

Graphical Abstract (TOC)

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Growth and characterization of metastable hexagonal nickel thin films via plasma-enhanced atomic layer deposition

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Abstract

There is a great interest in various branches of the advanced materials industry for the development of novel methods (and improvements to existing ones) for the deposition of conformal ultrathin metallic films. In most of these applications, like enhanced solar absorbers and microelectronics, achieving the capacity to deposit a conformal thin film on a three-dimensional structure is an important condition. Plasma-enhanced atomic layer deposition (ALD) is known for its potential for growth of conformal thin films with a precise control over the thickness, and its capability for deposition at relatively low temperatures (below 500°C). This study evaluates the potential of plasma-enhanced ALD for growth of conformal nickel thin films, using bis(ethylcyclopentadienyl)nickel and nitrogen/hydrogen plasma as precursors. A comprehensive analysis of the structure, composition, and physical properties of the films was performed. The results indicate that conformal nickel films with low levels of impurity were successfully deposited on sapphire. The films had a roughness of $R_a=1.5$ nm and were seen to be under strain. The deposited nickel had a hexagonal crystal structure, with a random in-plane orientation of the grains, while the grains had their c-axes oriented along the normal to the interface. These results pave the way for conformal low-temperature deposition of high quality nickel thin films on three-dimensional structures.

Keywords: Nickel; ALD; Atomic layer deposition; hexagonal; HCP; XRD; TEM; AFM

1. Introduction

Ultrathin metallic films are emerging as an increasingly important subject of interest in the advanced electronics industry. High conductivity and flexibility, among other physical and mechanical properties, make these materials suitable candidates for numerous applications, such as transparent electrodes ¹⁻⁴, enhanced solar absorbers ⁵, microelectronics ^{6,7}, and bio-analysis devices ⁸. Specific types of ultrathin metallic films can act as efficient catalysts for the deposition of carbon nanotubes, as reported earlier by Bosnick et al. ⁹.

The successful deposition of ultrathin metal films for such applications is contingent upon meeting a few key conditions. It is well known that several electrical ^{10,11} and optical ^{12,13} properties of thin films vary with thickness. Therefore, precise thickness control is one crucial requirement, when a desirable level of command over physical properties is to be realized. In addition, the ability to deposit thin films conformally over substrates with high aspect ratios will be a key advantage for most of the applications, as deposition on the three-dimensional structures is often required. Self-saturating non-directional growth methods are favored for this purpose. Another important characteristic of ultrathin films is the fact that they lack the sufficient thickness to allow for relaxation of interfacial strain ¹. Since difference in the coefficient of thermal expansion between the film and the substrate is a major element that gives rise to this strain, deposition at low temperatures will be beneficial ¹⁴.

A comparison of the commercially available deposition methods, such as ion beam sputtering, chemical vapor deposition, molecular beam epitaxy, and electron beam evaporation reveals that all these methods partially fail at meeting the previously mentioned requirements; i.e. low-temperature capability, conformality, and precise thickness control. Plasma-enhanced atomic layer deposition (PEALD), however, is well suited for growth of conformal ultrathin metal films with precisely controlled thickness at relatively low growth temperatures ^{15,16}. Importantly, applying ALD for synthesis of very thin films, effectively nullifies the major drawback associated with this method, i.e. a relatively long growth time.

Among several different metals, whose deposition via ALD has been attempted, nickel is a versatile candidate with promising characteristics and important applications. In nanoscale devices, growth of nickel can be the first step towards synthesis of NiSi, an increasingly popular contact material ^{17,18}. Nickel is also a promising candidate for solar thermal technologies ^{5,19}. Nickel also has widespread applications in high-density magnetic recording media ^{20,21}, and as an effective precursor for growth of carbon nanotubes ^{9,22}. Although there are a few reports on the growth of nickel by atomic layer deposition ^{17,18,23-}

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²⁵, after a review of the literature one can conclude that there is a lot yet to be investigated about plasma-enhanced ALD of nickel thin films.

In addition to the fact that there are some important contradicting reports in the previously mentioned publications that necessitate more in-depth and thorough studies, several aspects of the subject have not been investigated yet. To the best of our knowledge, no substrate other than Si (100) has been tested for nickel ALD, no analytical research on substrate/film crystallographic orientation relationship has been conducted, and there are very few reports on the growth mechanics of nickel thin films using this method. This work introduces a new setup for deposition of nickel on sapphire and begins to address some of aforementioned shortcomings, and aims to provide a better understanding of PEALD of nickel and metallic thin films in general.

2. Experimental

Depositions were carried out on sapphire, using a plasma-enhanced atomic layer deposition research system from Kurt J. Lesker (ALD-150 LX). A liquid organometallic compound, bis(ethylcyclopentadienyl)nickel ($\text{Ni}(\text{EtCp})_2$), provided by Strem Chemicals was used in conjunction with a N_2/H_2 plasma as precursors. The organometallic was heated at 85°C in order to provide the required vapor pressure. It is noteworthy that previous attempts by the authors to accomplish the deposition of metallic nickel using powder precursors had been unsuccessful, due to technical issues, related to the precursor delivery process.

After several attempts at various pulse widths, it was observed that the growth rate reached a plateau at 5 s and 15 s for the precursor and forming gas, respectively. These values were therefore used for all the samples reported in this study. The purge times for both precursors were fixed at 7 s and argon gas was used for this purpose. Five different samples were deposited at various substrate temperatures. The codenames used to refer these samples, along with the effective substrate temperatures are summarized in Table 1. All the samples were deposited on C-plane sapphire substrates, which were cleaned by a 60 s exposure to the N_2/H_2 (19/1 ratio) plasma, immediately prior to the start of the deposition. All the structural and compositional characterizations were performed on films with the thickness of 20 nm.

Table 1: Summary of the effective values of substrate temperature for different samples*

Sample codename	Effective substrate temperature
Ni-200	200 °C
Ni-250	250 °C
Ni-300	300 °C
Ni-350	320 °C
Ni-400	360 °C

* According to the manufacturer, the effective substrate temperature deviates from the set value at higher set temperatures.

The growth rate was monitored during deposition using an in-situ fixed-angle spectroscopic ellipsometer (J. A. Woollam M2000DI) at the wavelength range of 300-1100 nm. The optical properties of the samples were investigated post deposition via a J. A. Woollam variable angle spectroscopic ellipsometer, at incident angles 55° , 65° , and 75° . These measurements were carried out at room temperature. CompleteEASE software was

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3 used for analysis of all ellipsometry data. A Lucas Labs 4 Point Probe coupled with a
4 Keithley Source Measure Unit (Model 2400) was used to study the resistivity of the films.
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7 The surface profiles of the deposited samples were studied using a Veeco Dimension 3100
8 atomic force microscope (AFM). All the AFM images were captured using silicon tips
9 provided by MikroMasch. Images were captured in tapping mode with the amplitude set
10 point of 0.7 V. AFM data were analyzed with Nanoscope Analysis 1.5 software, to extract
11 the surface roughness. In order to study the grain structure of the films, a Hitachi S-4800
12 field emission scanning electron microscope was utilized. The microscope was operated at
13 5 kV, using both secondary and backscattered electron signals. Only samples Ni-350 and
14 Ni-400 had a sufficiently high electrical conductivity to avoid charge accumulation under
15 SEM.
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20 X-ray diffraction (XRD) was used to study the overall crystal structure of the films. A
21 Bruker D8 Discover was used for this purpose. X-ray reflectometry (XRR) was also carried
22 out using the same machine. The beam source was Cu K α , and the tube was set to operate
23 at 50 kV and 1000 μ A. 2DXRD frames were captured via a Vantec 500 detector. XRR data, ϕ
24 scans and θ -2 θ spectra were collected using a Bruker LINXEYE XE detector. All XRD and
25 XRR data were analyzed in Bruker EVA and Bruker Leptos R software packages,
26 respectively.
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31 Transmission electron microscopy was used to study the structure of the films in greater
32 detail. High angel annular dark field (HAADF) imaging and electron energy loss spectrum
33 (EELS) imaging were performed simultaneously on a JEOL-2200FS scanning transmission
34 electron microscope (STEM), operated at 200 kV. EELS spectrum imaging was obtained by
35 scanning the electron beam with a nominal diameter of 0.5nm along a line across the
36 interface between different layers in the sample. The spectrum along the scanning line for
37 each pixel was recoded and analyzed with Digital Micrograph software (Gatan Inc.). The
38 signal extraction for each element from the spectrum image was performed by following
39 the standard procedure of pre-edge background subtraction and integration on the edge²⁶.
40 High resolution transmission electron microscopy (HRTEM) images were recorded on a
41 Hitachi H9500 environmental TEM operated at 300 kV and analyzed with Digital
42 Micrograph software (Gatan Inc.).
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48 Sample preparation for TEM was performed using the two following steps: (1) A protective
49 chromium layer was deposited using a JUV electron beam evaporation system, before
50 deposition of \sim 1.8 μ m of a protective platinum layer, followed by trench excavation from
51 three sides, to produce a lamella with the thickness of \sim 1.5 μ m. This step was carried out
52 on a Zeiss NVision 40 Focused Ion Beam (FIB) apparatus, using a 30 kV Ga ion beam. (2)
53 Plucking and mounting of the lamella onto a copper TEM grid, followed by the thinning of
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3 the lamella to transparency (~100 nm thickness), which was performed on a Hitachi
4 NB5000 FIB machine, using a 40 kV Ga ion beam.
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3. Results and Discussion

3.1. Physical properties

The electrical resistivity of the samples is discussed first in order to identify the ones that exhibit a metallic behavior, and rule out the unsuccessful depositions. As seen in Fig. 1, the values of electrical resistivity show a sharp drop, as the growth temperature increases. Up until 320°C (Ni-350), the resistivity is too high for the films to be considered metallic. Taking the temperature further up to 360°C (Ni-400) does not have a considerable effect on the resistivity. It is noteworthy to mention that, although the thickness of any thin film is known to affect the physical properties, the final thickness of the samples under study ranged from 16 nm for the sample Ni-200 to 20 nm for Ni-400. Since these variations are negligible, in comparison with the changes in the resistivity, the effect of film thickness on resistivity can be ignored.

It is notable that the values observed at these temperatures, i.e. $\rho=200-260 \mu\Omega\text{-cm}$, are still about an order of magnitude higher than the resistivity of FCC nickel thin films of comparable thickness, deposited via conventional methods like ion beam sputtering and electron beam evaporation²⁷. A number of compositional and structural factors, such as film thickness¹¹, impurities, and strain^{27,28} are known to considerably affect conductivity. These factors will be studied later on, in sections 3.2 to 3.4.

Spectroscopic ellipsometry (SE) was employed to investigate the optical properties of the films. While fixed-angle in-situ SE was used to study the growth rate of the films, the optical constants were extracted using post-deposition variable-angle SE at room temperature. For this aim, data were collected and analyzed in a wavelength range of 300-1100 nm. The Tauc-Lorentz dispersion function was used to describe the optical behavior of the sapphire substrate.

The b-spline layer parametrization method was selected to extract the optical constants of the nickel films. In this method, the optical constants are specified for a series of equally-spaced nodes with predefined differences in photon energy. The b-spline recursive formula is then used to define a basis polynomial function at each point²⁹. The summation of these functions yields the final curve. While using this method simplifies the mathematical fitting process by reducing the number of fitting parameters, it also maintains Kramers-Kronig consistency, rendering the resulting dispersion spectra physically correct²⁹. This parameterization method has been successfully employed to describe the optical properties of various metallic thin films³⁰.

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3 The surface roughness measured through AFM, was taken into account, as an input
4 parameter for obtaining the best-fit. The measured and modeled values of ψ and δ for
5 three different beam angles are displayed and compared in Fig. 2. It is evident that a
6 desirable match exists between the two, in this wavelength range. The extracted values of
7 refractive index and extinction coefficient for the samples are plotted in Fig. 3. In both cases
8 the behavior of the optical constants gets closer to that of the pure bulk FCC nickel, with
9 increasing growth temperature up until 320°C (Ni-350), but no noticeable improvement is
10 observed afterwards. This is similar to the pattern observed in the case of resistivity, as
11 discussed earlier. In light of these results, the discussion and analysis will be mainly
12 focused on the samples Ni-350 and Ni-400. As other samples do not meet the desired
13 requirements, they will only be discussed when a meaningful trend is observed, whose
14 discussion is deemed insightful.
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20 21 **3.2. Compositional analysis** 22

23 Electron energy loss spectrum imaging was employed to assess the level of impurities in
24 the films. Since there is a substantial chance of contamination during thin film growth, the
25 level of impurities in the substrate was generally regarded as a baseline, as the chemical
26 purity of the substrate is indisputable. In other words, there is a good chance of deposition-
27 induced impurity in the nickel thin film, if the intensity of the signal associated with that
28 impurity rises, when the substrate/film interface is crossed.
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32 Fig. 4 shows an annular dark field (ADF) image of the cross-section of sample Ni-400. The
33 substrate, the nickel film, and the chromium protective layer have been labeled on the
34 image. Two separate line scans were taken along the intersection, so that they cover the
35 cross-section of the nickel film, as well as parts of the substrate and the protective
36 chromium layer. One scan covered the low energy loss end range of the spectrum, while the
37 second one spanned over a higher energy loss range. It is important to note that line
38 marked on the image is merely a visual aid. The two sets of spectra result from separate
39 scans across the interface, and the start and end points of the scan line are arbitrary.
40 Therefore, they should be analyzed individually, not collectively.
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46 The elemental line profiles are plotted in Fig. 4b,c. Fig. 4b shows the variation of the
47 normalized integrated intensity of $M_{2,3}$, $L_{2,3}$, and K edges for Ni, Al, and C signals,
48 respectively, as a function of distance across the interface. As seen in Fig. 4b, at around 20
49 nm Al signal drops and Ni signal rises. This signifies the sapphire/Ni interface. The
50 diffuseness of this area must be due to the proximity of Ni $M_{2,3}$ and Al $L_{2,3}$ edges³¹, which
51 causes some overlap and inevitable intermixing of the integrated signals. At around 40 nm,
52 the Ni signal drops. This marks the Ni/Cr interface. As observed, the carbon signal is
53 prominent in the substrate, and it drops sharply, across the sapphire/Ni interface. The fact
54 that carbon is mainly present in the chemically pure substrate, and its signal intensity
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3 drops afterwards, indicates that the detection of this signal is most probably due to post-
4 deposition sample preparation steps, rather than ALD film growth. In case of the latter, the
5 change in carbon signal intensity across the interface would be reversed.
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8 Fig. 4c shows a second line scan across the interface. This scan spans over $L_{2,3}$ edge of
9 nickel, as well as K edge of oxygen and $L_{2,3}$ edge of chromium. In this plot, a sharp drop in
10 the O signal intensity is observed, which marks the end of sapphire layer. The intensity
11 then reaches zero, while the nickel signal is detected, and its intensity increases at the
12 onset of the chromium layer. The interpretation is that there is no oxygen impurity in the
13 nickel layer, as opposed to the protective chromium layer. The major conclusion from the
14 EELS analysis is that there is no significant amount of carbon or oxygen in the ALD Ni films.
15 This rules out the role of impurities in the noticeable disparity between the opto-electronic
16 properties of the films and those of the bulk nickel.
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22 3.3. Structural analysis

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24 Atomic force microscopy was used to measure the surface roughness of the films, whose
25 value was then used for more accurate analysis of the spectroscopic ellipsometry and X-ray
26 reflectometry data. For the sample Ni-400, the arithmetic average (R_a) and root mean
27 square (R_q) values of surface roughness were determined to be 1.5 and 2.1 nm,
28 respectively. A software generated three-dimensional profile of the surface of sample Ni-
29 400 is shown in Fig. 5, along with a representative line scan, provided to better elucidate
30 the variations of surface height. Although the general topography of the film resembles
31 those of films with columnar structures³²⁻³⁴, considering the metallic conductivity of
32 samples Ni-350 and Ni-400, scanning electron microscopy can be employed to provide a
33 clearer view of their grain structure. The results are displayed in Fig. 6. The granular
34 structure of the films is distinctly noticeable in these images. Comparison of Figs. 6a and 6b
35 indicates that increasing growth temperature leads to a larger grain size. An image with a
36 higher magnification is shown in Fig. 6c. As seen, a good level of interconnection is
37 observed among the adjacent grains. This is an indicator of a cohesive film growth. Similar
38 observations have shown how an improved connectedness of grains occurs concurrently
39 with improved physical properties³⁵.
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47 An in-situ spectroscopic ellipsometry apparatus was used to study the variations of the
48 growth rate during deposition. For this aim, a separate variable-angle spectroscopic
49 ellipsometry machine was utilized for ex-situ post-deposition assessment of optical
50 constants, as discussed in section 3.1. The output was then used in conjunction with the
51 final thickness, determined through cross-sectional TEM, and surface roughness, measured
52 via AFM, to dynamically fit optical constants and thickness from the starting point to the
53 end of the deposition.
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3 The results plotted in the form of a thickness-cycles graph is shown in Fig. 7. It can be seen
4 that a stable growth rate is only achieved after about 12 cycles, after which the growth rate
5 stabilizes at 0.48 \AA s^{-1} . Since a stable linear growth is observed in the second stage, it is
6 logical to conclude that a full coverage of the substrate has not been realized until the end
7 of the first stage. On the other hand, if the first stage were solely spent on covering a
8 monolayer on the substrate, the growth plot would be linear and with a lower slope than
9 that of the second phase. But the fact that a gradual and consistent increase in growth rate
10 is observed can be suitably explained through a 3D island growth regime; hence the term
11 nucleation phase. After the full coverage of the substrate is achieved, the growth regime
12 switches to a mainly layer-by-layer growth, in which the growth is stable and changes
13 linearly with respect to the deposition time. This stability might be indicative of an
14 energetically coherent atomic structure of the growth front. This speculation is examined
15 through a crystal structure analysis, as discussed in section 3.4.

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22 X-ray reflectometry was employed to assess the density of the films. For this purpose, the
23 film thickness and roughness were taken as known parameters. Thickness, which affects
24 the distance between consecutive maxima, was measured using a number of ADF images,
25 similar to the one displayed in Fig. 4. Roughness, which determines the attenuations rate of
26 the intensity oscillations, was measured using AFM. These data were then used as input
27 parameters to generate the simulated X-ray interference reflectivity patterns, known as
28 Kiessig fringes. The simulation was done using Bruker Leptos R software package. The
29 Kiessig fringes for the sample Ni-400 are plotted and compared with a software-generated
30 plot, as shown in Fig. S1 (Supporting Information). In a typical XRR interference pattern for
31 a single-layer film, the distance between adjacent signal peaks determines film thickness,
32 and mass density and roughness mainly affect the oscillation amplitude and the mean
33 intensity attenuation rate³⁶. Using the above-mentioned parameters, the mass density of
34 the nickel layer was found to be 6.9 g/cm^3 . Interestingly, this is relatively close to the value
35 of 7.3 g/cm^3 , reported for hexagonal nickel (PDF # 04-002-8298³⁷). This proximity
36 necessitates a comprehensive analysis of the crystal structure.

3.4. Crystallographic analysis

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Plots of coupled θ - 2θ scans of the samples deposited at various temperatures are shown in
Fig. 8. As seen, lower temperatures lead to amorphous samples. As the growth temperature
increases, a spectrum forms which features three peaks at 39.1° , 41.8° , and 44.5° . These
peaks closely match those reported in PDF # 04-002-8298³⁷, which describes the crystal
structure of hexagonal nickel. Hexagonal nickel, with space group $P6_3/mmc$, is a metastable
phase, whose formation requires special circumstances. One method of synthesizing
hexagonal nickel thin films is through substrate-induced stabilization, as reported by Tian
et al.³⁸ for the case of nickel thin films on MgO substrate.

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In other words, what may give rise to a metastable phase in this case is a crystallographic relationship between the film and the substrate. At high deposition temperatures, such as those typically used in MBE and CVD, the kinetic energy of the atoms is high enough to provide the required mobility for dynamic rearrangement of atoms into the most stable form. In contrast, at low growth temperature, the crystal structure imposed by the substrate on the first atomic layers may be sustained, and carried forward to the next layers³⁹.

A possible substrate-film crystallographic relationship will result in preferential orientation of certain crystallographic planes in nickel grains. The quickest approach to examine such a condition is two-dimensional X-ray diffraction. A 2D-XRD frame of the sample Ni-400 is shown in Fig. 9. In a 2D-XRD frame diffraction from any crystal plane with a random orientation will appear in the form of an arc. On the contrary, those planes that make a constant angle with a vector normal to the substrate appear in the form of a dot¹². Therefore, the relative diffuseness of the diffraction intensity in a 2D-XRD frame represents the relative degree of crystallographic misorientation for a given plane.

As seen in Fig. 9, the reflection intensity of the (002) plane of the nickel film is concentrated around angles of $\psi=90^\circ$. This means that hexagonal unit cells of nickel have a tendency to grow in such a way that aligns their c-axes relatively parallel with the normal to nickel/sapphire interface. The (101) planes, on the other hand, exhibit no sign of preferential orientation, as demonstrated in relatively uniform distribution of diffraction intensity along the arc at $2\theta=44.5^\circ$. This suggests the grains have random in-plane orientation.

The out-of-plane misorientation can be probed through a phi scan (Fig. S2 (Supporting Information)). Here, the x-ray source and the detector were kept at a symmetrical geometry with ω (the angle between the beam and the surface) equal to 20.8° . With the Bragg condition satisfied for the diffraction of (002) planes, the sample was rotated 360° around the normal. In such a condition, small inevitable misalignment between the normal to sample surface and the vector that bisects incoming and reflected beams gives rise to two strong peaks, 180° apart in φ , provided the reflecting planes are parallel to the surface. Observation of these two peaks is therefore considered an indication of preferential orientation of crystals.

High-resolution transmission electron microscopy was employed to more closely investigate the nickel/sapphire interface (Fig. 10). Among the images taken, two distinct groups of lattice fringes were observed, representing different crystallographic planes of the nickel lattice. As seen in Fig. 10, when the lattice fringes are parallel to the interface, they have an interplanar spacing of 0.207 nm. This value of d-spacing is close to the (002) interplanar spacing, as reported in PDF 04-002-8298³⁷. Those grains with their (002)

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3 planes parallel to the interface obviously feature a clear crystallographic orientation
4 relationship between the film and the substrate, i.e. $[001]_{\text{Ni}} \parallel [001]_{\text{sapphire}}$.
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7 The other group of planes were observed to be positioned such that their normals were at
8 angles of 25-30° with the normal to the interface. These planes were spaced 0.220 nm apart.
9 This is close to (101) interplanar spacing. In a hexagonal close-packed crystal structure
10 (space group 194), the theoretical angle between normals to (002) and (101) planes can be
11 calculated as $\sim 28^\circ$. One can therefore expect (001) planes of these grains to be also
12 positioned parallel to the interface. However, random in-plane orientation of the planes
13 means different zone axes for different grains. Therefore, different sets of lattice fringes
14 will be observed for different grains. It must be noted that the finite number of HRTEM
15 images means that this method should not be taken as a standalone solution to determine
16 the grain orientation. When combined with more representative methods like 2D-XRD,
17 however, HRTEM can be a good complementary analysis tool. The crystallographic
18 analyses described here provide a clearer view of the structure of the films. The nickel films
19 deposited at higher temperatures have a columnar structure, as seen in ADF and AFM
20 images. The grains have a specific texture; i.e. their [001] crystallographic directions are
21 parallel to the normal to the interface.
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28 The relatively low density of the films, suggests that the films are under tensile strain. The
29 theoretical equilibrium lattice constants for bulk hcp nickel can be calculated as $a=2.50 \text{ \AA}$,
30 and $c=4.08 \text{ \AA}$ ⁴⁰. These numbers lead to a theoretical mass density of 8.52 g/cm^3 for bulk
31 hcp nickel. On the other hand, it is well known that on the (001) plane of sapphire the
32 oxygen atoms form a two-dimensional hexagonal lattice, whose primary axes are rotated
33 by 30° , with respect to those of the sapphire lattice⁴¹. This has been the basis for epitaxial
34 growth of III-N materials on sapphire, in which case the effective lattice parameter of
35 sapphire can be regarded as $a^*=2.75 \text{ \AA}$, instead of the regular value of $a=4.76 \text{ \AA}$ ^{12,42}.
36 Applying simple crystallographic calculations to the results of HRTEM measurements of d-
37 spacings (Fig. 10), one can derive the lattice constants of the hexagonal nickel film (Sample
38 Ni-400) to be $a=2.71 \text{ \AA}$ and $c=4.42 \text{ \AA}$. The strong deviation of the lattice constant 'a' from
39 the equilibrium value of 2.50 \AA , and its proximity to sapphire's $a^*=2.75 \text{ \AA}$ is in line with the
40 conclusions taken from XRD and HRTEM analyses regarding the crystallographic
41 relationship between the film and the substrate. Furthermore, the derived values for the
42 lattice constants results in a calculated mass density of 6.82 g/cm^3 , which is very close the
43 experimental value of 6.9 g/cm^3 , as measured via XRR (section 3.3).
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51 Comparing the equilibrium and the measured lattice constants, one can estimate that the
52 films are under $\sim 8.5\%$ tensile strain. Considering the fact that the films have a low
53 concentration of impurities, the tensile strain is likely to be the main cause of the high
54 resistivity of the films. It must be noted that an increase in resistivity by an order of
55 magnitude as a result of tensile strains of $\sim 6\%$ has been reported for metallic thin films²⁸.
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3 Further analysis to determine the exact state of the stress and its effect on the electrical
4 resistivity may be conducted by the authors in the future, but it is beyond the scope of this
5 publication.
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8 In Summary, the films show a good crystallographic relationship with the sapphire
9 substrate, and the method described in this publication is a reliable alternative to the
10 conventional thin film deposition methods, such as sputtering and CVD. The true value of
11 this research can be better realized when one considers one of the inherent advantages of
12 ALD films, which is their conformality or their ability to grow on three-dimensional
13 surfaces with a consistent thickness. Taking advantage of this capability, this group has
14 recently developed the technology for ceramic foams coated with carbon nanotubes using
15 conformal nickel films as catalysts. The preliminary results of this research have been
16 recently published ⁹. It was observed that the basics of nickel thin films deposition using
17 plasma-enhanced ALD are transferable from sapphire substrate to aluminum oxide foams.
18 In addition to this particular application, the ability to deposit pure metallic thin films have
19 several applications in metallization ^{43,44}, solar cell cathodes ⁴⁵, and solid oxide fuel cells ⁴⁶,
20 among others.
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27 **4. Conclusion**

28 Metastable HCP nickel thin films were deposited at various growth temperatures, using
29 plasma-enhanced atomic layer deposition. Substrate temperatures of 320°C and above
30 were needed for the deposition of metallic films. The films were void of carbon and oxygen
31 impurities. Differences were observed between the physical properties of the films and
32 those of the bulk FCC nickel. The mass density of the films deposited at 360°C was found to
33 be ~20% lower than the bulk value, and the films were found to have grown under tensile
34 strain. AFM and SEM observations verified a granular structure for the films. All of the films
35 featured a close-packed hexagonal structure. Two-dimensional X-ray diffraction analysis of
36 the structure showed a strong crystallographic relationship between the films and the
37 sapphire substrate ($[[001]_{\text{Ni}}||[001]_{\text{sapphire}}]$). Overall, the films featured a strong
38 crystallographic order along the normal to the film/substrate interface. The in-plane
39 orientation, however, did not follow a specific pattern. The HRTEM observations also
40 corroborated the XRD conclusions. In summary, the combination of the deposition
41 parameters used in this study proved to constitute a successful method for growth of high
42 quality hexagonal nickel thin films. This method can be employed for any application
43 requiring conformal growth of nickel thin films on three-dimensional structures.
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6

7 The graphical abstract of this article was produced, in part, using Visualization for
8 Electronics and Structural Analysis (Vesta) software ⁴⁷.
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Figure Captions

Figure 1: The values of electrical resistivity of the films; the dashed line indicates the resistivity of bulk FCC nickel.

Figure 2: Comparison of the experimental and modeled psi and delta values for the sample Ni-400; data were collected and compared at three different beam incident angles.

Figure 3: Variations of extinction coefficient (a) and refractive index (b) for various samples.

Figure 4: (a) An annular dark field image of the cross-section of sample Ni-400, featuring the nickel film, capped between the sapphire substrate and the protective chromium layer; (b) Normalized integrated EELS intensities of Ni M_{2,3}, Al L_{2,3}, and C K edges; (c) Normalized integrated EELS intensities of Ni L_{2,3}, O K, Cr L_{2,3} edges.

Figure 5: Three-dimensional reconstruction of the surface profile of sample Ni-400, along with a representative line scan; data collected using a scanning probe microscope in tapping mode.

Figure 6: Top-view scanning electron microscopy images of samples Ni-350 (a) and Ni-400 (b,c).

Figure 7: The variations of thickness as a function of number of ALD cycles for the sample Ni-400; the two stages of nucleation and growth are marked on the graph.

Figure 8: θ -2 θ x-ray diffraction spectra for different samples; the three crystallographic planes of hcp nickel with the highest diffraction intensity are marked on the graphs.

Figure 9: A two-dimensional diffraction frame, on which arcs and dots representing various crystallographic planes of sapphire and nickel are marked.

Figure 10: High-resolution transmission electron micrographs of two different grains of nickel; basic image analysis featuring the interplanar spacing of each set of crystallographic planes are superimposed on each image. The interplanar spacings are close to those of (002) planes (a) and (101) planes (b) in hexagonal nickel lattice.

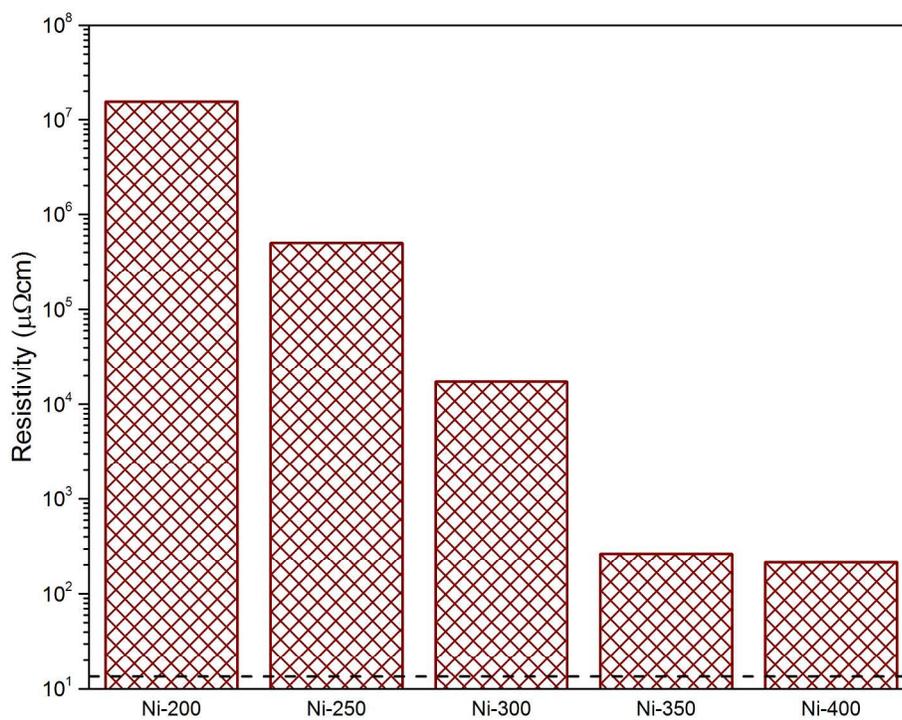


Figure 1: The values of electrical resistivity of the films; the dashed line indicates the resistivity of bulk FCC nickel.

224x173mm (300 x 300 DPI)

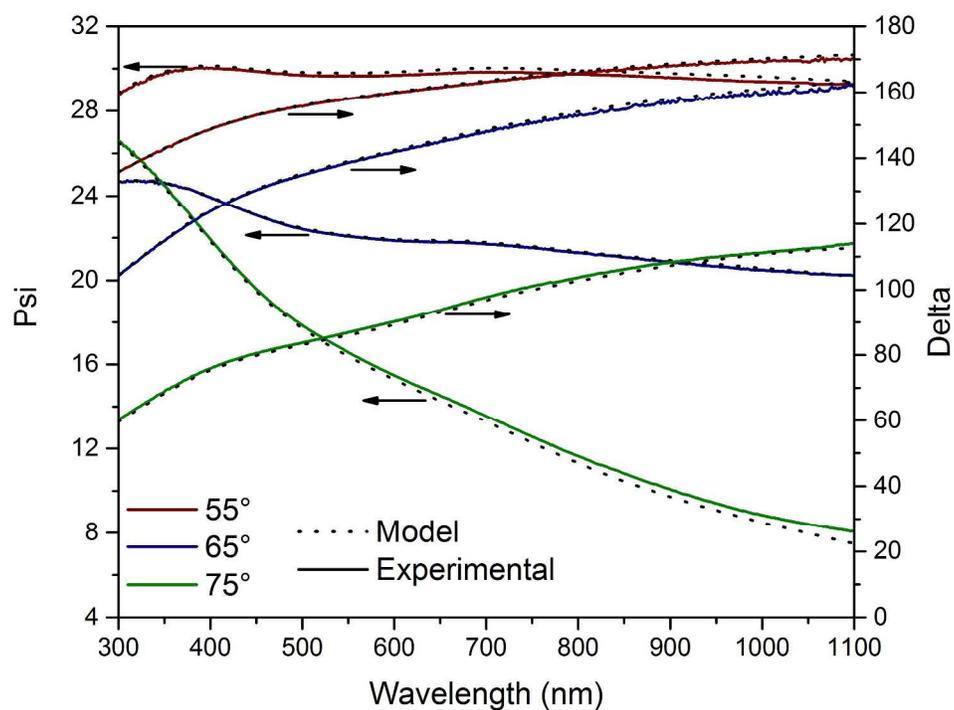


Figure 2: Comparison of the experimental and modeled psi and delta values for the sample Ni-400; data were collected and compared at three different beam incident angles.

251x188mm (300 x 300 DPI)

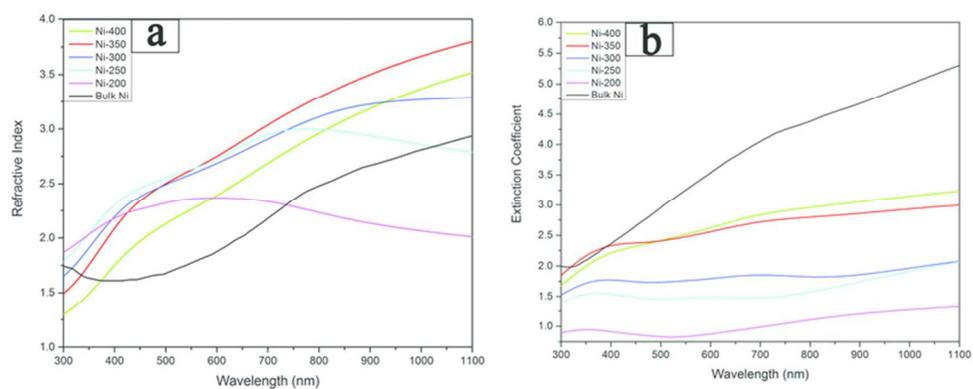


Figure 3: Variations of extinction coefficient (a) and refractive index (b) for various samples.

36x15mm (600 x 600 DPI)

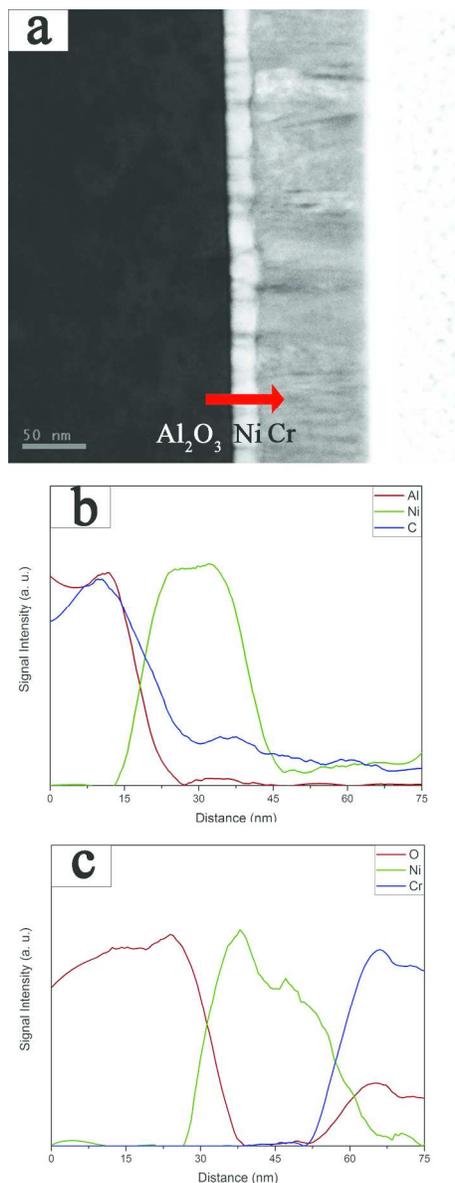


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76x202mm (600 x 600 DPI)

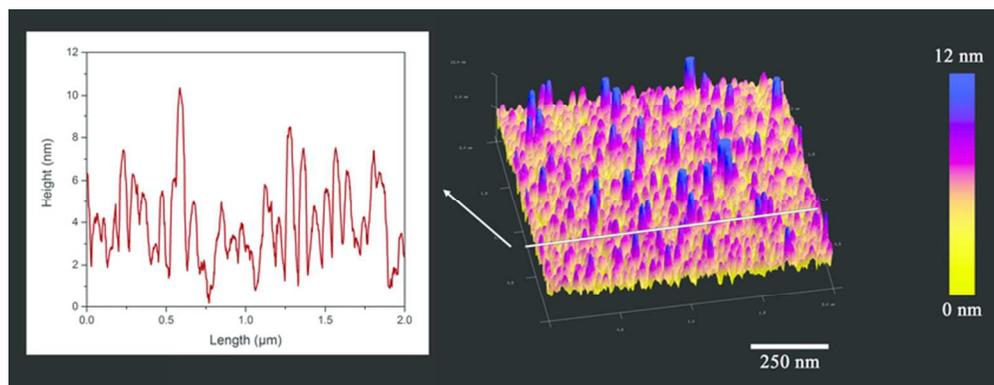


Figure 5: Three-dimensional reconstruction of the surface profile of sample Ni-400, along with a representative line scan; data collected using a scanning probe microscope in tapping mode.

35x13mm (600 x 600 DPI)

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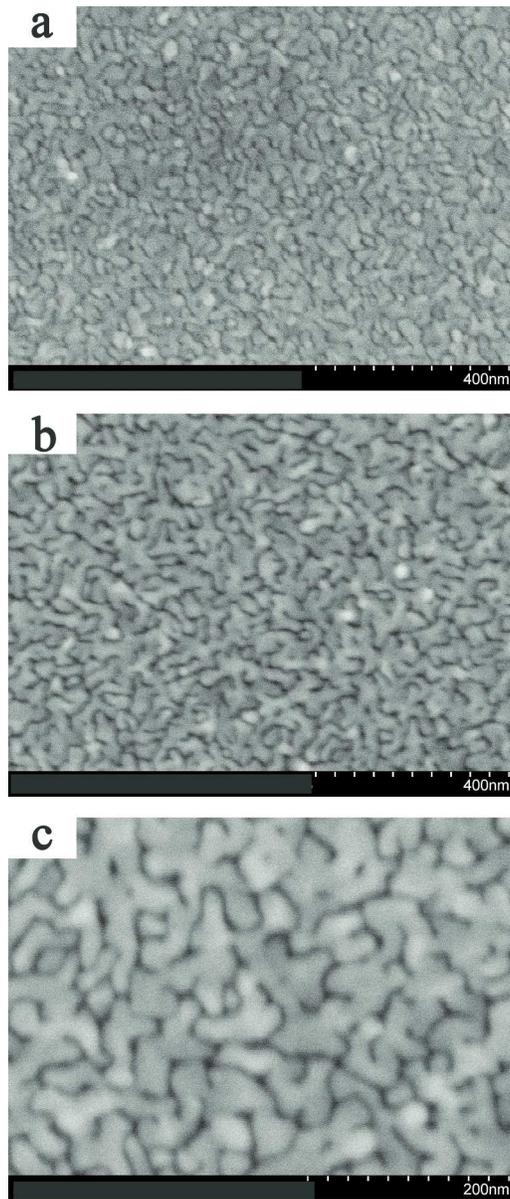


Figure 6: Top-view scanning electron microscopy images of samples Ni-350 (a) and Ni-400 (b,c).

118x277mm (600 x 600 DPI)

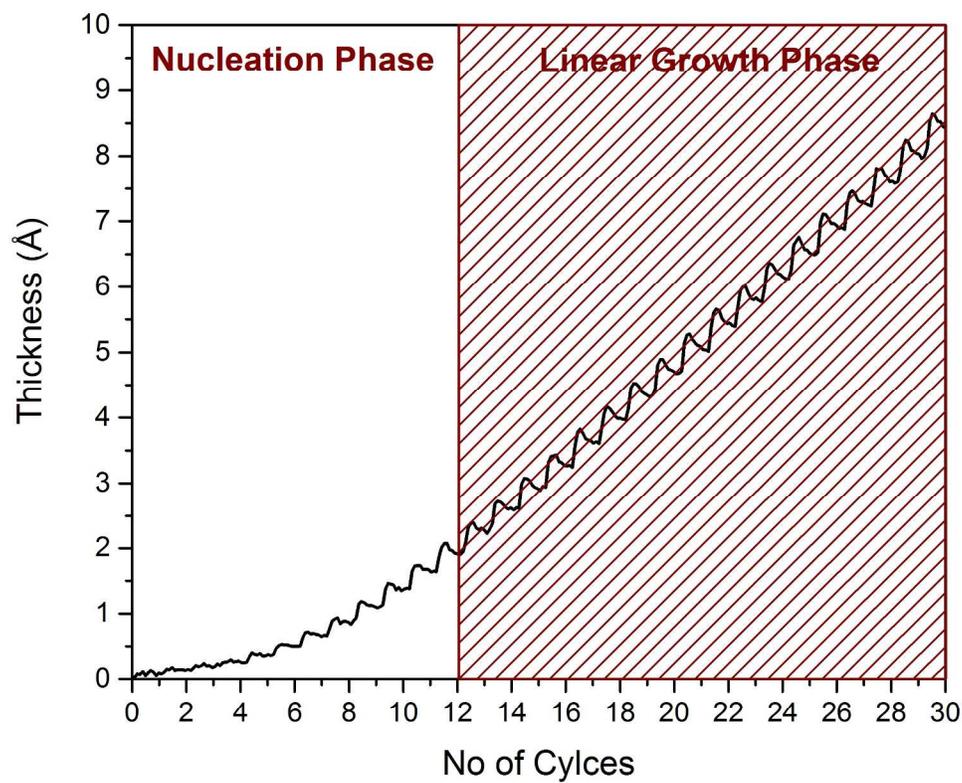


Figure 7: The variations of thickness as a function of number of ALD cycles for the sample Ni-400; the two stages of nucleation and growth are marked on the graph.

227x194mm (300 x 300 DPI)

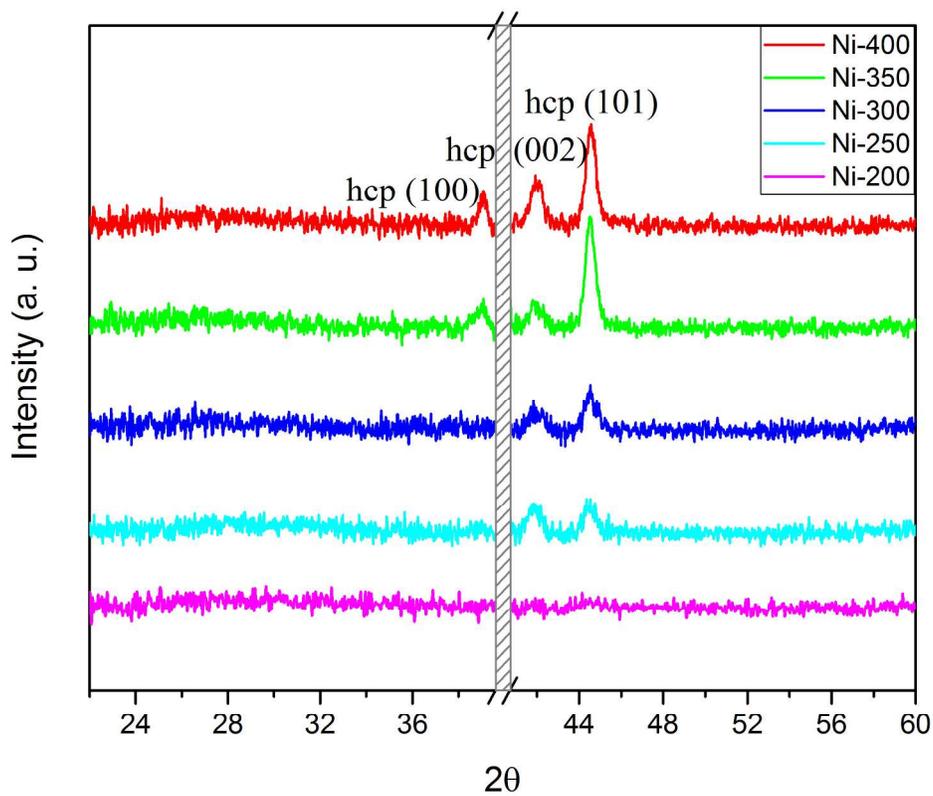


Figure 8: θ - 2θ x-ray diffraction spectra for different samples; the three crystallographic planes of hcp nickel with the highest diffraction intensity are marked on the graphs.

223x188mm (300 x 300 DPI)

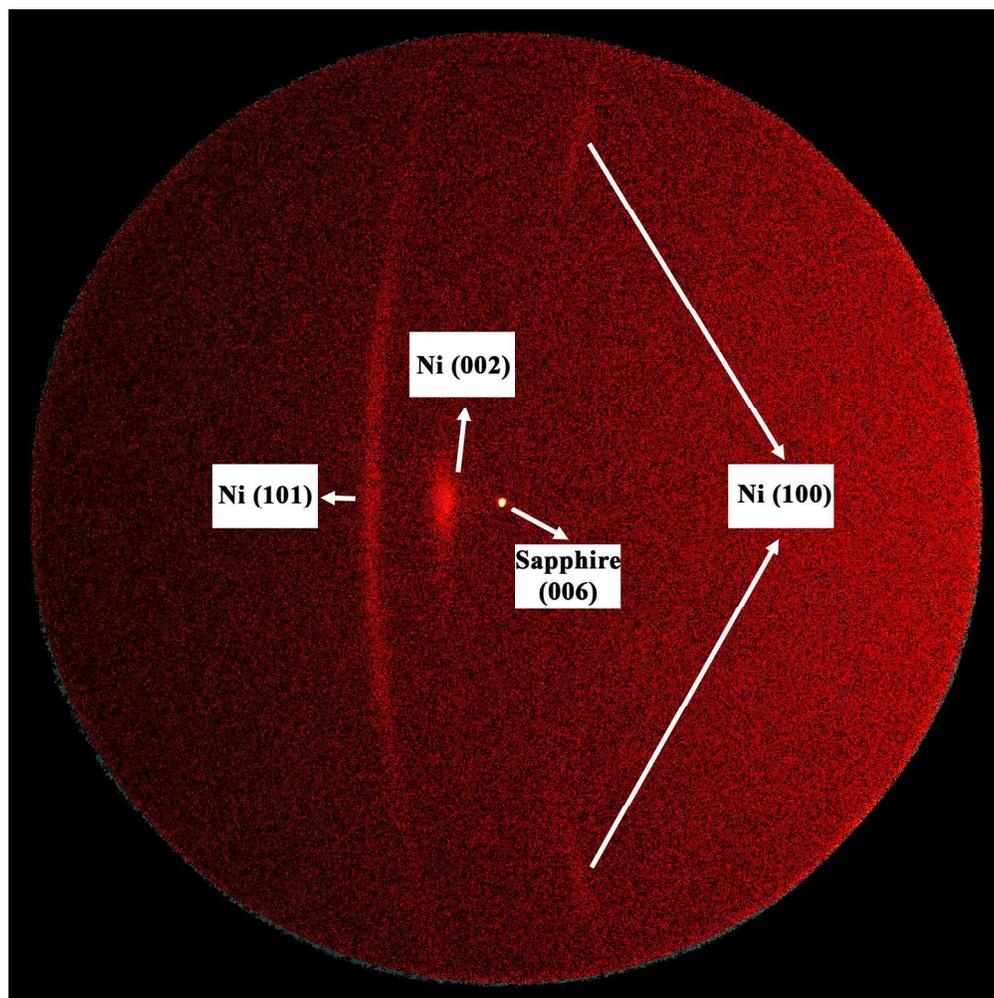


Figure 9: A two-dimensional diffraction frame, on which arcs and dots representing various crystallographic planes of sapphire and nickel are marked.

541x541mm (96 x 96 DPI)

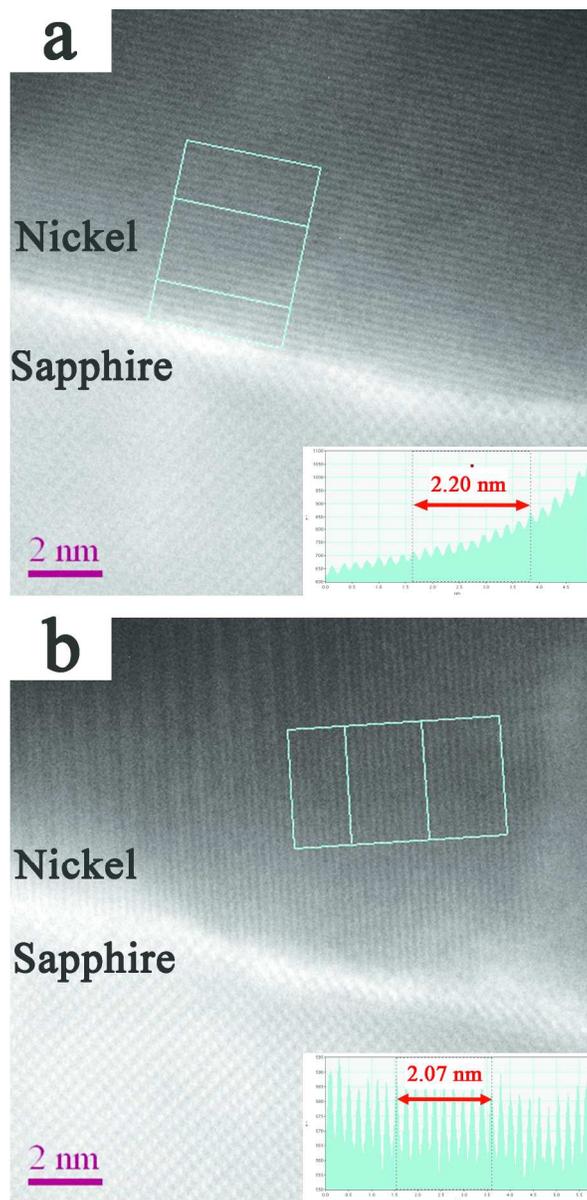


Figure 10: High-resolution transmission electron micrographs of two different grains of nickel; basic image analysis featuring the interplanar spacing of each set of crystallographic planes are superimposed on each image. The interplanar spacings are close to those of (002) planes (a) and (101) planes (b) in hexagonal nickel lattice.

77x158mm (600 x 600 DPI)