**190710 Kalas With Gulnaz**

**Duration: 00:49:48**

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| **Name** | **Translation** | **Code** |
| Dr. Huma | Are you with her? |  |
| W1 | Yes. |  |
| Ayesha | Assalam o Allaikum. |  |
| Afshan | We bring your patients. |  |
| Dr. Huma | Our patient…  How are you? |  |
| Afshan | Perfectly fine. |  |
| Dr. Huma | How is your job going? |  |
| Afshan | First class… |  |
| Dr. Huma | Weather is too hot. |  |
| Afshan | Yes, it is hot. |  |
| Dr. Huma | Did you get your ultrasound done? |  |
| Gulnaz | I went for ultrasound only once. On the fourth of this month. |  |
| Dr. Huma | Where did you go for ultrasound? |  |
| Gulnaz | *Nighat…* |  |
| Dr. Huma | You went to *Nighat?* Does she live near your area?  Our LHWs has started doing their work because of you. |  |
| Afshan | Yes, we have to do something. You know very well that all these our case studies and we have to focus on them. |  |
| Dr. Huma | Yes. |  |
| Afshan | There has been a maternal death in your area. |  |
| Dr. Huma | Did you get to know? It happened at night. |  |
| Afshan | Did they bring her to you? |  |
| Dr. Huma | No, they didn’t bring her to us. Her blood pressure was high and her baby was pre-mature. |  |
| Afshan | Yes, it was pre-mature. Wasn’t it? |  |
| Dr. Huma | Yes. |  |
| Ayesha | She didn’t come here for checkup? |  |
| Dr. Huma | Not even once. |  |
| Ayesha | Okay. |  |
| Dr. Huma | Her sister came here at night. She is suffering from Asthma. |  |
| Afshan | Her sister? |  |
| Dr. Huma | Yes.  She told me about her death. |  |
| Afshan | She came under *Alwiya's* catchment area. |  |
| Dr. Huma | Yes. |  |
| Afshan | She is *Bahoo* of that village. |  |
| Dr. Huma | They will scold in the next meeting.  When did you have your periods?  You only go to *Suhawa* for checkup? |  |
| Gulnaz | I went there only once. Then I went to *Naara* twice. |  |
| Dr. Huma | Your blood pressure remains normal? |  |
| Gulnaz | Yes. |  |
| Afshan | Do you have antidotes in your RHC? |  |
| Dr. Huma | No. |  |
| Afshan | Antibodies? |  |
| Dr. Huma | They are not available. |  |
| Afshan | Both things are not available?  It becomes very dangerous in current weather… |  |
| Dr. Huma | Yes, it does get dangerous.  We don’t get it from our office. We give it to people when it is provided. We place demand when the supply is finished and we refer our patients to DHQ till we receive our new supply.  What kind of problem do you have? |  |
| Gulnaz | I am feeling pain in my ribs. |  |
| Dr. Huma | Does your baby move? |  |
| Gulnaz | Yes, it does. |  |
| Dr. Huma | When do you feel pain in your ribs? |  |
| Gulnaz | I feel pain when I lay down or breathe. |  |
| Dr. Huma | Do you feel pressure?  Do you have any problems in urinating? |  |
| Gulnaz | No. |  |
| Dr. Huma | This pain in your ribs will continue, alright? I cannot prescribe you any medicine for that. Let's do your ultrasound.  I am taking her for ultrasound. |  |
| Afshan | Yes, sure. |  |
| Dr. Huma | Please wait. |  |
| Afshan | You want me to climb on weighing machine? |  |
| Nighat | Yes. |  |
| Ayesha | Can I take a picture? |  |
| Afshan | Yes.  You will get to know about this in the future.  It is the very early stage. |  |
| Ayesha | They have not mentioned any maternal deaths.  January, February, March, April and May…. |  |
| Afshan | There was a maternal death today… |  |
| Ayesha | It was today but what about all the other months? There wasn’t any maternal death?  This is July and even a single infant death is not mentioned here. |  |
| Afshan | How is it possible? |  |
| Ayesha | This is not possible… |  |
| Afshan | But this is only their record.. |  |
| Ayesha | *Peer Pilai* service Utilization Data. Doesn’t this cover the whole area?  It is the name of this centre, RHC *Peer Pilai.* |  |
| Afshan | They are only mentioning the reported antenatal. |  |
| Ayesha | Maybe… |  |
| Afshan | Look here, abortions are also mentioned. |  |
| Ayesha | They actually mentioned abortions.  Three, two..  Have you seen that the nurses and other workers are their *Chamchiyaan?*  This is the thing I hate the most.  She is not here today.  You remember the veiled woman who was here last time. |  |
| Afshan | Yes, she was here.  Her name is *Rubina Shaheen.* |  |
| Ayesha | All of these women are so clever. |  |
| Afshan | Doctor is like them too. |  |
| Ayesha | She too is clever.  We gradually get to know about them.  She is clever that’s why she is able to survive here.  Madam, who told you about her visit to *Kalas?* |  |
| Afshan | Women of that area told me. |  |
| Ayesha | They told you that she came to *Kalas?* |  |
| Afshan | They actually know about it. |  |
| Ayesha | She clearly denied… |  |
| Afshan | I will know if she lies. |  |
| Ayesha | How will you get the information? |  |
| Afshan | They must have her documents and reports. |  |
| Ayesha | Yes…  And they will show you these records open-heartedly. |  |
| Afshan | This is why I am planning to visit them again. |  |
| Ayesha | Yes, you should go to them.  And look at *Alwiya…*  You must know better. You were saying the right thing.  Indolent… |  |
| Afshan | *Alwiya* is very lazy… |  |
| Ayesha | You are right. |  |
| Afshan | She is here today… |  |
| Ayesha | It is obvious. They came here today because they are afraid. |  |
| Afshan | She was saying that the will be scolded. |  |
| Ayesha | Yes, she must be afraid.  We cannot tell them that they are our case studies. This is why we provide them facilitation so that if we are getting benefit then they should get something in return.  Madam, can I take some pictures? |  |
| Afshan | Yes.. |  |
| Dr. Huma | You didn’t have any checkup in so long? |  |
| Afshan | She came to her home after five or six months. |  |
| Dr. Huma | You know what! Whoever comes for checkup, I try to make them understand.  We had an antenatal in *Jorr…* her *guarda* was 9 and her blood pressure was 240/140. |  |
| Afshan | Oh my God! |  |
| Dr. Huma | So I referred her. I asked her to get her checkup done from the hospital but she didn’t go.  She came back to me after twenty days. She was throwing up and her blood pressure was high. I gave her a tablet. She started having hemorrhaging after five minutes. |  |
| Afshan | Oh… |  |
| Dr. Huma | I referred her to *Chakwal.* She went to *Rawalpindi* from there. She had a dialysis there. |  |
| Afshan | Alright.  I think that girl is married in this village. |  |
| Dr. Huma | No, she was from some other village. |  |
| Afshan | Okay.  I am asking because a similar case has happened in this village. Her newborn girl died and she has had dialysis. She had the same problem of hypertension.  Her mother used to live in *Joor.* She doesn’t live there. Her in laws live here and she used to live in *Dhok Raja.* Her case was very complicated.  She went home and her condition got worse. She started vomiting. It is the some case.  I think we are talking about the same person.  I wasn’t able to meet her because she is in *Holy Family.* They brought her here but they are taking her back again because her condition is not good at all.  Your LHW *Shazia* told me about this case. Her catchment area is *Dhok Raja and Dhok Mohsin.* |  |
| Dr. Huma | Alright. |  |
| Afshan | I told her that I want to meet that girl. *Shazia* told me that no one is there at her home. Her kids are with her mother in *Joor. Shazia* has promised to take me to her when she will come back. |  |
| Dr. Huma | Okay. |  |
| Afshan | This is a very interesting exploring. Why didn’t she go to other doctor? |  |
| Dr. Huma | I usually receive cases in bad shape. Those women don’t get ready to go to any other doctor. |  |
| Afshan | I am telling you that I attended the funeral of that woman. She was in such bad shape that they didn’t show her dead body to anyone.  They took her after giving her bath. She was bleeding. She was bleeding from all her veins.  She received three bottles of blood intra venously. She was bleeding through all the veins. |  |
| Dr. Huma | Oh… |  |
| Afshan | I talked to the women who bathed her. She was her cousin. She told me that her ablution wasn’t holding because of continuous bleeding. She was bleeding from other parts of her body as well.  She died at 9:00 pm. They kept her body all night. Then her family brought her dead body home and arranged her funeral. They didn’t show her body to anyone.  I asked the reason and they told me that her body was not in good shape. |  |
| Dr. Huma | The weather is hot too. |  |
| Afshan | Yes.  They were keeping her body in ice. It is very difficult to keep a dead body in such weather. |  |
| Dr. Huma | Yes. |  |
| Afshan | I got to know about it in the morning. Your LHW *Nazima* told me about it. She came to me around seven in the morning.  She told me the whole story and asked if I wanted to go. And I said yes.  We left at eight in the morning. She had to finish some chore at home. Some guests were staying over at her place. She arranged for their breakfast. It took some time.  We left at eight and reached there at nine in the morning.  Nevertheless, people were telling very sad stories.  When we came here in the beginning, we observed that people used to take antenatal care. We used to think that we selected a wrong area for our research. |  |
| Dr. Huma | Yes. |  |
| Afshan | It is not the representative of whole *Pakistan.* But we observed a maternal death while we are here. |  |
| Dr. Huma | There were many maternal deaths this year. |  |
| Ayesha | But maternal deaths are not mentioned here. |  |
| Afshan | Do you guys mention the maternal deaths which happen in this particular health centre? |  |
| Dr. Huma | Yes, we mention those deaths. |  |
| Ayesha | Alright. |  |
| Afshan | This is the record register of this particular center. I told you before. |  |
| Ayesha | Right. |  |
| Dr. Huma | Thank God nothing has happened here. |  |
| Afshan | Yes. |  |
| Ayesha | Yes. |  |
| Dr. Huma | Patients usually come in a very serious condition and I refer them straight away. I don’t keep serious cases. |  |
| Afshan | The important thing is that it takes time to reach *Rawalpindi.* It takes almost two hours. |  |
| Dr. Huma | I refer very serious cases to *chakwal and Gujar Khan.* |  |
| Afshan | Yes. |  |
| Dr. Huma | It is the choice of patient. They go where they want. |  |
| Afshan | It is a very difficult work. I was asking about anti bodies because a dog bit one of my team members. I sent him over to *Pindi.* |  |
| Dr. Huma | Alright.  You could have found it in *Chakwal.* |  |
| Afshan | I didn’t take him there because I didn’t know where to go. I thought of taking him to DHQ but then I thought that what if they don’t have it either. It was evening time. |  |
| Dr. Huma | No, they have it. |  |
| Afshan | I didn’t take the risk.  I sent him to *Rawalpindi.* He was fine. It wasn’t a big deal but you know that these things can become dangerous any time.  He had those bite marks. |  |
| Dr. Huma | That bite contains germs. Every health centre should have such things but what can we do? |  |
| Nurse. | It is happening a lot these days.  I had duty on Sunday. A boy came in and said that he wanted to have dressing on his wound. We inquired him about his wound. A cat bit him and the bite was very deep. |  |
| Afshan | Oh… |  |
| Nurse | We cleaned the wound and put a dressing on it. We asked him to go to *Chakwal.* Meanwhile, another patient came in. he was bitten by a dog.  We received three or four similar cases. I don’t know if this is happening because of the hot weather or there is some other explanation.  Those were there pet dogs. |  |
| Afshan | Actually, these dogs aren't vaccinated. |  |
| Dr. Huma | Yes, they are not vaccinated. |  |
| Afshan | There is no trend of getting our dogs vaccinated. This is a very dangerous thing. |  |
| Dr. Huma | You will find a dog in every household. |  |
| Afshan | I was already thinking that we need antidotes at our homes. What if a snake or scorpion bites someone? This is a very high risk area for such things and antidote is not available here.  I am going back on Thursday and I will bring an antidote with me. |  |
| Nurse | We should do something about it. This happens very frequently. |  |
| Ayesha | Do you tell your superiors about these problems in meetings? |  |
| Dr. Huma | We do report these problems. |  |
| Ayesha | They don’t do anything about it? |  |
| Dr. Huma | They ask us to submit a written demand. We submit the demand every time they ask us to. |  |
| Afshan | You don’t even know the type of snakes. 90% of the times they are not poisonous. |  |
| Dr. Huma | Yes, but there are poisonous snakes in this area. |  |
| Afshan | There are? |  |
| Dr. Huma | Yes.  Scorpions come out of ground in my own house. |  |
| Afshan | Thank God we don’t have such problem.  We only caught one from our room. |  |
| Ayesha | Yes, and it was a baby scorpion. |  |
| Afshan | But still we cleaned the whole house and sprayed coopex. |  |
| Dr. Huma | I never saw it before. I saw it here for the first time. |  |
| Afshan | You saw a scorpion live for the first time. This is why I am very serious about this matter. What if something happens to my colleagues or me?  They will not be able to take me to *Rawalpindi* even. Car will be outside, but they will not be able to take me out.  (Ayesha is laughing) |  |
| Dr. Huma | I feel strange even when I call the names of these things. |  |
| Afshan | Yes. It creates a strange tickling feeling. |  |
| Dr. Huma | Allah will keep us safe. |  |
| Afshan | But we are afraid after that one incident.  I took him to *Malhaal.* Then I talked to dr. *Sohail* and he told me that antidote is not available in this area. He asked me to take him to *Rawalpindi.*  Then I took counsel from some other people and they stopped me from taking him to *Chakwal.* They said that it is better to go to *Rawalpindi.*  We took him to *Rawalpindi* and he had his first shot of vaccine. |  |
| Dr. Huma | Yes. |  |
| Afshan | He will have four more shots of vaccine. |  |
| Dr. Huma | Pain of injections and pain of the bite. |  |
| Afshan | Yes, and that wound was swelling and getting blue. |  |
| Ayesha | It was getting hard too. |  |
| Dr. Huma | The bite was very severe. Why did he go in front of the dog? |  |
| Afshan | He didn’t go near the dog. A boy works at our home. He went to his house and rang bell. A boy came from inside and the dog was with him.  People don’t usually get scared when the dog comes with its owner. |  |
| Dr. Huma | Yes. |  |
| Afshan | He wasn’t scared of the dog. It came and stood near him. Everything happened so suddenly that he wasn’t able to do anything.  This dog has done it before. He was the fifth or sixth victim. |  |
| Dr. Huma | Why are they keeping that dog then? |  |
| Afshan | I will not leave them like this. I have told them to get rid of the dog or I will file report in police. |  |
| Dr. Huma | Yes. |  |
| Gulnar | Whose dog was it? |  |
| Afshan | It was *Bakhtawar's* dog. |  |
| Dr. Huma | Was that dog rabid? |  |
| Ayesha | No… |  |
| Dr. Huma | We should check it. Rabid dogs usually bite in hot weather. |  |
| Afshan | They are not even bothered by it. That dog has bitten so many animals. You never know if a dog is rabid or not. |  |
| Dr. Huma | Yes. |  |
| Ayesha | Yes. |  |
| Afshan | Survival chances after a rabid dog bite is less than two percent. |  |
| Dr. Huma | Exactly.  Only one out of 100 victims survives after such an attack and it needs intensive care. Everyone has a dog in this area and they don’t even bother if their dog bites someone. |  |
| Afshan | They don’t vaccinate their dogs either. They should at least do that.  The owner told me that they vaccinated the dog when it was a cub. I told him that a vaccine doesn’t work for that long.  I said that they should kill the dog. It is the rule to kill such a dog. |  |
| Dr. Huma | Give it poison. |  |
| Nurse | Mix the poison in its food. |  |
| Afshan | No, I have summoned the father of that kid. I myself is facing pressure.  A single dose of vaccine costs 800 rupees and the whole course comprises of five injections. |  |
| Dr. Huma | Yes, you are right. |  |
| Afshan | You know that we too have officials. They are concerned that we will have to pay for it. The owner family should pay for the vaccines. |  |
| Dr. Huma | Yes. |  |
| Afshan | This is a proper law in foreign countries. I am not concerned about the money but they should dispose the dog. |  |
| Ayesha | Do you stay here on Saturdays and Sundays? |  |
| Dr. Huma | Yes. |  |
| Ayesha | Full week? |  |
| Dr. Huma | Yes. I go to *Islamabad* once in a month. |  |
| Afshan | Do you go to *Islamabad?* |  |
| Dr. Huma | Yes. |  |
| Afshan | Do you live there? |  |
| Dr. Huma | My sister lives there. |  |
| Afshan | Alright. |  |
| Dr. Huma | She is married. We are from *Rohri Sakhar.* |  |
| Afshan | Okay. |  |
| Dr. Huma | I go there to visit my sister. |  |
| Afshan | There is a limit for every person. We cross our limit after five days. |  |
| Ayesha | Yes. |  |
| Afshan | We go home on weekends.  You stay inside the clinic and we have to move around for our work. |  |
| Dr. Huma | I get bore because of the monotony. |  |
| Afshan | Yes. |  |
| Dr. Huma | I am used to this routine now. |  |
| Afshan | You get bore because you live alone. |  |
| Dr. Huma | This is another reason. |  |
| Nurse | Even a single day break routine can make you fresh. |  |
| Dr. Huma | No. I usually have a long to-do-list which doesn’t finish and I end up wasting money. |  |
| Afshan | You are right.  We have to do so many things when we go back. And the work doesn’t end. |  |
| Ayesha | What are your duty hours? |  |
| Dr. Huma | Round the clock.  My OPD timings are from eight to two in the noon. |  |
| Ayesha | Okay. |  |
| Afshan | She is like us. We are on duty 24 hours a day. |  |
| Ayesha | Exactly. |  |
| Afshan | We are available all the time.  I will come with them even if they start having pains at midnight. |  |
| Ayesha | Yes. |  |
| Dr. Huma | Yes. |  |
| Afshan | I come with them if the inform us. |  |
| Dr. Huma | You will miss these people after leaving this place. |  |
| Afshan | Yes, that’s true. |  |
| Gulnaz | We will get free by then. (laughing) |  |
| Afshan | Insha Allah.  I think we should leave now. |  |
| Nurse | When are you leaving? |  |
| Afshan | As soon as we wind up this project because there are few other projects lined up in the pipeline.  Basically I am a manager but I have two degrees so I have to look after some other things as well. |  |
| Dr. Huma | Okay. |  |
| Afshan | I have done MBA from abroad and I have a degree in Anthropology as well. This is why I look after management and data collection both.  I have to do both things simultaneously. You had another patient and her due date was 15th of this month. I don’t know what she is up to.  I will go to her in the evening. *Aansa* brings her here. |  |
| Dr. Huma | I don’t remember her. |  |
| Afshan | She is *Aansa's* patient. She is very pretty and it is her 6th pregnancy. |  |
| Dr. Huma | Alright. |  |
| Afshan | Her name is *Yasmeen.* 15th was her due date. |  |
| Ayesha | You gave her that date. |  |
| Afshan | I don’t know what is going on. Its 19th now. |  |
| Dr. Huma | *Aansa* should have brought her here. |  |
| Afshan | She should bring her here. Her checkup is due. |  |
| Dr. Huma | Yes. |  |
| Afshan | I will ask about her today.  I thought of going to her before bringing *Gulnaz* here. I went there because of that funeral. I will go there in the evening because she has passed her due date. |  |
| Dr. Huma | She should come tomorrow or today if she can. |  |
| Afshan | Let's go.  Thank you so much. Your patients are waiting. |  |
| Dr. Huma | Allah Hafiz. |  |
| Afshan | Sit inside. |  |
| Ayesha | Please have a seat.  (sound of starting the car) |  |
| Afshan | I asked *Rabiyah* and she told me that they went to receive the body at night. The hospital didn’t hand it over to the family. I said "they didn’t treat her properly when she was alive. Why were they taking her body?"  This is a general sentiment. They didn’t take care of her when she was alive. They were taking her dead body just to get praise from people. |  |
| Gulnaz | Yes, exactly. |  |
| Ayesha | Aren't we going to *Gujar Khan?* |  |
| Afshan | We will go there later. Let's get the UPS fixed. |  |
| Ayesha | Okay. |  |
| Afshan | The doctor was saying that she didn’t come to her for check up. And her family says that they brought her here and the doctor couldn’t detect anything.  God knows the truth. The doctor was saying that her sister came here for asthma treatment. I think she had that attack because of her sister's death. I will get to know the details after going there.  It will be her *Qul* ceremony on day after tomorrow. Do you guys do *qul* or *Teesra?* |  |
| Gulnaz | It's their choice.  Everyone follows their own traditions. |  |
| Ayesha | When is your due date? |  |
| Gulnaz | It is fourth. |  |
| Ayesha | Fourth of August? |  |
| Gulnaz | Yes. |  |
| Ayesha | Alright. |  |
| Nighat | What was she saying? In which month of pregnancy was she? |  |
| Afshan | It was her seventh month.  She went with them to receive her dead body. She didn’t bring her for checkup in last five months. |  |
| Ayesha | She was in the seventh month of pregnancy?  What was her name? |  |
| Afshan | I guess her name was *Shagufta.* |  |
| Gulnaz | Are you talking about the girl who died? |  |
| Ayesha | Yes. |  |
| Gulnaz | I don’t know. I never met her.  These LHWs don’t do anything. |  |
| Afshan | Hmmm… |  |
| Gulnaz | They don’t do anything properly. |  |
| Afshan | Yes.  Their main duty is to create awareness. If they don’t do it properly then what is their use? |  |
| Ayesha | Yes.  *Gulnaz*, when did you leave *Poda?* You left your job after getting pregnant or right after wedding. |  |
| Gulnaz | I haven't left *Poda.* I am on leave. |  |
| Afshan | She is on leave. |  |
| Ayesha | Alright. |  |
| Gulnaz | I took leave from the start of this month. |  |
| Ayesha | Alright. |  |
| Gulnaz | And today is 19th. I have been on leave for 19 days. |  |
| Ayesha | Right. |  |
| Afshan | This leave is paid?  What is your pay package? |  |
| Gulnaz | It is 5000 rupees. |  |
| Afshan | You work with *Paper Maashi* workshop right? |  |
| Gulnaz | Yes. |  |
| Afshan | What was the issue of *Tayyaba?* |  |
| Gulnaz | I am on leave so I don’t know much. I will get to know the details after going to my in laws. |  |
| Afshan | They have fired her. |  |
| Gulnaz | Ahan? |  |
| Afshan | I guess so. I don’t know for sure. |  |
| Gulnaz | I heard that she had a fight with someone. |  |
| Afshan | Yes. |  |
| Gulnaz | But I didn’t know that she got fired. |  |
| Afshan | Either she has resigned or they have fired her. I am not sure. |  |
| Gulnaz | Something must have happened.  They have fired her. |  |
| Afshan | *Tayyaba's bhabhi* died too. |  |
| Gulnaz | Yes.  I heard that she gave birth to two daughters and both of them died. Then she passed away as well. |  |
| Afshan | Yes, on the same day. |  |
| Gulnaz | Doctors suggested her complete bed rest. |  |
| Afshan | Okay. |  |
| Gulnaz | But they took work from her and I guess she died because of that.  Where did she die? |  |
| Afshan | She died in *Sohawa Dewaliyaan.* |  |
| Gulnaz | Ahan?  She didn’t go to any hospital for checkup? |  |
| Afshan | I have heard that she went to *Kalas* for checkups. |  |
| Gulnaz | How did she die then? |  |
| Afshan | Her daughters were born pre-mature. They were born in 6th month of the pregnancy. |  |
| Gulnaz | Ahan?  The doctors couldn’t save her either? |  |
| Afshan | She didn’t even reach to any doctor. They were taking her to hospital. She died as soon as they sat in the car. |  |
| Gulnaz | She gave birth at home? |  |
| Afshan | Yes.  She was at her *Nand's* place. I have heard that they went to bring the doctor when her pains started at night. One baby was already delivered by the time the doctor arrived. |  |
| Gulnaz | They went to bring the doctor? Why didn’t they take her to the doctor? |  |
| Afshan | One baby was already delivered by the time the doctor arrived.  And she wasn’t a doctor. She was a midwife or something else. |  |
| Ayesha | Yes. |  |