

Tore ward

Cree poet and prisoner justice advocate,
Cory Charles Cardinal, was incarcerated at
the Saskatoon Correctional Centre in the
early days of the COVID-19 pandemic.
Motivated by a passion for justice, Cory was
committed to speaking truth and resisting the
oppression of his brothers and sisters during the
pandemic. He co-organized three major hunger
strikes to highlight the inhumane conditions
inside and demand change.
This zine is a selection of writing, poetry and
visual art about his individual and the collective
experiences inside during COVID-19. Following his

This zine is a selection of writing, poetry and visual art about his individual and the collective experiences inside during COVID-19. Following his release, he entrusted his journals and other collected papers to Free Lands Free Peoples and asked us to assemble a zine that would raise

awareness.

Cory once said. "The COVID-19 virus is the virus of truth." We continue to stand in solidarity and remain committed to truth and justice for Indigenous peoples and our incarcerated relatives.

Tree Lands Free Peoples

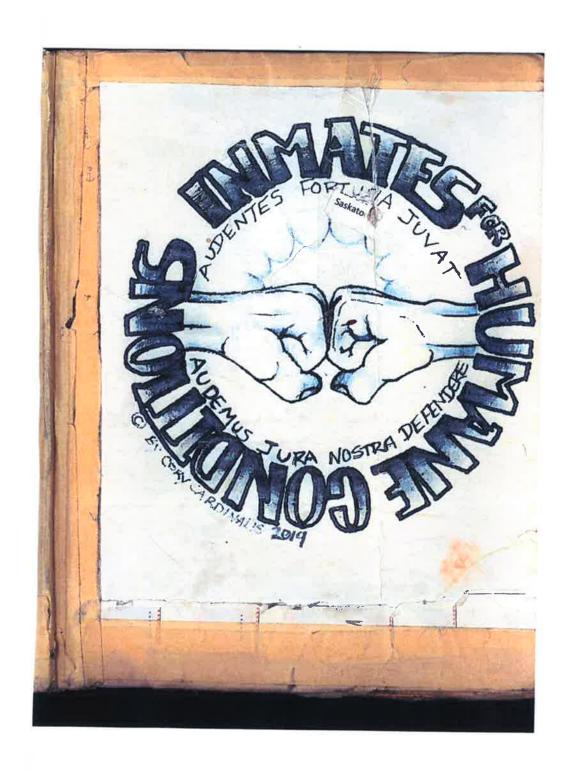
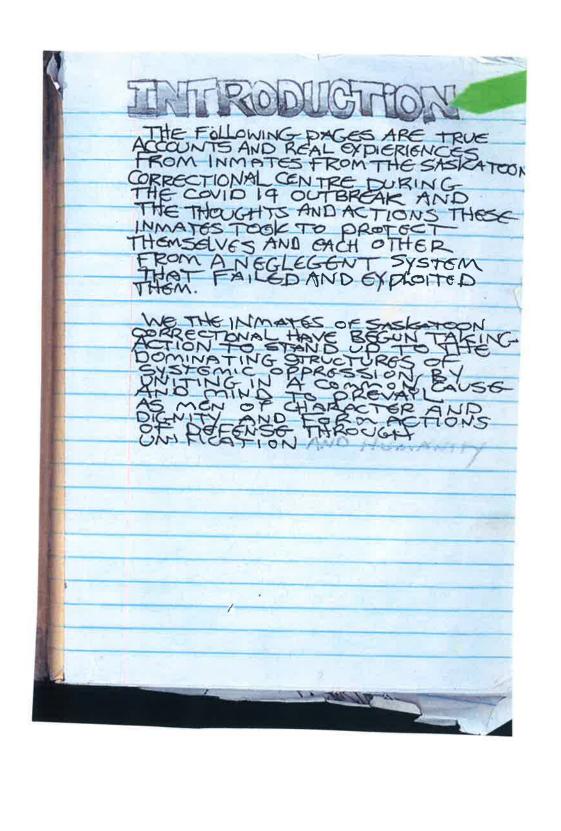


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LEST THIS EVER HAPPEN AGAIN
THIS IS A TRUE ACCOUNT FROM
MYSELF THAT IF TRIED TO
REACH THE UNDERSTANDING-OF
THE DUBLIC TO PROTECT MY
DEOPLE FROM AN EPIDEMIC
THAT HAD INTENTIONS TO
ERADICATE US

SASKATOON CORRECTIONAL CENTRE WHOM

ARE INCARCERATED AND HAVE BEEN DEEPLY

AFFECTED BY THE OUTBREAK AND

THE MINISTRY OF CORRECTIONS POLICIES

AND NEGLEGIENT RESPONSE TO

PREVENTING THE CURRENT OUTBREAK IN

SASKATCHEWAN PRISON NIGHTRY

FRIDAY 007 2 2020 @ 12:00pm

12:00 pm

THE MANY INMATES SURROUNDING MY
BUNK AT NIGHT. THERE IS NO SHORTAGE
OF QUESTIONS ABOUT EACH CIRCUMSTANCE

IS A COLLECTIVE REQUEST FOR
ADVOCACY AGAINST THE PRODIDUCE
AND ABSOLUTE ATTITUDES OF
CERTAIN STAFF I FEAR REVRIBUTION
AND TARGETING SHOULD I BECOME
ACTIVE TOWARDS THEM BUT THE CALLING
AND DUTY TOWARDS MY FELLOW
SUFFERING INMATE GIVES ME
PURPOSE AND STRENGTH,

SATURDAY 3 OCTOBER
9,00 AM AFTER COFFEE

Charles, Cory**(18/63/63 NOON Sat 63 oct 2020 (Sittary 50/2007

I HAVE BEEN SLOWLY COLLECTING DOCUMENTS
AND STATUTES RELATING TO INCARCERATION,
AND INMATE RIGHTS INCLUDING THE
CORRECTIONAL SERVICES ACT AND REGULATIONS,
INDIAN ACT, FREEDOM OF INFORMATION ACT,
POLICE ACT AND OTHER VITAL DOCUMENTS

TE ALMOST AM SMUGGLING THESE RESOURCES IN!

SUNDAY 4 OCTOBER

CORRECTIONAL CENTRE NOW MUST GO
THROUGH A 14 DAY QUARANTINE AND
BE TESTED FOR COVID, THE CORRECTIONAL
IS SEVERLY CHANGED FOR THE WORST,
PRISON STAFF MUST WEAR MANDATORY
MASKS AS THERE WAS GUARDS WHOM
HAD COVID BACK IN THE SPRING, THERE
ARE NO VISITS FOR INMATES, QUARANTINED
INMATES ARE KEPT ISOLATED WITH
NO VARD TIME AND ONLY 30 MINUTES
OUT FOR SHOWER THE COURTS ARE
BY VIDEO CONFRENCE ONLY AS MANDATED
BY HEALTH AUTHORITY.

MONDAY 5 OCTOBER

1:00 pm

MORE DOCUMENTS COMING TOGETHER WITH

THE GUARDS ARE STARTING TO ASK

TUESDAY 6 OCTOBER

9:00 Am

THAVE BEEN NOMINATED BY 30 INMATES
TO BE THE INMATE REP FOR THE UNIT
IN THE WEEKLY INMATE COMMITTEE
MEETINGS WHERE ISSUES REGARDING
ANYTHING OF CONCERN ARE BROUGHT
FORTH FOR CONSIDERATION TO THE LAISON.

TOPICS FOR WRITING

- ACCESS TO YARD
- CANCELLED PROGRAMS
- CROSS CONTAMINATION INMATE MOVEMENT.
- -HUNGERSTRIKES
- REINTEGRATION LEAVES
- BAIL HEARINGS
- TREATMENT FROM

Localina provide state

FREEDOM IS A MOVEMENT

FREEDOM IS A RANSCENDING BOUNDARDS

EREST TO THE MIND

IMPROVISED RUBBER PENCIL OND THE MIND

FREEDOM IS POST BY ORDER

COLONIAL STRUCTURE MIDDLE OF

A PRISON PROVAILING

A FAINST ALL COOS

UNDRIP ARTICLES RELATING

ARTICLE 7.1

INDIGENOUS INDIVIDUALS have THE RIGHTS TO LIFE PHYSICAL AND MENTAL INTEGRETY, LIBERTY AND SECURITY OF PERSON.

ARTICLE 7,2

INDIGENOUS PEOPLES have THE COLLECTIVE

RIGHT TO LIVE IN FREEDOM, PEACE AND

SECURITY AS DISTINCT PEOPLES AND

SHALL NOT BE SUBJECTED TO ANY ACT

OF GENOCIDE OF ANY OTHER, ACT OF

VIOLENCE, INCLUDING FORCIBLY REMOVING

CHILDREN OF THE GROUP TO ANOTHER

GROUP.

FURTHER MORE

THE RIGHTS OF INDIGENOUS
PEOPLES

APPRICLE 24 (2)

EQUAL RIGHT TO THE ENJOYMENT TO THE ENJOYMENT TO THE ENJOYMENT TO THE ENJOYMENT TO STANDARD OF PHYSICAL AND MENTAL HEALTH NECESSARY STEPS WITH A VIEW TO ACTIVE VIND PROCRESIVELY THE FULL REALIZATION OF THIS RIGHT

OUR RIGHTS AS CITIZENS PROTECTED BY THE CHARTER OF RIGHTS AND FREEDOMS HAVE BEEN SLOWLY DIMINISHING AND ERADICATING BY A TOUGH ON CRIME CONSERVATIVE MINDER AGENDA SUPPORTED BY A RACIST BODY OF SASKATCHEWON RURAL YOTER BOSE

THERE ARE SEVERAL INSTRAMENTS THAT

CONSIST WITH AND ADVOCATE FOR MYORITY

OF THE INMET & POLITION EXISTS.

THE TRC CALLS TO ACTION # 18

TERRITORIAL AND ABORIGINAL GOVERN.
TO ACKNOWLEDGE THAT THE CURRENT
STATE OF ABORIGINAL HEALTH IN

CANADA IS A DIRECT RESULT OF

DREVETOUS CANADIAN GOVERNMENT

BOLICIES INCLUDING RESIDENTIAL

SCHOOLS AND TO FECCIONIZE AND

MALEMENT THE HEALTH CARE RIGHTS

OF ABORIGINAL DEODLE AS IDENTIFIED

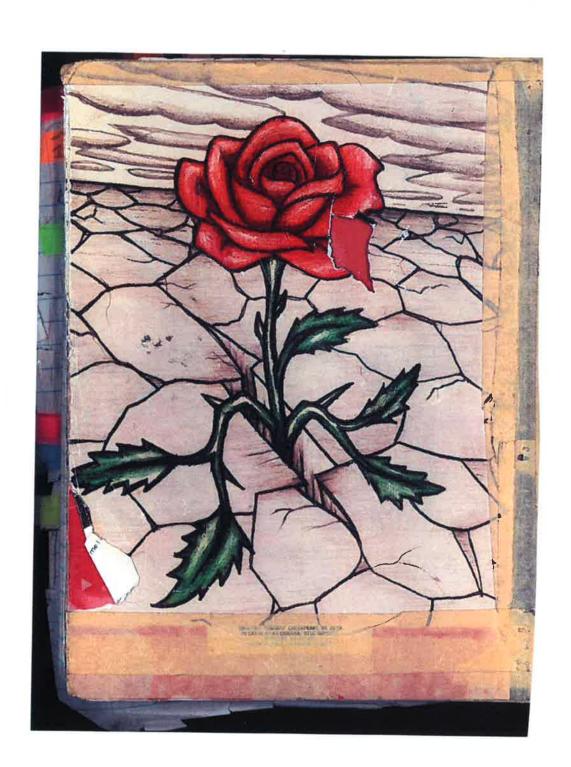
IN INTERNATIONAL LAW, ONSTITUTIONAL

AW AND UNDER THE TREATIES

TRC CALLS TO ACTION # 20

IN ORDER TO ADDRESS THE JURISDICTIONAL DISPUTES CONCERNING ABORIGINAL DEODLE WHO DO NOT RESIDE ON RESERVES WE WALL UPON THE FEDERAL GOVERNMENT TO DECOGNIZE RESPECT AND ADDRESS THE DISTINCT HEALTH DEEDS OF THE ABORIGINAL DEODLE.

THE CURRENT OUTBREAK WHOLL'S DROCKESIVE
IN NATURE, AND THE COVERNMENTS REFUSAL
BENOGRAPHIC, THAT IS TO BEST ABORIGINAL
IS A HUNDRED YEAR OLD COLLOWIAL SUPPRESSION
ONE MUST BE EVALUATED AS A MODERN
DAY ACT OF GENOCIDE ON A VOLNERBBLE
INDEFENDED NATION MEANT TO GRADICATE



2

THERE IS DISPARITY AND
THE PROPIRE THE IS DISPARITY AND THE IS DISPARITY AN

THEST DISPORITIES AND
HARDSHIPS HAVE INCREASED
THE STRESSLEVEL AND
TO DEPRESSION AND DESPERTION
FACED WITH UNCERTANTY
THIS VIRUS HIT THIS PRISON
THAT THIER PROVINCIAL
SENTENCES BE CONSIDERED
PROBABLE DEATH SENTENCES
HEALTH IS IN THE HANDS
OF THE PROVINCIAL GOVERNMENT

WE RESPECTFULLY AS R THE PROVINCIAL GOVERNMENT OF THE FOLLOWING QUESTIONS IN THE PROVINCIAL PROVINC

- WHAT IF ANY PROTOCOLS ARE IN DIACE TO ENSURE AND PROTECT THE SAFETY AND HEAVTH OF THIS
- TAKEN OR IMPLEMENTED

 SHOULD AN OUT BREAK OCCUR

 THAT AFFECTS THIS OVER

 CROWDED DORMS?
- WITH HIV POSITIVE INMATES
 OR INMATES WITH PREEXISTING HEALTH CONDITIONS
 WHAT PROCEDURES OF HEALTH
 CARE CAN THEY RECIEVE

BECOMING SERIOUSLY III OR FACE DEATH?

WHAT IS BEING DONE TO ENSURE STRESS RELIEF FOR INMETES WHOM MUST HROUGH REMAIN INCARCERATED THROUGH THIS CRUSS TO COMPENSATE FOR THE LOSS OF THIER CIVIL LIBERTIES AND MENTAL HEALTH?

PLEASE CONSIDER THAT THIS
IS A VULNERABLE DEMOGRAPHIC
THAT HAS PRE-EXISTING
HEALTH CONCERNS, INMATES
SERVING SENTENCES THAT
ARE GOING TO BE RELEASED,
REMANDED INMATES WHOM
ARE NOT YET CONVICTED
AND OTHER FACTORS THAT
VULNERABLE TO A DONDEMIC
THAT WOULD AND WILL
THAT WOULD AND WILL
INTO A SEVERE HEALTH
CRISIS AND POSSIBLE DEATH
SENTENCE.

JONSIDERING OUR SAFFTY

ADVOCATE FOR THE

CORY CHAPLES CARDINAL INMATES FOR HUMANE CONDITIONS.

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HUNGER STRIKE (NOV 2010)

Saskatoon · Point of View

'Tomorrow we take action': How Sask. inmates rallied for safer conditions during the pandemic

The health of my people was at risk, writes Cory Cardinal

Cory Cardinal - For CBC Opinion ·

A group of distraught inmates looked at me, their faces full of confusion. What do we do now?

Thirty inmates sat in front of the CTV News at 6, watching helplessly as the rising COVID-19 infections dominated their concerns. The absolute and dismissive replies from the staff only made the scenario worse.

Tight jail quarters, lack of visits take toll during pandemic, inmate says

Positive virus test results fuel alarm among inmates

Cory Charles Cardinal says there's growing alarm on his unit at the Saskatoon Correctional Centre after hearing that three inmates and eight staff at the jail have active cases of COVID-19. Outbreak at Saskatoon jail sparks discussion of incarceration is sues

I began calling meetings with the inmates of my unit, slowly unifying them toward a common purpose. I reached out to Sherri Maier of Beyond Prison Walls and dictated two letters over the phone, sent through email to Christine Tell, the minister of corrections and policing. No response to either.

HOW CAN SCOTT MOE CHRISTINA TELL AND OTHER POLITICIANS WEAR THE RED RIBBON, A SYMBOL FOR WORLD A 105 DAY, AT THE SAME TIME TURNING A BUND EYE TO A VILNERABLE, IMMUNO COMPROMISED, INCARCERATED DEMOGRAPHIC THAT IS SUFFERING WITH COVID IN ON THIER DOORSTEP?

A week later, on Nov. 17, an outbreak was declared. Prison-wide testing ensued. Around me inmates were bedridden. The tests came back and multiple inmates were declared COVID-19 positive. There was a feeling of despair, anger and depression. With no safe place to go, inmates spent more and more time in their bunks.

WHICH HAS NO ETHAN CE OF SOCIAL DISTANCING. THEY ARE VULNERABLE

LONGING ZBETTE SPECS

My many attempts, through complaints, to get more information for inmates was met with ignorance. I had to take things to the next level. The health of my people was at risk.

THE TOTAL TAKE THINGS TO THE

The inmates gathered round in a circle, waiting expectantly for me to approach. As I stepped to my place among my brothers and fellow inmates, a show of true unification was symbolized. We were all working together to try to protect each other. Everyone had their own reasons, their own stories. We came to a common conclusion: the system has once again failed us.

We concluded and closed our circle with handshakes and hugs. We had reached a consensus — tomorrow we take action to protect each other. We hunger strike.

HUNGER STRIKE LJAN 2021)

MY Apologies FOR THIS INTRUSION
TO YOUR DAILY OBLIGATIONS AND
EMPLOYMENT REGARDING THE
FOLLOWING PROTEST

CATICIAL GROUND ROLES FOR ACTION

OFFICIAL START OF ACTION IS LUNGY

@ MONDAY JAN 4 2024

DOMESTICS MUST PUSH CART BACK

AND NOT TOUCH!

CART OR OPEN IT FOR AT LEAST

3 DAYS AFTER THAT ITS UP TO
EACH UNIT HOWEVER LONG THEY FEEL

EACH UNIT REP MUST DECLARE THAT THIS IS A PEACE FUL PROTEST PROTECTED UNDER CHARTER RIGHTS:

MAKE A LIST OF REMODES

ACCORDING TO BACH UNIT.

THINGS THEY WANT RESTIGED

PRIORITY MUST INCLUDE: #
INCREASE PRINTERN BACK TO 125
AS STRESS RELIEF UNTIL COVID IS
DONG
THIRD COLL KEPT FOR INMATES

PEANUTBUTTER SANDWHICHES.

A letter from the organizer of the Sask. prisoners' hunger strike POLITICS by Cory Charles Cardinal Jan 4, 2021

Within this architecture of oppression, we are a vibrant community of strong, intelligent brothers who eat together, wrestle and play together, and protect each other from a system that has exploited us. This system is rooted in a dominant mainstream society voter-base that has, over 154 years, cultivated prejudiced values to elect a biased government that has reduced us to surviving on watered-down peanut butter sandwiches.

The current events surrounding the COVID-19 outbreak in provincial prisons is an example of the failure to protect vulnerable people in their care, an example of a 154-year-old tradition of ignoring the needs of a vulnerable people in their power to protect, which must not go unrecognized. This cycle of systemic oppression must be broken and must be recognized for what it is: a modern-day act of genocide meant to eradicate a vulnerable people.

We humbly appeal to the intelligent, educated minds that are more suitable and equipped in logic and law to employ and unite in conversations an inquiry into the epidemic of incarcerations, <u>overuse of remand</u>, <u>over-incarceration of Aboriginals</u>, and prevalent structures of colonialism, to mount a defense against the systemic oppression that has tortured our dignity and lives. Please include us in your model of humanity.

On behalf of a generation of young lost Aboriginal warriors, Cory Charles Cardinal Advocate with the inmates

Advocates are planning a day of action in solidarity with striking prisoners on January 6, 2021. <u>Sign an open letter</u> in solidarity with prisoners at the Saskatchewan correctional centres. <u>Join the Facebook event</u> to see a list of actions you can take wherever you are, to

ON BEHALF OF THE MANY INMATES AND STAFF WHOM WERE AFFECTED BY THE MINISTRY OF CORRECTIONS DISMISSIVE AND NEGLEGIENT POLICIES THAT EXACEPRATED AN OUTBREAK WHICH WAS PREVENTABLE THEOUGH A PROCEDURE TO REDUCE HARM.

WE COLL ON THE MINISTER OF CORRECTIONS AND POLICING TO APOLOGIZE TO THE MANY INMATES WHOM WERE VULNEPABLE AND WERE INFECTED FROM COVID 19 WHOM WERE UNDER THE DROTECTION AND CARE OF THE OFFICTIONAL SYSTEM BOOT FAILED TO

WE CALL ON THE MINISTER OF
CORRECTIONS AND POLICING
TO APOLOGIZE TO THE ZI STAFF
WHOM WERE INFECTED BY COVIDING
AND EXPOSED TO A DANGEROUS
ENVIRONMENT EXACERBATED BY
NEGLEGIENT POLICIES THAT
CREATED THE ENVIRONMENT.

WE CALL ON THE MINISTER OF COPPECTIONS AND POLICING, WHO TAILED TO PROTECT INWATES, STACE AND THE BUBLIC WHOM DURKE AFFECTED. TO RESIGN AS MINISTER OF COPPECTIONS AND POLICING

Open Letter in Solidarity with Prisoners at Saskatchewan Jails



We are a collective of community members, prisoner advocates, and penal abolitionists who stand in solidarity with prisoners at the Saskatoon Correctional Centre (SCC), Prince Albert Correctional Centre (PACC), Pine Grove Correctional Centre (PGCC), and Regina Correctional Centre (RCC). On January 4, 2020, incarcerated people across Saskatchewan united in a peaceful protest and hunger strike to call for an official apology and the resignation of the SK Minister of Corrections, Public Safety, and Policing,

January 5, 2021

If anyone has any messages of support and solidarity for the people sticking on the inside post them here.

They would love to know that there are people who care and are with them right now.

We can get the messages to them 💚 We will share them anonymously.

This is am action that would mean a lot to them.

Thank you!



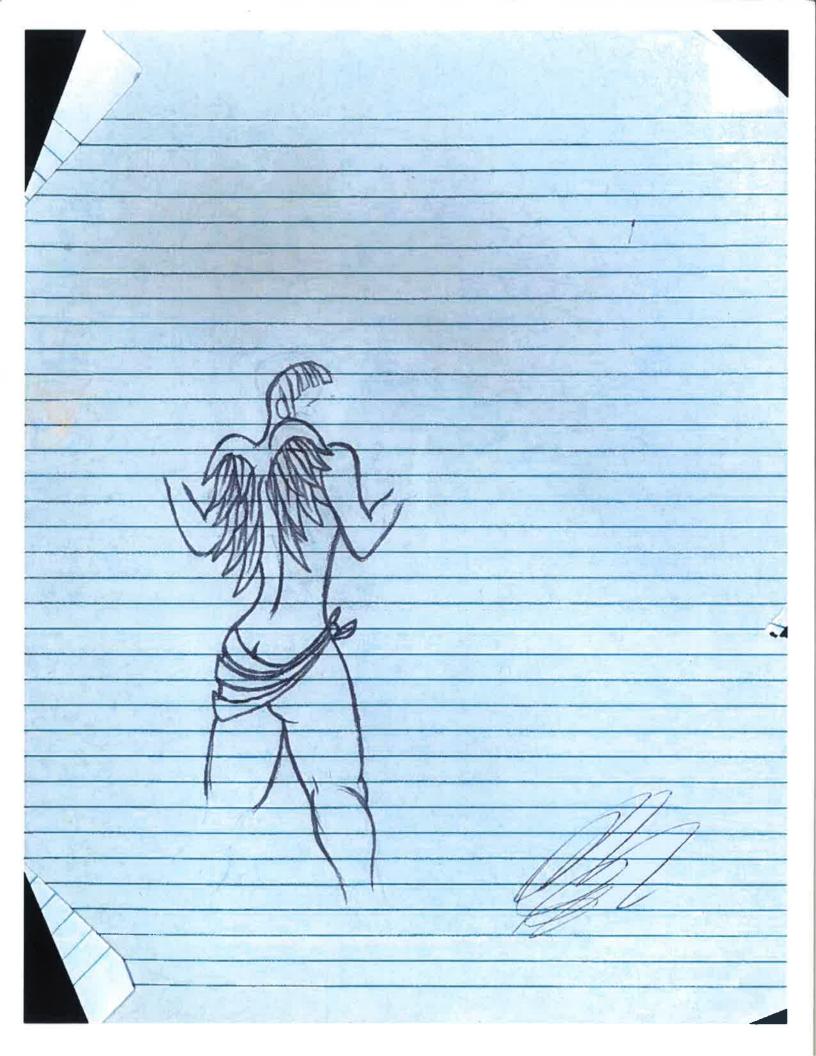
6 comments

The open letter in support of SK prisoners has approx. 1425 signatures--wow. The goal for tomorrow is 1500. Almost there! Share the link if you can

In a recent interview, strike organizer Cory Cardinal said, "There's no words right now that I could possibly muster to express my gratitude for people out there that are supporting me and all the inmates in here.... Segregation is a place you go to get muffled, but reading everything in the paper, it gives me strength, it keeps me going, knowing that everybody out there is united in a common purpose."



One last push before the open letter in support of Sask prisoners is delivered to the SK govt on Friday. We're at 1600 signatories (incl. close to 40 orgs). Wow! Maybe we can crack 1750 in the next two days!!!!!!!!!!!!!



I AM NOW HELD IN SEGREGATION IN A CONCRETE THINKING
CHAMBER DESIGNED TO
BREAK MY WILL.

ANY CHARLES WAS NOT PROVIDED

ANY CHARLES WAS NOT PROVIDED

ANY CHARLES WAS HOLD TO SEGREGATION PLACEMENT

CORY CHARLES WAS HOLD IN SEGREGATION

FOR NUMEROUS DAYS WITHOUT

FOR NUMEROUS DAYS WITHOUT
ANY INFORMATION ON WHY HE
WAS PLACED THERE
THIS IS A CHARTER SECTION 7
VIOLATION AND A CHARTER SECTION
9 VIOLATION TO BE PROTECTED
AGAINST ARBITRARILY DETAINMENT

CELL LIGHTS ARE KEPT ON AND ARE CONTROLLED BY STAFF, ONLY TURNED OFF AT NIGHT TIME THESE BRIGHT OVERHEAD LIGHTS ARE DIFFICULT TO ADJUST TO AND NO CONTROL OVER THEM CREATES SENSORY DEPRIVATION

- LIMITED ACCESS TO OUTSIDE EXCERCISE IS COMMON IN HOLDING CELL AREAS

SUTTOR IN SEERAGATION

Elizabeth Fry Acting Director warns of "frightening" situation at Pine Grove

A10 SATURDAY, JANUARY 28, 2021 SASKATOON STARPHOENIX

Woman on hunger strike over jail conditions getting weaker, mother says

FROM PINE GROVE, INE HAVE

FROM PINE GROVE, INE HAVE

COR HOST IN THE PINE A

FOR MANY DEPTH A

ENCE TAKE HAY STATE

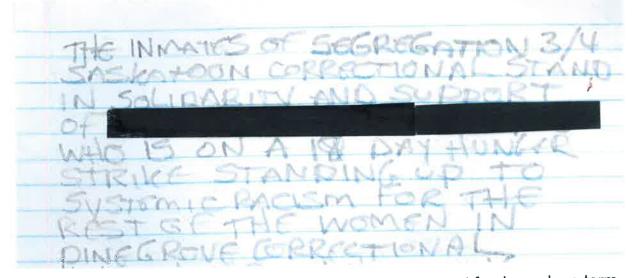
A WEST TAKE HAY STAT

MUNGER STRIKE (PEB 2021) I AM ON HUNGERSTRIKE TO SUPPORT THE WOMAN OF PINEGROVE CORRECTIONAL SO THAT WHAT HAPPENED TO CUR NATUR SISTERS AGAIN, HOW MANY SISTERS MUST WE LOSE BEFORE WE TAKE THE ISSUE SERIOUS? ULE MUST WAKE UP AND THE VULNERA BLE WOMEN THAT IS IN OUR DOWNER



March 4, 2021

I would like to thank the many generous contributors and supporters of the Inmates for Humane Conditions inmate support fund, as the prisoners of Pine Grove in solidarity with myself finish our memorial 10 day hunger strike



Inmates for Humane Conditions created the inmate support fund as a long term fund that would support the common inmate for such thing as phone packages to keep in touch with supports, vitamins and food for pregnant inmates, and most importantly a contingency transportation funds so that inmates have the resources to find a safe place after release.

As we are codependent on funds, we encourage our supporters to keep donating and contributing to out inmate support fund as we are in the works in trying to raise enough money to buy s vehicle, so we can be in better desperate need of ransportation to pick up inmates so they dont freeze to death.

Sincerely,

Cory Cardinal
Prisoner Advocate

LITTLE STOPLES WITH THE PARCE SUCA TO MY BY
WHO PROJECT ENCOURAGE ME
WHY CHELLER SCHATCH AND THAT I WOULD GET GOSO ENOUGH AT WRITING MY LITTLE THE STATE SOUGH WEL-FACT FORWARD TO TODAY I NEVER DID MAKE IT I SUNTAWAY FICH FLOW PARAS



A WARRIORS EYDROSSLON. TO DISTRICT STRUCTURES

SUPPRESS VILLIER BY NOTHERS

SUPPRESS VILLIER BLENATIVES BY NUMBERS

PRESON PAINT PORTRAITS OF UMANITY

INSANITY ETCHED IN A CONCRETE SUB
TO DISOTRICT EACH STUFF IN THIS CONCRETE

BOYSENMENT NUMBERS

NUMBERS

NUMBERS

UNITED TO DISOTRET EACH STUFF

TO DISOTRET EACH STUFF

NUMBERS

N THEY STAND TOGETHER WAYS ARE FOUND A DREMORDIAL CODE IN TRADITIONAL CULTURES REMEMBERED OLD WISE GLOCKS SPEAK TALES OF TRUTH O YOUNG LOST YOUTH LIGHT FIRES UNDERSTANDING SETS SAIL LIKE SHIPS OF COLUMBUS MO MORE RUCKUS NO MORE SLAVES OF MORERN DAY SUPPRESSION THIS IS DOGTRY SPOKEN WORD RIGORS HEAVY GACHIN, LESSONS INFLUENCE

A YOUNG ABORIGINAL WARRIORS

EXDRESSION

