

# DIGITAL STORIES: EMPOWERING AUTISTIC STUDENTS AND VIEWING THEIR POST-SECONDARY PERSPECTIVES FROM A NEURODIVERGENT LENS



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# Background

"I had to 'out' myself ... to

beginning of the semester

before they could actually

get to know me... which was

really hard as I had no time

before revealing myself as

to make an impression

disabled."

my professors at the

The number of Autistic students pursuing higher education is increasing at an unprecedented pace. Regrettably, the existing higher education system does not promote the flourishing of Autistic individuals. This often leaves these students struggling to feel as though they belong.

## **University Belonging Model**

### University Affiliation

• Experiences of peer acceptance, peer emotional support, social engagement with other students, external recognition from peers or friends; subjective sense of affiliation with the university.

### Faculty and Staff Relations

• The interactions and experiences that individuals have with faculty and staff members at their educational institution, particularly in the context of their Autism.

### University Support and Acceptance

• The extent to which a university implements EDI policies, offers support, cultivates a welcoming environment tailored to address and mitigate stigma and fosters understanding surrounding Autism, all while promoting an inclusive climate for Autistic students

To me, the hilarious irony of suggesting that you are defined by your compassionate understanding of others – while in the same breath implying people who are socioemotionally different from you are inhuman - is peak NT and emblematic of my experiences in a neurotypically-dominated [campus] environment.

"I have not felt belonging on campus. I constantly struggle with my sensory issues and feel overwhelmed by crowds and layers of conversation. I know that my headphones and sunglasses, comfortable and informal clothing, body language, facial expressions and stimming are odd and I constantly try to balance being myself with being accepted. I cannot have both belonging and being myself at the same time."



As a method of evocative, multisensory data collection and knowledge mobilization, we will invite a select group of Autistic advocates to create short films (i.e., digital stories) about their experiences at Canadian postsecondary institutions

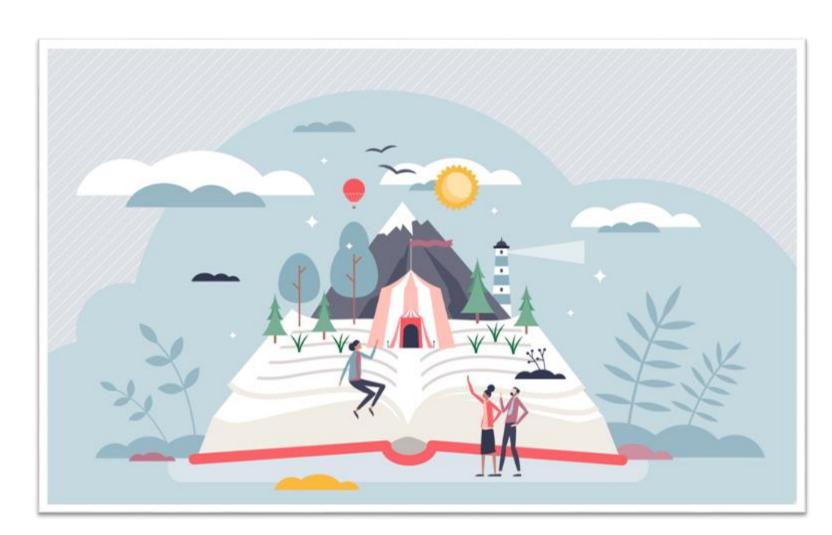


The creation of digital stories allows participants' to share their lived experiences at Canadian postsecondary institutions, along with insights and messages about how institutions can make their spaces inclusive for Autistic students.



The storytelling process will provide Autistic students, who are historically marginalized', a chance to create and write their own social and cultural truths and to challenge the ways in which they have been socially and historically marginalized.

# Methods

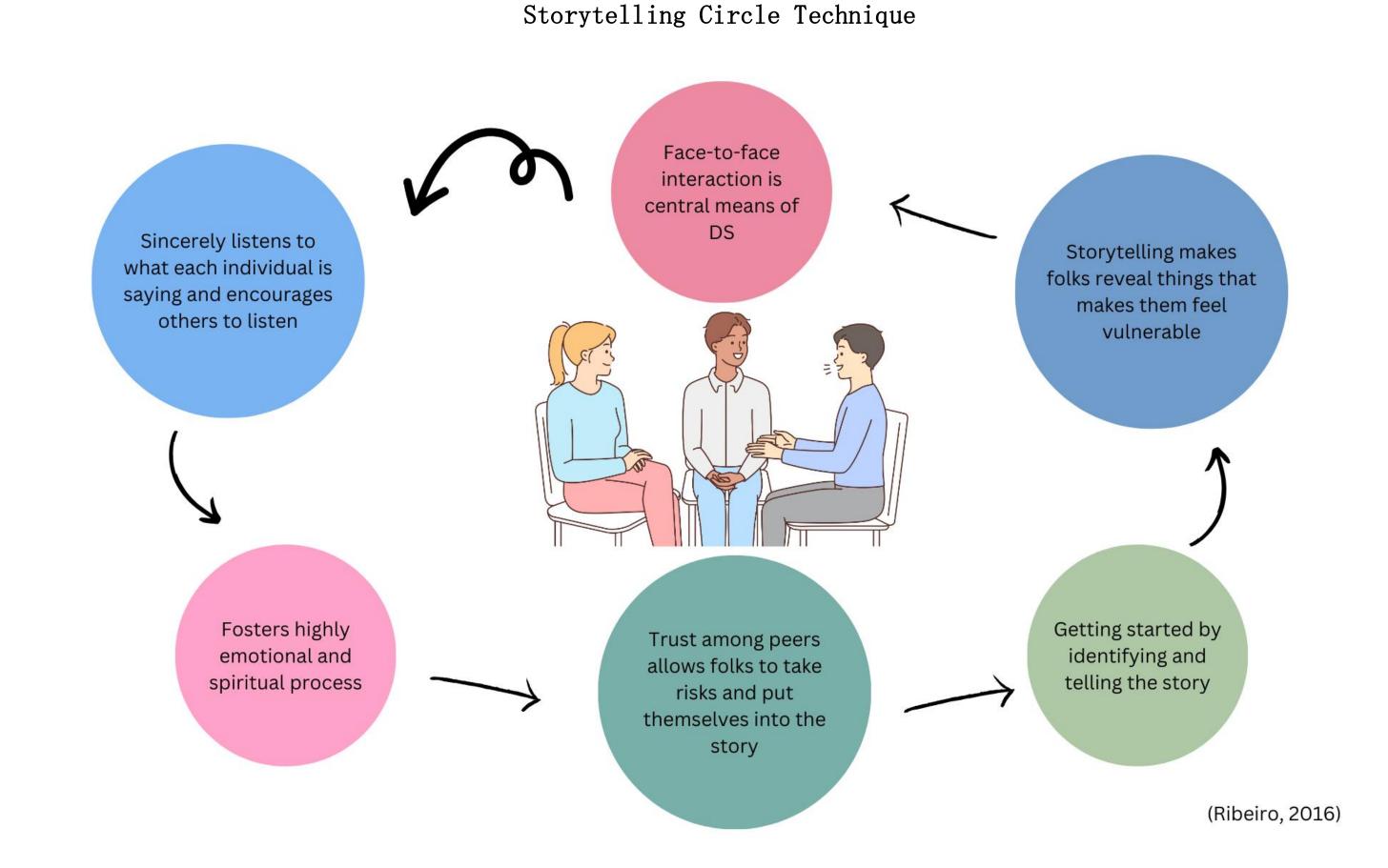


Dispel myths about Autistic postsecondary students Showcase Autistic strengths escribe specific challenges they faced in postsecondary environments Offer recommendations and strategies for improving accessibility and belonging for Autistic PS students in Canada

# Participant Eligibility

Ten current or former Autistic post-secondary students with a powerful story to share





### Methods

# What are digital stories?

**DIGITAL STORIES ARE** PERSONAL NARRATIVES **DRAWN FROM SPECIFIC LIFE EXPERIENCES** 



PHOTOGRAPHS, MUSIC, AND **ANIMATIONS TO PRODUCE BRIEF** VIDEOS. **VIDEOS USUALLY LAST BETWEEN TWO TO FIVE** MINUTES.

STORIES ARE ENHANCED WITH

TEXT, VOICEOVERS,

THESE STORIES WILL BE GATHERED FROM STUDENTS AS A FORM OF SCHOLARLY INQUIRY, AND A STRATEGY TO FOSTER A **SENSE OF BELONGING AND COMMUNITY** WITHIN PS SETTINGS.

DIGITAL STORIES SHOULD INCLUDE THE FOLLOWING SEVEN ELEMENTS: POINT (OF VIEW): DRAMATIC QUESTION: EMOTIONAL CONTENT: VOICE: **SOUNDTRACK: ECONOMY: PACING (RIBEIRO 2016)** 

(AUSTEN ET AL., 2018)

The Digital Storytelling workshops, blending both online and in-person formats. are designed to guide participants through the creation of digital stories. These sessions will introduce the concept of digital storytelling, instruct on crafting written narratives, and explain how to develop storyboards. Participants will also engage in meaningful discussions about identity, selfexpression, and the potential risks involved in sharing their stories publicly

# STORYTELLING WORKSHOPS



### 2. FILMING Learning to use equipment for filming

 Work with visuals Given guidance by TechInEd

Watch and reflect on example video



### 2.5 FILMING DROP-IN Held at the scheduled time participants are to

attend the workshops but it allows them to chat with TechInEd to... Ask clarifying questions regarding how to film, how to use the software, and how

· Ask about tips for filming learn more about filming on their phones



### 3. WRITING AND STORYTELLING

Free writing time (in breakout rooms or alone) Storytelling circle Mental wellness check



#### 3.5 WRITING DROP-IN otional for participants to attend over zoom

chat with researchers and research sistants to... · Ask clarifying questions about their writing for their digital story

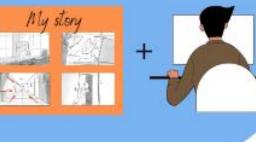
Ask questions about the workshops



### 4. EDITING AND STORYBOARDING

Choose voice over, sound, & music Add in captions & audio description

Edit either by themselves or have TechInEd Finalizing the story



#### 4.5 STORYBOARDING DROP-IN Zoom call at scheduled time allowing participants to chat with TechinEd...

 To ask clarifying questions about storyboarding/editing · To receive suggestions on their storyboard



### 5. SCREENING Watch participants' digital stories and have

group give their thoughts/questions Review public showing consent and anonymity









