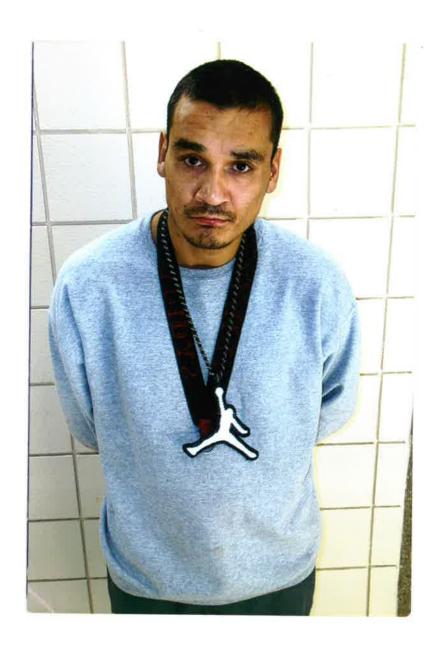


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_				_
		I		



Toreward

Cree poet and prisoner justice advocate,
Cory Charles Cardinal, was incarcerated at
the Saskatoon Correctional Centre in the
early days of the COVID-19 pandemic.
Motivated by a passion for justice, Cory was
Committed to speaking truth and resisting the
oppression of his brothers and sisters during the
pandomic. He co-organized three major hunger
strikes to highlight the inhumane conditions
inside and domand change.

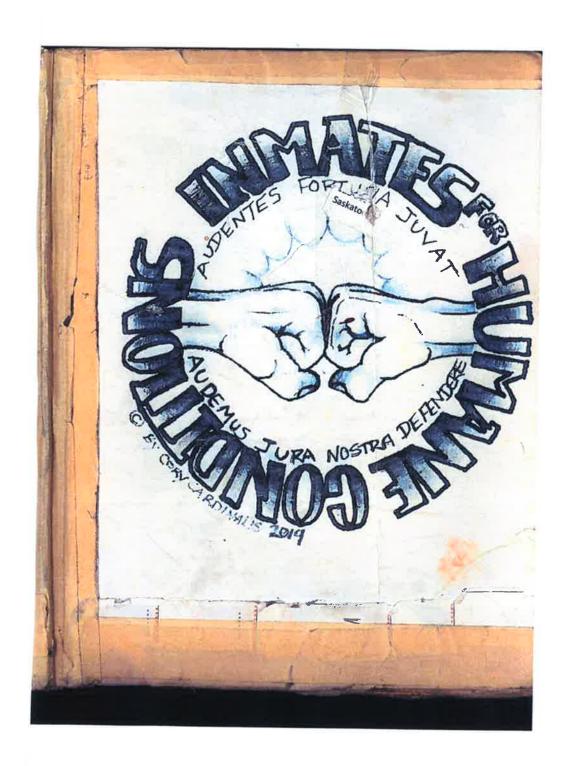
strikes to highlight the inhumane conditions inside and demand change.

This zine is a selection of writing, poetry and visual art about his individual and the collective experiences inside during COVID-19. To Howing his release, he entrusted his journals and other collected papers to Free Lands Free Peoples and asked us to assemble a zine that would raise

awareness.

Cory once said, "The COVID-19 virus is the virus of truth." We continue to stand in soliclarity and remain committed to truth and justice for Indigenous peoples and our incarcerated relatives.

Tree Lands Free Peoples



### A WARRIERS EYDRESSLON.

DIVIDED BY CELLONIAL STRUTURES

SABLES BORN SYSTEMATIC MOTHERS

SCHEMES PREVAIL

SCHEMES PREVAIL

SCHEMES PREVAIL

FOR DEAL SCHEMES PREVAIL

NOTHERS

PRISON PAINT PORTRAITS OF MANITY

INSANITY ETCHED IN A CONCRETE SLOB

YOUNG LOST NOTIVE KIAS FORM SANCS

TO DROTECT EACH OTHER IN THIS CONCRETE

BOJEENMENT NUMBERS

JUNGLE INMATES UNITE LOST WAYS ARE FOUND THEY STAND TOGETHER

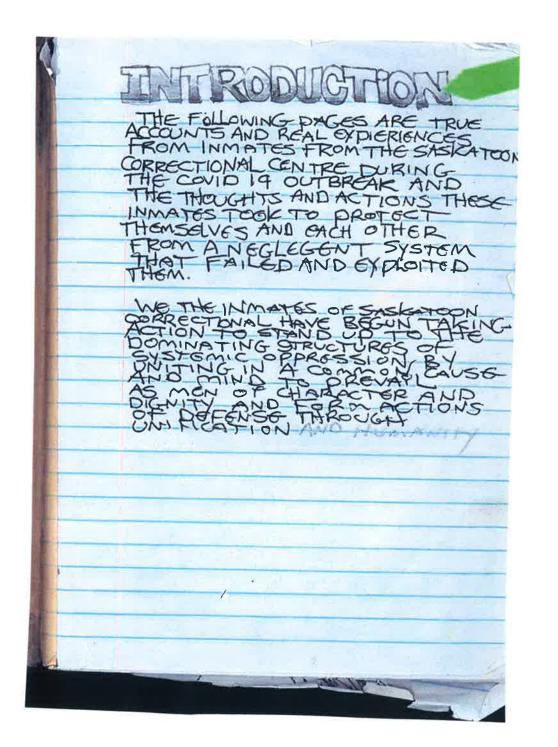
A DREMORDIAL CODE IN TRADITIONAL

CULTURES REMEMBERED OLD WISE GLOCKS SPEAK TALES OF TRUTH O YOUNG LOST YOUTH LIGHT FIRES NSIDE THE MEARTS OF MEN DROVA'L UNDERSTANDING SETS SAIL LIKE SHIPS OF COLUMBUS NO MORE RUCKUS NO MORE SLAVES MORCEN DAY SUPPRESSION THIS IS DOGTRY SPOKEN WORD RIGORS HEAVY IN LESSONS INFLUENCE TOUNG LOST CONFUSION MINDS A YOUNG ABORIGINAL WARRIORS EXPRESSION



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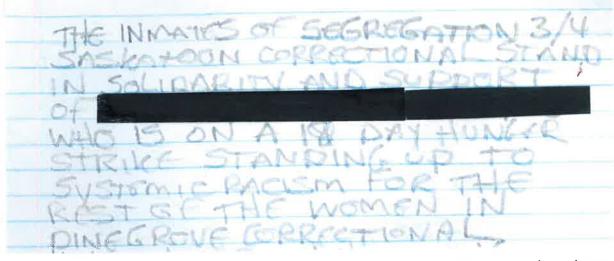


CHANGED TO LOWE TO WHITE  CROYONS AND CONSTRUCTION  PANCE GIVEN TO MY BY  WHO LOULD ENCYPEE ME  IN MY CHIEFE NEEDSTEFF BAND  MEDICION LORDS  M
THAT I VICULD GET GOSD  ENGUGH AT WRITING MY LITTE  ON CONSTRUCTORY  THE STORY TO RUN ALLAY  OF THE SAD  HE SEE FROM THE SAD
SIBLINGS TRUE TO MY DAY AND TO TELL TO MY DAY AND TELL TELL TO MY



March 4, 2021

I would like to thank the many generous contributors and supporters of the Inmates for Humane Conditions inmate support fund, as the prisoners of Pine Grove in solidarity with myself finish our memorial 10 day hunger strike



Inmates for Humane Conditions created the inmate support fund as a long term fund that would support the common inmate for such thing as phone packages to keep in touch with supports, vitamins and food for pregnant inmates, and most importantly a contingency transportation funds so that inmates have the resources to find a safe place after release.

As we are codependent on funds, we encourage our supporters to keep donating and contributing to out inmate support fund as we are in the works in trying to raise enough money to buy s vehicle, so we can be in better desperate need of ransportation to pick up inmates so they dont freeze to death.

Sincerely,

Cory Cardinal
Prisoner Advocate

LEST THIS EVER HAPPEN AGAIN
THIS IS A TRUE ACCOUNT FROM
MYSELF THAT IF TRIED TO
REACH THE UNDERSTANDING-OF
THE DUBLIC TO PROTECT MY
DEOPLE FROM AN EPIDEMIC
THAT HAD INTENTIONS TO
ERADICATE US

SASKATOON CORRECTIONAL CENTRE WHOM

ARE INCARCERATED AND HAVE BEEN DEEPLY

AFFECTED BY THE OUTBREAK AND

THE MINISTRY OF CORRECTIONS POLICIES

AND NEGLEGIENT RESPONSE TO

PREVENTING THE CURRENT OUTBREAK IN

SASKATCHEWAN PRISON NIGHTLY

THE MANY INMATES SURROUNDING MY
BUNK AT NIGHT. THERE IS NO SHORTAGE
OF QUESTIONS ABOUT EACH CIRCUMSTANCE

IS A COLLECTIVE REQUEST FOR
ADVOCACY AGAINST THE PREDITOVE
AND ABSOLUTE ATTITUDES OF
CERTAIN STAFF. I FEAR RETRIBUTION
AND TARGETING SHOULD I BECOME
ACTIVE TOWARDS THEM BUT THE GALLING
BND DUTY TOWARDS MY FELLOW
SUFFERING IMMATE GIVES ME
PURPOSE AND STRENGTH,

SATURDAY 3 OCTOBER

9,00 AM AFTER COFFEE

THAVE BEEN SLOWLY COLLECTING DOCUMENTS
AND STATUTES RELATING TO INCARCERATION,
AND INMATE RIGHTS INCLUDING THE
CORRECTIONAL SERVICES ACT AND REGULATIONS,
INDIAN ACT, FREEDOM OF INFORMATION ACT,
POLICE ACT AND OTHER VITAL DOCUMENTS

T ALMOST AM SMUGGLING THESE RESOURCES IN!

MAUARY 2021

Elizabeth Fry Acting Director warns of "frightening" situation at Pine Grove

A10 SATURDAY, JANUARY 28, 2021 SASKATOON STARPHOENIX

Woman on hunger strike over jail conditions getting weaker, mother says

FRED MANY DESPENDENCE

HUNGER STRIKE (FEB 2021)

SUPPORT THE WOMAN OF

PINEGROVE CORRECTIONAL

SO THAT WHAT HAPPENED

TO CUP NATIVE SISTERS

DOESN'T HAPPEN

AGAIN, HOW MAN Y SISTERS

MUST WE LOSE BEFORE WE

TAKE THE ISSUE SERIOUS?

LUE MUST WAKE UP AND

THE YULNERA BLE WOMEN

THAT IS IN OUR DOWNER

-13

IAN 19 71

I AM NOW HELD IN SEGREGATION
IN A CONCRETE THINKING
CHAMBER DESIGNED TO
BREAK MY WILL.

CORY CHARLES WAS NOT PROVIDED

ANY C

CORY CHARLES WAS HELD IN SEGREGATION FOR NUMEROUS DAYS WITHOUT ANY INFORMATION ON WHY HE WAS PLACED THERE SECTION 7 VIOLATION AND A CHARTER SECTION 9 VIOLATION TO BE PROTECTED AGAINST ARBITRARILY DETAINMENT

CELL LIGHTS ARE KEPT ON AND ARE CONTROLLED
BY STAFF, ONLY TURNED OFF AT NIGHT TIME
THESE BRIGHT OVERHEAD LIGHTS ARE
DIFFICULT TO ADJUST TO AND NO CONTROL
OVER THEM CREATES SENSORY DEPRIVATION

LIMITED ACCESS TO OUTSIDE EXCERCISE IS COMMON IN HOLDING CELL AREAS

SUTTER IN SEERAGATION

### SUNDAY 4 OCTOBER

EVERY INMATE THAT COMES INTO THE CORRECTIONAL CENTRE NOW MUST GO THROUGH A 14 DAY QUARANTINE AND BE TESTED FOR COVID, THE CORRECTIONAL IS SEVERLY CHANGED FOR THE WORST, PRISON STAFF MUST WEAR MANDATORY MASKS AS THERE WAS GUARDS WHOM HAD COVID BACK IN THE SPRING, THERE ARE NO VISITS FOR INMATES, QUARANTINED INMATES ARE KEPT ISOLATED WITH NO YARD TIME AND ONLY 30 MINUTES OUT FOR SHOWER. THE COURTS ARE BY VIDEO CONFRENCE ONLY AS MANDATED BY HEALTH AUTHORITY.

MONDAY 5 OCTOBER

1:00 pm

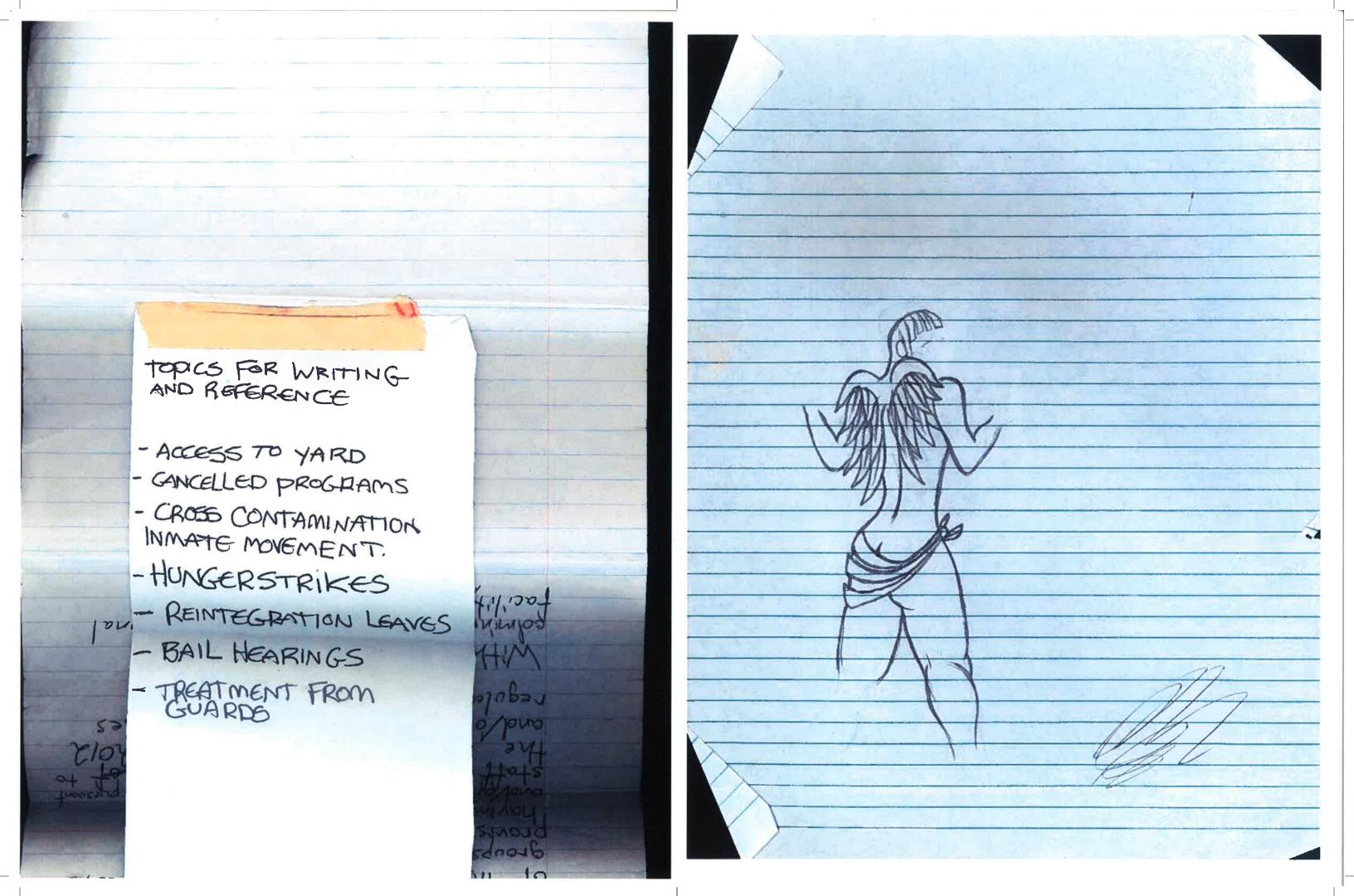
MORE DOCUMENTS COMING TOGETHER WITH

THE GUARDS ARE STARTING TO ASK

TUESDAY 6 OCTOBER

9:00 Am

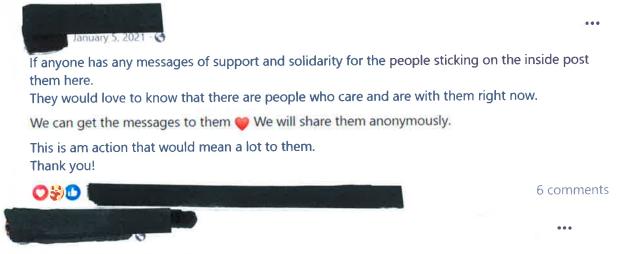
THAVE BEEN NOMINATED BY 30 INMATES
TO BE THE INMATE REP FOR THE UNIT
IN THE WEEKLY INMATE COMMITTEE
MEETINGS WHERE ISSUES REGARDING
ANYTHING OF CONCERN ARE BROUGHT
FORTH FOR CONSIDERATION TO THE LAISON,



## Open Letter in Solidarity with Prisoners at Saskatchewan Jails



We are a collective of community members, prisoner advocates, and penal abolitionists who stand in solidarity with prisoners at the Saskatoon Correctional Centre (SCC), Prince Albert Correctional Centre (PACC), Pine Grove Correctional Centre (PGCC), and Regina Correctional Centre (RCC). On January 4, 2020, incarcerated people across Saskatchewan united in a peaceful protest and hunger strike to call for an official apology and the resignation of the SK Minister of Corrections, Public Safety, and Policing,



The open letter in support of SK prisoners has approx. 1425 signatures--wow. The goal for tomorrow is 1500. Almost there! Share the link if you can

In a recent interview, strike organizer Cory Cardinal said, "There's no words right now that I could possibly muster to express my gratitude for people out there that are supporting me and all the inmates in here.... Segregation is a place you go to get muffled, but reading everything in the paper, it gives me strength, it keeps me going, knowing that everybody out there is united in a common purpose."



	FREEDOM IS A MOVEMENT
	FREEDOM IS TRANSCENDING BOUNDARDS
	IMPROVISED RUBBER PENCIL OND THE MIND
0	
	BLOOMING WARD MIDDLE OF
	FREEDOM PREVAILING AGAINST ALL GOOS
	AGAINST ALL COOS

### UNDRIP ARTICLES RELATING

### ARTICLE 7.1

INDIGENOUS INDIVIDUALS have THE RIGHTS TO LIFE PHYSICAL AND MENTAL INTEGRETY, LIBERTY AND SECURITY OF PERSON.

### ARTICLE 7,2

INDIGENOUS DEOPLES have THE COLLECTIVE

RIGHT TO LIVE IN FREEDOM, PEACE AND

SECURITY AS DISTINCT DEOPLES AND

SHALL NOT BE SUBJECTED TO ANY ACT

OF GENOCIDE OF ANY OTHER ACT OF

VIOLENCE, INCLUDING FORCIBLY REMOVING

CHILDREN OF THE GROUP TO ANOTHER

GROUP.

FURTHGRMORE

THE RIGHTS OF INDIGENOUS
PEOPLES

ARNICLE 24 (2)

INDIGENOUS INDIVIDUALS HAVE AN EQUAL RIGHT TO THE ENJOYMENT TO THE ENJOYMENT OF THE HICHEST ATTAINABLE STANDARD OF PHYSICAL AND MENTAL HEALTH NECESSARY STEPS WITH A VIEW TO ACHIEVING PROCRESIVELY THE FULL REALIZATION OF THIS RIGHT

ON BEHALF OF THE MANY INMATES AND STAFF WHOM WERE AFFECTED BY THE MINISTRY OF CORRECTIONS DISMISSIVE AND NEGLEGIENT POLICIES THAT EXACEPBATED AN OUTBREAK WHICH WAS PREVENTABLE THEOUGH A PROCEDURE TO REDUCE HARM.

WE BILL ON THE MINISTER OF CORRECTIONS AND POLICING TO APOLOGIZE TO THE MANY INMATES WHOM WERE VULNERABLE AND WERE INFECTED FROM COVID 19 WHOM WERE VULNER THE OPERECTION AND CARE OF THE OPERECTIONAL SYSTEM BOT FAILED TO

WE CALL ON THE MINISTER OF
CORRECTIONS AND POLICING
TO APOLOGIZE TO THE 31 STAFF
WHOM WERE INFECTED BY COVID 19
AND EXPOSED TO A DANGEPOUS
ENMRONMENT EXACERBATED BY
NEGLIGIENT POLICIES THAT
CREATED THE ENVIRONMENT.

WE CALL ON THE MINISTER OF COPPECTIONS AND POLICING, WHO TAILED TO PROTECT INWATES, STACE AND THE BUBLIC WHOM DURKE AFFECTED. TO RESIGN AS MINISTER OF COPPECTIONS AND POLICING

# A letter from the organizer of the Sask. prisoners' hunger strike POLITICS by Cory Charles Cardinal Jan 4, 2021

Within this architecture of oppression, we are a vibrant community of strong, intelligent brothers who eat together, wrestle and play together, and protect each other from a system that has exploited us. This system is rooted in a dominant mainstream society voter-base that has, over 154 years, cultivated prejudiced values to elect a biased government that has reduced us to surviving on watered-down peanut butter sandwiches.

The current events surrounding the COVID-19 outbreak in provincial prisons is an example of the failure to protect vulnerable people in their care, an example of a 154-year-old tradition of ignoring the needs of a vulnerable people in their power to protect, which must not go unrecognized. This cycle of systemic oppression must be broken and must be recognized for what it is: a modern-day act of genocide meant to eradicate a vulnerable people.

We humbly appeal to the intelligent, educated minds that are more suitable and equipped in logic and law to employ and unite in conversations an inquiry into the epidemic of incarcerations, <u>overuse of remand</u>, <u>over-incarceration of Aboriginals</u>, and prevalent structures of colonialism, to mount a defense against the systemic oppression that has tortured our dignity and lives. Please include us in your model of humanity.

On behalf of a generation of young lost Aboriginal warriors, Cory Charles Cardinal Advocate with the inmates

Advocates are planning a day of action in solidarity with striking prisoners on January 6, 2021. <u>Sign an open letter</u> in solidarity with prisoners at the Saskatchewan correctional centres. <u>Join the Facebook event</u> to see a list of actions you can take wherever you are, to

OUR RIGHTS AS CITIZENS PROTECTED BY THE CHARTER OF RIGHTS AND FREEDOMS HAVE BEEN SLOWLY DMINISHING AND GRADICATING BY A TOUGH ON CRIME CONSERVATIVE MINDER AGENDA SUPPORTED BY A RACIST BODY OF SASKATCHEWON RURAL YOTER BASK THERE ARE SEVERAL INSTRAMENTS THAT

CONSIST WITH AND ADVOCATE FOR MYORITY

OF THE INMETE POLITION SKISTS. THE TRC CALLS TO ACTION # 18 WE CALL UPON THE FEDERAL DROVINCIAL TERRITORIAL AND ABORIGINAL GOVERN. TO ACKNOWLEDGE THAT THE CURRENT CANADA IS A DIRECT RESULT IN DREVETOUS CANADIAN GOVERNMENT DOLICIES INCLUDING RESIDENTIAL 50+00LS AND TO FEEDENIZE AND MEDICINAL DEODLE AS IDENTIFIED IN INTERCATIONAL LAW CONSTITUTIONAL LAW AND UNDER THE TREATIES TRC CALLS TO ACTION # 20 IN ORDER TO ADDRESS THE JURISDICTIONAL DISPUTES CONCERNING ABORIGINAL DEODLE WHO DO NOT RESIDE ON RESERVES WE WALL UPON THE FEDERAL GOVERNMENT TO DECOGNIZE RESPECT AND ADDRESS THE DISTINCT HEALTH DEEDS OF THE ABORIGINAL PROPLE.

THE CURRENT OUTBREAK WHOLL'S DROCKESING
IN NATURE, AND THE COVERNMENTS REFUSAL
BENCHES AND THE COVERNMENTS REFUSAL
BENCHES PHICK THAT IS SEE TO BESTEET A VULNERABLE
IS A HUNDRED YEAR OLD COLLOWIAL SUPPRESSION
OND MUST BE EVALUATED AS A CODERN
DAY ACT OF GENOCIDE ON A VOLNERABLE
INDEGENOUS NATION MEANT TO GRADICATE
OUR DEOPLE.



### OFFICIAL GROUND ROLES FOR ACTION

OFFICIAL START OF ACTION IS LUNG!

@ MONDAY JAN 4 2024

DOMESTICS MUST PUSH CART BACK

AND NOT TOUCH!

CART OR OPEN IT FOR AT LEAST

S BAYS AFTER THAT ITS UP TO SEACH UNIT HOWEVER LONG THEY FEEL

EACH UNIT REP MUST DECLARE THAT THIS IS A PEACE OUL PROTEST PROTECTED UNDER CHAPTER RIGHTS

MAKE A LIST OF REMODES

ACCORDING TO EACH UNIT.

THINGS THEY WANT RECTIFIED

PRIORITY MOST INCLUDE: #
INCREASE ANTEFN BACK TO 125
AS STRESS RELIEF UNTIL COVID IS
DONE
THIRD COLL KEPT FOR INMATES



DECVINCIAL GOVERNMENT II NOVEMBER 20 ZO

ON BEHALF OF THE INMATES OF

GASJOSTPON, CORRECTIONAL CENTRE

WE ASK THE DROVINCIAL GOVERNMENT

ON BEHALF OF THE INMATES OF

GASIOTOON, CORRECTIONAL CENTRE

WE ASK THE PROVINCIAL GOVERNMENT

TO BE MORE TRANSPARENT AND

ACCOUNTABLE TO INFORMING

THE INMATES WHOM ARE IN

THIER CARE SERVING PROVINCIAL

SENTENCES AND ARE REMANDED

WHOM ARE NOT SERVING

LIFE SENTENCES IN THIS

TIME OF PANDEMIC.

SAS BOTOON CORRECTIONAL HOUSES OVER 500 INMETES WITH 16 UNITS OF WHICH ARE DORMS HOUSING EACH 30 OF MORE SENTENCED/REMAND IMMATES LIVING IN CLOSE PROXIMITY SHARING BATHROOMS IPER UNIT

BUNKED ALSO SHARING ONE BATHROOM
BER UNIT WITH UNLIKELY HOOD

THESE UNITS ARE DISCOUSED

AS DESIGNATED QUARMINE

THE QUARANTINE PROCEDURES
FOR COVID 19 ARE QUESTIONABLE
WITH DOUBLE BUNKED
OUARANTINE INMATES ON
THESE UNITS USING THE SAME
BATHROOM SISHARING THE SAME
SHOWERS, AFTER 14 DAYS
THESE INMATES ARE MOVED
TO AH OVER CROWDED DORN

SASKATCHEWAN HAS 3 TIMES
THE NATIONAL AVERAGE FOR
HIV INFECTIONS WHICH IS
SUCE PTIBLE TO COVID 19.
THERE ARE ALSO OTHER CONDITIONS
PRE-EXISTING HEALTH CONDITIONS
LIKE DIABETES, HERC ASAMA
ECT. THAT ARE PREVALENT
WITHIN THIS VULNERABLE
DEMOGRAPHIC THAT AS

## HUNGER STRIKE LJAN 2021)

MY APOLOGIES FOR THIS INTRUSION
TO YOUR DAILY COLIGATIONS AND
EMPLoyMENT REGARDING THE
FOLLOWING PROTEST

A week later, on Nov. 17, an outbreak was declared. Prison-wide testing ensued. Around me inmates were bedridden. The tests came back and multiple inmates were declared COVID-19 positive. There was a feeling of despair, anger and depression. With no safe place to go, inmates spent more and more time in their bunks.

WHICH HAS NO EINANCE OF SOCIAL DISTANCING. THEY ARE VULNERABLE

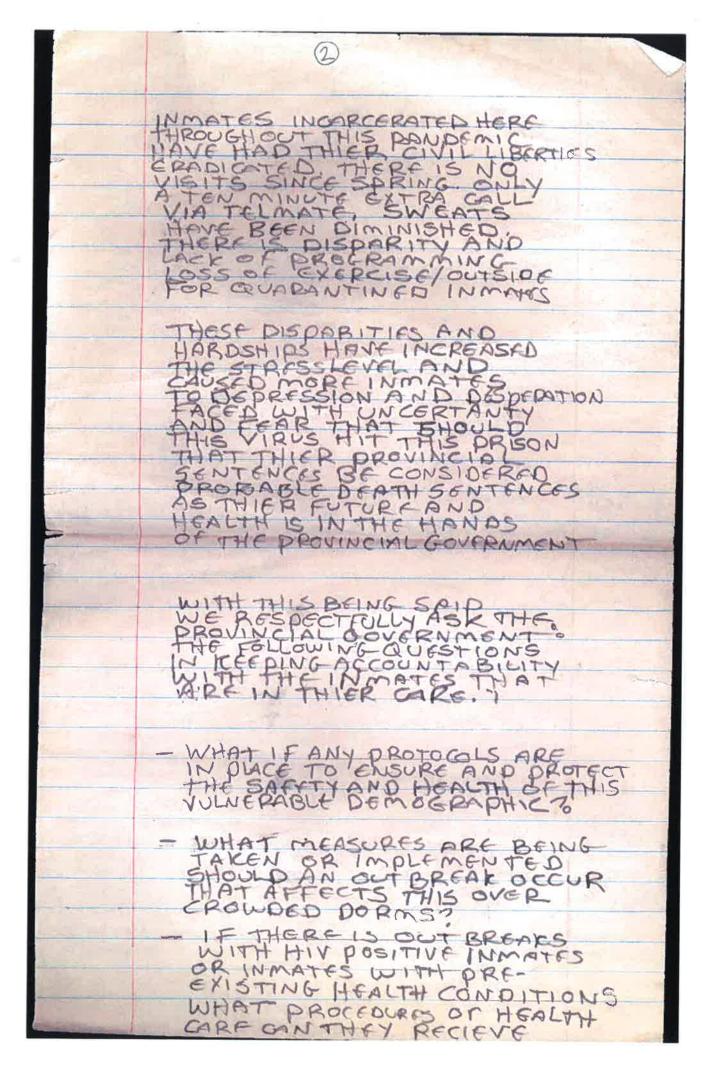
LONGING ZBETTE SEES

My many attempts, through complaints, to get more information for inmates was met with ignorance. I had to take things to the next level. The health of my people was at risk.

THE TO TAKE THINGS TO THE

The inmates gathered round in a circle, waiting expectantly for me to approach. As I stepped to my place among my brothers and fellow inmates, a show of true unification was symbolized. We were all working together to try to protect each other. Everyone had their own reasons, their own stories. We came to a common conclusion: the system has once again failed us.

We concluded and closed our circle with handshakes and hugs. We had reached a consensus — tomorrow we take action to protect each other. We hunger strike.





BECOMING SERIOUSLY III OR

ENSURE STRESS RELIEF FOR
INMETES WHOM MUST
REMPIN INCARCERATED THROUGH
THIS CRISIS TO COMPENSATE
FOR THE LOSS OF THIER
CIVIL LIBERTICS AND MENTAL
HEALTH?

PLEASE CONSIDER THAT THIS
IS A VULNERABLE DEMOGRAPHIC
THAT HAS DRE-EXISTING
HEALTH CONCERNS, INMATES
SERVING SENTENCES THAT
ARE GOING TO BE RELEASED,
REMANDED INMATES WHOM
ARE NOT YET CONVICTED
AND OTHER FACTORS THAT
VULNERABLE TO A DANDEMIC
THAT WOULD AND WILL
THAT WOULD AND WILL
INTO A SEVERE HEALTH
CRISIS AND DOSSIBLE DEATH
SENTENCE.

ZONSIDERING-OUR SAFFTY

ADVOCATE FOR THE

CORY CHAPLES CARDINAL INMETES FOR HUMANE CONDITIONS.

129

## HUNGER STAIRE (NOV 2020)

Saskatoon · Point of View

# 'Tomorrow we take action': How Sask. inmates rallied for safer conditions during the pandemic

The health of my people was at risk, writes Cory Cardinal

Cory Cardinal - For CBC Opinion -

A group of distraught inmates looked at me, their faces full of confusion. What do we do now?

Thirty inmates sat in front of the CTV News at 6, watching helplessly as the rising COVID-19 infections dominated their concerns. The absolute and dismissive replies from the staff only made the scenario worse.

Tight jail quarters, lack of visits take toll during pandemic, inmate says

# Positive virus test results fuel alarm among inmates

Cory Charles Cardinal says there's growing alarm on his unit at the Saskatoon Correctional Centre after hearing that three inmates and eight staff at the jail have active cases of COVID-19.

Outbreak at Saskatoon jail sparks discussion of incarceration is sues

I began calling meetings with the inmates of my unit, slowly unifying them toward a common purpose. I reached out to Sherri Maier of Beyond Prison Walls and dictated two letters over the phone, sent through email to Christine Tell, the minister of corrections and policing. No response to either.

HOW CAN SCOTT MOE, CHRISTINA TELL AND OTHER DOLITICIANS WEAR THE RED RIBBON, A SYMBOL FOR WORLD A 105 DAY, AT THE SAME TIME TURNING A BLIND EYE TO A VULNERABLE, IMMUNO(OMPROMISED, INCARCERATED DEMOGRAPHIC THAT IS SUFFERING WITH COVID IQ ON THICK DOORSTEP?