



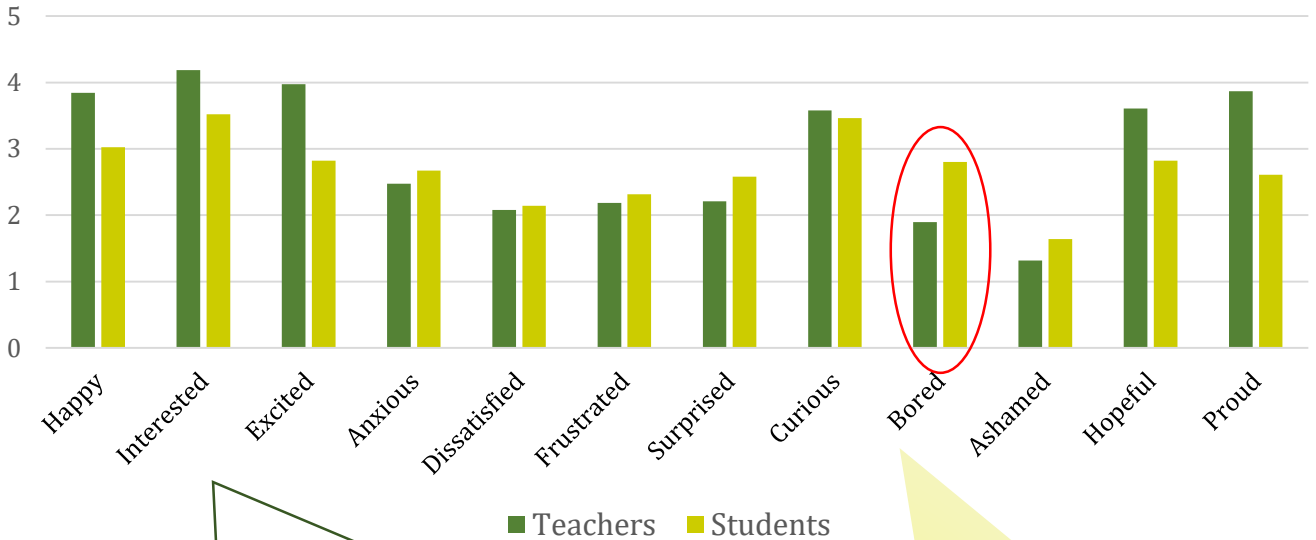
Research Brief:



Boredom in the Classroom

Thank you to the 38 teachers and 208 students who answered our questionnaire about their experiences with boredom and other emotions in the classroom. Below are some initial results that we found from the data and that we thought you may find interesting.

Emotions in the Classroom



Those who reporting being more bored in class were also more likely to report being anxious, dissatisfied and frustrated and were less happy, interested, and proud.

Interestingly, the only emotion that students identified significantly more than teachers was **boredom**.

What about teachers and boredom?



- Teachers are most bored when it comes to grading in comparison to other aspects of their job (e.g. designing the course, creating course materials or delivering the course).
- Also, they feel bored with teaching when they don't take an interest in the students and when student's don't get involved in the lesson.
- Teachers are bored when they feel they are being under-challenged or when the class feels monotonous.



Please direct any questions or comments to acme@ualberta.ca. Also, check out our website regularly for update on this and other projects.

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