

PROGRAM AND ABSTRACT BOOKLET



WISDOM ENGAGED: TRADITIONAL KNOWLEDGE AND NORTHERN COMMUNITY WELL-BEING

FEB 18-22, 2015
UNIVERSITY OF ALBERTA, EDMONTON, AB.

ORGANIZING COMMITTEE

Earle Waugh (ewaugh@ualberta.ca) Director, Centre for Health and Culture, University of Alberta

Leslie Main Johnson (lesliej@athabascau.ca) Professor of Anthropology, Centre for Social Science, Athabasca University

Clifford Cardinal (cc39@ualberta.ca) Assistant Professor, Department of Family Medicine, University of Alberta

Gary Ferguson (gferguso@anthc.org) Director of Wellness & Prevention, Community Health Services, Alaska Native Tribal Health Consortium

Meda Dewitt-Schleifman (meda@anthc.org), Traditional Healer, Alaska Native Tribal Health Consortium

Riva Benditt (rivalutionary@hotmail.com) Conference Coordination and Student Liaison

Elaine Maloney (elaine.maloney@shaw.ca) Conference Coordination

Peggy Lewis (peggy.lewis@ualberta.ca) Conference Administration

CONFERENCE 'HEADQUARTERS'

During the event, the registration area in the Foyer of Snell Hall will serve as the *Wisdom Engaged: Traditional Knowledge and Northern Community Well-being* conference headquarters. The registration desk will be manned' at all times. You can drop by at any time with your questions, or comments; we can also be reached by email at elaine.maloney@shaw.ca by text or phone at 587-985-5003 or peggy.lewis@ualberta.ca or phone at 780-492-7497.

CONFERENCE VOLUNTEERS

We have great team of volunteers!, and you will recognize them with their YELLOW colored t-shirts with the conference logo imprinted on the front. Volunteers will be supporting delegates and presenters, setting up rooms, assisting with logistics, etc. Thanks to them the events will run smoothly. Most of the volunteers are students, and we hope that the experience of this conference will enrich their endeavour, and will help them forge new networks and friendships. We take the opportunity to extend our sincere thanks to all our volunteers for taking the time from your busy schedules to be part of the organizing team; the success of the event would not be possible without your hard work!



WISDOM ENGAGED:
TRADITIONAL KNOWLEDGE AND
NORTHERN COMMUNITY WELL-BEING

FEB 18-22, 2015
UNIVERSITY OF ALBERTA, EDMONTON, AB.

Wisdom Engaged: Traditional Knowledge and Northern Community Well-being
Administrative Office: Centre for Health and Culture, Dept. of Family Medicine,
University of Alberta, University, Edmonton, Alberta T6G 2C8

Website: <http://wisdomengaged.shawwebSPACE.ca/>

Wisdom Engaged: Traditional Knowledge and Northern Community Well-Being

18-21 February 2015 University of Alberta, Edmonton AB Canada



We all know that Health in Aboriginal communities lags seriously behind the rest of the country. Many of us believe we can no longer tolerate these discrepancies. This conference is an attempt to begin a journey on this path. By engaging in a partnership with one of the richest strands of Aboriginal culture, its medicinal tradition, we hope to help address the problems. Together with Elders, Knowledge Holders, and Aboriginal leaders like the outstanding medicine people we have at this conference, and dedicated physicians and scholars, we want to be part of a new venture: a happy, healthy and productive Aboriginal community.

It will not be easy. As the Truth and Reconciliation meetings demonstrated, there are deep emotional chasms to bridge. But we are determined to go beyond the policies and structures of the past that have hemmed in so many. We look to a new day in which all Canada's cultures will draw from their heritages to make this a better country to live in as healthy, vigorous peoples. *Wisdom Engaged: Traditional Knowledge and Northern Community Well-being* is but the beginning of an important journey we need to undertake to address the issues. But it is a great start: Key medicine people and knowledge holders from important Aboriginal groups come together with leading physicians and scholars from around the world to address how best to move forward. We welcome you to this important Gathering!

Second Healers Gathering Edmonton Alberta 2015

Hosted by CCMTK and ABORIGINAL HEALTH, Department of Family Medicine, University of Alberta

Guest Speakers: Dr. Lori Alvord MD, Arizona;
leanor Haglund - Sask.
Keynote Speaker: Dr. Nancy Turner, U. Vic

Pipe Ceremony Feb 17 Noon 2015
Ceremony for Participants Friday @
Alberta Hospital, Sweatlodge



This is the second Gathering of Healers the University of Alberta has hosted in the last four years. Topics will include: Emergent Health Needs of Native Americans Today, Global Warming, Language Loss, Changes made in Ceremonies without permission, Population Growth among Aboriginal people, Health and healing Rituals conducted by People without proper training, Documentation of sacred ceremonies, and Rituals to make it convenient for important Participants, and many other concerns of today. These are just the top of the list.



February 18-21 2015 University of Alberta, Edmonton, Alberta

Contacts: Dr. Earle Waugh-780 492 6424 (ewaugh@ualberta.ca)
Mr. Clifford Cardinal-780 293 3518 (ccardinal@med.ualberta.ca)

Wisdom Engaged: Traditional Knowledge and Northern Community Well-Being

18-22 February 2015 University of Alberta, Edmonton AB Canada



OPENING PLENARY

Wednesday, 18 February 2015 8-9pm

Snell Hall, University of Alberta Hospital

Dr. Nancy Turner, University of Victoria

“Our Food is Our Medicine” Traditional Knowledge and Traditional Food for Health and Well-being in the Canadian North

Plant foods--especially berries, green shoots, root vegetables, and seaweed--have been a key element in maintaining health and well-being for First Nations across Canada. As well as direct nutritional contributions, harvesting, processing, and serving these foods are essential components of peoples' cultural heritage and traditional ecological knowledge systems. Environmental and cultural change and economic restructuring have impacted use of plant foods, and as a result, the health and well-being of individuals and communities is at risk, and many Elders are concerned that young people in their communities are not learning sufficiently about the important knowledge for survival and well-being that is part of their cultural heritage. School projects and ethnobotanical gardens can help raise awareness among youth and young adults about the importance of Indigenous food systems, and can facilitate the transmission of knowledge about harvesting and processing Indigenous foods in a modern context.



Distinguished Professor and Hakai Professor in Ethnoecology, Nancy Turner is an ethnobotanist whose research integrates the fields of botany and ecology with anthropology, geography and linguistics, among others. She is interested in the traditional knowledge systems and traditional land and resource management systems of Indigenous Peoples, particularly in western Canada. Dr. Turner has authored, co-authored or co-edited over 20 books (most recently *Ancient Pathways, Ancestral Knowledge, Ethnobotany and Ecological Wisdom of Indigenous Peoples of Northwestern North America*, McGill-Queens University Press in 2014), and over 120 book chapters and peer-reviewed papers, and numerous other publications, both popular and academic, in the area of ethnobotany, ethnoecology, traditional ecological knowledge and sustainable resource use. Dr. Turner has received a number of awards for her work.



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
sciences humaines du Canada

Canada



Athabasca
University



Alberta Health
Services



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM



Centre for
Health & Culture
Department of Family Medicine



UNIVERSITY OF ALBERTA
FACULTY OF NATIVE STUDIES



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY

Mother Earths Water.



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Division of Community Engagement



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Department of Family Medicine



UNIVERSITY OF ALBERTA
OFFICE OF THE PROVOST AND
VICE-PRESIDENT (ACADEMIC)

WISDOM ENGAGED: TRADITIONAL KNOWLEDGE AND NORTHERN COMMUNITY WELL-BEING

18-22 FEBRUARY 2015 UNIVERSITY OF ALBERTA

CONFERENCE VENUES

The *Wisdom Engaged: Traditional Knowledge and Northern Community Well-being* conference is being held at the University of Alberta (North Campus), at the University of Alberta Hospital (a block demarked by 87 Avenue on the North, 112 St on the East, 84 Avenue on the South, and 11th St on the West). See the University of Alberta North Campus Map <http://www.campusmap.ualberta.ca/~media/uofa2/Maps/pdf/northcampus-map.pdf>

BERNARD SNELL HALL: Situated on the University of Alberta Campus in the University of Alberta Hospital itself, the Hall is easily accessible via car or public transport with public parking available and the Edmonton LRT station directly onsite. Map (number 8) <http://www.albertahealthservices.ca/Facilities/hf-uah-map-1.pdf>

Snell Hall is the main conference venue; all morning academic sessions will be held at this location, as well as public events (Opening Plenary, Video Sessions and other public events), Saturday's *Traditional Medicine People and Elders' Plenary*, and the *Way Forward Post-Conference Workshop* on Sunday. The lower foyer area will host the reception, morning coffee breaks and lunches each day (afternoon coffee breaks will be set up in both the Snell Hall foyer and an area in Education South)

EDUCATION CENTRE: The Faculty of Education building will be host to **Community Sessions** and the **Healer Gathering** on Thursday and Friday. Situated on the corner of 87th Avenue, 112th St, and 114th St., the Education Centre is accessible from indoors on the 2nd floor of the University of Alberta Hospital via a pedway. Volunteers will be available to lead delegates from Snell Hall to the Education Centre venues

South Education Building, Room ED170: Thursday afternoon Workshop Sessions Ia) and IIa); Friday afternoon Workshop Sessions IIIa and IVa.

South Education Building, Room ED 176: Thursday afternoon Workshop Sessions Ib) and IIb); Friday afternoon Workshop Sessions IIIb and IVb.

KIVA ROOM (N2-103 Education North). This is the **Gathering Place** site for **Traditional Medicine People and Elders** (sign-in required). The diamond-shaped link between the two Education buildings (South and North) contain a flexible teaching space called a 'kiva'—a Hopi Indian word for a round council chamber, with the main participants in the middle. The Kiva Room has corners for small group discussion and the carpeted floor is stepped in concentric circles. Refreshments will be available in the Kiva room; smudging is also permitted.

JOHN W SCOTT HEALTH SCIENCES LIBRARY: The JW Scott Library is located on the second floor of the University of Alberta Hospital, upstairs from Snell Hall. Directions from 112st entrance are available at this website http://www.library.ualberta.ca/aboutus/health/scott_112.pdf The JW Scott Library is the site of the **Video Festival Part I (Thursday 12:00 pm to 2:00 pm) and Part II (Friday 1:00 pm to 5:00 pm)**. The JW Scott Library also houses the *Traditional and Indigenous Healing Collection*; and a set of **displays and exhibits** have been organized in conjunction with the conference that touch on a range of types of traditional knowledge of Northern peoples of Western Canada and Alaska (see the full description of both on page 14).

ALFRED H SAVAGE CENTRE: The Alfred H. Savage Centre is a hub for outdoor programs and community gatherings in the Edmonton river valley http://www.edmonton.ca/activities_parks_recreation/parks_rivervalley/alfred-savage-centre.aspx The centre is the perfect site for our banquet on Saturday, which will feature a **Pipe Ceremony**, a **Fire Dish Ceremony** and an **Honouring Ceremony**. Buses will transport delegates from the University Hospital (112st entrance outside Snell Hall) at 4:30 pm on Saturday; returning from the Savage Centre at 9:30 pm

COFFEE BREAKS AND LUNCHES

Breaks and lunches will be buffet style in the Snell Hall Foyer, and in the afternoons, there will be a second site set up in the Education South building, near the workshop rooms. The Kiva Room will have refreshments available throughout the day for Healers and Elders meeting in that venue, though we hope everyone will meet and mingle in the main foyer as much as possible. The *Wisdom Engaged* committee has made a very conscious effort to provide healthful choices for the breaks and lunches, and sufficient variety to provide for all dietary tastes, preferences, and restrictions.

INFORMATION TABLE

We invite delegates to ring information on their organization, programs, future conferences, or publication order forms to place on an information table. Note that this table will not be manned, so this should be items that are free for the taking.

TRADE BOOTHS

Visit the trade Booths in the Sell Hall Foyer area to find books, local foods, medicines or crafts; displays of local handiwork such as carving or beadwork. Here, you will also see a booth with conference souvenirs for purchase—conference mugs and t-shirts!

MAP/STORYBOARD

A poster board will be placed in the foyer with a map on which you can place your 'dot' to show where you are from. It will be interesting to see the visual representation on the map. Next to the map will be a **Conference Signature Poster** or 'Storyboard' on which you can leave signatures, messages, or share stories, thoughts or comments.

UNIVERSITY WIRELESS SERVICE (UWS)

The University of Alberta provides a free wireless network. **Guest@UofA** allows anyone passing through campus to connect to the internet. It is great for checking your mail, updating social media sites, conferences on campus, or simply browsing the web. This service allows for simple web surfing (http and https) over standard TCP/IP ports 80 and 443. Common VPN clients will also work. Access is free, but is only granted once you have read and agreed to the conditions of use.

COMPUTER

If you don't have your own laptop or other device with you, computers are available for use in the **John W Scott Health Sciences Library**. A Guest ID will be issued at the front desk (you may need to get a new ID each day); additional instructions for use will be provided by staff at the desk.

CONTACTS

Conference Registration Desk email: elaine.malonev@shaw.ca, text or phone 587-985-5003

Conference Administration email: peggy.lewis@ualberta.ca, phone 780-492-7497

Campus Tower Hotel 780-439-6060

Lister Hall 80-492-6056

Varscona Hotel 780-434-6111

Co-Op Taxi: 780-425-2525

SkyShuttle: 780-465-8515

EMERGENCIES

Fire/Police/Ambulance: 911

Protective Services: 780 492-5050 Skype: 780 492-5050 (complaints/information, 24 hrs)

Building Emergency (flood, outage, etc.): 780 492-5555; Skype: 780 492-5555

Edmonton Police Service: 780 423-4567; Skype: 780 423-4567

WISDOM ENGAGED: TRADITIONAL KNOWLEDGE AND NORTHERN COMMUNITY WELL-BEING

18-22 FEBRUARY 2015 UNIVERSITY OF ALBERTA

CONFERENCE PROGRAM

WEDNESDAY, 18 FEBRUARY 2015 LATE AFTERNOON and EVENING

TIME	PRESENTER	ORGANIZATION	TITLE
5:00-6:00	REGISTRATION Snell Foyer		
6:00-7:00	RECEPTION Snell Foyer		
7:00-7:45	OPENING CEREMONY and GREETINGS Snell Hall		
7:00-7:10	Earle Waugh and Leslie Main Johnson	Conference Co- Chairs	Opening Remarks
7:10-7:20	Clifford Cardinal	Healer Gathering Chair; Conference Co-Organizer	Opening Address
7:20-7:30	CEREMONY OF RECOGNITION OF SACRED SPACE Snell Hall		
	Setting of Sacred Space - To help set our intention and ensure that we gather in a good way, the conference space will be blessed before we begin, and attendees will be invited to smudge upon entering. Attendees are also invited to bring an object for the 'centerpiece'— something that represents a source of strength for you, something that helps keep you grounded, and something you don't mind leaving in the room for the duration of the gathering. This will serve as a visual reminder for our inspirations, intentions, and grounding.		
7:30-8:00	Rueben Quinn	Ceremonial and Spiritual Leader	Papaschase Band, Treaty 6
sending greetings	TBA	TBA Elder's Council	Northwest Territories
sending greetings	Ruth Massie	Chair, Council of Yukon First Nations	Yukon Territory
sending greetings	Shauna Hegna	Chief Administrative Officer, Alaska Native Tribal Health Consortium	State of Alaska
	Don Iveson	Mayor	City of Edmonton
	Doug Goss	Chair, Board of Governors	University of Alberta
	Donna Romyn	Associate VP Research	Athabasca University
	Paul Daniels	Elder's Council	Alberta Health Services
	Jill Konkin	Associate Dean/Prof. of Rural & Regional Health	Faculty of Medicine & Dentistry
	Brenda Parlee	for the Dean of Native Studies	Faculty of Native Studies
	Lisa Bourke Bearskin	President and Interim Director	Aboriginal Nurses' Association of Canada
	Geraldine Potts	Director of Operations	Nechi Institute: Centre of Indigenous Learning
8:00-9:00	PLENARY SPEAKER Snell Hall		
	JOHNSON, L. M.	Conference Co- Chair	Introduction
	TURNER, N.	University of Victoria	"Our Food is Our Medicine" Traditional Knowledge and Traditional Food for Health and Well-being in the Canadian North

THURSDAY, 19 FEBRUARY 2015 MORNING			
SNELL HALL, UNIVERSITY OF ALBERTA HOSPITAL			
8:00-8:30	REGISTRATION Snell Foyer		
8:30-9:00	PRAYER and PLENARY Snell Hall		
	Clifford Cardinal		Prayer
	Earle Waugh		Announcements
9:00-10:30	ACADEMIC SESSION I Snell Hall		
	Traditional Knowledge for Wellness; Wellbeing and the Spirit		
	Moderator: Earle Waugh		
9:00-9:15	JOHNSON, L. M.	Athabasca University	Reflections on pathways to health and well-being—the role of traditional knowledge, vernacular healing and specialist healing
9:15-9:30	PARLEE, B.	Native Studies and Dept of Resource Economics, University of Alberta	Well-Being Identities and the Changing Landscapes of Resource Development in Northern Canada
9:30-9:45	VANAST, W.	Adjunct Professor, McGill University	Making and Taking Medicine: Indigenous and Western Therapeutics in an Early-Contact Eastern Mackenzie Delta Society, 1858-1920
9:45-10:00	FONDA, M. (via teleconference)	Sociology, Western Ontario	Talking about Relations: Traditional Knowledge, Science, and Protection
10:00-10:15	KAVELIN, C.	Catholic University of Australia	Lessons from Thriving Groups of Traditional Healers Around the World
10:15-10:30	MODERATOR	Q & A	
10:30-11:00	COFFEE BREAK and POSTER SESSION I Snell Foyer		
	BAMFORD, A.	Athabasca University	Stoney Trail Ring Road: Ethnobiological Analysis of Land and Plants
11:00-12:30	ACADEMIC SESSION II Snell Hall		
	Traditional Foods, Food Safety and Food Sovereignty		
	Moderator: Richard Oster, University of Alberta BRAID project		
11:00-11:15	BAKER, J. and Fort McKay Elders	WBEA Elders Berry Focus Group	Berries are Medicine: Sharing and Consuming Cranberries in Fort McKay
11:15-11:30	FERGUSON, G.	Alaska Native Tribal Health Consortium, Wellness and prevention, Community Health Services	Alaska Native Tribal Health Consortium (ANTHC)'s Store Outside Your Door: Hunt, Fish, Gather, Grow, Share
11:30-11:45	OMURA, K.	Graduate School of Language & Culture, Osaka University	Conditions for Well-being: Subsistence Systems in Contemporary Inuit Societies.
11:45-12:00	HAGLUND, E.	Herbalist, Lac La Ronge, SK	Living the life of Woodland Cree (N'dialect) Tradition; Surviving on Traditional Food in a Secluded Trapline Culture
12:00-12:15	MODERATOR	Q & A	
12:15-12:30			
12:30-1:30	LUNCH – SNELL HALL FOYER		

THURSDAY, 19 FEBRUARY 2015 AFTERNOON			
VENUES			
1:30-3:00	WORKSHOP SESSION I: CONCURRENT		
	a) <i>Healing Land/ Land as Healing</i> Ed 170		
1:30-2:15	MAJE RAIDER, A. and M. MAJE	Liard Aboriginal Women's Society, Kaska Nation	<i>The Healing Journey, Working for Kaska Wellness</i>
2:15-3:00	McDONALD, L. and M. DONNESSEY	Kaska Nation	<i>Health is Living Well According to Kaska Values</i>
	b) <i>Video Session: Pathways to Wellness</i> Snell Hall		
2:00-3:00 PUBLIC	Teetl'it Gwich'in Elders	Gwich'in Social and Cultural Institute	<i>"North wind or not – were walking down" Memories of the Peel River Alcohol Society</i>
KIVA ROOM E N2-103	TRADITIONAL MEDICINE PEOPLE AND ELDERS' GATHERING PLACE This is the second Gathering of Healers the UofA has hosted in the last four years. Topics will include: Emergent Health Needs of Native Americans today, Global Warming, Language Loss, Changes made in Ceremonies without permission, Population Growth among Aboriginal people, Health and healing Rituals conducted by People without proper training, Questions regarding Documentation of sacred ceremonies, and Rituals to make it convenient for Important Participants, and many other concerns of today. These are just the top of the list.		
JS Library	VIDEO FESTIVAL PART 1 Library Meeting Room		
12:00-2:00 PUBLIC	<i>ANTHC Webisodes—Short videos on a range of topics on Alaska traditional knowledge and plant uses</i>		
3:00-3:30	COFFEE BREAK ED South hall and Snell Foyer		
3:30-5:00	WORKSHOP SESSION II: CONCURRENT		
	a) <i>Living a Good Life</i> Ed 170		
3:30-4:15	MATTHEWS, A.	Simoogit Dinim Gat, Gitksan Nation (Gitwangak)	<i>Sip'xw hligetdin Demonstrating the Strength and Education to Speak in the Feast Hall—Ready to take Responsibility</i>
4:15-5:00	NEYELLE, M.	Deline	<i>Sahtu Healing and Spiritual Wellness</i>
	b) <i>Foods, Medicines and Health from the Land</i> Ed 176		
3:30-4:15	Fort McKay Elders	WBEA Elders Berry Focus Group	<i>Berries are Medicine: Sharing and Consuming Cranberries in Fort McKay</i>
4:15-5:00	BEAULIEU, R.	Chipewyan Fort Resolution NT	<i>Words of a Healer</i>
	c) <i>Video Session: Stories of Wellness</i> Snell Hall		
3:30-5:00 PUBLIC	KANDOLA, K. and V. FARIA	Deputy Chief Public Health Officer, Dept. of Health & Social Services Authority, Government of the NT	<i>Video Presentation and Discussion: Sharing our Wisdom—Wellness Stories of NWT Elders</i>
KIVA ROOM E N2-103	TRADITIONAL MEDICINE PEOPLE AND ELDERS' GATHERING PLACE		
THURSDAY, 19 FEBRUARY 2015			
EVENING SNELL HALL			
7:00-9:00	VIDEO SCREENING and DISCUSSION Snell Hall		
7:00-8:00 PUBLIC	GENUIS, S. with C. Gray, C. Reimer, J. Arcand, & C. Jardine	School of Public Health, UofA	<i>The Power of Pictures: Indigenous Youth as Agents of Change for Community Wellness</i>
8:00-9:00 PUBLIC	*KAVELIN, C. and J. HUNTER	Australia	<i>'Yilalu wangaan barigal-under'—a long time ago in the creation time—Australian Aboriginal Knowledge through painting</i>

FRIDAY, 20 FEBRUARY 2015 MORNING			
SNELL HALL, UNIVERSITY OF ALBERTA HOSPITAL			
8:00-8:30	REGISTRATION Snell Foyer		
8:30-9:00	PRAYER and PLENARY Snell Hall		
	TBA		Prayer
	Earle Waugh		Announcements
	EPP, Roger	Deputy Provost	Greetings from the University of Alberta
9:00-10:30	ACADEMIC SESSION III Snell Hall		
	Traditional Knowledge for Community Wellness—Pathways, Case Studies and Integration		
	Moderator: Leslie Main Johnson		
9:00-9:15	FLETCHER, C.	Université Laval, Faculté de médecine	Documenting Traditional Medicinal Practice in the Sahtu: An Overview of Project Methods and the Cultural-Ethics of Community Engagement
9:15-9:30	STORR, E. and S. PEFFER	Inuvialuit Regional Corporation	Inuvialuit Nautchiangit Relationships Between People and Plants
9:30-9:45	MORGAN, R.	Gitksan Nation (Gitwangak)	Engaging Wisdom for Community Well-being—Practical Applications in Preventative Health Care
9:45-10:00	RUSSELL, C.	Elbow River Healing Lodge	Bringing Traditional Medicine into the Medical System
10:00-10:15	CAMPELL, S., M. DORGON, M. and L. TJOSVOLD	John W. Scott Health Sciences Library	Using Search Filters to Identify More Canadian Indigenous Health Research
10:15-10:30	MODERATOR	Q & A	
10:30-11:00	COFFEE BREAK and POSTER SESSION II Snell Foyer		
	DEAN, Y.	Mt. Royal University	Bearing Witness: Moving Toward Understanding the Residential School Experience in Canada
	OSTER, R	Faculty of Medicine	Cultural Continuity, Traditional Indigenous Language, and Diabetes in Alberta First Nations: A Mixed Methods Study
11:00-12:30	ACADEMIC SESSION IV Snell Hall		
	Traditional knowledge for Community Wellness—Case Studies and Integration		
	Moderator: Christopher Fletcher		
11:00-11:15			
11:15-11:30	LUIG, T.	PhD Anthropology	Teet'it Gwich'in Experiences of Life Transformations and the Role of Volunteerism
1:30-11:45	SALVALAGGIO, G.	University of Alberta	'Here', 'Now,' and Health Research
11:45-12:00	AUGER, D.P.	Blue Quills	The Traditional Indigenous Model of Health and Wellbeing: How does the Western Physician Work Within this Paradigm?
12:00-12:15	JARDINE, C. with S. GENUIS*, M. LUKASEWICH, and K. TANG	School of Public Health, University of Alberta	Visual Messages from Indigenous Youth: Developing Participatory Health Risk Communication
12:15-12:30	MODERATOR	Q & A	
12:30-1:30	LUNCH SNELL HALL FOYER		

FRIDAY, 20 FEBRUARY 2015 AFTERNOON			
VENUES			
1:30-3:00	WORKSHOP SESSION III: CONCURRENT		
	<i>Healing Plants, Traditional Knowledge, and Wellness</i> ED 170		
1:30-3:00	TEYA, M. and A.B. GORDON	Gwich'in Social and Cultural Institute	<i>Gwich'in Bush Medicine: Community Panel with demonstrations of medicines—Part 1</i>
	<i>Alaska</i> ED 176		
1:30-3:00	FERGUSON, G. with D. JACKSON, M. DAVID and M. DEWITT-SCHLEIFMAN	Alaska Native Tribal Health Consortium, Wellness and prevention, Community Health Services	<i>Alaska Native Tribal Health Consortium (ANTHC)'s 'Store Outside Your Door': Hunt, Fish, Gather, Grow, Share</i> <i>Alaska Plants for Food and Medicine and Digital Storytelling</i>
JS Library	VIDEO FESTIVAL PART 2 Community Videos Library Meeting Room		
1:00-5:00 PUBLIC	<i>Working on Moosehide—A participatory Video Project</i> (Kaska) <i>Cedar, A spiritual Tree—Learning to collect and weave Cedarbark</i> (Gitksan) <i>The Tobacco Project: The Ndilo movie—My choice, my life: Do what's right</i> (youth video) <i>The Tobacco Project: The Dettah movie</i> (youth video) ANTHC Webisodes and Digital Stories—A series of short episodes (TBA Alaska) <i>Using Traditional Knowledge to Adapt to Wild Food Contamination in Canada's Oil Sands Region</i>		(17 min.) approx 1 hour (5:50 in length). (4:30 in length). 1 hour (14:10 min)
KIVA ROOM E N2-103	TRADITIONAL MEDICINE PEOPLE AND ELDERS' GATHERING PLACE		
3:00-3:30	COFFEE BREAK SNELL FOYER and EDUCATION SOUTH FIRST FLOOR		
3:30-5:00	WORKSHOP SESSION IV		
	<i>a) Healing Plants, Traditional Knowledge, and Wellness, cont.</i> ED 170		
	ANDRE, A., M.ENGLISH, with Fanny ANDREW,	Gwich'in Social and Cultural Institute and Gwichin Elders, Inuvik and Teetl'it Zheh	<i>Gwich'in Bush Medicine: Community Panel with demonstrations of medicines—Part 2</i>
	<i>b) Harvesting Northern Plants for Health</i> ED 176		
3:30-4:15	CHENEY, D.	Kake, AK	<i>Seaweed Harvesting</i>
4:15-5:00	NEYELLE, B.	DELINE, NT	<i>Plants for Life and Community Health</i>
KIVA ROOM E N2-103	TRADITIONAL MEDICINE PEOPLE AND ELDERS' GATHERING PLACE		
JS Library	VIDEO SHOWINGS Film Festival, Community Videos, cont. Library Meeting Room		
FRIDAY, 20 FEBRUARY 2015			
EVENING VENUES			
5:00-9:00	ALBERTA HOSPITAL HEALER SESSION		
	TRANSPORTATION BY MEDI-VAN FROM UOFA HOSPITAL		
7:00-9:00	VIDEO SCREENING and DISCUSSION Snell Hall		
PUBLIC	ALLEN, Dennis	Inuvialuit Filmmaker	<i>Crazywater</i>
PUBLIC		Alaska Native Tribal Health Consortium	<i>Digital Stories, Webisodes</i>

SATURDAY, 21 FEBRUARY 2015 MORNING			
SNELL HALL, UNIVERSITY OF ALBERTA HOSPITAL			
8:00-8:30	REGISTRATION Snell Foyer		
8:30-9:00	PRAYER and PLENARY		
	TBA		<i>Prayer</i>
	Earle Waugh		Announcements
9:00-10:30	ACADEMIC SESSION V Snell Hall		
	<i>Traditional Knowledge for Community Wellness—Contemporary Contexts, Integration and Practice</i>		
	Moderator: Susan Chaudoir		
9:00-9:15	BADRY, D. and A. GOOSE	Faculty of Social Work, University of Calgary	<i>Women's Health, Healing and FASD Prevention through Photovoice</i>
9:15-9:30	BASTIAN, B. and G. POTTS*	University of Calgary Faculty of Social Work & Chairperson Nechi Institute	<i>Rediscovering the Wisdom of Balance</i>
9:30-9:45	COLQUHOUN, A. with B. HEALY, N. LACHANCE, and L. SVENSON	School of Public Health, University of Alberta	<i>Working Together: Accessing and Managing First Nations Health Information Through Community–Government Partnerships</i>
9:45-10:00	VOYAGEUR, M. and LETENDRE, A.	Provincial Coordinator First Nations, Inuit and Métis, Supportive Care & Patient Experience Community Oncology, Cancer Control Alberta, Alberta Health Services	<i>Dialogue and Storywork in Support of First Nations, Inuit and Métis Cancer Patients throughout Oncology and Primary Care Transition Experiences</i>
10:00-10:15	MODERATOR	Q & A	
10:15-10:45	COFFEE BREAK and POSTER SESSION III Snell Foyer		
	COLQUHOUN, A. with S. CARRAHER, M. KEELAN, B.L. KOE, P.D. EDWARDS, K.J. GOODMAN	CANHelp Working Group, School of Public Health, University of Alberta	<i>Learning from One Another: The Dissemination of Microbiology Research Results in Indigenous Arctic Communities through a Joint Community–University Knowledge Exchange Project</i>
	VOYAGEUR, M. and LETENDRE, A.	Provincial Coordinator, First Nations, Inuit & Métis, Supportive Care & Patient Experience, Community Oncology, Cancer Control Alberta,	<i>Increased Access to Culturally Safe Cancer Care Pathways by Alberta First Nations in Rural, Remote and Isolated Communities</i>

10:45-12:00	TRADITIONAL MEDICINE PEOPLE AND ELDERS' PLENARY Snell Hall		
	<i>Introductory Session</i>		
	QUINN, Rueben	Ceremonial and Spiritual Leader	Papaschase Band, Treaty 6
12:00-1:00	LUNCH SNELL HALL FOYER		
SATURDAY, 21 FEBRUARY 2015 AFTERNOON			
1:00-3:30	TRADITIONAL MEDICINE PEOPLE AND ELDERS' PLENARY		
	<i>Words of Wisdom</i>		
	PREREGISTERED PARTICIPANTS	<i>Clifford Cardinal facilitator</i>	
3:30-4:00	CEREMONY TO CLOSE SACRED SPACE		
	<i>Clifford Cardinal, Margaret David, and Meda Dewitt-Schleifman</i>		
4:30	BUSES TO ALFRED SAVAGE CENTRE COMMUNITY GATHERING PLACE		
SATURDAY, 21 FEBRUARY 2015 EVENING – ALFRED SAVAGE CENTRE			
5:30	PIPE CEREMONY (Aspen Room)		
	<i>Clifford Cardinal</i>		
6:00	EVENING BANQUET		
	FIRE DISH CEREMONY (at Fire Pit -- bottom of the hill)		
	<i>Clifford Cardinal prayer over food; Margaret David, and Meda Dewitt-Schleifman</i>		
	Fire Dish Ceremony - A sampling of traditional foods will be burned as an offering to our ancestors, whose spirits are present with us. This is a physical action that helps us remember and connect with those that came before us, and that helps us heal ourselves.		
6:30	EVENING BANQUET		
6:30	Earle Waugh and Leslie Main Johnson	Conference Co-Chairs	Welcome
6:35	DINNER SERVED TO ELDERS		
6:45	BANQUET		
7:15	Speakers		
	David Dorward	Minister, Alberta Aboriginal Affairs	brief speech
	Verna Yiu	Chief Medical Officer, Alberta Health Services	brief speech
7:30	HONOURING CEREMONY		
8:00	BANQUET SPEAKER		
	ALVORD, Lori	MD, Detroit, Michigan, and University of Arizona	<i>Changing the Face of Medicine</i>
8:45	CLOSING		
	Thanks from organizing committee Future Canadian/Alaskan collaboration Ways Forward		
9:30	BUSES FROM ALFRED SAVAGE CENTRE TO CAMPUS		

Women Engaged: Traditional Knowledge and Northern Community Well-Being

18-22 February 2015 University of Alberta, Edmonton AB Canada



BANQUET SPEAKER

Saturday, 21 February 2015 6:45 pm, Alfred Savage Centre

Lori Arviso Alvord, MD

Changing the Face of Medicine



Dr. Alvord is a member of the Navajo Tribe, and of the Tsinnajinnie (Ponderosa Pine) and Ashi'hi' Dine' (Salt) clans, and was raised in Crownpoint, New Mexico. "The Scalpel and the Silver Bear" (Bantam, 1999), her autobiography, tells the story of her journey from the reservation to become a surgeon and her work to combine Navajo philosophies of healing with western medicine.

Dr. Alvord holds an appointment as Associate Faculty at Johns Hopkins Bloomberg School of Public Health, Center for American Indian Health. She earned her undergraduate degree from Dartmouth College in 1979, received her doctorate of medicine (MD) at Stanford University School of Medicine in 1985, and completed her residency in general surgery at Stanford University Hospital. Dr. Alvord practiced for

six years with the Indian Health Service, at Gallup New Mexico, providing health care to members of the Navajo and Zuni tribes, before joining the faculty at Dartmouth Medical School. Dr. Alvord served as Associate Dean for Student Affairs at Dartmouth Medical School, and Asst. Professor of Surgery and Psychiatry from 1997-2009, and as the Associate Dean of Student Affairs and Admissions at the University of Arizona College of Medicine, Tucson, AZ from 2012-2014.

Dr. Alvord served as a member of the National Advisory Council of the NIH Center for Complementary and Alternative Medicine from 2008-2010. Her research has focused on surgical outcomes and health disparities in Native American populations. Additional interests include Native American health, Native American healing, integrative medicine, and the creation of healing environments.

Dr. Alvord has been awarded honorary degrees from Albany Medical College, Drexel University College of Medicine, and Pine Manor College, and has been a commencement speaker at five medical schools. She received the "Outstanding Women in Medicine" Award from the University of Missouri-Kansas City School of Medicine, and the Governor's Award for Outstanding Women from the State of New Mexico. She is also featured in the National Library of Medicine exhibit, "Changing the Face of Medicine," honoring pioneering women physicians over the past 150 years.



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
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Athabasca
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ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM



Alberta Health
Services



Centre for
Health & Culture
Department of Family Medicine

CIHR IRSC



UNIVERSITY OF ALBERTA
FACULTY OF NATIVE STUDIES



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FACULTY OF MEDICINE & DENTISTRY

Mother Earths Water.



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Division of Community Engagement



UNIVERSITY OF ALBERTA
FACULTY OF MEDICINE & DENTISTRY
Department of Family Medicine



UNIVERSITY OF ALBERTA
OFFICE OF THE PROVOST AND
VICE-PRESIDENT (ACADEMIC)

WISDOM ENGAGED: TRADITIONAL KNOWLEDGE AND NORTHERN COMMUNITY WELL-BEING

POST CONFERENCE WORKSHOP

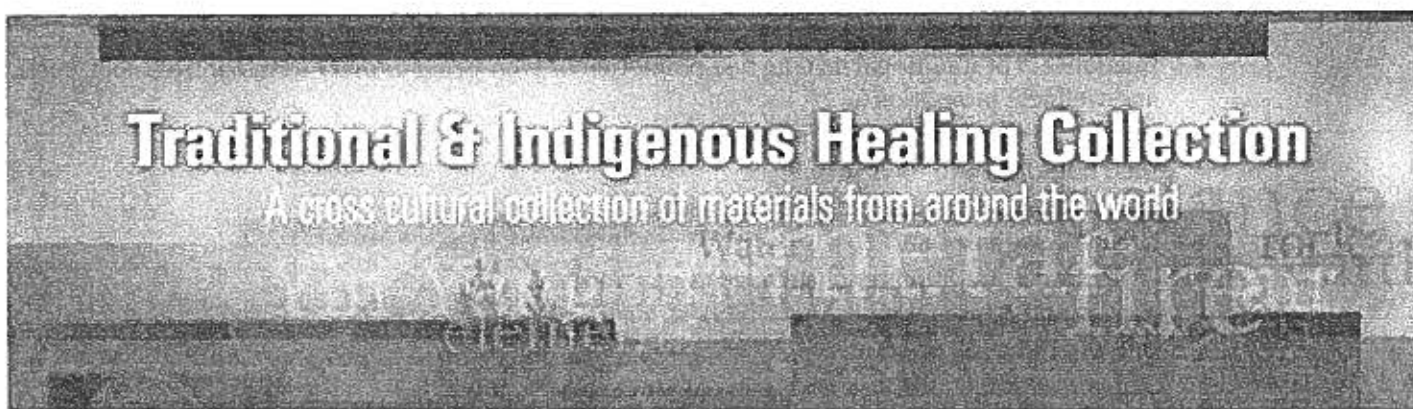
SUNDAY, 22 FEBRUARY 2015 POST CONFERENCE WORKSHOP

SNELL HALL, UNIVERSITY OF ALBERTA HOSPITAL

8:00-8:30	REGISTRATION
8:30-9:00	PRAYER and PLENARY
	TBA
9:00-10:30	WAYS FORWARD WORKSHOP
	A session to bring together conference participants and encourage synergy and creative thinking around directions and next steps
	<i>Leslie Main Johnson and Ruby Morgan, co-facilitators</i>
	<p>Some particular potential themes:</p> <ul style="list-style-type: none"> • nature of well-being • direction from traditional wisdom • relationship of traditional healing and promotion of well-being to other forms of treatment, care and wellness promotion • healthy foods and nutritional adequacy • food traditions and food sovereignty • practical steps for better community health • healthy relationships • promotion of traditions and language as way forward • present and future relationships with land, future ways of life • role and direction of youth • education and training, passing on of traditional knowledge
10:30-11:00	COFFEE BREAK
11:00-12:00	WAYS FORWARD WORKSHOP
	Open Sharing continued...
12:00-12:30	WORKSHOP SUMMARY
	<i>Leslie Main Johnson and Ruby Morgan</i>

J.W. SCOTT HEALTH SCIENCES LIBRARY EXHIBIT

Traditional knowledge is diverse, encompassing knowledge of the land, a range of skills passed down through the generations, knowledge of plants for healing, of healthy foods, and of ways to relate to and use the gifts of the animals who share our world with us. Well-being is a similarly broad concept, and embraces everything from psychological and physical wellness to a spiritual balance in accord with cultural precepts and cosmology. It encompasses both individual wellness and community health. Many factors thus affect personal and community well-being. This set of exhibits, in conjunction with the conference *Wisdom Engaged: Traditional Knowledge for Northern Community Well-being* touches on a range of types of traditional knowledge of Northern peoples of Western Canada and Alaska. Food and medicinal plants, local efforts to conserve endangered languages, and traditional craft skills once important for survival and for the expression of aesthetic and spiritual cultural aspects of culture, now have more significance in terms of enskillment and personal identity. Even today, both cultural pride and identity, which contribute to wellness, are expressed through creation, and display of traditional crafts. Contemporary harvest and preparation of traditional foods, which express cultural identity and are nutritionally superior to many western market foods, also support health, reducing diabetes, obesity and heart disease. The displays in the library showcase traditional plants used for food and medicine, and a range of traditional crafts to exemplify traditional knowledge. We supplement items from the collections of Leslie Main Johnson and the Alaska Tribal Health Consortium with a range of local and academic books, reprints and reports to give a rich sense of connections.



The University of Alberta Libraries' new Traditional and Indigenous Healing Collection contains materials related to Chinese Traditional and North American Indigenous healing, as well as other healing traditions from around the world. The collection is housed in the John W. Scott Health Sciences Library. The focus of the collection is on healing in its most inclusive sense, incorporating the knowledge and wisdom of indigenous cultures and traditional healing practices from around the world. Its current strengths are in aboriginal and Chinese medicine and its future development will include materials from diverse cultures and healing practices. Part of the collection has come from the Centre for Cross Cultural Study of Health and Healing in Department of Family Medicine, under the direction of Dr. Earle Waugh. It reflects the University's growing appreciation of the importance of tradition and culture in aboriginal health and healing. A generous donation from Dr. Joel Wilbush has allowed us to purchase new materials, particularly in Chinese traditional medicine, which has enhanced an already strong collection in this area. The collection forms the foundation of a significant resource for the University and the wider community. While designed to expose students in all health disciplines to cross cultural healing information, it will also be of value to other programs, such as Native Studies. The role of the U of A Libraries is to support research, teaching and learning, and this collection will help us serve our increasingly diverse community of users. Not only will it provide the opportunity for our medical students and others, to learn about indigenous healing as part of their education, it will also be a place where anyone interested can discover and use the information they need in the books and videos. The Library and the University recognizes the richness of our traditional and indigenous cultures, and is eager to work with the community to provide collections and services that meet the needs of students and faculty, as well as the wider community. We hope that both the teachers and the learners, in the University and Community, will come here to explore the rich knowledge of traditional and indigenous healing.

PRESENTATION ABSTRACTS

ANDRE, Alestine

Gwich'in Social and Cultural Institute

Title: *Gwich'in Bush Medicine: Community Panel with demonstrations of medicines Part 2*

Co-author/s or Presenters: Mabel English and Fanny Andrew

Abstract: Gwich'in Elders from the northern edge of the Boreal Forest in the Northwest Territories share their favorite traditional bush medicine that they grew up with on the land in a group community session.

WORKSHOP SESSION Iva: Healing Plants, Traditional Knowledge, and Wellness, cont.

[ED 170 Friday 3:30]

AUGER, Darlene P

Blue Quills

Title: *The Traditional Indigenous Model of Health and Wellbeing: How does the Western Physician work within this Paradigm?*

Abstract: A brief overview of the ancient model of healing and wellbeing of the indigenous peoples of North America will reveal that 'Relational Medicine,' as a fundamental principle in health care, is key to increasing health and wellness, within Indigenous communities. Traditional Indigenous doctors and mainstream western physicians are interested in working together to build an integrated response model of wellness that will be successful in fostering health and wellbeing within Indigenous communities. What are the barriers and challenges we face? What foundational resources and support systems do we need? What are the main cross-cultural approaches to healing (food, land, language)? How do we teach the next generation of young physicians and Indigenous doctors to work together? What are we willing to brave/transform/action in order to move this model forward into the future, to ensure we build a strong foundation that will stand for many generations to come?

ACADEMIC SESSION IV: Traditional knowledge for Community Wellness—Case Studies and Integration [Snell Hall Friday 11:45]

BADRY, Dorothy

Faculty of Social Work, University of Calgary

Title: *Women's Health, Healing and FASD Prevention through Photovoice*

Co-author Annie Goose

Abstract: The topic of women's health and healing in relation to addictions and Fetal Alcohol Spectrum Disorder (FASD) prevention is a critical, yet daunting topic. It was discovered through two qualitative research projects related to FASD prevention that Photovoice is an engaging approach that invites women to talk about important issues in their lives. Through the visual methodology of Photovoice and a qualitative research approach, women were asked to take photos in their home communities in response to the question: What does health and healing look like for you in your community? Community members who live in, or have strong relational ties to their communities, were invited as co-researchers in five First Nations communities in Canada. This presentation will focus on the value of Photovoice as a means to talk about complex health concerns in an approach that is grounded in imagery and text representing women's voices. Strong themes emerging from this research included the healing nature of family connections, culture and community.

ACADEMIC SESSION V: Traditional knowledge for community wellness—contemporary contexts, integration and practice [Snell Hall Saturday 9:00]

BAKER, Janelle
McGill University

Title: *Berries are Medicine: Sharing and Consuming Cranberries in Fort McKay*

Co-authors Fort McKay Elders WBEA Berry Focus Group

Abstract: Fort McKay—a Cree, Dene and Metis community located in the epicenter of oil sands extraction activities in northern Alberta—is participating in long-term monitoring of their berry patches, funded by the Wood Buffalo Environmental Association (WBEA). The focus group regularly observes the berry patches, harvests berries, and shares traditional knowledge and oral histories about the sites. They also use science to monitor the air and berry quality from each of the berry patches. Many of the community's berry patches have been removed through mining, and others that remain are avoided because of people's concerns about contamination. This means that those individuals who are fortunate enough to travel long distances, often by float plane, to collect cranberries then have the responsibility of distributing them to community members who need them as medicine. We discuss the implications of this shift in berry availability for Fort McKay, the determinants for safe cranberries, and how they are distributed and used as medicine.

ACADEMIC SESSION II: Traditional Foods, Food Safety and Food Sovereignty

[Snell Hall Thursday 11:00]

BAMFORD, Adam

Athabasca University

Title: *Stoney Trail Ring Road: Ethnobiological Analysis of Land and Plants*

Abstract: The paper examines the ethnobiological link between land and plant knowledge and how it relates to major road construction on the Tsuu T'ina Nation reserve. In particular the impact road construction has on transmission of land and plant knowledge is a primary focus. Analysis is based upon ecological and spatial disruption and increased connection with the city and its effects on traditional knowledge. Land use, health of animal and plant populations is examined to determine changes in such use within a fragmented urban landscape. The impact of road construction transecting an area of Indigenous use is examined to determine the effect it may have on transmission of traditional knowledge.

POSTER SESSION I (Student poster)

[Snell Foyer Thursday 10:30]

BASTIEN, Betty

Organization: University of Calgary Faculty of Social Work & Chairperson Nechi Institute

Title: *Rediscovering the Wisdom of Balance*

Presented by co-author *Geraldine Potts CEO Nechi Institute: Center for Indigenous Learning

Abstract: Holistic health perspectives have been influenced by the interactions of humans with their environments, and often health has been associated with human emotions. Understanding the relationship between consciousness and physical health can be a gateway to emotional freedom. The presentation will focus on the wisdom held in the symbiotic relationships of mind, body and spirit. It will apply the ancient knowledge of Ayurveda and Indigenous holistic health as a journey for creating and restoring balance. Furthermore, it will demonstrate these relationships through the languages of Cree and Blackfoot and illustrate the implications for the revitalization of these processes through a contextual holistic approach to health.

ACADEMIC SESSION V Traditional knowledge for community wellness—contemporary contexts, integration and practice [Snell Hall Saturday 9:15]

BEAULIEU, Robert

Traditional Healer, Fort Resolution

Title: *Words of a Healer*

Abstract: Robert will share his wisdom in community led workshop.

WORKSHOP SESSION IIb: Foods, Medicines and Health from the Land

[Ed 176 Thursday 4:15]

CAMPELL, Sandy

Health Librarian, J.W. Scott Health Sciences Library, University of Alberta

Title: *Using Search Filters to Identify More Canadian Indigenous Health Research*

Co-author/s or Presenters: Marlene Dorgan and Lisa Tjosvold Group

Abstract: When researchers search the literature to find out what studies have been done on Canadian Indigenous Health subjects, they often fail to find all of the in a database such as Medline. This is the result of many shortcomings in indexing. Librarians at the John W. Scott Health Sciences Library have developed search filters for each province and territory, designed to retrieve as much Indigenous material from the Medline database as possible. Work has begun on creating filters for other health databases. The filters are published on the website (<http://guides.library.ualberta.ca/content.php?pid=448005&sid=3671231>) and are freely available to anyone who wants to use them.

ACADEMIC SESSION III: Traditional Knowledge for Community Wellness—Pathways, Case Studies and Integration [Snell Hall 10:00]

CARDINAL, Clifford

Associate Professor, Dept. of Family Medicine, Faculty of Medicine & Dentistry, University of Alberta

Conference co-organizer

Chair of Healer Gathering, Conference Welcome, prayers.

CHENEY, Della

Tlingit Kake, Alaska.

Title: *Seaweed Harvesting*

Conference Theme: healing foods.

Abstract: Harvesting Seaweed in Southeast Alaska with our family with our Uncle who is the teacher and storyteller.

WORKSHOP SESSION IVb: Harvesting Northern Plants for Health

[ED 176 Friday 3:30]

COLQUHOUN, Amy

School of Public Health, University of Alberta

Title: *Working together: accessing and managing First Nations health information through community-government partnerships*

Co-author/s or Presenters: Healy B, Lachance N, Svenson L

Abstract: Public health surveillance is essential for effective evidence-based decision-making. It is used to detect new or existing public health issues; to support the planning, implementation, and evaluation of health services and policies; and to inform populations about their health status and risks to health. To be effective, public health surveillance activities require timely access to data, including quality and complete data on a population.

To support First Nations (FNs)-specific public health surveillance in Alberta, there is a need to accurately identify this population. Historically, this was accomplished through management of health care insurance premium payments, which permitted the identification of registered FNs living in Alberta. With the dissolution of health premiums in 2009, FNs identifying information is no longer updated. As such, it is now difficult for public health agencies to support FNs communities in their requests for health information, and is challenging for all parties to develop and evaluate actions aimed at protecting and promoting good health.

To resolve these issues, following an Alberta Treaty Chiefs resolution, a Working Group was established. This group includes representatives from each of the three Treaty areas in Alberta, Alberta First Nations Information Governance Centre, Alberta Health, Health Canada, and Aboriginal Affairs and Northern Development Canada. Together, we aim to apply for access to the Indian Registry System and to develop an Alberta First Nations data governance agreement and health surveillance framework to support public health surveillance for FNs in the province.

These objectives will be accomplished within the bounds of current legislation, regulations, and policies, taking into account the principles of Ownership, Control, Access and Possession (OCAP™) to ensure accountability, respect, ethics, values and information processes are protected and advanced. Here, we outline the challenges and potential solutions to compiling meaningful FNs-specific health information and describe how respectful partnerships are the foundation of this collaborative endeavour.

ACADEMIC SESSION V: Traditional knowledge for community wellness—contemporary contexts, integration and practice [Snell Hall Saturday 9:30]

COLQUHOUN, Amy

School of Public Health, University of Alberta

Title: *Learning from one another: the dissemination of microbiology research results in Indigenous arctic communities through a joint community-university knowledge exchange project*

Co-author/s or Presenters: Carraher S, Keelan M, Koe BL, Edwards PD, Goodman KJ,¹ and the CANHelp Working Group

Abstract: To address community concerns about a high frequency of *Helicobacter pylori* in northern Canadian Indigenous communities, a community-driven project brings together community members, researchers, and healthcare providers. An important element of this work is the exchange of knowledge between community members and researchers to support the meaningful movement of knowledge generated through research into implementation by users such as community members and healthcare providers. In one participating community (Aklavik, Northwest Territories, Canada), a knowledge exchange project was developed by community representatives and researchers. As part of this initiative, researchers traveled to Aklavik to meet with community members, share research results, and learn about life in the community. While there, through the guidance of community members, they recruited two youth to travel to Edmonton, Alberta to learn about laboratory and other research components conducted at the University of Alberta. In Edmonton, the two recruited community members applied microbiology methods used to study the antimicrobial susceptibility and genetic characteristics of the *H. pylori* bacteria, and learned how to interpret the data. They also observed and participated in work conducted by public health researchers and gastroenterologists. Upon returning to Aklavik, they presented what they had learned to other members of the community, including high school science students. They also attended a national scientific conference where they shared their experiences with various researchers. This knowledge exchange initiative permitted the dissemination of research results in a meaningful, culturally appropriate way to community members, and informed future collaborative research methodologies and knowledge dissemination strategies.

POSTER SESSION III [Snell Foyer Saturday 10:30]

DEAN, Yasmin

Social Work, Mount Royal University

Title: *Bearing Witness: Moving toward Understanding the Residential School Experience in Canada*

Co-authors/presenters: Brent Oliver

Abstract: []

POSTER SESSION II [Snell Foyer Friday 10:30]

DONNESSEY, Mida—see McDONALD, Linda

FERGUSON, Gary

Alaska Native Tribal Health Consortium, Wellness and prevention, Community Health Services

Title: *ANTHC's Store Outside Your Door: Hunt, Fish, Gather, Grow, Share*

Co-author/s: Desiree Jackson, Margaret David and Meda Dewitt-Schleifman

Abstract: We honor our roots in traditional sciences and marry the best of our past with our future, as we engage our next generations. Our animals, fish, plants; traditional foods & medicines sustain our First People's well-being. Addressing food and nutrition security, along with ways in which our First People are maintaining wellness utilizing traditional ways is the focus of ANTHC's *Store Outside Your Door*. From our "Alaskan Plants as Food and Medicine Symposium" to webisodes highlighting ways in which to hunt and fish, *Store Outside Your Door* captures what's working in our indigenous communities around food and traditional medicines. We focus on sharing the good, the positive of how our indigenous people are being resilient in today's changing world.

ACADEMIC SESSION II: Traditional Foods, Food Safety and Food Sovereignty

[Snell Hall Thursda11:15]y

FERGUSON, Gary, Margaret David and Meda Dewitt-Schleifman

Alaska Native Tribal Health Consortium, Wellness and prevention, Community Health Services

Email: gferguson@anthc.org

Title: *ANTHC's Store Outside Your Door: Hunt, Fish, Gather, Grow, Share: Alaska Plants for Food and Medicine and Digital Storytelling*

Abstract: This community session gives a more in depth exploration of Alaska foods for plants and medicine, followed by discussion of Digital Storytelling. Visit: www.storeoutside.com , www.facebook.com/storeoutside, www.youtube.com/anthcstoreoutside, www.alaskanplants.org

WORKSHOP SESSION IIIb: Alaska

[ED 176 Friday 1:30]

FLETCHER, Christopher

Université Laval, Faculté de médecine

Title: *Documenting traditional medicinal practice in the Sahtu: An overview of project methods and the cultural-ethics of community engagement*

Abstract: The *Plants for Life* project was initiated by the Deline Uranium Team in 2002 when several people from Deline, NT visited the University of Alberta to develop research partnerships. A subsequent community visit and open public meeting helped establish a series of research objectives and program. Funding was eventually secured from CIHR to explore four themes of research. In this paper we will focus on the development of the research methods around the collaborative documentation of medicinal plant usage. Collective land-based learning with full-participation of people of all age groups was undertaken over two summers in two traditional camp sites. This method reflected Dene learning preferences and knowledge processes. The 'Plant Camps' were complimented by 'Plant walks' around the community with knowledge-holders who had limited mobility due to age, community workshops using ethnobotanical samples collected on the land, and collecting activities involving youth. This presentation concludes with a discussion of how this work is positioned within an ethical framework that is drawn from a Dene epistemology of health, knowledge and power.

ACADEMIC SESSION III: Traditional Knowledge for Community Wellness—Pathways, Case Studies and Integration [Snell Hall Friday 9:00]

FONDA, Mark

Sociology, Western Ontario

Title: *Talking about Relations: Traditional Knowledge, Science, and Protection*

Abstract: The literature on Traditional Knowledge (TK) has expanded since the 1990s. After a discussion on the importance of TK, I will address the perceived epistemological differences between TK and science knowledge. I will then review important challenges to the protection of TK under current intellectual property regimes, demonstrating a series of inherent 'catch-22s' to the protection and preservation of TK (e.g., the oxymoronic situation caused by a suite of international agreements encouraging nation states to establish appropriate intellectual property regimes which may not be implemented; and, the risks of using modern tools like databases to preserve and protect TK, which could render this knowledge context-less in the attempt to make it 'useful'). The presentation will close with a review of reports on a small number of countries that have made interesting in-roads into protection of TK in the interest of the communities where it originated.

ACADEMIC SESSION I: Traditional Knowledge for Wellness; Wellbeing and the Spirit

[Snell Hall Thursday 9:45 via teleconference]

FORT McKAY ELDERS

Title: *Berries are Medicine: Sharing and Consuming B=Cranberries in Fort McKay*

Abstract: The.

WORKSHOP SESSION IIb: Foods, Medicines and Health from the Land

[Ed 176 Thursday 3:30]

GENUIS, Shelagh

School of Public Health, University of Alberta

Co-authors/presenters: Keren Tang, Megan Lukasewich, Chasidy Gray, Courtney Reimer, Jayde Arcand, and Cindy Jardine

Title *The Power of Pictures: Indigenous Youth as Agents of Change for Community Wellness*

Abstract: Visual images are a powerful means of conveying a message. These messages are even more commanding when conceived and viewed through the eyes of youth. In this presentation, we will showcase visual messages on health promotion created by Indigenous youth. These include videos on physical activity and tobacco use, and a photobook on food security. These products were created by youth from the Yellowknives Dene First Nation (through the Community Wellness Program and the K'alemi Dene School), Queen Elizabeth School in Edmonton, and the Alexander First Nation (through the Kipohtakaw Education Centre). In addition, researchers and youth participants will talk about the process of making the videos and photobooks, with the youth further reflecting on what participating in these projects meant to them.

EVENING SESSION I PUBLIC VIDEO SHOWING AND DISCUSSION [Snell Hall Thursday 7:00]

GENUIS, Shelagh—see JARDINE, Cindy

GORDON, Annie B

Gwich'in (Aklavik, NT)

Co-author/s or Presenters: Mary Teya

Title: *Gwich'in Bush Medicine: Community Panel with demonstrations of medicines Part 1*

Abstract: Gwich'in Elders from the northern edge of the Boreal Forest in the Northwest Territories share their favorite traditional bush medicine that they grew up with on the land in a group community session. Mary will lead off the session with her reflection on traditional knowledge for well-being. Annie B. will demonstrate making a traditional Gwich'in medicine (red willow) and will talk about her memories of using medicine and skills for living on the land. The session will continue with two more presentations after the break (see ANDRE, Alestine).

WORKSHOP SESSION IIIa: Healing Plants, Traditional Knowledge, and Wellness—Part 1

[ED 170 Friday 1:30]

HAGLUND, Eleanor

Lac La Ronge, Saskatchewan

Title: *Living the life of Woodland Cree (N'dialect) Tradition; Surviving on traditional food in a secluded trapline culture*

Mrs. Haglund will share her perspectives on traditional foods in trapline culture.

ACADEMIC SESSION II: Traditional Foods, Food Safety and Food Sovereignty

[Snell Hall Thursday 11:45]

HUNTER, John presented by ***Christopher Kavelin**

Gamiliroy Tribe

Title: 'Yilalu wangaan barigal-under'—*a long time ago in the creation time—Australian Aboriginal Knowledge through painting*

Abstract: a long time ago in the creation time... *Booralaa* the great creator left the country traveling from the top of *Woobi Woobi* the sacred mountain into the spirit world. When he left the physical world the trees withered and there were no more flowers. Only on three trees did flowers bloom because *Booralaa* put a mark on them for all to see that they are sacred trees and not to be touched. No one was allowed to touch these trees or the food that come from them. The people suffered because there were no flowers, no fruit, and no honey. The people went to the healers the '*Wiirringan*' and asked them to help because the people were in a time of great need. The two strongest of the healers travelled to the sacred mountain to intercede. They travelled for many moons and then went through many tests to arrive at *Woobi Woobi*. They went to the top of the mountain and waited and fasted to meet the spirit messenger of the great creator. They sung and spoke to the messenger spirit to carry a request to *Booralaa* asking for the trees to flower again. *Booralaa* being an all seeing power knew that the people had left the food from the 3 sacred trees even though they were wanting. *Booralaa* rewarded the people by giving them sweet things from the sap on the leaves and bark of trees and ordered the spirits to lift the healers up to the highest place in the spirit world where *Booralaa* lived to collect flowers. When they returned they spread the flowers as they had been directed and the world was filled with flowers of every kind that bring food and sweet things to the country and the people to this day. When the people are in the greatest need it is the '*Wiirringan*' that can use their knowledge and power to intercede in the spirit world and return to make change in the physical realm. For the healers – '*Wiirringan*' the hardest journey in life is to become strong spiritual people and endure the tests sent to them to develop their light and power '*wii*' to be used for the benefit of all.

PUBLIC EVENING SESSION I [Snell Hall Thursday 8:00pm]

JARDINE, Cindy

School of Public Health, University of Alberta

Title: *Visual Messages from Indigenous Youth: Developing Participatory Health Risk Communication*

Co-author/s or Presenters: presented by ***Shelagh Genuis**, Megan Lukasewich, and Keren Tang

Abstract: Participatory approaches have demonstrated value in conducting Indigenous research that reflects community priorities and perspectives, and incorporates the knowledge and expertise of community members. This results in information that is useful and meaningful in addressing health issues because it is responsive to local concerns. However, these approaches can also be an effective means of communicating about the nature and effects of various types of health risks, particularly when coupled with visual methods such as PhotoVoice and participatory video. In contrast to 'traditional' risk messages from 'official' agencies, messages conceived and delivered by community members are generally more trusted and effective in conveying information and encouraging healthy lifestyle choices because they are contextualized for the people involved. Several participatory projects using visual methods were conducted in northern Canada with Indigenous youth. These involved lifestyle risks such as smoking, physical activity and food security. The effectiveness of the youth messages as a means of identifying relevant risks (in a family and community context) and encouraging community discourse and action will be presented. The efficacy of this form of risk

communication in promoting individual, family and community empowerment through giving people a 'voice' and the ability to take action will also be explored.

ACADEMIC SESSION IV Traditional knowledge for Community Wellness—Case Studies and Integration [Snell Hall Friday 12:00]

JOHNSON, Leslie Main

Centre for Social Science, Athabasca University

Title: *Reflections on pathways to health and well-being— the role of traditional knowledge, vernacular healing and specialist healing*

Abstract: Examining health and well-being in a holistic way leads to looking at the role of traditional knowledge in daily practices that promote health and well-being. These integrate traditional knowledge of food and nutrition, including obtaining and preparing traditional foods, use of plant and animal based medicines for maintaining personal and family health, and approaches to 'right living' and spiritual balance, based on cultural knowledge and traditions. A strong sense of identity and knowledge of traditional skills also contribute to a sense of well-being. These practices in the home and among kin and community networks serve to promote health and well-being. I have termed these generally known culturally-based approaches to well-being 'vernacular healing.' Where illness or injury are more severe, they may require the intervention of specialist healers, who have special skills and gifts, and who are experts in healing. These two approaches to promoting well-being and health are complementary. In this conference, both common and widely known, and specialist practices, will both be shared as we explore ways to promote individual and community well-being and healing in Northern communities.

**ACADEMIC SESSION I: Traditional Knowledge for Wellness; Wellbeing and the Spirit
[Snell Hall Thursday 9:00]**

KANDOLA, Kami

Deputy Chief Public Health Officer, Department of Health & Social Services Authority Yellowknife, NWT

Title: *Sharing our Wisdom—Wellness stories of NWT Elders*

Co-author/s or Presenters: Vee Faria

Abstract: We have developed five inspirational videos around health and wellness by capturing the stories of elders that center around themes: Physical activity; Healthy eating; Tobacco cessation; Alcohol recovery; Healthy relationships. Common themes are community, spiritual values, love of the land and relationships.

WORKSHOP SESSION IIc: Video Session [Snell Hall Thursday 3:30 pm]

KAVELIN, Christopher Jones

Australia Catholic University

Title: *Lessons from thriving groups of traditional healers around the world*

Abstract: The majority of the world's cancer drugs find significant degrees of appropriation from Indigenous communities, including Canadian traditional medicines and food knowledge. Questions arise on how do we protect such knowledge so that communities are free to continue to use without fear. In every region of the planet, traditional healers are beginning to come together and share their knowledge and wisdom. Such gatherings are strengthening each other and their practice of health, food and medicine. The answers on protecting such knowledge and practice arise from these living ancient practices and customary lore. This presentation will be in two parts. First we will some case studies on food and medicines that have been appropriated from Canadian traditional communities. Secondly we will explore lessons from communities of traditional healers around the world on how to grow and protect their own knowledge. Case studies will be explored that provide examples of building strong national bodies of traditional healers that have their own traditional medicine universities, hospitals and plant distribution networks that honor the spiritual dimension. Participants will learn practical steps that can be taken to strengthen their communities and networks of traditional healers as well as understanding ways to protect their knowledge."

**ACADEMIC SESSION I: Traditional Knowledge for Wellness; Wellbeing and the Spirit
[Snell Hall Thursday 10:00]**

LUIG, Thea

PhD Anthropology

Title: *Teetl'it Gwich'in Experiences of Life Transformations and the Role of Volunteerism*

Abstract: Based on ethnographic field-research, this presentation explores the role of volunteerism in Teetl'it Gwich'in experiences of personal transformations from suffering to well-being. Literature on Aboriginal health largely approaches social suffering in terms of trans-generational trauma and social or individual well-being as resiliency. The process of how individuals within their communities overcome the effects of social suffering and restore a sense of well-being, however, is not well understood. Using the historical example of a volunteer-run local addiction program as well as contemporary examples of volunteerism, I will illustrate the intersection of personal experiences of renewal and well-being with a sense of agency, enskillment, and mobility that is characteristic of local ways of volunteering.

ACADEMIC SESSION IV: Traditional knowledge for Community Wellness—Case Studies and Integration [Snell Hall Friday 11:45]

MAJE, Mary—see MAJE RAIDER, Ann

MAJE RAIDER, Ann

Liard Aboriginal Women's Society (LAWS), Kaska Nation

Title: *The Healing Journey, Working for Kaska wellness*

Co-author/s or Presenters: Mary Maje

Abstract: This presentation will reflect on the efforts of the Liard Aboriginal Women's Society in the Southern Yukon to promote healing and wellness through its programs of on-the-land camps at Frances Lake, community workshops and other activities over the past fifteen years.

WORKSHOP SESSION Ia: Healing Land/ Land as Healing
[Ed 170 Thursday 1:30]

MATTHEWS, Art, Simoogit Dinim Gat

Gitksan Nation (Gitwangak)

Title: *Sip'xw hligetdin Demonstrating the Strength and Education to Speak in the Feast Hall - Ready to take Responsibility*

Co-Presenter: Ruby Morgan

Abstract: Dr. Art Mathews (Demingat) will speak to us about Gitksan perspectives on health and well-being, focusing on Gitksan traditions and the importance of understanding of self and community in a Gitksan world view. His words illustrate the interconnected, reciprocal relationships that are uniquely Gitksan - a strong person is the result of a interconnected, interdependent, reciprocal system. The person is supported by and in-turn supports the system.

WORKSHOP SESSION IIa: Living a Good Life [Ed 170 Thursday 3:30]

McDONALD, Linda

Kaska Nation

Title: *Health is living well according to Kaska Values*

Co-Presenters: Mida Donnessey

Abstract: Two members from the Kaska Nation, Linda McDonald and Elder Mida Donnessey, will speak about living well through traditional connections to the land and resources. They will share how they maintain wellness for themselves as well as for their family and members of the community. Mida and Linda will give examples of living by Kaska values while living and working in modern society. Mida will emphasize how Kaska values kept her alive and well through tough times and now, with societal changes facing Kaska people.

WORKSHOP SESSION Ia: Healing Land/ Land as Healing [Ed 170 Thursday 2:15]

MORGAN, Ruby

Gitksan Nation (Gitwangak)

Title: *Engaging Wisdom for Community Well-being – practical applications in preventative health care*

Abstract: It is the responsibility of the community as a whole to be healthy and the tendency for Gitksan is to look at healing from a traditional concept. Gitwangak Gitksan have been conducting, implementing, and doing practices (services and programs) since *Gwal yee* [time immemorial] that have been shown to be effective within our own communities. Families, wilp groups, clans, friends and neighbours provide much of the 'front line help'; to their detriment this has gone unrecognized and unsupported by the 'external systems' in place. The 'external systems,' rather than supporting and enhancing the ability of the family, clans, wilps and communities to care for their members, tend to take over and shift responsibility, ownership and control away from the community. Thus, an artificial division is created between the 'natural community based systems' and the often 'external punitive emergency systems.' In other words, Gitksan people are Gitksan in today's world—enduringly connected to their land and history, and inclusive of all their experiences and societal changes over time. (Valerie Ruth Napoleon, LLB, University of Victoria, 2001). This health plan is the start of designing, developing and delivering appropriate training and education programs based on Gitksan concepts of health, illness, medicine and treatment. To again acknowledge that we can be healthy and self-sustainable by using our assets on our territories, to lead the way once again in preventative health care.

ACADEMIC SESSION III: Traditional Knowledge for Community Wellness—Pathways, Case Studies and Integration [Snell Hall Friday 9:30]

NEYELLE, Bernice

Deline, NWT

Title: *Plants for Life and Community Health*

Abstract: Bernice will share her experiences working with the Plants for Life Project, and with language revitalization in Deline, NT.

WORKSHOP SESSION IVb: Harvesting Northern Plants for Health [ED 176 Friday 4:15]

NEYELLE, Morris

Deline, NWT

Title: *Sahtu Healing and Spiritual Wellness*

Abstract: Morris Neyelle will reflect on Sahtu perspectives on healing and achieving well-being based on the words and teachings of his Elders and the prophet Ayah.

WORKSHOP SESSION IIa: Living a Good Life [Ed 170 Thursday 4:15]

OMURA, Keiichi

Graduate School of Language & Culture, Osaka University

Title: *'Conditions for Well-being: Subsistence Systems in Contemporary Inuit Societies.'*

Abstract: Canadian Inuit have experienced rapid and radical socio-cultural changes since sedentarization led by the Canadian government's settlement and assimilation policy in 1960s. They were integrated into the modern nation-state system named Canada and the world system of industrial capitalism. Nevertheless, under the massive outside pressures and dramatic change in their lifestyle, instead of collapsing, Inuit society has reproduced itself autonomously with the socio-economic system called subsistence system at its core. Why, under overwhelming influence from outside, was this subsistence system capable of autonomous reproduction while flexibly adapting to these influences? In this presentation, I will show that the Inuit subsistence system is an autopoietic system, which did not collapse under continuing intervention and rather resiliently adapted to these changes, and therefore plays a pivotal role in maintaining well-being in contemporary Inuit societies. Then, based on the analysis of the mechanism of this system, I will show the conditions under which the Inuit subsistence system can sustainably work as the core of well-being in their society in the future.

ACADEMIC SESSION II: Traditional Foods, Food Safety and Food Sovereignty [Snell Hall Thursday 11:30]

OSTER, Richard

PhD Department of Medicine, University of Alberta

Title: *Cultural Continuity, Traditional Indigenous Language, and Diabetes in Alberta First Nations: A Mixed Methods Study*

Abstract: We used an exploratory sequential mixed methods approach to study the association between cultural continuity, self-determination, and diabetes prevalence in First Nations in Alberta, Canada. **Methods:** We conducted a qualitative description where we interviewed 10 Cree and Blackfoot leaders (members of Chief and Council) from across the province to understand cultural continuity, self-determination, and their relationship to health and diabetes, in the Alberta First Nations context. Based on the qualitative findings, we then conducted a cross-sectional analysis using provincial administrative data and publically available data for 31 First Nations communities to quantitatively examine any relationship between cultural continuity and diabetes prevalence. **Results:** Cultural continuity, or “being who we are”, is foundational to health in successful First Nations. Self-determination, or “being a self-sufficient Nation”, stems from cultural continuity and is seriously compromised in today’s Alberta Cree and Blackfoot Nations. Unfortunately, First Nations are in a continuous struggle with government policy. The intergenerational effects of colonization continue to impact the culture, which undermines the sense of self-determination, and contributes to diabetes and ill health. Crude diabetes prevalence varied dramatically among First Nations with values as low as 1.2% and as high as 18.3%. Those First Nations that appeared to have more cultural continuity (measured by traditional Indigenous language knowledge) had significantly lower diabetes prevalence after adjustment for socio-economic factors ($p = 0.007$). **Conclusions:** First Nations that have been better able to preserve their culture may be relatively protected from diabetes.

POSTER SESSION II [Snell Foyer Friday 10:30]

PARLEE, Brenda

Faculty of Native Studies and Dept of Resource Economics, University of Alberta

Title: *Well-Being Identities and the Changing Landscapes of Resource Development in Northern Canada*

Abstract: Well-being has many different meanings in different cultures including those in northern Canada. Similar to health, well-being is considered equally as an idealistic position and a state of being (for individuals, families and communities). It also encompasses those skills and capacities needed for living a 'good life.' Although academically defined, it is a useful concept in northern research; there are equivocal concepts in many Indigenous cultures and languages. Values, beliefs and social norms within communities frame identities of well-being which inform the responses of individuals and communities to their environment. By extension, well-being identities are also the lens through which individuals and communities understand and respond to environmental stresses, including those associated with increasing natural resource development in the Arctic.

ACADEMIC SESSION I: Traditional Knowledge for Wellness; Wellbeing and the Spirit
[Snell Hall Thursday 9:15]

PEFFER, Susan—see STORR, Evelyn

RUSSELL, Camille (Pablo)

Organization: Elbow River Healing Lodge

Title: *Bringing Traditional Medicine into the Medical System*

Abstract: I am currently trying to bring our traditional medicine into the medical system, at par, with protection of our herbs and healers. I believe we would greatly improve health for people this way, and expose them to traditional healing as an alternative to pharmaceutical medicines. This, along with traditional food, will improve our people's health. I give herbs to patients that come to the Elbow River Healing Lodge to see me and instruct them on how to use them and pray that they go to the right place. Some of our Medicines are used for various ailments, and if not properly prayed for (being specific what you want the tea to do) then, perhaps, it might not be as effective.

ACADEMIC SESSION III: Traditional Knowledge for Community Wellness [Snell Hall Friday 9:45]

SALVALAGGIO, Ginetta

Department of Family Medicine, University of Alberta

Title: *'Here', 'Now,' and Health Research*

Abstract: Many Northern people divide their time between their home communities and distant urban areas. This mobility leads to new relationships in adopted communities, with the unique composition, culture, and priorities of urban Aboriginal communities facing change on a constant basis. Clinicians, researchers, and urban Aboriginal communities wishing to engage with each other do not have a pre-existing roadmap and may find themselves learning protocols for local engagement in real time. The immediacy inherent in the knowledge and action needs of evolving communities needs to be balanced with a commitment to sound scholarship and partnership. Four traditions—participatory action research, harm reduction, knowledge translation, and the scientific method—provide complementary knowledge and advocacy approaches from which partners in health research can draw wisdom and balance.

ACADEMIC SESSION IV: Traditional knowledge for Community Wellness—Case Studies and Integration [Snell Hall Friday 1:30]

STORR, Evelyn

Inuvialuit Regional Corporation

Co-presenter: Susan Pepper

Title: *Inuvialuit Nautchiangit relationships between people and plants.*

Inuvialuit Nautchiangit is the result of a collaborative effort undertaken to support this knowledge and wisdom and deepen strong links between language, culture and environment. From the vastness of the Mackenzie Delta to the shores of the Western Arctic islands, the book traces the lines of a tradition, a people and an economy rich in botanical know-how and perception.

ACADEMIC SESSION III: Traditional Knowledge for Community Wellness—Pathways, Case Studies and Integration

[Snell Hall Friday 9:45]

TEETL'IT GWICH'IN ELDERS

with LUIG, Thea

Title: *"North Wind or Not, We're Coming Down"—Memories of the Peel River Alcohol Society*

Abstract: A video produced collaboratively with the Teetl'it Gwich'in Elders who detail their memory of the creation and role of the Peel River Alcohol Society in community healing in Teetl'it Zheh (Fort McPherson) NT.

WORKSHOP SESSION 1b: Pathways to Wellness

[Snell Hall PUBLIC VIDEO SESSION Thursday 2:00]

TEYA, Mary

Teetl'it Gwich'in

Title: *Gwich'in Traditional Wisdom for Health and Well-being and Gwich'in Bush Medicine: Community Panel with demonstrations of medicines Part 1*

Abstract: Gwich'in Elders from the northern edge of the Boreal Forest in the Northwest Territories share their favorite traditional bush medicine that they grew up with on the land in a group community session. Mary will lead off the session with her reflection on traditional knowledge for well-being. Annie B. will demonstrate making a traditional Gwich'in medicine (red willow) and will talk about her memories of using medicine and skills for living on the land. The session will continue with two more presentations after the break (see Alestine Andre).

WORKSHOP SESSION IIIa Healing Plants, Traditional Knowledge, and Wellness—Part 1

[ED 170 Friday 1:30]

TURNER, Nancy

Hakai Professor in Ethnoecology, Environmental Studies, University of Victoria

Email: nturner@uvic.ca

Title: *"Our Food is Our Medicine" Traditional Knowledge and Traditional Food for Health and Well-being in the Canadian North*

Abstract: Plant foods--especially berries, green shoots, root vegetables, and seaweed--have been a key element in maintaining health and well-being for First Nations across Canada. As well as direct nutritional contributions, harvesting, processing, and serving these foods are essential components of peoples' cultural heritage and traditional ecological knowledge systems. Environmental and cultural change and economic restructuring have impacted use of plant foods, and as a result, the health and well-being of individuals and communities is at risk, and many Elders are concerned that young people in their communities are not learning sufficiently about the important knowledge for survival and well-being that is part of their cultural heritage. School projects and ethnobotanical gardens can help raise awareness among youth and young adults about the importance of Indigenous food systems, and can facilitate the transmission of knowledge about harvesting and processing Indigenous foods in a modern context.

PLENARY SPEAKER AT OPENING RECEPTION

VANAST, Walter

McGill University

Title: *Making and Taking Medicine: Indigenous and Western Therapeutics in an Early-Contact Eastern Mackenzie Delta Society, 1858-1920*

Abstract: This paper scans the close link between well-being and other-worldly entities that ruled 19th C. Eastern Mackenzie Delta Inuit. Chronic sickness, for example, followed loss of a person's name-spirit, which was sometimes stolen; similarly, a shaman's nasty planting of a spirit in a body brought slow death. Health returned through what whites disapprovingly called "making medicine": finding the missing shade and ritual killing of the one stealthily installed. Such approaches followed after standard ones failed, including incantation or a lifting procedure: a helper spirit was invited to enter the patient's leg, which was raised with a cord while questions were posed (if heavy, the answer was yes, if light, no) and the etiology--say, a broken taboo--soon found. Inuit also sought whites' pills and minor surgical skills, but though rival clerics offered such means it gained no souls: people merely sought the one nearest. Practical concepts thereby flourished, with patients finding purging drugs most effective (homeopathic ones failed). Yet, also wanting help from Whites' spirits, Inuit cherished bedside prayers, hymns, and Bible readings--and since they understood little, much as with shamans' ritual language, this added to belief in the missionary's power. If worsening occurred, however, he was thought to have applied a spell--perhaps via drugs also given (much like shamans sent bad spirits in objects the patient would touch). And since that hurt God's cause, dying patients sometimes received the least ministrations. Therapeutic concepts, all this shows, offer a close view on early-contact mindsets, white and native.

ACADEMIC SESSION I: Traditional Knowledge for Wellness; Wellbeing and the Spirit

[Snell Hall Thursday 9:30]

VOYAGEUR, Michelle

Organization: Provincial Coordinator First Nations, Inuit and Métis, Supportive Care & Patient Experience Community Oncology, CancerControl Alberta Alberta Health Services

Title: *Dialogue and Storywork in Support of First Nations, Inuit and Métis Cancer Patients throughout Oncology and Primary Care Transition Experiences*

Co-author/s or Presenters: Angeline Letendre, RN PhD

Abstract: *Dialogue and Storywork* is a project funded by the Canadian Partnership Against Cancer, designed to improve the transitions and outcomes of First Nations, Inuit, and Métis patients during the cancer journey. Individual cancer journeys will be documented with videos. The videos will be used to create helpful resources and guides for other cancer patients/survivors and their families. The resources will help understanding between patients and their doctors/nurses. Alberta Health Services-Cancer Control Alberta and

the Government of the Northwest Territories Department of Health and Social Services are the lead implementing partners working with the Alberta First Nations Information Governance Centre, CancerCare Manitoba, Assembly of Manitoba Chiefs, British Columbia Cancer Agency Centre for the North, and Saint Elizabeth Health Care, as well as First Nations, Inuit, and Métis communities in the Northwest Territories, British Columbia, Alberta, and Manitoba.

ACADEMIC SESSION V: Traditional knowledge for community wellness—contemporary contexts, integration and practice

[Snell Hall Saturday 10:00]

VOYAGEUR, Michelle

Provincial Coordinator First Nations, Inuit and Métis, Supportive Care & Patient Experience Community Oncology, Cancer Control Alberta, Alberta Health Services

Co-author: Angeline Letendre, RN PhD

Title: *Increased Access to Culturally Safe Cancer Care Pathways by Alberta First Nations in Rural, Remote and Isolated Communities*

Abstract: In 2013, a collaborative partnership was created between the Confederacy of Treaty Six First Nations, Treaty 7 Management Corporation, Treaty 8 First Nations of Alberta, CancerControl Alberta (Alberta Health Services), Alberta First Nations Information Governance Centre, and Dr. Cora Voyageur. The First Nations Cancer Pathways Project is funded by the Canadian Partnership Against Cancer, designed to increase First Nations knowledge and understanding of cancer and cancer care services, educate health care workers about First Nations people in Alberta, improve coordination of care and services for First Nations people with cancer, increasing access to culturally responsive cancer care services, and develop educational resources and tools to support First Nations cancer pathways Individual cancer journeys will be documented with videos. The videos will be used to create helpful resources and guides for other cancer patients/survivors and their families. The resources will help understanding between patients and their doctors/nurses. Alberta Health Services-Cancer Control (AHS) and the Government of the Northwest Territories Department of Health and Social Services are the lead implementing partners working with the Alberta First Nations Information Governance Centre, CancerCare Manitoba, Assembly of Manitoba Chiefs, British Columbia Cancer Agency Centre for the North, and Saint Elizabeth Health Care, as well as First Nations, Inuit, and Métis communities in the Northwest Territories, British Columbia, Alberta, and Manitoba.

POSTER SESSION III

[Snell Foyer Saturday 10:30]

WAUGH, Earle

Centre for Health and Culture, University of Alberta

Opening remarks

Conference Co-Organizer

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