

#### **ABSTRACT**

 Fungal spoilage limits the shelf life of fermented dairy products. To address the problem, this study explores the potential of lactic acid bacteria as antifungal adjunct cultures in dairy matrices. Strains of lactic acid bacteria (113) representing 19 species were screened for their activity against *Penicillium caseifulvum*, *Aspergillus clavatus* and *Mucor racemosus* in modified MRS medium, milk, and yogurt. Strains of *Lactiplantibacillus plantarum*, *Furfurilactobacillus milii*, and *Lentilactobacillus parabuchneri* inhibited the growth of mycelial fungi. The inhibitory effects of lactic acid bacteria against yeasts were also determined in yogurt with *Candida sake*, *Saccharomyces bayanus*, and *Torulaspora delbrueckii* as challenge strains. The inhibition of yeasts by lactic acid bacteria was strain- specific and unrelated to the activity towards mycelial fungi. Organic acids and hydroxy fatty acids were quantified by liquid chromatograph coupled with refractive index detector and tandem mass spectrometry, respectively. Principal component analysis indicated 10- OH 18:1 fatty acids and acetate are the main antifungal metabolites and explained over 50% of the antifungal activity. The correlation analysis of metabolites and mold-free shelf life of milk and yogurt confirmed the role of these compounds. The genomic study analysed genes related to the production of major antifungal metabolites and predicted the formation of 1,2-propanediol and acetate but not of hydroxy unsaturated fatty acids. The findings provide new perspectives on the selection of antifungal strains, the characterization of antifungal metabolites and the exploration of antifungal mechanisms among different species.

**KEYWORDS:** Antifungal, Dairy products, Lactic acid bacteria, Metabolites, Genome.

#### **1 INTRODUCTION**

 Yeasts and molds are the major spoilage organisms of fermented dairy products that account for most of the dairy consumption in Canada in 2020 (Anonymous, n.d.). Yeasts and mycelial fungi grow in refrigerated fermented dairy products at low pH and at low aW. Fungal growth generates off-odors and changes the appearance of the products (Ledenbach and Marshall, 2009; Pitt and Hocking, 2009). Yeasts and molds including *Penicillium camemberti* and *Debaromyces hansenii* are also used in cheese manufacture as surface ripening cultures; however, in any product that is not ripened by surface cultures, the growth of these molds and yeasts constitutes spoilage (Lessard et al., 2012).

 In food production, preventative control plans that include HACCP aim to reduce contamination, and the use of hurdle technologies aims to limit the growth of molds and yeasts after contamination has occurred. The latter includes post-packaging heat treatments, control of water activity, vacuum packaging, or the addition of preservatives to control fungal contaminants. However, most of these methods have limited use in fermented dairy products (Garnier et al., 2017; Snyder and Worobo, 2018). Lactic acid bacteria (LAB) with antifungal activity have been explored for control of fungal spoilage in dairy products. Screening of LAB for strains exhibiting antifungal activity has demonstrated that *Lactiplantibacillus plantarum*, *Lacticaseibacillus rhamnosus* and *Lacticaseibacillus casei* include strains with antifungal activity (Delavenne et al., 2012; Fernandez et al., 2017; Xu et al., 2021). However, these homofermentative lactobacilli do not represent the metabolic diversity of food-fermenting LAB (Gänzle, 2015) or the diversity of organisms that are used as starter cultures or adjunct cultures in fermented dairy products (Bourdichon et al.,

 2019; Gänzle, 2015; Hutkins, 2019). Antifungal LAB exert inhibitory effects through the competition for nutrients (Hibbing et al., 2010) or through the production of antifungal metabolites (Siedler et al., 2019). Dairy products are nutrient rich matrices and readily support microbial growth but manganese depletion by *Lc. rhamnosus* and *Lc. paracasei*  restricted growth of yeasts and fungi in yogurt (Siedler et al., 2020). Metabolites of LAB with antifungal activity include acetic acid, propionic acid, reuterin, diacetyl, cyclic dipeptides, and hydroxy fatty acids (Axel et al., 2017). Several of these compounds including acetic acid, propionic acid and diacetyl are also flavor volatiles and their flavor threshold concentration is lower than the minimum inhibitory concentration against fungi; i.e. concentrations that are active against fungi also beneficially or adversely impact the flavor of products (Siedler et al., 2019). Glycerol metabolism and reuterin production by *Lm. reuteri* inhibits clostridia that cause the late-blowing effect of cheeses (Gómez-Torres et al., 2014) but its efficacy against fungal spoilage of dairy products has not been evaluated. For other metabolites including cyclic dipeptides and hydroxy fatty acids, it remains unclear whether they accumulate to active concentrations in dairy fermentations.

 Analysis of antifungal compounds in milk fermentates produced with *Lc. rhamnosus* and *Acidipropionibacterium jensenii* identified propionic, acetic and butyric acids as the most abundant antifungal compounds (Garnier et al., 2020). In addition, a 9-amino acid fragment from casein with antifungal activity was identified and its activity was validated *in vitro* (Garnier et al., 2020). Correlation of the antifungal effect of lactobacilli that were used as an adjunct culture in yogurt, cheese and sour cream with the concentration of metabolites identified acetic acid, diacetyl, phenylacetate and medium chain fatty acids as potential contributors to antifungal activity (Leyva Salas et al., 2019). The concentration of all of  these compounds in yogurt, sour cream or cheese, however, was considerably lower than their *in vitro* MICs (Leyva Salas et al., 2019). Collectively, these studies indicate that antifungal activity of LAB in dairy products is based on synergistic or additive activity of several compounds that are present in concentration below their MIC. The presence of long-chain hydroxy unsaturated fatty acids (HUFA), that are among the most relevant antifungal metabolites accumulating in cereal fermentations (Black et al., 2013; Quattrini et al., 2019), was not accounted for. Therefore, this study aims to screen a broad range of LAB with respect to their antifungal activity in laboratory media, in milk and yogurt. Antifungal compounds including organic acids and HUFA were quantified, and the accumulation of these antifungal metabolites was related to the genome sequences of antifungal strains.

**2 MATERIAL AND METHODS**

# **2.1 Microbial strains and chemical reagents.**

 The 113 strains of lactic acid bacteria that were used in this study and their origin are listed in Table 1. *Aspergillus clavatus* FUA 5005, *Penicillium caseicolum* PCa03 and *Mucor racemosus* MUR 01 were used as fungal challenge organisms; the spoilage yeasts used in this study include *Candida sake* CDS01, *Saccharomyces bayanus* SCPa01, and *Torulaspora delbrueckii* TOD01.

 Lactic acid bacteria were cultivated in modified De Man, Rogosa Sharpe (mMRS) medium containing (w/v) 1% peptone, 0.5% beef extract, 0.5% yeast extract, 1% maltose monohydrate, 0.5% fructose, 0.5% glucose, 0.4% K2HPO4, 0.26% KH2PO4, 0.3% NH4Cl, 0.1% Tween 80, 0.05% *L*-cysteine hydrochloride monohydrate, 0.02% MgSO4, 0.005%

 MnSO4, and 1% malt extract; 1.5% agar was added to obtain solid media. Filamentous fungi were cultured in malt extract (ME) agar for 7 days. Yeasts was cultured in ME broth 105 for 2 days, agitation, at 30  $\degree$ C.

 Yogurt was fermented in microplates by heating pasteurized milk with 3.25% milk fat (Dairyland, Canada) to 43°C in a water bath for 30 min. Then, 0.8 g of lyophilized *Streptococcus thermophilus* and *Lactobacillus delbrueckii* subsp. *bulgaricus* mix S129 (Sacco Srl, Italy) and 82 g of pre-warmed pasteurized milk were mixed in a stomacher bag and homogenized with a stomacher for 2 min. One gram of this mixture was then mixed with another aliquot of 10.35 g of pre-warmed pasteurized milk and homogenized in an orbital shaker for 1 min, 200 rpm. One mL of this solution was diluted with 24 g of pre- warmed milk, mixing in an orbital shaker at 200 rpm for 1 min, and 200 µl per well of the inoculated milk were transferred to microtiter plates.

 Large scale yogurt fermentation was performed with pasteurized skimmed milk (0% milk 116 fat) or low-fat milk (2% milk fat) that was re-pasteurized at 90 °C for 10 min, followed by cooling at 4 °C overnight. The starter culture was prepared by mixing 1 g of *Streptococcus thermophilus* and *L. delbrueckii* subsp. *bulgaricus* Y350A (Sacco Srl, Italy) with 100 g of re-pasteurized skimmed milk with 0% milk fat. An aliquot of 0.6 mL of this mixture was then used to inoculate 500 mL of milk with 2% milk fat, followed by addition of 2.5 mL of E120 colorant (0.4 % in water sterilized by filtration). For experiments with unfermented milk, pasteurized milk was autoclaved at 121°C for 5 min and cooled down at 4 °C overnight before use.

 Spores of filamentous fungi were separated from mycelia by filtering and centrifugation. The spore count in the spore suspension was determined microscopically with a haemocytometer (Magnusson and Schnürer, 2001; Zhang et al., 2010) and spore 127 suspensions were diluted with saline (0.9% NaCl; 0.1% Tween 80), to a spore count of  $10^4$ spores / mL.

 Microbiological media were obtained from Fisher Scientific (Ottawa, ON, Canada), other chemicals were obtained from Sigma Aldrich (Oakville, ON, Canada); milk was obtained at a local supermarket.

#### **2.2 Screening of the antifungal activity of bacterial strains.**

133 Screening of lactic acid bacteria was carried out in three media, mMRS, milk, and yogurt. Subcultures (200 μL) of each strain were made from one single colony and incubated in mMRS broth for two successive overnight incubations in 96-well plates at 30 °C. Microtiter plates containing 100 μL of mMRS media, autoclaved milk or yogurt were 137 inoculated with 15  $\mu$ L of the LAB cultures. After 2 d of incubation at 30 °C, the cultures were inoculated with diluted spore suspension to achieve 5 spores / microtiter plate well. The growth of filamentous fungi was observed visually. Antifungal activity of selected LAB strains was also confirmed in a 6 mL fermentation culture and all the parameters were scaled accordingly.

142 Yogurt fermentation was repeated with selected antifungal adjunct strains with a 43 °C 143 fermentation temperature, followed by storage at  $10^{\circ}$ C. For challenge tests with molds, an 144 LAB inoculum of  $\sim 10^6$  cfu/mL was inoculated into 62.5 mL portions of yogurt in a small 145 jar. The portioned and inoculated yogurt mixture were then fermented in 43 °C for about 8

146 h to reach a final pH of  $4.5 \pm 0.2$ . After fermentation, fungal spore suspension was added 147 at 23 spores/62.5 mL and the yogurt was then stored at 10 °C. Fungal growth were observed daily visually.

149 For yeast challenge test, a LAB inoculum of  $\sim 5 \times 10^6$  cfu/mL was added into 25 mL yogurt portioned in 50 mL-falcon tubes. The fermentation was also performed at 43 °C for about 8 h to reach final pH=4.5±0.2. An aliquot of 5mL of the fermented yogurt was taken for pH measurement. To inoculate yeast, 50 cells /mL was then inoculated in the yogurt. The inoculated samples were vortexed and stored at 10 °C. Yeast growth was measured by performing cell counts on yeast extract glucose chloramphenicol (YGC) agar (5.0 g/L yeast extract, 20.0 g/L glucose, 0.1 g/L chloramphenicol, and 14.9 g/L agar), cultured for 3 days at 30 °C.

**2.3 Quantification of organic acids by LC-RI.**

 mMRS, autoclaved milk or yogurt (500 μL) were inoculated with 75 μL of overnight cultures, fermented at 30 °C for 2 d and incubated at 25 °C for another 14 d to match 160 conditions of the challenge assays. An equal portion (575  $\mu$ L) of 7 % (v/v) perchloric acid 161 was added in the mixtures, incubated at 4 °C overnight, and solids were removed by centrifugation. The formation of organic acids and propanediol was quantified by HPLC with a refractive index (RI) detector (LC-RI).

 Separation was performed on an Aminex HPX-87H column (Bio-Rad, Mississauga, 165 Canada). The column was eluted with 5 mM  $H_2SO_4$  at 70 °C and a constant flow rate of 0.4 mL/min. The concentrations of lactate, acetate, propanediol were measured using a calibration curve of external standards.

#### **2.4 LC-MS/MS-target analysis of hydroxy unsaturated fatty acids (HUFA).**

 To identify the antifungal HUFA produced during fermentation, milk and yogurt samples were prepared as outlined above for the quantification of organic acids. The samples were extracted three times by combing 500 μL sample with 3 mL hexane-isopropanol solution (3:2, v/v) and phase separation was achieved by centrifugation. The organic supernatants were collected, evaporated under nitrogen and stored at -20 °C until use. HUFA were identified by Liquid Chromatography/Atmospheric Pressure Photo Ionization Tandem Mass Spectrometry (LC-APPI-MS/MS) according to (Liang et al., 2020b) with modifications. Specifically, the organic extracts were redissolved in 1 mL methanol and a 200 μL aliquot was further diluted with 800 μL methanol before injection. The targeted compounds were identified using multiple reaction monitoring (MRM) mode and their retention times checked against HUFA standards (Liang et al., 2020b).

## **2.5** *In silico* **identification of genes encoding for production of antifungal metabolites.**

 To relate the formation of antifungal metabolites to the genome sequences of antifungal strains, genomes of selected strains were sequenced and annotated. Genomic DNA was extracted using Wizard Genomic DNA Purification Kit (Promega, Madisson, Wisconsin, USA). Briefly, cells from 5 mL of cultures of bacterial strains in mMRS were harvested by centrifugation, the cell pellet was washed with 5 mL saline (0.9% NaCl and 0.1% Tween 20) and then washed with 5 mL EDTA solution (50 mM, pH 8). Subsequent steps were performed according to the instructions of the manufacturer.

 The quantity and purity of DNA was examined by Nanodrop (Thermo Fisher, Waltham, MA, USA); the identity of the DNA was verified by High Resolution Melting (HRM) analysis and sequencing of the 16S rRNA genes. The gDNA samples were sequenced on the Illumina MiSeq2000 platform by service of Genome Quebec. The quality of reads was checked with Fastqc [\(https://www.bioinformatics.babraham.ac.uk/projects/fastqc/\)](https://www.bioinformatics.babraham.ac.uk/projects/fastqc/), adapter sequences were removed with Trimmomatic (Bolger et al., 2014), reads were assembled in SPAdes (Bankevich et al., 2012) and the quality of assemblies was checked in QUAST [\(http://bioinf.spbau.ru/quast\)](http://bioinf.spbau.ru/quast). Genomes were annotated with the RAST server (Aziz et al., 2008). Genes that relate to antifungal activity were identified with BLASTp with query sequences shown in Table 3 and cut-off values of 40% protein identity and 68% coverage.

#### **2.6 Statistical analysis.**

 All experiments were conducted in biological triplicates. The strain screening data was analyzed by R 3.1.2 (R Core Team, 2014). Significant difference assessed at the level of *P*<0.05 (5% probability of error). Principle component analysis carried out with MetaboAnalyst 5.0 (http://www. metaboanalyst. ca). Correlation analysis to relate the antifungal activity with the concentration of specific metabolites was carried out with the linear regression tool implemented in SigmaPlot 12.5 (Jandel Scientific, San Jose, CA, U.S.A.). Correlation coefficients of 0.75 or higher were interpreted as strong correlations.

#### **3 RESULTS**

#### **3.1 Screening of LAB for antifungal activity in mMRS, milk, and yogurt.**

 To identify strains of LAB with antifungal activity, 113 LAB strains were screened in three different substrates with the three filamentous fungi *P. caseicolum*, *A. clavatus* and *M. racemosus* as indicator organisms. This experimental design allows to compare the antifungal activity of different adjunct cultures and of different challenge organisms growing in the same substrate. The screening results are summarized as a heat map in Fig. 1. In all three substrates, fungal growth was observed in the negative control after 2 d while some LAB inhibited mold growth for up to 14 d (Fig. 1). When screened in mMRS, most strains of *Ln. parabuchneri, Lp. plantarum* and *Ff. milii* were active against two or more of the indicator strains and most *Lacticaseibacillus* spp. were active against *P. caseicolum*  (Fig 1). The antifungal activity of *Lp. plantarum* TMW1.460 in milk and yogurt was consistently higher than the antifungal activity of *Lp. plantarum* TMW1.460Δ*lah* which lacks 10-linoleate hydratase (Fig. 1). In contrast, only few strains exhibited strong antifungal activity in milk or yogurt. *A. clavatus* was overall the most sensitive indicator strain. Only few strains inhibited mold growth for 8 d or more in at least 6 out of the 9 combinations of substrate and indicator strains; these strains were all assigned to the species *Lp. plantarum*, *Ff. milii* and *Ln. parabuchneri* (Fig 1).

#### **3.2 Anti-yeast activity of LAB in yogurt.**

 To study the activity of LAB against yeasts, 14 of the antifungal strains (Fig. 1) were selected. *Lc. casei* and *Lc. paracasei* were additionally included because strains of this species are used commercially as adjunct cultures to improve the flavor of fermented dairy products (Stefanovic et al., 2017). The inhibitory activity was assessed in yogurt that was challenged with *Saccharomyces bayanus* SCPa01, *Candida sake* CDS01, and *Torulaspora*  *delbrueckii* TOD01. Growth of *S. bayanus* during storage is shown in Fig. 2. During 12 d

of storage at 10°C, *Ln. parabuchneri* LPB02*, Lc. rhamnosus* FUA3185, and *Lc. paracasei* 

FUA3186 significantly inhibited the growth of *S. bayanus*, while *Ff. milli* or *Ff. rossiae*

and *Lp. plantarum* species did not show inhibitory effects. None of the strains inhibited

- growth of *T. delbrueckii* and *C. sake* (Fig. S1 and S2).
- Inhibition of *S. bayanus* and *C. sake* was additionally evaluated after fermentation at 30 °C
- and during storage at 25 °C (Fig 3 and Fig. S3). All adjunct cultures inhibited growth of *S.*

*bayanus* on day 1, 2 and 3 while *Ff. milii* FUA3583, *Ln. parabuchneri* LPB02 and *Lp.* 

 *plantarum* LP023 inhibited growth of *C. sake*. None of the antifungal adjunct strains inhibited or delayed yeast growth for more than 3 d (Fig. 3 and Fig. S3). Overall, these results indicate that inhibitory activity against yeasts is weaker than inhibitory activity against molds, and that anti-mold activity does not predict yeast inhibition.

#### **3.3 Exploration of the antifungal activity of** *Lc. casei* **and** *Lc. paracasei***.**

 Inhibition to *S. bayanus* by strains of the *Lc. casei* group (Fig. 2) contrasted the lack of inhibitory activity of the same strains against mycelial molds (Fig. 1). To further explore the findings, an exploratory test was carried out in a larger scale in tightly sealed jars with 62.5 mL yogurt and 17.5 mL headspace using *P. caseicolum* as indicator (Table S1). In a first experiment, *Lc. rhamnosus* FUA3185 and *Lc. paracasei* FUA3186 were tested and strains of *Lp. plantarum*, *Ff. rossiae, Ff. milii* and *Ln. parabuchneri* were used for 251 comparison. The yogurt samples were stored at 10  $\degree$ C for 15 d and mold growth was assessed visually. Both *Lc. rhamnosus* FUA3185 and *Lc. paracasei* FUA3186 as well as *Ln. parabuchneri* LPB02 and *Lp. plantarum* FUA3183 inhibited growth of *P. caseicolum*  for 15 d. In a second experiment, additional strains of lacticaseibacilli were included, only *Ln. parabuchneri* LPB02 was used for comparison, and yogurt was incubated for 20 d (Table S1). All strains of *Lc. casei, Lc. paracasei* or *Lc. rhamnosus* inhibited fungal growth for 20 d while mycelial growth was visible on yogurt inoculated with *Ln. parabuchneri* LPB02 (Tab. S1).

**3.4 Identification of antifungal metabolites.**

 To explore the active antifungal metabolites that were produced by the 14 selected strains of *Ln. parabuchneri*, *Lp. plantarum, Ff. rossiae,* and *Ff. milii* in milk and yogurt, organic acids and HUFA produced during fermentation and storage were quantified by LC-RI and LC-MS/MS, respectively. The quantification of fatty acids also included saturated and unsaturated fatty acids without hydroxylation (Table S2 and Table S3).

 The multivariate dataset consisting of antifungal activity against several molds, the concentration of organic acids, 1,2 propanediol, and free fatty acids and HUFA was initially analysed by PCoA (Fig. 4). For the linear discriminant analysis (Fig. 4A and Fig. 4B), strains were categorized as having low, moderate, and high antifungal activity. Principle component 1 and 2 explained 51% and 57.1% of the variance in milk and yogurt, respectively. The analysis did not separate the strains based on their antifungal activity, either because the categorization was inaccurate, or because too many metabolites without antifungal activity were included. The loading plot for data obtained in milk (Fig. 4C) and yogurt (Fig. 4D) demonstrated that HUFA, particularly 10-OH 18:1, and acetate were highly correlated to the mold-free shelf life while saturated OH-fatty acids or fatty acids without hydroxylation were not correlated to antifungal activity.

 The contribution of HUFA and acetate to the antifungal activity was confirmed by linear correlation of the metabolite concentrations to the mold-free shelf life (Table 2). The metabolites 13-OH C18:1, 10-OH C18:1, lactate and acetate were included; in addition, we used 1,2 propanediol, which is a co-metabolite of the conversion of lactate to acetate by lentilactobacilli (Gänzle, 2015). In milk, the concentration of 10-OH 18:1 and of (10- 281 OH 18:1 + 13-OH 18:1) were significantly ( $p<0.05$ ) correlated to the mold-free shelf life; in particular, the sum of the concentrations of 10-OH 18:1 and 13-OH 18:1 was strongly correlated to inhibition of *A. clavatus* with a correlation coefficient of > 0.7. Lactate and acetate did not correlate to the mold-free shelf life of milk but 1,2 propanediol strongly correlated with inhibition of *A. clavatus.* The production of 1,2 propanediol in *Ln. parabuchneri* alone was strongly correlated to the inhibition of *A. clavatus* and *P. caseicolum*, with correlation coefficients were 0.96. In yogurt, the concentrations of 10-OH 18:1, lactate, acetate and 1,2 propanediol all significantly correlated to its mold-free storage life. Specifically, acetate was strongly correlated to the inhibition of all the three indicator molds, while 10-OH 18:1 was strongly correlated to the inhibition of *A. clavatus.* The production of 1,2 propanediol in *Ln. parabuchneri* alone was strongly correlated to the inhibition of *P. caseicolum*. Therefore, HUFA and acetic acid were identified as major antifungal metabolites of *Ln. parabuchneri*, *Lp. plantarum, Ff. rossiae* and *Ff. milii*  produced in milk and yogurt matrices. Additionally, 1,2 propanediol contributed to the antifungal activity of *Ln. parabuchneri* and one strain of *Ff. rossiae*.

**3.5 Comparative genomic study.**

 To understand the differences in antifungal activity of lactobacilli at the genetic level, the selected strains were ranked based on their antifungal abilities and their genomes were analysed with respect to the presence of genes that encode metabolic functions that relate to antifungal activity. The selection of enzymes included 10-linoleate hydratases (10-Lah), 13-linoleate hydratases (13-Lah), lactaldehyde dehydrogenase (Lact) and propanediol dehydratase (PduC), which are responsible for the first steps in the conversion of lactate to 1,2 propanediol and 1,2 propanediol to propionate, respectively, by lentilactobacilli. In addition, manganese (Mn) transport enzymes (MntH1, MntH2, and MntH3) were included in the analysis as the antifungal activity of *Lc. rhamnosus* and *Lc. paracasei* in fermented milk products relates to manganese accumulation (Siedler et al., 2020).

 The presence of these genes in relation to the antifungal activity of the corresponding strains is shown in Table 3. Irrespective of their antifungal activity, genomes of all the studied strains of *Lp. plantarum*, *Ff. rossiae, Ff. milli* and *Ln. parabuchneri* included genes coding for 10-Lah, MntH1 and MntH2. The presence of genes encoding for 10-Lah predicted the production of 10-OH C18:1 (Table S2 and S3). The presence of 13-OH 18:1 in milk and yogurt samples (Table S2 and S3) was not predicted by the presence of genes encoding for 13-Lah; 13-OH 18:1 concentration were low in all samples and unrelated to antifungal activity. The presence of lactaldehyde dehydrogenase predicted the production of 1,2 propanediol by *Ln. parabuchneri* LPB02 but not by strains of *Ff. millii* FUA3583 and *F. rossiae* FUA3124. The genes encoding for the conversion of lactate to 1,2 propanediol and acetate were previously identified in *Ff. rossiae* and *F. milii* (De Angelis et al., 2014; Simpson et al., 2022) but the pathway has not been shown to functional in furfurilactobacilli. *Ff. milii* FUA3509 produced 1,2-propanediol during growth in milk and  yogurt but the differentiating genotypic and phenotypic properties relative to other furfurilactobacilli that do not convert lactate remain to be elucidated. Taken together, genomic analysis predicted the formation of some but not all the antifungal metabolites and thus had only limited predictive value for the overall antifungal activity.

**4 DISCUSSION**

 This study compared the antifungal activity of 113 LAB strains covering 18 different species in a high-throughput way by using microplate and identified specific strains of *Lactiplantibacillus plantarum*, *Furfurilactobacillus rossiae* and *Ff. milii,* and *Lentilactobacillus parabuchneri* based on their inhibitory effects against 3 molds. The screening test of 113 LAB strains against molds in three matrices documented the importance of the food matrix for the antifungal activity of LAB. MRS agar medium that contains acetate is reported to strongly affect the production and expression of antifungal metabolites (Le Lay et al., 2016). In our study, modified MRS without addition of acetate was used to avoid interference of acetic acid as a component of the medium. A total of 64 strains exhibited antifungal activity after growth in mMRS while only 8 and 6 strains exhibited antifungal activity after growth in milk and yogurt, respectively. The choice of indicator molds also affects the antifungal performance of LAB. In our study, *P. caseicolum*, *A. clavatus* and *M. racemosus* were chosen to represent fungal contaminants in dairy industry. Because *P. caseicolum* produces a white mycelium and has high lipolytic and proteolytic activity, it is used in surface-ripening of cheese (Gripon, 1993). However, its growth on non-mold-ripened dairy products constitutes spoilage (Ansari and Häubl, 2016). *Aspergillus clavatus* is a representative aflatoxin-forming *Aspergillus* species that  may grow during cheese ripening (Delgado et al., 2016). *Mucor racemosus* belongs to the phylum of *Mucoromycota* and is taxonomically distinct from the other two molds that are classified in the phylum *Ascomycota*. *Mucor racemosus* is of concern in cheese ripening and post-storage as it causes a fuzzy surface on soft cheeses (Bekada et al., 2008). The presence of *Mucor circinelloides* can cause quality deterioration after container bloating in yogurt and induce spoilage (Snyder et al., 2016).

 The anti-yeast activity of the selected strains was not correlated to their antifungal activity against mycelial molds. The sensitivity of yeasts and molds is greatly influenced by environmental conditions, i.e., pH of the substrate and specific type of metabolites. When tested in the supernatant of *Lp. plantarum* MiLAB14 culture, the yeasts *K. marxianus*, *P. anomala*, and *R. mucilaginosa* were more sensitive to 3-OH C10 than the filamentous fungi *A. fumigatus*, *A. nidulans*, *P. roqueforti*, and *P. commune* with MICs between 10 to 50 354 mg  $l^{-1}$  and 25 to 100 mg  $l^{-1}$ , respectively (Sjögren et al., 2003). Conversely, *A. niger* and *P. roqueforti* are susceptible to C18:1 and C18:2 HUFAs with hydroxylation at position 9, 356 10, 12 and 13, with MICs ranging from 230 to 500 mg  $I^{-1}$  while *Candida albicans*, *Saccharomyces cerevisiae*, *Candida valida*, and *Pichia membranaefaciens* tolerated the 358 same compounds at concentrations exceeding 1 g  $L^{-1}$  (Liang et al., 2020a). In our study, the concentration of 10-OH C18:1 ranged from 0.8-2.9 mg/L in milk (Table S2) and from 0.7-1.9 mg/L in yogurt (Table S3) which is about 100 times lower than its MIC towards molds in mMRS media (Liang et al., 2020a). The *in vitro* MIC values were measured in mMRS media at a pH of around 6.0 while the pH of yogurt used in this study was about 4.5 after fermentation; production of lactic and acetic acids during storage (Table S3) reduced the pH further. Because the pKa of acetic acid and HUFA is around 4.75, both  acids are predominantly undissociated in yogurt and the sensitivity of yeasts and molds to undissociated organic acids is higher when compared to dissociated organic acids. Acetic acid exhibited better inhibitory effects against a broad spectrum of fungi at pH 5 compared to pH 7 (Lind et al., 2005). The concentration of acetate in milk and yogurt ranged from 10 to more than 100 mM, which is in the range of MICs of acetate towards molds and yeasts (4-120 mM) (Lind et al., 2005).

 The discrepancy of the inhibitory activity of *Lc. casei* group against mycelium fungi in microtiter plates and small jars likely relates to the impact of oxygen to the growth of molds. Strains of the *Lc. casei* group are used as adjunct culture in cheese because they produce diacetyl and acetoin from pyruvate to provide a desirable butter aroma (Branen and Keenan, 1971). In the present study, the microtiter plates were not hermetically sealed while the jars 376 were tightly closed. In addition, the headspace in the air-tight jars accounted only for  $1/5<sup>th</sup>$  of the volume, which greatly limited the availability of oxygen available to sustain mold growth. Limiting the availability of oxygen is often used in the control of mold spoilage to extend shelf life of dairy products (Foltynowicz and Rikhie, 2020; Haghighi-Manesh and Azizi, 2017; Ledenbach and Marshall, 2009). In addition, hermetically sealed jars with a small headspace to volume ratio trap of antifungal volatiles, especially diacetyl. Strains of the *L. casei* group that encode for the acetolactate synthase (*als*) utilize the citric acid to produce diacetyl (Lo et al., 2018). In yogurt, diacetyl was reported as one of the major anti- mold volatiles produced by *Lactobacillus paracasei* DGCC 2132 (Aunsbjerg et al., 2015). Exposure of dairy molds to diacetyl induced intracellular oxidative stress, leading to cell death (Shi and Knøchel, 2021). The production of HUFA by strains of the *Lc.casei* was not explored in this study and lactic acid, the main catabolite of lacticaseibacilli (Díaz-Muñiz

 et al., 2006) reduces the pH but has no antifungal activity. The antifungal activity of *Lc. paracasei* and *rhamnosus* in yogurt was also attributed to the depletion of manganese (Siedler et al., 2020).

 Specific strains of *Lp. plantarum*, *Ff. milii* and *Ln. parabuchneri* were identified as the most antifungal strains against both yeasts and molds. *Lp. plantarum* is used as an adjunct culture in fermented dairy products to improve health benefits and extend shelf life (Behera et al., 2018). It is a homofermentative organism that converts hexoses to lactate (Gänzle, 2015). It also converts linoleic acid to 10-hydroxy-12-octadecenoic acid or 13-hydroxy-9- octadecenoic acid by linoleate hydratases. Both hydroxy fatty acids have antifungal activity (Black et al., 2013; Chen et al., 2016; Liang et al., 2017). Acetate levels produced by strains of *Lp. plantarum* were all below 50 mM and the HUFA concentration was far below the MIC (Table S2 and S3), therefore, the antifungal mechanism of *Lp. plantarum* is likely based on combined activity of several metabolites.

 *Ln. parabuchneri* is a heterofermentative species that converts lactate to acetate and 1,2-propanediol. It occurs in Swiss cheese and contributes to eye formation, the production of ornithine, histidine and glutamate (Fröhlich-Wyder et al., 2015, 2013). The formation of 1,2-propanediol is best characterized for lentilactobacilli although the relevant enzymes, lactaldehyde dehydrogenase and propanediol dehydrogenase, are also present on other lactobacilli including loigolactobacilli, furfurilactobacilli, limosilactobacilli, and levilactobacilli (Zheng et al., 2015). The strong correlation of 1,2-propanediol production in *Ln. parabuchneri* to mold-free shelf life of yogurt indicates that acetate, the co-product of the metabolic pathway, contributes to mold inhibition.

 *Ff. rossiae* has been used as a biopreservative in bakery products (Garofalo et al., 2012; Samapundo et al., 2016) but the antifungal activity of *Ff. rossiae* or the recently described *Ff. milii* (Simpson et al., 2022) has not been explored in dairy products. *Ff. rossiae* grows poorly in milk because it lacks an extracellular proteinase but has been used as an adjunct culture in dairy products (De Angelis et al., 2014). Comparable to *Lp. plantarum*, the concentration of acetate and HUFA produced by furfurilactobacilli in dairy products was below the respective MICs of the compounds, therefore, the antifungal activity of furfurilactobacilli is likely also attributable to the additive or synergistic effects of HUFA and acetate in conjunction with the low pH.

 In conclusion, this study explored the antifungal activity of LAB in dairy products mimicking practical storage conditions which will provide more in-depth references for the application of antifungal LAB cultures and their metabolites. This characterization identified long chain HUFA as novel compounds contributing to antifungal activity of dairy starter cultures. Antifungal activity was produced mainly by lacticaseibacilli, lactiplantibacilli, furfurilactobacilli and lentilactobacilli but the mechanisms of activity differed between the strains of the four genera with diacetyl production and manganese depletion, formation of long-chain hydroxylated fatty acids and acetate formation as major contributors to antifungal activity. Genomic analyses only partly predicted the production of organic acids but not HUFA which limited the possibilities of explaining the antifungal mechanism from the genomic level. The antifungal activity of different LAB is dependent on synergistic or additive activity of multiple metabolites.

#### **ACKNOWLEDGEMENTS**

 We acknowledge Natural Sciences and Engineering Research Council of Canada, Biena Inc., and Sacco Srl for the funding.

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#### **FIGURE LEGENDS**

 **Figure 1**. Heat map depicting the antifungal effect of 113 strains of lactic acid bacteria against 3 different indicator organisms. Experiments were conducted with mMRS, milk, or yogurt as fermentation substrate. The indicator organisms and the fermentation substrate are shown on the y-axis; the LAB strains are shown on the x-axis and the time to visible mycelial growth is indicated as a heat map. mMRS media, milk and yogurt were fermented 640 with lactic acid bacteria at 30  $\degree$ C for 2 d prior to addition of the conidiospores of the 641 indicator organisms and further incubation at 25  $\degree$ C for 15 d. Shown are the averages of quadruplicate independent experiments.

 **Figure 2**. Cell counts of *Saccharomyces bayanus* SCPa01 in yogurt fermented with *L. delbrueckii* and *S. thermophilus* and the following adjunct cultures: *Furfurilactobacillus milii* FUA3115 (▲), *Furfurilactobacillus rossiae* FUA3126 (Δ), *Lacticaseibacillus rhamnosus* FUA3185 (▼), *Lacticaseibacillus paracasei* FUA3186 (▼), *Lentilactobacillus parabuchneri* LPB02 (■), *Lactiplantibacillus plantarum* LP023 (◊), *Lactiplantibacillus plantarum* LP024 (◆), and *Lactiplantibacillus plantarum* LP048 (◆). A control was 649 fermented without adjunct cultures  $(\bullet)$ . Yogurt was fermented for 8 h at 43 °C, challenged 650 with the spoilage yeast and incubated at 10 °C. Data are shown as means  $\pm$  of triplicate independent experiments. Above the x-axis, the symbols corresponding to those adjunct cultures that significantly (P<0.05) reduced the cell counts of *S. bayanus* compared to the control are shown.

 **Figure 3**. Cell counts of *Saccharomyces bayanus* SCPa01 in yogurt fermented with *L. delbrueckii* and *S. thermophilus* and the following adjunct cultures: *Furfurilactobacillus* 

 *rossiae* FUA3115 (▲), *Furfurilactobacillus rossiae* FUA3126 (Δ), *Furfurilactobacillus. rossiae* FUA3583 (▲), *Lacticaseibacillus casei* FUA3311 (▼), *Lacticaseibacillus paracasei* FUA3413 (▼), *Lacticaseibacillus. paracasei* FUA3491 (▼), *Lacticaseibacillus. paracasei* LPC31 (▽), *Lentilactobacillus parabuchneri* LPB02 (■), *Lentilactobacillus. parabuchneri* FUA 3154 (■) *Lactiplantibacillus plantarum* LP023 (◊) and *Lactiplantibacillus plantarum* LP024 (◆). A control was fermented without adjunct 662 cultures ( $\bullet$ ). Yogurt was fermented for 2 d at 30 °C, challenged with the spoilage yeast and 663 incubated at 25 °C. Data are shown as means  $\pm$  of triplicate independent experiments. Above the x-axis, the symbol for the control experiment is shown on those time points where cell counts of *S. bayanus* were significantly (P<0.05) higher in the control experiment compared to all samples with adjunct cultures.

 **Figure 4**. Linear discriminant analysis of mold free storage life in milk (Panels A and C) and yogurt (Panels B and D) challenged with *A. clavatus*, *P. caseicolum* and *M. racemosus*. and concentration of fatty acids and bacterial metabolites. **Panels A and B**: PCoA with 670 strains categorized as having least, moderate and most effective strains with a cutoff of  $\lt$ 671 4 d (least),  $\lt 8$  d (moderate) and  $\lt 10.2$  d (most) for milk (Panel A) and  $\lt 4.5$  d (least),  $\lt$  6.75 d (moderate) and < 10.2 d (most) for yogurt. Cut-offs were selected to obtain an approximately equal number of strains in each category. **Panels C and D**: Loading plots showing correlations of fatty acids and bacterial metabolites with the mold-free storage life.



## 675 **Table 1. Lactic acid bacteria used in the study**



**Table 2.** Correlation between metabolites produced by *Ln. parabuchneri*, *Lp. plantarum* and *Ff. rossiae* and the mold-free storage life of milk or yogurt that was inoculated with *A. clavatus*, *P. caseicolum* or *M. racemosus* and stored at 10 °C. Shown are the correlation coefficients and the *P-*values

	A. clavatus	P. caseicolum	M. racemosus
	<b>Milk</b> (correlation coefficient / $P$ -value)		
Mono-OH $18:0$	n.s.	n.s.	n.s.
10-OH 18:1	0.59/0.03	0.598 / 0.024	0.624 / 0.016
13-OH 18:1	n.s.	n.s.	n.s.
$(10-OH 18:1+13-OH 18:1)$	0.985 / < 0.001	0.645 / 0.013	0.629 / 0.016
Lactate	n.s.	n.s.	n.s.
Acetate	n.s.	n.s.	n.s.
1,2, propanediol	0.854 / < 0.001	n.s.	n.s.
(lentilactobacilli only)	(0.957 / 0.043)	(0.964 / 0.036)	(0.003 / 0.007)
	Yogurt (correlation coefficient / $P$ -value)		
Mono-OH 18:0	n.s.	n.s.	n.s.
10-OH 18:1	0.725/0.003	0.625 / 0.017	0.558 / 0.038
13-OH 18:1	n.s.	n.s.	n.s.
$(10-OH 18:1+13-OH 18:1)$	0.637 / 0.014	0.591 / 0.026	0.572 / 0.033
Lactate	0.538 / 0.047	0.646 / 0.013	n.s.
Acetate	0.757 / 0.003	0.807 / < 0.001	0.776 / 0.001
1,2, propanediol	0.606 / 0.022	n.s.	0.574 / 0.032
(lentilactobacilli only)	n.s.	0.953 / 0.047	n.s.



### Table 3. Presence of genes related to antifungal activity of lactobacilli in genome sequenced strains that were used in this study

A: impact on mold free shelf life. Show is the number of replicates of a total of 9 experiments that extended the mold-free shelf life to 8 days or more. The 9 experiments represent the permutation of three challenge strains and 3 fermentation substrates shown in figure 1; each of these experiments was done in 4 independent replicates.

Protein names and accession numbers of query sequences: 10Lah, linoleate-10-hydratase *Lp. plantarum*  (AOZ57083.1); 13Lah; linoleate-13-hydratase *Lactobacillus acidophilus* (AHW98239.1); MtnH1, Mn<sup>2+</sup> Nramp family transporter *Lp. plantarum* (AAO15439.1); MtnH2, Mn<sup>2+</sup> Nramp family transporter *Lp. plantarum* (AAO15440.1); MtnH3; Mn2+ / Fe2+ Nramp family transporter *Lp. plantarum* (EFK28456.1); Lact, lactaldehyde dehydrogenase *Lt. buchneri* (KRK67102.1); PduC, propanediol dehydratase medium subunit *Lt. buchneri*  (WP\_153152761.1).

Red: >80% amino acid identity and >80% coverage.

Orange: >55% amino acid identity and >73% coverage.

Yellow: >50% amino acid identity and > 68% coverage.

White: no Blast hit with <=50% amino acid identity.



1: *Lactobacillus acidophilus*; 2: *L. helveticus* 3: *Lc. paracasei;* 4: *Lc. rhamnosus ;* 5: *Lc. casei;* 6: *Lt. sakei;* 7: *Lt. curvatus*; 8: 3166 Lg. coryniformis; 9: Lp. plantarum; 10: Ff. milli; 11: Ff. rossiae; 12: Lm. fermentum; 13: Lm. equigenerosi; 14: Lv. hammesii; 15: Ft. sanfranciscensis; 16: Ln. parabuchneri; 17: Ln. buchneri; 18: Lu. lactis; 19: Lu. mesenteroides.  $\mathbf{L}$  $-$ 







#### **Online supplementary material to**

## **Antifungal cultures and metabolites of lactic acid bacteria for use in dairy fermentations** Nuanyi Liang#, Zheng Zhao#, Jonathan M. Curtis, and Michael G. Gänzle\*

**Figure S1**. Cell counts of *Torulaspora delbrueckii* TOD01 at 10 °C in yogurt fermented at 43°C with *L. delbrueckii* and *S. thermophilus* and adjunct cultures **Figure S2**. Cell counts of *Candida sake* CDS01 at 10 °C in yogurt fermented at 43°C with *L. delbrueckii* and *S. thermophilus* and adjunct cultures **Figure S3**. Cell counts of *Candida sake* CDS01 at 25 °C in yogurt fermented at 30°C with *L. delbrueckii* and *S. thermophilus* and adjunct cultures **Table S1.** Inhibitory effect of *Lc. (para)casei* strains in yogurt challenged by *P. caseicolum* **Table S2.** Concentration of organic acids and fatty acids in milk **Table S3.** Concentration of organic acids and fatty acids in yogurt



**Figure S1**. Cell counts of *Torulaspora delbrueckii* TOD01 in yogurt fermented with *L. delbrueckii*  and *S. thermophilus* and the following adjunct cultures: *Furfurilactobacillus milii* FUA3115 (▲), *Furfurilactobacillus. rossiae* FUA3126 (Δ), *Lacticaseibacillus rhamnosus* FUA3185 (▼), *Lentilactobacillus parabuchneri* LPB02 (■), *Lactiplantibacillus plantarum* LP023 (◊), *Lactiplantibacillus. plantarum LP024* (♦). A control was fermented without adjunct cultures (●). Yogurt was fermented for 8 h at 43 °C, challenged with the spoilage yeast and incubated at 10 °C. Data are shown as means  $\pm$  of triplicate independent experiments.



**Figure S2**. Cell counts of *Candida sake* CDS01 in yogurt fermented with *L. delbrueckii* and *S. thermophilus* and the following adjunct cultures: *Furfurilactobacillus milii* FUA3115 (▲), *Furfurilactobacillus rossiae* FUA3126 (Δ), *Lacticaseibacillus rhamnosus* FUA3185 (▼), *Lacticaseibacillus paracasei* FUA3186 (▼), *Lentilactobacillus parabuchneri* LPB02 (■), *Lactiplantibacillus plantarum* LP023 (◊), *Lactiplantibacillus plantarum* LP024 (◆). A control was fermented without adjunct cultures  $(\bullet)$ . Yogurt was fermented for 8 h at 43 °C, challenged with the spoilage yeast and incubated at 10 °C. Data are shown as means  $\pm$  of triplicate independent experiments.



**Figure S3.** Cell counts of *Candida sake* CDS01 in yogurt fermented with *L. delbrueckii* and *S. thermophilus* and the following adjunct cultures: *Furfurilactobacillus milii* FUA3583 (▲), *Lacticaseibacillus paracasei* LPC31 (▽), *Lentilactobacillus parabuchneri* LPB02 (■), or *Lactiplantibacillus plantarum* LP023 (◊). A control was fermented without adjunct cultures (●). Yogurt was fermented for 2 d at 30 °C, challenged with the spoilage yeast and incubated at 25 °C. Data are shown as means  $\pm$  of triplicate independent experiments. Above the x-axis, the symbols corresponding to those adjunct cultures that significantly (P<0.05) reduced the cell counts of *C. sake* compared to the control are shown.



**Table S1.** Comparison of the inhibitory effect of adjunct cultures on microtiterplates and in yogurt challenged by *P. caseicolum*

A: Data was derived from Figure 1.

B: Results were based on two individual tests; -: no visible fungal growth; +: visible white mycelium but no conidiospores; ++: yogurt has dark spots on surface indicating conidiospores formation; +++: yogurt surface is covered with mycelium forming conidiospores.

1 **Table S2. Summary of the production of organic acids and fatty acids in milk.** Milk (575 µL) was fermented for 2 d at 30 °C and

2 incubated for 14 d prior to sampling at 25 °C to match the conditions of the challenge assays. The negative control represents

3 uninoculated milk that was incubated at the same conditions.



4 Shown are averages of three replicates

5 **Table S3. Summary of the production of organic acids and fatty acids in yogurt.** Yogurt (575 µL) was fermented for 2 d at 30 °C

6 and incubated for 14 d prior to sampling at 25  $\degree$ C to match the conditions of the challenge assays. The negative control represents

7 yoghurt that was incubated without adjunct cultures at the same conditions.



8 Shown are averages of three replicates