

**STOP!**  
*clean your hands*



**ARRÊT!**  
*nettoyez-vous les mains*

# Your 4 Moments for Hand Hygiene

*On-the-spot feedback*

**A**

## Moment being observed:

- 1. Before initial patient/patient environment contact
- 2. Before aseptic procedure
- 3. After body fluid exposure risk
- 4. After patient/patient environment contact

## Hand hygiene method:

- Rub
- Wash
- Missed

## Other considerations:

- Gloves without cleaning
- Incorrect nail length
- Bracelets worn
- Rings worn
- Contact time less than 15 seconds

**B**

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