify at an  
270 increasing rate until a strain of ~83% at a stress of  $5.05 \pm 2.1$  MPa is reached in the sample, at  
271 which point the sample starts to densify rapidly. It is also observed that there was a sudden increase  
272 followed by a gradual decrease in the hardening rate at this strain. The strain of ~83% coincides  
273 with the porosity of the material, and so this hardening behavior likely corresponds to near-  
274 complete pore collapse. At this point, the porosity is completely crushed out and the foam tends to  
275 behave linearly like the elastic part of the compressive behaviour of the parent bulk polymer [17,  
276 18]. To understand the variability in the material behavior and consistency of the mechanical

277 properties obtained from the experiments, three stress-strain curves under the same strain-rate and  
278 loading conditions were obtained, and these are also shown in Figure 5. It can be seen that below  
279 strains of 70%, the stress-strain curves overlap within 4 % error, and the variability observed after  
280 70% strain are related to the differences in material composition, individual sample density and  
281 microstructure. For a given sample, the pore collapse strain ranges between 114 and 126 kPa, while  
282 the stress variability at 90% strain can range between 28 and 44 MPa.

283 To better understand the failure mechanisms that influence the stress-strain responses, we present  
284 images taking using a high-speed camera during quasi-static testing (Figure 6). The image numbers  
285 correspond to the numbers shown on the quasi-static stress-strain curves in Figure 5. Image 1  
286 shows the start of the experiment at 0% strain, and is shown for reference. From image 2, it is  
287 observed that from a strain of 0 –12%, there is no noticeable lateral deformation. This suggests  
288 that the Poisson's ratio may be negligible throughout the elastic regime and early plateau. This is  
289 consistent with observations by Liu et al. [26] for their polymeric foam (acquired from Airbus).  
290 As seen from images 3 through 6, very low lateral deformation is observed corresponding to a  
291 Poisson's ratios less than 0.02; no clear deformation features are visible on the material surface.  
292 In image 7, visually distinguishable deformation appears in lateral direction at a strain of ~72%,  
293 and densification begins to occur ending the plateau regime. Finally, image 8 is taken at a strain  
294 of ~84%, where considerable lateral expansion is observed and at strains higher than this, the  
295 sample moves out of the camera's field of focus. The final lateral deformation was measured at  
296 ~84% and the corresponding Poisson's ratio was calculated to be  $\sim 0.11 \pm 0.02$ . All of lateral  
297 deformation measurements were performed using ImageJ. Throughout the range of strains, it was  
298 observed that there were no distinctive macroscopic deformation features on the imaged surface,  
299 which are contrasted with dynamic results next.

## 300 4.2. *Dynamic Regime*

301 Prior to discussing the stress-strain responses for the dynamic experiments in Figure 5, we first  
302 discuss the effect of filtering levels on the strain-strain curves presented in Figure 7. In our  
303 experiments, data from the oscilloscope was sampled at 500 MHz (fixed oscilloscope setting), and  
304 filtering techniques were explored to better visualize the raw data and contrast it with the quasi-  
305 static experimental trends (e.g., features like the elastic collapse, densification). Some level of  
306 filtering of high strain-rate data appears to be frequently used in the published literature on foams  
307 [17, 22, 24, 30] (based on smoothness of curves), with limited discussion for filtering approaches  
308 (e.g., frequency-based filters [31]). To explore the effect filtering, we use a first order Savitzky–  
309 Golay (SG) filter in Matlab, which helps increase the signal-to-noise ratio without greatly  
310 distorting the signal. The smoothing is achieved using a process called convolution, which fits  
311 segments of adjacent data points with a low-degree polynomial by the method of linear least  
312 squares. The choice of this filter, we believe, allows us to maintain the general trends and stress  
313 magnitudes in the data (which we explore here). In this exercise, we show the effect of different  
314 filtering levels for one of the dynamic experiments in Figure 7. Here, we selected to apply filtering  
315 levels beginning at filtering segment sizes corresponding to 0.05% strain and increasing by 0.05%  
316 strain up to 1%, which we believed to represent low degrees of filtering when first selected. In the  
317 figure, we show an unfiltered curve, and curves for filtering levels for segment sizes of 0.2%  
318 (corresponding to 180 points), 0.5% (corresponding to 450 points), and 1% (corresponding to 900  
319 points). The black curve shows the unfiltered data, followed by the red curve which corresponds  
320 to a segment size of 0.2% strain. It can be seen that the red curve overlaps over the black curve in  
321 all ranges of strain suggesting that both magnitudes and trends are preserved at this level of  
322 filtering. Increasing the strain segment size to 0.5% strain leads to a three fold reduction in elastic

323 collapse stress, as well localized distortion of the general trend at low strains which are represented  
324 by the light grey curve. The dark grey curve represents filtering corresponding to a strain segment  
325 size of 1% and it can be observed the overall trend is captured but stress magnitudes are reduced  
326 drastically with increasing segment sizes. These values demonstrate the outcome of the analysis.  
327 Namely, it was observed that increasing the strain segment size to greater than 0.25% strain leads  
328 to distortions of the general trend and decreased stress magnitudes, and so a size of 0.2% strain  
329 was selected because this lied within acceptable filtering levels.

330 Now that filtering has been explored, we return to describe the stress-strain response of the foam  
331 in Figure 5 for strain rate of 5284 to 5720 s<sup>-1</sup>. For the dynamic case, the linear-elastic regime spans  
332 up to a strain of ~1% and the elastic collapse stress  $\sigma_{el}^*$  is calculated to be approximately equal to  
333  $243 \pm 47$  kPa. In our experiments, the transition from the elastic regime to the plateau regime  
334 begins at a strain of 0.8% and plateaus at around 1.5% strain. We note here that the stress in the  
335 sample has not yet equilibrated (see Figure 4(a)), and care should be given to interpretation of  
336 these values as discussed in Song et al. [30]. In our tests, a constant strain rate and force balance  
337 is achieved in the sample at ~ 8%. In the dynamic tests, the stress in the sample continues to rise  
338 between 8% (stress of  $280 \pm 25$  kPa) and 45% ( $460 \pm 40$  kPa) at a constant rate in this log-linear  
339 representation. This linear rise corresponds to an initial plateau regime. Interestingly, there is a  
340 secondary hardening regime beyond 45% strain that increases logarithmically until a strain of 81  
341 to 83% ( $22.5 \pm 4.0$  MPa). This pronounced hardening rate corresponds to densification of the foam  
342 sample. Again, this likely corresponds to pore collapse in the sample, albeit at a slightly less strain  
343 value than observed in the quasi-static experiments. After this point, there is an inflection in the  
344 curve at ~83%, which is believed to correspond to complete densification. After a strain of ~81%



345 is achieved within the sample, the material hardens—more rapidly than the quasi-static tests, and  
346 this likely corresponds the behavior of the parent material.

347 To better understand the hardening regimes, we present ultra-high-speed camera images taken  
348 during deformation (Figure 8). In this D3O LITE D foam, some unique macroscopic deformation  
349 features are observed. Shown in Image 1 of Figure 8 is a reference image taken at 0 % strain for  
350 the dynamic experiments. Image 2 corresponds to strains of around 8 – 10%, where small band-  
351 like features begin to appear. Image 3 shows the sample at 18 to 20% strains where these features  
352 become more visually apparent as indicated by the red lines in the image. Note the red lines are  
353 used to highlight the location of these vertical bands and this meant to ease the reader in visualizing  
354 the growth of the bands in subsequent images. These band-like deformation features are termed as  
355 “localizations” hereafter. It was observed that at strains between 20 – 35 % (Image 4), a greater  
356 number of localization features appear to nucleate, and this corresponds to the near-horizontal  
357 plateau in the log-linear regime of the stress-strain curve in Figure 5. These localization features  
358 continue to nucleate and grow perpendicular to the compressive loading direction until strains of  
359 42 – 45% are reached within the sample, shown in image 5. After 45% strain, no more new  
360 nucleations are observed in the ultra-high-speed camera images, and at strains beyond 45%, the  
361 localizations begin to coalesce with each other until they span the entire length of the sample at 75  
362 to 80 % strain (shown in images 6 to 8). In the dynamic experiments, lateral expansion was  
363 measured at the aforementioned strains using ImageJ and a constant expansion rate was observed  
364 leading to a Poisson’s ratio of  $\sim 0.095$  at a strain of 76%. After strains of 85% – 90% are reached,  
365 the sample expands out of the field of focus of the camera.

366

367

## 368 **5. Discussion**

369 This paper investigated the compressive failure of a shear-thickening polymeric foam for quasi-  
370 static and dynamic conditions. It is important to better understand the behavior of these materials  
371 since this class of foams are currently being employed in energy absorption equipment (e.g.,  
372 helmet liners for US team sports such as Football, Baseball and Ice Hockey, as well as protective  
373 inserts for Motorcycle jackets) and also in some military applications [34]. Limited data on these  
374 materials, and shear thickening foams in general, exist in the literature, and so we believe that this  
375 paper makes contributions towards better understanding how microstructural features and lengths  
376 scales of these types of foams may be related to quasi-static and dynamic compressive failure. In  
377 what follows, we discuss the results of this foam in the context of our general understanding of  
378 how polymeric foams behave.

379 To summarize the results and discussion of this paper, we show Table 2 which consists of the  
380 stress regimes, Poisson's ratio measurements( $\mu$ ) and the dominating failure mechanisms  
381 corresponding to that given ranges of strains. This table also provides image numbers  
382 corresponding to images from high speed camera for quasi-static case, and similarly for ultra-high  
383 speed camera images for the dynamic case from Figures 6 and 8 respectively, so that it is easier  
384 for the reader to visualize camera images while referring to the table.

385 First, we correlate commonly known deformation mechanisms to the stress-strain curves of our  
386 D3O LITE D foam in quasi-static and dynamic conditions (Figure 5). Generally, three different  
387 phases of deformation are observed during compressive failure of polymeric foams [17, 21 and  
388 32]. The first phase is linear-elastic regime, where the stress-strain response follows Hooke's law  
389 and the strain is completely recoverable. For polymeric foams, the linear-elastic limit is limited to  
390 small strains, typically less than 5% strain [24, 30]. It is to be noted that elastomeric foams can

391 undergo much higher strains than these and the deformation can still be mostly recoverable, but is  
392 non-linear [32]. The second phase is characterized by non-linear elasticity, where the material  
393 continues to plateau at a relatively constant stress, known as the elastic collapse stress  $\sigma_{el}^*$ . This  
394 property of foams is exploited for energy-absorbing applications [21]. The third and final phase of  
395 deformation is known as densification, where the foam begins to respond like a compacted solid  
396 [17, 24]. For semi-closed cell foams, these deformation and failure mechanisms are usually more  
397 complicated than fully open or closed celled foams due to the presence of higher number of face  
398 edges where damage can nucleate [31]. Each of the three phases is explained in the context of our  
399 material hereafter with a main focus on dynamic response.

400 In our dynamic experiments, the linear elastic regime extends to about 1 – 1.5% strain and in this  
401 regime all stresses are carried by only the cell ligaments, which show small regions of buckling,  
402 directly contributing towards the stiffness of the material. There is no failure in the linear elastic  
403 regime and the strains are fully recoverable. Similar mechanisms are observed in the quasi-static  
404 case as well, but at different elastic strain limits as discussed earlier. In our dynamic experiments,  
405 the post-elastic collapse behaviour begins at around 1.5% strain and is dominated by buckling of  
406 both cell edges and faces. This mechanism spans the entire inelastic regime. In the first plateau,  
407 permanent bending of cell walls dominates up to a strain of ~45% alongside large-sized buckling  
408 regions near the cell walls. In the second plateau region following the permanent deformation of  
409 the cell walls, the cell faces begin to rupture followed by tearing of the cell edges at strains of  
410 ~62%, and this process occurs progressively in the rest of the plateau regime. Initial damage is  
411 observed at the near-closed cells, and these cells begin to rupture at the strain nearing the end of  
412 plateau, reaching to the point of densification, which begins at around 81% strain. In our quasi-  
413 static experiments, the post-elastic collapse behaviour begins at ~6% strain and hardens linearly

414 until ~60% strain after which gradual densification is observed up to strains of ~83%. Similar  
415 failure mechanisms that have been discussed for dynamic conditions are activated in quasi-static  
416 conditions at similar strains except for that of complete densification. A deviation from typical  
417 foam behaviour [13, 17, 18, 21, 32 and 33] in our experiments was that the hardening rate of the  
418 plateau stress was found to be more than an order of magnitude higher than the elastic collapse  
419 stress in quasi-static rate and almost two orders of magnitude higher in dynamic strain rate  
420 conditions. At these high strains, the opposing cell walls have been observed [17] to crush together  
421 and cell wall material is itself compressed and complete densification is observed. It is to be noted  
422 that each failure mechanism, once activated continues to remain active until failure.

423 After densification, complete pore collapse is observed. In the quasi-static case for our experiments  
424 (Figure 5), there was an inflection at the curve around  $87 \pm 3$  %, and we believe that is likely  
425 related to complete pore collapse. In the dynamic case, the inflection was observed around  $83 \pm$   
426  $3$ %, which was lower than the quasi-static. The formation of the structural-scale vertical  
427 localizations are believed to be responsible for the lower pore collapse strain in the dynamic case  
428 as a result of these localization features consuming porosity during their nucleation, growth, and  
429 coalescence. This factor needs to be considered in any dynamic failure modelling of foams where  
430 large strains at high strain rates are experienced because the formation of these localizations govern  
431 the hardening rates in the plateau regime, which in turn are responsible for material response at  
432 high strain rates. Lastly, after complete pore collapse, post pore collapse hardening was observed.  
433 Post pore collapse hardening rates in both quasi-static and dynamic cases are found to be greater  
434 than the rate of densification in their respective cases. The dynamic post pore collapse hardening  
435 rate is observed to be greater than the quasi-static post pore collapse hardening rate. This is  
436 explained by the general rate dependency behaviour in bulk polymers [22] at high strains given

437 when the entire porosity in the foam is crushed out, the sample essentially behaves like a bulk  
438 polymer material. Although not explicitly reported by the authors, similar effects are observed in  
439 other materials [17, 32]. After this point, at very large compressive strains of over 85%, the sample  
440 under the given mechanical loading tends to behave like material response of the parent material.  
441 It is to be noted that the vertical axis shown in Figure 5 is of log scale and these hardening rates  
442 may not be as easily visualized in the stress-strain curves presented in the paper.

443 The localization behavior foams advertised as shear thickening is not currently understood, but is  
444 likely related to some combination of chemical composition and structure (held proprietary by the  
445 manufacturer), the microstructure (in terms of pore size and wall thickness), and the strain energy  
446 that is available for failure (assessed via mechanical testing and stress-strain response). Additional  
447 experiments are needed to better understand the mechanisms for nucleation and growth of the  
448 localization features (e.g., interrupted compression or impact experiments coupled to X-Ray  
449 imaging of internal microstructure features), and energy-based or computational models are  
450 required to confirm experimental observations.

451 With this in mind, we briefly explore potential reasons for the observed localization features in  
452 this foam, which, to the knowledge of the authors, are unique to this as-advertised shear thickening  
453 foam. As mentioned, these localization features are believed to be a consequence of chemical  
454 composition and structure, and the microstructure (i.e., in terms of pore size and wall thickness).  
455 In this discussion, we focus on the microstructural contributions since the chemical composition  
456 and structure information (and foam manufacturing process) is proprietarily held by the  
457 manufacturer. We link the localization features to instabilities that lead to buckling of cell walls  
458 perpendicular to the compressive loading direction. The onset of these instabilities are believed to  
459 be related to the relative sizes of the pores and the wall thickness, where relatively large pore sizes

460 results in relatively higher localized stresses concentrations, and relatively thinner walls are more  
461 susceptible to collapse under these relatively higher stresses. In this D3O LITE D material, the  
462 ratio of pore sizes (average of  $82 \pm 26 \mu\text{m}$ ) to wall thickness (average of  $8.3 \pm 4.5\mu\text{m}$ ) is 4.3 to 28  
463 (average 9.8). In other materials, where SEM images are available, we see wall thickness to pore  
464 sizes ratios of  $\sim 0.025$  and  $\sim 0.002$  [18, 24], and perhaps these ratios play a role in the unique  
465 behavior of the Lite D foam. It is, however, to be noted that these materials have different  
466 compositions, and this form of foam microstructure with its unique wall thickness to pore size  
467 ratio, pore shapes, distributions, and locations of unexpanded polymer is found to be unique to  
468 D3O LITE D when compared to other images of foam microstructures in literature [11, 18, 24 and  
469 31].

## 470 **6. Conclusion**

471 The compressive response of D3O LITE D dilatant foams under quasi-static strain rate of  $0.04 \text{ s}^{-1}$   
472 and dynamic strain rate of  $5284$  to  $5720 \text{ s}^{-1}$  has been studied. Experimental methods for  
473 characterizing and studying the dynamic response of foams have been established and have found  
474 to reconcile with traditional experimental techniques. Comprehensive insights into compressive  
475 behavior of shear thickening foams are provided, which is relatively an unexplored area of research  
476 despite current use of these materials in many applications. Most notably, under dynamic loading  
477 conditions, unique macroscopic localization features are observed in the D3O LITE D foam under  
478 investigation in this paper, which do not appear at quasi-static rates or in any high rate testing of  
479 other polymeric foams (to the knowledge of the authors). This data can be used for modelling the  
480 observed localizations as a unique failure mechanism in mechanism-based modelling approach to  
481 predict material response. More studies at intermediate strain rates are required to identify the  
482 threshold strain rate for these localizations and to study the effect of these localizations on shear

483 thickening behavior. As this is the first time that the D3O LITE D foams have been characterized  
484 in this way, we believe these experimental results will also serve as a good starting point for  
485 impactful modelling [11, 33]. The results of the tests performed and the future tests will be put  
486 together to make models to predict the effect of microstructure, strain rate and localizations on the  
487 compressive response of shear thickening foams.

## 488 **7. Acknowledgements**

489 This research was sponsored by the Army Research Laboratory and was accomplished under  
490 Cooperative Agreement Number W911NF-16-2-0083. The views and conclusions contained in  
491 this document are those of the authors and should not be interpreted as representing the official  
492 policies, either expressed or implied, of the Army Research Laboratory or the U.S. Government.  
493 The U.S. Government is authorized to reproduce and distribute reprints for Government purposes  
494 notwithstanding any copyright notation herein. We also greatly acknowledge the in-kind support  
495 of Defence Research and Development Canada. We also thank Bernie Faulkner of Department of  
496 Mechanical Engineering, University of Alberta for his help with experimental setup and  
497 Christopher S Meredith of Army Research Laboratory for his insightful discussions.

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499 **List of Tables**

500 **Table 1.** Manufacturer’s listed properties for D3O LITE D.

501 **Table 2.** Summary table showing the stress regime, Poisson’s ratio ( $\mu$ ) and the dominating failure  
502 mechanism corresponding to the given ranges of strains. It is to be noted that each failure  
503 mechanism, once activated continues to remain active until failure. Also, image numbers  
504 corresponding to that of Figure 6 are provided for high speed camera images for quasi-static case,  
505 and similarly for ultra-high speed camera images for the dynamic case with respect to Figure 8.

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518 **List of Figures**

519 **Figure 1. (a)** Scanning Electron Microscope (SEM) Micrograph of D3O LITE D at 100 x  
520 magnification showing microstructure dominated by fairly circular pores of varying sizes with rare  
521 instances of semi-open pores represented by red circles. **(b)** SEM Micrograph at 600 x  
522 magnification showing sample wall thickness measurements. The bright features that are  
523 prominently visible in this cross-section are a result of additives/unexpanded bulk polymer. The  
524 length scales are denoted on the bottom-right corner.

525 **Figure 2.** Schematic diagram of the MTS experimental setup combined with two high-speed  
526 cameras perpendicular to each other facing the sample to aid in Poisson's ratio measurement.

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534 rate. Both based on individual MATLAB programs.

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536 points on the quasi-static curve are represented by high-speed camera images in Figure 6; Red  
537 points on the dynamic curve are represented by ultra-high speed camera images in Figure 8.

538 **Figure 6.** Time-evolved quasi-static compression failure of the D3O foam at  $0.04 \text{ s}^{-1}$  using MTS  
539 810 apparatus. Inter-frame strains are denoted at the top-right corner of each image and specimen

540 length scales are denoted on the bottom-left corner of each image. Large-scale linear deformations  
541 are not observed in the quasi-static case, like the dynamic case.

542 **Figure 7.** Plot showing effect of different filtering levels on stress magnitudes and global trends  
543 of dynamic compressive response of D3O LITE D foam. The red curve is indicative of acceptable  
544 filtering level with a strain segment size of 0.2%. The light grey and dark grey are example curves  
545 at larger segment sizes of 0.5% and 1% respectively, that show distortions from original response  
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549 specimen length scales are denoted on the top-right corner of each image. The red lines in image  
550 3 emphasize larger-scale vertical localization bands that start to form in this material at  
551 approximately 10% strain. This corresponds to log-linear region in the red line in Figure 5.

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560 **Tables**

561 **Table 1.** Manufacturer’s listed properties for D3O LITE D.

<b>Material</b>	<b>Density Range</b>	<b>Hardness</b>	<b>Tensile Strength</b>	<b>Split Tear Strength</b>	<b>Compressive Strength</b>	<b>Flexural Modulus</b>	<b>Water Absorbency</b>
<b>D3O Lite D</b>	200 - 220 Kg/m <sup>3</sup>	60 Asker C	2.2 MPa	2.9 N/mm	190 kPa	5.59 MPa	1 %
<b>Test Method</b>	ISO 845: 2009	DTS004	ISO 1798: 2008	SATRA TM65	ASTM D3575-14D	DTS052	ISO 62 : method 1

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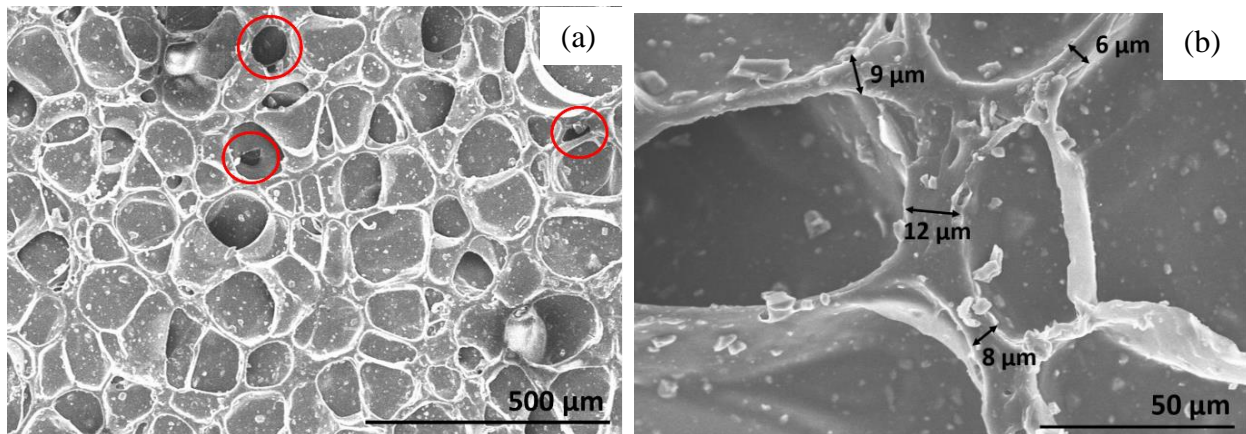
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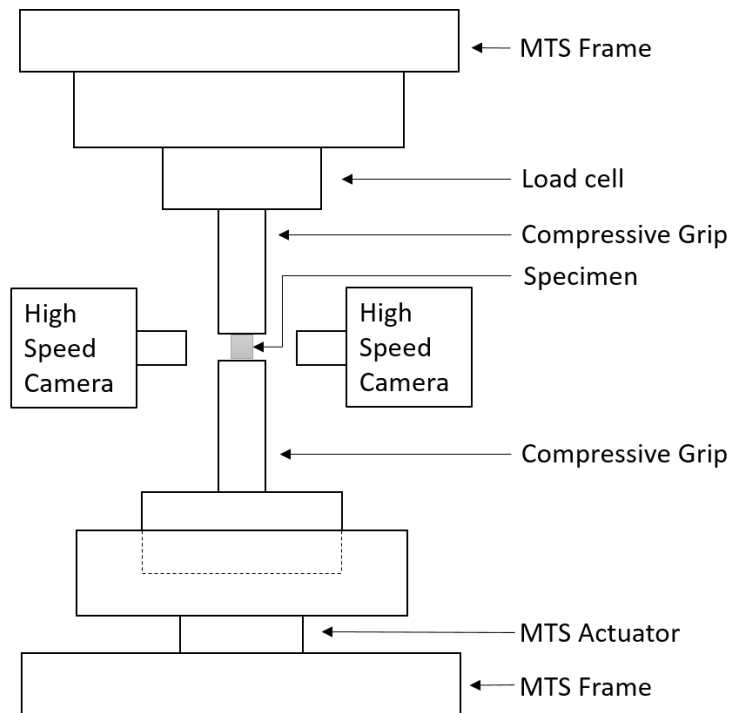
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576 corresponding to that of Figure 6 are provided for high speed camera images for quasi-static case,  
577 and similarly for ultra-high speed camera images for the dynamic case with respect to Figure 8.

Strain range	Quasi-static				Dynamic				
	#	Stress Regime	$\mu$	Failure mechanism	#	Stress Regime	$\mu$	Failure mechanism	Deformation features
0 – 10	1	Linear elastic	0	Elastic Collapse	1	Linear elastic	0	Elastic Collapse	None
10 – 20	2	Plateau	0	Buckling	2	First Plateau	0.012	Buckling	Nucleations begin
20 – 30	3	Plateau	0	Buckling	3	First Plateau	0.025	Cell Wall Bending	Higher Nucleations
30 – 40	4	Linear Hardening	0.003	Cell Wall Bending	4	First Plateau	0.038	Cell Wall Bending	Nucleations stop
40 – 50	5	Linear Hardening	0.006	Cell Wall Bending	5	Secondary Hardening	0.052	Pore Collapse	Localizations grow
50 – 60	6	Linear Hardening	0.020	Pore Collapse	6	Secondary Hardening	0.067	Pore Collapse	Growth & Coalescence
60 – 70	6	Densification	0.020	Pore Collapse	7	Densification	0.081	Tearing	Growth & Coalescence
70 – 80	7	Densification	0.110	Tearing	8	Densification	0.095	Complete pore collapse	Full sample length
80 – 90	8	Complete Densification	-	Complete Densification	-	Complete Densification	-	Post-pore collapse	-

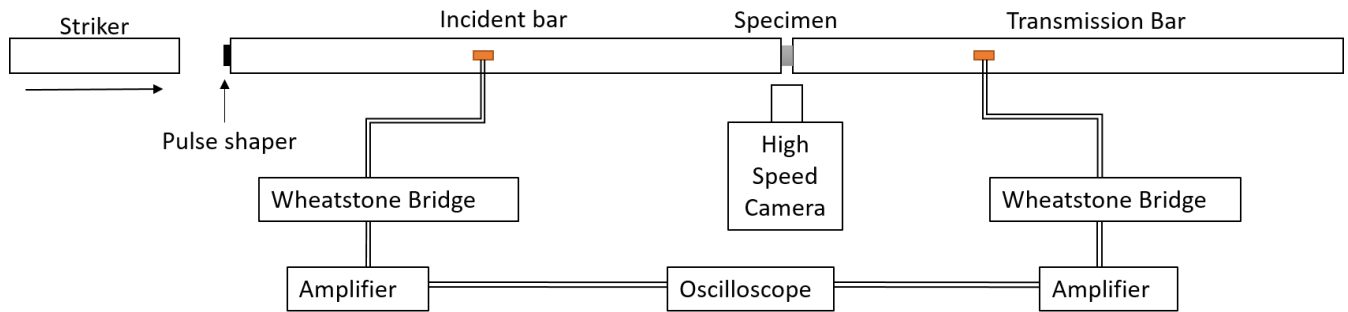
578 **Figures**



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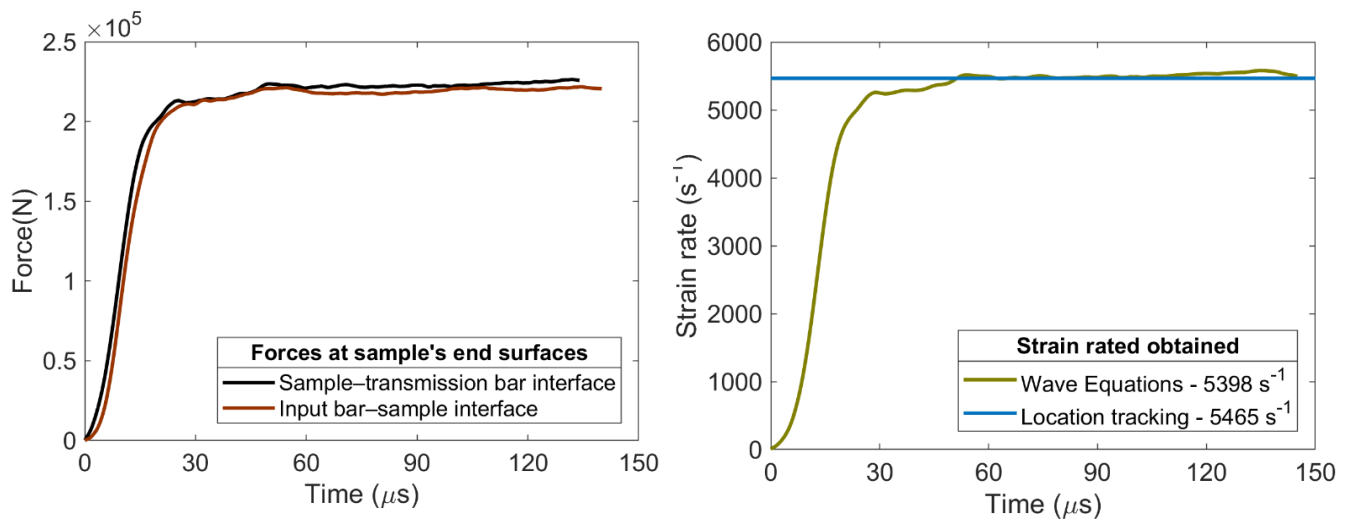


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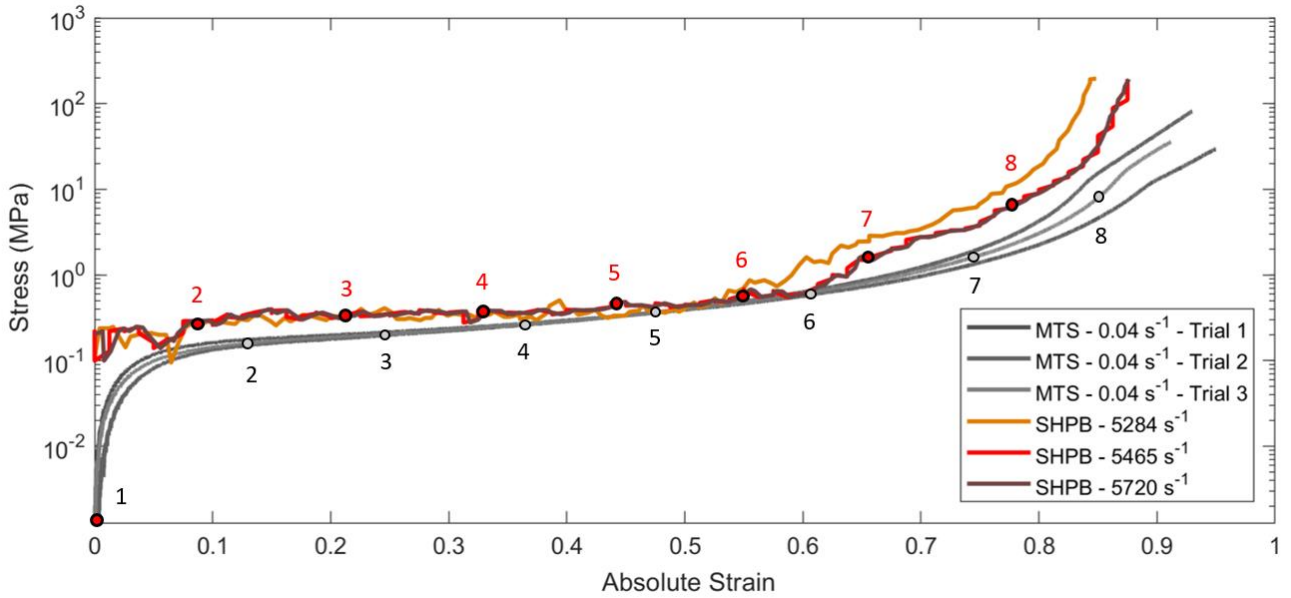


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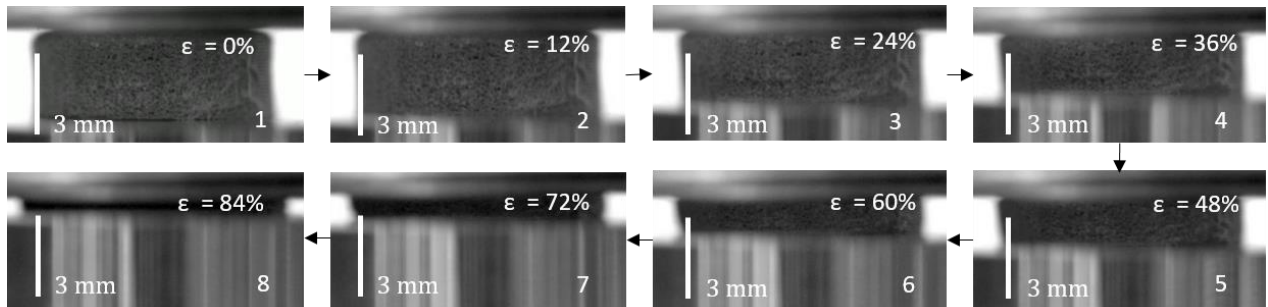


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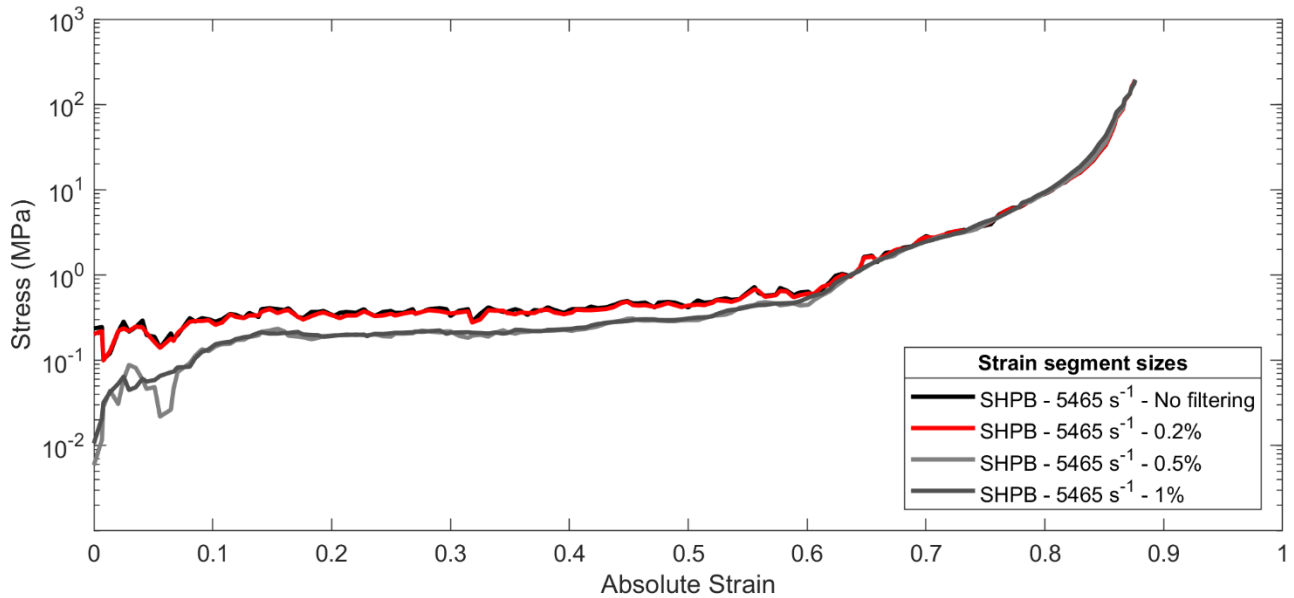
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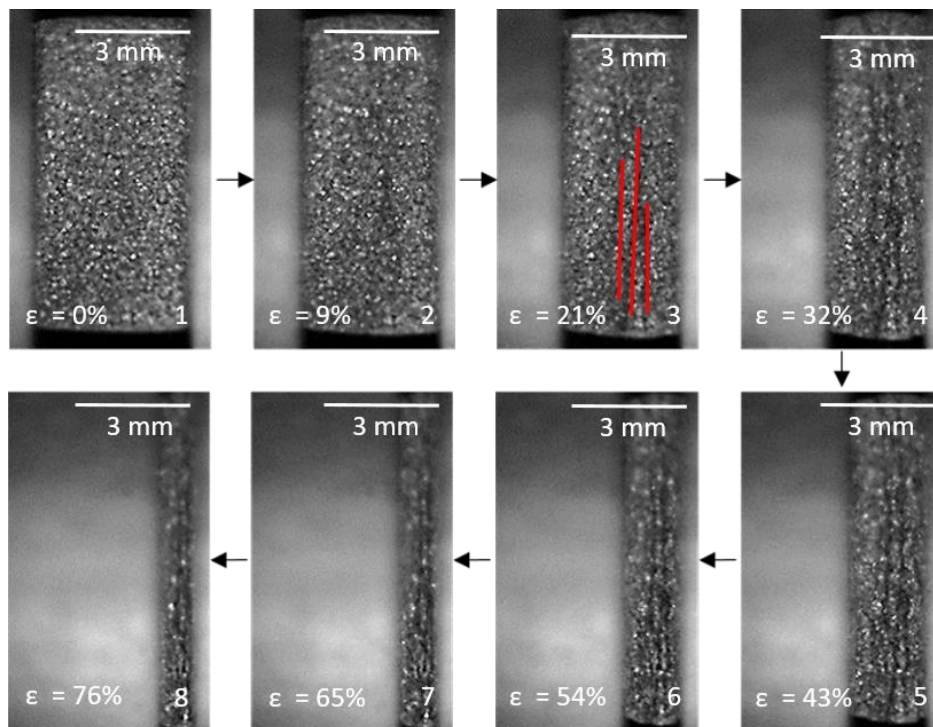


600 **Figure 6.** Time-evolved quasi-static compression failure of the D30 foam at  $0.04 \text{ s}^{-1}$  using MTS  
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604



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610 **Figure 8.** Time-evolved dynamic compression failure of the D3O at  $5465 \text{ s}^{-1}$  using Split Hopkinson  
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