

## A Selective Collection of Children's Health Fiction 2014 - 2016

By Sandy Campbell and Maria C Tan

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This books listed below were selected for inclusion in a children's health collection, such as a hospital library or public library. The collection is designed for use by children from Pre-Kindergarten to Grade 6. Materials were selected based on date of publication and their potential to be helpful to children who are coping with health issues, themselves, or in loved ones, based on criteria detailed in the [Juvenile Health Fiction Checklist](#). "Health" has been interpreted broadly to include physical, psychological and psychosocial issues. The current list supplements the [2011-2014 Selective Collection of Children's Health Fiction](#). Highlighted titles link to reviews in the [Deakin Review of Childrens Literature](#).

Keywords	Alternate keywords	Citation
Alzheimer's		Van Laan, Nancy. Forget me not. New York, NY: Schwartz & Wade Books. 2014
Anxiety, Fear		Larochelle, Caroline. Mystère... entremes 2 oreilles. Saint-Lambert-de-Lauzon (QC) : Éditions La Roupille, [2014]
Anxiety, Performance	Stage Fright	Barkley, Callie. Amy is a little bit chicken. New York, NY: Little Simon. 2015.
Anxiety, Worry	Fear	Browne, Anthony. What if ...? Somerville, MA: Candlewick Press, 2014.
Asperger Syndrome		Carlson, Nancy. Armond goes to a party : a book about Asperger's and friendship. Minneapolis, MN: Free Spirit Publishing Inc. 2014
Asperger Syndrome		Medaglia, Mike. Blue Bottle Mystery The Graphic Novel : An Asperger Adventure. London: Jessica Kingsley Publishers. 2016.
Autism		<a href="#">Welton, Jude. Tomas Loves: A Rhyming Book About Fun, Friendship--and Autism. London: Jessica Kingsley Publishers. 2015</a>
Autism		O'Donnell, Liam. The Case of the snack snatcher. Toronto, ON: Owlkids Books Inc. 2015
Autism	Asperger Syndrome	Martin, Ann M. Rain reign. New York, NY: Feiwel and Friends. 2014
Baby	Premature baby	Kantorovitz, Sylvie. The Very tiny baby. Watertown, MA: Charlesbridge, 2014

Baby, New		Church, Caroline Jayne. I am a big sister! New York, NY: Cartwheel Books, 2015
Birth	Siblings / Coping with change	Pennypacker, Sara. Completely Clementine. New York, NY: Disney-Hyperion. 2015.
Blindness, Blind		Best, Cari. My three best friends and me, Zulay. New York, NY: Farrar Straus Giroux Books for Young Readers. 2015
Brushing Teeth, Flossing	Dental Hygiene / Teeth	Smallman, Steve. Give us a smile, Cinderella. Irvine, CA: QEB Publishing Inc. 2014
Bullying	Integration	McCarney, Rosemary. Tilt your head, Rosie the red. Toronto, ON : Second Story Press, [2015]
Bullying		Hartt-Sussman, Heather. Noni speaks up. Toronto, ON: Tundra Books, [2016]
Bullying		Maddox, Jake. Beach bully. North Mankato, MN: Stone Arch Books, A Capstone Imprint. 2014
Bullying		Greene, Stephanie. Princess Posey and the first grade boys. New York, NY: Puffin Books. 2014
Bullying	Assertiveness	Higginson, Sheila Sweeny. Toby braves the bully. Los Angeles, CA: Disney Press. 2015
Bullying		Cole, Kathryn. A Tattle-tell tale: A story about getting help. Toronto, ON: Second Story Press, 2016.
Colds		Smallman, Steve. Blow your nose, big bad wolf. Lake Forest, CA : QEB Publishing, [2014]
Deafness	Hearing	<a href="#">Bell, Cece. El deafo. New York, NY: Amulet Books. 2014</a>
Death		Charles, Rie. A Hole in my heart. Toronto, ON: Dundurn Press, [2014]
Death (Child, Friend, Parent, Self, Sibling, Pet)	Death & Dying	De Coldi, Kate. The ACB with Honora Lee. Toronto, ON: Tundra Books. 2014
Death (Child, Friend, Parent, Self, Sibling, Pet)		Belcourt, Amy Dawn. Sarah's garden. Bloomington, IN: Author House. 2015
Death (grandparent)	Death & Dying	Ringtved, Glenn. Cry, Heart, but never break. Enchanted Lion Books. 2016
Dentist Office		Hale, Bruce. Clark the Shark: Tooth trouble. New York, NY: HarperCollins Publishers, 2015.
Dentist, Visit		Perez, Monica. Curious George visits the dentist. New York, NY: Houghton Mifflin Harcourt Publishing Company. 2014

Disability		<a href="#">Bishop, Mary Harelkin. Gina's Wheels. Regina, SA: DriverWorks Ink : Emmbee Ink. 2014</a>
Disability		Friedman, Becky. Daniel's New Friend (Daniel Tiger's Neighborhood). New York, NY: Simon Spotlight. 2015
Doctor		George, Lucy M. Medecins. Toronto, ON: Éditions Scholastic. 2015
Doctor		Friedman, Becky. Daniel visits the doctor. New York, NY: Simon Spotlight. 2014
Doctor		Young, Judy. Digger and Daisy go to the doctor. Ann Arbor, MI: Sleeping Bear Press. 2014
Down's Syndrome		Kats, Jewels. Hansel & Gretel : a fairy tale with a Down syndrome twist. Ann Arbor, MI: Loving Healing Press. 2014
Emotions		Yolen, Jane. How do dinosaurs stay friends? New York, NY: Blue Sky Press, 2016.
Emotions		<a href="#">Watt, Melanie. Bug in a vacuum. [Toronto, ON]: Tundra Books, [2015]</a>
Emotions		Dahl, Michael. Little Monkey calms down. North Mankato, MN: Picture Window Books, [2014]
Emotions		Allen, Elise. Driven by Emotions Five Stories Told From the Mind. Los Angeles, CA: Disney Press, [2015]
Emotions		Kadohata, Cynthia. Half a world away. New York, NY: Atheneum Books for Young Readers, [2014]
Emotions, Coping	Patience	Testa, Maggie. Daniel feels left out. New York : Simon Spotlight, 2015.
Emotions	Feelings	Witek, Jo. In my heart a book of feelings. New York, NY: Abrams Appleseed, 2015.
Exercise (Physical Activity, Running, Walking, Physical Education, Gym Class)	Fitness	Smallman, Steve. Keep running, Gingerbread man. Irvine, CA: QEB Pub. 2014
Fear	Fear of Night / Fear of Dark	Ering, Timothy Basil. The Almost fearless Hamilton Squidlegger. Somerville, MA: Candlewick Press, [2014]
Fear	Empathy / Fear of Animals	Berube, Kate. Hannah and Sugar. New York, NY: Abrams Books for Young Readers, [2016]

Fear		Dencer, Christine. Misty. [Vancouver, BC] : Simply Read Books, 2014.
Fear	Performance Anxiety / Courage / Coping	Viorst, Judith. And two boys booed. New York, NY: Farrar Straus Giroux, 2014.
Fear		Cote, Genevieve. Goodnight, You. Toronto, ON; Tonawanda, NY : Kids Can Press, [2014]
Fear		Liniers. What there is before there is anything there : a scary story. Toronto, ON: Groundwood Books, 2014.
Fear		Tibo, Gilles. Ma plus belle victoire. Montréal (QC): Québec Amérique, [2015]
Feelings, Hurt		Bang, Molly. When Sophie's feelings are really, really hurt. New York, NY: The Blue Sky Press, an imprint of Scholastic Inc., 2015.
Fitness	Exercise	<a href="#">North, Laura. Hansel and Gretel and the Green Witch. Illus. Chris Jevons. St. Catharines, ON: Crabtree Publishing, 2015</a>
Food, New		Friedman, Becky. Daniel tries a new food. New York, NY: Simon Spotlight, 2015
Food Poisoning	Food Phobia	Dean, James. Pete the Cat and the bad banana. New York, NY: HarperCollins Publishers. 2014
Fractures, Broken Bones	Doctor	Audet, Nicole. Le bras casse de Charles. [Terrebonne, QC]: Boomerang Éditeur jeunesse, [2015]
Grief		Levis, Caron. Ida, always. New York ,NY: Atheneum Books for Young Readers, [2016]
Grief		Arnold, Elana K. The question of miracles. Boston, MA: Houghton Mifflin Harcourt, [2015]
Grief / Grieving / Loss	Death of Pet	Duchesne, Christiane. Moi, mon chat... Montréal, QC: Les Editions de la Bagnole, [2015]
Handwashing		<a href="#">Mason, David I.A. Wash, Wash, Wash Your Hands! Illus. Dan Widdowson. Mancato, MN: Cantata Learning, 2016.</a>
Healthy Relationships / Confidence		Hale, Bruce. Clark the shark takes heart. New York, NY: Harper, [2015]
Hospitals		Berenstain, Mike. The Berenstain Bears Hospital Friends. New York, NY: HarperCollins Publishers. 2015
Indigenous Health		<a href="#">Gray Smith, Monique. My heart fills with happiness. [Victoria, BC]: Orca Book Publishers, [2016]</a>
Lice		Latteux, Catherine. Poux, ah! [France?]: Editions Limonade, [2015]
Managing Change /		Delaunois, Angele. Magic little words. Toronto, ON: Owlkids Books, 2015.

Positive Relationship		
Mental Health	Coping / Courage / Recovering / Emotions	Testa, Maggie. Time for school, Charlie Brown. New York, NY: Simon Spotlight, 2015.
Mental Health	Assertiveness/Physical Activity	Gravel, Elise. "The Cranky Ballerina". New York, NY: Katherine Tegen Books (an Imprint of Harper Collins Publishers), 2016.
Mental Illness		Abdullahi, Aala. Grownup for a week. Edmonton, AB: Golden Meteorite Press Book. 2014
Mental Illness		Abdullahi, Aala. With help from my sister. Edmonton, AB: Golden Meteorite Press Book. 2015
Multiple Sclerosis		Sovern, Megan Jean. The meaning of Maggie:lla novel. San Francisco, CA: Chronical Books, [2014]
Nose		Smallman, Steve. Don't pick your nose, Pinocchio! Irvine, CA: QEB Publishing Inc. 2015
Nose (Nez)		Smallman, Steve. Enleve le doigt de ton nez, Pinocchio! Irvine, CA: QEB Publishing Inc. 2015
Physical Activity	Yoga, Stress Management	Verde, Susan. I am yoga. New York, NY: Abrams. 2015
Polio	Rehabilitation	Rocklin, Joanne. Fleabrain loves Franny. New York, NY: Amulet Books, 2014.
PTSD		Kastle, Seth. Why is Dad so mad? : a book about PTSD and military families. Hays, KS: Tall Tale Press, 2015.
Separation anxiety		Sateren, Shelley Swanson. Homesick Herbie. North Mankato, MN: Picture Window Books, [2015]
Separation anxiety		<a href="#">Dewdney, Anna. Llama llama gram and grandpa. New York, NY: Viking. 2015</a>
Sexuality		Polonsky, Ami. Gracefully Grayson. New York, NY: Hyperion. 2014
Sexuality		Stead, Rebecca. Goodbye stranger. New York, NY: Wendy Lamb Books, 2015.
Sexuality		<a href="#">Gino, Alex. George. New York, NY: Scholastic Press. 2015</a>
Shyness		Bechtold, Lize. Buster the very shy dog. Boston, MA: Houghton Mifflin Harcourt, 2015.
Sibling rivalry	Relationships/Birth of a New Sibling	Yum, Hyewon, The twins' little sister. New York, NY: Farrar Straus Giroux, 2014.
Sick	Common Cold / Sore Throat / Fever	Krall, Dan. Sick Simon. New York, NY: Simon & Schuster Books for Young Readers, [2015]

Sick	Fear of Death / Food Sensitivities	Holm, Jennifer L. Squish #7 Deadly disease of doom. New York : Random House, [2015]
Sign Language		Napoli, Donna Jo. Hand and hearts. New York, NY: Abrams Books for Young Readers, 2014.
Skin	Major organs	Manushkin, Fran. Happy in our skin. Somerville, MA: Candlewick Press, 2015.
Sleep	Going to sleep	Schneider, Josh. Everybody sleeps (but not Fred). Boston, MA: Clarion Books/Houghton Mifflin Harcourt [2015]
Sleep		Sharmat, Mitchell. Berkley, the terrible sleeper. New York, NY: Simon Spotlight, 2015.
Sleep		Gates, Miriam. Good night yoga a pose-by-pose bedtime story. Boulder, CO: Sounds True. 2015.
Sleep		Bottner, Barbara. Feet, go to sleep. New York, NY: Knopf. 2015
Speech	Delayed language	Tourville, Jacqueline. Albie's first word : A tale inspired by Albert Einstein's childhood. New York, NY: Schwartz & Wade books. 2014
Sprains (Ligaments)	Injury / Bullying	Howard, Ryan. Dugout hero. New York, NY: Scholastic, [2015]
Stroke		Taylor, Lisa. Can I tell you about having a stroke? A Guide for Friends, Family and Professionals. London : Jessica Kingsley Publishers, 2014.
Teeth, Loose		Man-Kong, Mary. The Loose Tooth (Barbie). New York, NY: Random House, 2015
Toilet Training		Lloyd-Jones, Sally. Skip to the loo, my darling! A potty book. Candlewick. 2016
Tuberculosis		Farmer, Bonnie. Oscar lives next door: a story inspired by Oscar Peterson's childhood. Toronto, ON: Owlkids Books Inc., 2015

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**Related publications:**

Tan, MC, and Campbell, S. [Special Health Issue - Fall 2014. The Deakin Review of Children's Literature \(Vol. 4, No. 2\)](#)

Tan, MC, and Campbell, S. [Connecting with Health Through Children's Literature](#). Paper presented at: Canadian Health Libraries Association (ABSC-CHLA) Conference; 2014 Jun 16-20; Montreal, Canada.

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