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**Premature shoot growth termination allows nutrient loading of seedlings with an  
indeterminate growth strategy**

Kaitlin M. Schott <sup>a</sup>, Bradley D. Pinno <sup>b</sup>, and Simon M. Landhäusser <sup>a\*</sup>

<sup>a</sup> School of Forest Science and Management, Department of Renewable Resources, University of  
Alberta, Edmonton, Alberta, Canada, T6G 2E3

<sup>b</sup> Natural Resources Canada, Canadian Forest Service, Northern Forestry Centre, Edmonton,  
Alberta, Canada, T6H 3S5

\* Corresponding author: [simon.landhausser@ualberta.ca](mailto:simon.landhausser@ualberta.ca)

14 ABSTRACT

15 Nutrient loading of nursery seedling stock of species with an indeterminate growth strategy is  
16 challenging and poorly understood. Here, we explore the use of two potential techniques for  
17 nutrient loading of trembling aspen (*Populus tremuloides* Michx.) seedlings: 1) exponential  
18 fertilization and 2) early shoot growth termination in order to divert assimilated nutrients and  
19 carbon to storage rather than to growth. In the first study, aspen seedlings were treated with an  
20 exponential and constant fertilization rate, both of which supplied the same amount of nutrients  
21 over the growing season. Exponential fertilization resulted in overall poor planting stock form  
22 (stunted seedling growth and weak root development) and produced only marginal  
23 improvements of nutrient status. As a result, the exponential fertilization regime studied cannot  
24 be recommended as a treatment for aspen seedlings. In the second study we treated seedlings  
25 with a  $2 \times 2$  factorial combination of fertilization and shoot growth inhibitor (SGI) applications  
26 with the fertilizer treatments varying in terms of mid-season fertilizer concentrations. Seedlings  
27 with SGI application had much higher tissue nutrient and carbon reserve concentrations than  
28 seedlings without a SGI application. In addition, nutrient uptake appeared to be more efficient in  
29 SGI treated seedlings, which could potentially result in significant reductions of nutrient  
30 application rates during aspen seedling production in nurseries. Overall, the early shoot growth  
31 termination using a SGI appears to be an effective technique to produce nutrient loaded aspen  
32 seedlings.

33

34 Keywords: Growth-limitation hypothesis; Nursery seedling quality; Nutrient and carbon  
35 reserves; Paclobutrazol; *Populus tremuloides* ;

36

37 INTRODUCTION

38 Trembling aspen (*Populus tremuloides* Michx.) is a deciduous species in the Salicaceae  
39 family that has the distinction of being North America's most widely distributed tree (Little  
40 1971; Burns and Honkala 1990). While both seedlings and cuttings are options for producing  
41 aspen planting stock, seedlings are more economical to grow on a large scale, establish a better  
42 rooting system, and afford a greater genetic diversity than cuttings (Howard 1996; Snedden et al.  
43 2010). Despite increasing interest in aspen seedlings for afforestation projects, ranging from  
44 mine reclamation and restoration to short-rotation plantations, obtaining quality aspen seedling  
45 stock that delivers predictable outplanting performance continues to be a challenge, particularly  
46 on stressful sites (van den Driessche et al. 2003; Landhäusser et al. 2012a; Macdonald et al.  
47 2012). Aspen's reputation as having poor planting stock quality might be related to its  
48 indeterminate growth strategy, which allows aspen seedlings to continuously grow in height  
49 during nursery production as long as growing conditions are favorable thereby allocating most  
50 resources to current growth and little to the storage of excess nutrients and carbohydrates.

51 Nutrient loading is the process by which nutrients are provided to the seedling in excess  
52 of the quantities needed for plant growth (luxury consumption), but at concentrations that do not  
53 decrease biomass production through either toxicity or other complex nutrient or soil chemistry  
54 interactions such as pH or salinity (Elrifi 1985; Timmer 1996). Outplanting studies suggest that  
55 nutrient loaded seedlings are able to utilize the accumulated plant-mobile nutrients (e.g. nitrogen  
56 (N), phosphorous (P), and potassium (K)) stored in their tissues resulting in greater growth and  
57 survival, particularly on nutrient poor sites (Salifu et al. 2009; Barker 2010; Louranen and Rikala  
58 2011).

59           One common procedure for producing nutrient loaded seedlings is exponentially  
60 increasing fertilizer nutrient concentrations as the growing season progresses (Ingestad and Lund  
61 1986). Nutrient loading through exponential fertilization has been successfully demonstrated in  
62 many evergreen coniferous seedlings with determinate or periodic growth strategies (Borchert  
63 1991) including white spruce (McAlister and Timmer 1998), black spruce (Quoreshi and  
64 Timmer 1998), Chinese fir (Xu and Timmer 1998), and white and loblolly pines (Barker 2010).  
65 However, information on the nutrient loading of deciduous species using exponential fertilization  
66 is lacking, in particular those with an indeterminate growth strategy (Borchert 1991). For  
67 example, in a study of three hybrid poplar clones, only one clone showed an increase in woody  
68 tissue nutrient concentration between conventional and exponential fertilization (Zabek and  
69 Prescott 2007).

70           Another potential option for producing nutrient loaded aspen seedlings is by inducing  
71 premature bud set whereby height and new leaf area growth are terminated while photosynthesis  
72 and resource uptake continues (Landhäusser et al. 2012a). This process can be achieved via  
73 blackout (artificially shortening day length) or through the application of an artificial shoot  
74 growth inhibitor (SGI), with the SGI resulting in a more uniform seedling response (Landhäusser  
75 et al. 2012b). According to the growth-limitation hypothesis, restricting height growth while  
76 resource uptake continues should result in an imbalance between carbon and nutrient supply and  
77 demand which might lead to a diversion of photosynthates and nutrients to reserves and storage  
78 rather than growth (Chapin et al. 1990; Körner 1998; 2003). Paclobutrazol, a shoot growth  
79 inhibitor (SGI), has been shown to reliably induce the mid-season formation of buds, which are  
80 not broken by optimal growing conditions. This artificial termination of shoot growth has shown  
81 to improve seedling carbohydrate reserves in aspen seedlings (Landhäusser et al. 2012a).

82 Paclobutrazol is a synthetic plant growth regulator that inhibits gibberellin biosynthesis (Hedden  
83 and Graebet 1985) and has also been shown to increase plant tolerance to a number of stresses,  
84 such as low-temperature (Upadhyaya and Davis 1989; Zhou et al. 2012), salt stress (Sharma et  
85 al. 2011), and water stress (Fletcher and Nath 1984).

86 When evaluating the transplanting success of nutrient loading deciduous seedlings, it is  
87 important to keep in mind that only the nutrients stored in the woody tissues will be available for  
88 translocation within the plant upon outplanting. Accordingly, nutrient status analyses should  
89 focus on the woody tissues rather than the foliage which is abscised at the end of the growing  
90 season. Multiple predictors of seedling outplanting success, including both physiological and  
91 morphological characteristics, are needed but in terms of nutrient status, nutrient concentration is  
92 appropriate if seedlings are of similar size and age while nutrient content may be more important  
93 if seedlings vary widely in size or age (Grossnickle 2012).

94 The objective of this study was to investigate the efficacy of exponential fertilization and  
95 early shoot growth termination on dormant aspen seedling tissue nutrient concentration and  
96 content. We hypothesize that exponential fertilization and SGI application will both result in  
97 nutrient accumulation in aspen seedlings in relation to conventionally fertilized seedlings. To  
98 address these hypotheses, we conducted two related studies on the nutrient status of aspen  
99 seedlings compared between: 1) exponential and conventional fertilization, and 2) SGI  
100 application and fertilization rate.

101

## 102 METHODS

### 103 *Seedling production and treatments*

104 A total of 675 aspen seedlings were grown in Styroblock containers (5-12A, Beaver  
105 Plastic, Edmonton, Alberta) for one growing season. The seed used was from an open-pollinated  
106 seed source collected from several populations of trees in the greater area of Edmonton, AB,  
107 Canada (53°34' N; 113°31' W; elevation 668 m a.s.l.). Seeds were sown on March 26, 2010 into  
108 cavities (5 cm diameter and 12 cm deep, volume 220 ml) filled with peat and perlite (9:1, by  
109 volume) at Smoky Lake Forest Nursery (Smoky Lake, AB, Canada 54°6' N; 112°28' W; 598 m  
110 a.s.l.). All seedlings were germinated and established under standard greenhouse growing  
111 conditions used for aspen seedling stock (temperature: 21°C average, max 28°C, min 18°C;  
112 relative humidity: >70%) and fertigated daily with a balanced standard nutrient fertilizer (78 ppm  
113 N (equal proportion of NO<sub>3</sub><sup>-</sup> and NH<sub>4</sub><sup>+</sup>), 77 ppm P, 161 ppm K, 46 ppm sulphur (S), and a  
114 balanced blend of chelated micronutrients) included in every watering with an automated mist  
115 irrigation system until May 12.

116 On May 12, seedlings were moved outside at which point they were assigned to either the  
117 exponential fertilization study or the shoot growth inhibitor study for a total of five different  
118 treatment combinations (Table 1). Each treatment was replicated nine times in separate blocks  
119 that contained 15 seedlings (sub-samples) each. In the exponential fertilization study, the first  
120 treatment was conventional fertilization (treatment 100-100), which applied a constant rate of  
121 100% of a standard commercial nursery fertigation solution throughout the early (May 12-July  
122 12) and mid-growing season (July 12-September 4). The second treatment was an exponential  
123 (EXP) fertilization regime in which nutrient concentrations were calculated for 3-day intervals  
124 throughout the growing season and applied to the seedlings. To calculate the concentrations  
125 applied during each 3-day interval we used the methodology described in Timmer (1996) using  
126 the equivalent of 110 mg N seedling<sup>-1</sup> (same quantity as the 100% treatment) over a period of

127 105 days. The starting minimum N concentration was 39 ppm which was 50% of the standard 78  
128 ppm N aspen fertilizer mix used in the 100% treatment. When plotted, an exponential regression  
129 through the points created by the concentrations the fertilization regime followed the equation  $y$   
130  $= 39 + 6^{-6} * e^{0.6638x}$ . To allow for comparisons between exponential and continuous fertilization  
131 treatments (Close et al. 2005), we applied the same amount of total fertilizer over the growing  
132 season in the exponential treatment as in the continuous treatment (100%).

133 For the shoot growth inhibitor study, four treatments were used, which combined  
134 different fertilizer concentrations (100% or 150% of the standard nutrient concentration (see  
135 above)) that were applied at two different times (early- and mid-growing season), and a  
136 superimposed shoot growth inhibitor (SGI) treatment (see Table 1). All treatments, except the  
137 exponentially fertilized treatment, received a 100% fertilizer concentration until July 12.  
138 Styroblocks were weighed daily and the seedlings were fertigated when the saturation of the  
139 peat-perlite mixture dropped below 80%, either daily or on alternate days.

140 On June 24, when average seedling height had reached about 30 cm, paclobutrazol (4 g  
141 L<sup>-1</sup> active ingredient; Bonzi®, Syngenta, North Carolina, USA) was applied to the seedling  
142 blocks assigned to the SGI treatment by soaking the Styroblocks in water containing 5 mL L<sup>-1</sup> of  
143 Bonzi. Individual styroblocks were submerged into tubs of prepared paclobutrazol solution for 5  
144 minutes each, allowing the solution to be absorbed through the holes in the bottom of the  
145 styroblocks to the point of saturation. Rods were positioned on top of the styroblocks to keep  
146 them submerged during the treatment. Mid-season fertilization concentrations (100% or 150%)  
147 were applied on July 12 when SGI treated seedlings had visibly set bud. Fertilizers were applied  
148 until September 4 in all treatments. After September 4, fertilization was discontinued and the  
149 seedlings received only water when the peat-perlite mixture was below 80% saturation.. The

150 seedlings remained outside and were allowed to naturally go dormant and harden. Seedling  
151 height growth was measured on June 3, June 21, August 3, September 3, and in November after  
152 the seedlings were dormant.

153

#### 154 *Plant morphology and tissue nutrient concentration*

155 In late August 2010, before leaf senescence began, two mature and fully expanded leaves  
156 were removed from the top 10 cm of each seedling and pooled within each block for nutrient  
157 analyses. Leaves were washed with de-ionized water, dried at 70°C for 2 days in an oven and  
158 ground to a fine powder in a Wiley Mill (Thomas Scientific, Swedesboro, NJ, USA) passing a  
159 40-mesh (0.4mm) screen.

160 In November, three representative fully dormant seedlings from each block were selected  
161 to determine seedling characteristics through destructive sampling. The resulting measures were  
162 averaged by block resulting in nine replications per treatment. Height and root collar diameter of  
163 the seedlings were measured and the root systems were washed carefully to remove peat and  
164 perlite particles. Root volume was determined by water displacement (Olesen 1971). The woody  
165 tissue was separated at the root collar into root and stem tissue, and all tissues were dried to  
166 constant weight at 70°C. Dry weights of root and stem tissues were determined, and root:stem  
167 ratio (RSR) calculated. Dried stem and root tissues were ground to pass 0.4 mm mesh.

168 Total N concentration of leaf, stem, and root samples was determined by the Kjeldahl  
169 method (Kalra and Maynard 1991). Concentrations of P, K, and S were determined by  
170 inductively coupled plasma optical emission spectrometry (ICP-OES) after microwave digestion  
171 (EPA Method 3051, U.S. Environmental Protection Agency, Washington, D.C.). Non-structural  
172 carbohydrate concentrations were determined for the woody samples. Water-soluble sugars were

173 determined colorimetrically at 490 nm, after water soluble sugars were extracted three times  
174 using hot-ethanol. Remaining starch was digested in the residue using enzymatic digestion, and  
175 starch concentrations were determined as glucose equivalents by colorimetric measurement of  
176 glucose hydrolyzate at 525 nm (Chow and Landhäusser 2004). Total non-structural carbohydrate  
177 (TNC) reserves at the tissue level were calculated by adding their respective sugar and starch  
178 concentrations.

179

### 180 *Statistical analyses*

181 For the first comparison, the effect of exponential (EXP) and the nursery standard  
182 constant rate (100-100) fertilization regimes on seedling nutrient status, morphological  
183 characteristics and carbohydrate reserves were compared by t-test. A repeated measures ANOVA  
184 was used to compare seedling height over the growing period in these two treatments. For the  
185 second comparison, the effects of fertilizer concentration (100-100 and 100-150) and SGI (SGI  
186 and no SGI) on seedling nutrient status, morphological characteristics and carbohydrate status  
187 were tested via two-way ANOVA. The Student-Newman-Keuls test, which controls Type I error  
188 at an experimental level, was used to compare significant differences among treatment means.  
189 All variables met the assumptions for normality and homogeneity of variance so no data  
190 transformations were necessary. All statistical analyses were performed using the GLM and REG  
191 procedures in SAS (SAS 9.2, SAS Institute, Cary, NC, USA).

192

## 193 RESULTS

### 194 *Exponential vs. constant rate fertilization*

195 Seedlings with constant rate (100-100) or exponential (EXP) fertilization exhibited very  
196 different growth patterns (Fig. 1). Seedlings with the constant rate fertilization continued to grow  
197 throughout the growing season, only slowing height growth towards the end of the growing  
198 season. Exponentially fertilized seedlings, on the other hand, had very slow initial growth which  
199 only increased when fertilizer rates started increasing in the later part of the growing season as  
200 indicated by the significant time by treatment interaction. By the end of the growing season EXP  
201 seedlings reached a height of only 19.1 cm while the 100-100 seedlings were 36.8 cm tall (Fig.  
202 1).

203 At the end of the growing season, EXP seedlings had lower stem and root dry weight  
204 than 100-100 seedlings. Root volume and dry weight of EXP seedlings was approximately half  
205 that of 100-100 seedlings (Table 2). As a result, seedlings had much poorer plug fill and were  
206 relatively small for the container size to be securely handled by planters. However, the stem dry  
207 weight was proportionally lower than the root dry weight in EXP seedlings resulting in a higher  
208 RSR than in the 100-100 seedlings (Table 2). Exponentially fertilized seedlings did have higher  
209 stem concentrations of N, P, K, S, and TNC (all  $P < 0.001$ ) than 100-100 seedlings (Tables 2 &  
210 3). However, given the large differences in height and dry weight of seedlings, the 100-100  
211 seedlings had much higher nutrient and TNC content than EXP seedlings (Table 3).

212

### 213 *Shoot growth inhibitor and fertilization rates*

214 Treating seedlings with a shoot growth inhibitor (SGI) resulted in shorter seedlings ( $P <$   
215  $0.001$ ), while increased nutrition resulted in taller seedlings ( $P < 0.001$ ) with the tallest seedling  
216 in the 100-150 treatment and the shortest in the 100-100 SGI (Table 4). While root collar

217 diameter, stem dry weight, and root volume mirrored the height response described above (Table  
218 4), root dry weight and root volume were least in the 100-100 SGI treated seedlings with no  
219 differences among the other three treatments (Table 4). However, regardless of fertilizer regime,  
220 SGI treated seedlings had higher RSRs than non-SGI treated seedlings ( $P < 0.001$ ; Table 4).

221 Increased fertilizer uniformly increased seedlings' N, P, K, and S woody tissue contents,  
222 i.e. the total measure of nutrient in both root and stem tissues ( $P < 0.001$ ) (Table 5). However,  
223 despite lower seedling heights, SGI did not affect woody tissue N content at either fertilizer rate  
224 ( $P = 0.902$ ) (Table 5). For P and S, SGI decreased woody tissue nutrient content at the 100-100  
225 but not the 100-150 fertilizer rate while for K, SGI resulted in lower woody tissue K contents for  
226 both fertilization levels (Table 5).

227 Foliar and stem N, P, and S concentrations increased between 25 and 30% when  
228 seedlings had their shoot growth prematurely terminated (Fig. 2). However, increasing the  
229 fertilization rate in mid-season did not translate into higher nutrient concentrations in these  
230 tissues when combined with the SGI application. This is in contrast to seedlings with no SGI  
231 application, where an increase in the fertilization rate (100-150) resulted in greater foliar and  
232 stem nutrient concentrations. Interestingly however, this increase in tissue nutrient concentration  
233 was less than the increase observed in a 100-100 seedling that had been treated with SGI (Fig. 2).

234 Root tissue N, P, and S concentrations responded very differently to the SGI and  
235 fertilization treatments than stems. Root N and P concentrations increased with higher  
236 fertilization rate and with SGI application, indicating an additive effect. Root S concentration  
237 increased with fertilization, but was not impacted by the SGI treatment (Fig. 2). Overall, root N

238 concentrations were similar to those in stems while P and S concentrations were higher in roots  
239 than in stems.

240 Potassium concentrations in all three tissues responded in very different patterns to the  
241 SGI treatment than the concentrations of the other three macro nutrients. While K concentration  
242 increased as expected with increased fertilization in all three tissues, K concentrations in SGI  
243 treated seedlings were much lower, particularly in the root and leaf tissues. However, in both  
244 these tissues K concentrations increased when SGI treated seedling received the higher fertilizer  
245 treatment. Stem K concentration did not follow this pattern as the SGI treated seedlings at the  
246 lower fertilization rate had somewhat higher stem K concentration than seedling treated with the  
247 higher fertilization rate (Fig. 2).

248 Total non-structural carbohydrate reserve concentrations in roots were generally twice the  
249 concentrations measured in stems, while TNC contents were 4 to 7 times higher in roots than in  
250 stems (Table 6). SGI treatment and lower fertilization level resulted in lower stem TNC contents  
251 ( $P < 0.001$ ), though 100-150 SGI seedlings had contents equal to 100-100 seedlings (Table 6).  
252 Root TNC contents showed a significant interaction between SGI and fertilization ( $P < 0.001$ )  
253 and were highest in 100-150 SGI seedlings and lowest in 100-100 SGI seedlings, with no  
254 difference between 100-100 and 100-150 treatments (Table 6). Seedlings treated with SGI had  
255 significantly higher TNC concentrations in both the root and stem tissues (both  $P < 0.001$ ) than  
256 untreated seedlings, while increasing the rate of fertilization did not affect TNC concentrations in  
257 roots and stems ( $P = 0.857$  and  $P = 0.455$ , respectively) (Table 6).

258

259 DISCUSSION

260 As suggested by the growth-limitation hypothesis, the artificial restriction of height  
261 growth in aspen seedlings while maintaining physiological activity of leaves and roots resulted in  
262 a diversion of photosynthates and nutrients to reserve storage rather than growth. Although only  
263 tested here in aspen, cessation of height growth might be a necessity to significantly increase  
264 nutrient and carbon woody tissue concentrations in species with indeterminate growth. In the  
265 EXP fertilization regime, aspen seedlings ceased to grow in height (with terminal budset) during  
266 the initial period of fertilization where nutrient additions were very low resulting in higher  
267 woody tissue nutrient concentrations than continuously fertilized seedlings. Regardless, due to  
268 their small size EXP seedlings had much lower overall nutrient content along with lower root dry  
269 weight and very poor plug-fill making them undesirable for outplanting. Therefore, the  
270 exponential fertilization regime tested here does not appear to be the optimal approach for  
271 producing high-quality aspen seedling stock. Higher initial fertilization and slower supply rates  
272 might be an option to modify the exponential fertilization regime; however, higher initial rates  
273 will likely lead to continuous growth of aspen seedlings and not to early bud set, which appears  
274 to be a requirement for this species to accumulate nutrients in tissues. This response to EXP  
275 fertilization in aspen is in stark contrast to species with determinate and periodic growth  
276 strategies where budset is driven by endogenous factors and exponential fertilization has shown  
277 promise and been successful at nutrient loading seedlings (McAlister and Timmer 1998;  
278 Quoreshi and Timmer 1998; Xu and Timmer 1998; Birge et al. 2006; Salifu et al. 2009). These  
279 internally scheduled “resting” periods likely allow for seedlings to accumulate resources prior to  
280 the next flush.

281 In aspen, terminating shoot growth prematurely is very successful and uniform with the  
282 use of a SGI (Paclobutrazol) (Landhäusser et al. 2012a). In our study, treatment with SGI

283 produced shorter seedlings with higher RSRs and increased woody tissue nutrient and  
284 carbohydrate concentrations compared to conventionally grown aspen seedlings with no SGI  
285 application. Seedlings without induced budset (treatments 100-100 and 100-150) continued to  
286 grow in height throughout the growing season, resulting in the allocation of available nutrient  
287 and carbon resources to growth rather than reserves. This is highlighted by the fact that non-SGI  
288 treated seedlings with higher fertilizer rate (100-150) did not have higher tissue nutrient  
289 concentrations than SGI-treated seedlings treated with a lower fertilizer rate (100-100 SGI).  
290 Overall, the application of SGI generally increased woody tissue nutrient reserves more than an  
291 increased application of fertilizer indicating that costly fertilizations do not need to be increased  
292 in order to create nutrient loaded seedlings.

293 Both the stem and root tissues in aspen seedlings seem to accumulate nutrients at similar  
294 rates although there appears to be a somewhat preferential storage of P in the roots. Root P  
295 concentration plays an important role in promoting root growth (Fernandez et al. 2007) and has  
296 also been shown to be a source of P for shoot growth in *Eucalyptus grandis* (Reis and Kimmins  
297 1986). Rapid new root growth is seen as the key seedling developmental trait to ensure  
298 successful seedling establishment (Grossnickle 2012) so preferentially storing P in root tissues  
299 may be a mechanism for promoting root growth. Similarly, carbohydrate reserves are also stored  
300 preferentially in root tissue of aspen seedlings where they are thought to promote root growth  
301 and root water uptake (Landhäusser et al. 2012a).

302 Though not different in N content, seedling N concentrations were higher in SGI-treated  
303 seedling than in non-SGI seedlings. Nitrogen status in aspen seedlings has been linked to  
304 seedling growth, net assimilation, and water use efficiency (DesRochers et al. 2003), all of which  
305 should offer a benefit to seedlings upon outplanting. In our study, foliar N concentrations of the

306 SGI-treated seedlings were only 1.9%, which is still well below the optimal foliar N  
307 concentrations of 3-4% for young aspen cuttings (Coleman et al. 1998). We feel that nursery  
308 practices and fertilizer blends (e.g. the proportion of  $\text{NO}_3^-$  to  $\text{NH}_4^+$  (Landhäusser et al. 2010) or  
309 micronutrients influencing uptake) can still be adjusted to further increase N loading of  
310 seedlings.

311 Contents and concentrations of K in seedling tissues did not follow the same pattern of  
312 response to the treatments as tissue concentrations of N, P, and S. Paclobutrazol is known to  
313 negatively affect K concentrations in treated trees (Blanco et al. 2002; Iuchi et al. 2008). The  
314 foliar K concentrations of the SGI-treated seedlings, at approximately  $6.5 \text{ mg g}^{-1}$ , are well below  
315 the optimal foliar K concentrations of  $15 \text{ mg g}^{-1}$  for hybrid poplars (Hansen 1994). Because of  
316 this, caution should be used when applying paclobutrazol to seedlings to avoid internal nutrient  
317 imbalances which could negatively impact outplanting success. However, Landhäusser et al.  
318 (2012b) found that lower foliar K concentrations in SGI-treated seedlings did not impede  
319 outplanting performance of aspen seedlings. In addition, aspen seedling performance did not  
320 benefit from K field fertilization (van den Dreissche et al. 2003) indicating the K may not limit  
321 aspen field performance in many instances.

322 Root total non-structural carbohydrate (TNC) concentration is positively related to aspen  
323 growth upon outplanting (Landhäusser et al. 2012a). Though large differences in seedling height  
324 resulted in SGI-treated seedlings having lower TNC contents, both stem and root TNC  
325 concentrations were higher in SGI-treated seedlings than in non-SGI seedlings. Increased TNC  
326 concentrations resulting from SGI treatment is another indication that treatment with SGI may be  
327 beneficial to aspen seedling outplanting performance.

328 Nutrient loaded aspen seedlings are likely to outperform conventionally fertilized  
329 seedlings on both nutrient poor and highly competitive sites (Salifu et al. 2009; Louranen and  
330 Rikala 2011); On poor sites, improved performance of nutrient loaded seedlings has been related  
331 to increased root growth (Timmer 1996) which is critical for increasing outplanting survival on  
332 resource limited sites (Grossnickle 2012). On highly competitive sites, loaded seedlings offer the  
333 potential of fast aboveground growth and leaf area development thereby suppressing weeds and  
334 reducing the need for herbicide application (Timmer 1996). In the context of mine reclamation  
335 and restoration where nutrient cycling between the plants and soil is poorly developed, sites are  
336 often repeatedly broadcast fertilized which accelerates the growth of undesirable weed species  
337 and potential environmental contamination via runoff and leaching of unabsorbed fertilizer  
338 (Macdonald et al. 2012). The use of nutrient loaded aspen seedlings in such circumstances could  
339 potentially provide a mechanism for trees to access nutrients in the short-term and reduce or  
340 eliminate the need for early stand fertilization.

341 In summary, the EXP fertilization produced poor aspen planting stock and cannot be  
342 recommended as a treatment for nutrient loading aspen seedling stock. SGI application, on the  
343 other hand, resulted in complete height growth cessation and a subsequent switch from allocating  
344 nutrients and carbohydrates from growth to reserves which resulted in nutrient and carbohydrate  
345 loaded aspen seedlings. It also appears that with the application of SGI lower fertilization rates  
346 can be applied during seedling production to achieve the same woody tissue nutrient  
347 concentrations observed in seedlings not treated with SGI. Therefore, we recommend initiating  
348 premature budset in aspen in order to produce nutrient loaded nursery planting stock and suggest  
349 that this may also be an appropriate technique for producing nutrient loaded seedlings of other  
350 species with indeterminate growth strategies.

351

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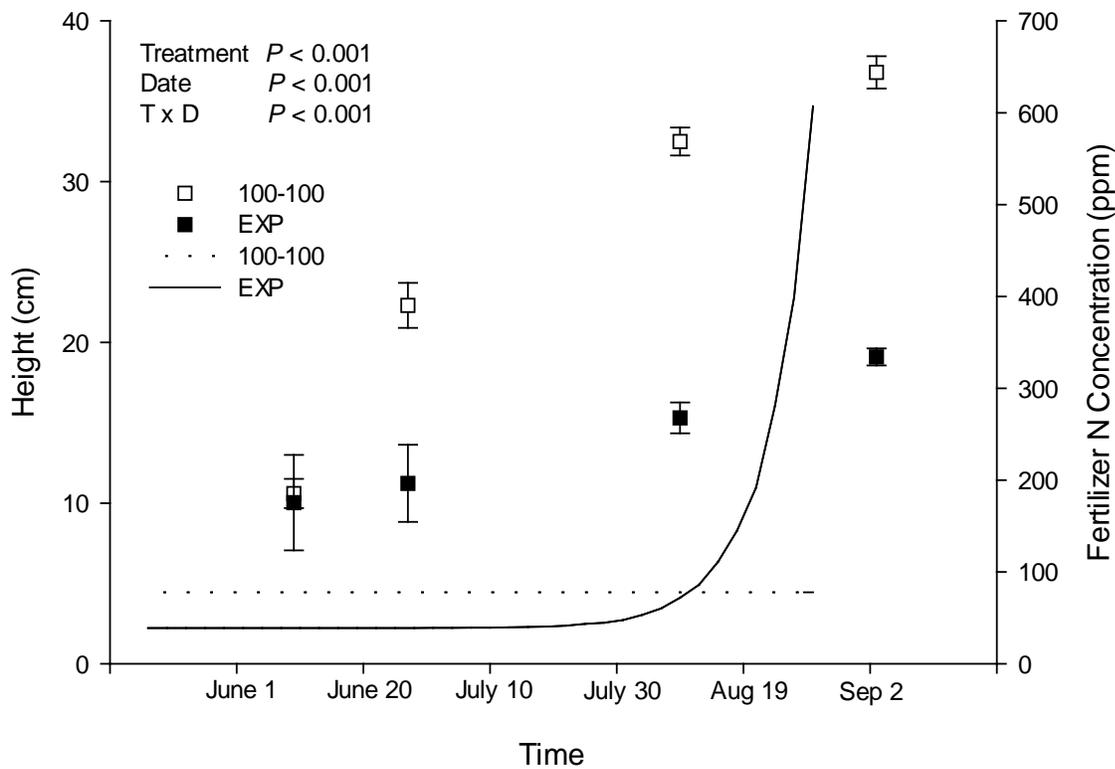
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1 **Fig. 1** Average height of seedlings treated with an exponential (EXP) and constant rate (100-  
2 100) fertilization regime over the 2010 growing season. Error bars indicate one standard error of  
3 the mean (n = 9). Lines indicate the N concentration for both treatments over time as a surrogate  
4 for the fertilizer regime. The *P*-values are the results of a repeated measures ANOVA performed  
5 to compare seedling height by fertilization regimes across the growing season.

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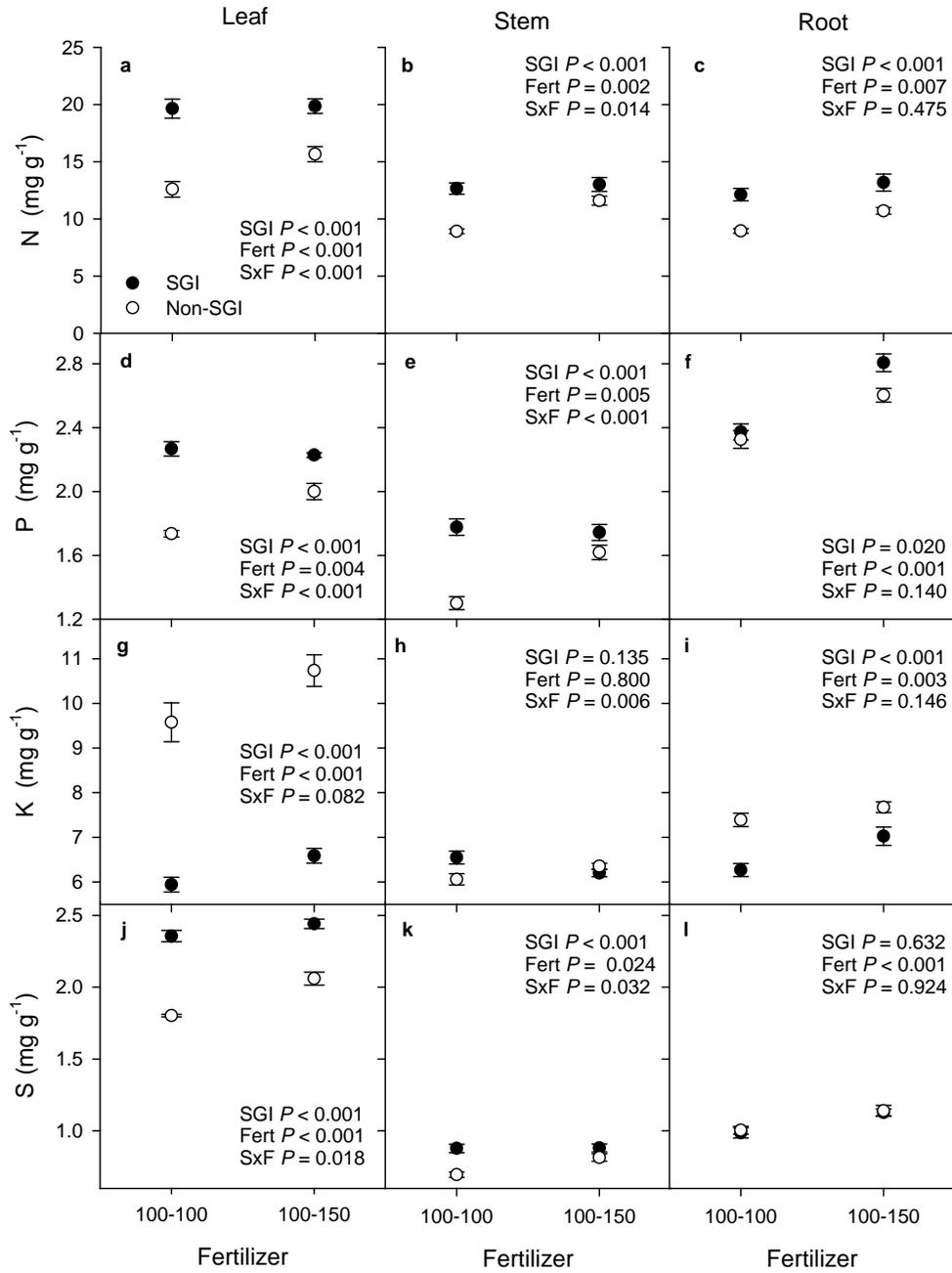
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1 **Fig. 2** Average total N, P, K, and S concentrations in stem, root, and foliar tissues of aspen  
 2 seedlings that had been treated with different combinations of two fertilizer rates and a shoot  
 3 growth inhibitor (SGI). Leaves were sampled in late August while stems and roots were sampled  
 4 on dormant seedlings in November. Error bars indicate one standard error of the mean (n = 9).



1 **Table 1** Description of the 5 fertilization treatments used in this study. Fertilizer concentration  
 2 represents a percentage of a standard nursery fertilizer regime (100% or 150%) used for  
 3 commercial aspen planting stock in early (May 12 – July 12) and mid (July 12 –  
 4 September 4) season. SGI is the application of a shoot growth inhibitor. The exponential  
 5 fertilization regime represents the equivalent nutrient amount supplied to seedlings in the  
 6 100 -100 constant rate fertilizer regime.

7

Treatment	Fertilization		SGI
	Early-Season	Mid-Season	
100-150 SGI	100	150	Yes
100-150	100	150	No
100-100 SGI	100	100	Yes
100-100	100	100	No
EXP	Exponential	Exponential	No

8

9

1 **Table 2** Average, plus standard error in parentheses, of morphological characteristics and tissue  
 2 total non-structural carbohydrate (TNC) concentration and content of aspen seedlings treated  
 3 with an exponential (EXP) and constant rate (100-100) fertilization regime (n = 9).

4

Treatment		100-100	EXP	<i>P</i>
Root Collar Diameter	(mm)	4.7 (0.12)	3.4 (0.12)	< 0.001
Stem Dry Weight	(g)	1.32 (0.06)	0.42 (0.02)	< 0.001
Root Dry Weight	(g)	2.91 (0.07)	1.56 (0.11)	< 0.001
Root Volume	(cm <sup>3</sup> )	12.60 (0.65)	6.29 (0.46)	< 0.001
Root:Stem Ratio		2.24 (0.23)	3.77 (0.13)	< 0.001
Stem TNC Concentration	(%)	13.50 (0.32)	14.77 (0.28)	0.009
Stem TNC Content	(g)	0.178 (0.01)	0.061 (0.01)	< 0.001
Root TNC Concentration	(%)	31.40 (0.75)	29.99 (0.80)	0.219
Root TNC Content	(g)	0.917 (0.04)	0.472 (0.05)	< 0.001

5

1 **Table 3** Nutrient concentration and content of stem, root, and foliar tissues of seedlings treated  
 2 with exponential (EXP) and constant rate (100-100) fertilization regime. Woody tissues (stem  
 3 and root) values are from dormant seedlings harvested in November and foliar tissue values are  
 4 from samples harvested in late-August. Values are averages with standard error of the mean in  
 5 parentheses (n = 9). ND = Not Determined.

Nutrient	Tissue Type	Nutrient Concentration (mg g <sup>-1</sup> )			Nutrient Content (mg seedling <sup>-1</sup> )		
		EXP	100-100	<i>P</i>	EXP	100-100	<i>P</i>
N	Stem	13.83 (0.43)	8.92 (0.23)	< 0.001	5.70 (0.32)	11.7 (1.29)	< 0.001
	Root	12.60 (0.77)	8.95 (0.19)	< 0.001	19.63 (1.47)	26.04 (1.05)	0.002
	Foliar	13.57 (0.26)	12.60 (0.23)	0.012	ND	ND	ND
P	Stem	1.76 (0.03)	1.30 (0.04)	< 0.001	0.74 (0.04)	1.71 (0.10)	< 0.001
	Root	2.31 (0.09)	2.33 (0.06)	0.909	3.63 (0.29)	6.77 (0.21)	< 0.001
	Foliar	1.82 (0.03)	1.74 (0.02)	0.037	ND	ND	ND
K	Stem	6.73 (0.11)	6.06 (0.13)	< 0.001	2.79 (0.17)	7.95 (0.29)	< 0.001
	Root	6.07 (0.41)	7.39 (0.15)	0.008	9.55 (0.95)	21.51 (0.59)	< 0.001
	Foliar	6.96 (0.13)	9.58 (0.44)	< 0.001	ND	ND	ND
S	Stem	1.00 (0.03)	0.695 (0.02)	< 0.001	0.41 (0.02)	0.912 (0.04)	< 0.001
	Root	1.08 (0.05)	1.01 (0.03)	0.225	1.69 (0.13)	2.93 (0.12)	< 0.001
	Foliar	2.11 (0.01)	1.80 (0.01)	< 0.001	ND	ND	ND

6

7

1 **Table 4** Average, plus standard error in parentheses, of morphological seedlings characteristics  
 2 at the end of the growing season of seedlings that were treated with a different combination of  
 3 two fertilizer rates and a shoot growth inhibitor (SGI) treatments. Different letters indicate a  
 4 difference between means ( $P < 0.05$ ) (n = 9).

Treatment	Height (cm)	Root Collar Diameter (mm)	Root Dry Weight (g)	Stem Dry Weight (g)	Root Volume (g)	Root:Stem Ratio
100-150 SGI	30.8 (0.75) c	4.0 (0.06) c	3.17 (0.18) a	0.94 (0.05) c	11.72 (0.99) a	3.36 (0.08) a
100-150	40.2 (1.08) a	5.4 (0.13) a	3.05 (0.10) a	1.62 (0.10) a	14.49 (1.16) a	1.92 (0.15) c
100-100 SGI	26.2 (0.61) d	3.7 (0.67) d	2.23 (0.09) b	0.69 (0.03) d	8.23 (0.68) b	3.23 (0.17) a
100-100	36.8 (1.00) b	4.7 (0.12) b	2.91 (0.07) a	1.32 (0.06) b	12.60 (0.65) a	2.24 (0.23) b

5

1 **Table 5** Average, plus standard error in parentheses, of nutrient content of woody tissue  
 2 (combined stem and root) from dormant aspen seedlings harvested in November that had been  
 3 treated with different combinations of two fertilizer rates and a shoot growth inhibitor (SGI).  
 4 Different letters indicate a difference between means ( $P < 0.05$ ) (n = 9).

5

Treatment	N (mg)	P (mg)	K (mg)	S (mg)
100-150 SGI	53.08 (2.21) a	10.48 (0.51) a	28.11 (1.71) b	4.375 (0.20) a
100-150	50.672 (2.34) a	10.56 (0.45) a	33.74 (0.47) a	4.80 (0.25) a
100-100 SGI	35.58 (1.54) b	6.5 (0.25) c	18.45 (0.67) c	2.784 (0.08) c
100-100	37.74 (0.97) b	8.48 (0.25) b	29.46 (0.70) b	3.842 (0.14) b

6

1 **Table 6** Average, plus standard error in parentheses, of total non-structural carbohydrate (TNC)  
 2 concentration and content at the end of the growing season in stem and root tissues of aspen  
 3 seedlings that had been treated with different combinations of two fertilizer rates and a shoot  
 4 growth inhibitor (SGI). Different letters indicate a difference between means ( $P < 0.05$ ) (n = 9).

5

Treatment	Stem TNC Concentration (%)	Root TNC Concentration (%)	Stem TNC Content (g)	Root TNC Content (g)
100-150 SGI	17.20 (0.29) a	35.30 (0.67) a	0.163 (0.01) b	1.12 (0.08) a
100-150	13.40 (0.17) b	30.16 (0.66) b	0.217 (0.12) a	0.918 (0.04) b
100-100 SGI	17.54 (0.34) a	34.32 (0.72) a	0.122 (0.01) c	0.765 (0.04) c
100-100	13.50 (0.32) b	31.40 (0.75) b	0.178 (0.01) b	0.917 (0.04) b

6